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House & Garden

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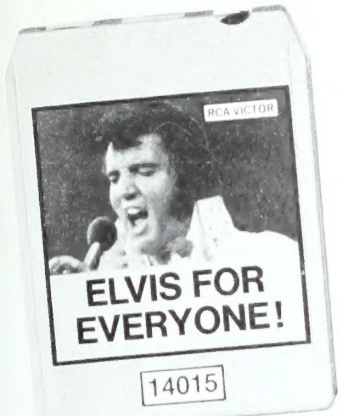

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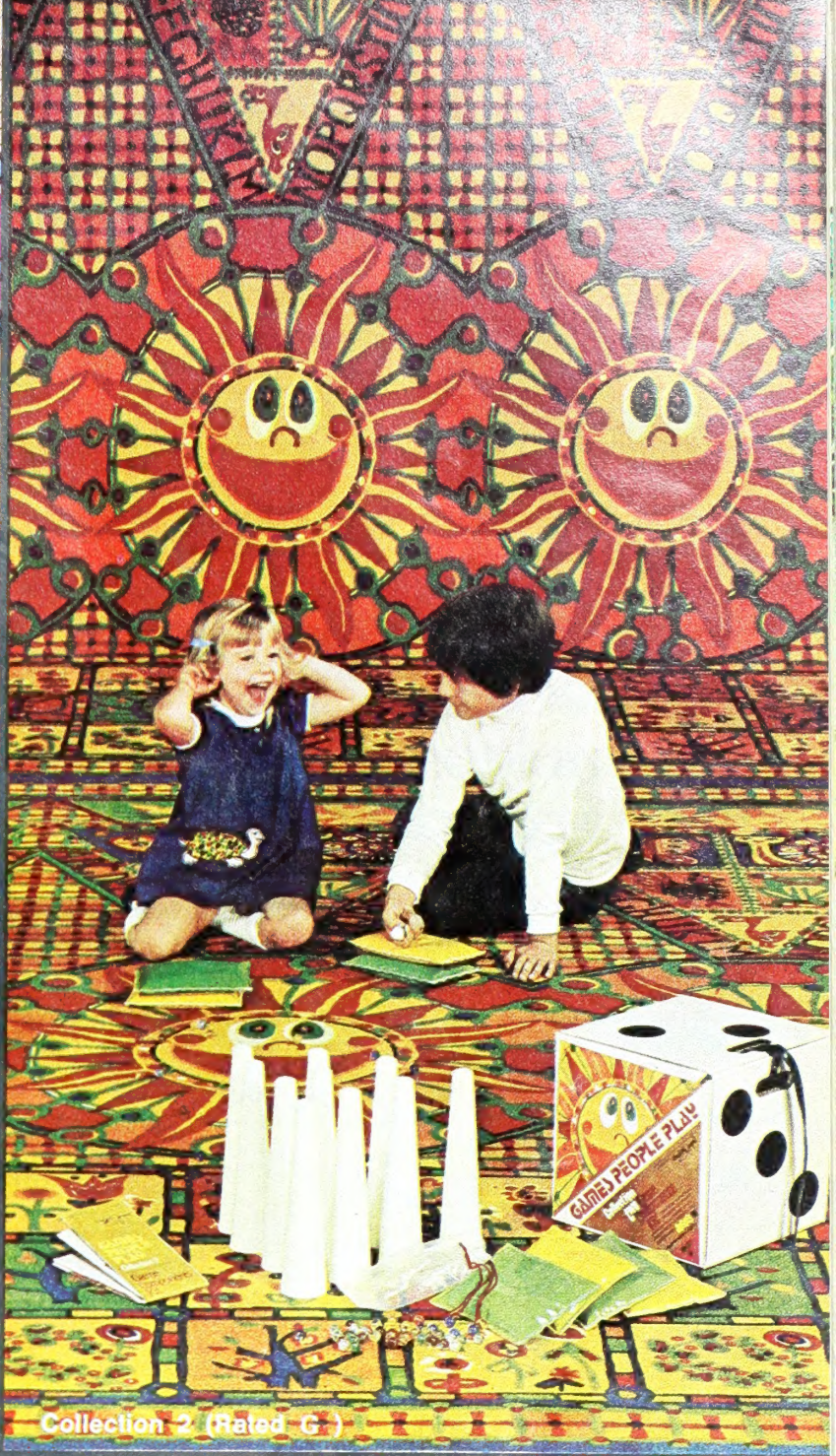

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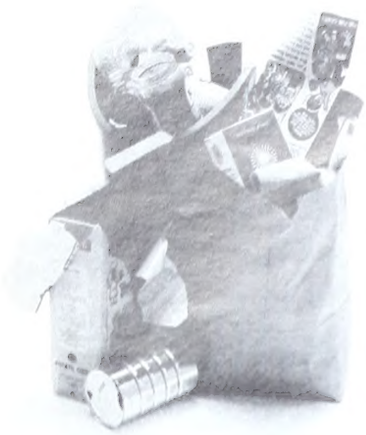

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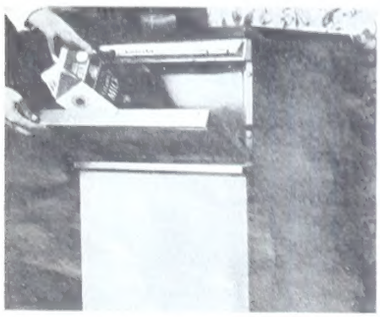

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House & Garden

(INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS)

PERRY L. RUSTON, CHAIRMAN — ALEXANDER LIBERMAN, EDITORIAL DIRECTOR

TOM YEE

ON THE COVER: This is a Super Kitchen. Carved from a huge 25-by-28-foot space in a made-over barn, warmed with Tangerine tones and the natural easy grays of weathered wood, it is an everything room for an active family. It is also—as it should be, these days of worldwide problems—an energy saver. Range and refrigerator were chosen with an eye to the gas or electrical energy they save; other appliances save the energy of the cook. House & Garden's new super kitchen was built with the cooperation of Evans Products and the American Gas Association. For shopping information, turn to page 103.

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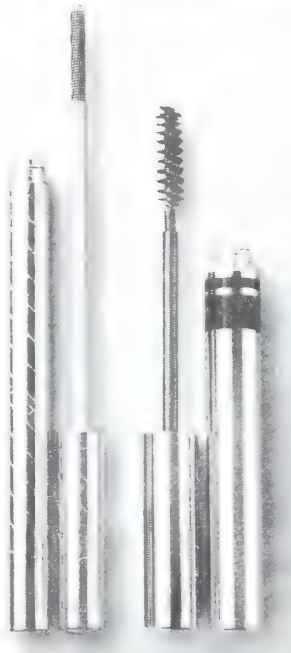

Available with wand or brush applicator

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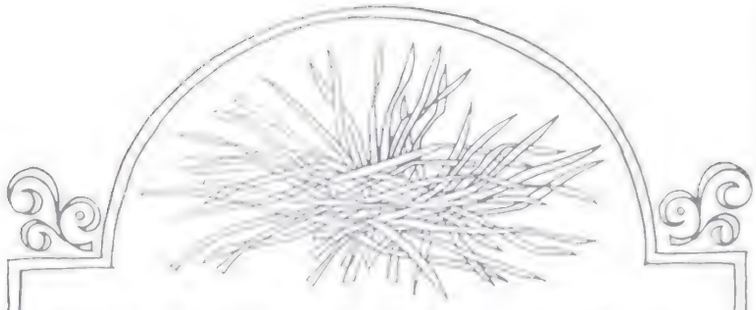
Dermatologist tested and approved.

Helena Rubinstein



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We still build chairs very much as we did more than one hundred years ago, with skilled craftsmen shaping select hardwoods and massive pine to produce the same integrity of construction and grace of line as the colonial originals.

And we still air-dry the finishes on our chairs for days rather than force-drying in an oven for a few minutes. The result is a deeper, more lustrous finish.

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☐ I plan to build [illegible]

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City_____ State_____ ZIP_____

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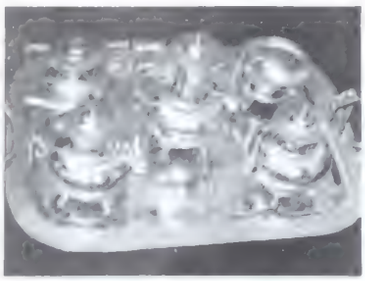
QUESTIONS & ANSWERS: Antiques

BY LOUISE ADE BOGER



AMERICAN TEA SERVICE

I have always wanted to know the background of this tea service. Here is a mark on the [illegible]

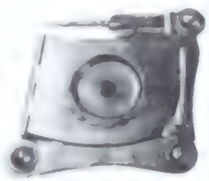
B.T.G.—Upland, Cal.

Your plated silver tea service was illustrated in a catalogue of the Meriden Britannia Company of Meriden, Conn., in July 1867–1878 is the [illegible] date. Most of these old sets had three pots: [illegible] and water. The numeral "6" is used on the teapot and "5" on the water pot, and this also indicates the capacity in [illegible]

JAPANESE CANDLESTICK

We [illegible]

P.F.C.—Philadelphia, Pa.



The [illegible] candlestick is Japanese in origin, dating from the 19th century. It was intended for use in traveling.

MECHANICAL BANK

My bank is inscribed "Hall's Excelsior Bank." When you pull the doorbell, the roof of the cupola raises and a monkey seated behind a desk receives the coin and turns his head. I have been told this is the oldest iron mechanical bank. Is this true?

J.F.—Mt. Kisco, N.Y.

Yes, it is true. The earliest patent for a mechanical bank made in cast iron was issued in December 1869 to John Hall of Watertown, Conn. It was manufactured by J & E Stevens of Cromwell, Conn.

CONNECTICUT SHELF CLOCK

This clock chimes every hour and half hour. The name inside is "Ansonia Clock." About how old do you think it is?

B.V.—Bronx, N.Y.

The Ansonia Clock Company, located at Ansonia, Conn., from 1851 to 1878, probably made your shelf clock between 1860 and 1875. It is in the Victorian Renaissance style and is an elaborate version of a popular shelf clock model.

Continued on page 13

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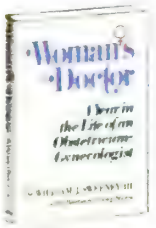

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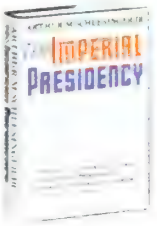

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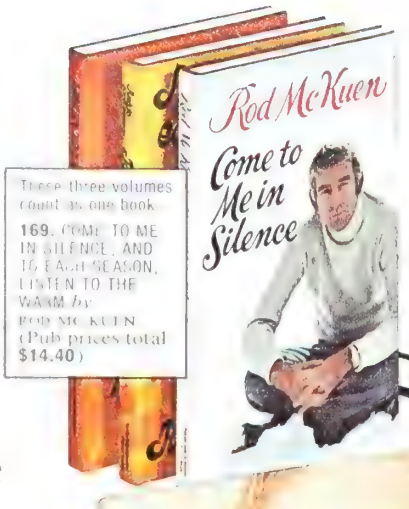

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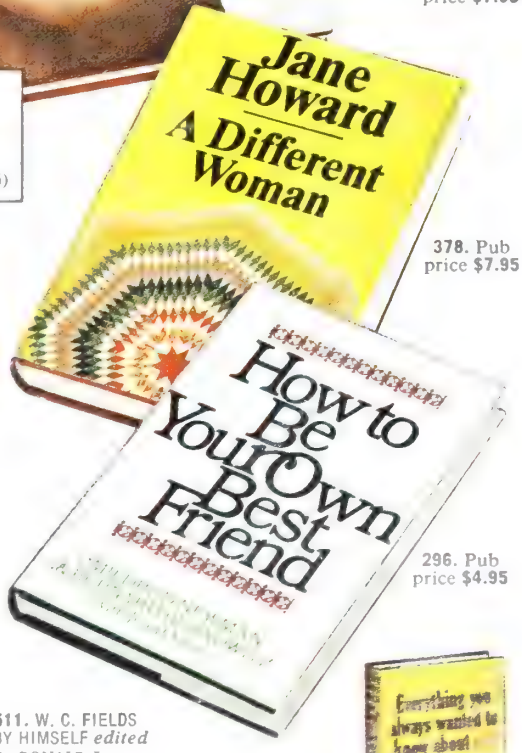

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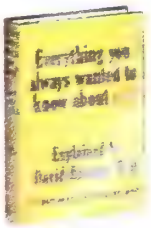

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ANTIQUES *continued from page 8*

AURENE GLASS BOWL

This glass bowl has been in our family for at least fifty years. On the bottom is "aurene-2586." Can you tell us who made it?

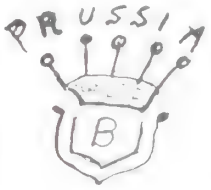
C.R.—Garden City, N.Y.

Aurene glass was created by Frederick Carder who founded and was in charge of the Steuben Glass Works at Corning, N.Y., 1903-1932. He numbered the items in the order he designed them, beginning with 1 in 1903 and ending with 7,749 in 1932.

ENGLISH FIGURES

Can you identify these mantel ornaments? We have owned them for as long as I can remember. L.C.—Greenwich, Conn.

You have Staffordshire chimney-piece earthenware ornaments dating about the 1840s. They are a version of the ever-popular pair, the Tailor and the Tailor's Wife Riding Goats, first made at Meissen in 1740.

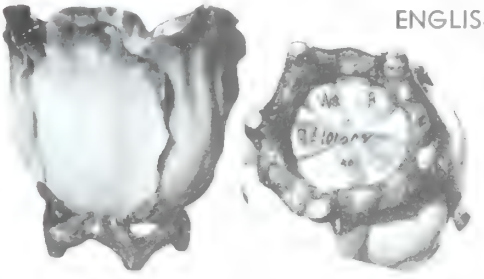


GERMAN PORCELAIN MARK

Attached is a rough sketch of the marking on my china bowl. Can you identify the mark and tell the age of the bowl?

H.A.S.—Prattville, Ala.

Your bowl was made at a German porcelain factory started by Beyer & Bock in 1890 at Volkstedt-Rudolstadt, in the forest region of Thuringia. Your mark dates from 1891 or shortly thereafter.



ENGLISH FLOWER BOWL

We have a pair of these vases, but I know nothing of their background. I would appreciate any information about them.

A.L.B.—Boca Raton, Fla.

The design for your decorative flower bowl was registered at the London Patent Office in 1833 by Whitman and Bath, who were importers and wholesalers. These bowls are frequently attributed to English firms of an earlier period.

AMERICAN QUEEN ANNE CHAIR

My American Queen Anne chair has stretchers. Is this right? What style do the ball and claw feet represent? M.J.P.—New York, N.Y.

American Queen Anne style wing chairs were made with or without stretchers. In America, the ball and claw foot is usually associated with the Chippendale style. The Queen Anne wing chair with wings and arms as one continuous unit is a choice 18th-century piece. ■

Note: The 20th Annual Winter Antiques Show (7th Regt. Armory, Park Ave. at 66th St., New York City) will be held from January 17 to 27.

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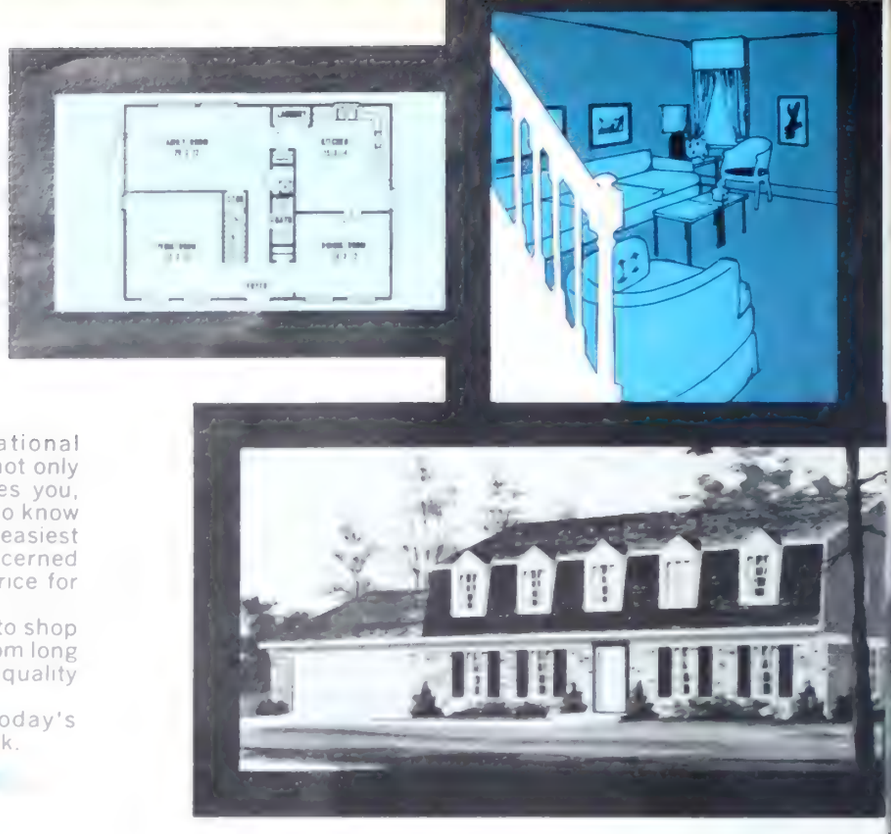

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HOW TO USE MORE *personal energy*

TO LIVE LONGER, FEEL BETTER, AND ENJOY LIFE MORE

An interview with Dr. René Dubos by Beverly Russell

Dr. Dubos, eminent microbiologist, pathologist and author at Rockefeller University, author of many books including the Pulitzer prize-winning So Human an Animal, Dr. Dubos believes that if we [illegible] personal energy, we'll very likely live longer, feel better, and enjoy life more.

Contrary to general belief, longevity has not improved in the past century. Admittedly statistics show a progressive increase in life expectancy at birth, but this is purely due to the virtual elimination of child mortality, not to better health or longer survival in adults. There are quite a few centenarians in the world. Their number is less than 10,000 in the United States. In several parts of the world [illegible] the number is proportionately very much higher. Even in the U.S. Congress is [illegible] in countries that are economically poor and the individual does more [illegible] with a high percentage of centenarians have been well documented. They are in the Caucasus highlands of Soviet Georgia, in the Hunza principality of West Pakistan and the Andes of Ecuador. These peoples are not prosperous and some of them live under conditions that are to us primitive.

But let's come closer to countries we know better. I'm always startled when I go back to Europe to see people my age—seventy-two—[illegible] in the countryside and to see how active and vigorous they are. All these places [illegible] some characteristics in common. Daily caloric intake is extremely low, half that of the average American intake: about 1200 to 1800 calories a day, and despite the quality character of this diet, [illegible] quantitatively and qualitatively deficient by our standards. The people engage in hard physical work. They are expected to lead an independent life, what's more, an active social role even when they are past age 80 or 100. Throughout their lives they have had to walk and work. I'm not preaching or suggesting that we should become more athletic or that there is something fundamentally wrong in using labor-saving machinery, but I think we could all exercise more with beneficial results. You don't have to be an athlete. *The best way to exercise is to do it in the ordinary business of life. You know walking is a wonderfully positive and enriching experience.* It's fun to look at things, see how people dress on the streets, listen to them talk, to feel yourself walk. I'm afraid most people never experience this and are not aware of how much they deprive themselves by not walking. In springtime I walk slowly trying to feel the softness of the air. If it's cold, I walk briskly and notice everybody looking vigorous. I think those are very small, pleasant experiences of life.

The American reliance on technology goes extremely deep. We have a habit of substituting indirect experience for direct experience. In my young days, my mother made mayonnaise beating the oil, the eggs and all of a sudden the mixture gelled. Now that is a very extraordinary experience. Today you buy mayonnaise in a jar or you make it with a blender, which is very nice and convenient. But you have lost a peculiar pleasure, which comes from something happening because you have done it yourself. If you want to substitute the indirect experience for a direct one, then obviously technological energy helps. You can look at the countryside driving in a car instead of feeling the earth under

Continued on page 18

If Colgate is just a kid's cavity fighter, how come Gwen Verdon won't brush with anything else?

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If you like people, be sure you brush with Colgate. Gwen Verdon wouldn't think of brushing with anything else.

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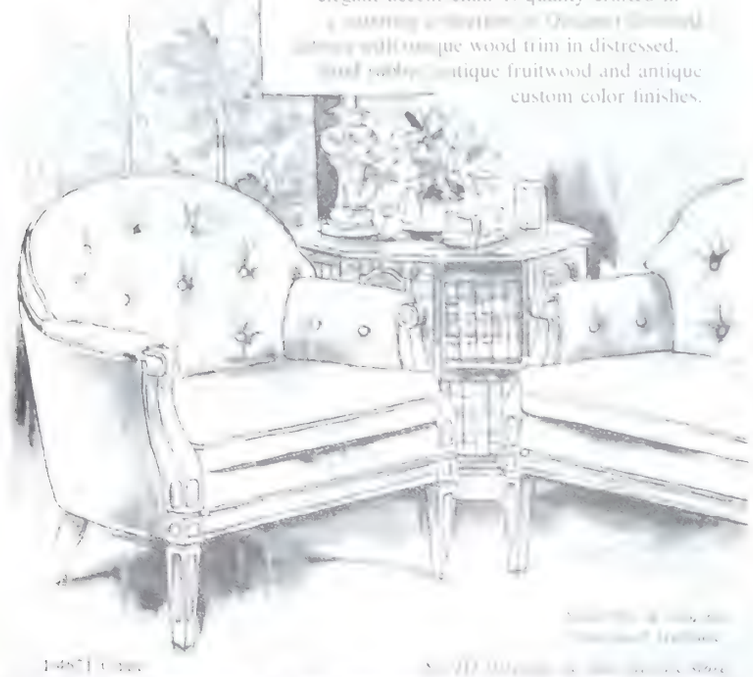

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"....just do something for which you would like to know the results, this statistically prolongs life."

PERSONAL ENERGY *continued from page 16*

[illegible] you want to see a ball you can turn on the television, instead of actually going out and being in it. Most of the [illegible] talk about [illegible] without any physical effort, the illusion that you are experiencing the real thing.

What I'm trying to convey is that [illegible] advantages in our technological society, but that we should not be so conditioned that every moment we deprive ourselves of sensation. If you drive through the country and look at nature from inside a car, you will lose 90 percent of your ability to smell the air, the [illegible] and to hear natural sounds. By walking and using all your senses you will find that at first you start to see natural things and you hear vague sounds, but within 15 to 20 minutes [illegible] at a sudden that begins to be aware of many more things. You [illegible] more alive. It's quite extraordinary how the senses can be multiplied and developed by putting yourself outside. If you use your eyes, you will develop the ability to perceive. Like anything else, the more you use any part of your body, the more it responds. And this adds to the quality of your life. It makes it so much more interesting. *The development of the sensory experience is the greatest good one can do for people in the world.* But it does take effort to recapture the art of experiencing life directly. I'm not only speaking of sensual or sensory experience, but of total body perception of the world. There is no doubt, you have to be willing to make the initial effort of walking in the snow. Or climbing up a hill. But what an incredible difference, reaching a hilltop [illegible] a particular and having walked to the top! It's extraordinary the sensations it's [illegible] to terms of your effort but it gives you a sense of exhilaration and happiness you would not otherwise experience.

I stress the need for personal involvement. Well, everybody knows that when a person retires and removes himself completely from life and just sits on the front porch, that this person doesn't last very long. Whereas, if you engage in any kind of activity, I'm not saying that you have to make money or serve the public, but just *do something for which you would like to know the results, this statistically prolongs life.* There is an element of pleasure in results, a looking forward to the future, which is very important. I myself am always planting trees in my garden in the country. Nothing could be more absurd. I'll never see those trees when they're grown, even though I may be as optimistic as I can be. I've made no illusion about this. But every spring I have an eagerness to see how much my little trees have grown. What makes me very eager to be there next spring is to see whether they have grown a little more. We built a house up in the Hudson River Highlands twenty-five years ago. It's isolated and when I think of the [illegible] the bringing of electric, telephone, and sewer lines to one place, just for our benefit, it is extravagant. It's pleasant for us, but socially in many ways, I don't think it's good. The village community where people can gather and talk to each other and walk to shopping places without too much effort is socially a much better way to live. And this allows for an uninterrupted landscape open space all around, instead of individual houses spotted all over the scenery. Clustering of houses which many young architects are proposing today, has been done very successfully in places like Vail, Colo., and I'm sure it will happen progressively all over the land. We are going to see much change, change in a most interesting way. Before we had energy as readily available as it has been, people had to design buildings in such a manner that they took advantage of natural conditions. For 5,000 years, architects and people have known and built constructions that were comfortable against heat and cold. I'm almost sure that in twenty to twenty-five years the individual house will be powered by local things, sun and wind. And I'm also sure that using more personal energy will bring a healthier, saner world and its ultimate result will be a more creative form of civilization.

Dr. Dubos first spoke on this subject at an energy discussion sponsored by the Scenic Hudson Preservation Conference, an organization which is specifically interested in the preservation of the Hudson Highlands and Storm King Mountain. ■

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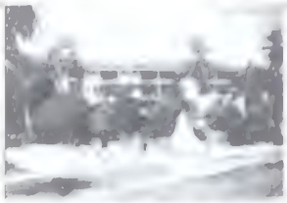

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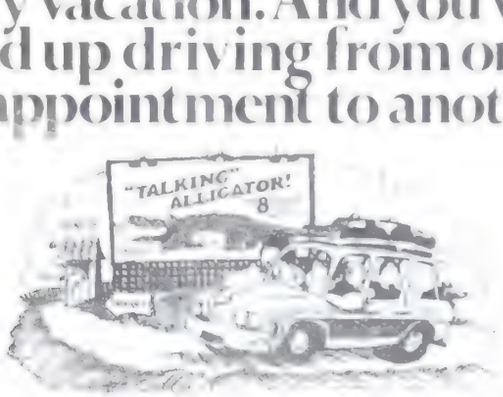

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EIGHT STEPS YOU CAN TAKE TO CONSERVE household energy

BY A.M. WATKINS

to reduce some household appli- and equipment powered by electricity and gas have multiplied [illegible] So has our dependence upon them. With energy shortages looming, there's the need to take a long, hard look at the ways we use energy. What are things that we can do to help conserve the energy supply? The answer is yes, we can. And we must. And you never need feel guilty about saving energy in your home.

Why? Simply because the usual household activities such as mixing a blender, running the vacuum cleaner, or watching TV consume relatively small quantities of energy. But other equipment does gobble up considerable amounts. In fact about two thirds of the total household energy consumed in American homes and apartments goes for house heating, hot-water heaters, air conditioning and refrigeration. According to utility companies, [illegible] of your total household energy bill is used for all your kitchen appliances and other equipment and for lighting, radio and TV power only, and the like. So if you want to save energy you should reduce the demands of the major consumers. You can do so by following the measures outlined here, by concentrating your [illegible]

Saving energy at home is vital because more than one third of all electrical power generated and [illegible] of our natural production [illegible] is consumed each year in our 77 million homes and apartments. Reducing such consumption is clearly essential and it can also save you money. Energy authorities are likely to force up the cost of household gas, electricity, and fuel oil as much as 7 to 10 percent a year in the next ten to fifteen years and that would mean that the cost of cooking, running appliances, and heating the house would be twice as much in 1980 as today. Another 50 percent is possible by 1985. Carrying out conservation procedures can also help give you a more comfortable home one likely to minimize the disa[illegible] more effects of possible future blackouts or brownouts.

You can save energy expenditure by these measures:

1. Beef Up on House Insulation. A report from the Office of Emergency Preparedness (OEM) states that "the most significant [illegible] conservation is improved insulation in homes." Insulating materials are made in various forms, [illegible] Among the latter are blankets of glass fiber, mineral or rock wool as well as [illegible] In any house [illegible] and are located in the outside walls, roof, ceilings, and foundations of houses. (A) *Ceilings.* You need [illegible] inches of insulation in all top floor ceilings in a cold climate or with air conditioning. Eight inches is advisable with electric heating and at least 3 inches over a ceiling that has unheated space overhead. The latter can be laid between attic floor rafters, a project you can undertake yourself. (B) *Walls.* Exterior walls should be lined with 3- to 4-inch-thick insulation even if they are of brick, stone, or concrete block. It is a myth that thick masonry walls insulate; they do not. Installing the insulation is simple in new buildings but insulating existing walls requires a professional to blow the fill into hollow outside wall space pneumatically. Its cost can often be repaid in heating and cooling savings within a few years. If your house has a basement the foundation walls should be insulated 2 to 3 feet below ground level—a to the frost line. (C) *Floors.* The floors of basementless houses should be well insulated. With a concrete slab floor, insulating board, 2 to [illegible] inches thick, should line the edges of the slab all around the perimeter of the house. If there is a shallow "crawl" space under your house pack the underside of the floor with 2- to 3-inch-thick insulating batts. And the floor of rooms over an unheated garage needs to be insulated as well.

Continued on page 28

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"In winter, put reflective aluminum foil behind each radiator to reflect heat back into the rooms"

HOUSEHOLD ENERGY *continued from page 24*

2. Weatherproof windows and doors. Window and door frames leak heat in most homes. You can detect the cold seeping drafty cracks and plug up the leaks with weatherstripping materials. Obtainable in hardware and building-material stores, they are not difficult to install. Storm windows and doors are also excellent preservers of indoor heat and energy savers in cold climates. Use them on the cold north and west sides of your home at least. And since those on the south let in the sun's heat and it will shine in unimpeded. And [illegible] enclosing [illegible] will [illegible] that you retain heat in the home in winter and it will shut it out in summer. And [illegible] additional insulation, especially [illegible] gas company engineers estimate that such conservation in winter and air conditioning operation in summer can [illegible] you [illegible] of children running in and out of the house without closing doors.

3. Tune up your heating plant. Just as an automobile responds to loving care with more efficient performance, so will your heating system. So keep it tuned up and clean. With oil heat [illegible] cleaning of the furnace [illegible] and readjustment of the burner are virtually mandatory because an internal furnace will [illegible] in no time. And although soot removal from inside the oil burner may cost $30 a year, it can reduce fuel bills by a third and save $100 a winter in an average house in the north. Because a gas heating unit leaves less combustion carbon it need be checked only every three or four years. If you have a forced warm air heating system (with grille outlets, heat distributing ducts, a blower fan in a furnace) clean or replace the air filter every two or three months. Also have your serviceman set your furnace blower switch for "continuous air circulation" or CAC operation. It provides more uniform temperature control throughout the house and avoids the ups and downs that waste heating energy. With a hot water or steam heating system, clean the radiators often, and, in winter, put reflective aluminum foil behind each radiator to reflect heat back into the rooms and radiate it outside.

4. Lower your heating thermostats at night. By turning your thermostat down 5 to 10 degrees you can reduce fuel consumption and save 10 percent or more of your total winter expenditure of fuel. But such savings depend greatly on outdoor temperatures. The milder the nights, the greater the savings. The greatest benefits occur when outdoor nighttime temperature is about 30 degrees. Energy savings decline as nighttime temperatures drop sharply because of the extra heat required to warm up your house the next morning. So if you lower the temperature set in the living room at bedtime and the temperature gets to zero outdoors, you won't conserve any energy. It isn't worthwhile to turn down the thermostat at all on 10-degree nights. Or to lower it for possible 20-degree temperatures even in exceptionally well insulated houses. You may save fuel but you can damage the heating plant by sharp start-up acceleration next morning. You need not keep changing the thermostat anyway. You can have a clock thermostat which automatically lowers the house temperature at night and turns it up at a preset morning time.

5. Ease up on hot water use. Next to your heating system the hot water heater is the greatest single user of energy in the household. So the less water you heat and keep heated the more energy you'll save. Turn down the thermostat setting on the water heater to "medium" or lower. It will produce 130 to 140 degree water which is enough for all ordinary purposes. (The dial is usually located at the front, at the bottom of the unit.) A typical dishwasher needs hotter, 180 degree water but usually has its own integral heater.

Good household habits can also help save energy. Remember that cold water can be used for washing many clothes; showers take 5 to 50 percent less water than filling a tub; leaky faucets waste energy as well as water. You should also check the hot-water heater pipes and insulate them to insure fast response at hot-water faucets.

Continued on page

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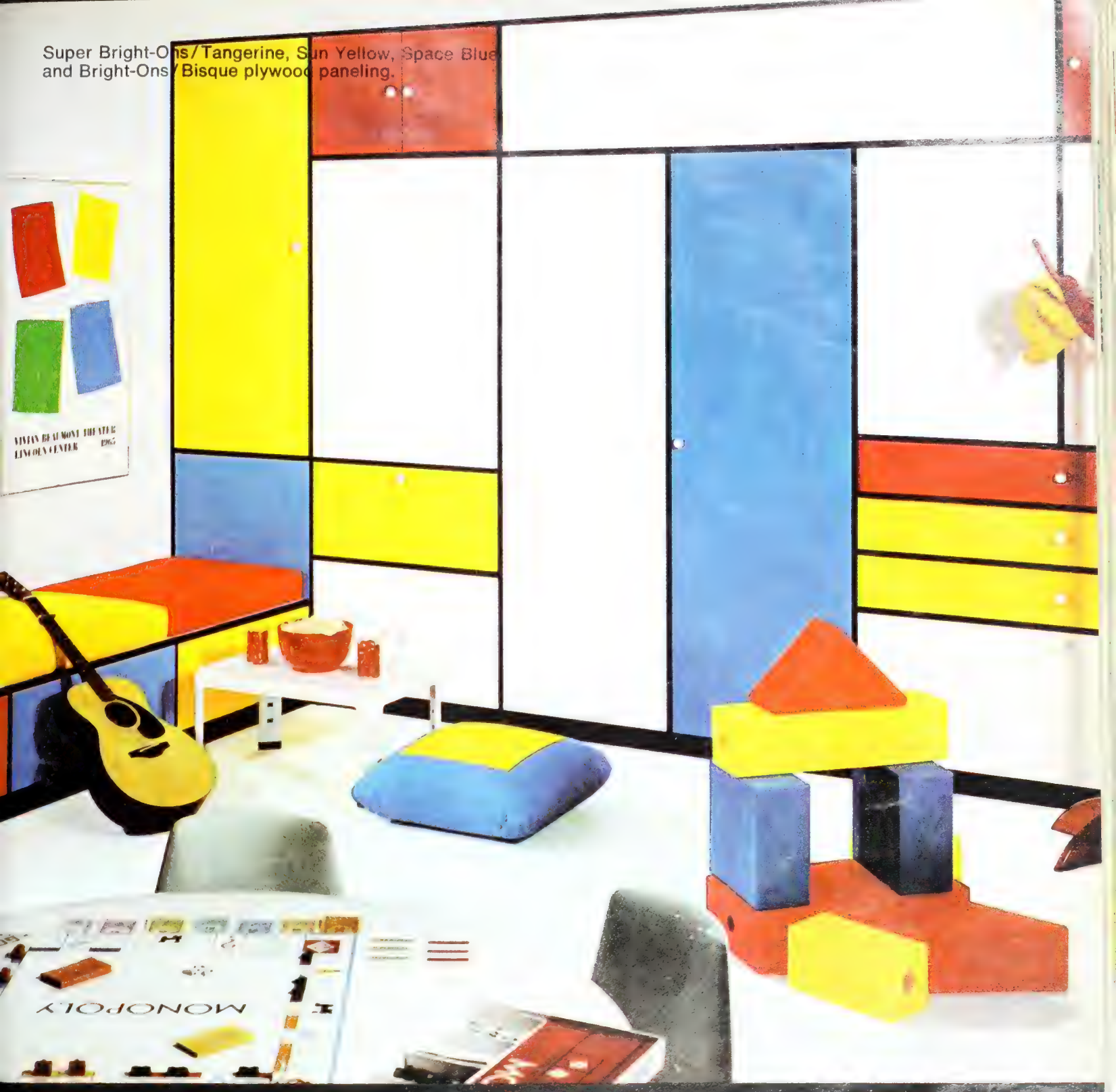

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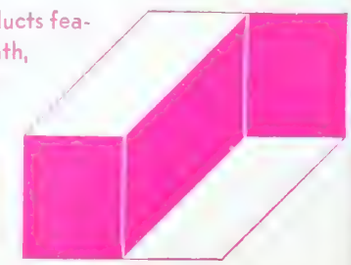

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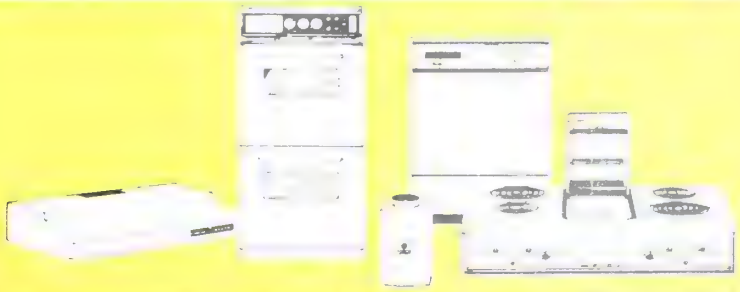

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HOUSEHOLD ENERGY *continued from page 28*

your water is hard and high in mineral content, drain a pail of water from your tank once a month to prevent sediment build up. It reduces heating efficiency.

6. Coddle your refrigerator. Although it uses only a modest amount of electricity each operating hour, your refrigerator runs high in total energy consumption annually because it runs twenty-four hours a day year round. Replace any door gaskets that let cold air and increase the refrigerator's demand for energy. And defrost regularly, don't let frost accumulate in refrigerator because it can double the demand for operating power. Frost-free models avoid that build up but are somewhat less energy efficient. When you buy a new refrigerator, particularly a refrigerator-freezer combination, look for a well-insulated model with automatic defrosting features and the thickest insulation that also provides the refrigerator's features you want. Avoid a power failure. It can ruin food that spoils and defrosting costs a lot of money. Savings over the years repay the extra purchase price. And place your refrigerator or freezer in a cool location away from heat sources. Allow space between back and sides and provides ventilation for the condenser coils behind and under it. An automatic ice maker in refrigerator, incidentally, takes virtually no more energy than ice making trays or about the same as a separate freezer/ice maker. Ice is ice regardless of how it is made.

7. Be energy conscious when you cook. It is important that you operate ranges correctly and follow sensible cooking practices in your kitchen if you want to save power. Reread the range instruction booklet (or send for a new one if you've lost the original enclosing the range model number and 50c). This is particularly wise with an electric range and oven, which have an astronomical appetite for power consumption. Efficient operation of the range consists mainly of basic, familiar rules: Don't leave the heating elements of the range top or oven on after cooking; don't over-roast, over-boil, don't oven peek and let out heat, use flat-bottomed, straight-sided pans that make full contact with the heating elements especially with an electric range.

A typical self-cleaning oven uses less total energy a year than [illegible] Based on one clean cycle per month it takes only about 20 to 30 kilowatt hours of electricity a year or 2.5 kilowatt hours per month according to the Association of Home Appliance Manufacturers. That applies to a [illegible] type of oven. Actual power consumption will [illegible] kilowatt a year but at least half of that is offset by savings gained by the oven's high-efficiency insulation. So a self-cleaning oven may be well justified, particularly if you balance it out by saving power in the major energy consumers in the house. In considering electrical appliances you should know that there are two basically different kinds. One turns electrical energy into heat and would include the [illegible] heater, range, toaster, coffee maker and hair dryer. They usually require large amounts of operating electricity. Electric motor-driven appliances, such as the mixer, blender, dishwasher, vacuum cleaner are the other kind. Often a motor accomplishes a great deal of work from a comparatively small amount of electrical energy. Many labor-saving appliances are motor driven and there is no need to feel guilty about using them if they are properly and efficiently operated. But don't leave a heat-from-electricity coffee maker on the cooktop all morning. You could run your dishwasher through two or more complete washing cycles with the amount of energy you would save.

8. Reduce the heat load on your air conditioning system. In summer your air conditioning system has to combat the hot sun shining down on your house. It is the source of most heat entering it and the amount of energy the air conditioning system has to expend largely depends on how much sun heat gets indoors. Luckily, ample insulation added to ceilings, roof, and walls to keep out the cold (as we described earlier) also has the inestimable benefit of keeping out the heat. So insulate ceilings, roof, and walls thoroughly. And provide shade for all windows exposed to direct sun. Awnings and outdoor blinds will do this and trees and shrubbery. They block the sun's rays *before* they get into the house.

Continued on page 40

He sacrificed his sanity and his life to see and to paint as no one ever had before

The World of Van Gogh

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Van Gogh sought peace in painting this church at Auvers.

Many other artists, such as Gauguin, are represented.

In *The Harvest*, Van Gogh captures both the lushness and the deep tranquility of the southern French countryside.

TIME LIFE BOOKS

Actual size of each volume: 9" x 12". Each volume contains 188 pages, 160 illustrations, 72 in full color.

He tried to express his feeling for man and nature by becoming a minister, but his fervor alarmed his superiors. He fell in love with two women of his own class and they fled from him as from a dangerous lunatic. The famous incident in which he cut off part of his ear and gave it to a prostitute was only one more attempt to give something of himself to anyone who would accept it.

This torrent of emotion—for which society had no use—turned Vincent Van Gogh into one of the greatest painters of all time. Never has a man poured so much pure responsiveness into his art. You can see in it everything from salvation to suicide. Sacrificing his sanity and his life to his work, he burned himself up in a blaze of perception—in a controlled riot of color that washed over modern art like a tidal wave of lyricism.

Love, for Van Gogh, was a means of seeing . . . of fusing himself with his subjects. Even the fresh way he squeezed a tube of paint directly onto his canvas symbolized a generosity that knew no limits. To the humblest subject—an old pair of boots, an empty chair—he brought the special light of his own fervor. As one critic put it, Van Gogh had the courage to look the sun squarely in the face and steal its radiance.

Beside almost 1,700 works of art, Van Gogh also bequeathed to the world—in 661 letters to his brother—one of the most moving autobiographies ever written. It shows this dauntless man trying to learn Greek in order to be allowed to preach to Dutch coal miners. You find him, his hatband stuck full of candles, painting the stars at midnight. You trace letter by letter, canvas by canvas, the collapse of his sanity and his subsequent suicide.

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Death haunts Van Gogh's last self-portrait.

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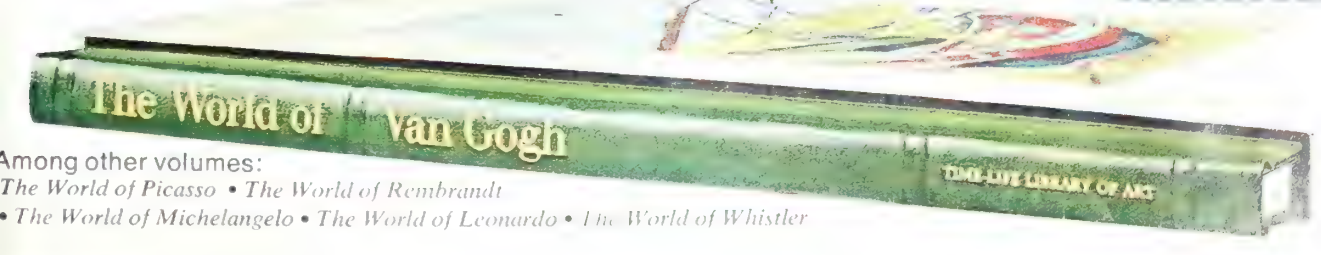

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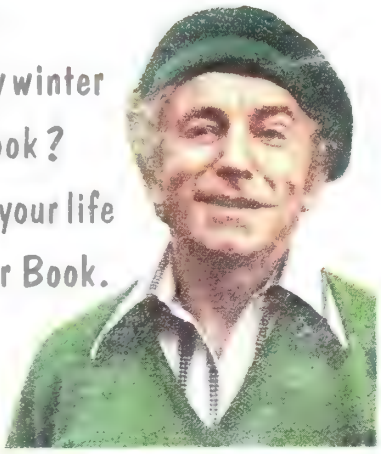

A donation has been made in Mr. Henry Gibson's name to the Environmental Defense Fund, East Setauket, New York 11733

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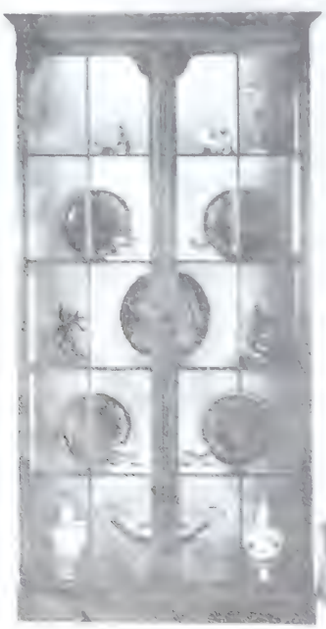

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HOUSEHOLD ENERGY *continued from page 34*

to 12 and you should not choose central air conditioner of less tha 7.5 energy efficiency ratio or

for the house, som
from the University of Il
Living with th
Energy Crisis.

Fireplace dampers. Close the when not in use to keep in hea Glass fireplace shields also help.

Loss of warm air to the outdoor Keep open windows and doors t a minimum in winter. Enough air for close through the averag time generally to freshen it.

Shutting off rooms. Close off u used rooms and shut off the he supply to them. But don't let roo temperatures drop below 40 de grees (to prevent frozen pipes) and don't close off return air grill or more than 1/3 of the house reg ters in a warm-air heating syste

Lowering house temperature: Tri how many degrees you ca lower your thermostat setting feeling uncomfortable. For eac degree reduction you save abou 3 percent on fuel consumption an cost.

Operation of ventilating fans: I winter don't overdo operation ventilating fans in kitchen an bathrooms; they remove heat fro the house.

Heating the garage. Heatin should be minimized or, if accep able, eliminated.

Lighting: Room lighting can b lowered for energy saving an shut off when not in use. Fluores cent or krypton gas bulbs co sume less energy and last longe

Water conservation: Conservin water in bathing, washing, cook ing, or gardening reduces th energy needed in pumping it.

Cooking: Cooking several dish es in the oven at one time is mor energy efficient than using sever surface units.

Windbreak planting: A stand trees, evergreens, or fences ca help shield your house from wi ter winds and cut down heat los and save heating energy. Deci uous trees planted to shade wi dows in summer will not only re duce air conditioning needed t cool the house but, when they los leaves, they will also admit sun i doors to warm it in winter. ■

Thelma Turkel.
Wife, mother, and Interior Decorator.

A growing number of women re leading successful double lives. Thelma Turkel is one of them.

She spends most of her day ooking, cleaning, chauffeuring, and ooking after her family in a lovely uburban town.

But for two or three precious ours she lives in another world, njoying all the excitement and wards of a career in Interior ecorating.

It's a shame more women don't ke it up, as an enjoyable way to ake money.

As an interior decorator you ver have to punch a time clock or ag yourself through a 9-5 day.

You can set your own schedule. ou can work in your spare time. our office and "showroom" can your own home—furnished your special decorator scounts. And if you do work home, your accountant can ow you how to legitimately duct from your income taxes l expenses necessary to running business, including your ome office."

You can even take your career as interior decorator with you if ou move. There are countless open- gs—highly paid jobs (part-time or ll-time) to be found throughout the untry as the interest in home rnishings continues to boom. *orbes* magazine calls it, "perhaps e hottest growth field of the 70's.")

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Perhaps, you have considered is as a field you would like to get to someday. There's no reason to ait any longer.

If you're serious enough to end a few hours a week preparing r this exciting career, you can now t a thorough training program—*your own home.*

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And you can be sure there's no ll, dry text. Marguerite Ritten- use, Ph.D., a well known educator, rked closely with Mr. Gerald. e also checked out every lesson ith untrained but interested women, as well as sales people in furniture departments and decorating shops to make sure each idea or way of working is not only interesting but logical and easy to follow.

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Because ceramic tile has been imitated in every conceivable form of synthetic material.

However, the fact remains: none of them looks as beautiful, feels as luxurious, cleans as easily, or lasts as long as ceramic tile.

In other words, those materials that try to look like ours end up looking just like what they really are: cheap imitations.

As you can see in the photo on the left-hand page, the most beautiful bathrooms built today are still made with ceramic tile.

Yet, a lot of substitutes get into bathrooms these days because they're supposed to be cheaper.

But if you'll take a good look at some five-year-old bathrooms using some of these substitutes, then you'll see why they're not cheaper.

So, while you may save money with ceramic tile "look-alikes" in the beginning, you'll probably spend a lot more in the end on replacement and remodeling costs.

Probably the last place you've thought of using tile is the first place people see when they come into your house. The foyer.

The effect can be spectacular. But the beauty of ceramic tile doesn't outshine the practicality.

Muddy footprints wipe clean with a damp cloth. And, of course, it never has to be polished.

That's what makes it perfect in hallways and foyers, where daily traffic can wear a path in the best carpets in a short time. And that gets costly.

If ceramic tile makes sense on the floor, you can imagine how much sense it makes in a kitchen—on walls, countertops and splash backs. More than any other materials, tile resists scorching, fading, burning, warping or cutting. And Acri-fil, a new joint filler, resists staining and chipping.

But ceramic tile can do more than make your kitchen practical. A mixture of textures, colors, and designs can make it sensational.

So if you don't want to end up with a kitchen just like the folks next door, that alone should make ceramic tile worth considering.

But there's another place that ceramic tile makes a lot of sense. And that's the great outdoors.

Frame your front door with it. Make a garden path with it. Use it on your porch. Your patio. In and around a swimming pool.

If you're thinking that ceramic tile can cover almost anything, you're right. Which makes it one of the most versatile remodeling materials ever.

And the money put into it is a real investment, because if you ever sell your home, ceramic tile can make it look like it's worth a whole lot more than your asking price.

Now we've told you just how durable ceramic tile is. And here's a classic example: the Imperial Mosque of Isfahan, Iran. One of the old world wonders of architecture, the Mosque exterior is decorated in ceramic tile floral designs and swirling arabesques, each still intact and beautiful after more than 360 years of exposure to the temperatures of the Middle East.

Yet with all of its advantages, tile is sensibly priced. (So you don't have to be the Shah of Iran to afford it.)

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HOME IMPROVEMENT IDEAS FOR the House Fixer

by Will Morr

The Shower Massage by Water Pik is a new showerhe for pressuring as well as showering and shampooing. has an outside ring you turn for a regular shower an dial that allows you a choice of spray or massage, a co linsation spray massage (good for facials), or any between action. Adjustable center holes can deliver 8 to 980 pulsating jets of water per minute for soothi or stimulating massage, gentle or tingling shower. T chrome-finished wall-mounted model and the hand-he model, with a 60-inch chrome hose, can be attached standard ½-inch shower arms. The hand-held model c be hung as a stationary showerhead or used flexil bathing in the tub. Teledyne Acqua Tec.

If you are building or remodeling, new Sheetrock gypsum panels are available with an alum num foil backing, which acts as a vapor barrier. In winter it prevents the indoor moisture cr ated by cooking, washing, bathing from passing into cold outside walls and condensing in water, which can rot wood framing and sheathing, warp exterior siding, and damage paint. summer it works in reverse and keeps out humid outdoor air, which would increase humidi indoors. The "Foil-Back Sheetrock" panels also provide some insulation for outside walls a equal 1½-inch-thick wood fiber insulation or 4-inch mineral wool. United States Gypsum C

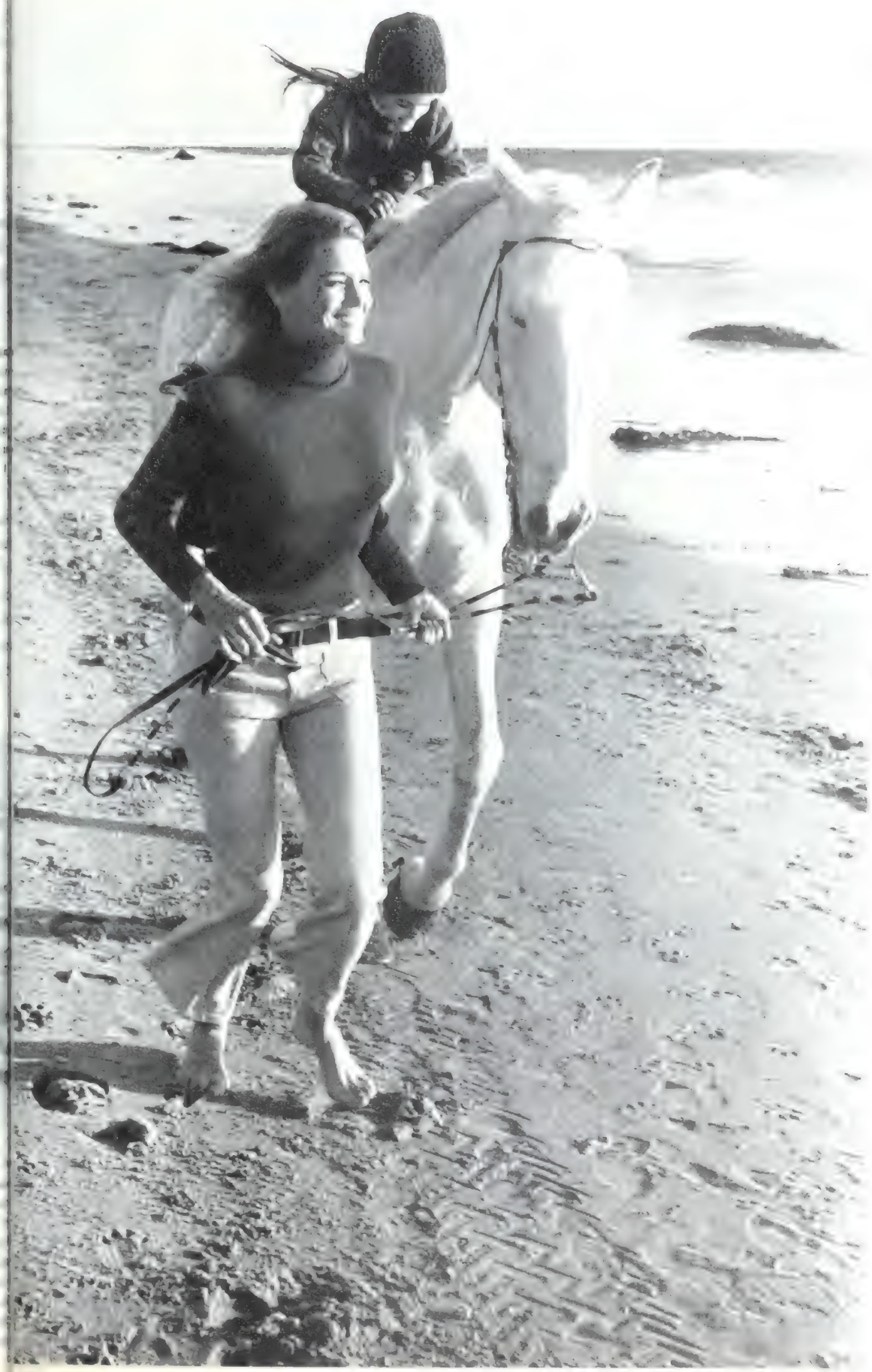
Leaving outside doors open in your home lets out heat in winter and air conditioning in summer and rai your bills. Since children will race in and out thoughtlessly, Jaafri Industries has come up with automat door closers for doors, also doors and sliding screen doors. They also help keep out insects and let y walk in and out with your arms full. The Sure Close Automatic Closers, one for sliding doors, one for slidi screen, can be attached to the top rail of a 36-inch or 42-inch sliding glass door or screen and work with simple spring tension. A special screw at one end of the unit also lets you regulate and vary the closi speed of the door and 2 cup washers will keep the door open if you wish. Prices are $10.75 and $13.50 for t 3- and 4-foot screen door closers, $16.95 and $21.50 for the 3- and 4-foot glass door closers.

A plan for a simple rack to store skis is offered by the Louisiana-Pacific Corp. It requires only an 8-foot length of 2-by-4-inch Ponderosa or Douglas fir and a 3-foot-long single wood dowel. Only ten steps are necessary to cut, fit, assemble, and finish the rack and they are clearly outlined in the plan. Long enough to attach firmly to a minimum of two studs on a typical wall, the rack will hold five pairs of average-sized skis and poles and could be put together with hand tools by a do-it-yourselfer or with power tools. Detailed construction plans are 10¢ from Louisiana-Pacific Corp.

For ski houses or other weekend re treats, a prefabricated, woodburning fireplace is a major asset. The Majestic Co.'s "Jupiter" is a conical shaped steel unit available in three sizes (with hearth openings of 24-, 30-, and 38-inches). There's a choice of red, gold, green, orange, black, and white enamel finishes in the two smaller models, while the 38-inch fireplace is in matte black. The new mesh fire screen rolls back on tracks for full access in placing logs. The fireplace is in three parts - base, conical fire chamber, chimney pipe for 8-foot ceilings.

Cleaner indoor air is an urgent need these days since technical r ports indicate household air may be more polluted than the atmo phere outside. The new "Space-Gard High Efficiency Air Cleaner for central forced air heating and cooling systems, mounted in the r turn air duct, has deep space folds, which provide 78 square feet filtering surface. With continuous blower fan operation of your hea ing or cooling system, it claims to remove as much as 99 percent pollen and spores, and up to 90 percent of tobacco smoke and ai borne dust. It uses no electricity and needs no wiring for install tion. The only maintenance is replacement of the filter about on a year, which you can do yourself. Research Products Corp. ■

If Colgate is just a kid's cavity fighter, how come Angie Dickinson won't brush with anything else?



For some actresses, life is only real when a director calls, "Action." For Angie Dickinson, blessed with family and rich with friends, life is truly meaningful when she's with the people she cares most about.

Caring about people comes naturally to Angie. That's one reason she brushes with Colgate. Clinical test results show Colgate freshens breath as long as a leading mouthwash. And the taste is brisk and clean.

Only your dentist can give teeth a better fluoride treatment than Colgate with MFP. But a great cavity fighter can be a powerful breath freshener, too.

Ask Angie Dickinson. She wouldn't think of brushing with anything else.

Colgate with MFP...the breath-freshening cavity fighter.

The Parliament recessed filter. It works like a cigarette holder works.

Inside every Parliament tip there's a filter that's recessed. Tucked away from your lips. So you don't taste the filter. Just the good, clean flavor.

The Parliament tip. It may not look like a cigarette holder. But it works like one.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

FORECAST FOR 1974

A new year is the traditional time for forecasting, and as we look into the future trends in architecture, decorating, and design, into upcoming ideas for entertaining, traveling, and spending our leisure and pleasure, we anticipate a factor that will be common to all. The attempt to simplify living all around us. It is evident in furniture design, where one piece of furniture may serve three or four functions. And in planning interior space, where one room may become a center for many activities. You see it in the way people dress, in the current insistence for pure whole food, for decorating with natural materials. It all comes down to a new appreciation of simple things, natural things, basic things.

The new search for reality in living that is becoming so evident today may have been inspired by some people with their romantic, idealistic way of retreating to the countryside to set up farms. Though what we now see is a more positive plan to confront the issues and to define principles that will reconcile all the contradictions. Closing the gap between the way we live and how we want to live. We seek honesty and a sense of quality, whether it's in a piece of fabric to cover a chair or the food we eat or a plan for a new city that works. We're looking for practical and sensible measures to deal with the environmental crisis and the energy dilemma. And sorting out our priorities in the process, rethinking criteria and ethics. The man of today is thinking more for the man of tomorrow. Are neon advertising signs really necessary? Can we afford to build sealed-in skyscrapers that demand so much energy? Could a more intensive exploitation of our current technology provide a system for solar heating, cooling, and lighting such buildings?

We are thinking up the questions—and coming up with some rational answers. "We have the same need in every aspect of our whole life, to live in a more realistic way," says architect and city planner Roberto Brambilla, director of the Institute for Environmental Action, who will be launching an exhibition "More Streets for People" during 1974. "I would call this philosophy a sort of new humanism. We see that traffic mobility occurs on the surface in most city centers at an average speed of 3 to 8 miles an hour in the rush hours—and we know this is ridiculous. You can walk that fast. We know we have to change. What we are turning to is a simplified existence, which is also richer at the same time, taking maximum advantage of existing resources but at the same time trying to emphasize as much as possible the potential of people."

We have made living with reality the theme of our first issue for 1974. And we stress that the simplified existence doesn't mean a spartan existence. What is more esthetically satisfying than walking barefoot on grass? Our new Super Bath is a tribute to architectural and building know-how that allows for this possibility in your own house, page 78. So you'd like a kitchen-living-entertaining center that really gets it all together—the bar, the music, the laundry, the sewing, the tools for little domestic repairs, the paperwork corner, the proper space for food preparation, the snack for two or the dinner for twenty? Our new Super Kitchen, page 61, is planned with all this human activity in mind and equipped with machinery that saves energy, not only yours, but ours—the energy that belongs to us all—in the planetary sense.

And on this urgent subject of fuel and power, we have four reports... from a couple in New Mexico who designed and built their own solar-heated house, page 72, from Dr. René Dubos, page 16, who tells us we'll all be happier in the long run if we adjust to pushing fewer buttons and riding fewer vehicles... from A. M. Watkins who points out eight major ways to conserve energy at home now, page 24, and from some of the top technologists, page 70, who are looking at the future supplies realistically and working out alternative power sources.

"There comes a time," adds Roberto Brambilla, "when you know you have to clear the table, see what your real essentials are and put them back in order. The moment we start to surround ourselves with reality, then we begin to think with reality. We plug our energy into the right things, put our potential creativity in directions where it is really deserved." What all this seems to offer is a much more coordinated, clearer kind of life, which will be very much worthwhile living. In reality, what could be a better prospect than that?

A GREAT NEW WAY TO LIVE

DECORATING THAT COMES NATURALLY

One big room that's filled with COLORS AND TEXTURES FROM NATURE

Pale gold furniture woven of bamboo, rattan, wicker, straw . . . . cottons handprinted in the blues you find in gardens—gentian, delphinium, iris, cornflower . . . . a mosaic of glowing handmade rugs, each old, each different, on a blue-black slate floor. Nothing matches, everything cooperates. This is decorating that comes naturally because it's put together with materials and colors pulled straight from nature. Because it echoes and enhances the architecture of the light-filled, beautifully proportioned room. Because it grows out of the life that's lived in the room. It's easy to care for, flexible, comfortable for two or for twenty. *Right:* Floor plan of Prince and Princess Wittgenstein's living room with its inventive arrangement of furniture. Birgitta Wittgenstein was her own decorator

One big room

NATURE IN A WHITE SHELL

To make the blues bluer and the tawniness of the furniture tawnier, the entire room—walls and tray ceiling—is painted the purest of chalk whites, marvelous seducer of sunlight. The furniture itself is a triumph of second-hand shopping. The one new piece is the banquette-sofa, *right*, which was made locally. Very long, it has its center section "carved out" to hold cushions, and the extensions at each end are for books, flowers, and magazines. Hung over it are two paintings by Penati, and hung at the windows on natural wood poles are the simplest possible curtains of white sailcloth. On the wall, what look like sawed-off umbrella tops are straw coolie hats. "We ran out of pictures." Since this is a room to talk in, the furniture is arranged in conversation islands linked by the placement of [illegible] rugs. The groupings are flexible, can be rearranged so that twenty-four people can dine, buffet-style, in comfort with a place to *put* things.

Decorating that comes naturally

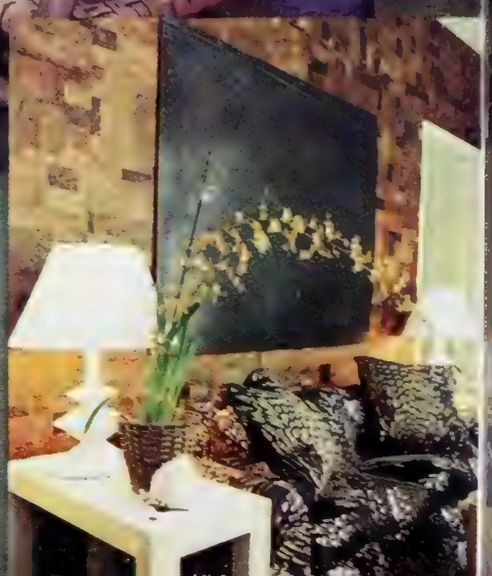
A HILLTOP HOUSE full of sun and serenity

A house that revels in natural delights, that seems to glow with walls the color of corn silk, floors stained a satin brown, then textured with raffia straw matting, cedar wood stumps for tables, and country basket chairs, all a happy blend that brings in sun and light and simplicity. Designed by Michael Taylor, the house owned by the Steven Merrills is halfway up a hill, with rooms like serene islands in the middle of fantastic views: all the big windows have a sweeping view of San Francisco Bay and the Golden Gate Bridge. The sitting and dining room, *left*, with its 12-foot ceiling, centers around the fireplace, with a great soft sofa, cozy chairs, a long wicker bench settled by the hearth. The chamois and white cotton print is the only pattern, the rest is wonderful textures of straw, wood, and stone played together. Oak is the base of the coffee table; a stone inset makes the top. Lots of fresh flowers, shadowy fan-tail palms are all part of the room's delight with nature and natural things. Long view of the room, *below left*, taken from the entrance, ends in a floor-to-ceiling window, shaded with a bamboo blind. The small dining arrangement, *below right*, is composed of reed basket chairs around an octagonal table made of cast stone. The sideboard is an old refectory table, basking under a rosy painting of sunrise colors. The upholstered furniture, tables, and lamps, designed by Michael Taylor. Painting is by John Hoyland. Over the fireplace, black wood, horn animal head, Giacometti. Fabric by Brunschwig & Fils.

A hilltop house

THE FEELING OF EASE AND CHARM

Dining room, *above*, [illegible] charm, with a great round table skirted with batik and circled with rough-hewn hickory chairs. Straw matting underfoot, a Japanese paper lantern overhead, and always a big basket of flowers on the table complete the ambiance. Sweeping stairway, *right*, carpeted with moss green, is flooded with light from windows.



rched high on a hill with magnificent views of the Bay, the two-story house is filled with light and space and a wonderful combination
nted the feeling to be young and full of vitality, with everything simple and serene," says Michael Taylor, "and we tried to bring the outdoor
ace opens wide with the use of soft colors blended with fabric pattern, easy furniture, flowers, and plants, all sparkled with d
ner dining space, *above*, is a quiet library, filled with ceiling-to-floor books, walls of cork squares, and a view that overlooks
holstered sofa is happy with wicker and hickory chairs, sculptured lamps, stone inset tables, and a cedar wood stump, all cluste
lished wood floor. A dappled feather print on the furniture and all the earth tones in the room seem to be an integral part of the

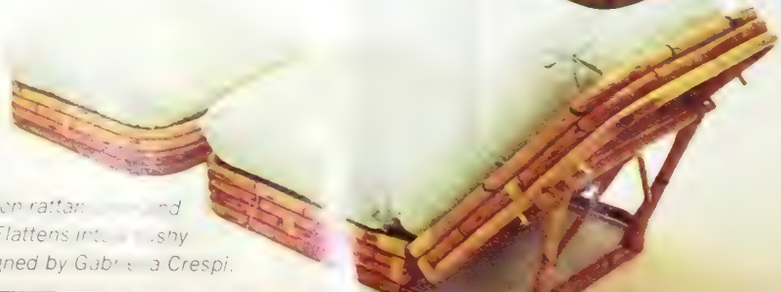
Look-ahead furniture, everything that's new—naturally

Flexibility is what we need [illegible] furniture that opens up, folds up, picks up, and travels, either from room to room, to garden, even to second house. We want adaptability, to conjure up fresh surroundings at the flick of a wrist. On these and the next four pages we preview ideas from important designers who are working along these lines —In America, France, and Italy (where we covered among other events the Triennale 15, a future looking expo in Milan). On both sides of the Atlantic, we find a significant trend toward natural textures, natural colors, wicker, rattan, wood, canvas, denim —a material indicator of the way furniture is shaping up to match contemporary social change Informal entertaining, casual dinners, liberated weekends demand a background of similar attitude. The frankly practical approach in design suggests emphasis on living with reality. It says: Let's make living easy, let's do more with less, let's adapt wherever we can. Let's take advantage of a whole new thinking to change and enrich our lives. For shopping information about this furniture, here and in other countries, please turn to page 103.

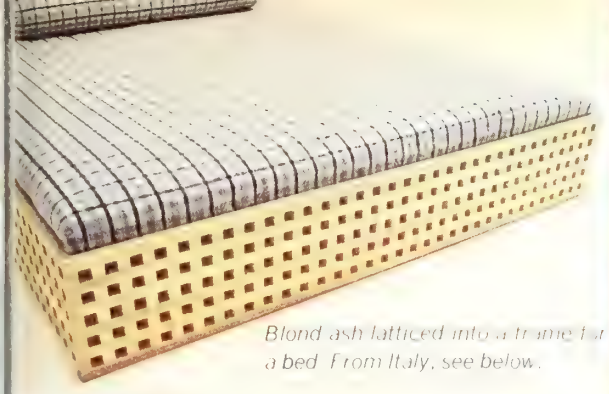
Glass tabletop on shimmery rods. Designed by Harvey Probber.

Bamboo [illegible] with wicker [illegible] Designed by Gabriella Crespi

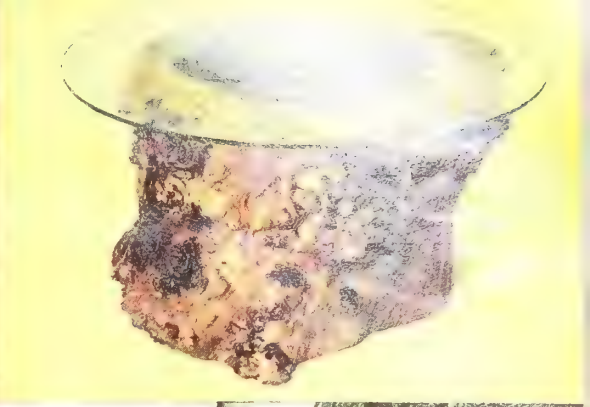
Low wicker-covered cube with [illegible] Designed by Gabriella Crespi



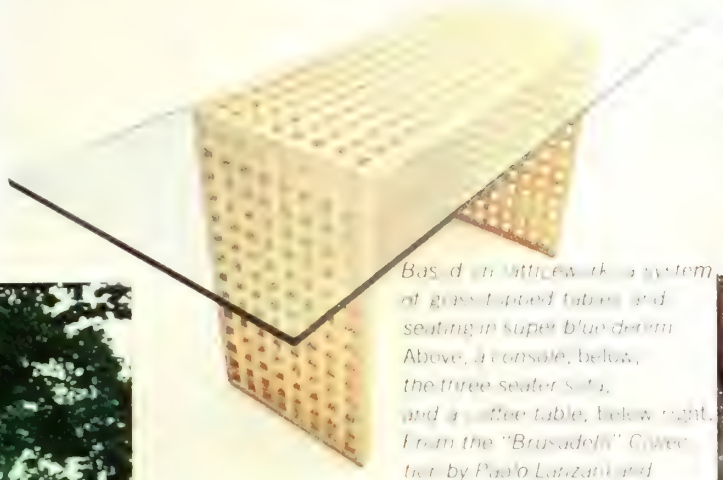
Five position rattan [illegible] ottoman. Flattens into [illegible] bed. Designed by Gabriella Crespi.



Blond ash latticed into a frame for a bed. From Italy, see below.



The canvas rage goes from steel-framed sling chair, above, by Varichon for Atelier A, to the movable, mixable pillows, below, in brown and natural. You tie and untie them to make seating. "Pillorama" by Otto Zapf for Knoll Overseas Ltd. Apple treetrunk table, above right, Luten, Clarey, Stern.



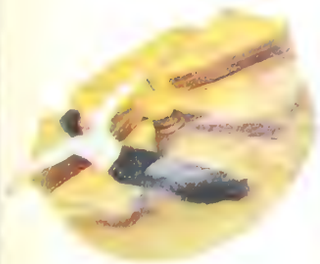
Based on lattice work, a system of glass-topped tubes and seating in super blue denim. Above, a console, below, the three seater sofa, and a coffee table, below right. From the "Brusadelli" Collection by Paolo Lanzani and Franco Menna for Busnelli International.

Outdoor chairs, covered in thermoset fiber "Tela Beta" by Eduardo Vittoria for Società Anonima Tessitori.

Doweled table. By Robert Salleroli at Interior Enterprises.

Look-ahead furniture with the soft touch

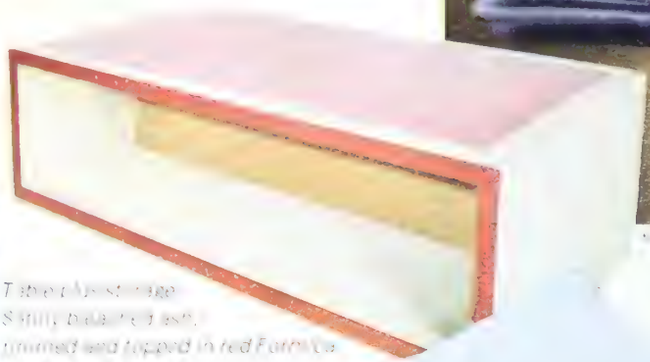
As an antidote for hard-edged city living, we find designers are creating sympathetic curves, furniture that's soft and soothing to touch. Cushions to sink into, satiny smooth tables. Comforting things to make us feel good.



Put together chair-wedge-maker's idea of circular seat. "Teorama" by Giovanni Guazzo for Poltrona Frau.

If you need an extra bed, the "Flap" obligingly unfolds. The single cushion, which makes its seat and both arms, above, becomes a comfortable mattress, see below. Altogether it boasts eight different angles, from easy chair to feet-up chaise. Slipcovers of red or blue ticking zip off for cleaning. By De Pas, D'Urbino and Lomazzi for BBB Bonacina. *Shopping information, page 103*

Puffy cushion by Geoffrey D. Harcourt for Artifort at Turner Ltd



Three Alexander Stuffy tables, unframed and topped in red Formica. By Gilles St. Gilles.

Mobile vanity, a tea blue tower of many drawers. Two mirrors, one on top, another midway. By Giovanni Offredi for Saporiti.

Glass disc on a simple cross of solid walnut makes a coffee table. By Trigoso for Atelier A at Maplewalnut Studio.

T-shaped table with hidden drawer. Of wooden dowels. By Robert Sallerón for Interna Enterprises.

Expandable table, two glistening rectangles of brass, one sliding across the other, below. By Gabriella Crespi

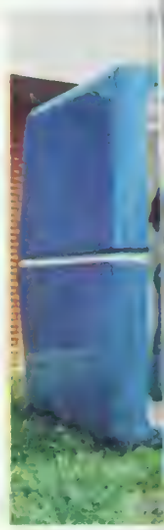
Fine geometry, left, a U-shaped table of clear and frosted Plexiglas. By John Harris, at Luten, Clarey, Stern. Two discs of foam pressed together into a "Blub-Blub" chair, far left, with an orange stretch jersey skin. By Pierre Paulin for Artifort at Turner Ltd. Below, neon lights up a Plexiglas table by Jean Degottex at Galerie-Boutique Germain.

MUSSOLINI

Curvy, canvas-seated chair. By Werther Toffoloni and Pietro Palange for Germa.

Instant chair flips down, from wall-hung framework, right. *By Ricaldo Arbizzoni and Achille Castiglioni for Del Piccolo & Ridolfi. Bed,* below, *unfolds from a chair. From De Sede Collection at Turner Ltd.* Opposite page, top left, *adaptable chaise, wicker with rattan frame. By Adalberto Dal Lago with Adam Tihany from Germa.* This page, left, *U-shaped table by Robert Salleroli for Interior Enterprises.*

Look-ahead furniture, great shots of color



Pow! After you've settled down with natural textures and soft touches, comes the dazzling, single shot of color to wa everything up. You can inject it via movable pillo seats or a fabulous table or an extraordinary cha Whatever you choose, color makes the room your

Shell chair, above, *of natural rattan with caramel leather seat. By Giovanni Travasa for Vitorio Bonacina.*

Capsule bathroom, above center, *is a single, easy-to-install unit of molded*

Molded fiberglass base supports a slice of glass rimmed with orange. Table by Gilles St. Gilles for Turner Ltd.

Changeable table with fourteen possible positions. By Bruce Arzig at Mixed Media Design.

Sectional seating, foam, slip covered with brown and black print. By De Pas, D'Urbino and Lomazzi for Zanotta.

Super shiny table, lacquered oxblood. By Billy Gaylord for Keller-Williams.

Push around pieces, above, below, and opposite page far left, in a rainbow of stretch jersey knits, can furnish a whole room. The covers of these foam components close with a drawstring, duffle-bag fashion. "Canapouf" at Boutique Canapouf. For shopping information, see page 103.

THE NEW SUPER KITCHEN AT THE HEAR
...place to use your energy wisely

More and more, these liberated days, the kitchen is a cooperative in which everybody wants to take a hand. Warmth and comfort originate there as well as food; families gather there naturally; when friends drop by everybody drifts there to settle for good talk. It is the new heart of the house—and the first and best place to start a concerned campaign to save energy—in both its senses. The world's dwindling supply of fuel, your own personal reserves of power are precious resources that careful planning can help preserve. In the huge space of a made-over barn, House & Garden, with the American Gas Association and Evans Products, has designed a room where food and its preparation, companionship and its enjoyment—and conservation—are taken seriously.

where the **family** gathers

F THE HOUSE

the new super kitche

Saving energy, these days of worldwide problems, means cutting down and electricity consumption. Major kitchen appliances are the most gr household machines—so let's start there. The Chambers gas range, *belo* patented system of sealing heat in the oven, so a meal can finish on the own retained heat, after the cook or automatic timer turns off the fuel. T co-Ford refrigerator/freezer has special wall insulation and a thermost controlled motor that uses about a third less electricity than comparable Six inches of Fiberglas ceiling insulation holds in winter heat, summer c Naturalite skylights help replace artificial light. The Andersen Perma-Shie ing door, *right*, seals comfort in. An everything-in-one kitchen also sav sonal energy: fewer steps for the cook, less trouble to keep. The tough Arm Excelon tile floor resists wear; the beams and posts from Vermont Barnbo the cedar Weatheredbord paneling by Evans are easily cared for; the Rivie nets, the Kohler sinks and appliances are colored to match and disguise sn

a refrigerator
that runs
on **less** electrici

a range
that **won't waste**
gas

A PLACE TO SAVE ENERGY

how to conserve the energy you have

Here are a few hints to help you use the appliances you have most efficiently, with the least energy:

STOVE: Put small pots on small burners; cover to avoid heat loss. Use oven for complete meals; preheat only 10 minutes; don't peek. Thaw food before baking it; avoid using aluminum foil on shelves directly under pans since it can reflect heat away from them. Wait till oven really needs it to use self-cleaner.

REFRIGERATOR: Locate it away from heat sources, out of sunlight. Make sure door seal is tight (it should hold a sheet of paper firmly). Cool food to room temperature before refrigerating. Defrost when ice is about ¼-inch thick.

FREEZER: Keep it full: a solid mass uses less energy to keep freezer cold. Chill the food before you freeze it. Don't freeze too many packages all at once.

HOT WATER: The hot-water heater uses enormous amounts of energy, so be stingy with hot water. Set its thermostat low. Don't wash dishes under running water. Use as cool a setting as possible for clothes. Wait till dishwasher is full to use. Fix leaky faucets: a drip a second wastes 700 gallons a year.

WASHER AND DRIER: Clean the lint traps often to keep the appliances working at top efficiency. Use only when full (but not overloaded), and use as cool a setting as possible. Do not over-dry clothes—and use the free solar energy outside whenever possible.

SMALL APPLIANCES: These can often substitute for major appliances when the job is small. An electric fry pan, for example, uses less energy to cook a one-pot meal than an electric range. Motor driven ones like mixers, blenders are particularly economical.

the new super kitchen:
WHERE ENERGY WORKS TO SAVE YOU

Creature comfort, that warm snuggly feeling that makes you remember grandmother's house even if grandmother never had one, is a specialty of kitchens, an intangible compounded of details like old Indian baskets, wooden walls interrupted with stretches of books and a finish of Evans "Bright-Ons" in House & Garden Tangerine, as well as of friendliness and good will. Personal ease is part of it. The hard-working appliances, easy furniture, and green living plants all contribute. Another ingredient—a stereo system with two speakers that puts you in the middle of the music—makes energy-conserving virtue anything but grim. Furniture from Pennsylvania House, upholstered in "Kalmia" by Clarence House.

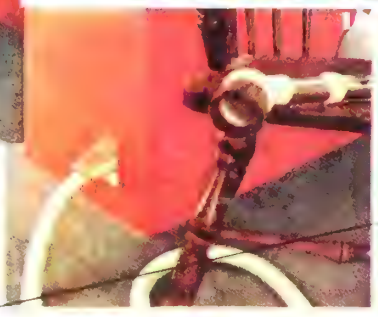
efficiency with comfort built in

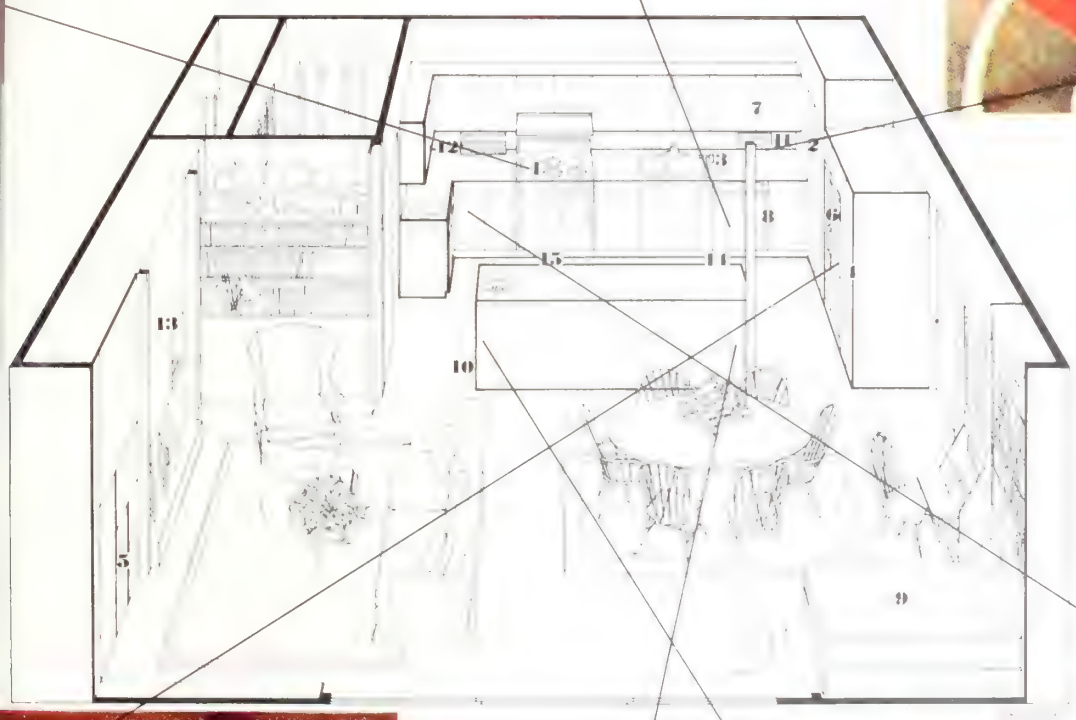
shes hints ... built, from Such ... behind the wall paneling, the entertainment center, 5, also has a television set (doors closed), room for tapes and records. All by Sanyo. The carpet from Harmony Carpet. Animals, antique platters from John Rosselli. Sterling lighting; Tru-Test paint used.

"A place for everything and everything in its place." So neatly arranged, every detail has its own function and its very own space. 1 Instead of a fourth burner, the Chambers range has a second oven for small baking that also works on retained heat to save fuel, and a range-top broiler that becomes a griddle, just out of sight to the left. 2 Flush doors left of the refrigerator conceal a larder with shelf room for everything. 3 KitchenAid hot-water dispenser makes easy instant cocoa, coffee, bouillon, to serve in Stangl mugs. 4 To the right of the refrigerator, storage cabinets hold pots, pans, even a roaster. All cabinets by Riviera, paneled in Evans "Bright-Ons." 6 Side-by-side Philco-Ford refrigerator/freezer holds 20.7 cubic feet, more than 250 pounds of frozen food. Baskets on top from Stephen Barany. 7 Cabinets hold homey Stangl "Green Caughley," elegant Spode "Summer Palace." 8 Dishwasher is by KitchenAid, the front panel custom finished to match sinks, ... to drawers, doors, ...

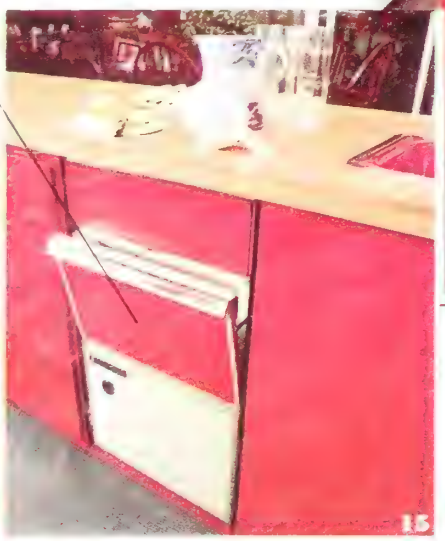
Children's sunny corner, **9**, *is strewn with toys that are stored in drawers underneath the daybed. "Tulip" quilt and patchwork pillows from Such Outlandish Stitches; needlepoint pillows from Woolworks; blue and white footbath on secretary from Garvin Mecking; poster, Poster Originals.*

See page 140 for laundry details. Shopping information, page 103.





10 *The whole house has a built-in vacuum system hidden behind flaps painted to disappear into the woodwork. Dust is exhausted outside, eliminating bags and filters. Motor is tucked away in the basement. VacuFlow system from H-P Products.* *11* *Another built-in, four-place toaster fits between standard studs, deals with rolls and muffins, too. By Edison.*



Dacor imitation bricks. **11** *Island has room underne goes with last-second food preparation. Hot-food server side bar sink, automatic ice-cube maker from Sub maker paneled to match cabinets.* **16** *Sixteen sta tional ones, plug into one fold-away power unit. Ronson Fo Food Prepa ration Center. Countertops, Panelyte "Natural Butch*

An exciting report on the future of planet-keeping, with some surprising answers to the energy dilemma

HOW SOON CAN *energy* FROM THE *sun*, THE *earth*, THE *oceans*, AND THE *air* BE PUT TO WORK FOR *you*?

by Sandra Oda

Energy crisis? What energy crisis? It's true that it's a little chilly around the house this January. And probably next January. And the January after that. It's true that our national need for energy is escalating 5 percent last year alone) a lot faster than available sources of energy are that our oil imports will be 50 percent of our consumption in less than ten years and that we can't control the production in countries it will have to come from. And it's true that the world is running out of gas, oil and coal forever. If we scrounge out every speck of coal dust, the most plentiful fuel, and strip-mine every possible U.S. acre to leave a barren wasteland the size of half the country, we still have perhaps 500 years' worth left, or 200 to 300 years if we convert coal to gas and oil. At our present pace there is less than thirty years' worth of gas and oil left, according to the National Science Foundation.

But energy crisis? Oh! You mean the energy problem? The dilemma. The challenge. The opportunity. "We have reached an exciting boundary watershed," says Dr. Peter E. Glaser, vice president of Arthur D. Little, Inc., headed a three-year investigation of solar energy that will be believed to create a whole new energy industry to serve a still-distant [illegible] from now. "If Leif was Biblical boundary in the Old Testament shortly after God created the world, it was because Moses knew it was a suitable natural [illegible] Moses did not [illegible] the [illegible]."

Until now, Western industrial civilization has [illegible] in process, using [illegible] terminal and fossil. We are just beginning to see the Earth whole. The first real [illegible] as the reality [illegible] from man's point. We took what he wanted or could catch, to man-the-farmer [illegible] resources and provided against the morrow.

Apollo [illegible]. Five years ago we saw our whole home for the first time as the astronauts looked back from the moon. That wondrous Christmas ball of a world with its swirling patterns of blue and white and ocher hung in the [illegible] space, so huge [illegible] so small and finite. What an admirable house it is, the décor grandly conceived and at the same time rich and complex in detail. As a mechanism for comfort control, it has features we are only beginning to appreciate. It is built to last. Powered by the sun which emits no heat but for the energy it supplies to heat the air, run the planet-wide garden, keep the winds blowing and the oceans churning with oxygen-producing plant life—its operation is basically self-contained, self-repairing. If we cooperate. If we can learn planet-keeping.

We are learning. And one of the most elementary, most essential lessons is that energy in life. Whether you measure it by calories of food consumed by plants, animals, or men, or by kilowatts of fuel consumed to run machines, energy is what makes everything work. The closer we come to enough energy, the better the quality of work, the quality of life can be. Seriously threatened as the fossil fuel stored in the basement of the world by millions of years of geological change runs out, as our free ride ends.

It's a problem, all right, but it does have solutions. "We have very many options," says Dr. Glaser, "and I believe we will need all of them. We will have to do an awful lot of work, and we are not certain which of the options we are pursuing, whether nuclear, geothermal, or solar, will have the best potential—but there are very exciting possibilities."

SOLAR ENERGY

So far, the best bet seems to be solar energy—a term that covers power sources as diverse as temperature differences in the ocean, green growing algae, and the wind. Solar energy has been there, literally, since the beginning of the world. It's free in daily amounts 400 percent greater than we are ever likely to need, it rarely goes on strike, it's inexhaustible—at least for the next couple of billion years—and, best of all, it's absolutely nonpolluting. Man has used the sun as a power source ever since the first Neanderthal figured out how to focus it through a hole to start a fire. Even industrial use of the sun is not outrageously brand new: there was a solar-powered steam engine at the Paris Exposition in 1878. But gas, oil, and coal were so plentiful, so easy, so cheap that—except for the invention of the electricity-generating solar cell more than twenty years ago—little was ever done to develop the sun's potential. Now we need it.

And it looks like we are going to have it. It will come in two forms: as electricity and as heat. Getting electricity from the sun is the more complicated process. We might build huge [illegible] reflectors to concentrate heat on boilers to generate electricity by steam—like the 1500-[illegible] Russian plant near Tashkent. Or we might [illegible] solar batteries, one form of which looks like [illegible] blue cellophane streaked with silver, spread [illegible] over our roofs, in walls or [illegible] possibly strung like tents over parking lots. [illegible] focusing mirrors may sprout on solar farms [illegible] the sunny Southwest. We may get electricity [illegible] to us from a butterfly-winged satellite [illegible] just out of the earth's shadow into [illegible] four-hour sunshine. Or we may get it [illegible] heat floating on the ocean, dangling [illegible] pump.

Every new house built might have its [illegible] solar collector, or we may buy electricity already produced as we do now—or we might [illegible] equipment the way we do telephones, [illegible] a company whose business it is to keep [illegible] energy coming in.

This isn't guesswork. Each of these is a distinct possibility fairly soon. In Newark, Del., [illegible] of the country's sunniest places—the Institute of Energy Conversion of the University of Delaware, headed by Dr. Karl Boer, has put [illegible] Solar One, a sun-powered house that [illegible] 80 percent of its own electrical needs.

The solar satellite is a project headed by Dr. Glaser. As soon as a working space shuttle is [illegible] designed to make regular trips between [illegible] and the earth—something NASA expects to accomplish in the next few years—it will be technologically and economically feasible.

Dr. and Mrs. Adam Mende[illegible] [illegible] from Tech have recently left the University of Arizona to form Helio, Inc., and begin the process of solar energy-farming. Honeywell and the University of Minnesota also have a solar [illegible] project. One square mile covered with solar [illegible] operating at only 10 percent efficiency (a standard coal-fired plant runs at 35-40 percent efficiency) could produce 180,000 kilowatts.

But solar electrical energy has a problem: money. Not technology—the technology is there, ready to go, but at the moment it costs about $20 to generate one watt of electricity. We're used to paying about $1. Costs for conventional electricity are headed skyward, fast, but solar electricity will not be competitive, therefore attractive both to consumers and manufacturers, until it edges under $5 or $

according to J. Thomas Ratchford, Science ultant to the Committee on Science and nautics of the U.S. House of Representa- –a roughly estimated $5,000 for a typical e, with no operating costs and that may be for 10 to 15 years. "Twenty to thirty , in any field, is just about the time of de- oment," says Dr. Glaser. "The jet airplane, in 1936, was not widely used until the 50s."

lar heating, on the other hand, is here to- It has been here, for anybody interested, uite a while. Japan, Australia, Israel—even da during a brief fling in the '40s when fuel scarce—use the sun regularly to heat water, ly in rooftop tanks. It is also possible to whole houses. Mr. Harry Thomason, who the first of his four solar-heated houses ashington, D.C., in 1959, says his system lies 90 percent of the necessary heat with a ge capacity that outlasts five cloudy days. George Löf, head of a National Science dation solar thermal power study at the ersity of Colorado, has lived in the solar- d house he built there for fifteen years. across the country about twenty-five others ding Mr. and Mrs. Stephen Baer, whose e appears on page 72) have constructed own free-heat systems.

he principle is simple: a sheet of black, heat-absorbent material backed heavily with insulation to keep heat from going on ugh is propped up—usually on the roof—to h the sun. Glass covers the collector to keep from reflecting back into space; air or r, pumped over the space between to warm flows back to a well-insulated holding tank storage. It is called upon as needed—and ld demand prove more than supply, there's uxiliary system that kicks in. The house can lmost any shape, even old Colonial or young h-style. All you need is a good, unshaded hern exposure.

he Massachusetts Audubon Society is build- a solar-heated addition to its Lincoln, Mass., es. The system is expected to supply 65 to ercent of the heat load—a reasonable esti- , says the Society, for any solar system, in one of the coldest states. An air-condi- ng system based on adsorption, like the old refrigerators, uses the sun in summer.

three to five years, however, you won't to be the Audubon Society or a do-it- selfer to have reliable solar heat. The gap veen technology and commercial availability have been closed. On October 30, 1973, gressman Mike McCormack of Washington duced HR 10952, a bill to establish a five- , $50 million program for research and com- ial development of residential solar heat- and cooling. By November 1, it had 140 co- sors. Hearings were held in November; it ld come before the House this month.

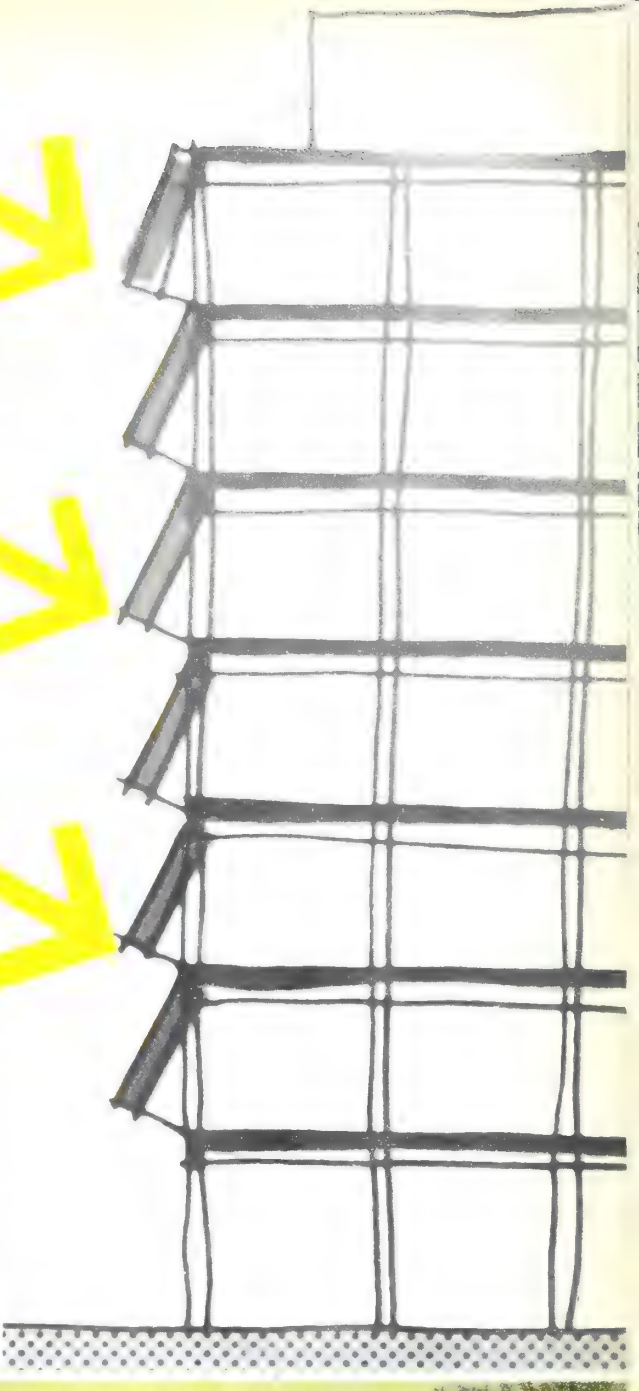
eantime, a lot of other people are working et solar heating and cooling to the public. TO will have a pilot study on heating and ing ready some time this year. The National nce Foundation has three studies of possible ems underway. The General Services Ad- stration, which has charge of all federal rnment building, is putting up a house in naw, Mich., and an office building in Man- ter, N.H., both to be partially solar heated cooled. "There are all sorts of possibilities," architect Alan Balfour at Arthur D. Little, where a cooperative effort involving more than forty major companies is underway. "We're looking at all building types. Residential housing may not be the most attractive first market. Very large-scale arrays of collectors may make more sense to new developments, to hospitals, to universities."

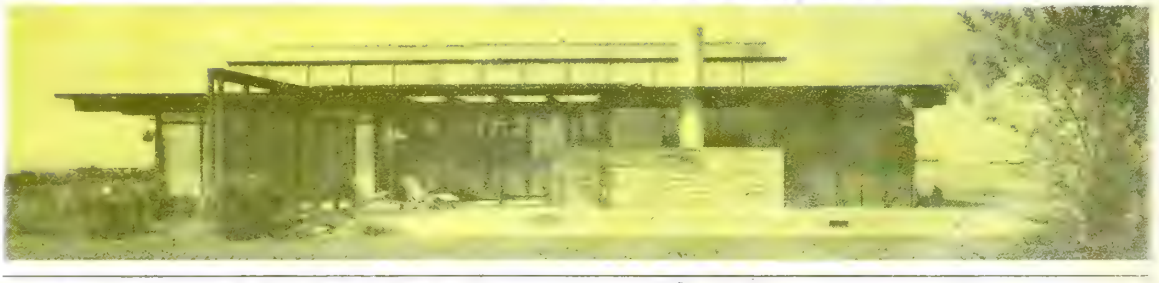
"It's an organizational and attitude problem more than a technical one," says Elliott Wilbur, head of ADL's building and materials program. Residential and commercial use accounts for 20 percent of U.S. energy consumption. "If every new building built three years from now were solar heated," says Charles Hauer of the National Science Foundation's Advanced Energy Research Division, "that would still be only a 2 percent reduction in use. But that 2 percent is equivalent to 200 million barrels of oil a year. "If you go up to 7 percent—something we could hope to achieve over the next fifteen years," says Dr. Glaser, "that is equivalent to the total oil that will ever flow through the Alaska pipeline."

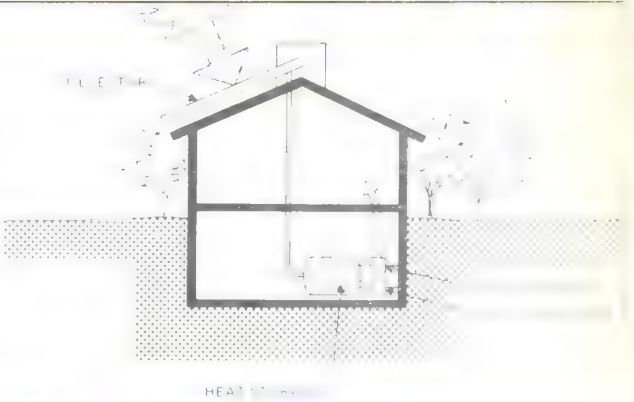
Solar energy takes many other forms. Here are some ticklers—many of them theoretically possible right now, or actually in limited use.

Biological methods. Bacteria are being put to work to produce gas, oil, and charcoal from organic materials that run the gamut from algae—encouraged to run wild over ponds by careful additions of things like old phosphate-filled dishwater, then harvested—to the by-products of pig farms, to city sewage. On a do-it-yourself level, methane production from farm manure is probably the furthest along. Richard Shuttleworth and the Mother Earth News have a demonstration plant going in Redkey, Ind. L. John Fry, a South African pig farmer now in Santa Barbara, built a plant that ran a 13-horsepower engine day and night for six years. Only trouble was that it needed about 2 tons of manure a day to run—possible for a pig farmer or a city, but rather impractical for a private individual. Thirty gallons a day, the amount a typical household might produce, will light one lightbulb and boil one pot of water.

Continued on page 142







A house powered by the sun will be as ordinary or as extraordinary as your taste may dictate. Collectors will shape themselves to fit most houses that turn a face to the sun. TOP: *An artist's conception of an apartment house with a façade of solar cells.* CENTER: *The solar-powered house in which Dr. George Löf has lived fifteen years without having to service the collectors ranked across his flat roof.* BOTTOM: *Solar One, the University of Delaware's new experimental house. Sunlight, striking its rooftop cadmium sulfide cells, generates electricity which is stored in 12 volt car batteries, the excess sent to the Delmarva Power & Light Co., which returns the favor when the sun does not shine. Excess heat is stored in eutectic salts, which melt to hold heat, recrystallize to release it. The sketch,* RIGHT, *shows a system which stores heat as hot water in an insulated tank. Auxiliary heaters kick in when necessary.*

a breakaway house that's heated by the sun

a young couple design a solar-heated house

If you're young, adventurous and imaginative, like the Steve Baers, you put a solar heating system in your house today, and stay warm in winter without ever paying a fuel bill. The Baers' innovative house, a few miles outside of Albuquerque, New Mexico, is a breakaway from architectural tradition, born of their natural enthusiasm for living differently and trying new ideas. Steve Baer, a talented mathematician, inventor, and designer, experimented with many structural designs until he found the zome—a geometric shape with a parallel zone in it—worked better for housing than the dome. "It's a more flexible shape, a zome can be stretched out, joined together with other zomes and makes very satisfying free-form building," he says, "unlike the dome, which is always circular." Steve Baer's first experimental zomes were built from old automobile tops, bought for 25 cents each. After he worked out the shape and chopped up a thousand cars in the process, he went on to build unconventional houses like the one he and his wife, Holly, *left,* and their two young children live in now. It's a cluster of eleven zomes, clinging together like a series of different sized bubbles. Despite its space —2,000 square feet—the house derives 85 percent of its heating from the sun. When necessary two fires are lighted in the children's rooms, which face north.

ow does the solar heating system work? "Nothing be simpler. It's low-technology hat almost anyan understand use, and it ," says Steve He took ninety, llon metal drums, filled them with water and stacked them up to form drum walls on four facing sides of the house, top right. The drums are painted black on the sunward side laced behind glass to increase heat absorption. Great insulated doors are lifted up and on winches, right center and above, to expose the drums to sun in winter and heat the wa hen the doors are closed at night, the heat radiates from the water in the drum and warms ooms. In summer, the doors are closed throughout the day and may be opened at night the temperature drops. This action keeps the water cool, so during the day when the e gets warm inside, the cool water soaks up this heat and acts as a natural form of air itioning. To stop rusting inside, a corrosion preventing mixture is added to the water before rums are filled. "A drum wall is useful in almost any climate of the United States," Steve Baer s out. "Even as far north as Canada, south walls are good receptors of solar energy."

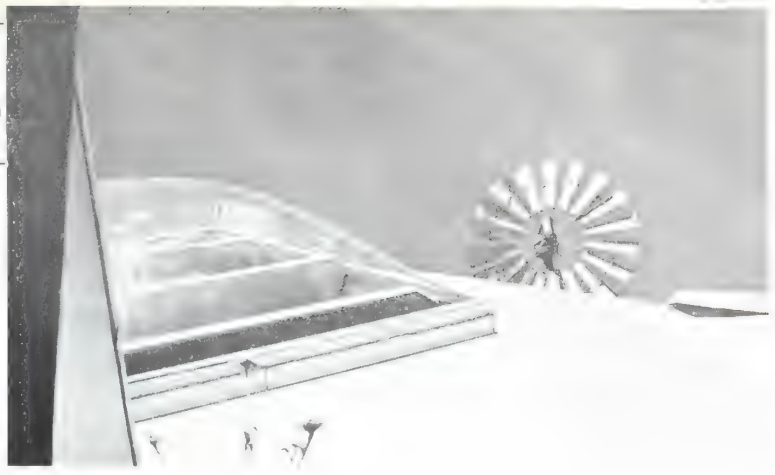
wind and light harnessed for independent living

Like many young couples of their generation, the Baers are shaping their whole way of life to live as independently as possible. They work with nature where they can. Eventually they want to generate their own electricity, meanwhile, they are hooked up to the local supply, although they use it only for lighting and operating the refrigerator and laundry machine. Cooking is done by propane gas. All their water comes from a well, pumped out of the ground by a windmill, *left*. It runs into the house by gravity and is heated by solar collectors—also designed by Steve. Out in the garden, fruit and vegetables provide them with home grown food, which might have been difficult to cultivate in a windy, desert country without the care that they took with siting and landscaping the 4-acre property. "I believe the microclimate of the house and its site are very important when building," Steve Baer goes on. "A protected southern slope can be as warm as a north slope 500 miles farther south. A good building starts with the arrangement of trees and fences. They have as much to do with the thermal function of the place as the fireplace or the weather stripping of doors." Living in a windy spot, he took advantage of this natural element. Each zome has a ventilator, *above*, with a fan to conduct the breeze inside

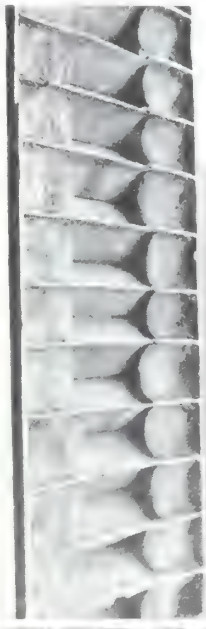
Steve Baer, above, has a special attitude toward innovation. "I just want to build buildings and design systems that are beautiful and simple and really work. There's nothing earth-shattering about any of my ideas, but they keep people happy. There's so much energy all around us that we overlook. It isn't apparent, but we can gather it so easily. I'm not suggesting that everyone copy our way of life here in New Mexico, but I'm ready to help anyone who wants to know more about zomes or solar collectors." Write to him at Zomeworks Corp., P.O. Box 712, Albuquerque, N. Mex. 87103.

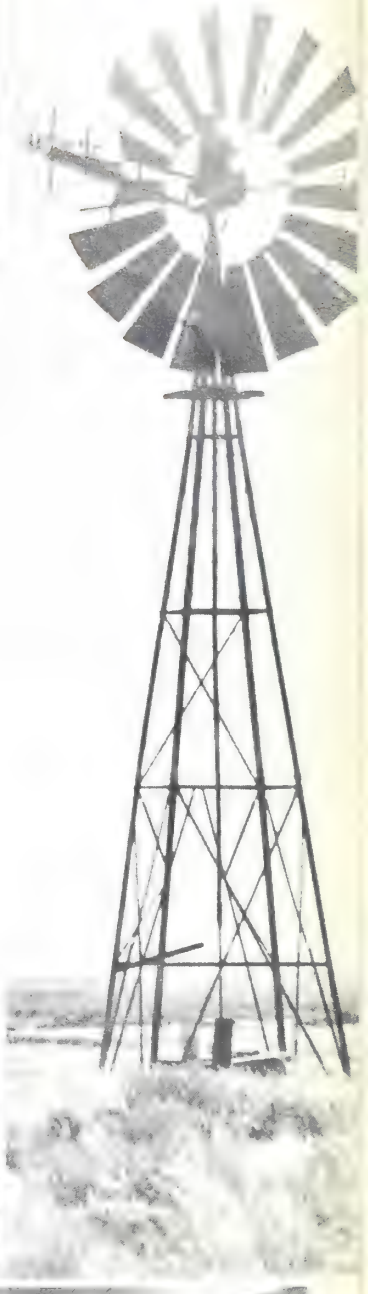
in a solar-heated house

skylids



n addition to the heating derived through the drum walls, the house has an-
r source of solar energy, coming from
head Skylids, *right.* These roof devices,
ther invention by Steve Baer, are placed
oms not directly influenced by the drums
the kitchen, the entrance foyer, and one
e children's rooms. They are bubble sky-
s with three aluminum louvers beneath. "Again a perfectly simple idea," Steve Baer remarks. "The Skylid
no switches or wires or motors to go haywire." Two canisters filled with Freon gas on each side of one
el respond to shifting climatic temperature and cause the louvers to move. When the sun pours through
rooms it hits heat-retaining surfaces—the floor, a concrete slab painted with red driveway paint—and
walls, which are faced with adobe. Warmth is slowly released in the cooler part of the day and night. Zome
ses developed by the Baers' construction firm, Zomeworks, are strong and durable and quick to construct.
y have a cement foundation with a wooden "sill." The walls are aluminum panels with a sandwich filling be-
en of honeycomb cardboard filled with urethane foam, *right center.* "It's the
e type of material used in trailers and airplanes. This is our adaptation of the
, which we thought could be improved. Our version gives better insulation
in most trailers." The panels were laminated locally and the entire building
up without any professional help, just a team of friends and unskilled workers.
ook a year altogether because we were working on several projects at the
, but we know now that eleven zomes could be put together in two weeks,"
y Baer continues. The silvery satin-panels are pop riveted together with
ninum strips at the joints and the seams protected with a silicone sealant.
construction allows for expansion and contraction of the metal outer "skin"
ording to changes in temperature, so the building is always making a pop-
g sound. As for family living, Mrs. Baer adds, "I think our zome is good for
children and they for it. They participate in making it work, rolling out the
doors in winter when it's sunny—they know we can't turn up the thermostat."

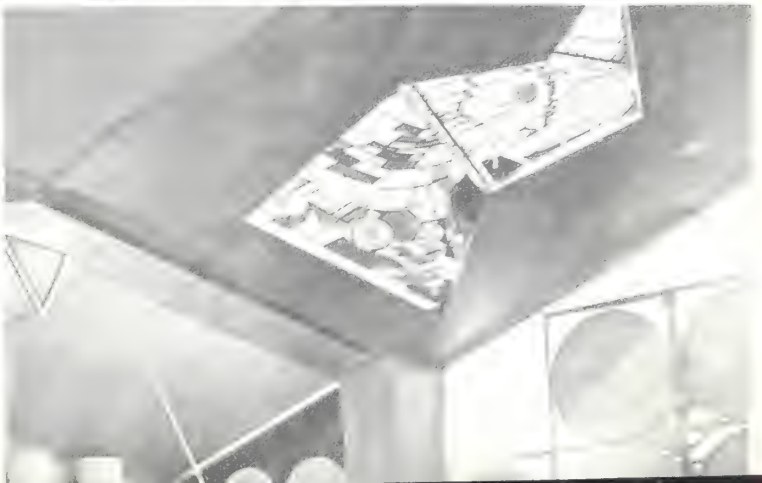




solar collectors

ide the Baers' bedroom is the solar collector, *right,* which
s water for their bathroom. This rectangular wooden box is
ed to catch the sun's rays and can be adjusted from time to
during the year. Copper tubing filled with a mixture of wa-
nd antifreeze is fixed behind the glass top. Then there are
necting pipes into a 55-gallon storage tank in the bathroom.
fluid heats up and circulates into the bathroom tank, which
another smaller 40 gallon tank inside it, filled with cool,
ped water from the well. "The hot fluid heats the cold water
gives us more than enough constant hot water. We have a
lar larger collector near the kitchen and this gives us plenty
ot water for the children's bathroom, kitchen, and laundry
n." Light and air flow onto the zomes in many ways. *Far*
t: The Skylid with its aluminum louvers is seen from the inside. A stained glass
dow, *bottom right,* designed by Carol Caroling, makes unusual patterns over the liv-
room floor, as do the drums, which are painted white on the inside. The zome clus-
s arranged in a V-form, *see plan opposite page,* with living room and kitchen in the
er, master bedroom and bathroom at one end, children's rooms off in the opposite
ction beyond the kitchen and laundry. An experiment in living certainly. Yet all the
rs confirm: "It's a wonderful place to live, and we hope it will inspire others."

drum walls



PORTABLE GARDENS THAT GROW IN NEW SUPER-SIZED PLANTERS

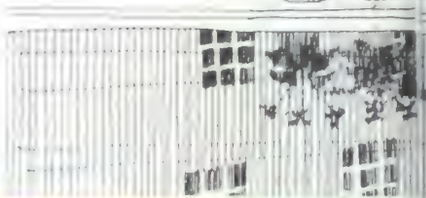
Good news: big pots for plants. All here are especially good looking. Some have casters so you can them about to catch the sun. Others swing in the breeze. *Top, left to right:* Ceramic planter, 2 feet in diameter, fil with artemisia 'Silver King,' at Country Floors. Basket of foxgloves is pottery resembling wicker, by Terrafirma for Ronal Luce. For a spathiphyllum, black plastic with an outer cage of steel rods, Luten, Clarey Stern. On patio, *above,* pas ceramic pot by Norman Bacon, 14 inches across, bedded with begonias. He also designed cloud-like containers, *opposite page,* floating from a hardy orange tree, poncirus trifoliata. Pots hold African violets, gloxinia, ivy geraniums abo bed of browallia. *Opposite page, left to right:* Yellow yarrow in a triangular planter designed for a corner; black plast with casters, from Beylerian. Astilbe and pink dianthus, armeria maritima, and ajuga grow in an 18-inch wooden cub Terrace [illegible] garden plants [illegible] with 'Sea Foam' white roses. Beylerian. Shopping information, page 10

Wide-open to nature

The new super garden bath

Unless you believe in nothing but cold showers, one of the most voluptuous things in the world is bathing in the open air. Not swimming, which, however pleasant, boils down to exercise, but soaking in a deep tub set in a garden. If it sounds incredible, it is not. House & Garden's new super bath was designed by William Machado and associate Norman Diekman to be a bath-*refuge*—a pavilion quite apart from its parent house, with only a covered passageway as a connecting arm. In this modern annex, which you can add to an old house or plan for in a new one, you can relax in the sunlight, or, if you want to, in the rain. This pleasure is made possible by a huge glass wall that, sliding at a 45-degree angle, disappears into the ground with the push of a button. And there you are outdoors in your tub, with a little water garden at arm's length and, crossing it, a bridge to the swimming pool only a few feet away.

Although it is a romantic supplement to the bathrooms in the main house, the garde
a plaything: It holds all the conventional necessities—a shower, washbasins, toil
These familiars are housed in a little less than half the 20-by-26 feet of s
pavilion. To bring overhead light to the dressing-counter, *above*, a fixed
at ceiling height runs wall-to-wall and is screened with a bamboo roller bl nd. Th
room stops at the edge of the garden, *left*, where one steps down from the bare
the velvet of greensward—real grass, no fakery—cut with a half-size
the soaking tub (by Kohler, as are all the fixtures). Beautifully blue and 20 in
mits the bather a luxurious degree of immersion. Beyond the lawn is th
by a gently bowed bridge, more graceful than a flat platform, that leads to the swimming pool.



left, shallow steps climb to a platform that, in a sense,

is for

The super bath's garden stays green summer or winter

W

worth the inv

agreeable to most growing things, and certainly not *dis*agreeable to a bather soaking in hot water. A

with a little work, the grass. The water garden, consisting entirely of aquatic plants, fends for itself. And on a winter's day, it should be doubly pleasant to lie in a hot tub and peer out at drifting snow.

One wood, red oak, is used in the super bath for the flooring, the washbasin-dress ing counter, and water garden bridge, *left*. The oak planking, by Bruce, is ver pale because it is completely unfinished—no filler, no stain, no varnish. It wear only the soft sheen that nature gave it. A *scrubbed* look. The ceiling and all bu one wall are paneled in "Sanspray," a product of U. S. Plywood created by bond ing finely crushed stone to plywood. The effect is of a crystalline surface, shimmer ing, faintly opalescent. The entire wall behind the dressing counter, *above*, i covered in a mirroring Plexiglas with all the reflecting power of a perfect lookin glass that extends right to the floor to give the tub-bather an indoor view of th outdoors. Nature on the right, its image on the left. Tubular lighting fixtures ar hung over each washbasin, and during the day, the desired amount of sunligh —a lot of it or a little—is determined by adjusting the bamboo roller blind over head. Hung on guy wires paralleling the skylight, it works just like an awning

hitecturally, the super
n, *above*, is simple enough
e attached to a house
lmost any style, and
uld the plot be too small to
w space for the gallery
sageway, the pavilion
ld be built right up against
house itself. In this
mple, the gallery forms a
l for a little sunning
ace for swimmers. Its roof,
ch is pierced with sky-
ts, can also hold planters
ivy or flowers, which
ld extend very effectively
oss the pavilion.

In the floor plan, *right*, the garden bath is divided into three sections: The first, with its wood floor, holds the dressing counter, toilet, and bidet; the second, the "lawn," surrounds the shower; and the third is the water garden. Steps in upper lefthand corner lead from the gallery to the bath's entrance hall.

ough few shower stalls are approached by a
sy path, this one *is*—nature's treat for bare
. The shower enclosure is moss green fiber-
s, 75 inches high, with triangular shelf for
and a corner bench. The door, of clear

Tucked away in a semicompartmented corner of the bath, the bidet and toilet, *below, right and left,* are both of vitreous china in the same moss green as that of the shower stall, and both, like the yellow washbasins, have fittings of brushed chrome. Glass shelves over the bidet hold towels, and the toilet compartment is lighted by the skylight-window that stretches across this end of the room. Around the corner from the bidet is another shelved recess with towels and sponges for the soaking-tub bather. Although the garden bath is primarily a daytime room, it is beautifully lighted at night by a series of wall fixtures inspired by rice-paper lanterns. Fragile looking, they are *not*. For shopping information, turn to page 103.

the new naturals for building materials

There's new pride and refinement in building materials—in the shine of ceramic glaze or hardwood veneer, the roughness of "barnboard." Wall-coverings and fabrics have a new architectural vigor. Panelings are light and easy to install. And more than ever colors are natural and down to earth. **1** Vinyl wallcovering joins the all stars with "Holmes." 28 inches wide. 2⅛-inch repeat. $9.45 a roll. By Richard E. Thibaut. **2** Woodgrain patterned vinyl floor tiles come in colors nature never dreamed of—fifty in all. 12 inches square. $3.60 each. From Herbert Bright.* **3** The look of weathered barnboard at a fraction of the cost: new wood distressed and stained to look like the authentic antique. Silver Gray or Mountain Brown. Also in Weathered Red. In random widths from 3 to 14 inches, or 12- and 2-inch widths, board and batten style. 8-foot lengths. Beams and posts—seen in our Super Kitchen, page 64—and wrought-head nails come in several sizes. For price and distributor information write Vermont Barnboard

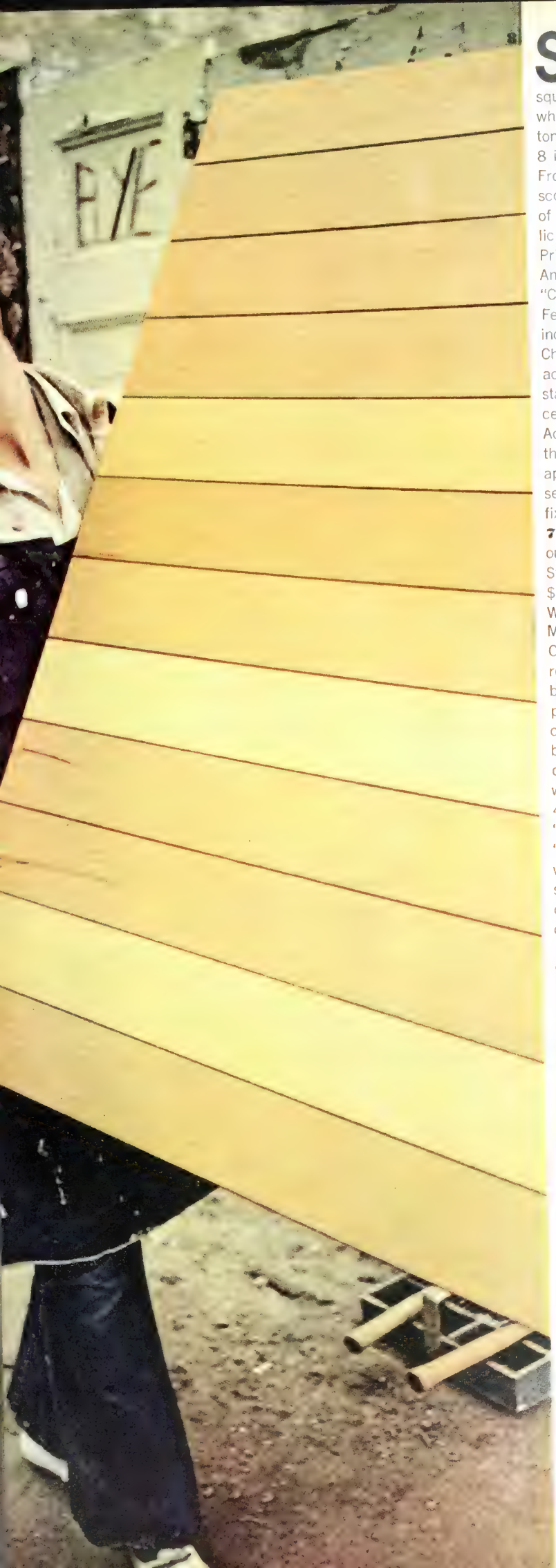
Pattern a wall, **4**, with cork—1 inch squares or thick and thin stripes that go up in big 2-foot widths. Here from a collection of seven cork wallcoverings, *left to right*, patterns 6, 1, and 7, all fabric-backed. $1.75 a square foot. By Expanko Cork. **5** "Mexicotta" hardboard paneling looks just like handlaid terra-cotta tile, down to the glowing "glaze" that gets darker toward the edges, a stippled color and texture that looks straight from the kiln. Panels 4 by 8 feet, about $14 each. By Masonite. **6** Handpainted "Marittimo" ceramic tile with strata of yellow, black, and oranges makes a bold—almost volcanic—statement on walls or floors. Eight inches square. At Country Floors. **7** Murray quarry wall tile in pale earth colors: *from the top*, Sahara, Sand Flash, Fawn Gray, and Golden Glow. Three darker colors as well. 6 inches square. Priced according to installation. By American Olean. **8** "Ecol-O-Vane" sound-control system for ceilings, walls. Mount the support runners—each light-weight aluminum vane snaps in—or out—of place with finger pressure. Over fifty solid colors, plus woodgrains, linens, and others. $1.05 a square foot. By Levelor. Even more effective with an acoustical blanket beneath—price depending on type and installation.

[illegible]

SUSAN WOOD

naturals and shine for building materials

Oiant pavement of color, **1.** for floors—and walls. Coin-shaped The color's saturated through and through—it's the glass itself, not just a glaze. *Left to right:* Rouge, a reddish-brown, Orange, chocolate-colored Brun, and Blanc. And they give you the charm of small, 1⅝-inch tiles without the labor cost of tiling one-by-one: they come in 1 foot squares, mounted on nylon net that keeps them in place during the grouting. Eight colors in all. From France. $3.15 a square foot. By Briare, at Creative Surfaces. **2** Take two near-neutrals and charge them with color—a shocking white, a blue with a steely edge to it—and you have "Love Wins" striped cotton fabric. 48 inches wide. $12 a yard. By & Vice Versa.* **3** Handmade wall tiles with raised squares within them give the effect of tile on tile. They're bold abstracts that let the earthen texture and rich shine of ceramic tile stand out on their own. In nine background colors and twenty raised colors or textures. Each of these six tiles is 6 inches square. About $12 a square foot. At Hastings Gallery of Tile.



Shapes take a new shine to walls and floors, **4**, with handmade glass tiles from Mexico. In a hexagon, square, or "San Felipe" shape. Black, white, and also in tortoise, with a subtle tonal variation and wavy surface. Up to 8 inches long. About $4 a square foot. From House of Floors.* **5** "Kaleidoscope" vinyl floor tiles come in a rainbow of thirty-seven colors including the delicious pales here. 12 inches square. Priced according to installation. By Amtico. **6** Ceilings are looking up with "Constitution" ceiling tile—revival of a Federal pressed-tin ceiling pattern. 12 inches square. From the Decorator Chandelier Ceiling collection. Priced according to installation. Can be installed either flush with your present ceiling or with the Integrid Suspended Acoustical Ceiling System that lines up the seams so neatly they seem to disappear, so simple you can install it yourself. And it comes with its own lighting fixtures, if you wish. All by Armstrong. **7** "Graphics by the yard"—three knockout wallcoverings. *Left to right:* "Paul's Stripe Three" in vinyl. 27 inches wide. $15 a 9-foot panel. From First Edition Wallcoverings.* "Monopoly" on silver Mylar. 1½ inch repeat. 27 inches wide. Can be custom colored. About $27.75 a roll. From Judscott.* "LaCasa," on brushed foil. 27 inches wide. 25 inch repeat. $27 a roll. From Perceptive Concepts.* **8** Hardwood veneer that goes up by the panel. Here in satiny "Light Hickory 4." Uniform width "planks" 4 inches wide. 4-by-8-foot panels about $44 each. 4-by-10-foot panels about $46 each. Also "Light Hickory 2," with uniform width "planks" 2 inches wide. Other finishes: walnut, teak, cherry, oak, and pecan—some in uniform widths, some in random, some in both. From the Weldwood collection of ten different panels. By U.S. Plywood. **9** Italian ceramic tile for walls and floors is inspired by Greek designs and named "Ellade." Link the I-shapes end to end—suddenly there's a network of terra-cotta-colored squares. Or build a pattern including two related available patterns. 8 inches square. $5 a square foot. Special order. At Country Floors. **10** Tile a wall in the rugged texture of pumice with "Volcanic Lava Stone." Primeval, in an assortment of browns and grays. Four sizes: 4-, 6-, and 8-inch squares or 4-by-8 inches. To order. From Elon. **11** "Toro" green and white ceramic tile has an almost mother-of-pearl luster. 8 inches square. $2.79 a square foot. At Agency Tile. **12** Architectural drama for indoors: Lightweight "Para-plastic Mirror" comes in almost any color, in variegated patterns, even varying thicknesses. For ceilings and walls, a light and easy way to make ceilings seem higher, rooms larger. Virtually unbreakable. You can have it cut in any size and shape you want. Shown in clear—the blue is the reflected sky. $3 a square foot. By Parallel Manufacturing.

*AVAILABLE THROUGH INTERIOR DESIGNERS.

SUSAN WOOD

11

12

DECORATING THAT COMES NATURALLY and keeps the best of old and new

Ahead of the crowd, George and Judy Edgecomb left the city fifteen years ago, moved to a tiny farmhouse in a wooded area of Long Island, and started an antique shop, Balasses House in Amagansett. Deciding that they "had to breathe a little more," the recently added a big comfortable living-dining-cooking wing, *above and right*, and spaced it back to house's simplicity with pieces they have collected steadily. To preserve the farmhouse feeling, they used barn timbers as structural girders and beams. Sun pours through big bay windows facing south and the bubble-like light in the high-ceilinged step-down kitchen adds natural light and warmth the adjoining old house lacked. Radiant heat also underlies the used-brick flooring. Cane, metal, glass, wicker, handloomed fabrics and wood that shows its natural grain lend contemporary airiness. Inside walls of roughsawn, wide pine planks have a thin wash of Cuprinol sealer to preserve the texture. The roof is red cedar; the siding, white cedar shingles weathered to a natural silver in the sun. Their architect was Alfred A. Scheffler.

Balasses is famous among his friends for his homemade bread. Mrs. Balasses gardens, and together they rate, entertain, and travel to Europe and Latin America to scout for their antiques shop. Opposite page: *heir 27-foot living room,* bottom left, *the Welsh dresser, chairs, and steel table are from England; the is a kilim from Turkey. The dining chairs,* above right, *are Viennese bentwood, designed for the South rican trade and found in Yucatán. Faience plates above the steps to the kitchen,* bottom right, *are ican. For their kitchen, the Balasses found handpainted tiles, blue and white, plus a delectable array of sages," at a factory in Lisbon and installed them themselves. They sheathed the undercounter dish- her,* above, *with a plywood panel that a friend painted to match the countertop tiles and their black cat.*

The best of old and new

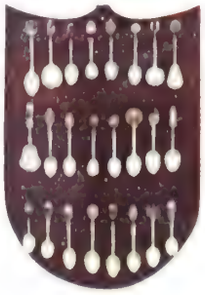
COUNTRY HOUSE WITH COUNTRY CHARM

Getting back to nature — windows wide-eyed to sunlight, unvarnished woodgrain, homegrown and homemade food, the spell and texture of simple things—prompted the George Balasses' move from the city. Naturalness gives their country house its charm. The door to the old part of their house, left, opens to the original parlor, below, with an iron stove that still works, bare floors with a Moroccan rug, a metal bed cozy with pillows.

pstairs bedroom, top, *in the new wing opens to a windowed stairwell,*
ght, and both are filled with light and curios. The bedroom's 19th-
ntury ivory pieces were collected mostly in England. Polychrome an-
ls above the beds are from Mexico; curtains are old lace. Stairwell
che next to an antler-framed mirror holds art-nouveau glass, gleaming
se nozzles, other finds. 1840 wire chairs, above, *from an English gar-*
n make a nook for dining under a plum tree, near tomatoes and fennel.

New! Unique collector's club!

Spoons of the World Club



Join now and receive a magnificent wooden spoon display shield* crafted in Finland FREE when you order your first "Spoon of the World".

Fascinating new concept in collecting! Artistic expressions of romantic legends from the most exotic cities of the world . . . dramatically represented in your home. Each spoon, crowned with an authentic description of design origin so you almost feel as though you visited these exotic cities and found these objects of art yourself! Each spoon a gratifying experience for members of "Spoons of The World Club". Beautifully wrought in various metals indigenous of the country of origin, every spoon will become a treasured heirloom. Use as demitasse, salt, sugar and condiment servers! Dessert spoons! You may order more than one . . . and what prestigious gifts! **Send No Money!** Simply mail coupon to receive Spoon pictured PLUS free Spoon Shield! You will be billed only $4.95! Your Club charge account will be opened . . . each month's selection, from a different historic city, will be mailed automatically and billed at Club price of $4.95 each, including mailing and handling. If not delighted, return Spoon and Shield *within 10 days* and membership will be cancelled. You need buy only 12 spoons during coming year to fulfill membership requirements. You may cancel membership after purchasing 12 spoons. If you do not care for the selection of the month, choose an alternate spoon! Orders for additional spoons will be mailed promptly. Just write. You will be billed $4.95 for each additional spoon.

First Selection: unique spoon from Rhenen, Holland with porcelain Dutch Shoes at tip of handle, intricately depicted scene in bowl.

*Spoon shown in Shield but not included unless you receive your FREE Shield, of course. Members accepted in U.S.A. and Canada only.

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THOUGHTS FOR *the* Hostess

BY MARY MOON HEMINGWAY

The new year is here and with it that sense of a clean slate, which stimulates me to reconsider old habits. This year I seem to be particularly struck with a renewed need for good, old-fashioned, intelligent frugality. It should be a year of saving—I don't mean the ball-of-string syndrome, but good husbandry of time and methods.

Save on cooking fuel. No need for a pot on every burner with, perhaps, the oven turned on as well. Try quick stir-fry cooking or cook whole meals in the oven. Consider the hot one-dish meal with uncooked side dishes. Saves on clean-up time, too, as you can cook and serve in the same dish. Even when not cooking Chinese, I stir-fry many vegetables in a wok.

Cooking in the oven is great for easy entertaining as the food keeps moist. There are many foreign dishes as well as American to prepare without wasting heat. Here, for example, is an international menu. As a first course, Australian green pepper cocktail for six: 3 green peppers, seeded and halved, stuffed with a mixture of 6 tablespoons each cold flaked seafood, diced celery, diced cucumber, lemon juice, mayonnaise; salt to taste plus a pinch of cayenne and a dash of paprika. Serve with lemon wedges.

For the main course try Jordanian Tajen: 1½ pounds ground beef mixed with 2 small, finely chopped onions; 2 teaspoons minced parsley; 1 teaspoon salt; pepper to taste. Shape into 1-inch balls. Peel and cut into 1-inch cubes, 3 medium potatoes; 3 medium tomatoes; 2 small eggplants; 2 small zucchini. Add 1 pound string beans cut 1-inch lengths. Salt and pepper vegetables to taste. Put in shallow baking dish. Place meatballs on top. Add 2 cups water, 2 tablespoons butter or oil. Bake at 400° for 45-60 minutes. Serves 6.

With this have Sudanese Robe (yoghurt and cucumber salad): a mixture of 2 chopped cucumbers; a pint of yoghurt; salt to taste; a dash black pepper and garlic powder. Serve on lettuce.

Finish with American hot baked fruits: drained Elberta peach halves; apricot halves; 3 cored, peeled apples sliced ½-inch thick; 2 cups frozen or fresh strawberries; 2 firm bananas sliced lengthwise; ½ cup Triple Sec; ½ cup honey; ½ cup brown sugar; 2 teaspoons ground cinnamon; 1 teaspoon nutmeg; 1 cup unsalted walnut halves. Put all the fruit in a 2-quart casserole except the bananas. Cover with liqueur and honey. Sprinkle with sugar and spices. Bake uncovered at 400° for 20 minutes. Remove. Cover with banana slices and nuts. Bake for 10 minutes and serve hot. Serves 8.

Vegetables, particularly frozen green ones, do admirably in the oven and cook along with the meat at the same temperature. Add almost no water. Just plop vegetables into a buttered casserole, dollop with more butter, cover, and let them cook away. Experiment for time. Frozen peas, for example, take about 30 minutes.

Fireplaces should be used. In small fireplaces, patented pressed sawdust logs are excellent; in big ones, the sizzle of apple wood, the smell of pine add cheer. Cooking in a fireplace is fun. Hibachi-type grills work well on any low heavy rack model. Cook directly on the coals too, wrapping meats in foil unless you want them really charred. Foil-bake potatoes, frozen corn, buttered squares of squash in the embers. Shish kebabs are easy if you have a good bank of coals. Just develop a solid base of glowing embers. While so doing, you will heat up the room nicely. ■

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20 Sensational hamburgers
Tricks and recipes from great cooks

by Jane Ellis

amburgers, the classic American way with chopped meat, can be as simple or as elegant as you wish. Here's ow some great cooks who respect s simplicity, love its variations, nd are not above serving them for urties like to prepare their own.

Chips of ice added to the hamburger patties before broiling eep them moist says **James eard,** who sometimes varies this y adding a little cream or onion ice to the ground meat. For a ally whopping juicy hamburger suggests searing it quickly in a illet and finishing off for half a inute in a microwave oven.

"The best hamburgers in all the orld are made in an iron skillet ith no fat just salt," insists **Craig laiborne,** who heats a heavy on skillet with coarse salt until he salt begins to brown. He apes patties out of ground sirin. "Handle meat lightly, so it st holds together." (This tip om several good cooks! It keeps ie meat tender, too much hanling makes it tougher.) Sear pates well on one side, flip over uickly with a pancake turner, reuce heat and cook until they're one, about three minutes. When atties are done, season with salt nd pepper, top with a pat of butr. Remove to hot serving plate nd sprinkle with Worcestershire uce, parsley, lemon juice, Tabasco. Serve on buttered toast.

Mr. Claiborne also makes Parmesan hamburgers, which he rves with *al dente* spaghetti and simple tomato sauce. Mix 1 ound of chopped sirloin with 4 ablespoons butter, salt, pepper, nd ½ cup grated Parmesan. Mix ith fingers into egg-shaped pates and broil until done.

Mimi Sheraton likes her hamburgers *au poivre;* pounds black eppercorns in a mortar and pestle nd presses them into the hamburger patties. She sautés them in utter and deglazes with water.

A brushing of soy or teriyaki auce on the outside and green epper butter on the inside is the way **José Wilson** prepares her hamburger. Sauté quickly.

Julia Child prefers hamburgers the French way with herbs and flavorings and sometimes a deglazing sauce with mustard and cream. She makes her hamburgers from finely minced tender cooked yellow onions, lean beef, a little beef suet or marrow, seasonings, thyme, and an egg to bind. Flour and saute in butter for 2 or 3 minutes. "They puff up so nicely in the skillet." Remove hamburgers and add a little beef stock, dry white wine or vermouth and reduce liquid, scraping coagulated pan juices. Swirl in a little butter. Mrs. Child might vary this by swirling into the skillet parsley, herb, mustard, shallot, garlic, or snail butter after it has been deglazed with stock.

Edna Lewis *Edna Lewis Cookbook* (Bobbs-Merrill), now writing a book on her Virginia childhood, mixes her ground meat with a little cold water; likes to spread the patties with a thin layer of bacon grease before frying in a very hot skillet.

"Capers give a good flavor to hamburgers," says **Maurice Moore-Betty,** who mixes 4 tablespoons of butter with 1 heaping tablespoon capers. Shape into 4 or 5 balls. Freeze. Form chopped meat around caper butter ball and broil as usual.

"Balls of fontina, Bel Paese, Port Salut or any other quick melting cheese popped inside a hamburger give it a delicious flavor too," says Mr. Moore-Betty.

Vegetable protein (processed soybean) added to ground meat half and half makes an even more economical dish; it's rich in protein and has an undetectable taste.

Lime juice, just a dash, salt and pepper flavor **Diana Kennedy's** hamburgers, author of *The Cuisines of Mexico* (Harper and Row). She likes to cook them over charcoal or on a lightly greased iron skillet just to sear on each side. Serves them with green chili peppers. Thickly slice 1 onion, wilt in a little hot cooking oil, add peeled seeded strips of chili peppers, cook about 5 minutes longer.

Press dried rosemary into thick hamburgers suggests **Emerick Bronson,** who grills them over charcoal, and does the same with sweet paprika.

Perla Meyers *The Seasonal Kitchen A Return to Fresh Foods* (Holt, Rinehart & Winston) likes to mix her hamburgers with sage.

Longchamps at Sixty-fifth Street and Third Avenue make its Bleu Jacques hamburgers with 8 ounces of freshly ground sirloin grilled over very hot coals; at the last minute top with a mixture of blue cheese and sour cream and a slice of Monterey Jack cheese. Melt slightly under broiler.

A great improviser with ground meat is **Janet Wurtzberger.** She makes "Edible Hamburger" from *Private Collections* (Walters Art Gallery). Lightly mix 1 pound lean beef, 1 teaspoon chili powder, ¼ cup buttermilk, salt to taste, and form into four patties about an inch thick. Heat 2 tablespoons of butter with 1 tablespoon olive oil in a skillet and cook patties quickly for about 2 minutes with aid of screen spatter guard. Turn and cook 2 minutes. Turn again and cook 2 minutes; turn yet again for another 2 minutes. Remove and serve on dry toast.

Malvina Kinard, from Cooks Corner in Westport, Conn., adds Gruyère and prosciutto to her hamburgers for special occasions. Combine 1 pound lean hamburger with 1 egg, ½ cup fresh bread crumbs, 1 tablespoon cream, 1 teaspoon salt, few grinds pepper and mix lightly. Form into 6 3-inch-wide patties and place in shallow baking dish. Cover each with a slice of prosciutto and top each with a final slice of cheese. Bake at 450° for 10 minutes. Serve with a mushroom sauce.

Carl Sontheimer from Cuisinarts makes hamburgers in his Cuisinarts food processor. Add to the machine ½ pound stewing beef or chuck cut into 1-inch cubes (1 cup tightly packed), 1 cup raw mushrooms, quartered, if large, 1 small tomato, seeded and chopped, ¼ cup parsley, 2 tablespoons all purpose flour and run machine until mixture becomes coarse hamburger consistency. Add an egg, process 10 to 15 seconds more. Drop by large spoonfuls into preheated greased skillet. Shape into ovals, cook over moderate heat until medium or well done, turning once. Makes 4 patties.

The **Richard Hares** like very thin hamburgers; place ground bottom round patties between wax paper and keep in the refrigerator. Whisked out at the last minute, patties are broiled on a hibachi over charcoal very quickly.

The **"21" Club's** famous burger is made by sautéeing 1 cup finely diced celery in 2 tablespoons butter until soft. Combine with 2 pounds ground beef round, 2 eggs (beaten), ½ cup water, 1 teaspoon Worcestershire sauce and mix lightly until blended. Shape into 4 1-inch-thick patties, sauté in 4 tablespoons butter 5 minutes on each side for a medium-cooked hamburger.

Tuck a knob of parsley or chive butter in the center of a hamburger suggests **Mrs. Howard Wolfe, Jr.** It melts and gives a lovely buttery flavor.

Saute a giant hamburger the size of an iron skillet and cut it into pie-shaped wedges. Make miniature hamburgers the size of a quarter and serve with mustard sauce for cocktails.

Dot hamburgers with [illegible] black or white truffle [illegible] sauce whipped with [illegible] hot mustard butter [illegible] tomato sauce, [illegible] with lemon [illegible] feta cheese mixed [illegible] butter. ■

> "Try making a skillet-sized hamburger and cut into wedges"

For neat, uniform, 5-inch hamburgers, try chrome-plated steel hamburger press from Paprikas Weiss, which can be bought for $8.

Delicious quick meals in a Wok

by Joan Lorring

Joan Lorring subtly disguised a scallion with its stirrings, which have been a time-honored trick in the wok in swirling hot peanut or corn oil.

method of cooking and the wide range of quantities that the wok can accommodate . . . from a teaspoonful of parsley to a whole duck. And it will cook whatever the gourmet chef in you feels necessary to cook it to glorious perfection. It will also fold, crumple, collapse, bend, twist, turn, and generally behave in the most accommodating manner imaginable. Anything you can do with a pan you can do with a wok, and then some.

The wok is a good tool for preparing vegetables. It can go from stove to oven as the time for baked, braised or roasted meats or fowl. A mirepoix can't be more simply or quickly prepared than it can in a wok. Onions can be cooked in large quantities . . .

I don't imagine a more nourishment-conserving way of cooking vegetables than toss-folk frying them in a wok. They are beautiful in color, good in texture and most nourishing provided you don't overcook.

Wok cooking is great for dieters. With a little fat or oil, you can cook mountains of vegetables with a very little fat or meat so that the total calorie count is so small you can even afford to splurge and have a cup of rice with it.

My favorite wedding present to give a friend . . . and I can't remember how many such I have put together in these years past . . . is a wok and all its accompanying utensils: a spatula, ladle, straining sieve, wok cover, trivet (on which plates or bamboo baskets rest so that fish or other foods can be steamed in the wok) and a steaming basket.

BASIC TECHNIQUES OF WOK COOKING

Seasoning a new wok: Follow manufacturer's recommendation for removal of the protective sealing matter. If it's an old-style steel wok, you will have a heavy grease sealer in which case put wok and its steel implements over a high flame with 2 quarts water and 2 tablespoons baking soda, bring to a boil, wash each piece thoroughly, rinse well, towel dry, evaporate remaining moisture over medium flame. Apply light coating of peanut or corn oil on each piece. Wipe off excess with paper towel. To season a wok, cook in it frequently, once a day if possible, in order to build a protective coating (much like that of a well mellowed cast-iron skillet). This will allow for future inclusions of any acidy ingredient. Cook simple dishes for the first thirty or so . . . eggs, meat, fowl, fish, vegetables or noodles and be sure to exclude tomatoes and lemons, or their juices, vinegar, grapes, wine. Some grain or root liquors are all right to use as flavorings such as scotch, bourbon, gin, and vodka. When wok's cooking surface has acquired an adequate protective coating, acid ingredients may be included in dishes without drawing a metallic flavor into the dish.

Washing and drying the wok: To wash be-

"This single pan can accommodate quantities from a teaspoonful of parsley to a whole duck"

een preparation of several dish-
nave wok on stove over medium
ne. Pour in one cup boiling wa
, drop in paper towel and using
itula to guide it rub and scrape
surface clean of juices and par-
es from rim to the center. Swish
itula through water and towel
clean paddle very well. Rinse
ll and wipe with paper towels.
turn to stove and allow to pre
t before starting next dish.
el: The best fuel is gas, but
arcoal or wood or even elec-
ity can be used.
oking in the wok: Preheat wok
minutes or more over medium
ne. Add oil by pouring from
k's spatula, drawing a circle of
at mid-height of interior surface
wok so oil will heat on its way
the bottom. Oil is hot enough
en heat currents make visible
irling movements. Now add first
in ingredient. Increase flame to
gh for quick return of heat after
od is added to minimize steam-
g. To add liquid, have stock or
ater boiling and add as for oil.
ss-fold-frying: The rotation of
e foods being cooked in a wok
often called "stir-fry" but "stir"
nds leisurely to me. The mo-
n would more closely be de-
ribed by "toss-fold-fry." The de-
gn of the wok allows a great free-
m of movement so that a "toss"
possible and the motion is a
mbination of tossing a salad
th vigor and the folding in of
ipped cream except that the di-
ction of the folding is reversed.
ide the spatula down the wall of
e wok, bring it up to the outer
rimeter and toss the food to-
ard the center of the contents
the bowl. Repeat the motion
til the food from all sides has
en tossed toward the center.
is "toss-fold-fry" sautéeing re-
lts in crisp vegetables with vivid
lors and meats, tender and
oked without a moment's
teaming."
eep frying: Deep frying at its
st presents dry crisp-coated,
olden-surfaced foods containing
oist light interiors. The best re-
lts come from having the oil
ach the properly high tempera-
re before slipping in the first
iece of food.
rowning meat: Since steam es-
pes freely from a wok bowl, use
it for browning cubed stew meat as well as for browning large pieces of meat for braising or pot roasting. It's even possible to cook from start to finish braised or pot roasted or stewed dishes in the wok, using its cover.

Steamed foods: Plain or seasoned steamed dishes, as well as some steam-cooked pasties and buns, are best done in steam baskets or in perforated aluminum pans both made especially for that purpose.

Vegetables: Small or large quantities of mirepoix and duxelles (using less intense temperatures than usual since butter can't take high heat without burning) or large quantities of onions, which can be quickly browned (depending on the quantity of oil and the degree of heat) or sautéed to a translucent softness, are beautifully prepared in the wok. Mushroom catsup is better made in a wok as "steam" escapes so readily.

Preparation of foods: Most foods that need slicing will call for slicing on a deep diagonal. The greater the cut surface, the quicker the searing and heat absorption, the shorter the cooking time. A deep diagonal slice usually cuts across the long fibers of meat and stalk vegetables in two directions, which makes them more tender.

Several ingredients to be used in one dish are sliced to correspond in size and shape for even cooking as well as for their attractive appearance.

Stalk vegetables need outer fibrous layers peeled. They're then sliced on a diagonal, blanched, and thoroughly drained before being added to a dish.

The leafy parts of thick stalked vegetables are generally sliced, too, for example, Chinese cabbage (Bok Choy) or celery cabbage or scallions, and the leaves added *after* the stalk slices are *almost* ready. In fact, the leaves are more "wilted" than cooked.

Fish of up to about 3 pounds are generally eviscerated, scales removed, fish washed, but otherwise, left intact to be cooked whole by steaming, deep frying, or frying. Large fish are usually cut into cubes for toss-fold-frying or sliced for stir-frying or steaming.

Meats are most often sliced on a deep, double diagonal into ribbons about 2½ inches long and up to ½ inch wide by ¼ inch thick.

Garlic cloves are usually skinned and left whole to be smashed into one larger, flat unit.

Preparations for cooking in a wok are more detailed since the actual cooking time is very short and requires that all the ingredients for a given dish be "at the ready" when it's time to cook—all the cleaning, slicing, soaking, measuring must have been finished. I prefer to have all the ingredients for a given dish, each in its own container, on a single platter or lined up in rows, each row made up of all the components for each dish. I group together those ingredients that go in first, then the next in the order and the next, winding up with the premeasured dry seasonings (monosodium glutamate, salt, sugar) and then the liquids (soya or corn starch combined with stock or water, if thickening is needed). Individual plastic ice cube forms or individual cream and jam containers (saved from meals served in airplanes) are good for small ingredients. Sesame oil is the one ingredient I never put in a separate container; just put the bottle in its place in the line-up.

Sesame oil, as a rule, is used [illegible] cluded in a dish [illegible] and the flame has be[illegible] Pour several drop[illegible] tom of upturned [illegible] dribble evenly over [illegible] the cooked food. To [illegible] in thoroughly the sesame oil.

Marinades for meats, fowl, and some fish dishes generally call for a combination of soya and a rice wine (for which some other light grain liquor may be substituted) or dry vermouth, sherry, and sometimes an egg white along with some other seasonings.

When a large portion of grated ginger is called for in a marinade, be sure not to exceed 20 minutes marinating time.

Oils: The oils least intrusive in flavor are peanut and corn oil. They are acceptable for Chinese dishes. Olive oil for wok cooking is acceptable for those dishes, other than Chinese, in which the olive oil flavor is desirable. Cottonseed oil or "vegetable oil" mixtures or hydrogenated vegetable oils have decided flavors too strong for Chinese, as well as most other dishes. Fried chicken is sweeter, more chicken-flavored when fried in peanut or corn oil rather than any

Continued on page 100

"It will toss-fold, deep fry, braise, poach, steam, simmer soups, boil noodles, roast chestnuts, bake yams"

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Crème Brûlée
Step by step to a fabulous make-ahead dessert

Crème brûlée is a rich custardy dessert, which is the perfect dessert for a party or dinner. It is a light and sweet baked custard topped by a crisp crunchy caramel crust that makes the contrast between the tender custard and the crunchy caramel crust that makes the contrast the great dessert. Crème brûlée [illegible] tempting? Even finally, [illegible] morning hours or [illegible] deceptively simple to make and it is a great make-ahead dessert for the busy cook because it is at its peak [illegible]. This recipe from Mrs. Dorothy Wartels [illegible] takes you through each step in the pictures below. It [illegible] the New York Junior League cookbook to be pub-

lished in the fall by Doubleday.

The custard may be made 2 or 3 days in advance and stored in the refrigerator well wrapped. It should be well chilled before the final caramelizing takes place. Do not freeze the custard. The sugar crust should not be made more than a day in advance or it may lose its crunch. Having the custard well chilled before caramelizing eliminates the necessity of setting the dish in a pan of ice cubes to prevent the custard from melting while the sugar melts.

Normally heavy cream is scalded by bringing it to the point of boiling. Add a split vanilla bean (1 tablespoon vanilla flavoring may be substituted) and very dark rum (Myers is good), for at least 2 to 3 weeks. A bottle of this flavoring can be used in combination with a bean or the custard may have 2 teaspoons of vanilla extract.

The caramelizing is not difficult if you are cautious. If one part of the sugar starts to burn, put a tiny piece of ice over it or pull out from under broiler. Rotate dish as necessary under broiler to make browning and caramelizing even. Crème brûlée may be served warm a few minutes after it comes out of the broiler or if you make it ahead, allow it to stand a few minutes then refrigerate uncovered or lightly covered. Remove from refrigeration at least 30 minutes before serving. It is important to put sugar topping on custard just before broiling. If sugar is left too long it will harden and not caramelize nicely.

CRÈME BRÛLÉE

Ingredients: 1 quart heavy cream, 1 vanilla bean, 4 tablespoons sugar, 5 egg yolks, salt, ¾ cup Domino light brown sugar.

Method: Preheat oven to 350°. In a large saucepan scald cream with vanilla bean. Add sugar and stir until sugar is completely dissolved.

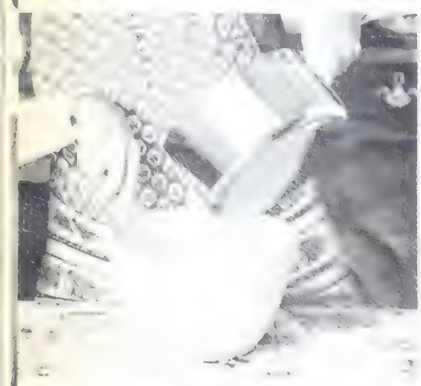
In a large bowl beat egg yolks until light lemon color then stir hot cream mixture carefully into yolks with a pinch of salt.

Strain mixture into a 10-inch shallow baking dish or eight 6-ounce ramekins. Place dish in pan of hot water and bake in 350° oven for 50-60 minutes, baking ramekins 35-40 minutes. Custard is cooked when a knife inserted in center comes out clean, or almost completely clean; the custard will continue to cook a bit as it cools. Cool. Refrigerate until chilled.

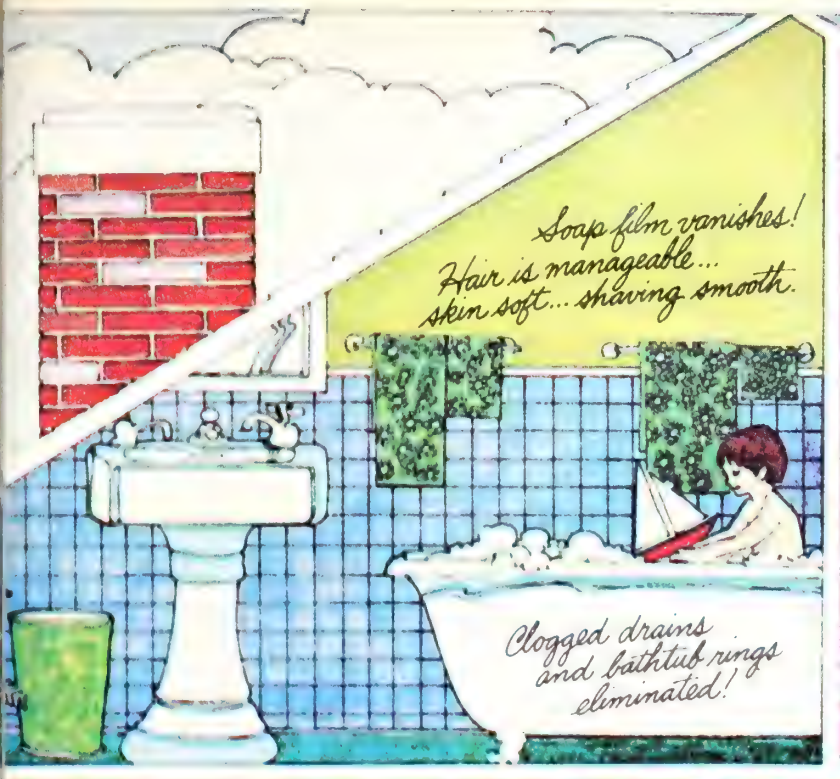
Push light brown sugar through a sieve. Spread on top of custard, making a layer about ¼-inch thick. It must be as smooth as possible. Broil about 4-6 inches from broiler until sugar has caramelized; turn dish as necessary so sugar caramelizes evenly. This process takes about 2 to 4 minutes and depends on degree and tone of caramelization desired. Cool before serving.

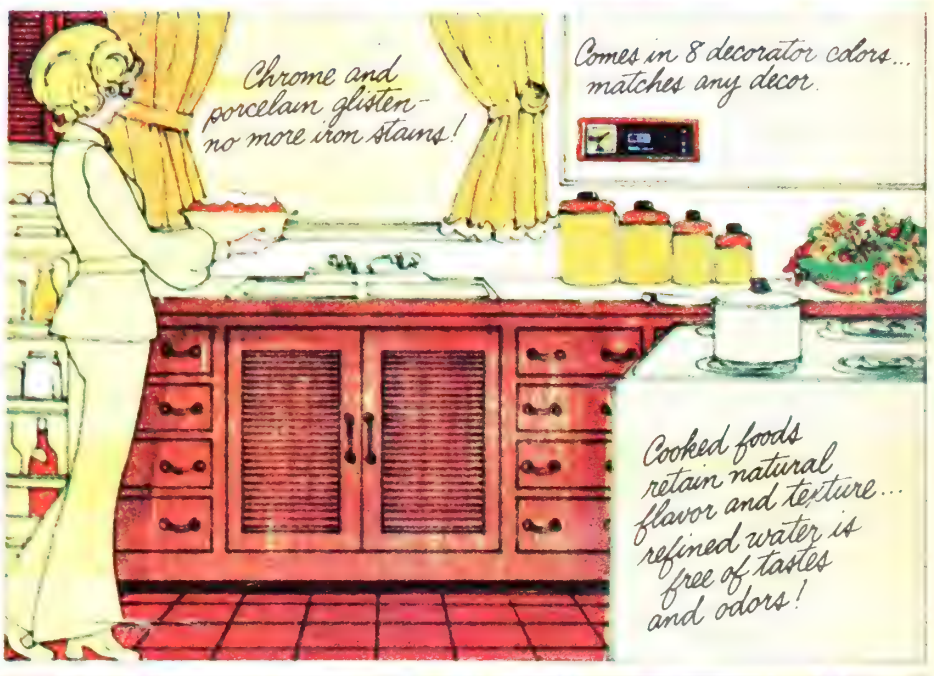
To serve, crack the crust with the back of a spoon and serve each piece of crust with custard. Serves 8 to 12. ■

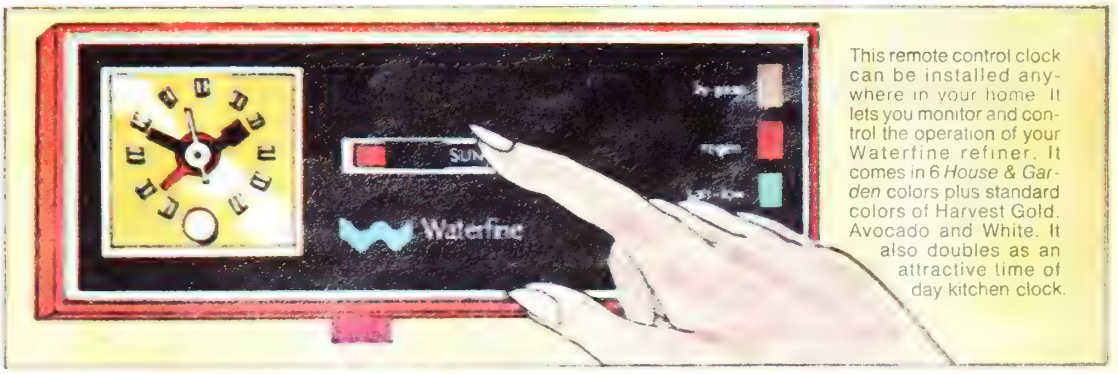
"The contrast of the barely sweet custard and the sweet crunchy crust makes a delicious dessert"



1. Penelope Wartels whisks room-temperature egg yolks, in a deep bowl, with a steel whisk until they are pale lemon color. 2. Cream that has been scalded (heated until very hot but not boiling) in a thick copper pan with a vanilla bean is whisked lightly into the egg mixture. 3. Custard is poured through a fine strainer into a baking dish, a 10-inch scalloped flan dish is a good size and shape or individual porcelain ramekins. 4. Set baking dish and custard in a roasting pan with hot water inside to come halfway up the sides of the baking dish. Be careful not to spill water on the custard. 5. When custard has been baked and well chilled in the refrigerator, push light brown sugar through a strainer into a bowl. 6. Spoon sieved sugar onto top of custard and spread all over to a depth of ¼ inch. 7. The sugar topping should be as smooth as possible. Finish off with a finger stroked gently over entire surface to make sure sugar is flat and quite smooth. High spots will burn and become black instead of golden caramel shade.







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Rum—
the sunshine drink

by Henry McNulty

You may only think of rum as fun to drink, but that is probably because you have never meandered much in the Caribbean where the real thing is made and rum is a way of life. Listen to Mona Delisle, an amber-skinned twenty-two-year-old Trinidadian beauty on the subject. "Let us not," she admonishes sternly, "look at rum as a thing that just keeps us happy because it can be used in many other ways."

"It is one of the best ingredients for seasoning meat," she continues, "especially wild game killed in the forests. If preserves need tasting it adds wild fruit and distilling a nice flavor. It is also used for soaking fruit in preparation for making wedding and Christmas cakes, and imparts a delightful taste to fruit punches and grapefruit juice."

Long ago mothers did use Demerara Rum (pronounced Dah-Mey-Rah-Rah) to wash their babies' bodies smooth and free from rash by soaking rum and bringing oil together and rubbing their babies with it. I remember when-ever we had a headache and we had no aspirin around, we used to soak our heads with rum and the headache would disappear. Trinidad sounds a wonderful place for hangovers.

But that is not all. Mona says that whenever a child had pneumonia, the older women mixed nutmeg, soft candle wax, and rum together and rubbed the child with it. I never dreaded having toothaches because I usually soaked my bad tooth with rum. This is as good as cocaine. Many of the older folks use it as a guard against ill health. If at any time they should fall or hurt themselves in any way they will soak a green papaw in rum and drink it, so as to melt the clots of blood inside them." Well, that brings us back to fun-rum things to drink, for rum is a most mixable and blendable alcohol.

Rum is a spirit distilled either from sugar cane juice, in the old-fashioned way, or from molasses. The United States is the world's largest producer of rum from "blackstrap." In Colonial days, rum was used as ballast when ships returned empty to Europe after a slave trip Westward. Moravian missionaries shared space with these more volatile spirits in the old "rum and Bible ships" to Labrador for preachments in the early days of this century.

Rum is made wherever sugar grows, even Russia makes some. But the Caribbean is its true home where some of it is as smooth as a fine liqueur brandy. In the islands most people drink it almost as soon as it comes out of the still. But it is probably preferable to wait for a blending, a sort of spiritous alchemy to marry the various types and give you a legitimately wedded and properly mature blend. This takes almost three years, but rum continues to improve in oak casks for twenty years or more.

Almost wholly confined to sailors in its early days, rum drinking became popular during the cocktail era after the First World War. Rums vary depending on the esters (or impurities) in it, and there are almost as many flavors as there are islands in the Caribbean. Rums tend to be darker and heavier the farther south you get. Jamaican and Martiniquais rums are the most highly flavored, with two or three times as much esters as the US made stuff, and five times as much as the light Cuban version.

Some Jamaican rum is like a black syrup it is so thick, while Barilla rum from Puerto Rico is almost as clear as gin. British Guianan Demarara has things like plums, raisins, and spice added to give it a fruity taste. Pale gold Cuban rum is made from molasses. Barbados rums are often flavored with bitter almonds, sherry, and even raw steak!

Old New England was once a big rum producing area, and the tax on rum was one of the irritants that helped to bring on the Boston Tea Party and the Birth of a Nation. In fact, Paul Revere is said to have stopped for a tot of rum before setting off on his famous ride—whether to bolster his courage or to keep warm is a moot point.

In the French islands where some of the best aged rum is made, they still speak Creole. Not to be confused with pidgin, Creole is a mixture of French or English and African dialects. Today it is a true language on its own—the final evolution of mixing dialects—and used by entire populations. Pidgin is the specialized talk once used by Colonists and their employees trying to understand each other.

Being both French and West Indian, the cuisine of the Antilles is as delectable as its drinks, especially seafood like "feroce" (salt cod roasted and shredded in a hot onion sauce laced with pimento, mashed avocado, and manioc flour), or "matoutou" (boiled crab with rice) typically eaten on Easter Monday picnics. In Paris, near St. Germain-des-Près, a bar called La Rhumerie makes all manner of Creole potions. There you can sample one of the best of the dark rums, Rhum St. James, from Martinique, made by slow distilling of pure sugar-cane juice—amber, aged and delicious.

Rum is what makes the Caribbean world go round and the national drink, no matter what nation you may visit is **Rum Punch,** slightly varying from place to place, but basically similar. The Trinidadian version is made by mixing 1 bottle of dark rum with syrup (made with 1½ pounds cane sugar in 1 quart of water, boiled until the sugar dissolves), the juice of 8 limes, and several dashes angostura bitters. Stir well and serve with crushed ice and a cherry. Sprinkle each drink with ginger or nutmeg. The longer it's kept, the better it becomes, so make a lot and keep it cold.

Another version is **Punch-à-Crème.** This needs 6 egg yolks beaten into 2 tins of evaporated milk and 1 tin condensed milk (depending on how rich and sweet you like it), until the mixture is thick and creamy. Into this pour ½ bottle dark rum, add several dashes angostura, sprinkle the drinks with nutmeg and enjoy.

But the real way to drink rum—the way its inventors do—is as follows. "Ever since I can remember," says Mona, my source of all rum knowledge, "I have been drinking rum. Every Trinidadian loves rum,

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"There are almost as many flavors of rum as there are islands in the Caribbean"

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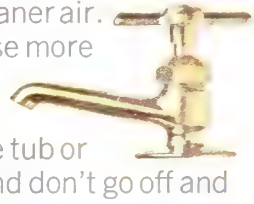

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"The longer rum punch is kept, the better it becomes, so make a lot and keep it in the refrigerator"

RUM *continued from page 98*

and known how to enjoy it. It is an art. Unlike whiskey, rum is not mixed with water or ice, and it is not a drink to be sipped. First you pour out the amount you've decided to drink (glass, spoon, mouthful), pour this slowly down your throat and swallow immediately. You can chase it with water or a soft drink. Then all that is left in your mouth is the cool-burning taste and smell.

The strongest drink in Martinique is a perilous potion commonly known as T.D.L. (Trinidad Dangerous Liquor) and only very strong people can drink it. Other favorites are Old Oak, Black Label, White Star, and Vat 69, and a very popular one that comes from Barbados is called Mount Gay Eclipse.

Even the local populace finds these a bit tough to drink straight, they say. "In the olden days the only soft drink that could be found was coconut water, so they mixed a mixture with rum and coconut water and thought it made a smooth blend. This mixture is still popular among the older folk."

Mary's own invention is **"Liquor"** made with sorrel. Make a tisane by pouring boiling water on half a pound of sorrel flowers (from which the seeds have been removed—she means petals). Let this cool, and strain the petals out, sweeten to taste. Mix 1 pint of this infusion with 1 pint of rum and let it stand for five days. Drink it then, neat, as an after-dinner liqueur. Another good liqueur-like concoction is made with coconut, green ones preferably, but "up North" dry, brown ones will do. Bash in one of the eyes, pour out the milk and fill the nut with young rum. The white type is best for this. Plug the hole and leave it for six months (the longer the mellower) in a cool place. Some even bury it in the ground for [illegible] period. Then drink it neat.

The British are great rum connoisseurs partly because of their naval heritage that ensured that sailors should have their tot of rum before going into battle. Admiral Vernon ordered that they used to fight a weakening number. That tradition has essentially been abolished, but [illegible] since the Brits' drinking habits [illegible] beverage [illegible] a pick-me-up still reigns supreme [illegible] Covent Garden [illegible] the dawn hours. Scottish loch water, by the way, is claimed to be the "only" thing for reducing rum's alcoholic strength.

In St. Michael's Alley, not far from the Bank of England, is one of the oldest "tonghe houses" left from the days of Samuel Pepys, the Old Jamaica Wine House. Founded by a Turk named Pasqua Rosee, the "best rum punch obtained there," according to an old 1795 guidebook, and Roses Jamaica Rum, Lemon Hart, Cuban, Morgan, Coruba, and Myers Rums are still available at the liquor [illegible] those certain preparations will admirably [illegible] excellent English meal at the Grapes and Vulture, an almost equally ancient, noisy, convivial pub across the street.

Some old faithfuls of the rum drinking set should be mentioned because they have been part of Americas Heritage since the [illegible] old days of Prohibition. Most rum drinks are sweet. Because [illegible] sweet liquors as [illegible] part of these recipes, but [illegible] experiment with leaving out most or all of the sugar. A **Daiquiri,** for instance—2 ounces Cuban rum, 1 teaspoon sugar syrup and the juice of 1 lime, shaken and poured over crushed ice. A **Marie Galante** is 3 parts Martinique rum, 2 Triple Sec, juice of 1 lime. A **Port Royal** is one part Jamaican rum, 1 part Tia Maria, 1 teaspoon lime. This is supposed to cause the bells of a sunken church (all Port Royal's dead) to peal at each administration. A **Hot Buttered** is 3 ounces Jamaican rum, 3 cloves, 1 teaspoon brown sugar, pinch of cinnamon, 1 teaspoon unsalted butter. Dissolve the sugar in a tall glass in a bit of hot water, add the rest of the ingredients. Stand a spoon in the glass and fill with hot water.

Try an **M.J.P.** for a dry rum drink. This is a jigger of dark rum, juice of half a pink grapefruit, no sugar, lots of ice, stir and drink.

The thing to have, besides a good rum drink inside you, is what the Creoles call a "ti-mousse," or little monster. This is a sort of private sprite born from an egg laid by a black hen on Good Friday and hatched by holding it in your armpit. This goblin eats nothing but meat and is entirely devoted to its owner. If you own one, you will succeed in everything you undertake, which is essential for amateur cooks and bartenders, for instance, to prevent curdling in:

Rum Chicken Fricassee, a French Antilles dish: Cut a chicken in quarters and brown the pieces in a casserole in butter. Add a quarter pound chopped mushrooms, sauté for a minute, then pour in a warmed cupful of Jamaican or Martinique rum. Flame it. Pour in 2 cups bouillon, salt, pepper and let simmer for half an hour. At the last moment add a sauce of ½ cup thick cream, which you have heated and mixed with 2 beaten eggs. [This is where you need a "ti-mousse."] Let this cook over a low flame for about one minute. Serve garnished with tomatoes that you have cut in half and sautéed quickly in a little butter.

Rum French Dressing is another exotic way to use rum, and wonderful on green or mixed salads. Three tablespoons olive oil, 1 tablespoon lemon juice, 1 tablespoon light Bajan rum, 1 teaspoon minced [illegible], 1 teaspoon minced parsley, ¾ teaspoon dry mustard, dash of Worcestershire sauce, salt and pepper. Mix them all thoroughly.

On [illegible] with a rum punch, you might like **Rum and Gardenia sandwiches.** Marinate the petals from [illegible] gardenias (one way to use those old corsages), depending on how much aroma you can take, for a few hours. On buttered white bread, spread thinly sliced cucumber, and on each slice lay 1 or 2 gardenia petals. Spread on mayonnaise to your liking, cover with another slice of bread, and there's your tropical sandwich.

Then there is **Rum Pot,** an old German idea that can be both imbibed and ingested. Fill a large container that can be tightly closed with layers of sliced fruit—bananas, pineapple, and orange are good together; or plums, cherries and apples. Pour in enough rum to cover the fruit and let it stand for a week or more. The liquor becomes very fruity and makes delicious sipping, while the fruit itself is marvelous over ice cream.

And to cap the climax, or top off the whole business, you may improve both your health and your looks with proper applications of a bottle of French of London's **rum shampoo,** taken externally, of course, which, I understand, is supposed to be obtainable in most fancy drugstores. ■

QUICK MEALS IN A WO

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of the others.

Preparations and timing in t[illegible] lowing recipes are recommend[illegible] for 16-inch wok.

BRAISED PORK AND RIC

Ingredients: 3 tablespoons ol[illegible] oil or more if needed, ¾ cup on[illegible] diced, ½ teaspoon powdered cl[illegible] (or more to taste); 2 pounds bo[illegible] less lean pork, cut into 1 in[illegible] cubes (approximately 4 cups); [illegible] cup converted rice, 1 quart p[illegible] stock, chicken stock, canned bro[illegible] or cubes dissolved, 1 #2 [illegible] whole baby beets, drained (½ [illegible] serve liquid, ¾-1 cup per can), [illegible] proximately 18 beets or 1½ cu[illegible] drained beets; 3 teaspoons lem[illegible] juice (1 large ripe lemon); 2 te[illegible] spoons salt; 2 teaspoons sugar; [illegible] cup scalded peas for garnish [illegible] thawed frozen peas for cooked [illegible] desired texture).

For stock: Break and chop bon[illegible] and cartilage of a loin roast sm[illegible] enough to pack a fairly solid lay[illegible] in stock pot. Add 1 quart and [illegible] cup water, 1 onion studded wit[illegible] whole cloves, 1 bay leaf, 1 rib c[illegible] ery, 10 juniper berries crushe[illegible] Bring to a boil, reduce to simm[illegible] and cook tightly covered for [illegible] hours. Or use 1 quart chick[illegible] stock or College Inn Chicken Bro[illegible] simmered and covered with ½ c[illegible] water and 6 whole cloves and [illegible] crushed juniper berries.

Method: Preheat wok over me[illegible] um flame. Use 1 tablespoon oil a[illegible] wilt onions, remove from wok. S[illegible] aside in large bowl and sprink[illegible] with powdered clove.

Add 1 tablespoon oil to wok a[illegible] increase flame to high, add half t[illegible] cubed pork, toss-fold-fry quick[illegible] to oil and sear all surfaces. Remo[illegible] pieces as they are ready and a[illegible] them to the bowl of onions. Repe[illegible] with remaining meat and add mo[illegible] oil if needed. When all the po[illegible] and juices have been remov[illegible] from wok, add another spoonful [illegible] oil and the raw rice and toss-fol[illegible] fry until all the grains are transl[illegible] cent. Mix the pork cubes, poy[illegible] dered cloves, and wilted onio[illegible] well, add to rice in wok, be sure [illegible] add all the juices accumulated [illegible] the bowl, toss-fold-fry to combi[illegible] meat and rice, pour in 2 cups bo[illegible] ing stock and continue stirrin[illegible] When stock returns to boil redu[illegible] flame to medium and cook, stirri[illegible] now and then to prevent stickin[illegible] until most of the liquid has be[illegible] absorbed. Check texture of rice, [illegible] it is not almost ready add mo[illegible] boiling liquid and cook, stirrin[illegible] until most of the liquid has be[illegible] absorbed, check rice once mor[illegible] Repeat if necessary until rice is a

"Wok cooking is great for dieters. With a little bit of oil, you can cook mountains of vegetables with a very little bit of meat"

st ready. Pour in juice from ets combined with lemon juice, t, and sugar. Cook, stirring until uids have almost evaporated, in beets and cook, stirring for inutes more. Transfer to warm ving platter and sprinkle over as for garnish. Serves 6.

SHRIMP AND SCALLIONS

gredients: 2½ pounds shrimp 2-15 per pound); 8-10 scallions h full length leaves, if possible; tablespoons peanut or corn oil, easpoons cornstarch; ½ teaspoon onosodium glutamate or ½ tea oon sugar (optional); ½ tea oon sesame oil or 2-3 table ons toasted crushed sesame ds.

ethod. Shell, clean, and devein imp and place in paper-towel- ed colanders to drain well.

Wash and trim scallions and slice a diagonal in lengths about ½ length of shrimp keeping white lks and green leaves separate. ve all ingredients at room tem- rature. Preheat wok over medi- heat and add peanut or corn

Sprinkle 2 teaspoons cornstarch r shrimp and toss. Increase ne to high. Put shrimp into iling hot oil, toss-fold fry for 1 nute. Add white stalks of scal ns, continue to toss-fold-fry for minutes more. Add scallion ves, and MSG or sugar quickly d toss-fold-fry for 2 minutes. rn off flame, continue tossing otion with spatula another min- e. Add sesame oil, toss to dis- bute evenly. Quickly remove to rm shallow platter. Serve at ce with steamed rice and steam- lted spinach. Serves 4-6.

STEAMED GINGER CHICKEN AND PEARS

gredients: 4 tablespoons fresh ated ginger root (or very finely opped); ¼ cup light soya; 2 blespoons vermouth; 1 egg hite; 4 whole chicken breasts, ngless, boneless, and skinless; green Bartlett pears, unpeeled, red, sliced in quarters.

ethod: Soak ginger in soya sauce r 1 hour. Drain and press ginger extract all liquid from it—dis- rd the ginger residue and beat vermouth and egg white. Halve e chicken breasts—pour ginger asoned marinade into a 10-inch ass pie plate, put the chicken in- the marinade, turn to coat on th sides, seal with plastic film. arinate at room temperature for just 20 minutes. Preheat wok over medium heat. Place wok trivet in position, pour in 1 quart boiling water, increase flame to high.

While water comes to a rolling boil, arrange pear sections in circle stem end to center of pie plate. Arrange chicken pieces on top. Drizzle marinade over chicken and pears. Place pie plate or bowl on trivet over water, which should be at a rolling boil, top with wok cover and leave to steam for 20 minutes without raising cover. Remove cover, add a pint of boiling water, turn chicken pieces over gently, replace cover, and steam 20 minutes more. Arrange pears and chicken on a warm platter and serve with an endive salad, lemon dressing. Serves 4-6.

VEAL PIQUANTE

Ingredients: Juice of 1 lemon and 1 tablespoon zest (set zest aside in plastic wrap); ½ teaspoon finely crushed rosemary or 1 teaspoon rosemary leaves crumbled; 2½-3 pounds boneless 1-inch veal cubes, cornstarch (enough to coat veal lightly), 2 tablespoons olive oil, 2 tablespoons butter; 1 cup sliced fresh mushrooms (about 4 ounces), 1 teaspoon salt or to taste; 1 cup veal or chicken stock (if using canned or cube bouillon, adjust salt); ¼ cup marsala or sweet vermouth; (if thickening is desired, make a paste of 1 teaspoon arrowroot flour in 2 teaspoons water); chopped parsley.

Method: In a bowl (glass, ceramic or enamel) combine lemon juice and rosemary. Add veal cubes and mix (with hands or wooden

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QUICK MEALS IN A WO

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spoon) to distribute marinad evenly. Cover with plastic fil Marinate for a minimum of hours or up to 4 hours. Drain me and pat lightly with paper towe ing. Toss meat in enough cor starch to dust lightly; shake excess. Preheat wok over mediu flame for 5 minutes. Add oil a butter at mid-height of wok and heat. When oil is swirling hot, i crease flame to high, add veal a toss-fold-fry until the cubes' su faces are sealed and slight browned. Remove cubes to a bo as they are ready. When they a all browned, reduce flame to mec um, return the veal to the wok, ad the sliced mushrooms toss-fold-f lightly for 2 minutes. Combin salt, stock, marsala or vermou and add them to veal and mus rooms. Allow to come to a simme Continue simmering uncovered f 10 minutes (if veal is from a te der cut it may be served a litt pink) or up to 40 minutes if ve is from a less tender cut as should be served stewed.

Use cover for 20 minutes longer cooking time removing for last 10 minutes. Add julienne lemon zest last minute of simme ing. For a thicker sauce, make th arrowroot paste in the wok lad and into it scoop up some of th liquid from the wok's content stirring continuously with tip the wok spatula. Now pour blen ed arrowroot paste and sauce bac into simmering veal, stirring wit spatula until sauce has thickene sufficiently. Remove to warme shallow serving bowl. Garnis with a light sprinkling of choppe parsley.

GREEN AND YELLOW SQUASH

Ingredients: 3 tablespoons peanu or corn oil; 2 large cloves garli squashed; ¾ pound yellow squas sliced ⅜ inch thick, on deep diag nal; ¾ pound zucchini; 1 teaspoo salt, or to taste; 1 teaspoon rega (Greek oregano) or regular ore gano (omit if serving with herbe meat dish).

Method: Preheat and oil wo Add garlic, stir until golden, tur flame to high and add squash an zucchini at once tossing until a slices are oil covered; fold-fry for minutes more and add salt. Reduc flame to medium. Add regani o oregano and toss-fold-fry for minute. Remove from wok ont warmed platter. Serves 4-6.

RED AND GREEN PEPPERS

Ingredients: 4 tablespoons oil; medium onions, quartered an sliced; 1 large clove garli squashed and chopped or us press; 1 teaspoon crushed red chi pepper or to taste (optional); 5-

large red and green peppers, washed, cleaned, sliced into strips; 1 tablespoon cider vinegar; 1 teaspoon salt (or to taste); ½ teaspoon sugar.

Method: Preheat and oil wok. Increase flame to high and add onions, toss-fold-fry until onions are translucent, add garlic and chili pepper and continue to toss fold-fry for 1 minute. Add pepper strips, fold-toss until peppers are evenly oiled. Add a little more oil if needed to prevent burning. Reduce flame to medium and, stirring, cook for 3 minutes. Sprinkle on vinegar, salt, and sugar and reduce flame to low, toss-fold-fry for 2 minutes more. Serve or keep warm on platter, uncovered, over hot water. Serves 4-6.

PARSLEYED PEAS

Ingredients: 2 tablespoons oil, 2 whole scallions, sliced finely; ½ cup chopped parsley; ½ cup sliced endive or lettuce; 2½ pounds fresh peas, shelled (about 2½ cups) (if new tender peas, sprinkle with 2 tablespoons water, if older and a bit starchy put in colander and pour over 2 quarts boiling water and drain) or 2 10-ounce boxes frozen peas, thawed and drained; 1 teaspoon salt for fresh peas, ¾ teaspoon for frozen, or to taste; ½ teaspoon sugar; 1 tablespoon butter.

Method: Preheat and oil wok. Add scallions, parsley, and endive or lettuce, stirring between each of them to coat well with oil, increase flame to high, add peas and toss fold-fry for 3 minutes. Add salt, sugar, and butter and fold-toss vigorously for 1 minute. Remove to warmed dish. If you prefer soft cooked vegetables, cover and steam for 2-5 minutes. Serves 4-6.

BROCCOLI

Ingredients: 2 tablespoons peanut or corn oil; 4 quarter-sized slices of fresh ginger (or use powdered dry ginger in sauce mixture) or 2 large garlic cloves (if serving with gingered main course); 2 pounds fresh broccoli or 2 boxes frozen, thawed, well-drained broccoli.

Method: For fresh broccoli separate blossom ends from stalks and set aside. Trim stalks using a vegetable parer or sharp knife, peel away their fibrous outer layers leaving only tender flavorful cores. Slice on deep diagonal into inch thick slices. Blanch stalks for 1 minute in boiling water, drain thoroughly at once. Toss in a dish towel to dry. Follow same process with flower ends and squeeze almost dry. Keep stalks and blossom ends separate.

For frozen broccoli thaw and squeeze dry. Separate and set aside blossom ends from stalks. Cut stalks into 1-inch-long pieces.

Ingredients for sauce: ½ teaspoon powdered garlic or ½ teaspoon powdered ginger; 1½ teaspoons salt or to taste; ½ teaspoon sugar; 1 tablespoon arrowroot flour or corn starch; 1 cup pork or chicken stock (or bouillon cube diluted); 2 tablespoons butter.

Method: In a pint sized bowl combine garlic or ginger, salt, sugar, arrowroot or corn starch, with a little stock to make a smooth paste. Add more stock to measure 1 cup and stir well. Add butter.

Method for cooking broccoli: Preheat wok over medium flame and add oil. Add ginger or garlic, if using fresh cloves or fresh ginger root stir once or twice, add broccoli stalk pieces to wok and toss-fold-fry for 2 minutes. Add blossoms and continue toss-fold-frying for 1 minute more. Increase flame to high. Beat sauce mixture well to combine seasonings thoroughly, pour over broccoli and stir continuously for 2-3 minutes or until sauce has bubbled and thickened.

BEEF STROGANOFF

Ingredients: 2 pounds well trimmed flank steak, 2 large onions finely diced; 5 tablespoons peanut or corn oil; ¾ pound mushrooms, 2 teaspoons each salt, flour; 2 teaspoons salt; ½ teaspoon coarsely ground pepper; 6 tablespoons tomato paste, 1 teaspoon sugar, ½ cup homemade* or commercial sour cream.

Method: Roll steak *with* grain. Slice at 2 inch intervals. Until strips, slice each on a deep diagonal to both length and thickness. Slices should be 2 to 3 inches long. Place whole mushrooms in large bowl, sprinkle with salt, flour, cover with cold water, quickly stir through liquid. Shake and drain in a colander. Slice. Put meat in large bowl, drizzle over 2 tablespoons oil, mix well. Preheat wok, add remaining oil. When swirling hot, add onions and toss-fry until translucent. Turn flame to high stirring onions. As onions *begin* to brown, add meat. Toss-fry till all meat surfaces are seared (about 2 minutes). Add mushrooms, toss-fry through meat. Stir in tomato paste, salt, pepper, and sugar. Reduce flame to medium, toss-fry about 3 minutes. Stir in homemade sour cream, reduce flame to low, simmer 2 minutes, turn off flame, toss-fry again, cover and leave on stove to rest for 5 minutes. Uncover, stir and transfer to serving dish. If you use commercial sour cream, have it at room temperature and add *after* 5-minute "rest."

*NOTE: Homemade sour cream has a higher percentage of butterfat and cooks without curdling. Blend ½ pint heavy cream with 3 tablespoons plain yoghurt in glass jar. Keep uncovered at about 100 8-12 hours. Stir, cover and refrigerate for 24 to 36 hours until *very* thick. ■

Shopping information

All prices approximate. Consult your interior designer or store decorating department. Postage indicated by [illegible].

COVER

Handpainted stool: $85. At Stephen Baranv.

FURNITURE ZEST

Pages 58-59:

Collapsible bamboo table: removable tray top. **"Magic Cube":** available in wood, brass, stainless steel. **Folding chair and ottoman:** positions 5 ways. All 3 pieces designed and patented by Gabriella Crespi. **Table:** 12¾" sq. x 14" h., solid square metal rod base, $717. At Harvey Probber. **"Brusadelli" furniture:** bed covered with cotton fabric; console table, rectangular table are glass topped; sofa and armchair upholstered in denim. By Base Interiors. **"Eta Beta" canvas tent:** basic octagonal unit with interior table and cushions. Units may be added to form a series of chambers. By Societa Anonima Castelli. **Chair:** canvas sling seat, stainless steel wiring and tubing. From The Maplewalnut Studio. **"Pillorama":** foam pillows covered with canvas, tied with tapes. By Knoll Overseas Ltd. At C. & I. Paris. **Apple trunk table:** 20" diam. glass top; 15" h. base, $300. From Luten, Clarey, Stern. **Table:** 18" w. x 32" d. x 26" h., cantilevered shelf. At Interior Enterprises.

Pages 60-61:

"Flap": convertible square cushioned chair, zippered slipcovers for easy cleaning. By BBB Bonacina. **"Teorama":** tent like flaps suspended over wedge-shaped cushions. By Poltrona Frau. **Hot pink chaise:** 75" l. x 36" w. x 25" h., on casters, $775; **table:** 25½" w. x 13" l. x 12½" h. Both pieces at Turner Ltd. **Mobile vanity:** 25" w. x 22" d. x 32" h., middle drawer pulls out to form a dressing table, stained wood available in several colors. Contact Saporiti Italia USA, Thomas Campaniello Associates. **T-shaped table:** 25" sq. x 24" h., top section has drawer. At Interior Enterprises. **Brass sculptured table:** 12" w. x 22" l. x 15" h. By Gabriella Crespi. **U-shaped table:** 24" w. x 40" l. x 15" h. $400. From Luten, Clarey, Stern. **"Blub-Blub" chair:** 32" w. x 28" l. x 26" h., pressed foam rubber [illegible] upholstered in stock jersey, $360. At Turner Ltd. **Table:** 52" diam. glass top, 14½" h., iron base. At Galleria Boutique Gerosa. **Chair:** 30" w. x 27" d. x 41" h., of beech and plywood, colors. By Germa.

Pages 62-63:

Magazine rack: 48" w. x 16" h. By Dupre. **Wall-hung chair:** wood slats [illegible] to 2 lacquered tracks. By Del Pezzo & Rudolfi. **Chair:** 38" w. x 38½" d. x 27½" h., available in many shades of leather, $995 shown in linen. From the deSede Collection at Turner Ltd. **Chaise:** 80" l. x 18" w., tubular frame. By Germa. **U-shaped table:** wood inner base, exterior surface of dowels, $150. At Interior Enterprises. **Shell chair:** 36" w. x 32" d. x 42" h., leather seat cushion. At Vitorio Bonacina. **Coffee table:** 55" x [illegible] x [illegible] glass top. Stripe available in several colors, $650. At Turner Ltd. **Table:** L-shaped units are 4" poplar screwed to steel bolts. At Mixed Media Design. **"Centopercento" chair:** 40" w. x 38" d. x 61" h., one of many units for sectional seating system by Zanotta. At ICF. **Sculptured wood coffee table:** 18" w. x 40" l. x 48" h. In a limited, signed edition. By Keller Williams. At Lord & Taylor. **"Canapouf" elements:** pieces covered in Racine jersey. At Boutique Canapouf, Paris.

SUPER KITCHEN

Page 64:

Chesapeake sofa: 84" l. x 35½" w. x 34½" h., $899. **Stratford wing chair:** 31" w. x 28" d. x 40½" h., $249. **Secretary base and top:** top, 38" l. x 12" d. x 36" h., 2 glass doors, 4 drawers, adjustable shelves, $260; base, 37" w. x 18" d. x 12" h., 3 drawers, 4 shelves, $140. **Double rudder drop-leaf table:** 66" l. x 18" w. x 29" h., oak with Clarendon finish, $230. **Drop-leaf coffee table:** 60" l. x 18" w. x 16" h., $175. **Windsor armchair:** 21" l. x 16" d. x 40" h., $105. **Windsor side chair:** 20" l. x 19" d. x 38" h., $75. All furniture by Pennsylvania House. **"Kalmia" cotton and linen fabric:** shown on sofa and chairs, 50" w., 31" repeat. From Clarence House. **"Cedar Weathered-bord" plywood paneling:** used in living area, 4' x 8' x 5/16" thick, $15 per panel. By Evans Products. **Paint used on ceiling:** by Tru-Test. At True Value Hardware Stores. **"Miracle Bricks":** faux brick for fireplace wall, 2½" x 7½" x ¼" thick. Master Pack contains 4 boxes, each covers 5 sq. ft. area, $35.80. By Decor, Inc. **Fireplace equipment: antique andirons:** 16½" h., $260; **fireplace brush,** $7.50; **five fold fire screen,** 19" h., $180; **antique fireplace tools,** $210. All from Edwin Jackson, Inc. **Beams and posts:** available in distressed white pine, spruce, or hemlock. Stock and custom lengths, colors, $3 a running ft. Write to Vermont Barnboard for nearest distributor. **Portuguese gros-point rugs:** 6'4" x 8'10", $1100; 3' x 9'10", $1920. Both by Harmony Carpet. **"Tulip" quilt:** shown on daybed. **"Starry Crown" quilt:** shown over sofa back, $350 each, made to order; patchwork pillows, $35 each. At [illegible] Outlandish Stitches. **Needlepoint pillows:** from a large collection [illegible] made and do-it-yourself pillow [illegible] Woodworks. **Posters:** [illegible] $10; "Seattle Center" [illegible] 60; "Andre Dumont" [illegible] Morris Loans, $15; [illegible] frames. At Poster Originals. [illegible] 1 of 3 shown [illegible] $65 for set of 3. [illegible] tary, $180. **antique twin stick:** $60 a pair.

Continued on page 146

SHOPPING AROUND

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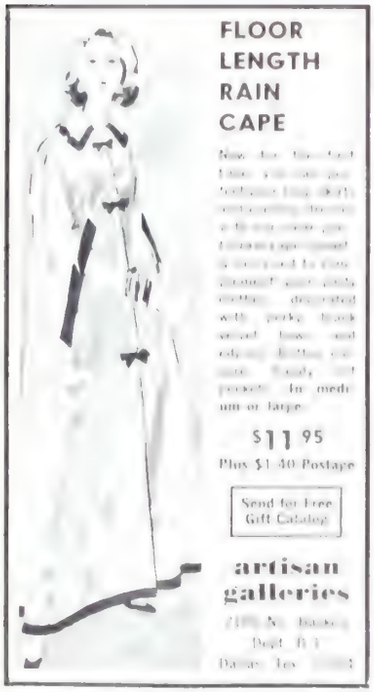

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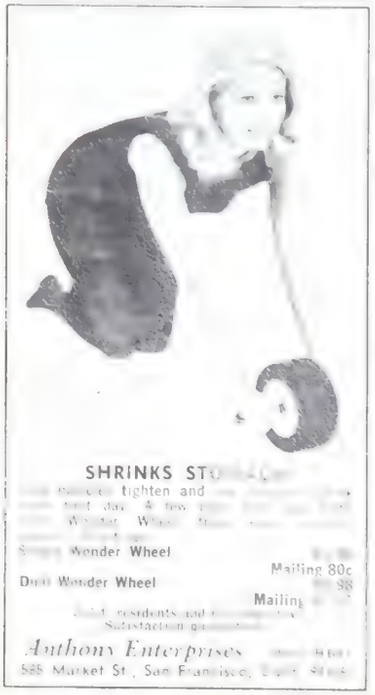

SHRINKS ST[illegible]

[illegible] tighten and [illegible] last day. A few [illegible] Wonder Wheel. [illegible]

[illegible] Wonder Wheel [illegible]

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Duo Wonder Wheel [illegible]

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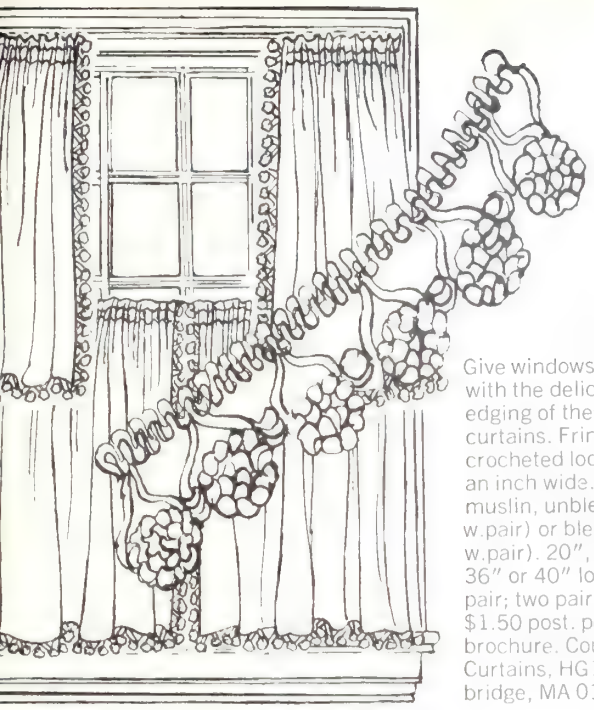
Assorted breads heaped in brown basket on blue and white checks make a tempting design for "hold all" buffet plates. Generous 10½" dia., in unbreakable Melamine. $3.95 each, four for $12.95 Ppd. Elizabeth McCaffrey, HG1, Northport, NY 11768.

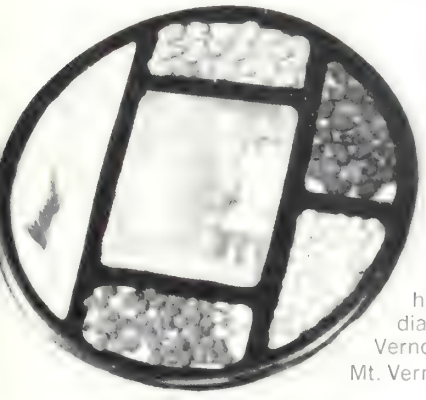
[illegible] The [illegible] table has many uses. It can be a [illegible] desk or a hall console table, a perfect [illegible] server or a handy dressing table. One [illegible] drawer and three [illegible]. Dark fruitwood [illegible] 48" w. x 24" d. by 29" h. $119.95 [illegible] Furniture Catalogue 50¢. Brown Robeson, Dept. 10, Box 793, Hillsborough, NC 27278.

Large leaf design on 10 mesh mono canvas, to work in new longstitch wool embroidery. Kit includes 18" by 17" mounting panel covered in textured fabric, wool yarn. Spring leaf #3461 in greens, yellow greens, yellow; or autumn leaf #3462 (shown) in browns, oranges, reds. $35.95 each plus $1.50 post. Catalogue $2 (refundable with order). Skon Embroideries, GE-1, 55 Lambert La., New Rochelle, NY 10804.

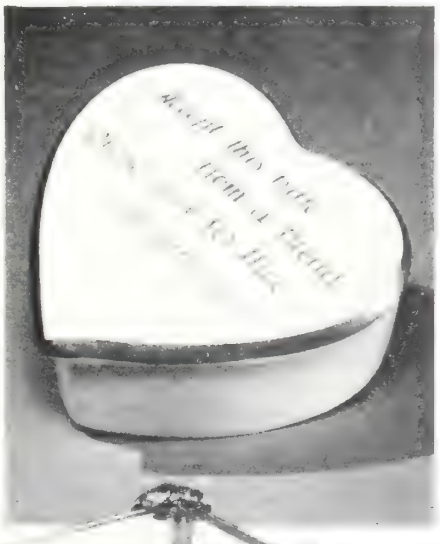
No use trying, this doughty duckling just won't budge from holding open even the heaviest doors. When not on doorstop duty, he stays put, decorously in place on patio or porch, in living room or hallway. Made of durable black cast iron by Virginia Metalcrafters. 12" by 5" by 7". $16.50 plus $2.50 post. Clymer's, HG-01, Chestnut St., Nashua, NH 03060.



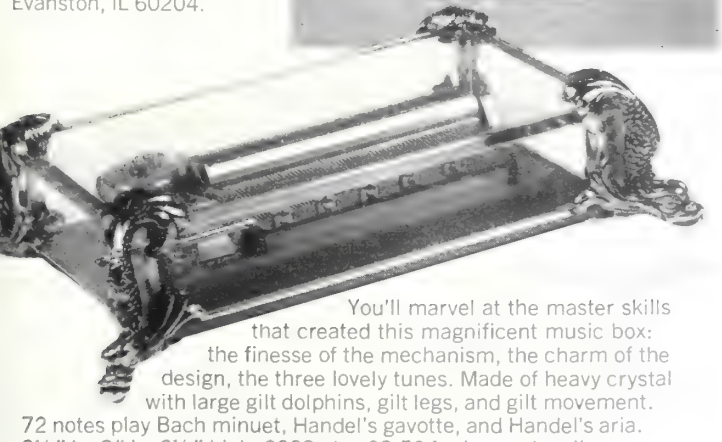
Give windows added charm with the delicate, lacy edging of these tiered curtains. Fringe has a crocheted look, is nearly an inch wide. Curtains are muslin, unbleached (80" w.pair) or bleached (74" w.pair). 20", 25", 30", 36" or 40" long. $5.50 pair; two pairs $10. Add $1.50 post. per order. Free brochure. Country Curtains, HG1, Stockbridge, MA 01262.



Nostalgia and modern design meet in a trivet with real beans and peas and flower sprigs encased in clear resin. Sealed with them is a typical old-fashioned family photograph. Extra-tough for table use under hot platters and plants; has hook for hanging on wall. 8" dia. $4.98 plus 35c post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



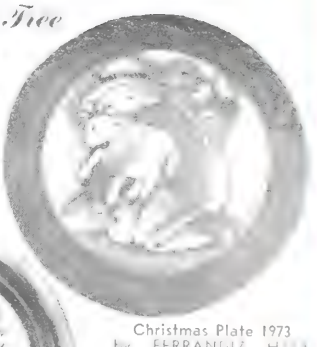
Send heartfelt greetings to some dear one. This darling heart box is made of glazed white china. Its cover has a rim of gold and is inscribed in gold with a message that reads: "Accept this trifle from a friend, Whose love for thee will never end." Size about 2¼" by 1⅛" deep, big enough to hold a token giftlet. From West Germany. Order by #8894. $2.75; two $5.25. Ppd. Downs Dept. 1401, Evanston, IL 60204.



You'll marvel at the master skills that created this magnificent music box: the finesse of the mechanism, the charm of the design, the three lovely tunes. Made of heavy crystal with large gilt dolphins, gilt legs, and gilt movement. 72 notes play Bach minuet, Handel's gavotte, and Handel's aria. 9½" by 8" by 2½" high. $239 plus $3.50 for insured mail. Hildegarde's, HG1, 597 Farmington Ave., Hartford, CT 06105.

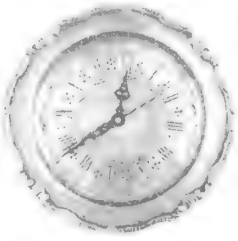
Trimming the Tree

FRANKLIN MINT Christmas Plate by Norman Rockwell Limited Edition/ Sterling Silver/ 8" Diameter Original issue price $125.00



ANRI Christmas Plate 1973 Handcrafted in a lovely WOOD frame 9" diameter $45.00

Christmas Plate 1973 by FERRANDIZ Hand-crafted in a lovely WOOD frame 9" diameter $40.00



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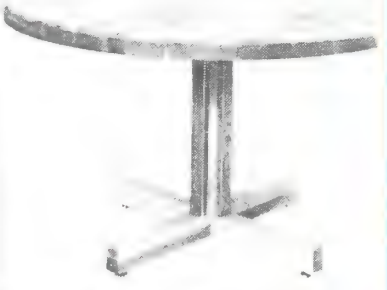

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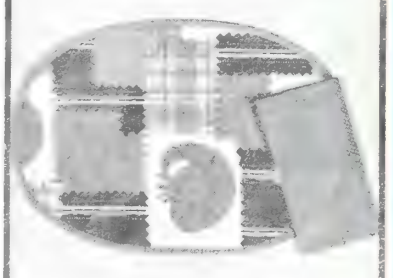

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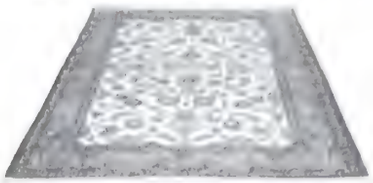

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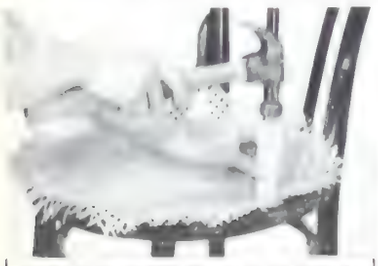

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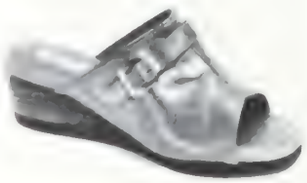

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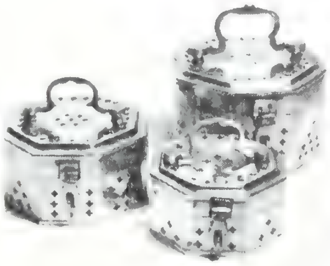

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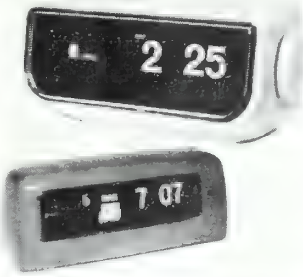
Something to chirp about: solid brass cricket boxes handmade in India for storing all sorts of beautiful baubles. Perfect octagon shapes with felt lining, in three sizes: 3½″ by 2″, $8.95; 2½″ by 4½″, $9.95; 3½″ by 5½″, $10.95. Set of three, $24.95. Add $1 post. Stylus Graphics, Ltd., HG1, 10 E. 40 St., New York, NY 10016.

SILENT GARDENERS

Take the worry out of wandering with wicks that water plants while you're away. One end goes into soil, the other into water; while you're gone, the wicks slowly feed the moisture for as long as eight weeks! No rot or mildew. Set of four, $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



DIGITAL DELIGHTS

Large or small, both plastic clocks keep people on the dot. Small 5″ w., 2¾″ h., 3½″ d. in red, yellow, black or white, $14.95. Large, 9¼″ by 3½″ d., 3¾″ h. in yellow, red or white; give day of week, date, 24 hr. alarm all illuminated. $39.95. Ppd. Catalogue 50c. Esther & Gladys, HG1, 339 W. 29th St., New York, NY 10001.

SENSATIONAL STONE

Fabulous flair at hand with a Goya gem that takes an eagle eye to know it's not the real thing. Brilliant substitute with the glitter and glow of the real diamond. All sizes and shapes in a wide choice of settings, at realistic prices—only $30 a carat. Write for free catalogue. Heraldica Imports, HG1, 21 W. 46 St., New York, NY 10036.

LADY WITH FLOWERS

FROM JAPAN'S GOLDEN AGE.

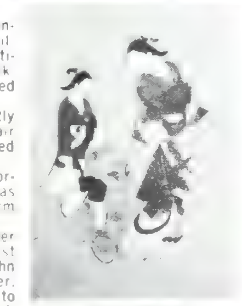
The delicacy and grace of 18th century Japan recreated in exquisite detail. Full color, mounted lithographs, beautifully matted and framed in black. Suitable to any decor. Each framed subject measures 20x26 inches.

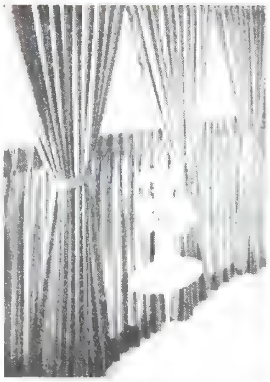
The Lady With Flowers, resplendently robed, sits upon a black and gold chair on an ochre ground the color of aged silk.

Two girls carry a letter to the favorite in the royal garden. Figures as graceful as reeds on a ground of warm peach.

Shipped ppd. $27.00 each. Order early as this is a limited signed first edition, personally supervised by John Locander, noted artist and lithographer.

Send check or money order to CEZANNE PRESS, 124 Via Del Sol, Walnut Creek, Ca. 94596.


THE LETTER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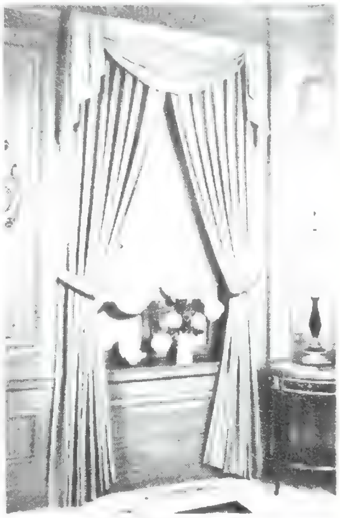
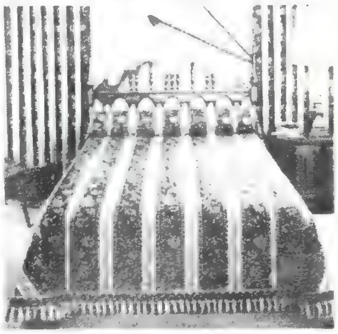

SWAGS & JABOTS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Normally, buying direct from Ronnie, you'd save up to 40% on Bedspreads and Draperies. Right now — is our between-season lull and our workrooms are at their slowest pace. By acting now you can save an additional 33⅓%. Procrastinate a fortnight—when we start to get busy — and you earn only 20%. Stall for a whole month and you pick up a mere 15% savings. Be quick, be alert. Get that coupon in the mail now!

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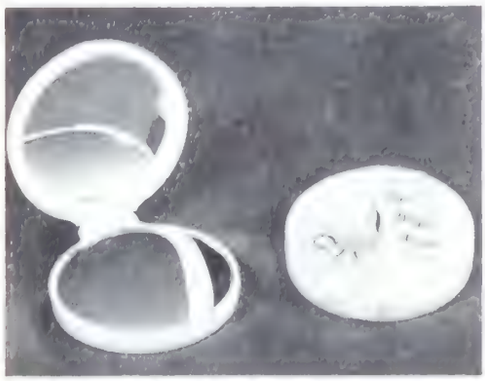

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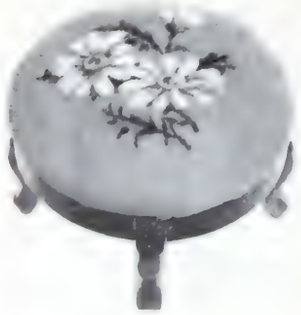
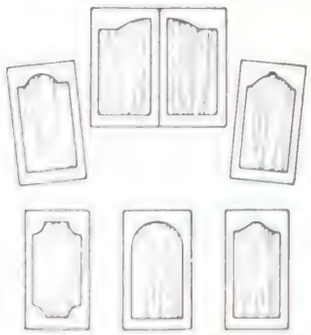


HANDPICKED DAISIES

Daisies *do* tell! You needlepoint background for pillow or footstool; flowers are handworked for you in white, gold and green. 14" by 14", $6.95 plus 50c post. Add $3.50 for antique gold background yarn. Stool, 8" h., 11" dia. in muslin, fruitwood finish sized for canvas $17.95 plus $1.25 post. The Stitchery, HG1, Wellesley Hills, MA 02181.



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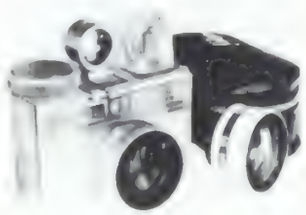
Nothing is quite as elegant as a classic frame for covering inside windows. Add your own fabric to a hinged, custom-shaped frame made to your specifications; hardware is included. Free brochure and information. Town & Country Woodcraft Co., HG1-4, 219 N. Carpenter St., Chicago, IL 60607.



PICTURE PERFECT

Extend your camera's possibilities with snap-on lenses. Wide-angle lens for panoramic, scenic group views; telephoto/portrait lens brings distances up close. Specify model number. Two lenses with carrying case, for Instamatic, $22.99; Polaroid, $39.99. Add $1 post. Free catalogue. Camera Haven, Dept. HGE, Box 125, St. Ann, MO 63074.

PHONE LIGHT

15,000 hour neon bulb light is housed in same durable material as any Bell desk-type phone. It lights up dial for quick reading; two-way switch keeps light on as a night light or lights only when receiver is lifted. Gives real night-time security. White only. $5 ppd. Messen Imports, HG1, Box 201, Miami Shores, FL 33153

GROOM THE BATH

No need to have ugly cracks and openings around tub, sink or basin marring the beauty of your bathroom. Seal them up with self-sticking tape. Merely press tape on clean, dry surface and the job is done. 11 foot roll, $1.98 plus 35c postage. Order from Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

TOP BILLING

Flatter a favorite person with a caricature of himself that tells him he's the world's greatest something-or-other (*you* specify *what*). Design's on 13½" by 9" woodgrain plaque; send clear photo, information about eye and hair color, and name. $15 ppd. Bruce Bolind, HG1, Boulder, CO 80302.

SHOPPING AROUND

SECRET SPREAD REST

What a great idea—a caddy hides under the mattress while the bed is made up. At bedtime, slip it out, swing down folding legs and turn the spread over it, neatly and out-of-the-way. Fits low foot boards, Hollywood style beds; use two for double or king size. $6.98 each; two, $12.98. Add 90c post. Garrett's, HG1, Box 12274, Dallas, TX 75225.

TREASURE CHEST

Keep precious flatware tarnish free with a handsome solid cherry chest with cast brass pulls, Pacific silver cloth liners in four drawers, all 2" d. Queen Anne legs, finished back, distressed fruitwood finish. Brown or red dish brown. 24" w., 15" d., 37" h. $164 exp. coll. Catalogue, $1. Ephraim Marsh, Dept. 161, Box 266, Concord, NC 28025.

BACK BOON

Reading, eating, watching TV in bed—that's luxury! For extra comfort while lolling in the lap of luxury, a foam-padded, floral printed back rest to cushion back and shoulders. 24" h., 16" w. with brass frame; light weight; adjusts to 10 positions. $12.98 ppd. Better Sleep, HG1, New Providence, NJ 07974.

BAROQUE BEAUTY

Handwrought chain and baroque pendant so reminiscent of many Italian fountains is a lovely addition to winter fashions. Boccaccia pendant is 3½" high on a 27-inch hand wrought chain; Florentine silver alloy of intricate design. $5.75 ppd. Shopping International, Inc., 773 International Bldg., Norwich, VT 05055.

Know your blood pressure

If your doctor recommends you keep close tab on your blood pressure, here's the perfect instrument. High-quality Aneroid-type with touch and hold Velcro® sleeve. No slipping. Accurate, easy-to-read gauge. Compact zippered case. Unconditional one-year warranty against defects in workmanship or materials. $17.95 plus 85¢ postage. You'll need a stethoscope. We have an excellent one for $4.95 plus 45¢ postage. Money-back guarantee if returned ppd. within 30 days.

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THE PEWTER LOOK

Our stainless steel flatware authentically reproduced from an antique English design. Classic pistol handle knives, 3 tined forks . . . and a mellow pewter look. Dishwasher safe. Service for eight includes: 8 dinner forks, 8 dinner knives, 8 salad forks, 8 soup spoons, 16 teaspoons and 2 serving pieces.

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Service for 12 ..... $52.50

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How often have you wondered whether those draperies you liked so well would go with the design or color of your furniture? Or would that red rug you saw clash with the color of your walls and woodwork? And perhaps you couldn't decide if that heirloom sofa you inherited would fit in with the general overall decor of your room. Can you blend modern with traditional? Can you paint your small room a dark color? What's the best way to treat those bay windows? Questions, decisions, doubts!

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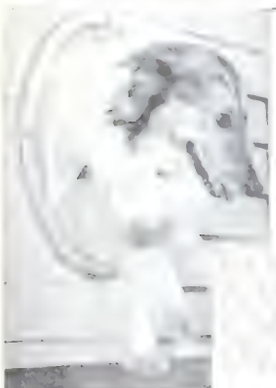

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No straps, bones or wires. Unbelievable [illegible] until you try it.

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SHOPPING AROUND

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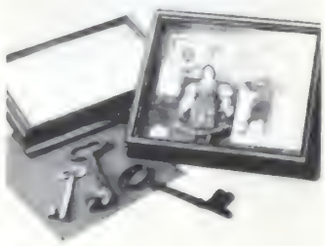
Dressmakers and home sewers will appreciate using the same quality thread used by manufacturers of textile items. Set of 16 spools in Kismet 100% mercerized cotton; two black, two white, and 12 basic colors—a grand total of 19,200 yards. $7.75 ppd. Home Sewing Notions, Inc., HG1, 10 Wayne Rd., Spring Valley, NY 10977.

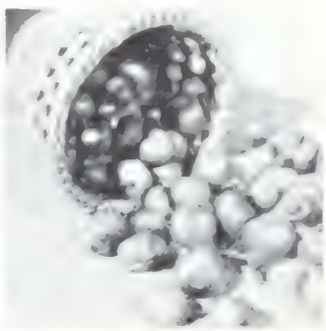


DOWN MEMORY LANE

Treasured keepsakes, snapshots, souvenirs make a handsome grouping when they're arranged in a shadow box. Rich antiqued wood frame has 1" to spare between glass and plush red backing. Choose two inside sizes: 8" by 10". $6.50; 6" by 15", $6.98. Add 50c post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

TO HAVE AND TO FOLD

Space saving table made in Europe of solid beechwood and finished with oiled walnut veneer. Closed, 9" by 30"; one side up, [illegible] by 30"; fully opened, 65" by 30" and it seats eight. 30" high. Perfect for apartments. $49.95. Exp. coll. Shipped assembled. Danish catalogue, 25c. Genada Imports, HG1, Box 204, Teaneck, NJ 07666.

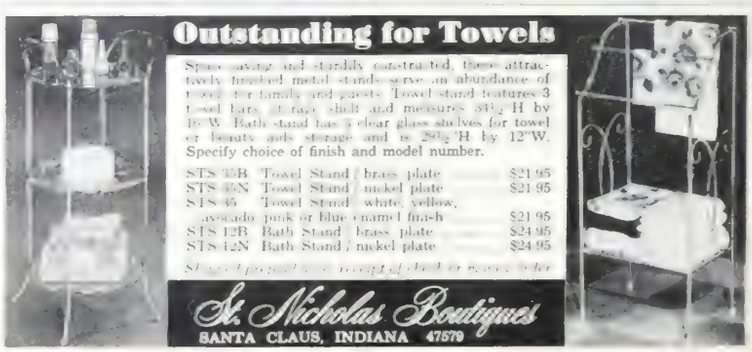


GIFTED SHALLOTS

Gourmets treasure the shallot that imparts a subtle, delicate oniony flavor to foods. Give a gift subscription for a fresh supply every month. ¼ lb. for 6 mo., $3.75, for 12 mo. $6.50 or ½ lb. for 6 mo., $4.75, 12 mo., $8.95. ¼ lb. sample, 65c. Ppd. GNL Shallot Distributors, HG41, 51 DeShibe Terr., Vineland, NJ 08360.

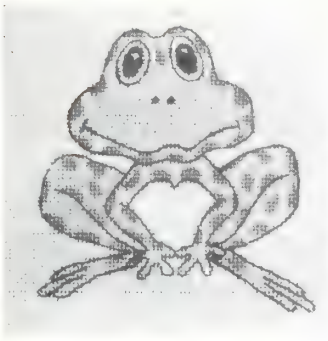
PARTRIDGE FAMILY

For a favorite friend or relative, the handsome partridge in a pear tree from "The Twelve Days of Christmas" song. Limited edition medallion, the first of a series, is die struck sterling silver. 1¾" dia. $11; six, $60. 24" sterling silver chain, $7.95. Ppd. Sarah Williams, HG1, 3520 Highland View Dr., Austin, TX 78731.



SHOPPING AROUND

PENSIVE FROG

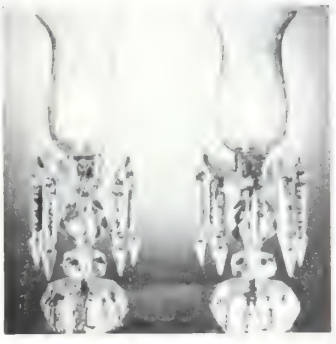


Needlepoint design to do in frog gy greens on 12" sq. cotton canvas with Paterna Persian. $6.95 with design, wools, needle and instructions. Add 45c post. Wood frame: oak or white finish, $2.25. Others: Purple hippo, pink elephant, beaming bull, breezy bouquet or topsy turtle. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

A SHOE-IN

What's happened to shoes is a revelation—wedgie walking comfort and now open-toed cool. The Edna says it in luggage tan, bone, black, white, blue, low 1" wedgie heel. 4 to 10, $15.95, 10½ to 12, $16.95. For widths AAAA to EE. Add $1 post., 25c each add'l pair. Solby Bayes, HG1, 45 Winter St., Boston, MA 02108.

CRYSTAL CACHET



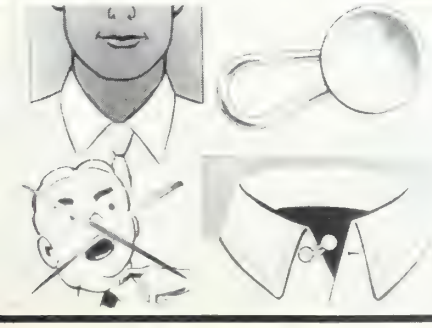
Beautiful hurricane lamps of imported cut crystal are a decorative treasure. Hand-etched chimneys, 4" spears fit onto the handsome scalloped bôbeche. Overall 16" high, 5" dia., $34.95 a pair. Exp. chg. coll. Catalogue of crystal lighting ideas, 10c. Luigi Crystal, HG1, 7332 Frankford Ave., Philadelphia, PA 19136.

QUICK CHANGE EASEL

Change favorite snapshots in a trice by using wood grain easel that comes in three shapes to take square 3½" by 3½" photos or 3⅜" by 4¼" verticals or horizontals, all Polaroids fit (specify which). $1.98 each; $3.50 a pair; add 20c postage. International Merchandise Corp., HG1, 15 Old Town Rd., Wellesley Hills, MA 02181.

THE SPORTING THING

"I made it myself," will bring compliments when you give ties with design worked in crewel. Golf, tennis and skiing, mallard duck, sailing and fishing motifs on wrinkle-resistant beige fabric; wool yarns in appropriate colors; kit, $4.95 each plus 45c post. Catalogue, 25c. The Needleworker, HGE-1, Box 488, Weston, MA 02193.



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Collar-Extender button "loosens" tight shirt collars. Ends all-day tugging. Expands collar up to ½ size larger for that "just right" feeling. Invisible behind tie. Can be transferred from shirt to shirt in seconds. Set of 2.

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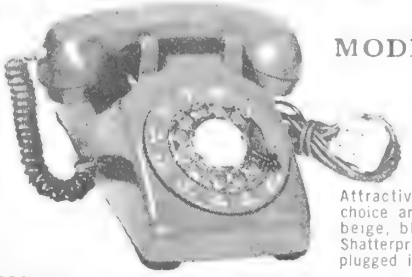

MODERN COLOR PHONE
$19.95
With finger dial, plug & cable
Attractively designed American phone in a choice array of decorator colors: white, black, beige, blue, green, ivory, pink, red, yellow. Shatterproof plastic, lightweight. Ready to be plugged in and used.

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Sleek and low design. Colors: white, beige, blue, pink.
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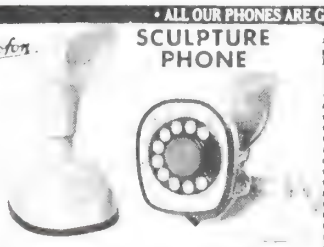
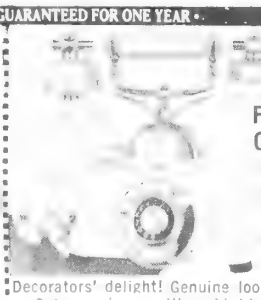


Swedish prize winner. Dial and stop button at bottom. Colors: white, ivory, green, beige, blue, red, pink.
$49.95
Buzzer & cable



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$59.95
With finger dial, plug & cable
Decorators' delight! Genuine look of elegance! Colors: ivory with gold, black with gold

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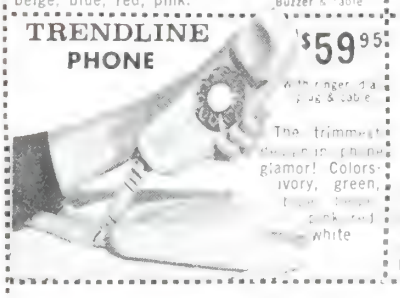
$59.95
With finger dial, plug & cable
Trim trimmed in gold for glamor! Colors: ivory, green, white



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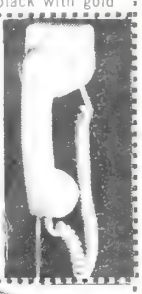
$19.95 with long cord
Delicately sleek and neat. Don't miss any calls in the shower! Colors: white, beige, red, ivory, green, black.



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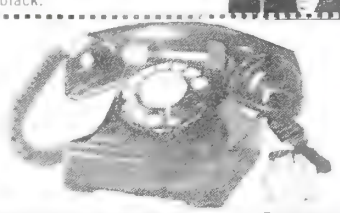

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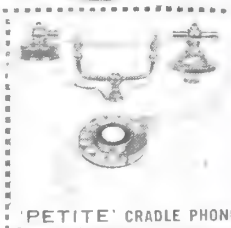

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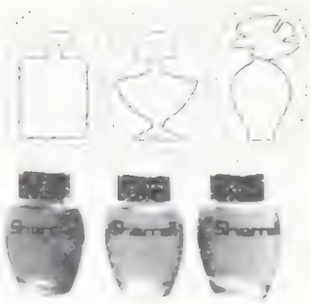

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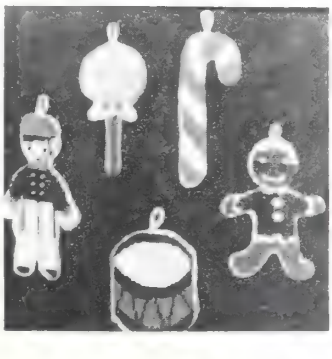

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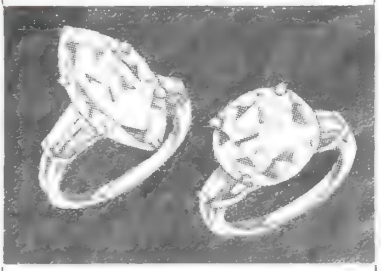

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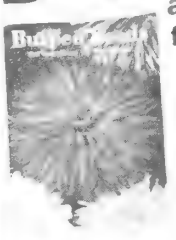

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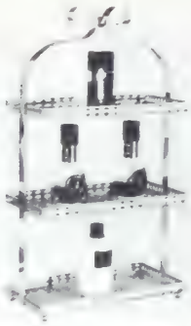

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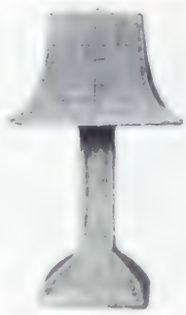

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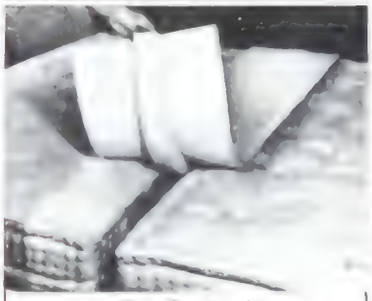

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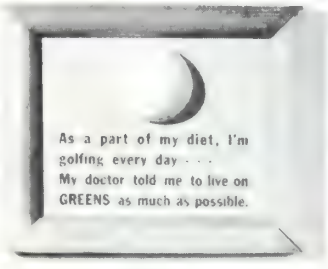

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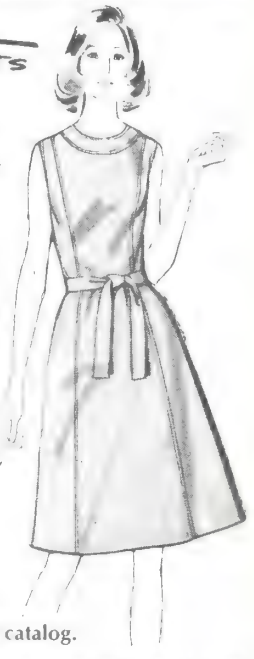

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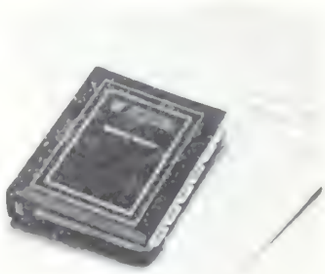
MUSICAL IVORY

Listen! This beautiful pendant is not only lovely to look at, it's a tiny but talented music box as well. It's made of fine silver with heavy gold plating, and has an ivory embossed design. The tender tune: "Somewhere, My Love." 1¼" by ¾" by ½". $68 plus $1 insured mail. Hildegarde's, HG1, 597 Farmington Ave., Hartford, CT 06105.

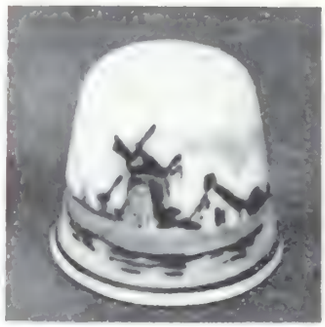


KEEPING TABS

Insurance companies, police, moving companies all recommend keeping household inventory. "My Possessions" has printed forms in several sections—jewelry, silver, paintings, hobby equipment, credit cards, more. Black moire trimmed in red. $11.50 ppd. Robert Shillinger Co., HG1, 409 Fidelity Bldg., Cleveland, OH 44114.

FINDERS KEEPERS

There's no mistaking his ball for the others on the green or in the rough—his, thanks to you, is gold and personalized with his full name (limit 18 letters and spaces)! Golf balls in solid state design are guaranteed for accurate performance. Set of six, $5.98; set of 12, $9.98. Ppd. Walter Drake, HG47 Drake Bldg., Colorado Springs, CO 80940.



NIMBLE THIMBLE

Traditional Dutch windmills are hand-painted on a Delft china thimble ¾" h. The blue of the design is that typical rich, glowing color that is world famous. Skilled needle women and beginners alike appreciate a fine thimble. $1.50 ea.; two, $2.75. Add 25c post. Ferry House, HG1, Briarcliff Manor, NY 10510.

COPPER CURE-ALL?

We're not making any claims but apartment, exhibits and others say the copper cures. They swear by it. Seemingly some people's bodies react and pass the benefits.

MEN'S COPPER BRACELET ..... $3.98 + 30¢ Mailing Each
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A new entry into the fashion design world! Now you can have the fabric shear of the future. This precision cutting tool, with off-set handles, lets you move over the material instead of behind it. Less effort, cleaner cuts, and greater accuracy. All nickel plated, 8" long. ***$8.95 + 65¢*** *postage.*

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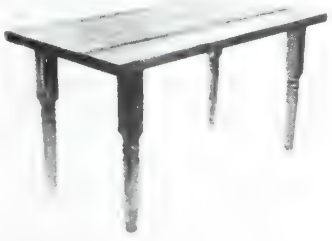
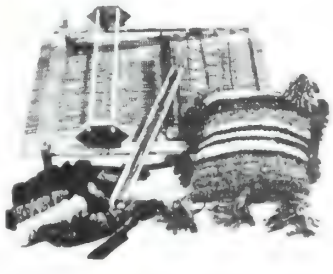


PASTORALE

Hand-painted cachepot from Portugal, with matching 5½" saucer, fired to a gem-like glaze, has shepherding motif with flowers, foliage, decorative rings. Soft blue brown tones. Use as plant holder or ornament. 6" dia. by 5½" h. $9.98 plus 75c post. Lilly's Garden, Dept. G14, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

WARP AND WEAVE

Do-it-yourself pillow complete with weaving loom! To create 16" sq. pillow, kit includes pattern, instruction, yarns (gray, brown, white, black, with orange silk accents), comb-beater, wood shuttle and reference photo. Loom can produce 20" by 60" weaving. $24.95 ppd. The Attic Weaver, HG1, 5703 Northumberland St., Pittsburgh, PA 15217.



TENNIS, SOMEONE?

A handsome bag that can keep things really organized; compartments for racquet, balls, all the tennis gear. 16½" h. by 15½" w. Dark blue heavy-duty canvas with white lettering. Handles are generous length for fitting shoulder to leave hands free. $14.95 plus $1 post. The Gift Tree, HG1, Box 55, Kensington, MD 20795.

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No doubt about it — it's the making of a room! Breathtakingly beautiful lamp sends up sprays of brightly colored cascading lights on two separate tiers. Dramatic mood lighting at its best! The lovely result of space-age "cold light." Miracle fibers conduct light, yet beads remain cool to the touch, safe for curious little fingers. Turn it on and hundreds of red, green and gold jewels of light bathe your room in dazzling brilliance that rivals a moonlit "Fourth of July" fireworks display! Softer, more romantic than candlelight. Absolutely spectacular as a centerpiece. Uses 2 ordinary "C" batteries (not provided). Bound to sell out fast —order at once!

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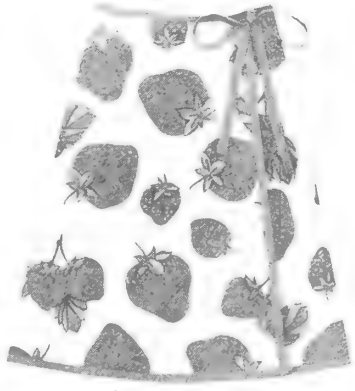

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Cope with pesky clogged drains effortlessly with a handy gadget that attaches to any tapped male or female faucet spout for flushing sinks, showers, bathtubs, toilets. Drain-King is chrome-plated solid brass with 10' hose; works best on 2" to 4" drains. $8.95 ppd. Ranch Co., HG1, 18658 Chase St., Northridge, CA 91324.

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Now he sees it, now he doesn't—that intelligent cat you know will love playing "mouse in the hole." The mouse, by the way, is an elusive ball that will entertain him for hours. In blue sturdy plastic; 6" dia., 3" h. $3.45 ppd. Catalogue, 25c. Suburbia, Inc., Dept. 340, 366 Wacouta, St. Paul, MN 55101.

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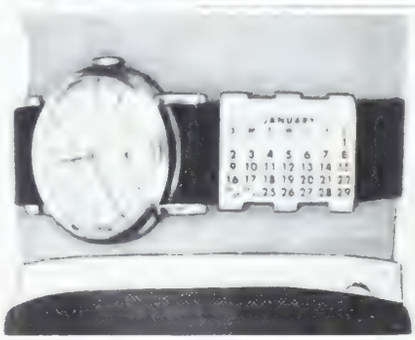
Crush white textured vinyl seat padded fully with foam, initialed in light blue and garlanded in delicate pastels. An elegant addition for any bath or powder room, it compliments so many decorative schemes. Specify one initial. $29.95 plus $1.25 postage. Initially Yours, HG1, Box 314E, Perrine, FL 33157.



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CALENDAR SET $1.98

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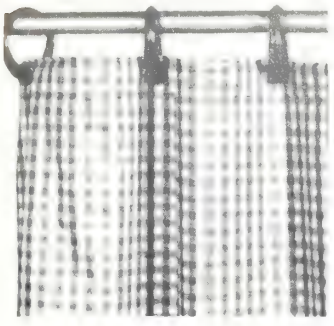

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Choose any message or slogan up to 30 letters—it's printed on swinging sweatshirt or T-shirt. Great for clubs, any "in" group. Quality cotton; machine washable; non-fading printing. Navy or powder blue. S, M, L, XL. Sweatshirt, $5.95, T-shirt, $3.95 ppd. Holiday Gifts, Dept. 301C, Wheat Ridge, CO 80033.

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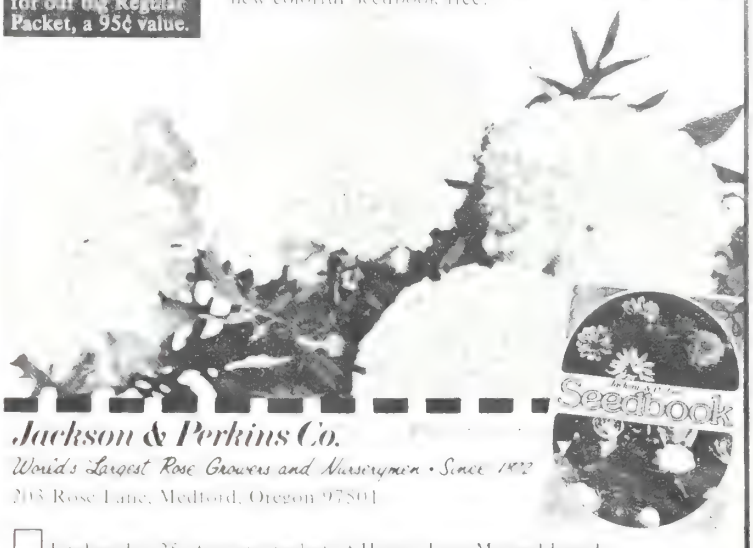

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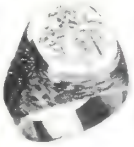

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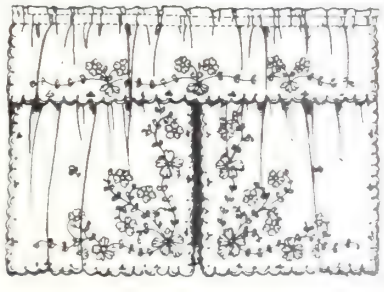

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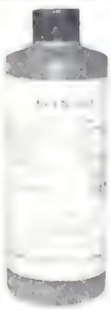

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Relax in "Armand." Deeply padded, about 30" h. by 25" w. Upholstered in your fabric (send 3½ yds., 54") $59. Upholstered as shown $83.50. Exp. coll. Choose from a variety of fabrics: solids, prints, cut, crushed, antique, and plain velvets. Catalogue, fabric samples $1. Hunt Galleries, Inc., HG741, 2920 No. Center St., Hickory, NC 28601.

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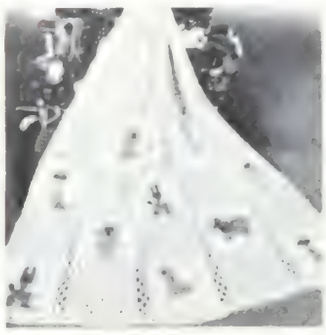

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Whimsical ducks, rabbits, cats and elephants (worked in cross-stitch later) are all on an easy-to-crochet afghan to greet a new arrival. "Toyfair's" background is soft yellow or white (specify). Kit to create 36" by 44" afghan includes acrylic yarns and directions. Washable! $7.95 plus 75c post. The Stitchery, HG1, Wellesley Hills, MA 02181.

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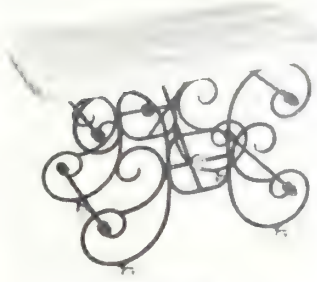
BUTCHER BLOCK PLUS

The plus here is a French baker's cart base in black wrought iron with brass accents and Shepherd casters that add mobility, but lock in place. Top, 42" by 24" with rounded corners. 34" h. $225 plus $20 crating. Exp. chgs. coll. Catalogue, $1. J & D Brauner, Inc., HG1, 1331 South Michigan Ave., Chicago, IL 60605.



LET IT STORM

Snug, sturdy boots take rough weather in stride. Lined with orlon fleece, with nonskid crepe rubber soles and sueded water-repellant uppers, all trimmed with Dynel mouton and leather. They're worn over shoes, any size heel. Sizes 4-10 in black, brown. $24 plus $1.25 post. Free catalogue. The Talbots, Dept. WP, Hingham, MA 02043.

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Unique do-everything kitchen utensil was invented by Graham Kerr, the "Galloping Gourmet." There are five varieties; curved or flat to scrape pans or bowls and a hollow for spill-free draining. In solid wood on 2" by 11" rack, set, $4.98 plus 50c post. The Country Gourmet, G1, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

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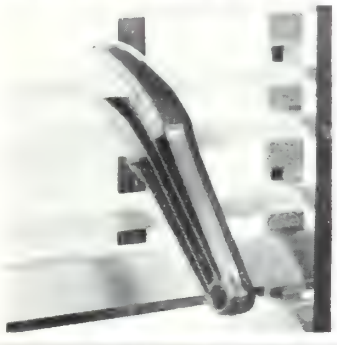
It's easy to keep your Venetian blinds free of dirt and dust with this efficient little tool. New double-duty design does two slats at a time on both sides. Simply dip in suds and foam pads do the cleaning with one wipe. Takes half the usual time. $1.98 plus 35c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



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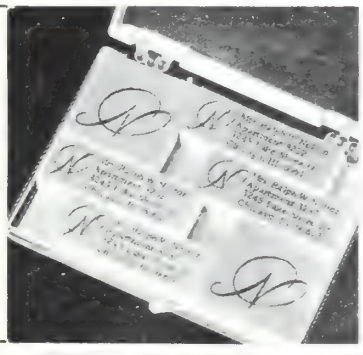

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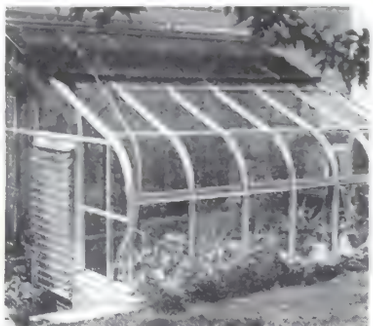

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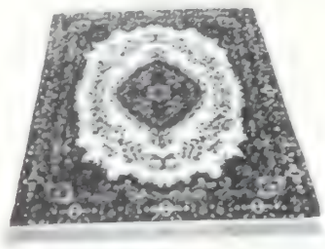

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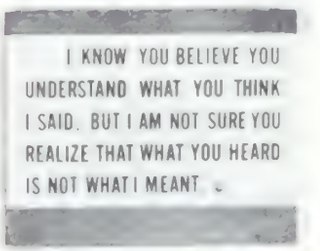

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What happens when a little girl buys some favorite sweets from her favorite vendor? Well, in this case, "The Candy Man" comes tinkling out of a ceramic music box. Colorful figurine is hand-painted. $6.95 each; two $12.95. Add 35c post. each. Michael Allen Gifts, HG1, 6542 Bradford St., Philadelphia, PA 19149.

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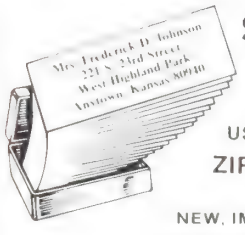

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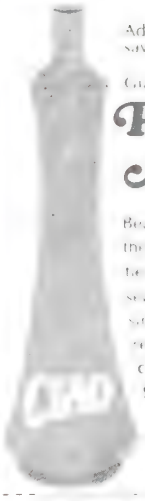

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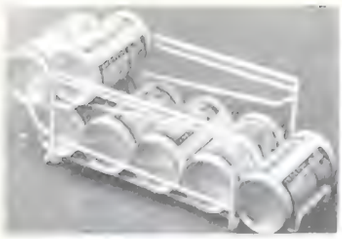

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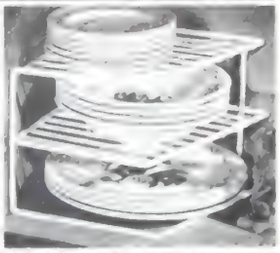

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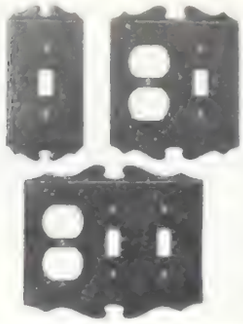

SMART SWITCH

Black switch from New England is handsome on any wall here at home. A variety includes: duplex outlet, $1.49; single switch, $1.49; single outlet, $1.95; two-switch or two-outlet, $1.95 each; two switch outlet, $2.75; three, $2.75; four, $3.25. Add 25c post. each order. Hardware Emporium, Dept. G, 353 Main St., Danbury, CT 06810.

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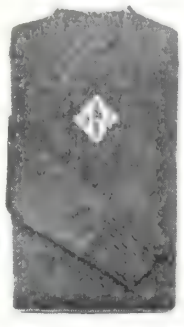

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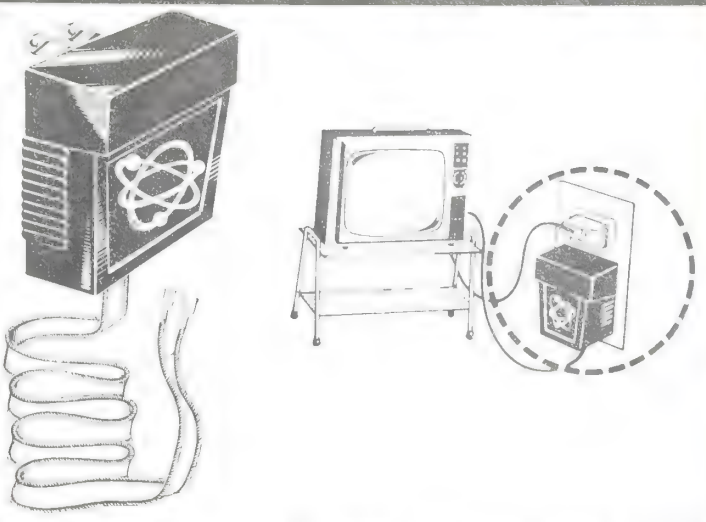

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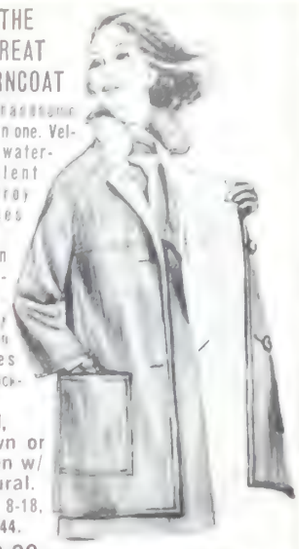

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Gold, Brown or Green w/ Natural.

Sizes 8-18, 36-44.

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Add $1.00 post. $18 required for COD. Layaway Purchase Plan.

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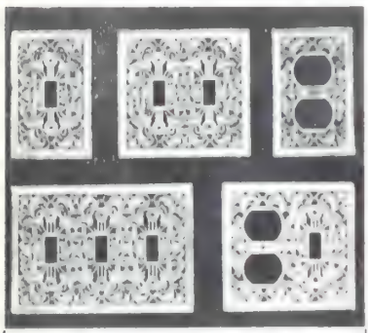

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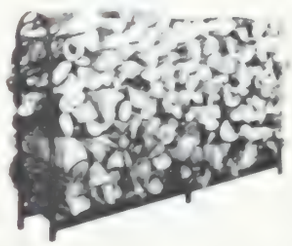

SUPER STACKER

Heavy duty rack holds a half cord of wood neatly stacked and ready for the fireplace. Matte black wrought iron rack folds flat for storage. 4' by 4' by 14" deep. Keep the wood in the cellar, on the porch or a corner by a door near the hearth. Holds up to 1500 lbs. $34.98 plus $2.75 post. Harriet Carter, HG-1293C, Plymouth Meeting, PA 19462.

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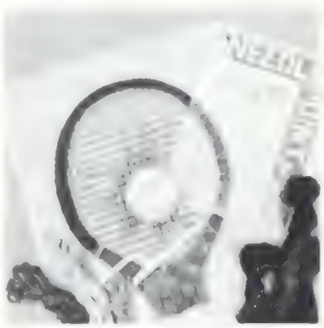
If the man wants to give his bride a right-on present, a reproduction of the wedding invitation in sterling silver or in yellow gold. For this undiluted charm, he sends the original; or a license, announcement, score card, diploma (returned with order). Sterling $13.95; 14k gold $39.95. Plus 50c post. Holiday Gifts, 301-D, Wheat Ridge, CO 80033.



RACQUET JACKET

Tennis enthusiasts will love a personalized racquet cover in needlepoint. Original design is oil painted by hand on #10 canvas in red, white, and blue, with three-dimensional yellow ball; Specify initials. $29.95 ppd. Needlepoint by Myrna, HG1, 13155 Biscayne Bay Terrace, No. Miami, FL 33161.

LIGHT TO GROW ON

Plant light contained in a walnut finished wood stand is a modern miracle for indoor plants. It stimulates plant growth and flowering with fluorescent light near to actual sunlight. 26" by 22" by 11½" and adjustable height. Can be connected to on-off timer. $29.95 plus $1.75 post. Artisan Galleries, HG1, 2100 N. Haskell, Dallas, TX 75204.

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Our grandmas had their own solution to purse snatchers. They stashed their cash by their booms! You can, too, with this handy money cache. Snap it to your straps and relax. Plastic lining and fold-over flap keep contents safe and dry. Order #141 $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

SHOPPING AROUND

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Look once, it's a coffee table—look again, it's a terrarium or greenhouse! Made of clear polished molded acrylic, it's 19" h. with 36" dia. unbreakable top. Inside, put fish, favorite plants, sea shell or rock arrangements. $170 ppd. Curd Enterprises, Dept. B, 211 Iroquois St., Charleston, SC 29406.

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Small scale versions of famous Revere cookware copied down to the last detail. Satiny-finish stainless steel with gleaming copper-clad bottoms. The creamer holds approximately one cup, is 2¾" dia., 3" h., $2.29. Sugar bowl looks like a miniature Dutch oven, 3⅜" dia., 2" h., $2.19. Ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

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Get into the joys of growing your own thing. Burpee puts out a terrific gardening catalogue, all the information you need to plan and successfully grow new hybrid flowers or organically tame a vegetable patch. Lots of illustrations! Free from W. Atlee Burpee Co., Dept. 5314, Burpee Building, Philadelphia, PA 19132.

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Remember when little kisses of milk chocolate came wrapped in tin foil? They didn't last very long, but this "kiss" is made of sterling silver and will last a lifetime. A disarming gift for any age with a romantic outlook. Almost ½" high, with 18" sterling silver chain. $8.95 ppd. Free catalogue. Discoveries, HG1, Box 28054, Dallas, TX 75228.

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GLENDA: black, navy, beige, white kid; multi-color pastel kid (melon aqua yellow lilac); blue to royal ombre kid; beige ombre kid (2 shades beige); deep multi-kid (navy, maroon, green). Sizes 2½ to 10 $24.95; 10½ to 12 $25.95.
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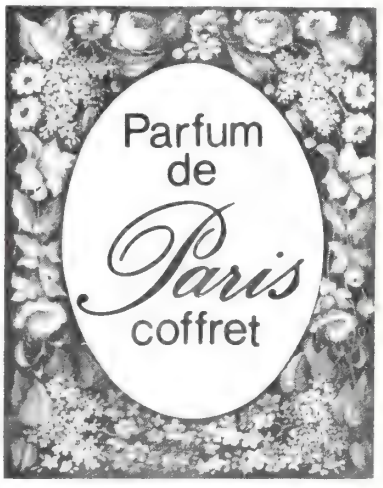

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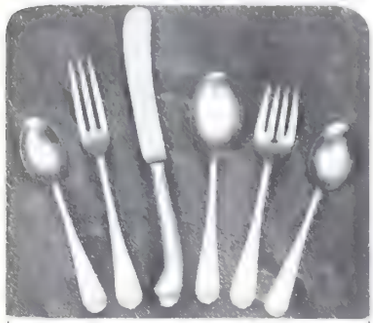

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BENTWOOD BEAUTY

Classic rocker is as great in '74 as it was in 1861. Steam bent beechwood with hand-caned seat and back finished in walnut, black or natural; orange, red, dk. green glossy see-through colors or white lacquer, $110. Exp. coll. Catalogue, $1. Door Store of Washington, D.C., HG1, 3140 M St. N.W., Washington, DC 20007.

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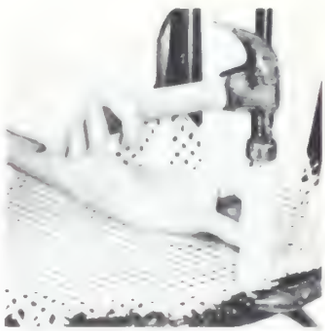
Bra extender enlarges the too small bra or makes an in between ... it properly. No sewing required. Hook to both ends of bra and find out how much easier it is to play tennis, golf or garden with a good-fitting bra. Specify two or three hooks. Two for $1 ... 5c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



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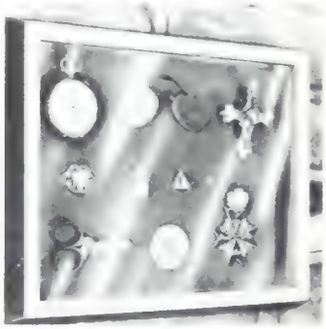
Perfect for do-it-yourselfers, a cane kit that includes sheets of cane and complete instructions for repairing grooved chair seats, room dividers, what have you. Square cane sheets in three sizes: 14", $6.45; 18", $8.45; 24", $12.45. Ppd. Catalogue, 25c. T.I.E., HG1, Box 1121, San Mateo, CA 94403.



SPECIAL EXHIBIT

Your prized memorabilia should be seen, not hidden. Put them in a wall display box, protected by pane of rigid glass. Holds coins, medals, spoons, charms, jewelry. Fasten to soft backing, close case, hang. Gilt-edged walnut frame, classic red back. 8" by 10" $8.95; 16" by 20" $18.95. Add 50c post. World Arts, HG1, Box 577, Wilmington, CA 90744.

EARTHY ART

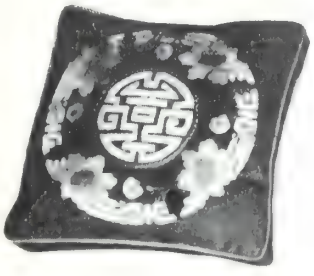
One almost expects to find little leprechauns resting beneath these intricately detailed mushrooms by Burk Sauls. One of the artist's lovely designs, lithographed on fine heavy-quality paper. 8" by 10". In black and white $1.75 each; four $6. Or water-colored by hand $3; four $11.50. Ppd. The Tattered Boot, HG1, Lamont, FL 32336.

EXTRA PHONE

Order an extra phone to match the décor. Color phone is fitted with cord and plug; it dials and receives and rings. Big choice of color; red, blue, green, ivory, beige, pink, yellow, gold, white or black. Only $16.95 plus $1.50 post. Free catalogue. Grand Com Inc., HG1, 324 Fifth Ave., New York, NY 10001.

ORIENTAL TO EMBROIDER

Classic design to do in crewel embroidery for a 14" by 14" box pillow cover. Kit includes design on bittersweet rayon and cotton fabric, crewel yarns in luscious yellow, pristine white and green, piping, zipper, needle and directions. $6.50 plus 50c post. The Stitchery, HG1, Wellesley Hills, MA 02181.



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Utterly darling for a curio shelf or miniature setting—three tiny candle holders in English pewter. Each is shaped a special way into a leaf, heart and chamber stick. They'll hold the standard birthday cake candles. Perfectly good for quickie light potential, too. 1" scale. Three for $3.98 plus 50c post. Wales, HG1, Hartsdale, NY 10530.

TIME THIEF

Is your pool robbing you of leisure time? Meyco safety pool cover takes just two minutes to put on or remove. Keeps out dirt, leaves and such; children and pets are safe when you're away. Discourages algae. Custom made for any size. 15′ by 30′, $239, complete, ppd. Meyco, HG1, 138 Haven Ave., Port Washington, NY 11050.

KNIT VALET

Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. Great on double knit slacks and blazers. May be used on fabrics of man-made fibers as well as wools. $1.29 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

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Delicate pendant of pure copper is hand-crafted by artisans in Colombia, where both metal and the natural emerald stone are mined. The orange-red copper has a long-lasting tarnish-proof finish, blends beautifully with fall fashions. 26" chain; 3" dia. $9.50 plus 50c post. Artisans Emporium, HG1, P.O. Box 29692, Atlanta, GA 30329.

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Quick-lighting mirror is always ready for use in dim light. Has phosphor bronze electric circuitry; unit in gold-finished Florentine housing; push-button activates high-intensity micro light. Gold-trimmed case, batteries included. 4" by 2¼" by ⅝"; $6 plus 30c post. Global Creations, HG1, 1029 Carrin Dr., Tallahassee, FL 32301.

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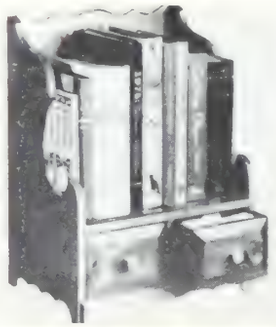

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SHOPPING AROUND

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Smashing three-piece *Tri-Kini* swim or sun suit. Cups, halter worn separately, together, in, out of water. No-strap cups perfect for tanning, fit snuggly, no bones, no wires. Double knit polyester in four colorful prints. Specify top, pants sizes. Cups, $12; halter, pants, $10 ea. Add 50c post. Bleuette, Inc., HG1, 509 Fifth Ave., New York, NY 10017.

RESTFUL PICTURE

Give your home a really personal touch with a photo pillow. Your snapshot is printed in black and white on foam-filled vinyl pillow with Scotchgard coating. Send any size photo (returned with order) in black-and-white or color (no negatives or slides). 11" by 11". $7.95 plus 75c post. J.W. Holst, Inc., HG1, 1005 E. Bay St., East Tawas, MI 48730

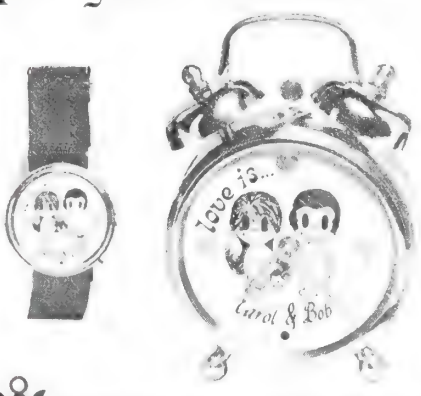
TWISTY KEY RING

Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. It has no links to loosen, no chain to break. Its intriguing twist-lock opens easily, but stays closed otherwise to rest in pocket or handbag. $1.29 plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

HORSE SET

Silver plate link bracelet and a pair of handsome scatter pins are beauties for the young equestrienne to wear at hunter trails and all upcoming shows. Wear with riding clothes or spectator sportswear—with tailored suits, pantsuits. $6.95 set plus 75c postage. Catalogue, 25c. House of Minnel, Dept. 514E, Deerpath Rd., Batavia, IL 60510.

For your valentine...



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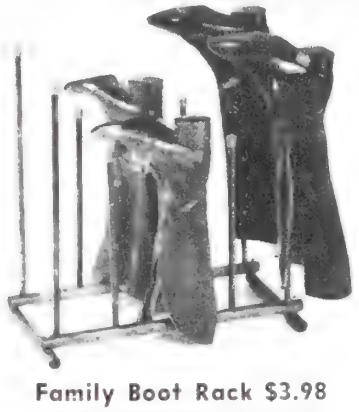

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ORGANIZES AND SAVES SPACE—GREAT FOR FAST DRYING AND SHAPEKEEPING!
Handy rack holds pairs of boots, galoshes keep them in shape—and hanging upside down they'll dry fastest when they're wet. Sturdy tapered wood dowels have protective caps. Adjustable sizes—pants size 12 high to 14. Made in U.S.A. Easy to assemble—takes only a few minutes. Order pair or any number of boots.
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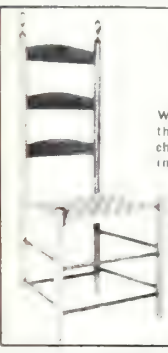

We offer accurate reproductions of Shaker furniture and accessories including three slat side chairs, elders' arm chairs, shawl back and tilted back rocking chairs, drop leaf and trestle tables, candle tables, sconces, hanging mirrors, hanging cupboards and many other Shaker items.
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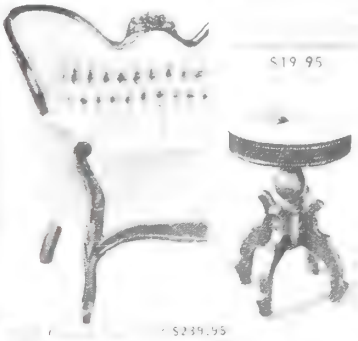
Shaker Workshops, Inc.
Box HG-1 Concord, Mass. 01742



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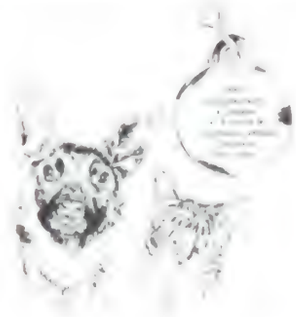

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Don't worry about your dog or cat [illegible] lost. This Identification Tag has all the necessary information for his safe return – pet's name, your [illegible] address and phone number – all embossed free. Lifetime polished stainless steel, complete with collar hook. **$1.00** ppd. Your order will be sent by FAST FIRST CLASS MAIL at no extra charge!
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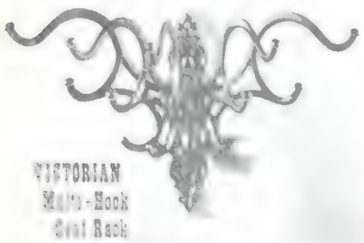

VICTORIAN CLOTHES RACK

Cast iron clothes rack is a reproduction from the Victorian era. Features five large swing-away arms. You'll have a place to hang hats, coats, scarves, even umbrellas! For bedroom, kitchen or bath[illegible] Extends 7½" from the wall; measures 14" wide. **$3.98** plus 75c posta[illegible]

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JUDY'S OF CALIFORNIA
Dept. 441, Box 1073, Lompoc, California 93436.

SHOPPING AROUND

GALLON GREENERY

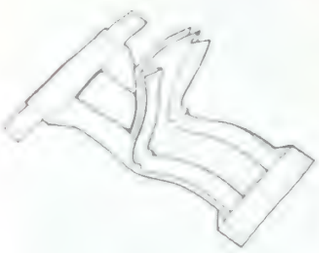
Would-be gardeners who have bad luck with plants, take heart: packet produces miniature garden of six woodland plants in two or three weeks inside any gallon-size container. No care needed! Instructions included. One packet, $2; two, $3.75; three, $5. Ppd. House of Wesley, Nursery Div., R.R. 1, Dept. 1414-38, Bloomington, IL 61701.

TRAVEL DESK

For writing and reading comfort in an easy chair, bed or even an auto, try the high-density plastic Wonder Desk that snaps to a level or slanted position without metal hinges. Folds flat for easy carrying: 13" by 19". Terrific as a lectern, too! $9.95 ppd. Joco, HG1, 4017 Fairfax Rd., Baltimore, MD 21216.

[illegible]L OF THE NIGHT

Blissful quiet maintains when [illegible]ti-snore mask goes on. The mask with adjustable plastic bands breaks the snoring habit and stops talking in one's sleep. [illegible]ducates jaw muscles. Many doctors recommend it. Washable nylon. $2.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



FOR SAFETY'S SAKE

Embarrassing moments are avoided for both children and adults when "Ever Safe" soft vinyl garments with heat-welded seams are worn. Liners inside are washable; prevent moisture escape. Give waist size. Complete set, $6.95; set of extra liners, $3.95. Ppd. Ralco Co., HG1, 1534 E. Edinger, Santa Ana, CA 92705.

STRAW VOTE

Winning the appreciative ayes: A wicker basket with needlepointed monogram. Kit includes 10½" by 5½" by 6" basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $5.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

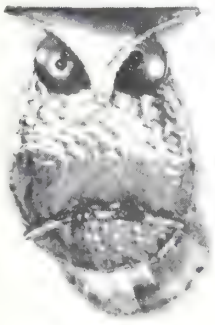
STOWAWAY

Nothing like preparing now for Christmas. Ornament chest has two lift-out trays to hold 92 different ornaments of three sizes; it has space for 8 sets of lights, tinsel and other tree-trimming paraphernalia. 27" by 18" by 12". Ships flat, assembles easily. $8; two for $15 Ppd. Bruce Bolind, HG1, Boulder, CO 80302.

SHOPPING AROUND

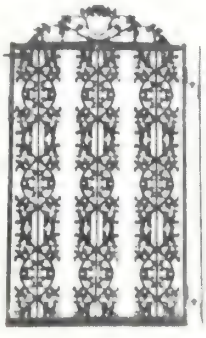
APPEALING BABY

A faint frown seems to impart a slightly quizzical expression to this charming baby owl. He (well, she, perhaps) is a bronze plaque in smoky bronze shades, with bright eyes of green glass. Lovely wall decoration, especially in pairs. 10" by 7". $12.95; two $25. Ppd. My Favorite Things, HG1, P.O. Box 297, Rheem Valley, CA 94570.



SWINGING GATE

Opens its welcome with all the old southern charm of ornamental scrolled ironwork. It adjusts 35" to 43" w., stands 56" h. The black-finish hardware for affixing it to brick or wood posts provided $59.50 exp. chg. coll. Free brochure on other gate and decorator items. Collins-Hanna Iron Co., HG1, 450 N. Decatur St., Memphis, TN 38105.

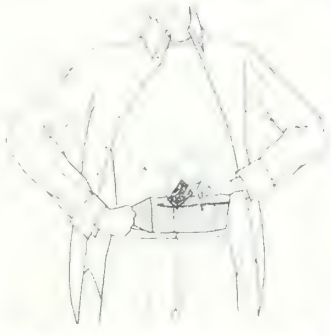


GIANT SMILE

Get the big picture: a variety of poster sizes, from any color or black and white photo. 18" by 12", $2; 18" by 24", $2.50; 2' by 3', $3.50; 3' by 4', $7.50. For lamination, add $2; frames for sizes up to 2' by 3'; $3. Add 50c post. ea. Blow Yourself Up Co., HG1, 663 Fifth Ave., New York, NY 10022.

HIDDEN ASSETS

Adjustable money belt is worn under clothing around waist. Inner pockets hold folded bills or important papers. For men to wear under business suits, ladies might conceal it beneath dark slacks. Slim construction makes it virtually invisible. $3.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



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Catalogue of furniture from all over the world selected with a discriminating eye for style, practicality and price. Great period reproductions and brilliant contemporary designs for grown-ups and kids. Storage systems, butcher block, bunk beds! $1. Storehouse, Inc., HG1, 2737 Apple Valley Rd., N.E., Atlanta, GA 30319.

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2.25 carats of man-made diamonds. 43 perfectly matched "diamonds" selected for their brilliance and durability. "Dinomite" dangles from a 14 carat white gold chain to enhance this lovely pendant.
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The set **$14.95** postpaid
The small table may be bought separately at $6.95 ppd. (large table sold only in set)

ELIZABETH McCAFFREY
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Pekinese Pillow

This perky pup will put a smile on your face. Complete needlepoint and crewel kit contains design on #10 canvas, tapestry and crewel yarns in shades of brown, tan, black and white, needle, diagram of stitches and complete instructions. Finishes 15" square knife edge pillow top. $11.95 plus $1.00 postage. Mass. residents add 3% sales tax.

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Here's one of the year's prettiest new crewel designs for a picture or pillow top. Kit includes design on 17"x17" natural Belgian linen; finest crewel yarns in the set of violet, olive green, blue-lavender, old blue and gold; needle and easy instructions. Only $4.50 plus 45c p&h.

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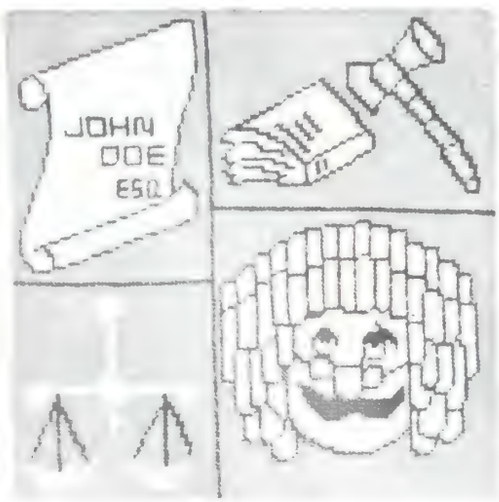

LAWYER PLAQUE TO NEEDLEPOINT

Here's a handsome personalized gift to work in needlepoint. Shown here as a plaque, it could also be used as a pillow top or framed picture. Kit includes design hand-painted on white mono canvas, Persian yarns to work brightly colored design and rich green background, needle and instructions, including directions for working the subject's name 10" x 10" design on 14" x 14" canvas. Only $16.95 plus $1 pstg. Other career plaques available at the same price: Doctor, Dentist, Accountant, Stockbroker, Nurse, Teacher, Homemaker, Pharmacist.

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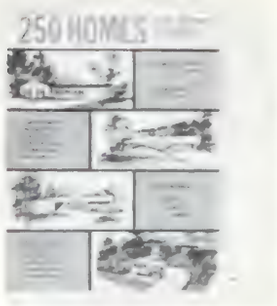
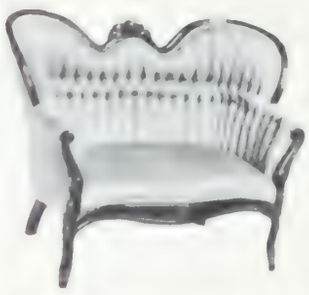


NEW HOUSING STARTS

Browse for your new home with this plans book. Distinctive contemporary designs; Colonial, Tudor, French adaptations. Traditional and optional elevations; 1064 to 1992 sq. ft.; budget section from 864 sq. ft. 176 pages $2 ppd. Blueprints at low cost. Home Planners, Inc. Dept. HGE-41, 16310 Grand River, Detroit, MI 48227.



LOVE OF A LOVESEAT

Treasured piece of fine furniture reproduced from the romantic Victorian era. Hand-tufted with a rose-and-leaf carving on the arched crest. Velvets and patterns in dozen of shades. 51½" by 28¾" by 34" h. $239.95. Exp. chgs. coll. Big Victorian furniture catalogue with fabric samples, $1. Magnolia Hall, HG1, 726 Andover, Atlanta, GA 30327.

CARPET TAPE

Double-faced adhesive vinyl tape is ideal for rugs and carpets at the pool, on patios and porches. 1½" wide, it is easy to apply and removable and re-usable. Prevents skids or falls. Water proof to withstand splashing around the pool. A big 12' roll $1.59 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

KEYS IN STITCHES

Lollipop flowers, daisies or golf, tennis, bowling, sailing or skiing designs on 2" by 3½" key tags. Stitch initials on the back. Complete kit of canvas, Paterna Persian wool, design chart, needle, chain, easy-to-follow instructions. $2 each, six, $10.95. Add 45c postage. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

KNIGHT OF KNIGHTS

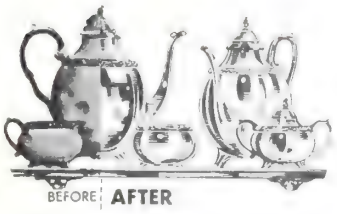
Capture a knight in shining armor. English brass rubbing of Sir Robert de Bures glimmers in his 20" by 79" size with a 5" border on all sides. Available in gold or silver metallic wax on black rag paper. When mounted and framed its beauty is enough to stop a dragon. $55 ppd. Unique Enterprises, HG1, P.O. Box 7971, Fresno, CA 93727.

GREETINGS!

Lawn sign tells them "this is the place"—lettering of your name is in Old English style on both sides of handsomely grained ashwood framed in its own bark. Matte black hanging bracket and hardware included, sign is 5" by 14" and weatherproofed. $9.95 plus $1 post. Countrycraft, Dept. HG1, Line Lexington, PA 18932.

SILVER PLATING SALE

For a limited time only silver plating is being done at sale prices. All work is 100% guaranteed; dents are removed at no extra charge. It is a perfect time to have heirlooms fixed and quadruple silver plated. Free price list. The Senti-Metal Co., Silverplating Div., HG1, 1919 Memory Lane, Columbus, OH 43209.

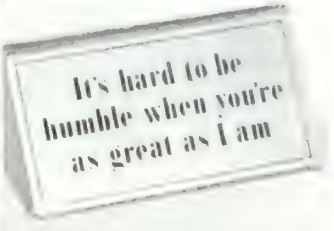


CREWEL BY THE YARD

Marvelous buy in exquisite crewel fabric. Imported from India, natural hand-woven cotton embroidered with multi-colored flowers. Richly textured fabric lends itself to upholstery, slipcovers, draperies, long skirts. 50" wide. One yard, $12 ppd. Swatch, color catalogue, 50c. Gurian's, HG1, 276 Fifth Ave., NY 10001.

LOUD AND CLEAR

Gold-colored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty here, or is it ego-assuaging? It'll give friends a joshing good laugh! 4" by 4" on stained wooden stand. $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



STOOP STOPPER

Sagging shoulders get a lovely lift with the PiPeer shoulder brace, a lightweight device that puts posture on the straight and narrow. Three-ply ventilated material with softly padded invisible arm bands. Men measure around chest; women below bust. $6.95 plus 45c post. Piper Brace, Dept. HG14SH, 811 Wyandotte, Kansas City, MO 64105.

BUCKET BEAUTY

Polyester replica of a 150-year old bucket is for live plants, flowers, or magazines. Hand-stained; "poured," resists scratches, extreme cold or sun; impervious to water. Drain can be drilled. For floor, or hang by rope, 6½ lbs.; 10" by 9". $12.95 ppd. Flowers not included. Lamarche & Sway, Inc., HG2, 10990 70th Ave. No., Largo, FL 33542.

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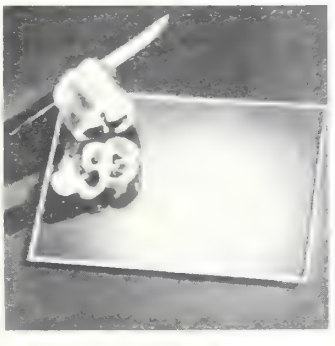

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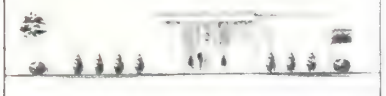

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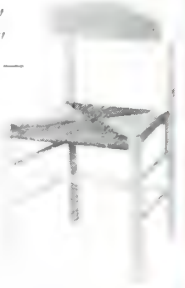

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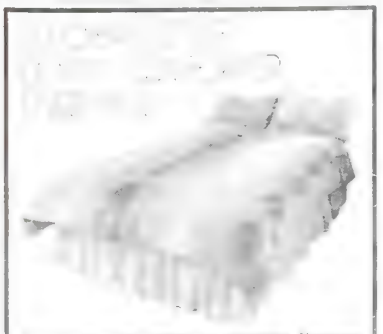

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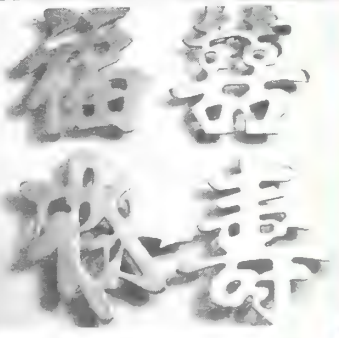

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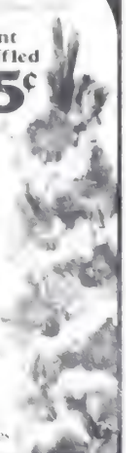

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Gardener's Notes

by James Fanning

Energy is where you find it, and the clever Icelanders are taking full advantage of two energy sources with which their island is blessed. Guests at Icelandic Airlines Loftledir Hotel in Reykjavik are pleasantly surprised to find fresh flowers on tables in the dining room. But it is even more surprising to be told that the flowers come from greenhouses heated by natural hot water. This comes from geysers that have been tapped, or from wells, some drilled as much as a mile deep. The greenhouse, *right*, grows hibiscus, with escaping steam from a hot-water well rising just outside. Other ranges produce roses, primulas, and just about everything you'd find in a greenhouse anywhere. Artificial light, a prime necessity during sunless winter days up there near the Arctic Circle, comes from electricity generated by the water power with which Iceland is generously endowed. It goes without saying, of course, that the same hot water and electricity furnish heat and light for Icelandic houses and office buildings. House plants are as important in Icelandic decoration as they are in the U.S., and garden centers are as common there as here. Some of these greenhouse-garden shop combinations are quite elaborate, where visitors find no incongruity in walking under a bougainvillea vine blossoming in tropical luxuriance. The hot core of the earth comes close to the surface in Iceland, which makes tapping it relatively easy. But the same heat lies underground everywhere, so it would seem to be only a question of developing means of reaching down for it.

"With very little care, an amaryllis bulb will continue to produce flowers for years"

The science of medicine began with the use of plants as remedies. Present day doctoring is done mostly with man-made chemicals, but it is surprising to consider how many of these synthetics are actually reconstructions of compounds found naturally in plants. This does not mean that modern doctors are mistaken in using synthetics, but it does mean that the original sources should not be ignored, either. Maurice Messegue, a Frenchman who has become widely known as nature healer and who uses plant remedies almost entirely, has set down his ideas in the form of a book,* Of Man and Plants *(Macmillan, $6.95). M. Messegue has so many interesting things to say about finding, growing, and using plants of all kinds that the book makes absorbing reading for anyone interested in botany, gardening, or medicine. Some of it may sound like mumbo jumbo, but there are enough fresh ideas—or old ideas freshly presented—to give us food for thought.

More and more people are giving amaryllis bulbs as Christmas gifts. Even the most amateurish of gardeners can hardly fail to entice a huge, brilliantly colored flower cluster from one of the high-quality bulbs commercial growers are selling nowadays. If you don't want to be bothered with the bulb after the flower fades you can always give it to a neighbor or—heaven forbid!—toss it out. But most of us try to keep our amaryllis growing, since with very little care a bulb will continue to produce flowers for years on end. The growing plant needs light—although it does not have to be direct sunlight—plenty of water, and an occasional feeding, and may stay in the same pot for years. Most of the books say to let amaryllis dry out and rest after the summer growing season. But some very successful growers take a hint from the fact that the plant (called *Hippeastrum* by botanists) comes from the moist tropics where it never gets a chance to rest. So they keep their plants watered and fed year round. ■

 continued from page 103

y: shown on coffee table. $150. From ohn Rosselli. **Pitchers:** white marbelized and terra cotta, both shown 2nd helf of bookcase. $57 each; **antique ortuguese plate:** shown 3rd shelf ookcase. $90, All, Garvin Mecking.

mall inset: Antique ink stand: on offee table. $135; **antique Portuuese plate:** $120; **antique footath:** shown top of secretary. $375. rom Garvin Mecking.

able Setting: Plates: pewter-like aloy. $10 each. From the Plough Tavern eries by Wilton RWP Armetale. At loomingdale's. **"Illusion" water oblet:** Orrefors crystal, $7.50 each. At ord & Taylor. **"American Colonial" leirloom stainless flatware:** $18 per -piece place setting. By Oneida. **Diner napkins:** $16 each. At Porthault. **itcher holding flowers:** $57. At arvin Mecking. **Pyrex decanter:** $4 y Corning. At Altman's. **Aluminum epper mill:** $5. At Bazaar De La uisine. **Seneca basket:** in bookcase, 0½" diam. $25. At The American ndian Arts Center. **Baskets hanging n upper beam:** egg basket, $10. At antastic Arts; round brown basket rom The Gazebo; wire lettuce basket, 5.95. At Bazaar De La Cuisine, basket rom The Gazebo; tin colander, 12¾" iam. $13; iron chestnut pan, 10¼" iam. $4. Both from Bazaar De La uisine. Baskets from The Gazebo. **askets over cabinet, left to right:** asket and tub from John Rosselli. orner cabinet basket, The Gazebo. **ountertop: "Aromaster" coffeeot:** 2-8 cups, 11" h., glass interior. $65. y Braun. At Gimbels, N.Y. **Tin Box:** 12. At Altman's. **Pottery utensil older:** $3.25. At Fantastic Arts. **enter island: "Summer Palace" tonewear china:** $47.50 per 5-piece lace setting; $27.50 per cream soup up and saucer. By Spode. At Tiffany. asket with bread at The Gazebo. **Orefors crystal salad bowl:** $51. At ord & Taylor. **Covered tureen:** $295. t John Rosselli. **Grocery cabinets n wall:** 23¼" l. x 7" w., 6 drawers. 20. By International Designers Group. t Design Research. Basket with plant t John Rosselli.

age 65:

Market basket: $10. At Fantastic Arts. **Sifter:** 11" diam. $14. At Bazaar De La Cuisine. Small basket hanging from post at The Gazebo. **Glazed iter jars:** shown in secretary. $75 for set of 3. At La Cuisinere.

ages 66-67:

"Heritage & Contemporary" wood abinets: by Riviera Products. "Bright Ons" paneling: for cabinet door and drawer fronts, backsplash, kitchen paneling and center island. $10 per 4' x 8' panel. By Evans Products. **Cold Guard Side-by-Side Refrigerator/Freezer:** refrigerator, 13.3 cu. ft.; freezer, 7.4 cu. ft., overall dimensions, 23¾" w. x 32⅝" d. x 65⅞" h. $680. By Philco-Ford. **Retained-Heat Gas Range:** 37⅝" w. x 29½" d. x 48" h. $800. By Chambers Corp. **3-speed custom hood.** 38" w. x 19" d. x 6" h. $165 with blower. By P. M. Range Hoods. **Saucepan on range:** 7¼" diam., hammered aluminum. $13. At Kitchen Korner. **"Superba" dishwasher:** 24" w. x 24⅛" d. x 34½" h. $340. **"Superba" food waste disposer:** 9⅜" w. x 15¼" h., 2 qt. capacity. $150. By KitchenAid, a division of Hobart Manufacturing. **"Addison" bar sink:** 12" x 12" d., single bowl. $80; **"Lakefield" 2-bowl sink:** 33" x 22" w. $130. Both by Kohler. **Perma-Shield gliding door and window:** opening size door, 12'1" w. x 6'10¾" h.; opening size window, 1½" w. x 1½" h. By Andersen Corp. **Acrylic domed skylights:** 30¼" x 16¼" w. By Naturalite, Inc. **Recessed wall wash units:** $38; **down light fixtures:** $21.50 each; **"Thin-line" fluorescent compacts** used for countertop lighting, 3 sizes used. All by Sterling Lighting, a division of NuTone. **"Excelon" tile:** 12" vinyl asbestos squares, 3/32" thick. From the Craftlon Collection by Armstrong. **"Natural Butcher Block" plastic laminate surfacing material:** used on countertops in Super Kitchen and Laundry. By Panelyte.

Back counter: Pepper mill: comes in a set of salt and pepper shakers. $30. At Kitchen Korner. **"Brown Band" mortar and pestle:** $13. At Bonniers. **3-qt. stainless colander:** companion piece to Flint cookware. $8.50. By Ekco. **"Counter Saver":** 16" w. x 20" l., white Pyroceram glass ceramic. $12. By Corning. At Altman's. Round basket on table. $10. At Fantastic Arts. **Salad drier:** $12. At Bonniers. **Baskets above refrigerator:** left from The Gazebo; right, from Stephen Barany. **Chef's carving knife:** 8" blade. $19. **Chef's utility knife:** 6½" blade. $16. Knives by Henckel. At Delbon & Co. **White soufflé dishes:** 5" diam. $3.50; 5¾" diam. $4.50. At Bazaar De La Cuisine. **1¾ qts. covered terrine:** $25. At Kitchen Korner. **"Green Caughley" china:** plates, $1.55; cup and saucer, $6.50. By Stangl. At Neiman-Marcus. **Orrefors old-fashion glasses:** $6.75 each. **Highball glasses,** $8.25 each. At Lord & Taylor. **Earthenware butter tubs:** small, $6; large, $8. At La Cuisiniere. **Porcelain enameled cookware:** shown on range, 11" fry pan, $20; 1½ qt. open sauce pan $16.50. By Waterford. At all Design Research stores.

Page 68:

Hot Water Dispenser: 7" w. x 7" d. x 12" h. $75. By KitchenAid, a division of Hobart. **"Green Caughley" coffee mugs:** $5 each. By Stangl. At Neiman-Marcus. **"American Colonial" stainless teaspoons:** $2.75 each. By Oneida. **Enamel oval roaster:** 17¼" diam. $7. At Bazaar De La Cuisine. **Porcelain enameled cookware:** Teflon interiors. 8" fry pan, $14; 10" fry pan, $17; 11" fry pan, $20; 1½ qt. open saucepan, $16.50; 1½ qt. covered casserole, $20; 3¼ qt. covered casserole, $28; 2 qt. oval casserole, $24; [illegible] qt. oval casserole, $37; 2½ qt. sauté, $27; 9" au gratin, $13.50; [illegible] au gratin, $16.50; 14" au gratin, $21; 10" cover, $13; 11" cover, $13.50. By Waterford. At all Design Research stores. **Hammered aluminum cookware:** 3 sizes of saucepans will be [illegible] late 1974; 23 qt. Marmite, $66; 11 qt. Marmite, $34; rectangular braisi[illegible] qt., $85. At Kitchen Korner.

Pantry: Storage shelves: 2 shelves, 4 risers per box, shelf measures 21½" w. x 12" d. x 8" h. $10 each. By Copco. At Altman's. **Stereo equipment: 4/channel tuner-amplifier-receiver:** $270. **"Dolby Cassette Tape Deck":** $300. **Turntable:** $200. **Wood Cabinet Speakers:** $60 a pair. **Color TV:** black with brushed chrome front. $480. All by Sanyo.

Bottom left: Irish whiskey glasses: $16 gift set of 2. At Ellie Conason. **"Melior" coffeepot:** 8 cup capacity. $80. At Design Research. **Orrefors wine decanter:** 24 oz. $72. At Lord & Taylor. **Gold tray:** 17" l. x 12½" w. $30. (S2). At Hammacher Schlemmer. **Straw animals:** duck, swan, ram, $180 each; **3-handled trophy cup; antique flowered plate,** both shown 3rd shelf of bookcase. $60 each. At John Rosselli.

Page 69:

China storage

Top shelf: Flowered hexagonal plates: $35 for set of 6. At Hammacher Schlemmer. **Half pint pitcher:** $7; **pint pitcher,** $9; **12" salad bowl,** $21. By Stangl. At Neiman-Marcus.

Middle shelf: "Green Caughley" coffee mugs and pot: coffeepot, $17.75. By Stangl. At Neiman-Marcus.

Bottom Shelf: "Green Caughley" china: dinner plates, $6.25; salad, $1.55; dessert, $3; creamer, $6.50; sugar, $3.75. By Stangl. At Neiman-Marcus.

Bowl storage

Top shelf: Beige earthenware bowl: $5. At Bazaar De La Cuisine. **Pyrex measuring cups:** 1 cup, 75¢; pint, 98¢; quart, $1.29; By Corning.

Bottom shelf: White cake mold: $8; **soufflé dishes.** Both from Bazaar De La Cuisine. **Imported soufflé dishes:** small, $7.50; large, $10.50. At Fantastic Arts.

Children's Play Area

Steiff Teddy bear: $35; **Raggedy Ann,** $121; **wood blocks,** $11 a set. From FAO Schwartz. **"Mother Goose" patchwork goose:** $30. From a collection of patchwork animals at The Gazebo. **Built-in VacuFlo vacuum system:** wall inlet painted to match cabinets and paneling. By H-P Products. **Built-in bread and food toaster:** 16 1/16" l. x 9⅜" h. x 5 9/16" d., 4 compartments for toasting. $85. By Edison. **Orrefors cake plate:** $50. At Lord & Taylor. **"Char-Glo" Gas Grill:** 20" l. x 21" h. x 15" d., infrared cooking. $22[illegible]. By Waste King Universal. **Serving cart:** 2 heat resistant [illegible]. $70. At Hammacher Schlemmer. **Hot food server:** two 6" d. warming [illegible]. $210. By [illegible]. **Red checked napkins:** [illegible]. At The Lantern [illegible]. **Automatic ice cube maker:** makes 30 lbs. of ice per 24 hours. $310. By Sub-Zero Freezer Co. **Bamboo cooler glasses:** [illegible]. At Hammacher Schlemmer. **Foodmatic Food Preparation Center:** [illegible]. By [illegible].

BIG, BEAUTIFUL PLANTERS

Page 76:

Top, left to right: Ceramic pot from California. 24½" diam., x 15" h., 64 lbs. $90 at Country Floors. **Middle: terracotta woven basket,** comes in various sizes. $15 to $200. By Terra'arma for Ronaldo Maia Flowers. **Right: "Casa Bella"** [illegible] 18" sq. [illegible] brass and [illegible] Clarey. [illegible] **porcelain standing** [illegible] painted by Artist [illegible] x 12" deep. $60. [illegible] Bacon.

Page 77:

Large Inset:

Back row: planter, 8" w. x 6[illegible] $18; **front row: planter** 9½" w. x 5½" deep. $18. **"Hanging Cloud I" planter** 13" w. x 8" deep. $40; **planter** 9" w. x 7½" deep. $20. **"Hanging Cloud II"** 12" w. x 10" deep, $40. All Eclipse-Norman Bacon. **Bottom left: Black triangular container** 25" w. x 15½" h. x 13½" deep. $45. By Bevlerian Ltd. At The Workbench. **Middle: Square cedar planters,** 12" sq. $45; 15" sq. $55; 18" sq. $65. By Terrestris. To order at The Old Mill Shop. **Right: Round white container** 35½" perimeter, 16½" high. $195. By Bevlerian Ltd.

SUPER BATH

Pages 78-81:

Soaking tub: blueberry 36" x 60" x 20" d. **"Man's Lav" lavatories:** sunshine yellow 19" x 28" w. **"Caravelle" bidet:** 25" x 14" x 14" h. **"Rochelle" toilet:** 28½" x 19¾" h. **"Tobago" shower stall:** fiberglas, 48" x 36" x 75" h. All in avocado by Kohler. **Shower door:** 3½' x 75" x ¼" thick clear Plexiglas. Available in stock and custom sizes. By Rohm & Haas. **"San-spray" stone panels on walls and ceiling:** 4' x 8', 4' x 10' crushed stone bonded to plywood panels. $25-30 per 4' x 8'. By U. S. Plywood, a division of Champion International. **"Provincial" plank flooring:** used on floor, bridge and counter into which sinks are recessed. $2.50 sq. ft. By Bruce Flooring. **Plexiglas mirror:** in sizes from 24" sq. to 48" x 96", in ¼", and ⅛" thicknesses. $4.50 a sq. ft. From Cadillac Plastic & Chemical. **Polished chrome light fixtures:** above wash basins. $21 each. From Harry Gitlin. **Cork accessories:** round bowls, covered boxes, $12.50 each; round rimmed trays, near tub and on counter: small, $11; larger, $17. **"Kitchen Chemistry" glass jars:** 48 oz. $7 each. By Pilgrim Glass. **"Williamsburg" foaming salts:** $5. **Long handled bath brush:** $21. By Kent. Everything from Bloomingdale's. **Pre-Columbian stone bowl:** shown below glass shelves. $275. At Gallery II Primitive Arts, Milwaukee. **Red velvet robe:** $65. Alexander Shields. **Large basket:** shown near wall to right of counter. $45. At La Tienda. **Japanese picnic basket:** shown on shelf above bidet, $90; **red lacquered bowls,** $50 each; **anitque red lacquered boxes,** $30 each. At Art Asia. **"Luxor" towels:** bath sheet, [illegible]; [illegible]; hand, $2.85; washcloth, $1.20. Martex.

WINE & FOOD COVER

Page 91: "Tulipas" tiles [illegible]. **Pitcher:** [illegible]. By [illegible]. **spoon** [illegible]. **Large flan dish** [illegible] **ramekins,** $1 [illegible] Cuisine. ■

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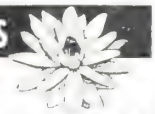

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"What's outside? should be the first question the builder and buyer of a house ask. Where is the prevailing wind? Where will the sun rise? What shade is there?"

THE FUTURE OF PLANET-KEEPING *continued from page 71*

Other biological methods under study: the use of bacteria to break water down into oxygen and burnable hydrogen; fast farming to produce plants for breaking down into fuel, chemically or by burning (pyrolysis).

Wind. The heat of the sun shifts as the earth moves under it, which keeps the world's atmosphere in a state of indecision most of the time. Winds blow everywhere, but stronger and more predictably in some places than in others. Dr. William Heronemus of the University of Massachusetts is engrossed with a project to float electricity generators—windmills on the ocean, off shore breezes around all our coasts. He estimates that in fifteen years windmills off the coast of New England, for example, could generate 139 by 10⁹ kilowatt hours—a mind-staggering amount. Meantime, the old-fashioned farm windmill, used to pump water, is coming back into style. Unlike the mouthwatering wave which people are buying to accompany rare beer, as a truly temporary way to fill the energy gap (the one Maine foundry that still makes them had 500 on hand last year; this year it's 800 given behind its orders), the windmill is a practical, even a pretty piece of equipment for a country house. The Reid Gas and Electric Company in Greenville, Calif., will soon be ready to distribute Aerodyne back windmills in rural areas.

Ocean temperature. The surface of the ocean between the Tropics of Cancer and Capricorn never drops below 82 degrees. Two thousand feet down, the temperature rarely rises above 38 degrees. By exploiting the difference in temperature, scientists estimate they could turn out one BTU of heat for every pound of warm water flowed through the heat pump.

Each of these methods is renewable—that is, the power source will never run out. Some are already in practice. Nashville, Tenn., and New York City are among the municipalities investigating ways of fuel. Louisville, Ky., has already begun to convert garbage and sewage into energy. And there's an interesting bonus: the pollution problem is going away. Once every aspect of the city is looked into the life support system—as it is in nature—there are no ugly leftovers. Louisville is finding, on a very small scale, that planet-keeping pays.

GEOTHERMAL ENERGY

Inside its seemingly innocent envelope of rock and soil and water, the earth is a seething molten cauldron. Trapping and using that heat and that energy seems very practical although there are some serious environmental problems to consider: what happens, for instance, if you upset the temperature balance in the vicinity of a geological fault—earthquakes? HR 11212, now in the House of Representatives, would provide $80 million for the study and implementation of geothermal energy.

HYDROELECTRIC ENERGY

We have used the force of falling water to turn electric generators for decades—but the gullies of giant dams in waterfalls like Niagara are not the only places where masses of moving water can be conveniently trapped. Under serious study for hydroelectric generation are the Bay of Fundy and the Cook Inlet—possibly—tidal bores—those huge waves of water that mark the turning of the tides in some places—that can be set to work.

NUCLEAR ENERGY

That is profitable the first use for the heart-breakingly after coal fuels become unprofitably scarce and expensive, and before renewable sources like solar energy are fully developed. There are twenty-nine nuclear fission power plants in operation in the U.S. [illegible] nuclear units under construction and seventy-six being planned (as of January 31, 1973). These 105 generators will add 80 percent to our energy output. They have all the problems of coal-fuel generators plus a few of their own. When fuel is scarce and irreplaceable, they pose serious air, land and water pollution problems; they are extremely expensive to build and operate; and they are [illegible] about 1,500 years is necessary even for a small plant. Breeder reactors, which create more radioactive material than they use, would solve the fuel problem—and compound radioactive waste pollution problems beyond conceiving. Scientists have yet to find a way to dispose of wastes which take thousands of years to degenerate.

If the technology of nuclear fusion can be solved, many problems will disappear—but the development time looks longer and more costly than for many renewable-energy systems.

ENERGY MANAGEMENT

Energy management, the single most important attack on the immediate energy dilemma, is the use made of energy we already have, and it's one place where the private individual can make a real difference. If we all follow A. M. Watkins's rules on page 24 we could save several percentage points in annual consumption without affecting our standard of living. And there are steps new-home builders can take that not only save energy but improve comfort and quality too. Here are a few:

"What's outside?" should be the first question the builder and buyer of a house ask. Where is the prevailing wind? Where will the sun rise? What shade is there? By eliminating windows on the north, heating costs are cut. By locating breeze-catching windows east and west, by planting trees to use the climate-control system the planet already has, by letting natural breezes blow, summers inside will be cooler.

"What materials?" is the next question. The technology of temperature comfort has existed for centuries. Old adobe houses in the Southwest are cool in the daytime, warm at night. In West Pakistan, thick walls keep out heat while rooftop scoops pull prevailing winds into cellars to cool before they blow through the building, and slanting roofs channel rainwater into barrels in the courtyards. Americans can use insulation, and we are beginning to try tricks like half-burying houses in the cooling earth.

"What will it cost, in energy, to run?" That's a question that mortgaging banks ask as a matter of course—and that homeowners rarely really consider. One well-known Boston contractor says only one client has ever asked in his thirty-five years in business. It can make a huge difference. "Say in five years solar heating and cooling added $4,000 to the cost of a $20,000 house," says Dr. Wilbur. "You say, '$4,000—that's ridiculous.' But once it's installed there are no running costs. You amortize it over twenty years—and it knocks $50 to $40 off your monthly budget." At the moment, solar heating, cooling, and electrical generation are more likely to cost over $100,000. But the same point applies.

"When it's finished, what kind of efficiency can I demand from my machines?" Anybody buying an appliance ought to ask this—and it will probably stump the salesman, though only for the next few months. There are two ways to assess appliance efficiency: one is through its Energy Efficiency Ratio, or EER, a measure most likely to be a legal requirement soon. Some companies, like Montgomery Ward, have anticipated events by listing it voluntarily. The other method is to demand a life-cycle cost rather than a simple purchase price. New York City, for example, now does all its buying on the basis of life-cycle costs—how much an air conditioner, say, will cost to acquire *and operate* over the estimated seven years of its life.

All sorts of things are going to have to be built better, to last longer, because every manufacturing process consumes more energy. As consumers, we can and should demand this loudly: we will, after all, be the beneficiaries with better-quality goods. Recycling will help: the Reynolds Aluminum Co. estimates that reusing aluminum cans takes only 5 percent of the energy necessary to extract aluminum from ore.

The next ten years will be the hardest of the energy dilemma. To ease them, we must all get used to new habits—simple, virtuous things like turning off lights, using public transportation, recycling everything we can lay our hands on, curbing our consumer reflexes; and more complicated things like learning how to plan our houses, our towns, and our cities. If we can cut energy consumption now, we'll probably have enough gas, oil, and coal to get us through the coming years of change. From then on, the energy weather looks sunny and moderately clear. ■

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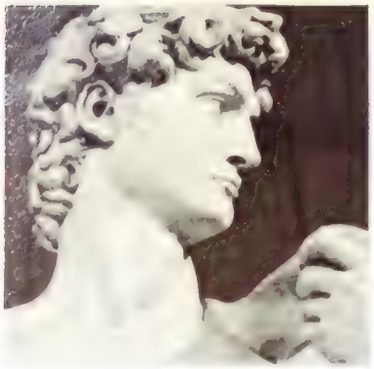

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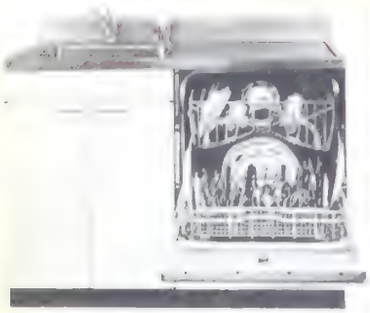

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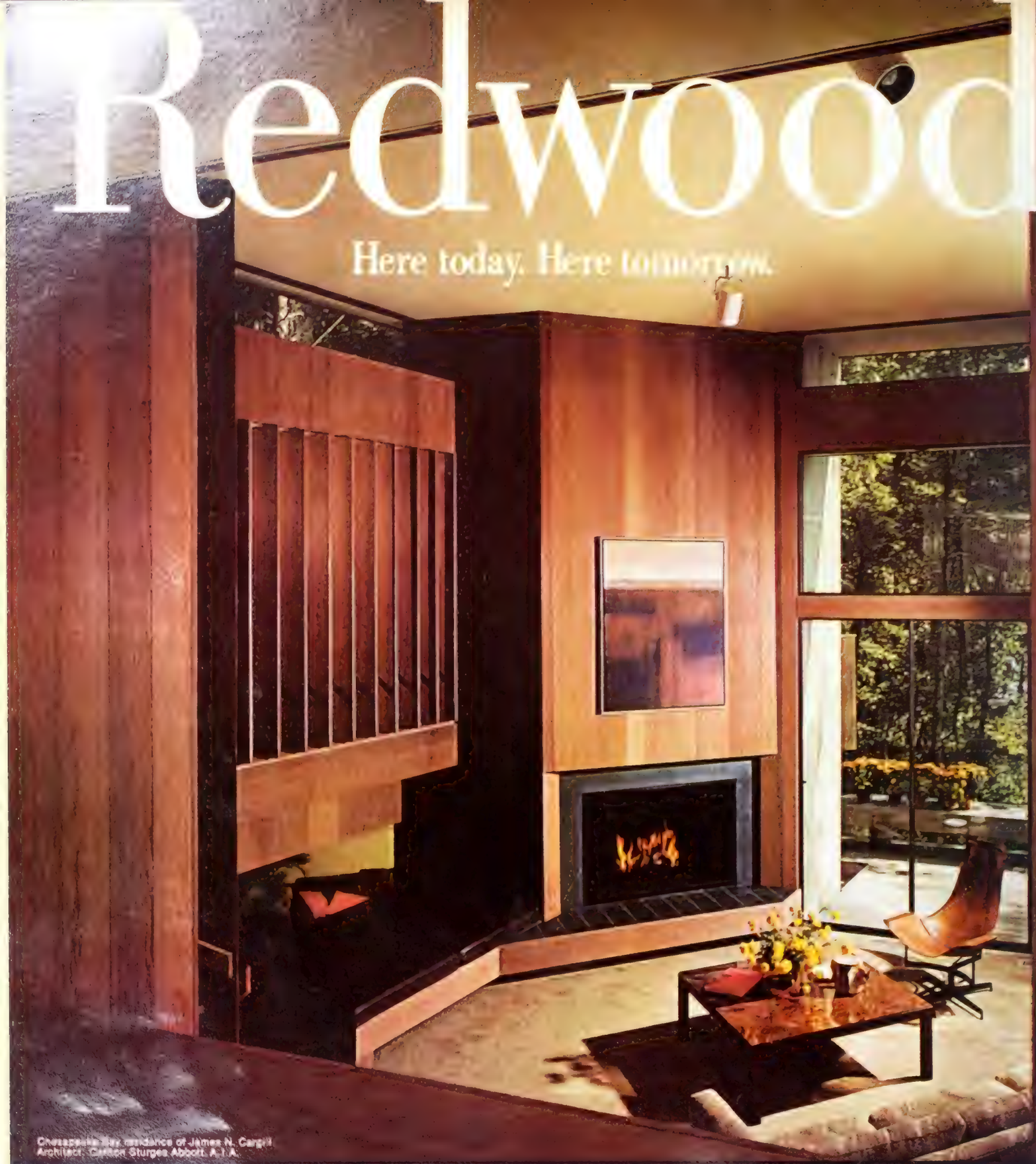

Chesapeake Bay residence of James N. Cargill
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QUESTIONS & ANSWERS: Antiques

BY LOUISE ADE BOGER

GOTHIC STYLE TEAPOT

My in-laws left me this teapot, which I once admired. I would like very much to know how old it is.

F. J.—Bolingbrook, Ill.

Your relief-decorated, perhaps white stoneware, teapot with figures in Gothic niches was made in the Staffordshire district of England in the 1840s when Gothic detail was a great favorite.

QUEEN ANNE LOWBOY

I inherited this lowboy. Do you know how old it is, what style, and how it was originally used?

W. J.D.—Bronx, N.Y.

Your oblong side table, known as a lowboy in America, is in the Queen Anne style and was probably made here about 1740-1750. It combined the advantages of a small chest of drawers and a table. Ladies found them useful as dressing tables and on the flat top placed a dressing mirror, mounted on a box stand.

COIN BANK

Can you tell the difference between my mechanical bank and the Kicking Mule Bank?

L.N.—Staten Island, N.Y.

There is no difference. J. & E. Stevens who first made this coin bank in 1879-80 called it The Kicking Mule Bank, even though "Always Did 'Spise A Mule" is written on the base. The Montgomery Ward catalogue No. 57, 1895 listed it with illustration: "The Kicking Mule Bank. The mule and rider being brought into position, a slight touch on the knob at the base causes the mule to kick and throw the rider over his head, when the coin is thrown from the rider's mouth into the receptacle below. Price: 88c."

LIBRARY READING CHAIR

I have been told my English chair was used in cock-fighting. Any information you could give me would be appreciated.

L.B.—New York, N.Y.

Sheraton described the purpose of these chairs in his Cabinet Dictionary, 1803. "They are intended to make the exercise of reading easy and for the convenience of taking a note or quotation on any subject. The reader places himself with his back to the front of the chair and rests his arms on the top." Your chair dates around the 1720s.

Continued on page 12

The armoire that puts up a beautiful front and a practical inside.

There's all the authenticity of 18th Century French design in Henredon's armoire. But behind those exquisitely carved doors is 20th Century storage space. Set it up as an entertainment unit in the living room (the back panel lifts out to accommodate a color television set). Or use it with its original drawers, shelves and partitions, to keep clothing or linen in neat order. Crafted from solid ash with ash veneer, the armoire is one of the great beauties in Henredon's Four Centuries collection of bedroom, dining room and occasional furniture. To see the entire collection, send $1.00 for brochure to Henredon, Dept. HG 2-74, Morganton, North Carolina 28655.

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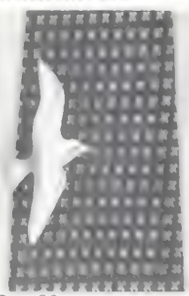

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ANTIQUES *continued from page 9*

MANTEL GARNITURE

My clock has a porcelain face with handpainted flowers; carved in marble is the word France. Please tell me anything you can about the origin of my clock.

L.U.—Blue Springs, Mo.

Your Louis XVI style mantel garniture, which bears the country of origin, France, was made some time after 1890. The McKinley Tariff Act, which became law on March 1, 1891, states that all articles of foreign manufacture shall be plainly marked with their country of origin or shall not be admitted into the United States.

POWDER HORN

This powder horn has been passed along by family members. Do you have any idea of its age?

I.K.—Arcadia, Cal.

Your Patriotic Arms powder flask decorated with the Eagle and Coat-of-Arms pattern was made after 1857 by the American Flask and Cap Company of Waterbury, Conn. Your powder flask is listed and illustrated in *The Powder Flask Book* by Ray Bellins, a Bonanza book.

PLATTER BACKSTAMP

I have several large white platters with these marks on the back. Can you tell how old it is?

H.H.—Southern Ma.

The unusually interesting backstamp on your platter shows by its diamond-shaped mark that the pattern was registered at the London Patent Office on September 19, 1846, by the Staffordshire potters T.&R. Boote, and the words "Dealer in Queen's Ware" (a fine lead-glazed earthenware, virtually the creation of Josiah Wedgwood) shows what was being advertised. The well-documented backstamp enhances the value of your platter considerably.

BREAD TRAY

I have a glass bread plate with "Give Us This Day Our Daily Bread," around the edges and a raised bust of a Miss Neilson in the center. Who was Miss Neilson?

R.C.—Long Beach, Cal.

Your pressed glass bread tray portrays the English actress Adelaide Neilson (1846-1880). In 1872 she visited America, where her beauty and talent won her wide acclaim and she returned year after year. ■

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LOOKING TOWARD THE 1976 BICENTENNIAL CELEBRATION

A Great American idea

THE HITCHCOCK CHAIR: NEW ENGLAND IMMORTAL

BY KENNETH BATES

In 1825 an advertisement in the Connecticut Courant announced the [illegible] in Barkhamsted, manufactures and [illegible] constantly at hand, chairs of almost every description which he will warrant equal to any [illegible] and on accommodating terms." The "very low" [illegible] about $2, and the "accommodating terms" probably meant [illegible] what we could use a little more leeway now and then, but he must have had customers for 1500 years and one still sought after those that could command a price as high as $25 now.

Lambert Hitchcock was born in Cheshire, Conn., on May 29, 1795, one of seven children. In his early youth he probably learned [illegible] trade of clockmaking there in 1811 moved to Stratford, Conn., as a journeyman with Silas B. Chauncey of Litchfield, a furniture maker of some [illegible] upon his become [illegible] master [illegible] to open his own establishment. Which he did, first in Unionville [illegible] then at the town of Riverton, where he built himself a [illegible] house and [illegible] chair [illegible] and became a success. But the [illegible] returned Hitchcockville to [illegible] Although the official [illegible] the town, on the map it [illegible] Hitchcockville.

In those days Hitchcock chairs [illegible] on their day. As [illegible] them we [illegible] most engaging examples of Americana we possess—at least to sit on. They were never grand, like Chippendale or Sheraton, but they [illegible] by the classic austerity of the Shakers' work. But they had an inimitable charm, and as Sir James M. Barrie described that quality, "If you have it you don't need to have anything else." Hitchcock was a perfectionist, and as the chairs grew "fancier" they moved from kitchen to dining room to parlor and bedroom. They were a sight that everyone bought them, for most cabinet and furniture stores that stretched down the Eastern seaboard. Without knowing it, Hitchcock had also answered the first Henry Ford: he made something people needed—and could afford.

A satiny black was the most favored finish, although you could order red, yellow, or green—sometimes with the pure symbol to [illegible] a "grain." There were chairs with [illegible] backs, yellow backs, cream back slats, carved backs with [illegible] and [illegible] backs. But it was those [illegible] upon that gave the chairs their [illegible] These [illegible] flowers or fruit (the Bower was the most popular motif) were applied with [illegible] upon that goes back to the Etruscans with the design applied while the paint was still tacky. Bronze-colored powders were then rubbed through the stencils by an artist's velvet-wrapped finger.

There were three kinds of seat: wood, handwoven rush, and cane. The rush seat was often called a "flagseat" because in some locales it was made of iris leaves. But not in Connecticut. There, at harvest time, for reasons best known to nature, the female cattail leaves used for rushing took to fluttering in the breeze like pennants at a regatta. They still do—hence the "flag."

For fourteen years, Hitchcock made his chairs—but very little money, and in 1840, closed his factory. Not until 1946 was it restored and put back into operation by John Tarrant Kenney, a Hitchcock enthusiast and collector.

Today the Hitchcock Chair Factory is again going full blast, and—making allowances for the patina of years—it isn't easy to tell a reproduction from an original. In 1972, as a tribute to Lambert Hitchcock, John Kenney established the Hitchcock Museum in the Old Union Church—a Riverton landmark—and filled it with Hitchcock originals and notable pieces of cabinetry by other furniture makers of the period.

The museum (there is no admission fee) is open from May 1 through November 30 from 10 until 5, and from December 1 through April 30 for the same span of hours—but on Saturdays only. There is a showroom at the factory nearby (a new Hitchcock chair runs from $60 to $90), an antique shop, a very good restaurant at the Old Riverton Inn (a comfortable hostelry where, if you reserve rooms in advance, you may enjoy staying for a night or two), and a bakery behind the inn where $2 will still buy you enough homemade bread and cheese to tide you over on the journey home. ■

The Hitchcock Museum, left, *in Riverton, Conn., is housed in the Old Union Church, a granite edifice whose congregation now gathers elsewhere. But were the worshipers to return, there would be no lack of chairs. All are beautiful old Hitchcocks, far more comfortable than a 19th-century pew.*

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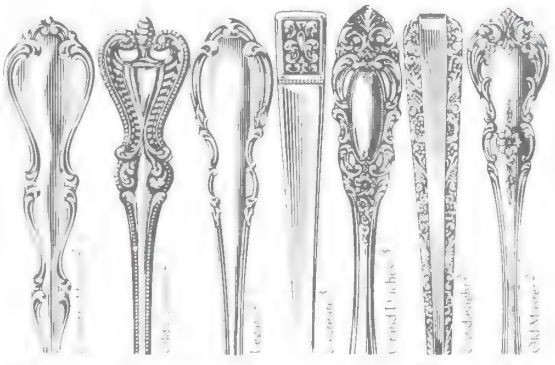

ITEM	GROUP I		GROUP II		GROUP III	
	REG	SALE	REG	SALE	REG	SALE
*Teaspoon	12.50	9.38	14.50	10.88	16.50	12.38
*Place Knife	19.00	14.25	21.50	16.13	24.00	18.00
Place Fork	20.00	15.00	22.50	16.88	25.00	18.75
Salad Fork	17.00	12.75	19.00	14.25	21.00	15.75
Place Spoon	17.50	13.13	20.00	15.00	22.50	16.88
Spreaders	12.50	9.38	14.50	10.88	16.50	12.38
Cocktail Fork	12.50	9.38	14.50	10.88	16.50	12.38
Demitasse Spoon	9.00	6.75	10.00	7.50	11.50	8.63
Iced Teaspoon	16.00	12.00	18.00	13.50	21.00	15.75

SERVING PIECES

ITEM	GROUP I		GROUP II		GROUP III	
	REG	SALE	REG	SALE	REG	SALE
*Butter Serving Knife(H H)	18.00	13.50	20.00	15.00	22.50	16.88
*Cold Meat or Buffet Fork	36.00	27.00	40.00	30.00	42.00	31.50
Gravy Ladle	36.00	27.00	40.00	30.00	42.00	31.50
*Pie or Cake Serving Knife	25.00	18.75	28.00	21.00	31.00	23.25
*Sugar Spoon	18.00	13.50	20.00	15.00	22.50	16.88
*Tablespoon	33.50	25.13	37.00	27.75	41.00	30.75
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Notes to encourage the beginning gardener

BY WILLIAM B. HARRIS

This is the first of a series of short articles about gardening addressed to those American householders who would like to garden, but don't—for any number of reasons. It is also addressed to the dabblers and hope it will guide them from time to time in their gardening. Cultural instincts tell them that they should know more about gardening because it is a rewarding vocation. These articles are largely a report of my own experiences—thirty-five years of it—showing how easy gardening can be once one passes the difficulties of beginning.

I have a number of bugaboos about the word "green thumb." There seems to be nothing printed about it except ill, as I was told, it comes from a term used for workers in greenhouses where pots quickly become enamored with algae, the workers' thumbs turning green from the chlorophyll it takes difficult to remove . . . well, it's a myth without foundation. It presents merely an image of people acquiring green thumbs by jockeying pots around and indicating no skill in caring for what's inside them. I've looked up the compound noun and can't find it in gardening books going back to 1870 (*Nicholson's Dictionary*); poets of old wrote no odes to it; it does not appear in *Bartlett's Quotations* (1924). *Funk & Wagnalls* (unabridged, 1931) doesn't list it, but *Webster's Seventh Collegiate* (1963) does: . . . "an unusual ability to grow plants." Four other dictionaries, none earlier than 1960, also list it, one relates a patent fairy story. It is my hunch that it came into the language about 1946 when a manufacturer of women's work gloves stitched in green thumbs and called them that in hope of finding a market. The present use of this word, obviously new to gardening, does not have the simple Webster meaning to most of the gardeners I have talked to or whose letters I have read—they use it defensively, negatively, helplessly; it is something they don't have because they were not born with it. They believe a mystique surrounding gardening is impenetrable to them. They think of an aptitude nature endows—or of "secrets" possessed by successful gardeners, or by nurserymen. A green thumber to me is a guy who kills plants by squeezing them to death, thereby staining his hands with chlorophyll, their lifeblood. It seems to follow that a black thumber is a fine grower of plants; for his fingers are stained with the kind of rich earth in which they thrive. But who's proud of dirty thumbs? No one; that's who.

Nonetheless the foregoing will move to the garden people who want to rely on a glib answer for not gardening, but it could nudge those toward it who have been merely hesitant. Almost all of us have an aptitude for growing things, instinctive, really, going back 300,000 to 400,000 years of getting food from growing plants, instead of whacking down various four-legged animals to eat. The late Jane Grant, my wife and partner, and I found this to be true when we first started to garden in the mid-1930s. Getting seed and plants into the ground came naturally enough, for we had seen it done. But when they started to grow we scurried for help. It is sort of like babies; they seem to get started easily enough, but keeping them going requires some study. A few home owners have told me they have not gardened because it is too much work. Now that's a valid reason for not gardening, if such work is unwanted, onerous, or there isn't much time. There's the real rub. Time. I doubt if any owner of a home finds work around it onerous, even the repetitive chores, for they look so *nice* when done, and certainly they try to surround themselves with as much beauty as possible, even if it takes effort.

The avid young gardeners with the nice instincts who start gardening today will have to be resigned to going it alone. It is fine to have an interested mate, and many times this happens. I have friends with sons and daughters in their upper teens who are interested and sometimes even dedicated garden-

Continued on page 22

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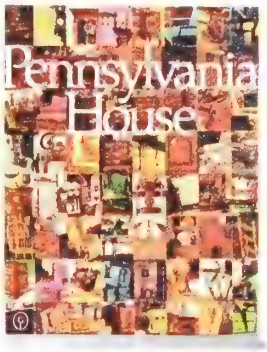

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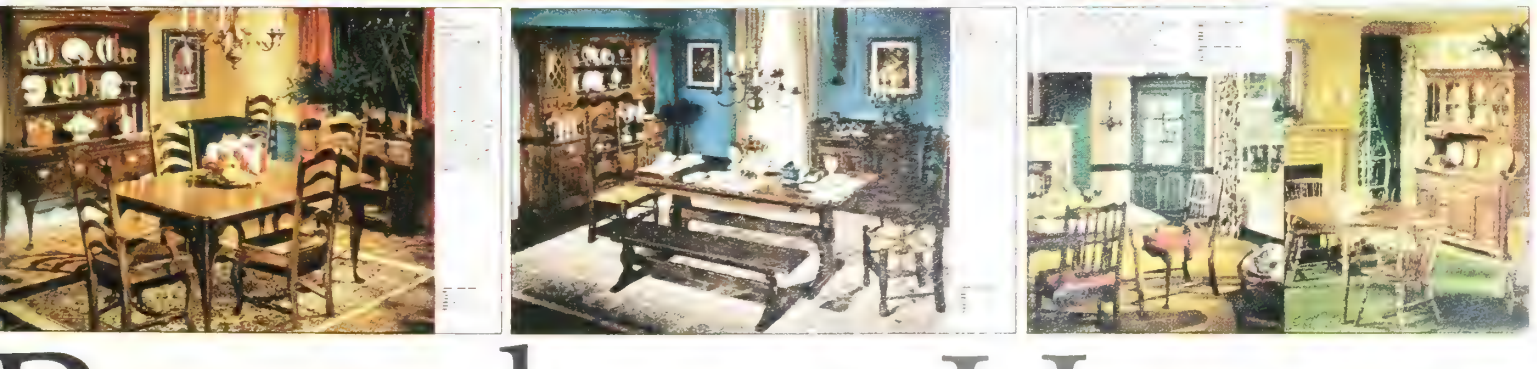

Pennsylvania House

"Almost all of us have an aptitude for growing things, instinctive, really"

TO ENCOURAGE THE BEGINNING GARDENER *continued from page 20*

[illegible] hiring competent outside help . . . [illegible] services, plus the equivalent of a [illegible] hand with parties. But there are [illegible]

[illegible] er. They eagerly do anything they are told to do, but the telling [illegible] step—or they con- [illegible] one stays with them every moment [illegible] three years.

When you start gardening from [illegible]

garden was so overcome by laughter at the thought of a couple of confirmed city-folk wanting to grow a flower garden . . . "It's *incredible,* my dears . . . *imagine* . . . of course, if you are *really* serious . . ." that our affection for her [illegible] for a time. I couldn't see anything funny about it. Grant [illegible] cuss them gently for their bad manners), I volunteered, based on no knowledge other than having grown sugar beets and alfalfa hay on a Colorado ranch for a short time about twenty years before, to grow some flowers. Annuals. Because I knew a few of their names and had seen them grow. I had turned over soil close to an old stone wall the previous October to make a bed about 20 feet long and 5 feet wide. It had been part of a meadow. I raked it pretty in the spring. Planted the annuals. The packets told the depth. They also said, ". . . plant in a good garden loam." I thought I knew the meaning of 'loam'—a soil that crumbles easily, but then I went to Webster. His first definition read, ". . . a mixture composed chiefly of moistened clay;" number two said, ". . . a friable mixture of varying parts of clay, silt, and sand." The definitions seemed to fight each other, for clay, as I knew it, certainly wasn't friable—it sticks together instead of crumbling. So much for Webster. That's also the kind of loud and clear information a beginning gardener gets from so many garden books. Their authors assume the neophyte can follow any gardening directions easily and learn by rote, *without really knowing* the meaning of the terms used. I shall go into this later. Here I should point out that the bed of annuals bloomed splendidly that summer. The tremendous will to live and flourish, built into the genes of the smallest seeds and plants, is a never-ending source of wonderment; to the beginner, first bloom, no matter how straggly, represents accomplishment.

The next summer the annuals did not perform as well. A neighbor next door, a real down-easter whose forebears arrived twelve years after the Mayflower, had suggested I put "a bit of potato fertilizer" on the bed when it was first dug. The potato fertilizer turned out to be 5-7-7, which I learned later was low in the major plant foods. I had no idea how much to put on, but I surely was liberal, for it took me a long time to discover that if a little fertilizer is good, more is *not* better. I had used fertilizer the second season, but not as much as the first. And when the plants did not improve the third summer, after a rather heavy application of the potato fertilizer, it seemed reasonable to believe that something was wrong. With the soil.

I wonder how many beginners

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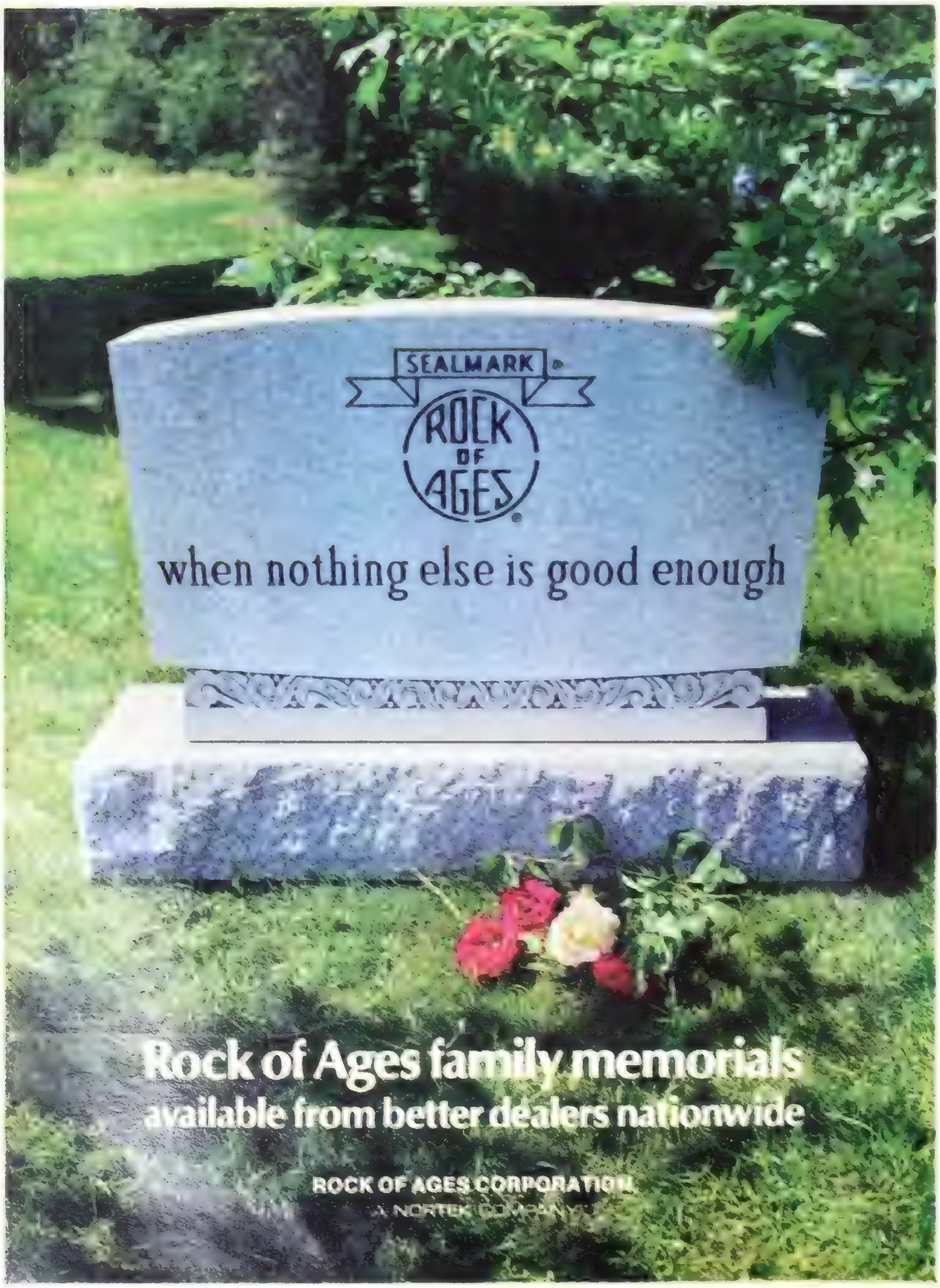

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TO ENCOURAGE THE BEGINNING GARDENER *continued from page 22*

have had a similar experience. It seems to prove that you can take a spit of unused soil and do finely as well with it the first year. But not getting even a copy of the first year's results on the *third* try seems enough for a beginner to say the hell with it—let's eat the grass. I don't recall that I had had such a reaction. Anyway, there was a charming, old fool around the place who was downright rowdy about jobs I started and did not finish. My head-shaking evidently grated on Grant, for when I repeated another many times that "it must be the soil," he snapped "There's nothing like finding out." But why had the plants about a foot from the wall grown well all three years? It was the others which died out. Years pass in every gardener's experience he finds out that the fertility of the soil in his carefully prepared border is not as even as he thinks it is. The reason my annuals grew well close to the wall was that the earth there was practically rotten top soil. Leaves had blown and rotted out on that strip since the land had been cleared—a glacier, once, had drawn by a single oxen, could have been gullied that close. It took a long time for me to figure that out.

The best reared a border where soil has been properly prepared, even those that have been double-dug, a term to be explained later, are its early ones. The careful gardener has balanced it exactly, unhampered by any plants in the area. It is all fine top soil about a foot deep (this is also referred to as "rich, garden loam"). The preparation of such a bed is a fine base for a border but to keep plant flourishing it must be regularly replenished, for fertilization gets out of balance over the years, regardless of how expertly it is done. The reasons are numerous. No gardener can be expected to do everything right. For example, in applying fertilizer he may spill some—if it isn't picked up and distributed, that square foot may be too rich for a plant like, say, tall bearded iris which does best on fairly lean soil. So it may not do well. Or necessary additional organic matter, which under the best circumstances is not easy to apply on an established border, may go on unevenly. Some plants, such as delphinium, require lime—if a lime-hating plant like heather replaces it, the heather certainly will do badly or more likely die, for it hates lime. But I hasten to point out that these are reasons—ones that can't be traced to weather—why good gardeners may lose an occasional plant. They know it. They know that if one out of six new plants fails to grow, it is because *that* plant didn't like its new home. They don't go running to their nurseryman—as I did once upon a time.

The something I did about the soil in the little annual garden was to take a spadeful to a nurseryman about 15 miles away. The friend who had guffawed upon hearing that we would become gardeners told me to mention her name. The nurseryman was an older man. I told about my problem. He took a handful of the damp soil and squeezed it. It crumbled upon release. "Sandy," he said, then smelled a palmful. His expression told me the soil was sour. Then he rubbed some between his thumb and forefinger and looked carefully. "I know what I'd do," he said. New Englanders are not the least glib, in about a full minute he said, "Well . . . after frost, I'd get an old gunny sack, put some lime in it, then dust the bed lightly with lime. I'd do this four times. Then I'd put a couple of inches of old cow manure—and fork that in. Next spring fork it again. And maybe add just a touch of super phosphate. That's what I'd do. But my son would send this out for testing. He's been around two years since finishing college. Gets good results with this testing business, too. Sometimes better than I do." So I sent the soil to the state agricultural school to have it tested. And as it turned out, I did just about what my nurseryman would have done. ■

(To be continued in an early issue.)

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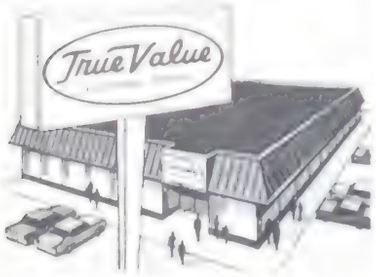

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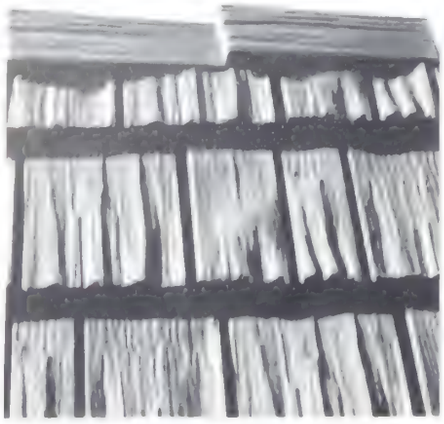

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Azrock Floor Products has a how-to folder for laying vinyl asbestos tile in six steps. It explains planning the tile layout pattern, applying adhesive, laying tiles in quarter section areas of floor, cutting and fitting border tiles. A do-it-yourselfer can tile a 10-by-15-foot room in a few hours for about $35. Write Azrock Floor Products Consumer Services, P.O. Box 531, San Antonio, Tex. 78292 for the free folder, *Easy Does It.*

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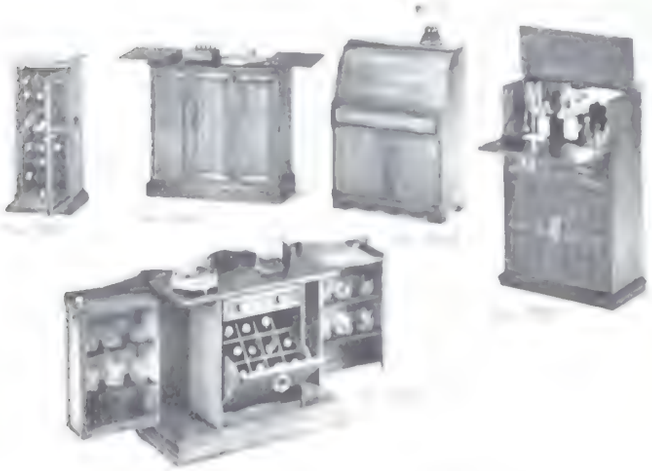

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the best things in life are new—especially woman. And what is she going to want now?

BY REBECCA WARFIELD

Rebecca Warfield, our Contributing Beauty Editor since 1969, died of cancer November 13, 1973. She contributed articles on many subjects over the years to Condé Nast magazines. For House & Garden she originated this column, which reflected her enthusiasm, curiosity, insight, and passionate pursuit of perfection. "The Newwoman" was her vital concern—she was always instinctively a Newwoman herself. [illegible] and because we feel her thoughts are more timely than ever, we are excerpting from an article she wrote in 1972.

The new woman who's around happens to be invisible. People keep telling each other that *this* one is totally different. Changed utterly. Upside down. Inside out. Remodeled. Where is she? No one is quite sure that they ever met her. On the other hand, they won't say she isn't so. "But she doesn't *look* Different." True—because unlike other Newwomen who have come down across time, you can't see this one.

You could *see* the 18th-century Woman clearly. And when she stepped out of her cocoon of silk and satin and melted into the Empire or Regency Woman, that was a visual smash no one could miss. And when the still-Edwardian, gliding World War I girl exploded into the gyrating, let-everything-go, perpetual-motion Flapper, the world got a sock in the jaw it could really feel. So what happened? Woman didn't get up abruptly from the rocking chair to rock the boat. She simply stepped quietly over an imperceptible line, pulled up alongside Man to stand even. It has been a long and anxious journey that had to bypass such hazards as Aristotle who, in 344 B.C., revealed that "Woman's nature has to be an inferior one." Probably such recent milestones as The Pill, new Abortion laws, and Women's Lib really put her across the finish line. So this time she isn't dressing for the part, she's just woman—everywhere, anywhere.

Well, now that she's here, what does she want? The very question makes many women smile and some men nervous and has sent hordes of social scientists scurrying to analyze, dissect, and decide on those wants. Of course the answers aren't all in—and those that are aren't all that alarming. She doesn't want absolute power or her husband's job or his head on the [illegible] platter. Her wants are sometimes fairly sweeping, but frequently small and always human. As wanting itself is.

She wants one area of her own life completely her own . . . This pressing need, as much as the financial spur, is often why this woman works and—strikingly—why a significant group of psychiatrists, gynecologists, and interests say that indeed she should, that she must. Some hold that—whether she has to or not—she should work for money; others believe that truly professional volunteer work is more gratifying, more influential. The precedent-smashing jobs are gratifying but the true reason for Newwoman to work is to possess a kind of Virginia Woolf Room of Her Own—forever in her life.

She wants it known that she is more ready for change of every kind than change is ready for her.

She wants information . . . on every absorbing fact, idea, and opinion around and she wants it to feed her interior life.

She wants to change her habits . . . She is far more willing now to accept what was once outlandish and impossible.

She wants to grow away from the uptight puritan ethic—and all that guilt—to live easily within the new sexuality.

She wants to be feminine rather than feminist . . . to be loved, loving and giving, outgoing, wanted, needed, and rewarded all the time with wonderful presents . . . Even though she may not become involved personally in Women's Lib, she does feel obliged to them for many things (such as making the put-down of women forever untasty). She believes that Women's Lib is her Army, Navy, and Marines and is grateful.

She wants to explore new experience . . .

She wants to become committed . . . to find a cause after her own heart and go whither it goes.

She wants to go to a party and be listened to with the same rapt interest and eye contact attention women have been extending to men all their lives.

She wants to be the Newwoman she is and hopes one day that her old man will become Newman someway. ■

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NOTES OF A Happy Housekeeper

BY MARY ELIZABETH FALTER

I'm very enthusiastic about my new ***Lucite cheese boards.*** Actually, they're more than cheese boards—they can be used as trivets under hot plates and platters, and they are clean and efficient cutting boards. They're better than wood because there are no cracks to catch crumbs and bits of food. Wooden boards can be a troublesome source of bacteria and this is something the health department mentions regularly. Best of all, these heavy, clear boards are easy to clean and store.

Sally now has her own apartment, so we're in the process of turning her room into a guest room. As we've all had our good and bad experiences with ***the guest room,*** we decided that before we went any further, we'd better check ours out for comfort. Tom and I spent a night there and we did come up with a few new ideas.

First of all, the room is on the east side of the house and we definitely need heavier window shades to cut down the early morning light. And Tom has decided that the twin beds should be replaced as they are old, slightly saggy, and too short. As he reasonably pointed out, a short person is perfectly happy in an extra length bed, but a tall person can be miserable in a short one.

Other nice touches I'm going to add: a pair of fluffy mohair afghans, a new quiet clock, a small flashlight in case of an emergency, and a night light. And just before a guest arrives, I'll add a new book or two, some recent magazines, and fresh flowers or a plant. Of course, there'll be basic toiletries in the bathroom and two ...

There's a dandy new product on the market that will really help us lighten the load when it comes to cleaning house. New, easy-to-use Scott's Liquid Gold is both an ***efficient cleaner and a fine finish for all wood surfaces:*** floors, furniture, woodwork, and, most especially, wood panels and cupboards. Our walnut stained kitchen cupboards, which have never had *anything* on them except a damp cloth, had begun to look streaked and dull so we decided to start there with Liquid Gold. After the first application, the cupboards weren't streaked any more but were still a little dull. The second coat worked wonders—it really made the wood look like new. The best thing about Liquid Gold is that it really cleans and conditions deep into the wood and leaves a soft glowing finish on the surface. It also protects the wood, sealing it against moisture and keeping it from drying out.

The Scott's Liquid Gold company also makes a super ***spray cleaner for countertops and stainless steel***—those hard-working surfaces that are often difficult to keep looking nice. Scott's Counter Top and Stainless Steel Polish and Cleaner really lives up to its name—it cleans efficiently and seems to keep steel and plastic surfaces fresh longer and cuts down on finger marks. It's also great for the stove, the refrigerator—in fact, all the appliances.

Continued on page 80

THE John Townsend SECRETARY

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Colgate with MFP...the breath-freshening cavity fighter.

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In the summer of 1903, Miss Deanna Durdou hid her cigarettes in the family greenhouse, behind the Pinus Ponderos
Or was it the Austrian fern?

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Why bring tradition up to date?

The great surge to nurture the historical wealth of our country, the interest in preserving anything from an early settler's chair to a monument like the old U.S. Mint in San Francisco is noticeably gathering intensity year by year. Most contemporary architects and city planners we observe are researching into the past, whether they are designing an individual family house or a multistory apartment building. All this looking back, even at a time of enormous technological advance, is actually perfectly logical. "We know we can learn from the patterns of the past," says environmental architect Clifford Moller, author of *Architecture and Our Mental Health*. "Why do people today want more pedestrian malls, town houses, pleasant open spaces to walk in, within the city? All these things existed traditionally in cities. They have a human scale, which promotes good human interaction and makes people feel comfortable."

Because many of these qualities and too many objects of the past have been disappearing rapidly in the cause of "progress" what we have left to conserve today becomes of major importance. We see in traditional things associations beneficial for our contemporary life. We sense their positive powers, the effect they exert on our consciousness and our emotions. Their very quality of endurance is evidence enough of their value to us.

No wonder then, that we should find increasing interest in making over old buildings for living now and a strong trend for returning to the simple, hardy outdoor life of the pioneer.

This special issue explores some of the ways in which people are taking up this challenge. The Carter Browns, page 36, took an old family log cabin and turned it into a marvelously comfortable house suited to living today. The Jim Christensens, page 44, decided to retrieve a magnificent old 19th-century barn that now is as modern as their life is. The Robert Redfords are retracing the pattern of the early pioneers in their community at Sundance, page 62. To give you decorating inspirations, we photographed six historic American rooms that would be a pleasure to walk right into and live in today, page 54.

To many of us, the immediate future seems unclear. That's why we asked Alistair Cooke, one of the world's most respected reporters, to draw from his knowledge of American history and sum up the national traits that will help us respond constructively at this time. His "Letter to America," page 52, is a thoughtful and inspiring message. **There is a wealth of ideas to be derived from the past which will strengthen us for today and tomorrow.**

THE CHARM OF LIVING IN AN UP-TO-DATE LOG CABIN

A contemporary cry "We wanted somewhere to get away on weekends with our children—and we wanted it to be a blue-jeans house." A traditional solution—an eighteenth-century farmer's cottage in the Pennsylvania countryside, used as a family hunting lodge since the end of the last century. Now, enlarged and newly decorated, a country cabin combining past and present, the essence of informal American living.

AT HOME WITH HISTORY

The old cabin belonged to Mrs. Carter Brown, whose husband is director of the National Gallery of Art in Washington. It became a family weekend house with the help of Mrs. Henry Parish of Parish Hadley. It all started in the oldest room in the house, the original 18th-century sitting room and kitchen, *right and opposite page*. Here the men played billiards (there are still four hooks in the ceiling where the table hung when not in use, the room was so small). Here they watched for Indians out of the tiny window in the wall, which still boasts the original glass. And here they cooked the day's bag in the old stone fireplace, *opposite page, bottom left*. Now the room is more than its history, with Indian durrie rugs, hangings from Guatemala, a quilt tablecloth and knit blanket from Maine, *right*, and lamp from the Far East, *opposite page, top*.

Up-to-date log cabin

PATTERNS FROM THE PAST

I choose which side to sit depending on where I sat the day before," says Connie Brown of her 30 foot living room. The eye travels ecstatically over the riot of blues, pinks, and mauves: the intricate chintz sofa and chairs [illegible] with Indian silk pillows nuzzling the crocheted [illegible] Make the dresser Welsh dresser, *below*, with English [illegible] from the orchard on the [illegible] bathtub [illegible] with its log [illegible] place is an extension to the old cabin.

"Everything is early—Early English, Early American, Early Indian—to keep in harmony with the house"

This is a house where the expression "life's rich tapestry" springs back to life. Every pattern tells a story, from the Indian basket on the window seat to the coffee table, *opposite page*, whose top is made of an African linen design and whose legs are specially painted to match. Yet there is no standing on ceremony. "There is no feeling when I walk into a room that my hair isn't right or my lipstick not on properly," Connie Brown says. "I think they took such care about this, even in the rugs. The colors are faded so that they look as if they had been here for years." As Mrs. Parish succinctly put it, "the house was for the dogs, too. They are allowed to go where they wish." The Browns have four dogs—but there are animals everywhere, sitting on shelves, depicted in hangings, peeking out of cupboards. (Did you see the Staffordshire squirrels and Chinese frog in the old sitting room?) You could play a wonderful game in this house—Spot The Animals. Here's a clue—there are several to be found woven into the tops of the coffee tables in living rooms. There are animals outside, too, for the cabin was used for hunting. Where better to sit and look at the view than from the specially built Chippendale oak bench on the terrace, *opposite page, right*, another later addition, and one of Connie Brown's favorite spots?

Up-to-date log cabin

GENTLE COLORS, STURDY FURNITURE

The dining room, *right* [illegible] that comes from its [illegible] a round, rather crude dining room table," Connie Brown admits. "This [illegible] pieces of old but not in [illegible] mals?), th[illegible] English [illegible]

"I love all the rooms," Connie Brown says, "but perhaps above all I love the little den downstairs, *right and opposite page*. When I am in the house and guests arrive we always seem to gravitate to this room. . . ." It is a welcoming room, warmed by an apricot glow, a color reflected in the Guatemalan lacquered table, the English carpeting and linen curtains, and the Indian baskets. "By using artifacts and handcrafts," Mrs. Parish explains, "we were able to keep the look of what it is—a country cabin." Outside, the old part of the cabin, in darker wood, *center right*, looks out past orchards to some of the finest riding country in the area.

"Throughout the house the log-and-plaster walls,
typical of this part of the country,
are the unifying element"

"The materials, objects, and furniture come from
all over America, from Maine to Kentucky—
indeed, from all over the world"

Up-to-date log cabin

A FRESH WAY WITH TRADITION

You almost feel you could pick the flowers off the bed in this, the most feminine of the cabin's rooms. (What would those early, all-male hunting parties have thought of that!) The headboard, bedspread, and curtains are crewelwork, stitched wool on linen, and the delicate apricots and pinks in the embroidery are picked up in the durrie rug. The chair is painted Austrian, the corner cupboard is Early American, and the bamboo and lacquer desk used as a dressing table is English. No prizes for spotting on the wall yet another fellow, in yellow batik, called Adam—made specially in honor of his namesake, Connie Brown's favorite Peke, *left*. The unifying element in this, as in all the rooms, is the walls—good strong logs, stained as dark as they will go, with bright white plaster in between, just like the original walls in the old sitting room. Throughout the new extensions to the house, both upstairs and downstairs, old beams have been used for the walls to maintain the authentic log cabin feeling; and since the beams are old, they do not match. "We played it up wherever we could," says Mrs. Parish. This is the informal approach to living with the past—the distinguishing feature of this house.

HORST

Set in a perfectly natural farm landscape, rough grass growing around its perimeter, a dramatic architectural original. A 19th-century barn clad in black asphalt shingles, with great graphic windows catching the changing scenes of nature. It is home to a creative family who love active, outdoor life.

MAKING OVER A 100-YEAR-OLD STRUCTURE

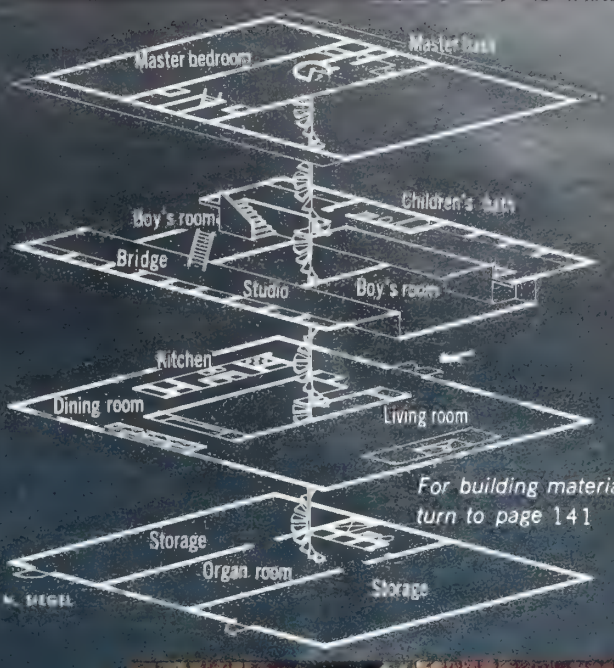
BARN ART FOR LIVING

FROG HOLLOW

BARN ART

SPIRALING UP THROUGH FOUR LEVELS

To the Jim Christensens, a barn house precisely matches their ideas about living. "We like openness, and we have a nostalgia for haylofts, both having been brought up on farms." For Dr. Christensen, a veterinarian full time, musician part time, its lofty cathedral-like proportions are a special joy. He plays the organ—located on the lowest level. "The great thing about this house is that you walk in and you're immediately at home," says Ann Christensen, a painter and mother of three children, two boys, John and David, *far left*, and baby Kate. "It's the kind of house where you can go barefoot all the time and you are completely relaxed." Chicago architect Stanley Tigerman took nothing away from the original structure but added vertical cedar siding inside, gave them four levels of living, *see plan right*, linked by a spiral staircase in a central shaft. Living room, 1, dining room, 2 and 3, and kitchen, 4, compose the second level. All utilities are exposed ("building on a budget we had to hang these things out in the open") and painted Mondrian colors—blue for electricity, yellow for water, red for heating and cooling.



For building materials turn to page 141

RENÉ BURRI

1 2

3 4

BARN ART

SOARING SPACE WITH EVERY INCH FOR LIVING

"We live in the whole barn, that's one of the things we like, all the spaces are used," the Christensens declare. On the third level is a bridge with steps down to bedrooms, *right* and 2, for the two boys—"When we have guests they double up." A second bridge on the other side is Mrs. Christensen's studio, 4. She likes the sense of having a separate work space, which is still open to the house. "I can talk to anyone at any time, in my previous studios I always felt shut away and isolated." At the very top is the master bath bedroom, 6, with bath behind the headboard wall. Stanley Tigerman established color continuity with charcoal carpet that starts in the organ room, 3, and goes all through, even over a bench seat, 5, purposefully situated for nature watching. He designed black Formica cubes, which push together for the living room coffee table, 1. All lights, lots of bare bulbs, plus the giant 3-foot moon globes, are on dimmers.

RENÉ BURRI

1 2

3 4

5 6

BARN ART

REACHING FOR A NEW DIMENSION IN LIVING

"We wanted to cover the barn uniformly—we like simplicity, that's why we collect modern art, there is such beauty in simplicity," the Christensens explained. "Asphalt shingles proved more economical than wood shakes and, of course, they're so practical. Using them gave the barn a very dramatic effect." The arrow graphic windows, a master stroke by Stanley Tigerman, are totally determined by existing beams in the old barn. Yet the idea reinforces the fundamental objective, to have a completely modern building that retains the *feeling* of an old barn. The Christensen family, their love of nature and animals, their closeness to growing things, plus their innate visual sophistication provoked Mr. Tigerman to make "as honest a response as I ever made to any existing situation. It's probably the best thing I've ever done because of the very special communication I had with two quite wonderful, original people."

LETTER

TO AMERICA

DITOR'S NOTE: *One of the world's most respected porters, Alistair Cooke has been commenting on merican affairs for almost 40 years. His BBC ries "Letter from America" is the longest running rogram on record. Millions of Americans have en his television series, "America: A Personal istory of the United States," which earned 4 mmys, his second Peabody Award and the Ben- min Franklin Medal of the Royal Society of the rts. Born and educated in England, Mr. Cooke, fter graduate studies at Yale and Harvard, be- ame an American citizen 32 years ago. As a re- orter, he traveled 3000 of the 3030 counties in he United States, pursuing his belief that the exciting way to learn about the history of a coun- ry is to dig it out of the landscape." Recently at oyle's literary lunch in London given to mark he English publication of his sixth book,* Amer- ca *(Knopf, $15), he told an illustrious audi- nce: "The BBC said it was time for me to distill definitive statement about the U.S. I found I anted to tell myself where this country came rom, what it had gone through, and where it was ow." For House & Garden's interviewer Beverly ussell, he analyzed some of the challenges facing s now and the traits and traditions that may help s meet them in a "Letter to America."*

Going through 400 years of American history, I've been struck that time and again people said something couldn't be done, and then it was done. There's always been this response to a challenge. A sort f "O.K., dare me." So far the American people ave been better at this than anything. When the rmy engineers' report proved absolutely that you ould not build Grand Coulee dam, Henry Kaiser aid, "Well we know how it can't be done, let's see ow we do it?" And did it. During the Second Vorld War there were a hundred examples. That's hy I don't despair of, for instance, the energy risis in the long run—though the short run, say 0 or 15 years, may be very bleak.

America is in a crisis and I don't think there's ny way of patching it up. It has to be radically ew. Maybe we are seeing the virulent symptoms f ailments and diseases that have been building p for a long time, and to that extent, it's a very ealthy impulse. The whole upheaval may be a ery necessary stage we have to go through. At east it is dealing with reality, if you see what I ean. I regard America today as a troubled giant, ut she's been in trouble before. The 1850s were bad time when, we can see now, Civil War was evitable. The 1870s were a period of appalling orruption, just also as it was a period of wonder- ul inventiveness. Sometimes the two go hand in and because the inventiveness always encour- ages a killing, a monopoly. It's a horrible fact, but it sometimes takes a crisis to bring out the best.

What is comparatively new in the American experience is a steady devotion to comfort. We were once the great thrifty tough pioneer country, and now we've become the most petted nation on earth. Six percent of the world's population using up one third of the world's energy. A large part of our population has never known anything but total automatic comfort. It's very hard for people to unlearn comfort. People don't usually impose disciplines on themselves by themselves. Historically disciplines have been imposed on people by necessity or by tyranny—by an outside force of some kind.

Suppose somebody said to you, what are the elementary needs of a city? Well, what it comes down to is, first of all you have to have a pure water supply, then you must have tolerable housing, a decent hospital service, safe streets, and an honest police force. Just consider what's been happening. All these fundamentals have been deteriorating in most cities. We have all the luxuries piled on top—TV, movies, entertainment, expensive restaurants—but when the fundamentals are missing these luxuries amount to a very heavy icing on a very thin cake. There are in the communes people who are quite prepared to ditch the whole thing, get right out of it, and return to the settlers' way of life. But that's no answer. They're evading the problem, as are the wealthy in their condominiums with their closed circuit television and security guards. Both groups are ducking the issue, which should be: how can 200 million people live as neighbors safely and prosperously?

So maybe if luxury and comfort are stripped from us forcibly by an energy shortage, if we learn to sit around in sweaters and have our thermostats down, buy a Franklin stove, recover our pioneer impulses, make do and mend as the British put it, there will be more healthy contact between people of all kinds. I don't despair, I'm fairly sure a research team will appear and transform the world with a new form of energy, though I just hope the true alternative will come before we've destroyed Montana and Colorado, we're about to do a really superb job of defiling the landscape with strip mining.

America has always had a baffling mixture of persistent idealism and blandest cynicism. I've always thought the most typically American humor is the deflating of a myth: "In God we trusted, in Kansas we busted." But the realism of American humor is very dangerous because if it infects the whole populace, everybody ends up saying that all politicians are alike, everyone is a crook and you can't expect any more. When punishable things go unpunished, we become morally numb. And the role of the news media is here vital. When they were making the American Constitution the minutes were not published for sixty years, because they had agreed with Washington that any leaks would disturb the public repose. Today, afflicting the comfortable, disturbing the public repose every twenty-four hours is a reporter's credo. If the reporters stick to their trade, which is to see the world as it is, not as they would like it to be, so long as they do this, with honesty and courage, their only mission is not to restore the U.S. to grandeur but to decency.

The last thing we should exercise is complacency, although today there is complacency, along with a lot of despair and fear and especially bewilderment. The antidote to complacency is obviously action. But the question is what kind of action? It may be that reform is coming up from below, proliferating through endless local communities rather than through the elephantine movement of Congress. For example, there has been a great surprising gain for the black American in small Southern communities. There are more black police commissioners, fire chiefs, and the like in small Southern towns than in any other part of the country. Once you get people used to this you find the next generation grows up with it and accepts it.

We invented a nation that was supposed to be better than anything that had gone before. Because we expected more, we know more about disillusion. Today we live with more relentless pressures—from crime outside our homes to the specter of the final war. There is no place to hide and it is time to sum up. Prediction is dangerous, look back to the people who were prophesying in the 1920s—Bernard Shaw, H. G. Wells, Bertrand Russell. I was brought up on such pontiffs and learned from them that marriage was on its last legs, world government was just around the corner, another world war would promptly extinguish the human race. None of these things has happened. It is a record to instill caution if not humility. What is fiercely in dispute today is the quality and staying power of American civilization. Every other country scorns American materialism while striving in every big and little way to match it. Envy obviously has something to do with it. Yet the original institutions of this country still have great vitality and much of the social turmoil springs from the energy of people who are trying to apply those institutions to forgotten minorities. The race is on between decadence and vitality. The Republic can be kept, but only as Benjamin Franklin warned, "if we care to keep it."

GREAT AMERICAN DECORATING

INSPIRATION FROM 6 MUSEUM HOUSES

For far too long, our great American houses, like the apostle Matthew's prophets, were not without honor—save in their own country. People who crossed the Atlantic to see Blenheim Palace, or its like, rarely took the trouble to visit Monticello, or *its* like. But as the houses grew older, we have grown wiser, and the inevitable has happened: our "prophets" have come into their own. We have learned to appreciate them, the things in them, and the brilliant craftsmanship that remains so extraordinary a part of our heritage. Here are six rooms from six old American houses, each a museum, each filled with the favorite furniture and decorative elements of the time. Some of the rooms are simple, others are grand, but all of them have been so beautifully put together that they have never gone out of style—nor ever will.

BUTTOLPH-WILLIAMS HOUSE
Built in 1692, the Buttolph-Williams house is the oldest restored dwelling in Wethersfield, Conn., one of the largest, and a very pure example of late 17th-century Connecticut architecture—right down to its oak clapboard siding. This, the South Chamber, *left,* is an impressive bedroom with uncased beams that still retain an almost perfect coat of old whitewash. All the furniture is American. One of the banister-back armchairs has a rare "heart and crown" top rail; the other, a fanciful and beautifully carved crest. Bed trappings are English: a quilted bedspread of calamanco (wool, but glossy as chintz), wool hangings, and a scalloped flamestitch valance.

MOFFATT-LADD HOUSE
Completed in 1773, the Moffatt-Ladd house in Portsmouth, N.H., differs from its neighbors in that, instead of the usual front-to-back-door shotgun passageway, it has a Great Hall, *right,* considered the finest in New England: Its staircase sweeps past a pilastered Palladian window, and has not only one kind of baluster, but three: turned, twisted, and fluted. The room is hung in a famous French wallpaper of the time called *Vues d'Italie* (the "vues" include a serene Bay of Naples and Vesuvius in violent eruption) and is notable for its Chinese Chippendale settee and chairs ordered from England in about 1766 by Sir John Wentworth, the last royal governor of New Hampshire.

In 1727, when the Crowninshield-Bentley House was built in Salem, Mass., cooking a meal for a family of eleven (there were nine little Crowninshields) involved the use of an enormous number of utensils and a good strong arm. This is the original kitchen (a "new" one was added in 1794) with its Essex County furniture: a pine and maple tavern table (good catchall) against the wall, an oval maple gateleg dining table, and four black-painted dining chairs—one of them for a child. The utensils are fascinating: a hanging iron "Dutch Crown" for game; mortars and pestles; candle racks; dough scrapers; a leach barrel (for making lye for soap) carved from a single log; a turkey-wing brush, and pieces of the local red pottery—commonplace then, rare as rubies today.

CROWNINSHIELD-BENTLEY HOUSE

Called The Ladies Parlor, this is a bedroom in the Ferry House of Van Cortlandt Manor in Croton-on-Hudson, N.Y. The furniture is unusual in that it was all made locally in the early 18th century. The two fireplace chairs are a Hudson River version of the famous Carver-Brewster chairs, so-called because Pilgrims Carver and Brewster brought them along on the first crossing of the Mayflower. The cradle was at hand for a visiting baby (the Ferry House was a traveler's rest house), and the fabric on the pencil post bed and at the windows came from France and was called "furniture check" because it was used only on the *backs* of chairs and sofas whose fronts and s[illegible] were covered in silk, an economical custom of the time, and still used today—but for authenticity.

BEADLE

VAN CORTLANDT MA[illegible]

In its heyday, Salem, Mass., was one of the most cosmopolitan seaports in New England. Ships sailed off to Europe, the Far and Near East, to come home laden with treasures—and inspiration. The Pingree House, designed by Samuel McIntire, a Yankee da Vinci, is full of both: embroidered mull curtains from India, Aubusson rugs and wallpaper panels from France, and from England, the elegance of the Adam style as it was reflected in the American-made Sheraton and Hepplewhite furniture, the neoclassic plasterwork and carving in the double parlors. Music sounded, parties were given. There is a piano made in Milton, Mass., about 1800, a maple and pine viol made in Concord, N.H., and since tea drinking was both fashionable and tax-free, a Sheffield tea urn 2 feet tall.

PINGREE HOUSE

In an inventory of 1739, the "Marble Chamber" of the Isaac Royall House in Medford, Mass., was described as having crimson damask draperies, bedcovering and upholstery, green woodwork, and two walls covered in leather painted in China. The cataloguing is still apt, even though the "leather" is now a chinoiserie wallpaper. The marbleizing of the pilasters has been done in the manner of the day, and painted directly on the panel over the fireplace is a primitive scene of the estate as it would have been done by an itinerant artist. Furniture is English and American: Chippendale chairs, a bed with carved-leaf-encrusted posts, a marvelous block front desk in the style of Goddard, and a leather-covered chest that might once have held a young lady's dowry linen.

For more details and the hours the historic houses are open to the public, see page 148.

ROYALL HOUSE

A SHINING SILVER BASKET

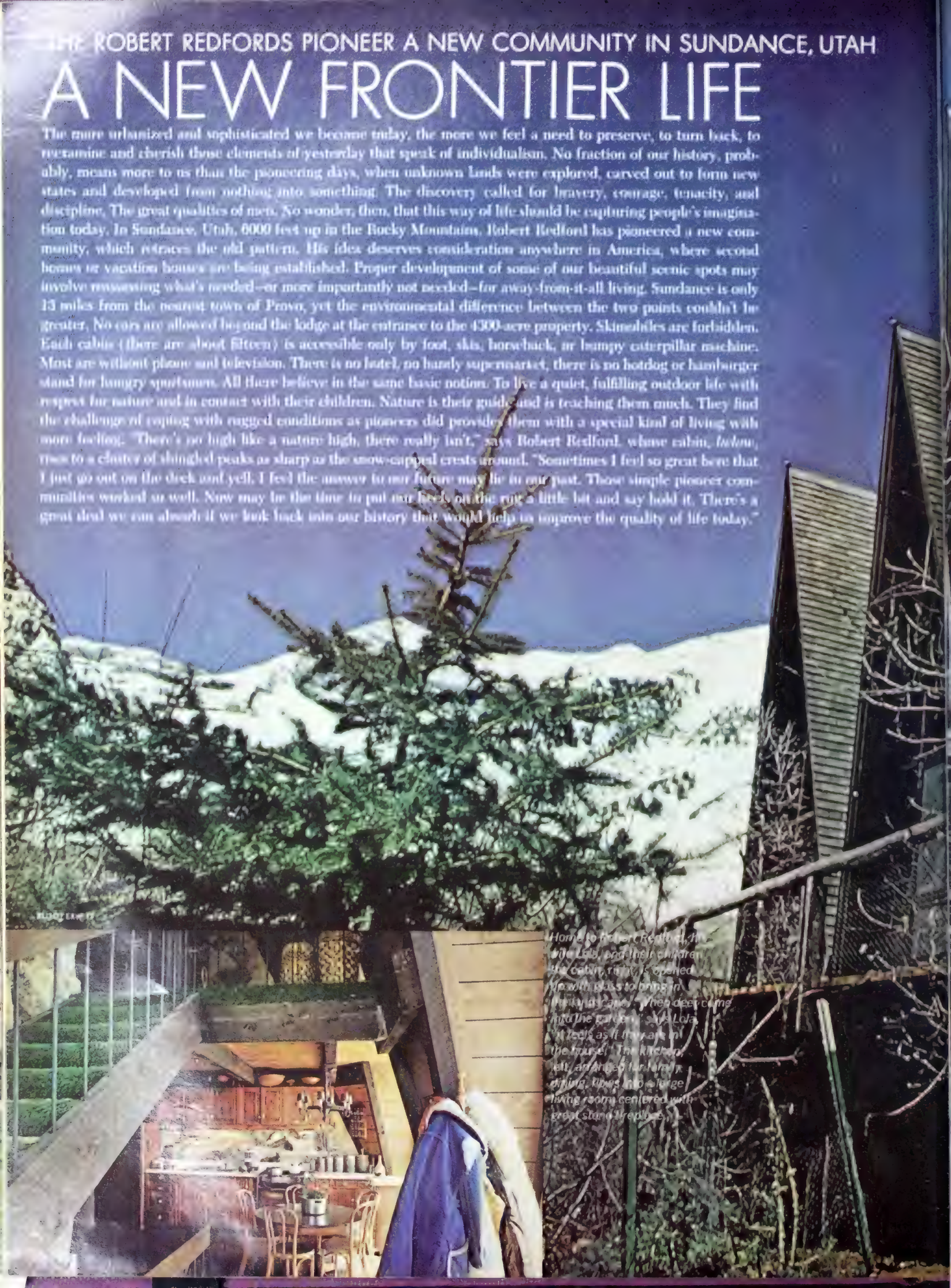
Farmer's market friends are cropping up with a gleam in the eye. Silver. Witty and whimsical. And practical. It's silver—still as precious as ever—woven into baskets with new light-heartedness. 1, A miniature market basket in silver plate, with a handle that moves. 5 inches square. By F. B. Rogers. At Altman's. 2, Fun *faux boiserie:* a basket that outshines its apples—woven of silver-plated slats, with a charming wooden handle. From Portugal. 6 inches in diameter, 4¼ inches high. Bloomingdale's. 3, A Victorian flower basket—a swoop of a rim, a high, twisted handle—in sterling silver. 9½ inches long, 12 inches high with handle. At Cartier. 4, Crown a room of reflections—or of polished wood—with a silver-plated cachepot. 4¾-inch diameter, 3¼ inches tall. By Gorham. 5, A sterling silver berry basket bright out of the garden. To greet you, rise and shine, at the breakfast table with eggs. Or at cocktails with crudités. Or to plant with primroses. 6 inches square. At Tiffany. 6, Plant a cachepot with gleam—in silver plate. 7½-inch diameter, 4⅞ inches tall. By Gorham. 7, Take a butter tub and add a pat or two of whimsy—make it sterling and etch it with boards and staves. Somehow butter tastes sweeter from it. 5 inches in diameter, 7 inches high with handle. At Tiffany. 8,

ver-plated rectangular basket from Portugal—all
es and squares! 7 inches long, 8 inches tall with
ndle. One of a collection at Bloomingdale's. 9, Log
sket just 7 inches long, in sterling silver with a twist
vermeil for a handle. The perfect way to serve his fa-
ite cigars or after-dinner sweets. At Cartier. 10, A peach
sket in silver plate. Think of it on a mantel spilling with
it or on a buffet table filled with warm French bread
anyway you slice it, it's a center-of-attention piece
at *works*. A replica of its country cousin down
its silver-plated staples. About 10 inches long
d 5 inches wide. From Portugal. Bloomingdale's.
, Silver to be seen and not hidden, a little colander that makes
glorious bowl for nuts. 6 inches in diameter. At Cartier. It's sterling silver that
ings out the beauty hidden beneath familiarity. Shopping information, page 142.

THE ROBERT REDFORDS PIONEER A NEW COMMUNITY IN SUNDANCE, UTAH

A NEW FRONTIER LIFE

The more urbanized and sophisticated we become today, the more we feel a need to preserve, to turn back, to reexamine and cherish those elements of yesterday that speak of individualism. No fraction of our history, probably, means more to us than the pioneering days, when unknown lands were explored, carved out to form new states and developed from nothing into something. The discovery called for bravery, courage, tenacity, and discipline. The great qualities of men. No wonder, then, that this way of life should be capturing people's imagination today. In Sundance, Utah, 6000 feet up in the Rocky Mountains, Robert Redford has pioneered a new community, which retraces the old pattern. His idea deserves consideration anywhere in America, where second homes or vacation houses are being established. Proper development of some of our beautiful scenic spots may involve reassessing what's needed—or more importantly not needed—for away-from-it-all living. Sundance is only 13 miles from the nearest town of Provo, yet the environmental difference between the two points couldn't be greater. No cars are allowed beyond the lodge at the entrance to the 4300-acre property. Skimobiles are forbidden. Each cabin (there are about fifteen) is accessible only by foot, skis, horseback, or bumpy caterpillar machine. Most are without phone and television. There is no hotel, no handy supermarket, there is no hotdog or hamburger stand for hungry sportsmen. All there believe in the same basic notion. To live a quiet, fulfilling outdoor life with respect for nature and in contact with their children. Nature is their guide and is teaching them much. They find the challenge of coping with rugged conditions as pioneers did provide them with a special kind of living with more feeling. "There's no high like a nature high, there really isn't," says Robert Redford, whose cabin, *below*, rises to a cluster of shingled peaks as sharp as the snow-capped crests around. "Sometimes I feel so great here that I just go out on the deck and yell. I feel the answer to our future may lie in our past. These simple pioneer communities worked so well. Now may be the time to put our heels on the rail a little bit and say hold it. There's a great deal we can absorb if we look back into our history that would help us improve the quality of life today."



Home to Robert Redford, his wife Lola, and their children, the cabin, right, is nestled in a small canyon. The deer come into the garden. As Lola Redford says, it feels as if nature is all around the house. The kitchen, left, and living room, above, open into a large living room centered with a great stone fireplace.

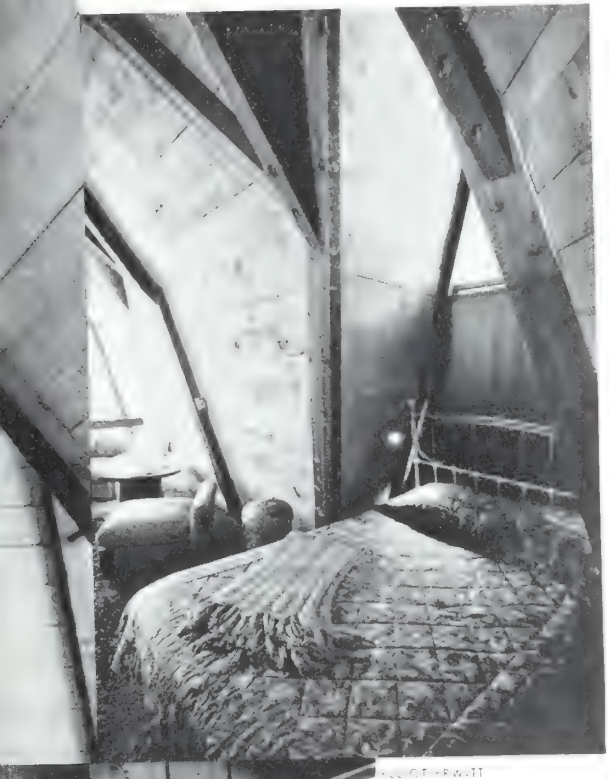
"There's a great deal
we can absorb from history
that would improve
the quality of life today"
MARIE

"There's a tremendous satisfaction in planning and putting up your own house"

A NEW FRONTIER LIFE

"We should be trusting nature a lot more. Nature knows better than we do"

Huge triangular windows bring sunlight and a picture-book snow scene into the Robert Redfords' living room, opposite page, top, *filled with Indian handcrafts. The cabin is on three levels. Master bedroom,* below, *is upstairs. Children's bedroom and play room, which doubles as a guest room with pull-down beds,* bottom, *is beneath the living room floor. Western saddle on the banisters,* left, *was given to Robert Redford by people of nearby Lake St. George where part of the* Jeremiah Johnson *movie was made. Brent Anderson,* far left, *rides one of the Redfords' twelve horses.*



Just as the pioneers did, people who have put down roots in Sundance have built simple cabins from materials that were at hand, local timber and rock slabs. Most used their own hands, too, when it came to construction. Some have recycled old abandoned log cabins. Artist Frank Magelby, a close friend of the Redfords, did this, trading a painting for a cabin some distance away, which he took apart log by log and rebuilt, with additions, *right and below*, for his family of five children. The Magelbys, like the Redfords, found tremendous satisfaction in being personally involved in planning and putting up their house and want to live there as much as they can. "And work here, too," Robert Redford, who made the film *Jeremiah Johnson* mostly at Sundance, points out. "I sometimes do the best work here in preparation for a film. It's a good place to get alone and think things out."

The living room of their cabin, *opposite page*, with its great central fireplace built stone by stone by Redford himself, is filled with Indian rugs, pottery and baskets, for this is Indian country and the Redfords are intimately connected with many of their activities, helping with fund-raising pageants, scholarship programs, and supporting talented crafts people. Intense interest in local affairs, the kind of good neighborliness and contact that benefits all, is very much part of Sundance life and extends to many things—improving the soil, stocking the local trout stream, protecting wildlife, seeing that for every tree cut down, two go in, giving students access to the Sundance Summer Theatre, abating noise. The community is currently trying to stop a four-lane freeway cutting across the canyon. "You'd think it would be easier to keep an area in its natural form or to enhance its natural form, but it really is almost harder than if you went all out and developed it," says Robert Redford. "It's incredible that so much politics has to go into preserving the earth." But everyone in Sundance works hard to this end in order to sustain this special way of life through the years to come.

"The answer to our future may lie in our past"

Incorporating an old log cabin from the mountains, the Frank Magelby family cabin, top *(total cost $6000), has a shed roof slanting down to large deck. Mr. and Mrs. Magelby's bedroom,* above left, *is on the bottom floor, below the living room. Five children share a bunk room beyond the upstairs gallery,* center. *Staircase was done by Mr. Magelby by hand. One of his paintings is over the stone fireplace,* above.

A NEW FRONTIER LIFE

Sundance offers entertainment that helps children develop their capabilities and special talents, their senses and creativity, to generate their own action and entertainment on their own initiative. [illegible] and concepts rooted in our past. "Here they learn action, laughter, sadness," explains Redford. "They have to do things for themselves. If they want to harness the[y've] got to bridle it, saddle it, groom it, clean it, catch it, let it go, feed it. If they're not prepared to do that, they can't have a horse. If the[y] want to go water skiing they have to learn about the boat they put it in. The Redfords three, Shauna (15), Jamie (13) and baby Amy Hart (3 years) at least four months of the year at Sundance. The other two-year-old camps organized by local groups consist of summer camping, fishing, riding, and scouting in the wilderness. Some of it's been a little hard for their friends that have had spit upbringing living in New York the rest of the year. Usually by the end of the summer they're very friendly. Their creativity is developed in the raw environment. I feel that's the life they should see among out to build a tree house overlooking their imaginations digging a hole and getting gold out of it. Learning how to survive in tough situations." These young Sundancers learn early to respect and appreciate nature. They may ask out on horseback for a day to pick wildflowers, dry them and make arrangements or collages with them. (Brent and Dan Beech's family snow-preceding, *right and left*, do this often.) The Redford family is currently restoring an 85-acre meadow into pasture land, free of weeds, groundhogs, and foreign wildlife. They grow their own vegetables, catch their own fish. The business of daily living never comes canned, bottled, prepacked, precooked or deep frozen; Lola Redford, who launched Consumer Action Now, an organization devoted to better standards on every level from clean air to garbage disposal to chemically free food, sees to that. This, then, is Sundance. An experimental retreat, and because of the spirit and effort that has gone into it, a very successful one. The Redfords propose it could be duplicated anywhere. "We stress great emphasis on the family unit, being together, doing things together. All the people around here share our feelings. It's a very satisfying way of life."

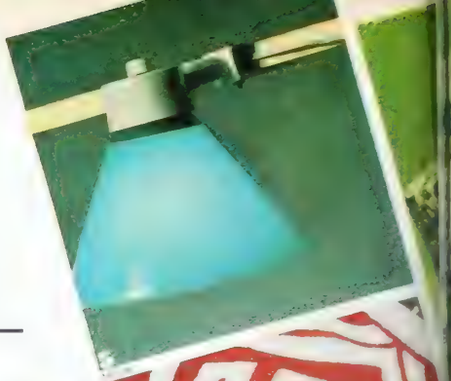
"If we want young people to respect the land, treat our world better, we have to start by living the right life at home"

"Sensitivity is developed in the raw environment"

"There is great emphasis on the family unit, doing things together"

The Sydney Pollacks' redwood cabin, this page, *like all the other houses at Sundance, has a very personal feeling. Mr. Pollack and his wife Clair planned it themselves and worked with Lola Red brother Wayne Van Wagenen building it from standard cut lengths of timber. "All the support beams were lifted into position by hand, there was no way to get a crane up there." The main living-kitchen floor swings around a great brick fireplace. Mr. Pollack designed, built, and upholstered the curved seating in front, which has storage for ski things, suitcases, games, books and so on in the base. The table is oak, handmade, too, and was used in Bear Claw's cabin in the* Jeremiah Johnson *movie, which he directed. Loft space above is a good place to enjoy the view, listen to music, and adds sleeping space for guests. "Half the fun of the house is taking people there. We have a big kitchen because I love cooking up some wild invention," says Mr. Pollack. Practicality resulted in a neat bathroom ski room and floors covered with indoor-outdoor carpeting "kind to bare feet and necessary for ski boots."*

THE ZEST THAT'S AMERICAN— ALWAYS UP TO DATE



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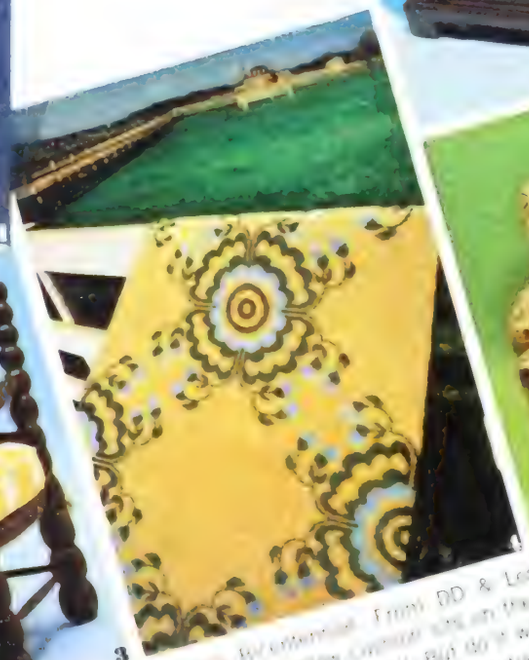


3

Red and blue lacquered trays, 1, in the style of 1776-1976 by Chapman, America's Bicentennial. From DD & Lester Tilden. 2 Paper plate, a picture of wide boats, are all Museum Graphics' heads to tomorrow. A dip in shades, no. 3 Sunny yellow ceramic sink on the acorn finish seat of a country chair from Medallion. 4 Glass and fiber by the yard. "Spring" tapestry by Jack Lenor Larsen. Glass shade is old-time cozy velvety green. At Bailey Hutchins at Henry Bendel. 6 Mahogany chest, early 20 inches high, a perfect Lilliputian match. By Council Craftsmen. 7 Serape across bed, a country of sand and cacti. By Sarsons. 8 Flowered cotton, adapted from East Indian prints covers a sofa 88 inches long. By Brayton. 9 Jacobean print of the 1700s. By Stroheim. 11 1800s mantel clock reproduced by Howard Miller Clock. 12 "Hampshire" linen and cotton fabric suggests needlepoint Hooker Schumacher. 13 Real neo-Regency for the rest you do. King Charles spaniel and her pup. Woolworks. 14 Antique doll-house wicker from Frank Milton

19

20

18

heraton china cabinet, **15**, of mahogany and satinwood stands 91 inches tall, grooved doors, shelves inside, four bottom doors. By Baker. **16** Drop-leaf table of polished pine, 2 feet in diameter. By American of Martinsville. **17** White flowers on deep blue & red striping f rayon and polyester. By Wilshire. **18** Pine cocktail table, one shelf's at each end. By Howard Furnal, Furniture **19** Mahogany butler's tray, scaled down to a 20 inch square. By Victorian. **20** Lights Out! It's a brass clock stopper from DD & Lesser, Ebert. **21** "Calico" carpet for spring flowers all year, all wool. By Starr **22** Strike up the AM band with General Electric's new "super-tuner" portable radio in red, white and blue plastic case. **23** Armchair in the Hepplewhite style from the "Charleston" collection by Drexel. **24** Muted floral chintz covers a camelback sofa. By Southwood Reproductions. **25** Loveseat with wood frame, pattern upholstery by Drexel. **26** Norwich writing table has a hinged flap for 40 hard maple by Hitchcock. **27** Two for fun — "Bandana Red" cotton-covered pil lows by Nettle Creek and "Bandana" note paper from Private Papers. **28** Mini-cabinet table lifts up to 22 inches. Lane. For shopping information, see page 142

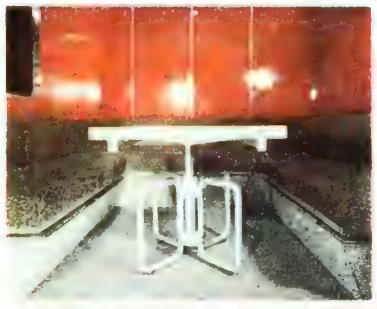
SLEEK, SHINY, AND FULL OF SURPRISES–

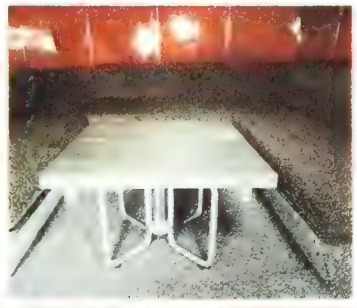
5 NEW KITCHENS AND THE NEWEST KITCHEN EQUIPMENT

MIRROR-BRIGHT WALLS, FLIP-TOP STORAGE

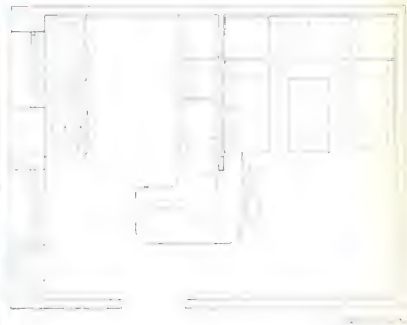
SURPRISE SPACE

Gleaming with sharp strong colors, uninterrupted surfaces and clean, clean shapes—here are five new kitchens with bright, reflective faces. Families live in them more, so they tend to show their many functions dramatically. *Left:* Piero Pinto, a man who has designed many boats, borrowed maritime experience to turn two tiny rooms into a flexible center for people who like to cook and entertain at the same time.





Everything is easy to keep shipshape in the snug dining room. Walls are lacquered in a warm brick red reminiscent of mahogany; floors are covered with brown/white acrylic carpeting that can even take washing if necessary. Durable fuzzy brown bouclé wool upholsters the U-shaped built-in sofa that serves as seating for a broadly braced table, left, *capable of rising from coffee-table to dining height, which has flip-top extensions to serve as many as ten diners in comfort. There's brightwork that doesn't need polishing to add life to the room in shiny metal strips on the walls, in the gleaming aluminum wall panels, and in glossy saddle-shaped bar stools.*



The countertops are built of brown Formica, which makes the white padded edges of the peni[nsula] an arresting focal point. Guests can lean their elbows there in comfort while they [talk] as she cooks. Snacks are eaten there, and apéritifs are sipped. Easily at hand, [for] use, are a small bar sink, a tambour-covered well for storing dishes, shown open, above, a[nd] er refrigerator for the iciest of drinks. All the lighting is overhead, causing reflec[tions] to create an illusion of depth encouraged by the alternating brown and white pa[nels] the mirror-like surface of the rear wall. An air-conditioning system, installed ab[ove] any extra heat the oven might happen to put out and any stray wisp of an unwa[nted] [odor,] as well as the summer heat. Everywhere, even under the sofa and around a built-in tra[sh] [and] built-in storage cabinets

IN A SQUARE WHITE KITCHEN

A CENTER COOKING CIRCLE

AND SOME SURPRISE COLOR

An added garden room left the kitchen at the center of the house with no windows when Mr. and Mrs. Dominick Robustelli remodeled. "It was a big square room; what could you do?" says kitchen designer Herbert P. Bisulk, who took on the problem. "We started playing around, drawing circles and there it was." What [illegible] came an appealing [illegible] did peninsula, cabinets [illegible] Instead, they acquired what [illegible] room either a room [illegible] walls and an enormous [illegible] Work areas are [illegible] the U that [illegible] arm's reach. [illegible] ovens are outside, around the [illegible] equipment emphasizes [illegible] The two sided work surface [illegible] social asset for their [illegible] "How lucky to have their [illegible]" says Mrs. Robustelli, a busy [illegible] erything is easy to [illegible] can close the kitchen off [illegible] notice. But usually we leave them [illegible] goes on a party [illegible]

BEFORE

AFTER

I've always been one for convenience," says Mrs. Robustelli, "what my husband calls gadgets.' The pass-through to the formal dining room, top left, *has a built-in hot tray together with a slide-out counter. Underneath,* top right, *are built-in Norwegian spice racks. A food preparation center,* middle right, *which runs everything from a mixer to a juice extractor with one set of buttons and one turntable, folds down and disappears when not in use. Tucked under counters or disguised to blend in is just about every convenience currently available, from a trash compactor to an electronic oven, from a four-burner glass-ceramic cooktop to a countertop double grill, barbecue.*

TOM YEE

With so much white, glare could have been a problem, so interior designer David E. Copeland dropped the lighting 8 inches to concentrate it on the work island. Bleached and tinted rough-sawn cedar panels finish both forms. Inside the cabinets, opposite page, surprise splashes of red, blue, yellow and green Formica relieve the monochromatic scheme. "My old kitchen was ahead of its time, too," comments Mrs. Robustelli. "The first time guests see this, they ooh and aah, but what I love is the way everything works." The grill, for example, exhausts underneath, eliminating an overhead vent. The refrigerator dispenses ice water. The sliding cart, right, provides mobile counter space. Under the wine rack, which is set like a mosaic in the far wall, is a housekeepers desk for coordinating it all.

DAVID MAS

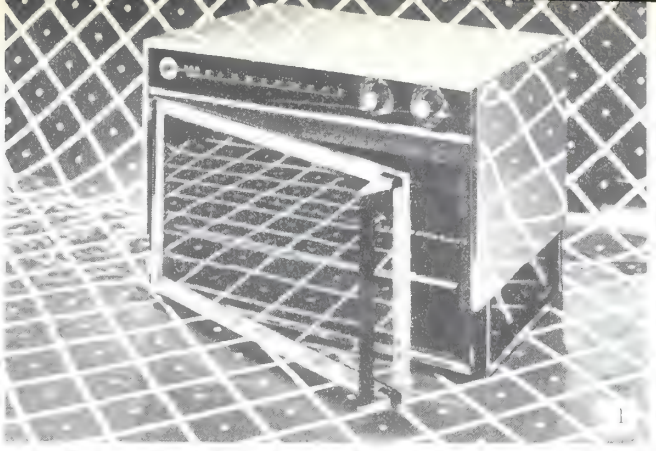
SLEEK AND VERSATILE

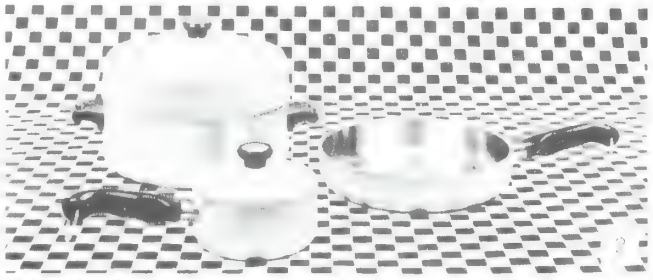
KITCHEN COMPONENTS

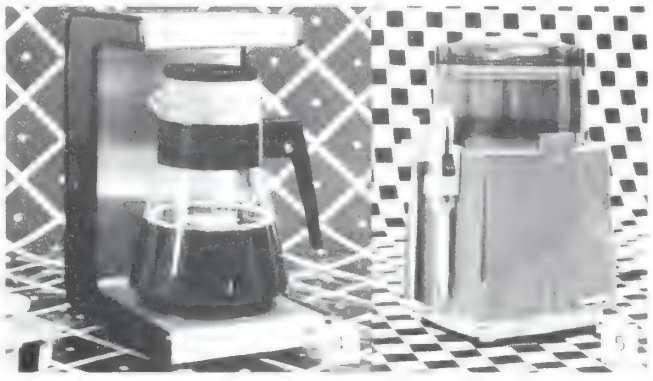
WITH SURPRISE EFFICIENCIES

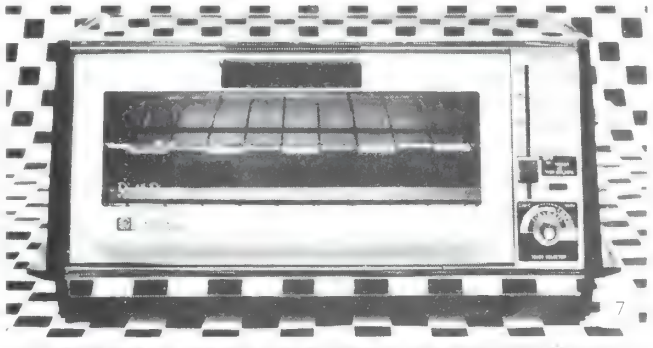
Lacquer, light that bounces from surface to surface, vivid color, furniture that effaces itself—and appliances set into cabinets that form a lean, wraparound visual line: it's a new dramatic look for a kitchen as clean and shiny as a new toy, comfortable, easy to keep, where the family likes to gather. The chrome-touched façade, *left*, is made up of Italian cabinet components. Open shelves are for show-off plants, pretty pieces, or for anything often used; plenty of room below for once-in-a-while helpers like blender, juicer, grinder, or warming plate. Pratesi linen on the table, blue ceramic floor tile with shoestring borders, bright blue walls carry out design by Aldo Jacober. Geometry is everywhere in the new kitchens. Bold vinyl wall coverings underline all the new equipment on the next pages: large squares from F. Schumacher; small "Checks" from Papier Peints; small fretwor from First Editions; big plaid with tiny centers from Plaids and Stripes.

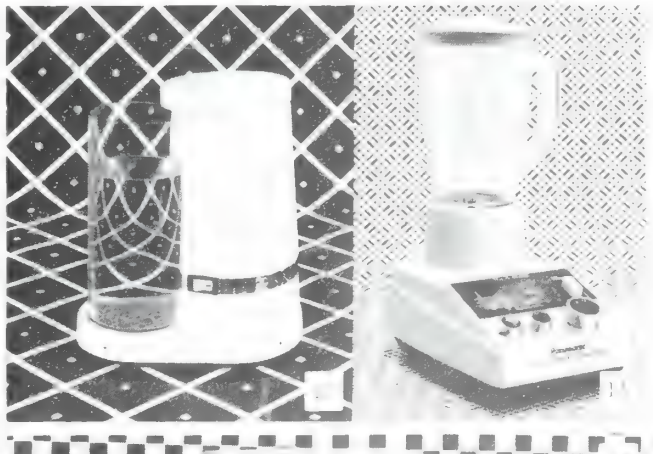
ew kitchens can have shiny new appliances, full of new tricks, to look sleeker and work better. Turbo portable electric oven can handle whole meal or a 16-pound turkey, needs special venting, can cut roasting time a third or bake at lower temperatures an usual, so it saves energy. Turbo heat rculation filters out particles and fat. By arberware. 2. Pale yellow porcelain over uminum lined with stainless steel, for ookware that's ovensafe to 400 degrees. at bottoms make the most efficient use of ooking heat. Wear-Ever "Registered Plus." Faced with magnetic panels in butcher-ock patterned vinyl, the 22-cubic ot Philco-Ford Cold Guard refrigerator has p freezer, one-piece Uni-Wall liner, iminates cold-leaking seams, cuts energy se. 4. Automatic 10-cup drip filter coffee aker brews in 8 minutes, holds coffee at inking temperature. By Norelco. 5. oulinette electric grind-all chops meat, getables, fish in seconds. Press down on e cover; when you release it, chopper ops. 6. Flared rims on ovenproof soufflé shes from France make natural handles. azar Français. 7. Universal Toast-R-Oven es double duty, browns both sides or ps only, bakes, has racks for two frozen nners at a time. By General Electric. 8. ng-sized oven/broiler cleans itself as you ake, broils steak—or anything else—on th sides at once. By Cornwall. 9. White-ameled steel washer/drier combination om Germany can be set for every laundry oblem from dust on Grandma's damask blecloth to grass ground into dungarees. andles 8 pounds of wash with half the ergy needed for conventional washers and iers; heater and blower, in door, have -to-84 minute timer. By Kenmar. 10. Plug in, fill the container at the tap, flip the vitch, and you have clear filtered water, ee from algae, chlorine, rust, bacteria, drogen sulphide, or detergent. Watermate ater Purifier. 11. Put food in, dial a cipe, and push a button. Panasonic ecipe Blender sets speed and time. rection cards flip up to window on the ender's face. Pana-Blend button lets you end smoothly or in spurts. 12. Put your ots on the daisies of this smooth-top ectric surface range to cook. Small ontrol-panel daisies light up when units e on. By Chambers. 13. A tabletop asher that takes 2 pounds, the Rival ash-O-Matic does an average load in 20 inutes. 14. Running a Touch-N-Cook wall en is like programing a computer; uch its control panel to tell it what to do, d when—then let it work. By Frigidaire.

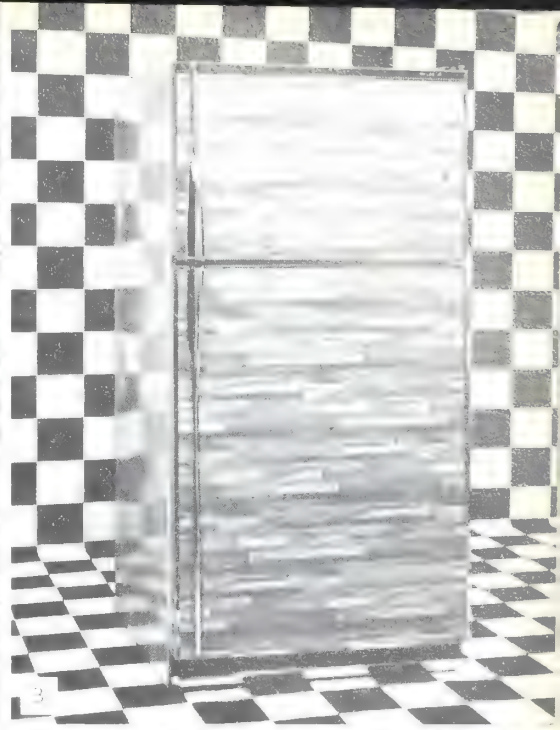


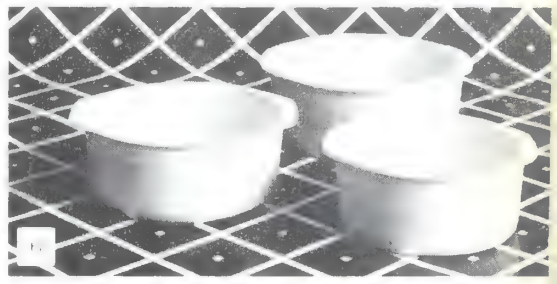


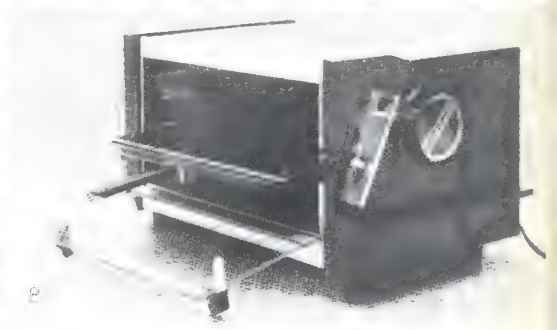


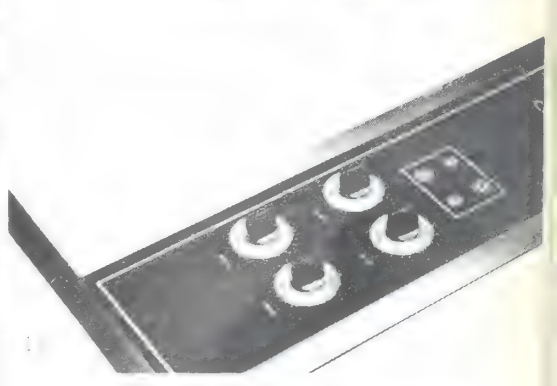


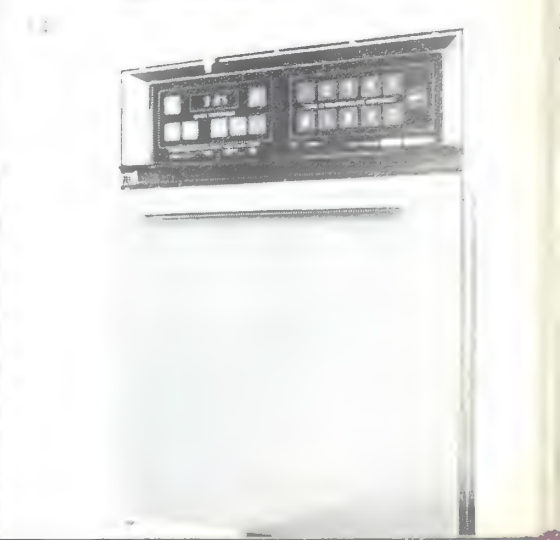








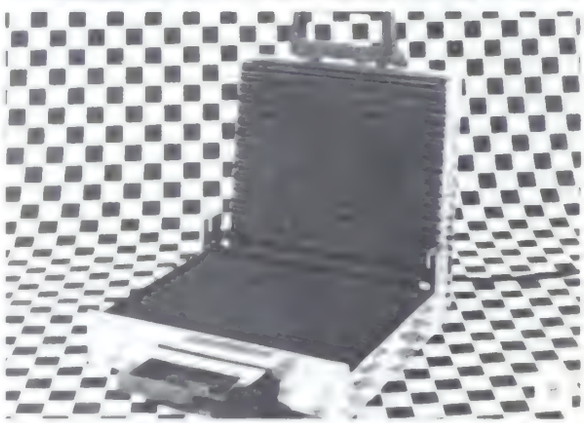


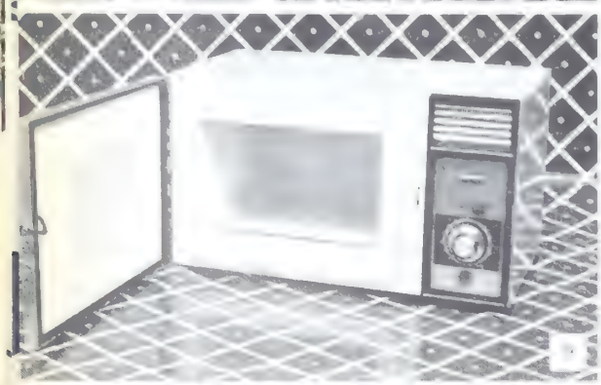


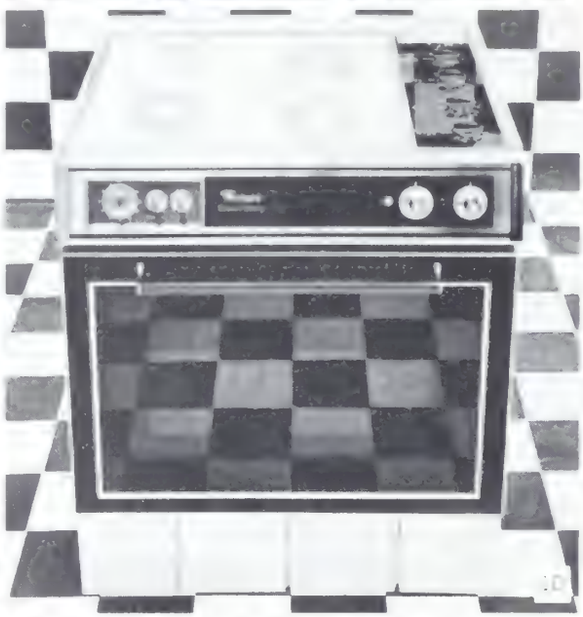
SURPRISE CAPACITIES

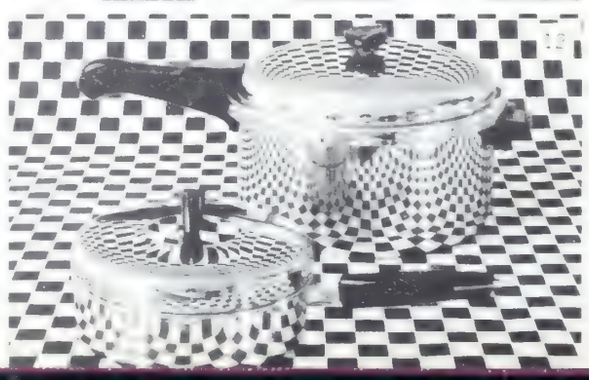
SHINY TILES, STRONG COLOR

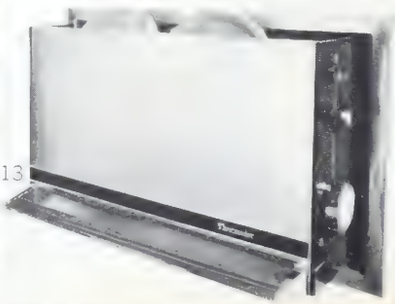
New freezer walls are thinner, to hold more; ovens are faster, or bigger, or more adaptable. And everything looks bright and reflective, to make positive statements in kitchens equally emphatic. 1. Automatic "Dispensall" is set in the lid of the 18-pound General Electric washer to add presoak, detergent, bleach, fabric softener at the right times while you are somewhere else. Instructions for everything are handily printed on the lid. Wash and spin speeds, wash and rinse temperatures give lots of washing combinations. 2. New freestanding General Electric range has a microwave oven that turns into a conventional oven, or works as both at once, to brown food while it's baking. Saves time, energy, and cleans itself. 3. Fill the SEB electric ice cream maker with ingredients for ice cream, add the motor-driven paddles, place in freezer with cord running out the door: one hour later, 1 quart of ice cream. 4. Hot water dispenser from In-Sink-Erator, for sink or countertop, delivers up to 60 cups of 190 degree water an hour. 5. A clean globe on a red pedestal, the Peugeot electric coffee grinder deals with 8 cups'-worth of beans, stops when you lift your hand from its cover. 6. Frozen food and juice have separate compartments ready at hand in the door of Sears' upright 11.6 cubic foot Coldspot freezer. The thinwall construction makes room for more food; magnetic door gasket keeps cold inside; flush door hinging lets you put it anywhere; and it's frostless. 7. New extra-quiet In-Sink-Erator trash compactor has a door, not a drawer: open it and toss trash in. Ram release button eliminates jams, leakproof basket removes easily. Stainless steel frames hold any vinyl or wood front panel. 8. A pork chop or a thick juicy steak are equally easy on this compact ridged grill that broils on both sides at once. SEB Minute Grill from France. 9. By Magic Chef, microwave oven holds a 2½-quart casserole or a 4-pound roast, plugs into a regular 120-volt outlet, can be built in. 10. A smoked glass door reveals the continuous-cleaning oven of the drop-in smooth-top range from Whirlpool. Top is sealed from spills by brushed stainless steel rim. Automatic meal timer lets you cook while you're away. 11. Microwave oven operates only when door is latched, stays cool for easy cleaning. By General Electric. 12. Copper-bottomed stainless steel pressure cooker is 10 inches wide, so a bunch of broccoli fits; a regular frozen food package lies flat in straight-sided stainless steel saucepan. By Revere. 13. Oversized toasting slot welcomes waffles or regular bread. Built-in, brushed stainless steel electric toaster by Thermador. For shopping information, turn to page 142.











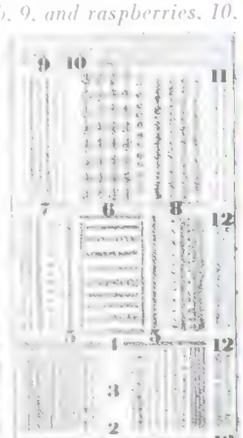
JAMES MATHEWS

atriotic red, white, and blue. The shine, *above,* is Formica, red against white walls, and blue-circled ceramic tiles on and walls. There's a round table, an d for family breakfasts, adjacent peninsula for the range and a grill s disguised with a butcher-block top i it's not in use. Cabinets underneath from either side for easy access ored pots and pans. The prints are ichael English, from the Galerie ples in Paris. Decorated by Gerome Supper for Mrs. Herbert Haskell Stainless steel gleams, *right;* olive laminated plastic cabinets and countertops glow—and architect Aldo Jacober has brought the walls and floor, terra-cotta ceramic tile, to a glitter with waterproof floor varnish. A square column, necessary to the building, has been turned into a show-off cabinet for silver and a niche for a slicer. Every inch is useful, even marble-topped window sills wide enough for tea kettles or a bulletin board.

The very personal garden of the Child family

A KITCHEN GARDEN THAT GREW FROM A LOVE OF COOKING

A patchwork of small vegetable gardens edged with flowers meets the Josiah H. Child Jrs.' needs. Short rows are seeded all season, vegetables are picked small, no super-harvest requires canning—and it is fenced so rabbits never get the first bite.

Everyone in this family has a hand in the garden growing, picking, cooking, sometimes just walking to enjoy the pleasing design. What began as a salad patch in a field is now a 40-by-100-foot enclosure. The beds are flexible in use and manageable in size. So as to have small harvests and great variety, many are sown successively, and a three-bed [illegible] Spring crops like edible peapods, spinach, Swiss chard, and scallions, give way to early summer crops like those shown here. Seed varieties are chosen for taste and texture. Some come from a local Iguay familiar with their virtues; some from seed order firms. Salting in England (Cardigan's Navel pipe [illegible] a few small Nancy carrots, pulled [illegible] Chioggia (Bulging, ridged [illegible] zucchini (courgette, Sutton's marrow), near-seedless Sioux Hybrid cucumbers. You open the gate [illegible] and see lavender blue ageratum edging grapevines and everbearing strawberries. 2. Next, purple and white alyssum edging Opal basil, purple eggplant, flowering cabbage and rows of beans, limas, Chinese cabbage, leeks. 3. The wide path looks at a bed of nasturtiums and the salad bowl of mixed herbs and lettuces (Oak Leaf, Bibb, Cos). 4. Marigolds edge flowering kale, carrots, okra, eggplant. 5. Basil is the border for peppers and tomatoes. 6. Red zinnias edge corn, 8. and endive, parsnips, salsify, 7. root crops that are stored in a cool cellar all winter. Rhubarb, 9. and raspberries, 10. [illegible] the back [illegible] beds of [illegible] side are [illegible] white [illegible] gus. 11. Kidney potatoes, 12. thin [illegible] pepper [illegible] beets and [illegible] chini. 13. To [illegible] this winding [illegible] gumpowder is soaked, added [illegible] as saltpeter [illegible] [illegible] with manure in spring.

BROTHERS

LEFT: *Flowers along chip paths harmonize vegetable blossoms an liage. All annuals are seed except tomatoes, pers, eggplant. Stake matoes.* ABOVE, *are s green, sautéed in corn*

This weekend garden on New England farmland by the sea is protected from rabbits by aluminum mesh tacked inside Walpole cedar fencing and extended 8-inches underground. Concord grapes grow on each side of gate, ABOVE. RIGHT: *zy and Joe harvesting; she is 21, he is 8.* FAR RIGHT: *cchini blossoms to dip in batter and fry. For this and enty other Child family recipes, please turn to page 84.*

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GENUINE CERAMIC TILE IN 12" X 12" FLEXIBLE SHEETS WITH
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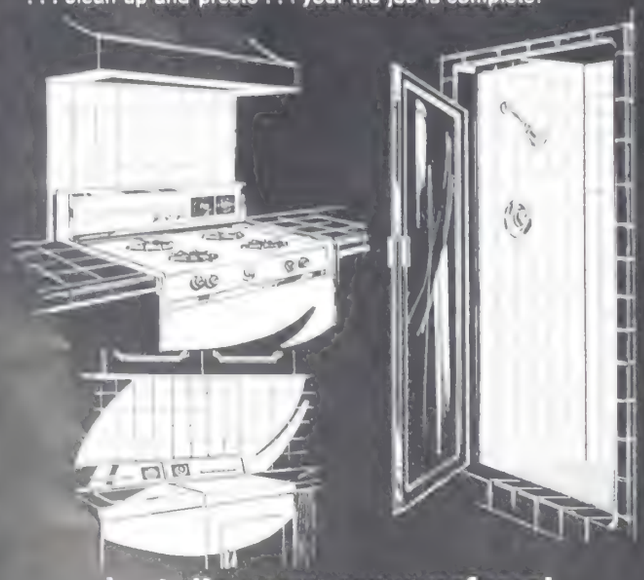

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"When you're snowed in for a few days, you appreciate having variety rather than quantity in your freezer"

NOTES OF A HAPPY HOUSEKEEPER

continued from page 32

My eyesight actually seemed to be leaving me last week—no matter how carefully and thoroughly I cleaned my new tinted glasses, everything seemed foggy. It wasn't the tint because the glasses were perfect when I bought them. I went back to the optician, and he told me I'd gotten a build-up of hair spray on the lenses and to remove it completely, he would have to polish the lenses, which would remove the tint. The glasses would then have to be retinted. He also said hair spray was very hard on the frames, so now I ***leave eye glasses on the other side of the room whenever using hair spray.***

A snowy morning is a good time to spend a couple of hours cleaning the shelves in the pantry and I recently worked on mine and discovered that my "emergency shelf" had become sadly depleted. This is no time of year to be without extra supplies to fall back on—we may need them if we have a really bad storm. Having made a list of needed pantry supplies, I then checked the freezer and made a list of things to get on the next market day. We always try to keep ***a well-stocked emergency food shelf*** of canned soups and juices, canned tomatoes, corn and beans, jams and jellies, and tinned fruits. I like to have dehydrated beef and chicken broth for cooking, and [illegible] of tuna and salmon, which can be fixed so many different ways. Appetizer supplies include pâté, several kinds of olives, and some special cheese spreads that come in jars. I store rice and noodles inside sealed containers so they don't get buggy, and buy crackers in tins whenever available. As for the freezer, I believe in variety rather than quantity. We always have a couple of cut-up chickens, steaks, ground beef and ready-to-cook shrimp. These, plus a variety of vegetables, ice cream, bread and muffins, and an extra pound of butter will see us through almost anything. I do remember one blizzard when we were snowed in for five days and dined regally on Cornish game hens on the fourth night.

A treasured tool in the kitchen for me is my baster—the kind that looks like a giant medicine dropper. There's nothing better for getting up pan juices and distributing them evenly over a roast, but grease and sediment can collect inside it. The best way to clean it is with a baby-bottle brush and soapy warm water. Take it apart, run the brush inside and out and rinse thoroughly. Let it stand to dry.

The grandchildren were here on Sunday and we had a wonderful time. We went for a walk in the snow, explored the attic, and grilled hot dogs in the fireplace. After they left and I was cleaning up the living room, I came upon a large deposit of chewing gum, which had gotten mashed into the wing chair. I used the ***ice cube trick*** with great success, however, and all was well. I just held an ice cube on the gum until it hardened. Most of it lifted right off and the rest disappeared with cleaning fluid.

One of the grubbiest places in any house is the cupboard under the sink. It's apt to be dank unless there is a ventilating panel in the door, and to ***control mustiness*** I can't think of anything better than an Airwick Solid. I'm careful to keep the dish cloth and the sponges that are stored there clean and wrung out as dry as possible. I keep the cupboard in good order and hang the damp things on a special little rack on the back of the cupboard door. ■

WINE & FOOD

A NEW SUPPLEMENT TO HOUSE & GARDEN OF QUICK TIPS · SOUTH RECIPES · EXPERT ADVICE

JAMES BEARD'S
NEW ENGLAND
BOILED DINNER
5 delicious variations

THE PERFECT
CRISP
CROISSANT
Step by step

20 QUICK RECIPES
FROM A
VEGETABLE-
LOVING FAMILY

CHOCOLATE—THE SEX
by Nika Hazelton

A WINE-TASTING TOUR
OF NEW YORK'S FINGER LAKES
by Sandra Oddo

A FAMOUS BARMAN SHARES
HIS SECRET DRINK RECIPES

New England boiled dinner—
our cover bowl wreathed
in a bouquet of vegetables.
For the recipe, please turn the page

"It's even tougher for a piece of equipment to get into my school than it is for a student." —James Beard: teacher, author, epicu

"I'm convinced Corning ranges make better cooks. Or I wouldn't be teaching with them.

To get into my cooking school, all a student has to be is patient. There's a two-year wait.

But a piece of equipment has to be good. And what's "good" to an average cook isn't always "good" to me.

Well, I can honestly say that the Corning Gourmet Range not only meets my demands, it surpasses them.

Those Corning engineers can eat at my house anytime.

I'm a cook. Not an engineer. But they came up with a cooking system that's so ridiculously accurate, they've got to be even more fanatical about cooking than I am.

First, they put in heating elements that heat up evenly. No hot spots. No cold spots. No scorching and burning.

Then, instead of just putting a thermostat in the oven, they give each of the four cooking areas a thermostat of its own. (The Gourmet range is the only smooth-top that has these thermostats.)

Finally, they designed special pots and pans that work perfectly with the flat cooktop.

Now, I've used my own flat-bottom cookware with excellent results. But with Corning's cookware, working together with Corning's thermostats, the cooking control is incredible. I mean, when a beginner cook can thicken a Hollandaise right on the cooktop without a double boiler—that's incredible.

It even makes better scrambled eggs.

People ask me why they need the Gourmet range if they're not gourmet cooks.

To make scrambled eggs. Very few people know how to make scrambled eggs with a consistent texture. Well, the Gourmet range knows how.

But if improperly prepared scrambled eggs is one of my pet peeves, one of my great pleasures is baking cakes and bread. And the Gourmet range has a self-cleaning oven that suits my needs perfectly.

It's big. I've had three 8-inch cakes going at the same time. On one shelf.

You know, a lot of people find cooking a chore.

But it's absurd not to enjoy something you do every day.

And with the Gourmet range, you'll experience the pleasures of cooking because you want to, not because you have to."

James Beard uses our Gourmet Counterange™ unit—the one that comes with Cookmates® cookware.

We also make the Family Counterange unit. It has the same smooth cooktop. But you use it like a conventional range: with almost any pot and pan.

Both our Gourmet and Family series also come in a built-in version: The Counter That Cooks® Cooktop—with single or double wall-oven to match.

For more facts, see the Yellow Pages under "Ranges." Or write: Corning Major Appliances, Corning New York 14830.

CORNING

We invented smooth-top cooking.

James Beard's New England **boiled dinner** plus five **delicious** variations

"Boiled dinners, including our New England boiled dinner and its variations, mean as much to American cuisine as *pot-au-feu* does to French cuisine and *bollito misto* to Italian cuisine," says James Beard who includes this traditional recipe in his marvelous anthology, *American Cookery*.

The New England boiled dinner has been in continuous favor not only in New England but across the country," says James Beard in *American Cookery* (Little, Brown, $12.95). "To my taste it is better with most of the vegetables cooked individually—cabbage cooked by itself has a much fresher taste, and potatoes cooked separately in their jackets are far more delicious than those cooked with the beef—but this is a break with tradition, and this recipe is for the standard method of preparation. Potatoes were, anyway, a later additive—about 1725 or even later.

"Serve a boiled dinner with horseradish or mustard. It is also sometimes served with a sauce made of the broth and melted butter. Beets were traditionally served with the boiled dinner, cooked separately, points out Mr. Beard, who suggests that succeeding meals can be varied by making a hash, a salad or serving the cold meats with hashed leftover vegetables such as the English bubble and squeak (potatoes and cabbage sautéed in a skillet). "One theory is that the original red flannel hash was made from the leftover vegetables of a New England boiled dinner including the beets and was served with merely sliced cold meats."

New England boiled dinner, vegetables ringing it, along with mustard sauce in sauceboat.

JAMES BEARD'S NEW ENGLAND BOILED DINNER

Ingredients: Piece of corned beef, preferably brisket, 4-5 pounds; 6 white onions; 4-5 small to medium turnips; 6-8 potatoes; 6 carrots; 1 head cabbage; 6-8 beets, cooked separately.

Method: Wash the corned beef, place in a kettle of cold water, and bring to a boil. Reduce heat and simmer 2½-3 hours. Add the onions and turnips and cook 30 minutes more. Add the potatoes and carrots and simmer 15 minutes. Add the cabbage, cut in quarters or sixths.

When the meat and vegetables are tender, transfer meat to a hot platter and surround with vegetables.

As a variation on the traditional try:

FRESH BEEF

Use a brisket or shin; shin is cheaper, brisket has a nice fat quality. Cook with carrots. Cook potatoes separately.

BEEF AND CHICKEN

Choose a nice large chicken. You can use the chicken for one meal and the beef for another or half and half. Use both to make a wonderful cold salad the next day. Add celery hearts and poach whole (like braised celery). Nice to have jacket potatoes cooked separately too. Serve with beans and peas cooked separately. For a beautiful salad, combine the beef and chicken with fresh celery, hard-boiled eggs, potatoes, and onions.

SMOKED BUTT

Smoked butt or shoulder ham is usually inexpensive and good. Cook with dry beans or lentils. Start lentils and then add ham. A butt takes very little cooking just cook it through, which takes an hour or so. While you're cooking it, add an onion stuck with cloves, a clove or two of garlic. Serve with braised onions and chopped spinach or mustard greens.

FRESH PORK

Fresh or smoked loin of pork. Cook with sauerkraut or fresh cabbage and potatoes, cooked separately; use beef or chicken broth with sauerkraut or cabbage, add a carrot or two for flavor. Serve a mustard sauce with the fresh pork or smoked butt variation. Make a béchamel sauce and add a little dry or homemade mustard (Dijon or your own favorite)—you want a good strong mustardy flavor.

ITALIAN "MIXED BOIL" BEEF DINNER

Boiled beef, chicken, Italian sausage, veal or beef tongue. Personally, I like to cook the components separately. I like to cook leeks with the beef; onions and carrots with chicken, nothing with the sausage, which is itself highly seasoned. I prefer to use a fresh tongue and cook garlic cloves, onion, and turnip with it. Serve onions, turnips, and leeks and potatoes with this and an herb sauce made from parsley, tarragon, basil, garlic, oil, and vinegar.

Note: Corned beef tongue and boiled beef take 25-30 minutes per pound; chicken and ham butt about 20 minutes a pound to cook.

For liquid use sauerkraut broth, water or chicken or beef broth. The stock is eminently usable for soups.

Mr. Beard, whose latest book is *Beard On Bread* (Knopf $7.95), suggests serving hot corned beef and pastrami perhaps for a large cocktail party for fifty people. Carve it thinly and serve with a selection of breads and rolls, sweet butter and mustards, thinly sliced pickles, fresh horseradish, and sliced onions.

CORNED BEEF HASH WITH LEFTOVERS

Chop leftover corned beef with a knife. Combine coarsely chopped potatoes and finely chopped onions with meat and add a few grinds of black pepper and nutmeg. Blend well and refrigerate for several hours. Melt enough butter or beef drippings to just cover bottom of heavy skillet and add hash, press down. Cook slowly to develop a crust, turning often. Serve with poached eggs, toast, and chili sauce. ■

"One looks forward to the succeeding meals from a boiled dinner—sometimes as hash, sometimes as salad, and sometimes merely as cold meats with hashed leftover vegetables"

James Beard, RIGHT, *has tasted, cooked, and written about food from all over the world and says, "I have come to the conclusion that perhaps American cookery is one of the most fascinating culinary subjects of all."*

20 quick recipes from a vegetable loving family

The entire Josiah H. Child, Jr., family love the garden, gardening and cooking their own harvest. During the summer they like to pick vegetables while they are still very small, need no peeling, and can be eaten whole. They like simple recipes best of all to show off their flavorful crop and they always slightly undercook vegetables to retain their crispness and vivid color.

When it comes to cooking, their pro[illegible] the five members of the Child family have their own specialties. Josiah Child is called on to make a [illegible] dressing and sauteed green tomatoes for break-fast. Susan Child does all the main dishes and [illegible] with the family during the summer. [illegible] [illegible] [illegible]. Here are twenty of their favorite recipes.

COLD TOMATO SOUP

Ingredients: [illegible]

Method: [illegible]

WILD SORREL SOUP CHILLED

Ingredients: [illegible]

Method: [illegible] will change color from green to a grayish [illegible].

Add flour and mix thoroughly. Add chicken stock slowly, salt and cook gently for 15 minutes.

[illegible]

Pour mixture into a large soup tureen and remove strings with a few whirls of a wire whisk, or strain through a coarse strainer. Add [illegible]

SALAD NIÇOISE

Ingredients: [illegible] and sliced new potatoes; baby whole beets [illegible] sardines; sections of raw tomatoes; very thin [illegible]

Method: [illegible] separate bowl toss beans, carrots, new potatoes and beets lightly in French dressing [illegible] dines, tomatoes, red onion or scallions, black [illegible]

JOSIAH CHILD'S FRENCH DRESSING

Ingredients: [illegible] juice; ⅔ cup olive oil; 4 tablespoons either chopped onions or scallions; 2 cloves pressed garlic; ½ teaspoon sugar; salt and freshly ground black pepper to taste; ⅓ cup fresh tarragon or a mixture of basil, marjoram, summer savory and chives.

Method: [illegible] lemon juice, olive oil, onion or scallions, garlic, sugar, salt and pepper [illegible] basil, marjoram, summer savory, and chives. Makes 1 cup.

GREEN PEPPER STRIPS

Ingredients: 4 green peppers, washed, seeded, white membrane removed and cut in very fine strips; [illegible] stick butter.

Method: Sauté green pepper strips in butter for a few minutes in a large frying pan, cover tightly and cook until tender when pressed with a fork. Serve with fish or broiled chicken. Serves 4-6.

CHINESE CABBAGE

Ingredients: ⅓ cup chopped onion; 2 tablespoons vegetable oil; 1 head Chinese cabbage, washed and sliced thickly (don't dry); 2 tablespoons soy sauce; ¼ teaspoon ginger; ½ teaspoon sugar; 2 tablespoons water, if needed.

Method: In a deep frying pan sauté onion in oil until soft; add cabbage, soy sauce, ginger, sugar and stir. Cover and cook over low flame about 10 minutes or until leaves are wilted. If the cabbage leaves begin to stick to the pan, add water.

HOT GREEN CORN PUDDING

Ingredients: 2 dozen ears of young, newborn corn; 3 eggs well beaten; 2 tablespoons melted butter; 1 teaspoon salt.

Method: Preheat oven to 250°. Over a large [illegible] rows of corn lengthwise with point of sharp knife, take blunt backside of the knife and [illegible] scrape down on kernels to extract corn kernel juice. Add eggs, butter and salt to corn (about 4 cups). Pour mixture into buttered baking dish and bake for 2½-3 hours until lightly browned and set.

NOTE: If corn is old, thick, and not sweet, add [illegible] 1 cup milk and sugar to taste.

SPRING SPINACH SALAD

Ingredients: Pick enough fresh, young spinach leaves for a salad for 6-8 people; ¼ cup fresh scallions cut in strips; ⅓ cup fresh lemon juice; ⅔ cup olive oil or vegetable oil; ½ teaspoon powdered mustard; ¼ teaspoon sugar; ¼ teaspoon salt, fresh ground black pepper to taste.

Method: Thoroughly wash the spinach and pat dry.

In a small bowl mix lemon juice, olive oil or vegetable oil, mustard, sugar, salt, and black pepper.

Top spinach and scallions with 1 cup dressing and serve immediately.

JO'S RAW FRESH VEGETABLES

Wash freshly picked baby zucchini, 4-5 inches long, quartered lengthwise; baby whole carrots, about 1-2 inches long; small radishes; scallions, small edible pods; cherry tomatoes; new small asparagus spears; small white turnips (only vegetable that should be peeled) and arrange attractively on a large platter. Serve with onion salt, homemade mayonnaise, or aoli (quickly made by adding a couple of pressed garlic cloves to homemade mayonnaise).

ZUCCHINI FLOWERS WITH TEMPURA BATTER "OZEKI"

Ingredients: 2 eggs; 1¾-2 cups cold water; 2 cups flour; pinch salt; zucchini flowers; vegetable or soy oil.

Method: In a large bowl beat eggs and water lightly and sift flour into mixture. Stir mixture until well blended, disregard lumps.

In a deep frying pan or deep, small enameled casserole, heat about 4-inches of vegetable or soy oil to 355°.

Dip zucchini flowers in batter, do not overcoat, and fry a few at a time until golden. Remove scraps of batter with slotted spoon in order to keep oil clean. Serve lightly salted as hors d'oeuvre or vegetable with dinner. Serves 6-8.

TEMPURA DINNER "OZEKI" WITH GINGER SAUCE

Ingredients: Depending on the number of people to be served, prepare shrimp, cleaned, and pieces of white fish; strips of zucchini; slices of eggplant; pieces of onion; strips of carrot; whole, young beans; pieces of green pepper; pieces of leek; clumps of parsley; when in season, asparagus spears and thin slices of pumpkin. *Ingredients for ginger sauce:* Memmi sauce; grated, fresh ginger; pressed garlic; sake; 15-inch piece of daikon radish or raw turnip grated.

Method: Prepare Ozeki batter and oil as for zucchini flowers and do a variety of 8-12 pieces of shrimp, fish, zucchini, eggplant, onion, carrot, bean, pepper, leek, parsley, asparagus, and pumpkin and serve immediately in a shallow basket with a paper towel or napkin. This dish cannot be cooked ahead. *Method for ginger sauce:* Prepare Memmi sauce according to directions and serve each person with a separate bowl so the ginger, garlic, sake, daikon radish, or raw turnip can be added to taste.

ANDALUSIAN GAZPACHO

Ingredients: 3 green peppers, seeded and cut in quarters; 2 dozen large, ripe tomatoes, quartered; 1 large Spanish onion, chopped; 6 sections garlic, or according to taste; 3 large slices Italian bread, crust removed and soaked in water, and then squeezed lightly; ¾ cup wine vinegar; 1½ cups olive oil; ice water, if needed; ice cubes. Garnish: generous amounts of chopped hard-boiled egg, chopped cucumbers, chopped onion, and croutons (made by frying in oil).

Method: Divide peppers, tomatoes, onion, garlic, bread into 6 piles and blend each pile separately with a little vinegar and oil.

Strain vegetable mixture through a sieve into a large soup tureen; mixture should be thick. (If mixture is too strongly flavored, add ice water.) Chill thoroughly and add several ice cubes to soup before serving with garnishes.

COLD GREEN PEA SOUP

Ingredients: 2 pounds, small young peas with pods, shelled, after tips and strings have been removed; 1 cup scallions, chopped; 1 small, young head of lettuce; 1 tablespoon mild mint, chopped; ½ teaspoon salt; 1 teaspoon sugar; 2 cups chicken broth, 2 cups heavy cream; salt and pepper to taste; garnish: fresh chopped mint.

Method: In a large saucepan cook peas and pods with scallions, lettuce, mint, enough water to barely cover, salt and sugar until just tender, but still bright green. Drain off liquid and set aside.

Add cooked mixture with a small amount of reserved liquid to blender and blend for a few seconds (be sure not to puree, as you want to retain the texture).

In a saucepan reduce reserved cooking liquid to about 2 cups, and add to a large bowl with blended mixture, chicken broth, heavy cream, and salt and pepper to taste. Chill thoroughly. When ready to serve, sprinkle with fresh mint. Serves 8-10.

HOT COUNTRY POTAGE

Ingredients: 4 large white leeks, 2 large white turnips, peeled and cut in pieces; 3 medium carrots, scraped and cut in pieces; 2 medium Idaho potatoes, peeled and sliced; ½ cup celery, chopped; ½ cup Italian parsley; 1 quart water; salt and pepper to taste; butter or margarine, optional.

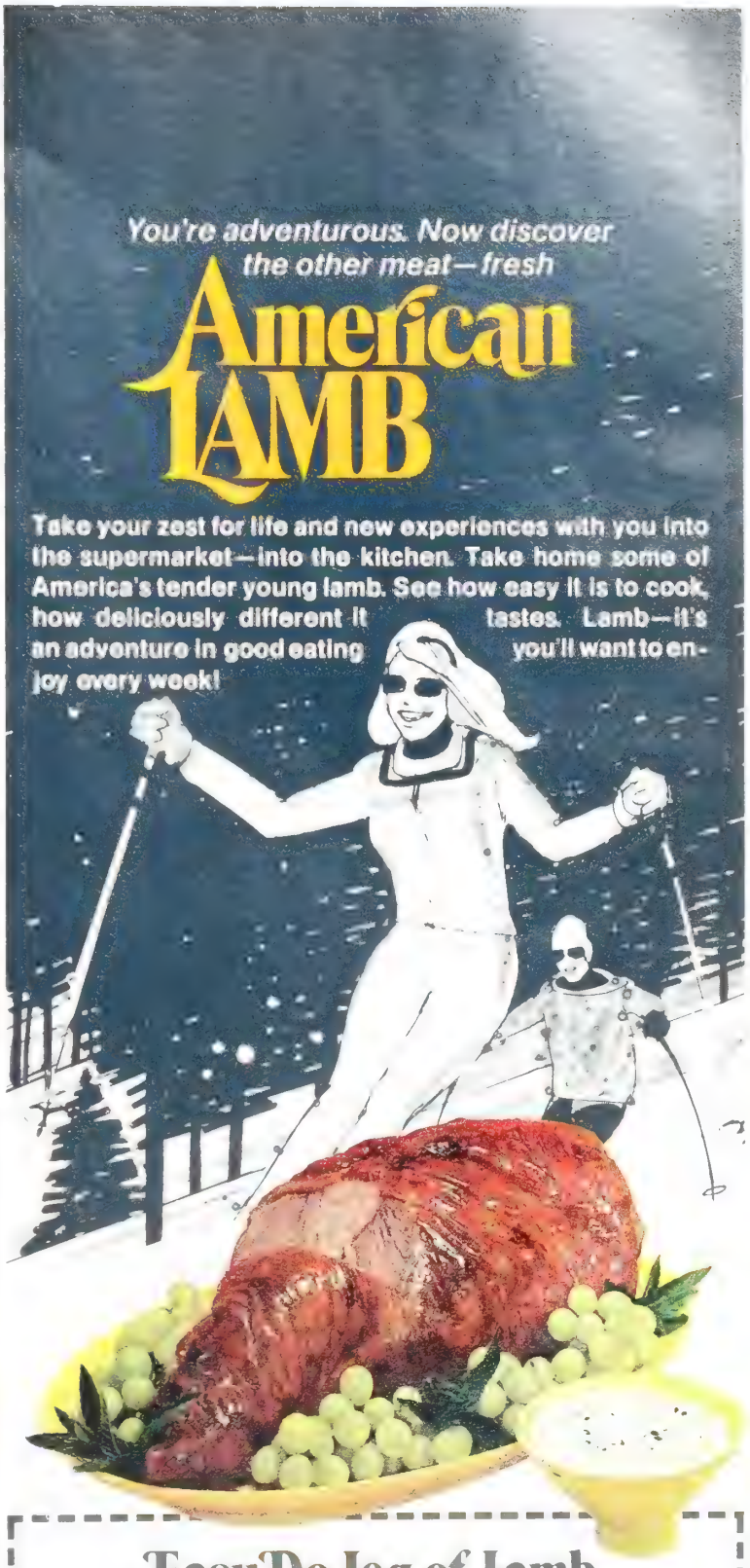
Method: Add leeks, turnips, carrots, potatoes, celery, parsley, and water to a large pot and simmer for 1 hour.

Put vegetables and stock through food mill, add salt and pepper to taste. Consistency should be very thick. Serve hot, swirled with butter or margarine if a richer taste is desired.

MARS'S RATATOUILLE

Ingredients: 1 large eggplant cut

Continued on page 93



Easy-Do Leg of Lamb

(makes 6 or more servings)

1. Place lamb (full leg or ¾ leg) on rack in shallow roasting pan. Sprinkle with salt and pepper. Roast in 325° oven until meat is as done as you like it. Lamb is well done when meat thermometer registers 170° to 175°.
2. For variety, glaze lamb as it roasts with currant or apple jelly or jellied cranberry, or baste with French or Italian dressing.
3. Garnish with grapes, spiced apples, or broiled peach or pear halves.

Note: Small families can get two *extra* quick and easy meals from one leg of lamb. Have your meat man cut the leg into a roast, plus quick-to-fix sirloin steaks and kebabs.

For more lamb adventures, write:

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Step by step to the perfect **crisp croissant**

How-to instructions from the pastry cooks of the S.S. France

A crisp flaky croissant to dip lovingly with a cup of steaming café au lait is the only complete, the delectable breakfast of French hotels and certainly of one of France's most famous floating hotels, the S. S. France, that super ship Craig Claiborne calls "the world's greatest moveable feast." On board in the streamlined stainless steel galleys with fresh sea breezes blowing through star-filled portholes, the skillful pastry cooks work through the night to make almost 2,000 croissants for a delicious start to the day for the passengers, crew, and Henri Le Huede, *aîné*, the chef of the S. S. France, who enjoys his own coffee-and-croissant ritual, in his quarters or his office before tackling the menu planning and execution of the exciting, never repeated, menus for the day. These photographs were taken during the S. S. France's first culinary cruise, thirteen days filled with the finest food and wines: a record output from the galley, and a resounding success—and only the first of many gastronomical voyages. Here's how to make your own croissants, the proportions are scaled down to yield a more practical recipe.

CROISSANTS

Ingredients: 2 envelopes or cakes yeast; ¼ cup lukewarm water; 4 cups all-purpose flour; ½ teaspoon salt; 1 teaspoon sugar; 1¼ cups milk; 1 pound butter; beaten egg yolk with cold milk.

Method: In a mixing bowl, soften the yeast in lukewarm water. Add 1 cup flour and stir to form a smooth firm ball. Cut a cross in the top, cover with a dry towel and set in a warm place to rise until double in bulk.

Sift into a bowl 3 cups flour mixed with the salt and sugar. Gradually add milk, stirring to make a smooth dough. Combine this dough with the sponge (yeast mixture), beating well. Cover with a towel and let rest for 10 minutes. Then chill for 3 hours.

Roll out the dough into a long rectangle about ½ inch thick. Work the butter into a flat cake and place it in the center of the dough. Fold ⅓ of the dough over the center ⅓ and fold the remaining ⅓ on top to make 3 layers. Turn the folded dough so that the open ends face you. Roll out, fold over as before and turn. This whole operation is called a turn. Make another turn and place the dough in the refrigerator for several hours or overnight, well wrapped in freezer wrap and a cloth. The next day, roll out the dough, fold, and turn. Repeat this operation, making 2 more turns.

Chill the dough in the refrigerator for 1 hour. Then roll it out ⅛-inch thick and cut it into 6-inch squares. Cut each square diagonally into 2 triangles. Starting with the longest side of the triangle, roll loosely to form a cylinder thicker in the center than at the ends. Shape into crescents, place on wet cookie sheet, cover with cloth stretched over 2 glasses like canopy and allow to rise in warm place till double in bulk. Preheat oven to 425°. Brush lightly all over with beaten egg and milk (which must not touch the cookie sheet), bake for 15-20 minutes. Remove and serve hot.

A little note pinned to the wall in the France's pastry shop says "*croissants tous les jours*" along with a variety of special passenger requests for a soufflé praliné, tarte Tatin, or a gâteau St-Honoré, perhaps. *Right:* During the S. S. France's culinary cruise, cool refrigerated dough for croissants is cut and rolled deftly, and with amazing speed by gentle cooks (the pastry cooks are reputed to be the most agreeable, gentle and humorous of all) into long strips, again with a chef's knife into triangles, *opposite page, far right*. Each triangle strip is rolled, *center, left to right*, with a light touch, palms resting on either side of the base of the triangle pushed forward gently to roll it up. They are then set slightly curved, on baking sheets in neat rows. *Above:* A cook carefully paints each croissant with beaten egg and milk before putting it in the oven to bake. Tender flaky croissants, *right*, look irresistible when they are tucked into a basket lined with a festive hand-blocked French Provençale cotton napkin from Pierre Deux. ■

> "Croissants can be successfully frozen if wrapped airtight when cool"

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A famous barman shares his secret drink recipes

An interview with Henri Delaude, senior barman of the S.S. France, by Jane Ellis

Reigning over the long elegant bar of the first class Riviera Lounge on the S.S. France is Henri Delaude, the ship's senior barman and a veteran of thirty-six years' service with the French Line; his charming, supremely tactful presence contributes greatly to the ambiance of the ship's most famous salon, and his skill in mixing drinks results in innumerable delicious potions, many which are of his own devising.

As the Riviera Room bar opens at noon, there is usually a cluster of the S.S. France's thoroughly pampered passengers ready to choose their first drink of another sybaritic day. Perhaps it will be a pick me up after a night of revelry "the best cure," insists Henri, "is to choose the last drink you had before you went to bed," but for undecided passengers, he might suggest a **Mimosa**—one part freshly squeezed orange juice to two parts Champagne poured into a wide-rimmed champagne glass. The **Bloody Mary** and the **Bull Shot** are still the most popular morning drinks, but Henri likes to suggest the **Bloody Bull** for those who find them somewhat heavy; "this is like a Bloody Mary, but I use half beef broth and half tomato juice to make a lighter drink." Basic Bloody Mary recipe: dash of lemon juice and Worcestershire sauce, a drop of Tabasco or pepper and salt, a little touch of celery salt, 2 ounces vodka and 2 ounces Sacramento tomato juice. Stir.

For another morning favorite the **Champagne Cocktail.** "try adding a spoonful of gin instead of cognac to cut the sweetness," suggests Henri. "Add a sugar lump with a drop of bitters, a cherry, slice of orange and foam up with Asti spumante or champagne."

A typical French morning drink and a favorite with Pierre Franey, master chef and demonstrator with Craig Claiborne on the S.S. France's culinary cruise, is the **PGK.** "Mix 2 jiggers of Picon, a French aperitif, a dash of grenadine, and ½ ounce kirsch. Serve it on ice with Perrier water or soda, a delightful light apéritif. Another French favorite: 2 jiggers of Suze (a French apéritif made with the herb gentian and flavored with oranges and bitters) with 2 drops cassis.

"Still the most popular cocktail is the dry **Martini.**" says Henri, who likes to make them really dry—one case of gin to a bottle of vermouth. He uses Beefeater gin and finds the **Vodka Martini** increasingly popular, too.

"More and more people are drinking apéritifs like vermouth, sweet and dry, but Americans often like a good martini or a **Whiskey Sour.** "It's not important what liquor you use—vodka, gin, cognac, rum or Abricotine or Apry can be used to make a sour. Just shake together 1 jigger whiskey (scotch, rye or bourbon, or whatever base you choose), a jigger of lemon juice, and a little sugar according to taste.

For the imperial cruise in 1967, Henri invented the **Imperatrice,** a combination of Grand Marnier, rum (1 jigger of each), orange juice and a dash of grenadine. Shake and serve in a tall glass topped up with Champagne and decorated with a slice of orange and a cherry, as you would a sour.

"After dinner choose one of the sweeter drinks, **Stinger** proved the out-and-out favorite on this voyage."

Craig Claiborne, stinger fancier for the late hours, started a shipboard vogue for Henri's combination of 2 parts cognac, 2 parts white crème de menthe shaken and served on a lot of ice.

Two more late night suggestions: **Crème de Menthe on the Rocks.** 2 ounces green crème de menthe filled up with Perrier water makes a gentle [illegible] very pretty after dinner drink. Or a combination requested by Pierre Androuet, the famous French cheese specialist, **Benedictine and Calvados**—half and half.

"A **Brandy Alexander** is a gentler way to take your brandy suggests Henri, who mixes one part heavy cream, one part crème de cacao, 3 parts cognac. Shake nutmeg on the top. Vary it if you like, changing the base to gin or vodka.

As a cure for a hangover or an upset stomach from too much good food, Henri suggests, "green **Crème de Menthe** or **Fernet Branca and Pernod** half and half. **Rince Cochon**—cognac and cassis, half and half—is also a good reviver for *guele de bois* [a hangover]."

What does Henri drink himself? "Two rum punches during the day and then scotch, but never before midnight." ■

"The secret of a great drink is to keep it as simple and uncomplicated as possible"

"**Rum Punch** is good in a hot climate, and I like it better when it is a simplified drink, served in a small glass, just a jigger of rum, dash of sugar cane syrup, and a squeeze of lemon juice." It proved a favorite on the France's recent culinary cruise through the Caribbean, and a restrained change from the overly sweet, fruit-drenched versions served so often on the islands. A **Ramaos Fizz.** is another morning recommendation: 2 ounces each gin and milk, a teaspoon orange flower water, 1 teaspoon grenadine, 1 egg white. Shake vigorously with cracked ice and strain into a tall glass.

Henri also makes perhaps the best version of a bar **Kir.** an increasingly popular morning apéritif. It blends white wine or Champagne with cassis and is invariably too heavy on the black currant syrup. This one is not overly sweet, just right in fact. Henri simply rinses a champagne glass with cassis, swirls it around and turns it upside down leaving only the cassis that clings to the sides of a wide-brimmed glass. Fill up with a dry white wine.

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A wine-tasting tour of New York's Finger Lakes

by Sandra Oddo

For the wine lover interested in learning the whys and wherefores of modern wine production, step by step, and in finding an American wine to call his own, the Finger Lakes region of New York State, heart of East Coast wine country, is a fine place to visit.

New York's Finger Lakes [illegible] beautiful that the Great Spirit laid his hand on it in blessing and [illegible]

[illegible]

[illegible]

[illegible] the winery will stop to ask if they can help.

It has a lot of history. For a brief gold moment in the early 1800s, Hammondsport was the second largest inland seaport in the country. [illegible] Albany, [illegible] the Erie Canal, [illegible] That boom ended—but in 1829 the Rev. William Bostwick planted some grape vines in his rectory garden, and later a young cooper-turned-vintner named Walter Taylor came along to found an industry. Prohibition hit [illegible] Hammondsport's [illegible] wineries—still there, boarded up and silent—only Taylor, Pleasant Valley, and Gold Seal survived. But they thrived. Now, nearly half of Hammondsport's 1,200 population is connected with them, or with one of the newcomers, Hammondsport, Bully Hill, Vinifera.

There they are, six important wineries offering free tours and tastings [illegible] and tell them what they know. The scenery is lovely. And most significant, perhaps, for the amateur [illegible] Hammondsport [illegible] Big changes are going on. Ten years ago, as a nation, we drank about a third of a gallon of wine apiece a year. Today the per capita consumption is [illegible] native, not imported, wine. To meet the growing demand, Hammondsport's wineries have grown—and they have also had to develop identities, to ask themselves questions about how and why they are making wine, and to begin to think seriously about quality American wines rather than imitation French ones.

Each winery is worth half a day's visit, and to do more than two a day is hard on the feet and even harder, I suspect, on the head. If you have the time, take it. If not, see a couple; pass on, refreshed.

First and biggest is the Taylor Wine Company. Turn left off 54A at the Vinehurst Motel (reasonable rates, nice rooms, set in an acre or so of Concord grape vines), and follow Olde Bath Road for about a quarter of a mile. There it is, thirty-six buildings on both sides of the road housing a wine-producing operation that pours forth as much wine as all the other Finger Lakes wineries put together. And it's growing visibly at a rate of nearly two buildings a year. It is, unashamedly, a factory, its blond brick buildings saved from sterility by the heavy carved oak doors. The first sight the visitor sees as he follows the signs to the tour headquarters is the echoing bottling room, shining with cleanliness and smelling faintly of antiseptic, where women in pink coats and [illegible] pop corks and labels onto bottles and bottles into boxes that go clinking off along the soaring assembly line to be stacked and stored until shipping time. It's a little overwhelming.

Taylor hot-presses the grapes to bake the color into red wines right at the start. It ferments in stainless steel, tests, ameliorates, finally blends with other vintages and other wines—all whooshing from building to building through intricate mazes of glass or stainless steel pipes—to achieve a product that is pleasant, neither sweet nor dry, geared to a popular taste, and above all, predictable. "We want people to know, when they buy a bottle, that it will taste like the last bottle they bought," says a spokesman. "We want them to trust us." The uncertainty that may produce, say, a great vintage or a disaster is gone. The wine is dependable. And it is served in comfortable surroundings, a dark and vaulted room full of Taylor history where one can sip one of the Lake Country wines made from traditional old New York State grapes like Delaware, Concord, or Catawba, or try their Burgundy or Claret, Rhine or Sauterne, their Port, Sherry, or vermouth—or their champagne—while Hammondsport girls serve hors d'oeuvres made with wine.

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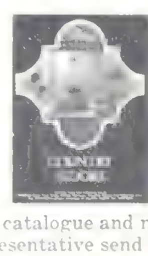

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"At the wineries, it is possible to pick and choose, to compare, to learn, to experiment with new lines"

Taylor encourages visitors—2,000 a day in the heat of summer. Guided groups of eighteen leave every seven minutes for the hour-and-ten-minute tour, weekdays from 8:30 to 11 and 1 to 3:30, closed the last two weeks of July. There's a wineshop, though the prices are the same as they are at the Park Liquor Store on the village green, which sells all six wineries' products.

Next on Olde Bath Road is the Pleasant Valley Wine Company. It has a terrible problem getting people to remember "Pleasant Valley" because its main product—40 percent of its output—is Great Western champagne, so-named in 1871 when an illustrious gentleman proclaimed it "the great champagne of the Western hemisphere." Pleasant Valley shares a corporate structure with Taylor but has its own management and its own winemaking tradition as the first bonded winery in the U.S.

The tour, which starts in an old railroad car, is homier, perhaps because a lot of fermentation is still done in wood, and the huge redwood vats—with chandeliers hung here and there among them—help to preserve the atmosphere and to waft abroad the aroma of working wine. Light falls through stained glass windows onto the stainless steel tanks in the three-story pressing room. A startling sight, therefore, is the control panel in the central building through which all wine passes in pipes on its way from one operation to another. Chrome and flashing lights, switches and levers and tubes with cryptic notations. My guide was a little embarrassed: "Everybody says it looks like science fiction. All it is, is a way to hook the pipes up to each other."

Past the scientists and the casks, past the cool chambers where nearly 3 million bottles of champagne lie in tierage to develop sparkle, and the lines of champagne bottles on their way to dosage and corking, the tour wends to the original wine vaults, built in 1860, now tasting rooms. Hostesses serve hors d'oeuvres and—yes—champagne. There is also a growing list of Great Western varietal wines and sherries made by a four-month process. Tours, weekdays are 8:30 to 11, 1 to 3:30.

Up the road toward Hammondsport proper, a left and then a right following the signs for Route 54A, is the Hammondsport Wine Company, now a subsidiary of Canandaigua Industries which produces five kinds of sparkling wines, three still wines and Golden Age Wine Dessert Toppings. It has tours only by special reservation, but its tasting rooms are open weekdays during July and August 9 to 11:30, 1 to 4.

It is time for the vineyards. Following Route 54A out the northwest corner of the town square, past the Hammondsport Motel (right on the lake, AAA recommended), bear left up Middle Road. Taylor has a lookout up there, the top of its concrete root cellar (where prunings are rooted, then sent to nurseries across the country), from which you can see hundreds of acres of trellises running across the hill to catch and hold run off water, a Grandma Moses painting in peaceful and homogenous green. A perfect setting for the harvest church service held annually in the vineyard.

But even there in the vineyards a slow and quiet struggle is going on that will affect the future of East Coast wines. In 1961 Greyton C. Taylor, son of Walter Taylor, planted the first French American hybrid grapes. Baco Noir, Chelois, Maréchal Foch, Seyval Blanc, these are heavy-producing grapes that grow well here and the wine they yield has none of the fuzzy wild "foxy" tang characteristic of Concord. Farmers in Hammondsport grow virtually nothing but grapes, and a change in varieties is a heavy investment—about $300,000 and three years for 100 acres of vines—but market prices for hybrids may be somewhat higher than for American varieties, and so every year Concords are ripped out and the new varieties planted. New York State wines labeled by grape variety are appearing far more frequently in wine shops.

Continued on page 94

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Chocolate—the sexy sweet

by Nika Hazelton

I've been into a controversy with guests that most will tell me that they don't eat dessert. Yet even these Spartans will pounce on cake the last when they are confronted with a delicious one. Granted it must be a reasonable dessert. Otherwise it is a waste of time to make and a waste of good calories to eat. Calories that could be far more unsimply spent on liquid cheer.

I can't help people who say they never eat dessert, and heaven knows, they might be truthful, feel deprived if you don't serve them dessert at a dinner party, or at least, offer them the chance of having a dessert. Usually after some heavy refusing, they will take a little piece or a spoonful of dessert at first and then come back. I am talking of sophisticated eaters, not of gourmets. I think this shows that dessert is a totally different eating experience [illegible] the freedom of choice [illegible] a course that must be taken for tradition's sake. Eating dessert is rewarding oneself [illegible] so much so that many people will hold off eating dessert until they can be lured into consuming it to the last morsel.

Over the years I've discovered that far too many so-called educated women underestimate the power of a good dessert on their men. Not for nothing does the song implore "Give me a cherry pie. Ah-ah-ah-ah." A dessert has [illegible] one of the lower [illegible] of man that does [illegible] they will always confess to this fact. No, they don't like to be reared and they like to have it pointed out to them that the stupendous creation before [illegible] made for [illegible]. Women are far more straightforward in their approach to desserts. They'll say that [illegible] but they always shudder, but they always will and let it go that.

Cooking dessert [illegible] prepared [illegible] more with [illegible] are extremely simple. I use [illegible] of fresh pineapple quite [illegible] sugar and kirsch, the [illegible] dinner, or of a dish of fresh strawberries [illegible] fresh cream [illegible] meringue [illegible] in a blender [illegible] and unsweetened cocoa to [illegible] this [illegible] a [illegible] fresh [illegible] cooked in a [illegible] cream. Maraschino [illegible] fresh dark cherries [illegible] canned [illegible] cherry pitters on the market, despite those invented by the Medici's sprinkled with a little [illegible] and brought to a quick boil [illegible]. Deep [illegible]. The [illegible] way of cooking [illegible] a slice of cake with fresh purple plums. These [illegible] should be served with [illegible], barely sweetened [illegible] by those who like it.

A man I once knew, a true gourmet, had an interesting theory on the subject. He said that desserts are closely [illegible] sex. Every good meal should be followed by a sweet and by dancing girls, the latter preferably [illegible] known to the gourmets among the ancient Egyptians, Greeks, Romans and to the Persians and other bon vivants of the Near East. Now the dancing girls are not easy to come by in most households, however hospitably inclined, the stress has to be put on dessert, which should be rich and preferably chocolate, the sexiest sweet of them all. Indeed it is true that no people in the world are as preoccupied with sex as Americans, and no other country loves and makes so many chocolate desserts as the United States, where chocolate is the number one flavor for sweet things. An American-style, many layered, thickly frosted devil's food cake will establish one as a lovable homebody. Chocolate mousse, on the other hand, will give one the air of a cosmopolite, and so does the French chocolate cake and mousse to which recipes follow. Both are easy and nearly foolproof.

> "Desserts are part of the lower and truer nature of men"

FRENCH CHOCOLATE CAKE

(8 servings)

Ingredients: 4 ounces unsweetened chocolate; 4 tablespoons water or coffee; 1 cup sugar; 1 cup softened butter; 4 egg yolks, separated; ½ cup finely ground blanched almonds; ½ teaspoon vanilla flavoring or 1 tablespoon brandy, rum, or kirsch; ½ cup sifted all-purpose flour.

Method: Set the oven to 350°. Grease and flour two round 8-inch layer cake pans. Put the chocolate in the top of a double boiler, add the water and sugar, and cook over hot, not boiling, water until the chocolate is completely melted. Stir frequently. Remove the double boiler from the heat. Do not keep the top over the hot water. Stir the butter piece by piece in the chocolate, but do not add the next piece of butter until the preceding one is fully melted. Remove the top of the double boiler from the bottom and cool the contents. Add the egg yolks one at a time, beating well after each addition. Blend in the nuts and the flavoring. Gradually stir in the flour and mix well. Beat the egg whites until stiff and fold them gently into the batter. Spoon the batter into the prepared cake pans. Bake for about 25 minutes or until a knife inserted in the middle of the cake (or a cake tester or a skewer) comes out clean. Do not overbake, the cake should be on the moist side. Cool the layers in their pans for about 5 minutes; turn out of the pans and cool completely.

GLOSSY CHOCOLATE FROSTING

(About 2¼ cups)

Ingredients: 3 tablespoons butter; 3 squares (3 ounces) unsweetened baking chocolate; 2 cups sifted confectioners' sugar; ¼ teaspoon salt; ½ cup milk; 1-2 tablespoons brandy, rum, or Kirsch.

Method: Combine the butter and the chocolate in a saucepan. Over very low heat, stirring constantly, cook until melted. Stir in the sugar, the salt, and the milk. Beat until smooth and remove from heat. Place the saucepan with the frosting into a pan filled with water and let heat the frosting until of spreading consistency. Stir in the liqueur. Spread over 1 layer, top with the second layer, and spread over top and sides of the cake.

Note: The layers may also be sandwiched together with a tart jam or jelly, such as red currant or apricot. Or put the layers together and frost them with sweetened whipped cream.

DARK CHOCOLATE MOUSSE

(6-8 servings)

To succeed, this dessert must be made and chilled at least twelve hours, but preferably twenty-four hours before it will be eaten. Otherwise it will not have the right consistency.

Ingredients: 4 squares (4 ounces) unsweetened baking chocolate; ¾ cup superfine sugar, preferably, or ordinary sugar; ¼ cup water or coffee; 5 eggs, separated; 1½ teaspoons vanilla flavoring, or 1-2 tablespoons brandy, rum, or kirsch.

Method: Combine chocolate, sugar, water or coffee in top of a double boiler. Cook, stirring all the time, over—not in—boiling water until the chocolate is melted and smooth. Remove from the heat, but leave top in double boiler. Beat in the egg yolks, one at a time, beating well after each addition. Remove top of double boiler from the bottom and cool. When cool, stir in the flavoring. Beat the egg whites until stiff but not dry. Fold the egg whites gently into the chocolate mixture. Pour into individual little white soufflé dishes (the classic way) or into a serving bowl. Cover the dishes or the bowl with plastic wrap so that the mousse won't absorb the refrigerator odors during its stay there. Chill no less than 12 hours.

Note: The mousse may be served with a sprinkling of chopped salted pistachios—the salt brings out the chocolate flavor. Or with a dollop of sour or sweet whipped cream. Or, best, as is. ■

 continued from page 85

in ½-inch slices; ¼ cup olive oil; 8 tablespoons butter; 3 medium zucchini, ½-inch rounds; ½ cup fresh parsley, ⅓ cup basil, ⅓ cup fresh oregano, all chopped; salt and freshly ground pepper; 3 large tomatoes, sliced in ½-inch thickness, or 3 large green tomatoes, sautéed; 2½ cups fresh onion, minced; 1 cup milk; 3 egg yolks, ¾ pound, grated mozzarella cheese; ⅓ cup Parmesan cheese, freshly grated.

Method: Preheat oven to 350°. In a heavy skillet sauté eggplant slices in half the olive oil and butter. When evenly brown on both sides, remove eggplant from pan with slotted spoon and drain on paper towels. Saute the zucchini in the remaining oil and butter until lightly brown and transfer it with a slotted spoon to paper towels to drain.

Arrange eggplant on the bottom of greased oven-proof dish (8 by 12-inch dish, 3-4 inches deep) and cover with parsley, basil, oregano, salt and pepper. Add sautéed tomatoes and zucchini to dish and cover them with onions.

In a bowl beat milk and egg yolks and pour over onions. Arrange mozzarella cheese on top and sprinkle with Parmesan cheese. Bake in the top part of the oven for 30-40 minutes or until top is lightly browned. Serve with salad and French bread. Serves 6-8.

JOSIAH CHILD'S SAUTÉED GREEN TOMATOES

Ingredients: 4 medium green tomatoes sliced in ¼-inch thick slices and dredged with white, water-ground corn meal or flour seasoned with salt and pepper, ¼ pound butter or bacon fat.

Method: In a large heavy skillet saute tomatoes in butter or bacon fat (use butter or bacon fat as needed) over a medium flame until browned on one side, about 3-4 minutes, turn and repeat. When tender, serve with toast and bacon strips, and they are also good with scrambled eggs.

SAUTÉED CHERRY TOMATOES

Ingredients: ¼ pound butter or margarine; ¼ teaspoon garlic powder; ¼ teaspoon dried onion powder; 2 teaspoons dried basil; 1 teaspoon dried parsley; 2 dozen cherry tomatoes, fresh basil, chopped.

Method: In a heavy iron skillet sauté over high flame butter or margarine, garlic, onion, basil parsley for about 1 minute. Add tomatoes and shake the skillet vigorously and constantly until skin on the tomatoes starts to wrinkle. Immediately remove from heat and transfer them to a heated serving dish. Sprinkle with chopped fresh basil. Serves 6-8.

COLD BORSCHT

Ingredients: 6 medium sized young beets, washed, peeled and grated, ½ large Spanish onion, sliced 6 cups water, juice of ½ lemon, 1 tablespoon sugar, salt and white pepper to taste. Garnish: sour cream or yoghurt; fresh dill, chopped.

Method: In a stock pot add beets, onion, water and cover tightly and simmer very gently for 2-3 hours, or until beets begin to whiten. Add lemon, sugar, salt and pepper to taste. Cover and leave on back of stove to steep overnight.

The next day strain and discard beets. Chill thoroughly. Serve in individual bowls with 1 tablespoon sour cream or yoghurt and top with fresh chopped dill. Serves 6-8.

SUZY'S HERB BREAD

To the last addition of flour when making basic white yeast bread yielding 1 large or 2 small loaves add 2 tablespoons fresh parsley, 2 tablespoons fresh basil (green or opal), 1 tablespoon fresh thyme, 1 tablespoon fresh oregano, 1 tablespoon fresh marjoram, 1 tablespoon fresh summer savory, 1 teaspoon fresh chives, all chopped.

HOT GREEN CORN SOUP

Ingredients: ¼ pound [illegible] diced, 1 medium onion [illegible] 2 cups grated and scraped [illegible] dozen ears) 1 quart milk [illegible] salt, if needed; pepper and sugar to taste.

Method: Render pork [illegible] kettle and take out pork with slotted spoon and reserve. Add onion to kettle and gently saute until soft. Add corn to kettle and stir with a wooden spoon until mixture thickens. Very slowly add 1 quart heated milk and stir until well blended and bring to near boil. Taste, add salt if needed and pepper and sugar. Serve hot with reserved pork dice. Serves 6-8. ■

What about microwave oven safety?

[illegible] than any other person. Some of her most popular include: *The Complete Round the World Cookbook, Myra Waldo's Chinese Cookbook* and *The Complete Book of Wine* [illegible]

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GENERAL ELECTRIC

E TASTING TOUR *continued from page 91*

Pinot Noir, Chardonnay, Riesling, ... thought too delicate for New York ... they drink more wine? Are the best European ... and youngsters clip bunches and ... ding, which starts at the top of what seem like thousands of ... Cold Seal ... at the Last Arrow ... Gold Seal ... Vintners ... bottled and ... Dr. Constantin ... and Walter S. Taylor, ... by ... Vintners ... Gold Seal to ... there is no tour but the full range of his wines—Rieslings, Chardonnays, Pinots Noir and Gris, Cabernet Sauvignon—are sold there. Dr. Frank will make wines only from Vinifera grapes, and he is evangelical in his fervor: "Americans deserve only the best. ... are the best. Why do you grow anything else?" He will not release his wines for sale until he deems them ready.

Back down the road toward Hammondsport and right at the sign is four-year-old Bully Hill. Walter S. Taylor bought back Walter Taylor's original 70-acre plot and since has added nearly 2,000 acres. He is vehemently against the legal practice of blending New York grape juices with California grape concentrate, wa... with additions of California, Algerian, or Spanish wine, while still labeling them "New York State." With his vineyardist Hermann Wiemer he began making vintage wines blended only from Bully Hill grapes. In 1972 he switched to bottling pure varietals—wine made from nothing but the juice of the grape named on the bottle. They are selling well and already have something of a reputation—ably helped along by Mr. Taylor, who is active in anything that may help promote his wines.

The Bully Hill tour is haphazard—or rather, nonexistent, since visitors are encouraged to wander as they will. There is a tasting room (where the youth of the reds offered for tasting may be a bit ... shock to someone wandering up the hill from the bigger ... with their blended and smoothed-out wines) and a wine shop. There's an exhibit of Mr. Taylor's paintings and some of his writings. And the Fred C. Taylor Memorial Grape Library, a vineyard devoted to special or historical grape varieties for experimental research. And, because Mr. Taylor believes that home winemaking improves knowledge and appreciation of wine, there's a winemaker's supply shop. There is also the Greyton H. Taylor Wine Museum, the only wine museum in the country, the core of the Bully Hill tour. It houses old ... of wine making and drinking, photographs—including one of the Taylor crew sipping the first batch of Great Western champagne and looking ... —and ... a collection of "Wine House wine ... It's all well displayed and interestingly explained.

By this time—or well before this—the traveling wine taster ought to be hungry. If a hamburger is all you want, there's the Village Tavern on the corner of the square, which will serve splits of champagne with it. For dinner, the Snug Harbor, the Vintage, or Chateau Dugas, pronounced DOO-gus locally, where a steakhouse menu can achieve real distinction, all near Gold Seal.

The Finger Lakes' third largest and second oldest winery is Widmer, in Naples, about 25 miles away. There the quantity ... quality controversy has been resolved in favor of quality. A majority of the 500,000 cases it produces each year are varietal wine. Sherries are aged four years in 50-gallon casks on the winery roof, exposed to sun and snow. Tours are Monday through Saturday, ... through October 10th ...

Neither Boordy, in Penn Yan nor O-NEH-DA in Conesus, nor Canandaigua Industries on Lake Canandaigua has a tour. Boordy, a division of Seneca Foods, has just taken over an old winery, is producing quality red, white, and rosé wines and a limited amount of Chardonnay and Cabernet Sauvignon. O-NEH-DA sells a lot of communion wine, but last year bottled its first Rieslings. Canandaigua specializes in "pop" wines like Richard's Wild Irish Rose. All three sell wine at the winery.

Even in February there are things to see at the Finger Lakes wineries. Since almost all the wineries hold pressed juice under refrigeration until they are ready for it, wine-making operations are underway year round. And then there is the tasting. Finger Lakes' wineries seem to be getting ambitious—and where there is ambition, quality is likely. More and more people are buying New York State wine for something more than a predictable and inexpensive accompaniment to the barbecue or spaghetti dinner. At the wineries, with their full range spread before you, it is possible to pick and choose, to compare, to learn, to experiment with new lines like Taylor's Lake Countries or with New York State varietals, some of them unique to the East Coast, some that because of the climate, taste different from California varietals of the same name. It is possible to add a little education and experience to your judgment and then to pick a few native wines that are "you." ■

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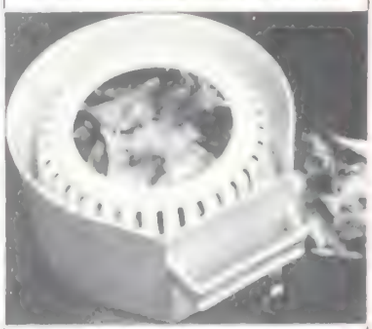

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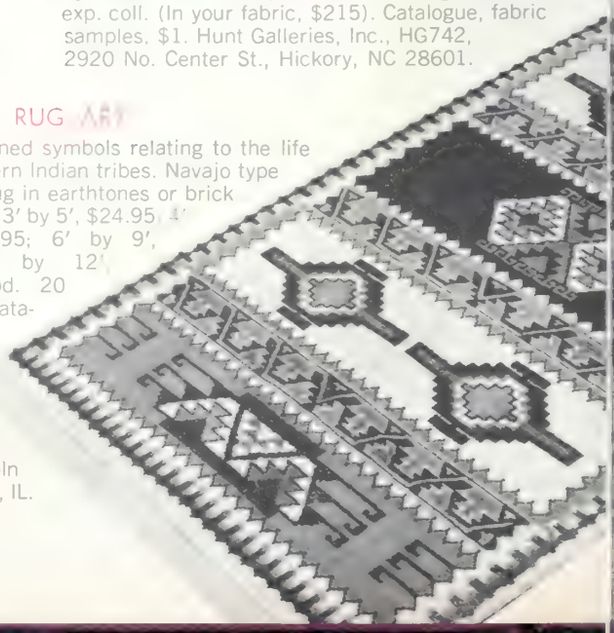

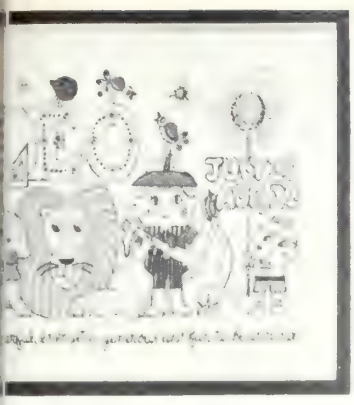

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An object of rare beauty to hold your jewelry and add a decorative touch. Double doors swing open to reveal velvet-lined drawers (five in all). Rosewood case with soapstone inlays, fine brass hardware. Size 8" by 6" by 12". $99.95 ppd. A. C. Gifts, HG2, 2642 Central Park Ave Yonkers, N.Y. 10710.

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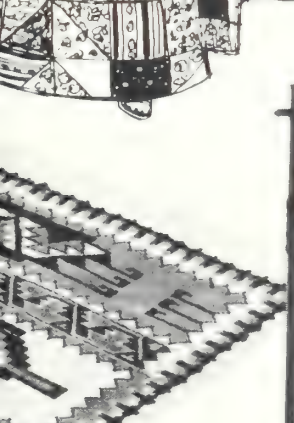
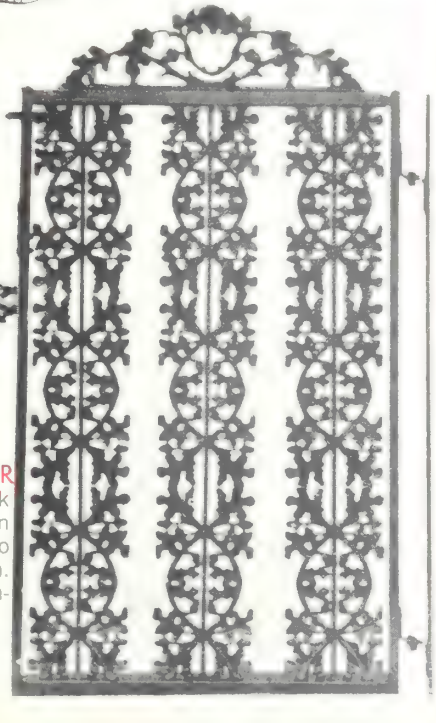
It's instant success for the hostess in a "Pam" apron. Full wraparound that ties in the front becomes a complete outfit worn with a body stocking. One size adjusts to fit all. 100% cotton in red, blue or brown patchwork or blue, gold or red floral print. $14.95 plus 75c post. Sofwear Designs, HG2, 711 Main, Houston, TX 77002.





GATE DECOR

Ornamental iron work distinguishes garden gate that adjusts 35" to 3" wide, stands 56" h. k finish hardware for attach- brick or wood. $59.50 exp. ree brochure. Collins-Han- n Co., HG2, 450 No. Deca- , Memphis, TN 38105.

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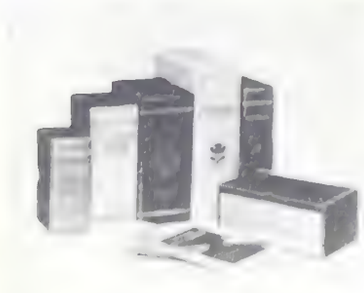

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Purse to needlepoint on hand-painted design plus 3 initials for back (specify). 5"x8". Ivory, turquoise, cherry or black. Kit: 12-mono canvas, Paternayan Persian satin lining, $16 (with gold metallic design, $17) ppd. Roselle Needlecraft Co., 1008 Fifth St., Santa Monica, CA 90403.

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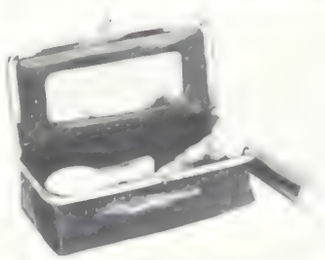
Tile walls take on a clean new look when you re-line the grout lines between tiles with this efficient white chemical. It's quick to apply, One 4-oz. bottle covers two average-size bathrooms. $2.99 plus 35c post. Holly House, HG2, 9924 Edgecove, Dallas, TX 75238.



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All your make-up needs fit into this one tidy carry-all. Mirror in lid tilts to any angle, pouch holds lipstick, compact, comb. 5" by 2½". Crinkle patent in assorted colors, but no choice of color is available. $1.29 ppd. Walter Drake, HG49 Drake Bldg., Colorado Springs, CO 80940.

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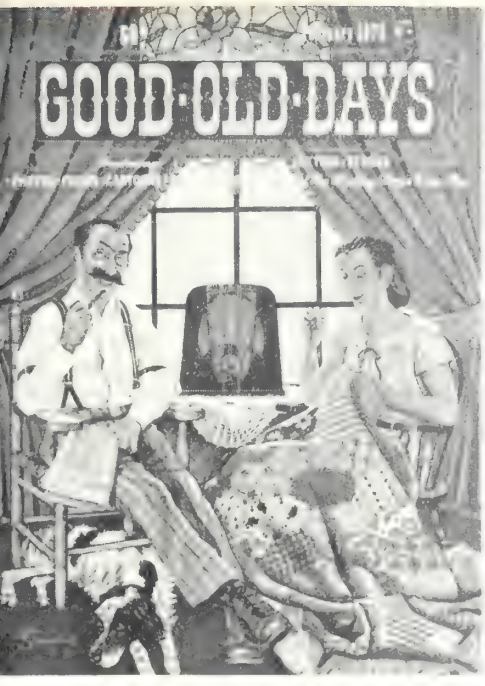

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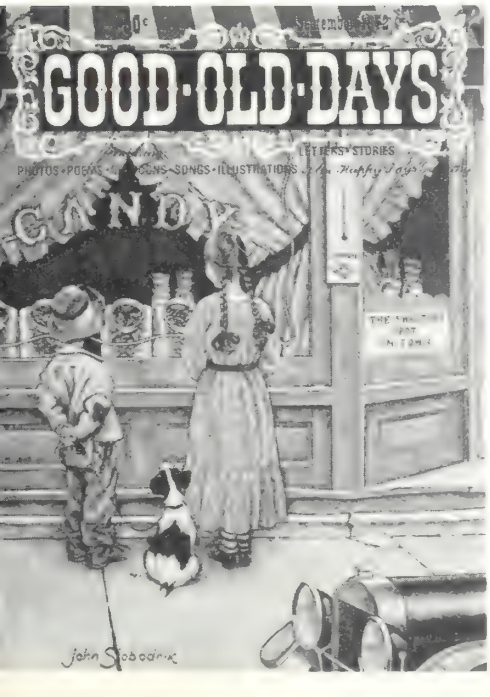
- My 5¢ nickel
- The Old Huckster Wagon
- Dry goods store — 1910 style
- Horse Hitching Posts
- Days of the Woodshed
- Bloomer girl
- Superstitions 60 years ago
- Straw ticks & feather beds
- They danced for 20 days
- Halloween Memories
- A little red schoolhouse
- Grandma what's a coalbin?
- Glorious Fourths, family style
- Oh women of yesterday!
- Shoe factory work in the 20's
- 1st women's lib — 1910 —
- Durable doll of yesterday



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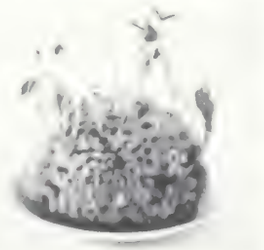
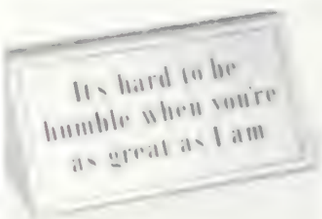
Simulated leather pouch totes cosmetics. Five pockets keep bottles upright. 12" by 12". In 25 colors including black, brown, red, white, bone, navy, tan, charcoal, green or red/white and blue. $5.95; two, $11 ppd. Free catalogue. Tex-Made, HG2, Box 16125, Houston, TX 77022.



FLOWERING SPONGE

No long wait for this garden to grow! Natural sponge with special fast-growing seeds that flourish quickly. Place sponge in a holder, sprinkle on seeds, keep moist. 5" dia. $2.98; two extra seed packs $1. Add 35c post. Lilly's Garden, G24, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



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Gold-colored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty here, or is it ego-assuaging? 4" by 4" on stained wooden stand. $1.98 plus 25c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

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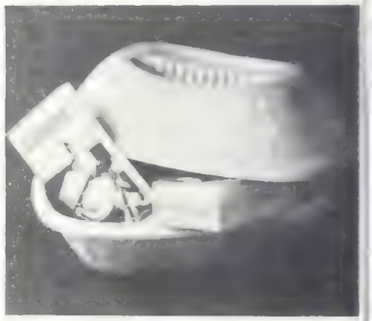

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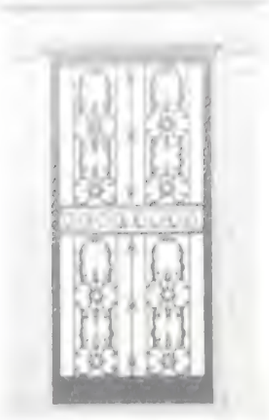

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SHOPPING AROUND

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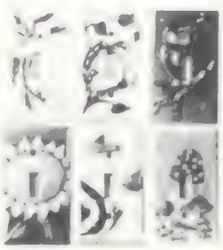
Natural cane of seat and back is framed in natural or black wood on chromed tubular support. A side chair favored for style and comfort. $75; matching arm chair $95. Exp. coll. 48-page catalogue $1. Storehouse, Inc., Dept. HG24E, 2737 Apple Valley Rd., N.E., Atlanta, GA 30319.

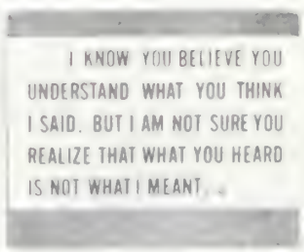
FINGER ART FORMS

Beautiful designs, handcrafted in gold or silver, create truly distinctive rings. A variety of designs and all sizes. Starfish ring (left) in sterling silver $12.50: freeform wire ring in 14k gold $75. Ppd. Carolista Jewelry Designers, HG2, 137 E. Rosemary St., Chapel Hill, NC 27513.



NATURAL BEAUTIES

Switchplates have 3-dimensional colorful designs in adco-wood: owl, mushrooms, daisy, sunflower, fish, butterfly. Screws included. Single plate 4½" by 2¾" $2.50; double 4¼" by 4¼" $3.50. Ppd. State size, design. Catalogue 25c. Clymer's, HG020, Chestnut St., Nashua, NH 03060.



ATTENTION!

"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5". $1.98 plus 25c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

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Stunning watch with square gold-toned case bears a name in black across its white dial. Name is limited to nine letters. Choose a smooth white leather or black textured suede strap. Allow 3 weeks delivery. $25 ppd. The Time Machine, HG2, Box 1443, No. Miami, FL 33161.

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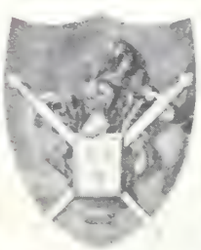

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HERALDICA IMPORTS, Dept. G42 21 West 46th St., New York, N.Y. 10036

Famed European health and beauty authority reveals how to RID YOURSELF OF UGLY FAT...LOSE THOSE LUMPS, BUMPS AND BULGES YOU COULDN'T LOSE BEFORE in a startling new book that exposes CELLULITE.

In 224 revealing pages, Mme. Nicole Ronsard deals with a problem affecting 8 out of 10 women . . . the problem of the lumps and bulges that won't go away no matter how much you diet . . . no matter how much you exercise.

If diet doctors, pills, salons, exercise gyms, spas and steam rooms haven't helped, chances are that you have cellulite and can be one of those fortunate women that will benefit from the secrets in this sensational new book.

WHAT IS CELLULITE?

Don't let the word frighten you. Millions of women everywhere have cellulite and live their lives with it . . . simply because they have never been able to recognize it, and thus have not been able to do anything about it. Now, thanks to the efforts of Mme. Nicole Ronsard, the prayers of many can be answered.

Cellulite, which causes unsightly lumps and bulges, is more than simple fatty tissue. It is a gel-like substance made up of fat, water and wastes trapped in immovable pockets beneath the skin.

Mme. Ronsard deals with every aspect of cellulite. You quickly learn where to look for it . . . recognize it . . . and, most important, rid yourself of it forever!

Think what this could mean to you. Unsightly bulges around hips, thighs and buttocks--gone. Flab and pockets of fat around knees, upper arms . . . gone. Wear clothes you never dreamed you could wear; bathing suits you never dared to even try on; gowns and evening clothes made only for others . . . not for you.

Yes, new life awaits you within the pages of this exciting new book. Say good-bye to "jodhpur thighs" and "saddlebag buttocks" . . . never again be embarrassed by "cottage cheese" textured skin.

While cellulite is recognized throughout Europe, this is the first and only book published in America that deals with this relatively unknown blight to femininity. Every aspect of the problem is discussed and explained in easy-to-read language. For any woman who suspects she may have a cellulite problem, no matter how slight or advanced, this book is a "must."

HOW TO RECOGNIZE CELLULITE

Visually, ordinary fat and cellulite are different. Regular fat, when squeezed, is smooth in texture. It does not show ripples or lumps.

To discover if you have a cellulite problem, take one simple test that cannot fail. Squeeze the tissues between the thumb and index finger or between the palms of both hands. If cellulite is present, skin ripples and looks like an orange peel. At a more advanced stage, ripples will be noticeable without any pressure.

PRAISE FROM THE PRESS

WHAT LEADING EDITORS SAY ABOUT MME. RONSARD'S REMARKABLE CELLULITE CONTROL METHODS:

HARPER'S BAZAAR QUOTES NICOLE RONSARD:

"Cellulite can be licked. It's knowing what the problem is and how to solve it that makes the difference."

A LEADING EDITOR SAYS:

"Mme. Ronsard is an expert in the treatment of cellulite. Ladies salons use the French treatment method, but one need not go to a salon to have it done, one reason she wrote the book, "Cellulite Those Lumps, Bumps and Bulges You Couldn't Lose Before."

VOGUE MAGAZINE:

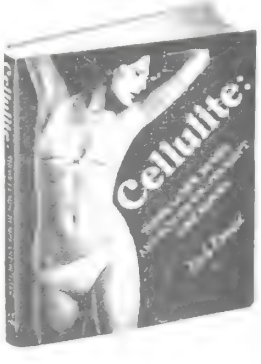
"If you ask Nicole Ronsard about cellulite, she could write a book. And she has—Cellulite Those Lumps, Bumps and Bulges You Couldn't Lose Before. The very first of its kind, it's devoted exclusively to cellulite—a subject Mme. Ronsard has been studying all her life.

FIRST PRINTING NOW READY

The first printing of this [illegible] book has just arrived. To assure early delivery, rush your order today. [illegible]

You are certain to agree that Nicole Ronsard's [illegible] bookshelf. The information, the advice [illegible] as well as a new figure.

So act now while you're determined to help yourself. The answer to your problem, the [illegible] of cellulite and the [illegible] Cellulite Those Lumps, Bumps and Bulges You Couldn't Lose Before.



RECOGNIZED BY MEDICAL PROFESSION

Dr. Ian Boloian, a New York gynecologist, stated that cellulite "is a fat that won't go away with exercise" and that it has become more prevalent with the increased use and abuse of modern living techniques.

"Women complain that most doctors have no sympathy for [illegible] and some after [illegible] and get no results. [illegible]

PLEASED BY NICOLE RONSARD'S BOOK

I am particularly pleased that Mme. Nicole Ronsard has written a book [illegible] corpulent cellulite, [illegible] a very specific [illegible] corrective measures. I highly recommend (it) as a tremendous help to all those [illegible] this problem. [illegible]

1973 Beauty & Health Publishing Corp.

Mme. NICOLE RONSARD ... the author

She is a graduate of the world renowned Ecole Superieure de Paris in Esthetique Corporelle (science related to body shaping techniques).

Under the tutelage of Rene Monroe, she probed the causes of cellulite, and with intensive studies in anatomy, physiology, histology, nutrition, calisthenics and manipulative therapy, developed a successful method of treating it.

Mme. Ronsard's salon in New York has gained widespread fame for the remarkable results achieved in thousands of cases. Women in all walks of life, from housewives to socialites, have praised her—for she helped when all others had failed.

To reach the thousands throughout the country who suffer from cellulite, Mme. Ronsard has written her book with the hope that they may be helped. Her wealth of knowledge may now be shared with women everywhere.

DE LUXE HARD BOUND EDITION

224 Pages • 8½" x 9½"

172 Illustrations and Photographs

A Doctor's Foreword

GUARANTEE

What [illegible] Cellulite Those Lumps, Bumps and Bulges You Couldn't Lose Before, [illegible] that if [illegible] you return the unused portion for full refund. If you are not satisfied in every way with Nicole Ronsard's contribution to a more beautiful you, then simply return the book and it has cost you absolutely nothing.

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SHOPPING AROUND

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And hang a pretty flower basket, potted plant on a hook that works indoors *or* out! In black wrought iron finish, it's a handy 10" l. for porch or family room—or to hang a bird feeder from in a tree! Why not select several for yourself, for gifting? $1.98; plus 50c post. Taylor Gifts, HG2, Wayne, PA 19087.

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Luggage dolly on large 3" wheels holds up to 80 lbs. of luggage easily even up stairs and over curbs. Heavy duty anodized aluminum, it weighs only two lbs. and folds into its own case. Airline personnel love it. $14.95 plus 95c post. Catalogue 25c. Suburbia, Inc., Dept. 342, 366 Wacouta, St. Paul, MN 55101.

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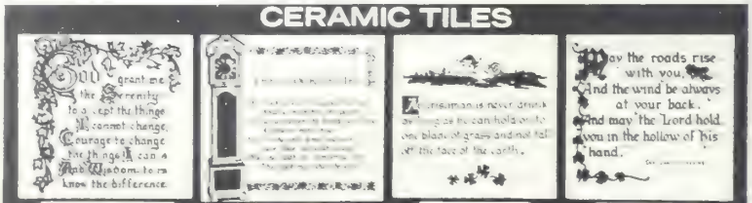

Use as wall plaque or hot plate. Cork backed with built-in hanger. Designs fired for permanence. 6"x6". **$3.98 ea. plus 40¢ mailing cost (each)**
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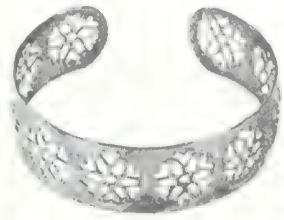
COPPER COUP



A ring of lacy copper for the lass who thinks it has curing qualities. For fun and fashion team yours with other bangles. Solid copper charmer's ¾" wide; adjusts to any wrist. And who's to know you didn't have it custom-made for you in a far-off bazaar? $1.98; two, $3.50. Ppd. The Ferry House Inc., Dept. GL2, Briarcliff Manor, NY 10510.

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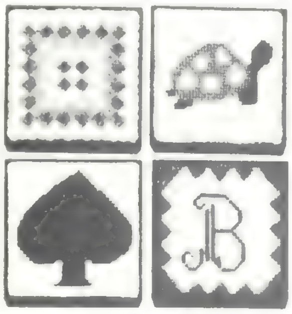

Coaster Kits to needlepoint. Animal, fruit, vegetable, flower, or card suit designs. Kit with one 4" by 4" printed 12-count canvas, yarns, coaster and instructions, $4.95; coasters only, $1.50 each; add 75c post. Catalogue, 50c. Order from the Lost Thread, HG2, Box 6337, Rockford, IL 61125.

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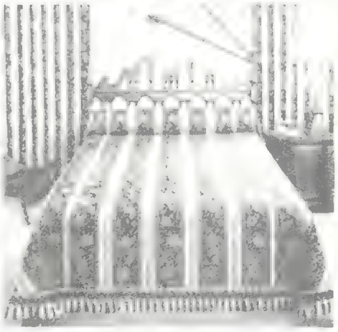

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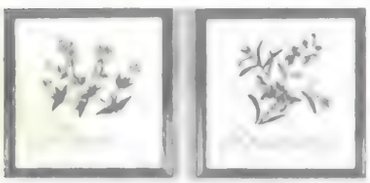

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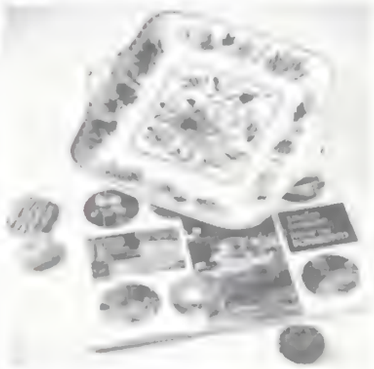

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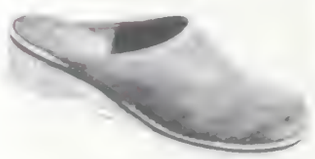

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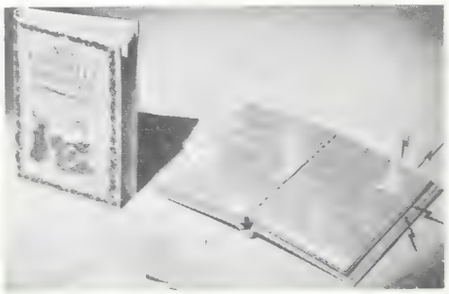

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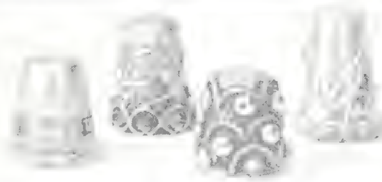

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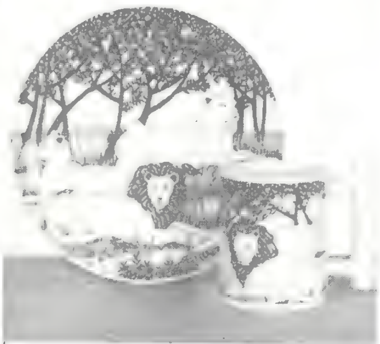

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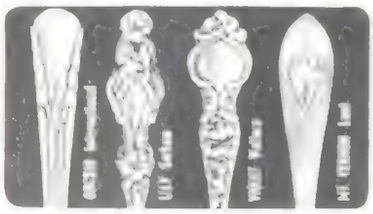

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Classic dining design has solid oak pedestals, a butcher-block top (2" thick). Seats six or eight: 60" l. by 30" w., $189.15; 60" by 36", $205.25; 72" by 30", $203.75; 72" by 36", $223.10. Exp. coll. Catalogue, 50c. Butcher Block & More, HG2, 1600 So. Clinton, Chicago, IL 60616.

DOUBLE PORTION

Serious recipe collectors will love a double-compartment box of Early American cherry wood. It keeps all the favorites neat and handy. Recipe cards included. 11¼" by 3¾" by 4¼". Order #F1490-2. $8.98 plus 75c post. Helen Gallagher, Dept. F501, Peoria, IL 61601.

RIGHT AT HAND

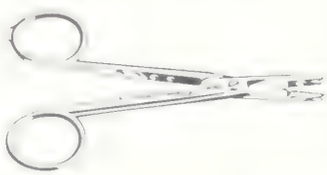
Any needlepointer would love to have this ingenious pendant. A gilded cluster of essentials—folding scissors, a needlecase with needles, thimble, right where needed, on a 30" chain. Detachable parts. $8 plus 75c post. The West Cornwall Store, HG2, West Cornwall, CT 06796.

MOOD LIGHTING

Electronic light control dimmer ranges from zero to 100% with incandescent lamps up to 300 watts. No-mar case, 9′ cord, positive on/off switch. Plug one or more lamps into dimmer, $12.50; two, $22.50 ppd. Enterprise Products Co., HG2, 135 S. La Brea Ave., Los Angeles, CA 90036.

SHUT EYE

Sleep is king night or day that you don the mask: shuts out any flicker or slice of light that could disturb the psyche, the body's rest. Flexible foil and elastic band's so constructed that it fits any cranium. $1.98 plus 20c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



FISHERMAN'S FIND

Combination pliers and scissors six inches long is a must for fishermen; has a screwdriver, hook degorger and remover, line and leader cutter, file, knife, holes to split lead shots. Nickel plated. $4.95 plus 35c post. Pam Products, HG2, 299 Heath Terr., Buffalo, NY 14223.

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Chair-Loc "Swells" Joints Tight

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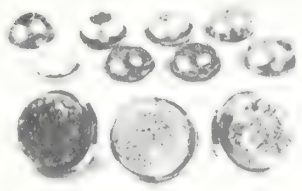
CHAIR-LOC CO. Dept. HG274 Lakehurst, N. J. 08733

SHOPPING AROUND

KITCHEN SPICE-UPS



Tacks and magnets (top) hang memos, knobs decorate drawers. Spices in clear resin. Set of 8 magnets or tacks (¾" dia.) $2.75; two sets of a kind $5.25. Two knobs (1¼" dia.) $2.75; four $5.25. Ppd. Clymer's, HG02Q, Chestnut St., Nashua, NH 03060.

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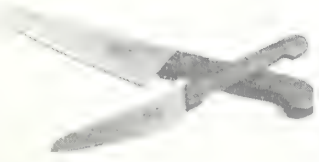

Cherry wood handled knives. Use the 9¼" one for dicing, paring and coring; the 11½" knife is right for carving and boning. Chrome steel blades never lose sharpness. $6.50 set plus 50c post. The Stone Fence; HG-74, 1618 W. Beltline H'way, Madison, WI 53713.

STOW AND GO

Monogrammed duffle bag. Rugged canvas with zippered closing, sturdy double handles, inside zippered pocket. 8" by 12". In yellow or navy with white monogram (underline last initial) $14 plus $1.25 post. Free catalogue. The Talbots, Dept. VA, Hingham, MA 02043.

PONDEROSA PLAQUE

The intricate grain of solid pine has been enhanced greatly by a special staining process and high gloss. It sets off the Western sentiment inscribed in rustic lettering. 11½" by 9½". $3.50 plus 45c post. West-Berg Enterprises, Ltd., HG2, Box 4749, Colorado Springs, CO 80930.

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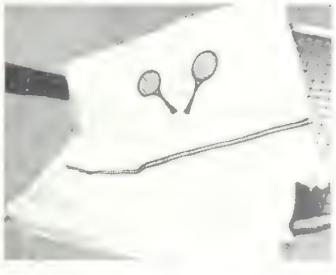

Every tennis enthusiast wants a scarf like this. Looks dashing, feels more comfortable than a bulky towel. White terry with racquets design and border in regulation red and blue. 45" by 10½". $4.95 plus 65c post. The Gift Tree, HG2, Box 55, Kensington, MD 20795.

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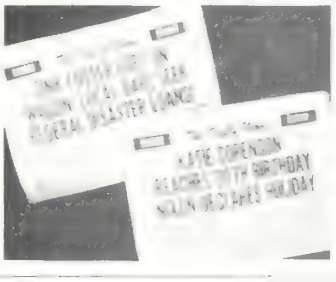
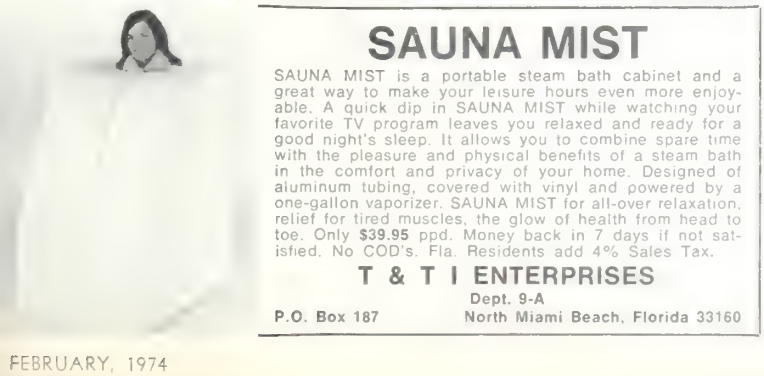


Have the news boldly printed on 4-page standard tabloid newspaper. Three lines announce births, weddings, a new job, a promotion. Print message (limit 20 letters per line). $2.98 plus 25c postage. Holiday Gifts, Inc., Dept. 302-F, Wheat Ridge, CO 80033.



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SAUNA MIST is a portable steam bath cabinet and a great way to make your leisure hours even more enjoyable. A quick dip in SAUNA MIST while watching your favorite TV program leaves you relaxed and ready for a good night's sleep. It allows you to combine spare time with the pleasure and physical benefits of a steam bath in the comfort and privacy of your home. Designed of aluminum tubing, covered with vinyl and powered by a one-gallon vaporizer. SAUNA MIST for all-over relaxation, relief for tired muscles, the glow of health from head to toe. Only **$39.95** ppd. Money back in 7 days if not satisfied. No COD's. Fla. Residents add 4% Sales Tax.

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. . . also for plants, loaves of French bread, or fruits and vegetables. From Portugal a copy of the original wooden mushroom basket in white porcelain. 13-1/2" x 6-1/2". A marvelous informal centerpiece! $11.00 ppd. Brochure 50c. 246 Hurlbutt St., Wilton, Conn. 06897.

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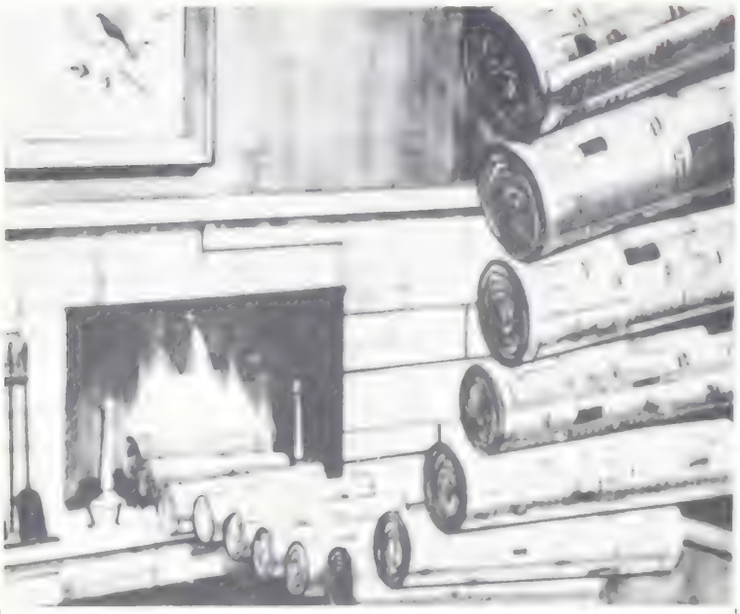

MAKE A LOG

Change old newspapers to logs for the fire in seconds! Just roll up newspapers using LOG ROLLER. Roll papers into a tight bundle, tie them with special binders and pop them into the fire. Logs will burn nearly 2 hours.

Log Roller with 12 Binders . . . . . **$1.98 + 40¢ Mailing Each**
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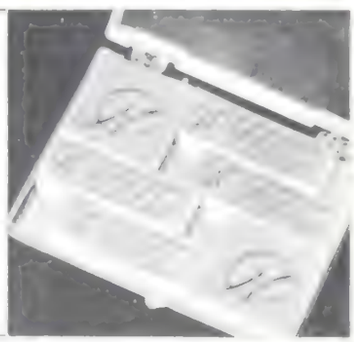
GOLDEN OPPORTUNITY to stock up on a supply of elegant name and address Labels. The set includes 250 Black on gold 1" x 3" script initial address labels and 125 matching gold initial 1x1" envelope seals. [1 to 20 letters per line, 4 lines] We use them to personalize everything —stationery, checks, to identify books, etc. ppd. Write for 32 page gift catalog, 25c. Bruce Bolind, 22 Bolind Bldg., Boulder, Colo. 80302. Thank you kindly!



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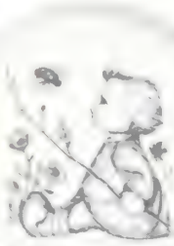

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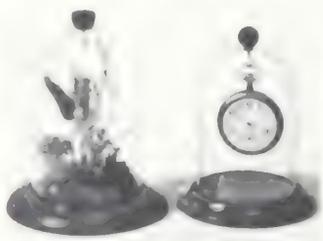
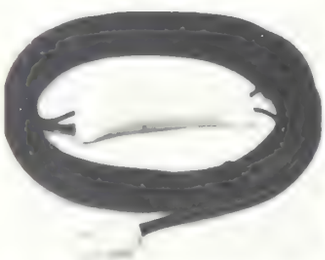
Genuine turquoise! 1¼" oval stone mounted in a sterling "rain drop" setting, handcrafted by Indian artisans. Full and half sizes 5-9, $9.90 plus 40c post. Earrings, clip back, also available, $9.90 plus 40c post. Old Pueblo Traders, 600-H2R-So. Country Club Rd., Tucson, AZ 85716.



TREASURE DOME

Give your cherished keepsakes a safe, dust-free home. Stand a figurine or dried flowers inside, hang an heirloom watch from a golden hook. Plastic dome, wood base and knob. 6" h. $2.50; three $6.98. Add 35c post. The Country Gourmet, G2, 512 So. Fulton Ave., Mt. Vernon, NY 10550.



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Electric soil cables keep your cold frames and window boxes at thermostatically controlled 70° temperature. Encourage plants to start earlier, grow and be more productive. 6' unit $4.10; 12' $4.65; 24' $5.60. Ppd. Longer sizes available. Plantabbs, Dept. 562, Timonium, MD 21093.

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But a key to her heart, as well. Reed and Barton puts them both together in a single sterling silver medallion that makes a handsome gift for a Valentine. 3½" w., $10 ppd. From New Fine Jewelry Collection, Carl's House of Silver, HG2, 86 W. Palisade Ave., Englewood, NJ 07631.

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A GIFT OF TIME

Beautiful antique-finish pewter clock not only tells time but is a distinctive wall decoration. Made in Germany with fascinating details, it's battery-operated so you can hang it anywhere. 9" dia. $50 plus $1.50 post. Hildegarde's, HG2, 597 Farmington Ave., Hartford, CT 06105.

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Natural, tough cotton canvas with bold black accents, adjustable strap of rugged webbing and a snap closing. Roomy with zipper, tuck-away pocket, initials. 10½" by 13½" by 3¾". Print initials. $5.98 plus 35c post. Lillian Vernon, G21, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

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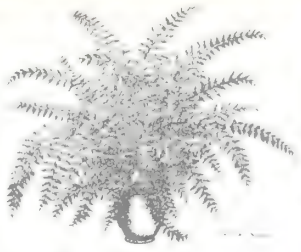
Bra extender enlarges the too small bra or makes an in between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

SPORTS KNIFE

Polished stainless steel blade makes this knife fine for hunting, fishing and hiking. Opens with a finger flick and locks into position. Safety guards and push button release; pocket size. $1.98; deluxe 7" size, $3.98 ppd. Standard American, HG2, 1 Park Ave., New York, NY 10016.



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The tranquility and serenity of a cool forest glade is captured by Burk Sauls in these two different 10"x12" color lithographs on extra fine white paper.

The set — $11.50 ppd.

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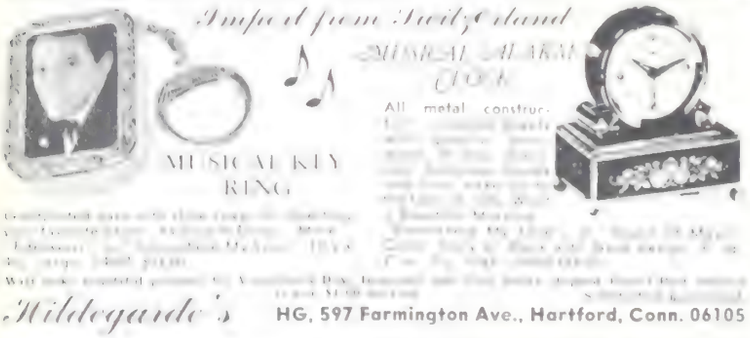

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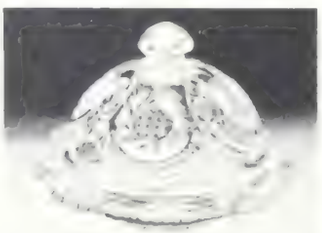
PANEL PERFECT

The design on ochre and gold linen with bird in blue, leaves in gold and metallic thread. Orange flowers. 24" by 12" complete with yarn for blue tassels, brass rod. $39.50 plus $1.50 post. #2334. Send $2 for catalogue. Skon, Dept. GE2, 55 Lambert Lane, New Rochelle, NY 10804.



CLEARLY PROTECTIVE

Sunburst design asparkle with dazzling facets graces the dome of a crystal cheese server. Ribbed edging. 6¾" dia., 5" h. Pattern is a mid 19th c. reproduction. $4.50 plus 75c post. Catalogue, 25c. Sturbridge Yankee Workshop, HG8, Brimfield T'p'ke, Sturbridge, MA 01566.

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Heavy aluminum skillet has a heart shaped cover to turn eggs or pancakes into a message of love. Perfect for two eggs sunny-side up. Heat resistant bakelite handle. $6.75 each; two, $12.75 plus $1 post each. Twin Form Skillet Corp., HG2, 434 Tenafly Rd., Englewood, NJ 07631.

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MONKEYPOD MARVEL

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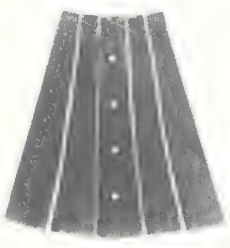
ACCORDION PLAYER

Fan flare pleated skirt, made of denimy polyester and cotton, is outlined with white rickrack. Pert white buttons go down the front, drawstring adjusts waist. Closes up accordion-style. Navy, red, green. Sizes 8 to 18. $24 plus $1.25 post. The Talbots, Dept. VC, Hingham, MA 02043.



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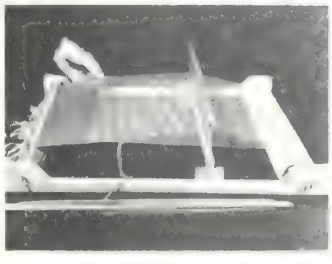
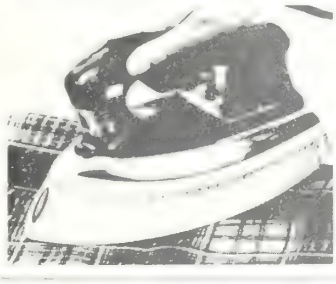
CREATIVE WEAVING

Make your own fabrics, invent new checks and plaids with handcrafted hardwood loom, designed for easy use, professional results. Each size includes ready-to-use loom, 2 shuttles, beater, instructions. 15" $17; 20" $20. Ppd. Art Guild, HG2, Box 23201, Minneapolis, MN 55423.



NO-SHINE DISCOVERY

Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. $1 each plus 15c postage. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



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Save 70¢ on our regular 95¢ Packet. Pay only

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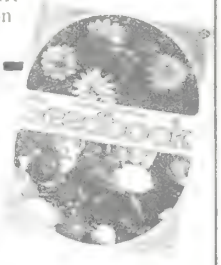
Available *exclusively* from J&P! A tomato-lover's tomato! Weighing up to one pound or more each, big red vine-ripened Superstars are simply *packed* with juicy old-fashioned, full-bodied tomato flavor and sunshine vitamins. *You just can't get tomatoes like these in stores! Why settle for pickled green tomatoes artificially ripened, when you can easily grow pounds and pounds of your own and save money at the same time!* Don't miss out — mail the coupon today plus 25¢ to get your packet of SUPERSTAR tomato seeds AND full color catalog free! Mail to: Jackson & Perkins Co., 204 Rose Lane, Medford, Oregon 97501.



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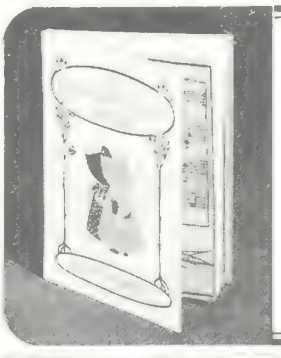

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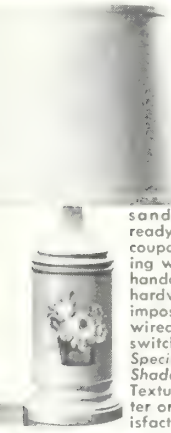

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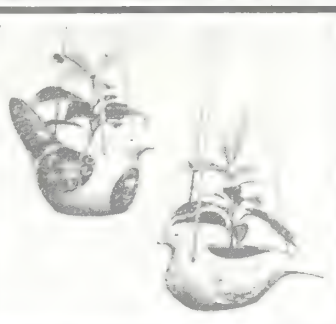

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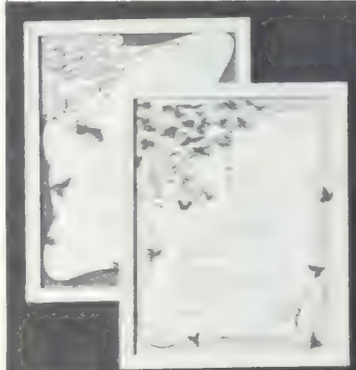

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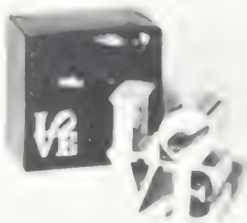
Stitch in red, blue, green and gold to create a wreath in bold crosses. Kit includes stamped design, pillow back, yarns, cording, zipper. Free bag for needlework with order. $5.95 plus 60c post. Catalogue, 25c. The World of Stitch 'n Knit, HG2, Box 709, Framingham, MA 01701.



GLEAMING VALENTINE

Heavy polished metal reproduction of Robert Indiana's LOVE sculpture is a thought for Valentine gifting. 3½" by 3" by , it is a natural for his bureau or her dressing table. $9.95 plus 95c post. Sleepy Hollow Gifts, HG2, 6651 Arlington Blvd., Falls Church, VA 22042.

MARVELOUS MACRAME

Intricate hand knotted natural macramé shows off potted flowers to perfection. Wire circles at top and bottom of pot holding portion keep pot secure. 26" long overall, pot holder 8" h., 8½" at top; 6½" bottom. $4.95 ppd. Elizabeth McCaffrey, HG2, Northport, NY 11768.

PORCELAIN PRIZE

Any collection will be enhanced by this touchingly lovely piece. "Mother and Child" is a Kaiser porcelain bisque figurine, made by highly skilled artisans in West Germany. 8½" h. by 8" w. $55 plus $1.50 post. Hildegarde's, HG2, 597 Farmington Ave., Hartford, CT 06105.

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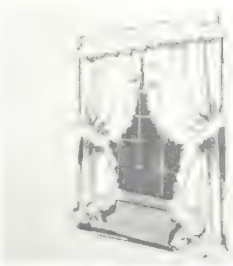
"When Irish Eyes are Smiling" plays when you tilt this white porcelain mug with green shamrocks. The musical unit is easily removed for washing. Serve your Irish coffee, or a bit of stout come March 17th. 8 oz. $7.98; two, $15.75. Ppd. Downs, Dept. 1402, Evanston, IL 60204.

CAPE COD CHARM

Dover pattern with 3" ruffles. Machine washable Kodel and cotton; eggshell or white. All 80" w.; 45" l., $7.50; 54", $8.25; 63", $9; 72", $9.75; 81", $10.50. Valances, 10" by 54", $3.25 plus $1 post. Free catalogue. Old Colony Curtains, G428E, Box 759, Westfield, NJ 07090.



STRAIGHT AND PROUD

Posture maker corrects posture as it holds body straight, shoulders back. Webbing, one size fits men and women. After wearing for a time, body assumes proper posture. $3.98 plus 50c post. American Consumer, Dept. PM-26, Caroline and Charter Rds, Philadelphia, PA 19154.

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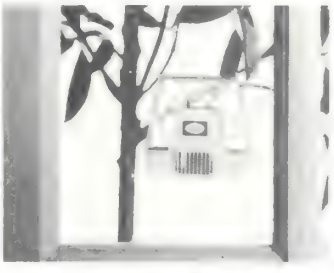
Press indoor-outdoor thermometer on window, pressure-sensitive pad holds the unit in place. No more screws, wires, tubes, or holes in wall. Great for home or office, camper or car. $4.95 plus 55c post.; two for $9.95 ppd. J. W. Holst, Inc., HG2, 1005 E. Bay St., East Tawas, MI 48730.



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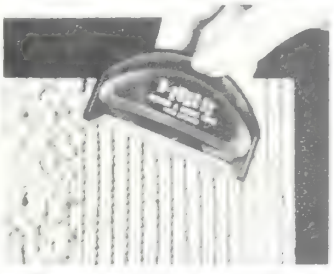
Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.49 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



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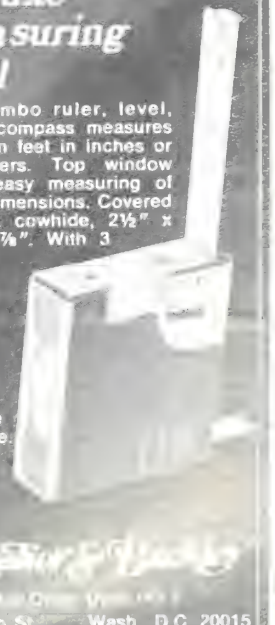

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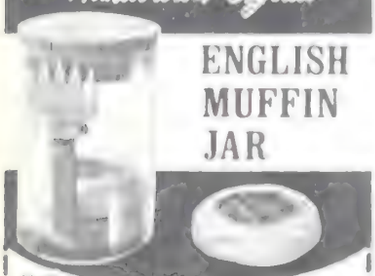

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Coat of arms hand painted in color. Researched, documented, and source supplied. Send name and country of origin. Picture has mat, acetate shield, ebony frame 16" by 23". $5.95 plus $1 postage. #CA270. Cadlyn's, HG2, 2077 New York Ave., Huntington Sta., NY 11746.

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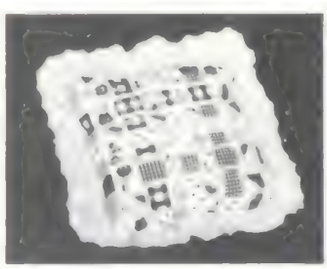
Silence is golden, but these days we get precious little of it. Soft, pliable silencers slip into the ears, have an easy-to-grasp flange for safety. Slip them in every night for refreshing sleep. $1.98 a pair plus 15c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

ANYWHERE PULL-UP

Folding table designed for comfort at any chair. Tubular steel legs in black satin enamel, walnut grain scratch resistant top, 15" by 23½" by 24" h. $20; two with rack, $47.50. Add $2.45 post. Catalogue, 50c. Camalier & Buckley, HG2, 7222 47th St., Washington, D.C. 20015.

SATIN CACHE

Gals keep bills safe and snug around their waists in a satin money belt. One size fits all. Acetate satin in white, black or red. Belt with zipper pocket, $3.98 ppd. Have it monogrammed for $1 extra. Scintilla Satin Shop, Dept. G, 4802 No. Broadway, Chicago, IL 60640.



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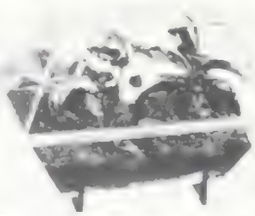
For a handiwork change of pace, try weaving a ribbon toss pillow and edging it with a flounce of eyelet. Kit includes all materials needed. Predominantly pink, blue, or maize. About 12" by 12". $15 ppd. The Craft Boutique, HG2, Box 219, Millburn, NJ 07041.

AT LAST!



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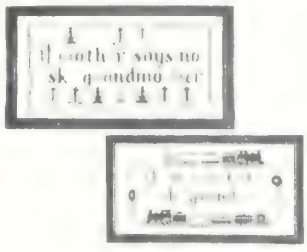
Made to order for the grandparents. Belgian linen stamped for cross stitching in brightest colors. 8½" by 16" in a simple wood frame, specify mahogany or maple finish. Complete kit, each $3.75, add 50c post. Order from Victoria Gifts, 12H Water St., Bryn Mawr, Pa. 19010.



SEWS LOCK STITCH

Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, three diamond point needles $3.98 plus 30c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

FOR PUSSYCATS

Feline fanciers will purr over ceramic tiles decorated with favorite breeds. Overglaze protects vivid colors. Persian and Tabby, shown, or Siamese, Abyssinian, Short and Long Hair Tabbies. 6" by 6", $5 each, ppd. Unique Enterprises, HG 2, 5427 Columbia Dr. No., Fresno, CA 93727.

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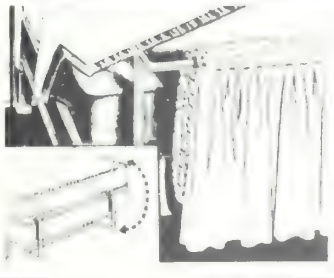

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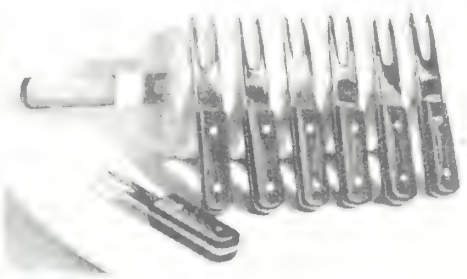

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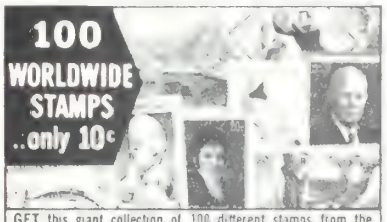

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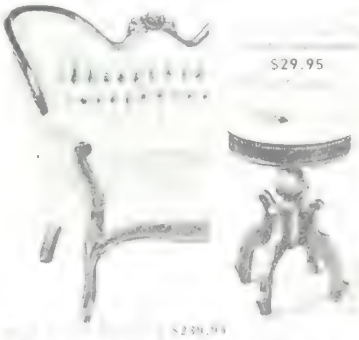

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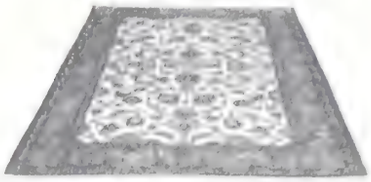

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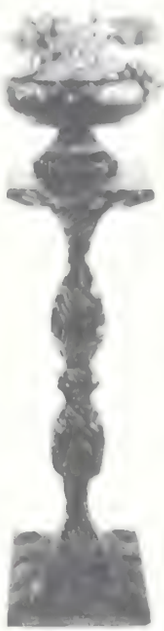

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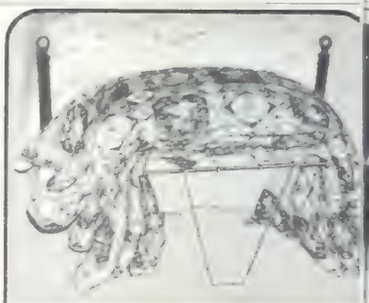

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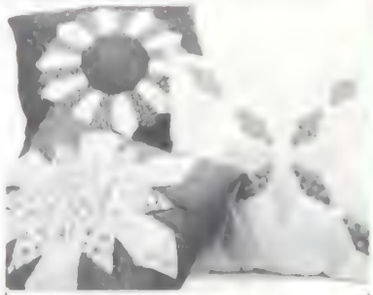

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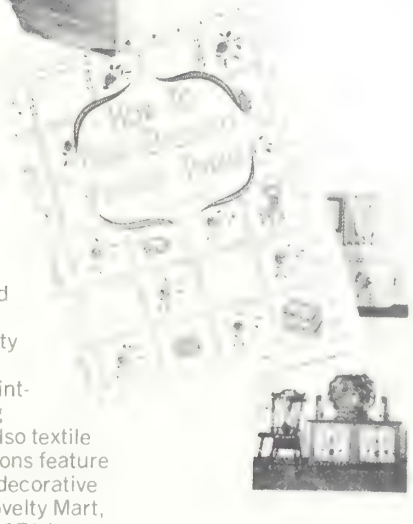

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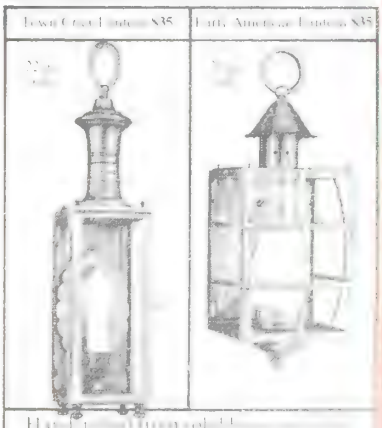

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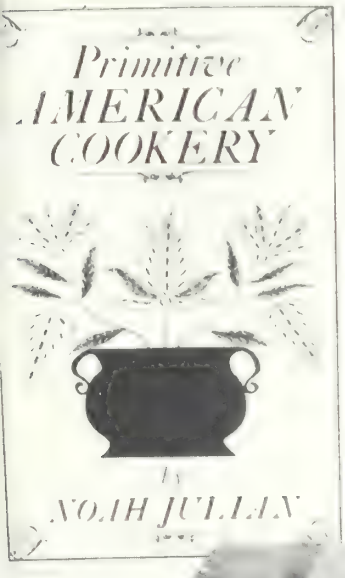

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From peanut soup to Shoo Fly pie, authentic Early American recipes, some dating back to 1621. Illustrated in 18th century manner. $2.95 plus 30c post. Hudson Valley Publications, HGE2, 663 Fifth Ave., New York, NY 10022

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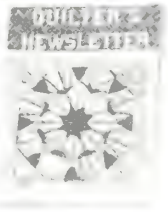

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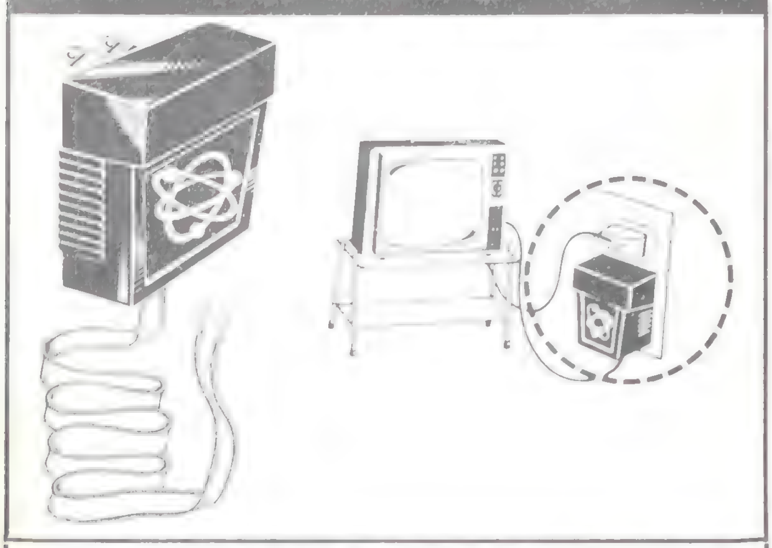

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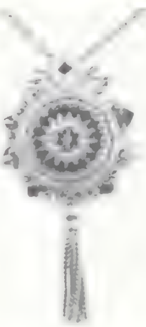

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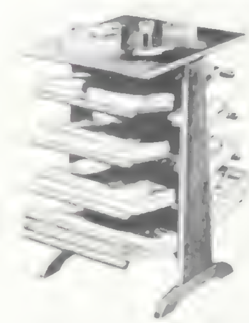
You can expect to be asked if you have inherited a family heirloom when you wear this tasseled necklace. It's a reproduction in "old gold" of 18th-century antique with a starburst design studded with jet stones. 24" chain. Pendant has back clasp, to wear as a pin. $2.98; two, $5.50. Ppd. Ferry House, HGB, Briarcliff Manor, NY 10510.



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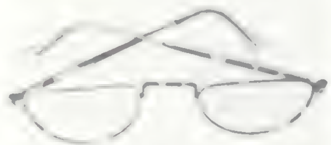

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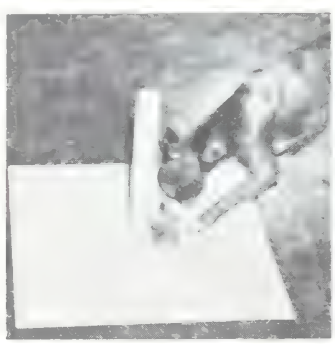

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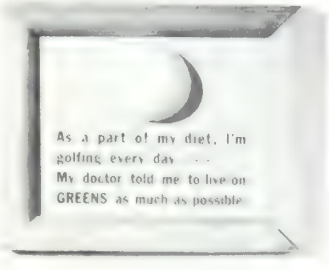

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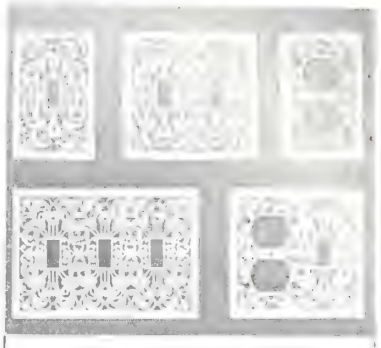

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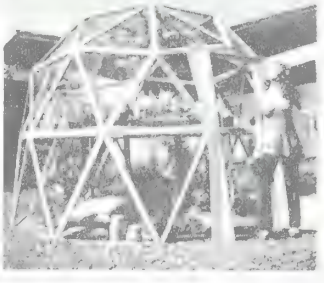

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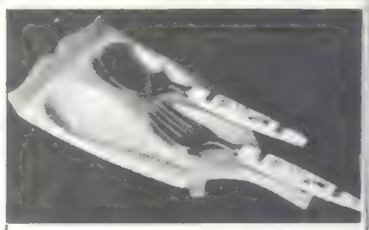

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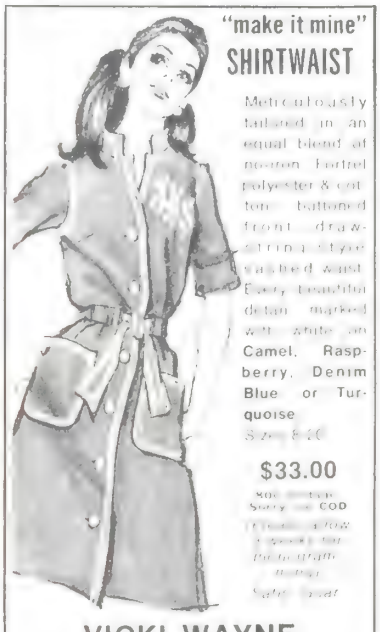

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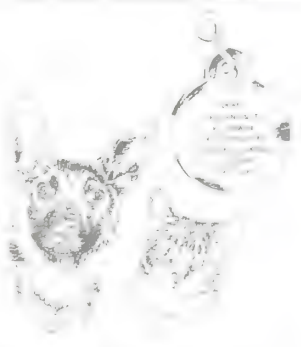

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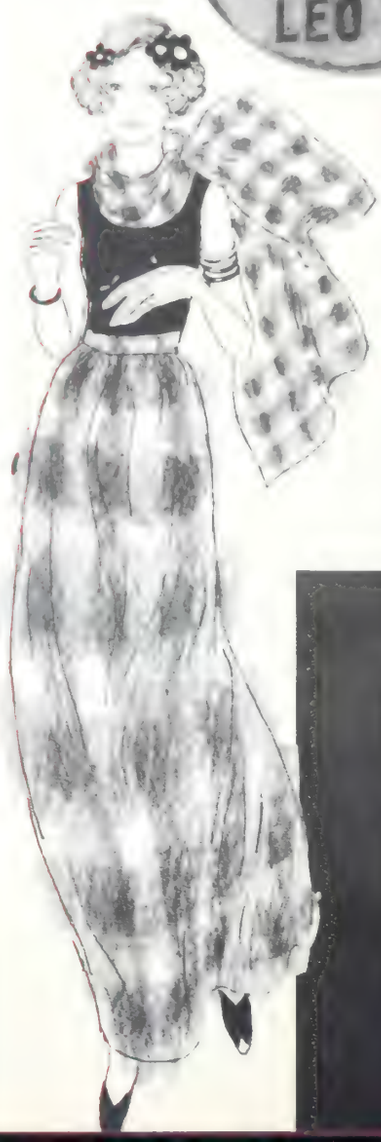
Magnificent medal- ... signed on both sides) by ... Becker (1871-1972). Heavy 18k gold, ¾", $98; ⅞", $149; ... $249; 1⅜", $389; ... $597. The 18k gold ... 16", $69; 20", $87; 24", $99; 28", $114; 32", $126 Air ppd. Boutique Riviera, HG2, Main St., P.O. Box 3235, St. Thomas, VI 00801.



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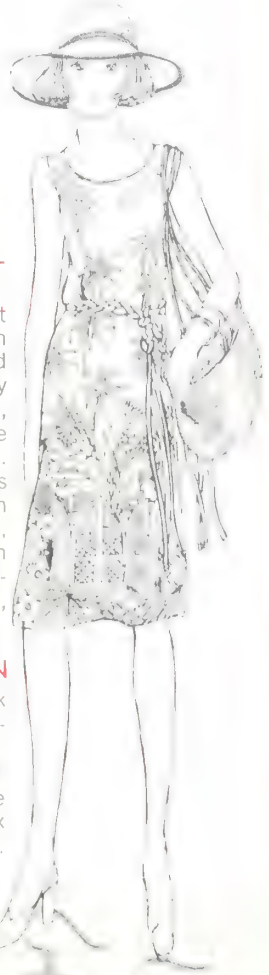

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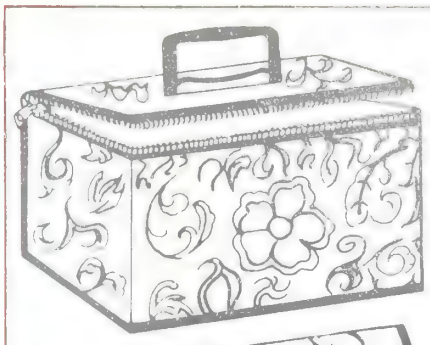

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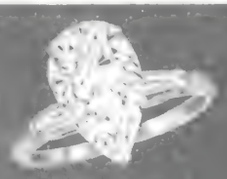

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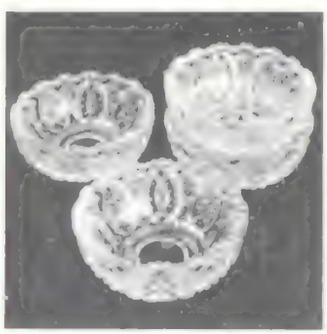

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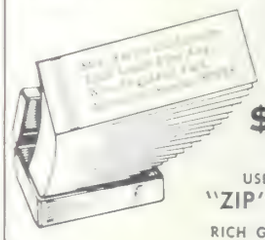

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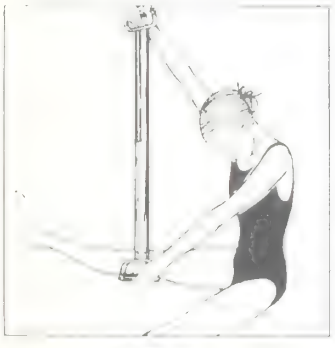

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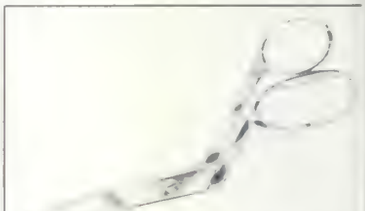

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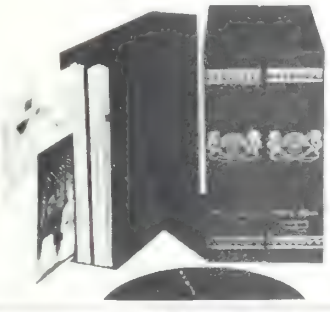

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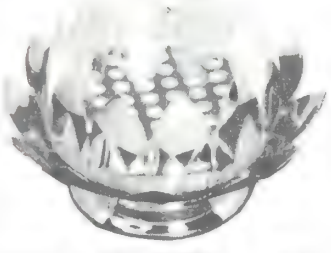

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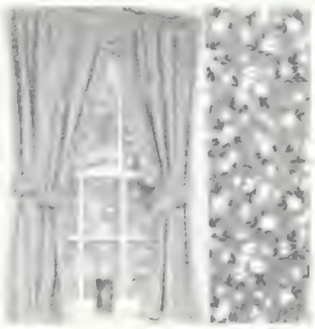

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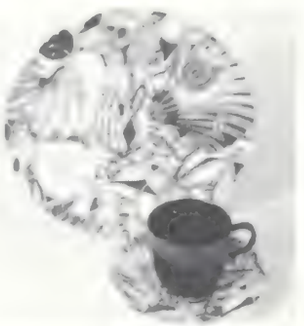

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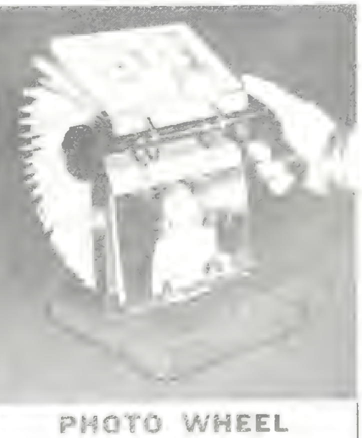

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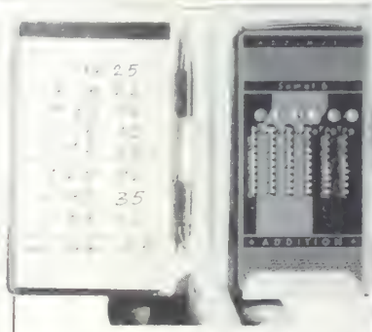

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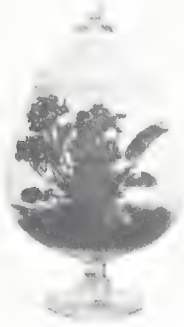

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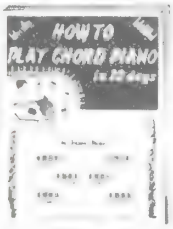
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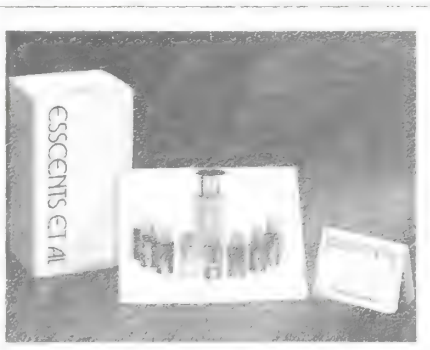

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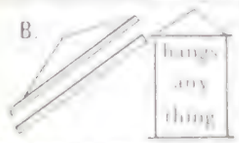

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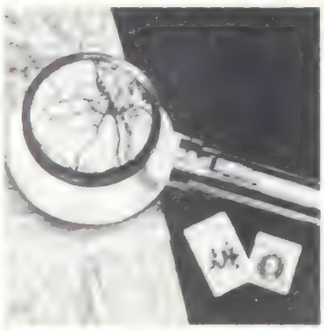

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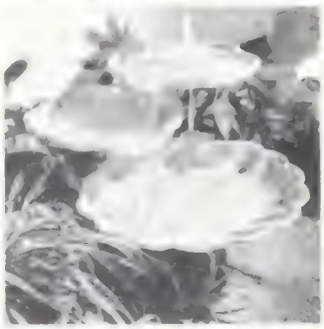

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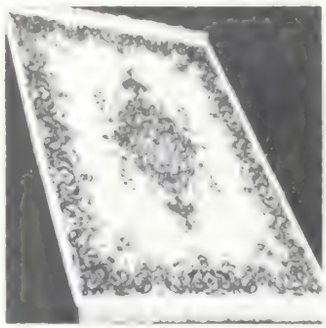

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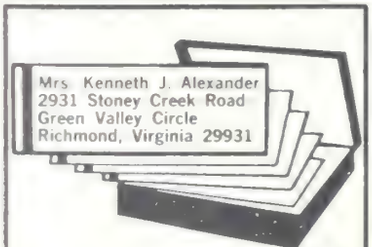

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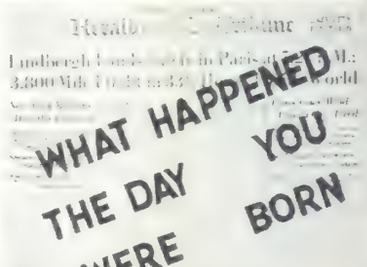

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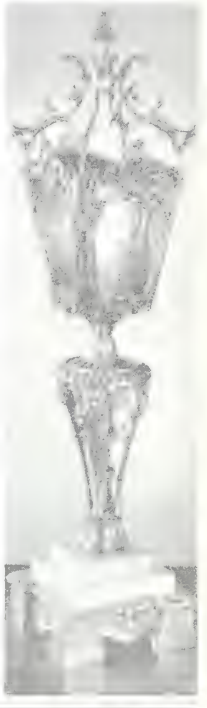

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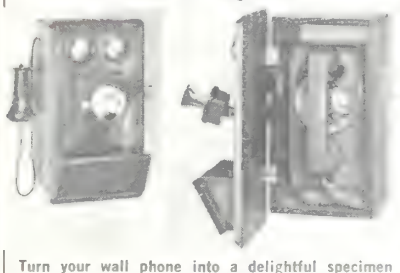

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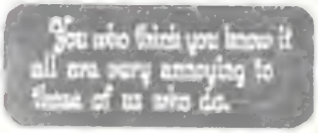

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SAVINGS

BONDS

Building facts

Materials and equipment used in the barn on pages 44-51

ARCHITECTS: Stanley Tigerman & Associates (Associates: John T. Fleming, Anthony Saifuku)
CONTRACTOR: Lester Krummenai
SIZE OF HOUSE: 5,000 square feet
SIZE OF SITE: 130 acres

STRUCTURE
Foundation: Existing concrete-spread footings and foundation walls.
Framing: Handhewn posts and beams with existing log joists at ground floor.

EXTERIOR OF HOUSE
Exterior walls and roof: Asphalt shingles by Ruberoid Div. of G.A.F.
Exterior Finish: Charcoal stain by Sherwin-Williams Co.
Insulation: Rock wool batts in roof and exterior walls by Owens-Corning Fiberglas Corp.
Windows: Fixed panels of tinted glass by PPG Industries, Inc. and carpenter-built stained cedar louver windows.
Doors: Exterior, metal clad doors by Metaldad Co.; interior, carpenter-built hollow core doors.

INTERIOR OF HOUSE
Walls: Cedar plywood panels by U.S. Plywood-Champion International.
Ceilings: Cedar plywood panels by U.S. Plywood/Champion International with exposed new and existing joists.
Floors: Carpet by Magee Carpet Co., Inc. over plywood subfloor.
Lighting: 36 inch globes hanging by fine-line Sterner Lighting, Inc.; bulb and socket track lighting by Wiremold Co. Dimmers by Hunt.
Hardware: Brass hardware by Kwikset Sales & Service Co., a division of Emhart Corp.
Kitchen cabinets: Cedar shelves without doors.
Kitchen countertops: Wood butcher block.
Plumbing fixtures: Kitchen sink by Elkay Mfg. Co.; bathroom fixtures by Kohler Co.

MECHANICAL EQUIPMENT AND APPLIANCES
Appliances: Oven, range, and refrigerator by George D. Roper Sales Corp; "KitchenAid" dishwasher by the Hobart Mfg. Co.
Water heater: 82 gallon by A. O. Smith Corp.
Heating and cooling system: Oil fired, central, two zone forced air system by Luxaire. Honeywell controls. ■

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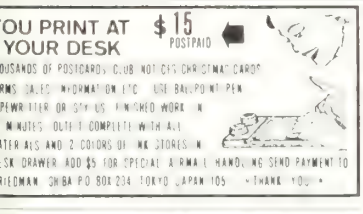

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COVER

"Tricycle" Collection [illegible] designed by Mrs. [illegible] "Back Supporter" mattress and box spring [illegible] "Orient Express Exclusive" cube table [illegible] White Lacquered console [illegible] Wicker ottomans [illegible] standing reading lamp: brass and chrome, designed by [illegible] brass table lamps [illegible] basket with trees [illegible] basket with begonias [illegible] smaller baskets on console [illegible] "Bebe" seating element [illegible] "Ambient Yellow" painting by Jeanette Johnson [illegible] AM/FM stereo radio and 8-track stereo tape player: 12" diam. [illegible] Afghan [illegible] Craftsmen.

Silver Baskets

Pages 60-61:

1. **Silverplate basket:** $15. By F. B. Rogers. At Altman's. 2. **Silverplate apple basket:** [illegible] **Sterling flower basket:** [illegible] At Cartier. 4. **Silver-plate cachepot:** [illegible] **Sterling strawberry basket:** $385. At Tiffany. 6. **Silver-plate cachepot:** $22.50. By Gorham. 7. **Sterling butter tub:** $410. At Tiffany. 8. **Silverplate rectangular basket:** Approx. $35. At Bloomingdale's. 9. **Sterling log basket:** $95. At Cartier. 10. **Silver-plate peach basket:** [illegible] at Bloomingdale's. 11. **Sterling colander:** 9" wide at the handles. $125. At Cartier.

AMERICAN ZEST

Pages 68-69:

1. **Lacquered trays:** 12" diam., under $[illegible]. DD & Leslie Tillett. 2. **Shadowbox:** Write to Marion Granger. 6. [illegible] French country chairs [illegible] 19" high, antique walnut finish $[illegible] At Modalities Ltd.* 7. **"Stencil" wool carpeting:** [illegible] 8. [illegible] designed by Mrs. [illegible] "Back Supporter" mattress and box spring [illegible] 9. **"Shell Lamp":** [illegible] Bailey Hardware at Hearth Studio. 10. **4-drawered chest:** [illegible] Handwoven scrape weave rug [illegible] **Sofa:** [illegible] **Loveseat:** [illegible] loose [illegible] "Cuckoo" fine bone china [illegible] "Wallhamsburg Shell Pattern" sterling flatware [illegible] Crane Mantel clock: [illegible] "Hampshire" linen cotton fabric [illegible] 11. **Needlepoint rug:** [illegible] Design and [illegible] painting of [illegible] pieces [illegible] At Scalamandre. 12. **Antique wicker dollhouse furniture:** $125 for table and chair. By appointment only at Frank Milton. 15. **Sheraton china cabinet:** 96" x 13¼" x 91" high, grooved glass shelves, 4 drawers top and bottom. $5,000. From the "American Classics" collection by Baker. At Altman's. 16. **Drop-leaf pine table:** 14" x 30" x 25" high [illegible] From the "American Antiques" collection by Baker. At Strawbridge & Clothier. 17. **"Betsy" bedspread, canopy, pillow sham set:** washable polyester and rayon. Bedspread, $30; canopy, $18; pillow sham, $9 each. At Sweezy's. **Cocktail table:** 20" x 54" long, solid pine. From the "Stencil Pine" collection by Howard Family Room Furniture. $100. At Bamberger's. 19. **Butler's tray-table:** 15" sq. folded, 20" square open. $120. By Victorian Furniture. At The Lennox Shops. 20. **Candle snuffer:** [illegible] each. DD & Leslie Tillett. 21. **"Calico" wool carpeting:** 27" wide. By Stark.* 22. **"Superstar" AM portable radio:** 2½" x 1¾" x 4" high, earphone included. $7. By General Electric. At Argus Appliance Store. 23. **Armchair:** 23" x 18" x 38½" high, damask seat, nailhead trim. From the "Charleston" Collection by Baker. At Altman's. 24. **Camelback sofa:** 76" long, fabric by Hexter. Network carved legs and stretcher. $670. To order from Southwood Reproductions. 25. **Loveseat:** in [illegible] linen to scale to Ms. Daphne Hartoon. Drucilla Handy Company, 29 E. 61st St., New York, N.Y. 10022. 26. **Norwich writing table:** 42" x 18" x [illegible] high black autumn painted finish. $200. By Hitchcock. At Jordan Marsh, Boston and branch stores. 27. **"Bandana Red" cotton pillows:** 15" sq., [illegible] $6 each. By Nettle Creek at Nettle Creek Shops. **"Bandana" note paper:** [illegible] sheets to a box, $5. Available in blue and yellow. At Private Papers. 28. **Hi-Low mini-ratchet table:** 12" sq., 24" extended, 12" closed, all maple. $80. By Lane.

Kitchen

Pages 72-73:

Built-in microwave oven: black [illegible] **Built-in electric wall ovens:** [illegible] Both by Thermador. **Refrigerator/freezer:** [illegible] **undercounter food compactor:** Both by General Electric. **Undercounter dishwasher:** by Kitchen [illegible] **Twin grill Savory Center:** by Jenn-Air. **Foodmatic Food Preparation Center:** by Bosch. **4-burner electric cooktop:** white Counter-Saver by Caloric. **2-bowl porcelain sink:** by American Standard. **Food waste disposal:** by Waste King. **Undercounter Stainless steel bar sink:** [illegible] by Elkay. **Cabinets:** [illegible] and counters of Formica; **countertops** of Formica; all by Bi-Silk Kitchens. **Quarry tile:** by Florida Tile Industries. **Built-in electric Hot-tray:** by Sabin. **Built-in wall toaster:** chrome front panel. By Swanson.

EQUIPMENT NEWS

Page 75:

1. **"Turbo-Oven":** 20" x 13" x 14½" [illegible] oven interior, [illegible] removable door, rack, drip-pan; lined with catalytic continuous cleaning, filter collects fats and solids. $150. By Farberware. Oven shown on **"Madame" vinyl wallcovering:** 27" wide, 4½" repeat. $13.50 a roll. From Plaids and Stripes, Ltd.* 2. **"Registered Plus" cookware:** 1-qt. covered saucepan, $15; 5-qt. Dutch Oven, $23; 10" covered saucepan, $22. Available in dk. chocolate and harvest gold. By Wear-Ever Aluminum. At Macy's. Cookware shown on **"Checks" vinyl wallcovering:** 27" wide, 2" repeat. $21 a roll. From Papier Peints.* 3. **Cold Guard Top Mounted Refrigerator/Freezer:** 15 cu. ft. refrigerator, 7 cu. ft. freezer, 2 crispers, 1 meat keeper, optional vinyl decorator front panels in butcher block or blackboard. By Philco-Ford. Available late spring. Refrigerator/Freezer shown on **"Checkers" vinyl wallcovering:** 28" wide, 12½" repeat. $9.75 a roll. Designed by Carleton Varney for The Playtime Collection

Continued on page 148

Gardener's Notes

by James Fanning

When planting trees in a windswept location, most of us assume that they should be guyed and braced into a rigidly upright position to resist the blast. But William Flemer III, of Princeton Nurseries, in Princeton, N.J., suggests that this idea is wrong. Rather than resisting the natural force of the wind, says he, the trees should be planted to slant away from it, just as they would grow if they had started as seedlings in the same spot. Yielding to nature in this way prevents wear and tear on the newly planted trees, starts them off in the direction they will eventually assume, anyway. This is only one of Mr. Flemer's ideas for the cooperation between man and nature that form the basis of sane living in a viable landscape. His book, Nature's Guide to Successful Gardening and Landscaping (Crowell, $8.95) is full of the wisdom earned in the course of many years of observing plants, people, and the landscape, both natural and man-made. In addition to his philosophy of gardening, Mr. Flemer presents a multitude of ways for implementing it. He lists plant varieties for every conceivable use in all parts of the U.S., tells how to look after them and, best of all, how and where to plant so that your landscape will take care of itself as much as possible.

Wildly misnamed, Mexican bamboo, *right*, is actually a black sheep of the respectable buckwheat family. Botanically it is *Polygonum cuspidatum*, comes from Japan and is in no way related to those regal grasses, the true bamboos. The jointed stems have a superficial resemblance to bamboo, to be sure, but there the similarity ends. This is a plant to be avoided like the plague that it is. The underground stolons spread with incredible rapidity, crawl under almost any kind of barrier and send up vigorous shoots everywhere—even through asphalt paving. Every other plant is crowded out by this rampant growth, which turns brown with early frosts and looks depressingly ragged throughout the winter. The herbicide Dicamba will kill the plant but must, like all chemical weed killers, be used with extreme caution. Best way to get rid of Mexican bamboo is to dig up the roots, keep a sharp eye out for stray sprouts and dig them up as soon as they appear. By contrast, the true bamboos are graceful and attractive year round. *Phyllostachys aurea, left*, is one of the best, since it is reliably hardy as far north as Massachusetts. The delicate-looking leaves turn pale brown during the winter, clinging to golden yellow stems that may be as much as 10 feet high. New shoots that pop out of the ground in spring may be eaten like asparagus—if you can bring yourself to cut them, that is.

Now that branches are bare and leafless, it's a good time to inspect your specimen trees. Broken or split branches, weak crotches, and spots where disease may be gaining a foothold—these are now easy to see and easy to get at. If a quick once-over shows that trees—particularly the bigger ones—do need attention, it's better to call for professional help rather than try to do the job yourself. Tree climbing can be hazardous to both climber and tree, and the average household tool rack is seldom equipped with all the light- and heavy-duty tools that may be called for. You'll find tree surgeons—sometimes listed as arborists—in the yellow pages of your telephone book, and most of them are only too glad to give free estimates. A name to look for wherever you live is Davey. Davey Tree, with headquarters in Kent, Ohio, has been in business since the turn of the century, now has offices throughout the U.S. and Canada. In addition to the pruning, feeding, spraying, and cabling done by most arborists, Davey also does transplanting, can handle the ticklish job of moving big trees.

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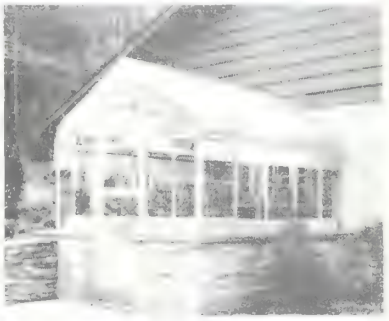

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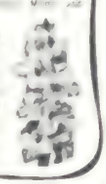

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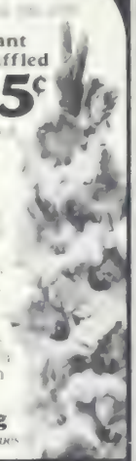

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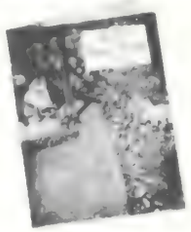

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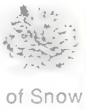

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SHOPPING INFORMATION *continued from page 142*

[illegible] 4. **Automatic 10 Cup Drip Filter Coffee Maker:** [illegible] $90. By Norelco. 5. **Blossom Moulinette grind-all:** [illegible] Erator. 8. **Minute Grill:** 10½" x 9½" plate, 186 sq. inch anti-adhesive cooking [illegible] By SEB of France. At Bloomingdale's. 9. **Microwave oven:** [illegible] 10. **Drop-in smooth top range:** [illegible] finish, $110. By Whirlpool. 11. **Jet 82 Microwave Oven:** [illegible] 12. **Frozen food pan and pressure cooker:** [illegible] **pressure cooker** [illegible] **Built-in electric toaster:** 15 3/16" x [illegible]

WINE & FOOD

Page 81:

"Wedgwood White" china: [illegible] At Wedgwood. At Conran's. **Flatware:** [illegible] By Stone Age. **Chair:** 19" x 18" x 34" high, rush seat, $70. By The Wicker Works. Available through Linden, Clarey, Stern. **Salt:** crystal container, $10; **pepper:** stainless steel handle, crystal container, $13.75. By Royal Krona. **English Staffordshire antique ladle:** $20 at La Cuisiniere. **Pitcher:** $25. By Boda. At Bonniers. **Tablecloth:** 72" x 108", damask, $205. At Plummer McCutcheon. **"Dondo" succulents** shown on table: $9 each from Ronaldo Maia Flowers.

Page 87:

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[illegible]'s, New York, N.Y. 10016

BAMBERGER'S, Newark, N.J. 07101

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BLOOMINGDALE'S, New York, N.Y. 10022

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[illegible] Fifth Ave. at 52nd St., New York, N.Y. 10022

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[illegible] & CO., 150 Washington St., Boston, Mass. 02107

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[illegible], 630 Wyckoff Ave., Wyckoff, N.J. 07481

MACY'S, New York, N.Y. 10001

[illegible] SHOP, 6 W. 56th St., New York, N.Y. 10019

PAMPERED KITCHENS, 21 E. 10th St., New York, N.Y. 10003

PLUMMER MC CUTCHEON, 145 E. 57th St., New York, N.Y. 10022

[illegible] 16 E. 61st St., New York, N.Y. 10021

[illegible] 27 E. 67th St., New York, N.Y. 10021

[illegible] P.O. Box 2245, Hickory, N.C. 28601 Atten: Mr. Cressake

[illegible] & CLOTHIER, Phila., Pa. 19105

[illegible], Patchogue, N.Y. 11771

THE [illegible] GALLERY, 1063 Madison Ave., New York, N.Y. 10028

THE ELDER CRAFTSMEN, 850 Lexington Ave., New York, N.Y. 10021

THE LENNON SHOP, Hewlett, L.I., N.Y. 11557

TIFFANY & CO., New York, N.Y. 10022

W. & J. SLOANE, 114 Fifth Ave., New York, N.Y. 10018

WOODWORKS, 783 Madison Ave., New York, N.Y. 10021

SIX MUSEUM HOUSES *continued from page 59*

Buttolph-Williams House, Broad and Marsh Streets, Wethersfield, Conn. Open May 15 to October 15 daily from 1 to 5. Admission charged. Owned and maintained by the Antiquarian and Landmarks Society of Connecticut.

Moffatt-Ladd House, 154 Market Street, Portsmouth, N.H. Open June 1 to October 15, Monday through Friday from 10 to 5. Weekends by appointment (telephone 603-436-8221). Admission charged. Owned and maintained by the National Society of the Colonial Dames in the State of New Hampshire.

Crowninshield-Bentley House, 120 Essex Street, Salem, Mass. Open June to mid-October, Tuesday through Saturday from 10 to 4:30. Admission charged. Owned and maintained by the Essex Institute.

Van Cortlandt Manor, Croton-on-Hudson, N.Y. Open all year, daily from 10 to 5. Admission charged. Owned and maintained by Sleepy Hollow Restorations, Inc.

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HERITAGE: Sometimes called a "morning quilt," [illegible] was among the first of the kind to appear in Colonial America. At the time it was a challenge for ladies and quilting to a new pattern to present an intimate socializing [illegible] and the accomplishment [illegible].

ROSE WREATH: [illegible] the first to be the most exquisite of all Shenandoah [illegible] of a circular pattern [illegible] interspersed with other designs because of its [illegible]. The color combination follows that of the original hand appliqued silk spread of the early 1800's.

LOG CABIN: Patchwork quilts are uniquely American. They evolved out of the frontier women's ingenuity in utilizing every scrap of material that was salvageable, usually from dressmaking leftovers. This Shenandoah pattern was copied from sections of an original early 19th century patchwork.

FRIENDSHIP: Like many Early American quilts, Friendship patterns were the collective work of women who combined their individual skills at quilting bees. Friendship quilts were usually designed as special gifts for leading citizens.

SNOWFLAKE: Inspired by their simple beauty, pioneer women worked nature's geometric compositions into many of their quilts. The snowflake was one such design. But, unlike other Early American patterns, the snowflake color combination seldom varied from blue and white. Like all the other patterns in The Shenandoah Collection, this one was taken from an authentic Early American original.

EIGHT-POINT STAR: Another popular geometric design was the star. Its symmetry led early quiltmakers into literally hundreds of variations, with the most popular star patterns being named after every state in the new Union, other nations and famous men.

The Shenandoah Collection can be found at fine stores throughout the country. For the name of the one nearest you, write: Kirsch Company, Sturgis, Mich. 49091.

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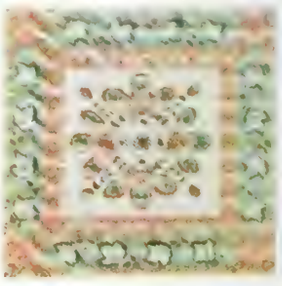
Rose Wreath

Log Cabin

Friendship



Snowflake

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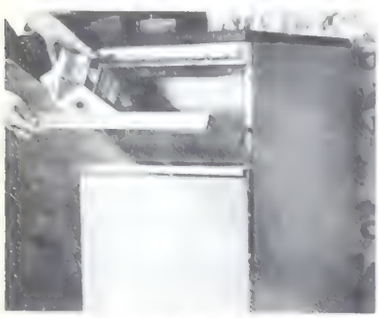

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House & Garden

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ALEXANDER L. BIDDMAN, EDITORIAL DIRECTOR

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MARCH, 1974

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"Imagine being the head of the world's largest model agency and waking up to find yourself over forty and overweight!"

By Eileen Ford

"Overweight, out of shape, nd looking older then you are doesn't appen overnight. You can kid yourself or years. But one day you can no longer ide that you've let yourself go.

"It's a distressing day for any voman. But, if you're Eileen Ford, head f the world's largest model agency, it's lso downright embarrassing.

"Not only am I surrounded by eautiful women all day long, but veryone knows how critical I've been f women over 30 who let themselves lide. Yet, I let the same thing happen o me.

"And to make matters worse, ny husband picked just this time to hed 20 pounds. With his longer hair nd new clothes he looked younger than e had in years. All the models were alking about it."

A More Beautiful You in 21 Days

Eileen Ford was determined o make a comeback.

She gave herself 3 weeks to do t. And she did it, spectacularly. She lost 6 pounds in 21 days plus 2 inches from her waist and 3 rom her thighs.

Now, step-by-step and day-by-day she reveals o you the plan that she devised for herself. Eileen Ford's lan uses everything she knows about beauty care, exer- ise, and diet. Plus everything she knows about how easily busy woman can fall into the trap of overweight, middle- ge drab and flab.

Eileen Ford hates boring repetitive exercises. So, he put together a pleasant, varied program that you'll be ble to do in a few minutes.

Eileen Ford loves food and has a family to feed. o you'll share her slimming menus and recipes for 21 days. hey're so delicious and filling not even your family will now they're dieting, too.

Why should they with dishes like Positano Sea- ood Stew, Scallops in red wine, Rouille, New Orleans umbo, and many more delights that Mrs. Ford has eaten n the best restaurants in the world.

Beauty Secrets of Top Models

In addition to day-by-day exercises and menus, ou'll learn the beauty secrets that Eileen Ford has revealed nly to models like Ali McGraw, Candice Bergen, and Jane onda.

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And many more secrets that beautiful models use to make the most of their assets, and the least of their worst features.

Eileen Ford's 21-day plan can't make you look or feel like a teenager again. But it can make you slimmer, more attractive and happier every time you pass a mirror.

It's a realistic plan that takes into account your busy life — whether it's caring for a family, building a career, or both. So, if you're really determined to make a comeback as Eileen Ford was, it can work wonders for you, too.

It Costs Nothing To Try It

Find out how three weeks can change the rest of your life. Visit your bookstore, or fill out and mail the coupon below and we'll rush you *A More Beautiful You in 21 Days*. Examine it in your own home.

If after 21 days, you're not happier with yourself, the way you look and feel, just return the book and owe nothing. But if you do keep it, it's yours for only $8.95 plus mailing. You have nothing to lose but inches and years. So send for Eileen Ford's book now.

21 Days' Free Examination

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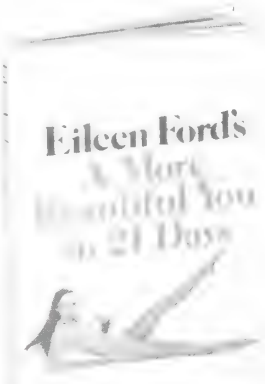

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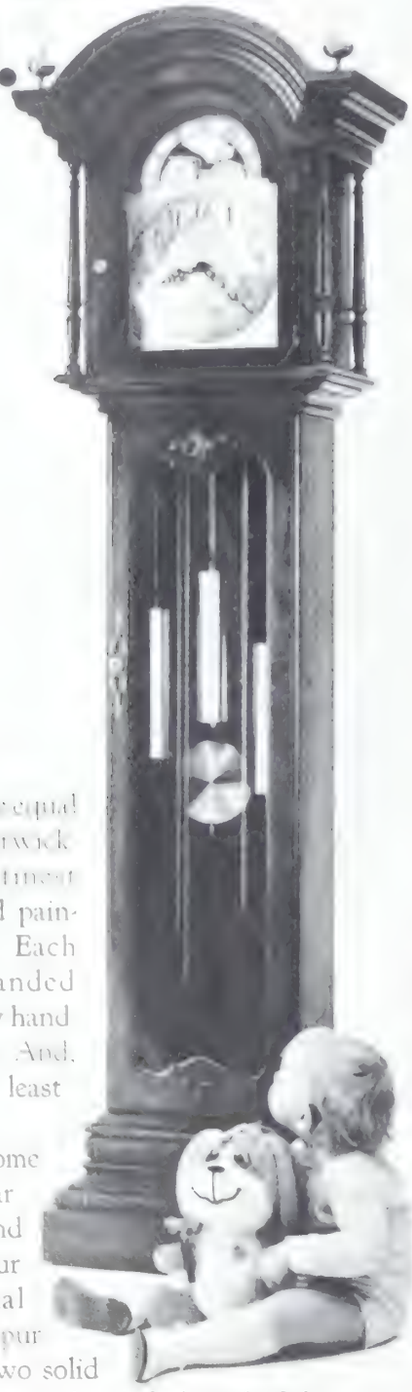

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QUESTIONS & ANSWERS: Antiques

BY LOUISE ADE BOGER

AMERICAN MELODEON

Our recently acquired melodeon bears a manufacturer's plate: "Prescott Brothers Concord, N.H." Can you tell us approximately when it was made and if its design is distinctive?

M.S.L.—Douglaston, N.Y.

Prescott Brothers started in business at Concord, N.H., in 1814, and probably made your melodeon between 1840 and 1865 when melodeons were widely popular. The lyre-form trestle-end supports joined by a scrolled stretcher are a decorative and characteristic feature.

GERMAN PORCELAIN

What can you tell me about my decorative [illegible]?

M.C.—Logan, Utah

Your porcelain group, which appears to be German probably from a factory in the Thuringia district, dates from about 1870 to 1890. It was modeled after a painting "La Blanchisseuse" ("The Laundress") by the French artist Jean Baptiste Siméon Chardin (1699-1779). In the original painting, in the National Museum, Stockholm, the little boy is blowing soap bubbles, which explains the pose of his right arm.

BOSTON TEAPOT

This is a snapshot of a pewter teapot that has been in my family for a long time. "G. Richardson" is marked on the bottom. Are you able to identify and date it from this?

K.S.B.—Sedona, Ariz.

Your pewter teapot was made by the Boston pewterer George Richardson, who was working about 1818 to 1828.

CALENDAR CLOCK

My clock, in the family since the 19th century, gives the time, the month, and the day of the week. Can you tell me its origin? Is it a rare type?

E.M.C.—Los Angeles, Cal.

Your calendar clock, which originally had a maker's label, appears to be by Burwell & Carter, active at Bristol, Conn., 1859-1861. The calendar mechanism they used was developed and patented by Benjamin Bennett Lewis, and is commonly known as the B.B. Lewis calendar mechanism. Though your calendar clock tells numerous items, it is not a rare type; the mechanism was used by many companies.

Continued on page 10

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ANTIQUES *continued from page 8*

BREAKFAST TABLE

This table has been in my family for years. We would like to know something about its age, style, and use.

J.K.—Boston, Mass.

Your inlaid breakfast table, with oval top supported on a turned column with four reeded splayed legs having brass paw feet on brass casters, is in the Sheraton style. It is of English manufacture, dating around 1800. According to the records of that time, breakfast tables were used in "morning rooms" or "ladies' boudoirs." On them was a "breakfast set of superb china."

FRENCH VASES

Please tell me what you can about these vases, which belonged to my mother. The word "Longwy" is on [illegible]

D.E.V.—Broomall, Pa.

Your vases dating in the 1880s were made in Longwy, Lorraine, France, where factories making white earthenware have existed from the 18th century until today.

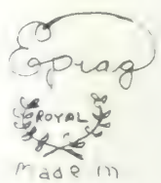
GERMAN TELESCOPE

I bought this telescope in the South Pacific and have been trying to find out where it came from and how old it is. "Tchulze & Bartes, Rathenow" is written in script on its side. Can you help me?

L.B.—Sandy, Utah

Your hand telescope, probably dating from the 19th century, was made at Rathenow, Germany, in the Prussian province of Brandenburg. This town has been known for its spectacles and optical instruments, which are made for the export market.

BOHEMIAN CHINA



This mark appears on some china we own. What does it signify? L.B.—New York, N.Y.

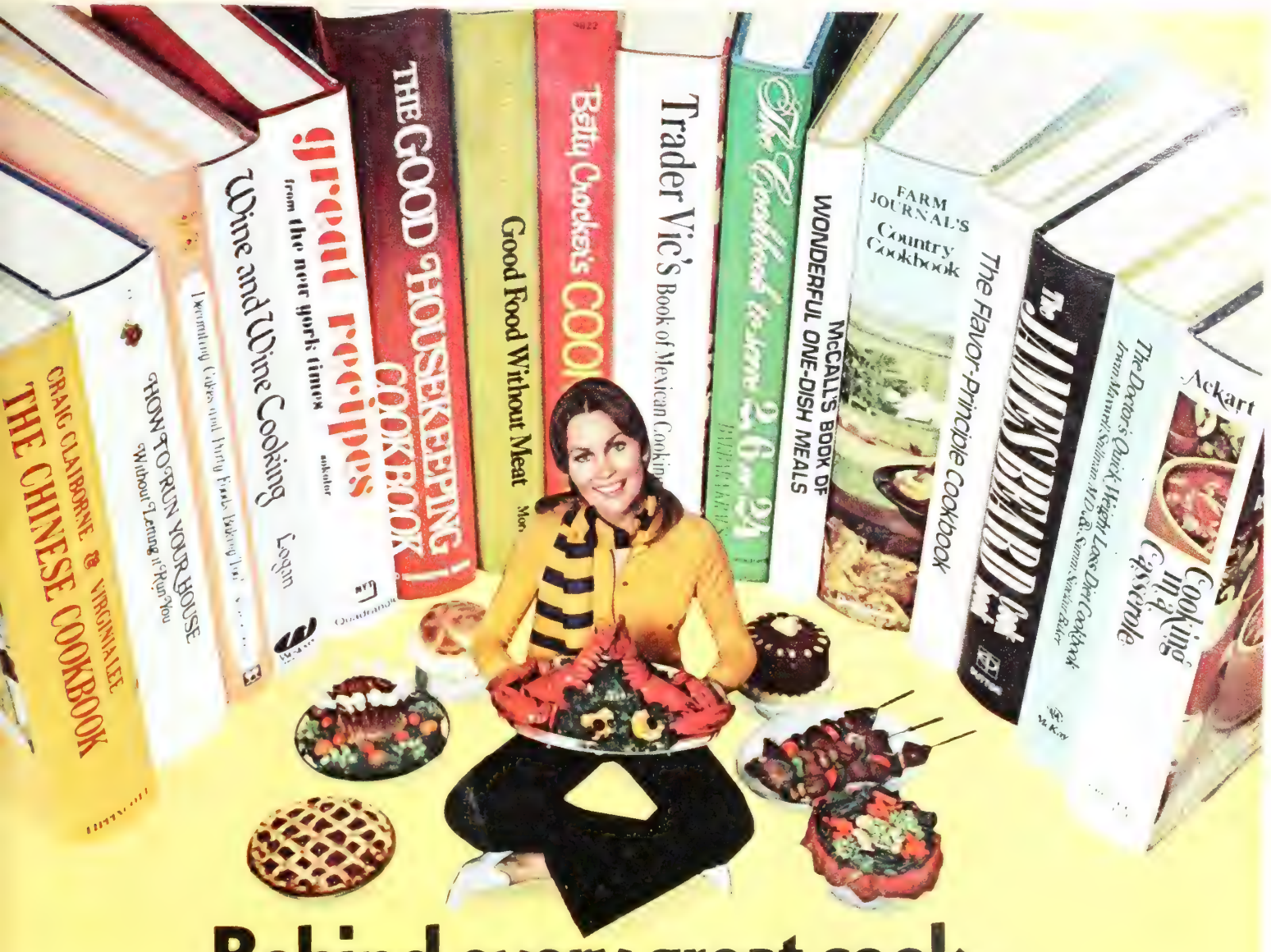
The initials E P I A G are for the Erste (first) Bohmische Porzellan Industrie A.G., a combine that controls a group of Bohemian factories. These initials appear in a number of 20th-century Bohemian factory marks. Your mark was used after 1918.

CHINESE CHAIR

We have four chairs similar to this one. They are of heavy, smooth-grained wood with a slight rose cast and are held together by flat pieces of wood inserted. They have no markings. We have been unable to identify them. Can you?

B.R.—Spokane, Wash.

Your chairs are probably late 18th or early 19th century Chinese. The basis on which Chinese furniture was made was the miter, mortise, and tenon join: it was used in China from at least the 4th century B.C. and holds fast without glue. ■



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BY ELOISE R. TRESCHER, R.D.

The subject of nutrition is coming into its own. Never before has so much been written on the how, when, where, and what to eat. The public is becoming aware. The word is spreading. But not quite as fast as American waistlines. Weight control is one of our country's main health problems. Obesity should be looked upon as a disease, not a vice.

Controlling your weight is really controlling your destiny. To think thin is more than being fashionable, it's being sensible. As Hippocrates wrote long ago, "Persons who are very fat are apt to die earlier than those who are slender." Times haven't changed.

I once had a patient, a deeply religious woman who wanted to lose. "So I can get down on my knees to pray." Another was an employee of a gas and electric company who couldn't get his rotund self into the manhole containing the machinery he was required to operate. The rewards of losing weight on a nutritionally adequate basic regime are legion. You improve your entire physical condition, your vitality, your resistance to fatigue as well as your mental alertness. You'll be a much happier person, proud of your own self image.

Medically speaking the overweight are asking for trouble. They are much more likely to develop diabetes, high blood pressure, and hardening of the arteries than the slender individual. The overweight are poor surgical risks. Stout women often have menstrual disorders, are less likely to conceive, and have more complications with pregnancies than leaner women. Gout and gall stones are other unwelcome companions to the overweight, as well as shortness of breath, mechanical limitations, varicosities, and joint and back pains. Nowadays no one *really* loves a fat man. Much less himself.

We become overweight when we take in more calories than we need for the energy we put out. Calories measure the energy our bodies receive from various foods. These amounts vary according to their fat, carbohydrate, and protein content. And quite simply we need this energy to live. What we must remember is to balance the energy we eat against the energy we use. Eating nutritionally and exercising moderately is the answer. It is far easier to prevent overweight than to cure it.

Good food habits at any age do not just happen. Left to his own devices a child may form habits of overeating that may continue through adulthood. Psychological factors often contribute to overweight when the individual's social, occupational, professional, or sexual desires are unfulfilled.

Overweight often develops insidiously in individuals who do not seem to eat excessively. As little as 100 calories a day in excess of one's needs can result in a gain of 10 to 12 pounds a year. Think how you might look in five more years! Try on a skirt or dress you wore when you were twenty-five, considering you were in reasonable shape. If the zipper doesn't meet, you should meet the challenge and start losing weight right now. *(Continued on page 16)*

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"What we must remember is to balance the energy we eat against the energy we use"

WEIGHT CONTROL *continued from page 14*

Nor do you have to be a Billie Jean King when it comes to exercising off calories. A brisk walk for half an hour will burn an average of 150 calories. Although not as invigorating you'll burn just as many calories if you make beds for a half hour. Perhaps more entertaining would be dancing, but fast—600 calories an hour. Whatever your activity, it should be on a daily, year-in-year-out basis. Along with using energy and helping to control your weight, physical activity improves circulation of the blood and improves muscle tone. It helps lessen tension and fatigue and gives one a sense of mental alertness and physical well being.

There is no "Master Diet" that will fit *all* people. A good maxim is arrest weight gain. Lives are too variable and people too individualized for anyone to evolve a set of rules—but there are ways:

Decrease calorie intake. If you stop eating an extra 25 calories a day, you might stop gaining weight. And if you cut back 100 calories a day less than your needs, you will lose 10 to 12 pounds a year.

Learn to eat slowly and chew thoroughly.

Limit portions of food at meals to one average serving.

Never take second helpings.

Omit or drastically restrict free fats—butter, margarine, mayonnaise, salad oils, cooking fats. Sufficient fat is present in lean meats, fish, poultry, eggs, and cheese to insure adequate use of the fat soluble vitamins A, D, E, and K.

Omit or drastically restrict free sweets—jelly, jam, honey, syrups, sugar, candy, pies, pastries, and most other desserts.

Restrict or eliminate intake of alcoholic beverages.

Eat a good breakfast and never skip a meal.

Never use food as a reward.

Learn to practice moderation. If you decide to indulge in a high calorie food eat it slowly and eat one half or less than you normally would.

Buy a good scale and use it. Weigh once a week and keep a written record of your weight.

Never go grocery shopping when hungry. Before starting off have a piece of fruit, a glass of skim milk, a cup of bouillon, some raw vegetables. This will probably stop aisle-to-aisle munching.

Keep a food diary. Record in detail food and drink for a week. This helps stiffen resistance to dietary temptations. It is also an important aid in that it may reveal unconscious departures.

Few adults know that a reduction of approximately 75-100 calories per day, after the age of 35, is a must if the healthy individual is permanently to achieve weight control. You must accept the fact that you did not become fat overnight and that you cannot shed those unwanted pounds quickly. The more gradual the change in one's food habits, the more likely the moderation is to become a permanent habit, a new way of life.

If Jack Sprat and his wife had known more about nutrition, another old nursery rhyme might have been deleted from young children's literary diets. One only ate lean, the other only fat. A healthy individual should include food from all four food groups every day. They are 1, milk and milk products; 2, vegetables and fruit; 3, meat, fish, poultry, eggs, and cheese; 4, bread and cereals, whole grain or enriched. And an apple a day keeps the doctor away

Continued on page 158

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How to take care of and repair Marble

BY SANDRA ODDO

Praxiteles used it. Michelangelo used it, and so does Henry Moore, because marble is beautiful. Because it is beautiful, marble has been popular for furniture, walls, and floors, as well as statues, for almost as long as man has been making them. It is durable, adaptable—and easier to maintain than [illegible]. If you have some around the house, here's how to care for it like an expert.

What is marble? Marble is limestone that has been compressed and heated by geological action until it recrystallizes into a form much harder than the original. Its mottlings and colors, which can range from white through reds, greens, blues, and yellows to black, are caused by minute traces of minerals present while it was being formed. The Marble Institute of America classifies marbles from A, extremely hard, to D, rather fragile, depending on crystalline structure and general soundness.

Marble comes in three finishes: polished, used for furniture and interior veneers; honed, a satin finish used primarily for floors; and sand-rubbed, the finish most often given to exterior walls.

How do I care for it? Everyday care for polished marble couldn't be simpler. Treat it as you would fine wood, with dustcloth and wax.

When polished marble needs a thorough cleaning, wet it first with clean hot water, then use a soluble soapless cleaner like Spic 'nSpan, or a spray like Fantastick or 409. Rinse thoroughly and dry with a soft cloth.

For honed marble floors, use an abrasive cleaner like Ajax or Comet. If the marble has been really neglected, mix up a solution of 1½ quarts of abrasive cleaner dissolved in about 4 quarts of hot water, then diluted with 6 or 8 quarts of lukewarm water. Stirring constantly, slosh it onto the marble like whitewash with a broad brush. Let it dry. Now dip a wet fiber scrub brush in abrasive cleaner and scrub vigorously, and finally, rinse well with clean water and wipe dry. Soft waxes or resins should not be used on honed finishes.

What about stains? Spilled wine or fruit juice, forgotten metal objects, or grease can etch or stain the surface. The sooner it is treated, the better, since new stains are much easier to remove than old ones. Marble wounded in this way requires a poultice, a pad of white blotting paper, cleansing tissue, or paper napkin soaked with the proper solution and laid on the stain for 48 hours or so, with a plastic bag over it to keep the area moist. To decide what the proper solution is, you need to classify the stain—usually not difficult since the stain tends to take the shape of the object that caused it. Then proceed, following one of these recipes from the *Marble Design Manual*, published by the Marble Institute of America:

Organic stains are wine, beer, juice, leaves, bark, paper, tobacco, iodine, or bird droppings. Organic stains will occasionally disappear if left alone, so it may be worth waiting a week or so before treating it. If the marble needs help, wet the surface, then apply a poultice soaked in 20-volume hydrogen peroxide to which a few drops of full-strength household

Continued on page 20

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"Marble is durable, adaptable, and easier to maintain than you might think"

HOW TO TAKE CARE OF MARBLE

continued from page 18

ammonia have been added. Wear rubber gloves, be sure the room is well ventilated, avoid the fumes. Leave for 48 hours, then remove the poultice, rinse thoroughly, and dry. Repeat if necessary.

Fire stains, on marble-faced fireplaces, for instance, may need special treatment. For these, mix molding plaster or whiting with laundry bleach or non-leaded white gasoline (be very careful of the fumes), stirring to make a smooth, thick paste. One pound of plaster should be enough for 1 square foot of surface. Moisten the marble with household bleach or gasoline, then apply the poultice paste with a trowel a uniform half-inch thick to shut off air completely from the entire surface of the marble. Let it dry, protected by a plastic drop sheet to slow the drying, 48 hours or more. Then dampen it slightly and scrape it off with a wooden paddle. Rinse thoroughly; wipe dry. Afterward, if necessary, alternate hydrogen peroxide poultices made with whiting, and poultices for oil stains.

Oil and grease stains are caused by butter, milk, cream, salad oils, mustard, hand cream, paint, etc. They are usually light brown or yellow in color, and the center of the stain is darkest. Soak the poultice in equal parts of acetone and amyl acetate (available at good hardware stores), and make it larger than the area of the stain. Leave it until dry, then rinse thoroughly and, if necessary, repeat. Sometimes a bleach will be needed to remove color, once the oil is removed.

Paint should be removed with a razor blade or knife, then the marble should be poulticed with bensol mixed with whiting and spread half an inch thick over the stain and the area around it. Or, sometimes, varnish or paint remover followed by bleach will remove it. It is quite possible to restore painted marble to its original beauty, as the General Services Administration of the U.S. Government proved, when five or six coats of paint and a hundred years of grime were stripped from the columns in the Lincoln Room of the National Collection of Fine Arts and Portrait Gallery in Washington, D.C.

Rust stains are orange to brown in color and are caused by anything metallic in long contact with the marble. First the source should be removed or completely painted with a nonstaining coating. Surface rust should be rubbed away, if possible, with an abrasive.

For iron or steel rust, apply sodium hydrosulfite (available at chemical supply houses), dampen, and leave in place no more than half an hour. Then immediately apply a solution of sodium citrate, and repeat if necessary.

For copper or bronze, mix together one part of dry sal ammoniac and four parts of whiting or powdered talc. Add household ammonia and stir to make a thick paste. Spread it over the area of the stain and leave until dry, then remove with wooden paddle, rinse and dry. Repeat if necessary.

Lead stains will usually disappear by themselves if left alone.

Ink stains may be removed by covering the stain with a blotter soaked in alcohol, followed by one soaked in ammonia, followed, if necessary, by bleach. If the ink is metallic, treat it like iron rust.

Exterior marble walls are usually intended to mellow with age, developing a patina under wind and weather. The maintenance of big marble buildings is a specialty that requires men trained and equipped for it. But smaller areas of exterior marble can be cleaned by amateurs using the method de-

Continued on page 24

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**"Wounded marble requires a poultice . . .
organic stains will occasionally disappear if left alone"**

HOW TO TAKE CARE OF MARBLE *Continued from page 20*

scribed under "fire stains."

Air pollution is very hard on exterior marble, both walls and statuary. It's a problem that has curators all over the world worried, and several scientists are working on solutions. At the moment, there are a number of non-yellowing coatings on the market but nothing that is actually a preservative.

One caution. These cleaning methods are safe for genuine marble. If you suspect that yours may be one of the many excellent imitations, make sure before you try to clean it. Some of them won't stand chemicals.

Stains and stain-removal usually leave some mark on the finish of polished marble. When the stain is gone, you can restore the shine. Wet the surface with clear water, sprinkle on tin oxide, available in hardware stores or in marble shops, and rub into the marble with a damp cloth, or the buffing pad of a power drill. Continue until the gleam is restored. The Marble Institute of America, 1984 Chain Bridge Road, McLean, Va. 22101, offers a mark remover and polishing kit for $5.50. It includes a protective spray to help prevent new marks.

Care and maintenance of marble is one thing. Restoration is another. Marble-topped antiques from reputable dealers usually are in fine shape—but those of us w haunt auctions and country a tiques stores occasionally co across a treasure that is in s need of repair. With patience a minimal mechanical skill, there no reason why the amateur can tackle the job.

I've got a broken marble tab top. Can I repair it? Yes, as lo as you have all the pieces. Fr a marble dealer obtain a ti amount of polyester resin in po der form and a small bottle liquid catalyst. Even a sizable j needs only about two tablespoo fuls of the resin.

Now lay out the pieces on a f surface and check the fit. Clean the edges with acetone. Mix t cement. The amount of catal determines the setting time of t mixture. Fifteen drops to 2 tal spoonfuls of resin will allow y about twenty minutes to wo Dip a small brush in the cem and coat all the edges to be join Press the marble firmly togeth —its weight will hold it with clamping—and remove exc cement with a putty knife. Af the cement is dry, do what poli ing is necessary.

There's a corner missing. W should I do? If the piece is l than 2 inches square, there's problem. From the marble deal get some marble dust of the sa color as your marble, and so resin cement. Next, make a wo en form for the missing piece. I a corner, two pieces of wood by 3 inches, and the same thi ness as the marble, should be c ered with wax paper. t fastened along the edge of marble to form a 90-degree cor angle. Mix the marble dust w the cement to form a paste consistency of thick honey, pour it into the mold. After o night drying, remove the m and abrade and polish the r corner to match the rest.

The same marble dust r

Continued on page

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topsoil
and what it means to a beginning gardener

BY WILLIAM B. HARRIS

This is the second in a series of articles about gardening based on the experiences of the author. Problems and their solutions, some of which took several years to discover, are designed to make a beginner's beginning more fruitful from the beginning.

The fact that my first bed of annuals had not done as well as its owner and friend said it had in the first year does not mean there had been failures. They were not. The border grew flowers, but it was not as full as when it was first planted. I suppose that if I had really understood the thin volume on annuals that I bought before planting it, the results would have been better. The author talked a lot about soil, but since at the beginning of gardening and my knowledge of its terms was very limited. He did discuss "sweet" and "sour" soils and noted that this was determined by a pH test of the soil. This rang a bell, for I had made such tests in high school chemistry with litmus paper. He pointed out that a pH of 7.0 was neutral, above it, alkaline or "sweet," below that, acid or "sour," and he added that soils in rainy climates were generally on the acid side, which he said was the "proper" pH for most flowering plants. So I took a sample of soil to my druggist, the only store in town I knew that used litmus paper in doing business. My soil was slightly sour, satisfactory according to the book, but as I didn't get a specific number from the druggist, I had no idea of what "slightly" meant.

The book discussed fertilizer at such a length that the author lost me. And then there was the subject of humus, which the book discussed, as an item, the same way it discussed pH and fertilizers—no space was taken to put these major soil factors together so that they came out an intelligible whole. Over the years I've gone through scores of garden books and all follow the same formula, a charge that can be leveled, but only in part, I hope, at the one I wrote a few years ago.

The nurseryman to whom I took my soil sample had the growing of things all figured out—from experience. His own. When he had felt, looked, and smelled the soil I brought him, he knew what to do: Add a whiff of lime, lots of cow manure, plus some phosphate. But because of his college educated son, we nevertheless, as I noted in the last installment, sent the sample for testing, and when the answers arrived I took them to my new friends for consultation, for I did not understand some of them. The sample got a "low" grade in organic content followed by "Very." The pH was 6.3—slightly acid as it should have been in New England. No nitrogen was needed, nor potash, but phosphorous was "slightly low." The soil was characterized as "sandy." The iron content was given as "satisfactory." (When I reported this to Miss Grant, she said, "Go on, everybody knows all God's children need iron every day.") What to do to put this diagnosis into a successful prescription for our somewhat recalcitrant soil? I followed exactly the recommendations of my sharp-eyed, sharp-nosed nurseryman fellow. . . . and I promise not to repeat *that* again. The following summer our annual garden was so good—far better than the first season—that I had to pinch myself from time to time just to be sure that what I saw was not a dream. From what I recall, I must have been a bore about the thing, for I've never forgotten a curtain talk Grant gave me one day after our company had gone. "Bill," she said, and I knew she was boiling angry at me, for she never used my nickname when she wasn't, "If I ever again hear you say fatuously, 'And I *grew* it myself' about that damned garden, I shall scream in public." Once, much later, I admired a particularly good planting of peonies. She

Continued on page 28

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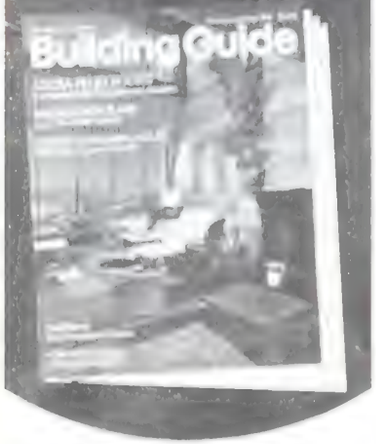

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"When you consider that from topsoil comes the food that keeps alive all land animals on earth, the stuff has to be put down as this planet's most important resource"

TOPSOIL AND WHAT IT MEANS

continued from page 26

[illegible] I later got breath, I repeated . . . I did-*not*-grow-them-myself. . . . I-did-*not*-grow-them-myself," loud enough for her to hear. I didn't figure that that was [illegible]

Getting a remedy for a gardening problem, and having it work, is only half satisfactory to the person who is attempting to garden [illegible] to speak to the [illegible] to send [illegible] You [illegible] another problem, you need another solution and so on endlessly in gardening. I told you there were [illegible] those commonly unreliable things [illegible] can't be [illegible] yourself. It [illegible] than typing [illegible] and [illegible] the soil is "spoiled" in some [illegible] and that word is spoiled because no one really knows [illegible] truthfully. I mean, nurserymen [illegible] chemical [illegible] and [illegible] although over the years there have been remarkably unpopular discoveries in soil science [illegible] but don't get the idea that a [illegible] should know all of this. It is enough to [illegible] that nobody [illegible] grow plants well.

You start with the earth.

Now that's startling a phrase. Everybody should be able to get the best results. Probably not, but when you come right down to it nothing grows in mineral soils, not even weeds. At least that is what I am told. And no one should get the idea that these things I report about gardening have been my own discoveries. I've been picking brains. And gardening meanwhile. But when I said "earth," I should have used the compound noun "topsoil." It is that easy to get a simple explanation inexact by not using the right word.

So you start with topsoil. As I did. My trouble was that after three years I was apparently running out of it, but I didn't know how it was happening. And no one explained the reasons, nor why the results the fourth year were splendid. In other words, none of the helpful people who solved the problem so quickly that it bordered on the miraculous, gave me any information about how topsoil works to perform its wonders. The following telescopes a tremendous amount of information that I have picked up over the years, data that would have been [illegible] to have [illegible] when I first discovered my small border of annuals was not fully paying back my work. Which leads [illegible] a discussion of topsoil and what it means to a gardener.

The simplest definition of it I've found is this: It is the soil in which plants grow. When you consider that from it comes the food that keeps alive all of the land animals on the earth, the stuff has to be put down as this planet's most important resource. Plants will nourish only when topsoil rests in [illegible] the soil is the [illegible] the atmosphere in that mold. The [illegible] of the other factors is [illegible] rainfall, [illegible] good [illegible] all of gardeners are not nitwits and know if air and water are not around, nothing [illegible] not necessary to that context even to nod at topsoil—or to anything else, for all of that.

Because there are so very many plants and animals, you might think that the store of topsoil is limitless. But the truth is the reverse—compared to the vast quantities of soil that make up the continents, topsoil is but a thin mantle overlying the mineral soils, which as noted earlier, grow nothing. (Agronomists have succeeded in making plants grow in sand, the simplest mineral soil, by using water-soluble nutrients. This is called hydroponic agriculture, is very expensive, and as no one in his right mind would try to grow a flower garden this way, we can dismiss it.) Some parts of the country, such as most of New England, have very thin topsoils—some hardly more than 3 or 4 inches deep. If it interests you, this has been due to past erosion because of glacial action. But Connecticut River topsoil can be several feet thick, the result of constant flooding, and it was about 18 inches deep on rich creek-bottom land where I had farmed in Colo-

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featured on opposite page. You will find timely savings on many other famous quality True Temper tools at your participating True Value Hardware Store. For example...

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True Value HARDWARE STORES

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#MP20 Multi-purpose rake with push-pull self-cleaning head. Cultivates soil, removes thatch and cleans lawns. Reg. $5.60 **Sale $4.29**

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#P21 Pruning saw with tubular steel chrome plated frame, non-slip cushion grip. Reg. $4.00 **Sale $3.19**

#B36 Pruner with hardened and tempered carbon steel blade. Comfortable vinyl grips, slide-action blade lock. Reg. $3.78 **Sale $2.98**

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Because we believe what you carry should be just as beautiful as what you wear.

An accessory can help you look better. Or worse.

Princess Gardner makes fine leather accessories that help you look better by adding to your style. No matter what your style may be. Elegant. Sporty. Splashy. Simple. Whatever.

Every one of our accessories has lots of roomy pockets. And every one is made to last a good long time.

But more important, every one is designed to make your total look, look better.

Above: the Durango Tri-Fold in Kenya Suede in Redwood. Also, Slate and Tan. $10.00
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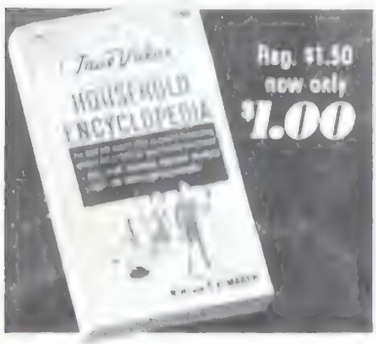

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The True Value Household Encyclopedia is actually 12 manuals in 1...a complete how-to-do it library of the newest and best ideas for saving time, work, money in running your household. Indexed for quick reference, it gives you experience-tested, professional know-how and step-by-step instructions on all these subjects:

home decorating, repairs; lawn and garden; painting, wallpapering; mending; value shopping for food, clothing, jewelry, furniture, appliances; medical care, accident prevention; handling family business, legal matters. And dozens more! Plus an almanac of weights and measures, computation rules, etc.

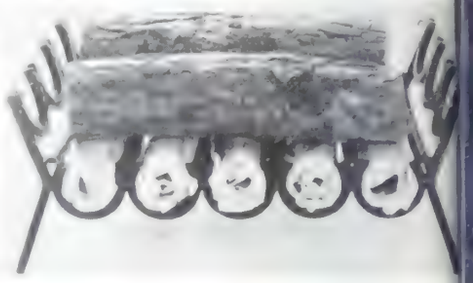
A fact-loaded, make-sense guide that will pay for itself many times over, almost every day of the year! Get yours now —while limited supplies last— at your local participating True Value Hardware Store. (Or send for postpaid copy to address above.)

HOME IMPROVEMENT IDEAS FOR

the House Fixer

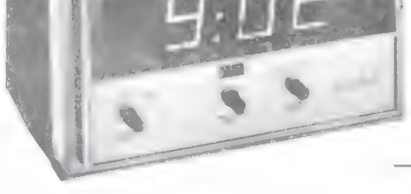
by Will Morris

To keep warm this year your fireplace may be called on for extra heavy duty. Here are two new types of grate that make the fireplace more useful in times of fuel shortage. One is a tubular fireplace grate, Thermograte, *left*, which claims to double the heat output of a fireplace. It has six C-shaped welded steel tubes that heat up quickly when a fire is kindled on it. Air in the tubes heats up, expands, and circulates out the top and into the room like a heat-circulating fireplace. In two sizes, 28½ inches wide, 29½ high, 22 deep and 22 by 25 by 28 inches, they sell for $99.50 and $69.50 respectively. Grates for burning coal (they rest above the lower tubes) are also available. Thermograte Enterprises. The Kilimdelabra II fireplace grate, *right*, can be used two ways. Of welded black iron, 22 inches wide by 14 deep, it has five horseshoe-shaped rings to hold newspaper rolls that will kindle wood logs placed above them. It also has three upper rings that could hold newspaper rolls for a 30-minute paper-log fire without wood. The rings allow all flue fuel to burn efficiently, and also make building a fire foolproof. The grate takes care of newspaper disposal as well. $29.95, Kilimdelabra Co.



A new thief deterrent service now exists. Indentifax Nationwide Registry, to scare away burglars and trace stolen objects throughout this country. If you subscribe you get your own code number to engrave on TV sets, stereos, radios, cameras, appliances, and the like. It is stored in a central computer data bank accessible to police nationwide twenty-four hours a day. You also get a kit with an engraving tool and stencil for marking, as well as decal stickers like police badges. Property marked in this way proves valueless to burglars because it has been learned receivers of stolen goods won't handle it. And the identification can bring your belongings back if they are stolen: much property recovered by police isn't returned simply because the owners are unknown. Listfax Corp. Toll free phone 800-243-6000.

Those automatic garage door opening systems that work, as if by sleight of hand, when you press a button, have gained new usefulness. With one in your car and garage, like the Alliance "Genie," you don't have to unbuckle and buckle the interlocking seatbelt straps, now required by law on new cars, in order to open or close garage doors. Stay buckled and press the hand-sized radio transmitter that operates the radio controlled garage door without leaving the car at all.



Voxclock is a digital clock that you can talk back to, that responds to the human voice. When its alarm signal goes on you can reply in any way you find appropriate and your voice turns it off. Two minutes later the beeper alarm is on again until you, resignedly, shut it off by hand. You set it like any alarm clock. It has large, easily read lighted numbers and comes in a simulated walnut case with aluminum trim for $69.95. Vox Industries.

A new bathtub, *right*, called the Gothic Pool, is wide enough to include a seating recess (4½ feet) and long enough to stretch out in luxurious comfort (6 feet). Of heavy-duty fiberglass reinforced polyester, it is wide rimmed to hold bath gear, has gently curving sides inside its rectangular shape, and is manufactured in bone, fawn, beige, gold, blue, bayberry, and white. Designer Line, American Standard. ■

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6 ways to exercise yourself out of the blahs

An Interview With Dr. Alexander Lowen

EDITOR'S NOTE: Alexander Lowen, M.D., is a practicing psychiatrist in [illegible] and Connecticut, author of *Pleasure* and *Depression and your Body* (both published by Coward, McCann & Geoghegan, Inc.), consultant to the Esalen Institute and Director of the Institute of Bio-Energetic Analysis. He has worked out what he calls "grounding" exercises to help beat those moments—we all have 'em—when for some reason, everything seems blah. "Many people," he says, "have exercises similar to the ones I use—Yoga is an example, so is the Chinese T'ai Ch'i Chuan. A person who has his feet on the ground is steady, down to earth, he feels warm. And this is where physical 'grounding' exercises can help. Deep living puts us in touch with basic realities: your body, and the earth. The thing to realize is that when you feel down, it is not a question of something that goes on only in the mind, it's in the body, too. What generally happens is that the energy level is depressed. You feel heavy. You do things more slowly, breathing is shallow. You feel dead, dead tired and you are tired. Although you're not doing anything very much, you probably are not building up any energy either. To start the wheels going again follow one very simple, effective technique—practice deep breathing."

1 DEEP BREATHING *You lie down on a mat or a chair with a pillow under your head. Arch the back so that the chest is opened up and start breathing. You will find the stomach goes down to breathe more deeply and you may need to change the pillow a bit when you introduce a draft of air through the bellows and it knocks your head up. If you can let the stomach move, deep breathing will set up a whole rhythmic process in the body that carries [illegible] feelings are the aliveness of the person and getting in touch with feelings rebuilds the energy level. Haven't you noticed how your breathing gets deeper and deeper [illegible] when you are being held close or hold someone close to you? And how that makes you feel good? Shaking off the blues is a bit like shaking a clock when the balance wheel has stopped moving. If you encourage the right vibration, everything will start to work again. Vibration exercises are important in the treatment.*

1

2

2 FEELING GOOD VIBRATIONS *You start by breathing deeply for awhile. Then place the feet 8 inches apart with the toes turned slightly inward. Flex the knees and bend over from the waist until the fingertips touch the ground. All the weight of the body should be on the feet, the fingertips merely serving as points of contact. Let the head drop. Then try straightening the knees gradually until some vibration develops in the legs. Do not attempt to extend the knees fully and stiffen the*

Continued on page 36

Brown Jordan: for people who appreciate what money can buy.

A closer look at Regent II confirms its remarkable beauty. Brown Jordan handcrafts square tubular aluminum to create a distinctive contemporary look. Skilled craftsmen hand-smooth every weld, individually lace each strand of resilient vinyl. Such meticulous care from design through construction is not inexpensive. But the investment is more than repaid in lasting beauty.

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WAYS TO EXERCISE *continued from page 34*

legs. Open the mouth and breathe easily and fully. You should begin to feel the knees quiver, then the legs quiver, and then the quivering should extend up to the pelvis. It does not, however, happen to everyone in the first trial. People who unconsciously hold themselves in tight control may need to repeat the exercise many times before the right vibrations occur. But when they do, you feel so alive compared to the way you felt before.

3 BASIC GROUNDING ROUTINE *Take a position with feet (preferably bare) parallel and about 6 inches apart. Bend the knees so the weight of the body is balanced between the heels and balls of the feet. The rest of the body should be straight but relaxed, arms hanging loosely at the sides. Breathe deep down in the abdomen and put your attention into your feet while maintaining your balance. The body will start to relax, and the legs may start to shake. Let the leg tremors develop. Continue the exercise until the position becomes uncomfortable so you think your legs will collapse. The key thing in grounding exercises is to have the knees bent. When you stand with the knees locked the lower part of the body becomes a rigid base and the tense is trying [illegible] so that you are only existing in the upper half of your body and no feelings are flowing through.*

3

4, 5 FINDING YOUR CENTER OF GRAVITY *Bend the knees all the way and hold the arms out straight, with the hands just off the floor. The weight of the body should be pitched forward, but the heels should not come off the ground. Breathe deeply through the mouth. The crouched position forces you to [illegible] the diaphragm in order to make a full inspiration. The result is that you feel the pelvic cavity open. When you sense that the leg muscles are beginning to tire, fall into the knees with the arms extended and rest the elbows on the floor. Let the forehead lie on the hands.*

4

5

6 TRY TO LET YOURSELF GO *Stand on one leg and bend the knee as far as it will go without taking any part of the foot off the ground. The other leg is extended backward off the ground. The arms are extended and the hands rest lightly on two chairs, placed [illegible]. The chairs are used for balance and not support. On the floor, 6 inches from your feet, is a folded blanket or cushion. Hold the position as long as you can, breathing easily and deeply, and feel the weight of the body on the foot. When you can no longer maintain it, fall on the knee onto the blanket.*

6

Repeat the exercise twice on each leg. On the fourth time, say, "I give up" as you fall. To feel yourself fall and not be hurt seems to relieve some deep anxiety. If you can make these exercises a part of your daily living, you will have found a way of feeling "up" most of the time.

6

6

FRANCES MCLAUGHLIN-GILL

ZEPEL
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Why would we make fine furniture like this... then call it Flexsteel?

Why indeed? Flexsteel doesn't begin to describe the cloud-soft foam comfort that seems to surround you.

Or the unmistakable perfection of detail only hand fitted upholstering by skilled craftsmen could achieve.

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No, the origin of Flexsteel is actually an inside story. About how this fine furniture is built, not how it looks or feels.

It starts with the patented steel spring u[nit] the luxurious exterior. These flexible [arches] are made of the finest blue watchspring steel for maximum seating comfort and support.

Durable enough to last the life of the sofa or chair. (They'll never spring up with a "b-o-i-i-n-g" as ordinary coils can do after long, hard usage!)

As you can see from the pictures below, every other facet of Flexsteel's construction reflects the same painstaking attention to quality. From the unique spring . . . to the solid hardwood (mostly oak) frame . . . to the thick, thick latex cushioning and selected fine fabrics, protected against soil and stain by Zepel. This is perfection. This is Flexsteel.

These are just some of the reasons why Flexsteel fine-crafted furniture is selected by many fan[ous] decorators . . . and has been for four genera[tions].

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Lifetime springs are permanently attached to the solid, kiln-dried hardwood frame. Frames are double-doweled, not just glued.

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[Every] ... tery process receives careful attention from [craftsmen] ... o are the highest paid in their trade.

Flexsteel makes a productio[n] of every furniture detail . . . up to and including final finishing ... thorough, complete insp[ection].

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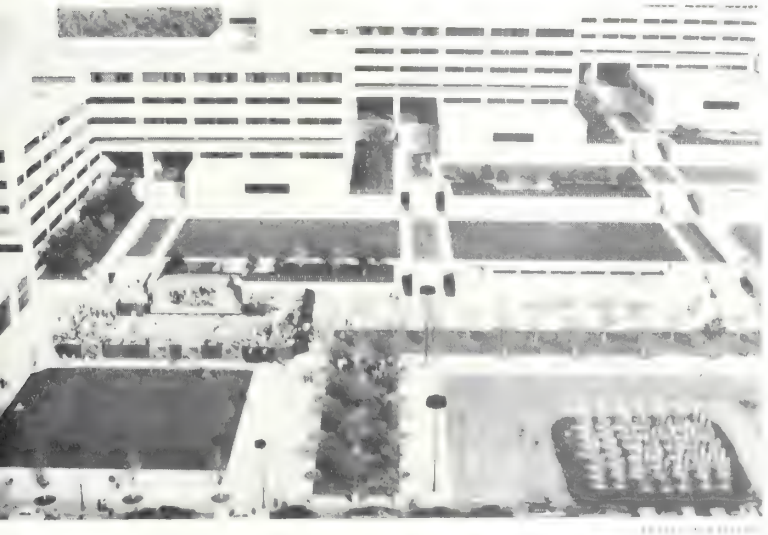
A great American idea

A NEW TOWN COMES TO LIFE IN DOWNTOWN KANSAS CITY

BY DENISE OTIS



Office buildings zigzag up the hill to frame two sides of Crown Center's central square. Hidden beneath grass-covered terraces is parking for 3000 automobiles.

Crown Center, a new community of offices, shops, hotels, and housing in Kansas City, Missouri, is not all finished yet and won't be until 1983. Even the nearly completed first phase lacks its housing. That will come in a couple of years. But what is finished and functioning is exciting. It's full of experiments that its creators hope will work. They're enthusiastic about their innovations—and the risks are part of the excitement. But the biggest gamble of all was at the beginning . . .

In most American cities there are stretches of wasteland—depressing blocks of deteriorating warehouses, used-car lots, rundown factories, and vacant lots filled with trash and billboards. And many an American businessman has looked out at them from his office and said "Somebody ought to do something about that mess." One of them was Joyce C. Hall, founder and chairman of the board of Hallmark Cards—and he did something about it. He committed his family owned company to buying and rehabilitating 25 square blocks—85 acres—of blighted land adjacent to Hallmark's international headquarters and 12 blocks from the downtown business district of Kansas City. True, the land had possibilities—half was a limestone bluff facing out to downtown and the Missouri River. There were parks on two sides and a new city hospital complex was taking shape nearby. But in 1955 Mr. Hall's decision was a major act of faith in the center city and its future at a time when many stores and businesses were following their customers and employees to the suburbs.

It took time to decide what form this redevelopment—among the largest, if not the largest, financed completely by private money—would take. Mr. Hall and his son Donald, president of Hallmark, talked to experts of all kinds. "Our ideas grew over the years," Donald Hall explains, "we worked on the concepts for ten years before we finally honed it on a detailed land-use plan. Victor Gruen helped us with that. The actual building has followed the plan very closely, although we've had to make some adjustments. For example, we're now rethinking our housing. We started with very few condominiums simply because it was an idea that had not been pursued in Kansas City. But there has been a tremendous demand for them. So, we're now replanning the whole residential complex with the thought that we'll have a lot of condominiums and probably have it all convertible."

To give physical form to their ideas for Crown Center the Halls called on a distinguished group of architects. Edward Larrabee Barnes is master planner and coordinating architect for the project as well as architect for the office buildings and retail complex. Harry Weese designed the hotel, and The Architects Collaborative, under the direction of Norman Fletcher, is responsible for the housing. The result is a handsome set of varied but related buildings grouped to follow the contours of the land around a 10-acre terraced "village square." What's even more exciting is what happens in the buildings and in the square.

No child can resist sprinting through the fountain, and the fountain was meant to be irresistible. You can sit on the grass or maybe even play croquet. One terrace is a skating rink. Portable bandstands, tents, and big transparent umbrellas are available to shelter the fairs and festivals, concerts and dances scheduled to keep the square full of sound and color and people. Because the point of Crown Center is to be attractive and entertaining for the people who live and work in it, for the whole city, and for visitors to the city.

The Crown Center Hotel was planned as a resort-in-town, with an enclosed pool, health club, jogging track, and tennis courts as well as banquet- and ballrooms, bars and restaurants. Next to the hotel there's a flexible entertainment and communications center for both convention and commu-

Continued on next page

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AMERICAN DREW

"Indoor streets wind off the plaza and are lined with shops and stalls selling delicacies from all over the world"

NEW TOWN COMES TO LIFE

continued from preceding page

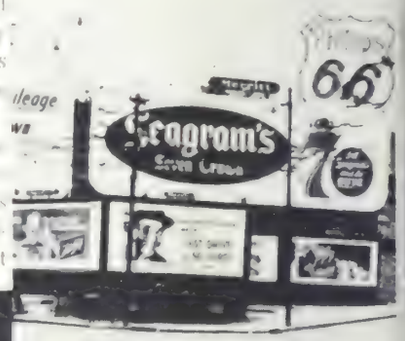
nity activities. Called the Multimedia Forum, it has all the latest audiovisual equipment, a trained staff, and a variety of meeting rooms and auditoriums. In another part of the center, children have their own special place—Kaleidoscope—where they can experiment with color and sound and texture and work with all kinds of materials. Started by Hallmark in 1969 as an experimental "art experience" for elementary school children, Kaleidoscope toured the country before coming home to Crown Center.

But perhaps the biggest attraction, intentionally, is the shopping complex—all housed in L-shaped building—which opened last September. It isn't just one experiment, it's a whole series of them. "That's the point," Donald Hall explains. "The assignment was to make it something no one had ever seen before. The idea of the whole project was to do something good for Kansas City, so we wanted to make sure the retail complex did that as well and didn't directly compete with retailing that was going on downtown or around the city.

"We knew that the last thing we could do would be to build a conventional shopping center," adds J. D. Kaiser, president of Hallmark's Retail Division. "We've got plenty of those and good ones. I had one of the most exciting periods of my life literally searching the world for ideas." They brought designers from all over the country to work out those ideas: Paul Laszlo from Beverly Hills, Francois Dallegret from Montreal, Harper & George and Oliver/Breyer from New York, Warren Platner from New Haven.

From Mr. Kaiser's enthusiasm for the farmer's market in Los Angeles and ethnic shopping neighborhoods in New York City grew The Market Place and the International Cafe. Grouped around a plant-filled indoor plaza are seven different food counters. You can eat oysters at the Oyster Bar, choose among counters selling Italian, Mexican or Oriental dishes, or pick up a hamburger at the American Broiler, spare ribs at the Barbecue or a sandwich at the Delicatessen. Tables for two

Continued on page 162



In 1955 when Joyce Hall first decided to undertake the project that is now Crown Center, Signboard Hill, ABOVE, *was typical of the neighborhood. Today, stripped of its billboards,* LEFT, *the same limestone bluff is a 60-foot, glass-enclosed tropical garden at one end of the lobby of the Crown Center Hotel, designed by Chicago architect, Harry Weese.*

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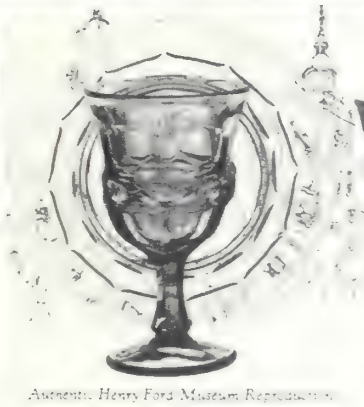

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Fostoria

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New rhythms jazz up an Old city

BY NANCY McCARTHY RICHARDSON

The Mississippi River takes a turn at a point in the Louisiana bayou country that is about 100 miles from the river's mouth. There at the city of Baton Rouge it runs in a southeasterly direction, with a huge freighter like an ice cube floating in New Orleans. She radiates the charm, gumbo and shell-shock typical not only of the American South but also of the many nationalities who first settled there. New Orleans has a French Quarter full of pleasures brought from other places. New Orleans is like a Henry James American heroine who once lived in Paris, brought a bit of it back home with her. A score of immigrations from France, Spain, Canada, Germany, and Ireland plus American Indian, black and white created a remarkable racial mixture over a period of 200 years. This stew of nationalities bubbled and set according to the necessities of a near-tropical climate and a network of river, lake, bayou and gulf that made her site almost as watery and commercially strategic as Venice and in some ways as gay and cosmopolitan. Today a three day visit to New Orleans is a pure lark.

Briefly, here's how New Orleans came to be so many cities in one. In 1718 the French began to settle there. They wanted French and Spanish expeditions had sailed past the shore a hundred years. These original French settlers built the [illegible] town called the Vieux Carré—the French Quarter. Spanish and Caribbean immigrations heavily influenced the architecture of the place. Acadian (Cajun) immigration from Canada in the 1770's added a second strain of French influence. These Acadian French favored their own regional traditions and ate a small red bean called the New Orleans. And though French settlers' Cajun cooking [illegible] different from New Orleans Creole, it is New Orleans cooking [illegible] international fame. The term Creole describes what happened to French culture and cooking and architecture when set alongside the Mississippi and Spanish colonists. It was [illegible] and Spanish [illegible] and French memories of home cooking and helped create and perpetuate Creole cooking as we know it today. [illegible] New Orleans restaurant [illegible] of the local specialties and I had my New Orleans eye at a black restaurant called Eva's Kitchen (see page 8) for more than the restaurant.

In the architecture of the Quarter, the characteristic of small French and Spanish cities predominate: narrow streets [illegible] balconies of cast iron lacework, two-story palaces, one-room small city residences in the same courtyard.

But the remarkable fact about New Orleans is that a large part of the city was settled and flourishing when we Americans got there. Already by a high state of development in 1803 New Orleans was bought, with the Louisiana Purchase by Jefferson and James Monroe for $15,000,000. At this point an American sectional town began to develop opposite the Vieux Carré. By the 1840's and 50's New Orleans was enormously prosperous, built lots of big houses and public buildings, and was known in the United States to be a worldly, joyous city with restaurants as good as in Europe, but by the 20th century she was having to sort herself out again and now, in 1974 much of what was attractive about New Orleans in the 19th century is being restored and reorganized.

Visitors to New Orleans seem to [illegible] lot of history to see there, many good hotels, a mild climate year-round, and frantic gaiety at Mardi Gras time. It's simply a very romantic place. But what draws me like a magnet to the table is the food. New Orleans is not a place to diet because most people couldn't manage more than two meals a day. Everything about food and cooking in New Orleans is wonderful. Fantastic restaurants come by the dozens in all categories: old-style grand restaurants, truck stops with remarkable Cajun food, working class cafés serving oyster stews, pastry shops, Italian [illegible] restaurants, luncheonettes famous for French bread poor-boy sandwiches, local candies, coffee with chicory, and every kind of fresh and saltwater fish and shellfish you can imagine. In New Orleans they literally do oysters a hundred ways, from the purest most dietetic way—split open seconds before they're eaten [illegible] only a little lemon juice—to the other extreme, baked in rich sauces. There is an exhilaration about the rituals of eating in New Orleans that comes from the French passion for good food. To have a say who's a waiter in one of the city's many famous restaurants is like having a son who's a doctor or a lawyer. His future is guaranteed. He's part of a famous tradition of restaurants and a standard of good food that's supported by local people and craved by visitors. Naturally enough, the book that gives a good background for New Orleans is a restaurant guide. Called *New Orleans Underground Gourmet* (Simon and Schuster, $2.95), it is the one document more than any other that will make your stay in New Orleans. Richard H. Collin is the underground gourmet who also writes a column for the *New Orleans States Item* where he is constantly reevaluating his advice and keeping track of whether a salad here or a famous oyster dish there is still up to its reputation. Collin lists his restaurants with addresses, phone numbers, whether they require reservations, and if they take credit cards. The New Orleans Tourist Information Center, 334 Royal Street, puts out a very good, big, city map, which will help you locate where you want to go.

I had only a few days in New Orleans and here's how I organized them. For the business traveler who needs all the conveniences of a big modern hotel, the Marriott on Canal Street (where I stayed), just outside the Quarter, is perfect. It's within walking distance of a good many restaurants, shops and museums. There are several places right in the Quarter, however, that

The courtyard of the Hermann-Grima house, open to the public.

are smaller and keep to the two-story, wrought-iron-balconied atmosphere of the Quarter itself. The Royal Orleans is two steps from two famous restaurants, Antoine's and Brennan's, and also close to antiques shops. The smaller Saint Louis, has a beautiful inner court with a fountain and rooms opening on to balcony corridors that open on to the court and is definitely not a commercial hotel. No conventions. A third is the Provincial Motel, a motor court with an 1850 look about it and a gas station next door that's in a mid nineteenth century building.There is a bustle in the French Quarter all day and all night. There are always people in the streets and dogs and smells of food and sometimes music.

On and off I spent a day and a half in the French Quarter, a day seeing the American sector and old-building watching in the business district. On Sunday I drove half an hour out the highway from New Orleans to the River Road and some of the plantations open to the public.

The Vieux Carré is an easy place to get around. For several hours each day Royal and Bourbon streets are closed to traffic. The narrow streets and sidewalks, the pleasure of having the sun on my back in the early morning, and the equal pleasure of keeping to the shady side of the street in the afternoon once the full heat of the day got to be too much, the cafes and pastry shops that seem to be filled throughout the day, the fact that there's practically not a building over four stories—it's a scene to idle over and enjoy. Commercial and residential are all mixed up together. Even Bourbon Street, famous for its low-life, seems to reek vitality and charm rather than lawdriness. And it's soon after one turns off Canal onto Bourbon, that one passes a restaurant with a line of people outside its doors that reminded me of the way New Yorkers line up outside Third Avenue movie theatres. Gallatoire's is one of the most famous restaurants in America and it doesn't take reservations. At lunch and dinner, local people and tourists alike wait outside for an hour or more before there's a table free. Disliking lines, but still determined to enter this temple of seafood, I was on the sidewalk along with at least thirty other people at 11:30 one morning in order to have breakfast. The restaurant is a long rectangular room with a white tile floor and mirrors on the long walls from chair-rail-level to the ceiling. Coat hooks above the mirrors and huge fans set down from the ceiling on mahogany poles are the only decoration. Waiters wear black jackets and black ties, busboys have starched white everything. When the doors opened, the entire line waiting on the sidewalk streamed in and seated itself until all the tables were filled up and the rest of the line waited some more in the street.

The air inside is very cool and a bit damp. A little on the fish market side. The only fish odors, however, are the subtle fragrances of broiled pompano or trout *meunière amandine*. For a breakfast-lunch that cost me under $5 before the tip, I had half a dozen oysters nature, a broiled trout with meunière sauce, and a remarkable cup of New Orleans coffee with chicory. Giddy with pleasure, my next stop was two blocks over on Royal Street where there are several antiques shops. East Coast dealers used to canvas there just as they did auctions in London and Paris. Today people say the prices of good pieces are on a par with New York if a bit under London. Waldhorn, a family business since the 1880s, specializes in English furniture. Stephen Moses who is this generation of one Waldhorn family loves Queen Anne walnut or Chippendale mahogany as much as anything he can think of in life and his passion is reflected in his furniture. He loves to talk with people, compare prices set at auctions all over the world, or sell a William and Mary inlaid walnut chest with bird and floral panels for $5,500. For an early lunch at Gallatoire's, he recommends eggs sardou—poached eggs on an artichoke bottom with creamed spinach and hollandaise. On one side of Waldhorn is Stern's where there are English Regency portraits and a mixture of English, French, and Italian furniture. At Manheim, also on Royal Street, there's a lot of everything of every period as well as reproductions made in the Man-

Continued on next page

"There is an exhilaration about the rituals of eating in New Orleans that comes from the French passion for good food"

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the Monteleone Hotel

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"New Orleans is like a Henry James heroine who, once having seen 'Paree,' brought a lot of it home"

NEW RHYTHMS JAZZ UP OLD CITY

continued from preceding page

[illegible] Many visitors come to see the fantastic jade collection as well as Ming pottery from the 8th, 9th, and 10th centuries. In another shop I saw a pair of old [illegible] tables for about $8,000, an abundance of tea caddies and inlaid boxes from $150 to $[illegible] and some unexpected pieces of Chinese Export. Across Royal Street is Brennan's, a large restaurant in an old house built around a beautiful patio where people with reservations can have something to drink before they sit down. Breakfast at Brennan's [illegible] and usually a meal that will hold you until supper. I had their delicious eggs Hussard where grilled ham is the base. Brennan's has a handsome cookbook for $7.95, which is full of recipes that would be fantastic for Sunday daytime entertaining. The [illegible] is one of the simplest, yummiest, most soothing smoky night suppers possible. The [illegible] I bought turned out to be an excellent guide to the houses open to the public in the French Quarter. If the *Junior League Plantation Cookbook* (Doubleday, $7.95), which has the reputation for having original Creole recipes—Creole means American-born descendants of original Spanish and French colonists—which they updated and tested exhaustively. Their gumbo, the original leftover stew of frugal Creole housewives, is a recipe that can vary with every making and according to ingredients on hand but usually is based on a crab or shrimp stock with okra, peppers, celery, and seasoning. Apparently it freezes beautifully. Before one gets to the recipes—divided into headings like eggs and cheese, fish and shellfish—there's a section with drawings and descriptions of famous houses in town and on plantations throughout the state.

The Hermann-Grima house is one of the few "American" or brick houses in the Quarter. It's now owned by the Christian Woman's Exchange, which has a shop in the [illegible] next to the house and sells its own quilts and jams and odd antiques. The parterre garden behind the house was also a working courtyard where vendors came from the street to sell vegetables and household wares. Because of the mild climate many women spent most of their time on the [illegible] that opened on to this courtyard. The Gallier House, 1132 Royal Street, is the other house-museum in the Quarter that attracts lots of visitors. It's an American architect's house but since his wife was Creole they lived in this part of town. Strictly speaking a Victorian town house, it is curious for its Italianate touches, Gallier's own version of walk-in closets, skylights and air circulating vents camouflaged by ceiling moldings. Look for a passageway covered in French machine made wallpaper with a rose garden and gargoyle scene to get an idea of what was fashionable in 1855. The Gallier House gift shop has good maps and architectural histories plus jams and needlework.

The real focal point of the Vieux Carré, however, is a section down toward the river called Jackson Square where the Cathedral St. Louis is flanked on each side by a museum—the Cabildo and the Presbytere, one historic, the other natural history of the state. The Cabildo's gift shop has a fine selection of books on Louisiana and New Orleans and French Quarter history. It also has handsome pine needle baskets woven by the Koasati Indians. One rather large one in the shape of a good-sized water jug cost $35. Along another side of the square is a block-long red brick row house building with a colonnade over the sidewalk and cast iron balconies above. Built in the 1850s by a local woman, the Baroness Pontalba, these row houses are considered some of the finest examples of period architecture in the city and are compared with parts of the Place des Vosges built by Francis I in Paris.

Today brass bands give concerts in the grassy center of the square and on the side closest to the river

Continued on page 46

Antiques

New Orleans has them. Antique jewelry and furniture. Coins and stamps. Buttons and dolls and toy soldiers. If you're a collector, you'll love New Orleans. And fine antiques are just one of the many things you'll find only in New Orleans. There's Creole and Cajun cuisine. Jazz, real jazz, the way they play it only in New Orleans. And Mardi Gras and a thousand other wonderful things to see and do. You'll love it. You won't find anything like it, anywhere else in the world.

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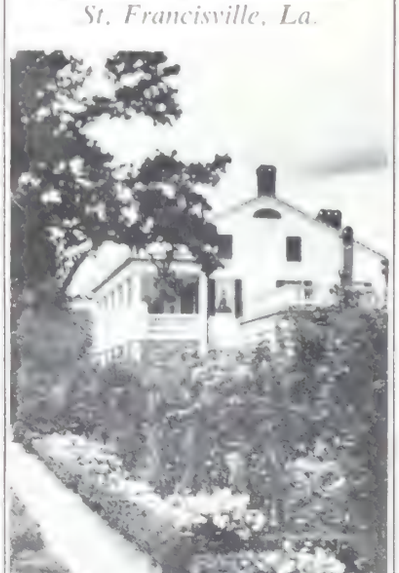

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NEW RHYTHMS JAZZ UP OLD CITY

continued from page 44

[illegible] a lively New Orleans tradition that is open twenty-four hours a day. The Café du Monde, famous for two things, and that's all you can get there, fantastic hot coffee and chicory and a French style doughnut called a beignet, a hollow square of pastry dusted with powdered sugar. Tins of coffee and [illegible] doughnut mix are shipped home from Café du Monde, 800 Decatur Street, New Orleans, La. 70116. Send for a price list.

Next-door to the Café du Monde is Aunt Sally's candy shop where big iron vats of pecan praline batter bubble thickly in a small side room and several very [illegible] cope with a constant demand for [illegible] Pralines, Cottontails, large and small quantities are shipped all over the country. Write Aunt Sally, 714 Royal Street, New Orleans, 70116 for price information.

any of the marvelous meat sauce the [illegible] includes—financiere marchand de vin, champignons Béarnaise, maison d'or, à la rossini. What I came earnestly and expectantly to try was a dish that Antoine's originated years ago. The richest way to do oysters the could think of at the time, a kind of seasoned spinach mixture with the oyster right in the middle and baked in the shell. They called oysters Rockefeller after the rich est sauce they could think of. The are sublime and so is the green salad with lots of different kinds of lettuce and a house dressing. With crepes suzettes this made a light and experimental five o'clock meal for about $7 including vast amounts of hot crusty French bread with soft insides just the way the *Underground Gourmet* described. Standing in line or waiting to be served, I often read this little book. It describes what to eat, why, and what to avoid. A

"The bread pudding at a restaurant called Chez Helene is fantastic. People who dote on it call it 'strictly soul food. That means joy on no money.'"

Antoine's is at 713 St. Louis Street in the heart of the Vieux Carre and around 4:30 or 5 in the afternoon waiters sit along the stoops of the windows that line the restaurant's front. They're smoking and joking and look like a close knit group of people who enjoy what they do. A five o'clock supper assures you of a table since reservations at that hour are always available. There are a number of different rooms that make up the restaurant. Each rates somewhere in a complicated pecking order, but the front room is usually meant for tourists. It's also one of the nicest places to eat.

In the center back is a huge throne/pulpit of a desk, which is the cashier-reservation set up. There the cashier is king, barking out orders and stoking up waiter morale. The room is walled in mirror and there's not a banquette in the place, just bentwood chairs and round tables. Wood columns and fans break up the size of the room. I've always thought Antoine's would be a French restaurant but it's really Creole. It's not even primarily a seafood restaurant according to some people. Recommended to me was steak in Antoine's. I also sent several of their handsome colored postcards while I waited.

Almost every restaurant in the city has oysters Rockefeller on its menu. One of the best versions of this dish was at Chez Helene, Helen Pollock's restaurant where chef Austin Leslie also does a good version of oysters Bienville, a rich yellow Parmesan cheese contrast to the spinach green of the oysters Rockefeller. (Brennan's offers a plate of six oysters for an appetizer—all on the half shell—there are six oysters two done in each of the three most common and famous New Orleans methods: Rockefeller, Bienville, and Roffignac—the last, a mushroom, shallot, shrimp, and garlic sauce.) Chez Helene is not in the Quarter and if you call up the restaurant they'll tell you how to get there. Stuffed peppers and fried chicken are two of the best things on the menu and the bread pudding with hard sauce was so fantastic that I asked for the recipe:

Ingredients: 2 cups sugar, 1 10-ounce loaf stale poorboy bread, 2 sticks butter, 6 eggs, 2½ cups milk, 1 small box raisins, 1 can crunch pineapple (#303 20-oz. can)

"There is a bustle in the French Quarter all day and all night. There are always people in the streets and smells of food and sometimes music"

rained, 1 teaspoon vanilla, 1 teaspoon nutmeg.

Method: Stir all together in deep reased baking pan—put in a 350 ven for 2 hours—stir it up an hour efore you take it out. Serve with am hard sauce. Should be enough or 20 people. Can be warmed ver.

The fun of this bread pudding that it evolved as a no-money essert when the blacks couldn't fford a real store-bought dessert. he stale bread came free from the ocal bakery. "It's strictly a soul ish," says Alfred Leslie. "That eans joy on no money."

If New Orleans cookery owes a reat deal to its French and Spansh traditions so one branch of merican music owes a great deal o some equally classical traditions. nd just as local New Orleans ooking today is perpetuated by alented black chefs so it is the lacks who three generations ago egan to adapt the canons of traitional music to base the evolving ythms of a local black music. oday just off Bourbon Street in he French Quarter at 726 Saint eter Street is an empty building ith an entry just off the sidewalk here any night, for a dollar, anyne can stand inside and listen to ome of the simplest of old time azz numbers played by Sweet Emma and her Preservation Hall and. Emma is a sere octogenarian ho sits pounding at the piano, earing a baseball cap backward.

The rest of the band are only ightly her junior, all men, and kely to wear hats while they're playing. They have an album called Sweet Emma and her Preservation Hall Band for $5 that's for sale right at the door or write Preservation Hall, 726 St. Peter St. for a catalogue of other jazz albums. Ten minutes with Emma and her boys and you get the feeling that you've walked into the heart of New Orleans.

Though the French Quarter has been famous to visitors for years, other districts rival her importance in a way that's different. What is now called the Garden District and the Lower Garden District on the other side of the big boulevard that divides the city French Quarter from the American quarter was for a long time a separate community called Lafayette. The Garden District is as American as the French Quarter is not. A $2 book called *The Great Days of the Garden District and the Old City of Lafayette*, on sale at the McGehee School, 2343 Prytania Street, explains its evolution from part of a big plantation owned by the city's French founder Bienville. Most of the Garden District's big handsome houses were built in the 1850s when the advent of the steamboat on the Mississippi made New Orleans as important a port as New York. Some are Greek revival, most have interesting ironwork and double galleries, big double parlors and Victorian details. In general, the generation of people running things in New Orleans live in the Garden District. Their married sons and daughters often live in transition neighborhoods like the lower Garden District where they are restoring charming period houses—raised Victorian cottages, rows of Greek Revival houses, villa-style houses raised up a story to allow for river flooding, old French and Spanish Colonial plantation houses. None of these are on the scale of those in the Garden District but are interesting to visitors intrigued by the different phases of American regional architecture as it adapted European styles to its own life and climate. One of the best small hotels in town The Pontchartrain is on St. Charles Avenue in the Garden District, and it has the distinction of having one of the best loved restaurants for its dining room—the Caribbean Room, famous for its shrimp rémoulade appetizer

Gray Line bus tours will take you through both these sections. But a street map and a copy of a big picture book called *New Orleans Architecture Volume II, the American Sector* (Pelican Publishing) will allow you to sort through to the things that interest you. This and its companion *New Orleans Architecture, the Lower Garden District* are the first two of a five-volume series that will range from about $12 to $17 apiece. They are in lots of shops, including the Doubleday on Canal and the Gallier House gift shop.

The American Sector volume also catalogues commercial buildings of note. Usually they have a different use today from what they were originally built for. There's a jean shop in the ground floor of a building on the 600 block of Canal Street that has an all-cast-iron façade—now painted bright colors but still a spectacular curious example of that kind of building. The Pavillon on Baronne Street, just reopening as a hotel, is a many-storied modern Renaissance palace built around the turn of the century. The lobby today is filled with huge crystal chandeliers, marble floors and columns with lots of mahogany and brass trim. The Maison Blanche department store is in an equally wonderful turn-of-the-century building with a veneer of glazed terra cotta and baroque details. Gallier Hall, the imposing Greek Revival city hall, at Lafayette Square is a good example of a

Continued on next page

The charm of New Orleans's French Quarter lies in its houses with wrought-iron balconies shading streets filled with antiques shops, boutiques, fabulous restaurants, and places to hear the best jazz.

If your hotel is not The Saint Louis

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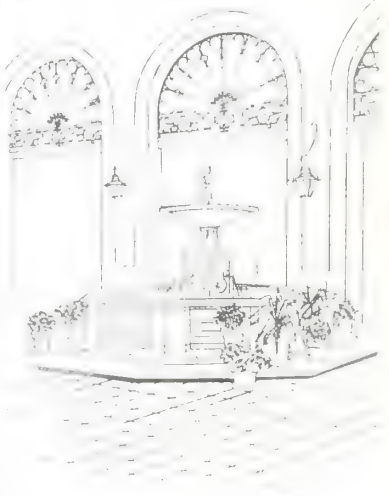

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Williamsburg, Virginia 23185,
(804) 229-1700.
Or call free:
New York, 246-6800;
Washington, FE 8-8828.

Those who wish to leave automobiles at home may fly Allegheny, National, Piedmont or United to Patrick Henry International Airport in nearby Newport News and complete their trip by limousine. Regular Greyhound bus service is also available directly to Williamsburg.

"The Garden District of New Orleans is as American as the French Quarter is not"

NEW RHYTHMS JAZZ UP OLD CITY

continued from preceding page

[illegible] public building. A well known restaurant in this section of town is Turci's, which has moved from Poydras to 3218 Magazine Street. See what the *Underground Gourmet* has to say about the place. This is an area for antiques shops where prices are lower than Royal Street.

If you can get in touch with [illegible] Sunday's the day to drive outside New Orleans to plantations on either side of the Mississippi upstream about a thirty minute drive. On the way out stop at Longue Vue Gardens, an elegant classical Underwood design done often in the South in the 20s and 30s. Longue Vue was laid out in 1942 by Ellen Biddle Shipman. It has 8 acres of rose and water gardens, woodland walks with a Mirror design, paths, walks, fountains, and visual surprises all around a big stone house that is not open to the public. The gardens are beautifully maintained and when you've seen everything, stop by the nurseries for a few cuttings of the best known gardenias in Louisiana.

There are three plantations very close to New Orleans on the River Road. Tchoupitoulas has a good restaurant that's open for lunch on Sunday—the restaurant is the old plantation house itself, which once stood closer to the river bank. Today it sits farther back and a story lower. Peacocks, horses, and chickens wander about in the house as you're eating. Not five minutes away is Magnolia Lane, which belongs today to the same family who built it in 1784. The owner, Richard Naberschneig, is usually at Magnolia Lane on Sundays when he can be away from his nursery business and all of his children help keep the place in shape. Get him to take you on a tour of his house where the bedrooms are filled with the fragrance of sweet olive and date palm. Just back on the other side of the river from Magnolia Lane is Elmwood, sitting right under the shadow of a Kaiser Aluminum plant. Huge oaks shade and protect it from contemporary life. The house, built in 1782, is pink stucco, low and massive. Mysterious and full of atmosphere, it also has a 'restaurant' known for its game dishes and many local people go there on Sunday nights.

For plantations farther afield consult the previously mentioned *Plantation Cookbook*, a pamphlet from the state Chamber of Commerce called *Magnificent Mansions on Louisiana* (Box 44291, Baton Rouge, La. 70804), or talk to the people at the 334 Royal Street Tourist Information Center. You can make a three-day driving tour that sounds entirely word of mouth has it that there are as many good little local restaurants around Lafayette and New Iberia as there are big famous ones around Lyons in France. But that's for my next trip to Louisiana.

Days are warm in the spring and fall in New Orleans but nights are cool and you'd be uncomfortable without a jacket or coat. Though none of the restaurants require skirts for ladies, most require the men to have a jacket and tie for dinner. It remains informal, but it's a city where many of the inhabitants dress well and a great many tourists come from all over the world. You feel better in New Orleans if you make an effort to pull yourself together.

Delta has daily nonstop flights from New York, Chicago, and Los Angeles, subject to fuel supply. ■

BOOKLETS TO HELP YOU DECIDE WHERE TO GO, WHERE TO STAY

To help make your trip to New Orleans memorable and to suggest other rewarding places to include in your trip South, House & Garden will send you any of these colorfully illustrated booklets, free of charge. Just fill out and return the coupon on page 52.

LOUISIANA. A series of six booklets tells how to *See and Savor Louisiana* (1). One gives an overall view of the state; another concentrates on its capital city, Baton Rouge; another on its restored mansions open to the public. Of interest, even if you're not going

outh is the booklet on Louisiana's xcellent, distinctive cuisine, with ecipes for several local delicacies ncluding Cajun Jambalaya and Chicken Filé Gumbo . . . *New Orans Is a True Original* (2) is the tle of a two booklet packet that etails the various guided tours vailable to the traveler who wants o check this statement out . . . A eries of three brochures, under the ollective title of *You'll Love New Orleans* (3), provides a listing of laces to stay (complete with rates nd amenities available), a rundown of the good things in life the ity has to offer, and a calendar of vents, so you can plan your stay to oincide with whichever turns you n . . . If you want to stay in the old rench Quarter (and who doesn't?) you can send for the ooklet describing the merits of *he Saint Louis* (4) a brand-new otel, but modern only in its topotch facilities—its façade, interior, nd furnishings are in complete armony with New Orleans rench Quarter ambiance. Of speial interest: The room rates inude complimentary breakfast, ree parking . . . *The Monteleon Iotel* (5), the largest hotel in the Quarter, has six lounges and estaurants, a penthouse country lub complete with swimming ool and putting green. Its brohure includes a map of the enre French Quarter and a guide o its noted restaurants . . . *The Chateau LeMoyne Hotel* (6) is et another central Quarter hotel hat successfully combines oldworld charm with new-world effiiency—color TV, direct dial hones, outstanding restaurant, wimming pool . . . Just ten mintes from downtown New Orleans re 8 acres of landscaped loveliess, *Longue Vue Gardens* (7), ure to interest anyone who enjoys rolling through gardens ablaze ith color.

There is more to Louisiana than lew Orleans, and a trip to *Baton louge* (8) is well worth anyone's hile. Two booklets describe its nerits, suggesting what to see, here to stay . . . Not too far from aton Rouge are *Rosedown Plantation and Gardens* (9). Rosedown, one of the great ante-bellum mansions, built in 1835, has een completely restored and decated with period furnishings. It ffers an ingratiating look into a outhland that is no more. The ardens are some of the loveliest in ouisiana . . . *The Shreveport-Bosier Region* (10) of Louisiana has nany outstanding attractions, inluding house tours, gardens open o the public, an outstanding mu-

seum. A whole raft of brochures are available to lure you there, including one that lists hotels and motels in the area.

MISSISSIPPI. The Mississippi Gulf Coast is a great place for a relaxing vacation—lovely stretches of beach, comfortable hotels, excellent facilities for indoor and outdoor sports. You can find out all about it in *Sun's Up on the Mississippi Gulf Coast* (11) . . . For a rundown on the many delights that the entire state offers, send for *Mississippi-History, Heritage, Hospitality* (12), a portfolio of most alluring brochures.

ALABAMA. *Alabama Has It All!* (13) exclaims a packet of little books, maps, photographs. It's all there, they say, whatever you're seeking . . . One of the "alls" is a resort community, *The Grand Hotel in Point Clear* (14), the "four season resort on beautiful Mobile Bay," complete with main house, private cottages, golf course, yacht basin, a wide variety of land and sea sports.

GEORGIA. The 50-page booklet *Georgia Days* (15) is intended to persuade you to visit this interesting state, filled with grand scenery, sparkling seaside resorts, and myriad places of historic interest . . . One of the most popular tourist attractions is Georgia's *Stone Mountain* region (16) and a packet of pamphlets is yours for the asking, complete with map of the area, information on campgrounds, sports facilities, an inn to make your headquarters, the many attractions to visit . . . If your preference lies with the shore resorts, Georgia's Sea Island is one of the greats, and an outstanding place to stay is *The Cloister Hotel* (17), a renowned showspot featuring everything you could possibly want for the sybaritic vacation of a lifetime.

SOUTH CAROLINA. Every state likes to crow a little about its own scenic spectaculars and places of outstanding interest, be they historic, esthetic, or athletic—and South Carolina in its booklet *A Lot of It Looks a Little Like a Foreign Country* (18) points out the various aspects of the state that compare favorably with outstanding spots throughout the world, and, no doubt about it, the state *does* have plenty to offer. . . . For a look at the "Old South," of course, there's Charleston with its ante-bellum houses, burst-of-color gardens, and gracious lifestyle. A lit-

Continued on page 50

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CAROLINA TRACE

WHERE TO GO, WHERE TO STAY

continued from preceding page

the look and the assortment of pamphlets make up a packet (*Charleston, City of Charm* [19]). Included is a pamphlet outlining the many places of historic importance to be visited, a schedule of events throughout the year, [illegible] and, naturally, hotels and motels of outstanding comfort. . . . One of the most beautiful of these hotels is *The Mills House* [illegible]. First opened in 1853, it has been reconstructed and restored in the Charleston style of its previous days. Still, the [illegible] maintains the highest level of contemporary efficiency and comfort. A few miles out of Charleston, and well worth a stop, is *Middleton Place Gardens and Plantation* [illegible] (22). This is one of America's oldest landscaped gardens, started in 1741. It features elaborate landscaped terraces, butterfly lakes, camellia allées, and massive plantings of azaleas. The restored stableyard depicts the agricultural activities and life of the 18th and 19th century plantation community. The brochures provide a map of the gardens, a history of the plantation, and a calendar of special events that take place there from time to time.

Hilton Head Island is the great recreational center of South Carolina, offering all the advantages of [illegible], A-1 sports facilities and luxurious resort hotels. A *Guide to Vacationing on Hilton Head Island* (22) is a self-explanatory title which tells what to do, what to see, where to shop, even important telephone numbers and the post-office answers just about every question you may have about life on the island. *Palmetto Dunes* (23) is a Hilton Head resort and its colorful portfolio extolling every aspect of life there will make you want to hurry [illegible] as the case may be. It features outstanding golf courses and tennis courts [illegible] condominiums for year-round or vacation time living. Facilities run the gamut from the most reasonable to most luxurious . . . Or you may wish to stay at the *Sea Pines Plantation* (24) a whole vacation

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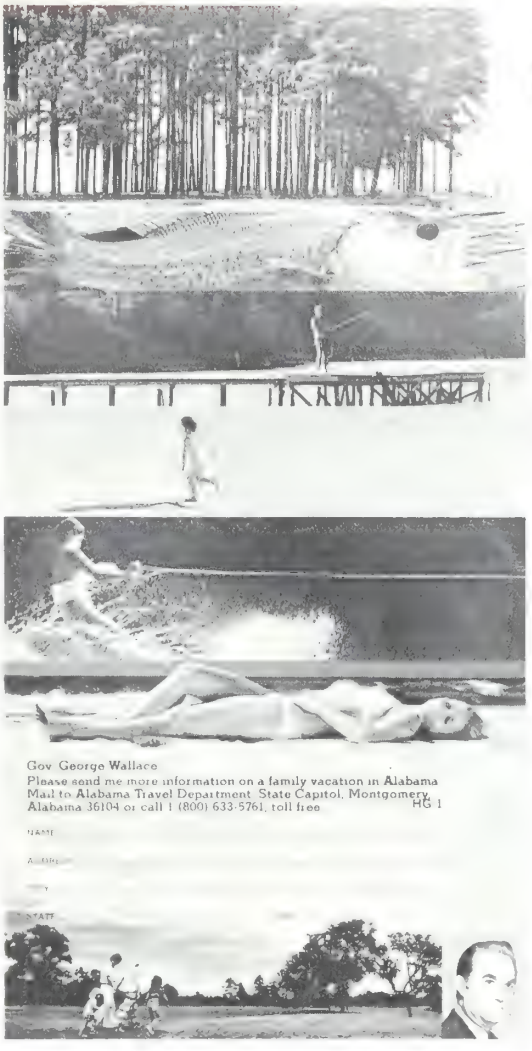
ommunity with an inn, sports and ther recreational facilities, shops, estaurants, the works . . . If you refer to be right on the ocean ront, you might investigate the *ea Crest Motel* (25) where the on-sportsman can relax and bask the sun while the golfer tees off appily at a first-rate golf course.

Myrtle Beach is one of Ameri-'s most famous seaside play-rounds. In addition to the ex-ected sun, sea, and sand, it offers ntertainments of all kinds, from ne earthiest to the most sophisti-ated. There's something sure to lease every member of your fami- and it's a particular joy for the ildren. You can find out about l this in *Myrtle Beach and the rand Strand* (26) . . . A *Golf oliday* (27) brochure describes ne many package vacations avail-ble with special all-expense rates major hotels—all devised for olfers from the rankest amateur the next Jack Nicklaus.

ORTH CAROLINA. This state kes to think of itself as "*Golf tate U.S.A.*" (28) and anyone ho has played any of its numer-us courses will know why. The ate's series of brochures not only extols its golf glories but points out its many attractions for fishermen, skiers, campers, lovers of scenic beauty and places of historic interest. Included is a detailed map and an accommodations directory of the entire state . . . *Sand and Pines and Golf of Course* (29) praises the Carolina Sandhills, including the golf course at Carolina Trace, designed by noted golf architect Robert Trent Jones, and the Carolina Trace Country Club with its unique glass-enclosed clubhouse.

The Pinehurst Hotel and Country Club (30) says in its folder that it contains "millions of dollars worth of new distractions." Among the "distractions" are twelve tennis courts, L-shaped heated swimming pool, riding stables with 200 miles of riding trails, nine trap and six skeet ranges, a complete health spa . . . *The Foxfire Golf and Country Club* (31) offers bent grass greens, guest villas along the 18th fairway, an outstanding restaurant. If you want to try the Pinehurst area resorts and are not sure which will best suit your requirements, *PAR (Pinehurst Area Resorts Inc.)* will send you an assort-

Continued on next page



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TENNESSEE. You might not expect it, but right in the heart of Tennessee, in Gatlinburg, is a [illegible] styled in the Swiss manner. If this intrigues you, and it should, you'll [illegible] (34), which will have you [illegible] pine native with the thought of pleasures to come.

VIRGINIA. Perhaps there are more sights of historical, cultural and visual interest in this small state than in any of the other forty-nine. A handsome booklet, simply entitled *Virginia* (34) tells about many of them—Monticello, Jamestown, Williamsburg, Newport News, the beaches, the mountains, the battlefields—as a sentence on the cover shyly declares "Virginia is whatever you love." ■

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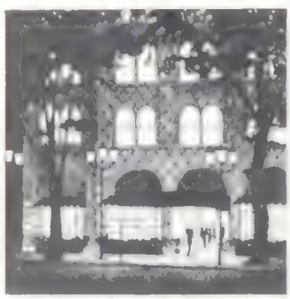

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St. Louis ..... Stix, Baer & Fuller
Crestwood
Stix, Baer & Fuller
Riverroad Stix, Baer & Fuller
Westroads
Stix, Baer & Fuller

Nebraska

Chadron ..... Midwest Furniture
Columbus ..... J. L. Brandeis
Grand Island ..... J. L. Brandeis
Lincoln ..... Miller & Paine
Gateway ..... Miller & Paine
Omaha ..... J. L. Brandeis
Ames Plaza ..... J. L. Brandeis
Bakers Square ..... J. L. Brandeis
Crossroads ..... J. L. Brandeis
North Store ..... J. L. Brandeis
Southroads ..... J. L. Brandeis
Westgate ..... J. L. Brandeis
Westroads ..... J. L. Brandeis

Nevada

Reno ..... Gray Reid's

New Hampshire

Bedford ..... Jordan Marsh
Manchester
Leavitt Stores Corp.

New Jersey

Cherry Hill
Strawbridge & Clothier
Echelon
Strawbridge & Clothier
Manalapan ..... Steinbach's
Paterson ..... Greenbaum's
Ridgewood ..... B. Altman & Co.
Short Hills ..... B. Altman & Co.
Trenton ..... Convery's
Woodbridge ..... Abraham & Straus

New Mexico

Albuquerque ..... Rhodes

New York

Albany ..... Mayfair
Amherst ..... Hengerer's
Babylon ..... Abraham & Straus
Brooklyn ..... Abraham & Straus
Buffalo ..... Hengerer's
Clarence ..... Hengerer's
Eastern Hills ..... Hengerer's
Elmira ..... Luckey, Platt & Co.
Garden City ..... Abraham & Straus
Hempstead ..... Abraham & Straus
Huntington ..... Abraham & Straus
Manhasset ..... Abraham & Straus
New Paltz ..... Luckey, Platt & Co.
New York ..... B. Altman & Co.
Pleasant Valley
Luckey, Platt & Co.
Poughkeepsie
Luckey, Platt & Co.
Rochester ..... Sibley's
Saratoga ..... The Carl Co.
Pyramid Mall ..... The Carl Co.
Schenectady ..... The Carl Co.
Shopsmith ..... The Carl Co.
Willowbrook ..... The Carl Co.
Sheridan ..... Hengerer's
Syosset ..... Caldwell's Interiors
Syracuse ..... Sibley's
Vestal ..... Sibley's
West Seneca ..... Hengerer's
White Plains ..... B. Altman & Co.
Willowbrook ..... The Carl Co.

North Carolina

Asheville ..... Ivey's
Fayetteville ..... Cumberland Galleries
Greensboro ..... Cumberland Galleries
Wilmington ..... Furniture Co.

Ohio

Akron ..... O'Neil's
Chapel Hill Mall ..... O'Neil's
Summit Mall ..... O'Neil's
Canton ..... O'Neil's
Mellett Mall ..... O'Neil's
Centerville ..... Rike's
Cincinnati ..... Shillito's
Beechmont ..... Shillito's
Kenwood ..... Shillito's
Tri-County ..... Shillito's
Western Woods ..... Shillito's
Cleveland ..... Higbee's
Great Lakes Mall ..... Higbee's
Midway Mall ..... Higbee's
Parmatown ..... Higbee's
Severance ..... Higbee's
Westgate ..... Higbee's
Columbus ..... Lazarus
Eastland ..... Lazarus
Northland ..... Lazarus
Westland ..... Lazarus
Dayton ..... Rike's
Ford City ..... Higbee's
Kettering ..... Rike's
Lima ..... Lazarus
Mansfield ..... Lazarus
Springfield ..... Rike's
Toledo ..... Lasalle's
Westgate ..... Lasalle's
Woodville ..... Lasalle's
Upper Arlington ..... Lazarus

Oklahoma

Sand Springs ..... Froug's
Tulsa ..... Froug's
Briar Village ..... Froug's
Brook Plaza ..... Froug's
Crystal City ..... Froug's
Eastgate ..... Froug's
Mayo Meadow ..... Froug's
Northland ..... Froug's
Southland ..... Froug's

Oregon

Eugene ..... The Bon Marché

Pennsylvania

Allentown ..... Schoen Furniture
Altoona ..... Wm. F. Gable
Ardmore
Strawbridge & Clothier
Bethlehem ..... Furniture Hall
Camp Hill ..... Pomeroy's
Harrisburg ..... Pomeroy's
Jenkintown
Strawbridge & Clothier
Lebanon ..... Pomeroy's
Monroeville ..... Kaufmann's
Montgomeryville ..... Ionus East
Montgomeryville
Ionus Contemporary
Mount Lebanon ..... Kaufmann's
Neshaminy
Strawbridge & Clothier
Paoli ..... Ionus West
Philadelphia
Strawbridge & Clothier
Pittsburgh ..... Kaufmann's
North Hills ..... Kaufmann's
Rochester ..... Kaufmann's
Plymouth Meeting
Strawbridge & Clothier
Springfield
Strawbridge & Clothier
St. David's ..... B. Altman & Co.

Rhode Island

Cranston
The Outlet Dept. Stores
Garden City
The Outlet Dept. Stores
Providence
The Outlet Dept. Stores
Warwick ..... Jordan Marsh

South Carolina

Greenville ..... Tate Furniture

South Dakota

Hot Springs
Midwest Furniture
Rapid City ..... C. Interiors

Texas

Arlington ..... Sanger Harris
Six Flags Mall
Sanger Harris
Austin ..... Scarbrough's
Highland Mall Scarbrough's
Dallas ..... Sanger Harris
Oak Cliff ..... Sanger Harris
Plymouth Park
Sanger Harris
Preston Center
Sanger Harris
Town East ..... Sanger Harris
Valley View ..... Sanger Harris
El Paso ..... Popular Dry Goods
Bassett Center
Popular Dry Goods
Northgate Center
Popular Dry Goods
Ft. Worth ..... Anderson's Studio
Houston ..... Joske's of Houston
Beaumont ..... Joske's of Houston
Gulf Gate ..... Joske's of Houston
North Line
Joske's of Houston
Post Oak ..... Joske's of Houston
Town & Country
Joske's of Houston
Irvington ..... Sanger Harris
San Antonio ..... Joske's of Texas
Las Palmas ..... Joske's of Texas
North ..... Joske's of Texas

Utah

Cottonwood ..... Z.C.M.I.
Ogden ..... Z.C.M.I.
Salt Lake City ..... Z.C.M.I.

Virginia

Landmark
Woodward & Lothrop
Richmond ..... Thalhimer's
Roanoke ..... S. H. Heironimus

Continued on page 159

Why Woodlawn lives today.

When we lose an important landmark, we lose more than an old building.

We lose the memory of what has been. We lose our sense of the past . . . the most visible evidence of our heritage.

Yet since 1930, almost half of the 15,000 buildings designated as having architectural and historic significance have been wiped away. Destroyed completely. In the name of progress, whole sections of cities are being carelessly destroyed.

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The National Trust for
Historic Preservation,
740 Jackson Place,
N.W., Washington,
D.C. 20006.

Guarding America's Heritage

The National Trust for Historic Preservation

On her cruise from New York to London in 1911, Avis McCoy dared to smoke a cigarette. She got as far as Staten Island.

You've come a long way, baby.

VIRGINIA SLIMS.

With rich Virginia flavor women like

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

17 mg. "tar," 1.2 mg. nicotine av. per cigarette, FTC Report

New spring **color** bringing **sunshine** into your life and into your house

Earth, air, and water are subjects of increasing interest and concern. We realize our basic dependence upon fundamental elements; we understand the importance of caring for them. As scientist Dr. Lyall Watson points out in his intriguing new book *Supernature* (Anchor, $7.95), "An intricate web of interaction connects all life into one vast, self-maintaining system."

Objects in our universe that we perhaps too often take for granted have a vital bearing on our existence. Were the sun to disappear overnight, the earth would be encased by an immense glacier of solid air 23 feet thick. Life would cease. Today we appreciate that sunlight on the skin produces a chemical change that causes vitamin D to be absorbed into the system and that we need this continuous process to stay healthy. "And we now have evidence," Dr. Watson adds, "that the sun's behavior, its eleven-year cycle, the changes it produces in the earth's magnetic field can affect many body functions and the nervous system. It is clear that man is a remarkably sensitive living sundial."

Astrologers have always believed that sun, moon, and planets governed temperament and moods. We all know ourselves how sunshine can influence feeling, joyfulness, happiness, and a sense of well being. Now along come the scientists to support these ideas with substantial facts, turning us into a new breed of sunworshippers, conscious of our need to establish connection with light, air, the outdoors.

This idea, then, is what this issue is all about. Our Sunshine Yellows radiate throughout the pages. They can bring a sunny feeling into rooms that may not catch the real thing, or help you extend a mood of sunshine long after dark. The apartment of Cathy and Alessandro di Montezemolo, page 58, has a permanent glow built in by imaginative decorating.

Architect John Russell Nichols scoops up Florida sunshine and brings it into a three generation house, page 72. He has liberated the family from walls, using open spaces to define the necessary territorial divisions for people who pursue a free and easy, barefoot way of life. Sun bathing is another subject we've been looking into—we mean the nature bathroom. Doesn't it make good sense to move your bath outdoors if you can? A San Francisco doctor bathes in his garden as often as he can, amongst all the fuchsias and camellias, page 88. Of course, if you're not in a suitable climate, you build your nature bathroom indoors instead. Artist Alexandre Wakhevitch created a little tropical island in his New York loft, page 89, surrounding a great bath with masses of greenery.

If writer José Wilson could live her dream she would be out on the sunlit slopes of the California wine country every day enjoying a wine picnic—an experience, she declares, on page 109, to "stroke the senses as well as pamper the palate." Entertaining at home? A golden aura of lemons fills the Wine & Food book, page 101. We give you twenty quick lemon delights, both sweet and savory, all very exciting ways of serving this citrus fruit, rich, of course, in the sunshine vitamin C.

To go back to Dr. Watson: "There is a new awareness that one of our greatest strengths lies in unity with the cosmic community, because life shares a mutual sensitivity to the cosmos, has a common origin, and speaks the same organic language." If we can enjoy a more open dialogue with the sun, introduce this wonderful natural element into our homes more freely, bask in its beneficial effects, we shall obviously have a much richer life.

"Whatever the season,
this living room
always looks
like the calendar was
turned to April"

Rooms that color makes more inviting

SUNSHINE AMERICAN STYLE

eating sunlight when the sun isn't shining and bringing the freshness of the country to a city apartment
th sunny colors, airy furniture, summery fabrics, and the imagination that pulls them all together. The radiant room
d the following pages belong to an American and her Italian husband, Cathy and Alessandro di Montezemolo, who,
cently went to live in Italy after twenty years in America, took their American decorating point of view right along with

"The fresh country look of rustic wicker and an airy furniture arrangement"

The living room is really vast," says Cathy di Monte-zemolo [*above*] — about 50 by 20 feet and 12 feet high. Enormous rooms can be wonderful but filling them up and, at the same time, keeping them light and airy is often a ticklish problem. Although the apartment in Milan is part of a floor in a very old house, we didn't want to be feudal or Renaissance or grand. We wanted a *country* look as it would become by. So we went to Howard Didday, a young American decorator who has a studio in Rome, and he said why not? After endless measuring and drawing up of floor plans [the final version, *below*], he designed the three big sofas, which are almost rustic —all of them wicker, loaded with cushions to fill the room without looking like monuments. All the fabrics are cotton, daffodilish yellows and greens, and in four different patterns—flowers, butterflies, paisley, and canework. A beautiful mixed bag. My niece, Robin Morton, got them for us in New York—trans-oceanic decorating works best with someone at both ends. Yellow, of course, was the important color. The apartment overlooks a garden, so there is plenty of room for the sun to find its way in, but even when the mists descend, the yellow fabrics give the place an incandescent glow.

BROTMAN

"Yellow and green country colors patterned with flowers and butterflies"

Pillows, baskets, and bows," says Cathy. "are all over the place. For comfort, usefulness, and dressing things up. The little ceramic tea set *[left]* is topped up with ceramic bows, and some of the baskets—this one's for yarn—have linings like inside slipcovers that tie on with bows. When they get dusty, they go right into the washer. My husband can take bows or leave them, but he loves pictures. [Alessandro is both an Italian marchese and a hard-working businessman; Cathy is a New Yorker and the European editor for an American magazine.] The sunburst between the windows is by Thomas Stokes, the gouaches over one of the green tables are by Toti Scialoja, and that's a Piero Dorazio over the big yellow sofa. The far end of the room we call the library. It has no fourth wall, of course, just seated books."

...whole dining room ...s a kind of garden"

Lots of flowers in the dining room, lots of yellow. For dinner, flowered tablecloths, for lunch, gingham cloths—plaids put together in four pie-shaped pieces in different colors. They look like quilts without the padding. The flowered wallpaper and curtains are [illegible] made by Woodson and called *Carolina* and are [illegible] *identical* twins but wonderful stand-ins for a garden, which we don't have. Real flowers we have to buy. After considerable cultivation, the flower vendor down the street has decided that we're kindred souls, and I'm right there on the curb when he pulls up with his cart. He brings us just-in-bloom things, and for the dining table, they go into baskets and clay pots, with a few faïence vegetables for company. Some of the china and glass we've had for years, some of it is new. The service plates [the dinner setting] are made of straw, and sometimes the bread sticks—these are *grissini*, slim as reeds—are tied up in ribbons and bows. Everything around here that can wear a bow, wears one. The [illegible] chairs are English, quite old. But our favorite things in the room are new—the two bamboo and cane cabinets that were made to order, right here, by Cavagnat. They look a bit like old English porter chairs, but instead of porters they hold shelves for a collection of faïence and porcelain. A hodgepodge, but it's pretty, and we use everything." (For some of Cathy di Montezemolo's menus and recipes, turn to page 106.)

This is our bedroom [*left, right and bottom*], a lovely place to wake up go to bed in or just *be* in. All yellow and green and mostly gingham—w curtains, upholstery. It's an old-fashioned, down-to-earth fabric, but it com about any color you want, it's tough, and it doesn't cost a million dollars a So as not to impede the sun, the glass curtains are sheer cotton voile with a very del white-on-white pattern. Like frost. The big desk in front of one of the windows designed by Howard Dilday and is made of wicker and a kind of white plastic that's smooth and cleanable. So cleanable that the tables on each side of the bed are cov in it. They're catchalls. So is the room [*below*] called my studio, which is a pretty pous name since it's about as big as a minute and looks like a yarn store. I'm a compu needlepointer. Stitching relaxes me, and I go through yarn so fast I have to buy it b bolt. So, to store it, that little desk and cubbyhole thing was made, and I sit and lo

all those ravishing color then put them togeth my head, then on p then on canvas. The de are all mine, for bett worse, and I like gros p It goes like lightning a wonderful for rugs. The room has a terrace, v we love, and we sit out at night and soak up serenity. By day, it's liv I sit and stitch and v the little girls from school next-door whoc it up in the garden at r time. They're a little ha the flower beds, but ar as pretty. And it's al very nice to have little around, if only to loo Even when the gard empty and quiet, it giv just as much pleasure we had planted it ourse

SUNSHINE AMERICAN STYLE

"A room full of gingham for a real country look"

THE DECORATING ZEST

Let the sun pour in with House & Garden's six Sunshine Yellows! There are two brilliants, Chrome Yellow for depth, Sun Yellow for warmth; a clear and pungent Pineapple; and Pure Cream, white with just enough buttery yellow to make it rich. Creamy Apricot is the color [illegible] as delicate as a petal. In fabrics and floorcoverings, kitchen equipment to furniture—it's a range of colors that lightens and brightens everything naturally. **1** It's a stacking drawer system of clean white molded plastic cases that connect to each other with small plastic pegs. No slippi[illegible] fronts are Chrome Yellow and each case has 1, 3, or 5 drawers. Designed by Simon Fussel for Beylerian. **2** Magazine rack in Chrome Yellow plastic slants to one side for wall hanging or placement on a floor or table. Partitions are removable so that even the thickest, bulkiest publication fits neatly. From Seabon. **3** All polished aluminum with Pineapple baked enamel finish, the Pantastic Skillet by Hamilton Beach has a Duralon III no-stick interior, removable legs and is completely immersible for thorough cleaning. Lid tilts two ways and has steam vents that open and close. The kitchen, *above*, is filled with the light reflected from cabinets ar[illegible] countertops of Chrome Yellow. They are mad[illegible] from a plastic laminate that shines mirror brigh[illegible] More shine and gloss comes from the chrome ed[illegible] ing around the refrigerator and the stainless ste[illegible] sink and in the built-in cooktop. Flat black ceilin[illegible] and floor accent and at the same time absorb th[illegible] depth of color in the kitchen. Kitchen was designe[illegible] for a house in Italy by George Coslin; the cabinet[illegible] countertops, and plastic surfacing are by Dad[illegible]

Sun Yellow *Pure Cream* *Pineapple*

OF SUNSHINE YELLOWS

Sun Yellow velvet covers a chaise on a shiny rome base that's 80 inches long. Designed by thur Umanoff for Directional. **5** The Deda vase is sculptured sweep of Sun Yellow plastic. By Heller signs. **6** Handivac vacuum cleaner from Hoover about as convenient as a broom gone electric! spicy Pineapple. **7** Great new china to greet the y—"Sun" in Chrome Yellow and Creamy Apricot. Stonehenge/Midwinter. **8** Billowy Creamy Apri- t flowers by the yard. "Lushan" cotton fabric by

eamy Apricot

Charterhouse Designs. **9** White clasp securely fastens the lid on a 1 pound butter dish of Chrome Yellow plastic. From Seabon. **10** Sun Yellow black-and-white portable TV has a built-in glare screen, as well as an earphone. By Panasonic. **11** Night lamp with mushroom shaped shade of ribbed plastic in bright Sun Yellow. On-off switch is built right into its 9-foot cord. From Seabon. **12** A personal desk fan is a very good solution to keeping cool should you decide to reduce the amount of air con-

Shell

ng you have this summer. It's made of Sun Yellow plastic by [illegible] rug but a floorcloth made of canvas varnished with coat after coat of Chrome Yellow paint and st[illegible] with the grape motif popular during [illegible] Floorcloths, Inc., through Patterson Flynn & John son. **14** Generous and fat Pineapple linen cushions sit inside the curved frame of [illegible] by Brian Palmer for Directi[illegible]. **15** Chinese adaptation of a Chippendale table [illegible] in Sun Yellow and topped with glass. By Caroline Tables. For shopping information, please turn to page 156.

Chrome Yellow

JAMES MATHEWS

SUNSHINE YELLOWS TO BUY RIGHT NOW

Pineapple in plaid striped up with Creamy Apricot, **1**, covers a sofa 88 inches long. Seat is tufted and there are three back cushions, two arm, and two to throw. By Henredon. **2** Have plenty of fresh yoghurt ready when you want it because you

Sun Yellow

lt and to your own tart (or not so tart) taste. Six 8-ounce ars with lids that seal out the air fit into a Sun Yellow yoghurt maker. By Electric Char-B-Que. **3** Cotton covered patchwork pillows in four Sunshine Yellows: Chrome Yellow, Sun Yellow, Pineapple, and Pure Cream. In two sizes from Mountain Artisans. **4** Straight lines of delicate Shell blossoms stretch out over a ground of Creamy Apricot. "Lucille" matte vinyl wallcovering. By Groundworks. **5** Built on a small scale, this wing chair measures only 22½ inches wide, covered in soft Pineapple damask. By Baker. **6** "Chinese Flower" cotton chintz is a beautiful spray of Creamy Apricot blossoms tinged with Chrome

Pure Cream

Yellow and Pineapple on a pale Shell ground. By Stroheim & Romann. **7** Sun Yellow gingham dinner plate with solid colored coffee cup and saucer from Lexington United on a tablecloth of Creamy Apricot with polka dots. Tablecloth and napkin by Three Sixteen. **8** Left arm section of a two part sofa. Pineapple with white fabric by Schumacher, outline quilted. Hammary. **9** Pineapple flame stitch fabric covers chair. By Henredon. **10** Sun Yellow leaning wastebasket from Bonniers. **11** "Orleans" Dacron and cotton floral of muted Creamy Apricot on a Pure Cream ground by Bloomcraft. "Clouds" vinyl wallcovering in background. By Schumacher.

Pineapple

13

14

15

16

12

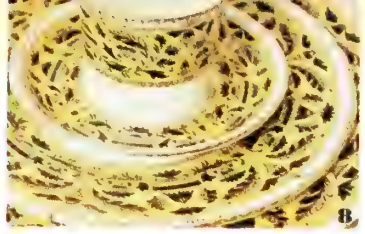
12 Diamonds of rich rust pattern a background of Creamy Apricot. "Saddle #2" is all wool, hand woven in India, and measures 5-by-7-feet long. By Saxony. **13** Bamboo detailing edges the doors of a curio cabinet measuring 72 inches tall. In two sections, the top has an interior light and both parts have glass shelves. The whole piece is Pure Cream antiqued to the color of the yellow of fresh, spring bamboo. By American of Martinsville. **14** Polished cotton fabric with oversized flowers that hang from growing, leafy stems. "Lara" in Creamy Apricot by Laurence Handprints. There's a matching wallcovering for it, too. **15** An absolutely perfect chair upholstered in Creamy Apricot velvet—perfect for a reading chair in a quiet bedroom. By Shaw. **16** In bright Chrome Yellow the Milano scale from Borg has a simple positive zero adjustment and it's exclusively guaranteed to last as long as you do! Paint the walls and ceiling with pure sunlight by painting with Pure Cream cut with one half white. The effect of natural light, soft and diffused, is to open this living room, *above and top left,* and give it a sense of great space. Built-in banquette sofas, wicker ottomans, chair, and all the pillows are covered with a heavy cotton twill designed by Pierre Cardin for Hinson in white with Sun Yellow, Creamy Apricot, pink, lavender. Pure Cream carpeting by Downs on bases of ban quettes. Wool rug of woven animals on a pale cream ground by Rosecore. Old-fashioned, na toned wicker contrasts with the vibrantly tables—both by Albrizzi. Spark is the painting by Ray Parker at th lery. Cashew lacquered ribbon f R. Gracie & Sons; wicker furn Stern; vertical blinds by Th paint. For shopping information, see page 156.

Creamy Apricot *Shell* *Chrome Yellow*

SUNSHINE YELLOWS FOR BRIGHT IDEAS

Pinea[illegible] **1.** [illegible] armchair. Then it is tufted and buttoned all over its seat [illegible] lattice pattern boldly printed on a Chrome Yellow ground. "Mandalay" cotton bedspread by Bates. There are matching pinch pleated curtains for it, too. **3** Chrome Yellow Italian linen, plaid and solid, for a tablecloth and six napkins [illegible] white. From Pratesi. **4** There are 2- and 3-drawer units and an open shelf section of this stacking wall system. It's made of Sun Yellow Micarta laminate and base of each section is faced in brushed chrome. By Bassett. **5** Curves and right angles of Sun Yellow velvet give this chair a wonderful open sculptured look. Designed by Kirk White for Directional. **6** Pairs of wide diagonal brush strokes in Chrome Yellow on white patent dance their way down "Carioca" vinyl wallcovering. Companion fabric is waiting to join in. By Quadrille. **7** Five pieces of Chrome Yellow Descoware cookware of porcelainized cast iron. Natural wood handles resist water and have copper hanging rings. All are flat bottomed to make full contact with gas or electric range. *To right and opposite page top left:* Living room of small gatehouse in rural New Jersey filled with th warmth and radiance of Sunshine Yellows all yea long. Rough planking floor was smoothed by glazin coat upon coat of Chrome Yellow paint over it. An tique rugs and handmade quilts give pattern an texture. Lemon colored sofa is covered with a roug linen tweed. Armchairs are done in a Chrome Ye low cotton and linen with animal prints. Room de signed by Mrs. Henry Parish II of Parish-Hadley

Sun Yellow *Pure Cream* *Pineapple*



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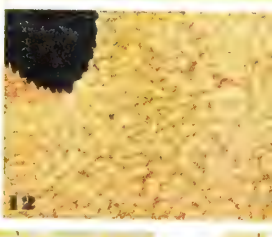

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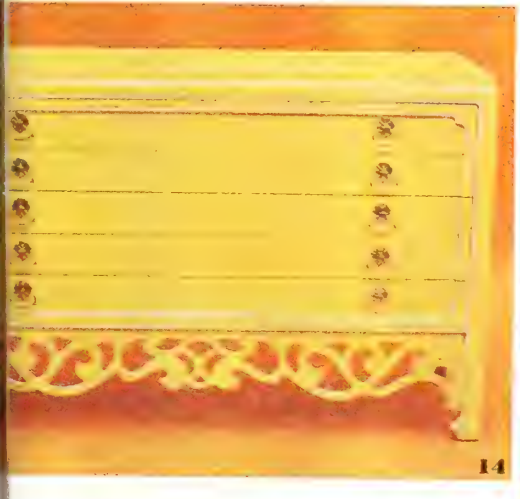

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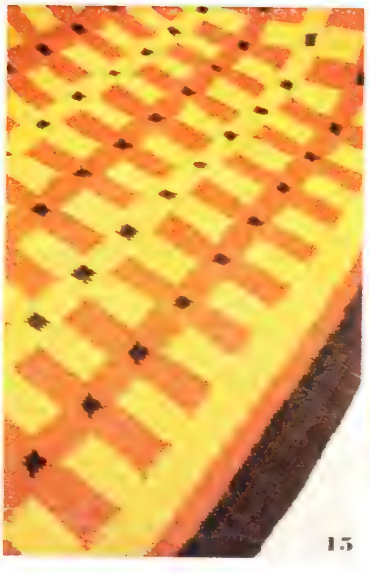


15

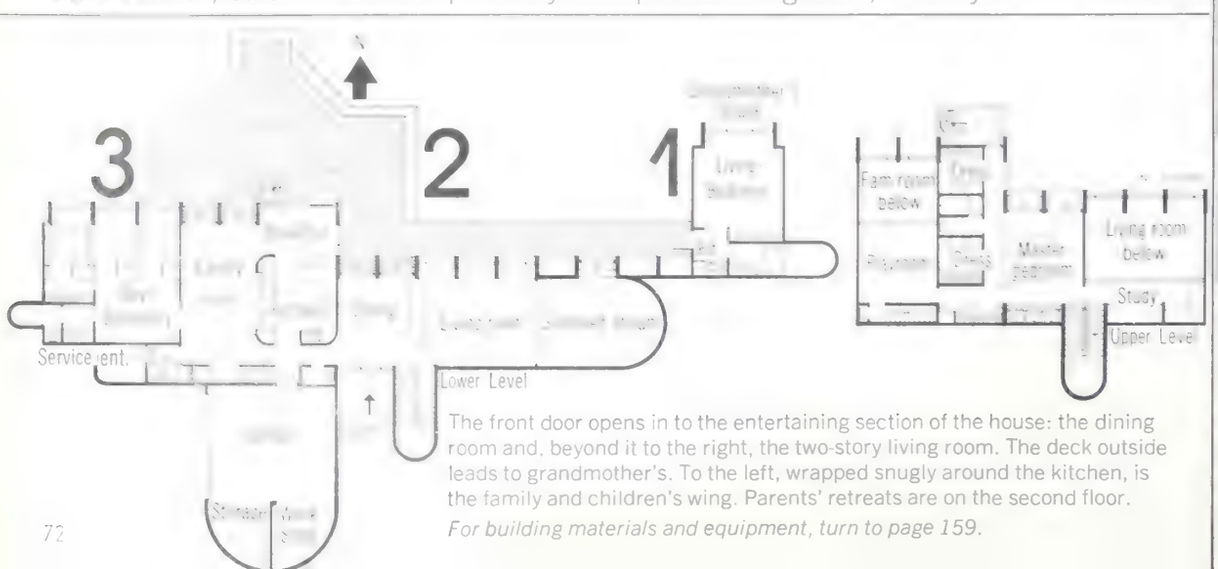
ome Yellow with small black flowers. **8.** in fine e china. It's "Pompeii" by Royal Crown Derby. e'll bet your kitchen trusty-faithfuls never ever ed like this! Dishpan, bucket, laundry basket, dish drainer all in Pineapple and all in sturdy tic. By Rubbermaid. **10** A heart-shaped chair he Queen of Hearts has a cane paneled back a seat cushion covered with bright white flowers Sun Yellow ground. The whole chair is painted t Pineapple. By Vogue Rattan. **11** Steak knives e four to a package with dishwasher proof Sun w plastic handles. The knives match flatware comes packaged in 5 piece place settings. At Bonniers. **12** The sun at your feet—"Cover Story" Sun Yellow carpeting of Antron nylon from Philadelphia. **13** Rough textured Haitian cotton in Pineapple covers this love seat right down to its four ball feet. The cushions are deep sink ones for real luxury. **14** Five drawered chest is finished in Sun Yellow striped with white. Handles of brass and the base is all carved. Both the love seat and the chest are by Tomlinson of High Point. **15** All wool Mexican kilim with a ground of Chrome Yellow deepened with earthy browns. By Gotham. For shopping information please turn to page 156.

...ly above: A kitchen alive with plaids and stripes of Sunshine Yellows teamed with blue and white. Walls and ceiling are covered with a plaid vinyl wallcovering that is a combination of Sun Yellow and Pineapple with Space Blue and Sun Yellow and Space Blue alternating strip... ate from the working area of the... across a floor of 12 inch travertin... The cabinets, which were origi... were simply sprayed bright Su... kitchen a lift and more natural l... White enamel-on-steel cookware from Pete... white china by Lauffer. Kitchen designed by Michael de Santis.

my Apricot *Shell* *Chrome Yellow*

How to build a house for **three**

Behind the solid sculptural sweep of gray redwood and white sprayed stucco is a surprisingly sunny-side-up family house that keeps three generations happily together. The house is built on an acre at the edge of a subtropical knoll dense with ferns, palmettos, and scrub oaks full of bromeliads and tiny native orchids. Living is free, barefoot, and full of activity for those who live here: A successful young lawyer, his wife, their three school-aged sons, and a maternal grandmother who pursues a full-time banking career. Obviously the house had to be designed for great flexibility, so everyone can work, romp, relax—or escape—without trampling on one another's freedoms. Architect John Russell Nichols created the necessary territorial divisions, not with walls that confine, but with distinct open spaces ingeniously planned to unfold into one another, so that however privately occupied all might be, nobody feels isolated.



The front door opens in to the entertaining section of the house: the dining room and, beyond it to the right, the two-story living room. The deck outside leads to grandmother's. To the left, wrapped snugly around the kitchen, is the family and children's wing. Parents' retreats are on the second floor.

For building materials and equipment, turn to page 159.

1 grandmother's house

Senior family rank entitl grandmother to an entire ef ciency apartment exclusive her own—not counting a ce tain three boys who are fr quent visitors. It consists of bed-sitting room with a nort

ward-facing glass wall (if th palmettos were any neare they'd be growing through th rug), a tiny kitchen, and a bat that opens luxuriously on to i own private atrium filled wit exotic growing things. The fu

generations on a one-acre lot

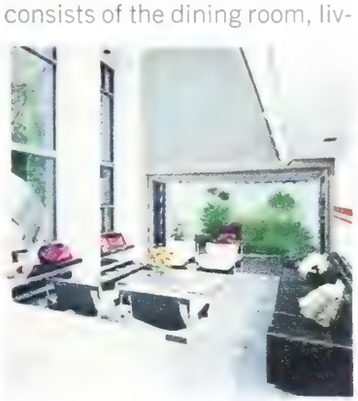
niture is flexible and simple: a sofa that's really a cleverly camouflaged bed with a trundle, a wall of cabinets with a flip-up table, and an old walnut spinet. "Mother has dragged that piano with her all over the U.S.," says her daughter, "it's the love of her life."

2 entertaining center

The owners were shocked when they first saw John Nichols's model for their house: "It looked nothing like the steep-roofed shake and stone house we had envisioned."

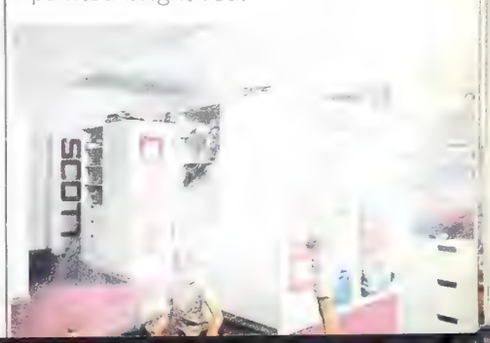
"That kind of house just didn't match up with their lifestyle," says John, "so I took the gamble of designing one that I thought would. Gradually they saw the exciting spatial interactions that were going on, and realized that trading expensive exterior materials for more open and flexible space was a good bargain. The house looks, feels, and 'lives' much bigger than its actual square footage."

A prime example of these spatial interactions is the central entertaining section, which consists of the dining room, living room, atrium, and study-balcony. The dining room doubles as entrance hall ("we can think of nothing more useless than a whole room just for the front door," say the owners). Three steps down is the living room with its glass wall 20 feet high that only barely divides the indoors from the Rousseau-esque jungle beyond. In fact the indoors and out mingle rather amicably in a small screened courtyard and atrium separated from the living room proper only by folding glass doors that are usually open anyway. "Since we wanted to exploit those glass walls as much as possible," says John Nichols, "the deck overhangs are not supported by conventional pillars, but are suspended from the second-story by unobtrusive cables." Jog in ceiling above long black Naugahyde sofa is the bottom of the study-balcony that overlooks the living room—and shares its jungly view.



3 children's country

"Since we wanted a living room that would not be a runway for small boys," says their mother, the boys' room had to be inviting, well-equipped, and in the opposite direction. So John Nichols put the enticing dormitory-playroom just off the family room (which the boys share with their parents). The dormitory has its own skylit sunken shower that doubles as a tub—and is "so much fun we can't get the boys out," says their father. Here the glass wall facing the palmetto grove has been divided into three mini-rooms, each a self-sufficient module of privacy packed with goodies any boy could dig. And lest there be any confusion as to which is whose, each compartment is unmistakably labeled in big wooden letters painted bright red.



A three-generation house

living next to **nature**

Almost anywhere you sit in the two story living and dining room *opposite page and below right*, you are looking either at the outdoors itself or the atrium, *above*, a private mini-jungle through which ambles a family of ceramic quails made by the family's sister grandmother. The atrium and all the planting were designed by Bruce Howard. "We were very careful about getting the house onto the site without destroying the surrounding growth," says John Nichols. "We wrapped the deck around the trees and rocks rather than remove anything." Decorator Jeffrey Howard (he and the landscaper are brothers) kept the colors neutral and the furniture sparse, and used materials planned for upkeep as easy as on a sailing ship: floors paved with gleaming black ceramic tiles, built-in Formica cabinets, furniture of metal or glass, with plenty of wipable Naugahyde upholstery. In the white Formica cabinet that separates the living room from the dining room is the music system. Its speakers, concealed behind the mirrored facing of the window banquettes, are angled down to bounce sound off the floor. On the dining room side of the white Formica cabinet there is storage for china, glass, and silver. The steel sculpture, the painting above the sofa, and the tapestry on the dining room wall are all by Sebastian Trovato.

A three-generation house

space-stretching ideas

The heart of the house, 1, is the kitchen, 3 and 4, an efficient all-white galley under whose light-up plastic ceiling anything can be prepared from 20-second micro-zapped hotdogs to fancy dinners—the latter served around the corner on the steel and glass dining table, 5. A favorite family meal is cooked on a gas grill set up on the deck, 2: turkey smoked over smoldering hickory chips and fresh-cut twigs from the lime tree in the yard. The togetherness room is the two-story L-shaped family room, 8, shaggily carpeted and furnished with huge squashy Naugahyde covered chairs and ottomans that face a wall of books and TV. The graphic wall hanging above them the owners made themselves: thin wood strips braced to make frames, glued-on brown paper for stability, and a smashing Marimekko fabric stapled all around. Overlooking the family room is the "playloft," a broad balcony furnished principally with a pool table. In the master bedroom, 6, the big bed appears to float from the Formica partition whose reverse side is used for storage. "There's not a bit of wasted space in the whole house," say the owners. "John Nichols put every inch to good use."

6

7

9

10

ehind this partition are his and hers dressing rooms with lavatories: ey share the central shower. The bedroom's wall of glass doors gives on an upstairs deck, a vantage point from which the owners can survey l that they rule. On the narrow balcony, 10, overlooking the living room, a sofa broad enough to sleep on—for solitary reading or the occasiona vernight guest. In the balcony's study corner, a white Formica desk de- gned for working at home—not isolated from the household, but com rtably above it all. The boys' dormitory, 7 and 9, has been divided into ree completely private cubicles, each packed with drawers, shelves, a oset, toy bins, and a desk that serves equally well for Scott's and Todd's mework or three-year-old Drew's finger painting. The bunk beds (three ts, so everyone can have a guest over on the same night) are attrac- ely and simply made up with snappy red-white-blue striped sheets and blanket folded neatly at the foot end. Across from the cubicles is a rge common play area inhabited by the hamster family: Powder Puff d her eleven-child brood, and their father, a furry Teddy-Bear hamster, oozing, exhausted, in a nearby cage. A step away is the boys' bath.

how good are your QUICK

In our fast-paced life today, decisions are required almost every minute. Do you find you make the right decisions most of the time? Or do you find you look back and think you could have done better? How well you reason out a situation depends on your ability to handle your own instant emotional reaction. You'll feel happier in the long run if your decision is not only satisfying to you but makes other people feel good as well. This test takes you through twenty common situations, all open to strong emotional reaction. Check the answer closest to the way you'd react. To find out more about your talent for making good decisions, turn the magazine upside down. Compare your results against the correct answers and see how well you did.

EDITOR'S NOTE: Dr. Syvil Marquit, director of Psychological Associates, Miami, Fla., has been a practicing psychologist for over twenty years. He is an active speaker and teacher on nonverbal communication. Marilyn Lane, a writer and journalist, has collaborated with Dr. Marquit on a number of psychological tests, aimed at making people understand their unconscious actions and motivations better.

1 Grocery shopping, you are attracted to a display of merchandise as you enter the supermarket. You decide:

(a) To resist the impulse because the item is not on your list.

(b) It's a sale, you'll take one.

(c) The store has overbought that item, what's wrong with it.

2 The wife of a famous sports figure is on a talk show. She tells how wonderful their life is together. You think:

(a) What a wonderful life they have.

(b) Travel, personal appearances, separations, and the fans must make their life pretty difficult.

(c) She's helping to promote her husband.

3 Your husband is being transferred to another office in another state. The company is providing you with a house; you've got to furnish it. You decide:

(a) To travel with everything you own and make it work there despite the different climate and environment.

(b) To draw out each room on graph paper then measure appropriate furniture to make sure it will fit. Sell pieces that won't work.

(c) To ship all your favorite things you couldn't live without and decide to arrange everything when you get there.

4 Your family doctor insists you need a vacation right away. The timing couldn't be worse. Your reaction:

(a) Maybe weekends away will do just as well.

(b) Your doctor knows you best. You'd better go.

(c) You know yourself better than anybody. It's not the moment to go, but you will work on the idea and go later.

5 A TV commercial tells you 7 out of 10 doctors prefer this brand above all others. You think:

(a) If doctors tested this brand, it must be good.

(b) I'll compare that brand with the one I'm now using to see which is better for me.

(c) What doctors, where? How many were questioned? What other brands compared? Who paid for the tests?

6 Your birthday is approaching a you know it's likely your husba will let the date pass by through forg fullness. You:

(a) Organize a party or buy theatre tickets, remind him in plenty of time of the ever and sit back and wait for a super preser

(b) Decide to let the date go by without fanfare.

(c) Ask another member of the family, or a friend, to point out the date and see what happens.

7 You've planned a hollandaise sau for the asparagus as an opening an important dinner party. It go wrong at the last minute. You:

(a) Keep everyone waiting while you do it ov

(b) Serve the asparagus with lemon and butter.

(c) Abandon the asparagus for canned vichyssoise.

8 Your son asks you to take care his children for half a day becau of a last minute emergency, when y already have made other plans. You:

(a) Tell your son that he will have to make other arrangements.

(b) Juggle your other plans and tell him oka

(c) Say you'll take care of the children on that day but not at that time.

9 You are giving a formal lunch f twelve and someone phones at t eleventh hour to ask if she can bring friend. You explain:

(a) It's a formal lunch but I think I can squeeze in another guest.

(b) It's a formal lunch and it would be diffic —hoping she'll then realize she's asked too much.

(c) It's a formal lunch and I can't include someone else at such short notice.

10 A well-known entertainer is su porting a local political candida and you go to the rally. You feel:

(a) I like him so he is sure to influence my vote.

(b) He's a good entertainer but he won't necessarily influence my vote.

(c) I've never enjoyed his brand of entertainment so I won't vote for the candidate he's supporting.

DECISIONS?

A new psychological test by Dr. Syvil Marquit and Marilyn Lane

1 You see a friend in the street but it's just not the day you want to peak to her. You:
- (a) Cross the street or slip into the nearest store out of sight.
- (b) Pass her by with a smile and a brief "talk to you tomorrow."
- (c) Make the effort to stop and talk.

2 Your guest of honor at a cocktail party calls you the day before to y he's ill with the flu. You:
- (a) Call off the whole party but set another date immediately.
- (b) Decide to go ahead anyway.
- (c) Feel he's let you down, call off the party and don't set another date.

3 In a restaurant an acquaintance comes over to say "hello": you n't recall her name. You:
- (a) Chat with her without introducing her to the other people at your table.
- (b) Apologize and say you've just drawn a blank and allow her to introduce herself.
- (c) Introduce her as Mrs. X in a joking way and let her fill in her name.

4 For years, you've accepted the gifts of clothes from your husband thout telling him your true feelings. s latest present is really something u'll never wear happily. You decide:
- (a) To return it and change it without telling him.
- (b) Tell him frankly and ask him to make the exchange.
- (c) Tell him frankly and ask him if he minds if you go and choose something else.

5 You want to rearrange the furniture in the house but you know her members of the family dislike anges. You:
- (a) Go ahead anyway and surprise them.
- (b) Tell them about your plans ahead of time.
- (c) Tell them about your plans ahead and incorporate their suggestions.

6 At a party you are suddenly feeling too tired to stay another mo-nt but your escort is reluctant to ve. You:
- a) Go home alone unhappily.
- b) Go home alone happily.
- c) Insist on his taking you home immediately.

17 You love indoor gardening but the climate and the light in your house don't seem to suit plants. You:
- (a) Give up on the whole notion.
- (b) Study your climate and light conditions carefully and buy plants that will respond.
- (c) Carry on persistently with your garden, choosing the plants you like to have around and figure the mortality rate is worth their temporary beauty.

18 The cab driver insists he hasn't got change for a $10 bill. You:
- (a) Get out of the cab and find change yourself.
- (b) Ask him to go and find change.
- (c) Wait for him to come up with a solution.

19 You've seen a painted screen in a gallery that you would love but you know it's really too expensive. You:
- (a) Buy it anyway—beautiful things give pleasure for a lifetime.
- (b) Tell your husband about it and hope he will agree to this extravagance.
- (c) Forget it.

20 You've been left to plan the family holiday but when you have everything organized, suddenly, there is some criticism about your decision. You:
- (a) Point out that you've gone to a lot of trouble, the bookings are made, and it's too late to change.
- (b) Point out that you've gone to a lot of trouble, the bookings are made, and it would be very difficult to change.
- (c) Rethink and come up with an alternative.

quiz scoring

1.	(a) 3	(b) 2	(c) 1	11.	(a) 1	(b) 3	(c) 2
2.	(a) 2	(b) 3	(c) 1	12.	(a) 3	(b) 2	(c) 1
3.	(a) 2	(b) 3	(c) 1	13.	(a) 3	(b) 2	(c) 1
4.	(a) 2	(b) 3	(c) 1	14.	(a) 2	(b) 1	(c) 3
5.	(a) 1	(b) 2	(c) 3	15.	(a) 1	(b) 3	(c) 2
6.	(a) 3	(b) 2	(c) 1	16.	(a) 1	(b) 3	(c) 2
7.	(a) 2	(b) 3	(c) 1	17.	(a) 1	(b) 3	(c) 2
8.	(a) 1	(b) 2	(c) 3	18.	(a) 2	(b) 1	(c) 3
9.	(a) 1	(b) 3	(c) 2	19.	(a) 1	(b) 2	(c) 3
10.	(a) 2	(b) 3	(c) 1	20.	(a) 1	(b) 2	(c) 3

IF YOUR SCORE IS OVER 40

You're making good quick decisions if you scored 40 or more. You used the important elements of logic to think out your answers in the given situations, just as you do in real life circumstances. You are aware of the ploys that sway other people into emotional decisions. You have a tendency to feel your way intuitively through the trickiest situation, reining your feelings while you skillfully use your mind to explore all the alternatives. When you look back, you most often find you did make the right choice.

30 TO 40

You're doing fairly well in your quick decisions if you scored between 30 and 40. Sometimes you need to think ahead a little quicker. Keep probing, exercise your mind to find the alternatives in the situation. The more you practice this technique the better your judgment will get. In any given situation, it's not entirely satisfactory if you come off winning at the expense of others. You will feel a sense of loss so that when you go over the confrontation in your head later, you may wish you'd made another decision at the time.

UNDER 30

Your quick decisions could be better if you scored less than 30. Your inner intuitive voice longs to be free. You are quick to make decisions, too quick for your own good sometimes. You can develop a better judgment if you stifle your emotional reaction more often and operate from your cerebral talents. Ask these questions more often: Will it stand the test of time? Will I tire of it quickly? Will more thought now save me money and aggravation later? Who is the real expert in this field? Is this a well-thought-out, independent decision? How much do I care about this person? This technique will put you in a position to make better quick decisions.

Graceful, elegantly put together, American Federal furniture is a heritage from the earliest days of our nation, made—most of it—during the quarter century from the end of our first war with England, the Revolution, until the end of our second, the War of 1812. It is a collector's dream, beautiful and scarce. A lovely blend of fine woods and fine craftsmanship, the American Federal sideboard, *above*, is made of mahogany, white and yellow pines, poplar, white cedar, inlaid with holly and ebony, but it is not an antique. Brand new from Kittinger, it is an exact replica of a sideboard, *opposite page*, built around 1790, probably in South Carolina, and now a cherished part of the collection at Colonial

NEW AMERICAN

Williamsburg. It is part of Williamsburg's first group of reproductions of furniture made after the Revolution. For the original, home is the dining room of the Coke-Garrett House, *above*, official residence of the president of the Colonial Williamsburg Foundation, Carlisle H. Humelsine. The table is from Boston, the chairs probably from New [illegible] serving table from Rhode Island, places no longer separate colonies but part of the same new country [illegible] furniture was built. The room, and the house, are fitting settings. The west wing was built before the [illegible] central part was added around 1[illegible] historical bracket for its conte[illegible] transition from European to American elegance in furniture.

FEDERAL FURNITURE

AMERICAN FEDERAL AVAILABLE AGAIN

With each step from first analysis to final polishing approved by a special committee, Williamsburg's New Federal Group by Kittinger has been reproduced with exacting attention to every detail. Woods match, construction methods have been so closely duplicated that new pieces are scarcely distinguishable from the old. Replicas on these pages stand ready to move into empty rooms; antique originals are settled in the Coke-Garrett house, *far left above*. The two-drawer worktable, *far left center*, its tapered legs emphasizing simple lines, was first made in New Jersey around 1810 of mahogany. The Hepplewhite style armchair built in New England around 1800, *far left below*, and its new twin, *right center*, are both upholstered in new fabrics appropriate to the period, compatible with original patterns, by Schumacher. The settee made near Salem, Mass., around 1810, *left above*, is a perfect example of the changes in taste that distinguish Federal furniture from its predecessors. On the landed estates of the early New World, substance had meant huge rooms and massive furniture. But a new century, a new nation, and a trend toward smaller houses turned early 19th-century ideas of substance toward refinement and delicate elegance—and produced sofas that are perfectly at home in 20th-century apartments. The breakfront bookcase in mahogany, white pine, and maple (1810), *left center*, gains an appearance of light and height from its eight pointed columns of glass, but the nearby chair shows its true proportions. Another example of dainty usefulness, the mahogany candlestand, *below left*, with its tiptop, probably made in New York around 1810, prefigures our own liking for small multipurpose tables—like the tripod candlestand (1790), *above top*, with its box-drawer top. The Sheraton-style Canterbury on casters, *above*, once held sheet music or books, now can hold magazines. The Sheraton secretary, *right top*, may be the best piece of the whole collection according to Williamsburg Vice-President Harold A. Sparks. It's from the Boston shop of John Seymour, best-known cabinetmaker of his day. The Sheraton caned armchairs with seat pads beside it and, *right*, around the mahogany card table by Duncan Phyfe, are painted adaptations of an ancient Greek design and were made around 1800. For shopping information, please turn to page 156.

How to make over your bathroom to suit you

YOUR BATH—

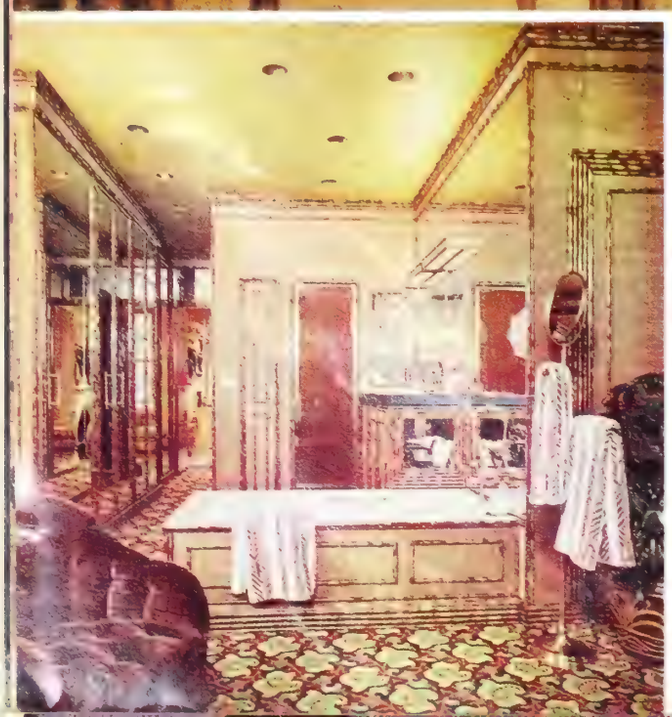
A NEW ROOM FOR TODAY'S LIVING

Say goodbye to the bathroom as we once knew it—that limited space wit limited use, tucked away somewhere. Only recently has the bathroom bee brought into the open—yet think how much time we spend there. Environ ment, after all, is as crucial an influence as heredity. Now the bath ha been recognized for what it is—a vital, useful part of our lives. It is a place t read, dress, work, plan, relax—even entertain. Discover the ways you ca make your bath suit *you,* suit your particular needs—discover a new room

JAMES MATHEWS

Space—that is the first imaginative leap for the new bath. Space—so important, indeed a luxury, in a world that becomes more and more crowde
Here, bedroom and bathroom have been abolished—instead we have a wide open environment that instantly gives a feeling of relaxation
where you could happily be alone—and just as happily relax with friends. This is a room where comfort and practicality meet. The colors soothe. The carpeting is
o soft you can walk from bedroom to bathroom in your bare feet and waken nobody. The dressing table and bench can be sponged down if powder or cologne
pills. There is a chaise to lie down and read on. There are adjustable spotlights everywhere to highlight face, clothes, the pages of a book. The cube-mirror table
y the bath doesn't mind getting wet. This is a bath environment that relieves tension, restores energy—an expression of everybody's need in today's hyperactive
ge. Room created by Zandra Rhodes. All wallpapers and fabrics designed by Zandra Rhodes for & Vice Versa. Chaise and ottoman designed by Angelo Donghia.
ll towels and pillows by Porthault. Bathroom fixtures by Eljer. Carpet by Downs. Vanity mirror and bench by Karl Springer. Window blinds by Holland Shade. Light-
ng by Progress Lighting. Bathtub by Stephen Bettes and Mario Villarreal. Hair by

A BATH THAT HAS EVERYTHING



Bathing in *this* man's life is as integral as wo
eating, and sleeping, hence the desk with the
phone, *top,* the bookshelves, and the bar by the
dow. A second phone is by the tub, *far left,* in a
that holds everything you could think of if you
pened to run your office from your bath. The sh
also has built-in shelves. Mirror doors hide cl
closets, *left.* A fireplace adds warmth to the can
bamboo work throughout, a warmth picked up b
paisley carpeting—for this bathroom is used
regular day-to-day meeting place. "It's an expre
of one man's personal needs," says designer A
Howard of this unique environment. "Here is
it all happens. We simply unified the whole

COLOR DIVIDES A BATH FOR TWO

This is a new look at an old problem, so familiar to city-dwellers—how to make two single people happy sharing only one bathroom. This one is in a loft, and designer Paul Dumont's solution was to divide it, not only by walls, but also by color, so you know which is yours. The walls here slant away from the ceiling, *below,* dividing the bathroom into separate triangles, like pieces of cake, as you can see in the diagram. (Both art and good sense have had a say in this decision—it is much cheaper to put all the plumbing in one central area than spread the fixtures around.) Each piece of cake comes in a different color with white. One section is brown, 1, the second is blue, 2, the soaking tub is also in this section, 3, with steps up to it. The toilet area is brown, 4. Each section is completely private, a practical feat of designing that anyone who has ever had to share a bathroom should appreciate. Everything is tiled in American Olean ceramic mosaic, wonderfully arranged to create an effect of geometric forms and perspective. The towels, in relief, are in plain colors, by Cannon Mills, and American Standard fixtures are all in soothing white. Shopping information, page 156.

BRUCE TWAN

TOM YEE

It's back to nature, not only in the way we eat and look, but in our daily lives too. Artist Jim Ganzer built a shower in his studio, *left,* and surrounded it with rocks, pine tree rounds, ferns, bamboo and palm trees. A soaking tub was built by Ed Stiles in California for Pat Rosenberg, who wanted a hot springs environment, like Esalen, outside her bedroom, *center below.* The lid keeps the leaves out and the heat in. Mr. and Mrs. Rude also chose a soaking tub, *bottom.* Mr. Rude can soak in hot water after a cold day's sail and look out at the view of San Francisco Bay. These tubs are based on the Japanese *foro,* taken *very* hot, 102 to 110 degrees. "Very relaxing," says photographer Leonard Koren, who is writing a book on the subject. "Bathing is a communal thing now—a place to meet, relax."

TAKING A BATH WITH NATURE

People are beginning to value nature more and more. It is not surprising, therefore, that new bath environments, too, have moved outdoors. Where better to relax and enjoy nature than in a tub surrounded by nature, warmed by the sun? A San Francisco doctor came to this conclusion and master craftsman Ed Stiles built it for him, *top left,* out in his garden amongst the fuchsias, cacti, and camellias. The water is kept at a constant 105 degrees, and the doctor likes to soak as much as six times a day, especially in the warm California rain.

Connecticut weather, however, demands more prudence, so architect James S'avin brought the garden of Mrs. Leonie Parsons indoors with high windows to catch the sun, *above.* Mrs. Parsons's own firm, Country Interiors, decorated the bathroom, but the mural on that tub, *right,* belongs to her alone—her old friend Alexander Calder made the design and signed it, "To Onie," a very private nickname.

doors again, but with an outdoorsy feeling—a tropical island with jungly plants flourishing in the moisture and sunshine. "I wanted it in the r
s artist Alexandre Wakhevitch of his bath. "Nowhere" is actually an airy New York loft where he lives with his wife, Ariane, and their bath g environment is an
egral part of it. The bath itself is 9 feet square and 18 inches deep, made entirely of stainless steel, with the outside and bottom covered by redwood strips.
ople can sit and talk and relax on the steps here; it is so much a part of the room. The outdoor effect is accentuated by sponges, which crouch like animals,
lored stones in baskets, and light-up rocks imported from France. The towel rail is black painted wood, brightly decorated by orange Martex towels. Why two
ips of mirror above the twin washbasins? One for sitting down and one for standing up, of course—a pra tical touch for

CENTER-PIECES TO TASTE WITH THE EYE

The most unexpected materials can make a brilliant centerpiece. Take a fresh look at the long-lasting edibles. Or turn your serving pieces into *center* pieces. The trick is to see with the tastebuds, to taste with the eye . . . For a cold seafood buffet, gifts from the sea—coral in a seaweed-colored basket. Lobster bisque in a globe-shaped tureen. And Chinese bowls—it looks as if a painted fish leaped out and turned into a crouton dish. The basket of coral, bowls, and dish are from Stephen Barany, who did the tablesetting. "Cluny" sterling silver by Christofle at Baccarat. Tureen and ladle by West Virginia Glass . . . Instant party. Just add people. Keep the beer cold in a great igloo of a bowl—ceramic with a fine "Blue Line" around the rim. Tiffany. The festive, harlequin-printed cotton is Swedish. At Bonniers . . . Set up the prettiest bistro in town. "Domino" porcelain. "Danish Ship" crystal by Holmgaarde. "Amalie" sterling and enamel-on-steel flatware by Hans Hansen. All at Royal Copenhagen. For the tablecover and napkins, snappy polka dots and checks sewed up in an afternoon. The planter's an ordinary one turned extraordinary with gingham and glue. The soft arrangement of anemones is by Antonio, who also did the tablesetting . . . The crystal-plated place setting. Vegetables from Chinatown make a lush garden in a shallow crystal bowl. "Regency" crystal goblet. "Salem" sterling silver. All from Tiffany . . . Bring back the forties in Lucite and a blaze of day lilies. In the candle cubes, the slimmest of tapers, each intriguingly cornered. A moon of blue mirror beneath. The vases come in several sizes. All from Stephen Barany . . . A delicious buffet of chocolate soufflés. An

antique milk pail chockfull of chocolate, with real whipped cream and chocolate sauce on the side. littala glass bowl and pitcher. Porcelain spoon by Ceralene at Baccarat. The chocolate soufflés? At the Café Nicholson. Tablesetting by John Nicholson . . . Set a table in a woodland. A handful of ferns, flowers, and eggs—a natural Easter basket. The ceramic basket of make-believe wood is from Luten, Clarey, Stern. "Amalie" sterling and enameled steel flatware by Hans Hansen. Royal Copenhagen . . . An invitation to brunch. Delicious-looking plates, tubs, and bread basket of terra cotta by Terrafirma for Ronaldo Maia. Glass cups and saucers at Cardel. "Cluny" sterling silver by Christofle at Baccarat. Denim for tablecover at Sona of India. Tablesetting by Ronaldo Maia. Shopping information, page 156.

BEADLE

The cozy personal garden of Albert Keidel

AN ENCLOSED GREEN GARDEN, A LEAFY TOWER FOR LOOKING OUT

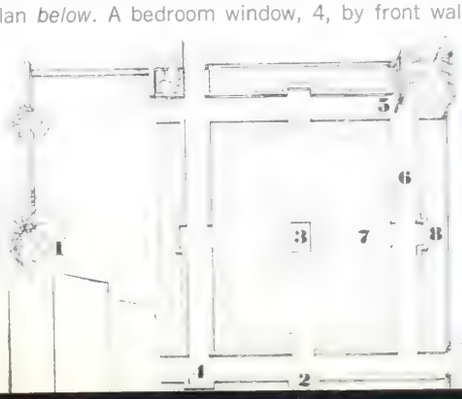
To create a garden that stays green all year is an accomplishment, especially in the dry Texas hill country where Albert Keidel lives. Deer still play in the flinty [illegible] his house, and evergreens are scarce, [illegible] live oaks that keep their slim green leaves through drought and winter wind. To make a formal t[illegible]tion from raw land to front door and make it intimate yet inviting, to have a small lawn but a big place for entertaining, and to wall out wildlife without walling out the view were met as challenges. In this courtyard of hardy plants, water, native stone and wood, perhaps the most triumphal leap is the 20-foot-tall lookout tower. It is part gazebo, part Spanish mirador, part treehouse retreat. Garlanded with wild grape, its second story has benches for musicians at a party or for being blissfully alone. You get there by climbing a ladder, and you can pull the ladder up if you choose.

DEAN BROWN

AN ENCLOSED GREEN GARDEN, NEW WAYS TO USE WOOD AND STONE

The fence and all but the stone sides of the tower, *abou* were made of cypress timbers salvaged from an abandon railroad's water tank. Sold for scrap, the wood was cut Albert Kendal's design. The railroad had linked San Antor and nearby, Fredericksburg, a town his great-grandfather helped settle in t 1840s and where Mr. Kendal, an architect, has restored early ranch and Sunc houses (House & Garden, August 1971, February 1972). At his own place, l cars and a pioneer log cabin with a low wing of limestone, quarried in t 1890s, have grown tall. Green shade dapples a two-story ranch house, *oppos* page, top, the garden, and a Mexican tile terrace, *far right*, colorful with pott amaryllis, oleanders, cacti, and geraniums. The pot plants are wintered ov in a sheep shed with plastic sides. To the old cabin he added a wood seco story and balcony. To enlarge the stone wing, he tore down one end to g matching stone to build a second floor studio, then completed it with a gla gable upstairs and glass doors downstairs. When he lacks enough stone for addition, he does not mismatch and muddle the craftsmanship; he uses w clapboard, board and batten, plaster, or glass instead. For log cabins old new, he recommends porous lime mortar, not dense cement that tends sweat and destroy logs. Patched logs or ugly rockwork can be mellowed w stains and whitewash. Even for the old timbers in his garden he used a p

ective creosote stain, Cabot's Silver Gray, antiqued with streaks of Red Cedar and enough whitewash to cling to the grain. The terrace wall, now banked with wisteria, *top,* is made of flat stones, curved to preserve an oak, and tinted with copper sulfate to blend with the cut stone of the house. The garden, 61-by-53 feet, began with set axis points: the live oak, 1, and gateway, 2, which fixed the position of the pool, 3, in plan *below*. A bedroom window, 4, by front walk suggested path near terrace. Other paths to tower, 5, followed. Boxwood, 6, lines river-pebble paths. Round ilex (dwarf yaupon), 7, frames St. Augustine grass and water lilies. Variegated euonymous, 8, adds height. Occasional color: Lady Banksia roses on entrance porch; trumpet vine, daylilies, daisies and phlox in outer beds.



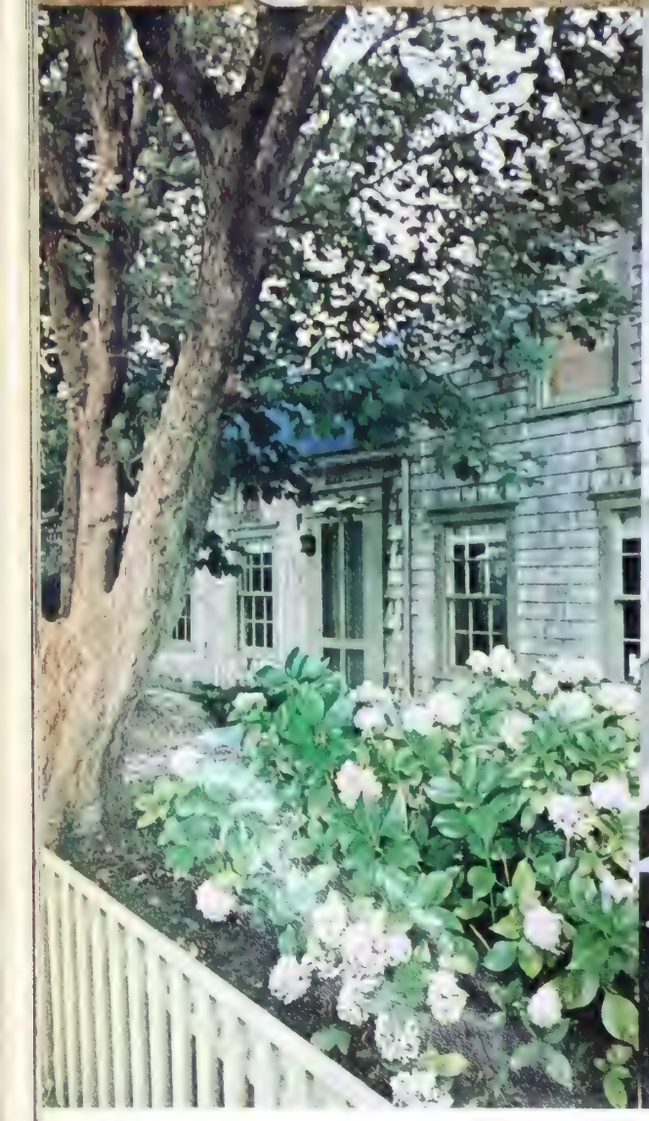
UP-TO-DATE LIVING IN A HISTORIC HOUSE

Older than the United States—but as simple as possible to care for." That's how Bunny and Paul Evans approached their old Nantucket cottage—imposing, with the lightest touch, their own very personal up-to-date style on to its traditional framework.

This room and the room through it toward the left, *above*, were once five tiny rooms. Mr. and Mrs. Evans knocked down a few walls, leaving a spacious living room, with the original 220-year-old wide board floor. But how modern the feeling is, from the casual polished cotton couches to the white walls and ceilings, as fresh and bright as new snow. In witty contrast, the Dutch girl on the far wall is a print, varnished to give the impression of age. Another contrast—the contemporary dining table, *left*, designed by Paul Evans himself, who designs metal furniture for Directional. In the cupboard, some of Bunny Evans's collection of baskets.

Nantucket, from the Indian *Nautucut*, meaning "The Far Away Land," originally settled in the 1620s, once a great whaling port, and today rich in historic treasures—including old fishermen's cottages like this—has been restored by the Evanses. Outside, looking at its typical low, picturesque front and picket fence, *above*, you would never guess what happens inside. Space—light—contemporary things like the bronze sculpted chest made by Paul Evans, *left*—in short, you step straight into the 20th century. Yet the feeling is timeless. A wall was knocked out to put in the open fireplace, *below left*, providing vital heat as well as beauty. The lion's head on the wall is iron, found in an antiques shop. The coffee table, too, is interesting: its base is iron, and its top marble, from different antiques shops. "We got things we enjoy," says Bunny Evans. Like the Nantucket quilts in the guest room, *below*.

Bunny Evans is an insati collector. Every part of house bears witness to art. Her shell collection, for stance, *left*, displayed in an e American cabinet converted fro stained glass window. Her ba collection, some of which we sa the dining room, collected from over the world. Her wicker furnit collection, which she paints her And her quilts, seen in the g bedroom and again in the Evan own bedroom, *far left*. This one i old quilt from Nantucket, hand pliquéd on cotton. Their bedroo a perfect marriage of old and n with its original slanting roof, wh washed, the old painted wic chair, and the new Venetian bli jute matting, and insulated ceili Bunny Evans collects things– also grows things. That's why t is such an abundance of flow everywhere–reflecting the outs of this historic fishing cottage, *b left*, where many hydrangeas blo



A HISTORIC HOUSE FOR INSATIABLE COLLECTORS

"Most houses over 220 years old cannot be heated. We wanted ours to be an all-year-round house," says Paul Evans. "So we insulated the top of the house throughout with urethane foam, painted white," *above and right*. No wonder the rooms have a cozy look about them, especially the upstairs sitting room, *above*, on to which all the bedrooms lead. "We use this room a lot," says Bunny Evans. "It's quite a meeting place." On the wicker chair is a wonderful piece of fabric that comes from Haiti, just the thing to throw over one's feet when resting upstairs. The rug is Oriental, and the old brown wicker chair is one of the few things the Evanses kept that had belonged to the former owner of the house.

Only in a cottage as old as this could one find the fascinating nooks, corners, and angles made by stairs and ceilings. Upstairs, *right*, Bunny Evans found a perfect niche for linen baskets from Peru. And at top of stairs, *bottom left*, more of the Evanses' collecting skill—iron gates welded together and painted white to make a railing. The old Nantucket seafaring trunk, useful for storage, came with house.

The game room and library, *above and top left*, has several unique Evans touches. First, the Belgian block floor, put in by themselves, creating the most authentic old stone effect. The bookcase against the wall, also designed by Paul Evans, which is made out of nickel. The shelves in it are smoked glass, and hold everything from books to TV. The stool is made out of the same nickel material and covered with white leather. The ed also in the bridge table at the far end of the room, *top left*. These are practically space-age pieces, and yet how happily they sit in this 220-year-old room. But Nantucket is never very far away. The cat on the wall, *above*, is by a Nantucket artist, and the old brown wicker chair beneath it is a local find.

Make the most of Vandermint, the great Dutch after-dinner liqueur.

Because not only can you drink Vandermint, you can eat Vandermint. In a parfait. Or pie. Or mousse. Imported from Holland, Vandermint is an exquisite chocolate liqueur that has great possibilities.

What more could you want? Somebody special to give it to.

1. VANDERMINT CHOCOLATE CHEESE PIE: Cream 3/4 cup Vandermint, 8 oz. cream cheese. Add 1/2 cup milk, 1 pkg. (4-1/2 oz.) instant chocolate pudding; beat smooth. Spoon into 8" chocolate crumb crust: 1-1/4 cup chocolate snap crumbs; 1/3 cup soft butter. 2. VANDERMIST: Pour 2 oz. Vandermint over crushed ice in champagne glass. 3. VANDERMINT ALEXANDER: Shake 1 oz. Vandermint, 1 oz. gin and 1 oz. cream with cracked ice. Strain into cocktail glass. 4. VANDERMINT & ICE CREAM: Pile scoop of ice cream into dessert dish. Top with Vandermint. 5. VANDERMINT & VODKA (V&V): Pour 1 part Vandermint and 2 parts vodka over cubes in a "rocks" glass. 6. VANDERMINT PARFAIT: Alternate Vandermint and scoops of pistachio, chocolate, coffee ice cream in parfait glass. Top with whipped cream, splash Vandermint. 7. VANDERMINT MOUSSE: Mix in blender 6 oz. semi-sweet chocolate pieces, 1/2 cup Vandermint. Blend. Add 1/4 lb. soft butter (in pieces), 4 egg yolks. Blend. Beat 4 egg whites, 2 Tbsps. confectioners sugar till stiff. Fold into Vandermint mixture. Pour into dish lined with Vandermint-dipped ladyfingers. Chill. 8. VANDERMINT FONDUE: Melt 6 oz. semi-sweet chocolate pieces. Stir in 1 cup sour cream, 1/2 cup Vandermint. Serve warm. Dip strawberries, cookies. 9. DUTCH COFFEE: Pour jigger of Vandermint into a cup. Add hot coffee and top off with whipped cream. 10. VANDERMINT STRAIGHT.

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NOTES OF A Happy Housekeeper

BY MARY ELIZABETH FALTER

Having hung my new painting, the next step was finding ***a way to keep pictures from jiggling and bouncing around on the wall*** every time someone bounded down the stairs or slammed a door (par for the course in a big family). So it was off to the hardware store. This time I came home with some double-sided mounting tape called Hang-A-Ting. We put pieces of the 3/4-inch tape on the backs of all the pictures, pressed them against the wall, and they have stayed put ever since. Hang-A-Ting can also be used by itself to hang pictures or plaques, eliminating nails and hooks completely. I'm sure we'll think of many other uses for it.

Ever since last November when I hunted up some ***old-fashioned cheesecloth*** for the turkey, I've been keeping it on hand all the time. I had remembered the good old days when the turkey was basted through a double thickness of cheesecloth and sure enough, this time-proven method worked beautifully. We've been using cheesecloth ever since for roasting fowl, and this summer I'm going to use it to wrap a poached salmon, as it simplifies lifting the fish from the steamer. It makes a good strainer for jelly-making and, beyond the cooking area, cheesecloth is a fine polishing cloth because it's soft and totally lint-free—great for shining silver, washing windows, and polishing furniture.

I ran out of ammonia the other day, so I used ***baking soda to wash a brush and comb.*** I just made up a solution of 3 tablespoons soda to 1 quart water, washed my brush and comb, and was pleased at how clean and fresh they were when I had finished. Baking soda is good for almost any kind of cleaning and, best of all, it's a great deodorizer and sweetener. The dry powder can be used directly on spots and soil, and it's great for polishing chrome fixtures.

I enjoy ***prowling around in antiques shops,*** especially when I have some presents to buy—birthday, anniversary, whatever. It's nice when things suggest themselves for the people I'm shopping for, and I enjoy it much more than setting forth with a rigid, preconceived idea of what to buy. I never would have imagined, for instance, giving my sister a handsome mahogany box, but when I saw it I immediately thought of her dressing table and how nice it would look as a make-up box. It even has a mirror in the lid. My next find was a lovely old wooden towel rack—perfect for mother. It will look pretty in her bedroom and be practical, too, because she can put her folded bedspread on it at night. I also found some old dime banks, which will delight the children and at the same time encourage them to save, and there were some very beautiful oyster plates that make fine presents—to be used on a desk to hold small things like erasers and paper clips. ■

DAVID MASSEY

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RACK-OF-LAMB BARBECUE
and other spectacular ways
to cook lamb for a party

A TALENTED HOSTESS
SHARES HER MENUS AND RECIPES

HOW TO PLAN YOUR OWN
DELICIOUS TOUR OF
CALIFORNIA'S WINE COUNTRY
by José Wilson

Lemons, sweet [illegible]. For recipes, [illegible] turn the page.

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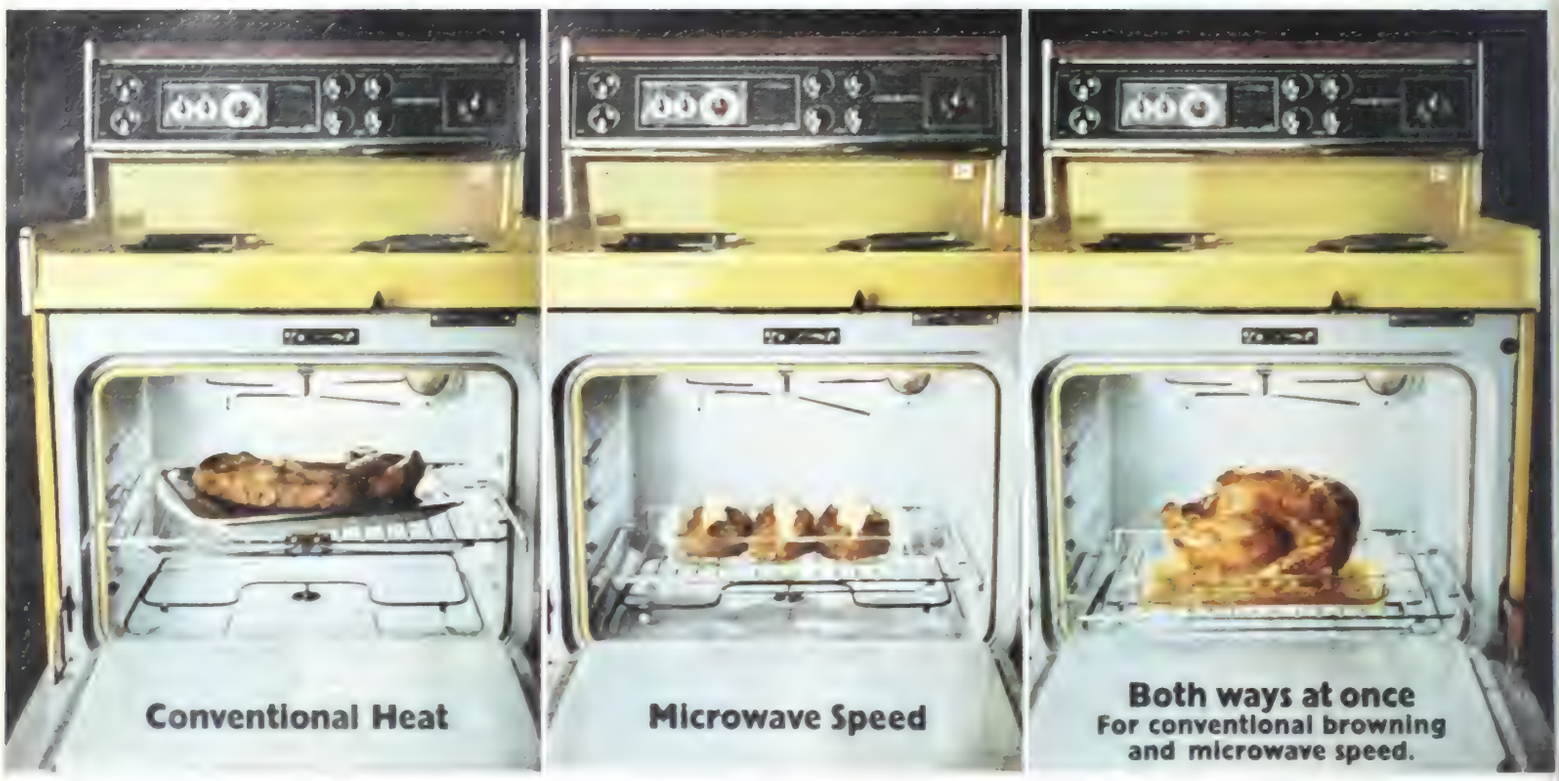

[illegible] an oven that does so many fabulous things, you'll want to use it more than you've ever used an oven before. For things like warming gravy right in the gravy boat. (The gravy gets hot, the gravy boat doesn't.)

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GENERAL ELECTRIC

20 quick lemon delights

Sometimes savory, sometimes sweet, lemons always give great flavor; a generous squeeze over fruits or vegetables heightens the taste; adds a fillip to sauces and perks up roast lamb or a broiled steak. The zest or rind, cut finely, enhances cakes, cookies, custards, and ice creams

by Jane Ellis

A new twist on the lemon pie is a **sliced-lemon pie.** Malvina Kinard of Cook's Corners, Westport, Conn., who teaches cooking, slices 2 lemons as thinly as possible discarding only the seeds. Combine with 2 cups sugar and allow to stand while you make enough pastry for a 2-crust pie. Turn occasionally so that sugar dissolves a little. Beat 4 eggs well and stir them into lemon mixture. Pour into a 9-inch pie plate lined with pastry. Cover with top crust. Bake at 450° for 10 minutes. Reduce heat to 350° and bake 35 minutes longer.

Something sweet, and it keeps wonderfully too, is **lemon curd.** Makes a marvelous filling for tarts, tiny ones as pictured on the opposite page, large or full-sized tarts or as a filling for a sponge roll (sprinkle pistachios on top of this one). To make: In a double boiler melt 1½ cups sugar, ¼ cup butter, the juice of 3 lemons, about ½ cup, and the grated rind of the lemons. Beat 6 eggs slightly and add to mixture in double boiler, stirring until thick, about 5 minutes. It will thicken as it cools. If you wish whip ½ pint cream and fold into lemon curd to fill lemon curd tarts.

Another lovely, frothy lemon dessert is **Elizabeth Moxon's lemon posset** from *Great Dishes of the World* (Random House) by Robert Carrier. Pile it into scooped out lemon shells and top with a sprinkle of finely chopped lemon zest. To make: Add the grated rind of 2 lemons to 2 cups whipping cream and whisk until stiff. Stir in juice of 2 lemons and ⅔ cup dry white wine. Add a little sugar to taste. Whisk 3 egg whites until they form peaks and fold into whipped cream mixture. Serves 4 in lemon shells or wine glasses.

Elizabeth David makes a delicious **lemon granita** with a syrup of ¼ pound sugar and 1 pint of water brought to a boil, boiled for 5 minutes. When syrup is cold, mix with juice of 6 or 7 lemons, about ½ pint juice, and freeze.

To make a quick **lemon champagne sherbet** whip 1 cup of chilled champagne into 1 pint solidly frozen lemon sherbet until frothy. Serve immediately.

Delicious with hot biscuits is **lemon honey jelly** from *The Honey Cookbook* (Knopf) by Juliette Elkon. Blend 2½ cups honey and ¾ cup strained lemon juice in a large saucepan and bring to a full rolling boil, then add ½ cup liquid fruit pectin, stirring constantly. Heat again to a full boil for 1 minute. When jelly flakes from mixing spoon, remove from heat, skim and pour into 5 hot sterilized glasses and cover with paraffin.

Moroccan lemons are easy to make and delicious to serve as a relish for cold meats. Simply wash lemons well, slice off ends and cut into ¼ inch slices, pack into well washed and sterilized jars. Add 1¼ inch olive oil and a good 3 tablespoons coarse salt or sea salt for a pint jar. Leave for about 2-3 weeks half covered until the lemons take on a cured look. Cover with glass stopper or seal preserving jar lid, keep in refrigerator indefinitely.

Quick Tips

Remember lemons will produce more juice if they're slightly warmed in an oven or soaked in hot water before squeezing.

Sprinkle lemon juice liberally over avocado pear or cut-up fruit to prevent discoloration.

When you're buying lemons choose the heaviest you can find, they'll be juicier.

Press a lump of sugar dipped in lemon juice into small round biscuits and sprinkle with grated lemon rind before baking.

There's nothing like lemon zest for adding flavor to creams and custards.

Leftover lemon rind can be frozen in plastic containers and used as needed.

Lemon juice can be frozen in individual ice cube containers and when frozen removed to a plastic bag in the freezer.

Dessert crêpes are delicious simply sprinkled with sugar and lemon juice.

Add lemon peel soaked in anisette to black coffee.

Rub a poaching chicken with lemon juice before cooking to keep skin white.

Make fresh lemonade in a blender; cut off and discard ends of two lemons, slice lemons thickly. Whirl in the blender with several ice cubes, sugar, and water to cover. Strain and chill.

Lemon eggs make a lovely surprising start to a meal. Princess Marie Blanche de Broglie, who teaches cooking in Paris, slices lemons finely and sautés in olive oil just until limp. Put one slice on the bottom of each cocotte, break an egg on top, add salt, pepper and a little chopped caper and put in a hot oven 400° to set egg quickly; finish cooking in lower oven for 5-8 minutes. Serve as a first course with salad.

Lemon is a perfect complement to fish and can also be used to marinate raw fish—the acid cooks it a little as for a seviche. José Wilson marinates **halibut in lemon juice** for about 15 minutes so it needs very little cooking.

Lemonaise is a delicious lemon sauce for serving with cold meats and fish from Malvina Kinard. She makes it by placing 3 egg yolks in blender with the juice of 1 lemon (2 ounces). Melt butter until very hot. Turn on blender and turn off at once. Then start blender pouring in butter in a steady stream. Pour into a small saucepan and add ½ cup heavy cream, salt, Tabasco, and white pepper to taste. Heat gently and stir constantly. To reheat place in a bain-marie and cook over low heat beating constantly.

A quick good **lemon sauce** for fish is made by Mrs. Edwin Cowan who combines 1 teaspoon vinegar, 1 teaspoon lemon juice, ½ cup melted butter, and 1 teaspoon Worcestershire sauce. Stir well, season to taste, and serve hot with broiled or baked fish.

To make a quick **lemon tartare sauce** peel 1 lemon, remove white pith and seeds and cut fine. Mix with 1 cup mayonnaise, ¼ cup minced green onion, [illegible] cup minced parsley, and 2 teaspoons tarragon.

And just as good are **lemons with meat.** Any broiled meat is enhanced by a squeeze of lemon after cooking. Lamb especially is delicious liberally sprinkled with lemon juice. For **lemon lamb kebabs** thread small skewers with little pieces of lamb, sprinkle with rosemary, salt, and pepper to taste, cook quickly over coals and sprinkle with lemon juice.

Make a **lemon wine sauce** to accompany steak by cooking a little minced onion and garlic in 2 cups red wine until liquid is reduced by half. Remove garlic and add 2 tablespoons butter, olive oil, ¼ cup lemon juice, salt, pepper and 1 tablespoon minced parsley. Serve separately.

Scooped-out **lemon shells** make attractive containers for shrimp sauce. The *Washington Star*'s Marion Burros scoops out grapefruit too, hooks shrimp over the sides of grapefruit shell and sets the lemon shell full of [illegible] inside the grapefruit with a little parsley to fill in the gaps.

To begin a lunch or dinner, serve **sardine pâté in lemon shells.** [illegible] it by combining in a blender [illegible] 2 tablespoons lemon juice [illegible] sprigs parsley [illegible] cubed, 2 [illegible] Tabasco sauce [illegible] until smooth. [illegible] pâté and sprinkle with chopped [illegible] with hot toast. ■

Rack-of-lamb barbecue and other spectacular ways to cook lamb for a party

Lamb makes wonderful party food: immensely versatile, each cut can be cooked in so many ways—from broiling or baking, to braising or frying. Three exciting lamb dishes for company with suggested menus and recipes were devised by a talented young cook Christopher Idone, who runs with Sean Driscoll Glorious Food, a catering firm in New York, and often chooses lamb for a party entrée

RACK OF LAMB BARBECUE

Barbecue Rack of Lamb
Mint Crescents
Purée of Peas and Watercress
Romaine, Endive, and Spinach Salad
Vinaigrette Dressing
Emerick Bronson's Bee Pollen Bread
[illegible]

BARBECUE RACK OF LAMB

Ingredients: 2 racks of lamb [illegible] have butcher [illegible] the bone [illegible] carving [illegible] French [illegible] all chops [illegible] salt and fresh milled pepper. *To make marinade:* [illegible] 1 cup [illegible] olive oil and [illegible] vegetable oil [illegible] 2 cloves garlic crushed [illegible] lemon peel [illegible] 2 orange peel [illegible] tablespoons chopped Italian parsley [illegible] rosemary, thyme and [illegible] chopped separately and roughly [illegible] chopped [illegible] 1 small red onion sliced thinly. Mix well.

Method: Rub entire rack with [illegible] salt and pepper. Place racks in pan with prepared marinade and marinate for 4 hours.

Preheat covered barbecue [illegible] and place racks on barbecue [illegible] side up [illegible] cook for 10 minutes [illegible] and continue cooking on medium heat for 30 minutes [illegible] meat every 10 minutes with marinade and the last 10 minutes with meat [illegible] Insert a thermometer in middle of meat; it should register 140° for medium rare [illegible] and look for desired doneness. Serves 8.

MINT CRESCENTS

Ingredients: About 1 tablespoon gelatin; 2 tablespoons cold water or 1 tablespoon water and mint liqueur; 1 12-ounce jar mint jelly.

Method: Dissolve a little less than 1 tablespoon gelatin in 2 tablespoons cold water or 1 tablespoon water and 1 tablespoon mint liqueur.

In a saucepan melt mint jelly and be careful not to boil. Add gelatin mixture and continue cooking until all is dissolved and smooth. Skim off any bubbles or impurities. Let cool slightly. Pour into orange juice cans, refrigerate.

When solid, remove [illegible] and push through. Dip a knife in warm water and slice in 1 inch thickness [illegible] larger than the depth of cookie cutter. [illegible] crescent-shaped mold or cookie cutter, make crescents. Arrange on a plate.

PUREE OF PEAS AND WATERCRESS

Ingredients: 4 pounds peas, fresh or frozen; 1 quart fresh or canned chicken or beef stock or combination of both; 1 bunch watercress; 4 tablespoons soft [illegible] butter; salt and white pepper to taste.

Method: In a large saucepan bring peas and stock to boil. Skim surface and cook until tender. Add watercress and continue [illegible] until it wilts. Strain and reserve juice. In an electric blender purée peas and watercress with a little juice [illegible] at a time. When all the vegetables are puréed [illegible] butter, salt and white pepper and place in double boiler and keep warm on low heat.

ROMAINE, ENDIVE, AND SPINACH SALAD, VINAIGRETTE DRESSING

Ingredients: 2 heads romaine lettuce (use paler inner leaves), washed and dried; 4-5 plump endive, cleaned and leaves separated but not chopped or cut; 2 handfuls fresh spinach, washed, dried, and stems removed.

> "Lamb, beautiful when roasted to a crispy golden brown, succulent when braised for ragout"

Ingredients for salad dressing: 3 teaspoons salt; 2 teaspoons milled black pepper; 1 teaspoon dry mustard; 1 teaspoon Dijon mustard; 1 tablespoon lemon juice; ⅓ cup tarragon vinegar; 2 cups combination olive and vegetable oil; 1 bruised garlic clove; 1 hard-boiled egg (separately rub white and yolk through fine sieve).

Method: Place lettuce, endive, and spinach in a large salad bowl.

In a separate bowl mix salt, black pepper, dry mustard, Dijon mustard, lemon juice, tarragon vinegar and stir. Slowly add oil and beat until dressing has a creamy consistency. Add garlic. Toss salad with dressing and dust with white and yellow of egg.

EMERICK BRONSON'S BEE POLLEN BREAD

Ingredients: 4 cups hot water; 1 envelope dry yeast; ¼ teaspoon mace; ½ cup plus 1 teaspoon honey; ½ pound bee pollen; 2 cups dried milk powder; 1 cup potato flakes; 1 cup tapioca flour; 1 tablespoon salt; ¼ cup Mazola oil; white flour as needed; 1 egg, slightly beaten; water.

Ingredients for filling: ½ teaspoon salt; equal parts scallion greens, parsley, watercress, finely minced with three large garlic cloves (enough to yield 1½ cups).

Method: In ½ cup water dissolve yeast, mace, and 1 teaspoon honey. Let stand until foamy.

In a large bowl place pollen and pour remaining 3½ cups water over it and stir well. Add remaining honey, milk powder, potato flakes and tapioca flour. Stir thoroughly. Let cool until tepid and then add foamy yeast mixture. Stir thoroughly. Let set for 10 minutes then add salt, Mazola, and sufficient flour to stiffen dough for kneading. Knead until elastic. Place in greased bowl in warm place (away from draughts) and cover with greased wax paper and a kitchen dish towel. Let rise until doubled in size; punch down and let rise again until doubled in size. Turn out on to floured board and depending on size of loaves desired, place portion on board and roll lightly in rectangular shape as thinly as possible. Brush rolled dough with lightly beaten egg—very lightly but completely moistening dough evenly. Reserve egg and add equal amount of water and set aside. Preheat oven to 360°.

In a separate bowl combine salt, scallions, parsley, watercress, garlic. Mix. Spread filling mixture as thinly or thickly as desired and roll up like jelly-roll. Seal edges and ends to prevent filling from escaping. Place in well greased loaf pans and let rise until increased half again in size.

Bake in oven for 40 minutes, remove from oven and quickly brush each loaf top with the remaining egg mixture and return to oven for additional baking. Bread is done when the bottom of the pan sounds hollow when tapped; approximately 1 hour for a standard-sized loaf. Yields 4 loaves.

LEG OF LAMB BARBECUE

Herbed Butterflied Leg of Lamb
Potatoes Dauphinoise
Tomatoes Provençale
Hot Raspberry Soufflé

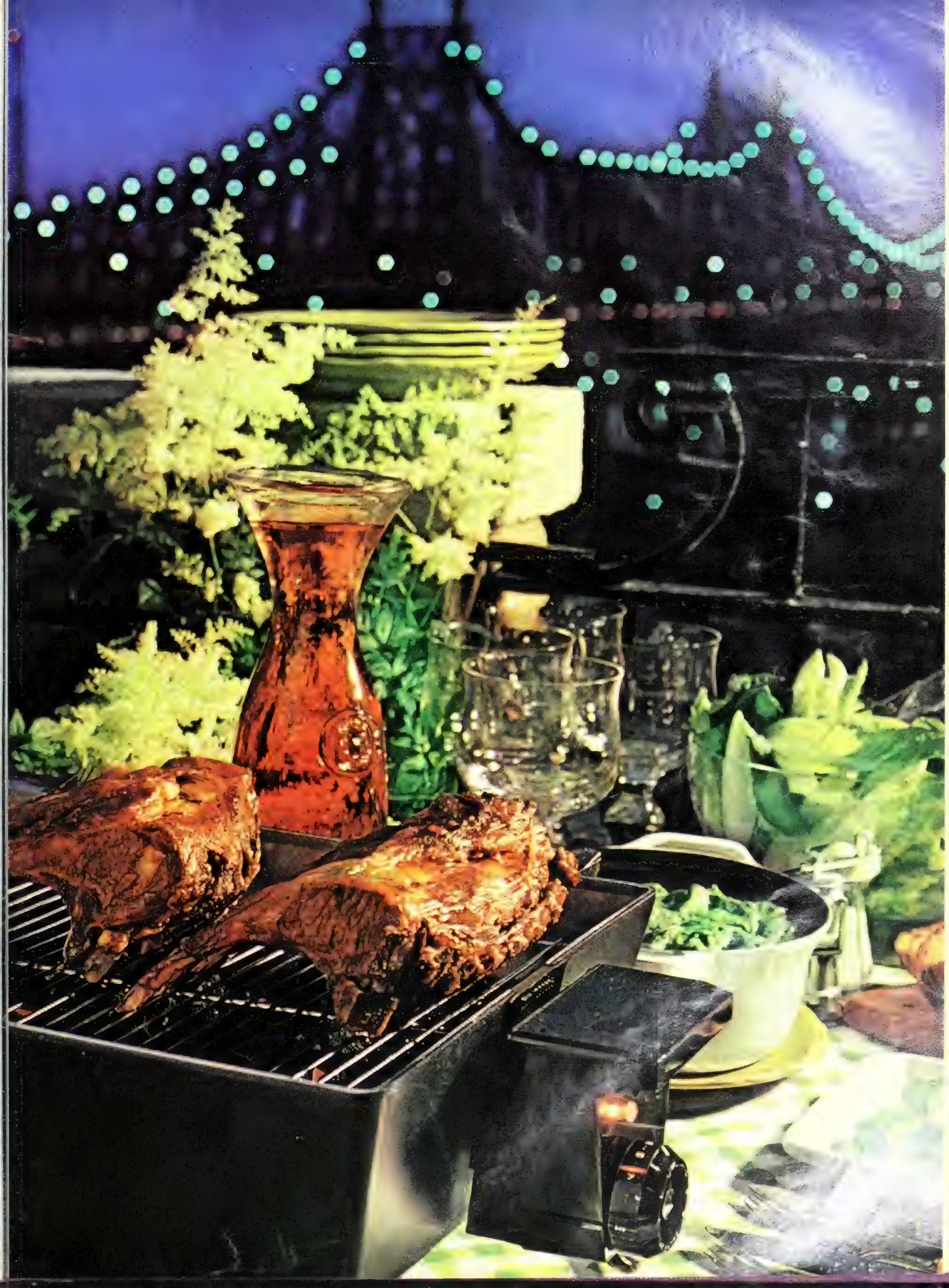
HERBED BUTTERFLIED LEG OF LAMB

Ingredients: 1 leg of lamb, boned and butterflied by the butcher, about 6-8 pounds; ¾ cup salad oil; ⅓ cup lemon juice; ¼ cup dry sherry; 2 tablespoons grated onion; 1 teaspoon salt; 3 drops hot pepper sauce; ¼ teaspoon each: powdered oregano, crushed thyme leaves.

Method: Place the lamb in a large shallow baking dish.

Continued on page 115

EMERICK BRONSON



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A talented hostess shares her menus and recipes

4 parties with an Italian flavor

"We love to have a marvelous first course and then everything very light," says the American born Marchesa Catherine di Montezemol[o] of the parties she gives in her apartment in Milan. see pages 58-65.

"I love Italian food and think it is terribly healthy; vegetables and fruits are so fresh they need only the simplest preparatio[n]

W[ith] A[n]g[e]l[o] [illegible]ed cook and "always a smiling artist," Cathy di Mont[illegible] delicious meals for guests from six [illegible]. As Italians come home for lunch, [illegible] choke pie served with arugula sal[illegible]

A SIMPLE LUNCH

Ring of Rice with Ham
Fresh Figs in Cream
Wine: Clastidio Bianco 1969

RING OF RICE WITH HAM

Ingredients for sauce: 1 pound of rice (Italian Avorio if available); about [illegible] cup grated Parmesan cheese; 2 cups [illegible]; 2 pound [illegible] small tomatoes; ½ quart milk.

Method for sauce: [illegible] rice in slightly salted water until it [illegible] and transfer to mixing bowl. Add cheese, egg yolks, butter, mushrooms to rice, mix well. Line a ring mold (hole in middle) with ham, add rice mixture, set aside. *Method for sauce:* In a large saucepan [illegible] butter and oil, then add chopped chicken breast and cook gently another 20 minutes, stirring occasionally. Add wine and cook until it evaporates. Add tomatoes and [illegible] and simmer about 2 hours. Strain through a very loose sieve [illegible] pulp has texture.

Bake ring for 5-6 minutes. Unmold ring on serving platter. [illegible] center of ring powder with freshly grated Parmesan cheese, serve instantly. Serves 6.

FRESH FIGS IN CREAM

Ingredients: 24 fresh figs; 2 cups heavy cream; confectioners sugar; [illegible] (out of season, dark grapes), and sliced pears for garnish.

Cathy, tying bows on breadsticks

Method: Clean figs and peel with very sharp knife. Coat bottom of a round serving dish with half of the cream beaten slightly.

Place figs in 2 or 3 circles or however it pleases you.

Dust cream with confectioners sugar. Softly beat the second cup of cream and dot each fig with a dollop. Garnish with grapes and pears (arrange pear slices at last minute). Serves 6.

DINNER

**Rice "Alla Piemontese" with Truffles*
Duck à L'Orange
With Fresh Vegetables
**Chestnut Soufflé*
Espresso
Wines: Clastidio Bianco 1969
Rosso Antinori 1968

RICE "ALLA PIEMONTESE"

Ingredients: 2 quarts chicken beef stock; 1½ pounds rice (Italian Avorio if available); 1 small envelope saffron, about ¼ cup freshly grated Parmesan cheese; white pepper to taste; 2 egg yolks; ½ pound butter; truffles to taste.

Method: In a large pot boil stock.

In a frying pan add 1 or 2 cups stock and rice. Boil mixture until rice begins to absorb the liquid, constantly stirring. Add more stock as needed and cook until rice is *al dente*.

Remove pan from stove and add saffron, Parmesan cheese to taste, white pepper and mix together and set aside.

In a mixing bowl add egg yolks, 3 tablespoons Parmesan cheese, butter and mix together. Add rice to mixture and mix well. Serve on a warm serving platter and sprinkle with Parmesan cheese and grate truffle on top. Serve immediately. Serves 6.

CHESTNUT SOUFFLÉ

Ingredients: 1 can whole chestnuts; 2 tablespoons sugar; 3 tablespoons butter; 3 tablespoons sweet cocoa; 4 egg whites; ½ teaspoon vanilla; confectioners sugar, to taste.

Method: Put chestnuts through medium disk of a food mill. Add chestnuts and sugar to a frying pan, mix well and heat over a low flame for 2-3 minutes in order to dry mixture. Remove pan from stove and add butter and cocoa and mix well. Cool

Preheat oven to 350°. In a large bowl beat egg whites until stiff and add vanilla.

Butter and lightly sugar a 1½ quart soufflé dish and set aside.

Fold chestnut mixture into beaten egg whites and pour into soufflé dish.

Continued on page

"We always have freshly made pasta or rice for a first course, then the rest of the meal is very simple"

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The PFALTZGRAFF Co.

4 PARTIES WITH AN ITALIAN FLAVOR

continued from page 106

dish. Cook soufflé for about 30 minutes or until it rises.

Sprinkle with powdered sugar and serve immediately. Serves 6.

SUNDAY LUNCH

**Artichoke Pie*
Arugula Salad
With Sliced Fresh Mushrooms
Extra-Virgin Italian Olive Oil
Italian Cut Loaf Bread
Espresso
Wine: Chianti Classico 1969

ARTICHOKE PIE

Ingredients for pastry: 1 pound flour; 1 cup ½ pound butter; 1 tablespoon granulated sugar.

Ingredients for pie filling: 8 small Italian artichokes or 2 packages frozen artichoke hearts; juice of 1 lemon; 1 cup olive oil; salt and pepper to taste; 3 tablespoons Béchamel sauce; ½ pound sliced Gruyère cheese; 2 slices cooked ham, chopped; 2 hard-boiled eggs, chopped.

Method for pastry: Place flour on a flat surface and make a ring. Place a hole in the center of the flour and add the egg, butter and water. Begin to mix ingredients with hands until a paste is formed; it should be very soft. Dust over work the dough. Divide dough in half and wrap each half in aluminum foil. Refrigerate for 1 hour.

Method for pie filling: Clean and trim artichokes and paint with lemon juice to avoid discoloring, or defrost frozen artichokes.

Slice each artichoke into 4 pieces; put all to braise (pat with oil, salt, pepper and cook until tender; drain).

Preheat oven to 350°.

In a large mixing bowl add Béchamel sauce, Gruyère cheese, ham, eggs, cooked artichokes and mix well.

Roll out remaining dough.

Add mixture to pie shell and cover with the remaining dough. Brush top of pie crust with egg yolk and bake in oven for 45 minutes. Serves 6.

DINNER

**Agnolotti (a kind of ravioli)*
With Spinach and Ricotta
Roast of Veal With Sage Essence
**Cold Lemon Soufflé*
Leavened Dried Fruit
Espresso
Wine: Clastidio Bianco 1969

AGNOLOTTI (RAVIOLI-LIKE PASTA) WITH SPINACH AND RICOTTA

Ingredients for pasta dough: 1 pound flour; 6 eggs.

Ingredients for pasta filling: 3 pounds fresh, washed, spinach; 2 pounds fresh ricotta; ¼ pound butter; ½ pound prosciutto; ½ cup Parmesan cheese, grated; 3 egg yolks; salt and pepper to taste; ½ a nutmeg, grated.

Ingredients for sauce: ½ pound Gruyère cheese, diced; ½ quart milk; 2 egg yolks; 1 pint heavy cream; 1 tablespoon butter; ¼ cup Parmesan cheese, grated.

Method for pasta dough: On a flat surface, put the flour in the center and form a ring. In the center of the flour add the eggs and work the flour well together with your hands until the dough is extremely smooth (there should be no bumps and it should look like marble).

Method of pasta filling: Wash spinach and cook with just the water that clings to it until very wilted. Wash spinach again with cold water and squeeze out all water with a towel.

Force spinach and ricotta through a sieve and set aside. In a saucepan boil brains and sweetbreads in a small amount of water for about 10 minutes, drain and pass them through a meat grinder.

In a large bowl mix together well the spinach and ricotta mixture with the meats, adding the Parmesan cheese, egg yolks, salt and pepper, and the grated nutmeg and set aside.

Roll out dough until paper thin and as wide as possible. Put 1 teaspoon of filling every ½ inch and take the end of the pasta and roll it over. Using a glass with a diameter of 2 inches, place half the circle of the glass over the pasta and cut into half moon shapes and flatten edges with a fork. Continue process until all the filling is used.

Method for sauce: In a saucepan add Gruyère cheese and milk and cover over low flame, constantly stirring, until cheese begins to string; add egg yolks and continue to stir until smooth. Add ½ pint heavy cream, butter, and Parmesan cheese, mix and set aside.

In a bowl beat remaining ½ pint cream until stiff and refrigerate.

Method for assembling dish: In a very large pot with boiling water add the pasta and cook for 10-15 minutes (test after about 11 minutes of cooking for desired doneness; the texture should be quite soft). Strain pasta and remove to a heated mixing bowl and add sauce and mix well very quickly.

Serve on a hot, flat platter and dot with chilled whipped cream. Serves 6.

COLD LEMON SOUFFLÉ

Ingredients: 6 eggs, separated; 1½ cups sugar; 3 lemons; 1 envelope gelatin; 1 pint heavy cream; 3 oranges; about 24 lady fingers; garnishes: purée of raspberries or whole fresh strawberries.

Method: Put egg yolks and sugar in a double boiler and grate zest of 3 lemons over it.

Squeeze lemons and add juice and gelatin to a small saucepan. Put over low heat to soften and reserve.

Heat yolks and sugar for about 15 minutes, stirring occasionally. Take mixture off heat, mix in lemon and gelatin mixture, set aside.

Beat egg whites until stiff. In a separate bowl beat cream until stiff. Add both to egg yolk mixture and set aside.

Squeeze juice of oranges into a small bowl and moisten lady fingers one by one. Line a fluted form with moistened lady fingers and add a layer of lemon cream mixture then a layer of lady fingers and continue process ending with a layer of lady fingers. Freeze for 3 hours or preferably overnight.

Unmold on a round dessert plate and serve with purée of raspberries or fresh whole strawberries as garnishes. ■

Nigel Cullen cooks in the Italian tradition, but on a modern kitchen

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How to plan your own delicious tour of California's wine country

The wine picnic

by José Wilson

I love picnics with a passion and have ever since I was child. From an early, ingenuous taste for dandelion-and-burdock stout (a soft, sweet, slightly fizzy drink) and raspberry-jam sandwiches I have graduated to wine, cheese, and French bread, but I'm still hopelessly hooked on the whole outdoor scene—the search for just the right picnic spot, the famished unpacking of the hamper, the first blissful bite and sip.

Picnics, I have found, are more fun if you look on them as adventures in regional gastronomy, picking up en route whatever foods are fresh and tempting. Nowhere have I had better picnics than in the North Coast wine country of California, where everything you need seems to come together—great local cheeses, specialty food stores packed with smoked and cured meats and olives, farm stands piled with ripe tomatoes, dewy-fresh lettuce, figs, berries, and melons, bakeries wafting the seductive smell of yeasty fresh-baked breads and pastries, and best of all, an endless river of every kind of wine you could possibly fancy, from brut champagne to a rough, peasanty red. My dream is to settle in San Francisco and go on a wine picnic every day, trying every highway and byway until I know the wineries and their offerings by heart. This is, to me, the only way to taste the most and the best of California's hundreds of wines, some of which never make it beyond the state line, the demand is so great, the supply so small. Somehow, too, these American local wines seem to taste even better here on their own home ground, with the local foods, true of most wines of the world.

A wine picnic should stroke the senses as well as pamper the palate. Away with paper plates and plastic glasses. To eat off, I have found nothing better than the large lacquered plates from Japa-

Deck for picnics, designed by Thomas Church, in the Alexander Wine Gardens, San Juan Bautista

nese import shops. Inexpensive, sturdy, and lightweight, they come in bright, appetizing colors and even go in the dishwasher. To drink from, I like the short-stemmed, 9-ounce glasses used in the wine-tasting rooms that hold a healthy serving and don't tip over. Stainless flatware takes care of anything that has to be cut, speared, fished out, or spooned up.

At my all-time favorite kitchen shop, Williams-Sonoma on Sutter Street in San Francisco, you can find just about everything for civilized picnicking. Rustic French baskets, smooth white wood cutting boards, efficient slicing knives, French pepper and salt mills complete with salt crystals and peppercorns, checked linen dish towels that make all-embracing lap napkins and wine-glass cushioners, and the kind of corkscrew wine-country people prefer—a two-pronged affair that grips the sides of the cork and lets you re-insert it in the bottle, in case there should be a drop or two left. Add to these a good can opener, an insulated bag or Styrofoam cooler to keep foods fresh, white wines cold, a plastic bottle of water for rinsing off fruit and vegetables, and a plastic bag to collect the debris, and you are all set.

Mapping out your route through the wine country is a pleasant evening's occupation. The San Francisco Convention and Visitor's Bureau has racks full of free booklets and maps of the different wine areas and wineries that tell you the days and hours they are open, whether they have winery tours, tastings, picnic facilities and so on. Some of the smaller wineries can only be seen by appointment, so you have to allow time to write or phone ahead. The Wine Institute, at 717 Market Street, has a small guidebook, *California's Wine Wonderland*, that gives basic information like addresses and phone numbers of the wineries, detailed directions for getting there, and a mileage chart of the distance between wine towns. Supplement these with the excellent Sunset Travel Book called *California's Wine Country* ($4.95 in paperback, and appropriate maps. And while you're in San Francisco, a visit to the Christian Brothers new wine museum on Beech Street will give you a sense of the history and background of the wines of California.

I strongly advise scheduling no more than four wineries a day, two in the morning, two in the afternoon, with a picnic pause around 1 o'clock. Wine for lunch can be bought at the winery retail shops or certain picnic-food stores in the area you are traveling). Most wineries open at 9 or 10 in the morning, close between 4 and 5 in the afternoon. The urge to fit in just one more before heading home should be sternly resisted. Better to come back another day than taste too much, travel too long, and end up fuddled and exhausted. Nor should you be talked

Continued on next page

"A wine picnic should stroke the senses as well as pamper the palate"

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into taking a tour of every winery you visit. You'll soon tire of yet more redwood vats, stainless steel fermenting tanks, and oak cooperage. A tour of one champagne cellar where the traditional methods are followed, such as Korbel or Kornell, is enough, so is a tour of one major winery like Beaulieu, The Christian Brothers, or Louis M. Martini. Small wineries are different. If you have made your prior appointment, you may get the chance to talk with the owners or the winemaker and get all kinds of fascinating first-hand information.

When you go to a winery, by all means taste as many of the premium varietals as you can and make a note of those you would like to buy or order back home, checking on whether the wines are distributed in your state and city. Even if some of your favorites are not, so far, available outside California or in more than a few states, the picture can change rapidly as production is stepped up, and your on-the-spot reactions are good future reference. You are probably already familiar with the leading varietals, the Chardonnay, Cabernet Sauvignon, Pinot Noir, and Johannisberg Riesling. Here you have a chance to try the less well-known of the Petite Sirah, Champagne, Merlot, Charbono, Pinot St. George, Grignolino, Fleurette, Gewürztraminer, Fumé Blanc, Chenin Blanc, a new proprietary wine unique to one winery, or maybe a characteristically Californian dessert wine made from the Muscat Blanc grape.

As a general rule only a certain number of wines from the full line are available each day in the tasting rooms, but you can always buy a bottle of anything else that interests you. Some small wineries don't have tastings, although they will sell you their wines.

If you are buying a wine to drink on your picnic, stick to something young and fresh. It would be a wicked waste of a fine red that needs age, like a Cabernet Sauvignon. Many of the lower-priced generically named blends from a premium winery—Chablis, Rhine, Mountain White or Red—are perfectly fine with picnic food. In the varietals, you might try a light Zinfandel, Gamay, Gamay Beaujolais, or Grignolino in the reds, a dry rosé, or any of the whites (provided you can get them chilled) from a full-bodied Pinot Chardonnay, Pinot Blanc, or dry Sauvignon Blanc (sometimes called Blanc Fumé), to a softer Chenin Blanc or one of the deliciously fruity Rieslings, Gewürztraminer, or Traminer. Or, if you feel extravagant and the food merits it, why not a brut champagne?

Wine Counties North of San Francisco

Cross the Golden Gate Bridge and head north through Marin County, skirting San Francisco Bay, and within an hour you are in the mother lode of wine, the neighboring valleys of Napa and Sonoma, in the counties of the same name. It was here winemaking in the northern counties began, in the days of the Franciscan missions, and took its great leap forward in the middle of the nineteenth century, when Count Agoston Haraszthy, the Hungarian émigré who founded the Buena Vista winery, introduced the European vinifera grapes that launched the California wine industry of today.

Parallel in more than a geographic sense, Napa and Sonoma complement each other like Siamese twins—with different personalities. Napa impresses with its sweep of wall-to-wall wineries and vineyards flanking Highway 29 for some fifteen miles. Here you find many of the major names of the wine establishment—Beaulieu, The Christian Brothers, Charles Krug, Louis M. Martini, Inglenook, Beringer, the Hanns Kornell Champagne Cellars, and the newer wineries coming up fast, like Robert Mondavi, Freemark Abbey, Souverain, Oakville, and Sterling. Tucked away on the mountain slopes at the end of twisting, woodsy roads are small wineries making a limited quantity of top-quality and top-priced wine. Heitz, Stony Hill, Chappellet, Mayacamas, and Schramsberg can be visited only by appointment (although Heitz also maintains a tasting room on Highway 29), and while not easy to find, they are "worth the detour."

Napa looks the way you expect wine country to be, green waves of vines, romantic old stone buildings, with here and there a flourish of striking modern architecture. Robert Louis Stevenson wrote of this landscape, "The stirring sunlight and the growing vines and the vats and the bottles in the caverns made a pleasant music for the mind." That hasn't changed.

Sonoma exudes tranquility, steeped in the history and ambiance of Spanish California. The town of Sonoma was headquarters

"Napa looks the way you expect wine country to be, green waves of vines, romantic old stone buildings, with here and there a flourish of striking modern architecture"

for General Mariano Vallejo when he was Governor of Mexico. Unlike Napa, where most of the orchards have yielded ground to more profitable vineyards, Sonoma is still largely pastoral and agricultural. Here are fruit farms, mushroom farms, pheasant and poultry farms (one ranch sells a rarity, turkey sausage), smokehouses, cheese factories, places that sell cider, honey, walnuts, potted plants, Christmas trees. There's almost no season of the year when there isn't something raised for sale. The farms are listed, along with the Sonoma wineries and state parks where you can picnic, in *Sonoma County Farm Trails*, a marvelously useful map put out by the Chamber of Commerce, 461 First Street West, Sonoma, Cal. 95476.

You might start your wine explorations with Sonoma and then move on to Napa, crossing from one valley to another at the northern end between Santa Rosa and Calistoga, across the Petrified Forest of giant redwoods turned to stone, in the center by the Oakville Grade Road, or at the bottom via routes 12 and 121.

Caseophiles like me inaugurate a trip with a stop at the Marin French Cheese Factory in Petaluma, Sonoma, home of the glorious Rouge et Noir cheeses, which I have never found outside California. These are the soft-ripening, creamy type—Camembert, Brie, Schloss, and Breakfast (an odd name, perhaps, for this less-strong version of Camembert, but after all, why not for breakfast?). They are heavenly with California sourdough, or any kind of French bread—and wine, naturally.

Try to curb your morning appetite, because there, at picnic tables in a velvety green meadow under apple trees you can have a breakfast feast, made more delicious by the delay, of apples, cheese and ice cold cheese starter, better than the smoothest buttermilk. Take Highway 101 from San Francisco to Novato, turn left on Diablo Avenue, right at Novato Boulevard, and continue along a curvy road through rolling dairy country punctuated with black-and-white cows to connect with the Point Reyes Station Road. Turn left, and almost immediately you are in front of the factory, a nursery of cheeses quietly and fragrantly aging. Tour the factory if you wish, but certainly stop in the retail shop (open from 8 to 5) to buy cheese (in addition to the creamy cheeses, you can get Teleme or Monterey Jack, Fontina, Cheddar, Swiss, Roquefort, you name it), a foot-long loaf of French bread and meat and cheese sandwiches. Should you decide to pick up some ready-chilled wine now, there's a big wall refrigerator stocked with bottles from the Napa and Sonoma wineries and others like Paul Masson, Almadén, and Mirassou.

To the east of Petaluma is Sonoma, with historic adobe and redwood houses and two more cheese factories, Vella and Sonoma Jack's. Sonoma Jack's is loaded with cheese crackers, breads, all kinds of meats, smoked sausage, cold vegetable salads, olives and dill pickles, and California wines. You could assemble here the basis of a very creditable salade Niçoise, with canned tuna and anchovies, olives, marinated vegetables, to be supplemented with tomatoes and lettuce from a farm stand.

Sonoma is a town to linger in, with huddles of seductive little shops like the Garden Gate in the 1836 Salvador Vallejo adobe, the Sonoma Antique Shop (a good source for Americana and Oriental collectibles), and the Napa Milling Company, where you can buy a horse a present of a hot pink nylon bridle and violet reins.

Four of Sonoma's southernmost wineries, Sebastiani, Buena Vista, Hanzell, and the new Hacienda Winery cluster around the town.

Sebastiani has been a Sonoma landmark since the turn of the

Continued on next page

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fandel. Parducci also bottles a

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Another day, another valley—

Napa, where you can wine-taste

your way north through Yount-

ville, Oakville, Rutherford, and

St. Helena to Calistoga, with pic-

nic interludes along the way. Oak-

ville, Nichelini, Cuvaison, and

Souverain extend the hospitality

of their grounds, but it is advis-

able to make a phone reservation

for one of Souverain's five tables.

At Old Bale Mill, tables are set

under the trees by the mill and

waterwheel, the Bothe-Napa State

Park goes one better with a swim-

ming pool. Both are between St.

Helena and Calistoga. Calistoga

has tables under the trees in hand-

kerchief-sized Pioneer Park, and

Pete's Delicatessen on the main

Provisions can also be gathered

at various spots en route. The

Chutney Kitchen, a delightful

little restaurant in Vintage 1870,

a clutch of shops in a remodeled

old winery at Yountville, will pack

box lunches on order. While you

are there, stop at its retail and

mail-order sample bar to taste the

home-made chutneys—green toma-

to and sweet pepper, or apricot

almond, and sour cherry, for in-

and take a look at its new

Kitchen Shop.

On Charter Oak Avenue in St.

Helena a barnlike white building

with Olive Oil Manufactory let-

tered in black above the door re-

veals itself as more of a typical

Italian grocery store, although it

does make olive oil. Three large

tables hold a vast array of cheeses,

some local, mostly Italian. Racks

are festooned with aging salamis.

Jars of olives encroach on the floor.

Service is on the casual side, but

the cheeses are a bargain, often

less than supermarket prices. On

St. Helena's Main Street is the

Sugarhouse Bakery, where you

can buy fresh homemade panet-

almond and Linzer tortes,

fat macaroons and bite-sized me-

ringues. North of St. Helena, in

the gift shop next to the Freemark

Abbey winery, you will find tucked

away among the cookie cutters,

wine baskets, and aprons a re-

spectable collection of cheese,

bread, crackers, cold meats, and

chilled wines.

Napa's wineries run the gamut

from the large, established and na-

tionally known to a place like

Stony Hill, where the minuscule

supply of but two or three white

varietals is bespoken in advance

by clients on the mailing list.

It would be difficult to single

out specific wineries to visit. So

much depends on one's taste in

wine, knowledge, interest, and ex-

posure to the wines of California.

Among the better-known names

the blended, nonvintaged wines o

The Christian Brothers are made

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with care and skill and are always dependable. The estate-bottled, vintaged top varietals of Beaulieu, a fine premium winery founded by Georges de Latour, have long been synonymous with quality. Their specially aged Georges de Latour Private Cabernet Sauvignon is famous. I have a great fondness for the Beaufort Pinot Chardonnay, the Private Reserve Brut champagne (really a nature, as it has no sugar dosage), and the bone-dry 17 percent alcohol sherry, akin to a Spanish fino. Then there are the wines of Louis M. Martini, which have maintained a high standard over the years. Most notable here are the reds—Cabernet Sauvignon, Zinfandel, Pinot Noir, and an excellent Barbera—but while you are at the winery you should taste a white varietal made only by Martini, Folle Blanche, from the grape of the Cognac region. Another rarity is the light delicate Moscato Amabile, a dessert wine so fragile and susceptible to a rise in temperature that it is sold only here, never shipped.

Among the more recent contenders, Robert Mondavi, a scion of the Mondavi family of Charles Krug who branched out on his own, has gone from strength to strength since the first vintage of 1966. His wines, like his modern winery, have great style. In fact, I would pick this as one of the most interesting places to tour and taste. I share with many others a predilection for the Fumé Blanc, a dry earthy white with great character and flavor, and the superb Cabernet Sauvignon, which I'm happy to find many restaurants and wine stores now have in half bottles.

The wines of Joe Heitz, particularly the Pinot Chardonnay and Cabernet Sauvignon, are highly praised but not easy to find around the country, so I would make a point of stopping at the tasting room just below St. Helena, or making an appointment to tour the winery on Taplin Road, off the Silverado Trail (no tasting here, but retail sales). In addition to the leading varietals, try the Grignolino.

Two new wineries that are very attractive to tour are Souverain and Sterling. While Souverain has no tastings, it will, on request, chill a bottle of wine for you to have with your picnic afterward. When I was last in Napa, Sterling was not yet open to the public but it will, I was told, have tastings of all its wines each day indoors or outdoors at tables in a shaded area, and for a small fee, will transport you by aerial tramway from the bottom of the hill to the spectacular winery at the top.

The lists at some of the newer wineries are small, something of a blessing, as you can taste everything without losing yourself in a haze of impressions. Oakville Vineyards has excellent whites, especially the dry Sauvignon Blanc. There are no tastings at Freemark Abbey, but its four leading vintaged varietals, in the higher-priced echelon of Napa wines, are hard to find outside California and well worth investing in. So are the champagnes of Schramsberg. After a look (by prearranged appointment) at the old and new caves sunk deep into the mountainside, count yourself lucky to be able to buy a bottle of Blanc de Blancs or the even rarer Blanc de Noirs.

I would, by all means, end a visit to Napa on a flourish of champagne, either here or at the near by Hanns Kornell Champagne Cellars, before backtracking down the valley to San Francisco. Hanns Kornell will probably be on hand to show you around himself. Champagne is his life and his enthusiasm and there's nothing this stocky, white-haired, dedicated man likes better than talking about it—except perhaps making it.

Wine Counties South of San Francisco

Below San Francisco lies another whole slew of wineries, more strung-out than Napa and Sonoma, and so requiring more careful routing. The first stop would be Livermore in Alameda County where the Wente and Concannon wineries, friendly neighbors for going on a hundred years, stand right across the road from one another, sturdy bulwarks in an encroaching sea of urban sprawl.

While the gravelly soil of the Livermore Valley was looked on for years as more suited to white wines, especially of the Bordeaux persuasion, than to reds, this has been disproved. While both wineries do specialize in whites—one of Wente's most successful has been its Blanc de Blancs, a medium-dry wine made from Chenin Blanc and Ugni Blanc grapes—Concannon was a leader with a varietal Petite Sirah. This and the Limited Bottling Cabernet Sauvignon have always been to me outstandingly fine wines. Wente's plantings in the Salinas Valley of Monterey County have resulted in some exceptional whites, particularly the Gewürztraminer and Riesling Spätlese.

Continued on next page

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Cheri Alexander. Shake 1 oz. Cheri-Suisse, 1 oz. gin or vodka and 1 oz. cream with cracked ice. Strain into cocktail glass.

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Cheri-Suisse Romanoff. Drain one jar (14-16 oz.) pitted dark sweet cherries. Whip 1 cup heavy cream with 2 tbls. Cheri-Suisse. Fold into 1 pt. softened vanilla ice cream. Fold in cherries and 2 more tbls. Cheri-Suisse. Serves 8.

Cheri-Suisse Mist. Pour 2 oz. Cheri-Suisse over crushed ice in champagne glass. Serve with short straws.

Those Swiss! They're better at everything than anybody. Like their fine watches, their lust for fine food, and their famous finesse with money. Now they've blended their great Swiss chocolate and bursting ripe cherries into the world's most lovable liqueur. It's called Cheri-Suisse. You can do so many things with it, it'll drive you cuckoo.

Cheri-Suisse

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"Contrasts are one of the charms of the wine country"

THE WINE PICNIC *continued from preceding page*

Livermore Valley is a less prominent piece [illegible] northern counties [illegible] south on Arroyo Road [illegible] gins in Livermore as South L Street) and you'll find a cool oasis [illegible] creek in Arroyo Canyon [illegible] There's choice to be [illegible] the tables on the sunny [illegible] Livermore, the neighboring [illegible] of Livermore. Or you can picnic [illegible]

Descend to the Mission San Jose district and take a gloriously [illegible] picnic table at the Wente Brothers Champagne Cellars on Stanley Avenue. After a refreshing draught of sparkling or still wine in the tasting room.

Santa Clara County, which likes itself as "The Other Wine Country," has more than twenty wineries, most of them small, family owned and Italian whose sizes and textures are often by appointment. The wineries are dotted and clustered all over the map and you need an invaluable little brochure called *Santa Clara County Wineries Tour* to find your way around. To get it, send a stamped, self-addressed envelope to "Growers [illegible] Box 1 [illegible] 344 Aborn Road, San José, Cal. 95121, which happens [illegible] address of the Mirasson Vineyards. There's also a place to eat at the Paul Masson Champagne Cellars on Highway 101 and go east about 3 miles on Aborn Road, and there it is.

Ever since my first visit there [illegible] I spent more hours than I had intended tasting some really remarkable wines. Although [illegible] Napa wineries. There's a young, [illegible] which emanates from the staff and the fifth-generation Mirasson brothers who are responsible for building Mirasson's reputation as a top-flight premium winery. Until then it had been an [illegible] old-fashioned family business mainly making bulk wines for other [illegible] But still [illegible] [illegible] my [illegible] the new vintages and plantings. But the excitement is in the premium varietals, about which Mirassou probably supplies more factual information than any other winery, on the bottle and in detailed releases and analyses of each vintage, sent out yearly to its mailing list. Innovative and knowledgeable, Mirassou was one of the first to plant in the Salinas Valley, to adopt mechanical harvesting, field crushing and to give its vintaged varietals Monterey or Santa Clara County appellations of origin. The wines are clean, fruity, with very distinct varietal characteristics and the limited bottling "harvest" selections from Monterey County are often outstanding. It is worth devoting a whole morning to Mirassou's tasting room, where the wine is served, for once, in huge glasses, and the hosts are both friendly and informative.

After leaving San Jose, take the road to the town of Saratoga, stopping en route to visit the Paul Masson Champagne Cellars, a very modern, streamlined place where you can watch the transfer process of champagne making and [illegible] the fairly [illegible] to see one of your old favorites or find a new one, perhaps the recently released Zinfandel, from grapes grown at the Pinnacles Vineyard in Monterey County, or the Pinnacles Estate Selection Pinot Noir and Cabernet Sauvignon, available in California only which can be bought but not tasted.

Continue into Saratoga and you'll come to the Saratoga Village Shopping Center where you can get picnic fare and sourdough bread and, a little farther on, The Vienna Woods, a well-equipped little European delicatessen. Here you can have hearty sandwiches made up, Westphalian ham on rye perhaps, and buy salads, Austrian chocolate torte and fruit for dessert, and then take your pick of picnic spots. Just outside the village, before the turn-off to the old Paul Masson Mountain Winery where concerts are held on July and August weekends, you'll see a Japanese garden, open to the public and full of enchanting places to sit at tables and eat, in [illegible] gazebos beside a lily pond, or on the crown of a hill under oak trees with a gorgeous view of valley, vineyards and trees. If you take the road (now called Big Basin Road) to the end, you'll be in Big Basin State Park, with giant sequoias, redwoods, deer, and a nice picnic site. Should you prefer to turn off first onto Mount Eden Road, it

leads to Stevens Canyon Road and Stevens Creek Park, wild and woodsy, where you can spread your picnic lunch on the bank of a narrow tree-shaded creek and cool your bottle of wine in rushing water.

After lunch, always provided you phoned ahead for an appointment, you might spend an hour or two at Ridge Vineyards, way up on the Monte Bello ridge of the Santa Cruz Mountains. Follow the road to Stevens Creek Reservoir and watch very carefully for the turn-off, Monte Bello Road, which twists upward and ever upward to tiny, casual Ridge, which you can miss completely as it is virtually unmarked. The wines here, especially the reds, are big, full, unfined, and unfiltered, the kind that go to your head on a warm afternoon. Taste cautiously—and buy, for these, too, are wines you're not likely to find without hunting.

Another tiny, high-up winery worth visiting is that of David Bruce, in the Los Gatos Mountains. Tours are by advance appointment only and Saturday morning the favored time as Dr. Bruce has a medical practice in San José. His unique wines are mostly sold by mail, and the Charlonnays and Zinfandels are rated outstanding.

Almadén, a household word in wine, has vineyards in three counties, and while there are no winery tours, you can taste the wines at two places, one in the old Spanish town of San Juan Bautista, the other at Pacheco Pass, Highway 152. San Juan Bautista is an enchanting little mission town, off Highway 101, just below Hollister, with plenty of intriguing shops to poke around in and a pink-faced restaurant, La Casa Rosa, where you can buy Ash Blonde, a blend of sweet and dry vermouths specially bottled for the restaurant by Korbel, wine vinegars, homemade peach, pear, or curried apricot chutney, Bombay sauce, pomegranate jelly, and lots of other goodies. A rousing Spanish-style rodeo is held here each summer, and in season (August/September) braids of garlic from the local factory are sold on the streets.

The Almaden tasting room, directly across the plaza from the old mission, has one of the most attractive settings of all. There's a small outdoor deck and gazebo designed by Thomas Church where you can sit on a bench and sip the wine of your choice (try the Grenoir Original or Blanc Fumé, the two newest additions to the line) with your sandwich. Or, if your picnic requires more elbow room, behind the tasting room is an old-fashioned garden with cockscombs, lavender, daisies, phlox, and long tables and benches under the protective arms of an old grape arbor.

If you can choose your time, visit the wine country in late spring or fall, skipping high summer when the tourists descend and the wineries bulge at the seams, and temperatures in the valleys often soar uncomfortably from one day to the next. If you can't, build some flexibility into your schedule. Instead of battling the lunchtime crowds for a picnic spot, have an elevenses picnic, perhaps a sherry tasting with bottles from different wineries, tapas of California olives and salted almonds, or a more elaborate selection augmented with canned sardines and anchovies, marinated artichoke hearts, tiny shrimp, slices of salami or ham, and cubes of Monterey Jack cheese. Or have your own wine tasting, with demi-bottles picked up here and there, cheese and French bread to clear the palate. At the midafternoon slump when you get the blahs—the fillip of a bottle of chilled champagne (Almadén's Blanc de Blancs or Korbel Nature) or Gewürztraminer, or a rosé, perhaps Mirassou's Petite Rosé or Paul Masson's Crackling Rosé, to be savored with some luscious fruit—Santa Clara plums, ripe figs, a fresh peach or nectarine or huge strawberries with stems, from Gilroy, below San Jose.

Should nature turn uncooperative, here are some restaurants in the wine counties where you can shelter from rain or heat and wine and dine well.

SONOMA

La Casa, Spain and East First Streets. Mexican dining with a view of the old mission.

The Little Mermaid, East First. Special sandwiches, wine by the glass.

The Plaza Restaurant, corner of East Napa and East First. Tiny, French, reasonable prices. Poulet du chef combines Petaluma chicken, Sonoma wine.

Au Relais, corner of Broadway and Andrieux Street. Considered the area's best French restaurant. Herby, [illegible] Provence.

NAPA

Chutney Kitchen, vint[illegible] Yountville. Simple food [illegible] cold zucchini soup, salad, [illegible] or lamb ragout, chutney, [illegible] cake) wine can be ordered by glass or carafe.

A la Toque, 587B Highway 29. Newly opened French restaurant.

Mahuhay The Hatchery, 1345 Railroad Avenue, St. Helena. Small, delightful Philippine restaurant (dishes like chicken adobo). Moderate prices.

The Abbey Restaurant, Freemark Abbey Complex, St. Helena. Simple dishes cooked with style by chef-owner Pappas. A favorite of local winery people.

SANTA CLARA

Old Town Wines, 50 University Avenue, Los Gatos. Wine cellar with sandwiches, cheese. On second floor, *Mimi's*, omelettes, wine, French pastries.

The Prune Yard, South Bascom off Hamilton Avenue, San José. Complex of gardens, boutiques, restaurants. Among them: *El Burro*, Mexican food. *The Cookbook Restaurant*, bookshop—cum-restaurant featuring omelettes. *Paolo's*, Continental, offshoot of the award-winning Paolo's across town.

SAN BENITO

La Casa Rosa, San Juan Bautista. Old California style. Casserole of white cornmeal, beef, tomato sauce, hot and spicy, or chicken soufflé, with green salad, dessert (try the pink champagne sherbet). Open for lunch only. ■

LAMB FOR A PARTY *continued from page 104*

In a small bowl blend salad oil, lemon juice, sherry, onion, salt, hot pepper sauce, oregano, and thyme and pour over lamb. Cover and marinate lamb 8 hours or overnight in refrigerator; turn occasionally.

Preheat broiler. Broil, fat side up, 4-6 inches from source of heat, about 20-25 minutes on each side, or to desired degree of doneness, brushing occasionally with marinade. A meat thermometer inserted in the thickest part of the leg after it has been well browned on both sides is a good idea. One of the great things about a butterflied leg is that due to the varying thickness of the meat, you can serve guests rare, medium, and well-done meat from the same leg. Serves 12-16.

RAGOUT OF LAMB DINNER

Ragout of Lamb
Parsleyed New Potatoes
Bibb Lettuce Salad with Vinaigrette Sauce
Sliced Navel Oranges with Iced Cold Kirsch and Shredded Coconut—Vanilla Fan Cookies

RAGOUT OF LAMB

Ingredients: 1 large Spanish onion, minced; 2 tablespoons vegetable oil; 5 pounds combination of shoulder, neck, and breast of spring lamb trimmed of fat and gristle, cut into 1½ inch cubes. Do not trim meat off bones as it is almost impossible and is excellent for flavor; 3 cups flour mixed with salt and freshly ground pepper to taste; 1 cup light red wine (Beaujolais); 2 large ripe tomatoes, peeled, seeded, and chopped; 8 cups stock, half chicken half beef (fresh or canned); bouquet garni wrapped in cheese cloth consisting of white part of 1 leek, 1 celery stalk and leaves, 1 carrot, peeled and cut in half lengthwise, 2 carrot tops, 2 lemon peels (rind only), 1 bay leaf, 2 sprigs Italian parsley, sprig fresh thyme or ¼ teaspoon dry thyme; 2 tablespoons cornstarch mixed with 4 tablespoons cold water, if needed; garnishes: 2 bunches cooked, fresh baby carrots, peeled and uniformly cut; about 1½ pounds fresh or 1 10-ounce package frozen peas, cooked; 30 water chestnuts.

Method. In a heavy 10-qt. [illegible] sauté onion in oil until wilted, not brown. Reserve.

Pat meat dry in paper towels and dust lightly in flour mixture. Coat the skillet with oil and heat on high flame. Brown meat on all sides until it is [illegible] in color. Do not overcrowd pan with meat. Do a little at a time and reserve. When all the meat has been browned, deglaze pan with red wine scraping all the burned particles that have stuck to pan. Return meat, onion, tomato to pan and add enough stock to cover. Add bouquet garni and heat to simmer. Taste sauce for seasoning.

Preheat oven to 250°. Place covered casserole in oven for 1½ hours. Last 10 [illegible] cooking time add water chestnuts. [illegible] should be fork tender. If sauce [illegible] thicken with cornstarch. Garnish [illegible] peas, and water chestnuts. [illegible] or two days ahead of time. [illegible] frigerator at least 3 hours before reheating in oven. Cook vegetables on day you plan to serve. Serves 8-10 people. ■

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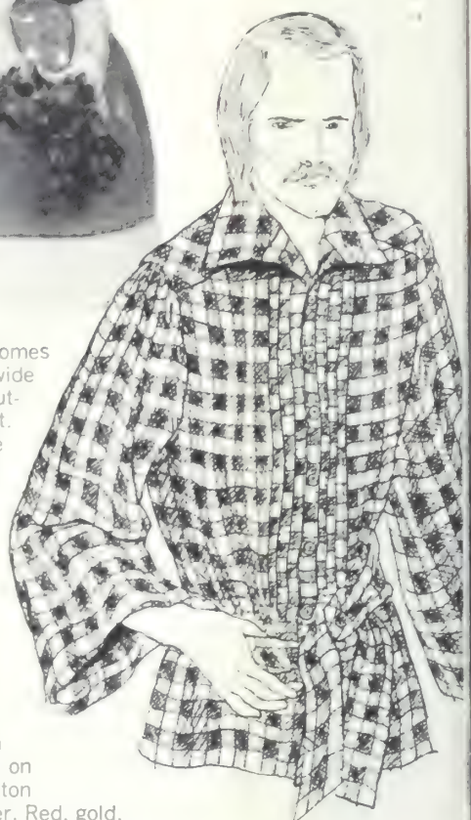

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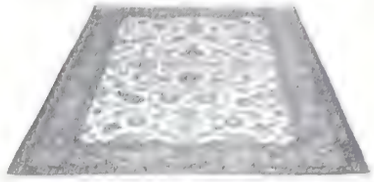

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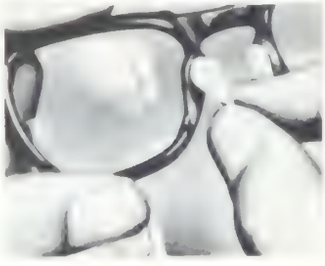
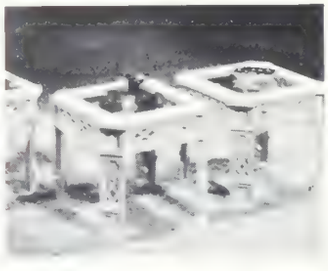


NON-SKID PROTECTION

Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1 for 12 pads plus 15c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

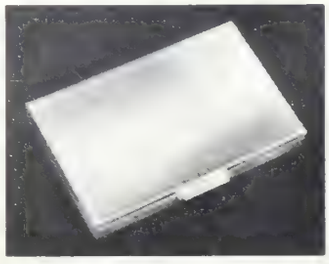
TREASURED TIMEPIECES

Replicas of antique grandfather and grandmother clocks feature solid brass movements, Westminster chimes. Cherry or pine, almost 7′ tall. $285 to $388. Others from $49.95. Catalogue 50c. Antique Reproductions, HG3, 200 Commerce Ave., S.W., Grand Rapids, MI 49502.



CHIPPENDALE CHARM

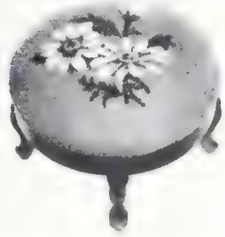
Three's good company when it's a grouping of coordinated tables. Chinese Chippendale bunchers 20″ x 20″ by 17″ in white, mandarin red, parrot green, lemon yellow. Pair, $148.50 exp. charges coll. Catalogue, 50c. Bryan Robeson, HG92, Rte. 10, Box 793, Hickory, NC 28601.



TOP BRASS

Posh and easy way to keep track of those elusive credit cards is in a neat solid brass holder that's sized right for pocket or purse. 3½″ x 2¼″ x ½″. Extra charm: a three-initial monogram in script (specify letters). $4.50 ppd. Bruce Bolind, HG3, Boulder CO 80302.

HANDPICKED DAISIES

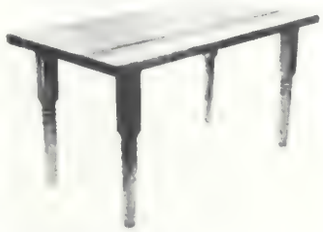


You needlepoint background for pillow or footstool; flowers in white, gold, green. 14″ by 14″, $6.95 plus 50c post. Add $3.50 for antique gold background yarn. Stool, 8″ h., 11″ dia. in muslin, fruitwood finish $17.95 plus $1.25 post. The Stitchery, HG3, Wellesley Hills, MA 02181.

IN FULL COLOR

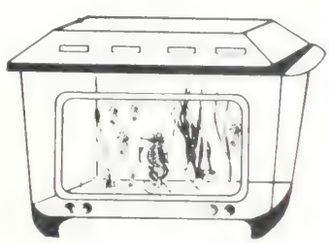
Your favorite picture blown up in color. Send color print or slide (no negative). 1′ by 1½′ poster, $4.95, 1½′ by 2′, $7.95, 2′ by 3′, $14.95. Also black and white posters. 1½′ by 2′, $2.95, 2′ by 3′, $3.95, 3′ by 4′, $7.95. Photo Poster, Dept. X541, 210 E. 23 St., New York, NY 10010.

COUNTRY STYLE



Butcher-block tables for small families or lots of company. 48″ by 30″ $148.50; 60″ by 30″ $163.15; 60″ by 36″ $179.25; 72″ by 36″ $197.10. Exp. coll. Also available in custom sizes. Catalogue, 50c. Butcher Block & More, HG3, 1600 So. Clinton, Chicago, IL 60616.

AQUARIUM KIT

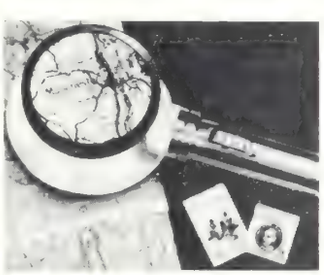


Complete with top, 2 mated seahorse pairs (includes one pregnant male, who will give birth to up to 25 ponies), a seahorse tree, food, coral, sand, sea snail and shrimp free with kit, $4.95 plus $1 post. Kit without aquarium, $2.98 Ppd. Aqualand, HG3, Box 130, Miami, FL 33145.

DECORATING PLANS

Three-dimensional room planning kit; Styrene forms representing over 150 different pieces of furniture scaled ½″ to a foot. Arrange up to three rooms on graph paper equivalent to 27′ by 44′. Walls, windows, doors. $8.98 ppd. Plan-It-Kit, Inc., HG3, Box 429, Westport, CT 06880.

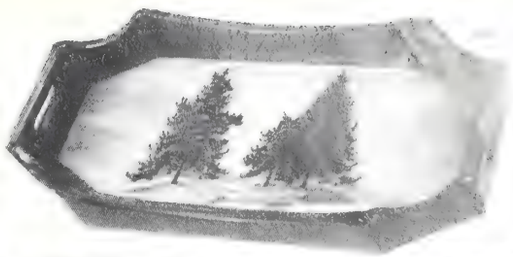
HOBBYISTS MAGNIFIER



Philatelists and numismatists as well as motorists welcome the giant 3½″ lens that enlarges and illuminates. Great for reading road maps or looking up telephone numbers. Two "C" batteries (not included). $4.98 ea. Add 50c post. Colliers, G374E, Box 585, Skokie, IL 60076.

UNITED IN GOD

Laminated wooden plaque in rich color is ready to hang on the wall as an inspiration for all the family. Border is a handsome Italian scroll of leaves and blossoms. Size 8″ by 6″. $1.98 plus 35c post. Cadlyn's, HG3, 2077 New York Ave., Huntington Sta., NY 11746.



TREE-MENDOUS

Stunning serving tray with liquid-proof pine tree design

Serve your guests something special—a glimpse of rugged pines on a stunning serving tray. This lovely hostess tray is made of pine, has 2 easy-grip handles plus a sculpted gallery rim that helps keep glasses from sliding and tipping. Pine tree scene is impervious to liquid. And it's so beautiful, you can display the tray in kitchen or dining room when it's not making the "rounds"! 10″ x 21″. $17.95 ea. + $1.20 for shipping and handling. Sorry, no COD's.

Clymer's *Send 25¢ for new gift catalog.* *(Catalog included free with order.)* DEPT. HGO3A, Chestnut Street, Nashua, NH 03060

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Original designs by H. Margulies. Made by master craftsmen from natural cedar, these charming lamp posts are a unique finishing touch to your home. As the wood weathers, the post takes on the ageless beauty of an antique. Mortise/tenon/pegged construction. Lamp Posts and Mail Posts $72-$86, hand-made brass Lanterns $53-$59. We ship anywhere collect from our Vermont shop. 6-8 weeks delivery. Satisfaction guaranteed.

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Pheasant Hill, Far Hills, N. J. 07931
Telephone 201-766-6281

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DISPLAY YOUR HANDIWORK—EVERYTHING'S INCLUDED!

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LILLIAN VERNON Dept. GH 510 S. Fulton Ave. Mt. Vernon N.Y. 10550

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Golden metal bracelet makes an elegant accessory. But the accessory is even more unusual when it springs back to reveal a quality watch. Elegant open-face watch completely yet opens easily when desired. Jeweled movement is guaranteed for 3 years. Gift Boxed. A gift supreme for a woman who enjoys the finest.

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Harriet Carter Dept. HG-12043 Plymouth Meeting Penna. 19462

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SPRAY painted on Pineapple, Yellow, Peanut Brown, Spanish Lilac, Azalea White, Bittersweet or Black.

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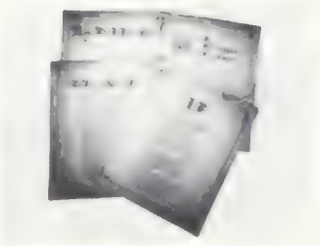
Silver plating at a sale price! All work is 100% guaranteed; dents are removed at no extra charge. It is a perfect time to have heirlooms fixed and quadruple silver plated. Free price list. The Senti-Metal Co., Silverplating Div., HG3, 1919 Memory Lane, Columbus, OH 43209.

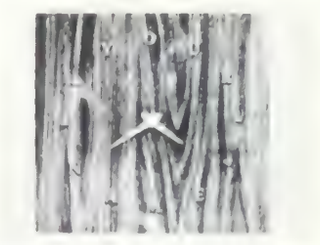
"BIKINI" BEAUTY

Dress-sandal design reminiscent of Tripoli shores. Black, blue, brown, white in crushed patent; silver kid or black suede with golden buckle. 1½" heel. 5A and 4A in 6-12; 3A, 2A, A, B in 9½-12, $36 plus $1.25 post. Mooney & Gilbert, Inc., HG3, 31 W. 57th St., New York, NY 10019.



FOUR TO REMEMBER

Timeless verse poetry in gold and sepia on white ready to frame. 8" x 10". "If" by Kipling; "Different Drummer" by Thoreau; "How Do I Love Thee" by Elizabeth Browning; Hamlet's Soliloquy by Shakespeare, $1 plus 35c post. Cadlyn's. HG3, 2077 N.Y. Ave., Huntington Sta., NY 11746.

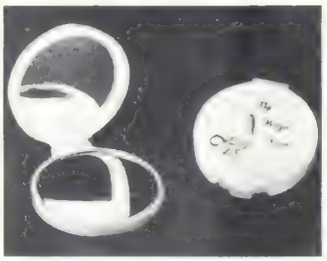


TIME WILL TELL

A letter of your name marks each hour on a unique personalized clock. (Specify up to 12 letters). American walnut veneer, hand rubbed, with gold finish letters and hands. Print name. 12" x 12" x 1⅝"; battery-operated. $30 ppd. Bruce Bolind, HG3, Boulder, CO 80302.

PROVINCIAL PILLOW

Cross stitch design for a 16" square knife edge pillow. Kit includes design on oyster Belgian linen, wools, linen for pillow back, cording. Two tone red, blue, green, gold, brown, black/gray or rose wools. $4.95 ea.; 16" form, $2.50. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



PLEASANT REFLECTIONS

Magnifying mirror takes the squinting out of makeup application. Optically perfect mirror in 2¾" compact was developed by an eye doctor to avoid the need of eye glasses. Plain mirror on reverse. Each $3.98; 2, $7.75. Add 50c post. Ferry House, Dept. G3, Briarcliff Manor, NY 10510.

CHANGEABLE DESK MARKER

Set it on the desk and have your say! These four quips and six more on gold cards offer a choice of sayings for the day. Just insert them in plastic holder on 6" x 1½" hardwood base. All for $3.00 plus 20c postage. Texas residents please add 15c sales tax. Your money refunded if not delighted.

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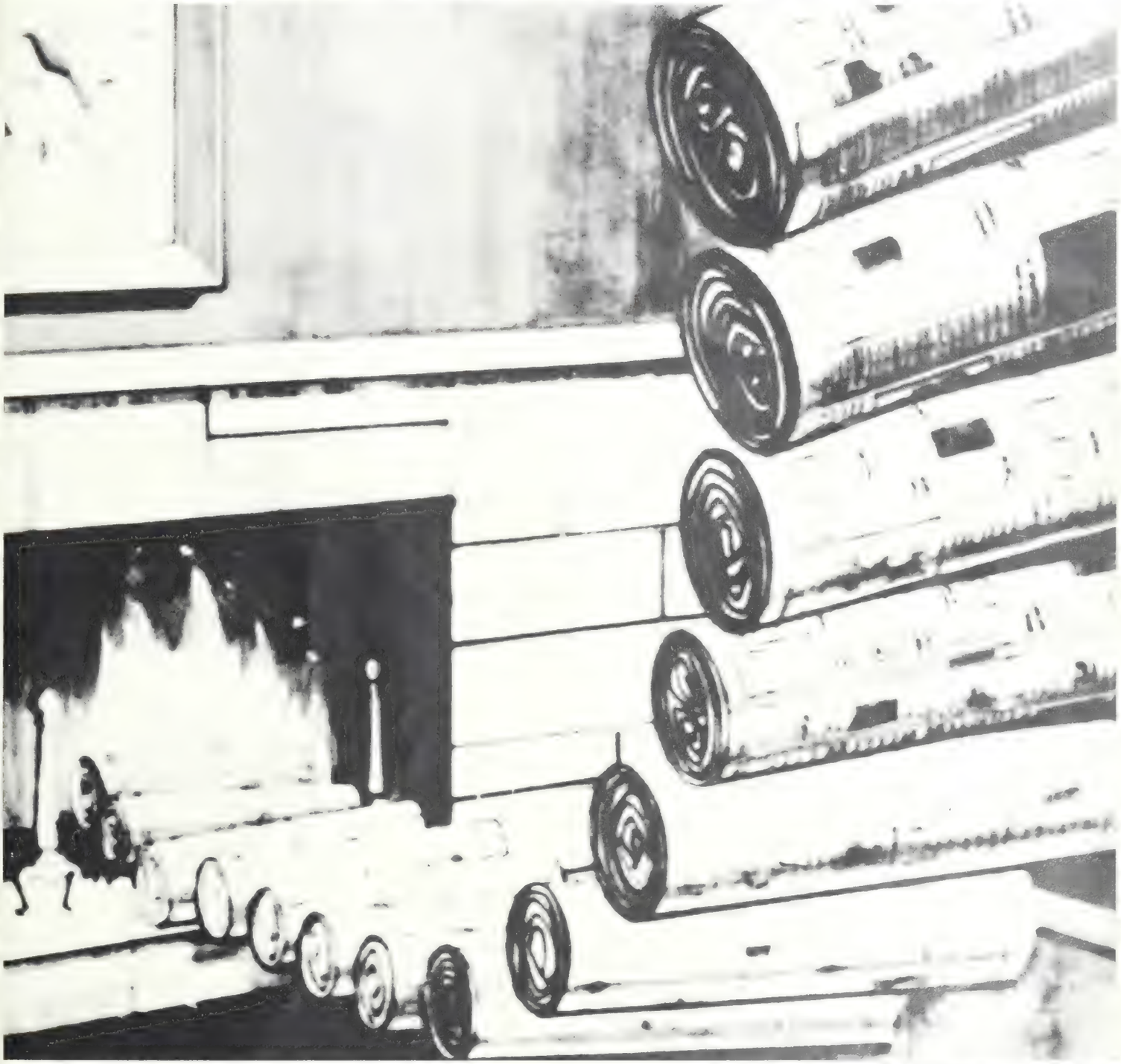

WITH AMAZING LOG ROLLER FOR ONLY $2.98

Change old newspapers to logs for the fire in seconds! Just roll up newspapers using LOG ROLLER, tie them with special binders and pop them into the fire. Logs will burn nearly two hours.

LOG ROLLER KIT WITH 100 BINDERS . . . $2.98 + 55¢ Mailing ea.
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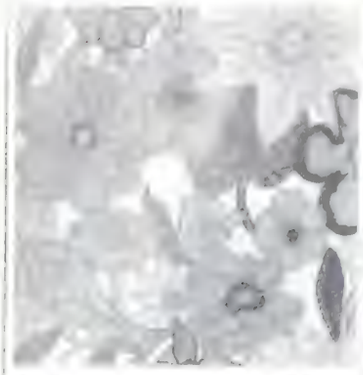
FOR NEEDLECRAFTS AND HANDICRAFTS

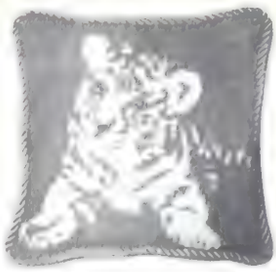
needlepoint



Our Tropical Flowers are hand-painted in yellows, greens, tangerines and browns on white, cream, oatmeal or off-white. On #13 white mono mesh yarns, needles, instructions. 15" x 15". **Price: $40.00 + $1.50 pstg.**

CATALOG 100 designs and full line of needlepoint supplies. $1.50

the nimble thimble
p.o. box 713-HG3 aptos, calif. 95003

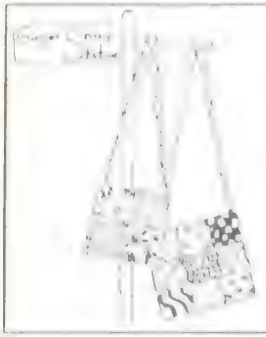


SAFARI JR. PILLOWTOP

Needlepoint this delightful tiger cub to make 14" square pillowtop. Kit includes hand-painted design on #10 mono canvas, needle, instructions and persian wool for design and background. Cub is tawny gold, brown and white on a deep forest green background. **$17.00** plus $1.50 air mail.

Catalog, 50¢

KALICO KITS, Dept. HG3
P.O. Box 2992, Los Angeles, Calif. 90028



PUFF PURSE KITS

Each purse kit includes all materials and instructions to make a quilted, lined, puffed, zippered purse with matching handle and trim. Also includes directions for using decorative handle and trim. Allow 4 weeks for delivery.

The larger purse (11" sq.) has 18 puffs
$6.50 (accepts pstg. & mdse.)

The smaller purse (9" sq.), designed with young ladies in mind, has 8 puffs
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Send 25¢ for our new catalog of quilting and patchwork books.

NEEDLEPOINT

YOUR HOME, YACHT OR PET Custom designed exclusively for you. Persian wools in soft shades. 12 mesh mono canvas 12x16 inches. Suitable for pillow, foot-stool or framing. Send color photo or black & white photo with color notes. **$32.00** includes postage.

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HOLDS EVERYTHING

Needlepoint/Embroidery Organizer

Fabric measures 12 1/2" x 22". 10 pockets keep the canvases in place. Has pocket for needles and thread. Canvas and fabric are ready to work. Tool holds needle, thread, scissors, pencil, eraser, ruler. Fully quilted, with cotton print lining. To fold, simply wrap with Rose. Also in Paisley or Bold Floral on Navy background. Please indicate second choice.

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SELECT SEATING

Nicest thing to do for your favorite rocker. Cross stitch and rya knot, equally effective as a wall hang. 16½" x 59". Blue, purple, green, yellow, orange. Complete kit, #1467, with pure Persian yarn, $48.50 plus $1.50 post. $2 for color catalogue (refundable on $25 order). Skon, GE3, 55 Lambert Lane, New Rochelle, NY 10804.

HAPPY HORSE

Remember your childhood delight in riding the carousel horse? Re-create the colorful creature in needlepoint. Kit includes canvas and Dupont orlon Sayelle yarn in lively colors. 8"x10" finished size. $5 plus 45c post. Color catalogue, 25c (free with order). American Family Crafts, HG74, Box 767, Danbury, CT 06810.

PATCHWORK PILLOW

Old-fashioned charm in a sampler pillow takes a lot of stitches—21 to be exact, all different, all illustrated in 88-page "Basic Needlepoint" book included. Hand-lined canvas makes a pillow in shades of any three colors (specify). 14" by 14", $20; 10" sq., $16, Ppd. Catalogue, $2. Krick Kits, HG3, 31 No. Brentwood St., St. Louis, MO 63105.

BACKGAMMON BOARD

Our needlepoint playing board entwines whimsical creatures among the backgammon points. Needlepoint kit includes handpainted 12 st. canvas 17 x 24", persian yarns, needle and instructions:
$70 postpaid. Brochure: $2.

greengage designs
P.O. Box 9683, Wash., D. C. 20016

FLOWER FRESH
Bring the countryside indoors with a needlepoint flower picture. Capture unstudied beauty of white daisies surrounded by field flowers in yellow, blue and purple. Kit includes stamped fabric, (frame size, 14"x26") wool and rayon crewel, yarns, needle, instructions. $6.95 plus 50c post. Color catalogue, 25c. Tower Crafts, HG3, Box 575, Champaign, IL 61820.

ART NOUVEAU
An elegant lady who might have stepped right out of a Beardsley drawing graces a 16-mono canvas to needlepoint. Size 28" h. by 20" w. Kit includes paternayan Persian yarn, needles, instructions. Lady in yellow, brown, coral and white with window motif in flame red, brown or green. $60 ppd. Idle Hands Needlepoint, HG3, 80-60 Lefferts Blvd., Kew Gardens, NY 11415.

ENTAL
sic Far East design to do ewel embroidery for 14" box pillow cover. Features nt yellow with white and hes of green against bitter- t background. The kit has gn on cotton and rayon c, crewel yarns, piping, er, needle, directions. 0 plus 50c post. The hery, HG3B, Wellesley Hills, 2181.

TRAIT ART
can be the artist who turns or photo into an oil paint- From picture you send, a x20" paint-by-num- panel is prepared. ncludes up to 40 oils, ushes, practice pan- structions. $19.95 Write for free bro- e. Personal Paint- . GHE, Box 123, do, OH 43695.

ROSE WREATH
Crewel Pillow Kit
Springtime floral beauty will be yours to enjoy the whole year round when you embroider this lovely 15" pillow wreathed with rich, red roses. Complete kit includes: design on off-white homespun, backing, wool yarn, piping, zipper, needle and instructions.
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Send 25c for new colorful 24-page catalog.
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Needlepoint this pre-finished tote

10"x 13"x 3"
UNZIP ENTIRE FRONT OF CANVAS TOTE. NEEDLEPOINT YOUR OWN DESIGN. ZIP BACK TOGETHER. . TOTE IS COMPLETE.
Needlepoint canvas is 12 hole interlock. Inside zipper pocket. Blocking instructions and printed alphabet included. Yarn not included. Colors: Navy; Red; Camel. $15.00 plus $.75 postage & handling to:
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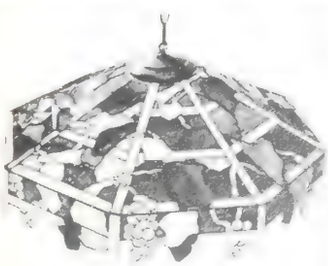

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Box 2065EL Hanover, Mass. 02339

Your favorite child
(of *any* age)

will treasure his or her *personalized* birthday aphorism in colorful needlepoint – size 9" x 12" for pillow or framing. Kit includes #13 mono canvas, fine yarn, needle, detailed easy-to-follow instructions for enlarged graphic design and alphabet guide.

Appropriate colors, on off-white background – for girls: pink and green floral; for boys: blue and red jacketed guardsman with touch of red in border.

Your choice (remember?) –
Monday's child is fair of face;
Tuesday's child is full of grace;
Wednesday's child is full of woe;
Thursday's child has far to go;
Friday's child is loving and giving;
Saturday's child works hard for a living;
And a child that's born on the Sabbath Day
Is fair and wise and good and gay.

When ordering, specify girl or boy and give day of week. If you don't know, send month, date and year, and we can supply day of week.

Kit – $13.95 plus 75¢ postage and handling. Connecticut residents add 6.5% sales tax.

Dept. HG 374
P.O. Box 228
Old Greenwich, Conn. 06870

MOTHERS ARE HUMAN TOO!

MAGIC NEEDLE'S heart is in the right place. This clever 8" x 8" hand-painted needlepoint design expresses a thought universally held by mothers. If you have teenagers its a must. Design is on 14 count mono canvas and comes completely with a needle, Paternayan persian ya... instructions for two basic stitch... background stitches. A...
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SHOPPING AROUND
FOR NEEDLECRAFTS AND HANDICRAFTS

INDIAN PIPES TO EMBROIDER

Indian Pipes, translucent and colorful, seem to rise from the dark floor of a forest in this striking embroidery design. The kit includes design on a 15" x 18" deep brown wool flannel; embroidery yarns in coral, off-white and browns; needle and directions. Finished size: 14" x 12". Also available but not shown: companion Lady's Slipper, Mushrooms and Jack in the Pulpit. Only $7.95 each plus 50¢ postage.

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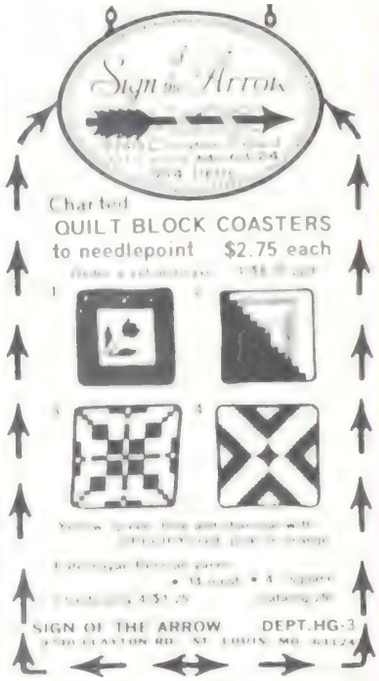


PETIT POINT KITS

PRECIOUS PENDANTS
Red Rose with Gold Chain • Violet with Silver Chain

Complete kits include chain with pendant, No. 18 mesh canvas, needle, various shades of luscious floss, mirror for reverse side of pendant, glue, instructions.

No. 14-01 Rose
No. 14-02 Violet
$5.98 Ea. Plus 50¢ postage

Free 32-pg. 8½" x 11" Full-Color Stitchery Catalog.

Needlepoint Shores
Dept. H-4, Box 123, Wayzata, Minn. 55391

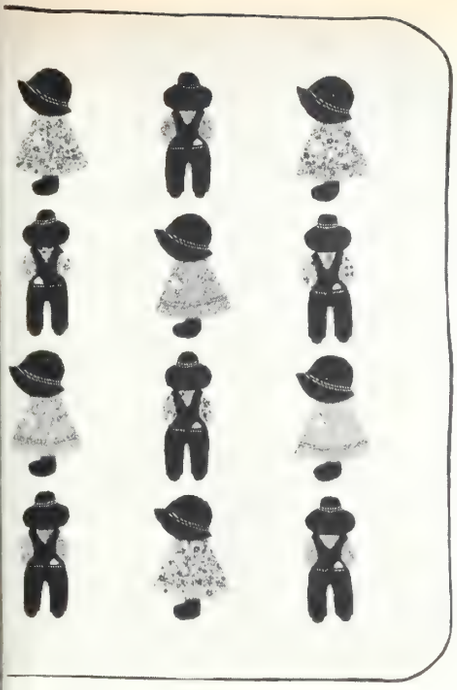
You're special!

And so is House & Garden's Shopping Around. Each month we bring you fabulous finds from the finest shops in the country. And we highlight *special* areas of interest such as Handicrafts and Needlecrafts and Collectors. Watch House & Garden's Shopping Around *special* sections for the who, what, when and where to buy by mail. Need more information? Write House & Garden Shopping Around, 350 Madison Ave., New York, N.Y. 10017.

THE GAME
Backgammon bo to needlepoint ir handsome shell signs. Shades of ochre brown an sand on black. Kit includes hand painted 12 st. canvas, yarns, nee instructions, $65. 16" x 24" x 1 walnut tray with stand, $50. Gan tray, alone, $30. Ppd. Catalogue $2. Greengage Designs, HG3, Bo 9683, Washington, DC 20016.

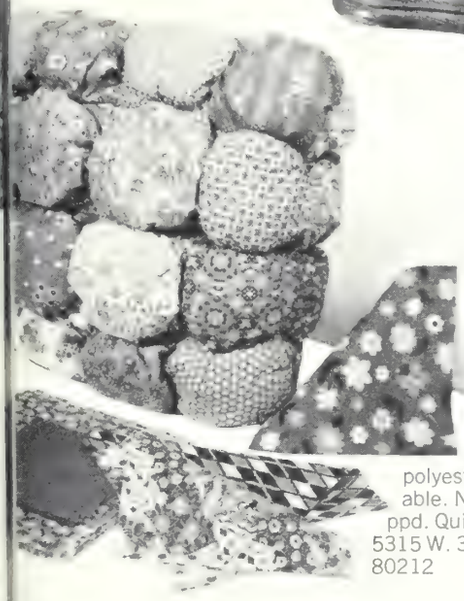
BE CREATIVE
A marvelous selection of needle and hobby craft kits is shown in a colorful 72 page catalogue. There are afghans, quilts, table cloths, pillow cases, needlepoint pictures, plus yarn, accessories and fashions to make. For free-of-charge catalogue, write to Herrschners, Inc., Dept. 3033, Hoover Road, Stevens Point, WI 54481

KITTY KIT
Needlepoint in bright colors as a charming pillow or huggable chi toy. Kit contains ever thing except stuffing single mesh all cot canvas, wool yarn corduroy back, needle, instruc- tions. Finished s 14" sq. $8.50 plus 50c post. Fre catalogue. Needle point Shores, De HG5, Box 123, Wayzata, MN 55391.



RIB QUILT
eady-made by talented Appalachians, captivating quilt is hand
pliqued and quilted with stylized repeat design of a farmer's
ilico clad boy and girl. Background in white, yellow, green or
d with coordinated figures. Washable. Dacron filled. 36" by
2". $50, ppd. Catalogue, $1. Appalachian
reside Crafts, HG-Q, Box 276,
oneville, KY 41314

ANNY FRAME
ith Erica Wilson's clever device,
s easy to needlepoint in the car,
ane, bed, at beach. Hardwood lap
table rest holds sturdy 10" posi-
e grip clasp hoop. Adjustable
ight, angle. Lightweight, portable.
8.95 plus $1.50 post. Erica Wilson
edle Works, HG3, 717 Madison Ave.,
w York, N. Y. 10021



PATCH-PILLOW
It's fun and easy to make in just a few hours. The colorful, precut fabrics are sewn together by hand or machine to make a puffy pillow. Kit includes a pattern, 64 patches, polyester batting. 15" sq. Washable. No zipper needed. $6.50. ppd. Quilt and Other Comforts, 5315 W. 38th Ave., Denver, CO 80212

AINED GLASS
king lampshades of stained
ss is a fascinating craft. Six
w designs, "Nob Hill" shown,
" dia. Kits contain precut glass,
d channeling, electrical, hang-
g hardware. Write for List of kits.
ittemore-Durgin Glass Co.,
3, Box 20658, Hanover, MA
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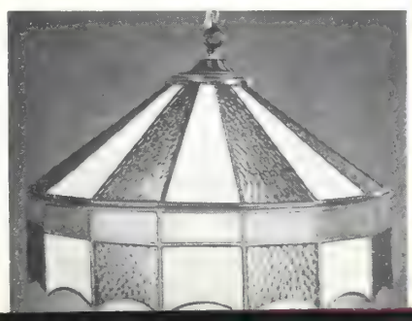


NE
SCHN
This
schnauzer design has already carefully hand-worked on 10-mesh needlepoint canvas. You just fill in the background (background yarn not included). Finished size: 15" x 15". Only **$7.95** plus 50¢ postage. Add **$3.50** for five skeins of scarlet background yarn.

Now you can select from hundreds of different art needlecraft kits in The Stitchery's exciting, full-color catalogs. You'll find page after page of pillows, pictures, doorstops, bell pulls, handbags, tote bags, luggage straps and racks, footstools and footstool canvas, belts, dolls, rugs, eyeglass cases, pin cushions, afghans, etc. Many designs are exclusive. Send only 25¢ for the next 3 colorful issues.

The Stitchery Dept. HG203, 204 Worcester Turnpike
Wellesley Hills, Mass. 02181

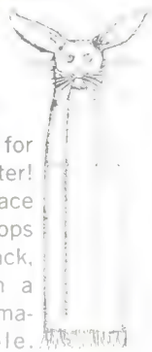
When in the Boston area, visit our retail shop

BE CREATIVE!

Capture the look of total innocence with this adorable Leopard Cub set against an olive background filled with bright pink and orange flowers. You'll love him! Kit includes actual colors on mono canvas and 100% wool needlepoint yarn to complete in Basketweave or Continental stitch. Finished size 14" x 14". $12.00 postage prepaid.

TOWER CRAFTS
P. O. Box 575, Champaign, IL 61820
* * *
Send 25c for our
New Full Color Catalog

"Easter Bunny"
Terry Towel



Fun
To
Assemble

Great craft idea for Easter — and after! Handy, stay-in-place terry towel loops over any towel rack, and fastens with a Velcro tab. It's machine washable. Choice of red, avocado, blue, orange, or pink towel; white face, pink ears. Easy instructions. $2 each, 3 for $5 (no COD's, please.)

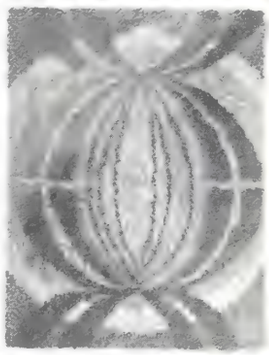
Idea House, Inc.
12434 Cedar Road
Cleveland, OH 44106

EMBROIDERIES

ICE PRINCESSES ARE NICE PRINCESSES to decorate a nice wall. Their skating dresses are red and white their tights and skates are blue and green. And the ground is deep mauve linen. They're yours for $16.95 and a few hours of simple embroidery. Order #1550. 9"x12". Send $2 for new 36 page embroidery catalog. (Refundable on order of $25.)

skön **EMBROIDERIES**
55 Lambert Lane
New Rochelle, N.Y.
10804 Dept. GE 3

RYA KITS



NEW 1974 COLLECTION. We've d
again. Awarded 7 gold medals. Now
do it. One single stitch makes our
started rya hangings, rugs or cu
imported from Sweden feature
wools, easy to follow cha
instructions. Send $1 for

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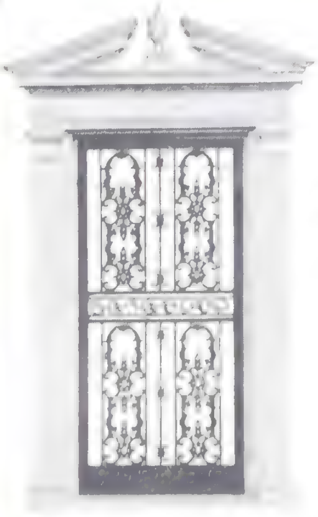

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Add a practical touch of elegance and charm to your home with authentic Cast Iron patterns crafted inside a heavy steel frame.

Shipped complete (with installation instructions) including:
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- hydraulic door closer
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serving homeowners for 38 years

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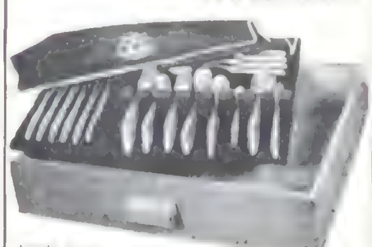
Tarnish-Proof Pacific Silvercloth
Drawer Pads by **GORHAM**



Pads convert your drawer space into a silver chest.

Prevents tarnish and scratching; silver is always ready to use.

SIZE 11¾" wide x 15" deep x 2½" high. Holds over 100 pieces. **$5.95**
SIZE 17[illegible] wide x 13[illegible] deep x 2[illegible] high. Holds over 125 pieces **$6.95**

ADD [illegible] FOR PACKING & POSTAGE
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Dental Floss Stik
Easy, sanitary way to clean gums and remove plaque from teeth. Floss Stik eliminates the use of fingers, provides firm control of floss and easy access to all teeth. Plastic holder is 5¾" long, uses only 4" of floss per application. Comes with 40 yards of waxed floss (for 300 applications.) Ppd.
0746-6—Floss Stik **$1.79**
0748-6—Floss Refill ... **69c**

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Normally, buying direct from Ronnie, there is a manufacturer-to-you savings on Draperies and Bedspreads. Right now—is our between-season lull and our workrooms are at their slowest pace. By acting now you can save an additional 33⅓%. Send for your FREE Ronnie Drapery Book today.

RONNIE DRAPERY CORP. Dept.4K-6
145 Broad Avenue, Fairview, N.J. 07022

SHOPPING AROUND

HAND-AID

Enameled sterling thimble shows a bevy of beautiful Dutch scenes in soft shades of blue—windmills, serene lakes, flowers. Great gift for those who love to sew or do stitchery. Each $9; 2, $17.50. Add 50c post. The Ferry House, Inc., HG3, Briarcliff Manor, NY 10510.

DOUBLY DELICIOUS

Give yourself a treat: luscious red strawberries on white in a wraparound skirt, and in a wink print reverses to a solid lime. Of crisp polyester-and-cotton, edged and tied with braid. Sizes S, M, L, XL. $24 plus $1.25 post. Free catalogue. The Talbots, Dept. VH, Hingham, MA 02043.

TO HAVE AND TO FOLD .

Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $49.95. Exp. coll. Assembled. Danish catalogue, 25c. Geneda Imports, HG3, Box 204, Teaneck, NJ 07666.

CHARM OF PRAYER

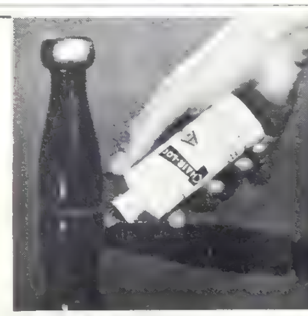
Beautiful charm shows praying hands on one side, prayer on the reverse. ¾" in sterling silver, $2.95; 14k. gold, $23.95; ⅞", silver, $3.75; gold, $32; 1", $4.50 and $44.95; 1¼", $5.95 and $59.75 Ppd. Charm & Treasure, HG3, 72 Bowery, New York, NY 10013.

MIRACLE MENDER

Glass in liquid form creates an iron-hard adhesive to piece together the broken fragments of porcelain, china, jewelry, etc. Permanent, washable bond that scoffs at heat or cold. $1.98 plus 20c postage. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

WORLD OF ART

Full color, 16 page catalogue offers over 200 reproductions of famous paintings from all over the world. Works are on textured artist's canvas in many sizes; frames available. Send 35c. Lambert Studios, Inc., Dept. HG14, 910 No. LaCienega Blvd., Los Angeles, CA 90069.



FIX LOOSE CHAIRS

Chair-Loc "Swells" Joints Tight

Sure-acting liquid synthetic penetrates wood fibres, makes them S-W-E-L-L. Fixes loose chairs, locks rungs, legs forever tight. Also use Chair-Loc for dowels, tool and broom handles, mortised joints. Plastic squeeze bottle with applicator nozzle makes it quick, clean, easy. Over 2 million sold. Satisfaction guaranteed. 3 oz. bottle $1.30 ppd. Send cash, check or M.O.

CHAIR-LOC CO. Dept. HG374 Lakehurst, N. J. 08733

SHOPPING AROUND

THE "CANDY APPLE"

Transparent stain with mirror-gloss finish lets wood grain of a new chair design show through the glowing color. Orange, yellow, green, walnut, red, white, black or natural. $59 exp. coll. Catalogue $1. Door Store of Wash. D. C., HG3, 3140 M St., N.W., Washington, DC 20007.

COMPLETE COVERAGE

Personalized protection for any standard size racquet. Attractive cover is heavy vinyl in crimson, ebony, royal blue, or sage green. Bright red lining and zipper. Initials (up to 3) silk-screened in white. Print initials, state color. $6.95 ppd. Bruce Bolind, HG3, Boulder, CO 80302.

NO-FALL INSURANCE

Safety stool kicks in any direction, yet locks safe and sound when spring-loaded floating ball casters retract and rubber bumper rim adheres to floor. Hi-impac Uni-styrene, 12″ h., 16″ dia. $10.95 plus $1.50 post. J. W. Holst., Inc., HG3, 1005 E. Bay, E. Tawas, MI 48730.

TINY AND TERRIFIC

White ovenproof ironstone baking dishes are pure delight for the cook who cares. Marvelous for custards, individual souffles, shirred eggs, puddings. 3″ dia.; 1½″ d. Set of six, $4.98 plus 75c post. The Country Gourmet, G3, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

MUSHROOM MÉLANGE

Grow them yourself! Tasty mushrooms sprout within three weeks, and you can pick them for three months from the heavy plastic Magik mushroom house. No special lighting is needed. 7½″ x 7½″ x 14. $12.95 plus $2 post. Magik Mushroom House, G3-4, 1 Gregg Ave., Wilmington, DE 19807.

FINGERTIP TYPE

Scintilla adorables in washable satin edged with frothy lace. Mint, gold, bronze, pink, black, tangerine, orchid, avocado, blue, red, silver or white. $1 each; three for $2.75. Ppd. One initial 75c a towel. Catalogue, 25c. Scintilla, Dept. G, 4802 No. Broadway, Chicago, IL 60640.

PEWTER FINISH $2.98 Add 85¢ Post.

BREAD TRAY

Has deeply engraved pattern of a farmer harvesting wheat & the prayerful reminder, "Give us this day our daily bread". Heavy cast aluminum that looks like pewter (with a subdued patina). 8½" X 6¼".

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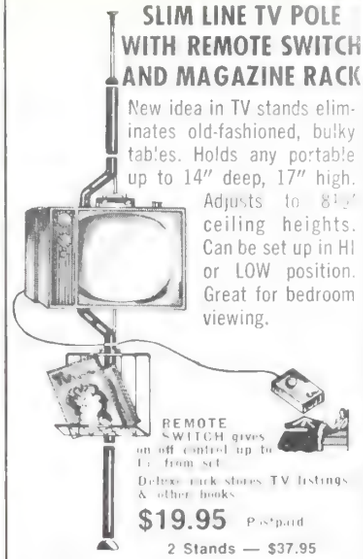
HARRIET CARTER
Dept. HG-12243
Plymouth Meeting, Pa. 19462

SLIM LINE TV POLE WITH REMOTE SWITCH AND MAGAZINE RACK

New idea in TV stands eliminates old-fashioned, bulky tables. Holds any portable up to 14″ deep, 17″ high. Adjusts to 8½′ ceiling heights. Can be set up in HI or LOW position. Great for bedroom viewing.



REMOTE SWITCH gives on-off control up to 15′ from set.

Deluxe rack stores TV listings & other books.

$19.95 Postpaid

2 Stands — $37.95

Michael Allen Gifts
DEPT. HG 3, 6542 BRADFORD ST.
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"BUFFY"— Great for around the town or a round of anything — lively or leisurely. Richly grained uppers with vamp lacing. Soft, foam cushioned insoles and crepe soles. Backstrap has self-adjusting, concealed elastic goring. Genuine cork, 1½ inch wedge heels. Colors: Camel, Navy, Red, Black, Brown or White. $12.95. Sizes: 4 through 12; Narrow, Medium or Wide widths. No half sizes over 10, $1.00 extra per pair for all sizes over 10. Add 75¢ postage for each pair ordered. Refund if not delighted. Free catalog. Write: SOFWEAR SHOES, Dept. B, 1711 Main, Houston, Texas.

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MADE IN AMERICA

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"OK now, just watch this sheep grow salad greens ...in just 10 days."

Don't try to embarrass me by asking how it works. All I know is that you put the seeds you get in water—mix into a paste. Put it on this terra cotta sheep. Put water in its head. And bang.

In 10 days, he grows a coat of herbs you can use in a salad or soup or such. You just shear off the coat of herbs as you need it. Then do it all over again. Again, and again. Plenty of seeds.

Has got to be the most intriguing thing to own or give since lump sugar.

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Extraordinary gift—great pleasure for shut-ins to watch it grow—great talking piece for your kitchen—great pleaser for kids. Money back if you don't agree with all this.

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Bruce Bolind, 23 Bolind Bldg., Boulder, CO. 80302

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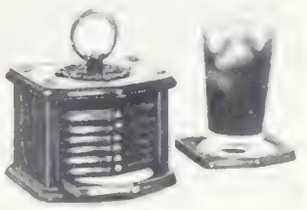


COASTERS' CLEAR!

Fool-the-eye hardwood chest has eight pull-out drawers that are actually coasters—complete with recessed cork rounds to absorb dampness. 5" x 4" x 3¼" walnut-finish chest with brass-tone metal trim. $3.99 ppd. Walter Drake, HG50 Drake Bldg., Colorado Springs, CO 80940.

BAUBLE BATH

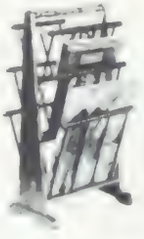
Space-age jewelry cleaning appliance with solid-state design restores jewelry ultrasonically. In two designs, for him or her, and worth its weight in gold! $32.50 ppd. Electromation Components Corp., HG3, 225 Marcus Blvd., Hauppauge, NY 11787.

FLYTES FORECAST

Zigzag rubber soled Flytes. Grain calf with smooth calf: black-bone/malt; navy/light blue; teak/brown; black/otter; beige/otter; white. 2½ to 12, widths AAAA to EE. 2½ to 10, $23.95; 10½ to 12, $24.95. Add $1 post. Free catalogue. Solby Bayes, HG3, 45 Winter St., Boston, MA 02108.

FLOWER POWER

Whimsical vases to hang or stand take the form of Victorian houses. No two alike (no choice on single vase). Fired ceramic and about 6¾" h. Terrific for buds or bouquets! Each $2.95; set of three assorted, $8.50. Ppd. Clymer's, Dept. HG03N, Nashua, NH 03060.



MAGAZINE MINDER

Colonial rack of finished wood is both handsome and spacious. Six compartments hold practically any size publication. Top handle makes it easy to carry. Stands 23" tall, is 10½" deep, 12" wide at base. $12.95 plus 95c postage. Holly House, HG3, 417 Lake Ridge, Dallas, TX 75238.

MICKEY'S MEMENTO

The famous mouse seems eternally popular, so this first edition Mother's Day plate for 1974 is bound to doubly please. Ready to hang, it's about 8" dia. with colorful renderings of Mickey Mouse and friends. $10 plus $1 post. Trein's, HG3, 201 W. 1st, Dixon, IL 61021.

Let's Tag 'Em . . . Your luggage! Set of 3, $6.00 + 50¢ post. Leather straps. Name, address in 3 lines in 24K gold. Red, White, Blue, Amber, Clear, Tortoise or Black. Catalogue free with purchase or send 50¢ to be credited towards first purchase.

Campalier & Buckley Mail Order Dept. HG3 Washington, D.C. 20015

BOX OF LOVE

Charming Italian figurines adorn a "Tori art" boy and girl music box which plays the haunting theme from the popular film "Love Story". Box is 6" high and the colorings brighten any corner. $20 plus $1 insured post. Hildegarde's, 597 Farmington Ave., Hartford, CT 06195.

PASTORALE

Hand-painted cachepot from Portugal, with matching 5½" saucer, has shepherding motif with flowers, foliage, decorative rings. Soft blue-brown tones. 6" dia. by 5½" h. $9.98 plus 75c post. Lilly's Garden, Dept. G34, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

NO-SHINE DISCOVERY

Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. $1 each plus 15c postage. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

TIME THIEF

Is your pool robbing you of leisure time? Meyco safety pool cover takes just two minutes to put on or remove. Keeps out dirt, leaves and such; children and pets are safe when you're away. Discourages algae. Custom made for any size. Meyco, HG3, 138 Haven Ave., Port Washington, NY 11050.

RIGHT PRESCRIPTION

Styled after an apothecary jar, hardwood lamp is 24" h. and fully wired. Ready to finish; shade in white or beige shantung, oyster or natural burlap. $14.50 plus $1.50 post. Free brochure. Baxwood Crafters, PHG-43, 1141 Commercial Dr., Lexington, KY 40505.

SWEET TRADITION

Delightful white English Staffordshire candy jar has old-fashioned girl on front in red, blue or brown (specify). Perfect for lollipops, about one pound of candy, nuts, a perfect gift for young and old. $6.95 ppd. Aunt Jane's Cupboard, HG5E, 410 So. Burdick St., Kalamazoo, MI 49006.

STORAGE STARTS AT $13.95 Palaset, a unique cube and drawer system from Finland, frees you from the limitations of conventional furniture. Made of tough, durable polystyrene, these cubes can be sawed, drilled, painted, fastened to each other or a wall. Base cube only $13.95. Now at our Atlanta, Dallas, Houston and San Antonio stores. Palaset brochure, 25¢, full line catalog including Palaset, $1.00.

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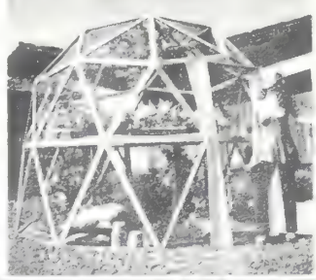

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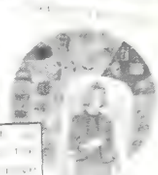

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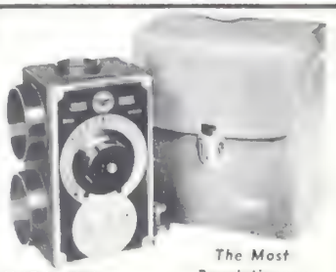

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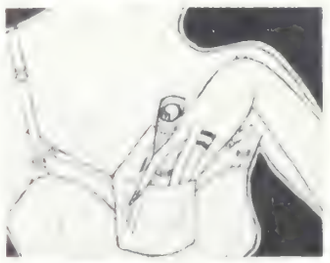

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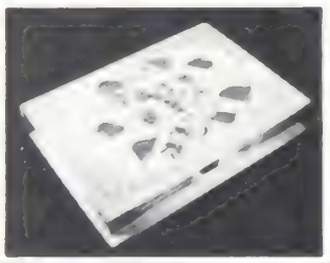

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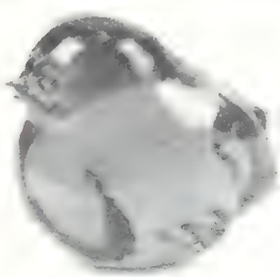

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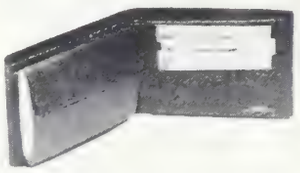

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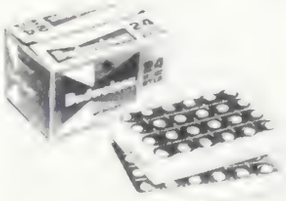

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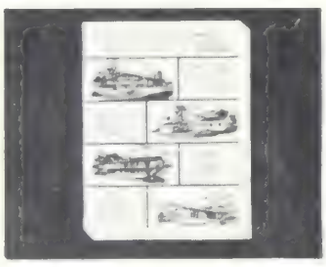

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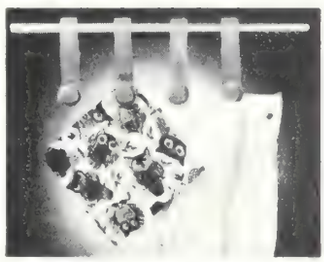

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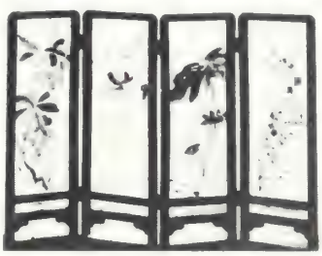

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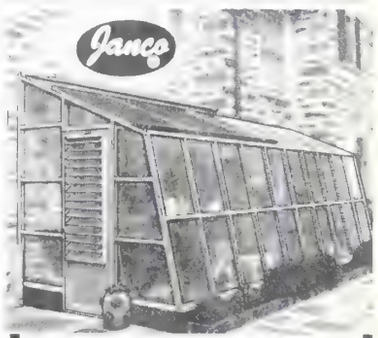

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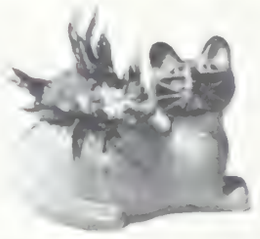
2 Cottage Ave.,
Danvers, Mass. 01923

COB CARRIERS

Slippery, buttery corn is a delight to eat but a nuisance to balance on a dinner plate. Handsome pressed glass dishes made to hold the cobs fill the bill beautifully; 9¾" x 3¼". Each $3.50, 4, $11.95 plus $1.50 post. The Gift Tree, HG3, Box 55, Kensington, MD 20795.

ROLLING SHOE RACK

Holds 24 pairs of ladies' shoes or 20 pairs of men's *plus* polish. Freewheeling casters. 22" by 16" by 26½" h. Knotty pine in mellow honeytone or antique pine finish. $35.95. Easy-to-finish kit, $25.95. Exp. coll. Yield House, G43, No. Conway, NH 03860.



NINE LIVES

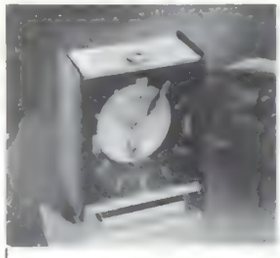
Sturdy hand-cast stoneware cat is built to last: he's fired in extreme heat and made of lead free clays from three different regions x 4 lbs. Designed by David Stewart, vase is 11" x 8" x 8" $22.50 ppd. Enterprise Products, Dept. 103E, Box 36232, Los Angeles, CA 90036.

SHUT EYE

Sleep is king night or day that you don the mask: shuts out any flicker or slice of light that could disturb the psyche, the body's rest. Flexible foil and elastic band's so constructed that it fits any cranium. $1.98 plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

EXECUTIVE ORDERS

Award-winning portraits of all the U.S. presidents. Full-color 11" x 14" reproductions on heavy board with historical data on reverse. With documents and headlines, ready to frame, each $14.95 plus $1 post. Teego Industries, HG3, 8 Sterling Ave., Yonkers, NY 10704.



NEW CEILING ALARM CLOCK

No more stretching or getting out of bed to check the time. Just lie back and look at the ceiling! Invisible beam projects time above your bed in large, easy to read numbers. Deluxe model. Attractive walnut and gold finish. One year factory warranty. BankAmericard, MasterCharge accepted. Give number, expiration date, signature. **$34.95**, ppd. Sorry, no C.O.D.'s

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Christopher's

856 South 7th East, Dept. 13
Salt Lake City, Utah 84102

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For the Card Player. Poker, Bridge, Gin. Whatever your game, enjoy it more with your own PERSONALIZED CARDS. Fine quality plastic coated cards, made just for you. Print your personal inscription — up to 10 words. A great gift idea for any occasion.

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SHOPPING AROUND

EXQUISITE EMBROIDERY

Why do so many shoppers seek folk-art-y fashions? Acapulco wedding blouse with hand embroidery in fiesta colors explains it smartly! In white dacron, to wear in or out. Sizes 30-40. $20 plus 60c post. Old Pueblo Traders, 600-H3B, So. Country Club Rd., Tucson, AZ 85716.

ARCHES AND FLOWERS

Love seat, a Victorian copy, has graceful rose-and-leaf carving in center, swag carving between arches. 55″ l., 30″ d., 42″ h. Solid mahogany; your choice of fabric from catalogue, samples, $1. Love seat, $399.95 exp. charges coll. Magnolia Hall, HG3, 726 Andover, Atlanta, GA 30327.

BEAN BANK

Looks just like a jar of beans, but there's a secret inside: a central hideaway spot for extra cash that no one needs to know about but you. Glass jar with real red beans, 4¼″ h. $3.50 plus 80c post. Artisan Galleries, HG3, 2100 N. Haskell Ave., Dallas, TX 75204.

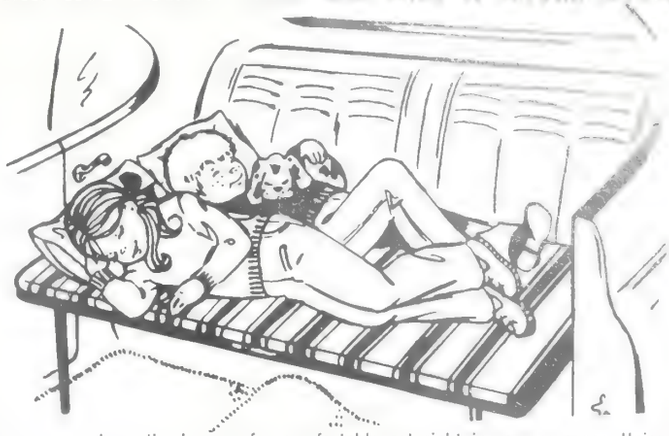
COLORFUL FOOTAGE

Play the summer scenes brightly in comfortable espadrilles from France. Canvas uppers, crepe rubber soles, rope-trimmed wedge heels. Green, yellow, red, hot pink, navy, white. Whole sizes 5-10, N and W. $14 + $1.25 post. The Talbots, Dept. VG, Hingham, MA 02043.

GROUND FOR BABY

Unbreakable food grinder designed to prepare cooked fruit, vegetables and meals right for babies from 2 to 14 months. Built-in feeding cup. Cleans, sterilizes with no muss or fuss $5.45 plus 80c post. Catalogue, 25c. House of Minnel, Dept. 534E, Deerpath Rd., Batavia, IL 60510.

KAR KOT TURNS YOUR CAR INTO A MOTEL ROOM



Now you can have the luxury of a comfortable cot right in your own car. Uniquely designed cot sets up on rear seat to safely sleep 2 children or an adult, while you drive. Use it overnight in camp grounds, rest areas, on skiing, hunting or vacation trips. Perfect for pets—protects your upholstery. Sturdy, lightweight metal frame and legs; durable cover. Sets up in seconds; folds flat for trunk storage. 1″ foam mattress available. Savings from a single motel room more than pays for it. Choose 24″x51″ cot for standard size cars, or 22″x39″ cot for compact cars. Specify. Either model is **$11.98.** Mattress for either model is **$4.00.** Add $1.75 postage for order.

THE FERRY HOUSE Dept. G-374 Briarcliff Manor, N.Y. 10510

BAMBOO BASKETS

Give plain Jane flower pots the glamour treatment. Graduated trio (8″, 9″, 10″) show off feathery ferns, a lush butterfly palm on the porch or patio. Endow an indoor room with a garden look. Beautiful baskets, finely woven from split natural bamboo are a true value for the money. Set of three, $8.95 plus $1 postage. Money refunded if not delighted.

DISCOVERIES

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1974 Rose of the Year

DEEP, DEEP FRAGRANT RED — actually deepens to a blazing "black" burgundy at the petal edges of each 6-inch bloom. *The* perfection of hybrid tea form everyone seeks in a cut rose . . . on long, elegant stems. And it's so easy to grow — in *all* areas and climates! Destined to be a garden classic, so do order now! You'll receive healthy No. 1 grade bare-root plants — complete Home Garden Guide included FREE

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Muslin-covered feather pillows (90% duck feathers, 10% down) are a natural for your fabric, needlepoint, embroidery, applique, quilting, patchwork and weaving.

Knife-edge Size	Each	2 For
12 x 12″ Sq.	$4.25	$ 8.00
14 x 14″ "	5.25	10.00
16 x 16″ "	6.50	12.50
18 x 18″ "	8.50	16.50
12″ Rd.	4.25	8.00
14″ "	5.25	10.00
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Knife-edge rectangle
12 x 16″ . . . . . 5.95 . . . . . 11.50

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Add $1 per order for postage & handling. Detailed price list sent on request.

Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. All color posters printed on silk finish paper. Great gift idea!

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24″ x 36″ . . . . only $10.50

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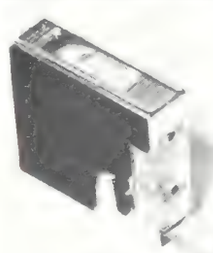
For every color poster ordered, add $1.00 and get a black & white same size. Black and White Duplicates 70% off. Add 50c each item handling. For prompt delivery put name & address on back of photo. Send check, cash or M.O. N.Y. residents add appropriate sales tax. If you send C.O.D. or negative add $1.00 for each size. SUPERSPEED SERVICE shipped by mail add $1.50 per item.

Congers Color Labs

Dept. HG-34, Congers, N.Y. 10920



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#2002 Four Way Ruler $10.50

Creative Enterprises

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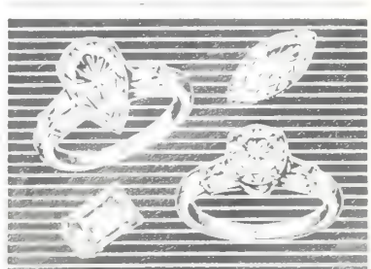

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PLUS 50¢ POSTAGE & HANDLING

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THE PEWTER LOOK

Our stainless steel flatware authentically reproduced from an antique English design. Classic pistol handle knives, 3 tined forks . . . and a mellow pewter look. Dishwasher safe. Service for eight includes: 8 dinner forks, 8 dinner knives, 8 soup forks, 8 soup spoons, 16 teaspoons and 1 serving pieces.

Service for 8 ..... $35.00
Service for 12 ..... $52.50

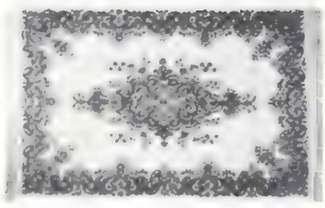
Please [illegible] check

Wales, Dept. HG374
Hartsdale, N.Y. 10530

SHOPPING AROUND

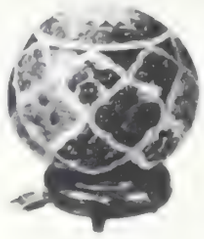
HIGH "HONEY"

Be on your breezy way in a sling sandal of softest urethane with full-cushioned insoles mounted on burlap-covered wedge 1½" high. Pebble crepe soles. Red, white, navy, black. 4-12, N,M, W. $10.95 + 75c post. Sizes over 10, add $1. Sofwear Shoes, HG3, 1711 Main, Houston, TX 77002.



ORIENTAL RUGS

Treasured old patterns, authentic reproductions. Dramatically decorative; through-to-the-back construction for wear. Red, ivory, navy or moss green ground. 4′ by 6′, $19.95; 6′ by 9′, $39.95; 9′ by 12′, $79.95. Ppd. International Rug Co., HG3, 360 Amsterdam Ave., New York, NY 10024.



LET IT SHINE

See-worthy globe lamp shows off its bright hues through transparent camel skin casing, creating a stained glass effect. Wired. 4" dia., $7.95; 6", $11.95; 8", $14.95; 10", $19.95; 12", $24.95. Add 65c post. Stylus Graphics, HG3, 10 E. 40 St., New York, NY 10016.

DIAMONDS UNLIMITED

Whether you have a penchant for rings, earrings, pins or bracelets, you'll find fresh inspiration browsing through this free color catalogue. If you find the diamond fashion you want, a ten-day inspection period is allowed. Empire Diamond Corp., HG3, 350 Fifth Ave., NY 10001.

SAFETY FIRST

Keeps those dangling electrical cords off the floor and out of the way with cord shortener that holds up to three feet of cord. Just wind excess cord around shortener. Only $1.49 for set of six plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

LONG-LIFE LIGHT

Space-age Chromalloy flashlight is always ready to use, with no dead batteries. Has a guarantee that it will work 5 years from now, even if not used. 20-hours "on" life. Smart aluminum case, 3½" long. $6 + $1 postage. Discoveries, HG3, P.O. Box 28054, Dallas, TX 75228.

STOP STOOPING—Amazing, new Pi Peer® Shoulder Brace (patented) corrects posture instantly, comfortably. Provides even, distributed support for sagging shoulders. No fitting. Made of ventilated-for-comfort 3-ply material. Arm bands softly padded. Lightweight, cool. Can't be detected under light clothing. Give measurement around chest. For men, women. $6.95 + 45c postage. Piper Brace. Dept. HG-34SH, 811 Wyandotte, Kansas City, Mo. 64105.

CONTEMPORARY CANE

Beauty of a headboard in a good-looking cane pattern. Natural rattan over triple pole frame with 3" peel border. Single size, 39" by 53", $38.95; double, 54" by 53", $44.95; Queen, 60" by 53", $49.95. Exp. coll. Catalogue 25c. Fran's Basket House, HG3, Route 10, Succasunna, NJ 07876.

MUSCLE TONER

Exercise with simple rubber arm muscle builder, firms arm and hand muscles, relieves aches and stiffness. Fits in a pocket when not in use. Athletes use it; exercise enthusiasts advocate it. $1.98 plus 20c postage. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

TRAVELING JEWELS

Lush velour slim-jim case is initialed (specify two) in brass; lid lined with white satin; spring hinge closure. 4¼" by 7"; for traveling and at home. Print initials. Moss green. $2.98; two, $5.75 add 35c each post. Lillian Vernon, G31, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

CALL IT CAMP

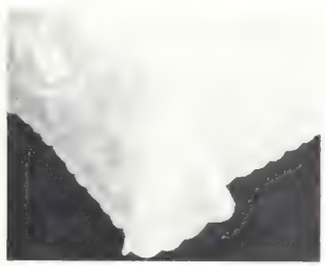
A phone with a French accent and a flavor of jazz from the 1920's. Oval base with dial, cable and four-prong plug. In the original black, $39.95. Separate ringer box $6.95. Add $1.50 postage and handling; $2 W. of Miss. Metropolitan Teletronics, HG3, 35 W. 35 St., NY 10001.

NO RESERVATIONS

Step right up to heap big fun in a corrugated fiberboard teepee 40" x 40" x 48" that's terrific for backyard powwows. Three bright colors; large enough for three young braves to crawl into. $7.50 plus $1 post. Catalog Showcase, HG3, 2150 Collins Ct., Hollywood, FL 33020.

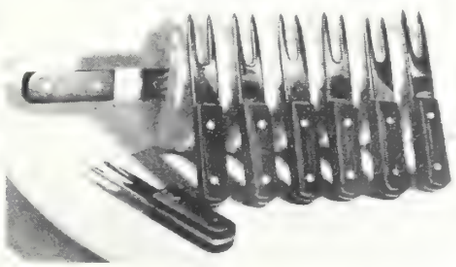
BATISTE TABLECLOTHS

White or champagne Swiss embroidered no-iron polyester. 44" sq., $27.50; 54", $37.50. Square or oval, all 70" w; 90", $80; 108", $100; 126", $125. Round: 70", $69.50; 90", $90. Napkins, each $4.50. $1 post. Hildegarde's, HG3, 597 Farmington Ave., Hartford, CT 06105.



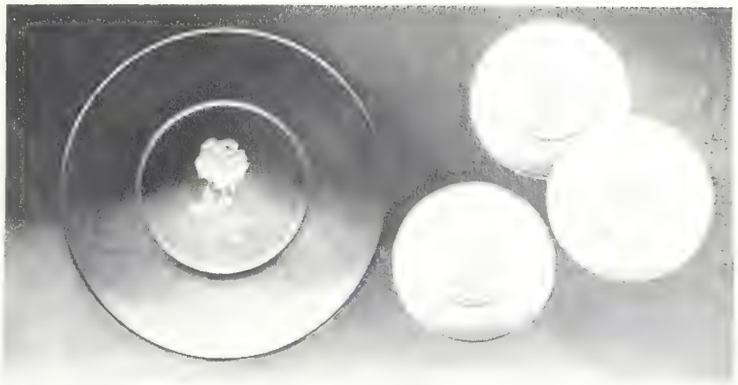
Corn Pic-ups

For corn lovers. Handsome rosewood and stainless skewers eliminate burnt or butterfingers. Treat a hostess . . . or the man of the house. Box of eight $3.50. 2 Boxes (16) $6.85. Add 50c post. for Each Box. *Sorry No COD's*



Catalog 25c

THE GIFT TREE Box 55, Dept. HG3-4, Kensington, Md. 20795



Spring Flowers for Your Table, 12.95

Four crystal dessert plates, each bearing a deep-sculpted blossom . . . rose, jonquil, crocus, or dogwood. By Sculpta Glass, 8" in diameter, and impervious to detergents. The set of four, 12.95.

Garfinckel's
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Please send . . . . . sets of dessert plates at 12.95 (plus 1.00 for postage and handling).
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48 fact-packed pages will open whole new ways to creative relaxation. Tell you what's the best size. The best site. Answers right from the world's leading builder of greenhouses. L & B greenhouses come in a wide variety to fit every budget. Free-standing or lean-tos. Send in this coupon for your free catalog.

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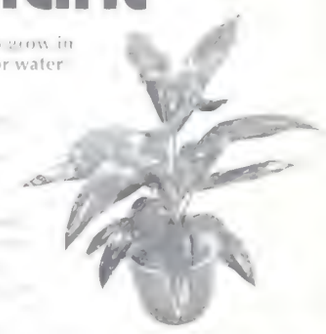
Easy to grow in soil or water



GOOD LUCK.

fifteen feet

$1.00 for $2.50

Add 25c

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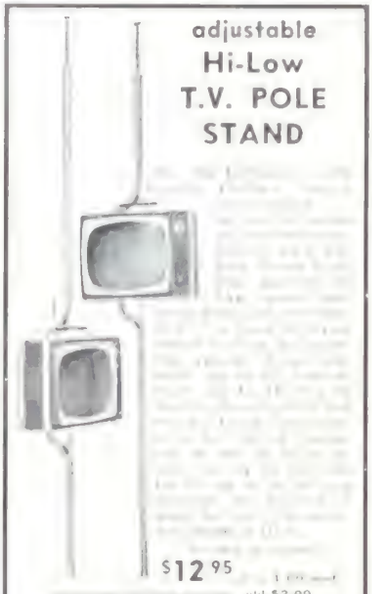
Greek Mate's Hat

Imported from Greece. Soft, all-wool felt. Band-trimmed. Sizes for men and women of all sexes. Standard sizes $10.50 plus $1 post. Our catalogue yours for the asking. Other gifts: things from Greece. Costume and real jewelry. Clothes for men and women. Accessories and gifts of all sorts.

Greek Island Ltd.
215 E. 49th St., New York 10017
Also at East Hampton & West Harwich.

adjustable
Hi-Low T.V. POLE STAND



$12.95

add $2.00

Holiday Gifts Dept. 101-A
WHEAT RIDGE COLORADO

NEW DELUXE HI TIME CLOCK

Imagine! Time "tip-toeing" across the ceiling over your bed. You won't have to rouse yourself into wakefulness merely to check on the nightly hour . . . just glance at the ceiling and there it is. Projected by an invisible beam in large clear numerals 3" in size so you won't need your glasses (when clock is placed 62" from ceiling). A warm Walnut wood and gleaming Brass finish. Electric with alarm 2¾" x 6¼" x 5½". 1 year factory warranty.

$34.95 Ppd. Ill. Res. add 5% Tax.
Gift Catalog .25c

HOUSE OF MINNEL
Deerpath Road, Dept. 534, Batavia, IL 60510

SAVE HUNDREDS OF DOLLARS

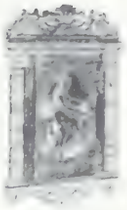
Imagine yourself the builder of this attractive ALL PURPOSE BARN 24' x 36' x 18' high with easy to follow plans. Appealing to the eye in suburban, farm, ranch, lake area. Many uses as 3 or 4 car garage, boats, campers, store, lodge. Plans call for concrete floor, ceiling joist, plywood loft flooring, suggested window and door location. Send $5.00 for plans and material list. Additional plans with above order $2.00 each.

HAMMOND BARNS, Dept. HG26
Box 584, New Castle, Ind. 47362

SHOPPING AROUND

TASSEL TIP

Tasseled glove soft kidskin shoe with bow and piping in contrasting color. navy/red, red/navy, emerald/navy, lime/white, white/navy, hot pink/white, yellow/white. 5½ to 10, N and M widths, $18 plus $1.25 post. Free catalogue. The Talbots, Dept. VJ, Hingham, MA 02043.



FRENCH MAILBOX

Copy, reproduced in cast aluminum. Hand-finished in white, black verdigris, goldspun white, pewter. Latched door, hinged knob; nymph and babe in bas relief. 14" w., 23" h., 4". Mail container, 12" x 8". $35, plus $1.50 post. The Patio, Dept. HG34, 550 Powell, San Francisco, CA 94108.

NAVAJO REPLICAS

Rugs for floor or wall. In ivory with earthen accents; or brick reds and golds, color accents. 3' x 5' $34.95; 4' x 6' $49.95; 6' x 9' $89.95; 9' x 12' $159.95. Ppd. Color catalogue, Oriental and Indian rugs, $1. Peerless Imported Rugs. Dept. GE-4, 3028 No. Lincoln Ave., Chicago, IL 60657.

LIFT OFF

For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-33, 5701 W. Adams Blvd., Los Angeles, CA 90016.

STRAW VOTE

A wicker basket, needlepointed monogram. Kit includes 10½" x 6" x 5½" basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $5.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

BE SEATED

In choice of fabrics, the "Bruce Hunt" chair, 35½" h., 32" w., $122; in your 54" fabric (6 yds.), $96. "Restmore" ottoman, $34.50; in your 54" fabric (2 yds.), $26.50. Exp. coll. Catalogue, fabric samples, $1. Hunt Galleries, Inc., HG3, 2920 N. Center St., Hickory, NC 28601.

BROOM STRAW CAKE TESTER!

Nothing has ever replaced a broom straw for testing a cake and now at last, a special "Broom" just for that purpose. Straws long enough to test your favorite Angel Food Cakes. $2.00 plus 50¢ postage. **Magnificent Mail Order Mercantile, Dept. 311 P.O. Box 12128, Denver, Colorado 80212.**

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Elegant silver plate caddies for instant coffee, tea or sugar. Each has a cobalt blue removable liner that shows through pierced design. 6″ h. with matching spoon and airtight lid. $4.95 each plus 75c post. Set of 3, $14.95 ppd. Village Design, HG 341, Box 159, Ryder Sta., Brooklyn, NY 11234.

CREATIVE PROJECT

Mexican floral arrangement you can make has specially dried seed pods, leaves, grasses. Kit also includes step-by-step directions with printed diagram; pottery vase. 30″ h.; 18″ w. Shades of buff, tan, green. $17.95 ppd. Floral Crafts, HG3, Box 901, Boynton Beach, FL 33435.

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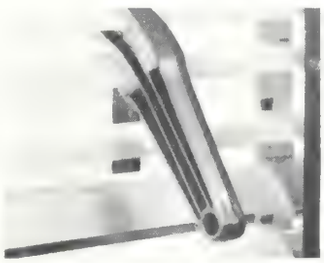
Keep your Venetian blinds free of dirt with this efficient little tool. Double-duty design does two slats at a time on both sides. Dip in suds and foam pads do the cleaning with one wipe. $1.98 plus 35c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



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For the jigsaw puzzle fan! Any photo, color or black and white, can be made into an 8″ by 10″ die-cut jigsaw photopuzzle; photo is returned unharmed. Black and white, $2.95; hand colored, $3.95. Ppd. Cadlyn's, HG3, 2077 New York Ave., Huntington Sta., NY 11746.

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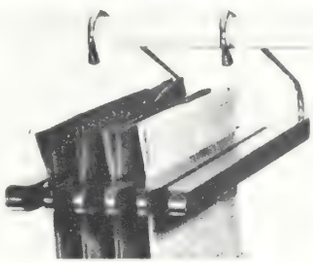

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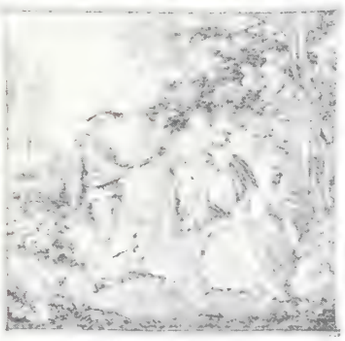

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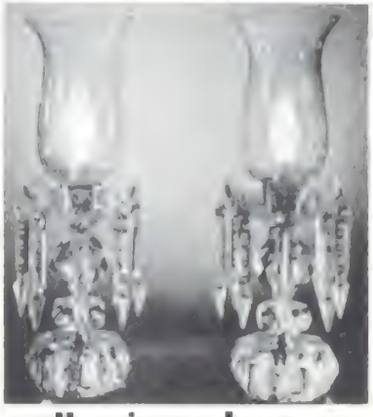

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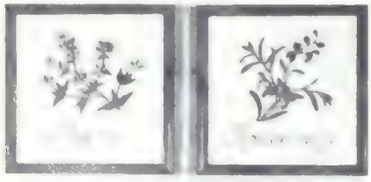

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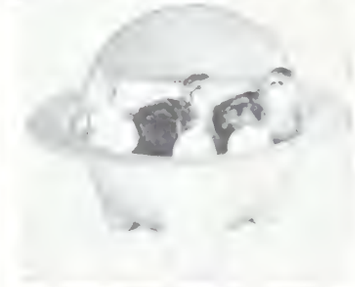

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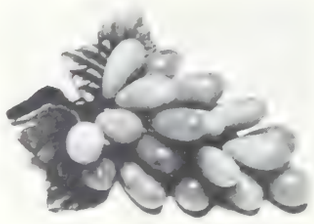

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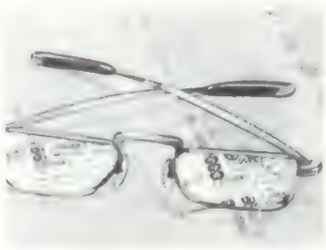

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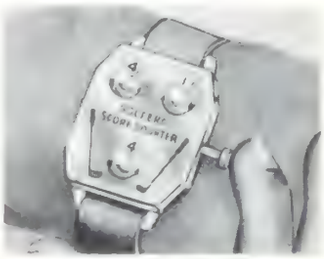

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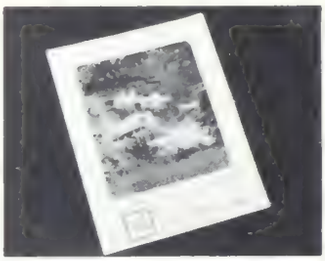

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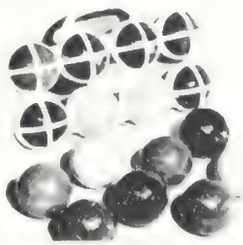

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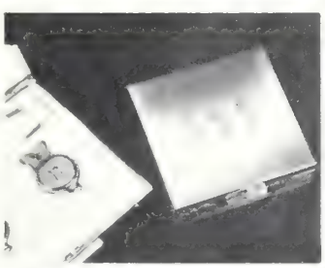

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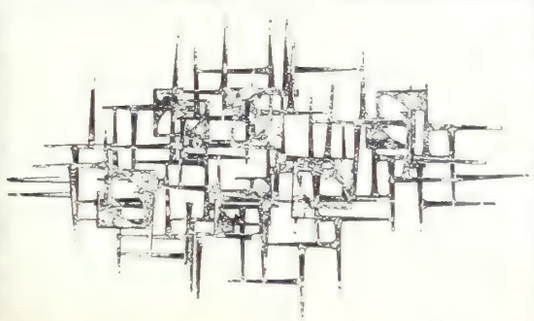

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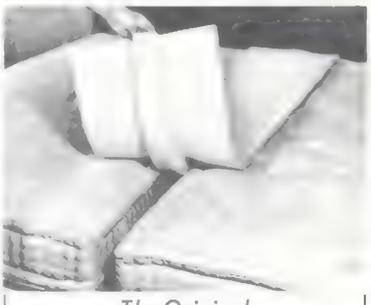

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Needlepoint design to do in froggy green on 12" sq. cotton canvas with Paterna Persian. $6.95 with design, wools, needle and instructions. Add 50c post. Wood frame: oak or white finish, $2.25. Purple hippo, pink elephant, others. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

BEAUTY IN OAK

Graceful round top, 1¾" thick, has been sanded and hand-rubbed with linseed oil to make the most of its grain. Cast iron base. 36" dia. $165; 42" $191; 48" $230; 54" $282. Exp. coll. Catalogue $1. J & D Brauner, Inc., HG3, 1331 So. Michigan Ave., Chicago, IL 60605.

GIANT SMILE

A variety of poster sizes, from any color or black and white photo. 18" by 12", $2; 18" by 24", $2.50; 2′ by 3′, $3.50; 3′ by 4′, $7.50. For lamination, add $2; frames for sizes up to 2′ by 3′; $3. Add 50c post. ea. Blow Yourself Up Co. HG3, 663 Fifth Ave., NY 10022.

HIS 'N HER BRACELET

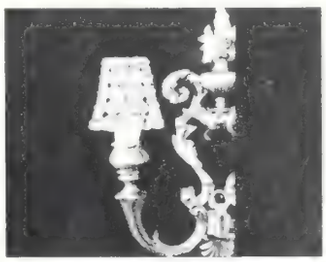
We can't promise this snappy copper bracelet wards off hobgoblins or cures rheumatism. But we *like* its casual cachet! Chain-links gleam for both him *and* her. Men's, $3.98; women's, $2.98. Add 25c postage each. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

SEW SIMPLE

Basic details about home sewing; step-by-step illustrations designed for a beginner to follow. With prices spiraling, "How to Make It" book offers a money-saving solution by showing how to stitch it yourself. $6.95 ppd. Late's, HG3, Box B-25444, Raleigh, NC 27611.

PRISMATIC SPARKLER

Sconce Trimlite shade is a curtain of precision-cut octagon crystals that produce a myriad of jewel colors in the room. 3" h., 2" at top; 3" at bottom. Gold plated metal parts. $11.95 each; two, $22; four, $40 Ppd. Jewel Co. of America, Inc. HG3, 25 Holden St., Providence, RI 02908.



CAMEL BACK LOVESEAT

This is perfect for a traditional decor or as a focal point in a room that's a decorative mélange of many periods. Sturdy hardwood frame. Fruitwood finish, double coil springs for added comfort. H 35 W 58 D 33.

Price: Your fabric $225.50
Plain velvet or nylon blend $270.60
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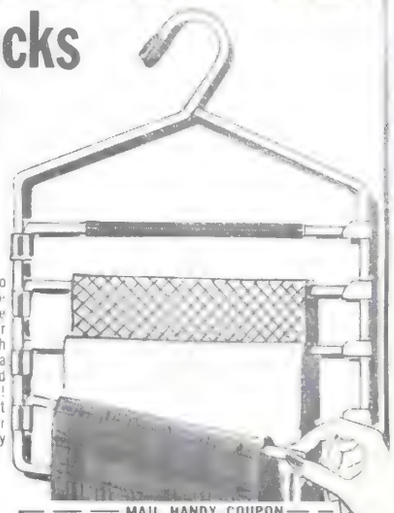
Amazing New SPACE-SAVER!

Swing-Out Slack Rack Holds 5 Pairs Of Slacks Wrinkle-Free!

Chrome Plated Steel Rods Swing Out At A Touch... Locks Securely in Place! What A Convenience!



At last, the newest, neatest most compact way to hang 5 pair of slacks in the space of only one pair — all on one hook! Imagine the convenience of just taking out one rack and choosing the pair of slacks you want with a flick of the finger. Each of the 5 gleaming chrome plated steel rods has a ribbed rubber tubing to prevent creasing . . . and holds the slacks securely so they won't slide off! Each hanger rod locks securely in place, but swings open at a touch so it's easy to hang up or remove slacks. They stay wrinkle free, ready to wear.

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You'll never know what you did without this amazing new space saving convenience. The price is only $3.98 each (and certainly well worth the cost of saving space these days) and comes to you on a full no-time limit money back guarantee if you are not completely satisfied. But wait! Order one for each member of the family and save! Two for just $6.96, or 4 for only $11.92 (that's a $4.00 savings right there). But hurry, you must order now. At these tremendous savings, they're sure to go fast.

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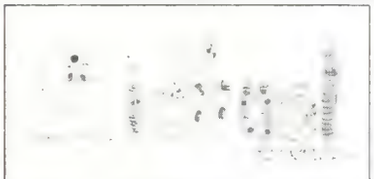

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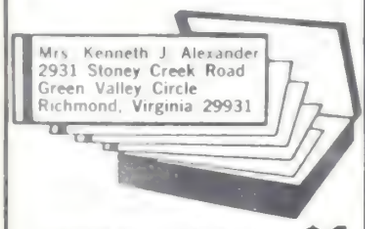

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SHOPPING AROUND

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Trio of playful Siamese cats is fun to needlepoint in natural colors on pale blue background. Made in Denmark, kit includes design on white double mesh canvas, tapestry yarn, needle. 12" by 12". $10.95 plus 75c post. The Stitchery, HG3, Wellesley Hills, MA 02181.

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"Debra," has 1¼" wedge heel, zigzag rubber sole. Widths AAAA-EE, 2½ to 12. Smooth trim grain calf. Beige with otter, bone with malt; navy with light blue; white; black. 2½-10, $24.95; 10½-12, $25.95. Add $1 post. Free catalogue. Solby Bayes, HG3, 45 Winter St., Boston, MA 02108.

FREE GREENING

Get into the joys of growing your own thing. Burpee puts out a terrific gardening catalogue, all the information you need to plan and successfully grow new hybrid flowers and vegetables. Lots of illustrations! Free from W. Atlee Burpee Co., HG3, Burpee Building, Philadelphia, PA 19132.

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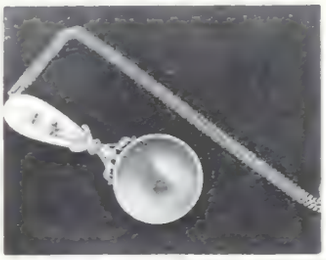

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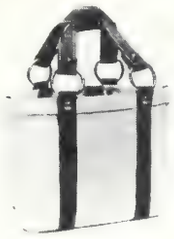

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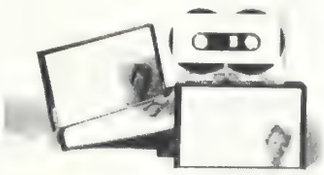
Favorite melodies of the past recorded from Hammond organ on 12 handy casettes, over 20 songs each. Titles like Sweet Lelani, Anniversary Waltz, on a Sunday afternoon. 250 in all. Each $5.95 ppd. Send for complete list. Salem Village Publishers, Box 370-G, Danvers, MA 01923.



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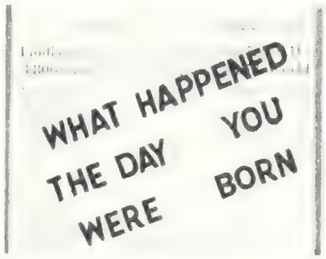
Extra! Extra! Read all about it—in a special edition (front page only) of the New York Herald Tribune. See what the rest of the world was doing on the day you were born. Specify any date from 1/1/1900 to 4/1/66. $2 ppd. Holiday Gifts, Dept. 303-E, Wheat Ridge, CO 80033.



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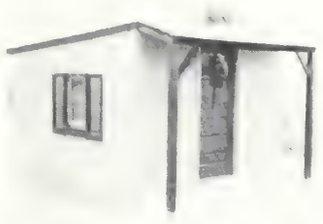

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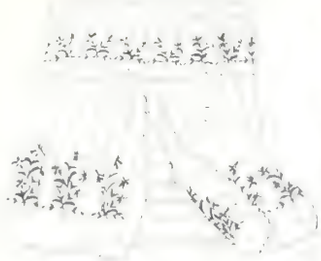

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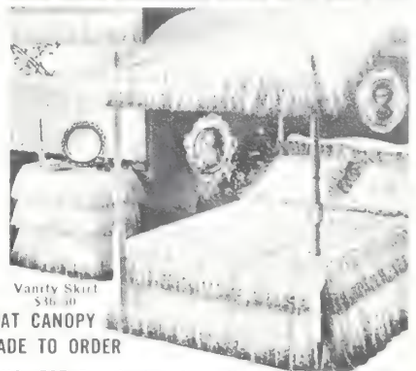

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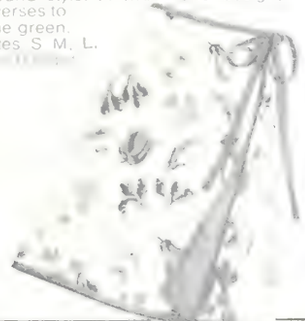

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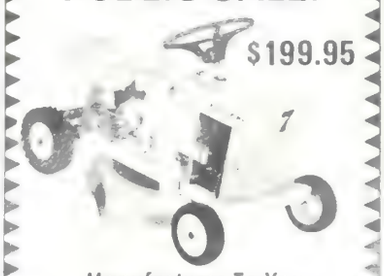

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This new thing actually turns your hand into a vacuum cleaner."

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Reclining recliner with elevating seat operates by push buttons. Adjusts to angle most comfortable for the sitter; another switch raises sitter to his feet. Padded foot rest raises automatically as chair reclines. Free brochure. Burke Enterprises, HG3, Box 1064, Mission, KS 66202.

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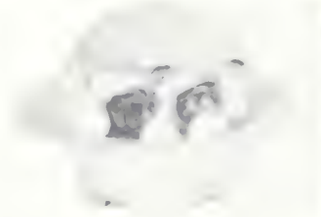

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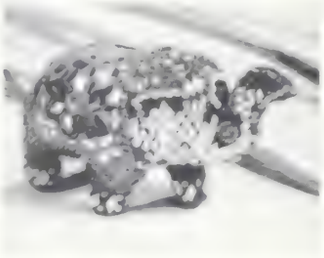
Clear plastic dome lets you see [illegible] of opening bobwhite quail eggs to produce babies. Incubator operates on 110 volt electricity, is 6" h., 7" dia. $5.98 with six eggs; without eggs, $4.25. Ppd. Catalogue, 25c. G. Q. F. Mfg. Co., HG3, Box 8152, Savannah, GA 31402.



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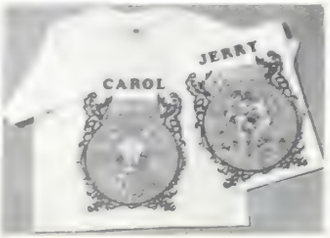

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Color: White Yellow Blue

Size Name

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Roomy country calico apron in multicolored flower print on red is so generous it can double as a skirt. Handmade, it's 24" l. with wide ties, two giant pockets. $6.95 plus 75c post. Catalogue, 25c or free with order. Clymer's, Dept. HG02A, Chestnut St., Nashua, NH 03060.

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Apply liquid leather stretch to tight-fitting shoes and it makes even suede and patent conform to the foot as you walk. Simple to apply and relief is almost instantaneous. $1.59 plus 20c postage. Order from Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

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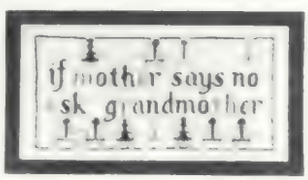

Made to order for the grandparents. Belgian linen stamped for cross-stitching in brightest colors. 8½" by 16" in a simple wood frame, specify mahogany or maple finish. Complete kit, each $3.75, 50c post. Order from Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

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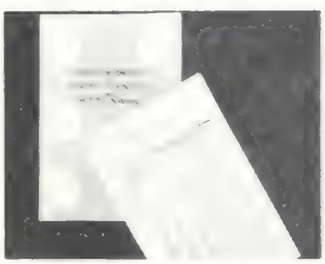
Twenty-four new borderless color prints made from a Polaroid color print, photo (up to 5" by 7"), negative or slide. Wallet size, silk textured color plus free photo in plastic, $2. Black and white, 36 for $1. Add 45c post. Roxanne Studios, C26, Box 1012, Long Island City, NY 11101.

WOODCRAFTERS' GUIDE



Measured drawings of 76 original Shaker chairs, tables, bed, many other pieces. Done by a master cabinetmaker of 50 years experience. Helpful tool for the amateur or professional, valuable for dealers, collectors. $3 ppd. The Berkshire Traveller Press, HG3, Stockbridge, MA 01262.

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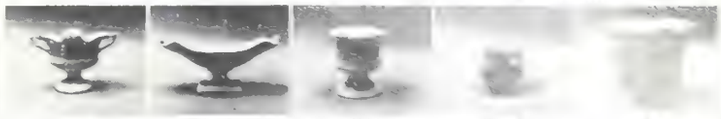

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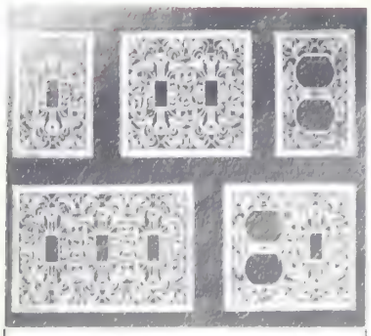

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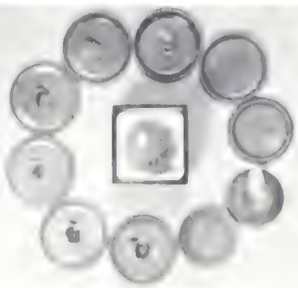

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Gift-box confections in fancy shapes can be made easily at home in rubber molds with recipes. Choose Rose, leaf, daisy, heart and arrow, chick or bunny. Write for candy catalogue. Each $1.25; 3, $2.85; 6, $5.10. Ppd. Judy's of California, Dept. 434, Box 728, Lompoc, CA 93436.

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Soft glove leather combined with cushion sole, spring-like wedge to keep gals on the go. The zigzag shoe comes in sizes 4-10 M, 5-10 N, half sizes, too. White, natural, black, $11.90. With higher wedge, $13.90. Add 80c post. Old Pueblo Traders, H3Z-600-So. Country Club, Tucson, AZ 85716.

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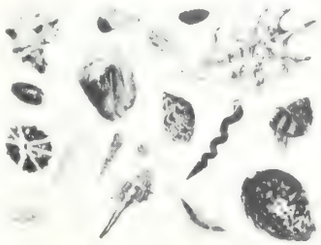

Sun 'n surf fans love to create seashell displays. To begin a collection in exotic fashion, a set of 80 different seashells from around the world! Each shell named and bagged. $11.95 plus $1.15 post. House of Paradise, HG-3, Box 368, Suffern, NY 10901.

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An unusual clothes-pin design to aid washday work. Pinch top of 2" double disc, it's always right side up, ready for use. Plastic holds firmly, won't snag or stain. Pkg. (12) $1.40; two $2.60; three $3.50. Ppd. No Nonsense Shop, Dept. BE-562, 333 E. Main St., Roselle, IL 60172.

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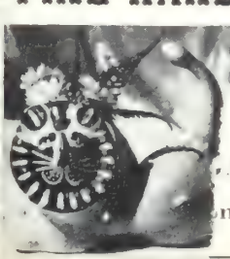

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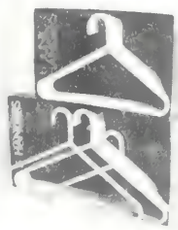
hang ups



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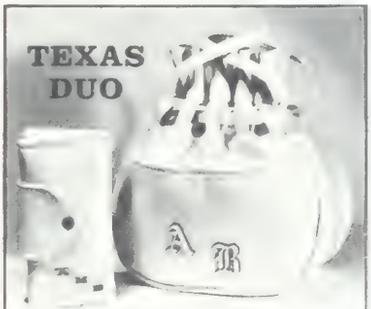

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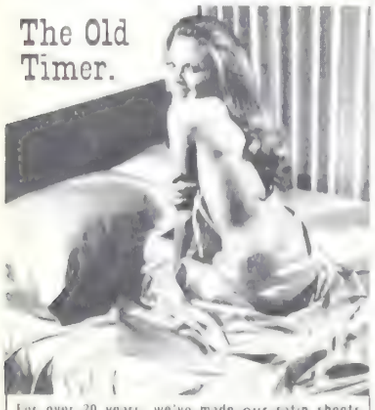

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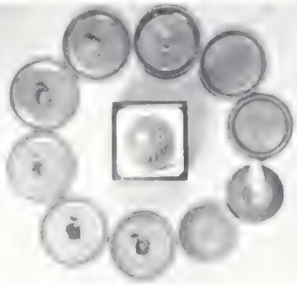

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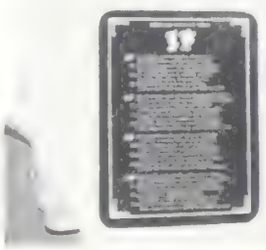

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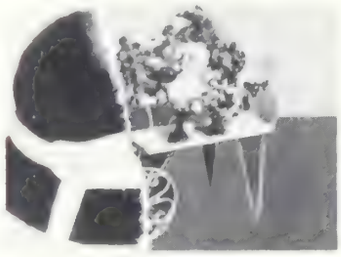
"If you can keep your head when all about you are losing theirs". begins Rudyard Kipling's poem, "If". The four verse poem, printed in gold letters on a honey-toned plaque 8" by 11", $2.98 plus 35c post. Cadlyn's, HG3, 2077 New York Ave., Huntington Sta., NY 11746.



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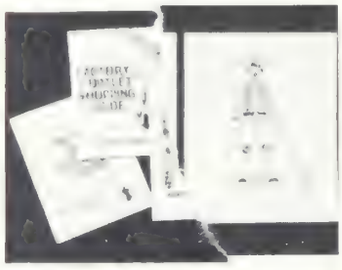

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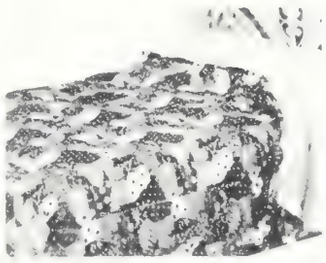

The patchwork quilt goes modern with thermal polyester filling. Patches are cotton in cheerful mixture of red, yellow, blue and green. 66" by 78", fits single or double beds. 100% washable, $14.98 plus $1 post. Harriet Carter, HG12143, Plymouth Meeting, PA 19462.

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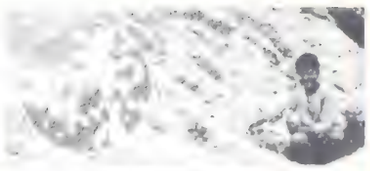

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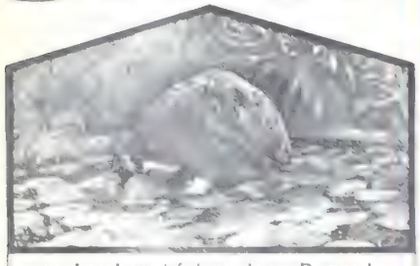

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Gardener's Notes

by James Fanning

To commercial growers and estate gardeners the name Yoder has meant chrysanthemums for many years. So it's good news that in 1974 Yoder Bros. is expanding its market by introducing a new line for home gardens. Called Masterpiece Mums, the new varieties are compact, low growing plants that begin flowering early and go on until hard frost. *Right:* Some of the flower types—they come in all the usual chrysanthemum colors, of course. A good way to use these compact plants is to grow them in pots during the summer, set them out for garden display when summer annuals taper off. Also, plants that have been forced for Mother's Day may be cut back and set out in the garden where they will repeat at the usual time. Masterpiece Mums will be available for 1974 spring planting.

Devoted admirers of Helen Morgenthau Fox will be delighted to know that two of her best known books are now available as paperbacks. Those of us who cut our gardening teeth on *The Years in My Herb Garden* and *Gardening for Good Eating* will be giving these to friends or buying fresh copies to replace the well-worn volumes on our own bookshelves. Published by Collier, the paperbacks are priced at $1.95 each. They include the original illustrations and all of Mrs. Fox's wise and gracefully written text. Newer and more condensed but just as informative are the "Gardening With —" books by Rex Mabe. Mr. Mabe is a nurseryman who has spent years in answering customers' questions, so he knows, and is well qualified to solve, practically all the problems that may confront an indoor or outdoor gardening householder. Currently available are six "Gardening With —" titles: Herbs, House Plants, Flowering House Plants, Ferns, Terrariums, and Hanging Baskets. Priced at $1.50 each, these illustrated paperbacks come from Potpourri Press, P.O. Box 10312, Greensboro, N.C. 27404.

Cuttings of some kinds of plants root much more easily than others. Practical gardeners have always known this, but it was left for Professor Makoto Kawase of the Ohio Agricultural Research center to wonder whether some substance within easily rooted plants could be extracted and used to make the harder-to-root kinds more cooperative. Willow, one of the easiest of all woody plants to root, seemed a logical plant to begin with, so Prof. Kawase made an extract of willow twigs and found that it did, indeed, hasten the rooting of other kinds of cuttings. The willow-twig extract will undoubtedly be synthesized and placed on the market one of these days; meanwhile anyone can make his own. Simply crush some fresh, healthy willow twigs, let them steep in water for a few days, then use the water to moisten whatever rooting medium you customarily use.

Nowadays nothing goes to waste, which means that the everyday task of cleaning up the yard involves saving everything possible for the compost heap. Main problem is getting leaves, twigs, or what-have-you whisked off of lawn and driveway and onto the heap. Rakes are slow and often pick up more than they're supposed to, so the best answer is a rotary-brush sweeper. The Parker Sweeper Co. of Springfield, Ohio, specializes in this type of equipment, and dealers have a wide selection of types and sizes. Most efficient, of course, are the motor-driven sweepers, but with fuel likely to continue in short supply, hand-powered models might be the best bet for 1974. Parker, incidentally, makes a full line of lawn care equipment and has dealers everywhere.

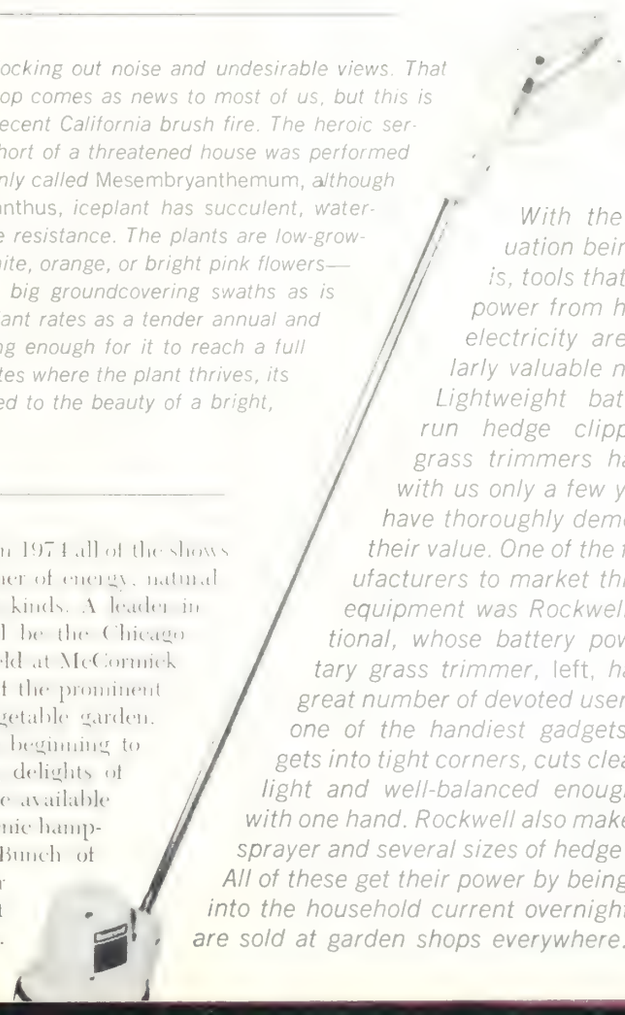
Doing things by hand is one of the best ways of getting around the fuel shortage. A great many garden chores have always involved muscle power, anyway, so that shovels, hoes, rakes, and pruning shears remain unmechanized and using them is the first thing beginning gardeners learn. Except for the use of stainless steel and Teflon coatings, design of these basic tools is just what it has always been, with steel blades to do the cutting and digging, wooden handles to afford a grip and apply leverage. But even considering the unchanging character of hand tools, the high mortality rate of American manufacturing firms makes it surprising that a leading maker of gardening equipment is observing its 200th anniversary in 1974: The Ames Company, of Parkersburg, W. Va., began turning out farm tools in 1774, and it is within the realm of possibility that when Israel Putnam went off to fight the Redcoats the plow he left in the field was an Ames product. Be that as it may, Ames continues to produce hand gardening tools in a wide variety of sizes and shapes, including many for specialized use by masons and other professionals. Every hardware and garden supply shop has racks of Ames tools, including what most of us consider *the* indispensable one: a strong, sharp bladed long-handled shovel.

"Most outdoor gardeners consider a long-handled shovel to be the one really indispensable tool"

If you haven't done it already, there is still time to search out and destroy the egg masses of gypsy moths. They are oval, inch-long blobs of fuzzy brown on the underside of branches or in bark crevices on tree trunks. It's quite simple to scrape them off and burn them or dunk them in a can of kerosene. These pests will be appearing in 1974 in spots where they were unknown in previous years, so be on the watch if they have been reported within 20 miles of your area in recent years. The *good* news this year is that in places where the infestation was heavy it is tapering off due to a build up of the moth's natural enemies.

Plants play familiar roles in blocking out noise and undesirable views. That they may also act as a fire stop comes as news to most of us, but this is exactly what happened in a recent California brush fire. The heroic service of stopping the flames short of a threatened house was performed by a groundcover of iceplant. Commonly called Mesembryanthemum, *although botanists say it is properly* Dorotheanthus, *iceplant has succulent, water-filled leaves and stems, hence its fire resistance. The plants are low-growing, with tremendous quantities of white, orange, or bright pink flowers—reason enough for planting them in big groundcovering swaths as is done in California. In the north, iceplant rates as a tender annual and the growing season simply is not long enough for it to reach a full peak of flowering. In warm, dry climates where the plant thrives, its fire-stopping quality is a benefit added to the beauty of a bright, long-season, ground-holding carpet.*

March is Flower Show month, and in 1974 all of the shows will emphasize conservation, whether of energy, natural beauty, or natural resources of all kinds. A leader in applying the theme this year will be the Chicago Flower and Garden Show, to be held at McCormick Place from March 25 to 31. One of the prominent features of this show will be a vegetable garden, designed for homeowners who are beginning to enjoy the gourmet and gardening delights of growing their own. A grove will be available for visitors who bring their own picnic hampers and special "Take Home a Bunch of Spring" bouquets will be on sale for those who want to carry away a bit of the show's color and excitement.



With the fuel situation being what it is, tools that get their power from household electricity are particularly valuable nowadays. Lightweight batteries to run hedge clippers and grass trimmers have been with us only a few years, but have thoroughly demonstrated their value. One of the first manufacturers to market this type of equipment was Rockwell International, whose battery powered rotary grass trimmer, left, *has won a great number of devoted users. This is one of the handiest gadgets ever. It gets into tight corners, cuts clean, and is light and well-balanced enough to use with one hand. Rockwell also makes a hand sprayer and several sizes of hedge clippers. All of these get their power by being plugged into the household current overnight, and all are sold at garden shops everywhere.*

Be careful with fire: There are babes in the woods.

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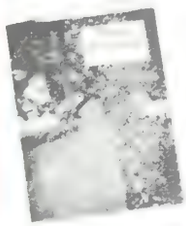

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"In the process of eating and living and dying, microorganisms have returned everything to the earth that the plants and animals have taken, temporarily, out of it"

TOPSOIL *continued from page 28*

rado. But such thick topsoil is exceptional. A foot or less is its usual depth.

Topsoil can be further defined as a mixture of clay or sand and clay, both of them mineral soils, with decomposing organic matter—animal or vegetable or both. The organic matter is called humus. Any kind of it. So humus is as simple as that. We all know that over the ages topsoil has been made by the disintegration of dead vegetable matter—leaves, branches, and trees themselves falling to the forest floor—plus animals that have perished one way or the other. They've rotted. And everybody knows that rot comes from leaving things outside in the weather, so there's nothing very special about that. But what we're not all aware of is that rot is caused by millions and millions of organisms that are very much alive, most of which can be seen only by a powerful microscope. And although no one really knows how long these myriads of microorganisms live, they all must die at some point, and when this happens they become humus, too. And as the process of eating and living and dying, these microorganisms *have returned everything to the earth that the plants and animals have taken, temporarily, out of it, including themselves.* I have purposely italicized those words, for they represent the miracle of growth, continued growth—it is life being renewed. It must be that I had heard about this long before starting to garden, and I'm equally sure that most people have this remarkable fact tucked away in their heads, but it didn't occur to me, and I'm sure it hasn't to others, that this bit of universal learning is needed by anyone trying to grow a flower or two.

Now to go back to the annual border. I had dug the 20-foot bed at a location convenient to a water faucet about 40 feet away. This was because it was necessary for me to *carry* water when the garden needed it, for we had started our living with an ancient bell-shaped dug well that "had never gone dry" until the day we had our housewarming three weeks after moving in. The location was nearly at the top of the ridge on which our 1¾-acre lot and barn were situated in the Berkshire foothills. The grass on the bed was very thin, and for some reason I shall never know, I shook out what clods of grass there were and threw them aside—and later carried them away with more damned rocks (a couple almost too much for me) than I'd ever seen before. It was hard digging, one reason the bed was not dug very deep. Another reason had to do with the purchase of a shovel "that wouldn't wear out." I told the dealer. It was the heaviest shovel I've ever seen. And it didn't wear out—we still have it for no respectable workman will use it more than an hour or so. So I took organic matter out of the soil. None went in. I had thought of getting manure, but as I was very new in the country, I had no idea of where to find it. Anyway I thought the potato fertilizer would do the job. As I hadn't yet taken to gardening seriously, I made no attempt to find manure until the results of the soil test came back. My exaggerated sense of neatness was probably responsible for the removal of the annuals after they were killed by frost. So I even destroyed the small supply of humus their roots would have provided. Exactly how vegetable matter works in the soil may not be something that one who dabbles in gardening want to know, but I'm sure that those who are serious would like more information about it. So we shall leave this for later. ■

(To be continued in an early issue)

Manuscripts

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CARE AND REPAIR OF MARBLE

continued from page 24

mixture can be used to patch holes or to even out deep depressions in old marble.

If the marble is too badly damaged for this kind of repair, take it to a professional—or have a replacement cut from old marble, which is almost always white or gray, or from one of the more contemporary brighter colors.

I've found the perfect antique marble sink, but it's badly weathered. How can I repair it? This is a hard job, but it can be done. Wash the marble first to make sure you know where all the pits are. Now, starting with an 80-grit abrasive block, work back and forth across the marble, using moderate pressure. Sprinkle with water occasionally to lessen the friction and be careful: the abrasive can take a big bite.

When the rough edges are rounded over, change to a 120-grit block and repeat the process, working up through 220 and 320 grits. The finer stages can be used with an electric drill to save muscle-power, but the sander should have a universal shaft so that the abrasive stays flat on the work. When nothing but minor scratches are left, stop.

Now attack the stain problem, following the directions above.

When the marble is as pristine as you like, do the final finishing. Go over the entire surface with an abrasive disk of 600-grit, sponge off the dust, and finish up with tin oxide made into a creamy paste by adding water to about half a cup of powder. You can use a damp cloth or a disk or orbital sander to apply it, though a disk sander tends to throw the paste out. Add water and oxide to maintain the consistency of the paste. To check your work, sponge off the surface with warm water. When you can read the printing on a book jacket in the reflection, you have a polish to be proud of. With ordinary care, the beauty of the marble should outlast us all. ■

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SUNSHINE YELLOWS ZEST
Pages 66-67:
Stacking drawer system: [illegible]. By Directional. 6 **"Carioca" vinyl wallcovering:** 27" wide, [illegible] repeat, matching fabric available. $18 a roll. By Quadrille.* 7 **Descoware Cookware:** 2 qt. casserole, $25; [illegible] qt. saucepan with insert, $12; 1½ qt. saucepan, $20; 2¾ qt. saucepan, $23. Decorative Cookware Group of General Housewares. 8 **"Pompeii" fine china:** $110 per 4 piece place setting. By Royal Crown Derby. 9 **Dishpan:** 14 qt. capacity, $2.79; **bucket:** 2 handle, 12 qt. capacity, $1.98; **laundry basket:** solid bottom, 2 handles, $2.98; **dish drainer:** 2 compartments for cutlery, slotted bottom and sides, cup holders, $2.49. By Holdenwood. 10 **Rattan high-backed chair:** [illegible] cane paneled back, upholstered seat cushion, $308. By Vogue Rattan. Leisure Dimensions Group of General Housewares. 11 **Steak knives:** [illegible] $10. From Trend Pacific. At [illegible] 12 **"Cover Story" carpeting:** 12' wide, 100% Antron nylon, $18.95 a sq. yd. By Philadelphia Carpet. 13 **Love seat:** 60" x 41" high x 17" sh. $860. By Tomlinson of High Point. At [illegible] 14 **Five-drawered chest:** 40" [illegible] High Point. At "Designs by the Finishing Touch" at Daniel Jones. 15 **Mexican Kilim:** [illegible] all wool, $320. By Gotham Carpets.

KITCHEN
"Paradise" [illegible] wallcovering by [illegible] Wallcoverings.* Kitchen [illegible] Curl during the Autumn [illegible] from Heritage Bright.* **Enamel-on-steel cookware** [illegible] $19; covered stock pot, $23.50. Imported from Finland by Peter Breck. **"Faenza" fine earthenware china:** $17 per 5 piece place setting. By Lauffer. At Design Research.

Pages 70-71:
1 **Upholstered plaid sofa:** 88" x 37½" x 30½" high. By Henredon. 2 **Yoghurt maker:** six 8 oz. jars with lids, makes yoghurt in 4-10 hours depending on tartness desired. $20 with automatic shut-off device; $12 for "take out" dial and manual shut-off. By Electric Char-B-Que. At Hammacher Schlemmer. 3 **"Across The Woods" pillows:** 12" sq., $12; 18" sq., $24. By Mountain Artisans. At Bullock's, Wilshire. 4 **"Lucille" vinyl wallcovering:** 28" wide, 2" repeat, $22.50 a roll. By Cowtan & Tout.* 5 **Wing chair:** 27" x 22½" x 40" high x 20" sh. $662 COM. By Baker. 6 **"Chinese Flower" cotton fabric:** 54" wide, 29" repeat, $17.60 a yd. By Stroheim & Romann.* **"Gingham" melamine china:** $8 per 16 piece set. By Lexington Limited. **"Gingham" tablecloth:** 36" round, $50; **"Gingham" napkins:** 16" sq., $5 each. Both by Three: Sixteen. 8 **Sectional sofa:** 68" x 47" x 30" high, upholstery by Schumacher.* $543 as shown. Sofa by Hattenbach. At Adams Interiors. 9 **Open armchair:** 25" x 30" x 33" high x 17" sh. By Henredon. 10 **Wastebasket:** 10" diam. x 16" high. $6. At Bigelow's. 11 **"Orleans" Dacron and cotton fabric:** 54" wide, 24" repeat. By Bloomcraft at Stroheim & Romann.* **"Clouds" vinyl wallcovering:** shown in background, 28" wide, 25" repeat. $9.75 a roll. Designed by Carleton Varney for The Playtime Collection by Schumacher.* 12 **"Saddle #2" rug:** hand made at Kashour,

SUNSHINE YELLOWS ZEST
Pages 66-67:
Stacking drawer system: [illegible]. By Directional. 2 **Magazine rack:** [illegible] At [illegible] 3 **"Pantastic" Skillet:** 11" [illegible] cook, serving, [illegible] enamel-on-steel. $40. By Hamilton Beach. At Woodward & Lothrop. 4 **Chairs:** 30" x 30" x 33" high [illegible] By Directional. At [illegible] 5 **"Deda" vase:** 9" x 11" high, in white [illegible] $12.50. By Heller Designs. At Bloomingdale's. 6 **"Handivac" vacuum cleaner:** [illegible] At [illegible] 7 **"Sun" Oven to Tableware:** [illegible] 8 **"Lushan" cotton fabric:** 54" wide, [illegible] repeat, $16.00 a yd. By [illegible] Butterdish: [illegible] 10 TV: [illegible] 11 **Night Lamps:** 10" high, [illegible] At Stanley Marcus. 12 **Desk fan:** 6" x 6" [illegible] 13 **Floorcloth:** [illegible] $80; $480. By [illegible] 14 **Curved chair:** [illegible] $100 COM. By Directional. 15 **Table:** [illegible] high, [illegible] to Century Furniture.

Pages 68-69:
1 **Chair:** [illegible] 2 **"Mandalay" cotton bedspread:** [illegible] At Altman's. 3 **Tablecloth and napkins:** [illegible] Italian [illegible] At Pfisher. 4 **Wall system:** [illegible] 5 **Chair:** [illegible]

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DU PONT

5′ x 7′ size shown. $420. By Saxony. 13 **Curio cabinet:** 32″ x 17″ x 72″ high, pecan veneers and solids, interior lights top and bottom. $379. By American of Martinsville. At W&J Sloane, Washington. 14 **"Lara" cotton fabric:** 47″ wide, 10″ repeat. $19.50 a yd. By Laurence Handprints, Ltd.* 15 **Chair:** 29″ x 27″ x 31″ high x 18″ sh. $375 COM. By Shaw. At Altman's. 16 **"Milano" scale:** lifetime guarantee, available in white, black, real red, space blue, and parrot green. $12.95. By Borg. At Dayton's.

LIVING ROOM

Cotton fabrics: "Infini," covering bed and pillows, diagonal stripe, 48″ wide, 31⅛″ repeat. $21 a yd. **"Statique",** covering chair and ottoman, 48″ wide, 32″ repeat. $18 a yd. **"Macedoine,"** covering pillows, colors of lavender, pink, and yellow, 48″ wide, 24″ repeat. $22.50 a yd. **"L'Arbre,"** covering pillow, color shown is beige, 48″ wide, 30″ repeat. $19.50 a yd. All are heavy cotton twill designed by Pierre Cardin for Hinson & Co.* **Wicker chair:** 30″ x 34″ x 32″ high x 18″ sh. $686 COM; **ottoman:** 30″ x 25″ x 17″ high. $225 COM. By The Wicker Works at Luten, Clarey, Stern.* **Pillared coffee table:** 48″ x 36″ x 13½″ high, glass with chrome surfacing on top of legs. $1520; **Plexiglas octagonal table:** 15″ x 15″ x 15″ high. $215. Both by Albrizzi, Inc.* **Ribbon table:** cashew lacquer over linen. $1400; **blanc de chine camel:** $300; **celadon bowl:** $375. All from Charles R. Gracie & Sons.* **"Your Majesty" wool carpeting:** color is pearl beige. By Downs Carpet. **"Elephant" rug:** 12′ x 18′ size shown, imported from India by Rosecore Carpet. Untitled **painting** by Ray Parker, 1970, acrylic on canvas. Fischbach Gallery. **"Rancho" wool throw:** shown draped on sofa, imported from Uruguay. $160; **box:** of bone, wood, ivory in diagonal stripes. $250. Throw and box from Luten, Clarey, Stern.* **Basket:** planted with ferns and narcissus from Jean Jacques Bloos Ltd. **Track lighting system:** "Continental" cylinders, 5¾″ diam. $28 each; 8′ starter track, $30; joiner, $6 each. By Progress Lighting. **"Diana Fyrban"** shade cloth by Breneman, Inc.* **Blinds:** by Thru-Vu Vertical Blind Corp.

COKE-GARRETT HOUSE
Pages 80-83:

Sideboard: 72″ x 27⅝″ x 36″ high, mahogany and mahogany veneer with satinwood, boxwood, and ebony inlay, Williamsburg Federal finish. $3250. **Settee:** 60⅛″ x 23¾″ x 34⅝″ high, mahogany and mahogany veneer, with birdseye maple, boxwood, and ebony inlay, Williamsburg Federal finish. $1420 COM. **Candlestand:** 16½″ x 16⅛″ x 25⅝″ high, tripod legs, mahogany and mahogany veneer with boxwood inlay. $445. **Sheraton desk-bookcase:** 37½″ x 21⅜″ x 74¼″ high, mahogany and mahogany veneer, with satinwood, boxwood, and ebony inlay, églomisé glass panels, 7 pigeon holes, 3 drawers, handpainted black and gold design. $4350. **Sheraton armchair:** 21⅞″ x 22⅝″ x 33″ high, maple painted green with painted striping, geometric designs and panels of trophies on cresting rail, cane seat and back. Available in June. **Work table:** 19″ x 19⅝″ x 28½″ high, mahogany and mahogany veneer, with boxwood inlay, Williamsburg Federal finish. $660. **Bookcase-breakfront:** 61¾″ x 17⅜″ x 87¼″ high, mahogany and mahogany veneer, Williamsburg Federal finish. $5600. **Canterbury book rack:** 20″ x 15⅞″ x 23″ high, 1 drawer, casters, of mahogany. $565. **Roll armchair:** 28¼″ x 26½″ deep x 41¼″ high, mahogany, shown upholstered in Anderson blue fabric by Schumacher. $590 COM. **Tilttop table:** 25″ x 17⅜″ x 28½″ high, pedestal legs with turned feet, mahogany. $390. **Flaptop table:** 36″ x 36″ x 27⅞″ high, 18″ diameter closed, mahogany with mahogany veneer, carved acanthus urn and legs, paw feet on casters. $1410. All by Kittinger and available at The Williamsburg Craft House, Williamsburg, Va., 23185. Kittinger Showrooms featuring this furniture may be visited at the following:

ATLANTA
Decorative Arts Center
351 Peachtree Avenue N.E.
Atlanta, Ga. 30305

BOSTON
420 Boylston Street
Boston, Mass. 02159

DALLAS
480 Decorative Center
Dallas, Tex. 75207

LOS ANGELES
8784 Beverly Blvd.
Los Angeles, Cal. 90048

NEW YORK
305 East 63rd Street
New York, N.Y. 10021

SAN FRANCISCO
The Icehouse
151 Union Street
San Francisco, Cal. 94111

BATH NEWS
Pages 84-85:

"Athena" vinyl wallcovering: covering ceiling, 27″ wide, 31½″ repeat. $19.50 a yd. **"Leda" vinyl wallcovering:** covering walls, 27″ wide, 21″ repeat. $19.50 a yd. **"Leda" cotton chintz:** 48″ wide, 27″ repeat, quilted for bed covering. $18.75 a yd. Both "Athena" and "Leda" are patterns from a new collection of fabrics and wallcoverings designed by Zandra Rhodes for & Vice Versa. **Chaise and ottoman:** designed by Angelo Donghia. Available through & Vice Versa. **Bath sheets, bath and hand towels, and wash cloths** from Porthault. Towels from $6.50 to $60; **baby boudoir pillows:** shown on chaise, and **percale cases** from $24 to $33. **Rattan table:** 30″ x 30″ x 21″ high, natural finish. $325. From the "Hsiang Chun" collection. **Standing lamp:** designed by Cedric Hartman, L-shaped base. $507. Table and lamp from Luten, Clarey, Stern.* **Lucite bench:** $750; **standing vanity mirror:** chrome and gold stand. $750. Both at Karl Springer Ltd.* **"Your Majesty" wool carpeting:** color is pearl beige. By Downs Carpet. **"Aqua-Massage":** directs a spray of water to any part of the body. $30. (1.50) At Hammacher Schlemmer. **Ivory quilted bathrobe:** designed by Stephen Burrows. $75; **stacking baskets and baskets** containing towels from $25 to $30; **cosmetics, brushes, antique bottles of cologne** from $6 to $60. All at Henri Bendel. Towel basket at Bailey-Huebner at Henri Bendel. **Green porcelain vase:** Chinese, c. 1800; **yellow covered dish,** Chinese, c. 1870. From H.J. Kratzer. **Track lighting system:** "Continental" cylinders, 5¾″ diameter. $28 each; 8′ starter track, $30; joiner, $6 each. By Progress Lighting. **"Temlite Loomwood" window blind:** ⅞″ square edge wood staves, available in custom sizes, coats,

Continued on next page

Mountain retreat. Architect: Andrew Daland, Cambridge, Mass., Cabot's Stains throughout

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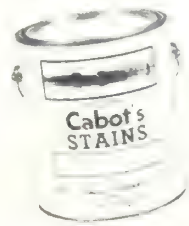

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BARBADOS

SHOPPING INFORMATION *continued from preceding page*

in widths up to 15' 8". By Holland Shade Co.

Page 86:

Lacquered straw owl: $105. From Robert Webb.

Page 87:

"Elegance" towels: in smoky brown. Bath sheet, $8; bath towel, $5.50; hand, $2.50; washcloth, 75¢; bath mat, $6. By Cannon Mills. At Altman's.

Bath Accessories: chrome apothecary jar, $9; large opaline jar, $12.50; small opaline jar, $12; opaline cup, $4. All from Marion Wieder.

TV: [illegible] 5" diagonal screen, $130. By General Electric.

CENTERPIECES

Pages 90-91:

Coral basket, fish bowl and crouton dish [illegible]. **"Cluny" cream soup spoon:** sterling [illegible]. By Carrera. At [illegible]. **Glass tureen:** [illegible] qt. capacity, [illegible] high, [illegible]; **ladle:** 13" long. Both by Wm. Yuppenthal Glass Specialties Co. **"Amalie" sterling and enameled steel flatware:** [illegible] piece place setting, $[illegible]. By Heinz Hansen. **"Domino" dinner plate:** $15.50; **"Danish Ship" water goblet** [illegible]. By Holmegaard. At Bergen Cove Shoppe. **Gingham napkins and container of flowers** by Antonia Flowers. **Blue mirror tabletop, acrylic block candlesticks and hurricane lamp** [illegible]. **Cotton fabric** [illegible] yd. By [illegible]. At Bloomingdale's. **"Blue Line" bowl:** 10" diam., [illegible] high, $[illegible]. By Tiffin. **"Salem" sterling flatware** [illegible] piece place setting, $[illegible]. **"Regency" goblet** [illegible]. **Crystal platter** [illegible] diam. **Crystal bowl** [illegible] high. All at Tiffany. **Woven straw plate:** 18" diam. $30. At Luten, Clarey, Stone & Co. **Ceramic milk pail** [illegible]. **Chocolate soufflés** [illegible] from Cafe Nicholson. **"Cluny" sterling spoons:** $[illegible] each. At Bloomingdale's. **Glass pitcher:** $[illegible]; **glass bowl:** $[illegible]. Both by Lenox. **White porcelain spoon:** [illegible] each. At the gift Boutique, Space at Bergdorf's. **Faux boiserie ceramic basket:** 10" diam., [illegible] high, designed by Paul Wissmann. $[illegible]. At Luten, Clarey, Stone & Co. **"Amalie" sterling and enameled steel flatware:** [illegible] piece place setting, $[illegible]. By Heinz Hansen. **"Summer Song" plate:** designed by Sandy Tommela. $17. By Dansk Designs. At Georg Jensen. **Large inset: Terra-cotta china:** plate, $18; basket, $50; butter plate, $10; serving piece, $30. By Terrafirma for Ronaldo Maia Flowers. **Coffee cups and saucers:** $36 a dozen; glass plates, $90 a doz. At Cardel. **"Cluny" sterling flatware:** butter knives, $[illegible] each; teaspoons, $4.75. By Christofle. At Bergdorf. **Cotton denim tablecloth:** $[illegible] at Sona of India.

WINE & FOOD

Page 101:

"Innkeepers" glass canisters: under $1.50 each. By Libbey. **White ceramic bowl** from Shaker Craft Sales Shop, Shakertown at Pleasant Hill, Kentucky.

LAMB Page 105:

"Colorcast" casserole: 1½ qt., Teflon[illegible] $20. By Wagenfeld. **Liter glass carafe:** $3.50. Casserole and carafe at Design Research. **"Provincal" dinner plate:** [illegible]. **Bida goblet:** $[illegible]. At Bloomingdale's. **Bread board:** $3.50; **aluminum pepper mill:** $8.95; **acrylic salad tongs,** $2.50; **oblong china plate:** [illegible]. All from Bazar de la Cuisine. **Glass salad bowl:** 10" diam., [illegible]. Both by Orrefors. At Bonniers. **Yellow handled flatware:** $3.50 per [illegible] piece place setting. $10 per set of 4 steak knives. At Bonniers. **Electric barbecue:** spatterproof. $60. At Hammacher Schlemmer. **Table cover and napkins: "Bistro" cotton fabric,** 45" wide, 9" repeat. Matching wallcovering available. Fabric $16.50 a yd. By [illegible]. **Basket of spirea** from Lord Leopard Blooms Ltd.

ADDRESSES OF STORES MENTIONED THROUGHOUT THIS ISSUE

ADAMS INTERIORS, 836 Post Rd., Darien, Conn. 06820

ANTONIO FLOWERS, 64 E. 55th St., New York, N.Y. 10022

[illegible] 361 Fifth Ave., New York, N.Y. 10016

[illegible] 41 E. 57th St., New York, N.Y. 10022

[illegible] 1063 Second Ave., New York, N.Y. 10022

BLOOMINGDALE'S, Lexington Ave. 59th St., New York, N.Y. 10022

BONNIER'S, 605 Madison Ave., New York, N.Y. 10022

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CAFÉ NICHOLSON, 323 E. 58th St., Ne York, N.Y. 10022

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FISCHBACH GALLERY, 29 W. 57th S New York, N.Y. 10019

GEORG JENSEN, 601 Madison Av New York, N.Y. 10022

GIMBELS, NEW YORK, Broadway at 33 St., New York, N.Y. 10001

GOLDSMITH SCHLEMMER, 147 E. 57 St., New York, N.Y. 10022

HENRI BENDEL, 10 W. 57th St., Ne York, N.Y. 10019

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ROYAL COPENHAGEN, 575 Madison Av New York, N.Y. 10022

SCANDIA SCANDINAVIAN IMPORTS, 54 54th St., New York, N.Y. 10022

SONA OF INDIA, 11 E. 55th St., N York, N.Y. 10022

STEPHEN BARANY, 149 E. 72 St., N York, N.Y. 10021

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W. & J. SLOANE, 1130 Connecticut Av NW, Washington, D.C. 20036

WOODWARD & LOTHROP, 11th & "F" S Washington, D.C. 20013

WEIGHT CONTROL *continued from page 16*

is another old chestnut. Trust is only a slice of what you must have to maintain nutritional balance.

The amount of food needed depends on one's height, age, sex, skeletal structure, and activity. At the present time few doctors are trained to give the specific detailed instructions most persons requiring dietary advice need, nor do they have the time. But the doctor does know his patient's physical condition and any weight alteration should not be attempted or considered except by his approval.

A doctor knows resources and should be able to put his patient in the hands of a qualified diet therapist or nutritionist who will plan with the patient the diet best suited to his needs, provide written instructions, detailed advice, and periodic checkups. Of greatest importance is moral support and encouragement from the therapist and physician. Each will emphasize the importance of a nutritionally sound "Foundation Diet." And the patient must understand that including the right kind of food in the correct quantities is as important, or more so, to his well being than *excluding* certain foods.

Never forget that the best diet to reduce weight must restrict c ories without restricting essent nutrients, as well as provide a c tain amount of gastronomic sat faction. The person supplied wi a diet tailored to his individu needs who has the character a motivation, plus increased phy cal activity, is assured of achievi his goal.

For a quick glance at weig control send stamped, self-a dressed envelope to The Americ Dietetic Association, Dept. H 620 N. Michigan Ave., Chica Ill. 61611, for a copy of the fi pamphlet *A New Weigh of Life.*

Building facts

Materials and equipment used in the house on pages 72 to 77

ARCHITECT: John Russell Nichols
INTERIOR DESIGNER: Jeffrey Howard
LANDSCAPE DESIGNER: Bruce Howard
CONTRACTOR: Sprovero Construction Co.
SIZE OF HOUSE: 3,500 square feet
SIZE OF LOT: 1 acre

STRUCTURE

Foundation: 10-by-16-inch concrete footings and poured concrete slabs on compacted fill.
Framing: On first story, 8-inch concrete block walls; on second story, walls, floors, and roofs of standard wood frame fir construction.

EXTERIOR OF HOUSE

Exterior walls: Concrete block sprayed with white stucco and 4-by-10-foot rough sawn redwood grooved panels.
Millwork: Clear heart redwood.
Exterior stain: On redwood walls, bleaching oil by Samuel Cabot, Inc.
Decks: 2-by-6-inch redwood decking.
Roof: Built-up roofing: layers of bituminous coated building paper topped with gravel.
Insulation: In walls and roofs, 4-inch-thick glass fiber batts.
Windows: Fixed glass panels and single awning sash with bronze finish. Solar gray ¼-inch tempered glass.
Skylights: Clear acrylic "skydomes" by Wasco Products, Inc.
Doors: Exterior: wood frame, glass panel swinging doors; front door, custom designed. Interior: flush solid core doors.

INTERIOR OF HOUSE

Walls: In living room, white sand finish plaster and 4-by-10-inch rough sawn redwood panels.
Interior finish: On redwood walls, bleaching oil by Samuel Cabot, Inc.
Ceilings: White sand finish plaster.
Floors: In living room, dining room, kitchen, and breakfast area, 4-inch black ceramic tile. In master and boys' bathroom, ceramic tile. In all other rooms, wall-to-wall carpet.
Lighting fixtures: In living-dining room, track lighting with movable spotlights and recessed cylindrical ceiling downlights and wall washers on dimmers. In other major rooms, recessed cylindrical ceiling fixtures. In kitchen, "Conwed Module Lux," luminous ceiling of 12-inch white plastic panels covering fluorescent tube lighting, by Conwed Corp.
Hardware: Oil rubbed, bronze-finish.
Music system: Built-in stereo by owner; receiver-tuner by Pioneer, turntable by Garrard, eight-track stereo recorder by Wollensak 3 M.
Furnishings: Living room accessories, Marimekko pillows by Arango.
Cabinets and countertops: In living-dining room, kitchen, boys' dormitory, master bedroom, bathrooms, custom-made cabinets faced in white Formica.
Plumbing fixtures: White by Kohler Co.

MECHANICAL EQUIPMENT AND APPLIANCES

Appliances: White porcelain, 4-burner electric range by General Electric Co.; double, stainless steel sink by Elkay Mfg. Co. with fittings by Moen; "Amana radar range" microwave oven and refrigerator-freezer by Amana Refrigeration, Inc.; KitchenAid under-counter dishwasher by Hobart Mfg. Co.; ventilating fan and range hood by NuTone, Inc.; food waste disposer by Waste King Universal. In mother-in-law's house, compact kitchen unit by Acme National Refrigeration Co., Inc. Laundry washer by Kenmore, drier by General Electric Co.
Water heaters: 30- and 42-gallon tanks by State Stove & Mfg. Co.
Heating and cooling system: Two-zone heating-cooling, reverse cycle air conditioning; 5-ton unit downstairs, 2-ton unit upstairs by Fedders Corp. Thermostats by Fedders Corp. In mother-in-law's house, wall unit heater-cooler by General Electric. ■

COLOR HEADQUARTERS

continued from page 54

Crossroads Shopping Center
S. H. Heironimus
Towers Shopping Center
S. H. Heironimus
Seven Corners
Woodward & Lothrop
Tyson's Corners
Woodward & Lothrop

Washington

Bellingham ....The Bon Marché
Columbia Center
The Bon Marché
Everett .....The Bon Marché
Longview ..... The Bon Marché
Kennewick ....The Bon Marché
Seattle ..... The Bon Marché
Northgate .. The Bon Marché
Southcenter The Bon Marché
Spokane ..... The Crescent
Northtown ..... The Crescent
University City The Crescent
Tacoma ..... The Bon Marché
Walla Walla .. The Bon Marché
Yakima .....The Bon Marché

West Virginia

Charleston .....The Diamond

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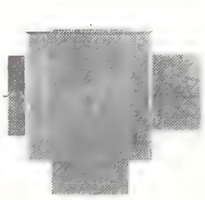

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"The steel-framed boxes are boutiques. Some are one box big, others are two or three hooked together"

NEW TOWN COMES TO LIFE

continued from page 40

and four are scattered sidewalk-café style among the trees indoors. Or carry your lunch outside and eat it sitting in the sun and listening to a band concert in the square. But even on a sunny day, you might decide to stay inside and explore the indoor "streets" that wind off the plaza and are lined with stalls and shops selling flowers, wine, cheese, sausages, candy, or delicacies from all over the world. There's a health food shop, a butcher, a fishmarket, and fruit and vegetable stands piled with everything from local corn to exotics like taro root and mangoes. You can have peanut butter ground as you wait, compound your own blend of coffee from bins of beans and buy bread as it comes from the oven. Or watch a cooking lesson in the demonstration kitchen. A street market in spirit, yes. But natural wood-sheathed walls, glossy brown tile floors and crisp contemporary graphics give it a polish no street market ever had.

Nor is the West Village section of Crown Center shops like any village you've ever seen. But the best way to visualize how it works is to think of the winding streets, hidden squares, and surprise vistas of a Mediterranean hilltown. Canadian architect François Dallegret has stacked up 8- and 12-foot, steel-framed boxes on five levels in a two-story shell and connected them all up with stairs and walkways. The sides of the boxes are brilliant colors when they aren't glass, and what's inside the boxes makes the glass walls just as colorful. The boxes are boutiques. Some boutiques are one-box big, others are two or three or more hooked together. No two are the same. Window shopper's paradise, nothing's hidden. Big silvery tubes curve by the boxes and up over the walkways—the heating and air-conditioning ducts. Light cords curl and coil from overhead sockets. Just when you think there are no more surprises you turn a corner and find yourself in a big central space that's . . . well, what it is depends on the time of day. It's a restaurant at noon, bar in the late afternoon, restaurant again for dinner, discotheque as the evening goes on.

The setting is more sedate for two floors of larger shops that open off carpeted aisles running the long side of the "L," but the diversity of things to buy is as great. "We wanted to avoid the kind of duplication you find in most shopping centers," says J. D. Kaiser. "I know it's considered necessary for success but we're not a shopping center. We worked out the kinds of shops we wanted and then went out to find and lease space to people who could give us this variety, had a genuine and intense love for what they were selling, and an ability to project it.

"And our own store, Hall's Crown Center, isn't a conventional department store," Mr. Kaiser goes on. "It doesn't attempt to be that complete but that's not the main point. We organize stores today the same way we've been organizing them for 50 years. It's very convenient for those of us who are operating stores but how convenient is it for the customer? So we thought, 'why don't we build a store that has to do with the way people live?' For example, leisure is a very important part of living today. So we put together on one floor all the things that have to do with leisure activities—sports equipment, luggage, games, cameras, kitchen equipment, things for informal entertaining, plants—and named it 'Earth.' The second floor, 'Elegance,' is harder to define but furs, jewelry, designer dresses, art, fine furniture, beautiful bed and bath linens are all part of a way of life. Then, there's the whole world of topical, right-now things—purple blue jeans or paper furniture. They're new and exciting and in a few months something else replaces them. That's the third floor. We've called it 'Excitement' and we expect it to change. Of course, we may have to make other changes, too. We don't know how this will all work."

Will Crown Center achieve its goals? Donald Hall is cautiously optimistic. "Our idea is to bring a lot of people into this community as a place to live and work and shop. Even though it's not in the center of downtown, it's certainly adjacent to it and we hope it will start a trend. We've already seen some evidences that that's not an entirely crazy idea." ■

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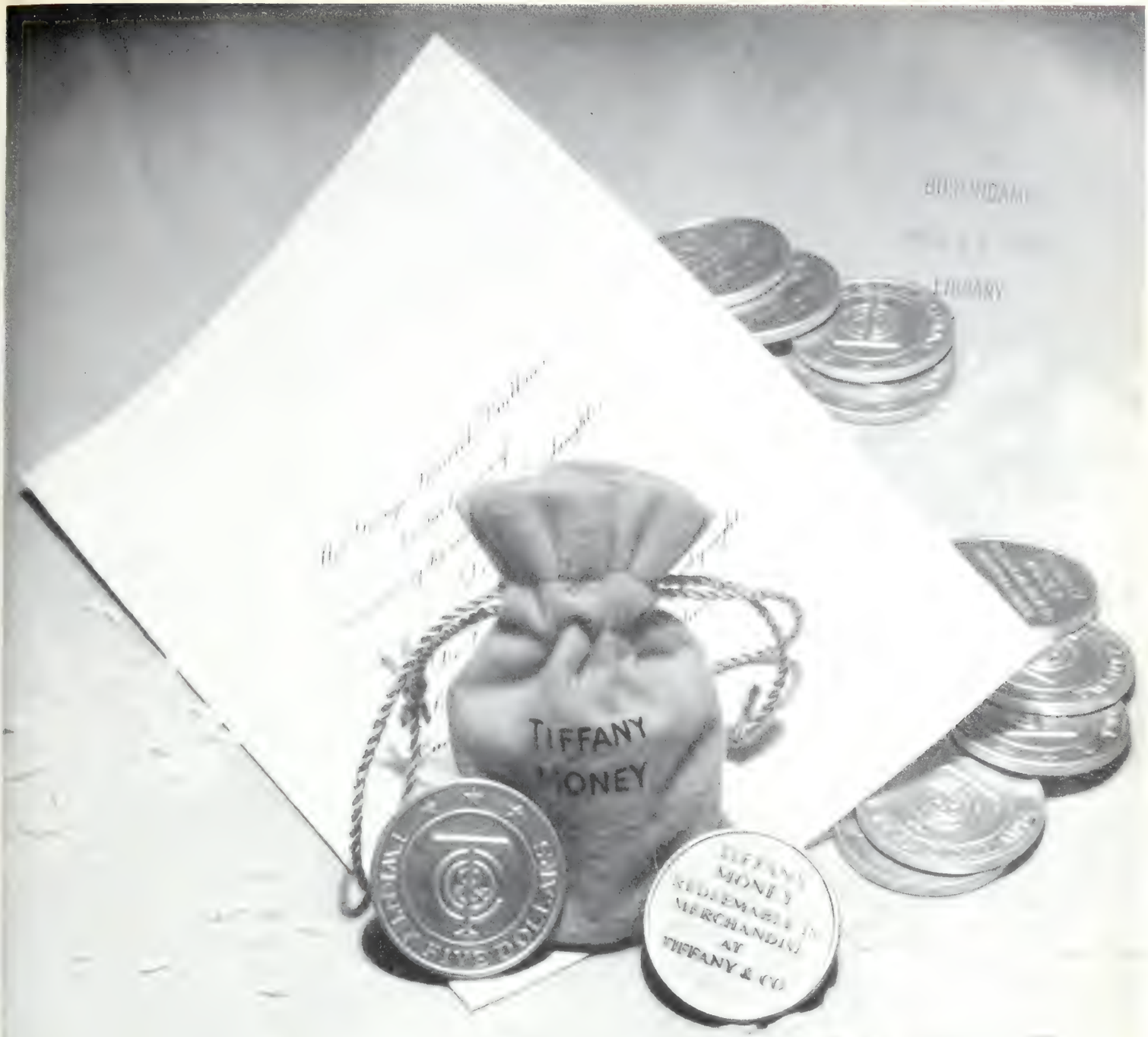

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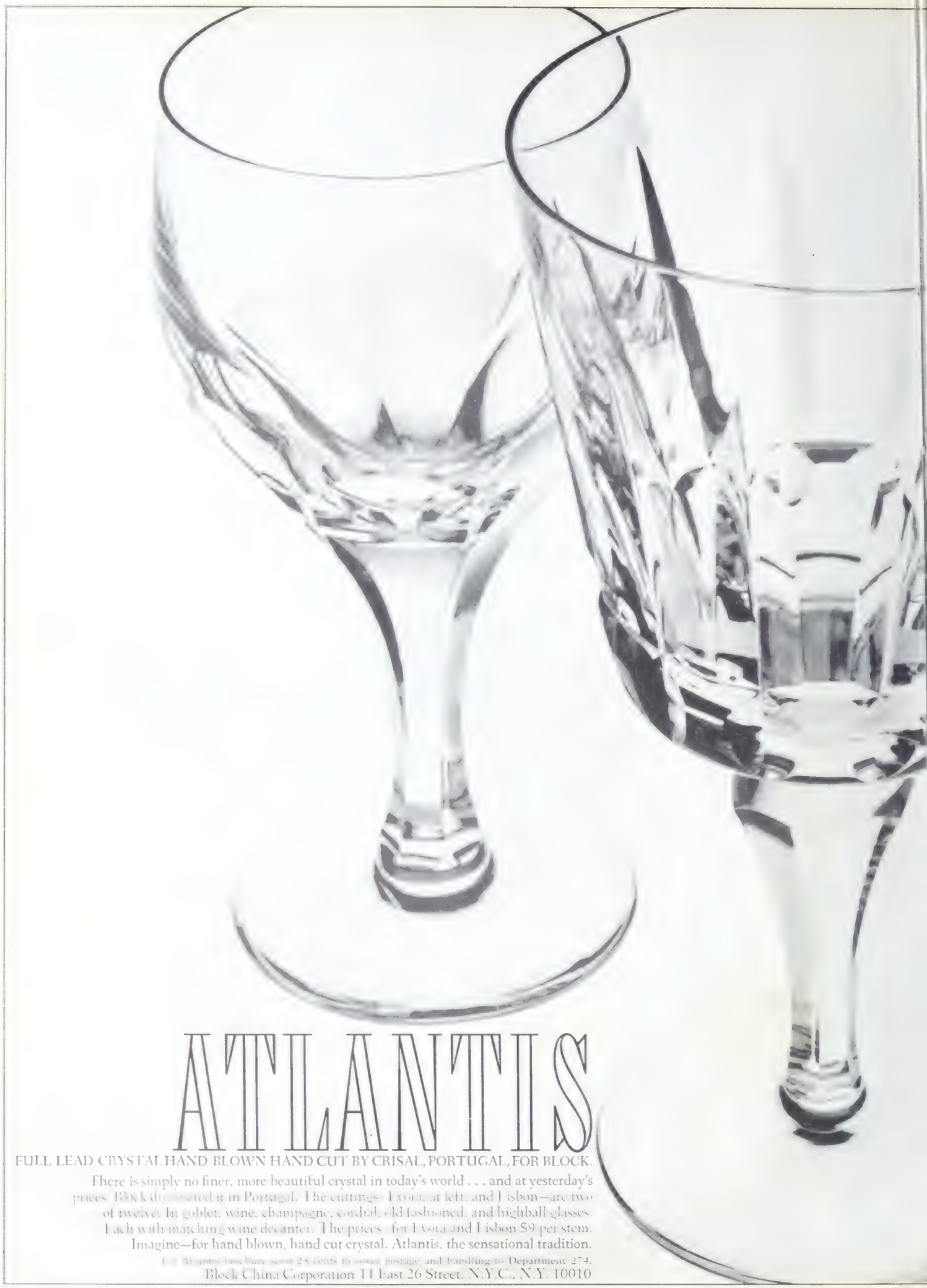

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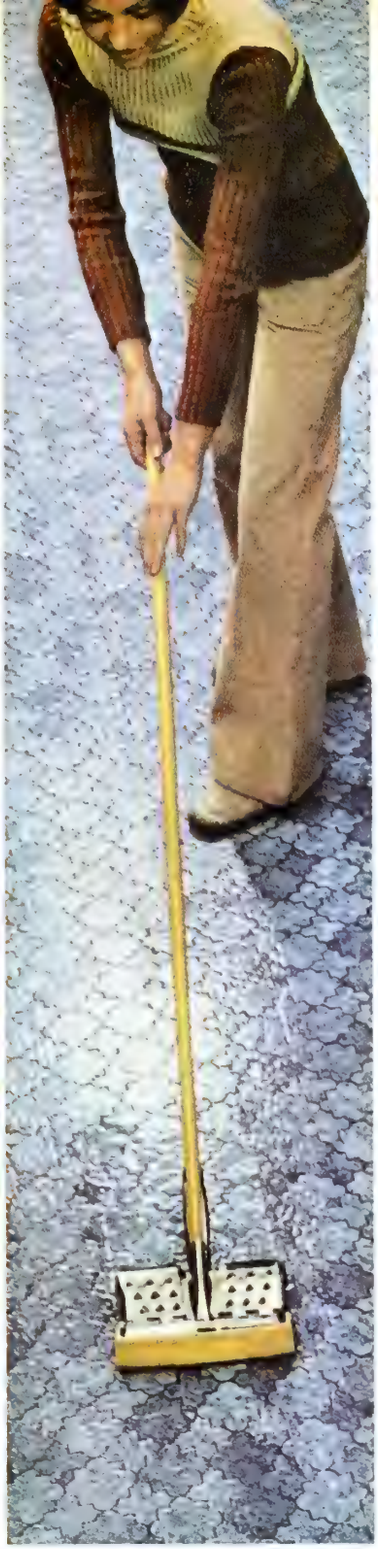

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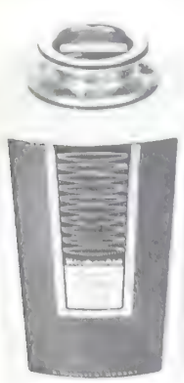

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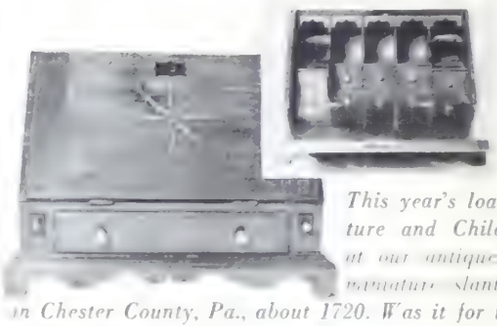
QUESTIONS & ANSWERS: Antiques

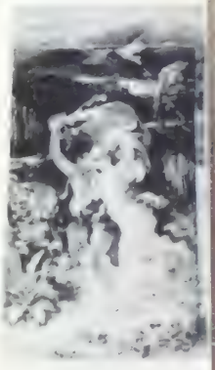
BY LOUISE ADE BOGER



QUEEN ANN[E] PORTABLE DESK

This year's loan exhibit, "Miniature and Children's Furniture," at our antiques show" has thi[s] miniature slant-front desk, made in Chester County, Pa., about 1720. Was it for traveling or just a cabinetmaker's model? E.H.—Wynnewood, Pa.

Neither. It is a very light and small portable desk intended to be moved easily from room to room and placed upon a table or any suitable surface, including the lap. Useful and practical, this type of desk, in use since the Middle Ages, retained a measure of popularity throughout the 18th century.



FRENCH TAPESTRY

Can you possibly identify the subject of my black-and-white, silk-thread tapestry? L.B.—Norwood, Ohio

Your French tapestry was copied from a painting "L'Orage" by Pierre Auguste Cot (1837-1883), now in the Metropolitan Museum of Art. It, in turn, was inspired by Bernardin de Saint Pierre's popular novel of unhappy lovers, *Paul et Virginie* (1788).

ENGLISH POTTERY MARK

This is a rough sketch of the mark on my great grandmother's platter. What does it signify? G. VH.—Menasha, Wis.

Your mark was used by the Staffordshire potters Burgess & Leigh, who operated the Hill Pottery at Burslem from about 1867 to 1889. Numerous variations of this mark occur. Then, too, the basic beehive mark was used by other earlier Staffordshire manufacturers.

AMERICAN PENNY BANK

Can you tell who made my cat and mouse mechanical bank? Should I repaint it? R.E.H.—Detroit, Mich.

The cat and mouse bank was patented on April 21, 1891 by James H. Bowen of Philadelphia, a prolific inventor of penny banks, and manufactured by J. & E. Stevens Co. Do not repaint, as, according to collectors, it is of first importance the bank have its original paint. Also the mechanism could be irreparably damaged in repainting. *(Continued on page 18)*

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Silent desires are unfilled desires, unless you are married to a man who can read your mind.

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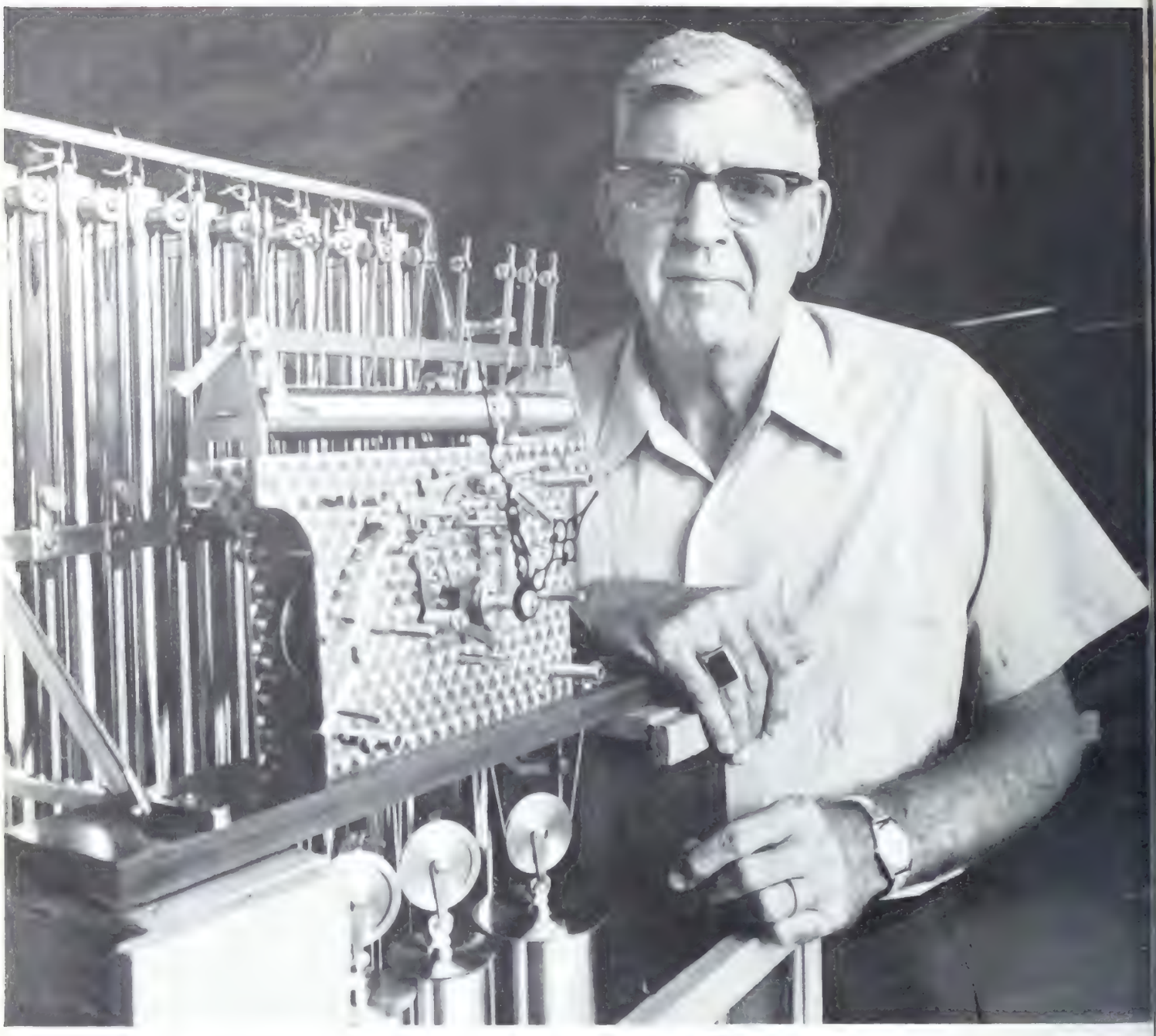
Dick Herschede is the vanishing American. A stubborn perfectionist.



To most of us, work is just a business. To Dick Herschede it's a challenge. To make clocks better than his Father, better than his Grandfather. A crusade against shortcuts, plastic ornaments and lick-and-a-promise attitudes that steal your integrity.

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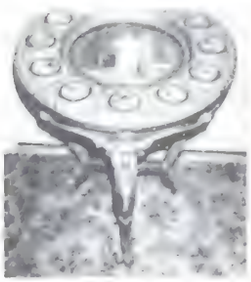
Zeeland, Michigan 49464

ANTIQUES *continued from page 8*

PLATE AND CUTLERY STAND

I inherited this piece of furniture, but don't know what it is or how it was used. Can you help? *J.P.—Harwich, Mass.*

Your Sheraton stand, dating about 1800-1810, is known as a plate and cutlery stand and was one of many accessories introduced in the mid-18th century for dinner-table service. These stands, like dumbwaiters, were particularly used at informal dinner parties.



SALON TABLE

This unusual table with porcelain medallions was bought over forty-five years ago. The top lifts off and can be used as a wall hanging. "Luise" and "Austria" are on its back. Can you identify it?

M.M.—Chillicothe, Ohio.

This class of salon table enriched with porcelain plaques had its origin in France during the first French Empire (1804-1815). Your table is a later version, made in Austria in the 1890s. The center plaque portrays Luise, Queen of Prussia. In 1793 she married the Crown Prince of Prussia, who in 1797 became King Frederick William III. The portrait was copied from a Gustav Richter painting.

CAFÉ AU LAIT SET

This coffee set was given to my grandmother by her Welsh aunt and uncle many years ago. Can you tell me anything about it?

H.P.S., Jr.—Akron, Ohio

Your café au lait service is an example of the combination of metals and ceramics popular in late 19th-century England.

CAMEO GLASS VASE

I would like information on this type of vase. It is cranberry colored with embossed flowers on it. I've sketched the mark. *F.S.B.—Stratford, Conn.*

Cameo glass, having opaque white decoration executed in relief on a colored ground, was produced in England by glassworks such as Thomas Webb & Sons of Stourbridge from the 1880s onward. Yours is a fine example of this form. ■

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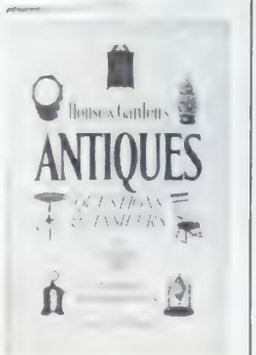

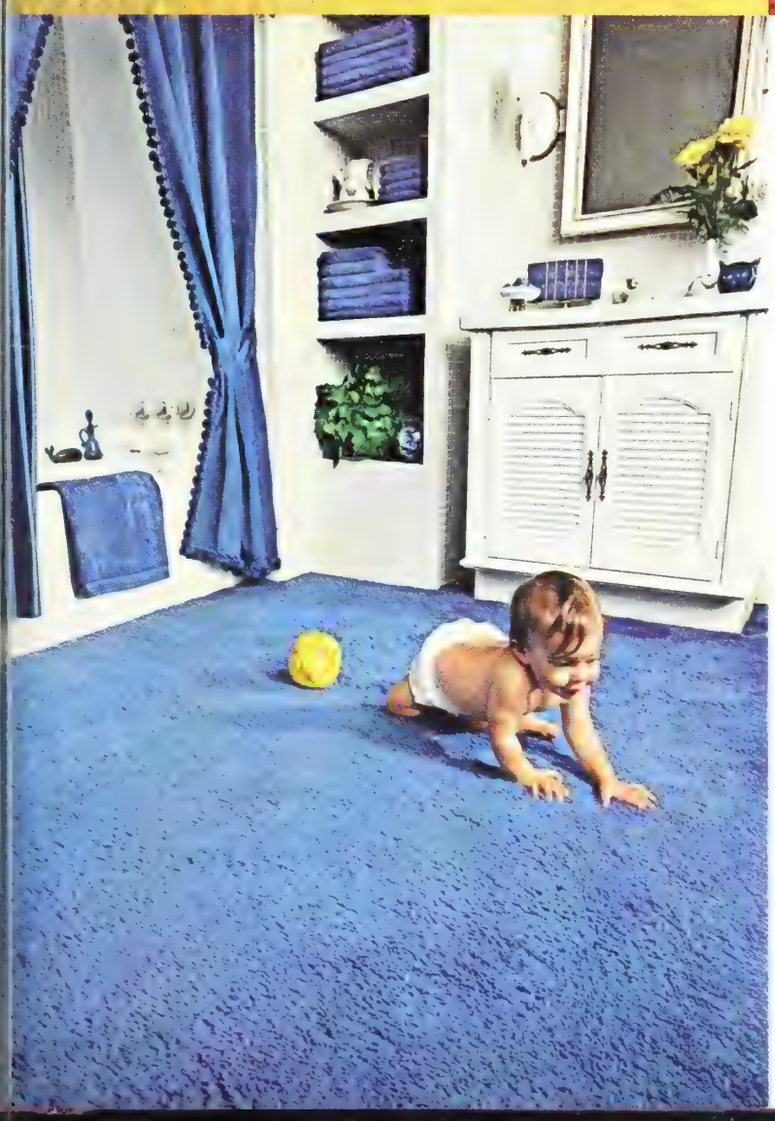

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KITTINGER

NOTES ON NUTRITION FOR YOUR FAMILY'S HEALTH

dinner is still our most social of all meals

BY ELOISE R. TRESCHER, RD.

In Medieval England "dynner" was a study in manners, a play of protocol. A man knew his rank, a man knew where he sat by the salt the all important salt, the first container always placed on the table. Spoons were provided by the host, but each man brought his own knife. And the food was a nutritious feast from "lambe boyled to larkes to quinces and pippins."

Today dinner is *still* our most social of all meals. And even though it may be simple fare, it is our most congenial gathering. More than a scene of protocol, it is a practical setting. It is the meal when we are able to be together again with our family, or perhaps a reunion with friends, a time to relax, the day's work done.

A well-planned dinner *completes* our nutrition quota for the day. At every meal you should receive one third of your nutrients—the protein, fats, carbohydrates, minerals, vitamins, and water that you need for a balanced diet, a healthy life. You should never forget breakfast, nor neglect lunch, but if you happen to slip up during the day, dinner can fill in in part, but never fully.

A hungry man certainly doesn't go to bed happy. A good, nutritious, satisfying dinner helps to pave the way to a restful night's sleep—and other healthy pleasures en route to the arms of Morpheus. You wake to a better day.

Dinner should be enjoyed for its own sake, rather than accompanying something considered to be more important. If you're going to watch television, do it around the clock if you like, but not around the dinner table. Dinner should be a relaxed, pleasant time for each person beginning with the youngest member of the family. It should be a time for happy discussions, what one has seen, learned, an amusing experience, an interesting event at school or at work. It could be the one time for family forums, planning a vacation, the news of the world, yours and others. You should count on conversation as often as you count calories.

It is not the time for lectures, nor mention of problems, nor poor behavior. These should be dealt with at another time, but never at mealtime. Perhaps you might even let your young son wear his new baseball cap once or twice. It will certainly surprise him, and it won't be anything new. In 1664 Samuel Pepys, the chronicler of London, wrote that he "caught a strange cold in my head by flinging off my hat at dinner."

With children getting home from school at all hours, and *hungry*, a preliminary snack might be available on arrival, such as a substantial soup, a good salad—antipasto with crackers, or a milkshake. Such offerings would hopefully tide youngsters over until Dad arrives. For children who have schoolwork, dinner should be at an early hour. Adult martinis aren't as important as those children's marks in school. At least not to the children.

Dinner, as well as every meal, should include the four food groups—1. meat, fish, poultry, eggs, and cheese; 2. vegetables and fruits; 3. milk and milk products; 4. bread and cereals. I recently

Continued on page 24

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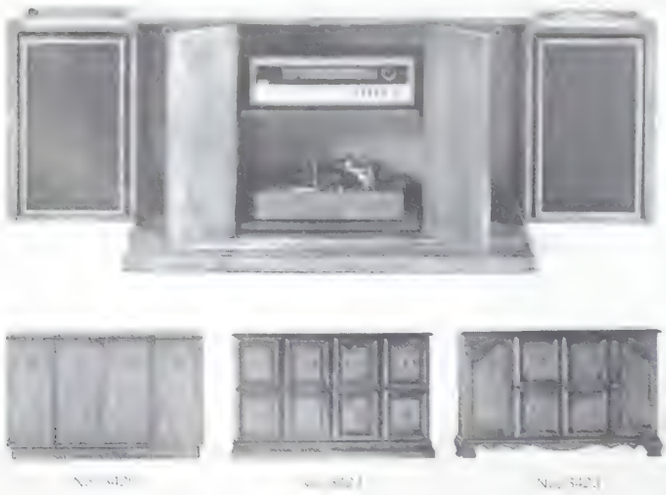

For a nearby Lane Stereo Cabinet dealer, phone free: 800-243-6000 (In Conn., 1-800-882-6500)

"A good, nutritious, satisfying dinner helps pave the way to a restful night's sleep"

DINNER *continued from page 20*

heard of a family that have meat loaf and broccoli, even lasagna, at their first meal of the day. Radically changing their eating pattern, they have their *dinner* at *breakfast*.

The father of this active family decided they could never get a quorum at night with everyone going off in different directions at different times. Besides, he and his wife wanted to see their five children. Dinner at breakfast is certainly an innovation, a brave move—and not many mothers would have the stamina to do it, and the spunk to say "dinner is served" at 6:50 AM, but it is nutritionally sound and has made this family closer together. Their meal in the evening is a buffet of cheese and crackers, an enormous salad with [illegible] when and whatever he likes.

Many casseroles, easily prepared and leisurely enjoyed, include all four food groups, and every one includes at least two and often three groups. Here are two casseroles I like, not only for their flavor, but also for the balance of ingredients.

PORK CHOPS NANTUCKET

Ingredients: 4 loin pork chops, 1 inch thick; 4 thick slices Bermuda or Spanish onion; 1 20-ounce can tomato wedges; 4 tablespoons long grain or wild rice (uncooked); salt and pepper to taste.

Method: Dredge pork chops in seasoned flour and brown on both sides in a minimum of oil. Pour off excess fat. Arrange chops in a casserole. Place a thick slice of onion on each chop. Add tomatoes including juice. Place 1 tablespoon of rice on each chop. Cover casserole and bake at 350° for 1 hour and 12 minutes (approximately). Time varies depending upon the thickness of the chops. Pleasant variations in seasoning are rosemary, marjoram, or thyme. If additional moisture is needed, tomato juice or beef bouillon may be added. Serves 4.

CRAB IMPERIAL SUPERB

Ingredients: 1 green pepper, finely diced; 2 pimientos, chopped; 1 tablespoon English mustard; 1 tablespoon salt; ½ teaspoon white pepper; 2 eggs; 1 cup mayonnaise; 3 pounds lump (backfin) crab meat, well picked.

Method: Mix all ingredients except crab. Add crab meat and mix well with fingers to prevent breaking crab lumps. Place mixture in individual shells. Top with a light coating of mayonnaise and sprinkle with paprika. Bake at 350° for 15 minutes or until mayonnaise browns. Serve hot or cold. Serves 9 to 12.

Crusty rolls, a salad, and dessert, with coffee, tea, or milk served with either of these two casseroles round out the meal. Another casserole, a carrot pudding, as a vegetable, might be a new treat for your family, and spring carrots are filled with vitamins, especially vitamin A.

MRS. KEYSER'S CARROT PUDDING

Ingredients: 10 medium-sized carrots; ½ green pepper, finely cut; 2 tablespoons grated onion; 2 tablespoons butter; 1 tablespoon flour; 1 tablespoon sugar; 1 cup hot milk; salt and pepper to taste.

Method: Cook carrots until tender, drain and press in a food mill. Sauté grated onion and green pepper in butter until onion is golden brown. Stir in flour, sugar, and salt and pepper to taste. Add gradually the cup of hot milk and keep stirring until sauce slightly thickens. Combine with carrot purée and turn into a buttered casserole. Cover top with bread crumbs, dot with butter, and bake 30 minutes in a 350° oven. Serves 4 to 6.

Continued on page 170

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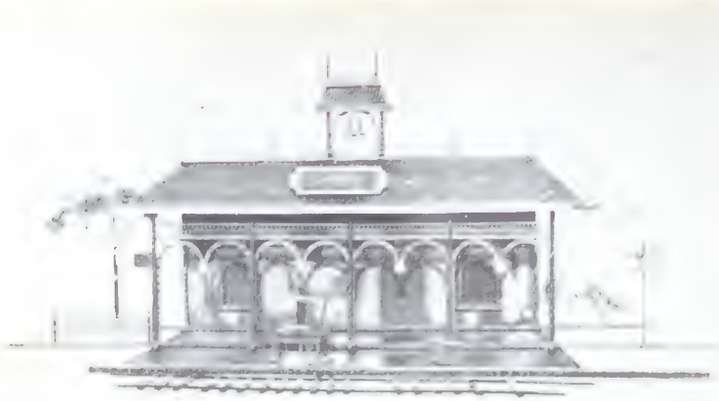

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"Oh, my poor back!"

BY CAROLINE SEEBOHM

Most of us know it—that dragging ache that makes us feel as if we were carrying the burdens of the world on our backs—well, perhaps we are. The sad fact is that about 70 million Americans have severe backache more than once during their lives, that is one in every three people in the country. According to the U.S. Bureau of Statistics, backache is the second most frequent cause of absenteeism from work (the first being the common cold and influenza).

Yet chronic back pain is somehow an unromantic complaint. Nobody can *see* it. It's not the kind of thing that arouses a great deal of sympathy. It can last a long time, and is not quickly treatable. A bad back, let's face it, is boring.

Recently six medical specialists got together in New York City for a Bad Back Seminar, sponsored by the Simmons Company, which makes beds. The doctors talked about back pain, its causes and its treatment, and it was not at all boring. They told us about that delicate piece of equipment, the spine, comparing it to a television broadcasting aerial, with the muscles and ligaments being the guy wires.

"If they are too loose," explained Dr. Saran Jonas, a neurologist at New York University Hospital, "it will fall down. If they are too tight, then it will not be flexible and will snap too easily."

Back pain occurs when our guy wires are under too much or too little stress, for instance when we do too strenuous work and pull a ligament, or when we do not exercise enough and the muscles become flabby. "Back pain," remarked Dr. William G. Hamilton, orthopedic surgeon at Roosevelt Hospital in New York, "is the price we pay for no longer being a quadruped."

Dr. Willibald Nagler, physical medicine professor at New York Hospital, was more specific. "The incidence of low back pain is found basically in patients aged between forty and fifty years, because this is the time in which many patients become less physically active and put on weight. Tension of course is always recognized as a cause of low back pain. The onset of low back pain occurs often over the weekends, many persons then engage in physical activities, such as golfing, tennis and so on, for which the trunk muscles are not sufficiently prepared. Of course, soft mattresses and soft chairs do their part in building the ranks of low back sufferers."

A quite separate cause of back pain was indicated by Dr. Gideon Panter, obstetrician-gynecologist at New York Hospital. "All pregnant patients complain of varying degrees of back pain. X-Ray evidence shows temporary relaxation of the vagina and pelvis during pregnancy, which loosens the ligaments, and when the ligaments are looser there is greater stress on the lumbo-sacral joints. In addition, the pregnant woman undergoes a postural change, which causes the lumbar roots to stretch and cause pain in this region."

The point is that every case of low back pain can be slightly different. "Generally, though," Dr. Hamilton and his colleagues agreed, "the most common causes are what we call an acute lumbosacral strain, which is usually a muscle or ligament pull. If this lasts beyond the acute phase it can become a chronic lumbosacral strain. The other factor in this can be the possibility of a herniated disc in the

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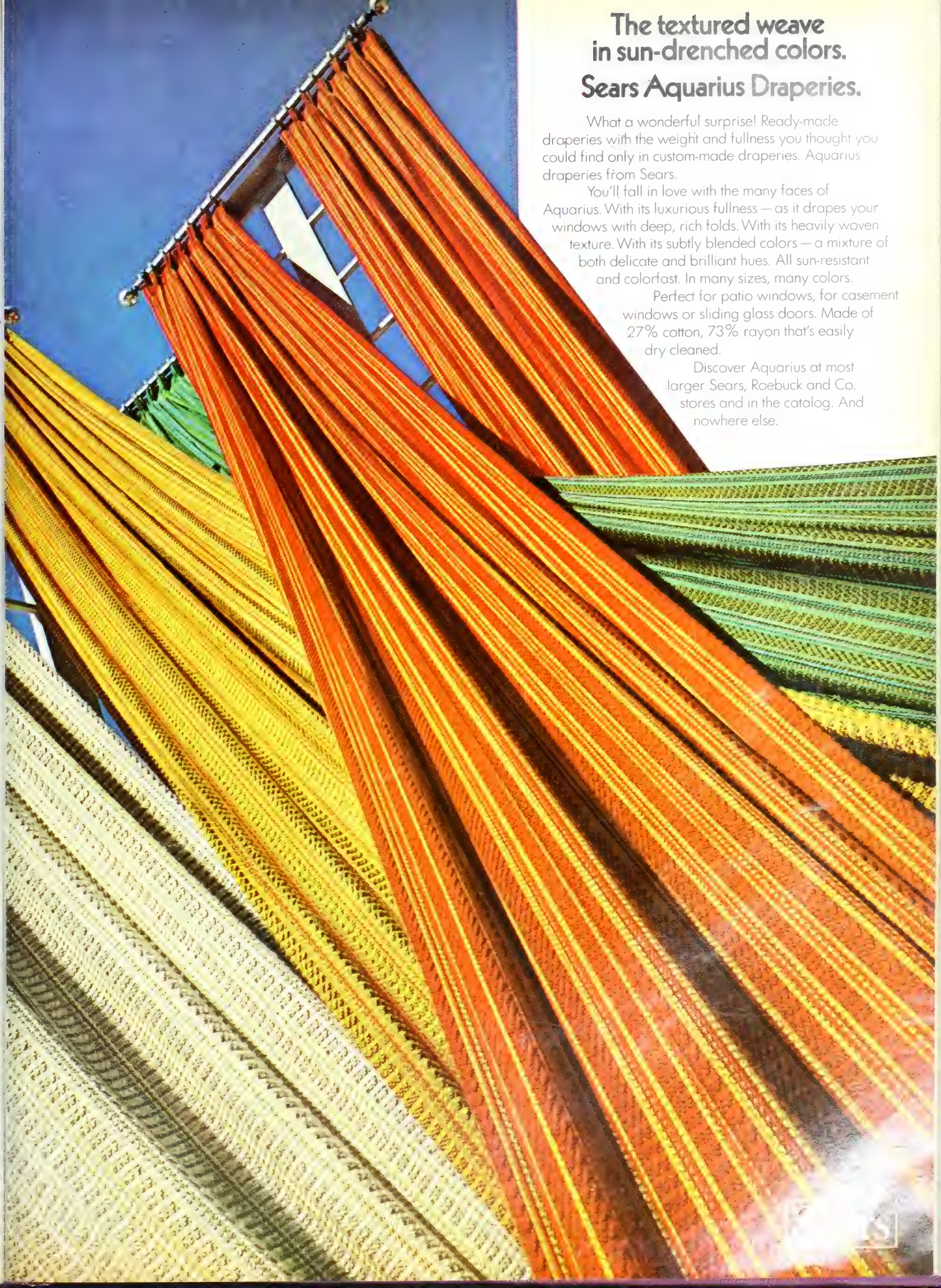

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Discover Aquarius at most larger Sears, Roebuck and Co. stores and in the catalog. And nowhere else.

"... that delicate piece of equipment, the spine, like a television broadcasting aerial, with the muscles and ligaments being the guy wires"

OH, MY POOR BACK *continued from page 28*

lumbosacral spine. In older patients of course, the most common causes are osteoarthritis and osteoporosis or softening of the bones."

Dr. Jonas then drew a picture of the spine in section form, showing each joint hinging on a soft disc. The disc may protrude when strained, due to weakness in the surrounding ligaments. The rubbery wall then bulges out, squeezing the nerves and producing the old enemy low back pain.

We know the feeling, doctor. At this point, there is only one question that springs to mind. *What can we do about it?*

Whether the characteristic wit of the medical profession is doubtful, but the advice was unanimous. There is only one treatment for bad backs—*lie down on a hard surface, get lots of rest, take a hot bath, and exercise.*

Lying down is vital, because, as Dr. Hamilton pointed out, "The only way to put the system to rest is by lying down. Sitting is not sufficient because there is still tension in the guy wires. Complete bed rest, that on your back or on your side on a hard surface, is the only way to put the system to rest."

About that hard surface. When the doctor says hard, he means hard—like a board. That means a bed with a bedboard and a firm mattress. And if you haven't got a bedboard—"Take the mattress off the bed and put it on the floor," advised Dr. Hamilton.

And with rest, exercise. "I do think," said Dr. Nagler, "that to maintain reasonably strong abdominal muscles and good elastic back muscles is a very good therapeutic—preventive—approach to back pain." What kind of exercise? "Swimming is good," Dr. Nagler told us. "I mean really swimming, not just paddling and splashing around. It is good because it does not place any stress on the lower back. Walking is very good, but not back-packing. Nor horseback riding." Dr. Nagler then demonstrated for us a series of exercises specifically tailored for low back sufferers, which may be obtained from any expert in physical medicine. But, he warned us, "it takes rather a long time before you notice a definite improvement—usually three to four months before the patient gets better. The patient must get into the *habit* to exercise. Habit is nearly as strong as heredity, but it still has a tendency to break down." In short, no exciting massage treatments, no interesting medicines, no elaborate mechanical gadgets, no quick cures for the bad back brigade—just lying flat on your back on a hard surface, taking hot baths, and exercise.

Boring.

Except, perhaps, to the philosophers amongst us, who might muse on the thought that backache, more than any other physical complaint, reflects our evolution—both from four-legged creatures to vertical-spined humans, and from an active, hunting outdoor people to a sedentary, soft, spoilt one. It is hardly surprising so many of us share this particular sacrifice to progress—our poor backs. ■

For what's new this month in the stores, see page 171

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fertilizers— what, when, where, and how for beginning gardeners

BY WILLIAM B. HARRIS

This third installment in a series of articles about practical gardening concludes the discussion of care of soils. Subsequent articles will discuss planting, pruning, insecticides. They are all based on the personal experience of the writer.

If you think the most essential element of topsoil is decaying vegetable matter—humus to be exact—you are, for all practical purposes, absolutely right. Only the agronomist or professional horticulturist will disagree, but theirs will be more quibble than disagreement. Humus alone provides the food for the myriad bacteria that in turn alone produce, so far as gardeners are concerned, the inorganic chemical compounds plants will only accept as food. Humus also fills the interstices between the particles of mineral soils, a function that effectively lightens the soil, makes it easy to till, and equally important, holds moisture yet drains away excess water quickly. These interstices filled with humus also provide pathways for the air roots require. Plants breathe (transpire) oxygen, which makes them the source of the world's oxygen, our gas. The case for humus should not be overstated, for its bacteria cannot possibly wrest from the mineral soils the quantities of nitrogen, phosphorous, and potassium gardeners require to grow plants well. They can, however, generate enough of the important "trace" foods that come from boron, zinc, and molybdenum, as well as magnesium, iron, and sulfur, all abundant in most soils. Calcium, also needed in small quantities, may have to be added to land that does not overlay limestone. These chemicals are returned to the soil in a tropical forest and used over and over. But we gardeners return nothing; so we must regularly add the three food elements that plants call upon most heavily.

Two of them, nitrogen and phosphorous also tend to leach out of the soil in heavy rainfall and are usually the first to run low; potassium is the last to become defi cient. These major plant foods, al though they can be bought sep arately, are generally mixed and sold as "complete" fertilizers, eacl containing a formula consisting o three numbers, printed like this 5-9-7; 8-6-6; or 20-20-20. The firs number reveals the percentage o available nitrogen; the second phosphorous; the third, potassium Growing a garden would be no fu if we had to provide each kind o plant with its own special diet Fortunately, all we need remem ber are the food requirements o the different major classes o plants, really only three.

First are the small decorativ flowering plants: the perennials bulbs, and annuals. Fertilizer use on these should contain abou twice as much phosphorous an potassium as it does nitroge Only enough nitrogen is needed t keep the leaves a healthy dar green, for the green is chlorophy the chemical vital to plant life- which is all gardeners need kno about photosynthesis, a miracl that can be explained but n readily. Too much nitrogen stimu lates leaf, and hence top, growt which comes at the expense of th flowers you want. The double ra tion of phosphorous produce those flowers and at the same tim very strong roots. The big helpin of potassium makes strong stem and puts vigor in roots—it's not hormone, but acts like one. A 5 10-10 fertilizer is ideal, but 5-9- is in this range, too. Perennia should be fertilized when crocu bloom and again in early Jun bulbs immediately after bloom annuals can be stimulated whe ever they look tired or yellowish.

All the woody plants go in th second category—trees, shrub climbers, and hedges. These nee more nitrogen than the other tw for there are a lot more leave (chlorophyl) to be nourished. Us an 8-6-6 fertilizer or somethin close to that proportion. Trees a not easy to fertilize. Holes an inc in diameter and about 18 inch

Continued on page 5

New! The once-every-four-months plant food.

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"If you keep working sand and humus into the topsoil, you will build a security blanket against crust—a hoe will cut through it easily"

FERTILIZERS *continued from page 32*

deep have to be driven with a crowbar on 18-inch centers under the area covered by branches, filled about 2 inches from the top, then plugged with earth. I use tree nuts to do this once every three years, and if successful (which I credit to, as part of treating for other tree ailments, checking the bill to see whether I really got my money's worth) I can be confident that plantings of shrubs, shade and herbaceous ornamentals will do well. Most evergreens, which are woody plants, are an exception. They are fertilized with low-nitrogen fertilizer.

but they are such heavy feeders that they require one heaping tablespoon every month until about August 15.

Even though vegetables are mostly annuals, I've put them in a class by themselves and have divided them into those that grow for their leaves and those that grow for their fruit. Low-nitrogen fertilizer is used by the root crops, high-nitrogen for leafy ones. Put down low-nitrogen fertilizer when filling a garden hole with humus that's been mixed with high-nitrogen fertilizer. It took me some time to straighten out the difference between organic and inorganic fertilizers, which most stores handle. Garden writers invariably favor organic—"if you can get them," they always add. I thought at first that it had something to do with the rising "organic gardening cult, for to them organic is the "natural" and hence best. But soil scientists say flatly that any organic plant food must be turned into inorganic compound by soil bacteria or the plants can't use it as food.

Until recently the two advantages of organics—particularly over synthetic nitrogen—have been that they do not burn pl when applied and the way they lease nourishment—slowly, so t don't leach quickly during he rainfall or over-stimulate, as inorganics do. Today inorga come in slow-release form. T are pelletized in porous pla and their advantage over orga is that they are "timed" so can fertilize by the calendar. example, one, called Osmoc has forms that exhaust themsel in four or nine months, give take a week due to weather.* you get assorted empty pellets top of a commercial contain grown plant you have bought, t are not likely to be egg cases harmful grubs. Experience taught me two things about utilization. One is that any form can be used if its proportion even nearly suitable—less of strong formula, more of a w one. The other is continence. far too long I thought that if a the was good, more was bet When an application called fo pound, I'd weigh it carefully. that pound looked so *little* for square feet. So I'd double the d —or more. Only the delphini did well, but they are glutto From others I'd get beautiful plants and fine green leaves, f flowers. Now I "salt" on fertiliz it's like salting a steak and wa ing to be sure there's not too mu

If you study garden books follow articles about soil in ho cultural magazines, you will su ly be exposed at some point t discussion of "ions" and their fu tions, which you will find are ma and distinguished—if you can s vive the chemistry. I did not, fo discovered that they obediently what they are supposed to do a "good garden loam," if the even comes close to what plants require. As noted, a surp ing number of plants grow prop ly in the slightly acid soils of t rainy regions of the country. soft as rainwater" is a misnom for rainwater actually is sligh acid. In other words, these pla evolving over eons of time had choice but to get used to acidi It is also not surprising that nea all of them grow just as well somewhat limey soils, for the are so very many—for examp nearly all of Kentucky has lim topsoils. But all living things ha

Continued on page

*Osmocote is sold by garden centers, write Sierra Chemicals, 47650 Sycamo Newark, Cal. 94560.

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The National Trust
for Historic Preservation

"Plant tolerance is so wide that every so-called rule of gardening can be broken, if you have even a nearly good loam to grow plants in"

FERTILIZERS *continued from page 34*

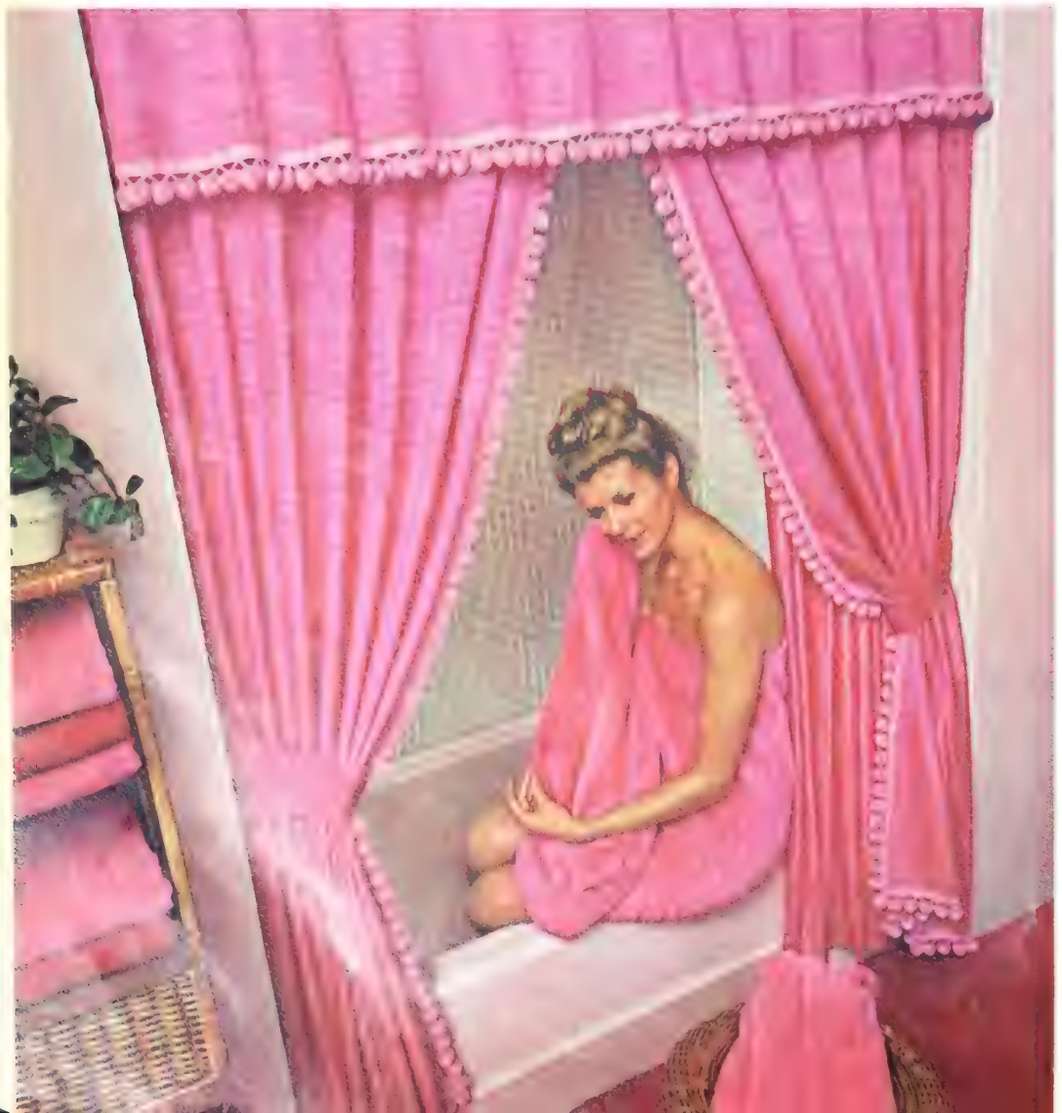
a few recalcitrants as we've also noted, azaleas and rhododendrons, heaths and heathers, camellias, andromeda, mountain laurel, lupine, pachistima, and stewartia are nearly a complete list of the plants that will not tolerate lime. In a mixed border it is easier to plant everything in a bed that is [illegible] and thus keep up the [illegible] for the few plants that like a more neutral soil [illegible] such as [illegible], lilacs, hollyhocks, and bearded iris. In preparing the soil around these you [illegible] with lime.

That's not to say you have to test the soil before the addition of lime. [illegible] after a couple of years [illegible] the soil a bit "sour" unless [illegible] readily and the pH is [illegible] quickly. Enough [illegible] with a hoe or drill rake. [illegible] quickly on sandy soils low in plant or humus, but it becomes [illegible] and the lime doesn't go [illegible] clay it tends [illegible] soil [illegible] high [illegible] content. Don't fret about the percentage of clay, the fact of cracking and heat checking is enough to [illegible]. The remedy: Put a couple of bushels or more of coarse sand (builder's) on each 100 square feet and a little more than half that amount of humus. Work it into the top. Add more if necessary. It would be better if the plants were lifted and the sand and humus tilled in deeply, but this isn't really necessary. If you keep working sand and humus into the top several inches a season [illegible] soil [illegible] as well as [illegible].

It is better to have humus distributed evenly in the [illegible] but it is not vital. The gratifying thing is knowing that plant tolerance is so wide that every so-called rule of gardening can be broken. If you have even a nearly good loam to grow plants in. Humus added on top—but [illegible] every year—will gradually distribute itself to a considerable depth as you cultivate the soil, move plants, discard [illegible] plant leaves. Here's one of those gee-whizz statistics: In a [illegible] of [illegible] there are more bacteria than people on earth. Not at all gee whizz is the fact that there are [illegible] among these trillions of bacteria, which destroy disease organisms waiting in the soil to attack a weakened plant. Their action minimizes plant disease; does not eliminate it. Soil pH determines the activity of these countless bacteria. If you don't send a sample of soil for testing pH, maybe you'd [illegible] get test paper. It's called [illegible] Indicator Paper. Comes in a little roll, has colors for [illegible] is bought at any chemical supply house. Look in the Yellow Pages.

No matter how good the soil, the chances these days of gardening on [illegible] with enough humus seems remote—compost is considered hard to make, fresh animal manures are difficult to buy, dried manures, even though less of them are used, are on the expensive side. As I have pointed out before, not [illegible] 10 percent of the members of garden clubs before whom I have spoken actually put that much of humus on their borders every year. But all of those trillions of bacteria eat up humus at a great rate. Those who say compost is too difficult to ma[illegible] at home should consider my wi[illegible] owed friend, not of a tender ag[illegible] who with little effort, produces [illegible] her sweet self, all the compost s[illegible] needs for several borders. S[illegible] totes around a half-bushel bask[illegible] when weeding or pruning, inste[illegible] of a bushel basket, which ge[illegible] heavy, so she makes more trips [illegible] the compost heap. She's a le[illegible] layer from trees, lettuce or a[illegible] fresh vegetables, the tops [illegible] plants, small twigs. This garde[illegible] er builds small heaps—4-by-4 a[illegible] about 3 feet high. And instead [illegible] shoveling a 2-inch layer of ear[illegible] on each layer of waste, she pu[illegible] on only enough to keep the st[illegible] from blowing, and alternat[illegible] sprinklings of lime and urea [illegible] help the rotting action on ea[illegible] layer of waste. A screen of ½-in[illegible] hardware cloth (get at any har[illegible] ware store), 2 feet wide and [illegible] feet long, stands horizontally [illegible] concrete blocks close to the pil[illegible] Small forkfuls put on the scre[illegible] are driven through it with a d[illegible] hoe the undecayed parts put ba[illegible]

Continued on page 17



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BOOKS ABOUT
YOUR HOUSE AND GARDEN

Try your hand at a new craft

BY JEROME H. DENNER

Doing needlework is a rewarding activity, and the finished products can be both lovely and useful. But there are many other crafts just as satisfying and just as rewarding. For a change of pace, why not try one, and at several them? Here are plenty of books that will show you how to go about it.

For instance, you can create highly decorative lamps, mosaics, windows, ornamental pieces following the techniques described by Jack W. Bernstein in ***Stained Glass Craft*** (Macmillan, $9.95) or those by Polly Rothenberg in ***Creative Stained Glass*** (Crown, $4.95 hardbound; $2.95 paperback). Both are illustrated amply and contain easily followed diagrams. Best bet is to browse through them both, then decide which projects appeal to you most.

Or you may enjoy something less complicated, such as working with paper. ***Creating with Tissue Paper*** (Crown, $8.95 hardbound, $4.95 paperback) by Barbara L. Stephan shows how to make cards, calendars, puppets, jigsaw puzzles, boxes, flowers . . . ***Origami for Everyone*** (Biograf, $5.95) by Ranana Benjamin is about the ancient Japanese art of paperfolding, aimed at beginners. There are step-by-step photographs and patterns to cut out and use to create enchanting paper animals, flowers, balls, baskets, even a toy helicopter . . . ***Paper as Art and Craft*** (Crown, $9.95 hardcover; $4.95 paperback) by the Newmans—Thelma R., Jay Hartley, and Lee Scott—not only provides instructions for making handmade objects, but also gives something of the history of paper, how it is made, and a reasonably comprehensive list of sources throughout the country where you can buy materials you will need to try some of their projects—a paper tablecloth, perhaps, or papier-mâché vegetables, paper bowls, sculptures, even furniture.

An offbeat book, suggesting projects you can make with everything from an old kitchen grater to a worn out military boot, is ***Don't Throw It Away!*** (Creative Home Library, $7.95). Its imaginative author, Vivian Abel, should keep you happily converting everything no longer usable in your home into something novel, startling, unexpected . . . Fifty inexpensive and easy-to-make accessories are described in ***Decorate with Felt*** (Crowell, $4.95) by Phyllis W. Goldman. Among them: a matchbox, flowerpot skirt, tablecloth, toaster cover, desk catchall, shoebag.

You'll be surprised at the things you can make—beautiful, whimsical, ingenious—with an ordinary egg, as shown by Arden J. Neisser in ***Egg Decorating, Plain and Fancy*** (Crown, $5.95 hardbound; $3.95 paperback). Techniques of painting, decoupage, beading, dyeing, and scratching you might produce works of art worthy of a budding Fabergé.

If you'd like to take a stab at some of the handcrafts from another country, there are various projects in ***Crafts of Mexico*** (Macmillan, $12.95) by Marie Harvey. Following her instructions, you can make your own Mexican silver jewelry, pottery, woven mats, serapes.

Unusual and fun, too, are the eighty-five old-fashioned toys in ***American Folk Toys*** (Putnam, $9.95) by Dick Schnacke. Who wouldn't want to make a whimmydiddle or a flipperdinger? Or spool tractors, wooden whistles, jack-in-the box, jumping jack, chicken pecking on a board? Fascinating to create, a joy for your child.

If none of these appeal to you, then there's ***Modern Basketry from the Start*** (Scribners, $10) by Barbara Maynard, which shows how to make just about every kind of basket imaginable . . . ***Potter's Workshop*** (Macmillan, $8.95) by Charles Counts, a well-known American potter, teaches you how to throw pots with the best of them . . . If you like highly decorative candles either for yourself or to give as gifts, ***Candle Decorating*** (Barnes, $8.95) by Ruth Monroe is an excellent guidebook . . . Working with leather is increasing

Continued on page

Tru-Test Paint:
Choice of Family Circle and House & Garden Decorators for "Showcase" Assignments

To best express her "Decorating with Crochet" ideas, Family Circle interior designer Delphine Richards made two choices: a bedroom-sitting room of a New York City brownstone—and Tru-Test Paint. House & Garden's professionals selected Tru-Test Paint, too, for their 1974 Super Kitchen. Match your imagination with one of the smart new decorator colors from Tru-Test Paint . . . the professional decorator's choice.

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NEW CRAFTS BOOKS

continued from page 38

"Who wouldn't want to make a whimmydiddle or a flipperdinger?"

... popularity ... do-it-yourself ... Recently released ... Encyclopedia ... Craft ... ***Leather as Art and Craft*** ... $9.95 ... book ... Prentice-Hall) ... Here ... any reasonably ... craft ... tools ... clothing and accessories ... ***The Picture Framer's Handbook*** ... Watson-Guptill) ... Lawrence and ... Hansen offer a complete ... the making, decorating, ... and hanging of picture ... projects ... cut and sold ... Illustrated and ... directions ... beginner ...

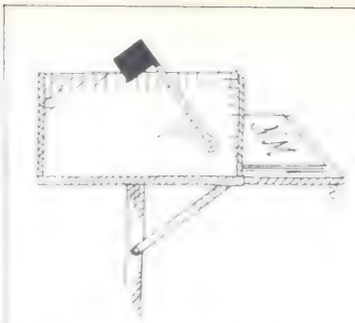
The Book of Ornamental Knots ... Dover) ... by Edna Hensel gives instructions for making ... all fascinating, worthy ... the unique technique of knotting strings and yarns ... ***Designing with Thread: From Fibre to Fabric*** ... Viking, $14.95) ... Irene Wells discusses ... macrame, winding, bending, twisting, ... the various methods of fiber ... The techniques vary from the simple ... and weaving to the sophisticated ... knotting, hanging, wrapping, ... and knotting. Practical ... even one of these people ... can go to all ... should have a great time and produce some lovely objects by following the directions in ***Bobbin Lace*** ... Crown, $7.95 hardbound, $4.95 paperback) by Klutie and Jules Kliot. In bobbin lace, a fabric is made by ... patterns ... threads to form a series of stitches. ... this lacy ... make blouses, wall hangings, necklaces, belts, curtains.

Creating with Card Weaving ... Crown, $4.95 hardbound, $2.50 paperback) by Sally Specht and Sandra Rawlings—or how to make belts, carryalls, clothing, mats by a simple technique that does not require the use of a loom.

The Off-Loom Weaving Book (Scribners, $8.95) by Rose Nannarone and Raymond Hull shows how to weave with only the simplest of frames. Various kinds of weavings are covered, many of which show the influence of American Indian design. If you want to go deeper into weaving and try your hand at loom weaving or even if you are just interested in the history and techniq... of weaving, you should en... ***Weaving—A Handbook ... Fiber Craftsmen*** (Holt, Ri... hart and Winston, $14.95) ... Shirley E. Held. The publish... say the author's purpose has be... to provide for those wishing to ... quire skill in weaving, as well ... for those generally fascinated ... handcrafted objects, sufficient ... formation to foster understand ... and appreciation of the ways a... means that have evolved for for... ing lengths of strandlike mater... into a structured web capable ... giving practical service and ... their delight." You can take ... from there.

Something perhaps more pai... taking? ***How to Gold Leaf A... tiques and Other Art Objec...*** (Crown, $7.95) by Donald ... Chambers everything you ne... to know about the use of gold l... to refurbish antiques, add lus... to picture frames, mirrors, boo... ends, moldings, what you will.

At the risk of being called ... male chauvinist etc., I think the ... next handcrafts would be partic... lady attractive to men. ***Plas... crafts*** (Simon and Schust... $6.95) by Stanley Leinwoll te... how to make everything out ... acrylic plastic from a cutti... board to a dining room table, i... cluding, along the way, ma... handsome contemporary acc... sories you can make at a fracti... of their retail price. There is al... a list of sources for the materi... you will need . . . Budding cab... netmakers will be intrigued wi... ***The Early American Furn... turemaker's Manual*** (Macm... Law, $7.95) by A. W. Mar... which provides detailed instru... tions for making your own Ear... American candle stand, coff... table, trestle table bed fram... chest of drawers—sixteen differe... pieces in all. The dictiona... defines marquetry as "inlaid wo... of variously colored woods or m... terials, esp. in furniture." Th... techniques and beautiful works r... sulting from it are having a renai... sance these days. William Alexa... der Lucchi in his most informati... book ***The Art and Practice ... Marquetry*** (Scribners, $10... gives something of the history ... the process, describes the vario... techniques used in different par... of the world and discusses desig... creation, cutting, laying, polis... ing, shading, and mounting of ma... quetry pictures. Illustrations sho... great examples of marquet... furniture and there are projec... for the accomplished craftsman ... pursue. ■



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A must for concerned homeowners and boatowners. Check this "Bargain of the Month" now at your nearby True Value Hardware Store.

There are 4500 True Value Stores in 50 states. For one near you look under "Hardware" in the classified phone directory. Yellow Pages

HOME IMPROVEMENT IDEAS FOR the House Fixer

by Will Morr

A pushbutton lock, which eliminates the need for keys, the Simplex "tuch-but'n," works on a combination. You merely push the buttons in the sequence you chose as your combination—and thousands of sequences are possible. If you want to change the combination at any time, you can do so instantly without changing lock tumblers as you would have to with a key lock. Burglar proof, with no keyhole to pick, it is operated mechanically, and needing no wiring, the lock is easily installed above any existing lock or knob. Models start at $16. Simplex Security Systems, Inc.

Two new booklets to help you in buying a new home have been issued: one by the National Association Home Builders; the other by State Farm Fire and Casualty Co. The former, *Home Buyers Guide*, a 24-p booklet, focuses largely on overall aspects of the problem—the kinds of housing available, picking a neighborhood, financing, contracts, checking the physical condition of a house, tax benefits of home ownersh It is available for 50¢ from National Association of Home Builders, P.O. Box 38, Riverdale, Md. 20840. T other 24-page booklet, *Finding the Right House for You*, is divided into three sections. The first is a qu checklist for comparing three possible choices of type and age of house: distances to work, schools, shoppi transportation; basic annual costs for taxes, heating, electricity, water, etc. Section 2 has space for detai notes on the plan, exterior, rooms, physical condition, and mechanical equipment of three possible ho choices. Section 3 narrows the choice down to one house and provides a completely detailed inspection che list for it. The booklet is free from Househunter's Guide, Public Relations Dept., State Farm Insurance C E-2, One State Farm Plaza, Bloomington, Ill. 61701.

A sheer window shade that cuts sun heat on windows and helps reduce air-conditioning operation is the Comfort Shade by Joanna Western Mills. Made of white vinyl-coated fiberglass woven in a horizontal ribbed pattern you can see through, it still deflects the outside sun rays. Weather resistant, it is mounted on a sturdy silent roller and has a metal hemline to keep it from twisting. Available in up to 6-foot widths, any length, a Comfort Shade 3-feet-wide, 6-feet long is about $20.50.

A cabinet to house a sewing machine in the kitchen (elsewhere) has been introduced by Wood-Mode Cabinets. It can accommodate almost any sewing machine and size, 31½ inches high, 24 wide, 39 deep will match standard kitchen base cabinets. It can also match a variety cabinet styles, woods (oak, maple, cherry, or distress pine) and wood finishes. The cabinet opens up with the p of a knob to 6 square feet of worktable space for cutti out clothes and sewing and can be shut instantly witho having to put everything away.

"Noce," a new lamp for floor, table, or the wall, was designed architect Archile Castiglioni in several versions. It has a cast alu num body, baked enamel finish in white, bronze, or gray, and tempered glass diffuser. The floor-table lamp provides 150-w lighting with two bulbs that can be revolved in a 180-degree, ha circular direction. The wall lamp comes in three models for terior and interior use. One has a waterproof glass diffuser a adjustable bulbs for 150-watt illumination. The other two mod have fixed bulbs for 150-watt lighting; one of them uses a mercu vapor bulb. Atelier International, Ltd. ■

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NOTES OF A Happy Housekeeper

BY MARY ELIZABETH FALTER

One of the greatest problems in conserving energy at our house has been leaving electric lights on when they're not being used. The children are the worst offenders so Tom devised ***a game to help use the minimum light actually needed.*** He offers a prize every two weeks to the person who has saved the most wattage during that period by remembering to turn out nonessential lights. The records are kept in the kitchen and competition has been keen. Tommy finally won two tickets to a [illegible] and now Tina is determined to beat him.

Natural gas is on the shortage list and I have been trying to find ***ways to conserve gas in cooking.*** A slow oven uses less than most top-of-the-stove cooking units, so we've had many one-dish meals that combine meat and vegetables and need only the addition of a salad or fruit to complete the meal. We've also used the fireplace for grilling meats, chicken, and even fish. With the weather getting warmer, we'll move outdoors pretty soon and I plan to add to our outdoor cooking equipment.

When I do use the top of the stove, it's for quick cooking—omelettes and other skillet dishes. Most of the vegetables I prepare in my pressure cooker. My wok has been very popular—after all, the Chinese developed this unique cooking utensil centuries ago because fuel was in short supply. A wok makes efficient use of every scrap of heat and the food is cut into small, thin pieces for quick, nutrient-saving cooking.

I've been looking around and have discovered ***several ways to conserve energy any homemaker can do.*** For instance, it's very important to keep all appliances in topnotch working order. Dirty filters and worn fan belts, dust-covered condenser coils and motors that labor because they're dirty or need lubrication may be using considerably more generated power than they should. The average home has up to ten or more major appliances—furnace, water heater, washer and drier, dishwasher, disposal, exhaust fan, stove, refrigerator. If all of them are wasting 10 or 15 percent of the power needed to operate them, it represents a substantial loss. I learned this lesson when the upper freezing compartment of our year-old side-by-side refrigerator wasn't maintaining a low enough temperature. The repairman showed me where the trouble was—thick dust clogging the air intake and the condenser coils. This slowed up the whole operation of the refrigerator and the motor wasn't able to keep the upper compartment cold enough. Five minutes with the vacuum solved the problem. The repairman told me this area should be cleaned every two months.

The hot-water heater should be drained regularly to prevent a build-up of sediment in the bottom. If the tank isn't clean, it takes more gas (or electricity) to get through the sludge and

Continued on page 102

If you have the urge to run barefoot through a grass green carpet, you'll have a field day with this soft, springy beauty. It's the color of fresh grass. And the color will stay eternally spring-green because the yarn is Enkalure® II. The nifty nylon that's specially constructed to hide the dirt—and stay clean-looking longer.

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A great American idea

THE ABIGAIL ADAMS SMITH HOUSE

BY KENNETH BATE

In the heart of New York City, cradled by the ultramodern towers that surround it, is a beautiful little anachronism, the Abigail Adams Smith House—one a museum and since 1924, the headquarters of the Colonial Dames of America. Abigail, of course, was the glamorous daughter of our second president. Born in 1765, she led a somewhat gayer life as a girl than most of her young contemporaries, accompanying her parents to London and Paris, where they lived for many years while John was [illegible] Miss Adams, who had great poise and charm for her years, became a heiress. In 1790, she married William Stephen Smith, a man of both [illegible] Among his possessions were 25 acres of desirable land high above the East River—an idyllic expanse that has long since been leased to [illegible] but in 1793 a beautiful site for a country mansion, which Mr. Smith proceeded to build. There was already a carriage house on the property, where Abigail might have tethered her horses while observing her future home under construction—about all she was ever able to do. Because of rash financial ventures, Mr. Smith found himself with very little in the bank, and in 1796, the estate and unfinished mansion were sold and the Smiths moved to Eastchester. The big house changed hands many times and ended its career in 1820 by burning to the ground.

But the old carriage house stood like Gibraltar with its "stables for six horses, a spacious coach house with a shelter for cattle underneath and a loft able to hold six tons of hay." Whether or not the Smiths ever occupied the coach house is a moot question, but they certainly owned it—sufficient reason for the Colonial Dames to call their headquarters the Abigail Adams Smith House. It is an affectionate name for a building that has turned up like a Trojan under one siege of remodeling after another.

In 1826, the stable and its environs were purchased by one Joseph Hart, who converted it into a country tavern with "choicest liquors," which flowed until 1833. In that year, the house was again remodeled by Jeremiah Towle, who lived in it with his family until 1905, when it was sold to the Standard Gas Light Company who divided it into rented apartments. The neighborhood deteriorated and so did the house, and by World War I it appealed to no one but the Salvation Army, who used it for a soup kitchen.

Then, in 1919, Jane Teller, a noted antiquarian, rented it and restored it as a setting for her collections and, at long last, in 1924, the wise Colonial Dames bought the house and furnished it in the late 18th- and 19th-century style. In 1972-73 a complete top-to-bottom restoration took place under the aegis of architect-historian Daniel M. C. Hopping, and Abigail's house became a museum.

Today, there is no evidence (except to an eye as learned as Mr. Hopping's) that carriages once rolled into what is now the entrance hall, that horses whinnied in the present dining room, or that the ballroom was the hayloft. This is an elegant house full of beautiful old furniture, rugs, paintings, clocks, bibelots and the blithe spirit of Abigail. In the ballroom is Pietro Pezzati's copy of the famous Mather Brown portrait of the lady, dressed in tulle and sashed in satin, looking quite ready to step down from her frame, toss off her feathered hat and flash her diamond earrings through the latest dance steps from Paris. No wonder the Colonial Dames are so fond of her.

The museum, at 421 East Sixty-first Street, New York City, is open weekdays from 10 to 4. Admission is $1 for adults, free for children under 12 and school groups who may call anytime for an appointment and a conducted tour. ■

Restored in the Federal style, the old coach house TOP, *is now a little mansion with very modern neighbors. Entrance hall,* LEFT, *once housed gigs and broughams; the south parlor,* ABOVE, *is a collector's dream with its Hepplewhite, Chippendale, and Queen Anne cabinetry.*

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SILVER SPRING
Duron Paints & Wallcoverings
WHEATON
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National Paint & Decorating Centers

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BRAINTREE
Braintree Paint & Wallpaper
BURLINGTON
Burlington Paint & Wallpaper Co.
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Coppenrath's Color Center
FALL RIVER
American Wallpaper Co., Inc.
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FRANKLIN
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HOLYOKE
S. Marks & Co., Inc.
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JAMAICA PLAIN
Allied Decorating Center
NORTH READING
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STONEHAM
THREE RIVERS
J. Belanger Associates
VINEYARD HAVEN
W. G. Manter Co., Inc.
WESTBORO
WEST SPRINGFIELD
Standard Paint & Wallpaper Co.

MICHIGAN
BANCROFT
Harcek Wallpaper & Paint
BATTLE CREEK
Hendricks House of Color
BAY CITY
BIG RAPIDS
The Back Room
BRIGHTON
CADILLAC
CHARLOTTE
CLAWSON
DEARBORN HEIGHTS
DETROIT
Kent's Decorating Centers
Lott Wallpaper & Paint Co
Mayesky Paint and Hardware
EAST DETROIT
ESCANABA
Svitand Paint Store
GRAND HAVEN
GRAND RAPIDS
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KINGSFORD
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Calkins Paint Company
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Roberts Wallpaper & Paint Co.
LIVONIA
Rego's Decorating Center
MT. PLEASANT
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(Continued on page 54)

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Goldsmith Paint Supplies
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ELMONT
Elmont Paint & Wallpaper

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(Continued on page

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WEIMAR
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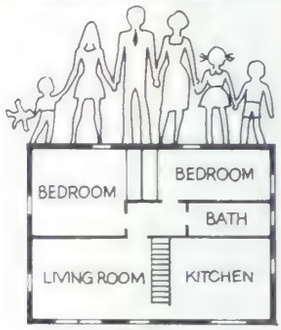
(Continued on page 57)

THREE BEDROOM FAMILY IN A



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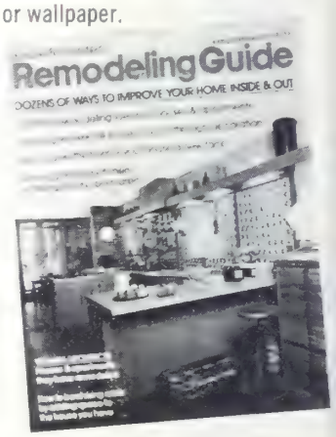

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OLYMPIA
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OPPORTUNITY
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OROVILLE
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Thunderbird Paints
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Roth Flor-Mart, Inc
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Townsend Paint
MADISON
Bolz Paint
Capitol Paint & Paper Co.
Duron Paints & Wallcoverings
MARINETTE
Marinette Paint
MAUSTON
McKinney's Badger Paint
MILWAUKEE
Acme Paint & Supply Co.
Blue Ribbon Paint Store
MONROE
Monroe Paint Co.
NEENAH
Bohlmann's Paints Inc.
RACINE
Cavanaugh Lumber Co.
RICE LAKE
Schellie
SHEBOYGAN
Duron Paint Specialist
WAUSAU
Progress Paint Company
WAUWATOSA
Arthur Duron Paints
WEST ALLIS
West Allis Esser Paint
WISCONSIN RAPIDS
Rapid Glass Paint & Wallpaper

WYOMING

CASPER
Hallock's Paint Store
Jourgensen Paint Co.
Pippitt's Paint Center
Advance Paint Stores
CHEYENNE
Pittsburgh Paints
LARAMIE
Fortman's Paint & Glass
SHERIDAN
Luscher Paint Store

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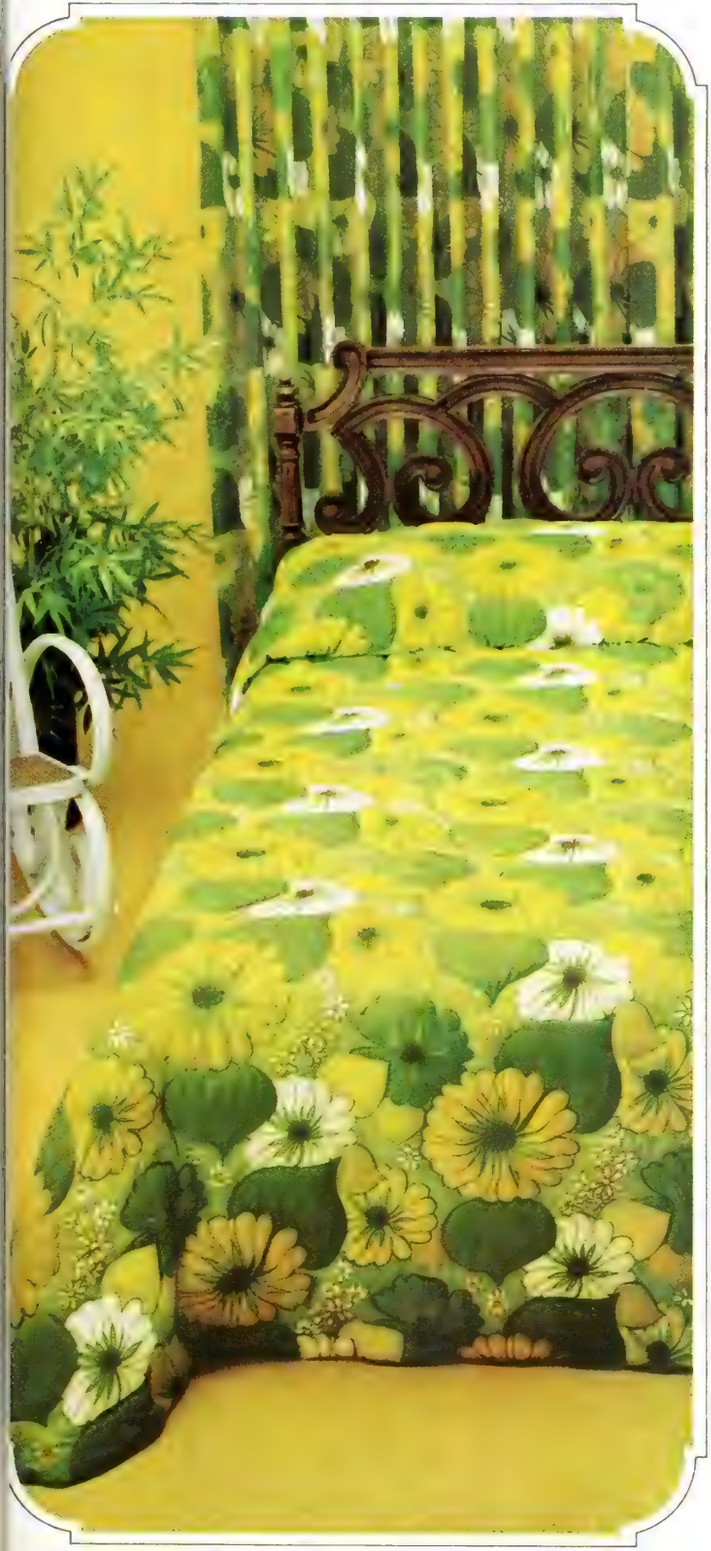

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With rich Virginia flavor women like.

Fashions: Vogue Patterns

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17 mg. "tar," 1.2 mg. nicotine av. per cigarette, FTC Report Se

"through handcrafts... You can make something beautiful happen every day..."

One of our greatest needs today is to be able to express ourselves as individuals. And creative crafts offer an invaluable chance to do this. No wonder, then, that twice as many schools list courses in crafts today compared to five years ago and double the number of craft shops and galleries appear in the American Crafts Council's directory. New crafts are emerging or reemerging.

Because few of us today are involved with the beginning, the middle, and the end of anything, the handcraft, which demands this total participation, can bring balance to our lives, says Dr. Donald Wyckoff, President of the American Crafts Council. "We acknowledge the importance of the doing, not only the result. So even the modest results of creative efforts can be an unbelievable individual reward. You don't need any outside reinforcement to give you a feeling of satisfaction and achievement."

If handcrafts lead us to discover individual talents, they also contribute to a vital environmental objective. Through them, we can make every day beautiful. "Why wait for something to happen tomorrow," Donald Wyckoff reflects. "There has to be something beautiful about being alive today. We seem to overlook what we're able to do for ourselves at the moment. We're always preparing—in kindergarten for first grade, in high school for college, in college for a job. . . . There is preoccupation with future expectations all the time. Meanwhile beautiful things are being missed, experiences are being lost." When beauty is created immediately, through our own craftsmanship, we adopt a new optimism toward everything, we see a way to living, rather than just existing. And so we move eagerly toward individualism. "It used to be that the person who asked a question or dared to be different was disciplined," Donald Wyckoff goes on, "but now we all sense change is in the air. If you suddenly create something on a potter's wheel or a loom, you will be less concerned about conforming—to an established pattern of dress, conversation, or living. Your whole attitude changes."

We have reached a point where individuality has become almost a consumer force. We rejoice in one-of-a-kind objects, furniture, things to live with that are unique, knowing that the individual human piece of work, in its very *difference*, has a depth, a special validity and meaning.

This issue, in fact, is all about this uniquely personal way of life. Handcrafts to make your house different. We show you how to use your imagination with sheets—a versatile fabric you can use for decorating—on walls, inside closets, for curtains, quilted to make bedcovers, for windows shades, tablecloths, and slipcovers. Ten pages, starting on page 62, five completely different rooms, some with double or even triple purpose. A craft that has reemerged is the painted floorcloth, something that evolved in our country during the 18th century when rugs were scarce. Leonard Crewe, Jr., has revived it in Maryland. See his restored 1734 guesthouse with floors covered with marvelously varied painted cloths, page 72—the venture brought him a new business interest, too. Douglas Kahn and Stephanie Mallis Kahn are craftsmen in a uniquely modern way. Look how they wrap a city apartment in carpet, page 80. Lesley Blanch, traveler, author, and biographer, has given her house, page 96, the magic of the East—lovingly planned a Turkish hood over the fireplace, and painted a kitchen cupboard. Her very personal background, she says, "has come with the living." Whereas Roger Wohrle's, page 82, has come with the growing. His incredible made-over greenhouse is complete with pool and fireplace so he can enjoy a subtropical life even when it snows outside in New Jersey. Flowering vines, orchids, and masses of exotic plants and trees plus a fish pond are his natural decorating tools.

One of the subtle benefits of doing something with your hands, whether making an afghan, creating a garden, or a batch of cookies, Donald Wycoff explains, is a certain amount of power you feel you have all by yourself.

"All phases of the craft experience have integrity, honesty, and reality—qualities we especially want to draw into the framework of living today."

Decorate-it-yourself with easy-does-it crafts

How bedrooms double their delights for living

What makes a cozy bedroom? Mostly all the things that are intimately yours, things you love; and why not have the most personal room the favorite place to be? A bedroom can be more than a place to sleep—you can turn it into a new way of looking and living—another place to entertain, to have a guest room that doubles as a second sitting room, or one extending into a garden, an artist's studio-living room, or even a whole environment for one-room life. Decorating a bedroom for double or triple-duty is what these pages are all about. New sheet patterns are the dazzlers, and there are lots of things you can make to give your bedroom a new lease on living.

A bright toile patterns the walls, curtains the bed nook, settles onto cushions, and makes a cloth for the round table. The look is old-world brought up to date, and what a sparkling way for sheets to decorate a whole room: The bed alcove, *above*, is a banquette for guests, piled with heaps of pillows. Wicker chairs circle the table, a wonderful, comfortable way to dine. Zigzag afghan, *see inset far right*, covers an ottoman for extra seating, warms the same alcove when it's turned into a bed, *far right*. A wooden table doubles as a night stand and serving table, is painted with gay calico bands. Great storage ideas are cabinets on either side of bed holding all extras, and, for even more storage, various sized boxes, covered in wallpapers. Designed by William Hodgins of Boston using "Toile Country" sheets by Martex. Wallpapers, Karl Mann. Clock-radio, Hitachi. Calico-painted table by Luis Molina. Afghan by Linda Rath. See page 124 for how to paint table and crochet afghan. Painting by Calvert Coggeshall at Betty Parsons Gallery. Shopping information, page 121.

Bright toile
in a bedroom-
dining room

Floating bed *opposite page, top* faces the sofa just as happily as opposite fireplace; all with help of scatter the middle bolsters that divide seating space. Sofa *above* is outfitted with jumbo cushions, a trend set to accentuate shape; ball feet are upholstered. To cover ball feet with fabric: Cut a circle 4 inches larger than diameter of foot. Sew running stitch around circle 1 inch from edge. Run with blanket, pull tight, spread ball of cotton batting so most is hidden. Tack to sofa. Screen *page 56*, by Lois Mailou is painted with blossoms to create larger than direct pattern. To copy a printed fabric, have photostat made, enlarged to desired scale. Cut around design, place on surface and trace before painting. To make an ottoman, have ½-inch plywood cut 26 inches square for top; four sides if long measure 9 inches high by 20 long. Nail together in a box. Staple polyester fiberfill over base, upholster. Separate cushion is foam cut to size, wrapped with fiberfill, slipcovered. The cushion can then be tacked to its base with tailor's thread.

What looks like the most comfortable sofa ever is really a queen-sized bed, a floating island that bridges an artist's studio-living room and is the great nucleus for the world that revolves around. Bed looks both ways for seating—into fireplace wall and in opposite direction— the trick is big bolsters end-to-end right down middle of bed, piled with pillows on both sides. The rest of seating is accomplished with ottomans easily pulled and according to number of guests. Light lacquered tables add to mobility; the rest is pared-down living, with lamps like sculptures, willowy greens attern walls. The artist works by window, *below*. By night, *opposite page, far left,* bed is oasis of white blossoms on pale colored sheets and pillases. Same sheet pattern covers ottomans, sofa, and is translated in a bigger scale for screen. Designed by Robert Perkins using "Plant Woman" era for Burlington Domestics. Painting by Richard Giglio. Gray chintz of Dacron and cotton by Lanscot-Arlen. Shopping information, page 111

corate-it-yourself with easy-does-it crafts

oft focus colors in a studio-living room

Decorate-it-yourself with easy-does-it e

Flesh country plaid for-all-in-one room liv

A wonderfully expansive feeling, cheerful and young, seems to pervade the great ope of one-room living, geared to convenience and ease. Storage boxes with pull-out drawe the room outlining its perimeters and holding everything in order. The bed is a corner h curtained for privacy. Circling curtains are made just like shower curtains, attached to th rod with hooks. (Rod comes from a hospital supply company.) *Opposite page, bottom ri* entirely enclosed. Seating platform, *opposite page,* is actually a single bed mattress, quilted f comfort and plumped with soft pillows. The graphic pillows are two triangles and a circle rections to make these and the bed curtains, see page 124. *Opposite page, bottom left:* A co make-up or typing. Garden chairs pull around, can be folded up. Designed by Ronald and Borus using "Carousel" plaid and solid-colored sheets by Cannon. Laminated window shade brant Pink" sheets, using Stauffer's Tontine "Tri-Lam" shade cloth. Details, page 125. Ch ottoman by Triconfort. Harmony rugs. Rolling table by Inter Graph. Drawings by Alexand

White flowers on pale pastels in a bedroom-sitting room

Charming white flowers trace the softest pastel shades of apricot, lavender, and mint, bringing a wonderful light airiness to a bedroom-sitting room. The sofa that becomes a bed, *opposite page*, is unexpectedly ruffled. By night, *top*, it is cozied with a quilt and more ruffles. To slipcover a sofa bed, turn to page 125. Curtains, *above*, are single sheets sewed together with an interlining and buckram stiffening at top. The 15 inch ties are sewed 6 inches apart, and when tied to curtain rod, they create the curtain's fullness. To make ruffled pillows, *right*, turn to page 125. Batik covered cube with tray top, *opposite page, far right*, by Karl Springer. To cover your own cube with fabric, see page 126. "Crystal Bough" sheets by Springmaid. "Hide-a-Bed" by Simmons. Selig chair and ottoman. Lord & Taylor chest. Quilt, W&J Sloane. Mantel and fireplace equipment, Edwin Jackson. Graphic by Leon Polk Smith at Galerie Denise René. Shopping information, page 121.

AMERICAN INDIAN ART

The garden beyond, *top left*, raised three steps higher than the living space, is easily accessible through the sliding glass side door. Crocheted afghan, *top right*, has squares of vivid colors, finished off with a scalloped border. For afghan directions, please turn to page 126. The quilted pillow, *above left*, inspired by an Amish quilt, is about 20 inches square. The backing and 3-inch border is khaki colored cotton, next is 1¼ inch band of green. There are three blue and three pink stripes, each 2 inches wide. Cut the pieces for the front of the pillow, allowing for ½-inch seams. Machine-stitch together, then quilt on the diagonal, by hand or machine, in 2-inch squares. Cut out fabric for the pillow backing, seam to front, leaving one side open for stuffing. Fill with fiberfill, then hand-stitch edges together to finish. The garden sitting room, *above*, turns into a guest room at night, with the sheets put right onto the seat cushions of the banquette. Nest of wicker stools, John Rosselli.

HORST

of fresh greenery, a gay basket print, and country wicker bring the outdoors into a sitting room that is not only a garden but a bedroom as well. he built-in banquette takes a right-angle turn around the stationary glass windows and the sliding glass door. Just beyond is an indoor platform, the plants set in tubs around a small sunken pool with a recirculating water fountain. There are more windows beyond the garden space natural light to the plants, and all are kept thriving with a small heater that takes over when the temperature drops. A basket print upholsters the tte and is quilted for extra softness. To quilt the basket, cut a piece of polyester fiberfill about 3 inches larger in the same shape. Baste [illegible] nderside of the basket print, then machine stitch with green thread, outlining each of the basket's triangles as well as the handle. "[illegible] g Basket" sheets by Wamsutta. Rug by Schumacher. Quilting by Hugues-Muller. Please turn to page 121 for complete shopping information.

orate-it-yourself with easy-does-it crafts

ll-fashioned, basket print, in a garden, and guest room

READIE

Painted canvas floorcloths

and the 18th-century house that inspired their revival

Floorcloths are designs painted on canvas. In 18th-century America, rugs were scarce; Oriental ones took long to import. So with the ingenuity that is our heritage, the canvas floorcloth evolved, the painted designs copies of tiles and marble. With the eventual arrival of woven rugs, canvas returned to the sailmaker, the art of the painted canvas floorcloth was lost. But when Leonard C. Crewe, Jr., restored his 1734 guesthouse, his curiosity prompted him to study paintings, inventories of the period. His concern helped rediscover floorcloths, and now they are available for everyone.

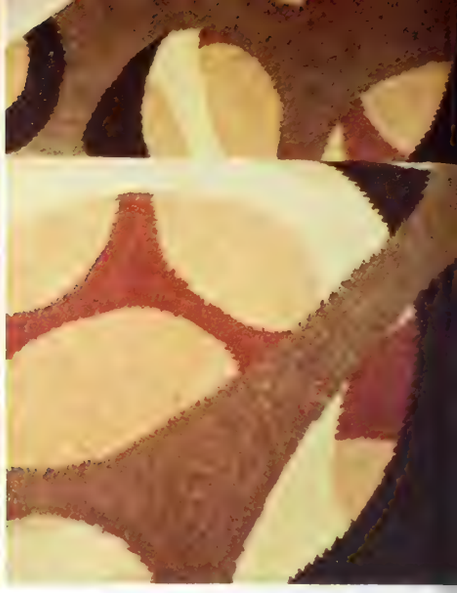
His guesthouse, *left and below,* sat on Turner's Creek in Chestertown, Maryland, until 1968 when it was moved piece by piece to a country hill north of Baltimore. Duck hunters had chopped away at it for years for firewood. With taste and time and talent Mr. Crewe, architect Bryden B. Hyde, and builder J. H. Purnell restored a pocket of the past. In the farmhouse, everything from furniture to hardware is of the 18th century *except* the painted canvas floorcloths. "I knew what furniture would be in the house, but I didn't know what would be on the floors," says Mr. Crewe, "so the investigation began" After research here and in England he consulted Don Sherman, head of Interior Design, Maryland Institute College of Art. Two students, John and Carol Wilson, took up the research as well. In the next five and a half years, the floorcloths were perfected, and the two students were married. Mr. Crewe now had the appropriate floorcloths for his house, and a new venture as well, "Floorcloths Incorporated." The Wilsons, *above,* design and paint their floorcloths in Annapolis. An early inventory lists "two old checkered canvases to lay under the table." That pattern is followed, *center,* in Mr. Crewe's living room. A marbleized floorcloth, *far left,* is copied from a painting in Williamsburg. All floorcloths are painted on a pine loom, *bottom, far left,* made by John Wilson. The 12-foot-wide loom stands in a 14-foot studio, once a Chinese laundry. The guesthouse was rebuilt around the stairway, *left,* as it was the only intact section of the house when moved.

Painted canvas floorcloths, colorful, practical, washable

At the top of the stairway to the two bedrooms, *right*, are windowpanes that once looked out upon 1734. Here an assortment of floorcloths—authenticated historic designs as well as new ideas—all with a contemporary look. The hall floorcloth, *left*, was designed to accompany the Pennsylvania Dutch blanket chest, while the molar-edged floorcloth, *above*, is a pattern from the 18th century. In the corner a barber pole bed warmer by a hickory bootjack. Bold in any age, the 18th-century geometric, *right*, supports a Windsor chair made modern sometime in the 19th century by the addition of rockers. In the kitchen, *below*, are the very first floorcloths made. Over the last four years they have survived a carpenter's shop, then being jogged upon almost daily by an active Mr. Crewe. Thomas Jefferson was more cautious with his floorcloth. Ordered by Mr. Jefferson for the West Wing dining room of the White House, it was always rolled up after a banquet. A Wilson floorcloth now hangs in the Baltimore Museum of Art, another is in Williamsburg's collection.

New painted canvas floorcloths patterned to match old pottery

The spattered floorcloth, *far right*, in the dining room, originally the keeping room or kitchen, was designed especially with Mr. Crewe's exceptional collection of Whieldon in mind. Thomas Whieldon was a Master Potter at Fenton Hall, Staffordshire, in the middle 1700s. The end plate, *below*, of brown and green on cream inspired the floor cloth, the pattern achieved by sponging on the paint. Whieldon also designed in tortoise shell, and [illegible] were often octagonal, a shape, described as early as 1697, as "square." One is on the second shelf of the cupboard *right and far right*. This pine cupboard was the only furniture in the [illegible] when [illegible] On the [illegible] of the cupboard rests a walnut shell [illegible] the beginning of [illegible] collection. "I particularly like this floor [illegible] so attached to Whieldon," says Mr. Crewe. This floorcloth, like all the others, has six layers of the formula, [illegible] chemicals, and artists' oil colors. The *secret* is how the Wilsons prepare and apply the paint to the canvas. The longer it dries, the more durable it becomes. Later, you wax with liquid or paste wax. "My interest in the past has brought me many surprises," claims Mr. Crewe. One is the maple shelf clock, *far right*, which he calls his grandmother-grandfather clock as the top is Queen Anne, the legs Chippendale. Another surprise was the primitive painting, *above*, of his own house and guesthouse presented to him by the house painter who had worked on both. "Yet discovering an art lost from the 1700s has to be the most exciting of all." For information on floorcloths, write "Floorcloths Incorporated," 109 Main Street, Annapolis, Maryland, 21401. Prices range from around $10 to $15 a square foot.

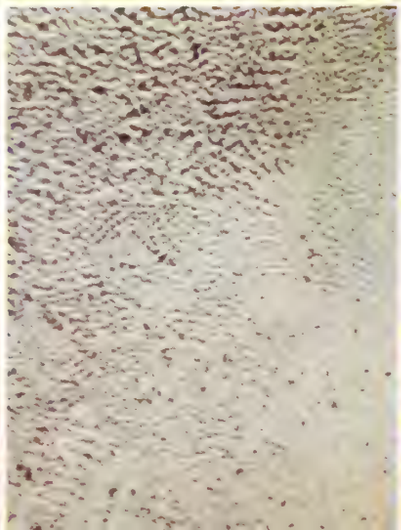


NEW RUG ART FOR

Good news comes in threes! 1. Traditional Oriental designs updated with color and Art Deco inspired three dimensional geometrics. 2. Then there are textures. Rough and nubby natural wools as well as dense, smooth man-made blends. 3. And for the first time reasonably priced, practical adaptations of the fabulously beautiful (and expensive) antique durrie rugs.

1 *Above left to right:* "Mirage"—shimmering like tapestry. By King Stutzman for V'Soske. "Ankara," may be colored for your specific scheme. This one is in House & Garden's Sunshine Yellows. From Edward Fields. Pattern is perspective. "Grotto" shows what pattern and color can do to achieve depth. Designed by Jay Steffy for Patterson, Flynn & Johnson. Defy the laws of gravity! "Rooftops" and "Penthouse" geometric carpeting give a sense of soaring. Designed by Marcel Bretos for Budd Looms.

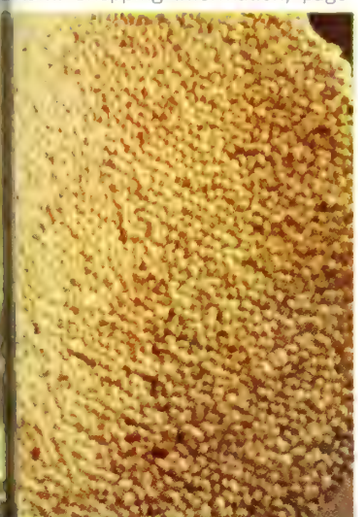
2 Texture becomes the pattern. "Quadrangle" carpeting, *bottom left,* has recessed acrylic squares in a ground of sheared wool. The squares are shaded in six colors and give the effect of carpeted tile. The armchair and ottoman are covered with a nutmeg colored leather called "Elephanta." Both carpeting and leather upholstery by Jack Lenor Larsen. From the kingdom of Lesotho in South Africa comes a 4-by-6-foot loop rug of rich, deep, new karakul wool, *below.* The design is religious in origin. Imported by Greef. "It's the real thing" . . . and there's nothing like it in the world! Natural Berber wool carpeting has three times the density of conventional weaves, *below right.* And it comes in widths of over 13 feet.



NEW DECORATING ZEST

Harmony. Natural colors, naturally. *Bottom left:* "Berbereau," an almost identical twin, is acrylic faced carpeting from Trastan. *Bottom:* An 18 inch square of what a 9-by-12-foot rug in "Woven Trends" could be. Many variations of this raised pinch are available from Treganowan.

Lovers of antique durrie rugs have often had to remain just that—lovers. Be an owner of beautiful adaptations instead. *Top to bottom:* "Souk" an all-wool Wilton by Saxony. "Pamir" Axminster 36 inches wide. Rosecore. Portuguese needlepoint rug with durrie design and beside it "Ermez," an Irish Axminster. Both by Stark. Greek key motif makes 9-inch border. By Gotham. Shopping information, page 121.



HOW TO MAKE A ROOM WITH CARPET AND COLOR

One carpet, one color, one small space. T
effect—infinite variety. Given a living roo
including dining and kitchen area, 10 by
feet, where can you go but up? See it wo
Carpet covers everything except walls, u
fying by color and texture this marvel
organization. Stacking cushions make lev
and steps in space. Books are stored h
up; lighting, hi-fi, concealed. Mirrors refl
space. Kitchen, too small to close off,
lows space to flow in. with high shelf for p
paring, low for eating, *left*. Dining table,
left, plays desk, *below*, or vanishes into r
ror wall. Felt hanging hides bedroom clos

JAMES MATHEWS

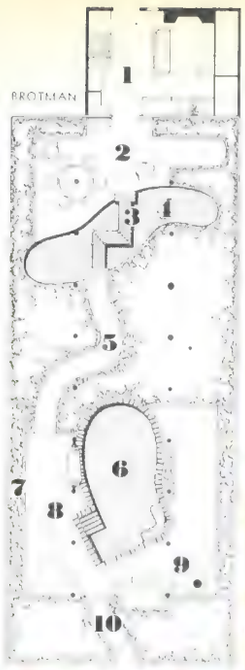
on in invention—How to make space no space. Join the red carpet inside he red wooden carpet outside, merg- doors and outdoors in one wide rib- f red space. Like a snake uncoiling, ooden planks stretch upward along the 19-foot yard, contoured like a lounge e human form to lie on in the sun, or umbrellas, which are easily moved as hadows shift. A buffet by the door sup- up to fifty guests who can be enter- in this spacious no-space. "When I he apartment I thought it was terribly ." confesses owner Fern Mallis. But in ands of her architect and interior de- (who are her brother-in-law and sis- miracles happened. "They gave me dence that it would work, and it did." tect Douglas Kahn; interior designer anie Mallis Kahn, of Kahn and Mallis iates. Nylon loop carpet, color "Papri- By Durkan Enterprises. Zig Zag chair by eld imported by Atelier International. s Rosenquist silk screens hung togeth- *ove,* and around corner, *far left below.* ples, Inc. Plastic accessories by Heller ns. Umbrellas by Zip-Jack Service.

The very personal environment of Roger Wohrle

A LIVE-IN GREENHOUSE, A GARDEN UNDER GLASS

In a wooded area of northern New Jersey there is a small cabin that opens to a glass-domed garden of tropical plants. A jasmine-scented world of sun and shadow, sometimes like an island in a surf of snow, it has a year-round swimming pool where on cool nights one can dry off in front of two wood-burning fireplaces. Pool and greenhouse are also enjoyed every day in summer. Gardening only on good days or swimming in a tropical pool only on vacations was just not the way this young gardener wanted to live. An unused 1927 estate greenhouse, moved and set up here, was the solution. Familiar indoor plants, growing in the ground as if in an ordinary garden, but with house plant soil added to the planting holes, border paths, and seating areas. In eight years, a ficus exotica has grown to a spread of 30 feet. Flowering vines such as bougainvillea, passion flower, jasmine, and yellow allamanda filter the jungle light and mask the supporting poles of the greenhouse. Pot plants for seasonal color are sometimes brought in when tropicals like orchids and gardenias are resting. The thermostat is set year-round at 68 degrees; the swimming pool is heated separately in the 80s. Sunshine pushes daytime temperature into the low 80s except in mid-winter; summer shading keeps it from going higher on scorching days. Roger Wohrle is an interior landscape designer, responsible for many office and apartment plantings in metropolitan New York. His partner, Dick Waite, did much of the construction work, and their results are inspiring others to think of greenhouses in a new way.

LIVING
IN A GREEN
SUMMER WORLD
ALL YEAR



The plan of this 35-by-83-foot garden, *left,* could be applied to a narrow backyard as well as to a greenhouse. Cabin, 1, a 23-by-16-foot area with fireplace, kitchen facilities, *below left,* plus boiler and bathrooms, opens to a brick patio, 2. Dining table is built around a flower-twined pole, and curtained by aerial roots of the cissus sicyoides vine, *below.* A zigzag oak bridge, 3, seems to widen the fish pond, 4, by changing the vistas as you cross. The pond's mud base was painted with wet cement and coated when dry with Fiberglas caulk from a boat supply shop. Terra-cotta tile path, 5, winds through a thicket of shrubs and trees, house plants all; see Gardener's Notes. The 14-by-25-foot Sylvan swimming pool, 6, is flanked by the greenhouse benches, 7. Around pool is deck, 8, for hammock, cushions, chairs, and, *opposite page,* freestanding fireplace, 9, with hibachi for cookouts. Short path, 10, curves to shed for cabana and separate filter and heating unit for the pool.

People and tropical plants like a warm greenhouse. Though heating costs are higher than for the usual cool greenhouse geraniums prefer, costs can be kept in bounds. Here, heat is provided by hot water, running through fin radiators, and sometimes supplemented by burning home-grown firewood. The heated pool also provides warmth. Because of the fish pond and pool, no humidifier is needed to provide a constant, healthful 50 to 60 percent. Ventilation is automatic. Light fixtures are outdoor garden floods for uplighting and downlighting, plus dimmers and candles for party magic. Last year, as a precaution against power failure, a self-starting generator was installed. Before that, a house alarm rang if the inside temperature fell below 60 degrees, fires were stoked, and a generator started by hand. To shade plants from blazing summer sun, the outside is sprayed in April with about $5 worth of green shading compound that the rain washes off by fall. The swimming pool takes less care than a backyard pool. Its only drawback is that you cannot get a tan. The fish pond has a recirculating pump, is cleaned every three months. No weed seeds blow in, and twice a year a nicotine bomb is used as a precaution against [illegible]. Every five days the plants are watered, and every [illegible] weeks they are fertilized with a hose and [illegible] Peters 20-20-20 house plant mix. Mr. Wo[illegible] the garden chores take about an hour [illegible] nual expenses are equal to a short tr[illegible]

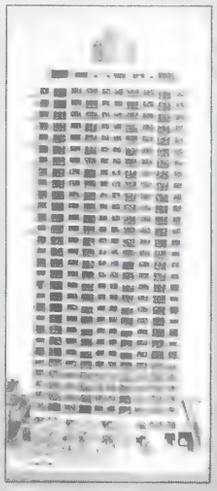
COMFORTABLE FURNITURE

What to do with four bare walls

COLOR AND MIRRORS

READER

There are innumerable answers to this question, but one of the best is to fill the rooms with four basic ingredients available to everyone—color, pattern, mirror, and comfortable furniture—unbeatable sources of warmth, charm, gleam, and, in the case of sofas and chairs, the invitation to come in, sit down, and be happy—in other words, the offer of hospitality a thoughtfully planned room has built into it. Putting these elements together is very exciting in an apartment done right from scratch, with everything brand new, right out of a store, and with no previous possessions that have to be "fitted in." This could happen in a condominium in the south for winter living, a first home for newlyweds, or, as in this case, an apartment *(see plan, below)* decorated by the interior design team of Mac II to *show* what can be done with four bare walls in a new building, *right.* In the living room, *left and far left,* they began with a little opening up, a little closing up. The room (you see the final product superimposed on the original room) is long and narrow, but no longer seems so. Breaking through one wall to an adjacent bedroom provided a floor-to-ceiling arch with folding doors. Open, they give the room a new wing, a new "view." On the opposite wall, the dining ell was enclosed by adding an extra section of partitioning wall and folding doors in exact alignment with those of the bedroom—now a combination of sitting room and guest bedroom. This ended the reconstruction. To gain visual space, the dining ell, now a room in its own right, was mirrored floor to ceiling on all four walls. Moreover, the dining table can be cleared behind closed doors, sparing guests what is never an interesting sight. To fill the window wall—and again, to widen the room—windows were masked with aluminum louvers and flanked by mirrored panels that, by some trick of reflection, round and soften these corners of the room. To keep space flowing, pale sisal carpeting was laid to stretch from the dining room through the living room and then into the sitting room. One color, bright navy blue, was concentrated in the three sailcloth-covered sofas that, with two linen-covered benches, turn most of the room into a conversation center. For airiness, the opposite wall is free of furniture, and potted trees and greenery bring the outdoors in. Sofas and benches by Henredon; horn cubes and leather-framed mirror from Karl Springer; Saul Steinberg paintings from the Betty Parsons Gallery; window blinds by Levolor. For shopping information, page



What to do with four bare walls

FIELDS OF FLOWERS LUSTROUS COLOR

Lustrous as red lacquer, a vinyl wallcovering fills the new sitting room-guest room with a glow that floats right out to the living room. Instead of a contrasting color, sofa, chair, and ottoman are covered in a lighter shade of the vinyl's terra cotta to create continuity between walls and furniture. Neither overpowers the other. They are a team. The only contrasts are splashes of paleness—a leather-covered coffee table, white sofa cushions and vases, two paintings by Ed Baynard. In the dining room, *right*, all that glitters is mirror, four walls of it, reflecting on and on to gain visual space. Furniture, Chinese Chippendale in style, is delicately scaled, wise choice for a small room. Silver, pewter, and ivory are effective both on the bare table or when the cloth is a Javanese print, *below left*. Dining and upholstered furniture by Henredon; vinyl and fabric in the sitting room by Hinson.

At the master bedroom, one sleeps in a garden walled with flowers. One pattern, a stylized blossom and its foliage printed on a vinyl wallcovering and a linen fabric, covers practically everything but the floor (white wool carpeting here) and ceiling (white paint). The effect is opulent, almost fragrant. What had been a white box is now a shimmer of color. For comfort's sake, there is a sink-in love seat for reading or napping, a linen-covered bench for putting on shoes, and a dream of a bed—a great fourposter with hangings executed by Luis Perez. By the bed, a table with two skirts—one of brown felt, one of natural straw. Furniture by Henredon; matching wallcovering and fabric by Hannett, Morrow, Fisher; white piqué bedcover from Pratesi; Simmons box spring and mattress.

You have a problem to solve and you seem to reach an impasse. Then, ir
"Why didn't I think of that before?" Can you cultivate these sudden bur

How to change your point of view

A new way to solve your probl

By Caroline Seebohm

The famous Dr. Edward Jenner was busy trying to solve the problem of smallpox. After studying case after case, he still found no possible cure. He had reached an impasse in his thinking. *At this point, he changed his tactics. Instead of focusing on people who had smallpox, he switched his attention to people who did* not *have smallpox. It turned out that dairymaids apparently never got the disease. From the discovery that harmless cowpox gave protection against deadly smallpox came vaccination and the end of smallpox as a scourge in the Western world.*

We often reach an impasse in our thinking. We are looking at a problem and trying to solve it and it seems there is a deadend, an "aporia" (the technical term in logic meaning "no opening"). It is on these occasions that we become tense, we feel pressured, overwhelmed, in a state of stress. We struggle vainly, fighting to solve the problem.

Dr. Jenner, however did something about this situation. He stopped fighting the problem and simply changed his point of view—from patients to dairymaids. Picture the process going something like this: Suppose the brain is a computer. This computer has absorbed into its memory bank all your history, your experiences, your training, your information received through life; and it is programmed according to all this data. To change your point of view, you must reprogram your computer, thus freeing yourself to take in new ideas and develop new ways of looking at things. Dr. Jenner, in effect, by reprogramming his computer, erased the old way of looking at his smallpox problem and was free to receive new alternatives.

That's all very well, you may say, but how do we actually *do* that?

Doctor and philosopher Edward de Bono has come up with a technique for changing our point of view, and he calls it Lateral Thinking.

The normal Western approach to a problem is to *fight* it. The saying, "When the going gets tough, the tough get going," epitomizes this aggressive, combat-ready attitude toward problem-solving. No matter what the problem is, or the techniques available for solving it, the framework produced by our Western way of thinking is *fight*. Dr. de Bono calls this *vertical* thinking; the traditional, sequential, Aristotelian thinking of logic, moving firmly from one step to the next, like toy blocks being built one on top of the other. The flaw is, of course, that if at any point one of the steps is not reached, or one of the toy blocks is incorrectly placed, then the whole structure collapses. Impasse is reached, and frustration, tension, feelings of *fight* take over.

Lateral thinking, Dr. de Bono says, is a new technique of thinking about things—a technique that avoids this fight altogether, and solves the problem in an entirely unexpected fashion.

In one of Sherlock Holmes's cases, his assistant, Dr. Watson, pointed out that a certain dog was of no importance to the case because it did not appear to have done anything. Sherlock Holmes took the opposite point of view and maintained that the fact the dog had done nothing was of the utmost significance, for it should have been expected to do something, and on this basis he solved the case. This, and the Dr. Jenner example, come from Dr. de Bono's book, New Think *(Basic Books).*

Lateral thinking sounds simple. And it is. Once you have solved a problem laterally, you wonder how you could ever have been hung up on it. The knack is making that vital shift in emphasis, that sidestepping of the problem, instead of grappling with it head-on. It could even be as simple as going to a special part of the house, which is quiet and restful; buying a special chair, an "escape" chair, where we can lose our day-to-day preoccupations and allow our computers to reprogram themselves and become free to take in new ideas, see things in a different light.

Dr. A. A. Bridger, psychiatrist at Colum-

si, you see it from a whole new angle, the solution is obvious, and you wonder,
i spiration? Can you change your way of thinking?

f a new technique called lateral thinking

niversity and in private practice in New
, explains how lateral thinking works
t his patients. "Many people come to me
ning to stop smoking, for instance," he
"Most people fail when they are trying
op smoking because they wind up tell-
hemselves, 'No, I will not smoke; no, I
not smoke; no, I will not; no, I can-
t . . .' It's a fight—and fighting makes as
n sense as telling yourself over and over
n not to think of what you want—what
pens is you end up smoking more.
instead of looking at the problem from
old way of *no*, and fighting it, I show
how to reinforce a position of *yes*. I
them a whole new point of view—that
are your body's keeper, and your body
physical plant through which you experi-
life. If you stop to think about it, there's
y something helpless about your body.
n do nothing for itself. It has no choice,
like a baby's body. You begin then a
le new way of looking at it—'I am now
g to take care of myself, and give myself
respect and protection, by not smok-
So that *not* giving yourself respect and
ection becomes a deprivation.
There is a Japanese parable about a jack-
ied to a pole by a rope. The rope rubs
against his neck. The more the jackass
s and pulls on the rope, the tighter and
er it gets round his throat—until he
ls up dead as a doornail. On the other
l, as soon as he stops fighting, he finds
the rope gets slack, he can walk around,
be find some grass to eat. . . . That's the
principle: The more you fight some-
g, the more anxious you become—the
e you're involved in a bad pattern, the
difficult it is to escape pain.

ateral thinking," Dr. Bridger goes on, "is simply approaching a problem with what I would call an Eastern flanking neuver. You know, when a zen archer cts to hit the target with a bow and ar-, he doesn't concentrate on the target, he centrates rather on what he has in his nds, so when he lets the arrow go, his focus is on the end-result of the arrow, rather than the target. This is what an Eastern flanking maneuver implies—instead of approaching the target directly, you approach it from a sideways point of view—or laterally instead of vertically."

Dr. Bridger has made a shift away from traditional thinking in his practice. "We are finally beginning to realize that many long-term problems can be resolved in short term ways. People for years have always felt that problems that have been around for a long time will take a very long time to solve. That just does not happen to be so. For instance, when a patient is anxious, fighting a problem, often he can be taught, in one hypnotic session, how to relax and lower his psychic tension. This creates a much more workable feeling-tone for problem-solving. While medicines can also lower tension, all medicines, after all, are poisons. Other forms of relaxation, such as transcendental meditation, take a very long period of time to get going. Hypnosis, by contrast, is a safe, quick lateral technique of lowering psychic tension and shifting gears. This increases receptivity for looking at a problem in a new way."

Reminding ourselves we are in a period called an *Intermediate Impossible* is another useful technique. That is, looking at our current situation in life as only an intermediate step toward something else, so that we don't get bogged down and can go on to the next step. The medical student, for instance, unless he accepted his training as an intermediate impossible, would never get through it. Another familiar example is the harassed mother raising young children—going through the "Terrible Twos." She sees her life as a nightmare, "God, this is going to be the way it is until they are grown up . . ." as opposed to seeing the "Terrible Twos" as an intermediate impossible. If only she could remind herself that the current situation is intermediate, only a phase, she might relax—if only she could look at her situation laterally, instead of fighting it.

These are difficult questions, and it takes imagination to ask and to answer them. But that is how we change our point of view—by being imaginative enough to think up new ideas, find new ways of looking at old problems, invent new methods for dealing with old patterns. Think laterally instead of vertically. Take the *fight* out of our lives. Move Eastward in our attitudes.

"I think the answer lies in that direction," affirms Dr. Bridger. "Take the situation where someone is in a crisis. The Chinese word for crisis is divided into two characters, one meaning *danger* and the other meaning *opportunity*. We in the Western world focus only upon the 'danger' aspect of crisis. Crisis in Western civilization has come to mean danger, period. And yet the word can also mean opportunity. Let us now suggest to the person in crisis that he cease concentrating so upon the dangers involved and the difficulties, and concentrate instead upon the opportunity—for there is always opportunity in crisis. Looking at a crisis from an opportunity point of view is a lateral thought.

"It's about time we stopped fighting in order to find a solution. Let us float along with the problem so that we can look at it from lateral points of view. Then we can [illegible] tive to new ideas, renew and restimulate our senses, find a new way of living." ■

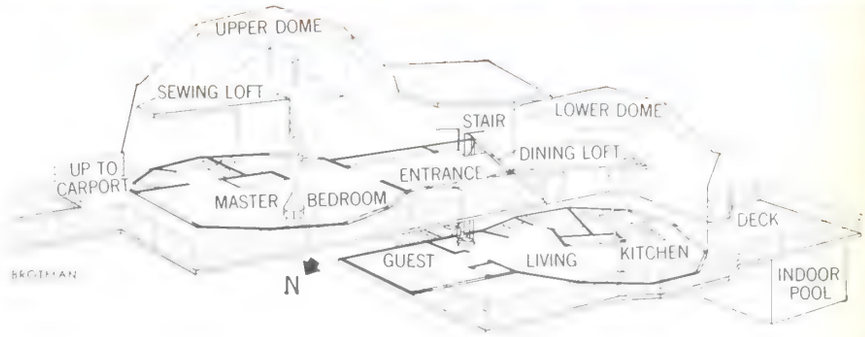
How to use lateral thinking

Lateral thinking, in short, is most valuable in those problem situations where vertical thinking has been unable to provide a solution. When you reach that impasse, and feel the fight upon you, quickly reprogram your thinking.

1. *Is there any other way the problem can be expressed?*
2. *What random ideas come to mind when you relax and think about it?*
3. *Can you turn the problem upside down?*
4. *Can you invent another problem to take its place?*
5. *Can you shift the emphasis from one part of the problem to another?*

The pure pleasure of a build-it-yourself house tailored to a dream

a house built for privacy, an indoor outdoor feeling, everyday spa living, and a constant view of the Pacific. It is the striking result of two years of work for a couple who finally decided to build with their own hands in order to get what they wanted. Dome construction appealed to them, a dramatic 40-foot wide lot descending to the ocean at an angle only a little more generous than the perpendicular also appealed to them. Plus the fact that Dr. and Mrs. Robert G. Milton wanted to live year-round in the vacation atmosphere of a Southern California beach community. The whole project was to be an adventure, a good deal of fun, and full of the satisfaction of working with their hands. They decided to go ahead with the simplest, least expensive construction they knew—a big platform, supported by pilings driven deep into the hill, to set two domes onto. They sent for two dome kits and imagined that the building of the platform would take six weeks and that they could assemble the domes themselves in a matter of days. It actually took two years and many lessons. An engineer helped resolve their ideas in a design that was safe and complied with local building laws. And they decided to set the domes up on 4-foot knee walls to gain more height inside. They subcontracted the heaviest work and did carpentry and smaller concrete jobs in their shop-garage, opposite page inset. Opposite page, top: *The house under construction.*



Top: *The Miltons' dome structure is a dramatic* non sequitur *on a hillside of beach houses.* Above: *A sketch of the two floor levels, the lofts, and two domes above them.* Left: *A winding stairway that follows the shape of the cliff down to the water,* below right. Below left: *The living room and an outdoor living-room-deck.*

A build-it-yourself house for everyday spa living

both indoors and out, the atmosphere of living in a treehouse prevails. But by engaging architect John Courtenay, the Miltons made sure the house worked. The top dome (above) is their bedroom. The headroom they gained by raising the dome gives them space for a sewing loft for Mrs. Milton on top of a big closet. Between the two domes is a hooded square wing at the top of which is front door and below a guest room. In lower dome are dining loft, kitchen and a living room that continues out onto deck. Under the deck is the portable fiberglass spa bath. OPPOSITE PAGE TOP.

he dining loft, BELOW, *is reached by a ladder with rpeted rungs. Attached at the top, it can either be flush gainst the wall or pulled out to make it easier to climb. The ainless steel balcony rail is made of sawn-in-half round bletop rims. Under the overhang of the loft is a kitchen,* PPOSITE PAGE, BOTTOM, *with a view of the Pacific. A umbwaiter run by a motor hauls food and plates up and own,* BELOW RIGHT. *Storage cabinets next to the ladder,* PPOSITE PAGE, TOP. *The guest room,* BELOW CENTER, *on the wer level of the wing that links the domes, has a waterbed fa.* BOTTOM CENTER: *The living room deck opens off the tchen.* BOTTOM, *The Miltons' bedroom in the upper dome.*

All kinds of woodwork came out of the Miltons' clifftop workroom, which is equipped with two big saws—a radial saw and a table saw. Railroad ties, sawed to size, were used for steps throughout a terraced hillside. Panels of 4-inch-by-8-foot siding were cut to specification, along with planks for decks off the kitchen and down at the beach level and also for the steps and ramps that connect all sections of the dome-complex. The domes themselves arrived in prefabricated triangular pieces that could be assembled into the dome shape with a few days work. Any of the triangular sections can be made into windows or openings as long as the lines of the overall shape are not disturbed. A large part of the work was landscaping and terracing the steep hillsides to prevent erosion. (Many California beach houses built on steep sites actually cement their hillsides.) Much of the work of planting and stair-building was done mountain-climber style with a rope around the waist.

"I never decorate," says traveler, author, and biographer Lesley Blanch. "I just make what I'm going to be comfortable in and let the effect come with the living." Living, for her, is a constant voyage into the imagination, enthralled by the Oriental legend—which she transforms into books whose titles alone are poems: *Journey Into the Mind's Eye, Sabres of Paradise, The Wilder Shores of Love*...The magic of the East surrounds her in her Mediterranean house—photographs, books, pillows, baskets, icons (the smallest one on the wall, *left*, is her traveling icon, companion on all her trips). "Fifteen years of being a diplomat's wife taught me to carry my precious everything with me, on my back like a snail." Precious things from Europe, Russia, the Near East, North Africa, Central America, and Asia. On the worktable, clippings, research material, letters, manuscripts. "It's never in order. I wouldn't dream of tidying it up." With a nomad's adaptability, she turns the balcony into an outdoor work nest, *above*, simply by dropping pillows on to a favorite carpet. A plant person, of course—"I look at them as people, then prescribe"—the profusion of flowers, untamed vines, and creepers everywhere bear witness to Lesley Blanch's communicative art.

"You must have comfort first.
Everything else
follows naturally."

THE ROMANTIC ROOMS
LESLEY BLANCH
HAS CREATED WITH TREASURES
FROM A LIFETIME OF TRAVEL

"The luncheon tables of civilization are always calling us back," wrote Lesley Blanch in *Under A Lilac-Bleeding Star.* Such as this one *above,* with Eastern touches like lemons as carafe-stoppers. Later she will write, longhand, on the furry sofa in the living room, *right,* watched over by the Empress Elizabeth of Russia, Fath Ali Shah's Persian ministers, and other friends who hang on the walls. The relaxing corner, *far right,* has a raised dais, or takhtar. Centerpiece of the hanging Persian carpet is a very rare icon found in Istanbul. She made the grospoint cushion on the sofa herself – one of many. Above it, photographs of the Imam Shamyl of the Caucasus, whom she wrote about in *Sabres of Paradise.* The fireplace with its conical hood is Turkish, the first thing she planned in the room. She herself painted the hall red, *top right,* sponged it with brown, then yellow, finished it with three coats of varnish. The ceiling is Indian fabric. On the floor, straw hat, straw trunk.

"Surround yourself with the things you love and your house will make you happy"

ROOMS FILLED WITH TRAVEL TREASURES

"Don't mind mixing 'good' things with useful things They'll always work together"

[illegible] many women who have followed the [illegible] ar." Lesley Blanch wrote about [illegible] *The Wilder Shores of Love* but she [illegible] herself, and like the Queen she admires so, Mme. [illegible] expresses herself through rooms and houses. She painted the kitchen cupboard [illegible] of Moscow, Kazan, Kiev, and Leningrad. On th[illegible] by *Moya Gospoja*. "My Madam," as her onetime Balkan cook call[illegible] elephant," *bottom right*, once a little maharajah's toy A few miles away, a former donkey stable, *below and far* [illegible] Blanch travels [illegible] mind mix[illegible] the variety store. A[illegible] *(The Four Wi[illegible]* Vietnam in June to enthrall us just [illegible] been enthralled by "th[illegible]

And you thought the Swiss only made cuckoo clocks.

But what the Swiss know about fine liqueur you won't believe.

Cheri-Suisse Fondue. In saucepan, melt 2 tbls butter with 12 oz. semi-sweet chocolate. Blend in ½ cup Cheri-Suisse. Keep warm over low heat. Dip in fruit pieces or cake squares, or use as an ice cream topping.

Cheri-Suisse Romanoff. Drain one jar (14-16 oz.) pitted dark sweet cherries. Whip 1 cup heavy cream with 2 tbls. Cheri-Suisse. Fold into 1 pt. softened vanilla ice cream. Fold in cherries and 2 more tbls Cheri-Suisse. Serves 8.

Cheri Alexander. Shake 1 oz. Cheri-Suisse, 1 oz. gin or vodka and 1 oz. cream with cracked ice. Strain into cocktail glass.

Cheri-Suisse Mist. Pour 2 oz. Cheri-Suisse over crushed ice in champagne glass. Serve with short straws.

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Cheri-Suisse

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NOTES OF A HAPPY HOUSEKEEPER

continued from page 44

heat the water. I asked our plumber about this and he says that in some areas it should be done every month.

Then, too, it isn't difficult to use less wattage. Check the bulbs *everywhere* in your house and cut back right down the line. People tend to use more wattage than they need; we haven't had a 100-watt bulb in the house for years. We find we have no trouble using 60 watts where we're working or reading and 25 to 40 watts in general areas like hallways (some people say you need at least 75 watts for reading). And I remove all bulbs that aren't really necessary.

If you learn the wattage of all your small appliances, such as hair driers, blenders, beaters, toasters, it will provide a guideline so you'll know which of them are really extravagant to use.

I bought a pretty English brass weight, the other day, at one of my favorite antiques shops and, as it was to be a housewarming present, the proprietor offered to gift wrap it for me. But before doing that, he pulled out a tube of Simichrome Polish and carefully cleaned and polished the weight. It's a ***polish that cleans brass quickly and easily*** and leaves things shining brightly—and the shine is lasting. A little goes a long way so the tube lasts quite a while. Impressed, I bought a tube for myself and one to put in with the present.

Every once in a while, especially when I'm in a hurry, I have trouble ***opening plastic storage bags.*** I keep snap-off rolls of medium and large bags and use them for dozens of things. Dispensing them on a roll is fine, but I have wasted more time trying to pick or pry them open once I've torn them off the roll. Finally I learned to grasp the bag between my thumb and forefinger, at the end that opens, and slowly roll my thumb downward. This will usually pull one of the edges of the bag down so the two edges are separated and the bag can be opened easily.

Another frustrating annoyance where all should be smooth convenience is the plastic lid that's hard to put back on its storage box or bowl. We use these storage containers a lot because they're spill-proof and the lids prevent food odors from creeping around the refrigerator. I've learned that the lids will become flexible again quickly if they are held under quite hot running water for a few minutes.

I got ***a new cutting gadget*** I saw advertised on TV the other day that chops, slices, shreds, grates, makes fancy ruffled slices and julienne strips. It's called the Kitchen Magician. We've already made some fabulous potato chips with it and cole slaw, and I'm about to try potato pancakes. The machine has four cutting sides, each performing different functions. Another good point is that it locks in place, by means of a vacuum, on any wooden countertop. You put the food in a hopper at the top, turn the handle, and that's all there is to it. One of the great selling points for me is that it costs far less than many machines that perform similar operations. ■

EMERSON BRONSON

WINE & FOOD

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ENNSYLVANIA DUTCH
HILDHOOD

OLY JUMPING JUNIPER!
IN'S THE THING
y Henry McNulty

Fruit-filled cheesecake, Pankha. For the recipe, please turn the page

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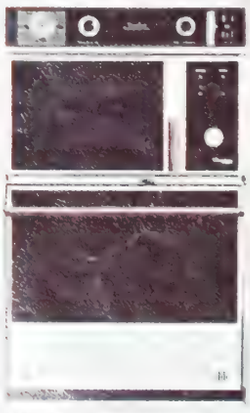

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6 delicious one-dish meals

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by Jane Ellis

ere are six wonderful ways to serve a hearty lunch or supper in one simmering pot. Every country has its nique one-pot dishes; these he cuisines of Norway, the l States, France, Italy, and providing well-balanced hat are nutritious, too.

RWEGIAN FISH AND GETABLE CHOWDER

ty fish and vegetable chow- at makes a well-balanced n itself. It is made by Suz- aylor, who divides her time n houses in Maine and New nd is the author of *Young ungry* (Harcourt Brace Jo- ch) reminiscences and rec- om her childhood in Nor-

ients: 3-4 pounds fresh cod dock; 2 or 3 extra fish heads; ole white peppers; 1 table- chopped parsley; 1 bay leaf; taste; 4 carrots, cut in 1 inch 3 or 4 small white onions, half; 1 small head cauli- separated into flowerets; ps milk; 1-1½ cups light salt to taste; pinch of cay- pepper; garnish: chopped chive.

d: Place fish and fish heads large pot and cover amply cold water. Add peppers, , bay leaf, dill and allow to r until fish comes away eas- n the bone. Remove fish and eads from pot and reserve Remove all skin and bones ake into fairly large pieces. down fish stock until re- by half and strain.

separate pot place carrots, , and cauliflower and cover bout 2 cups of water. Cook bles (but not too soft) and em and the water they were d in to reduced fish stock. t milk and cream and add to d vegetable mixture. Taste for seasoning. Heat well but do not boil. Pour soup into tureen and garnish with dill or chives. Serves 6-8.

LAMB SHANKS EN PAPILLOTE FOR 1 OR IN A CASSEROLE FOR ANY NUMBER

Photographer Emerick Bronson makes his combination of lamb shanks, zucchini, and eggplant *en papillote* for 1 or in a casserole for several friends. A flavorful way of combining an economical cut of meat with vegetables.

Ingredients: 1 small lamb shank; ½ small green zucchini; equal size piece of raw eggplant with skin on; ½ medium whole onion; ½ medium raw whole tomato; ¼ teaspoon dry thyme; ¼ teaspoon salt; ¼ teaspoon pepper; 2 leaves fresh basil, when in season.

Method: Preheat oven to 375°.

Using a piece of aluminum foil big enough to accommodate all ingredients, place shank in middle of square and add zucchini, eggplant, onion, tomato, thyme, salt, pepper, and, if possible, fresh basil. Fold foil to form a package with an opening at top to allow steam to escape. Place package on cookie pan and bake for 1 hour or until done. Serves 1. Each papillote is served on a plate and the person opens it himself. This dish can also be done in a casserole. Arrange ingredients above, according to persons being served, in a large shallow casserole, cover rather securely with foil and bake as above.

This dish can be done in a vance and popped into the ov to be reheated.

CASSEROLE OF BEEF STE ADDIS ABABA

Edna Lewis, author of *Th Lewis Cookbook* (Bobbs-M makes this rich beef stew flank or rolled chuck combin with carrots and potatoes hearty one-dish meal.

Ingredients: 2 pounds beef flank or rolled chuck, 4 tablespoons but ter, 2 medium sized onions, ½ cup tomato pulp, about 2 large toma- toes, peeled, seeded, and pounded mixed with ½ cup cold water; 1 tablespoon plus 1 teaspoon Addis pepper (available in health food stores) or black pepper; 3 me- dium-sized Idaho potatoes; 1 cup carrots, cut into 1-inch pieces; sea- son with salt to taste.

Method: Wipe meat with a damp cloth and cut into 1½ inch pieces.

In a 3 quart stainless steel pan with a heavy or cast aluminum bot- tom, heat and add butter. Using the back and larger side of a 4- sided grater, grate in onions. When onions and butter become very hot, without browning, add meat, stir well, and let sear without browning.

Add tomato pulp and water mixture, stir well and stir into saucepan. Sprinkle in 1 teaspoon Addis pepper, stir again. Halfway through the cooking, add the re- maining pepper. 20 minutes be- fore dish is served, add pot and carrots. Let sim is tender, a

M to

A casserole of lamb shanks cooked together with eggplant slices and zucchini

"A subtle blend of vegetable delicious

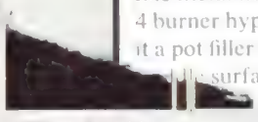
A cook's tour of Craig Claiborne's exciting new kitchen

Center of kitchen activity—a 9-foot island

Raclette for Sunday lunch in the wine cellar

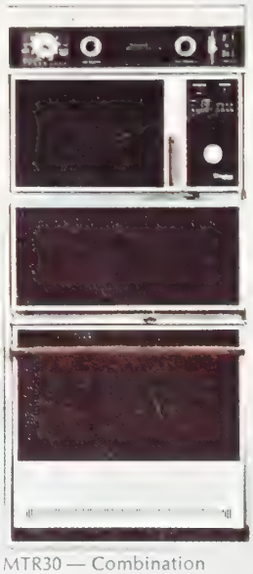
I literally would rather cook than eat and thank goodness I can do both," says Craig Claiborne, who recently returned to *The New York Times* as food editor. "Cooking is the greatest therapy in the world and although I work at it professionally, it is also my hobby." Together with Pierre Franey, *far right*, former chef of Le Pavillon and vice president of Howard Johnson's, Craig cooks for fun each Saturday in his new and unique kitchen, a recent addition to his Long Island house. A typical menu, *opposite page*. Hub of the kitchen, designed with neighbor and designer Benjamin Baldwin and architectural associate Earl Pope, is the 9-foot island equipped with a large marble slab for working with pastry, wood and plastic chopping blocks, storage space beneath, "for things you need to grab immediately like oil and vinegar, measuring cups, pot covers." Above, a pot rack crowded with heavy French copper pots ("I'm not a male chauvinist, but a lot of women find them too heavy to hold."), saucepans, skillets, crêpe pans, a chinois (sieve for pushing sauces through). Behind the island—wall-to-wall cooking equipment all of it professional: from left, deep sink for washing heavy pots without splattering, water is drained with a foot pedal; professional Chinese restaurant range with flexible metal hose for cleaning wok between dishes; 4 burner hyped up stove with strong flame, above it a pot filler hose for filling large pots with water; [illegible] surface; powerful central gas burner with [illegible] bing pots to an area of lower heat; Ther[illegible] the most important things microwa[illegible] ver use it for grilling ment for [illegible] shes to give a final saving cor[illegible] er holds a complete [illegible] ectrical, and with warm unti[illegible]

MTR10 — Combination Microwave Oven and Stay-Hot Oven



MCT1 — Portable Microwave Oven
MTR11/MTR12 — Built-in Single Microwave Ovens

50/[illegible] Combination Microwave Oven and Self-[illegible]ning Oven



MTR30 — Combination Microwave Oven, Self-Cleaning Oven and Stay-Hot Oven

When you [illegible] these bonus

A browning el[illegible]

Stainless steel i[illegible]

Cooks in shallov[illegible]

Lighted timer — i[illegible]

Energy saving co[illegible]
Write for details

THE ELEGA[illegible]
Ther[illegible]
A DIVISION O[illegible]
5121 District Blvd., Lo[illegible]

On the stove, chicken in a champagne sauce, shri[illegible]

Counter for electrical gadgets, each with its own o[illegible]

Dinner in the living room with a view of the bay
For Chinese cooking a professional wok range

ETTES AMÉRICAINE
mp Américaine)
ET AU CchampagNE
ken in Champagne or Still Wine Sauce)
NDALOUSE
with Chopped Peppers)
VE AND WATERCRESS SALAD
ES SOUFFLÉES
INÉES
DONNAY,
T ÉMILION,
IPAGNE

Chicken in champagne sauce, rice Andalouse

Stainless steel double refrigerators and freezer

Passage to main kitchen with desk, double sink

Pierre and Craig at work on the butcher-block counter

Between kitchen and living room, professional bar
Working alcove, reference books, typewriter

Colorful Long Island vegetables spill from a bowl
For dessert, crêpes soufflées pralinées

Tiny bottles of herbs labeled with a hand labele
Wall of restaurant stoves by Vulcan

French copper pots newly tin lined

Heavy duty pegboard for strainers, sieves

Kitchen island has its own outlets, storage beneath

Professional [illegible] out onto living room
Soufflé filled crêpes puffed from the oven

aig Claiborne and Pierre Franey have ooked as a team for ten years, both ave houses on Long Island and get ith family and friends on Saturdays to entertain. From now on they will also gether on Sundays, in print at least, ing on food stories for *The New York gazine*. "We travel together and sepa- ting and discovering dishes; if we're with something we'll try to recreate it. es most of the creating, I take notes," g, who loves to entertain any number to twelve or on a special occasion, like r's Eve, thirty-six. Drinks are made at sional bar area, bottles stored in a rack f the twin sinks for washing glasses as does; one sink to wash glasses in soapy a central brush, the other for rinsing in t trickle of hot water. The throughway r serving drinks but not food, which is o the table by hand. Another spot for ng is the wine cellar, *above*, which houses 500 bottles of wine nade by hand to stash standard-sized bottles, magnums and half well as providing storage space for liquor supplies, cordials, foods such as salamis, confit d'oie, goose, cassoulet, and sauer- is often the gathering place for a Sunday lunch or supper, ated on the English pub bench and stools. Craig, *right*, serves a Swiss cheese dish, the cheese is scraped and melted with a nachine. It is made from Bagnes, a cheese available in the win- ns, "the only time you'd want to make that dish anyway," and ally served with French bread, boiled potatoes without oning whatsoever, cornichons, small pickled on- Swiss Fendant, a light fruity white wine.

aig Claiborne's v kitchen of ideas

Two great cooks entertain

Menu and recipes for dinner with Craig Claiborne and Pierre Franey

As these two food professionals enjoy their work so much, it has become their hobby, too. Gathering in Craig Claiborne's professional home kitchen on Long Island (see page 106), they play at what they both are involved in professionally—cooking marvelous food. Lucky friends gather on Saturday evenings to taste the fruits of their constant experimentations. "When we put together a menu such as this one, we first decide on the main course, then plan what will go well with it." Here, for a Saturday evening dinner, is a classic Américaine sauce, usually used for lobster, working deliciously with shrimp, a delicate quick and easy [illegible] chicken, and a spectacular [illegible] soufflé. Prepare the [illegible] ahead, [illegible] produce

DINNER FOR 8

Crevettes Américaine
(Shrimp Américaine)
Poulet au Champagne
(Chicken in Champagne or Still Wine Sauce)
Riz Aux Poivrons
(Rice with Chopped Peppers)
Endive and Watercress Salad
Vinaigrette
Pinot Chardonnay, St.-Emilion, Champagne

SHRIMP AMERICAINE

[illegible] pounds medium-sized raw shrimp in the shell, [illegible] tablespoons butter, [illegible] cup finely chopped onion, [illegible] cup finely chopped shallots; ½ teaspoon finely minced garlic, [illegible] cups fresh or canned peeled, seeded, and cubed tomatoes; 1 cup dry white wine; 2 cups fish broth; 1 6-ounce can tomato paste; 2 sprigs thyme; 1 bay leaf; 1 tablespoon dried tarragon; salt to taste; freshly ground pepper to taste; 1 teaspoon dried red pepper flakes; 4 sprigs parsley; 1 tablespoon flour; toast triangles or sliced toasted French bread.

Method: Peel the shrimp and reserve the shells. Rinse and drain the shells. Split the shrimp lightly down the back and run under cold water pulling away and discarding the intestinal track. Drain well.

Melt 2 tablespoons of butter in a large, heavy skillet and add the shells. Cook, stirring, about 1 minute. Add the onion, shallots and garlic. Stir, cooking another minute. Add half the cognac and ignite it. Add the tomatoes, wine, fish broth, tomato paste, thyme, bay leaf, tarragon, salt, pepper, pepper flakes and parsley. Cover and cook 30 minutes.

Put the sauce through a food mill, discarding the solids.

Heat 2 tablespoons butter in a heavy casserole and add the raw shrimp, salt and pepper to taste. Cook, stirring, about 5 minutes and flame with the remaining cognac. Cook 5 minutes longer, then arrange in a serving dish.

Blend 1 tablespoon butter with flour and stir it into sauce gradually. Remove from the heat without further cooking. Swirl in the remaining 1 tablespoon butter and spoon the sauce over the shrimp. Serve with toast triangles or [illegible] French bread. Serves 8-12.

CHICKEN IN CHAMPAGNE OR STILL WINE SAUCE

Ingredients: 2 2½-pound chickens cut into cooking pieces; salt to taste; freshly ground pepper to taste; 6 tablespoons butter; 2 tablespoons finely chopped shallots; 1 pound mushroom caps, rinsed well and drained; 2 sprigs thyme or ½ teaspoon dried; 1 cup brut champagne or dry white still wine; 2 cups heavy cream; fluffy rice or rice with chopped peppers.

Method: Sprinkle the chicken pieces with salt and pepper. In a heavy skillet heat 4 tablespoons butter and add the chicken skin side down. Cook until golden brown on one side, about 5 minutes, and turn the pieces. Cook about 5 more minutes and add the shallots and mushroom caps. Add the thyme, cover and cook about 5 minutes.

Uncover the skillet and over high heat about 2 m Add the champagne and Cook 5-10 minutes. Remo chicken and arrange the skin side up on a serving

To the skillet add the and boil over high heat a minutes. Swirl in the rem butter and pour the sauce o chicken pieces. Serve with rice or rice with chopped pe Serves 8-10.

RICE WITH CHOPP PEPPERS

Ingredients: 2 tablespoons cup chopped onion; 1 ba cups rice; 2¼ cups stock; salt to taste; ¼ te finely chopped garlic; 1 chopped green or red swe pers (preferably a combina both to give color); freshly pepper to taste.

Method: Preheat oven to Melt 1 tablespoon butte heavy saucepan with a tigh lid. Add onion and cook, until the onion is wilted. A bay leaf and rice and stir a seconds. Add chicken sto salt to taste. Bring to a g Cover and place the sauc the oven. Bake exactly 20 m

Melt 1 tablespoon of b a separate saucepan and a chopped peppers, sa pepper to taste. Stir brie cover. Cook about 10 minu

When the rice is done, the bay leaf. Fluff the rice fork and stir in the pepp ture. If desired, the rice molded before serving. B 6-cup mold generously a the rice, which should h with the top. Press the ric with the fingers. Unmold i round plate. Serves 8.

CRÊPES SOUFFLÉES PRA CRÊPES

Ingredients: 2 cups flour; 2½-3 cups milk; 1 tablespo ar; 4 tablespoons melted 1 tablespoon vanilla; 1 t salt; butter for smearing

Continued on p

"The best way to plan a menu is to decide first what the main course will be, then think up what will go well wi

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A lot of different kinds of cooked foods.

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GENERAL ELECTRIC

A spectacular cheesecake you make in a flowerpot

Paskha

The Russian Easter dessert, Paskha, was traditionally made in a four-sided pyramid mold from sweetened curds, butter, almonds, raisin and candied fruits. Christopher Idone makes it from farmer pot cheese i clay flowerpots, ties them with ribbon, and gives them to friends for East

Drainage holes in the flowerpots are ideal for draining the whey from the cheese. Originally the cake was served with kulich, a yeast cake rather like a panettone, made with raisins, candied fruits, and almonds and decorated with XB [Christ is Risen] either in relief if a traditional wooden form was used or with candied fruits. Homemade paper flowers sometimes adorned the top of the cake and it was blessed by the priest. Christopher suggests serving it with preserved kumquats or fresh strawberries, a delicious contrast to the richness of the cake. You can also make an uncooked version of paskha quite easily by following this recipe without cooking and making the substitutions below. Clayton[illegible] Cheesecloth Square Double Extra Cheese Cloth, 3 Fabrics [illegible] Southampton, and Kitchen Arts & Letters, Country Living, Jobs Lane, Southampton. 1 [illegible] pot serves 10, $12.50. 2 serves 16, $18.50. To order call [illegible].

PASKHA

Ingredients: 3 pounds farmer large curd pot cheese (if not available, you may substitute dry cured cottage cheese); 6 large egg yolks; ½ pound sweet butter; 1½ cups sugar; 1 cup heated heavy cream; ½ cup chopped candied fruits; ¼ cup currants; ¼ cup seedless white raisins; ½ cup slivered blanched almonds; ½ teaspoon finely chopped lemon peel; 3 tablespoons vanilla extract.

Method: Allow the cheese, eggs and butter to stand at room temperature for at least 2 hours. If cheese is particularly moist, drain in colander for 2 hours.

In any of the following ways press the cheese: the easiest way is to use an electric mixer with the pastry beater at lowest speed for 15-20 minutes. Or use an electric blender—blending 1 pound of cheese at a time. Or put cheese through a fine sieve.

In a separate bowl beat the egg yolks until lemony color and add sugar a little at a time.

In a saucepan heat the cream to the boiling point, but do not allow to boil. Reserve.

Add the egg and sugar mixture to cheese and slowly add heated cream. If using blender add [illegible] of each mixture until done.

Put mixture in a large heavy enamel saucepan and stir constantly with a wooden spoon over low heat until mixture thickens. Do not allow to boil.

Remove from heat and add the fruits, currants, raisins, almonds and lemon peel. Allow to cool.

In a mixing bowl cream the butter with a wooden spoon or electric mixer then gradually add vanilla. When cheese mixture is cooled, mix thoroughly with creamed butter and vanilla.

Line one or more prepared flowerpots with a double layer of cheesecloth that has been rinsed in cold water and squeezed dry. Allow enough cloth so exposed edges may be covered. Fill pot with cheese mixture, cover with excess cheesecloth and set a weight or heavy can on top. Refrigerate, placing a small pan on shelf beneath pot to catch the whey. The whey will drip as cake solidifies.

The paskha should be made 2 days in advance and will keep for several weeks refrigerated.

UNCOOKED PASKHA

Follow all the steps for the main recipe except for the cooking. Substitute 1½ finely minced vanilla beans for the extract. Also add juice of ½ a lemon strained. This recipe comes from the family cook of an old Saint Petersburg family.

TO PREPARE FLOWERPOT

You will need 1 new 7-by-7-inch (2 to 2½-quart) or 2 5½-by-5½-inch (1 quart), approximately, flowerpots. Wash flowerpots thoroughly in light soap and water and rinse well before using. Bake in a 250° oven for about ½ hour. Cool

"A cheesecloth lined flowerpot provides a handsome and practical container for a superb, fruit-studded cheesecake"

1. Paskha, a fruit-studded cheesecake, unmolded from the flowerpot. 2. Add egg yolk and sugar mixture to creamed cheese in mixer. 3. Line the flowerpot with a double layer of wet cheesecloth and trim excess. 4. Christopher Idone pours mixture into flowerpot to drain.

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Memory foods

Betty Groff describes much-loved dishes from her Pennsylvania Dutch childhood

EDITOR'S NOTE: *"From the time I was a little girl, the kitchen was the place that drew me, for it was always filled with laughter and activity and the smell of good things cooking." Betty Groff, a Mennonite and a tenth-generation descendant of one of the earliest German Swiss families to settle in Lancaster County, Pa., grew up in a large farm family where all the women were good cooks. "They had to be. The men had excellent palates and could tell just by sniffing if things were properly seasoned." After she married and she and her husband moved to their own farm near Mount Joy, Pa., she started a restaurant in her house, cooking the food she had grown up with, collecting and refining the recipes of her Pennsylvania Dutch heritage. As Groff Farm's reputation grew "everyone asked me when I was going to do my own cookbook. I'm no writer but I knew I could do it with José Wilson's help. She had interviewed me for the Time-Life book* American Cooking: The Eastern Heartland. *To me she had written more understandingly about us and our food than anyone else I could think of." The result of their teamwork is* Good Earth and Country Cooking® *from which this excerpt is taken.*

We all have taste memories from our childhood that we carry through the years of special goodies our mothers and grandmothers used to make. You'll find that you never really experience the same flavor until you make them yourself, trying to recollect and reconstruct exactly how they were done, and the little tricks and techniques you noted almost subconsciously.

I've had people say to me, "Oh yes, I remember that. How good it was," but they don't know how to make it. If you don't keep on making these memory foods, as I call them, and showing your children how, they will be lost, and soon all they will be *is* a memory.

I remember that when I was a little girl, my grandmother always provided lemonade and sugar cookies in the hot weather for the threshing parties. At ten o'clock and three o'clock it would be my job to take out to the men working in the fields the enameled bucket of lemonade with a big block of ice in it, and a shiny new tin cup. If there was any left, I could have it, so you can be sure I managed to take the bucket away before it had all been drunk.

Aunt Suie would take a wooden stomper and stomp the sugar into the lemon slices in the bucket, then she'd add the water and squeeze in more lemon juice and grate nutmeg on the top somehow that little bit of nutmeg seemed to bring out the greatest flavor in the lemonade, though it did look a bit funny. The first time I made it after we were married, Abe thought I'd got dirt in the lemonade. The stomping was important, because it mingled the lemon juice and sugar and flattened the slices so they floated to the top and stayed there. Always with lemonade we had what we called peppernut cookies, very soft sugar cookies with a raisin in the center.

Another of our hot weather drinks was raspberry shrub, which we made with the black raspberries we picked along the banks of the streams. Raspberry shrub is a very old recipe, you find it in the eighteenth and nineteenth century cookbooks. In those days, they believed you should take vinegar to quench your thirst. Actually, if you drink water in very hot weather, you soon get thirsty again, but stir in some raspberry shrub and you'll find it really works.

We Pennsylvania Dutch have always been noted for our homemade schmierkase (cottage cheese), cup cheese, ball cheese and egg cheese.

Egg cheese, with homemade bread and a good mild barrel molasses, was something we had for breakfast, or as a snack when we came home from school, maybe with a mug of hot chocolate. Egg cheese is a little like ricotta, very light and creamy, just firm enough to cut with a cheese knife. You slice it down, lay it on the bread and dribble molasses over it, and

Continued on next page

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that's what I like about *American* LAMB."

Loin chops of fresh American lamb are bigger, meatier. Sizzling-hot from the broiler they make a feast that's festive and filling—and ready in minutes! A man's favorite combination of robust servings and tender, young taste. For a special treat brush on a buttery-orange glaze like this—

Broiled Loin Lamb Chops

½ cup melted butter
¼ teaspoon nutmeg
⅛ teaspoon ginger
2 tablespoons grated orange rind
4 loin lamb chops, about one-inch thick

Combine butter, nutmeg, ginger and orange rind; mix well. Brush lamb chops with butter mixture. Broil chops 3 to 4 inches from source of heat, 5 to 7 minutes per side or until desired degree of doneness, brushing frequently with mixture.

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MEMORY FOODS

continued from preceding page

[illegible] you eat in your fingers get [illegible] and sticky, which is part of the fun.

People in Lancaster County [illegible] The lightness of [illegible] egg cheese and they [illegible] and shaped it in special [illegible] pressed to make [illegible] The antique molds [illegible] to 1800 or 1900 but [illegible] just the same [illegible] you can order [illegible] pretty from a farmer [illegible] A friend of mine made a mold from a coffee can, piercing the bottom with an ice pick.

[illegible] apple butter [illegible] cooked in a big copper kettle on the farmer's fireplace in old-fashioned wood-burning stoves. One must stir [illegible] from the fire. It [illegible] glossy on the top. [illegible] enough to take the copper kettle on them to a county fair [illegible] right out of the kettle. The Lancaster Central [illegible] the Lutheran [illegible] the local inn, and that's where you made your apple butter. Mashed corn, cooked pork pudding and [illegible] of your country cooking [illegible] the stoves and the heat out of the kitchen. It was usually [illegible] repeat the [illegible]

The [illegible] for the apple butter was started early in the morning and there'd be a [illegible] with the big [illegible] shaped wooden paddle that [illegible] in the middle so the copper kettle [illegible] through the [illegible] and didn't [illegible] it. [illegible] Small [illegible] together [illegible] and [illegible] and they [illegible] full of apple [illegible]

I remember that the first [illegible] the apple butter season [illegible] usually made apple [illegible] We'd [illegible] the apples and get [illegible] many as twenty bushels [illegible] and that's a lot of apples. We had [illegible] of those [illegible] Johnson apple peelers and we [illegible] three of the [illegible] [illegible] of the [illegible] could [illegible] [illegible] Those were always an [illegible] the peeler. As we kicked [illegible] all [illegible] the seeds to [illegible] it was [illegible] [illegible] old Uncle [illegible] of it, getting a kick from compet[illegible] against yourself. Then when [illegible] finished you could [illegible] [illegible] that [illegible] you on to get [illegible] pot [illegible] quilt. Secondly I found out [illegible] the old apple peelers [illegible] my kids are just as excited about that thing as I was.

How many people today would [illegible] even dream of making their own potato chips when it is so easy to buy them in the supermarket? Yet homemade potato chips are something else: they have a completely different taste from the store-bought kind.

We used to make potato chips for special company dinners and weddings, but I hadn't thought of it for years. I had a bag of good mealy potatoes and my mother's recipe and it looked like plain sailing. I sliced the potatoes as thin as a penny, exactly the way I remembered from when I was nine years old and watched mother, dropped them in fat of just the right temperature and all I got was something that looked like limp white drift cloths; they never did get golden and crisp as they should. So why could I get these things right. I used up a 5 pound bag of potatoes trying. Mother was sick at the time and I didn't want to bother her, so I called my neighbor and asked if she knew anything about making potato chips. She said she'd never done it, but she knew you had to have a certain type of potato, an Irish Cobbler, and that the potatoes shouldn't get too cold.

Finally, I had to call a friend of mine at the potato chip factory and ask her what the secret was. My neighbor was right about the potatoes not getting too cold. Cold affects them, and if the mineral line around the inside of the skin starts to get brown, you might as well give up, you'll never get crisp golden potato chips. In the factory the potatoes are stored at a controlled temperature of 52 degrees—and here was I trying to make them in January with the temperature well below freezing.

My friend volunteered to bring me what I needed, and he came flying out of his car into the house with five potatoes wrapped like [illegible] in layers of newspaper so they wouldn't get nipped by the cold.

The very first chip came out golden and perfect. I didn't leave one. I ate all the potatoes, and here I'd wasted six hours fooling around trying to do the impossible.

HOMEMADE POTATO CHIPS

Ingredients: 5 pounds Irish Cobbler Potatoes (kept at a temperature of 52 degrees) 2 cups peanut oil, salt.

Method: Wash and peel the potatoes. Slice them as thin as a penny. (Mother used an old-fashioned adjustable cutting board, and you can get a similar type in kitchen equipment stores, called a mandoline cutter) and immediately drop into ice water to stop them turning pink.

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"In the old days of coal stoves, sliced potatoes were put directly on the hot stove top, cooked until crisp and puffy, and eaten with butter and salt"

Heat the oil to 360°. Dry the chips on paper towels and fry until golden brown and crisp. Remove, drain on paper towels and salt lightly. NOTE: Chips fried in oil will keep in an airtight tin for months. If you use lard, you have to eat them the same day.

PUFFED POTATOES

My friend, Kitty Brown, told me about this way of doing potatoes, which I often make as a snack in the evening before bedtime. In the old days of coal stoves, when the fire was burning up before being banked for the night, sliced potatoes were put directly on the hot stove top, cooked until crisp and puffy and eaten with butter and salt. In Kitty's updated version, you cut the well-washed potatoes in three strips an inch thick, with the peel on, and bake them at 450° until they get real crisp and puff up into blisters on the outside, with the inside flaky. Puncture the blisters, put some butter in the hole, salt, and eat while hot.

LEMONADE

Ingredients: 5 lemons; 1 cup granulated sugar, 1 gallon water, 1 quart ice cubes, nutmeg, mint sprigs.

Method: Squeeze 3 lemons and reserve the juice. Slice the remaining lemons ¼-inch thick and press them into ½ cup of the sugar, using a wooden mallet or potato masher in the container you will serve lemonade. Let slices stand in sugar 15 minutes, then add water, reserved lemon juice, remaining sugar. Stir until sugar is dissolved, add ice and grate fresh nutmeg on top. Garnish with mint.

APPLE BUTTER

Ingredients: 12 pounds tart cooking apples, peeled, cored and quartered (in the fall, use Winesap apples), 2 cups water; 3½ cups granulated sugar; 1 cup cider vinegar; 1 teaspoon cinnamon.

Method: Cook the apples and water in a pan over low heat until soft, about 20 minutes. Rub through a food mill.

Add the sugar, cider vinegar and cinnamon, mixing well. Put mixture in a heavy roaster pan, uncovered, and cook in a 375° oven for approximately 2½ hours, stirring every 15 minutes with a wooden spoon. The apple butter is thick enough when you can put 2 tablespoons of the mixture on a saucer and turn it upside down without it dropping off.

Ladle into hot sterilized pint or quart jars and seal. Makes about 3½ quarts, or 7 pints.

COUSIN ELIZABETH DENLINGER'S RASPBERRY SHRUB

Ingredients: 1 quart black raspberries, 1 pint cider vinegar.

Method: Combine the raspberries and vinegar and let stand overnight. Next day, strain, and measure the juice. To each pint of juice add 1 pound of granulated sugar.

Boil 10 minutes, then put in jars and seal. Use one-third glass of this concentrate, and fill the glass up with ice-cold water. NOTE: Raspberry shrub is also delicious on desserts like tapioca pudding or angel food cake, or you can stir it into ice cream.

EGG CHEESE

Ingredients: 2 quarts sweet milk, 6 eggs, 2 cups buttermilk, 1 teaspoon salt, 2 teaspoons sugar.

Method: Warm the sweet milk. Beat the eggs until fluffy and add the buttermilk, salt and sugar. Beat slightly and pour slowly into the warm milk. Cover the pan with the lid and let stand for several minutes on medium-low heat, stirring only occasionally.

Remove the lid and watch for the curds (the cheese) and whey to separate. Immediately spoon the curds lightly into a pierced mold, using a slotted spoon, and leave to cool and drain (balance the mold on a bowl into which the liquid can drip). It is the gentle spooning into the mold that prevents the cheese getting solid and heavy. If you drop it into a sieve, it will get as heavy as lead. It should be removed delicately from the pan and just laid in the mold.

When cold and drained, unmold the cheese onto a dish and serve with bread and molasses. This makes enough for 8 servings. ■

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Holy jumping juniper! Gin's the thing

by Henry McNulty

having been brought up in the odor of sanctity, so to speak, the offspring of missionaries, my first contact with gin came as quite a shock.

For an innocent schoolboy to go from Greenland's icy mountains and India's coral strand, straight into a Prohibition era cocktail party was bad enough. But when the gin therefor was sloshing about in the bathtub—honest—and the host proudly dipped his tumbler into his newly made concoction to toast my arrival, swallowing the whole glassful in one gulp, it made quite a lasting impression—possibly more on him than on me.

Mr. Frost was able to give this amazing demonstration because even brand-name gin is simply pure alcohol that has been flavored with spices, aromatic herbs, and skill. The most ubiquitous of the flavorings used is juniper berries. Early American, or bathtub, gin was so popular during Prohibition because this manufacturing simplicity. If you could coax your friendly druggist into letting you have some medicinal grain alcohol you were well on your way to having [illegible] alcoholic beverage in that bygone jazz age between the wars.

Original gin, possibly invented by Adam to tempt Eve back, has been made for centuries. The parent of what you and I mix with our vermouth was Holland Genever (the word means juniper in Dutch) made by distilling grain spirits and a mash of juniper and things like cassia bark, coriander seed, angelica root, anise, lemon peel, orris root, and other esoteric ingredients. Each maker has his own secret formula. Genever's mash gives it its special taste—so particular that it is really only good straight. If you mix it, it should be with something mild like soda or tonic.

I was grandly introduced to it on the good ship Umgeni of some forgotten Europe-to-Asia line. Her captain was Dutch and favored Genever, his cargo seemed to be mostly that, some 3,000 Australian troops being repatriated in 1942, and me, the lone American. We happened to cross the equator on July Fourth and the Aussies, ever ready for a party, decided the drinking auguries were auspicious despite danger from subs. By nightfall there wasn't a sober breath aboard, and I more or less force-fed on it, was rather replete with Bols gin. Even a tiny torpedo would have been devastating for not a soul on board could stand up. That taught me what "Dutch courage" meant.

English gin can be equally stimulating but is less powerfully perfumed. It comes in several varieties. London type, which has nothing to do with geography, uses much the same ingredients as Holland gin. Some London gin is clear as water, some is straw colored from being matured in oak casks. American gin is similar, though the taste may differ because of the difference in water, used in both to bring down the distilled strength of the spirit to drinkable proof.

Plymouth (brewed in Plymouth) gin has a different flavor from London gins (like Gilbey's, Gordon's, Beefeater, Bombay, Tanqueray, Boodles, and Booths), and I believe one of its secret differences is that it omits the lemon peel most other gins use. British naval types are said to drink nothing else in Pink Gin. This is a fine, clear beverage made with five or six drops of Angostura swished around in a glass, Plymouth gin, and ice—a very easy, refreshing apéritif.

Old Tom gin is a slightly sweetened London gin, popular in cold climes. The original gin sling was the Tom Collins, using Old Tom gin, 2 ounces, juice of ½ a lemon, and ½ tablespoon of powdered sugar. If you look carefully you'll recognize this as a lemonade with gin in it. You shake it well, strain it into a tumbler over ice and add a splash of soda water. A John Collins is the same formula made with Holland gin.

German gin, or Steinhager as they call it, has a distinct juniper flavor because it is produced by distilling fermented juniper berries. It usually comes in "stone" bottles. Sloe gin is made by steeping sloe or blackthorn berries in London gin for a couple of months to give it a special taste.

Gin was once the bad boy of the spirits world. Most drinks can point to a past of some distinction —sherry and the Grandees of

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"Original gin, possibly invented by Adam to tempt Eve back, has been made for centuries"

Spain, rum and buccaneers, whiskey and Scottish lairds in their kilts. But gin became a sort of 18th-century tranquilizer pill, cheap, abundant, and potent, to take people's minds off the miserable social conditions between the breakdown of medieval and Tudor English society and the birth of 19th century social consciousness.

Home production and consumption of gin was promoted as "patriotic"; a way to use grain so as to help farmers. Taxes on gin were so light that even the poorest people could buy it. You could get "dead drunk for tuppence" they said, and unlicensed dram shops opened by the thousand. In 1733, in a London much tinier than it is today, there were nearly 7,000 of them.

By the time of George II, the grandpa of our own favorite George III of Boston Tea Party fame, over 7 million gallons of gin a year were pouring down British throats. Gin drinking was almost an epidemic and burial outnumbered baptisms by two to one in the London area.

George II's parliament decided to end illegal sales of uncontrolled gin. Even so, it was still the easiest and cheapest way for the populace to forget its woes. Gradually better education, better ways of spending free time, combined with the efforts of the Salvation Army and the Blue Ribbon Army (a kind of Alcoholics Anonymous of its day), in the latter part of Victoria's reign, stopped these abuses. Gin began to become acceptable in "polite society."

During the jazz age it climbed to complete respectability "up the stem of the cocktail glass," as Anthony Hogg, a British wine expert, puts it. The Dry Martini is one of the most popular apéritifs in the world, and gin and tonic one of the simplest and most favored of long drinks. (In Europe, by the way, you drop the "Martini" and just ask for a "Dry," otherwise you get a straight vermouth, which, good as it may be, may not be what you thought you ordered.)

According to the doyen of American cookbook writers, Irma Rombauer, the trendy way to make a Martini, back in prohibition days, was to combine one part of French vermouth with two parts of gin and add two dashes of bitters, plus a green olive. Things have definitely changed, and if you are a real stickler for perfection, here is the modern ceremonial way to make your Dry Martini:

Put a tall pitcher filled with ice into the refrigerator, along with the cocktail glasses. When they are both good and cold, remove them, and the ice. Add a few fresh ice cubes, then 4-10 parts of gin, depending on how dry you like it, and one of dry vermouth. Stir quickly and thoroughly. Strain into the glasses. Then, either drink as is, or after you twist a sliver of lemon peel over the glass (never, say connoisseurs, drop the peel itself in) so the lemon's aromatic oil floats on top. Or you can add an olive.

If you have made more than you need, remove the ice from the pitcher and keep what's left in the refrigerator for further attention. A Gibson is the same thing with a pickled onion instead of the lemon whiff or the olive. And, of course, you can have either of these drinks "on the rocks" if you so prefer, but that dilutes the original blend.

White Italian vermouth tends to be slightly less dry than French. A real fanatic pours the vermouth over the ice, drains it and then pours the gin on the aromatic ice. A dash of Pernod adds a certain exotic quality to the drink, but then it is no longer a Martini.

Gin is actually at its best as it comes straight from the still. Age does nothing to improve it. Its raw materials used to be corn and barley, but since the beginning of the Depression-Before-Last, molasses has been more and more used in its manufacture. Nothing could be more pure, for the best of modern gins are distilled several times, and even today it is often recommended for medicinal purposes by the family doctor.

Recipes for gin drinks abound. There are gin slings, and rickeys, and collinses and flips and fizzes galore. But I rather like the Solid Pink Gin as made by my friend Eve Drech in her Rue de Jacmo

Continued on next page

What about microwave oven safety?

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GENERAL ELECTRIC

GIN'S THE THING *continued from preceding page*

[illegible] This consists of flavoring an ordinary quantity of plain gelatin with Pink Gin. Make the gelatin as the packet tells you to, except replace the water by the same amount of gin, slightly diluted with 4 or 5 dashes of Angostura bitters. Serve it like a jellied consommé, cold with half a lemon to squeeze over it.

Pistachio ice cream is delicious [illegible] Leslie Pearman of London. And while we are on green things, Angelo, the barman at the Pelicano restaurant in Forte Dei Marmi, Italy, makes a cool green Treetop with 1 part dry gin, 1 part lemon juice, and 3 coffee spoonfuls Anisette. Mix with chopped mint leaves and a drop of Crème de Menthe.

Gin flambés well, too, adding a subtle flavor to fish, for example. When the fish is done (remember to baste it), heat 2 ounces of gin and pour it over the fish, set it alight. Sloe gin flambé gives another distinctive flavor.

There are probably more [illegible] made with gin than with any other spirit. A favorite one is the Bronx Cocktail, one of a family of cocktails from the birthplace of the New Orleans. This shakes 2 ounces [illegible] egg white, 1 teaspoon of cream, 3 dashes of orange flower water, the juice of half a lemon vigorously together with cracked ice. Pour into a tumbler whose edge has been dipped first in lemon juice and then powdered sugar. Add soda water judiciously.

One advantage of gin is that so many drinks made with it are so easy to concoct. Holland gin stirred in equal parts with St. Raphael vermouth in a pitcher with crushed ice and strained into cocktail glasses, for instance. Twist a lemon peel on top. Nicely sour and bitter.

Another simple gin cocktail is the romantic Alexander. Two parts dry gin, 1 part [illegible] crème de cacao and cream, shaken thoroughly with cracked ice, strained into a glass. The Bronx is simply 3 parts dry gin, 1 part dry vermouth, and the juice of a quarter orange. Then stirred, strained, and sipped.

Mint can be made a Gin and [illegible] 1 part [illegible] Cointreau and 2 parts gin, with ice in a tumbler.

Gin used to be considered an enemy of the working Given, but I agree with friend of many who [illegible] in the cream of the drinking classes. I plan to apply the whole situation and may [illegible] ■

TWO COOKS ENTERTAIN *continued from page 110*

Method: Place the flour in a mixing bowl and make a well in the center. Add the eggs and, while stirring with a wire whisk, add ½ cup of milk. Beat to make as smooth as possible. Add more milk to make the batter the consistency of heavy cream. Put the mixture through a fine sieve. Or put it in the blender. If it is blended, it must be let stand for 2 hours or longer. In any event, stir in the sugar, butter, vanilla and salt.

Rub the bottom of a crêpe pan (4, 5, 6 or 7-inch bottom diameter) with a piece of paper toweling that has been dipped in butter. This is necessary for the first crêpe but probably unnecessary after the first one has been made if the crêpe pan is properly cured.

Spoon 2-4 tablespoons of the crêpe batter into the pan and quickly swirl the pan around this way and that until the bottom is evenly coated. The crêpe should be quite thin. Cook briefly until the crêpe "sets" and starts to [illegible] lightly on the bottom. Using a spatula, turn the crêpe in the skillet and cook briefly on the other side without browning. Turn out onto wax paper. A properly made crêpe, held up to the light, looks like lace. Continue cooking until all the batter is used. 16-20 crepes.

CRÈME PÂTISSIÈRE
(Pastry Cream)

Ingredients: 2 cups milk; 1 cup sugar; ½ cup flour; 8 egg yolks; 1 tablespoon cornstarch; 1 teaspoon vanilla.

Method: In a saucepan combine the milk, sugar, flour, egg yolks, cornstarch, and vanilla and stir with a wire whisk to blend well.

Place the saucepan on the stove and cook, stirring constantly, until the sauce has the consistency of a thick pudding. Remove the sauce from the heat and let cool. Yields about 3 cups.

CRÈME ANGLAISE
(English Custard)

Ingredients: 5 egg yolks; ½ cup sugar; 2 cups milk; ⅛ teaspoon salt

Method: Place the yolks in a saucepan and add the sugar. Beat with a wire whisk until thick and lemon colored.

In a separate saucepan bring the milk almost but not quite to the boil.

Gradually add the milk to the yolk mixture, beating constantly. Use a wooden spoon and stir constantly, this way and that, making certain that the spoon touches all over the bottom of the saucepan

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Cook, stirring, and add the salt. Cook until the mixture has a custard-like consistency and coats the sides of the spoon. Do not let the sauce boil or it will curdle.

Immediately remove the sauce from the stove, but continue stirring. Set the saucepan in a basin of cold water to reduce the temperature. Let the sauce cool to room temperature. Chill for 1 hour or longer. Yield: about 2½ cups.

PRALINE

Ingredients: 2 2½-ounce packages blanched almonds; ⅔ cup sugar.

Method: Combine the almonds and sugar in a heavy saucepan and cook, stirring constantly with a wooden spoon until the sugar starts to caramelize. Continue cooking over low heat until the sugar is amber-colored.

Lightly oil a marble slab or other hard slick surface.

Remove from the heat and immediately pour the praline onto the slab. Let stand until cold. Crush the praline with the bottom of heavy saucepan. Leftover praline will keep for weeks in a container with a tight fitting lid. Yield: about 2 cups.

Ingredients for assembling Crêpes Soufflées Pralinées: 16-20 crêpes; crème pâtissière; crème anglaise; praline; 8 egg whites; ⅛ teaspoon salt; ½ cup sugar; 3 tablespoons melted butter; ¼ cup confectioners sugar, sieved; 1 teaspoon vanilla; ¼ cup dark rum.

Method for assembling Crêpes Soufflées Pralinées: Prepare the crêpes, crème pâtissière, crème anglaise and praline and set aside.

Preheat the oven to 400°.

Add to the crème pâtissière ½ cup praline.

Beat the egg whites and salt with an electric beater until they are light and frothy and gradually add the ½ cup sugar, beating vigorously. Beat on high speed until the whites are like a stiff meringue.

Add about ⅓ of the whites to the crème pâtissière and beat with a whisk. Fold in the remaining whites, using a rubber spatula, turning it over and around and scraping from the bottom to incorporate the whites evenly.

Butter 2 baking dishes large enough to hold 18 crêpes when folded.

Lay out the crêpes on a flat surface and spoon about ½ cup of the soufflé mixture down the center of each. Roll the crêpes around the filling. Arrange crêpes neatly over the bottoms of the baking pans.

Brush the tops of the crêpes with the melted butter and sprinkle evenly with confectioners sugar and bake 12 minutes. If desired run the crêpes briefly under the broiler before serving.

Add ½ cup praline, the vanilla, and rum to the crème anglaise. Serve the hot crêpes on individual plates with crème anglaise on the side. Serves 8-10. ■

ONE-DISH MEALS continued from page 105

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COVER

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Perla Meyers serves this stuffed poached chicken with vegetables in a large casserole accompanied by a tarragon hollandaise, the broth can be used later for a soup flavored with mushrooms, puréed tomatoes, or egg yolks. Author of *The Seasonal Kitchen* (Holt, Rinehart, Winston), Mrs. Meyers runs The International Kitchen, a cooking school in New York.

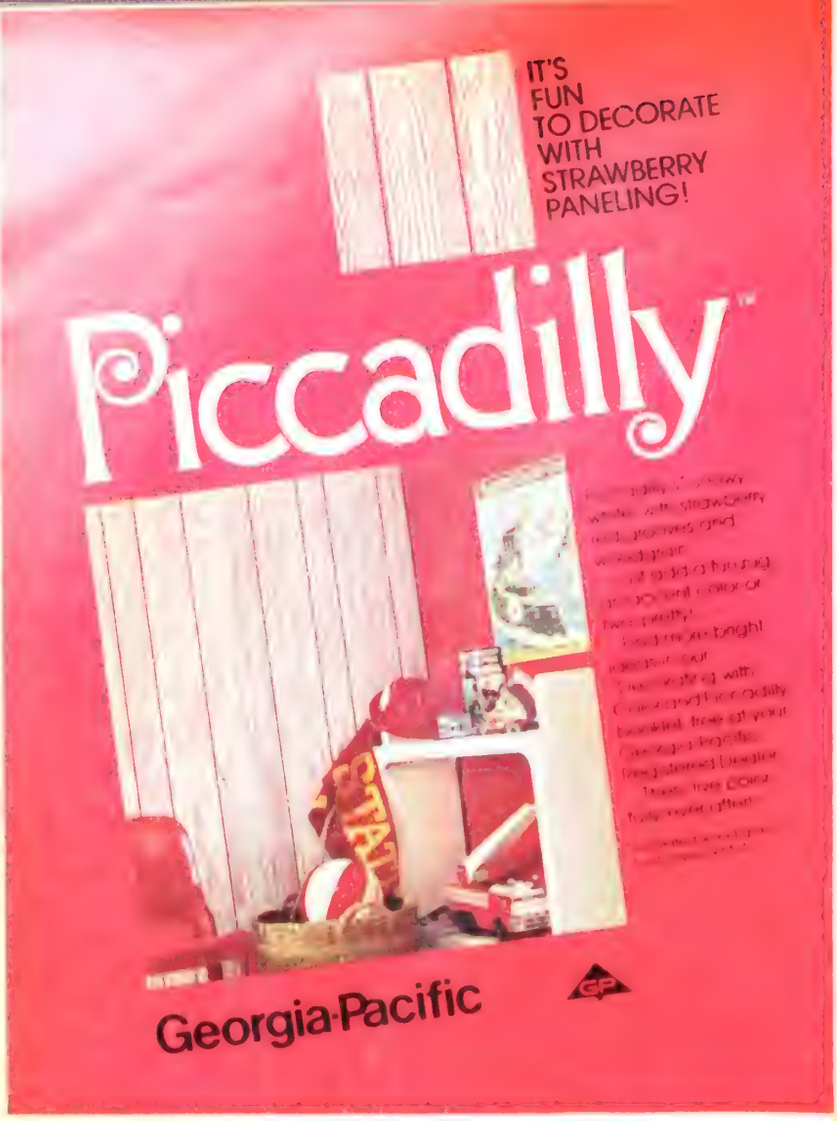
Ingredients: 2 cups cooked rice (Carolina long grain rice); ½ cup carrots, finely cubed; ½ cup green beans, finely cubed; ¾ cup green peas; 4 tablespoons butter; 3 chicken livers, cleaned and cubed; salt and freshly ground white pepper to taste; 2 tablespoons parsley, finely minced; 1 blanched and poached sweetbread, finely cubed optional); 2 tablespoons flour; 1 cup hot chicken stock; 1 3-3½ pound chicken; 2 quarts well-flavored chicken stock or bouillon; 8 new potatoes, peeled; 4-6 turnips, peeled and cut in ...; 4-6 carrots, peeled and cut into 4 inch pieces; 4-6 leeks about ¾ inches thick cut 4 inches long and washed; 4 small zucchini cut in half lengthwise; 1 small Savoy cabbage, quartered.

Method: Put rice in a large mixing bowl and set aside. Drop carrots, green beans, and peas into salted boiling water and poach until tender (about 8 minutes). Drain well and add to rice.

In a small heavy skillet melt 2 tablespoons butter and when the butter is very hot add chicken livers and cook over high heat until they are browned but still pink inside. Season the livers with salt and pepper and remove to a chopping board. Mince livers and add to rice mixture with parsley and optional poached sweetbread.

In a small heavy saucepan melt remaining butter, add flour and cook 1 or 2 minutes stirring con-

Continued on next page



stantly. Add 1 cup hot stock all at once and stir until mixture is thick and smooth. Season with salt and pepper and pour it over the rice mixture.

Blend the filling with a wooden spoon and correct the seasoning. Then stuff the chicken with the filling and sew up the opening. Tie the chicken legs with string and set aside.

In a large casserole, bring the chicken stock or bouillon to boil, reduce the heat and add the chicken. Poach the chicken covered over low heat for 1 ½ hours. When chicken is done remove to a deep serving platter, cover with foil and keep warm. Add potatoes, turnips, carrots, and cook for about 30 minutes or until almost done; then add leeks and zucchini and continue to poach for 6-8 minutes more. Do not overcook the vegetables. Remove all vegetables with a slotted spoon to the platter. Keep warm. Add the cabbage to the pot and cook until tender, approximately 6-8 minutes. Add the cabbage to the platter. Serves 4-6.

TARRAGON HOLLANDAISE

Ingredients: 3 egg yolks; 1 teaspoon tarragon vinegar; salt and freshly ground white pepper to taste; 1 tablespoon cold butter; 1½ sticks melted unsalted butter; 1 tablespoon finely minced fresh tarragon or ½ teaspoon dry tarragon.

Method: In a small heavy saucepan whisk the yolks together with vinegar, salt and pepper, cold butter. Place the saucepan over very low heat and when yolks are slightly warm, add hot melted butter whisking constantly until the sauce is thick and smooth. Be sure to keep the saucepan over the lowest possible heat and if the yolks show any sign of curdling dip the bottom of the saucepan in cold water. Add tarragon and taste the sauce for seasoning. Serve warm with chicken.

SPINACH AND RICOTTA RAVIOLI WITH WALNUT SAUCE

(Pansoti Alla Salsa Di Noci)

This delicious combination is from Trattoria Da Alfredo in New York's Greenwich Village. Alfredo Viazzi makes it with fresh homemade ravioli available in New York from Raffetto's, 144 West Houston Street; however you can make the ravioli and stuffing as described below. Frozen ricotta stuffed ravioli that is available in most supermarkets can also be used.

Ingredients: ½ pound butter; ½ clove garlic, chopped very fine; ½ tablespoon Italian parsley, chopped; ½ tablespoon dry basil leaves or 4 fresh leaves, chopped fine; 1 tablespoon pinenuts (pignoli), chopped fine; 6 ounces shelled walnuts, chopped fine; black pepper to taste; 1 pint heavy cream; 1 cup grated Parmesan cheese; 1 tablespoon olive oil (or use any other cooking oil); 100 ricotta and spinach filled pansoti (ravioli).

Method: In a deep quart pot melt 1½ sticks butter over low flame. Add garlic, parsley, and basil and cook for a few minutes. Add pinenuts and walnuts and mix well with a wooden spoon, being careful not to let nuts burn or stick to bottom of pot. Add black pepper to taste. Add heavy cream, keep mixing thoroughly until mixture comes to boil and thickens. Add ½ cup cheese, keep mixing and let it cook for another 15 minutes. Remove pot from heat and set aside.

Add oil in a gallon of salted boiling water; then add the ravioli and cook 10 minutes. Drain carefully (don't break them).

In a large sauté pan melt remaining butter, add ravioli and mix well with wooden spoon. Gradually add sauce to pan. Sauté gently stirring over low flame until ravioli are richly coated with sauce. Serve piping hot adding remaining cheese and freshly ground black pepper. Serves 6-8.

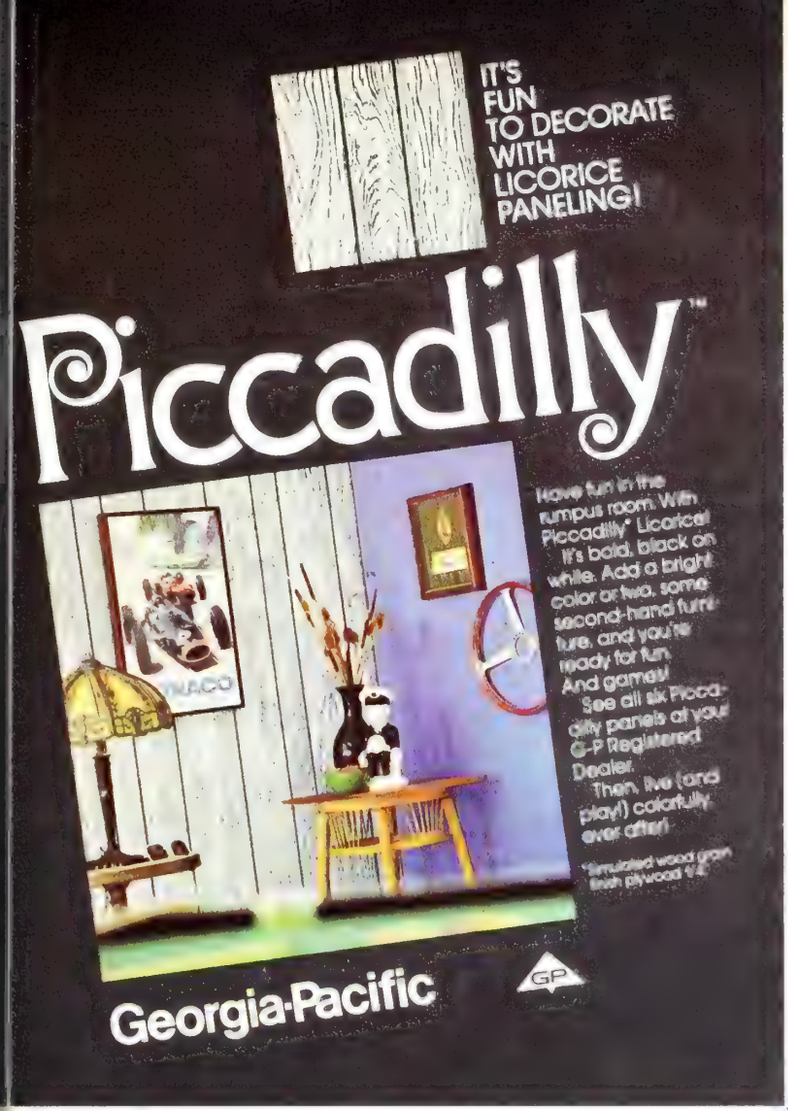
RAVIOLI

Ingredients for stuffing: 2 pounds fresh spinach or 1 package frozen leaf spinach; 1 tablespoon butter; ½ pound ricotta cheese; ½ cup grated Parmesan cheese; 1 egg; pinch of nutmeg; salt and pepper to taste.

Ingredients for dough: ¾ pound all-purpose flour; pinch of salt; 1 egg plus 1 yolk; ¾ cup water.

Method for stuffing: In a tightly sealed pan steam spinach in ¼ cup water for 5 minutes, drain well and squeeze out water. Sauté spinach in a saucepan with butter for 5 minutes. Allow to cool and chop coarsely. In bowl mix spinach well with ricotta, Parmesan, egg, nutmeg, salt, pepper, set aside.

Method for dough: Place flour and salt in a mound on a smooth flat surface and make a well in the middle, add eggs and water and slowly work into a thick dough. Divide dough into 2 batches for easier handling. Roll each batch into thin sheets. With a sharp knife cut dough sheets into 2½-by-3-inch rectangles. Fill each rectangle with ¾ teaspoon stuffing. Fold over lengthwise and seal well, pressing edges against each other with fork prongs. ■



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Pages 64-65:
"Plum Blossoms" no-iron percale sheets: 50 Kodel, 50% combed cotton. By Vera for Burlington Domestics. At Macy's.
Upholstery and slipcovers: by Henry B. Urban, Inc.
Wavy quilting: by Frank of Hugues-Muller Co., Inc. **Painting** by Richard Giglio. **"Sungleam" gray** and **"Sungleam" white Dacron and cotton chintz:** used for sofa and pillows, 48″ wide. $3.25 a yd. By Lanscot-Arlen Fabrics, Inc. Write to them for the nearest distributor in your area.
Handpainted screen by Luis Molina. $85 and up. To order through the Molina Studio.

Pages 66-67:
"Carousel" no-iron percale sheets: 50% polyester, 50% cotton. Queen-sized sheets used. From the American Classics Collection by Cannon. At Altman's, May Co., and Lipman Wolfe.
"Monaco" armchair: 6-position back adjustment, tufted seat cushion.
"Roscoff" ottoman: foldable and stackable. Both by Triconfort.
Calfskin rugs: all handstitched. From Harmony Carpets.
"Boby" movable storage unit: drawers and shelves that swivel, ABS plastic, unit on casters. By Inter Graph.
Pencil drawings by Alexandra Coote. At Leslie Rankow Gallery.
Laminated window shades: shade cloth used in this room is Stauffer Chemical's Tontine brand Tri-Lam. Heat sensitive and adhesive coated, available in 36″, 45″, and 68″ widths by the yard. Shades were laminated with Cannon's Vibrant Pink sheets. Hardware and instructions available through window shade shops.
Hospital cubical track: chrome plated brass track shown. By Capital Cubicle Co.

Pages 68-69:
"Crystal Bough" no-iron Wondercale percale sheets: 50% Kodel, 50% combed cotton. Queen-sized sheet used. By Springmaid. At Macy's.
"Rogue" Hide-a-bed sofa: opens to a queen-sized bed, bed and fabric guaranteed for 1 year. By Summons.
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batik fabric covered box table: 20″ sq. x 20¼″ high, $65;
Ethiopian basket table: 22″ diam. x 19″ high, $300;
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elephant tusk: $1200;
Ostrich eggs on stone stands: $480;
backgammon board: $275;
basket shown on coral table: by Cherokee Indians of Qualla Arts and Crafts Mutual, Inc.

Continued on next page

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All prices approximate. *Consult your interior designer or store decorating department. Postage indicated by ( ).

COVER
"Good Morning Basket" Ultracale sheets: 50% Fortrel, 50% combed cotton. Queen size flat, $11.50; queen size fitted, $12; pillowcases, $5.20 a pair. By Wamsutta. At Bloomingdale's.
"Casual Trend" rug: 35% linen, 65% cotton, 6′ x 9′ size shown. $305. By F. Schumacher.*
Wicker stools: nesting set of 3, $35. From John Rosselli.
"Ottawa Exchange" cube table: 18″ cube, wood lacquered with 'cool skin' finish that is cigarette and alcohol proof. Black or white, $132; other lacquered finishes, $160. At Intrex.
Lithograph by Ellsworth Kelly. 24″ x 30″. At the Fischbach Gallery.
Outline quilting by Frank of Hugues-Muller Co., Inc.
"Flair" lamp: 45″ extension. $37.50. By Luxo Lamp.

BEDROOMS
Pages 62-63:
"Toile Country" no-iron percale sheets: 50% polyester, 50% combed cotton. Queen size flat and fitted, $12.50; pillowcases, $5.20 a pair. By Martex, a division of West Point Pepperell. At Burdine's. Sheets, towels, linens, and blankets shown in closet are all from the Martex Collection.
Wicker chairs: imported from France. $65 each. At Le Grenier.
Square head lamps: 48″ high. $45 each. At George Kovacs.
Striped painting by Calvert Coggeshall. At Betty Parsons Gallery.
Pine chest: 42″ x 18½″ x 34″ high, 3 drawers, brass hardware. $850. By Baker Furniture. At Lord & Taylor.
Sheepskin rug: 1′ x 2½′. $35. At Grizzly Furs.
AM/FM digital clock-radio: 11″ x 3⅞″ x 6¼″ high, red or ivory, $50. By Hitachi.
Painted table: $375. By Luis Molina. To order through The Molina Studio.
Ceramic plates: imported from Italy. From $3 to $6.50. At Country Floors.
Woven Chinese cat-box: $150;
porcelain fish dish flower container, $90;
covered soup tureen: $180. All from John Rosselli.
Afghan: Bear Brand "Spectator" 100% DuPont orlon. Afghan by Linda Rath $1.10 a ball.
Wine glasses: imported from France. $12 each. At Soupcon.
Vinyl wallcoverings used to cover hat boxes:
"Melilot" clover wallcovering 27″

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BARCALOUNGER

SHOPPING INFORMATION

continued from preceding page

Everything through Karl Springer Ltd.*

Tansu chest: 36¾" x 16¼" x 37⅛" high, of Keyaki wood, imported from Japan, $850;

Japanese pottery jar: $250. Both at Lord & Taylor.

Side chairs: $190 a pair;

lavender Art Deco quilt: c. 1920, $120. Both at W. & J. Sloane.

Mantel: 66⅜" x 50½" high x 8¾" deep, $1060;

antique andirons: $155;

antique tools: $190;

basket: $80;

broom: $7.50. All from Edwin Jackson.

Painted wood sculpture: 8" x 8". 1965. By Paul Feeley. At Betty Parsons Gallery.

Graphic by Leon Polk Smith, 48" x 24" 1965. At Graham Dentz Rose.

Accessories shown on chest and table foreground and Ashanti doll seated on [illegible] at John Rosselli.

Rattan square basket: used as table; **split bamboo basket** containing [illegible] to fit any pot. Both from The Fernery.

NEW RUG ART
Pages 78-79:

1. **"Mirage" wool carpet:** 5' x 7' size shown. Designed by King Stutzman for A. Smith.*

"Ankara" wool carpet: made to order [illegible] size. By Edward Fields.*

"Grotto" wool carpet: 27" wide, designed by Jay Steffy for Patterson Flynn & Johnson.*

"Rooftops" and "Penthouse" carpeting: 80% wool, 20% nylon. $36 sq. yd. From the Neometrics Collection by Budd Looms.

2. "Quadrangle" wool and acrylic carpet: 36" repeat. $6.80 a sq. yd.;

"Elephanta" leather upholstery color shown is nutmeg. $5.40 a sq. ft. Both by Jack Lenor Larsen.*

"Basuto" Karakul wool rug: 4' x 6' size shown, mothproofed wool. $239. Imported by Greeff.*

"Berber Triumph" carpet: 13'2" wide, white, cream, gray, and brown $90 a sq. yd. By Harmony Carpet.*

"Berbereau" carpet: 100% acrylic faced. $20 a sq. yd. By Karastan.

"Woven Trends" rug: wool and cotton blend, made to size. $9 a sq. ft. From Ernest Treganowan.*

3. "Souk" Wilton carpet: 17" wide $52 a linear yd. By Saxony.*

"Pamir" Axminster carpet: 80% wool, 20% nylon, 27" wide, 9" border $8 a sq. ft. By Rosecore.*

Portuguese needlepoint rug: $650

"Termez" Irish Axminster rug: 4' x 6' size shown, $500. Both by Stark Carpet.*

Rug with Greek key motif: 4' x 6' $32; 6' x 9', $729. From Gotham Carpets.*

WHAT TO DO WITH BARE WALLS
Pages 86-89:

Ch'ing . . . the ageless tranquility of Ancient China is captured in this mural. One of 21 handsome designs from Thibaut's New Mural Collection Vol. Four. The subjects include Classic, Oriental, Mediterranean and Contemporary styling giving this collection great decorative versatility. For further information write:

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g Room
ess sofa: 96" x 34½" x 31" high, e seat cushions, loose back cush-

arm section: 72" x 34½" x 31" 3 loose back cushions and 2 throw s.
with low fat arms: 88" x 34½" high, 3 loose seat and back cush-

lstered ottoman: 27" x 18" x igh, upholstered Parsons legs.
gany end table: 18" x 27" x 26" walnut veneer, Cloister finish. Henredon's Folio Eleven Collec-

ue brass cocktail table: two , glass tops. All furniture by Hen-

hies in living room by Saul Stein- at The Betty Parsons Gallery.
cube tables: 15" cubes, check- d pattern of animal horn;
kin covered mirror: 43" octa

under mirror from a large col- n of lacquered boxes; all from Springer Ltd.*
ue blue and white porcelain from Nuri Farhadi.
era" window blinds: slats ap- 1" wide. By Levolor Lorentzen.
NG ROOM
g table: 75" x 45" x 29" high, ith knotty oak veneer, extends to with two 25½" leaves.
lstered side chairs: 4 shown, nredon.
DY
88" x 34½" x 29" high, custom sofa with upholstered Parsons oose seat and back cushions.
lstered chair: 30½" x 34" x 32" on casters, loose seat and back on.
lstered ottoman: 36" x 28" x igh, attached cushion top.
lacquered chair: Henredon.
table: 44" x 22" x 29" high, ma- y with walnut veneer, Cloister

chest: 32" x 16" x 30" high, ash English oak veneer, Cloister fin- rom the Four Centuries Collec- By Henredon.
lin" linen and cotton fabric: for sofa, chair and ottoman, 48" 8" repeat. $21 a yd.
l wallcovering: 30" wide, color ra cotta shiny wallcovering. $9 a Both fabric and wallcovering from n & Co.*
ment covered Parsons table: 18" x 17" high, brass feet;
backgammon board from a selection. At Karl Springer Ltd.*
tings in study by Ed Baynard at Betty Parsons Gallery.
que white porcelain vases from Farhadi.
ROOM
en-sized canopy bed: white ed finish.
olstered love seat: 65½" x 34" ½" high, tufted back, rolled arms back.
olstered ottoman: 27" x 18" x 18" high. By Henredon.
"Beautyrest Backcare II" mattress and box spring: $330. By Simmons.
"Gabrielle" linen fabric: used for bed hangings, 48" wide, 24" repeat. $21 a yd.
"Gabrielle" vinyl wallcovering: 54" wide, 24" repeat, in custom colors. $27 a roll. By Hannett, Morrow, Fischer, Inc.*
White piqué bed cover: 94" x 94". $104. From Pratesi.
All furniture by Henredon available at Huffman-Koos.

WINE & FOOD
Page 107:
Cutting board: from J & D Brauner.

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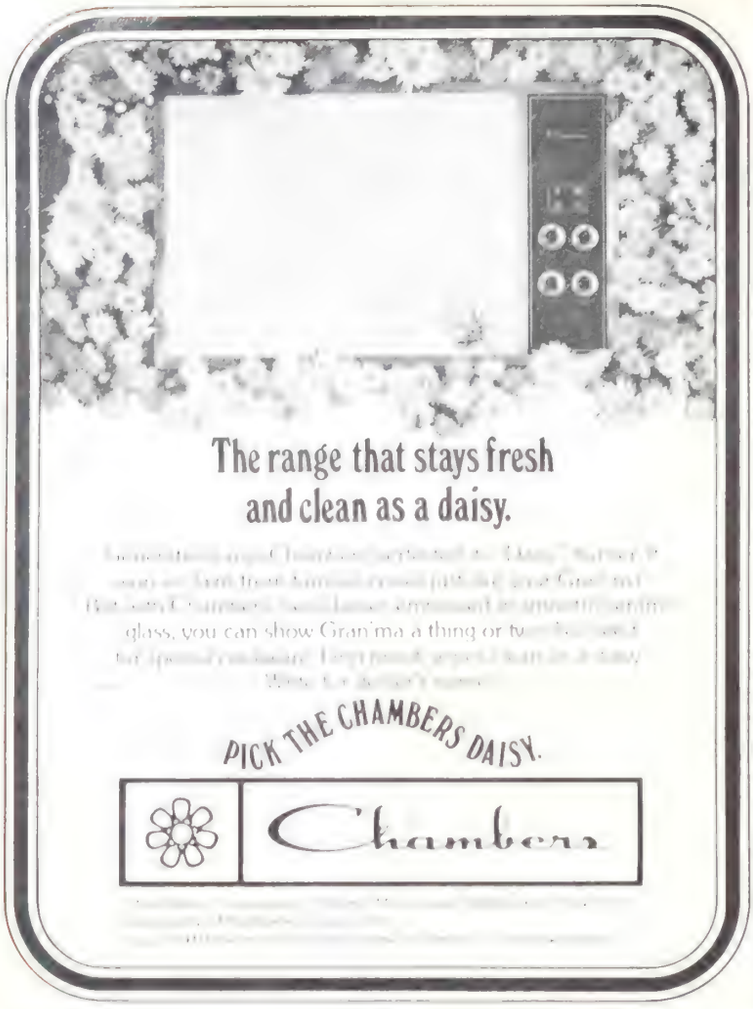


Instructions for easy-to-do Crafts

Beginning on page 62 is a portfolio of rooms all decorated with the new sheet patterns, all full of ideas for things you can sew and paint and build yourself. The rooms are bedrooms—plus whatever you make them, and most of all, they can be very personally yours just by adding some easy-to-do crafts. The following are instructions for more ideas—for painting a table, as shown on page 63; crocheting the zigzag afghan, page 62; and a mosaic afghan, page 70; making ruffled pillows, page 68; laminating window shades, page 66; tips for slipcover making, page 68; covering a cube with fabric, page 69; making graphic pillows, page 67; making bed curtains, page 66.

To paint the calico table: Artist Luis Molina's all-over design was inspired by shapes taken from Matisse's painting, "Sadness of The King." The shapes, which do look like an old-fashioned calico print, are child-like flowers and elongated dots. The background colors are blue, green, red, and orange. Flowers are white with colored centers; dots are in contrasting colors. The alternating background colors are bands that are controlled by the curves of the table legs. First, sand furniture smooth, then prime with fast-drying "Bin." Sand again with 00 sandpaper. Using acrylics, paint bands of the colors. With white paint, paint the all-over design, at random, using freehand. Then with colors, dot the centers of the flowers and fill in the elongated dots, leaving some white showing. When dry, follow with a protective coating of polyurethane varnish.

To make the red and white zigzag afghan you will need: 23 1-ounce skeins Bear Brand or Fleishers "Spectator," 11 white; 12 red. Size K crochet hook. There are 63 red and white squares in all

to be arranged in a pattern of 9 by 7 and to measure approximately 70 by 90 inches. Afghan squares are crocheted in sc stitch with double strand of yarn. Beginning with red, ch 27; sc in second st from hook and continue sc for 16 rows; change to white and repeat for 16 rows. Bind off. Repeat for 63 squares and arrange according to diagram. Finish with a row of dc for border, using 3 dc to turn corners. Arrange according to diagram.

To make graphic pillows that measure 24 inches square: You will need to construct a pattern on a piece of brown paper which is a triangle measuring 24 inches on either side with a 35-inch diagonal. Cut out, allowing ⅝ inch for seams. You will need 1½ yards each of the blue and pink fabrics. Pin and cut 2 triangles from each. With right sides together, stitch one blue triangle to one pink triangle along diagonal. Repeat for other pieces. Construct a pattern for a circle with a 16-inch diameter, allowing ⅝ inch for seams. Cut out one circle from white fabric. Stitch around seam line of circle; trim seam allowance to ¼ inch; using scissors, snip to the seam line, then iron under remaining fabric of seam allowance. Center circle on right side of one joined piece; pin; top-stitch along

outer edge of circle. Right sides facing, pin both sides of pillow together and stitch along all four sides, leaving opening to turn. Turn, press, stuff, and slip-stitch opening.

To make bed curtains: You will need one flat pink sheet, one queen-sized flat plaid sheet, and one queen-sized flat yellow sheet. To make 5-inch bands, cut one pink sheet into 4 pieces, 2 pieces measuring $11\frac{1}{4}$ by $97\frac{1}{4}$ inches and 2 measuring $11\frac{1}{4}$ by $73\frac{1}{4}$ inches. With right sides facing, using a $\frac{5}{8}$-inch seam, baste raw edges of pink strips to edge of plaid sheet. Miter corners; stitch together on wrong side. Cut a piece of interlining to fit entire piece and baste in place. Then cut a piece of buckram to fit top pink strip, approximately 5 by 96 inches and baste in place. Fold pink strip over, press with iron, and baste at raw edges, wrong sides together. Stitch yellow sheet to plaid sheet, wrong sides facing, leaving opening to turn. Turn, slip-stitch opening, and iron. Insert grommets with machine that may be purchased at most sewing centers and notions departments, leaving a 5-inch space between each one.

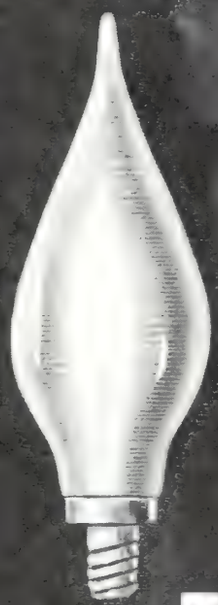
To make laminated shades: Adhesive-coated "Tontine" is the shade cloth, and when bonded to your own fabric with a hot iron, lamination is easy. "Tontine" is available in shade shops, wallpaper departments, and paint shops, and comes with special instructions on how to use. There are two types: opaque "Tri-Lam" for room darkening; and translucent "Tram-Lam" for a controlled amount of light. You can laminate almost any fabric; but tightly woven cottons, rayons, linens work the best. Very sheer fabrics, or very heavy ones, are not suitable. And too, all-over patterns are easier to work with than stripes or plaids because of the precision that straight lines demand. When laminating more than one shade, be sure to order enough fabric to allow for matching the pattern repeats. When you buy "Tontine," buy your roller and slat at the same time and have them cut to size. To laminate, you will need a large worktable—use the dining room table and cover with padding or sheeting to avoid marring the finish. You will also need: nonwaxy tailor's chalk; a steel tape measure; yardstick; sharp pencil; long-blade shears; masking tape; and electric iron. Instructions with "Tontine" are in easy steps, complete with pictures.

To make ruffled pillows: For 24-inch-square pillow covers with $3\frac{1}{2}$ inch ruffles. To make ruffles for pillow, cut fabric $8\frac{1}{4}$ inches wide and 192 inches long (double the perimeter of the pillow). With right sides facing, stitch together at short ends to form circular piece. Now fold wrong sides of ruffle together, matching long raw edges and baste along $\frac{5}{8}$ inch seamline. Baste again and pull up to gather. Pin ruffle to one side of pillow covering, right sides facing and raw edges matching. Baste along seam line. Then, right sides together, pin both sides of case together and stitch, leaving opening to turn. Turn to right side and stuff; slip-stitch opening.

To slipcover a sofa bed: The trick to slipcovering a sofa bed is that instead of stitching to sofa's platform piece, which is underneath the cushions, to the inside back and arms, you use zippers. The zippers are placed end to end starting inside at the base of the arms and meeting in the center of the sofa's inside back, at the base of the platform. To turn the sofa into a bed, cushions are removed, zippers undo the flap that covers the bed mechanism, and the mattress can then be pulled out. Outside of changing the zippers, the slipcovering process is just the same as an ordinary sofa. For instructions, see House & Garden, August, 1973, *Slipcover Ideas to Change a Room Three Ways*, and also April, 1972, *How to Make a Slipcover*. There is also a booklet, *How To Make Slipcovers*, by the

Continued on next page

How to decorate on a light budget:



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EASY-TO-DO-CRAFTS

continued from preceding page

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To cover a cube with fabric: If your cube is 16 inches square, cut five squares 16 inches square, being sure to match patterns exactly. The lighter the weight of your fabric, the easier it will be to apply to the surface. When cutting you do not have to allow for any overlapping of the fabric edges. To paste, use a polymer latex glue. Apply glue to one side of the cube; immediately lay fabric to top, smoothing from the center out to the edges with a roller or sponge. Then apply another coat of the polymer medium on top of the fabric—this acts as a sealer and a glaze. Do each side of the cube this same way, and for a higher gloss finish, put on another coat of polymer. Use "Mod-Podge" or "Craft Barrel," available where craft supplies are sold: or send $2.75 to Polymerics, Inc., Waltham, Mass. 02154 for a 1-pint bottle.

To make the mosaic crocheted afghan you will need: 3 four-ounce skeins of the following colors in knitting worsted:

Color A—Mint Green
Color B—White
Color C—Medium Blue
Color D—Purple
Color E—Coral
Color F—Lavender

and 5 4-ounce skeins of Color G—Ultramarine Blue; you will also need an aluminum crochet hook, No. G. You will make seven strips. Strip I. With A, ch 31. Sc in 2nd ch from hook, sc across row. Work even in sc on 30 sts for 26 rows. Break off A, attach G and work 1 row dc with G. Break off G, attach B, work in sc for 26 rows. Break off B, attach G and work 1 row dc with G. Maintaining this color pattern of 26 row stripes, then 1 row of dc with G, follow chart, *below*, to completion. Strips II, III, IV, V, VI and VII: Make 1 of each, working in same manner as strip I and following individual charts for each. Finishing: With right side of work facing and using G, work 1 row of dc along entire length of top edge only of each strip, holding strip horizontally with start of strip in right hand. Arrange strips in order of I, II, III, IV, V, VI and VII and join together with a row of G sl st on wrong side of work. With G work 1 row of dc, then 11 rows of sc around entire edge of afghan, working 3 sts in each corner st as you turn. Finish with shell or scalloped edge. Finished border to measure 31½ inches. ■

I	II	III	IV	V	VI	VII
D	A	B	F	D	C	F
G	G	G	G	G	G	G
F	C	A	E	A	E	B
G	G	G	G	G	G	G
B	F	D	B	D	B	C
G	G	G	G	G	G	G
D	E	A	C	F	A	E
G	G	G	G	G	G	G
E	A	B	D	B	D	A
G	G	G	G	G	G	G
B	D	E	B	C	E	F
G	G	G	G	G	G	G
D	A	C	A	D	B	C
G	G	G	G	G	G	G
C	F	D	F	E	C	A
G	G	G	G	G	G	G
E	A	E	C	A	E	C
G	G	G	G	G	G	G
B	F	B	E	B	D	B
G	G	G	G	G	G	G
A	D	A	F	A	C	F

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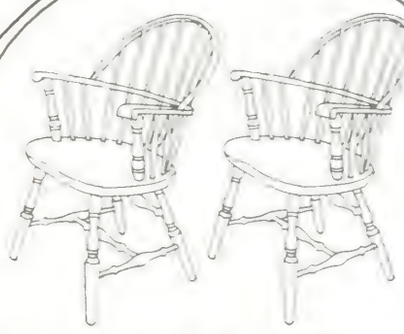

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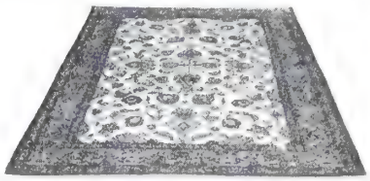

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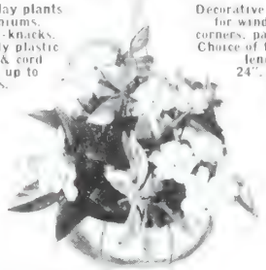

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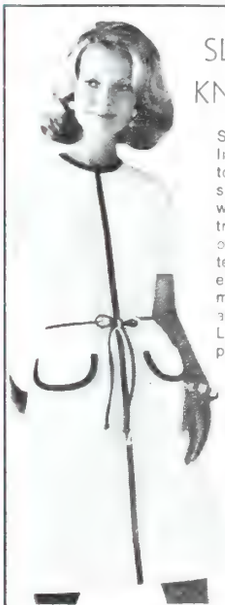

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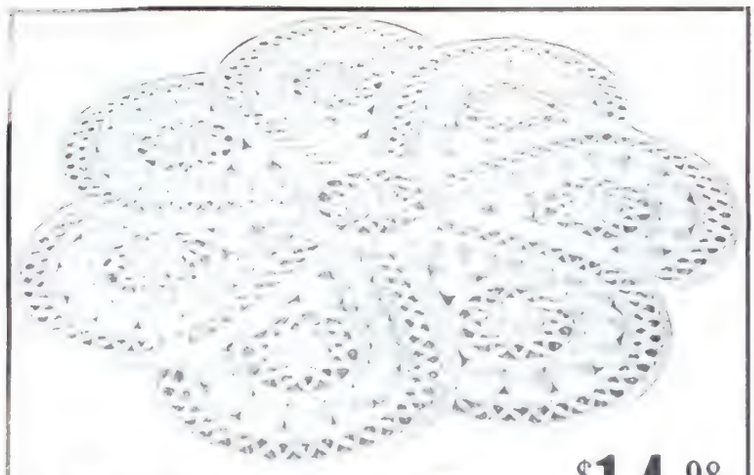

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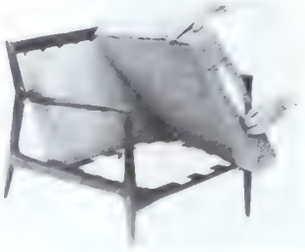

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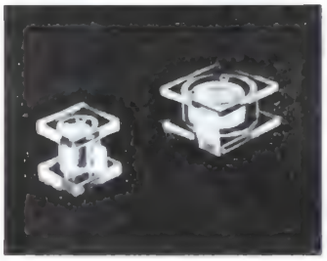

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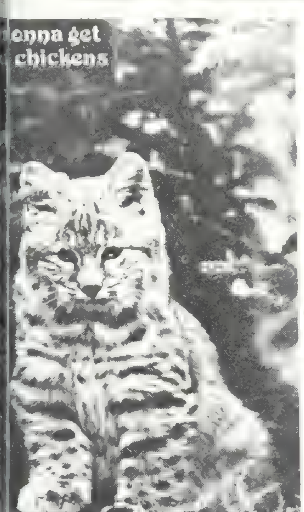

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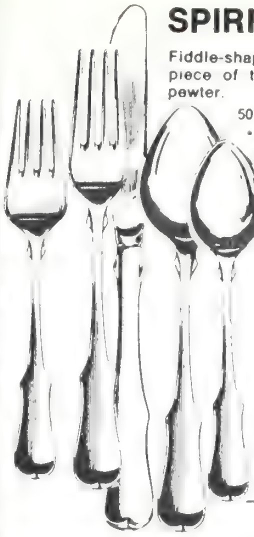

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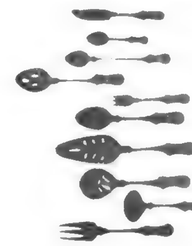

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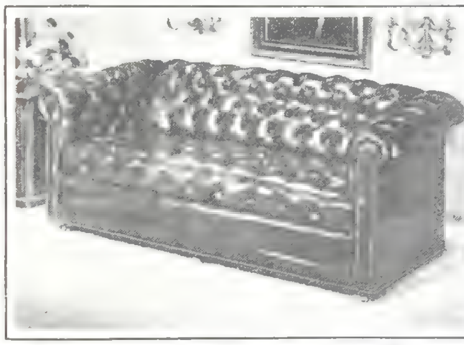

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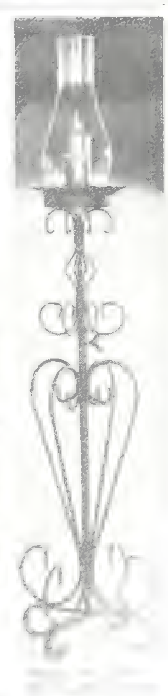

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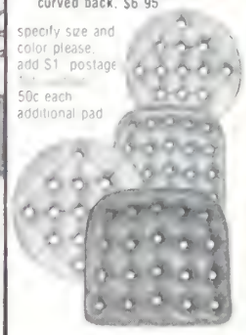

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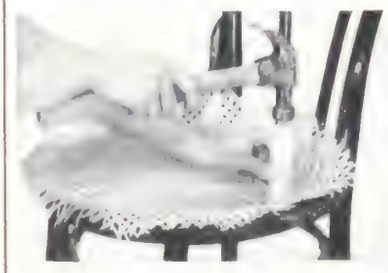

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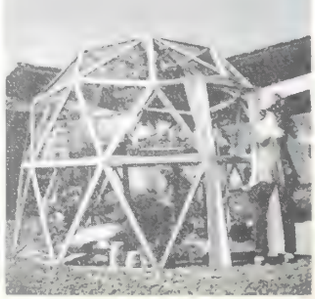

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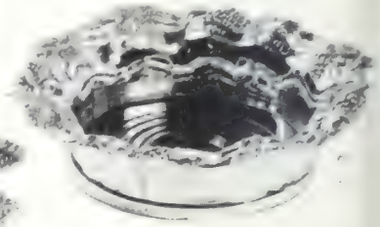
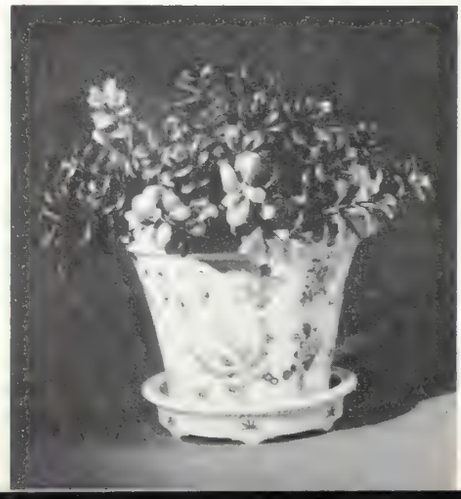


CHOICE
Handsome combination of textures. Gleaming chrome frames natural palmweave cube lined with sturdy glavanized aluminum. A planter that can serve as a wine cooler equally well. 8" sq., $27.50; 10" sq., $32.50; 12" sq., $37.50 plus $3 post. I. Magnin & Co., HG4, 135 Stockton St., San Francisco, CA 94108.



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A NOVEL IDEA

The fanciful architecture of San Francisco's historic 19th century houses takes form in ceramic planters designed by Jon Carlos Lopez. Matte tan glaze with brown line art. One-story Victorian: 8″ h. by 5″ w. by 4″ d., $8.95 plus $1.50 post; two-story version, 11½″ h. by 7½″ w. by 4½″ d., $16.95 plus $2 post. The Patio, HG4, 550 Powell St., San Francisco, CA 94108.

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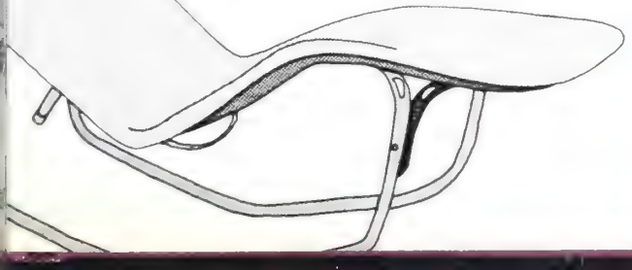

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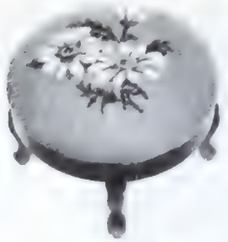

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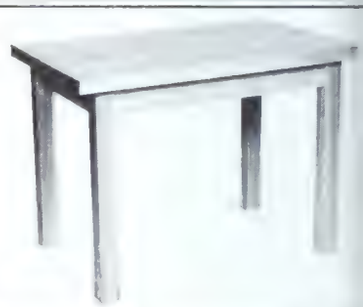

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by Ann Mauldin

ere is a treasure of sound and practical e—representing the culmination of over 15 s of experience in handling Group ance Claims.

very aspect of Group Insurance is nted clearly and with authority, providing with proven guidelines for almost *any* p Insurance problem. You will learn how le your claims correctly and when to file. will learn all about the most important ct of all: *How to collect maximum fits by following a few simple rules.*

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his book is an eye-opener! Here, for an ple, are just a few of the little-known ts on Group Insurance you will find osed in this reference book:

- **ow to collect all you have spent on icine.**
- **ow to get an old ailment, which you had r to becoming covered under your Group rance, covered and paid.**
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- **low to make Major Medical work for you getting complete reimbursement of your ical expenses.**
- **low to keep your mentally retarded or sically handicapped child insured.**
- **low not to miss out on money you have ing to you.**
- **low to fill out your claim forms for imum reimbursement.**
- **low to have your doctor and hospital bills 100%.**
- **low to avoid delays in receiving your ibursement checks.**
- **low to handle errors made by your rance company.**
- **low to handle problems with your rance company and what recourses you :.**
- **low to collect on an illness that pre-existed r coverage.**
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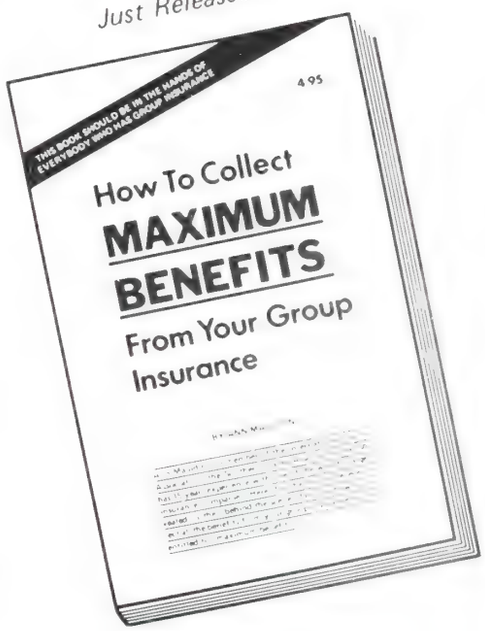

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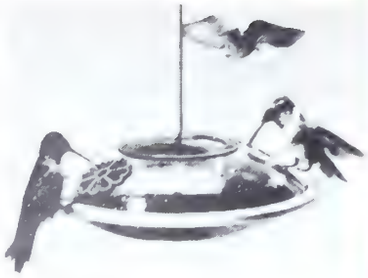

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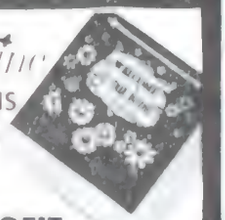

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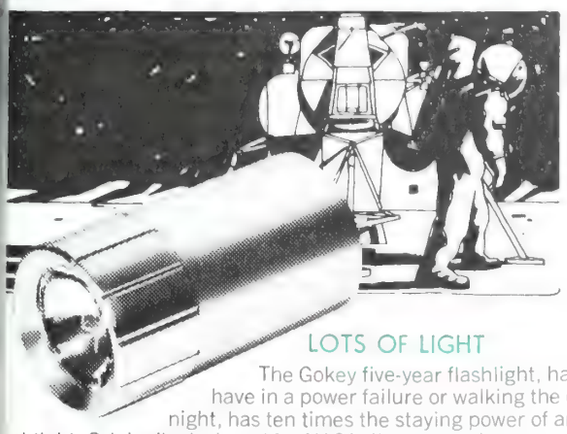

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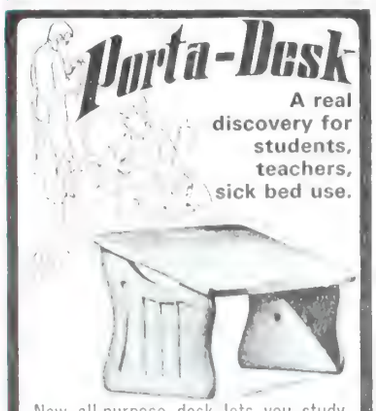

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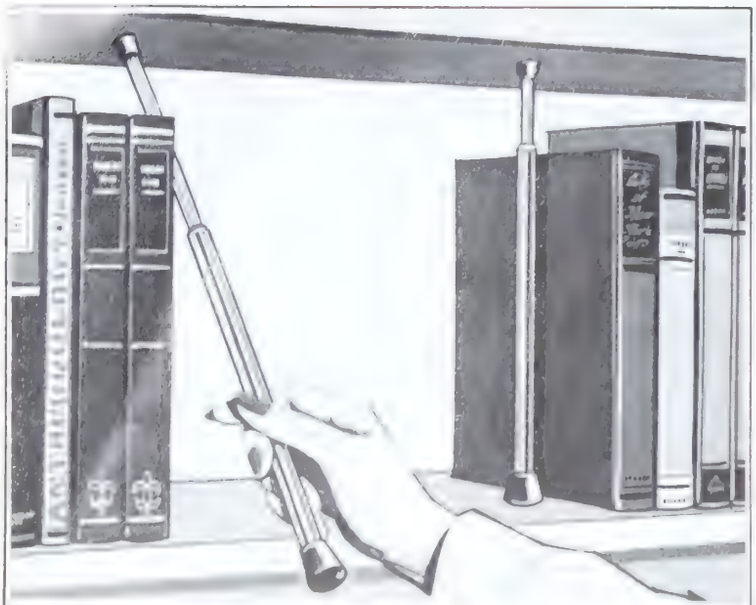

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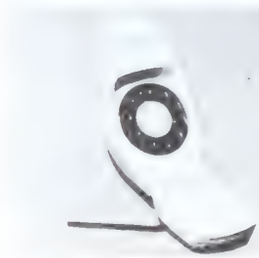
Authentic tea table in mahogany adds charm, singly or as a pair, to any room. Finished in medium brown tone; has pull-out tray at each end, brass pulls. 25" h. x 18" w. x 28" d. $93.44 exp. coll. Catalogue 50c. Bryan Robeson, Dept HG-94, Rte. 10, Box 793, Hickory, NC 28601.



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Mini-phone from Italy folds in half—a complete self-contained unit. World's smallest phone functions interchangeably with any standard instrument. Fitted with plug; ready to use. White only. $59.95 plus $1.50 post. Free catalogue. Grand Com, Inc., HG4, 324 Fifth Ave., NY 10001.

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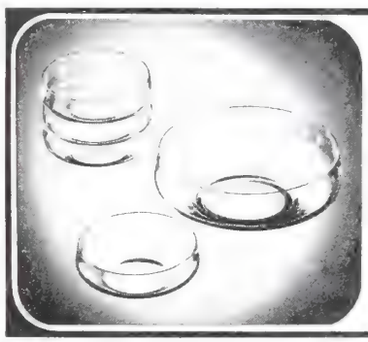

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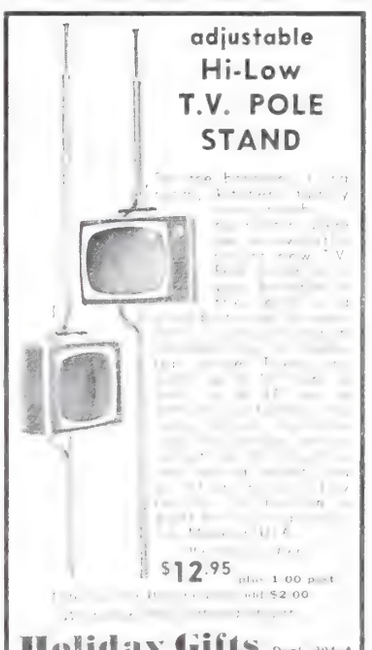

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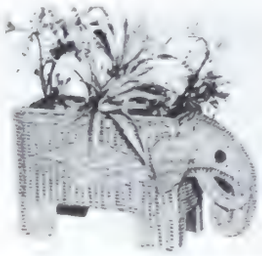

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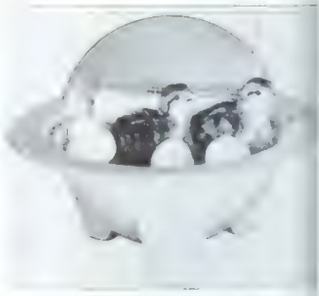

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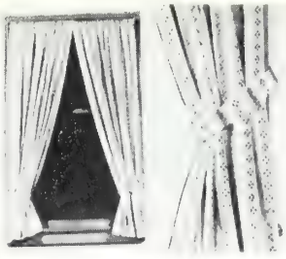

Brown flocked embroidery flowers form prim stripes down unbleached muslin tieback curtains that are delightful in colonial rooms. 70″ wide to the pair. Lengths: 45″; 54″; 63″; 72″ are $8.50 a pair plus $1.75 post. per order. Country Curtains, HG4, Stockbridge, MA 01262.

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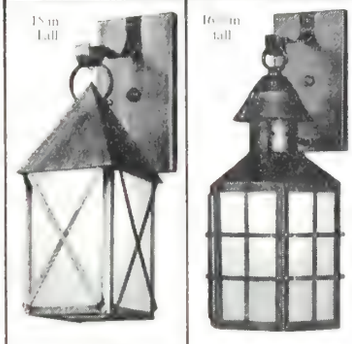

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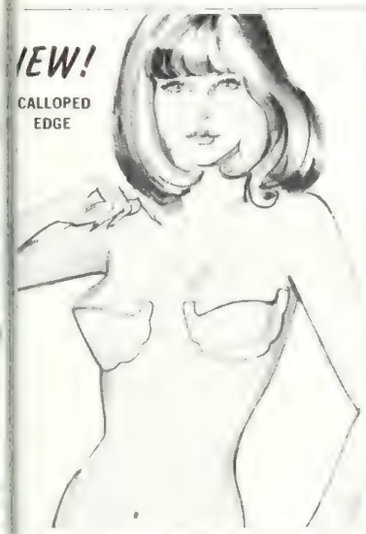

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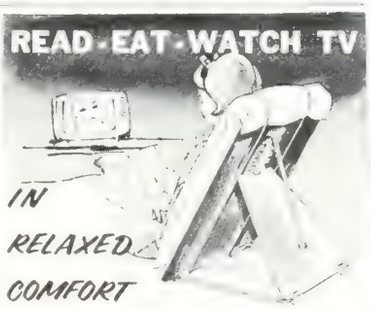

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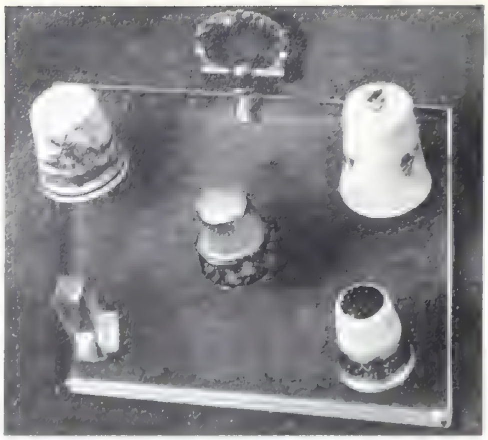

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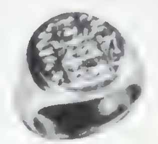

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Handsome ring to be engraved with the family crest is a proud possession to wear and hand down through the family. Send copy of crest if available. Sterling silver, $39; 14K solid gold, $130. ppd. Free catalogue. Heraldica Imports, Inc., G4, 21 W. 46th St., NY 10036.

MOUSE OF THE HOUSE

House mouse is an unusual shade of violet pink sparkling crystal, measures 3½" of delight for fine crystal collectors and mouse fanciers alike. The creature is hand crafted in Sweden, where else? $15.98 plus 95c post. The Ferry House, Inc., HG4, Briarcliff Manor, NY 10510.

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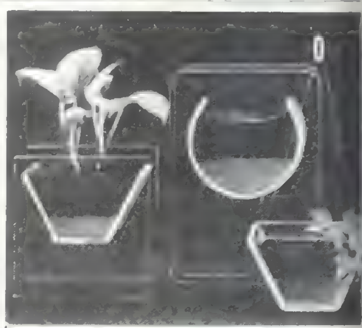

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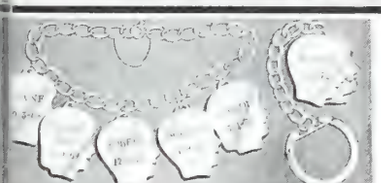

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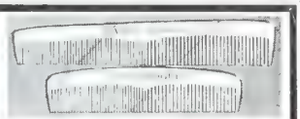

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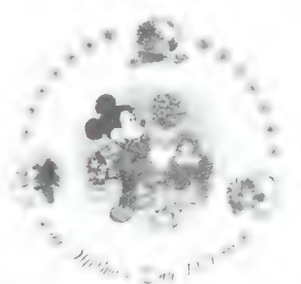

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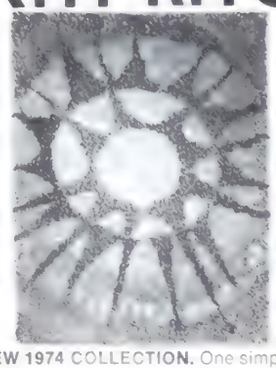

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Know the pleasure of personalized needlepoint. Your house (or your pet) custom designed for you. Persian wools in soft shades. 12-mesh mono canvas, 12" by 16". Suitable for pillow, framing or foot stool. Send color or black and white photo with color notes. $32 ppd. Folder of original designs, 25c. The Owl and Eye Designers, HG4, 236 Summer St., Framingham, MA 01707.

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by 14". Kit includes yarns,
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blues, oatmeal, greens on c
white or ice blue ground.
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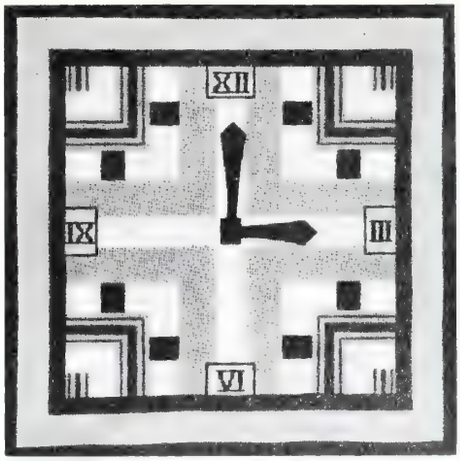

COVER RACQUET

Design your own tennis racquet cover in needlepoint or bargello. Simply unzip 12 hole, blank interlock mesh cover from its canvas back to work design. No mounting necessary. Printed alphabet included. Red, navy, green backing. Pre-assembled kit (not including yarn). $12 plus 75c post. Free brochure, Toni Totes of Vermont, HG4, South Londonderry, VT 05155.

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TIME

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to brighten the
Kit includes design
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The World of **Stitch 'n Knit** Inc.
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Golds/Browns/White Leo (shown), Aries (shown), Aquarius (shown), Gemini
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15" x 15" design printed on #10 mono. Kit $16.00. Add 75¢ post & hand.
9" x 9" design printed on #12 mono. Kit $8.00. Add 50¢ post & hand.
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Needlepoint your own TENNIS RAQUET COVER or TENNIS TOTE BAG/WEEKENDER

Cover & tab bag completely personalized. NO EXPENSIVE MOUNTING. Just 3 needlepointed squares and 1 plain piece. Then it's back to GIANT INITIAL COVER. Choose from 3 styles. If for wife, you can add a white needlepointed tennis dress or other sexy detail. If for husband, add tennis racquet or golf club. TO HELL WITH HOUSEWORK. Just roll up tennis whites or golf clothes and you're ready for weekend. Instructions included. Kit for RAQUET COVER, $25 ppd. ($1.25 postage & handling). Please specify: TENNIS WITH HOUSEWORK or GOLF WITH HOUSEWORK.

TOTE BAG, $13.50 ppd. ($1.25 postage & handling). Extra stripes for tote, white needlepointed feet or tennis racquet can be added. Specify: TENNIS WITH HOUSEWORK or GOLF WITH HOUSEWORK. Send check or money order to:

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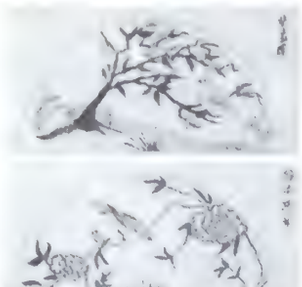

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A handbag to needlepoint in bandana type pattern in your choice of two colors. Interlocking #10 mesh canvas with yarn. 8½" by 9" bag, 54" strap, $16.50; without strap, $14. Ppd. Chart, $1.15. The Sign of the Arrow, HG4, 9740 Clayton Rd., St. Louis, MO 63124.

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s fun to update shirts, faded jeans, and jackets with decorative and amusing glitter motifs. You can create your own designs or use n-on permanent heat transfers included in an easy-to-use rhinestone tter kit. Complete with 72 each: rhinestones, nailhead, pearlhead uds; setter tool, instructions, $8.95 ppd. Rose Scharlat, HG4, x 640134, Miami, FL 33164.

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NEEDLEPOINT

It's the year of the Tiger and this large, leering cat will demand attention wherever you put him! Natural stripes, of course, with green foliage and your choice of background, though ours is very red. 15" x 19" on 12 mono with Paterna yarn, **$40.00** ppd. Catalogue, 50¢.

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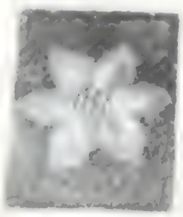

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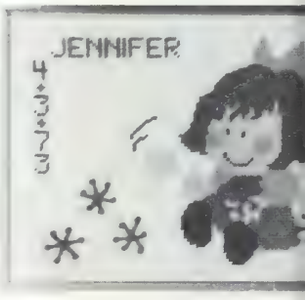

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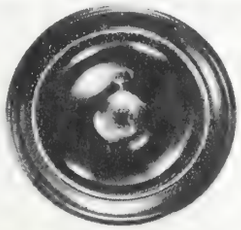

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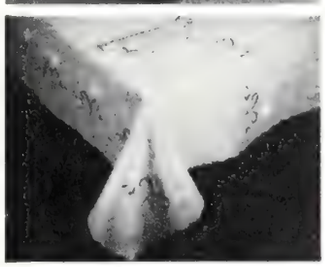

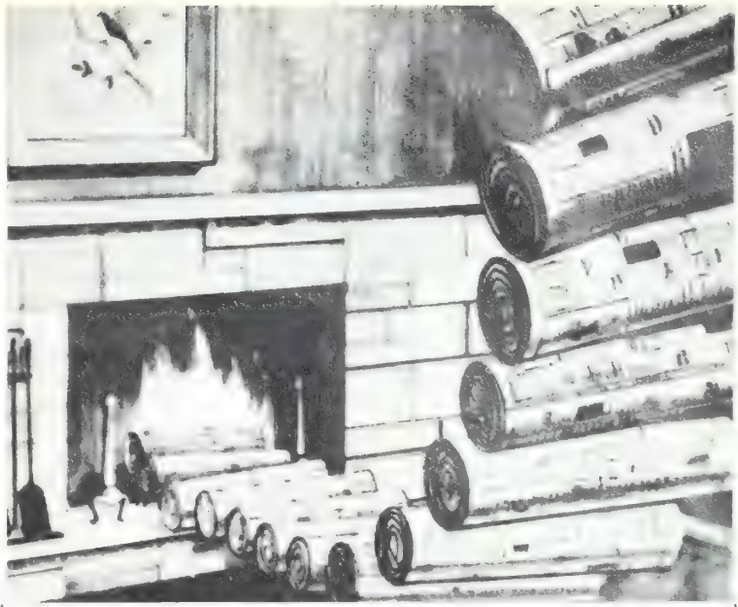

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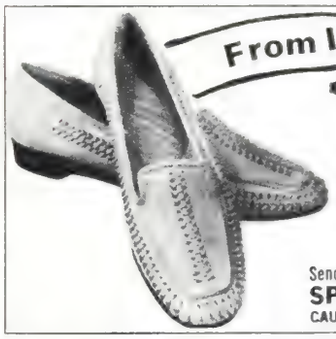

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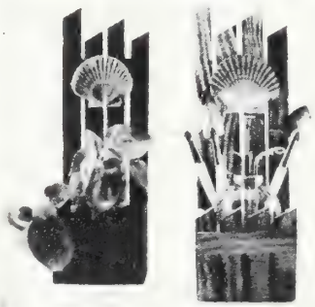

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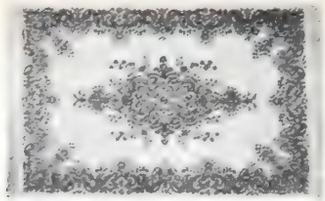

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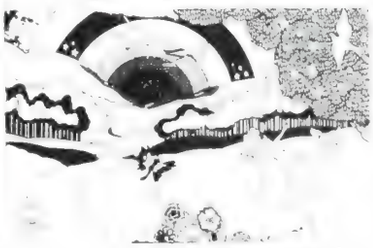

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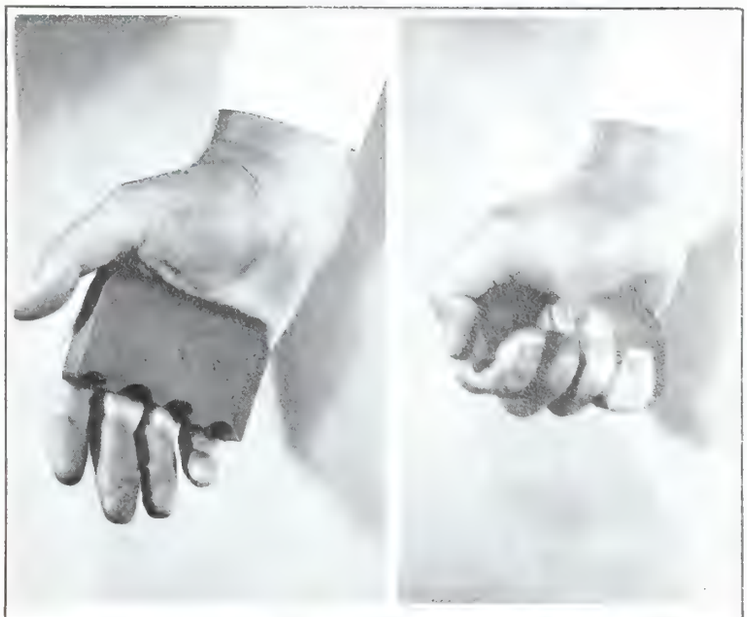

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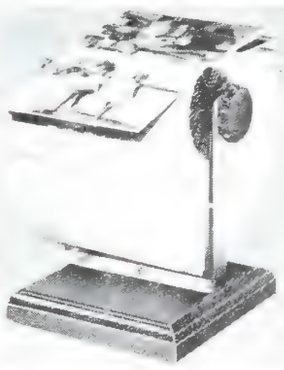

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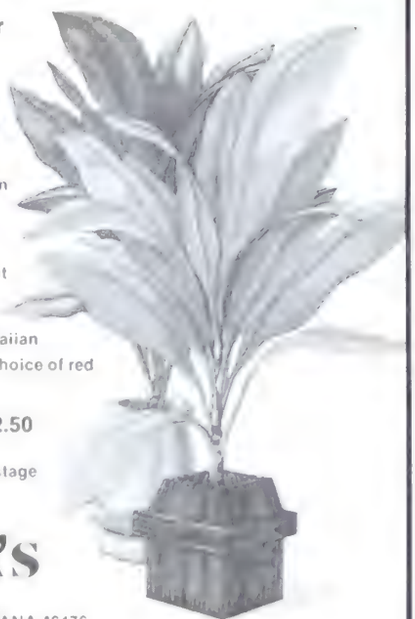

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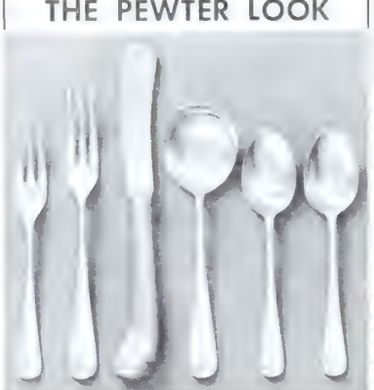

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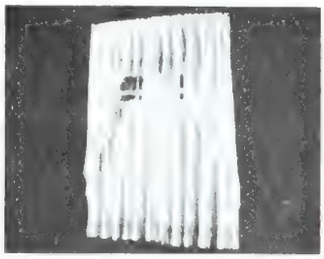

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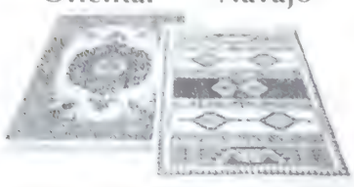

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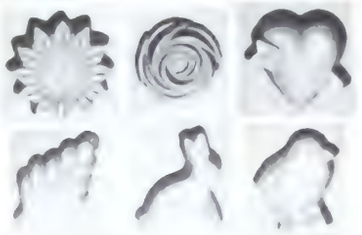

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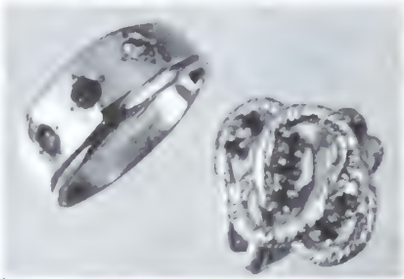

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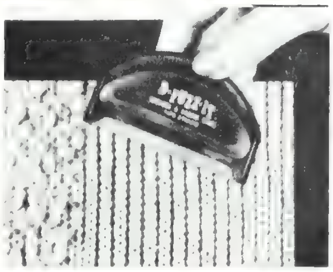

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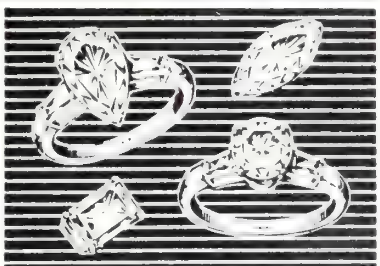

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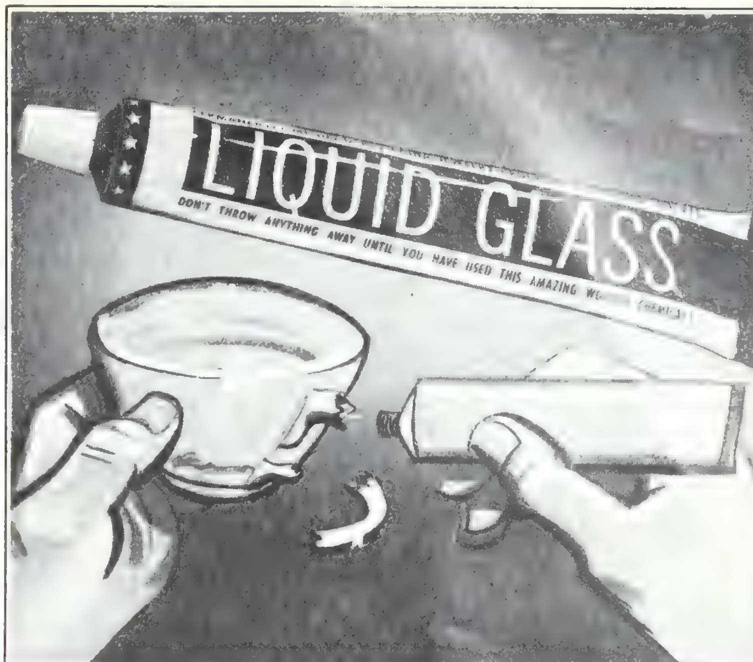

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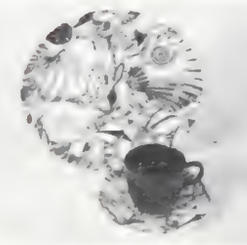
Soft and supple—kidskin shoes in red, yellow, lime, hot pink, white, navy. Enamel and gold trimmed toe with a low heel. Perfect for today's pants, with wrap-arounds! 5½ to 10 N and M widths. $19 plus $1.25 post. Free catalogue. The Talbots, Dept. VS, Hingham, MA 02043.

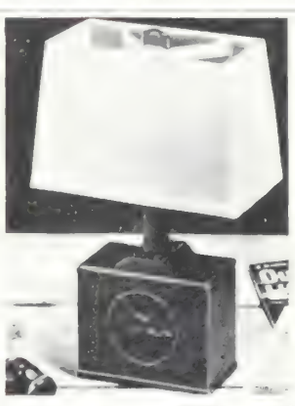


PICK UP SHELLS

This intricate design of local and international shells is appealing to everyone. Black/white, lemon/white, white, unbreakable Melamine; four dinner plates 10", saucers, cups, 7½" salad plates. 16-piece service $24.95 add $1.50 post. Elizabeth McCaffrey, HG4, Northport, NY 11768.

MINI LIBRARY

Library stand on casters. Can accommodate unabridged dictionary, encyclopedia, as well as average size books. Cherry solids and veneers with lightly distressed fruitwood finish. 24" w., 17" d., 32" h. $95 coll. Catalogue $1. Ephraim Marsh, Dept. 186, Box 266, Concord, NC 28025.

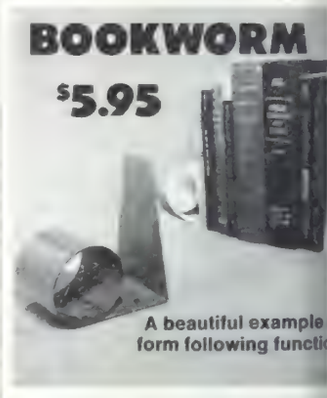


instant, dependable, safe

CORDLESS LAMP

No fuel, fumes, flames or electrical connections for Porta Lamp. Moulded polyethylene base covers powerful 6-Volt battery (included). Use it on patio, picnic, boat, cottage, trailer, emergency. Avocado or blue base. White shade. 14" H. 8½" x 4½". $11.95 ppd.

Quality Gift Catalog . . . 25¢
SLEEPY HOLLOW GIFTS
6651 Arlington Blvd., G4-4
Falls Church, Va. 22042



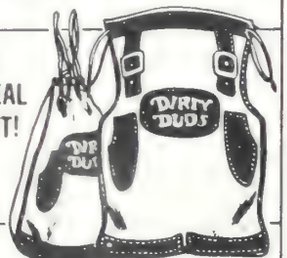
Imported from England, BOOKWORM one-piece bookend to end all book

Adjusts automatically when book added or removed. Ingenious spring coil rolls out to hold up to 22 inch books, tapes, directories.

Winner of the British Design C Award. Available in eight satin s finishes: white, black, red, royal burnt orange, avocado green, plum, yellow. Only $5.95. State quantity colors. Add 50¢ each for shipping. check or money order to Pentalic 132 West 22nd St., New York, N.Y.

"Dirty Duds" Vinyl Laundry Bag. Perfect for Every Family!!!

AN IDEAL GIFT!



This heavy gauge semi-see-through vinyl is trimmed with colorful felt for a charming effect. It's delightful, it's unusual and it's practical! Holds pounds of soiled "duds." Great for traveling. **And it's yours for only** **$6.95** POSTPAID

CATALOG SHOWCASE, INC. DEPT. HG44
2150 Collins Court
Hollywood, Florida 33020

Hand Crafte Horn Birds from Ghana.

Each of these incredibly graceful birds is a original. They're painstakingly hand-carved skilled native craftsmen from huge curved horns of exotic African kine. No two exacti alike. Some are gleaming black, some blac and ivory, some blonde. Their importer, nc a college student in America, is the next authentic Keeper of the Golden Stool, sym of Ghana's King of Kings for four thousan years of African history. Birds vary from 9 1.4" in height. Two or more make an incredi striking grouping in any room. $12.95 each 2 for $25. Add 95¢ postage. Tenn. residents add 5% sales tax. Checks or money orders only. No C.O.D.'s. Satisfaction guaranteed. Allow 3 weeks for delivery.

African Imports

Box 12464
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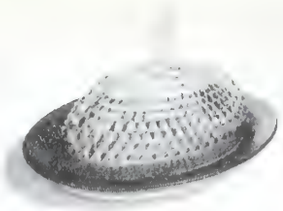
CRANBERRY DELIGHT

Charming old fashion—a butter dish rimmed with cranberry glass topped by a clear faceted top with an elegant tapering finial. It recalls visits to grandma. Top 5″ h., tray 6″ x 9″. $4.98 plus 85c post. Harriet Carter Gifts, Inc., HG12144, Plymouth Meeting, PA 19462.

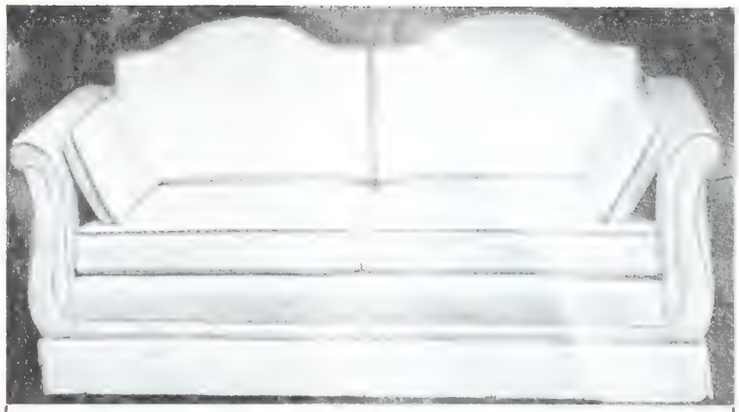


DRINKS AT THE READY

"Somewhere in the world the sun is just below the yardarm" proclaims a handsome wood plaque framed in blue. 15″ by 8″ is colorful to hang in bar, den or galley as encouragement for thirsty friends. $9.50 ppd. Ship's Wheel, Inc., HG41, Nottingham Sq. Rd., Epping, NH 03042.

COOKING TRIO

White ceramic mortars and pestles to please everyone who uses herbs and likes to blend ingredients in cooking. Mortars, 1¾″, 3⅝″ and 4¾″ diameter each with its own pestle. $3.98 plus 45c post. The Country Gourmet, G4, 512 So. Fulton Ave., Mt. Vernon, NY 10550.



66″ HIGHLANDER LOVE SEAT—$279.00 as shown in crushed velvet

The Highlander Love Seat is wonderfully warm and refreshingly lovely in any home. Its quality constructed frame, hand-tied coil springs, dacron filled cushions assure you of longlasting durability and the utmost in comfort. Seat and back cushions are reversible and zippered; skirt fully lined; arm pillows and arm protectors included. Upholstered in various grades and types of fine fabrics—stripes, solids, prints; cut, antique, crushed and plain velvets; etc. Specify type fabric and colors desired. **(In your fabric, $210.00** —send 12½ yds. 54″) No C.O.D. Express charges collect; satisfaction guaranteed. Send $1.00 for Furniture catalogue and Fabric samples.

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ITS ALL FEET!

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Insulate and protect cellar windows from leaves, rain, etc. Clear rigid Plexiglas® is durable and almost invisible. Model shown covers semicircular wells up to 40″ L, 12″ H with 16″ projection. With metal stakes, $16.95 Each + $3 shipping (1 to 3 units). Shipping Coll. W. of Miss. R. No COD's please. For any special size or rectangular bubble send rough sketch with well measurements, or just write for information.

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Thousands of buyers tell us they are delighted with our Window Bubbles!

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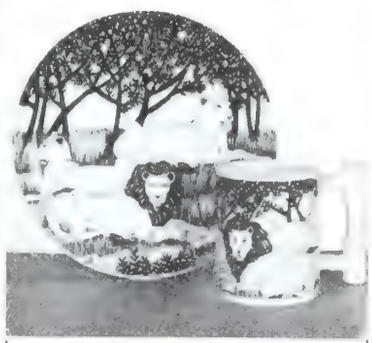


ANIMAL FARE

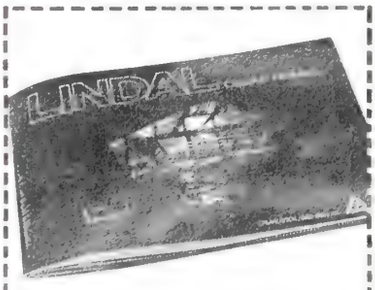
A collection of wild creatures lion, giraffe, tiger, zebra to decorate your buffet. Deep brown and white ceramic plates are 8½″ diameter. Matching mugs have bamboo design handles, 3½″ high.

Set of 4 plates, ... $8.95 a set
Set of 4 mugs, $8.95 a set

Please add $1.55 postage for each set ordered

ELIZABETH McCAFFREY
Dept. HG-4
Northport, New York 11768

73 ways to get back to nature... without leaving home.



No matter where you build it, a Lindal home will bring nature back to you. Through the natural warmth and timeless beauty of mellow, kiln-dried cedar. Through exposed wood beams or spacious cathedral ceilings. Through our 73 flexible floor plans! So, if you like that country feeling, that back-to-nature look, why not bring it home? Send $1 for your 44-page Lindal Planbook.

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$9.95 PPD.
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It's easy and fun with all-new Otto Hoxxeim Beer Sets. You can make up to 24 12-ounce bottles of fine tasting beer and enjoy old-time, heavy German brew at a fraction of the retail cost. It's better than you can buy in a store!

Otto Hoxxeim Beer sets include complete equipment for easier-than-ever beer making... reuseable fermenting/aging barrels, compact water-seal valves, dried malt, beer extract, crown caps and capping tool. Easy-to-follow instructions for year-round enjoyment of this fascinating hobby are included. Satisfaction guaranteed if used as directed

Full Case Kit, $12.99; Half Case, $8.99. Post Paid. No C.O.D.

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SHOPPING AROUND NEW ENGLAND

Back in Colonial times, Berkshire travelers were enjoying the hospitality and comfort of the Red Lion Inn, shown in Norman Rockwell's sketch abo The same holds true today with modern conveniences in the tradition-rich setting. Full service for 200 guests, dining and private function rooms. One of the few remaining inns in continuing service sin 1773. Write for brochure to Red Lion Inn, HG4, Stockbridge, MA 01262.

The stoneware bean pot, mainstay of Colonial kitchens, comes to the table today with a Thermo-Electric temperature controlled warmer base to keep oven-cooked food warm. 1½ qt., $12.95; 3 qt., $15.95; 4 qt., $18.95 Ppd. (Add $1 w. of Miss.). Jenifer House, Dept. HG-44, Great Barrington, MA 01230.

Greet spring with a perky robin-red-breast perched on your handy tote bag. Rugged canvas with zippered inner envelope and snap closure. 10½" by 10½", natural with red and green. $16 plus $1.25 post. Send for free catalogue. The Talbots, Dept. VT, Hingham, MA 02043.

E DELFT

Picturesque thimble imported from Holland. It's sterling silver hand enameled in the traditional blue Delft windmill design. A treasure for the collector as well as a cherished gift for the home sewer. $10.75 ppd. The Country Store at Centerville, HG54, Cape Cod, MA 02632.

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Ball Fringe On Unbleached Or White Muslin

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6.50
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Straight
45", 54", 63" long ..... 8.50 pr.
10.00

Valance
9" x 80" 2.75

White muslin 74" wide per pair

Adding a touch of fresh New England country charm, these white or off-white muslin curtains will complement any room of your home. Country Curtains have been used for many years in homes across the country because they are practical, easily cared for, and universally attractive to their owners.

When ordering please specify unbleached

$10 add $1. for orders $10 and over add

cloths. Satisfaction guaranteed.

COUNTRY CURTAINS
At The Red Lion Inn
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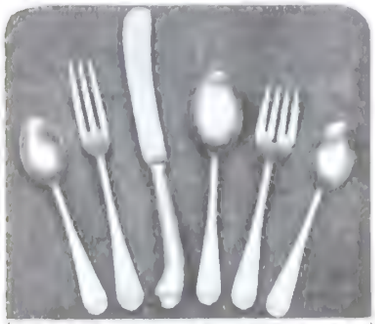
Stockbridge, Mass. 01262



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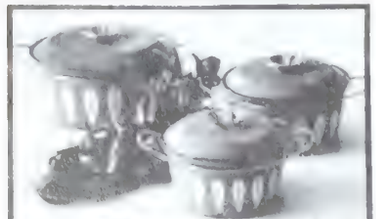

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5 Qt. Reg. $20.00 **Our Price $12.95**
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2 Qt. Reg. $15.00 **Our Price $ 9.00**

That great freezer-to-flame-to-table porcelainized-enamel form Norway at spectacular prices. In orange, yellow, blue or avocado. Stay-cool handles. Please specify 1st and 2nd color choice. Add $1.50 postage. Conn. residents, tax, please.

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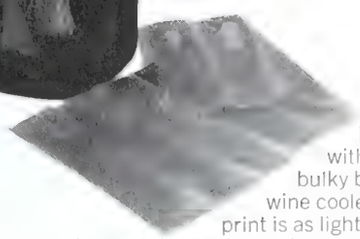

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Bring chilled wine along without the fuss of ice or bulky boxes. The navy denim wine cooler, lined in red bandanna print is as light as it is light-hearted. Pre-freeze cooling unit. Holds the cold up to six hours. Handy and safe way to tote wine to picnics or poolside. $10.95 plus $1 post. West Cornwall Store, HG4, West Cornwall, CT 06796.

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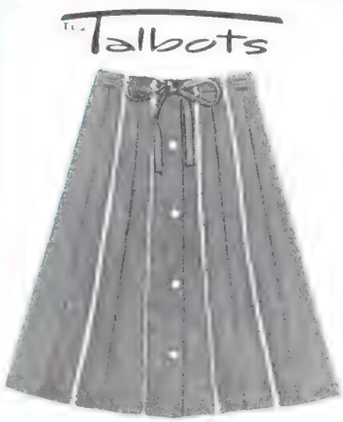
Code flag pillows make a real conversation piece for vacation house or boat. Each pillow sends a message in colorful code flags. Shown, "request permission to lay alongside"; the matching one answers, "permission granted." Made of sturdy washable colorfast duck. 14" sq., $4.95 each plus 75c post. Send for catalogue, 25c. Ship's Wheel, Inc., HG4, Nottingham Square Rd., Epping, NH 03042.

Purple pipers on green grass, white and grey seagulls on sea blue paper makes notable notes designed and hand-screened by Charotte Soderstrom. Pkg. of six (three each with envelopes) $1.85; pkg. of twelve (six each with envelopes) $3.60 plus 30c post. Great Things, Dept. 104A, Middle St., West Newbury, MA 01985.



Fan Flare Wrap. Our pleated skirt by Talbots is fashioned in white [illegible] and [illegible] of cotton and polyester cotton and has adjustable drawstring waist and pert [illegible]. What's more, it closes up accordion-fashion to [illegible]. Sizes [illegible] 8 to 18. $[illegible]. Send for free catalog.

TALBOTS DEPT. PX, HINGHAM, MASS. 02043

Scrimshaw Kit

Acquire the Whaler's Art! Teach yourself the age old art of scrimshandering just like the sailors did aboard ship during the whaling days. Learn to make interesting pieces and develop a fascinating hobby. Kit contains a polished piece of ivory to make a man's tie tac or a woman's pin or pendant, pin or tie tac finding, tools, paintbrush, inks and easy to follow instructions. Please specify kit. $12.95 ppd.

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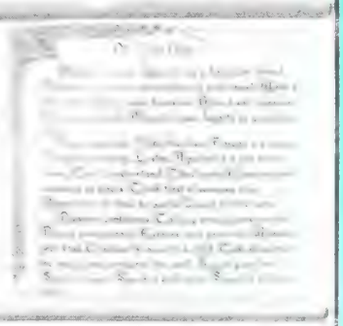
On This Day



"Mend a quarrel. Search out a forgotten friend . . ." begins the lovely golden rule to hang on your wall. It ends "Speak your love. Speak it again. Speak it still again." Unbleached linen, 18" x 14" with chain hanger, gift boxed

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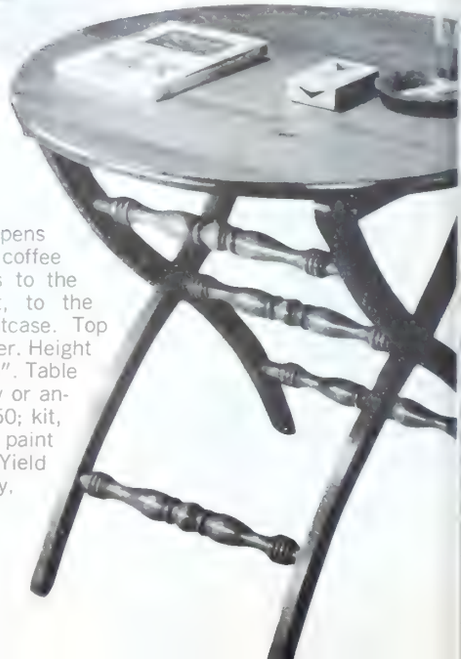
Hand-carved, hand-painted sculpture in wood, by well-known Anri house in Italy. An enchanting little girl in egg to treasure, pass down to future generations. Original was by renowned Spanish artist, Juan Ferrandiz. Note delicate detailing and captivating baby chicks. A pleasing Easter gift. 3" high, $30; 5½" high, $59 plus $1 post. Hildegarde's, HG4, 597 Farmington Ave., Hartford, CT 06105.



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mantic clipper ships adorn lovely crystal stemware. Detailed design ut by hand with spinning stone wheels. Left to right: skey sour, cocktail, brandy snifter. Set of four, $8.75; eight, $16.50; lve, $24. Ppd. Early American catalogue, 25c. Sturbridge Yankee kshop, HG4, Brimfield Turnpike, Sturbridge, MA 01566.

LOVELY

happy message, the rming bluebirds, k, lavender flowers white background, ghtful to cross- tch. Design on cotton, broidery thread, dle, directions. " by 16". $5.95 plus post. The Stitchery, 4, Wellesley Hills, 02181.

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Famous Tiffany Tulip lampshade can be reproduced. To cut kinds of glass needed, kit contains: sheets of opalescent glass with ample allowance for color, grain. Copper foil for metal work. Detailed illustrated patterns explain every step of construction. Electric wire and hanging components. $56.45 ppd. Whittemore-Durgin Glass Co., HG4, Box 2065, Hanover, MA 02339.

AFTSMANSHIP

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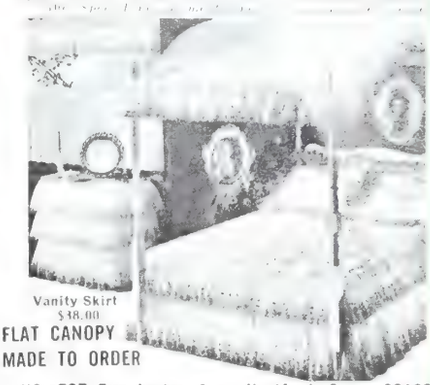
Wildegarde's



Vanity Skirt $38.00

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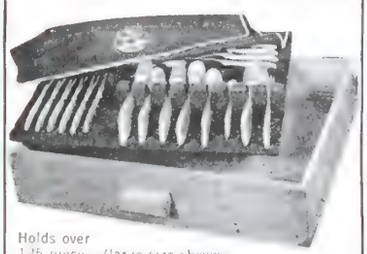

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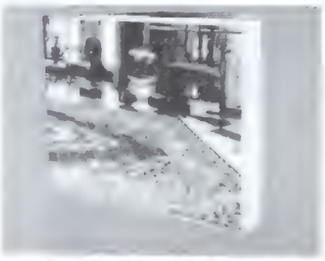

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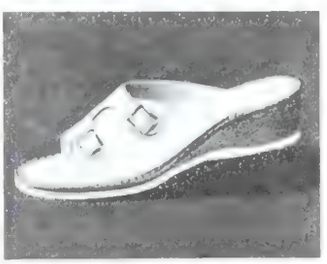

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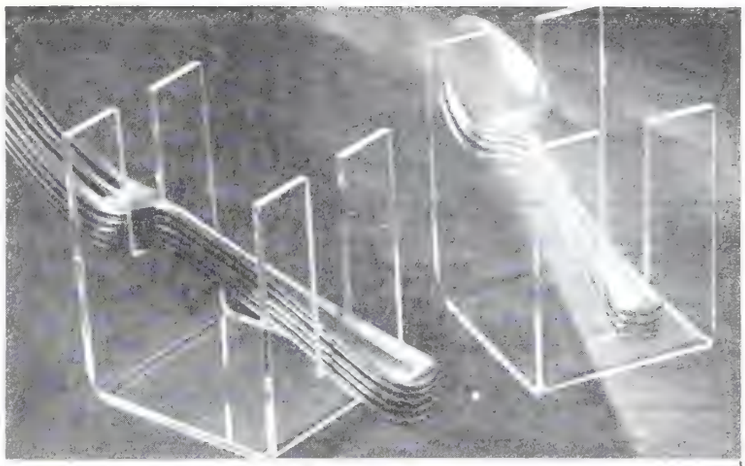

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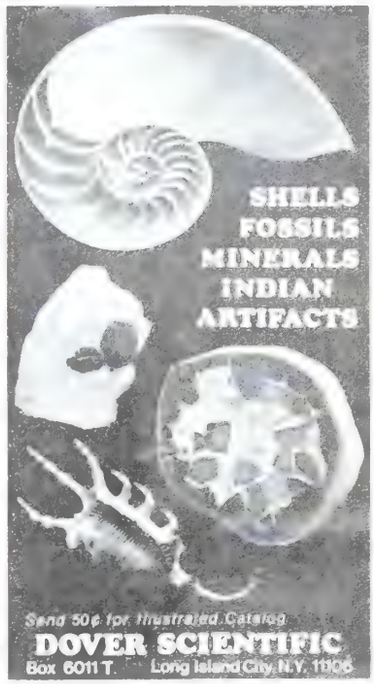

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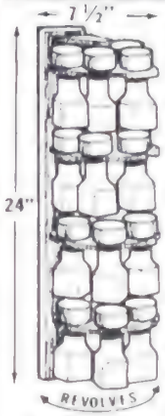

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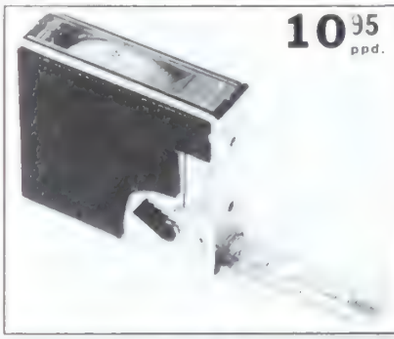

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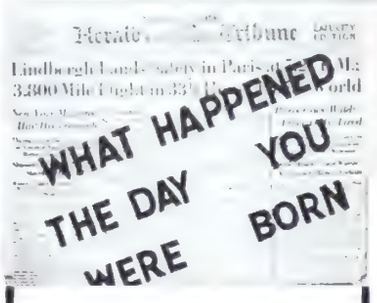

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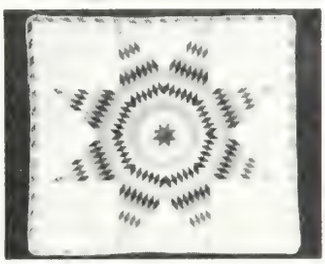

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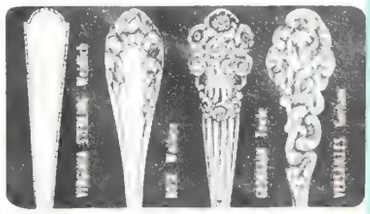

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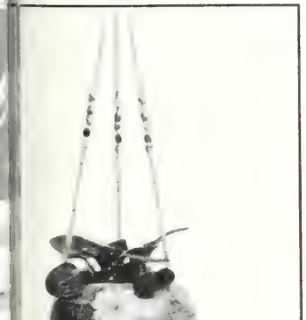

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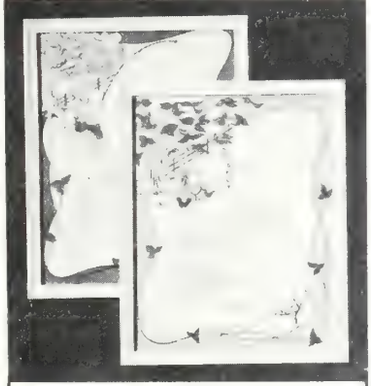

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Gardener's Notes

by James Fanning

The best time to plant holly is in the spring, also the best time to tell which plants are male and which female. Nurserymen themselves are not always sure, since a female plant that has lost its berries—for any of a dozen reasons—may be mistaken for a male, which never has any, anyway. So the best way to tell the sex of the plant you're buying is to look at the flowers, which appear in late spring. Female flowers, *above*, are borne singly, and have a relatively large green knob in the center. This is the pistil, and will later on become the berry. Male flowers come in clusters, *above left*, have only a vestige of the pistil, and quickly drop off after maturing. A single male plant will provide enough pollen to set a good crop of berries on a dozen or more nearby females. Male plants close to the females do the most reliable job of pollenizing, but wind- or bee-carried pollen may travel 50 feet or more and still do a good job, providing there are no buildings or other bulky objects between the plants. The holly in the pictures is the American species, *Ilex opaca*, hardy as far north as Massachusetts. Two new hybrids are also hardy and have the darker green, more ruffled leaves of the English holly. These are Blue Boy, which is male, and Blue Girl, female. Both are worth growing for their foliage alone, although Blue Girl has an abundance of the expected red berries. Incidentally, if a spring-planted holly drops its leaves shortly after being moved, that's quite natural and normal. Don't complain to your nurseryman unless the plant goes three or four weeks without growing a new set.

A few sturdy evergreen trees or large shrubs that can stay put year round are the backbone of a lush indoor garden like that on page 82. Most important by far are the figs—*Ficus* to botanists—which are trees of practically any size your space demands. *Ficus elastica*, the well-known rubber tree, is one, and *F. Benjamina*, smaller-leaved and finer in texture, is another, probably even more useful. The oranges and lemons *(Citrus)* run a close second to the figs, with sweet-scented flowers and bright fruit. But to a northern gardener nothing is quite so impressive as a banana. The botanical name is *Musa*, and there are not many varieties but all have the long, broad-bladed leaves we associate with the tropic jungle. Getting down to shrub-sized plants, croton probably tops the list. Technically *Codiaeum*, this has brilliantly variegated leaves but is a bit demanding: It needs bright light, plenty of moisture, and a high temperature at all times. Hibiscus, of course, blooms constantly, but, again, needs a high level of light. Most nearly foolproof of the shrub-sized plants is *Spathiphyllum*, whose glossy, dark green leaves and gleaming white flowers are in constant supply, seemingly unaware of the dim light or even of being drowned by over-enthusiastic plant-minders. A vine that quickly gets up to roof level is *Cissus rhombifolia*, with 3-parted evergreen leaves. *Allamanda*, with bright yellow trumpet-shaped flowers, is another very adaptable vine. It may be left to ramp at will, trimmed to shrub size, or trained on a lattice. And there are so many smaller plants for either flower or foliage that the only real problem is an embarrassment of riches.

Roger Wohrle and Dick Waite are particularly fond of night-blooming jasmine and orchids, and have many of the pineapple family, or *Bromeliads*. They buy from suppliers in Florida, including Jones and Scully, 2200 N.W. 33rd Ave., Miami, Fla. 33142; orchid catalogue $3. When it comes to down-to-earth, practical information about planning, filling, and operating a greenhouse, the best book currently available is *Gardening under Glass* by Jerome A. Eaton (Macmillan, $8.95). And a leading builder of greenhouses publishes a bimonthly magazine to keep us all up-to-date in that field. This is *Under Glass* and the subscription price is $3 for two years, from Lord & Burnham, Irvington, N.Y. 10533. Lord & Burnham also publishes a *Handbook for Greenhouse Gardeners* at $3.50 postpaid from the same address as the magazine.

Spring is moving north across the country. Close to the midpoint of this south-to-north progress is Virginia, and there is certainly no more pleasant or appropriate place for welcoming the season than the Old Dominion. The Garden Club of Virginia takes full advantage of its geography by staging a daffodil show each year at the height of the blooming season, usually early April. In 1974 the dates are April 6 and 7, and the show—this year is the fortieth—will be held in the high school gymnasium at Gloucester, Va. This is in the midst of real daffodil country, and cut flowers are shipped by the millions from fields near Gloucester to florists all over the northeastern U.S.

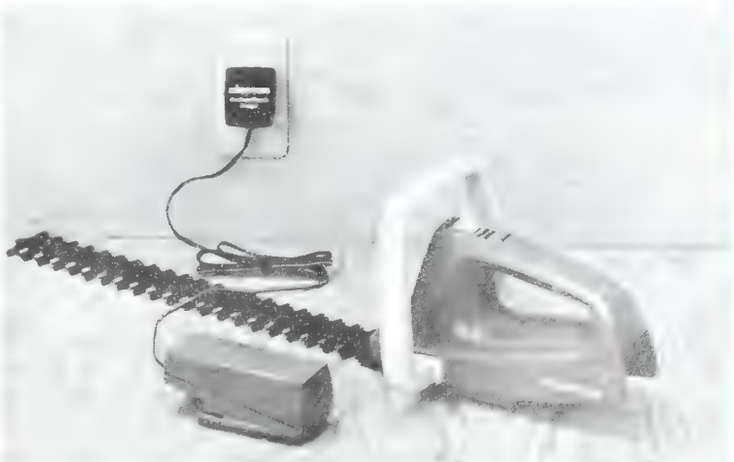
eans and tomatoes will be taking the place of zinnias and marigolds in a good many gardens this summer. The result probably n't be any great saving in money, but the im-ovement in food quality will be outstanding, everyone who has ever tasted a fresh-from--vine tomato understands. Vegetables take up narkably little space. In fact, home gardeners d to plant far more than they can consume. A gle hill of zucchini (4 or 5 plants in a cluster), instance, will produce as much as a family four can use during the six to eight weeks of productive season. A 6-foot row of carrots or ng beans will supply the same family, but re should be another row or two the same planted later to provide a continuing crop. ree or four pepper plants should be enough our four-person family, and the same goes eggplant. A productive vegetable garden has musts: plenty of light and well-drained soil. ne of the common garden crops will produce isfactorily with less than six or eight hours of ght light per day, although some of this may light from the open sky, rather than direct sun. od drainage is even more essential, since none our vegetables will even grow, much less produce a crop, if they're constantly soggy with water. Fertilizer is important, too, and should be applied two or three times in the course of a growing season. The exact kind of fertilizer is not very important: One that is sold "for tomatoes" will work just as well on beans or squash.

In selecting vegetable varieties it is a good idea to look for the red-white-and-blue All America Selections shield on seed packets. This means that the variety has been thoroughly tested under a wide variety of conditions and may be expected to produce an outstanding crop. 1974 All America Selections are: broccoli Premium Crop; bush bean Goldcrop; and zucchini Aristocrat. Previous years' selections of other vegetables, of course, are still available. For general and detailed information about growing vegetables there's nothing like a good seed catalogue, and one of the most encyclopedic is that issued by Stokes. For a free copy write to Stokes Seeds, Inc., Buffalo, N.Y. 12420. And a new book, *Gourmet Gardening*, by Hamilton Tyler (Van Nostrand Reinhold, $7.95) answers all questions catalogues don't have space to go into. Mr. Tyler tells how to get plants started, how to look after them in the garden, how and when to harvest.

"Female holly flowers are borne singly; male flowers come in clusters"

reasing numbers of people who travel by bus and railroad may expect much more pleasant surroundings their travels in the future. The American Horticultural Society, under sponsorship of the Urban Mass nsportation Administration of the U.S. Department of Transportation, has made a study of the situa-n and its report is now available. This has much encouragement to offer all of us who believe that bus ps and railroad stations can provide quite different surroundings from the bleak expanses of asphalt l concrete that have been the rule for so long. The horticultural study group has produced a thoroughly earched list of plants that will thrive under the rigorous conditions imposed by heavy traffic, cramped ces, and noxious fumes. The 200-plant list covers climatic conditions in all parts of the country and ludes plants for all purposes, from flowering trees to evergreen groundcovers. This pamphlet will be invaluable guide for civic-minded gardening groups, whether their interests are in transit or just all-und city planting. Entitled *Transit Planting*, the manual is $3 from the American Horticultural Society, om H, Mount Vernon, Va. 22121.

veryone who has chopped off his own power cord while trimming a hedge with elec- shears (and who hasn't?) has ndered whether there might be e better way. The better way, it turns out, is the cordless elec- clipper that simply recharges being plugged into the house- d electricity overnight. Only wback in this system has been fact that the lightweight bat-es involved need recharging r about three-quarters of an r of running time. This is plenty the average dooryard clipping but hardly long enough for more ended operations. Now Disston—long famous for saws and cutting tools of all kinds—has solved this prob-n by developing a detachable power pack. This means you can have, quite literally, a battery of batteries. hile one is in use another is being recharged, so the only pause in the clipping operation is the few seconds takes to unplug the exhausted power pack and plug in a fresh one. With enough packs in reserve your clip- can zip right along for as many feet—or miles—of hedge as need to be shaped. Disston's CEHT hedge mmers, *above*, are available at dealers everywhere, as are their regular shears of all kinds.



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DINNER *continued from page 24*

Colette once wrote that when she was thirsty she drank wate when she was hungry she drank wine. More and more American perhaps because of travel and taste, are drinking more and mo wine, especially at dinner. And so when discussing dinner I feel should consider the calorie count of wine. Whether it is red or whi hasn't anything to do with it, it's whether it is a dry or sweet wir The calorie range of wine goes from 75 to 165 calories per 3 1 ounces, a scant half cup. In general, the dry wines such as Chabl Burgundy, or dry champagne have from 75 to 100 calories to th scant half cup. Sherry, port, vermouth, a sweet champagne a higher, ranging from 100 to 165 calories.

The calorie value of distilled liquors such as rye, scotch, bourbo gin, rum, vodka, and brandy is from 75 calories to 100 calories p 1 ounce, depending on proof. Of course, with both wine, fermente and liquors, distilled, it all depends on the quantity you imbibe.

Dinner for the *family* at least one night a week should be es cially festive. Make it a small celebration. Have the soup or dess in the living room. When you change courses, why not rooms? another evening you might put a table by an open fire—one ca or two put together. You can buy round tabletops that fold aw neatly for storage. A round table is cozy and conducive to conv sation and an enjoyable meal. Any room can be a room to dine. O evening I remember happily, was a dinner in an unfinished roo actually a bedroom, of an old house of a young couple. Walls we exposed, saw horses supported wonderful plank tables, and the sc folding made a sculptural background. It was original and fun.

As for Sunday dinners, they may just be the time to teach yo son or daughter how to carve. This is fast becoming a lost art w the young. Yet a good carver is always a welcome guest. Lo Chesterfield, who always had a lot to say to his son in letters, or wrote to his offspring, "Have you learned to carve? Do you u yourself to carve adroitly and genteely, without hacking half an ho across a bone . . . and without overturning the glasses into yo neighbors' pockets?" When dinner is served, having the childr help makes more than a meal, it makes for good company.

A well-thought-out, nutritious dinner is a unifying climax t busy day, a perfect ending if you take time to plan it that way. ■

FERTILIZERS *continued from page 36*

the new heap. The light-weight [illegible] carried with little effort to the border. She could buy fresh [illegible] manure from a dairy farmer up the lane, but doesn't, because it's heavy and she'd have to transport it—"and because I'm a city girl and have never become used to its smell."

A beginner I know, still in the vegetable phase, read a magazine about organic gardening and figured out a way to make "instant" compost using what he calls "the modern kitchen machine tool"—a blender. He makes a thick broth of all table scraps, includes leaves from flowers his wife cuts—a spent rose blossom "when available"—adds a pinch of nitrogen ("the book says you've got to help this stuff break down"), and pours it (the year round) on his vegetable plot. The results? I'll quote him: "You should see my vegetables. My rutabagas . . . 10 pounds [illegible] apiece. Of course, I don't eat . . . can't find anyone who . . . but I grow 'em for size. I spread a little fertilizer aro Anything I can get. And the e worms now in my garden! Fo five in every handful of dirt. W I see 'em I don't know wheth garden or go fishing." "S goes fishing," his wife says.) last time I saw him he said, " ris. I'm surprised at you. simply have to get with my revolutionary composting sy I call K.C.C.C., short for K Compost Cocktail Concoctio

I don't see any real differ between the widow and brasl ginner Kelly. They both plants well and fret about not at all. Both get pleasure of what they do—with thumbs. This seems to be gardening is all about, anyw

OOD LOOKS AND GOOD HEALTH

ontinued from page 30

NEW THIS MONTH IN THE STORES

d for "Bad Backs": New from the Simmons Company is the Hard axipedic mattress and box spring with a built-in headboard. It s been designed in collaboration with leading orthopedic sur- ons to meet medical standards when a bedboard or firm mattress indicated for backaches. Twin-sized box spring and mattress e priced at $99.95 each, and are available at department and niture stores throughout the country.

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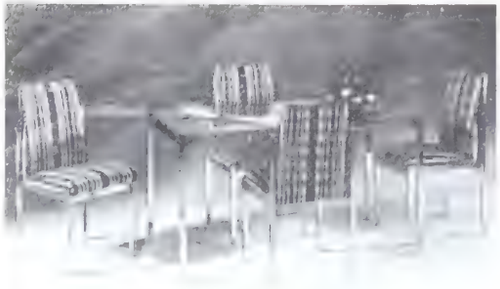

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Now—for the first time—an international Jet-Setter reveals the "inside" story:

How The Beautiful People Get Rid Of Both Cellulite And Ordinary Fat—Without Dieting!

The exquisite authoress Luciana Avedon, the former Princess Pignatelli

Yes, the Beautiful People *cannot afford to be fat!*

Those stunning, sleekly-slim couples who grace the pages of the fashion magazines and society columns . . . who spend each new Season in New York and Cannes and Saint Moritz and Saint Tropez . . . who live surrounded by a horde of admirers and photographers *must* remain youthful and slim right up to 50 . . . 60 . . . 70!

And yet they eat lavishly, feasting on exotic cuisines as they travel the globe, but always retaining their fantastic figures.

And, if you were to ask them what they do to maintain their Beautiful People Bodies, the answer would always be the same: *"I don't do ANYTHING; I don't diet!"*

That's right! *The Beautiful People Don't Diet!* They enjoy the finest food in the world and yet the needle on the scale barely moves! How do they do it?

For the first time, Luciana Avedon (former Princess Pignatelli and now the wife of the European cosmetics executive, Burt S. Avedon) reveals the "BEAUTIFUL PEOPLE MIRACLE FORMULA" responsible for all those lusciously svelte figures on the society pages. How they NEVER go on fad diets, NEVER take dangerous amphetamines, diuretics or diet pills, and NEVER give up their favorite foods either! How they simply go right on eating the foods they like—*but in a special way that keeps them always fashionably slim, without their having to jump on and off the diet merry-go-round.* To give just a few examples:

One California socialite says: "I always keep my weight fluctuation within two pounds. It's bad for the face when you go up and down." Another stunning fashion leader says: "I weighed more at age 25 than I do now." (She's now 37!) Another says: "Sitting down to nothing but clear soup or health food depresses me, it makes me feel like an invalid."

And another Italian Beauty confesses: "Take away pasta and I would die!"

But yet *they know how to splurge like this without incurring disaster on the scales!* They get their food kicks constantly *but their figures never show it!*

They eat the finest food in the world (even the delicacies and "tempters" you'd be horrified to touch), *but they do it in a way that never lets them put on more weight than they can simply "peel off" in a few days any time they decide to!*

(In fact, these Beautiful People secrets of delicious figure-maintenance are so powerful that, when one young, overweight model was introduced to just one of them, *she lost 22 pounds in one month and stayed at that weight from then on!* And another young girl, when shown how, *lost 20 "impossible" pounds in two short months, even though not a single meal demanded special preparation.*)

So, From Now On, Forget About Debilitating Diets! The Beautiful People Don't Use Them—Why Should You?

Once again, let us emphasize that the Beautiful People think dieting is a "bore." They eat well—very well—and they are *not* fat! They wouldn't *think* of doing without their favorite foods and the needle on the scale barely changes!

Why then shouldn't you follow their plan and lose weight—pounds and pounds and pounds of it! *The process is the same, even if you start with a 50 pound handicap.* And you do it all by yourself (without "fat" doctors, or the group therapy approach of diet clubs). And, yet, (to repeat once again) *you do not "sacrifice" the foods you love for a single minute!*

Yes, you can still enjoy parties, restaurants, business lunches or dinners, and "super-relaxed" vacations. You can eat all the foods you usually do, and *still find the pounds and inches gradually, but permanently, melting off!*

Listen, As The Beautiful People Tell You How To:

Condition yourself by developing your own built-in "Fat Radar" so the minute your weight starts to shoot up, you shoot it down!

Take off fat while it's still "soft" . . . *before* the body has had a chance to make it part of the muscle structure. Before it marbleizes, as in a fat steak, and becomes *even harder* to lose!

Make the natural diuretic power of food even MORE effective, so that accumulated tissue water drains out of your body faster and you NEVER get that bloated look!

Lose tons of weight all in the *right* places, and *NEVER get "scrawny" looking in the face.* Actually melt unwanted pounds right off your body, and *still* retain that "youthful" bloom in your face the Beautiful People way!

PLUS . . .

How to be thin as a model, and *still* have the energy and stamina of a truck driver!

The Beautiful People's special "Secret Elimination Diet" that *disintoxicates your system* . . . drains out internal poisons . . . at exactly the same time that you are painlessly losing weight!

The Beautiful People "Easy Diet Plan", a permanent part of your life, so that *you continue to lose weight for as long as you wish, and yet NEVER feel deprived!*

How to *prevent* your body from automatically "adjusting" to your first massive weight loss, so that it actually prevents you from taking off even *more* pounds.

What to do if you are a "sandwich fiend" and *don't* want to cut them out of your diet.

Why the Beautiful People make sure that they *never* lose more than 18 pounds at a time.

How they painlessly "retrain their nervous system so that they don't go on eating binges during an "anxiety attack."

The most carefully guarded Beautiful People secret: how to lose weight super-fast, purify your body, *and heighten your senses to a new state of awareness at exactly the same time!*

The *hypnotherapy approach* to weight loss!

How the Beautiful People lose weight while they are traveling.

How the Beautiful People keep *their children* from developing unhealthy and fattening eating habits.

What the European Beautiful People *do at once* when their skin looks bad, they have trouble sleeping, or just feel dreadful.

Why the Beautiful People feel that American men are a "disaster" . . . And, what Beautiful People Males "over 30," do to retain *their* very special attractiveness.

The Beautiful People "cure" for sporadic over-indulgence. In other words, how to eat your cake, and *have a knock-out figure too!*

Yes, The Beautiful People Have Been Looking Fabulous For Years THIS Way. Now You'll Learn How, WITHOUT RISKING A PENNY!

You are just as capable of keeping younger, prettier, slimmer and more attractive as any of the Beautiful People you'll read about in this book. *And once you know their "secrets", you'll be well on your way to joining the ranks of all the Beautiful People all over the world, who realize that being beautiful also means being slender.*

Return the No-Risk Coupon today!

© I. B. Co., 1974

ABOUT THE AUTHOR

Roman-born Luciana Avedon, the former Princess Pignatelli, was educated in Switzerland. She has been a fashion designer and coordinator, and is currently a beauty consultant. Her first book, *The Beautiful People's Beauty Book*, was a best-selling title here and abroad.

SPECIAL ADDED BONUS

How The Beautiful People "Smooth Away" Ugly Cellulite, The EASY Way!

Yes, while these Beautiful People are incredibly slim and supple at *all* ages, they have also learned how to *FREE themselves of ugly and distorting CELLULITE!* (Cellulite, as you may know, is "orange peel fat"—the hard lumps of hideous fat that stick to the back of the thighs, knees, arms, buttocks and back.)

This is not ordinary fat, by any means. And it can't be gotten rid of by ordinary means. Instead, *its bumpy, hard lumps become trapped in immovable pockets just beneath the skin.* It's found on almost 90% of the women in the world! But *not* the Beautiful People! Why?

BECAUSE OF THESE TWO SIMPLE "CELLULITE CHASERS" THAT YOU CAN USE YOURSELF IN A FEW MINUTES A DAY!

No, you *don't* need fancy doctors, or expensive health spas to bid farewell to these unsightly globules. *You can achieve spectacular results simply by following these two simple steps* beginning on page 26:

First, attack the cellulite you're carrying around right now through this special self-massage treatment designed to break it up and *quickly "wash" this figure-distorting mess right out of your body!*

Second, follow the unique Anti-Cellulite-Food Program that will actually *help your natural circulatory system to rid your body of annoying substances BEFORE they can build up and become IMMOVABLE CHUNKS OF FAT!*

Both these Cellulite Fighters are yours, as just one section of this great *Beautiful People Over-All Body Beauty Plan* . . . to try at *our* risk!

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MAIL NO RISK COUPON TODAY!

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Gentlemen: Please rush me a copy of THE BEAUTIFUL PEOPLE'S DIET BOOK, #80108, by Luciana Avedon and Jeanne Molli! I understand that the book is mine for only $5.98 complete. I may examine it a full 30 days at your risk or money back.

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Henredon

Your taste
ver
your taste

Your taste has probably changed since you first said "I do" to your china and crystal.

As you have tasted life, quite naturally your taste has outgrown what you may have bought once upon a time.

Which leads us to a simple question: at the same time that your husband is eyeing a new, more luxurious car for your driveway, don't you have a right to eye beautiful new china and crystal for your table?

After all, how many more tables are you going to set before you set the one you really want to set?

Royal Doulton English Bone China. Because food alone doesn't make the meal.

There is an art to serving. And through the decades Royal Doulton has been part of that art.

Our Bone China patterns like our dramatic new Carlyle shown on the right, are beautiful paintings. Only instead of painting on canvas, our artists use Bone China. In fact, there are times when they even hand paint their intricate designs using platinum and pure gold.

This same dedication to beauty is shared by our glazers, plate makers and kiln masters, many of whom have spent their whole lives crafting only our Bone China.

It is, you see, no mere accident that Royal Doulton Bone China combines the three most important virtues china can have: pure whiteness, translucence, and strength.

Royal Doulton Bone China. When you choose Bone "the second time around," this is where to start. And end.

(While you are choosing, you might like to know th when you buy a 40 piece service for eight, you will receive 15% savings.)

Royal Doulton Fireglow. Flowers that won't w Even in the oven.

Among our many Fine China patterns we have one beautiful, lively looking floral pattern called Fireglow.

These flowers are unusual. They not only come on and cups and bowls, but also on cooking pieces that can go into the oven.

And afterwards, right onto the table for serving.

There are casseroles, soufflés, even a roaster.

This whole concept of beautiful Fine China you ca in as well as serve in (and on) is something new since you went china shopping.

as a bride
us
as a woman.

We thought we should introduce you to the idea. After all, e changed, why shouldn't china?

Royal Doulton English Crystal.
Full lead, hand blown and hand cut.

At Royal Doulton we believe you should be served a plete meal.

Which is why, in addition to creating beautiful china, lso create beautiful crystal.

Our crystal is designed to coordinate perfectly with our a. In fact, as anyone with a keen eye for design will note, wo actually complement each other's beauty.

And because all of our crystal is full lead, hand blown nand cut, each one of our crystal patterns, as our Belvedere shown here, has a remarkable diamond-like sparkle and clarity. And is as reflective and as brilliant as can possibly be.

Royal Doulton English Crystal. A complement to our fine china and a compliment to your good taste.

The next step.

The patterns shown here are obviously just a small sampling of Royal Doulton English China and Crystal.

If you would like to see more, send 25¢ to Royal Doulton, Dept. HG, 400 Paterson Plank Rd., Carlstadt, N.J. 07072. We'll be pleased to send you both our china and crystal brochures.

They'll make you want to say "I do" all over again. And this time, it will really be forever.

Royal Doulton

English China and Crystal

The only dishwasher that comes with a sink attached.

It's a convenient, reliable KitchenAid dishwasher. That comes with its own stainless steel sink and countertop. It's only 18" wide. And there's a roomy storage cabinet with plenty of space to add a KitchenAid disposer and dispenser for 190° hot water.

We call it a dishwasher-sink. You'll call it a good way to get half a new kitchen with just one appliance.

For details on available models and colors, talk to your KitchenAid dealer. (He's in the Yellow Pages.) Or just mail the coupon.

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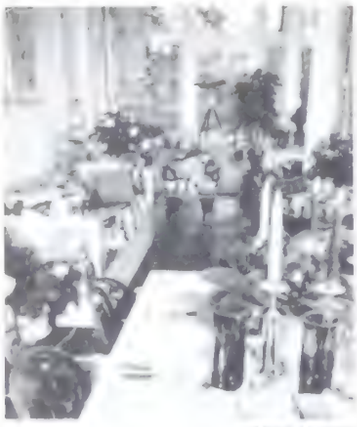

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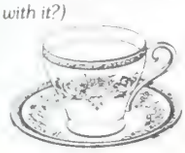

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Lady Pepperell

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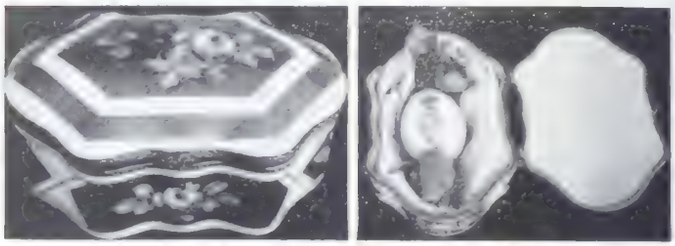
QUESTIONS & ANSWERS: Antiques

BY LOUISE ADE BOGER



PORCELAIN BOX WITH CHINA EGG

This porcelain box containing a china egg has been handed down in our family, but we don't know anything about its origin. Can you help identify it? *H. S.—Santa Rosa, Cal.*

The porcelain egg in your box bears the monogram of Alexandra, wife of Nicholas II, Emperor of Russia, 1894-1918. Quantities of these eggs were made each year and given as gifts at Easter. The porcelain box bears the crossed L's of Sèvres, one of the most widely forged marks, so you should have it examined for authenticity by an expert. Paul is the name of the artist who painted the decoration.

ADAM STYLE TEAPOT

My family have owned this silver teapot for many decades. Can you identify it? *W.B.—Devon, England*

Your silver teapot with footed stand illustrates the simpler version of the Adam style evolved in the late 18th century to suit the taste and the purses of the English middle class. It was extensively imitated abroad, especially in Scandinavia and Portugal as well as in the newly liberated American Colonies.

COIN SILVER CUP

This is a sketch of a coin silver cup (and its marks), which belonged to my great grandmother. Do you know what silversmith made it and how old the cup may be?

H.N.A.—Winnsboro, La.

The mark—an anchor, lion, and capital G—is the familiar Gorham trademark introduced in 1868, when it abandoned the coin silver standard and adopted the sterling standard. Your mark is interesting because it still conforms to the earlier standard. "B" indicates that the cup was made in 1869.

VICTORIAN HAIR WORK

This lovely antique, I am told, is a fine example of hair work. When was this unusual craft popular? *F.T.—Perris, Cal.*

Jewelry, such as memorial rings, made of hair was created in the 18th century by artists and jewelers. However, hair work for the amateur did not become a fashionable Victorian "art recreation" until about 1850. It remained in favor until the end of Victoria's reign. Your picture of hair work under glass, in its original frame, is an impressive example of this taste.

Continued on page 12

The first informal dinnerware
that matches beauty with strength.

Temper-ware

BY LENOX®

Freeze in it, then bake in it, serve in it, run it through the dishwasher.
Lenox guarantees Temper-ware in writing against breaking,
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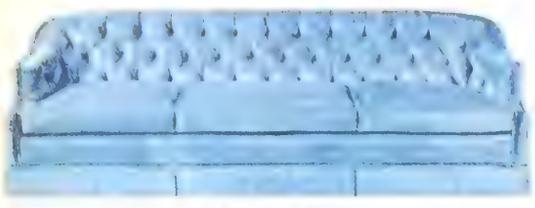
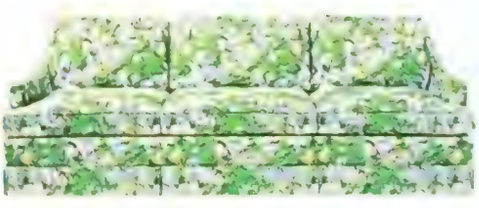
You can now purchase Temper-ware, the new super ceramic,
at stores where Lenox fine China and Crystal are sold.

Write for your free Temper-ware color pattern brochure to Lenox Inc., Trenton, New Jersey 08605.



About $670



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For that, you're prepared to make a reasonable investment.

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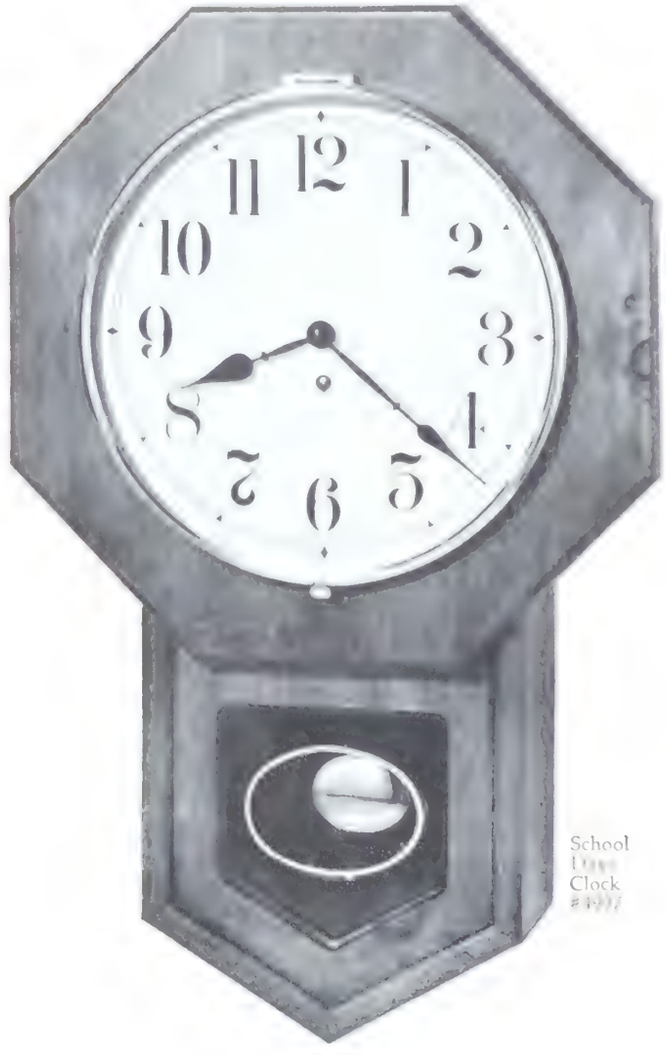

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Howard Miller Clock Co.
Zeeland, Michigan 49464

ANTIQUES

continued from page 8

AMERICAN ROCKING CHAIR

This chair, which we think is very old, was recaned and repaired several years ago. Can you still tell how old it is and where it was made?
E.M.B.—Springfield, Ohio

Your curly maple rocking chair was made in the United States, perhaps Ohio, about 1850. It is a fine example of its class.

HIGHBOY BASE

I think our lowboy was made in Connecticut. What more can you tell us about it?
H.E.M.—Lakehurst, N.J.

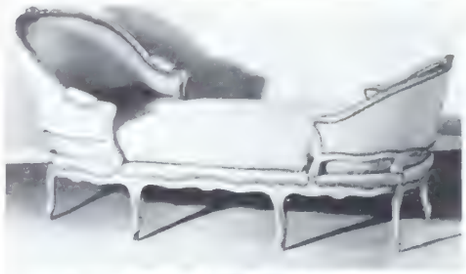
Your piece is not a lowboy but rather the lower part, or base, of a Queen Anne style Connecticut highboy of about 1740. The knee brackets and moldings joining the lower to upper part are missing. It is said that the carved "sunburst" or "rising sun" is almost the only decorative feature of a Queen Anne style New England highboy.

AMERICAN GRANDFATHER CLOCK

This grandfather clock, in my family for [illegible] Am on its face the name G. Chandlee. It measures [illegible] Do you know anything about [illegible]
T.L.H.—Havre, Mont.

Your clock was made by Goldsmith Chandlee (d. 1821) who belonged to a Quaker family of clockmakers of Pennsylvania and Maryland. He worked for and succeeded his father Benjamin Chandlee, Sr. (1685-1745), who, born in Ireland, settled in Philadelphia in 1702 and moved to Maryland in 1712.

FRENCH DAYBED



Is the shape of my French daybed typical? To what period does it belong? R.F.
—Sacramento, Cal.

Yes, the shape is most typical and enjoyed great popularity from 1740 to 1780. This type of daybed, distinguished by its gondola-shaped back, was made in both the Louis XV and Louis XVI styles. Yours is in the Louis XV style.

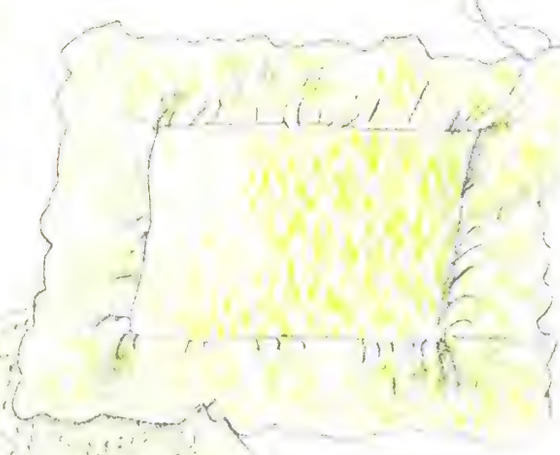
RUSSIAN CHINA

I am enclosing a picture of some pieces of Russian china in my possession and of the mark. Can you identify the china further for me?
M.L.—Boonton, N.J.

The factory where it was made, Kornilov Bros., which began at St. Petersburg in 1835, shipped a considerable amount of this china to the U.S. from around 1893, during and after the World's Fair at Chicago. The porcelain at the Fair was marked with a Russian bear and inscribed "Made by the Kornilov Brothers." Their export porcelain was of fine translucence and brilliant coloring.

Gloria Vanderbilt for Atelier Martex. A special-edition collection of couture bed linen.

The Victorian Bouquet.



Ruffled sham
in the Flowerfield print

Detail: A hem, softened with lace.

The Regal Butterfly.

An Atelier bedroom.

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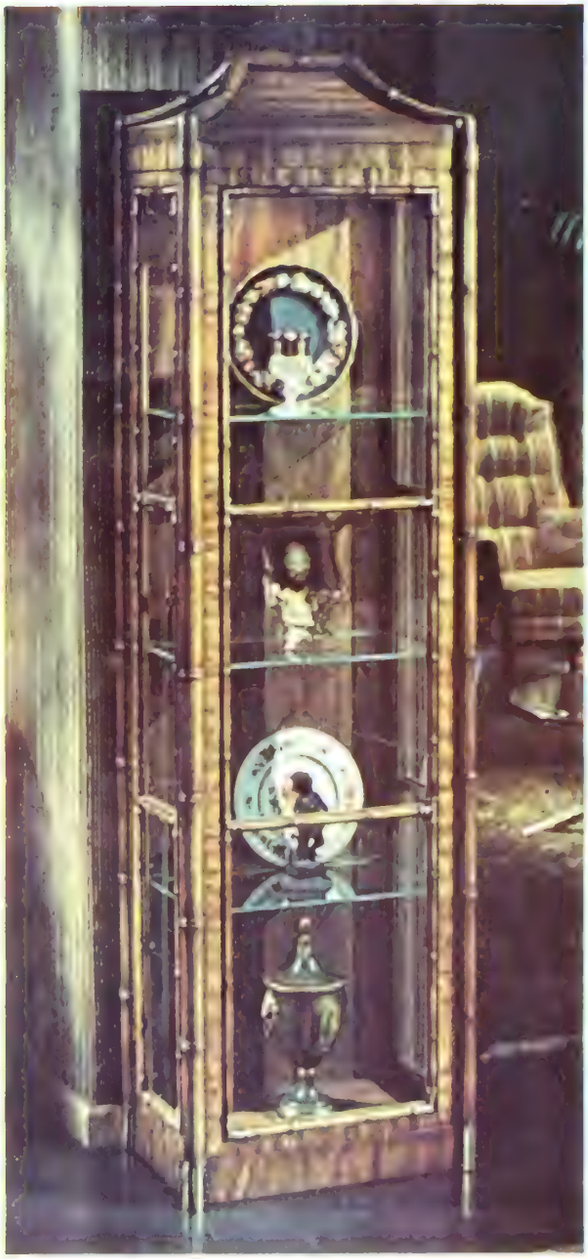

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Weight control

—the power of a good habit

BY ELOISE R. TRESCHER, RI

Fat babies often make obese adults. Round and appealing as th might be in their cribs, their personal carriage through life will more comfortable and much happier if nutritious diets start fro the very beginning. Quite simply, a balanced diet helps make balanced person.

The prevention of overweight should be started early in lif Forestalling young ounces later helps stave off pounds of care. Th has proved to be of primary importance—fat cells are formed infancy and early childhood. As the late Dr. John C. Whitehor professor of psychiatry at The Johns Hopkins University Medic School, put it so succinctly, "The sentiments of the adult are th sediments of his childhood."

"Quite simply, a balanced diet helps make a balanced person"

One who is overweight is always conscious of one's self. And there are so many other things to think about in this exciting world. If one achieves one's correct weight, by moderation and proper dieting, self image will be im proved as well as physical health and freedom of movement. Ther will be the deep satisfaction of being the right weight the rest of one life, the "prime of life" years will be extended. We are of the anima kingdom, and it *is* the survival of the fittest. Statistics show that th overweight have an increased susceptibility to certain diseases, t mention a few—diabetes, gall stones, cardiovascular disorder cancer of the cervix.

The earlier in life that the habit of overeating is corrected an proper eating is instituted the more likely one is to maintain normal weight. The eating habits of the adult often reflect the eatin habits of the child. Losing weight is a *learning* process that mus be begun, continued, and practiced until moderation becomes natural way of life.

A diet to lose weight should be adapted to the individual's needs Protein, mineral and vitamin re quirements depend upon one's height age, sex, and activ ity. Just as a suit o dress will not fi persons of all ages and sizes, neither will any diet. A diet for an overweight individual is a personal regime that works best when tailormade by a qualified nutritionist recommended by a physician.

"Just as a suit or dress will not fit persons of all ages and sizes, neither will any one diet"

The nutritionally sound low-calorie diet should include food from all four food groups. Think before you eat. Think of the four food

Continued on page 18

CERAMIC TILE.
EVEN A LITTLE CAN DO A LOT.

Mention ceramic tile and most ple picture it used with a kind of lavish, ee-is-no-object abandon.

On temple walls, in palace halls, ngling the courtyards of the Cote zur, glinting from the domed towers orybook shiekdoms.

Or, less romantically, as the walls floor of the traditional bathroom.

But one of the great decorating ues of ceramic, as demonstrated by examples on this page, is that you 't have to spend a fortune to make r home look like you spent one on it. d even modestly, ceramic tile is not spectacular in itself, but provides a chless contrasting medium for other orating materials.

Woods become woodier, grainier.

Whites and colors resonate more lliantly against each other.

Metals glow more lustrously.

And fabrics go deeper and softer attern, sharper at the edges, and more tury in texture.

So you can use ceramic tile either make your home over, or to make the st of what you already have.

Use patterned tile to frame doors d windows, for example.

Glazed tiles as baseboard and ceiling molding can turn a blank wall into gallery-space for paintings and sculpture.

Tiling the top of a waist-high kitchen cabinet turns dull, wasted space into a work-island that's practical as well as beautiful.

Used as an inlay, a mosaic pattern of textured ceramic at the center of a plank or parquet floor seems to double the size of the room.

And as overall flooring, there's nothing like ceramic tile to turn a foyer, a center hall or vestibule into a grand entrance.

Yet, the expense is surprisingly nominal.

The designer tile we used to transform the fireplace above into a showplace, for instance, cost under $150.

And regular ceramic tile averages $1.75 to $3.00 per square foot.

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groups. In time it will become an unconscious sequence in your food patterns. Think of those food groups as best friends you don't ever want to overlook. They are: 1. milk and milk products; 2. vegetables and fruits; 3. meat, fish, poultry, eggs, cheese; 4. breads and cereals.

"The more moderation is practiced in eating the more of a fixed habit it becomes"

A sound low-calorie diet should satisfy hunger and provide gastronomic satisfaction. A between-meal snack often helps the person on a low-calorie diet as it provides a lift in energy and dulls the appetite for the next meal. But snack rather than overstuff. To snack is an American verb and is often overdone.

One of the cardinal omissions of the average weight watcher is his failure to note the *size* of the *portions* of the food yielding a given number of calories. How many of us get eight servings from

HERE, A LIST OF AVERAGE SERVINGS, GUIDED BY THE STANDARD MEASURING CUP

¾ to 1 cup of cereal	⅙ of a 9-inch pie
¾ to 1 cup of soup	⅛ of an angel cake
½ cup of vegetable and fruit	½ to ¾ cup of pudding or gelatin dessert
½ to ¾ cup of potato, rice, pasta	½ cup of ice cream
3 ounces of meat, fish, or poultry—cooked weight, no bone or fat	1 cup (8 ounces) of milk

a quart of ice cream? The necessity of weight watching would end for most of us if we limited ourselves to "average portions" and *never* took second helpings.

If you eat properly at mealtime you won't wake up ravenous in the middle of the night and sleepily consume food you would have been more sensible about at the table—chocolate cake, cherry pie, almost any food seems more permissible at 3 AM, in almost any amount. Our calorie conscience isn't really awake at that hour. And a cup of warm milk is a much, much better soporific than high-calorie snacks.

"A cup of warm milk is a much better soporific than high-calorie snacks"

The person who loses pounds slowly is more likely to attain and maintain correct weight than the crash dieter. A crash diet, frankly, is at the wrong end of the scale when it comes to a rewarding approach to losing weight. There are many reasons:

Weight lost on a crash diet is rarely a permanent loss.

Crash diets are, more often than not, nutritionally inadequate.

Crash diets are so restricted that adherence to them is short-lived.

Crash diets frequently call for the omission of salt and most of the weight loss is water and not fat. Resumption of using salt results in water retention. The salt and water balance in *healthy* individuals is automatically maintained.

Be content with a gradual loss in weight. A loss of half a pound

Continued on page 20

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Enkalure II by ENKA.

WEIGHT CONTROL *continued from page 18*

a week adds up to twenty-six pounds a year; one pound a week will be fifty-two off in a year. On a gradual weight losing schedule one need not feel deprived nor guilt smitten if one decides on a little indulgence on occasion. The more moderation is practiced in eating, the more of a fixed habit it becomes. As Albert Camus wrote, "Find indulgence in moderation."

Take up some new activities, not only to take your mind off food, but to add to your weight loss as well. *Walk.* Walk to your neighbor's house rather than drive; walk with a club such as the Adirondack Club; walk as a volunteer guide at your local museum or zoo. It's a terrific easy exercise. Walking increases your circulation, it increases your calorie utilization, brings up sagging muscles, makes you feel more alive.

Be a participant in a sport rather than a spectator. With the current boom in tennis courts, tennis is one of your best sports. You're sure to be able to find one friend who dislikes golf as much as you do. Become tennis fanatics together. And bicycling, since traffic restrictions have cut down on the fast ways to commute, is back in vogue.

Seasoning is enjoyable and in a low calorie way. But watch out for butter, cream sauces, cheese sauces. Use lemon juice, vinegar, herbs and spices (such as basil, thyme, and curry). Dress your Melba toast with butter substitutes.

Try cooking your vegetables in bouillon. Or the French method for vegetables—very little water and cooked a short time. Then sprinkle with the butter salt, an American addition. Above all, don't season to waste all the calories you've already saved. For instance, one level tablespoon of catsup or chili sauce is approximately 15 calories; one level tablespoon of butter, margarine, oil, or mayonnaise an enormous (or fattening) 135 calories.

If one must use fat, sour cream is much lower in calories than most fats. Two level *tablespoons* of sour cream equal one level *teaspoon* of butter, margarine, or mayonnaise.

Moderation, especially, is the key to weight control. Not total abstinence as this makes one feel limited or regimented. Those who are overweight and wish to maintain normal weight must make a permanent change in their eating habits *forever*. And it will become a habit, a new way of life, as long as the memory of obesity stems.

Two free booklets on nutrition for the overweight as well as the lean are *How Children Grow*. Information Office, Division of Research Resources, National Institutes of Health, Bethesda, Md. 20014. *Food and Fitness* available at your nearest Blue Cross office. A third, *Food and Your Weight*, prepared by the U.S. Department of Agriculture's Consumer and Food Economics Institute, may be obtained by sending 35c to the Consumer Products Information Center, Pueblo, Colo. 81009. ■

"On a gradual weight losing schedule one need not feel deprived nor guilt smitten if one decides on a little indulgence on occasion"

"The necessity of weight watching would end for most of us if we limited ourselves to 'average portions' and *never* took second helpings"

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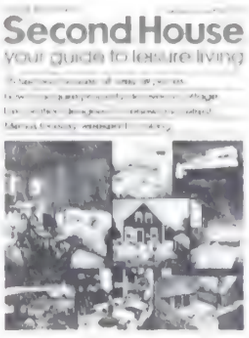

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300 YEARS IN THE LIFE OF A COLONIAL TAVERN

BY KENNETH BATE

In February of 1762, a Rhode Islander, Samuel Matteson, set out with his brothers, their families, and with a grant for a tract of land called Shaftsbury in what is now Vermont. The journey was made by sled in the dead of winter and took two months. Although there were no roads or bridges, the ground and the rivers were frozen, and the caravan slid along like a great ski, with Samuel's wife comfortable on a mattress on the back of a cow. Arriving in Shaftsbury in early April, the clan settled near a fine spring of water, felled trees, built cabins, and planted corn, flax, peas, beans, turnips, and pumpkins—even roses and lilacs. The family prospered, their farms burgeoned, and so did Shaftsbury, which soon became a village bisected by a road that ran all the way from Bennington to Canada. The rumble of stagecoach traffic increased, and by 1766 Peter Matteson, Samuel's oldest son, had the perspicacity to realize that a roadside inn and tavern would not only be appreciated by travelers—but would be a very good investment, too.

It was. Finished in 1777, built like a fortress and surrounded by outbuildings, it provided food, refreshment and comfort for weary travelers for many, many years. In the 1920s, Beatrice Claflin Breese, a New Yorker looking for a country house, came upon the tavern, fell in love with it ("Oh, it is simply topping!" she said—hence the tavern's present name), and bought it from Peter Matteson's great granddaughter. A few years later, she fell in love again, this time with the Earl of Gosford, an English nobleman, married him, and for forty years the tavern was their summer home.

Lady Gosford was an indefatigable restorer and an insatiable collector. Once the tavern had been put into pristine condition; she combed the countryside for antiques of the right period, and got up on ladders and down on her hands and knees to stencil walls and floors. This astonishing woman worked unceasingly until 1967, when she died, having bequeathed the tavern to the Bennington Museum as a record of Colonial life.

It is a superb record. Architecturally, the tavern is a late Colonial, three-story, plank and clapboard building painted deep barn red with white trim. There is a handsome front door with a fanlight, side lights, and pilasters, although visitors today enter at one end of a long ell through the old woodshed—now a display area for rare Early American pottery.

The cellar has a cistern, a well with a *very* old oaken bucket, storage for wine and root vegetables.

In the taproom is a bar equipped with fascinating old bottles, tankards, flasks, and a "flip dog"—an iron toddy heater, highly essential in winter. The parlor and the keeping room (a kind of family room) are furnished with Lady Gosford's "finds," which run from elegant furniture to utility: a apple peeler as elabo ate as a Rube Goldber fantasy, a spit jack (a early edition of th modern barbecue), waffle iron that imprin the waffle with th American flag and e gle. Curiosa abound Out in the old turke house is a dog treadmi and turning lathe f furniture. The do turned the treadmil which turned the bel and the belt turned th lathe. Colonial dog earned their keep.

Upstairs are the be rooms, the Fiddlers Gallery, an the Ballroom, interesting for swing-down partitioning wal which formed two bedrooms—o for ladies, one for gentlemen—(those evenings when guests ha danced so strenuously or a dro too much partaken that they we too tired or too happy to go hom

Topping Tavern Museum open to the public from May 1 t October 31, Tuesday through Sa urday from 10 to 5, Sunday fro 1 to 5. The admission fee is $1 f adults, $.50 for children from 1 to 17, and for children under 1 nothing at all. ■

A welcome sight to weary Colonial travelers, Toppin Tavern, TOP, *looks just as i in stagecoach days. After t The Parlor,* LEFT, *wayfare climbed to their beds up a staircase,* ABOVE, *in a hall stenciled in the 18th-centu manner by Lady Gosford, did a superb job of restora*

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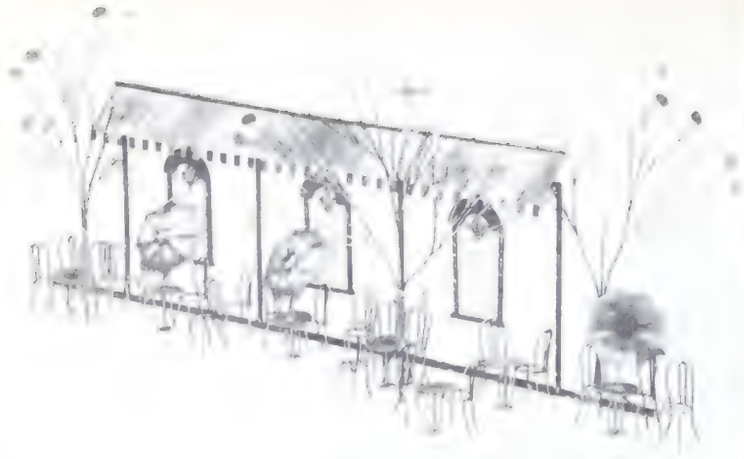

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How your **emotions** *can play tricks with* **your diet**

by Mary Catherine Tyson, M.D. and Robert Tyson, Ph.D.

EDITOR'S NOTE: *Drs. Mary Catherine Tyson and Robert Tyson, she an internist and he a psychologist, are a husband and wife team who bring special knowledge to the subject of dieting. In their new book* Psychology of Successful Weight Control *to be published in May, they have given considerable attention to the mental side of slimming. "Losing weight is not only a caloric matter but an emotional one as well," they say firmly. You can have all the mechanics of a diet laid out, the final weight goal, the weekly weight loss, the daily caloric intake, the meal charts, but it won't be successful until you overcome the real obstacles that make it difficult to put the program to work. You've got to understand why you are overeating. In this extract, they illustrate some of the typical emotional situations, observed from many years' experience of people and personal conflicts. Their insights may help you locate and get over your own inward hurdles before you get down to the straight sensible suggestions for reducing from our nutritionist Eloise R. Trescher on page 16.*

We congratulate the lucky ones who decide to eat less and then do just that. Fortunately, their emotions do not play tricks on them. The majority of overweight people are not so lucky. They have to contend with the hidden obstacles of emotional interference. And to overcome these obstacles, they must first identify them.

The basic conflict

Emotional interference doesn't have to be complex. Anyone can make a long list of what pleases and distresses him. The frustration caused by dieting, however, creates a new complication.

Strong motivation *for* dieting is provided when a doctor tells a person that he must diet for the sake of his health or to save his life. Of course he wants to diet for such vital purposes. Even so, when the dieter first gets hungry, he faces a most uncomfortable state. He *thinks* he wants to diet, but he doesn't *feel* like dieting. He wants his usual food in the usual quantities, but he also tries to deny himself this satisfaction. The conflict that results can be severe.

The intensity of this struggle between two opposing wishes is revealed by the fact that very often, even when health or life itself is at stake, the wish *not* to diet is the victor and the whole plan to lose weight fails.

To recognize fully the strength of the wish not to diet is to know the enemy. Only by doing this will you be prepared to persist even if it is exceedingly hard to do so. Many would-be dieters have failed because they underestimated the task they faced.

Continued on page 28

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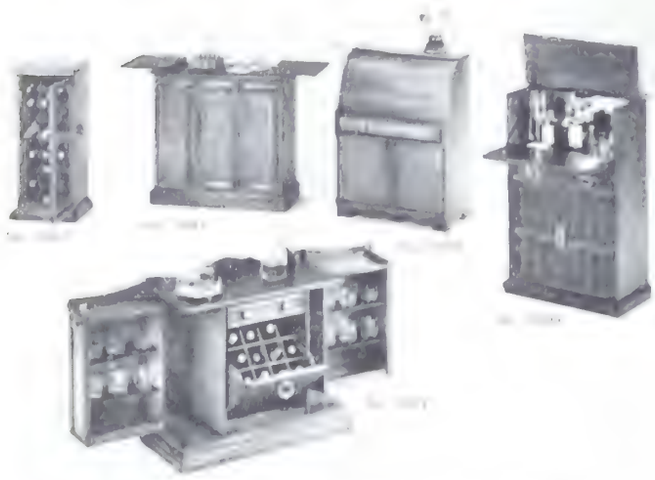

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"To recognize fully the strength of the wish not to diet is to know the enemy"

GOOD LOOKS & GOOD HEALTH

continued from page 26

Gone: a source of satisfaction

A man or woman who enjoys good food naturally misses the relaxed feeling that comes from eating. Before dieting begins, this satisfaction may very well be taken for granted. When it is suddenly removed, the individual experiences discomfort, irritability, and a thwarted feeling. This is emotional interference of the simplest kind. The conflict between restricting intake of food for the sake of health and wanting to eat for comfort and satiety is a simple one, to be sure, but it demonstrates that a dieter usually has strong motives for not keeping his diet.

Complications of irritability

The moodiness that is so common in dieters can cause friction in human relations. Irritation seeks an outlet. Any convenient target will do: husband or wife, children, or people at work. The dieter may be unreasonable and demanding. Arguments result over issues that previously were trivial. Disturbed moods may in turn make a diet harder to keep. If you understand this, you can prevent it from damaging your personal relationships.

False fatigue

There are two kinds of fatigue. One is actual depletion of bodily resources: a person who does hard physical labor all day has this sort of fatigue. The other is a feeling of tiredness, without actual depletion of body resources.

A diet can produce a feeling of fatigue without there being any clear physiological cause. This feeling may serve as an excuse to quit the diet: "I can't keep my diet. It makes me too tired."

Rather than deny or fight this false fatigue, rest for a short time. The tired feeling most likely will pass.

Diet blues

The effect of dieting on some people is not mild irritability but marked depression. This should not be neglected. If you feel deeply despondent while dieting, a talk with your doctor is recommended. The consultation alone could bring relief, or medication may be prescribed. You and your doctor will be able to decide whether the diet should be continued; perhaps a short interlude is needed until your mood is more favorable.

Some emotional tricks

When sincere and logical efforts to keep a diet fail, this is not a sign of weakness and should not lead you to think, "Oh, I give up!" Probably an unconscious block must be identified and understood before new eating habits can be formed. Here is an example of this kind of block:

A physician at a college once advised a freshman woman to lose about twenty pounds in the course of a year. Cheerfully accepting the idea, this student read the reducing menus supplied

Continued on page 34

If Colgate is just a kid's cavity fighter, how come Billie Jean King won't brush with anything else?

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"If your diet is failing for no apparent reason, search for tricks your emotions are playing on you"

GOOD LOOKS & GOOD HEALTH

continued from page 28

by the doctor and planned her meals for the week ahead. She followed the diet scrupulously at breakfast and lunch on the first day, but at dinner an overwhelming desire to eat more led her to eat at least twice the amount she was accustomed to. This defeat caused her to feel utterly discouraged about losing weight. What was the unconscious block that prevented this woman from carrying out [illegible]?

A talk with the physician, who believed that guidance was often needed along with medical advice, soon uncovered the trouble. [illegible] adolescence, the student had felt that her excess weight made her unattractive and in fact it did detract from her appearance. She was [illegible] after when dances and other social accomplishments [illegible] in high school. She [illegible] to meet boys and participate in the social extracurricular activities and preferred to stay at home. Eating became her way of getting pleasure. [illegible] seemed to be out of reach, [illegible] for [illegible] and French fries were rewards she could always depend on.

The [illegible] woman's conscious determination to diet was sincere and her planned menus feasible. However, she did not understand what an important part overeating played in her life. That was the hidden block she was trying to do without. [illegible] the few real satisfactions in her life: eating as much as she wanted to whenever she felt the urge.

The hidden block on the path of a dieter often seems to be illogical, far-fetched, and "just in the mind." But it's real enough and damages a person's best interests. When it is uncovered and understood, a pathway to new habits can open up.

The student in this story realized that her overweight condition interfered with her social life, her image of herself, and her health. She knew that dieting would help her in all these areas. Gradually she accepted opportunities to meet more people rather than avoiding them as she had been doing. This new and increasingly successful search for new satisfactions left her less dependent on food as solace, and she found she could adhere to a reasonable diet plan.

This college student's problem was relatively clear and simple. To make the nature of a hidden block still more understandable, here is a more involved story: the case of a woman who lost two pounds a week for five weeks and then, in one dismal week, gained back half the lost weight. Over a period of several months, the pounds were on again, off again. Finally, they remained on and the woman was right back where she started. It was at this point that a conversation between the woman and her doctor solved the mystery.

The woman's husband made regular business trips every few weeks and was away from home for seven days each time. It was in those seven-day periods that the woman gained weight. [illegible]iness made those absences dull intermissions in her life. She missed not only her husband's company but also the activity of a busier household. Forbidden but attractive food was the simplest compensation and she overate without knowing why.

Could she have perceived this cause and effect? Possibly, and some people solve such mysteries easily. This woman didn't,

Continued on page 12

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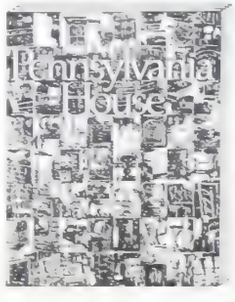

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How to take care of and repair books

BY SANDRA ODDO

"Wash your hands," your first grade teacher probably said, "before you pick up a book. Don't dog-ear the pages. Don't leave it lying open on its face—that breaks its back. Don't eat over it and scatter crumbs. And if you *must* make notes, for pity's sake, use a pencil."

Things were simple in those days. First grade readers are not generally concerned with first editions or incunabula or ephemera—or just plain books as books, serious objects bound in solemn brown leather and freighted with the world's knowledge, frivolous pretty things in print paper, or cloth and pasteboard pleasing to the touch, wrapped around some literary artist's lifework. There comes a time in every reader's life, perhaps following addiction to old book shops and library fairs, when he needs a more special knowledge of the care and keeping of fine books.

Properly cared for, books are probably as long-lived as any of man's other paraphernalia. Babylonian clay tablets have an obvious chance at immortality, but even books in their contemporary form—pages sewn up together—can last, say, a thousand years. There are books that old in several rare-book collections. Today, however, books have enemies more omnipresent than ever before in history. Heat, light, dampness, and dirt, always dangerous, have combined with rising levels of air pollution, especially sulphur dioxide, to make faster deterioration a librarian's nightmare.

The worst villain is acidity. Sulphur dioxide in the air is absorbed and slowly oxidizes into destructive sulphuric acid. Or there are natural acids in leather, in the wood pulp that eventually becomes paper, in some cloth, even in some inks, that oxidize over the years and gradually eat away the material of the book. Publishers are very conscious of the problem: "At any respectable level, paper and bindings are now acid-free,' says Harry Ford, book designer for Atheneum. "But the 19th century!" says Morgan Library conservator Deborah Evetts, and shudders. Increasing literacy in the 19th century created a demand for mass production of books, and new techniques did away with rag content, which in preceding centuries had kept book paper durable and relatively nonacid. Faster processing left acids in the new wood-pulp paper—with the result that many books printed after 1850 or so now crumble in our fingers as we turn the pages.

Modern books have special neutralizing treatments, even protective coatings, but acid cannot be entirely avoided. There are, however, a few simple things you can do to slow the aging process down considerably.

Good ways to keep favorite books

Sunlight is fairly speedy death for any binding, cloth as well as leather. Keep your books out of the sun. Fluorescent light works almost like sunlight: avoid it in the library.

Sudden changes in temperature and humidity, or extremes of either, are very bad for books. Don't put them where they will be subject to quick change. Really valuable books should be kept in glazed bookcases, since glass slows down the speed of temperature and humidity changes and helps keep out dust and polluted air.

Keep books away from heat, which speeds the oxidation of acids. "Air conditioning is as good for books as it is for people," says bookbinder Carolyn Horton.

Particularly in cities, low bookshelves are better than high ones, since dirt and heat tend to rise and collect at the tops of rooms, especially in the corners.

Dust jackets are colorful and do help to keep books clean, but [illegible]

Continued on [illegible]

"The gold on some top page edges is there to keep dust from sifting into the book"

CARE AND REPAIR OF BOOKS *continued from preceding page*

ure acid. A transparent Mylar wrapper which you can make yourself may be safer.

It's a minor help to keep books dusk with the front of the book shelf, which does away with the need to dust in front of the books and the wear and tear a dust cloth can cause to bindings.

Don't let books lean on the shelf. It puts uneven strain on the bindings and eventually the body of the book will come loose.

Dust has a cumulative effect, so keep your books clean. It's a lot easier to keep dust from building up than it is to deal with the long-term damage.

Basic care for books

Carolyn Horton's very useful book, *Cleaning and Preserving Bindings and Related Material*, has become an essential handbook for librarians and others in charge of valuable books. In it she describes a technique for dusting books that minimizes wear and tear. If it's a once-over with the vacuum cleaner, use the round dusting brush. Run it gently over the spine and tops of the books on the shelf.

To do a thorough hand-dusting, take each book from the shelf—by its sides, never by pulling at the soft top of the spine—and hold it firmly closed, slanting down with the spine up. Dust the pages carefully with a treated cloth, top first, brushing away from the spine. Then dust the whole binding. Mrs. Horton has tested both One-Wipe and Endust, as she has tested all the products mentioned in this article; neither leaves harmful residues. The gold on some top page edges, incidentally, is there to p vent dust from sifting into bo

Leather bindings need special care

Leather bindings need spe care. They should be oiled oc sionally to keep the leather fr drying out and cracking. Use ne foot oil (a traditional leather dr ing made from calves' feet) a leather dressing or the form recommended by Mrs. Horton: percent neat's foot oil and 40 p cent anhydrous lanolin (see s ply sources, page 156).

Test the oil on a small unobt sive place first: some leathers not absorb oil evenly, some n discolor slightly, some may h become aged and powdery. leather has become so powd that it cannot be restored by oil alone, a spray coat of Krylon n help.) Pour the oil into a he flat dish and apply it to the b with a cloth pad or a flat pai brush. If the binding includes cl or paper, protect it from the carefully, and do not oil turned-in edges that come in c tact with the pages. An accide spot can be removed immediat with cotton dampened with luene or hexane. Apply the oil w one hand only, and hold the b only with the clean hand. Wl all the oil has been absorbed the book feels dry, after about hours give the book a good poli ing. Vellum or tawed leather cu with alum should not be oil Clean with an eraser. Since lum has a tendency to warp, k it in a slipcase.

First aid for ailing books

With all the care in the world, time may come when a book ne first aid. How do you decide wl that point has been reached? "G erally speaking, even repair stroys part of the value of a book," says Miss Evetts. But tim reconditioning, even of mi problems, gives longer life to book, according to Mrs. Horto

The first problem is to dec whether a book is worth work on at all. Almost always, it's expensive to replace the book t it is to recondition it. But expe is not the criteria if the book is or if it is well loved. Value can determined by submitting book to a dealer. The art auct house of Sotheby Parke-Ber 980 Madison Ave., New York, 10021, will also appraise bo There is usually a fee. Sentim of course, is something else. B

aders say that family bibles are the most frequently rebound oks.

Once you have decided a book eds work, there are certain ngs that should be attempted ly by a trained book binder. t, if you are dextrous, here are pairs you can make yourself:

Torn pages: *Never* mend with lophane or masking tape. entually it will dry, crack, roll, d stain the book. If tape has en used, remove it with equal rts of toluene and hexane aped to the reverse side of the ge, testing first to make sure the vent won't dissolve the ink. hen mend the tear with Dennis's Transparent Mending Tape, rating the tape edges with pinking shears if the paper is thin. Or ur a strip of Green's 105 Lens ssue to the shape you need, and ste it down with a wheat paste e Schweitzer's No. 6 applied to e ¼-inch on each side of the tear. ot the excess.

Acid stains: Sometimes the protive tissue over a plate turns own and transfers a stain to the cture. Either remove the tissue place a barrier sheet of paper e Permalife treated with sizing tween the tissue and adjacent ges. If acid from the binding is aining the fly leaves, use barrier eets. Bleaching or removing ins is a job for a professional.

Loose plates: Look to see how ey were originally fastened in. as is usual, they were pasted to text page along one edge, reste them like this: lay the plate ce down on a sheet of clean per. Cover it with another sheet, aving ⅛ of an inch exposed on e edge you want to paste. Brush the paste, thinly. Remove the overing sheet and insert the plate refully into the book. Close the ok to make sure the plate is in raight, then slip waxed paper in each side to prevent damage om any oozing glue, and weight ith a wrapped brick until it dries.

Dirt: First, try to wipe it from e pages with a treated dustcloth. that doesn't work, try a wallaper cleaner like Absorene, takg care to get all the crumbs out f the book when you finish. If *hat* doesn't work, try a cleaner alled Opaline. Pink Pearl or Iagic-Rub erasers are good for tubborn spots. All of these prodcts have been tested and leave o harmful residues—and if none f them work, the stain is a probem for a professional.

Dirt on the outside of cloth or aper-bound books does not yield asily. Erasing it sometimes works. o does soap and water—which is

"Leather bindings should be oiled occasionally to keep the leather from drying out and cracking"

not recommended except for waterproof bindings since it removes sizing and color and may remove or fill in gold stamping. Commercial book cleaners work sometimes. Water should never be used on leather bindings. Saddle soap, barely damp, may work.

Leather bindings should be given a protective treatment of potassium lactate as a first essential step toward preserving them. The formula Mrs. Horton recommends is one by the British Museum Laboratory: 7 percent potassium lactate in distilled water with 0.25 percent paranitrophenol to fend off mold. Test it on an inside corner, then pour the solution into a heavy flat dish and apply with a piece of terry cloth (don't treat suede or leather that has become powdery), patting it on. Be generous but not sloppy, and pay attention to head and tail caps and turn-ins on the spine. When the leather has absorbed the liquid (don't let it dry in beads), stand the book upright, slightly open, to air-dry for 24 hours. Then oil it.

Faded color: A full-scale coloring job requires great skill, but a little touch-up on heads, tails, and worn edges can be very rejuvenating. Apply Dr. Martin's Synchromatic Transparent Water Colors with cotton swabs. When the color is dry, if heads and tails are fraying, strengthen them with a white glue like Elmer's or Borden's, rubbed on with a forefinger. Tuck the loose threads in.

Broken corners. If the covering is worn through, you can separate the layers of the pasteboard with a thin sharp knife, work wheat paste carefully between them, then cover the corner with waxed paper and squeeze it to work the paste as far between the layers as possible. Wipe off the excess paste and, if the corner holds its shape, let it air-dry, then color it. If it insists on springing open, cover the corner again with waxed paper, place pieces of cardboard on each side.

Continued on page 156

Body Gloves™ by Samsonite: Built for punishment as well as

Samsonite Body Gloves are patio furniture that are as pretty and as comfortable as you could wish.

But to really appreciate Body Gloves, you have to consider the punishment they're built to resist:

1. **Punishment from your toughest kid:** Body Gloves' slings are made from a unique new material called Super-Tuff™. It's polyester cord, the same incredibly tough material found in today's automobile tires . . . coated with durable PVC vinyl. Super-Tuff resists tearing and unraveling, even if you try to cut it. And it's extremely difficult to stretch out of shape because of its strong, geometric weave.

2. **Spills and chills punishment:** Next, let your kids spill ketchup or mustard all over a Body Gloves chair. Or coat it with suntan lotion. Then, just wash it down with soap and water and you'll have Super-Tuff fabric looking as great as it did before.

3. **The Punishment of Time and the Tides:** Once you put a Body Gloves chair or chaise outside, you can virtually forget it. Super-Tuff fabric staunchly resists fading and discoloration. And our heavy-duty steel tube frames are covered with special Samson-Gard™ finish to keep rust at bay. Bring on that sun and rain . . . even salt air.

4. All to pleasure you: While Body Gloves are very big on durability, they're pure pleasure when it comes to comfort. So go ahead. Stretch yourself out on the infinitely adjustable chaise and take a long snooze. What you'll find is that Super-Tuff slings not only conform to your body like a giant hand, they actually "breathe" to help you keep your cool in the hottest of weather.

Body Gloves by Samsonite. Available in a variety of smashing colors. Stop by a Samsonite dealer soon and see for yourself.

Samsonite

Samsonite Corp., Denver, Colorado

Samsonite Body Gloves: available at these fine stores.

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Castro Valley • Cascade Pool Center
Chico • Collier Hardware
Citrus Heights • J. C. Penney Company
Concord • J. C. Penney Company
Corning • Fickter & Sons Western Auto Supply
Dublin • Acme Casual Furniture
El Cerrito • Capwell's
Eureka • Baker & Stanton
Fairfield • Silverado Furniture
Fremont • Capwell's
Fresno
• Fresno Tent & Awning
• Gottschalk's
Grass Valley • Hedman's Furniture
Lodi • Sak's Home Furnishings • Turner's
Los Banos • Los Banos Furniture
Menlo Park • Bullock's North
Merced • Gottschalk's
Modesto
• Ireland's Pools
• Mr. Barber's Furniture
• Turner's Housewares
Monterey • Rudolph Furniture
Morgan Hill • Pravetonni & Son
Mountain View
• Camino Billiard & Recreation Supply
• J. C. Penney Company
Napa • Silverado Furniture
Oakland • Capwell's
Oroville • Currier's
Pacific Grove • Holman's
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Redwood City • Sunset Associates
Roseville • Miller's Furniture
Sacramento
• A & A Furniture Co.
• Weinstock's
San Anselmo • Braverman's
San Jose
• Camino Leisure Shop
• J. C. Penney Co., Eastgate Store
• J. C. Penney Co., Westgate Store
• Los Patio Furniture Company
Santa Clara • Sun Fun Patio Shop
Santa Cruz • Eastside Pipe & Supply
Santa Rosa • Santa Rosa Tent & Awning
• The Golden West Store
Selma • Gateway Furniture
Stockton • Turner's • Weinstock's
Turlock • Youngdale's
Ukiah • North State Nursery
Union City • Kelly-Moore Home Improvement
Vallejo • Stephan's Furniture
Walnut Creek • Capwell's
Willits • Willits Furniture Center
Woodland • Woodland Furniture
Woodland Hills • Patio & Fireside Accents
• Woodland Casual
Yreka • Silverhart's
Yuba City • Evans Furniture

IDAHO

Payette • Steinikers Quality Furniture

NEVADA

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Las Vegas • Akridge Interiors
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• Nevada Blind
• The Broadway
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• True-Value Washington Hardware & Furniture
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Puyallup • Linden Fireplace & Patio Shop
Seattle
• Bon Marche—Downtown
• Bon Marche—Northgate
• Bon Marche—South Center
• Northwest Pool & Patio Supply
Spokane
• Bell Furniture
• Bon Marche
• Liberty Furniture
Tacoma • Bon Marche
Wenatchee • Dore Interiors
Yakima
• Bon Marche
• Summit View Garden Center

"Only when compulsive eating is frequent does it become a serious problem, one that should be understood"

 continued from page 34

however, and the reason is clear. Understanding the connection between her loneliness and overeating would have prevented her from indulging her appetite. Eating was pleasant in its own right, and it was the only outlet she had found to soothe her dissatisfaction.

Insight gave the woman an opportunity to look for new ways of compensating for her loneliness. One of these was studying a language that was becoming important in her husband's business.

Self-deception occurs very easily when it gains something for a person. It acts as a blind spot that prevents him from seeing something that is fairly obvious. As a result, that person does what he unconsciously knows is contrary to his best interests.

You may find that you can think through your problems and reach some understanding of them entirely on your own. Or you may learn from conversations with friends or readings you seek out on your own. Or from consultations with your doctor. Then, about a thing? Can you lose weight on your own? Have you tried the methods mentioned so far helped you? If not, you may have emotional problems which are blocking you as far as diet is concerned. If, however, over a period of time, you cannot lose as you feel you should, you may want further consultations with your doctor to consider the possible steps to take.

More examples of emotional trickery

Strange ideas that may seem those people who overeat to regard their large built as a sort of armor to protect them against the world. *Big* to their unconscious mind, is a symbol of safety. Once they understand this, they can face the world with less protective weight.

Still another example of troublesome symbolism is seen in people who have a compulsion to eat. Mild compulsive eating occurs from time to time in many people. They follow up one nut or piece of candy with a whole box of them. Only when compulsive eating is frequent does it become a serious problem, one that should be understood. Continuous eating has been interpreted by some as a symbolic effort to solve a serious problem. The compulsive eater is unable to stop until he uncovers the hidden motivation for his eating.

The story of a man who had unusually protective parents shows another aspect of how emotions interfere with dieting. This man continued his parents' indulgence by treating himself very well. When a gain in weight made dieting a necessity, he accepted the doctor's verdict and tried to follow diet instructions. He had no success and even gained a few pounds.

The man angrily blamed the doctor for unsuccessful "treatment." His complaints were based on reasons for the diet was sound. And as long as the source of irritation remained mysterious, it could not be handled effectively.

Consciously, the man wanted to reduce. Unconsciously, he bitterly resented the self-denial required for a strict diet. What better way to avoid the diet than to "discover" that the diet instructions were wrong? So he found an article that described a reducing method that allowed him to eat as much as usual. Earnestly wishing to believe in this magic method, he accepted it unquestioningly as proof that he was right.

The man in this case almost talked himself into discontinuing entirely the plan presented by his doctor. Fortunately, talking about his feelings with the doctor allowed the man to realize how he was deceiving himself. He stopped looking for excuses, recognized the need for self-control, and eventually lost the pounds he wished to shed.

Emotional tricks that interfere with dieting can be understood and dealt with when their underlying causation is brought out into the open.

When children grow up

It was hard to understand why one middle-aged patient found it impossible to stay away from food that was adding to her weight. Her husband urged her to diet and her children were concerned. The children, who were away at school, wrote letters expressing their anxiety about their mother's health.

The woman's doctor noted that there was a gap left in the woman's life when her children went away to school. Boredom led her to compensate by overeating. That wasn't the whole story, however. The woman also gained attention from her husband and children for her unsuccessful diet efforts. To some extent, the unproductive household and her feeling of not being needed were balanced by the worry her diet problem caused.

Outside the doctor's office, the ways unconscious motives affect the weight problem sound strange indeed. They seem particularly odd because they defeat the reducer's conscious aims. If *your* diet is failing for no apparent reason, search for the hidden gratifications are playing on you. ■

BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

CHARLES OF THE RITZ . . . Hand and nail care need year-round diligence and here's a package of good things to help. The *Nail Fitness System Kit* is a neat plastic tray, which includes a soaking dish and three nail helpers: *Cuticle Sloughing Lotion, Moisture Balancing Conditioner*, and *Nail Conditioning Bath*. The works, $10. At Bloomingdale's; Filene's; I. Magnin.

HELENA RUBINSTEIN . . . Even fingernails need moisture replacement. *Strong & Glossy* is a collection of nail enamels fortified with vitamins and protein in a moisturizing formula. ½ ounce, $2. At Bullock's; Marshall Field; Lord & Taylor.

ELIZABETH ARDEN . . . Two remedies for accidents and Nature's not-so-generous nature! *One Step Nail Mender*—a simple way to repair a broken nail, $3.50. *Surface Smoothing Base Coat*—a new primer for nails that have slight surface ridges or a texture that's less than smooth, $2.75. At Bloomingdale's; Marshall Field; L. S. Ayres; Jordan Marsh.

DUBARRY . . . In this era of simplification, why have SOME when ONE will do? *After Shampoo Everything* lets you dispense with the cream rinse, the separate conditioner, the setting lotion so much a part of today's hair routine. It's all in one big 12½-ounce size at $3 for starters. At Arnold Constable.

OGILVIE . . . There are some of us who enjoy the shiny benefits that daily shampooing gives. The problem has always been to find a shampoo mild enough. Here's one to try . . . *Apple A Day*. It's enriched with protein and has a built-in detangler. 8 ounces, $1.50 or try it in a tiny packet for a nickel. At Bloomingdale's; Marshall Field; Bullock's.

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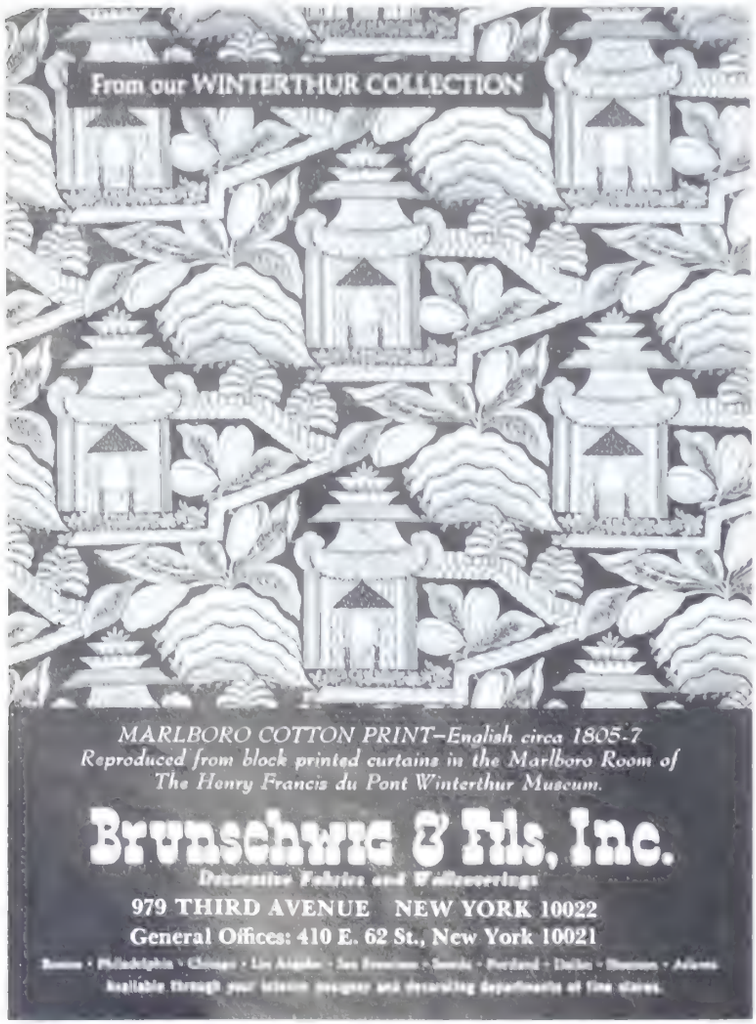

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THOUGHTS FOR *the* Hostess

BY MARY MOON HEMINGWAY

Spring has come again to my part of the world with all the headiness it implies. The tulips are triumphant. There are still daffodils and narcissus flowering generously in bed and field and American cowslip and lady's slippers bloom in the soft shade of the woodland patch. All of this exhilaration should be shared. I'm impelled to entertain with unfettered enthusiasm but as effortlessly as I can.

One of the secrets I know is what we at our house call *the moveable feast*—a buffet party built around a standard pattern but with interchangeable parts suitable for brunch, lunch, or an informal dinner. The trick is progressive planning and cooking, using the same structure for each meal, the same serving dishes and pieces more or less the same timing, and having a clear kitchen and uncrowded stove no matter the meal. Establish a model, get into the rhythm, and you can do it easily over and over again. The basic structure for all three meals is a matter of four similar parts but with the emphasis changed for each meal. Let's take *brunch*:

Part I: For easy openers, instead of cocktails have two punch bowls, one of white wine and soda (two-thirds wine to one part soda) iced with a strawberry-and-mint-studded ice ring mold—it can be frozen and stored in the freezer days before the brunch. The other bowl filled with daiquiris is iced with another ring, half water, half daiquiri mix, trimmed with lime slices, also frozen in advance. I don't like to crowd hungry guests with a prepandial abundance. Anticipation is the word, not surfeit, so for appetizers there will just be raw mushroom slices, raw broccoli flowerets, raw zucchini strips, and a bowl of chopped parsley, chives, and sour cream dip and a saucer of seasoned salt.

Part II: You can use those buffet tables as a big and a little one or divide one table into three parts. To sharpen the appetite visually have a stylish, beautiful fruit course: two platters of two kinds of melon wedges, a platter of sugared half-circles of fresh pineapple, and a big bowl of strawberries with a sugar shaker on the side. For the third table a platter or pitcher of cranberry with orange juice.

Part III: This is the more serious part of the meal. For brunch try crêpes filled with creamed chipped beef. I make the crêpes themselves whenever the mood strikes and freeze them between wax paper squares, assembling the dish the day before the brunch. Just before popping them into the oven, the crêpes are sauced with a thinned version of the filling. Successive dishes of these may be heated to serve a large crowd—in with one, out with the other. Sausage balls are nice with this—uncooked bulk sausage meat formed into small balls and frozen in large foil envelopes, which can be fitted into a crowded oven more easily than if they were in a dish and transferred to the proper serving dish when ready. (They can cook along with the crêpes.) Hashed brown potatoes add a satisfying crunch but if oven space is at a premium, try hashed in cream in a double boiler. Stuff hard-cooked eggs with a crumbled bacon, onion, and yolk mixture, making them in the morning, the eggs already having been cooked, and serve at room temperature. I also make lots of little baking powder biscuits and cornsticks to suit my schedule, freezing them, too, in loose foil

Continued on page 140

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HOME IMPROVEMENT IDEAS FOR the House Fixer

by Will Morri

Here's a new pegboard hook that won't fall out. You insert it in the holes of 1/8- or 1/4-inch-thick perforated panels and flip a lever at the bottom of the hook to lock it in place. Leave the lever up to insert the hook then turn it to secure it. The hooks, in bright brass finish, will hold kitchen utensils, shelves for books or bibelots, plants, and the like. They're available in a variety of shapes, from straight hooks in 7/8-, 1 1/2- and 2 1/2-inch sizes, curved hooks in 1/2-, 1- and 1 1/2-inch sizes to horizontal ring holders in 7/16- and 1/4-inch sizes. Depending on size, the hooks are about 59c, 69c, and 79c a pair at hardware and variety stores, home centers. Homecraft Division, Gries Reproducer Co.

Adding a wood deck to your house is one of the simplest ways to enlarg your living space without the cost of walls, roof, windows. Erecto-pat h put together kits of complete instructions for building such a deck you self. It is obtainable nationally through lumberyards that handle t materials needed for construction. Three kits are available, depending the size deck you wish to build (from 4 by 4 feet to 20 by 20 feet), a they include working plans and designs, step-by-step building instructio lumber lists, steel components, landscaping ideas, finishing hints. Ki for building deck benches are also available.

An invaluable aid for a do-it-yourselfer is "The Handyman Helper," an exceptionally complete slide rule. It helps you fi ure the amounts of materials needed and costs for any buildi project. The two-sided slide rule calculator covers building m terials on one side—plywood paneling, wallboard, shingle, til lumber, paint—and masonry such as concrete, concrete bloc brick, stucco, plaster on the other. With the rule is an eigh page, illustrated Construction Facts Instruction Manual cove ing lumber, roofing, masonry building materials, and how order and measure them. $4.98 at hardware stores or from t manufacturer, P-D Sales.

Alarm [illegible] will [illegible] into the standard fiberglass [illegible] of the screen. Easily removable contacts fit [illegible] to form a protective electrical circuit. A magnetic switch will also trigger the system if removal of a screen is attempted. But screens can easily be taken out for window washing by unplugging the connector that links each screen to the alarm system. Low-voltage operation eliminates possible shock.

A new smoke heat detector for the home that sounds a loud, piercin alarm when high levels of smoke or heat are reached indoors is man factured by Thomas Industries. The model T-160 detector can be plugg into an electric outlet on a 115-volt household wiring system and is wa mounted though fitted with an 8-foot cord for mobility. Only 7½ by 4 inches tall, it has a small indicator button that shows red when functionin

Getting maximum storage space from closets does not alwa depend on their size but on how well they are organized. T "Decora Space Xpanders" are ready-made units that can p every inch of space to work for you in whatever closets y have. They fit any close provide both shelf an hanging storage, are ea to install and move an where. Made of stur aluminum tubing with st rene shelves, the units a all 13 inches deep, 24, 3 and 36 inches wide and 1 29, 42, or 59 inches hig They can be arranged numerous combinations.

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That'll give you plenty of time to get it, look it over, try it out.

If you don't agree that it's worth *at least a hundred times* what you invested, send it back. Your *uncashed* check or money order will be put in the return mail.

The only reason I won't send it to you and bill you or send it C.O.D. is because both these methods involve more time and money.

And I'm already going to give you the biggest bargain of your life.

Because I'm going to tell you what it took me 11 years to perfect: How to make money the Lazy Man's Way.

O.K.—now I have to brag a little. I don't mind it. And it's necessary—to prove that sending me 10 dollars... which I'll keep "in escrow" until you're satisfied... is the smartest thing you ever did.

I live in a home that's worth $100,000. I know it is, because I turned down an offer for that much. My mortgage is less than half that, and the only reason I haven't paid it off is because my Tax Accountant says I'd be an idiot.

My "office," about a mile and a half from my home, is right on the beach. My view is so breathtaking that most people comment that they don't see how I get any work done. But I do enough. About 6 hours a day, 8 or 9 months a year.

The rest of the time we spend at our mountain "cabin." I paid $30,000 for it—cash.

I have 2 boats and a Cadillac. All paid for.

We have stocks, bonds, investments, cash in the bank. But the most important thing I have is priceless: time with my family.

And I'll show you just how I did it—the Lazy Man's Way—a secret I've shared with just a few friends 'til now.

It doesn't require "education." I'm a high school graduate.

It doesn't require "capital." When I started out, I was so deep in debt that a lawyer friend advised bankruptcy as the only way out. He was wrong. We paid off our debts and, outside of the mortgage, don't owe a cent to any man.

It doesn't require "luck." I've had more than my share, but I'm not promising you that you'll make as much money as I have. And you may do better; I personally know one man who used these principles, worked hard, and made 11 million dollars in 8 years. But money isn't everything.

It doesn't require "talent." Just enough brains to know what to look for. And I'll tell you that.

It doesn't require "youth." One woman I worked with is over 70. She's travelled the world over, making all the money she needs, doing only what I taught her.

It doesn't require "experience." A widow in Chicago has been averaging $25,000 a year for the past 5 years, using my methods.

What *does* it require? Belief. Enough to take a chance. Enough to absorb what I'll send you. Enough to put the principles into *action*. If you do just that—nothing more, nothing less—the results *will* be hard to believe. Remember—I guarantee it.

You don't have to give up your job. But you may soon be making so much money that you'll be able to. Once again—I guarantee it.

The wisest man I ever knew told me something I never forgot: "Most people are too busy earning a living to make any money."

Don't take as long as I did to find out he was right.

I'll prove it to you, if you'll send in the coupon now. I'm not asking you to "believe" me. Just try it. If I'm wrong, all you've lost is a couple of minutes and a postage stamp. But what if I'm right?

Sworn Statement:

"I have examined this advertisement. On the basis of personal acquaintance with Mr. Joe Karbo for 18 years and my professional relationship as his accountant, I certify that every statement regarding his personal and business status is true." [Accountant's name available upon request.]

Bank Reference:
American State Bank
675 South Main Street, Orange, California 92668

Joe Karbo
17105 South Pacific, Dept. 119-J
Sunset Beach, California 90742

Joe, you may be full of beans, but what have I got to lose? Send me the Lazy Man's Way to Riches. *But don't deposit my check or money order for 31 days after it's in the mail.*

If I return your material—for *any* reason—within that time, return my *uncashed* check or money order to me. On that basis, here's my ten dollars.

☐ Please send Air Mail. I'm enclosing an extra dollar.

Name _____

Address _____

City _____ State _____ Zip _____

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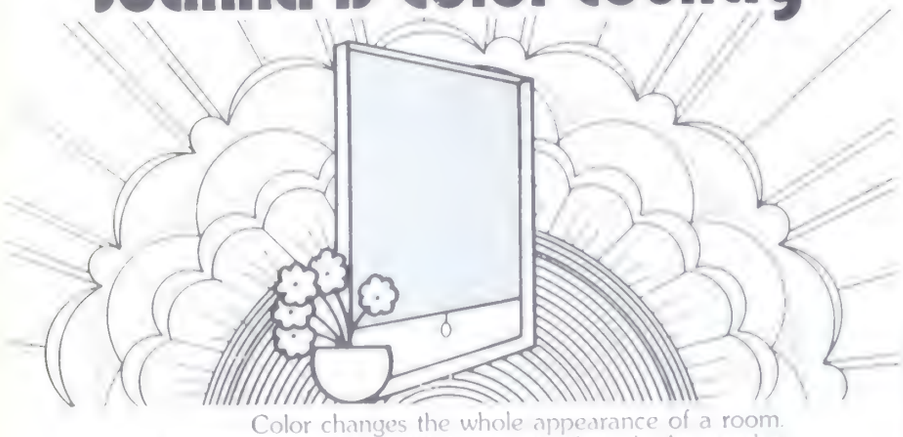
Kohler originals
The Steeping Bath for deep-down soaking comfort. Plus a happy mix of Kohler colors. Great ideas!
Introducing the Steeping Bath . . . a luxurious 20-inch-deep bath with contoured back, arm rests, grip handles, Safeguard bottom. 13 colors and white. Pictured in Expresso—an accent color. Also shown, the Man's Lav in Sunflower, Kohler's newest accent; Rochelle toilet, Caravelle bidet in Mexican Sand, Alterna faucets in brushed gold electroplate. Fixtures in three harmonizing colors add decorating drama.
THE BOLD LOOK OF KOHLER
For more great bathroom ideas, send 25¢ to Box A1, Kohler Co., Kohler, Wisc. 53044

for decorating inspiration
come to

House&Garden COLOR COUNTRY

This spring start your home fashions shopping where fine furnishings abound. Where House & Garden Colors bloom in a wide range of merchandise for living rooms, dining rooms, bedrooms, family rooms. Where there are decorating ideas to inspire you, and a staff of experts to help you bring new zest to every room. You'll know the House & Garden Color Country store in your community by its colorful window displays, room settings and advertisements using this Color Country symbol. And by the wonderful selection of furniture, carpets and decorative accessories in the newest 1974 House & Garden Colors.

Joanna is Color Country



Color changes the whole appearance of a room. And when you select colorful Joanna window shades, you're making the change in style!

Vibrant colors like Gold Rush, Persimmon, and Tiger Lily. Plush colors like Curry, Azalea, and Lilac. Or go with everything colors like Eggshell, Oyster, and Ivory.

See the colorful collection of Joanna window shades available in fine stores coast-to-coast.

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2141 S. Jefferson St. Chicago, Illinois 60616

Schoolfield Furniture Industries

makes beautiful bedroom and dining room furniture in all 36 House & Garden colors.

Ask for Schoolfield furniture in your favorite color at your favorite store.

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Look for this symbol when you shop for home furnishings and check the list below for the Color Country store nearest you.

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Birmingham — Jefferson Home Furniture
Florence — Lamar Furniture
Huntsville — Marks-Fitzgerald Furniture
Mobile — Gardberg Furniture Co.
Pelham — Clark's Furniture Galleries

ALASKA

Anchorage — Fuller O'Brien Corp.
Anchorage — Wolf's Home Furnishings
Fairbanks — Fuller O'Brien Corp.

ARIZONA

Phoenix — Lou Regester
Sun City — Lou Regester
Tucson — Lou Regester

CALIFORNIA

Berkeley — Stone-Pierce Co.
Carmel — Kellers Home Furnishings
Crestline — Lake Drive Furniture
Daly City — Westlake Maple Shop
Davis — Mathis & Bollinger
El Cerrito — Travalini Furniture
Fresno — Turpin's Furniture
Fullerton — Gold Furniture
Los Altos — W & J Sloane
Los Angeles — San Fernando Furniture Galleries
Modesto — Hafer's Home Furnishings
Mountain View — Carriage House
Oroville — Hill Furniture
Pasadena — J. H. Biggar
Pasadena — Fedde Furniture
Pleasant Hill — Travalini Furniture
Pomona — J. H. Biggar
Sacramento — Wilsons Furniture
San Francisco — W & J Sloane
San Jose — Martino's Home Furniture
San Jose — W & J Sloane
San Pablo — Travalini Furniture
San Rafael — W & J Sloane
Santa Ana — J. H. Biggar
Santa Rosa — Pedersen Furniture
Santa Rosa — The Stone Company
Stockton — American Home Furnishers
Tulare — Mathis & Bollinger
Walnut Creek — W & J Sloane

COLORADO

Boulder — Homestead House (Ethan Allen Galleries)
Boulder — Homestead House (Drexel Heritage Galleries)
Colorado Springs — Home Furniture
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Denver — Homestead House (Ethan Allen Galleries)
Denver — Homestead House (Drexel Heritage Galleries)
Denver — Vogue Furniture
Dillon — Jones and Harris
Glenwood Springs — Home Furniture
Lakewood — Homestead House (Drexel Heritage Galleries)
Lakewood — Homestead Ho (Ethan Allen Galler
Littleton — Homestead Ho (Ethan Allen Galler
Longmont — Harris of Longm

CONNECTICUT

Ansonia — Spector Furnit
Bridgeport — Breiner's Furnit
East Hartford — Calano Furnit
Enfield — Hayden Wayside Furnit
Enfield — Area Din
Meriden — Meriden Auction Roo
Milford — Interiors by Alexand
Milford — Wayside Furniture Sh
New Haven — H. M. Bullard
New Haven — Yale Furniture
Norwich — Silberman Furnit
Orange — Alexander's Furniture Sh
Plainville — Plainv
Wayside Furniture
Seymour — Seymour Furniture
Southport — Freedman's of Southp
Stamford — J. H. Har
Stamford — Silberma
Stamford — Terryville Furniture St
Wethersfield — Modern Liv

DELAWARE

Wilmington — Cohen Broth

FLORIDA

Casselberry — Carolyn Franklin Interi
Ft. Lauderdale — Bri
Ft. Lauderdale — Carl's Furnitu
Ft. Lauderdale — Grosse Poi Furniture Sh
Ft. Lauderdale — Moderna
Hollywood — Grosse Poi Furniture Sh
Leesburg — Boyd's Furnitu
Marathon — Lee Interi
Miami — Moderna
Naples — West Coast Furnitu
North Palm Beach — Royal Key Interi
Orlando — Moderna
Ormond Beach — Rablen West Interi
Pompano — Carl's Furnitu
Sarasota — Savon Furnitu
West Palm Beach — Moderna

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Atlanta — Moderna
Atlanta — Storehouse,
Early St. — Storehouse,
Peachtree Rd. — Storehouse,
Northlake Mall — Storehouse,
Chamblee — Storehouse,
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Savannah — Klu

IDAHO

Nampa — Terry's Home Furnishi

ILLINOIS

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Continued on page

Get a new Early American lowboy for $197, or a used one for only $15,000.

The difference between the brand-new lowboy at the top and the not-so-new one at the bottom is really very simple.

A little over 200 years. And a little over $14,500.

But it's the things they have in common that really count.

The lowboy at the bottom, for instance, is all wood. (No plastic "carvings" or trim.) So is the lowboy at the top.

The lowboy at the bottom was carefully rubbed, stained, and polished until it glowed.

The lowboy at the top was finished with the same care. In 18 separate steps.

The lowboy at the bottom was built to be used not just for years, but for generations.

So was the one at the top.

The lowboy at the bottom is an authentic Colonial design well over 200 years old. Which makes it very expensive.

The lowboy at the top is an authentic Colonial design from American Drew. Which makes it very affordable.

So, if you want something with a romantic past, buy the lowboy at the bottom.

If you just want something beautiful, buy the one on top.

It's your money.

AMERICAN DREW

A Part of The Sperry & Hutchinson Co.

For catalogs of all Early American styles, send $1 to: American Drew, P.O. Drawer 489, N. Wilkesboro, N.C. 28659.

Queen Anne lowboy, made in North Carolina circa 1974. $197 at furniture stores.

Queen Anne lowboy, made in Connecticut circa 1750-60. $15,000 at Bernard & S. Dean Levy, Inc., 981 Madison Avenue, New York, New York 10021.

Fine bedroom, dining room
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MARLING BEDROOM

At leading stores everywhere. Permanent displays may be seen through your dealer or decorator at 964 Third Avenue, New York City, Merchandise Mart, Chicago.

Send 15 cents to Department D for a brochure "Furnished Bedrooms Luxury"

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Continued from page 54

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Carbondale ... Renfro Furniture Co.
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Chicago ..... Henry M. Goodman
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Cottage Grove ..... Polk Brothers
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Dixon ..... Kreim's Furniture Co.
Dolton ..... District Furniture
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Ford City ..... John M. Smyth
Highland Park ..... J. Cotey Interiors
Highland Park ..... Wilson-Jump
Lombard ..... Henry M. Goodman
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Morton Grove ..... Northern Home Furnishings
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Oakbrook ..... John M. Smyth
Old Orchard ..... John M. Smyth
Park Forest ..... John M. Smyth
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Connersville ..... Holthouse Furniture
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Shelbyville ..... Holthouse Furniture
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South Bend ..... Ries Furniture
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Cedar Rapids ..... Younkers
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Lawrence ..... Ed Marling Stores
Lenexa ..... Duff & Repp
Marysville ..... Sanders Furniture
McPherson ..... Green Furniture
McPherson ..... Armstrong's Furniture
North Topeka ..... Ed Marling Stores
Topeka ..... Ed Marling Stores
Holiday Square ..... Ed Marling Stores
Wichita ..... Horton Furniture
East ..... Horton Furniture

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Covington ..... Tillman Furniture
Dixie ..... Bensinger's
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Baltimore ..... Levenson and Klein
Rolling Road ..... Levenson & Klein
Beltway ..... Levenson & Klein
[illegible] ..... Martin's Furniture
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Dearborn ..... Newton-Love Furniture
Detroit ..... Englander Triangle
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Flint ..... Pierce Furniture
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Hartford ..... Coklin's Home Furnishings
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Lansing Mall ..... Bishop's Furniture
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Livonia ..... Newton-Love Furniture
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Continued on page 58

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The ultimate in style, comfort and color

ComfortMates combine the complete rocking and reclining comfort of the E-Z Lounger with the relaxation of the swivel rocker . . . truly the perfect his and her chairs.

Available in ten exciting colors of ultra plush 100% DuPont Orlon® pile, this new Borg crushed velvet gives added richness and deep lush seating comfort to these elegant matching chairs.

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Uniquely designed love seat with a fresh new look is quality crafted in rich warm hand-distressed Vintage finish. Upholstered in a stunning textured [illegible] fortable piece for any setting.

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[illegible] 4 [illegible] glass downlight, P 4336. About $135.

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PROGRESS LIGHTING DIVISION OF LCA CORPORATION

Continued from page 56

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St. Johns	St. Johns Furniture
Southfield	Englander Triangle
Southfield	Gorman's Gallery of Fine Furniture
Sterling Heights	Newton-Love Furniture
Sturgis	Sigrist Furniture
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Utica	Schwark Furniture
Westland	Englander Triangle

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Fountain	Drury's
Minneapolis	Gabbert's
Montevideo	Unger Furniture
Morris	Unger Furniture
Rochester	Harnack's Furniture
Sauk Centre	Unger Furniture

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Bronx	Frankart
Brooklyn	Sachs Furniture
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Buffalo	F. Scherer & Sons
Cobleskill	Scholet Furniture
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Elmira	Petersons Furniture Stores
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Hilton	Marple Furniture
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Jamestown	Field & Wright
Johnson City	Olum's
Kingston	Standard Furniture
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Uptown	Sachs Furniture
Midtown	Sachs Furniture
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Port Jervis	Levin Furniture
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Rochester	Flanigan Furniture
East	Flanigan Furniture
West	Flanigan Furniture
Rochester	McNall's Furniture
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Scarsdale	Frankart
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Schenectady	Standard Furniture
Troy	Standard Furniture
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High Point	Annex Furniture Galleries
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Statesville	Blackwelder's
Signal Hill Mall	Blackwelder's
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Wilmington	O'Neal Design Assoc.
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Bellaire	Reichart Furniture
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Chillicothe	Glick's Furniture
Cleveland	Advance Furniture Center
Cleveland	J. L. Goodman Furniture
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Mayfield Road	J. L. Goodman
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Sandusky	Colonial Shoppe
Sylvania	Pioneer Tradition House
Springfield	Holthouse Furniture
Tiffin	The Furniture Shop, Inc.
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Continued on page 62

YOU CAN'T CHANGE YOUR KIDS. SO CHANGE YOUR FURNITURE.

This is a true story. A few years ago a magazine editor told us, "You've got it all wrong. People don't want furniture to last any more. They want disposable plastic furniture they can use awhile, then throw away." You know what? She's not a magazine editor any more. And last year more people bought our strong, guaranteed furniture than ever before.

We think furniture shouldn't self-destruct in a couple years. And family room living is tough on furniture. So our designers conceive furniture that can take it.

Oak tree strong and comfortable chairs, sofas and love seats. Table and chair sets for eating, games or model building. Bars and stools and serving carts for entertaining. Rockers, storage units, all kinds of tables and desk units for family bookkeeping. Furniture for family room living in traditional, contemporary and Mediterranean styles with integrity. Solid hardwood frames that are guaranteed not to break for as long as you own them. Reversible seat cushions covered in HERCULON* that wears like steel. And if your cushions do wear out, you can buy a whole new set for less than reupholstering an overstuffed chair.

Send us a quarter to cover mailing a copy of our guarantee, new color brochure and the name of a dealer you can depend on. Howard Family Room Furniture, Starkville, Miss. 39759.
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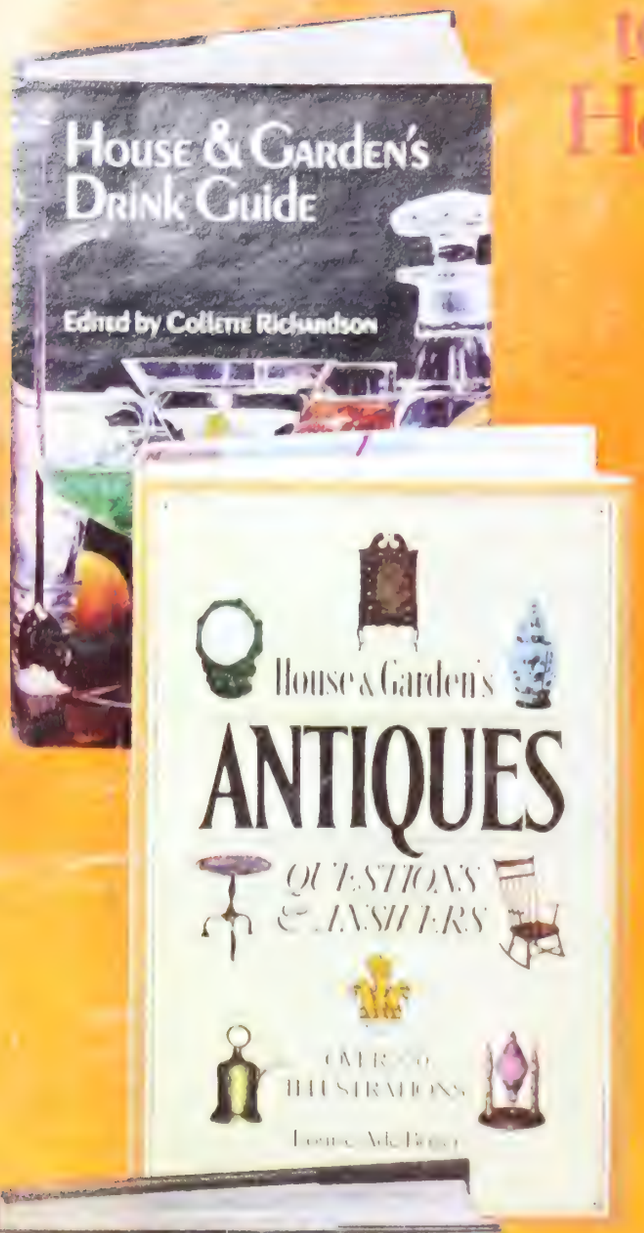
Three New Books from House & Garden to spark your talents as a Hostess and Homemaker.



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—a "must" for today's host and hostess. How much liquor to buy for a party. What equipment the host or barman will need. Garnishes and mixes to remember. More than 850 drink recipes—the regulars, plus fun drinks like the Negroni, None But the Brave, the Bachelor's Bait, Damn the Weather, Fallen Angel, Pollyanna, and Aunt Agatha. Buying and serving wine, explained without phoney pretense. 288 pages, illustrated. $8.95.

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HOME: IT'S THE FIRST PRIORITY

SPECIAL *Many of the advertisers whose messages appear in "Home: It's The*

Home:
it's the first priority

In today's complex world, home is becoming increasingly more important to all of us. High costs of outside leisure pursuits and the need for energy conservation are keeping us closer to home than at any other time in the recent past—and giving us the happy benefit of a rise in the quality of family life.

But many of us are finding our present houses inadequate for this new kind of home-centered living. Space is at a premium, yet the reordering of family values has accelerated our immediate need to make home work better.

With new home financing difficult and expensive, remodeling is the homeowner's simplest and most workable answer. The time is right. There is no shortage of funds available for home improvements, and there is no more convenient way to finance your project than with your Master Charge credit card.

Whatever your needs—a new addition, a makeover, or the energy-saving improvements that will substantially increase the efficiency and pleasure you get from home—the ideas and information on products and services on the following pages should help.

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THE EASY ANSWER FOR OLDER HOMES.

More than half the homes in America need remodeling. That's why we created Evans Remodeling Paneling.

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though frost-free refrigerators do use more
tts of energy annually than non-frost-free
ls, they avoid the extra energy drain resulting
frost accumulation.

y's power-saving refrigerators also preserve
longer during power failures, which become
mingly more common each year.

s you would expect, there's a higher price tag on
ese models, but operating savings in the long run
more than repay the initial purchase price.

nd don't give a thought to any added energy drain
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Take the cure. Send today for your free copy of "5′ x 8′ and Great . . . Buildable Bathrooms by Eljer." Write: **ELJER PLUMBINGWARE**, Wallace-Murray Corporation, Dept. HGMC, 3 Gateway Center, Pittsburgh, Pa. 15222.

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Selecting A Range

You'll have your own reasons for selecting a g range instead of an electric range, or an electric ran instead of a gas range. However, common to both some valuable labor-saving (your energy) featu you'll want to know about.

The self-cleaning oven, certainly a time and lab saver, uses minimal energy for a year's normal u Presuming monthly cleaning, only 20 to 30 kilow hours of electricity are consumed yearly. Some g ranges even clean while the oven is cooking.

With thermostats on both cooking tops as well as the ovens, total automatic cooking is possible tod A "keep warm" setting permits preparation of me hours in advance (especially nice when you're ent taining and prefer not to be a captive in the kitch away from guests). The lower temperature settings the keep-warm oven are safe even for the fin china, which may interest you if you like to treat y guests to the little "extras".

Don't let the fact that gas ranges have a constar burning pilot light influence your range choi Remember, the pilot light is a safety feature as well a convenience, and today's ranges are equipped w mini-pilots or hypodermic pilots, named after the v fine hollow hypodermic needle. These consume mu less gas than older models. Also, heat from pilot lig makes your house that much warmer, and even t small amount means less output required from y heating system.

The Dishwasher: A Modern Must

No modern working kitchen is complete withou dishwasher. And if you monitor yourself and limit number of times a day it's in use, it need not be energy waster. Considering the contribution a di washer makes in terms of reducing clutter and vis pollution and saving your valued time each day, t mechanical "maid" remains a must for any kitche

Study the literature of the various manufactur carefully. Some brands perform better than oth and some have a higher incidence of repairs "repair history" than other comparably priced mod Ask your friends, too!

Other Kitchen Aids

Trash compactors are becoming a common c venience in the well-organized kitchen of toc They're taking their place alongside garbage d posers, range hoods and incinerators in the lineup appliances designed to work for you in your kitch You'll want to consider them all when you remo your kitchen.

Cabinets & Shelving: Storage As Well As Display

Now that you've selected the major and minor pliances for your new kitchen, the next thing to c

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is selection of cabinets and placement of ge or display shelves.

use of the wide variety of cabinets available, in a ber of different materials with widely varying s, you will be well advised to take your time mak- our decision. After all, you will probably be ex- ng to live with your choices for some time to e.

l find custom-made cabinets as well as stock s. Materials will range from wood to vinyl-clad plastic laminate. Metal cabinets grow in- singly less evident.

rally, colors and styles will also require careful tion, especially since they will contribute so dra- cally to the decorative impact of your kitchen.

anning your storage needs, you will probably to provide added facilities for storing fresh pro- and other natural foods. The trend today ap- s to be toward greater use of open shelving for and other utensils, especially in kitchens with a try look.

ing, Floor & Walls

t overlook some surprising opportunities your ng, floor and kitchen walls can offer to make your en more livable and workable.

special consideration to the kind of tile you put our kitchen ceiling. In addition to cutting down on e and providing insulation, flame resistance and of grease removal are substantial benefits from protected ceiling tile. It's important to get a ceil- you can live with.

d vinyl and vinyl asbestos floor tiles will appeal to because of their low care and maintenance de- ds, as well as the myriad of designs, textures and rs they offer.

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Make an attractive garden pond in your yard with easy to use SAKRETE. Mix a sack at a time as you build at your own pace. The use of thoroughly blended SAKRETE Cement Mixes guarantees lasting results you'll be proud of.

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Today's plastic coated wall coverings are also beautifully designed. Your kitchen can have a whole new look as often as you like just by changing the wall covering. And although the wallcovering may be the least permanent decorating area of your kitchen, it can serve as a pleasing color accent for the whole kitchen. With wallcoverings available in every conceivable color—many in House & Garden hues—you will be sure to find a wide range from which to choose. Recent developments in window shade design, too, may surprise you. You'll be pleased at the possibilities they offer for helping you plan more than one window treatment during the year for your kitchen.

DO YOU NEED PROFESSIONAL HELP?

The answer is yes—and no. Certainly you can accomplish a number of remodeling projects without calling in a contractor. Indeed, many of today's products in the building material field are designed and manufactured with the do-it-yourselfer in mind.

However, if you plan a major kitchen makeover, unless you can do your own wiring, plumbing, construction and installing of floor and ceiling tile, carpeting and cabinets, your best bet is to deal with a member of the American Institute of Kitchen Dealers. This membership means the dealer has a showroom with at least two complete kitchens, has been head of his retail kitchen business for a minimum of two years, and guarantees you of his financial stability—otherwise his membership would be canceled.

Helping you choose from the multiple options of kitchen design—style, color, materials, products and price—is only one of the valuable services a planner performs. Equally important is that he becomes the single source of responsibility for your major remodeling projects from beginning to end, and is, in effect, a one-stop shopper for you.

NEW BATHS: BIGGER AND BETTER

Above all, the bathroom is a *room,* another room your home. Certainly it has its functional side, but wh stop there? If you have the space, or can make th space, a larger bath can add immeasurably to yo comfort and enjoyment. Adding space to an ordina bathroom can transform it into a health spa, a place exercise, sunbathe, or just unwind. And with a slidin door opening onto a secluded terrace, your bath ca become a beautiful retreat, where you can keep a appointment with luxury every day.

Be sure to select a deep (at least 20 inches) and fu length (a foot longer than the average) tub for soakin and really stretching out.

The "age of acrylics" has made possible fiberglas bonded bathtubs in a number of imaginative design These tubs incorporate such safety and convenienc features as an integral seat, a safety grab bar, a co toured backrest and an inherently slip-resistant su face. Some models weigh only seventy pounds, pe mitting easy transport and installation. The sea sloped gently back for safety but self-draining, pr vides a safe place from which to supervise chi bathing; it also is comfortable and convenient for pe sonal grooming as well as handy for storing bath toy and cosmetics.

Partitioning shower, bath, toilet and bidet, vanity an sinks into several private areas is an excellent idea. A the same time this insures privacy even with multip use, access is provided to several members of family, to ease morning traffic.

The one most essential ingredient for any bath water; clean water, hot and cold water, and plenty it!

Water heaters do consume energy, and they shou therefore be inspected regularly to insure they are n consuming more gas or electricity than necessary.

Another way to help conserve energy is to install water softening appliance. It will help give your liner and clothing longer life, too!

A water softener will benefit the environment as we When water is softened, there is no need for phosp ates which cause algae to grow and choke our lake and waterways. And much less soap or synthet detergent is needed for effective cleaning, so the tot

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A mini-library of great wall covering ideas and the know-how to put them into action!

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There's a complete idea/instruction book for each of the 5 main rooms in your home, and a clear, complete book on how to hang fabric-backed vinyl wall covering.

Order your DECORATOR 6 PACK today. Order another as a valuable, long-lasting gift idea! Start making your dream rooms come true, with Fashon scrubbable, strippable vinyl wall covering — the versatile, expressive and money-wise decorating medium.

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Enclosed is $_____. Please send me _____ DECORATOR 6 PACK(S) at $1 each.

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Ask your decorator or wall-coverings dealer to show you Fashon's outstanding selection of patterns, textures and colors for every room in the home!

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Automatically.

Give your home a Fuel Saver — the Honeywell Chronotherm Clock Thermostat. You set it just once. It lowers your heat at bedtime, then raises it in the morning. Automatically.

You'll use 5 to 16%* less heating fuel with The Fuel Saver. And while you're saving money, you'll help save America's energy, too.

Call your local heating/cooling dealer. He'll be happy to answer your questions and install a Fuel Saver in your home. Or write Honeywell Inc., Dept. G2118, Mpls., Minn. 55408.

*During the heating season, The Fuel Saver can cut your heating bill by 5 to 12% with a 5° setback and as much as 9 to 16% with a 10° setback over an 8-hour period. Savings vary by location. Based on computer study and actual in-home tests.

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amount of these substances entering our lakes a rivers is substantially reduced.

Energy is wasted by water heaters when the wa they heat is hard. The hard water deposits a rock-l insulating scale inside their tanks and coils so it tak more electricity or gas to produce the hot water. Mo time, too — one recent university study shows that waste over ten 8-hour days a year because of ha water. There is no doubt that the water heater wor overtime with hard water, which, in turn, hastens replacement by reducing its life span.

Color & Light: New Life for Old Baths

There's more to a bath than just plumbing fixtures water heaters and the like. Don't forget the artful us of color and lighting in your bath plans.

While black and white can always be used to goo effect, bold colors will add a whole new dimension t a formerly "ho-hum" decor.

Easily cleaned wall coverings in patterns and solid colors, floor and ceiling tiles, as well as decorative ac cents such as towels, are readily available a reasonable cost. Be bold with color in your bath!

Lighting changes can relieve austerity and tha familiar antiseptic look while creating a truly lovely setting for your bath. Among the lighting products fo today's baths are suspended lighting grids, plastic skylights and innovative lighting treatments fo bathroom medicine cabinets.

Your private bath is a highly personal room, and as such, everything in it reflects an extension of your personality. Make your choices to please yourself — especially for something as personally pleasing as your bathroom.

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HOME: IT'S THE FIRST PRIORITY

SPECIAL *Many of the advertisers whose messages appear in "Home: It's The*

LOOKING AT LAUNDRIES

"Looking" is the key to the new approach to laundry areas at home. No longer do we need to stash laundry equipment away, out of sight. This is true, in part, because designers have begun to treat washers and dryers with a healthy respect, giving them attractive color treatment and improved lines. And, in part, because openness is an extension of today's philosophy of simplifying things and looking at them honestly even our hardest working appliances.

The big news in laundry equipment this year is the dramatic reduction in noise pollution in some models. Noise from automatic washers, most noticable during high-speed agitation and spin, is caused by vibrations and metal rubbing against metal. By mounting the motor and pulley in rubber and using a belt without cogs, these noises have been reduced by one third. So, by specifying one of the new noise-free models, you will be well on your way to ridding your home of unwanted clatter.

Compact washers and dryers are also appearing in laundry areas and kitchens with greater frequency. These compact models have the advantage of light weight, portability, and they plug into a 115 volt electrical outlet without venting. They help you locate a laundry almost anywhere in the house that you have a little space to spare, too!

Present-day home laundry equipment is becoming more and more automatic. Some models have systems which automatically dilute and dispense laundry additives into the wash. Others have wrinkle-creating features such as extra care selection. This feature tumbles the clothes for sixteen minutes without heat after the drying cycle, to help reduce setting in wrinkles. It's not uncommon to find washers and dryers with up to 10 cycles for handling everything from heavily soiled cottons to delicate knits.

Your Laundry: Bright & Beautiful

The laundry area can be a definite decorative asset to your home. And, apart from the equipment, all you really need are five feet of wall space and a few shelves for storing laundry products.

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Here's paint that lets you capture the distinctive beauty of Early America in a tough "breathing" finish that weathers nature's nastiest elements. And the painting's latex-easy . . . flows on smooth, spreads evenly without lap or brushmarks. Superb quality, outstanding value, in colors that will give you new pride in your home's appearance. Tru-Test Supreme Latex. Gallon, **9.29***

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Tru-Test paints sold only by True Value Hardware Dealers who own their own paint factories. For one near you look under Paint—Tru Test in the classified Yellow Pages directory.

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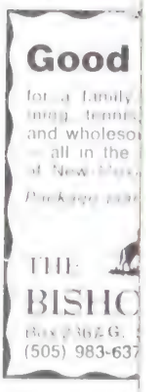

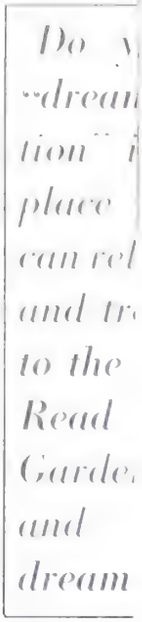

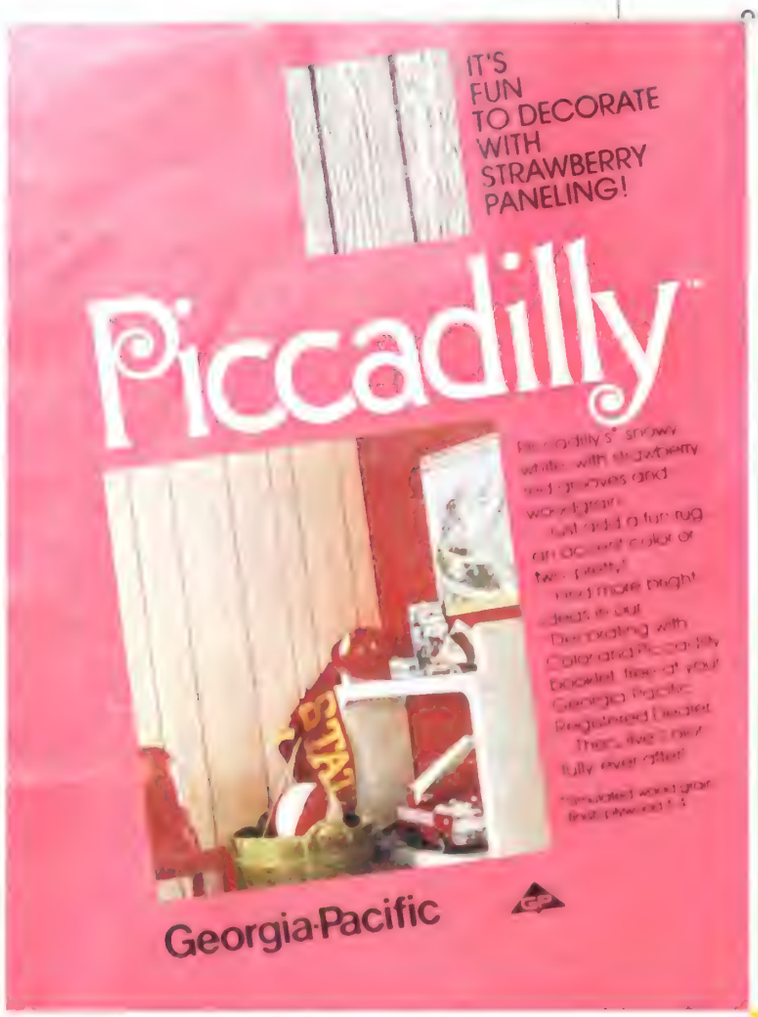

Actually, there is something to be said in favor of both viewpoints. The important thing to remember is that *you* are the one to decide where placement of your laundry will make you the happiest.

If you want the laundry in or off the kitchen, then it should be there. If you are persuaded that it should be closer to upstairs bedrooms, then, by all means, have it there. (A laundry chute may provide a compromise solution to the problem).

The Laundry: As A Part of Other Rooms

You may have plans to integrate your new laundry with an existing kitchen or bathroom, or even a bedroom.

Much that has been said about the laundry as an individual room or area also applies to the laundry as a part of another room, but there are some differences. For example, if you choose to transform a walk-in closet in a bedroom to a laundry site, you most likely will prefer to close it off with louvered doors, especially if the bedroom is a guest room.

If you remove an existing wall that separates the kitchen from the laundry area, the laundry will gain instant status as a first class room, and suddenly come to life as part of an expanded kitchen.

In a bathroom setting, colorful laundry equipment can add new zest, especially in an older bath with too much white and little color relief.

Certain types of carpeting, which can be readily machine washed, will do much to soften the overall effect, and will further reduce unwanted noise. Or you may decide on solid vinyl and vinyl asbestos tiles, available in a wide range of colors and styles, and offering the advantages of easy care and long life. Plywood paneling, ready to install in House & Garden colors and wood tones, will bring dull walls to life. If you have the room, think about a built-in bench with storage under the seating surface for laundry supplies.

If possible, consider a center drain for the floor of your new laundry, an idea that may not be practical unless your new laundry is part of a room addition. The center drain offers some obvious advantages, especially if the laundry is used as the family's mud room and your laundry room plans include a large sink with a hose attachment. The mud room concept is most popular, as you would expect, in those areas where snow and ice and children tracking mud are daily problems.

Your Laundry: Where Do You Place It?

Location of the laundry area continues to be the subject of dispute. Some say the laundry should be convenient to the kitchen area; others feel that the bedrooms are the greatest source of soiled articles and therefore the laundry should be on the second floor, in or adjacent to the bedrooms.

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The accent will be strong on informal living, carefree maintenance and simply providing a place for fun for every member of the household.

Walls and windows offer the most dramatic opportunities for making your new room attractive as well as functional. Sliding, ceiling-to-floor, window/doors opening on to a terrace or patio can bring the great outdoors into your room. And if you are fortunate enough to have southern exposure, you'll get the added benefit of treasured solar warmth and sunshine.

The big news in window products this year is vinylclad, low maintenance windows, available in a full line of traditional and contemporary designs. These windows have a rigid vinyl cladding over preservative-treated wood sash and frames. They won't require exterior painting, won't pit, rust or corrode, and offer the convenience of welded insulating glass.

The only adequate description for walls and wallcoverings these days is "simply wonderful!" Never before have you had so many choices—choices in basic materials, textures, colors and price ranges. For purists, traditional wood paneling with its hand-rubbed patina and corresponding cost is available. Those who wish to stick with wood, but who prefer a simpler, textured appearance to complement their relaxed life style will find sculptured grain wood

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...DDING ON, ...R CONVERTING ...OR A ...IVE-IN ROOM

...anning a family, game or recreation room for an ...der house can be a challenging and exciting pro...ct. A number of options present themselves. You can ...nvert an unused garage, finish a basement or attic, ...add a room to your present structure by extending ...ur kitchen or dining room.

...n the other hand, if your home is of fairly recent vin...ge, and you already have a special room for infor...al living which was part of the original floor plan, you ...ay just want to expand it (especially if your family ...s expanded).

...hat will result will be a virtual doubling of your living ...ace. One room will at the same time provide a lively ...tting for informal entertainment or dining, as well as ...rve as an extra bedroom for overnight guests.

...can be anywhere: upstairs, downstairs or (quite ...erally) all around the house, in the case of an ...closed porch converted to living-in.

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paneling to their liking. Less expensive plywood panels, either with wood textures or in bright colors with a polyclad washable surface, will delight those who appreciate good appearance, but who also place emphasis on the practical. These panels in color can be applied to the ceiling for a striking decorative effect.

And for other wall magic, don't forget paint. Technology in the paint manufacturing industry has produced odorless, mess-free products which are on the market in an exciting array of beautiful colors, both bright and subtle.

Also on the market are new products for applying paint, which cut down substantially on your time, if you plan to paint. You can choose from the time-honored bristle paint brush, foam brushes, flat pads and the roller for your painting project

For covering large flat surfaces such as walls and ceilings, paint rollers are the most popular painting "tools". If you opt to stick with a brush, you may be surprised to learn that synthetic bristle brushes work better with latex, water-thinned finishes (preferred for most projects)

If you select carpeting for your live-in room, look for "game board" patterns which are woven into the carpeting. These will be a big hit with the younger generation. Equally exciting designs will be found in solid vinyl and vinyl asbestos floor tiles, some of which can be applied easily by simply peeling paper off the back of each tile and placing the self adhesive side on your floor.

For your live-in room ceiling, you will want to investigate low cost, easy to install plywood beams which have the look of solid timber. These beams feature the distinctive chisel marks of hand-hewn timber which may be highlighted by staining or painting, or left in their natural fir finish.

How About A Greenhouse?

Prefabricated greenhouses, getting more popular every day, come in all sizes from window, through-the-wall to solarium sizes. They are now appearing as integral parts of live-in rooms often enough to indicate a strong trend in that direction. Reawakened interest in plant life, together with a desire for the added heat gain which a glass area provides, have created a demand for greenhouses, which will help to keep their price tags at a sensible level.

One final thought on the live-in room: It is meant to complement your other rooms, not put them out of business. If properly conceived and planned, your live-in room will be an extension of your other rooms and a welcome way of virtually doubling your living space.

THE "NOW" PRODUCTS FOR REMODELING PROJECTS

A number of exciting new products on the market may help you to achieve your storage, room-dividing and general remodeling objectives without costly changes in the structure of your house.

Lawn-Buildings Replace Tool Sheds

That wooden eyesore once known as the tool shed has given way to the lawn building. It happened with the swing to outdoor living. Lawn chairs, barbecue grills and badminton nets - the tools a family needs when it moves outside for the summer - require flexible storage space.

The natural answer was the lawn-building—big enough to provide all-weather security for an assortment of things, yet attractive enough to command a position convenient to the house.

Today, lawn-buildings are available in a number of styles and colors. One model features skylight panels and an embossed wood-grain finish. Another is a red and white, double-door replica of a barn.

Lighting Dimmers Increase In Popularity

Designed to meet today's growing demands for mood lighting, solid-state incandescent dimmers add not only lighting flexibility and luxury, but also have a number of practical advantages. Usable in any room of the house, lamp socket and wall variety, dimmers also save electricity and prolong the life of the light bulbs.

Shelves as Room Dividers & Storage Units

Room dividers don't have to be walls. Handsome étageres (free-standing shelves) are available in a variety of styles and sizes. Shelves that are useful and decorative at the same time are a natural for anyone with more possessions than storage space, or who has room-dividing ideas without a desire to make a major project of implementing them.

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Because you assemble these new shelving systems yourself, you supply otherwise costly labor, and save substantial amounts of money. What's more, they help you make fast work of satisfying your bookcase-divider needs, since many of the kits come in a package that you can take right out of the stores, without waiting for deliveries.

Food Storage Needs Met With New Food Files

A prime purpose of remodeling your kitchen is improving storage facilities. Super-storage can be yours with the "food file" on today's market. It provides three times as much easy-access storage as the width of the cabinet it's built into, thanks to swing-out and in-a-door racks for canned goods. It's a compact version of the old-fashioned pantry.

Suspended Ceilings Ideal For Disguising Old Ones

The suspended ceiling system is not only a lifesave when it comes to modernizing older homes, but it also hides faults and muffles sounds.

Made of fiberglass, these lay-in panels are virtually featherweights. They can be lifted in and out with ease, and their vinyl "skin" is wiped clean with ordinary household cleaners.

In addition, the grid system can be installed by any reasonably adept do-it-yourselfer. Such a system can lower ceilings that are too high, hide pipes and ducts and also cover older ceilings that are in bad repair.

They are particularly effective in finishing off new room additions, live-in rooms and other large areas.

Roof Vents Reduce Air Conditioner Use

By ridding your attic of trapped hot air you can support the nation's "save a watt" campaign this summer.

The sun's hot summer rays can easily raise the temperature of moist stagnant attic air as much as 100 degrees above the outside air, even with proper insulation. This super-heated mass acts as a blanket over the entire house, defeating the efforts of even the most efficient home or room air conditioner.

The result is a heavy load on the cooling equipment

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th increased maintenance costs, high operating ex-nses and serious waste of short-supply electric ergy.

e solution is to prevent the heat build-up with an ficient power ventilating system that will replace the pped attic air with cooler air from the outside. Sta-nary vents cannot accomplish this.

wer vents are available at building supply and me improvement centers for about $50, with a ther-ostat that can be set to meet the attic temperature ntrol requirements for any part of the country.

pace-Saving Bi-Fold Doors

-fold doors eliminate two of the most commonly ard complaints about conventional doors. Older ors opened full width into a room, and even the ntemporary sliding door restricts access to half the ea at a time. With modern bi-folds your room's usa-e space is added to, since they decrease by half the or space needed when they're fully open, a feature ich also allows for practically unrestricted place-ent of furniture.

hen made of steel, they don't warp or stick, frequent oblems with wood construction, nor will they pro-ce the vibration and rattle which usually accom-anies the opening and closing of bi-folds made of ht synthetic materials.

While bi-fold steel doors are becoming almost standard closet equipment in new homes, don't overlook their opportunities for improvement of your present house, either in adding new storage spaces or remodeling existing ones.

Bi-folds cost anywhere from $20 to $50 and come in embossed panel styles, flush doors, full-louvered, panel-louvered, colonial, provincial and mirrored.

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Bird Solid Vinyl Siding is solid color from front to back. So it can't show wear to scratches like wood or metal with their thin surface coatings.

In fact, houses covered with Bird solid vinyl a dozen years ago still look new . . . and you can expect they will a dozen years from now.

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Heating & Cooling: Making Do May Not Be Doing Enough

n the surface of things, you may think that purchas- g a new heating or cooling system is a frivolous ea, especially in view of the energy crisis and the nount of fuel consumed by these plants.

owever, your present heating or cooling system may old, inefficient and costing you too much money to erate, at the same time that it's wasting our pre- ous energy supplies. A call to your local utility or a liable heating contractor will help you determine nether or not this is so.

the meantime, the purchase of a humidifier can oduce some immediate results in fuel savings. If u properly humidify your house it will be as comfor- ble at 70 degrees as a dry home would be at 74 grees.

noted in our section on insulation, fuel bills can be duced to up to 50 percent with proper wall and ceil- g insulation. Attic floor insulation alone will account an additional 20 percent savings. Storm windows d doors can cut fuel consumption by as much as 15 rcent. Another 20 percent savings can be realized weatherstripping around doors and windows that e not perfectly snug, and caulking cracks in outside alls.

you decide on a new comfort conditioning system, ake sure humidification and air filtration are integral rts of your plan. They are just as important to your mfort as the fundamental elements of heat and ld.

filtration, for example, will clean the air you breathe d reduce dusting and vacuuming time. Up to 95 rcent of all undesirable elements in the air can be fectively removed by today's technological owhow.

efore selecting a new heating plant, you should ac- aint yourself with the various possibilities for heat- g your house. These are forced warm air, hot water ydronic), electrical baseboard and electrical radiant ating. Forced warm air uses a furnace to heat air at is then circulated through the house by way of a twork of ducts. Hydronic heat uses a boiler to heat ater that is then circulated by one or more pumps to diators or convectors mounted in the walls or along e baseboards. These units heat the air in a room, nich then circulates by convection. The heated air so warms the walls and ceilings, creating a certain egree of radiant heat. Forced air and hydronic heat- g are operated by gas or oil, as a rule. Electrical aseboard heating uses heating elements set in baseboard convectors. Radiant heating, on the other hand, uses electrical warming filaments embedded in walls and ceilings.

You'll want to consider a central air conditioning system for total comfort conditioning if your present system is hydronic, electrical baseboard or radiant. Depending upon circumstances of climate and installation, the heat pump is sometimes recommended as an alternative possibility for air conditioning.

This is a reversible air conditioner that pumps cool air into your house in summer, and warm air during the winter months. If you live in an area with a relatively moderate climate and inexpensive electricity, you should investigate it.

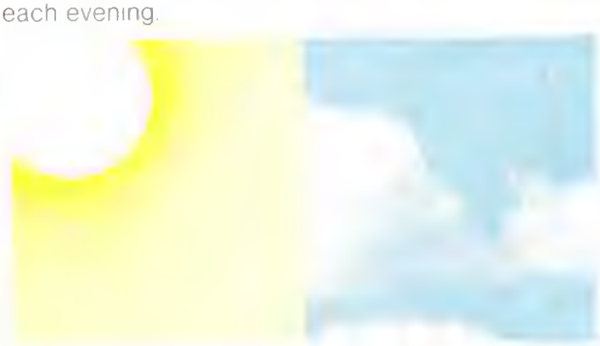
There have been recent developments in the production of "high-efficiency" air conditioning units, available in capacities ranging from 5,500 to 27,000 BTU's (British Thermal Units).

Basically, high-efficiency air conditioning is a term applied to air conditioners which produce more cooling per watt of electricity consumed than standard air conditioners of the same capacity.

Cooling is also measured in British Thermal Units (BTU). The ratio of BTU's per watt is called the Energy Efficiency Ratio. Air conditioners which produce eight or more BTU's of cooling per watt are considered to be high-efficiency models.

These units cost less to operate, and help conserve power. However, as you would expect, they are more expensive to manufacture and cost more to buy.

If, following the inspection of your heating and cooling system, you discover that you are among the fortunates who won't have to face replacement of heating plants this year, you still can effect real savings by turning your thermostat down. It's estimated that you can save I percent of your fuel consumption for every degree you turn the thermostat down before retiring each evening.



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ROOFING AND SIDING: PROTECTING YOUR INVESTMENT

Today's roofing shingles come with guarantees th range from 10 to 25 years. At current average pric that means that your shingled roof will protect y from the elements for less than $30.00 per year, a will remain virtually maintenance-free while doing

Don't make the mistake of thinking that everything fine topside just because you haven't *seen* any sign leaks or damage. Unseen leaks which perr moisture to seep down through the roof structure a into the walls can cause serious damage to yo home before you're aware of the need for a new ro

You would be well advised to pay a professiona roofer to inspect your roof at least every three yea This is especially true if your present roof is older th fifteen years or if you live in the South. Southern s causes appreciably more damage than winds or ra to a roof.

There are, of course, some obvious things to look f which will indicate a need for roofing repairs, if n replacement of the roof. Warped, cracked or missi shingles are definite signs that surface repairs are order. They may also point to more serious damag underneath. Moisture in the walls, flaking plaster i side or peeling paint outside might also indicate th your roof is no longer doing its job.

If you do decide that some attention to your roof is order, you'll be happy to discover that roofi materials today are longer-lasting, more fire-resistan and more attractive than ever before.

Over-roofing with red cedar handsplit shakes may b an answer for your roofing problems. Over-roofing ha the advantage of quickly transforming your hous without muss and litter because your old roof remain in place, contributing insulation and protectio against the unexpected rainstorm during applicatio

Another solution to your roofing problem may b asphalt shingles, consisting of a heavy sheet of fe which is saturated with asphalt, then when drie given another coating of asphalt and a covering colored mineral granules.

Also available for your roofing needs are asbesto and wood shingles other than the red cedar variety

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Many of the advertisers whose messages appear in "Home: It's The

ere's a newcomer to the shingle scene, too, one de of fiberglass. It offers superior fire protection alities, and since it's manufactured of an inorganic se material that is minimally affected by weather, long-lasting in spite of its lighter weight.

uminum & Vinyl Siding: ng Life & Little Upkeep

u may be distracted from serious consideration of erior improvements to your house because of the nerally more dramatic changes remodeling effects ide your house.

s is only natural, and in view of the "big ticket" item ich siding and roofing represents, it's very human ry to ignore the exterior problem, hoping that it will mehow disappear. Unfortunately, it will only epen.

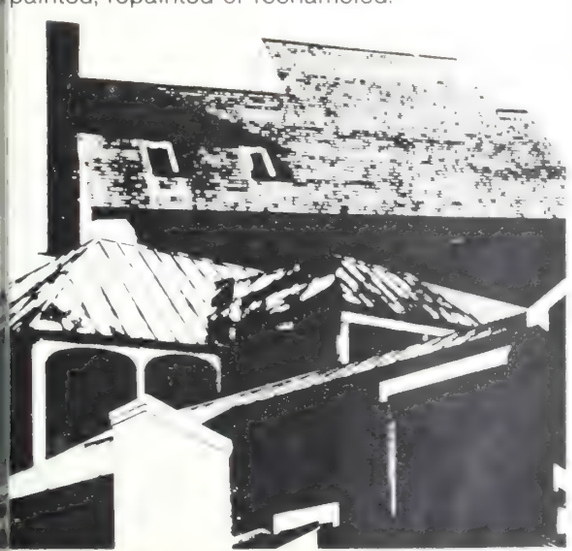
ce you have decided to confront your exterior eds realistically, you will want to be aware of the oices you have for exterior siding.

e such option is solid vinyl siding. This material nnot rot, blister, peel or decay. It doesn't ever re- re painting and colors permeate the material, so y won't disappear with the ravages of weather or e. Vinyl also has insulating properties which make ttractive during these days of energy concern.

minum siding also offers low maintenance alities, plus a number of interesting embossed odgrain effects. Baked-on colors prevent chipping. tering and flaking.

atever its finish, texture or color, aluminum cleans sily with water alone or with a mild detergent solu- n followed by rinsing and drying. Over the years, rings in time, maintenance and materials can add to an impressive total.

cability is an important property of aluminum. De- nding upon the product, lifetimes of 20 and even 30 rs are not uncommon. Also, aluminum may readily painted, repainted or reenameled.



for a world of difference in your home

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HIGH EFFICIENCY
AIR CLEANER

Traps 99% of Pollens and Spores; up to 90% of Dust and Dirt from the Air Circulated Through Your Heating/Cooling System

Cleaner air is a constant benefit in your home with a Space-Gard Air Cleaner. You'll breathe air that contains less dust, dirt, tobacco smoke, pollen and other pollutants. So, there's less dusting, cleaning and redecorating to do; less aggravation of allergies. Economically installed in any type forced air system. Uses no electricity, requires no service or operating attention; minimum maintenance easily performed by homeowner. You'll like living in a home kept cleaner by a Space-Gard Air Cleaner. You'll like the price too.

cleaner air

With a Space-Gard Air Cleaner you'll breathe air that is practically free of many pollutants that can cause discomfort and stuffiness. Even the microscopic size airborne particles are removed from the air stream circulating through your heating/cooling system.

reduced allergens

Allergy cases differ widely—and the Space-Gard Air Cleaner is not a sure cure for any allergy. However, if you suffer from allergies caused by pollen, mold spores, dust etc., this air cleaner can be highly beneficial.

less cleaning, decorating

With a Space-Gard Air Cleaner, there will be less dust in the air to settle on places you have to clean or dust. And, you'll find the time interval between washing walls or redecorating is lengthened.

ANOTHER PRODUCT "FOR BETTER AIR EVERYWHERE"
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Youngstown ..... Haber Furniture

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INSULATION:

KEEP HEAT AND COLD IN ITS PLACE

You can save up to 50% of your fuel costs with the right kind of insulation, plus half your energy consumption. Caulking and weather-stripping storm windows can save you an additional 13%.

Insulation provides a barrier of tiny air pockets that slow the movement of heat toward unheated space.

There is a variety of types of insulation and a number of ways to install them. In wide use throughout the country are fiberglass, rock wool, vermiculite and cellulose. These products are cut to size, poured, or blown by machine into walls under floors in attics or below ceilings.

When you're checking your insulation (presuming your present home is insulated) look for insulation under the house between floor joists and in the attic. To check for penetration again place a thermometer on the wall inside the house. With the room at 68 degrees and outside temperature about 50 degrees, a well insulated wall should register about 65 degrees. If it's much lower than this the wall is not adequately insulated.

Insulation, according to research published by the National Association of Home Builders is rated by its resistance to heat flow. This is called its R value (R for resistance). The higher the R rating, the more satisfactory its resistance. A thickness of about 3 to 4 inches of blanket fiberglass or rock wool is classified as R-11, meaning that it would halt heat transfer as well as 9 inches of lumber or 4 feet of brick.

The National Bureau of Standards recommends R-11 insulation in exterior walls and floors and R-19 in the ceiling. The insulation industry claims a house meeting these standards needs less than 50 percent of the energy required to heat a non-insulated house.

How much you'll save by installing insulation or adding to your existing insulation really depends on a number of things—ceiling height, glass area, how well the house is weatherstripped and caulked, existing heating system and regional weather.

Even though insulation represents an initial outlay of substantial funds, the average insulating job should save enough to pay for itself in four or five years.

With the exception of room additions which are still under construction, walls are difficult and expensive to insulate. It means drilling between each stud from the outside and blowing in insulation, or pulling off the interior wall surface and installing batts or blankets. Since all these possibilities are practically prohibitive, the most sensible thing to do is to concentrate on bringing your ceiling insulation up to a higher standard of acceptance (R-19).

Since heat rises, much of it is lost through your ceiling. In many houses the ceiling joists are open in the attic and you can simply lay down blankets or short batts of flexible insulation.

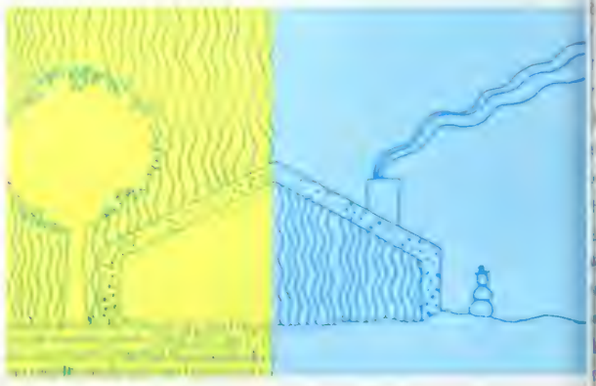
Rock wool and fiberglass are sold in 15 or 23 inch widths for use between ceiling joists or wall studs spaced 16 or 24 inches apart. If you're doing it yourself, wear gloves and cut the insulation, with a serrated knife, longer than needed for a tight fit.

Slightly less expensive, but more time-consuming, is the method of pouring bags of loose fiberglass, rock wool, cellulose and vermiculite insulation into the attic joist cavities. Follow the directions of the manufacturer as to recommended depth of insulation.

You will want to consider hiring a professional insulation contractor who will bring special equipment to your house for blowing in the insulation. Costs vary with the installer, but about 8 inches of fiberglass costs about 16 cents a foot, or roughly $320 for 2,000 square feet. Many dealers will lend you a small blowing machine for cellulose insulation, if you are determined to do it yourself.

There are two ways to insulate exposed beam ceilings. Your choices are rigid insulation above the wood decking (a new roof job) and 2 inch thick panels of vinyl-faced fiberglass below the decking. The most expensive alternative choice is to drop your ceiling and install insulation between the new and the old.

In ceilings where vapor barrier batts are not used, space between the joists can be lined with building felt to provide a vapor barrier that keeps moisture from passing through insulation and collecting inside walls and attic. Most of the rock wool and fiberglass available in batts and rolls comes with kraft paper, foil, or asphalt-treated felt vapor barriers which also have equal "resistance" or "R" values.



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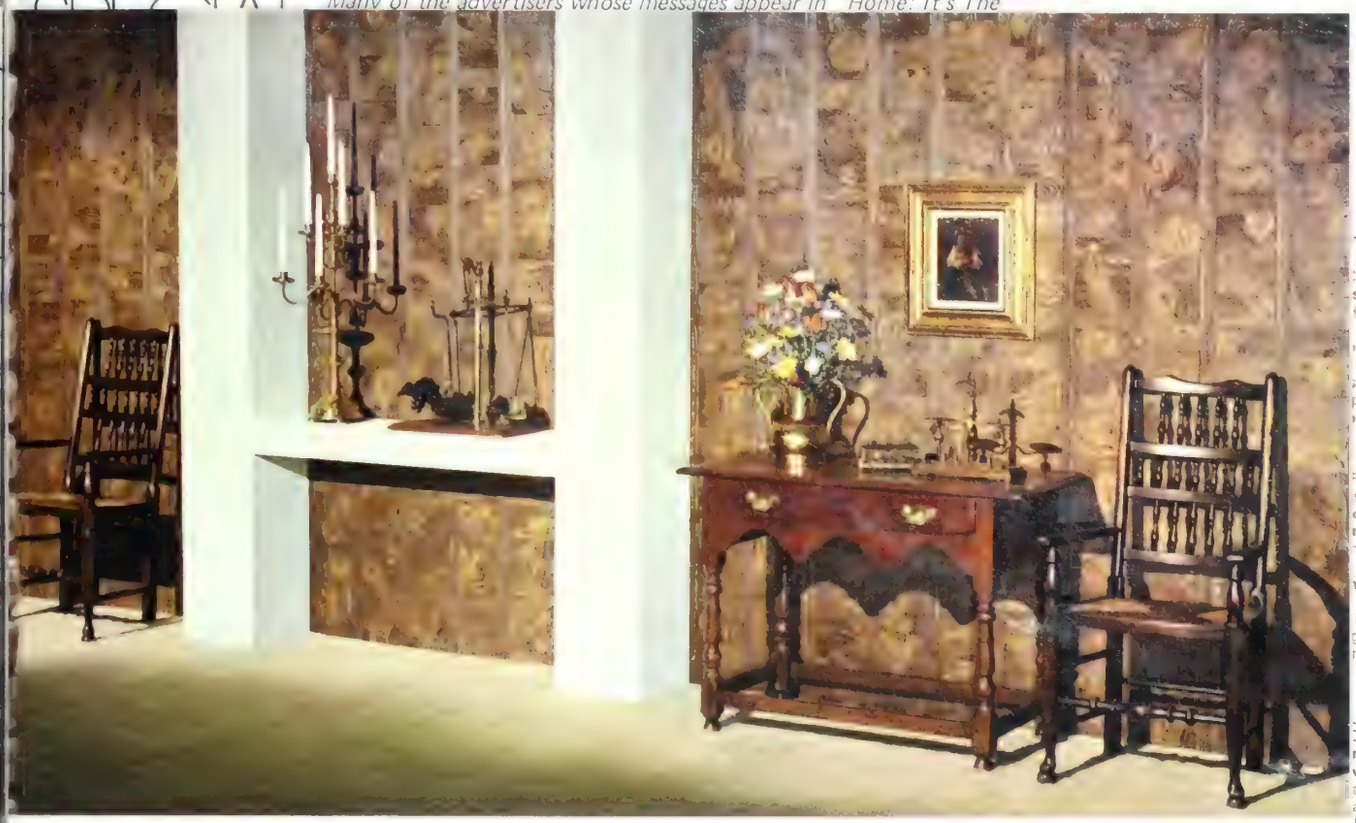

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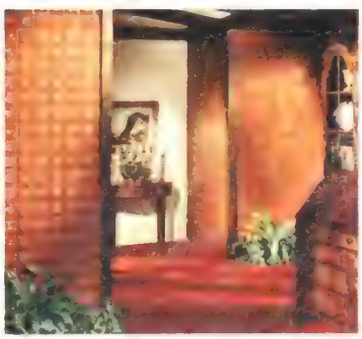

Mexicotta — the handmade look and rich tones of vivid terra cotta tiles. Romantic as old Mexico.

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Coach House™ White — the look of weathered wood, down to knots and nail heads. Friendly informality is its charm.

Chapel™ Natural — with the texture and dimensional look of quarried stone. Charming, elegant. At home anywhere.

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PRACTICAL PLUMBING: NEW DIRECTIONS

There's probably nothing less glamorous under the sun to talk about, much less write about. But plumbing in your house represents a substantial part of your home investment, and replacing or repairing it is serious enough to warrant your investigation of the different types of plumbing and kinds of plumbing products. It will help, too, to be thoroughly familiar with the terminology used by professionals in this area.

Part of the interest in plumbing, of course, must be attributed to the development of new products in the field. For example, copper pipes have replaced the iron and steel pipes of childhood memory (rusty and sediment filled water). In more recent years an even newer product has received acceptance: plastic pipe. This material offers lifelong durability, free from rot or corrosion.

In addition, this product is so simple to work with, and has such labor-saving qualities and ease of handling, that any reasonably handy person familiar with basic tools and working techniques should have no trouble replacing or installing new lines.

Don't be surprised, however, if building codes in your area still preclude the use of plastic pipe for water lines inside the house. Political considerations and antiquated legislation are still very much with us.

However, homeowners everywhere may use plastic pipe for outdoor projects such as installing underground sprinkling systems or bringing water to a patio or pool area.

In addition, many communities allow plastic pipe to be used for drain, waste and vent pipes. As you'd expect, it has become quite popular for these jobs, because of its light weight. Also, plastic waste and vent pipes are less bulky on the outside and simpler to conceal in existing walls without extra framing or boxing out.

The first of the plastic pipes to gain acceptance was the flexible polyethylene pipe, popular among do-it-yourselfers for outdoor projects. Among other advantages, it can be cut with a sharp knife, can be bent around curves or obstructions, and is not damaged by freezing even when filled with water.

The newest type of plastic pipe for home use is chlorinated polyvinyl chloride—CPVC for short—which can be used for hot water, as well as cold, and in some communities is being installed as part of the rehabilitation of older houses and apartments.

Newly designed sinks, tubs, toilets, bidets, and other fixtures are more attractive and compact, and generally more efficient and quiet in operation.

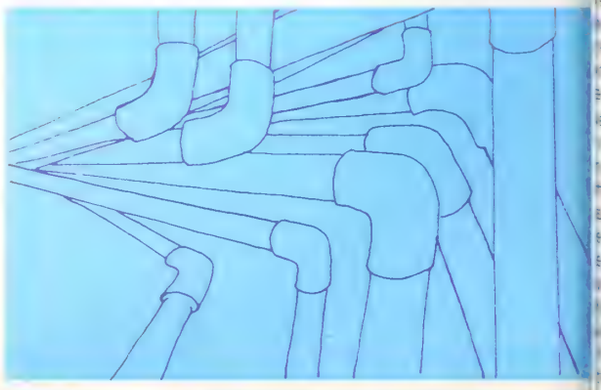
One-arm faucets enjoy their present vogue becau they require little maintenance, as there are washers to wear out. Instead, they have a movab ball bearing that may need replacing eventually, b literally not for years. For traditionalists who prefer t conventional two-handle faucets, an improved mod is available that eliminates the compression wash (the primary cause of leaks) since it's made with a r tary cylinder. Removing and replacing either of the models is a reasonably simple matter.

Leaks—water waste of any kind—are of great co cern today, as they should be. A minor plumbing nu sance which plagues us all at one time or another the toilet flush tank that won't stop running. Sever new components should replace the older ones. The are a new ballcock, a rubber ball valve (the new valve will operate like a flapper valve)

If the installation of a new water heater is part of yo home improvement plan, then you should consid one that has its own energy source. This is more ec nomical (the main furnace can be turned off in sun mer). It is also more efficient in terms of fuel co sumption. Remember that the water heater is the se ond or third largest user of energy after the furnac and kitchen range, or gas incinerator, if you have on

Where utilities have established special rates for "of hour" heating, electric water heaters have begun enjoy a certain popularity. Water is heated during of peak hours and stored for later use in insulated tank

Gas water heaters come in a wide range of sizes an types, and are built to resist water corrosion. All type feature the fast "recovery" of gas which permits the to serve several bathrooms as well as kitchen a pliances. Some models have controls whic automatically vary the heating flame to the household demands for hot water. This provides additional eco omy as well as extra capacity for heavy demands.



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Remodeling's such a better idea.

Alcoa building products add value and good looks to your home, cut maintenance to a minimum.

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Gentlemen: Please send me your free kit of exterior restyling ideas for homeowners. I have indicated the type of home I own.

My exterior finish is _____

Name _____

Address _____ Phone _____

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Change for the better with Alcoa Aluminum

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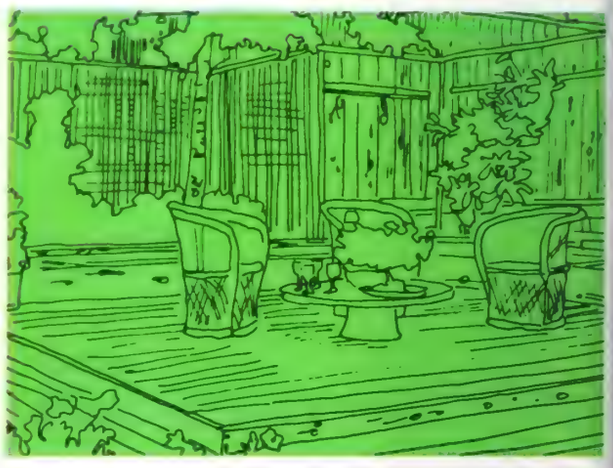
BORROW OUTSIDE SPACE: CREATE NEW "ROOMS"

More than one family has increased its living space by up to 50 percent through the addition of "outdoor rooms." These are created with deck sections and fenced-in expansions of outside areas. The use of common grades of lumber for decks, fences, planters and outdoor furniture keeps costs within reason.

Because wood lends itself well to shaping and to detailing, any homeowner can accomplish impressive results, either as a do-it-yourself project, or at a minimal cost with professional assistance.

The practicality of wood is demonstrated in its long life, even when exposed to the elements. This is especially true of redwood which resists decay and insect attack while its beauty endures, whether left to weather naturally to a soft grey, or finished with a stain that permits the natural textures to emerge.



Perhaps the most sensible and economical way to remodel a little privacy into a suburban, pocket-sized lot is through attractive fencing. Well built, economical fences not only provide "instant" rooms and dividends of privacy, they also increase the worth of your home and its resale value.

When you put up your fence there are a few things to remember. First, check local building codes. Height and setback restrictions are common in many areas.

Confer with neighbors. In the case of a property line fence, it's wise to discuss the fence design with the family on the other side. You might even get a volunteer of assistance.

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And the entire character of a room is about to be changed. By changing just the walls. With Wall-Tex® The fabric-backed vinyl wallcovering. Compare these two photographs. Only the walls are different. But what a beautiful difference there is. A complete transformation. At a price you can afford. Wall-Tex. Easy to put up. You can do it yourself. Easy to take care of. Looking like new for years. And, when you want to make a change, easy to remove (just strip it off). More than 900 patterns to choose from. Wherever wallcoverings are sold. Insist on it. Wall-Tex. So simple really. And it's made your home more you.

3:30 p.m.

Just look what you can do for a room with Wall-Tex® and less than $75.*

Wall-Tex®
First in Vinyl Wallcovering

BORDEN®

*Approximate cost of using Wall-Tex in a 10' x 12' room with 2 windows and 2 doors. Patterns shown: "Looking Up" and "Buttons and Bows" from the Match Makers® Collection 10th Edition. Price includes recommended Wall-Tex adhesive.

Wall-Tex is a specific brand of wallcovering and only Borden makes it. Available throughout U.S.A. and Canada.

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You'll love your Heatilator fireplace long after the fuel shortage

You'll un-chill two rooms with this Heatilator woodburning fireplace. Mark 123C is the only fireplace of its type with patented controlled heat circulation.

What a way to fight the fuel shortage! What a way to beautify your home, and increase its value for years to come!

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Call toll-free 800-553-8905* for his name. And mail coupon for free Fireplace Idea Kit showing all types of wood, gas and electric models.

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Plan the fence to last. If you live in a windy area t fence needs to be stronger than usual. If the fence to be built along a slope, you might have to take ir consideration some movement of the soil into t fence. For unusual situations, check with an engine or architect. Select a fence design in keeping with e isting architecture, and suitable for its intended pu pose. If your house has horizontal siding, you probat will not want to attach an uncomplimentary diagor fence to it.

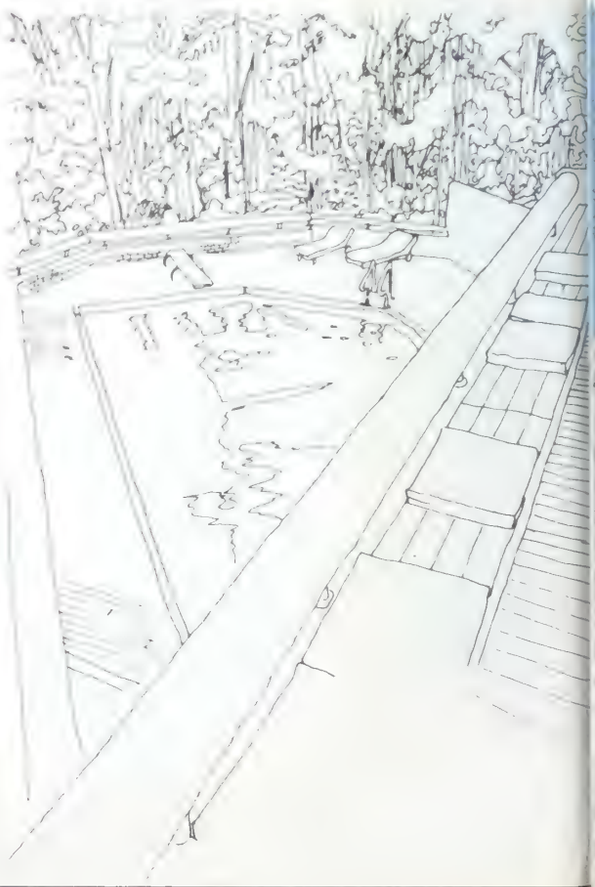
Getting The Most Out Of Your Outdoor "Room"

Either portable or permanent gas grills for outdo use will add a new dimension of "other room" reali to your new deck or fenced-in area.

The grill gas flame heats permanent ceramic briquet to provide charcoal-like heat at the same time it co sumes drippings. There's none of the difficulty of th charcoal fire because the gas grill lights and goes o at the touch of a finger.

Many families have installed infra-red heating units outdoor settings, to keep guests warm even on th chilliest of evenings. Such units extend the use of a outdoor "room" not only well into the evening, but als far into colder seasons.

No outdoor living area—whether it be patio, swin ming pool, or deck—is complete without low-energ consuming gas lights which also help to repel insec in summer months.



Advertisement

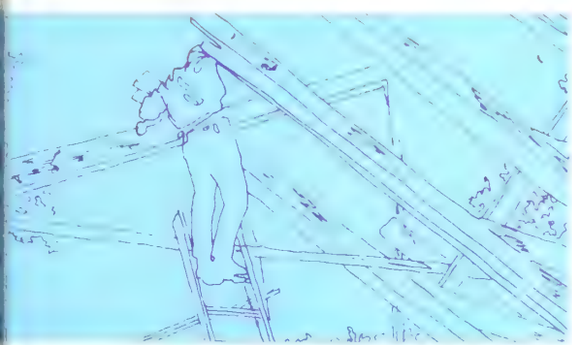
HOME: IT'S THE FIRST PRIORITY

Many of the advertisers whose messages appear in "Home: It's The

THE ULTIMATE REMODELING PROJECT: THE HOUSE YOU BUY TO CHANGE

e of the most rewarding experiences you can have he remodeling of an older house from scratch. You y find it's also the most practical, if remodeling ur present home won't satisfy your current family eds. There's another reason, too, that buying to nodel may be a good idea—it can put that longed- second house into your budget range at last!

e house you buy to remodel need not be a large use; in many respects, particularly for second use planning, the smaller the better. Gearing its oice to your remodeling ideas, you may find you n suit your living needs to smaller actual space n ordinarily—with the resulting benefit of a smaller ial investment



ying The House

ecial care should be exercised in the purchase of ir older house. Since you are purchasing it for the pose of remodeling it, location will be of the ut- st importance since the exterior appearance, or evation," should be compatible with neighboring uses. If you have a "far-out" design in mind, it might wise to select an isolated structure.

ess you know a lot about what to look for in older uses, you may want to spend between $50 and 00 to have a house inspection company inspect it you.

pectors will look for tell-tale signs of structural iciencies, such as sagging doors, cracked or ined walls. They'll also determine whether circuit

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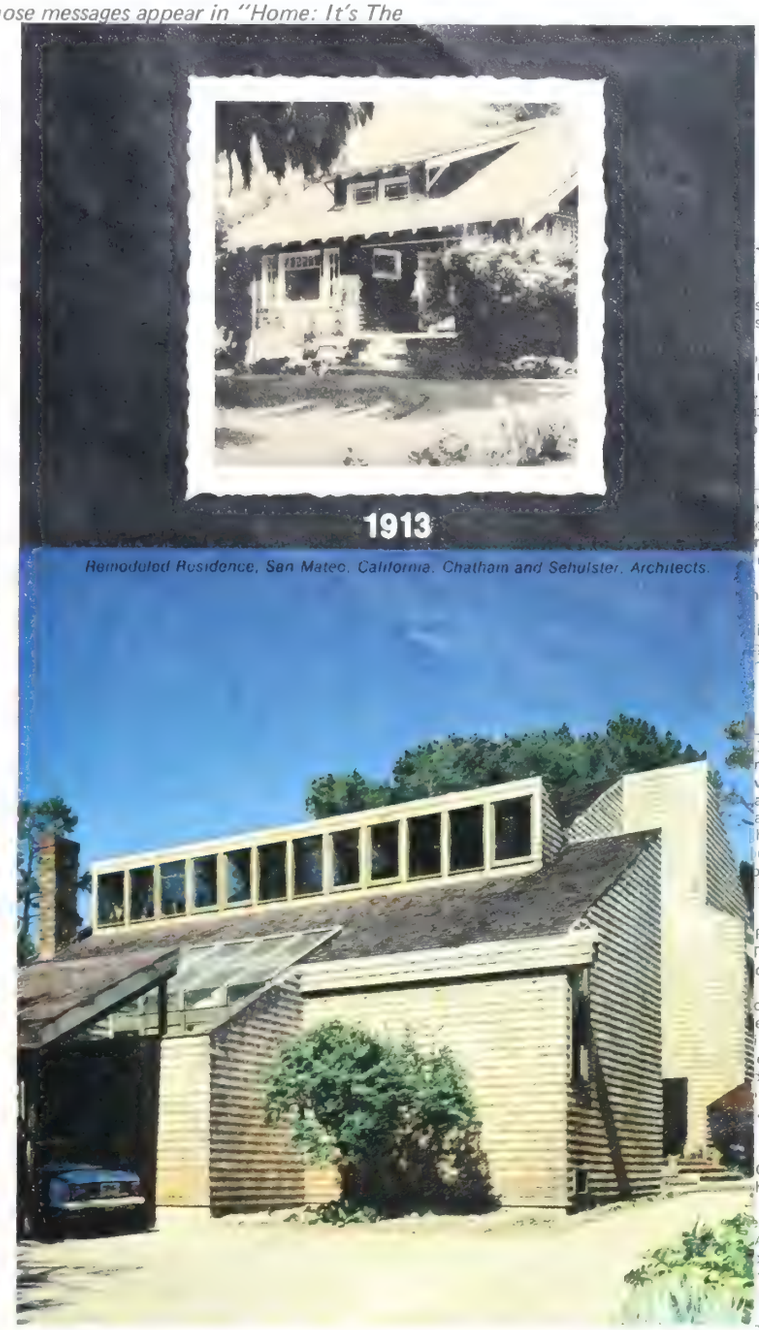

Red cedar comes back on the job after sixty years.

Sixty years ago this house was shingled with red cedar. Through six decades of rain, wind and sun the natural preservatives in the red cedar kept the walls looking beautiful.

So when it came time to remodel it was only natural to use red cedar again.

What other material could lend continuity and tradition to substantial remodeling? And what other material has the unique insulative properties of red cedar, a major consideration in the energy conscious 70's?

When you build or remodel, put Red Cedar Certigrade Shingles or Certi-Split Shakes on the job. You'll have the peace of mind of knowing they'll still be there, looking good as ever, for a long time to come.

For remodeling ideas or a 16-page color brochure on Red Cedar, send us the coupon below.

RED CEDAR SHINGLE & HANDSPLIT SHAKE BUREAU
5510 White Building, Seattle, WA 98101

Gentlemen:

☐ I enclose 10c for your folder of remodeling and re-roofing ideas.

☐ I enclose 25c for your 16-page, full-color brochure *Timeless Beauty*.

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Continued from page 58

GEORGIA

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Toledo ..... Johnson's Fine Furniture
Toledo ..... Ideal Furniture
Wausseon ..... Randolph Furniture
Youngstown ..... Haber Furniture

OKLAHOMA

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breakers are adequate for your amps requirement and inspect your wiring and plumbing. Even if it costs you $100, it is money well spent.

An Architect?

Many people think architects design only new houses. That isn't true. Architects often do improvement plans for homeowners and contractors. On a remodeling job the architect's fee may be 10 percent of the cost of the work, but he may save you more than his fee. His creative ability can help make your home more attractive, and his supervision of the job can help insure top quality work.

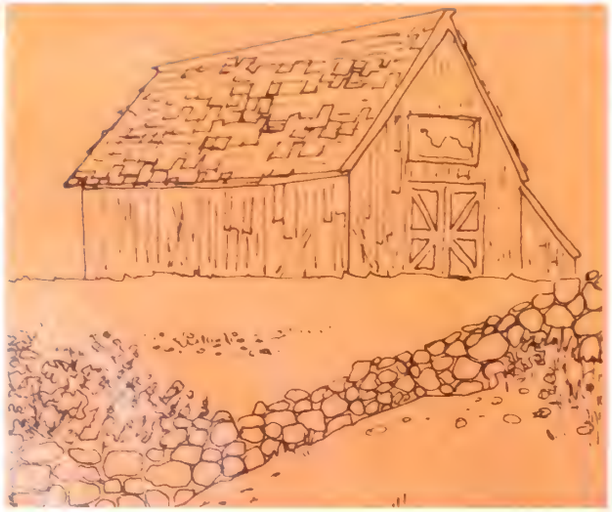
Selecting A Qualified Contractor

Most contractors are ethical, qualified businessmen, but there are always exceptions. These are likely to be among the itinerant contractors who call at your home and try to sell you an "improvement" job on the spot, or a high-pressure, telephone salesman. It's good practice to check out solicitors with the Better Business Bureau.

Your banker, savings and loan association, lumber dealer and local real estate dealer are good sources of information on reliable contractors. They will usually be glad to give you the names of several. You can then negotiate a contract, if you have a strong preference for one contractor's work, or get competitive bids from at least three, which is always a good idea. It is important that you give each contractor exactly the same plans and specifications on which to bid.

You have three days to change your mind, even after signing a contract. But, just to be on the safe side, before you sign it make sure that:

1. It states that the contractor will provide both labor and materials.
2. The contractor agrees to maintain required insurance coverage, including workman's compensation.



3. Starting and completion dates are stated.
4. Plans and specifications are made a part of th contract, and substitutions cannot be made exce by mutual agreement.
5. Complete cleanup and removal of all was materials is specified.
6. Work is guaranteed for a standard period, usual one year.
7. Payment is scheduled on satisfactory completic of the work or in installments that match th progress of the work, with an amount, usually 1 percent, withheld pending final approval of the jo by the owner.
8. The contractor agrees to secure all necessary pe mits.
9. Your consent is required for any advertising or pro motion of your job by the contractor.

Where Do You Get Ideas for Overall Remodeling?

Magazines are a good source. Check them, too, fo lists of free booklets offered by manufacturers an associations. And study the ads of the many fin manufacturers who make the quality products that g into home improvement of all kinds. Your local utilit is also an excellent source for materials relating t kitchens, laundries and heating and air conditionin projects.

Whether you have immediate or long-range plans fo a major remodeling job, start keeping an idea file nov When you see something that appeals to you in magazine, clip it and file it under the appropriat heading: "Baths," "Kitchen-Laundry," etc.

You can make you whole-house remodeling a grea adventure—*and* get exactly what you bargain for!

This portfolio was specially prepared for the May 1974 issue of House & Garden.

Advertisement

HOME: IT'S THE FIRST PRIORITY

SPECIAL *Many of the advertisers whose messages appear in "Home: It's The*

"I'd like to talk to the guys who think they can't install wall paneling. And the wives who wish they would."

Wally Bruner, host of the -it-yourself TV show, "Wally's orkshop," has this advice for meowners:

"It's really amazing how ny men who are handy around e house think the job of instal- g paneling's too hard for them. t these same guys will repaint d repaper a room or a wall, and or through those jobs time er time.

"Well, paneling's a lot sier than you think. If you can easure and saw, you can panel. special tools are necessary. ou can put up your paneling with eldwood® Panel Adhesive, and cause you're working with big x 8′ panels, you can cover a wall no time at all.

"Once your paneling's , you're through. No more ainting or papering, ever. And u've got a room to be proud of. us a happy wife, because thing beats paneling for hand- neness and easy upkeep. (A neling job adds to the value of ur house, too.)

"So if you're thinking out redecorating, I'd advise you th to visit The Paneling People, ur nearest U.S. Plywood dealer. u'll find a wide variety of top- ality panels in all price ranges, e this Craftsman® Gloaming ckory, a hickory veneer on ywood. Plus everything else you y need—help in estimating, nning and installing, plus hesive and compatible moldings. eck the Yellow Pages under aneling' for a listing of S. Plywood dealers near you."

Wally Bruner has ecked us out. He knows that the mpany that makes fine S. Plywood products, and the alers who carry them, deserve be called

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Toledo	Johnson's Fine Furniture
Toledo	Ideal Furniture
Wauseon	Randolph Furniture
Youngstown	Haber Furniture

OKLAHOMA

Dallas	Milmac Furniture
Northwest	Milmac Furniture
Thornton Freeway	Milmac Furniture
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Wallpaper, panelling, carp furniture, appliances—jus about everything you coul want, your Master Charge can help you get. Because i good in more places for m things than any other card the U.S.A.

In fact, your card is good f one more thing no home sh be without—cash. You can use it to get cash quickly a easily at over 16,000 Master Charge banking off nationwide. So make your plans... choose your color scheme... then relax. You'v Master Charge.

HOME: IT'S THE FIRST PRIORITY

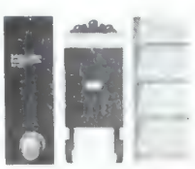
SPECIAL BOOKLET OFFER

Many of the advertisers whose messages appear in "Home: It's The First Priority," the special home improvement section in this issue, offer consumer booklets, catalogues, and portfolios filled with detailed information about their home improvement products. Some of these attractive booklets, which will help you in planning your own home makeovers, are shown and described below. Order them directly from House & Garden by filling in and sending the coupon at the bottom of this page. Orders will be filled as promptly as possible.

1. RED CEDAR SHINGLES AND HANDSPLIT SHAKES are shown in a new 16-page color brochure. Outstanding residences throughout the country show traditional and contemporary applications for roof, walls and interiors. Remodeling and vacation homes also featured. Full of ideas from leading architects. Red Cedar Shingle & Handsplit Shake Bureau. 25¢

2. YOU, TOO, CAN HAVE A FIREPLACE. Heatilator's three booklets, "Fireplacing Simplified Systems," "Building Specialties," and "Gas Fireplaces" show you a variety of models and options to fit any room plan and complement any decor.

3. "BEAUTIFUL PANELINGS CARVED FROM THE PAST" are described and shown in full color in an attractive brochure from the Masonite Corporation. The Historic Collection™ includes reproductions of British, Mediterranean, French Provincial, and other wood designs. All hardboard panels are pictured in designer room settings, with application instructions.



4. NOW YOU CAN SEE FOR YOURSELF how Alcoa building products can beautify your home. Their portfolio of exterior design restyling sketches includes door and shingle treatment ideas, a color combination chart, and many other suggestions for outdoor remodeling. You'll see how Alcoa Building Products can change your home's appearance and help reduce outside maintenance chores.

5. IF YOU REALIZE THE IMPORTANCE OF CLEAN COMFORTABLE AIR for your home and family, you'll want to read 2 booklets from Honeywell on Electronic Clean Air Equipment. Included in Honeywell's Comfort Control collection are systems for heating, cooling, humidity control and air cleaning. Colorful photographs illustrate how Honeywell's Electronic Air Cleaner can transform a home.

6. DECORATOR 6 PACK – is a mini-library of great wall covering ideas and the steps that can put them into action! Included is a complete idea instruction book for each of the 5 main rooms in your home and a clear, complete book on how to hang fabric-backed vinyl wall covering. The General Tire & Rubber Company. $1

7. ADD LOVELINESS TO YOUR GARDEN and beauty and value to your home, too, with the 20 garden beautifying projects found in the Sakrete 16-page booklet. Easy-to-follow instructions for yard and garden ideas, planter boxes, barbecues are given. 25¢

8. A HOW-TO-DO-IT GUIDE to hanging wallcoverings ("for people who hate how to-do-it guides") is as much fun to read as it is informative. It is from Columbus Coated Fabrics, along with a group of brochures about Wall-Tex, the company's fabric-backed vinyl covering.

9. "EVERYTHING YOU NEED TO KNOW ABOUT BATHROOMS BUT DIDN'T KNOW ENOUGH TO ASK" – a new consumer's guide to better bathrooms from Eljer Plumbingware. This booklet will tell you how bathroom fixtures and fittings differ from one another in cost, comfort, convenience features, and design.

10. TWO BOOKLETS ON AIR CLEANING AND HUMIDIFICATION: "Facts About Humidification" explains humidity, has questions to ask your dealer about any humidifier. "Cleaner Air" booklet describes air cleaners and the types of pollutants they remove. Research Products Corp.

11. "WHAT YOU SHOULD KNOW ABOUT ROOFING AND SIDING BEFORE YOU BUILD OR REMODEL"–32-page, full color brochure describes roofing, vinyl siding, shutters, gutters, downspouts, soffit and fascia board systems designed to make your home's exterior maintenance-free. 14 color illustrations of how 7 architectural styles can be updated. Bird & Son. 50¢

12. DO IT YOURSELF, OR HAVE IT DONE. For either approach to paneling interiors, U.S. Plywood offers an unlimited variety of design treatments described in their brochure, "All About Wall Paneling." All the wood tones in a wide range of prefinished hardwood plywood and hardboard styles are illustrated in color, many of them in attractive room settings. 50¢

13. BRILLIANT COLORS burst from these 30 pages showing the liveliness of Tru-Test Paints. Paint can do things for your rooms – blue can beautify, red can dramatize, green can calm them. Helpful hints for color planning. Includes popular House & Garden colors. Cotter & Co. 50¢

14. STAIN COLOR CARD. Color foldout suggests how to achieve the most from wood's natural beauty of grain and texture. Stain recommended is guaranteed never to crack, peel, or blister. Folder shows 66 colors and gives complete instructions for staining over painted rough wood and obtaining the best possible results on new wood. Olympic Stain

15. CHANGE YOUR ROOMS FROM DULL TO DAZZLING with Bright-Ons paneling – new lightweight wall coverups. Choose House & Garden colors – in solids, patterns, and textures. Then remodel anything from a wall to a whole room easily, inexpensively and beautifully. Evans Products Company.

16. HARDWOOD PANELING LITERATURE KIT brings ideas to kitchen, recreation, living, dining, bedrooms – and all through vacation homes, too. Paneling ideas are featured in literature kit containing six decorating folders, complete guide to prefinished paneling selections, and "How to Apply Paneling" brochure. Georgia Pacific 50¢

17. YOUR BANK CARD AND YOU. In minutes, this 12-page booklet will answer the five questions most often asked about bank charge cards. An attractive, easy-to-read handbook with revealing facts of interest to present and prospective cardholders, it tells how to get and use an all-purpose bank card. Published by Master Charge. 25¢

ORDER COUPON FOR "HOME: IT'S THE FIRST PRIORITY" BOOKLETS, May 1974

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50¢ for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: House & Garden, Dept. #5, Box 3579, Grand Central Station, New York, N.Y. 10017

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What we are all vitally interested in today is how to do more with what we have

xploiting things to their full potential eans taking a new point of view. We ed to focus inward, to see the positive lues we may have overlooked in the st. This is the way to make everyday tivities count for more.

To start the process rolling, we can unvel unexploited resources within ourlves. Consider the emotional resources. r. Manfred Clynes, a remarkable neurohysiologist, and originator of a new anch of science called sentics, believes at exercising the emotions can be as valule as exercising in a physical sense. Conientious expression of emotions in daily e or in a twenty-minute routine to be ne daily can make for a healthy drive d a peaceful frame of mind. "Now is a od moment to start being more in touch th your emotions," says Dr. Clynes, hose theories are soon to be published in new book called *Sentics—The Touch of motions* (Doubleday). "We are question- our motivations, sense a need for liv- in the moment, not st living or working ward some distant al. Today's acts ust provide their n satisfactions and ppiness." We can d these satisfacns, Dr. Clynes goes , when we pause to vor *feeling* on a ily basis. If we really cus on, say, love or y, we can see it gives more than mere momentary pleasure. We see that it is contagious, that joy can transmitted from person to person. And hen we know we can tune into those good elings, that they are always available d potentially with us, this gives us a nse of security. We feel that everything the world is really all right."

An essential emotion to start cultivatg right away, adds Dr. Clynes, is one at comes through close contact with nare. "You don't have to travel far to find just get out of your house, and go for a alk. Be open to receive the feeling. You n generate a kind of excitement and de- ve an energy that raises your consciousss. In some languages there is even a ord to describe this special exhilaration. is one of the most precious experiences available to mankind. It leads to discovery and new ideas and the development of creativity." It's perfectly clear that we have within us remarkable untapped powers through which to get more living. So this issue is all about making the most of these hidden resources.

Obviously we're all going to be entertaining more at home—so we have assembled ten pages of fabulous tables, starting on page 98. We show you how to create a party atmosphere simply with yards of garden-print fabrics. The dinner party, as well we know, can be an occasion when everything happens—or nothing, depending on the ingenuity of the hostess. Naomi Barry has delved into this subject in "The Power of the Dinner Table," page 100. Her three history-making hostesses all apparently gave tremendous thought to their parties, proving that there is nothing haphazard about success.

When resourcefulness is applied to personal surroundings, the most unlikely place can be turned into a little gem. Robert Hill's on the Cape was once a tumble-down Early American farmhouse. Look how he renewed it on page 118. Folke Lidbeck transformed a pleasant suburban house with an addition that provides a fabulous yearround vacation feeling. He can be in the Caribbean without going outside the garden gate, page 132. It's a particularly brilliant piece of resourcefulness since the architectural surprise only comes into view when you walk around the back of the house. On page 136, we show resourcefulness at work in the kitchen. Two inconvenient rooms have been remodeled into one big beautiful space.

Roderick Cameron's garden, page 126, is actually many gardens in one, each with the look of antiquity, yet all created only in the last twenty years. He's exploited environmental resources to the full: each garden is planted in varying shades of green. Still in the outdoors, our Wine & Food book explores some garden cooking, giving delicious recipes for greens and herbs. And we also tell you how to make use of one basic meadow resource, dandelions, for wine.

All this surely goes to prove that the most ordinary elements can offer unexpected riches. It's up to you, of course, to *feel* the potential, extend your sensitivity. "When you act out these natural emotional expressions," declares Dr. Clynes, "you are an integral person. You feel you are in touch with the full range of your personality, more confident about your identity. There is a marvelous feeling that you are integrated in whatever you do."

It follows, then that this way we get much more living.

HOW TO SET THE TABLE AND SET THE SCENE TO MAKE THINGS HAPPEN

An imaginative hostess is not just one [illegible], however [illegible] cial, very personal treasure—wit, charm, knowledge, [illegible] pretty woman can be irresistible [illegible] Hostess knows that she must do far more than cook and set the table. Like a [illegible] the dining room into a stage set, an atmosphere, [illegible] happen. How? One way is with the visual stimulation of color, texture, and pattern. [illegible] beautifully patterned fabric will help [illegible] sewing machine and a paste pot, she can even [illegible] table settings that are full of ideas to inspire you.

"Come to lunch Thursday, just the two of us, so we can really talk"

There is something extraordinarily flattering about being the only guest at lunch. You're not quite sure why, but you're pleased, you go, and are enchanted. Somehow, your hostess know[illegible] you are, surrounded by them—fresh from the garden, printed on chintz, enameled on china. The table is set in an alcove of curtains, one flower[illegible] is superb, particularly something you love, a pale pink smoked salmon soufflé. How did Mrs. X know you were so fond if it? How thoughtful of her. And when she asks if you would like to open your house for a charity house tour, do you say no? No, you do not. You lend her the house with all your heart. And you'll never forget that lunch. "Meadow Song" chintz from Stroheim & Romann. "Towne Garden" china and "King Charles" crystal and sterling flatware from the Historic Charleston Collection by Gorham. Sterling salt and pepper from S. Wyler. Croscill sheer white Dacron curtains used throughout. For shopping information, see page 157.

Secrets of three American women who have understood and made history with

The power o

Thomas Jefferson, third President of the United States, scandalized foreign ministers by receiving them in bedroom slippers. So anxious was he to break with traditional formalities that even at his official dinners guests sat down pell-mell. Jefferson believed genuine republicanism demanded a revolution in manners and customs as well as in government.

Not everyone understood. Mrs. Anthony Merry, wife of the British envoy, raged for years because the reserved place of honor she expected at her first presidential dinner was occupied by the sister-in-law of the Virginian Secretary of the Treasury. Mrs. Gallatin simply had gotten there first. Mr. Merry, however, interpreted the disregard for protocol as a snub intended for England.

Jefferson, an exquisite host at home in Monticello, was deliberately gauche in Washington. The Republic was still struggling to transmit the message of democracy to get across to the capitals of Europe. In addition, he was trying to squelch the aristocratic pretensions of his Federalist rivals.

When the social situation rose to a dangerous boil, a note was hurried by hand to the wife of the Secretary of State, who pinch-hit as official hostess for the President who was a widower.

"Thomas Jefferson begs Mrs. Madison will be so good as to come with him today, to take care of female friends."

The President knew he could count on the bold, handsome Dolley to uphold his cause. Furthermore, her amiable unpretentious manners were as dependably soothing as balm of honey and almonds.

"Jemmy" Madison agreed with his chief that the new nation had a character so unique that every aspect of its life was worth the attention of those who cared for its future. In Dolley, both men had a skilled ally. When Madison succeeded Jefferson in 1809, the mold had been set and he felt free to unite the cultural graces and the best of European traditions with attitudes, habits, and customs thoroughly republican. Dolley's genius for social usage made it possible to inject a certain amount of ordinary receptions, balls, and teas without being unrepublican.

At the Madison inaugural reception, according to Margaret Bayard Smith, first of the Washington gossip chroniclers, both "Jemmy" and Jefferson wore suits from the Connecticut factory. Dolley's finery came from Paris, "the dress with a very long train, plunging around the neck without any handkerchief, and a beautiful bonnet of purple velvet and white satin with white plumes. She was all dignity and affability."

At the Bolling House ball she wore a dress of buff-colored velvet. Mrs. Smith gushed, "Dolley looked like a queen and displayed such manners as would disarm envy itself."

Dolley Payne Todd was a twenty-six-year-old widow with a two-year-old son when James Madison, fifty, bachelor of Orange, asked Aaron Burr to introduce him. She was maternal yet droll, loved to play cards for small stakes, and liked her punch well. The ardent congressional leader from Virginia was prepared to retire to the joys of life on the plantation. Jefferson cajoled her help to keep him in government, dangling the potential position of the presidency.

With Dolley as hostess, the eight years of the Madison administration were a social triumph, and his fortune looked her all the way.

Two months after Madison became president and they moved into the White House, she decided that the decorating was far enough along to institute the first of her Wednesday Drawing Rooms.

Washington Irving described them as being "crowded with great and little men, ugly old women and beautiful young ones. Mrs. Madison had a smile and a pleasant word for everybody."

Congressman Elijah Mills wrote his wife in Massachusetts that "coffee and wine and punch were handed about to all classes and conditions of society, from the minister plenipotentiary of the Emperor of Russia to the underclerks of the post office, members of Congress and officers of the Army and Navy, greasy boots and silk stockings, Virginia buckskins and Yankee cowhides, all mingled in ill-assorted and fantastic groups."

If you wanted to take the political pulse of the town, it was imperative to be present at Dolley's levees. The informal receptions drew diplomats, cabinet officers, congressmen of both parties, American and European travelers. She presided and Madison talked in corners.

"By her deportment in her own house, you cannot discover who are her husband's friends or foes," wrote home approvingly Representative Jonathan Roberts of Pennsylvania.

The Americans were crazy about Dolley's food, whether at tent picnics over the Potomac, alfresco suppers under the trees at the Virginia plantation, or in the White House.

DOLLEY MADISON

Senator William Plumer of New Hampshir was enthusiastic about a dinner that began wit a "cold beef soup, which had in the dish spice and something of the sweet herbs and garli kind," and ended with "what appeared like ap ple pie, in the form of the half of a musk-melon.

Sir Augustus Foster, a British diplomat use to European formality, criticized Dolley's tabl for being more like a harvest home supper tha a state entertainment. However, Dolley was of ficial hostess to two presidents of a youthfu country which was prosperous and full of abun dance. She did not hesitate to sacrifice the deli

PORTRAIT OF DOLLEY MADISON BY GILBERT STUART, COURTESY OF THE PENNSYLVANIA ACADEMY OF THE FINE ARTS

the dinner table

BY NAOMI BARRY

JENNIE CHURCHILL

THE DUCHESS OF WINDSOR

y of European taste for the less elegant but re liberal fashion of Virginia.

The French Baron de Montlezun, a veteran of rktown, who visited the Madisons' plantation, ntpelier, in 1816, was greeted warmly by lley, "who is sweetness, honesty, and good- s itself. The Madisons possess to a high de- e the precious and rare art of leaving to the sons who pay them a visit the comfort and edom they enjoy in their own home, placing sts at their ease by showing them they are so mselves and that they follow their necessary ctions instead of fatiguing them by hanging unremitting on their shoulders."

The Madisons entertained as lavishly at Montpelier as they did in Washington and Dolley had a carpenter build a colonnade over the sunken ice house to keep cool drinks and ice cream ready for visitors.

In July 1805, a Dr. and Mrs. Harrison Smith made the 25-mile drive from Monticello. Mrs. Smith noted in her diary, "It was near five o'clock when we arrived, we were met at the door by Mrs. Madison who had us into the dining room where some men were still drinking wine and smoking segars, and after embracing me, took my hand, saying with a smile, I will take you out of this smoke to a pleasanter room.

"She took me thru the tea room to her chamber. I was going to take my seat on the sopha, but she said I must lay down by her on the bed, and rest myself. She loosened my riding habit, took off my bonnet, and we threw ourselves on her bed. Wine, ice, punch and delightful pineapple were immediately brought. No restraint. No ceremony. Hospitality is the presiding genius of this house and Mrs. Madison, uniting to all the elegance and polish of fashion, the unadulterated simplicity, frankness, warmth and friendliness of her native character."

At supper, the long table was spread, according to Mrs. Smith with "tea and coffee, a variety of warm cakes, bread, cold meats, and pastry." Late the next morning, she was called to a late breakfast by Nany, the maid, who brought ice and water to her room and assisted her to dress.

"We sat down between 15 and 20 persons to a most excellent Virginia breakfast—tea, coffee, hot white bread, light cakes, a pone or corn loaf, cold ham, nice hashes, chicken, etc."

The great political hostess is a special breed. Henry Adams credited Dolley with being "brilliant in the things she did not say and do."

Even Mrs. Frances Few, a sister-in-law of Gallatin, who disapproved of her vivacity and daring décolletage had to admit, "Her face expresses nothing but good nature. It is impossible to be with her and not be pleased. There is something very fascinating about her, yet I do not think it is possible to know what her real opinions are. She is all things to all men—not the least of a prude as she one day told an old bachelor and held up her mouth for him to kiss."

Dolley Madison's long and popular reign as queen of official society had no parallel in American history. Even as a widow in Washington, she still kept open house on New Year's Day and Fourth of July. James Buchanan, fifteenth President of the U.S., claims he learned etiquette in Dolley Madison's salon.

She died in 1848. Six years later, Jennie Jerome was born in Brooklyn. Dolley served two presidents with her charm, tact, and perspicacity as a hostess. Beautiful, ebullient Jennie's entertaining talents were equally dazzling. Her gifts advanced the careers of a British cabinet member and of a prime minister of England. The first was her husband, Lord Randolph Churchill. The latter was her son, Winston Spencer Churchill.

Jennie Churchill was a stunner. After she met and married Randolph, the second son of the Duke of Marlborough, her dark and vibrant looks immediately established her on the English scene as a PB. The Professional Beauties were the most ravishing young matrons in British society and their photos (without permission) were sold in shops all *(Continued on page 153)*

IE CHURCHILL, THE BETTMANN ARCHIVE, INC. THE DUCHESS OF WINDSOR, PATRICK LICHFIELD.

Set the scene to make things happen

You must tell us all about your trip. We're dying to go!"

nd now you are going to meet
you get a visa.
Will your Chinese Export patterned china, bamboo
the Orient?
Blue Canton" china, a Charleston reproduction collection by Mottahedeh; "Carmen" cotton fabric by Liberty of London at Robert Allen; "Williamsburg Shell" sterling by Stieff; "Sheila" Waterford crystal; chairs from Altman's.

It was obvious she had talent, even at school. But to be lunching with such a successful director! She'll have changed—so have you—but there's a chance an old friendship will help persuade her to take on your acting group. Just for a season. Just for fun. "Capucines" china by Gien. "William and Mary" sterling by Lunt. "Argus" glasses by Fostoria. "Tulip Stripe" Belgian linen and cotton fabric by Franciscan. Shopping information, page 157.

"We always said it would be fun to work together"

"This is the last moment I'm going to have to myself all day"

It's going to be one of those days—a meeting of the Festival Board this morning, lunch with the directors—*and* a speech—then a tour of the new recital hall, cocktails for the musical director, dinner and a concert. But now—peace. Forget the day's timetable; forget the newspaper; just idle in your bed of flowers for one last glorious moment. "Wild Strawberry" china by Wedgwood; "Cavalier" goblets by J. G. Durand, "Calvert" sterling flatware by Kirk; sterling breakfast service from S. Wyler; "Floral Studies" chintz by Greeff; "Shocking Pink" sheets from Pratesi; flowers by Robert Webb. Bed designed by Louis Bromante for Keramos.

HORST

"You're just the person we've been looking for"

You met at a recent auction. It turned out that he was a porcelain expert. A sympathetic encounter. Now you'll see whether your memory serves you well. Lunch will be simple, light, cool. Your little delft animals can start the conversation off. And after lunch he can look at the porcelain you want to give to the museum. "Marquesa" Oxford Bone China and "Blue Shadow" crystal by Lenox. "Tree of Life" sterling flatware by Reed & Barton. "Dutch Java" cotton print from China Seas. Sterling coffee service from S. Wyler. Delft animals from Richard V. Hare. Shopping information, page 157.

Eat the scene in print

...ng wrong with a lady playing Machiavelli when she needs help with a civic project. She asks to lunch two influential men who know one another, but not well, and she has two hours to plant the seed of mutual admiration so deeply that they will be ...ends—and the cornerstones of her foundation. She ... the room with stripes and bravely (for these times) gives them ... Stripes" cotton with Zepel from Brunschwig; ..." porcelain by Ginori; "Mandarin" sterling by Towle; Italian ... from Carole Stupell. Setting designed by Richard V. Hare.

HORST

"We're having a few friends for dinner after the opening. I do hope you'll join us"

You are chairman of the board of acquisitions for your young, struggling, local museum. You need paintings. The town's leading collector has so many he keeps half of them in closets. So you ask him to dinner, along with the museum director and the prettiest woman you know (your quarry's dinner partner). Then turn into an Impressionist and design a "painting" setting. For fabric, a Persianesque chintz in a Tree of Life pattern crisscrossed with a treillage of white grosgrain ribbon. White plates embroidered in roses; flatware, the simplest; pink crystal, quince blossoms, lilies. With luck, your collector may be very happy to be a member of your board, and a few closeted paintings should see the light of day. "Bailey" chintz by Kandell; "Haddon Hall" bone china by Minton; "1810" sterling by International; crystal from Carole Stupell; Chinese bowls from Frank Kay. Setting designed by Rubén de Saavedra. Shopping information, page 157.

Set the scene to make things happen

"If we talk it over quietly, we can work it all out"

There's a problem on the Committee. As usual, too many people making nondecisions. There are three women on (besides yourself) who can actually solve matters. But how to get them to lunch? How to [illegible] with all its frustrations into a bright, practical working session bound to get results. Hire a hall? Well, perhaps the tiniest bit "over the pole" earthenware by Franciscan China. Stainless flatware by Oneida. "Primavera" cotton fabric by Springheim & Romann. "Parrot Green" Belgian linen napkins by Fallani & Cohn. Glasses and carafes from Altman's

"It'll just be us and a friend I don't think you've met"

A friend of your husband's (male). A friend of yours (female). Put them together and it just might work. Dinner must be absolutely casual and informal. Nothing coy. Nothing forced. They must never guess. All your skill goes into making your friends feel relaxed with each other. A meal like this simply gives the chemistry a chance. (You should know that how you met your husband.) "Caughley" china by Stangl. "Colonial" sterling flatware by W... "Country Craft" glassware ... "Jubilee" fabric by Quadrille. Hemp chairs from Altman's. For shopping information, please turn to page 157.

EASY-DOES-IT DECORATING FOR THE WAY YOU WANT TO LIVE

se nestles in the dunes, with nothing but sea and sky as neighbors. Before, it was crowded with bright-colored floral chintz, heavy curtains, rpeting, and a clutter of formal furniture. Now its natural setting has been brought magically indoors—the soft, sandy colors of the sisal ne durrie rugs, and the sofas in the living room, *below*, reflecting the great white expanse of beach and the pale blues and lavenders of nions and paintings picking up the dawn-to-evening colors in the ever-changing sea and sky. "The owner wanted it to be what it should be ch house open to nature," says designer Mark Hampton, of McMillen. "Lots of space everywhere so it could be filled with people and children. A simple place to house the wonderful collection of pictures and other objects." Simple—like the white painted wood walls and ceiling. Unpretentious—like the wicker and other informal furniture throughout the house.

HOUSE TH THE TASTE SALT AIR ND SUNSHINE

Things collected—on the étagère, *far left*, blue porcelain. More on the coffee table. On another table, *left*, every imaginable kind of game. Records, *right*, and at the side, glass apothecary jars filled with penny candies. The plastic wall construction over the games table is by Ron Davis. The painting over the sofa is by David Hockney. Simple white blinds to let sun in.

HOFST

There is nothing complicated about this house. Outside, *left*, it looks like a si traditional summer place, with architectural detail kept to a minimum. On simple white painted wood and iron lounging furniture and an exer In the dining room, *below*, everything is an open invitation to the sun ocean outside—the open door, the pale blue, sky-like painting by Dan Chris

PAINTINGS, PLANTS, AND NATURAL TEXTURES IN A SUNSHINE HOUSE

ored—the fruit and vegetables from the gar

bring the sea and sky indoors is wonderfully demonstrated in this etting. The long entrance hall, which leads to the dining room, has two ficus nitida trees, which only grow with lots of sun—but house, everything gets lots of sun. On the painted white redwood th its glass top is another collection of porcelain, blue and white ummer sea. Hardy sisal matting covers the floor throughout. stools and benches line each side of the corridor. The mixture ue and modern is a continuing theme—note the contrast between the antique table in the dining room, *below,* and the abstract painting by Frank Stella above it. Under the stairs, a print by Jasper Johns. Bamboo makes many appearances, because it is so light and summery, as in the dining room chairs, which have quilted cushions criss-crossed in ribbon. The screen by the fireplace, *below and right,* is a Regency bamboo screen, which would normally have fabric in it. The result is gloriously airy. Fresh vegetables from the garden sit on the table. The painting over the fireplace is by Roy Lichtenstein, and its blues and whites and yellows again repeat the song of summer that fills this house. Everything lets the fresh air in, as in the hall, *below,* the painted wooden fretwork stair railing—simplified Chinese Chippendale, reflecting the pattern in the dining room door that opens on to the beach—both original patterns in the house that fit naturally into the surroundings. "All is cool and summery—like the style of the house itself," says Mark Hampton. That is the feeling throughout. Every breath you breathe in this wide-open house has the taste of salt and sunshine.

EASY-DOES-IT DECORATING

A FARMHOUSE REFINISHED FOR AMERICAN ANTIQUES

Western Massachusetts was a kind of crossroads for the Dutch-dominated Colonial world. New Englanders passed through on their way to New York. The Dutch poured there, many came up the Hudson. Settlers spread west along post roads. Shakers settled nearby. In the midst of the 18th-century farmhouses, restored, filled with furniture of the period and refined, home. The kitchen, a pleasing [illegible] and bed hangings of a [illegible] print fabric. The [illegible] Dining room, *opposite page*, [illegible] holds Canton [illegible] old fashioned garden.

EASY-DOES-IT DECORATING

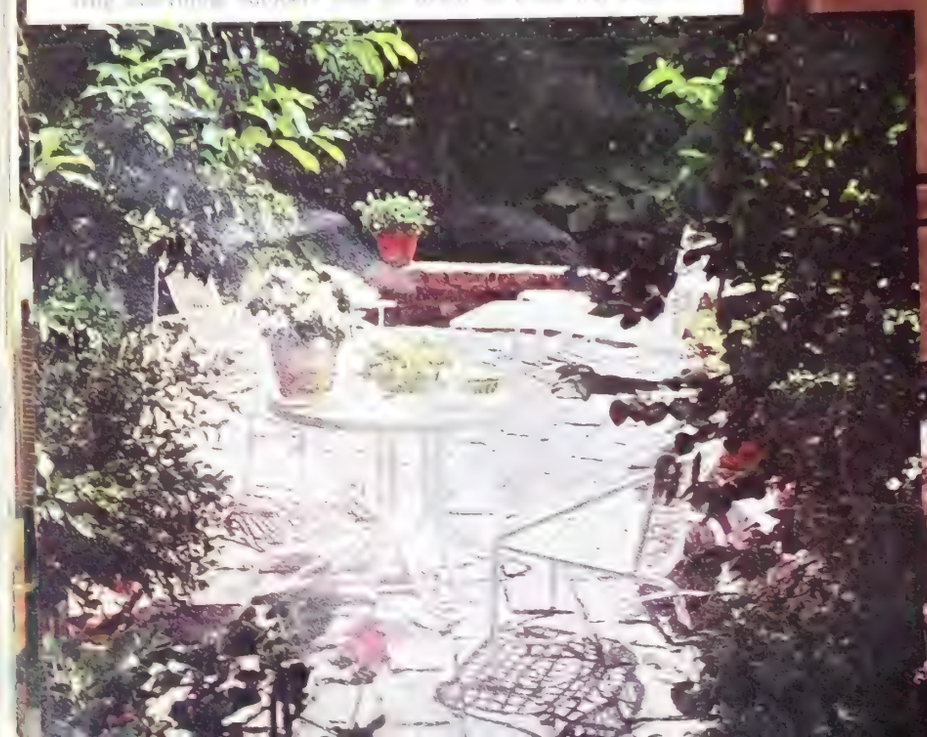
A RAMBLING HOUSE WITH A FRESH MIXTURE OF COLORS AND TREASURES

The ultimate dream for many is to live a summer life year long. Capture the casual existence that goes with picnics, swimming, sailing, sunning. Some manage it. The Roy B. Simpsons love their rambling, turn-of-the-century summer house by the water so much that a few years ago, they decided to give up their city apartment and live there full time. And because they wanted to feel they were living outdoors all year, they added a conservatory on the south side, *opposite page, center and top left*. Glass skylights and windows all around trap heat in winter; in summer the glass is replaced with screens. The family dines at the beautiful Portuguese tiled table and watches the passing marine traffic and wildlife, *opposite page, below left*, in all seasons. "It's a comfortable, rather English room where we live all the time." For larger parties in cold weather, when guests can't spill out to the terrace or the croquet lawn, there is the indoor dining room, *opposite page, below right*. "I wanted to make this an informal luncheon room so I chose a leafy print and blue and white flowered carpet," explains Mrs. Simpson who with her husband shares a deep interest in the decorative arts. The glorious Sun Yellow living room, *this page*, is a rich mixture of Danish, Chinese, English, French, and American furniture—"I've always loved blending." The wonderful screen over the cinnabar velvet couch is Japanese "probably 18th-century, Japanese robes hanging in heavenly rest, the gold represents heaven," says Mrs. Simpson.

EASY-DOES-IT DECORATING

AN AMERICAN COTTAGE WITH THE SURPRISE OF COUNTRY FRENCH FURNITURE

This little [illegible] history. Nearly 300 years ago it started out as a classic Early American farmhouse with a central chimney, three [illegible] up and three rooms down. In the 1880s it was swept from its grassy knoll to make way for a church—and relocated in the same village, 100 yards or so down the road, an [illegible] fresh wood. When [illegible] found [illegible] was called for. "It was [illegible] ture was sound," [illegible] found [illegible] which had [illegible] there. "Why [illegible] Guests [illegible] them," [illegible] with potted [illegible] This [illegible] "Ooooh, you [illegible] floors."



As well as designing interiors and gardening, Mr. Hill also happens to love cooking—as is evident from his kitchen, *above and far left*, with a wonderfully warm, farmhouse feeling—lots of copper pots, wicker seating, and some strong woods. The table and the armoire (used to store wine) are both French country pieces. "The armoire came from a barnyard in Normandy. It has been outdoors for some time and weathered to a superb silvery driftwood color." The old pantry, *top*, has been converted into a little dining room for Sunday suppers. Staircase wall, *left*, is a great silvery surprise.

The Early American farmhouse doesn't necessarily need to be decorated in a predictably Americana style. Why not bring in the sunshine yellows of the outdoors—little trees, lots of greenery, flowers from a market—to make an interior that's different? "I do think it's worth remembering that Early American houses were full of [illegible] anyway," Mr. Hill observes. "They were [illegible] pieces from China and all sorts of things. I feel this sort of interior is so simple it can take almost anything, especially today." Having lived in France for a while and collected furniture there, he chose to decorate with country French furniture, a lot of yellow, creating refreshing cheerfulness throughout.

The library/[illegible] room, where [illegible] ("all in the house are original, except one, and some [illegible] now a quiet place for backgammon or reading, at other [illegible] e the fruitwood table extends to seat twelve. The comfortable, high-backed chairs are upholstered in a sunny Indian cotton plaid. Between the windows, shaded with white duck Roman blinds, hangs a splendid English parliament clock; on the wall nearby a contemporary painting by Jason Berger. The same pleasing mixture of old and new travels all over the house. In summer, most meals are outdoors—lunch (cold cucumber soup, salad Niçoise, white wine) is set on the brick terrace, *right*, with yellow Portuguese pottery and Finnish glass. Barn is partly a potting shed and storage for gardening tools.

SUNSHINE YELLOWS AND WHITE IN A COTTAGE WITH A GARDEN FEELING

The big living room, *above, top left, lower left,* was originally three little rooms, "dark little holes with no light at all," Mr. Hill went on, "I did a lot of work here and took away walls, making one big space 30 feet long. The oak floor is new. The two large French doors to the terrace replaced two tiny windows. I also put in the fireplace mantel, which came from France. The room faces north, it virtually gets no sun, just reflected light, so that was the reason for keeping it yellow and white." The carpet is a sweep of white, nubbly wool, handwoven, from Ireland. More of the yellow and white plaid cotton seen in the dining room surfaces on some chairs. The sofa and other chairs are covered with white duck, crewel embroidered, again a fabric from India. In winter, Mr. Hill treats the sunniest rooms downstairs as a sort of conservatory for all his potted plants and trees, clustering cyclamen and geraniums in the fireplace in the morning room, *left center.* The silver candlesticks and the pewter dish on the mantel are Dutch. White painted floor here, as the one in the kitchen, *far left,* is sealed with a polyurethane finish, making it easy to mop clean. Even so, for the rainy day, it makes sense to have a shoe mat by the back door.

A natural zest of **bamboo, reeds,** and **native prints**

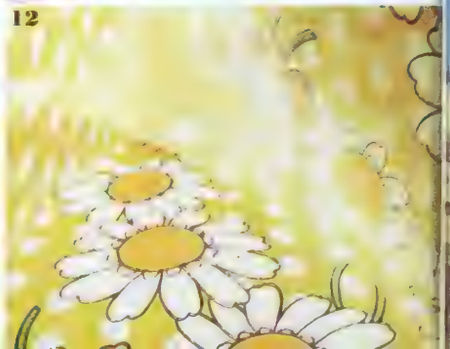
Bamboo and sisal combine to make a delicate, textured shell for a living room, *left*, that feels relaxed and serene. Wide match-stick shades are trimmed with half-poles of bamboo, bamboo frames the window. The furniture and screen are covered with four different printed fabrics from a wonderful collection that offers a cross-cultural sampling of primitive design. The look is handcrafted, unique. Seven patterns, taken from a variety of cultures —in South America, Mexico, Africa, and the islands of the South Pacific—are adaptations of original motifs. Colors are subtle—like those from natural vegetable dyes. All the fabrics in this "Native Beat" group by Bloomcraft are Dacron and cotton chintz that's treated with Zepel. White sailcloth makes the curtains. Mirrored panels at the edge window double the whiteness and brightness of the light shining in. Natural wicker and peel rattan furniture from Walter's Wicker. Drapery fixtures from Kirsch. Porcelains from Nuri Farhadi. Living room designed by Horst. *Above:* A dining room bright with bands of color in two more "Native Beat" patterns. The table covering is a printed version of an African fabric that is woven on such narrow looms that only strips are produced. The strips are then sewed together to make a wider piece of fabric with great verve. China, crystal, and flatware from Bonniers. Photographed in the apartment of Dorothy Kapstein, who collected many of the original fabrics that inspired the collection. Natural chairs **1**, **2**, and **3** are all made of reeds by Noval. **4** A natural cork-topped bamboo table painted tender wheat. By Ficks-Reed. **5** Rattan footlocker to store things in, rest things on. By Noval. "Native Beat" may be seen at Lord & Taylor, N.Y.; Rich's, Atlanta; and Bullock's, Wilshire, Los Angeles. For shopping information see page 157.

HORST

TOM YEE

Free and easy decorating zest

Bring the summery freshness of wicker to your shelves, pantry, drawers, wherever relining seems like a good idea. "Wickery," **1**, in do the job. Why not cover a or an old trunk? **2** A white painted bench with By Ficks-Reed. **3** rs. Round or re-engine red. By Carolina Tables. **5** Telescope fit into this antique traveling birdcage case. **8** Mini greenhouse 5 feet high at peak with sliding shelf Arrow. **9** Can you find a four-leaf clover in "Fields of Clover" vinyl wallcovering by Instock? **10** Full and natura "Chrysanthemum" reed chair, round as a flower. From Hurricane In national. **11** Folding sun-chaise comes in striped or solid canvas. Mix th up! By Telescope. **12** Matmaker laminates your wallpaper or fabric place mats. These are wallcoverings from Birge. **13** Sleek lines for a cha by Brown-Jordan. Handmolded rustic tiles underneath from Cour Floors. **14** Little sprays of field flowers for "Little Ones" vinyl wallcover by Birge. Above it, a bed framed with flowers—bedspread, curtains Norman's of Salisbury. Bedroom paneled in a wood-grained printed wood paneling by Evans. **15** Étagère with a carved palm leaf motif. Jef **16** Trellis with flowers; **17**, a trellis alone. Wallcoverings that work toget Wall-Tex. **18** Crib that's an opened blossom—from The Maplewalnut Stu **19** Malachite printed fabric for a tote-bag and basket. At Needlepoint sign by Louis Gartner, Bergdorf Goodman. Shopping information page



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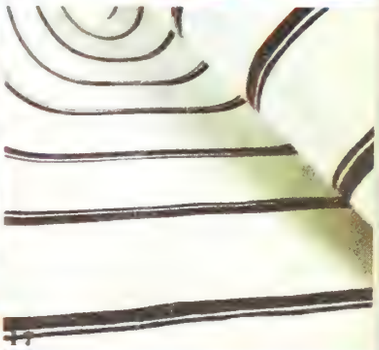


19

American-born writer Roderick Cameron describes his historic Mediterranean house and its small terrace gardens that can be an inspiration to gardeners everywhere

GREEN AND SILVER TERRACES IN THE SUN

Roderick Cameron lives part of the year in Nice and is working on a book about it. His first book, *A History of Gardening in the Sun*, a history of gardening in the Mediterranean countries, was published in 1973 by Weidenfeld & Nicolson, London. His second book, *Gertrude Jekyll and the Edwardian Era*, was published in 1976 by Longman, London. His third book, *Blue and White: The Chinese Influence on Landscape and Architecture*, will be published by Weidenfeld & Nicolson in 1979. His books include *Les Cèdres* (a house on the Mamora Plateau in Morocco), *Les Oliviers* (a house in Provence), *Le Clos* (his own house), *Les Jardins de Bagatelle* (the Duchess of Windsor's pool pavilion), The Golden Haze (*South Pacific Impressions of the West and Australia*).

Le Clos Fiorentina dates from the end of the 15th century and is the oldest house on Cap Ferrat or, more exactly, the Pointe Ste Hospice. It belonged originally to a vintner from Nice, and when my family bought Le Fiorentina some thirty-five years ago it formed part of the estate. It is rare to find old houses so close to the shoreline for it was not until the 1920s that it became fashionable to live on the coast: most people having preferred to be more removed from the sea.

Le Fiorentina was a great ugly pseudo-Florentine building when we first moved into it. My mother had the choice of a variety of villas but quite rightly chose Fiorentina on account of the situation. The house could be altered but it would be impossible to better its position, which occupies the end of a peninsula. Doubled back from the Cap like a thumb, it commands the most spectacular view out over the sea to the mainland, a series of precipitous limestone cliffs rising to the height of nearly 2,000 feet before collapsing in folds of varying blue into Italy.

We lived in the Clos while rebuilding the big house and then moved back again when the rest of the property was sold four years ago. The house has no pretensions to architecture but in its simplicity has a certain charm and is typical of the country—red tiled floors and white marble stairs, a Roman tiled roof, green shutters, and pinkish-ocher walls. An old covered well outside the front door constituted the only water supply. The rooms in their original state were on the small side and it was a question of knocking down walls and adding the extra accommodation needed: an improved kitchen, servant's hall and pantry and linen room and—the most complicated of all—a garage. It is obvious that any additions had to be carefully handled not to spoil the house's original character and this was rather difficult as the Clos sits on the side of a hill with its gardens reaching down to the sea in a series of terraces.

As to the recent decoration of the actual house, it has been kept very simple. I purposely chose simple colors, limiting myself to the different variations of green and yellow. The stairs and corridors are chalk white with white cotton curtains, the curtains being always kept drawn on account of the drawings on the walls, which would fade in the bright light. In the drawing room I was obliged to block out two windows in order to obtain space for the paintings. To make up for the loss of light I washed the whole room a pale yellow; the heavy, crude silk curtains are the same color as the walls, the flooring being laid with old terra-cotta tiles. It makes a deliciously cool room in the summer and the luminosity makes a good foil for the leather-bound books and the glint of gilded bronze on the light wood French 18th-century furniture. Other notes in the room are the yellowish-whites of two Elizabethan portraits and an extra large sofa of a dusty blue color, which mixes well with the pale limes of the Kashmir carpet, especially worked for the house. Opening off this is the small winter dining room divided up into panels and lozenges of false marble painted in a mixture of pistachio green and various shades of buff. Purposely naïve, it is the work of an old man who has spent the major part of his life on scaffoldings, renovating the Italianate pastiches of Nice's numerous churches. The ceiling is washed to resemble a blue, cloud-driven sky, a common practice here in the older houses. Both these ground floor rooms give on to the terrace overlooking Beaulieu Bay, an area shaded with vines that during the hot months acts as a living room.

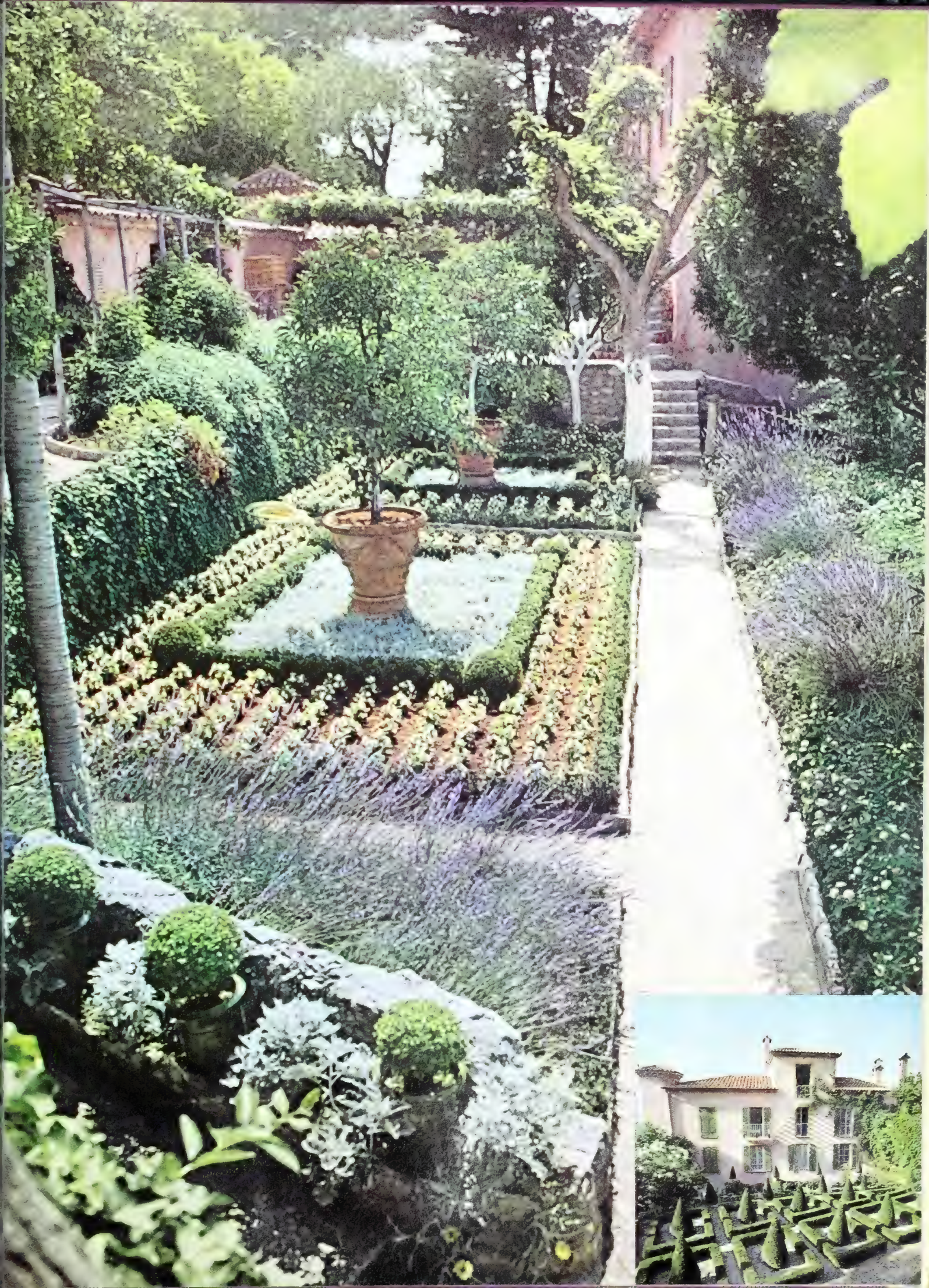
The rattan furniture at the vine-free end of the terrace and in the swimming-pool pavilion, is either natural colored or painted white, the cushions being covered in a nonglossy white, waterproof material. I have purposely avoided bright colors. Living in the sun, I find that one tends to avoid them. This, I feel, applies to any of the Mediterranean countries—something to do with the sharpness and quality of the light.

This question of color is also carried through to the garden and wherever possible I have kept to a mixture of greens laid out in casual formality. Not actually living in the house until recently, I have had years to plan the layout. As basic elements, I had most of the terracing and the stone from the ruins of a 17th-century fort to carry on with for further walls. We also inherited some twenty magnificent olives, fortunately grown in rows along the lower terraces. Under some of these I have clumped great cushions of gray-green echium, which, in the spring, burst out with their blue candle-like flowers. Judging by the size of the olives, they are at least 600 years old.

Another feature of the garden is a wall of mandarin trees. Their trunks are daubed in whitewash and under them, confined by a low border of box hedging, I have planted double rows of arums. It looks very effective when the lilies are out: their white chalices catching the light filtered through the mandarins' pointed leaves. Copying the Italians, I have massed beds of aspidistra and on the terraces behind the house I have bedded out a collection of iris ranging in color from white to pale yellow to an almost Cambridge blue. With them are mixed in some of the less gaudy species-tulips and drifts of the blue *anemone blanda*. The steep banks behind them are anchored with Judas trees and under them spreads a carpet of the pale *iris stylosa*.

A garden is a fascinatingly mobile medium of expressing oneself and all the time one is thinking up new ways of presenting things. The idea, for instance, for the topiary work behind the house came to me while on a flight to Cape Town. My only complaint in this almost ideal gardening climate is the lack of imagination displayed by the local nurseries. Not one of them can supply me with *senecio greyii*. Different *euphorbias* are another blank, and are plants with which I would like to experiment.

Step by step from a hilltop down to the sea, Le Clos Fiorentina is enclosed by small gardens each with the look of antiquity, yet created only in the last twenty years. From a tower workroom, Mr. Cameron can view the topiary boxwood behind the house, *far right*. In another garden, orange trees grow in Florentine tubs, *right*, set in parterres of boxwood hedges and begonias. Lavender, the kind that is grown commercially for fragrance, grows in border beds. Each of the gardens is filigreed with silver-leaved plants found locally or ordered by mail: Senecio cineraria (maritima), centaurea, and other dusty millers; artemisias, gazania, achillea, echium



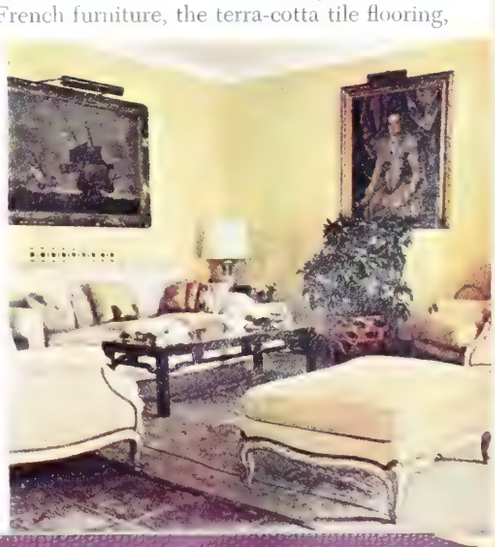
TERRACES IN THE SUN

"A garden is a medium of expressing oneself, and all the time one is thinking up new ways of presenting things"

Citrus [illegible] whose clashed trunks grow in the sunken garden called the mandarin walk, *above*, a sun-stitched tapestry of leaf colors, shapes, and textures. The white of the [illegible]ks and rice-stone paths is a foil for blue-green rue, arte[illegible] arums, [illegible] round-leaved ligularia. Along the wal[illegible] *and opp[illegible] center left*, are oleander, euphorbias, strap-leaved aspidistra (our Cast-iron house plant) that conceal in-season pots of agapanthus, lily of the Nile. On the dining terrace partly shaded by grape leaves, *right*, guests enjoy the view of Beaulieu Bay and perhaps a breakfast with marmalade made of oranges and lemons from the garden.

"For the house, the colors were limited to variations of green and yellow"

In decorating as in gardening, Mr. Cameron limited himself to a few quiet colors. The drawing room, *above left, center, and below*, is pale yellow and deliciously cool in summer. It opens to the grape-shaded terrace in front of the house and the walkways, *above*, to and from various gardens. Obliged to block out two windows to obtain space for paintings, the owner made up for the loss of light by washing the room in yellow and using raw silk curtains of the same color. Their luminosity sets off the leather-bound books, fine 18th-century French furniture, the terra-cotta tile flooring, the carpet made in Kashmir for the house, even one of Mr. Cameron's apricot pugs. Two of the paintings in the room are a Dutch seascape of Charles I's royal yacht and an Elizabethan portrait of Lady Lovelace, *right*. The plant is an aucuba variegata in a basket from Singapore. From the house, steps lead down the steep hillside past banks of lavender, framed by fig and indigenous palms, *left*, then to the swimming pool pavilion with its pot plants and olive trees, *left*. Even here, colors are as unobtrusive as they are in the terrace gardens and the house.



Everywhere at Le Clos Fiorentina there is harmony of color and of form, even in daring combinations such as formal sphinxes of clipped and feathery artemisia, *left*. Later comes subtle rhyme, nature's own mimicry of [illegible] repeated by spikes of lavender, *right*. Pittosporum, *below right*, and dusty [illegible] like oleander, and low-growing gazania uniflora surround this terrace, a prize to the designer [illegible]

TERRACES IN THE SUN

"A garden and a house should be
a highly personal statement,
a form of visual poetry"

The surprise of a Caribbean wing in Connecticut

At first glance, 1, it's a pleasant suburban house, the winding driveway down from the road butting [illegible] glassed-in breezeway, the rest of the house off there somewhere to the right. Comfortable, friendly, typical—but, 2, take a closer look. Advertising executive Folke Lidbeck has added a very private pleasure palace to it, and [illegible]

[illegible] on top of a new game room that [illegible] guests. But the real transformation isn't visible until you walk around the house. There, facing a lawn fringed with woods through which, in summer, no other house is visible, is a cool Caribbean façade, 4, its simple restraint at home even in Connecticut, which admires its own reflection in the swimming pool at night.

The simplicity is deceptive. The new addition includes well-loved parts of [illegible] places the Lidbecks remember fondly—but it's not a house in which international influences jumble together to produce something vaguely cosmopolitan. Rather, specific national references maintain a separate and very peaceful coexistence.

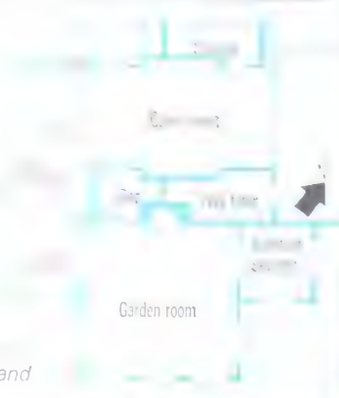
First, there's the bocce court, 3, a macadam strip scattered with balls, dedicated to a favorite Italian pastime.

Then, 4 and 5, there are the broad brick terraces surrounding the pool, set with chaise lounges and tables, reminiscent of the south of France.

Tucked behind the original garage, now a study (downstairs windows on the left), is a sauna, souvenir of Mr. Lidbeck's Swedish childhood.

Most important, the jewel inside the elegant box, is the new garden room. "We've always loved the islands of the Caribbean," says Babs Lidbeck. "We wanted something that would give us the feeling of being there. Orderly, sort of formal, maybe, but relaxed and full of color and light." With architect Robert Hatch they achieved it with patterns and texture, space and light. The arched doorways that echo each other on every side of the room—those in the inner wall have dark mirrored panes—make it a gazebo seemingly surrounded by tropical greenery. Bubble skylights, *see plan, below,* sift light over the jungle inside. The cool, classical parapet around it all encloses a roof patio for sunbathing. The wing on the right is a carefree throwaway for balance, shelter for a marble child, flowers, a few sticks of firewood in the winter.

A thoroughly American event occurs this June, in the Lidbecks' little League of Nations, when a platform is laid over the bocce court and a canopy is spread for the wedding of daughter Laura.



For building materials and equipment, turn to page 210

Life in the new addition is informal, a kind of year-round vacation. "Like being in the Caribbean without having to get there," laughs Mrs. Lidbeck. But it's planned for Connecticut winters, too. One of the matching garden room sofas, *above*, is covered in white vinyl to welcome wet bathing suits but the other is a warm gay print just as suitable for winter fireplace-watching. The pillows mix. "It looked a little stark the other way," says Mr. Lidbeck. The shiny floor tiles have radiant heat for bare wintertime feet.

In the summertime, lunch is often outside, where a locust provides just enough shade for new sunburns. The terrace has handy access to a small bar off the garden room.

As they stand at the sliding glass doors of the entrance, guests can look up, 1, to the sliding glass doors to the roof deck. The stairway is lit by a Scandinavian chandelier and by a nonsliding glass roof. The orientation of the house allows little direct sun. Instead, jungle plants thrive on the intense indirect daylight they love. The schefflera, 2, has grown a foot under the glow of the skylight. A hose under the stairway allows wholesale watering that doesn't bother the brick floor a bit. On the left wall, a Talavera tile fountain, bought and carefully crated in Spain, sounds like a distant mountain rill. The hall looks like an exhibit in a botanical garden.

The new bar, 3, is useful for informal entertaining. But the main kitchen, 4, got some renovation, too: new cabinets, new white sliding doors to close it off, new appliances. Where the study once was, there is now a new formal dining room.

The whole project reflects the Lidbecks' plan for years ahead. Of their three daughters, only one is still at home. "We felt the worst thing we could do would be to think of smaller quarters," says Mr. Lidbeck. "What about families and grandchildren?" Even now, school friends camp all over, in guest/game room, on sofas, sometimes on the warm floor tiles—and share the year-long vacation house.

A Caribbean wing in Connecticut for year-round vacation living

2

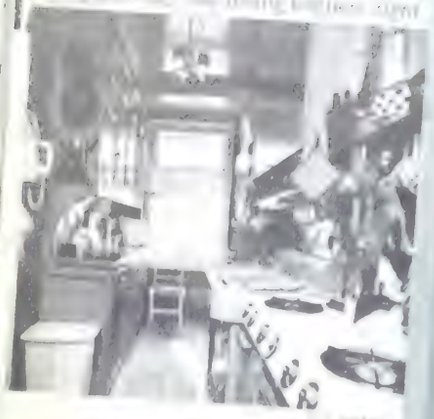
3

4

remodeling to get more living from every room

New hub of the house

from a narrow kitchen and a mini dining room



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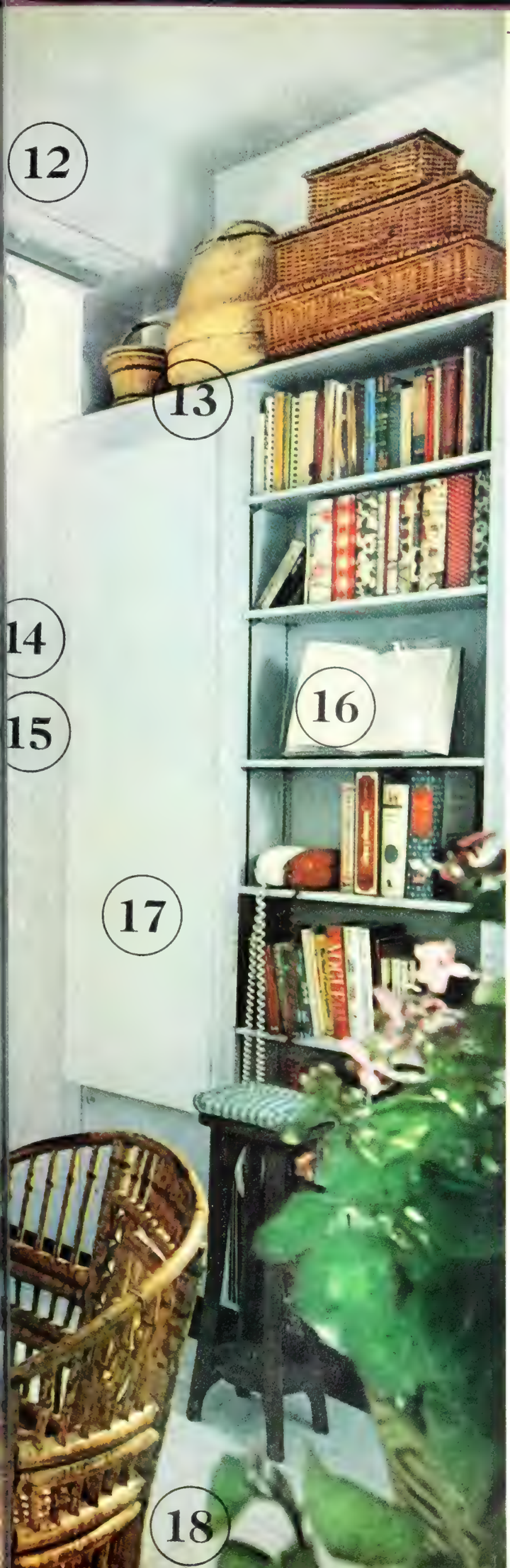
island of space that can be circled for serving.



18 components, some quiet, some active, designed to save time, space, and energy

1 Spice cabinet, right where it should be—above the chopping-block, food-preparation center.

2 Built-in toaster that pulls out from the wall. No problem of storage, no cord to snarl up, no need of counter space.

3 Food Center. A surface plate flush with the chopping-block counter operates seven cordless appliances stored in the base cabinet below.

4 On double sink, a removable chopping block fits over shallow section that is perfect for washing vegetables.

5 Hot-water dispenser. Instant 190 degree steaming water. No waiting for the tea kettle to hurry up.

6 Under sink is cabinet with pull-out wastebasket, towel rack, space for soaps, detergents.

7 Microwave oven literally cooks and browns in minutes. Great time and energy saver.

8 Wall-mounted electric can opener. Easy to get at, requires no counter space.

9 Alabaster-like countertop, heat-resistant for hot pots, cool surface for pastry.

10 Dishwasher that has seven push-button cycles to spare hands, back, and patience.

11 Double-decker gas range with waist-high broiler, eye-level upper oven and a self-cleaning lower oven.

12 Track lights installed on supporting beam. Slide, tilt, focus them.

13 Above-cabinet space for hard-to-store things like the baskets here—as useful as they are pretty.

14 Around the corner in an ell, the automatic defrosting refrigerator freezer with a frost-free ice maker. Freezer below, refrigerator above—contents seen at a glance.

15 Also in the ell, a storage cabinet with pull-out shelves for frying pans and cooking pots.

16 Bookshelves for all the cookbooks a gourmet might fancy—right where she wants them, *at hand*.

17 Sewing center with fold-down ironing board, a safety turn-off switch for the iron, sewing machine storage.

18 Glazed ceramic tile flooring in 4-inch squares. Pure white, handsome, cleanable with a damp cloth.

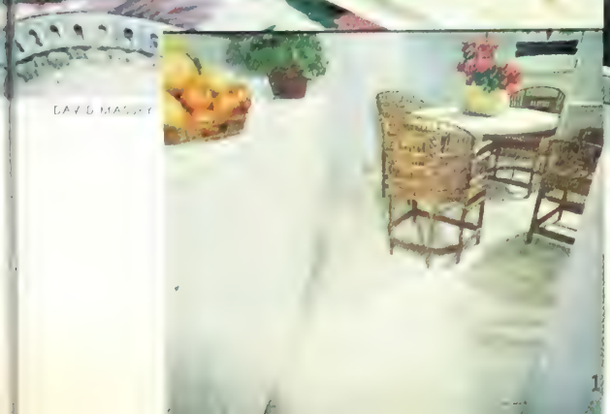
Operating costs for a collection of appliances such as these vary according to where you live in the United States. But by using *basic average costs*—$.0236 per KWH (kilowatt hour) for electricity and $2 per thousand cubic feet for gas—the following figures are reasonably accurate. Caloric double gas range: About a penny to use the upper oven for an hour at 350°; about $.05 a cleaning for the lower self-cleaning oven; about a penny to use the thermostatically controlled top burner for 2½ hours at 200°. Sub-Zero refrigerator-freezer: $.158 a day; one cycle of ice cubes, $.00044. KitchenAid dishwasher: $.58 a month for one full cycle a day, plus two rinse and hold cycles. KitchenAid hot water dispenser: $.85 a month for 8 cups a day. NuTone Food Center: less than ½ a cent to make, for example, one recipe of mayonnaise. In the Thermador microwave oven, you pay more for speed: .36 KWH or less than 9 cents for a 17-minute baking, the time it takes to roast a 2½ pound chicken. Thermador wall toaster: $.0000115 to toast two pieces of bread medium brown. Thermador electric can opener: $.00069 to open one No. 2 can.

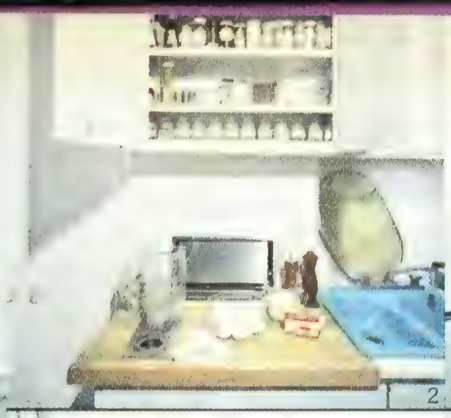
Dining chairs and table, *left*, make an inviting little island for entertaining. At the moment, a late breakfast, the table bright with "Blue and White Plaid" Italian earthenware from Altman's. Building facts, page 210.

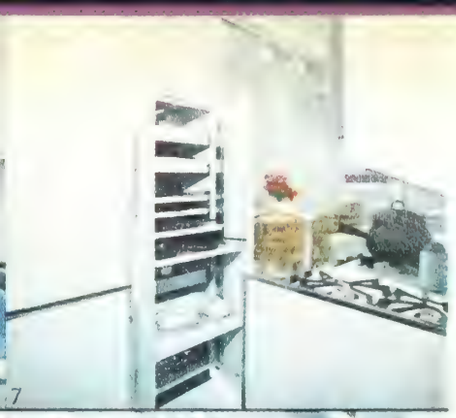
DAVID MASSEY

New hub of the house, a master room for cooking, entertaining, all kinds of projects

In repose, with all its [illegible] closed, [illegible] this kitchen becomes a gracious [illegible] living area laid with [illegible] a laminated plastic top [illegible] from the [illegible] a highly useful work surface. [illegible] Thomasville, [illegible] unpainted, have [illegible] with cane seats and a mottled [illegible] white [illegible] The [illegible] jealously [illegible] the wall behind it, the cabinet had to be very shallow—not much room, [illegible] working [illegible] ter, 3, which takes two slices of bread, has a knob to select the desired degree of [illegible] turn it off when closed. Grapefruit? [illegible] ock with a knife chosen from the compartmented cutlery drawer, 4. Each knife fits in a slot. No fumbling, no cut fingers. Set flush with the chopping block is the surface plate for the NuTone Food Center. At the moment, the blende[illegible] place. Stowed away in the base cabinet below are six [illegible] appliances: mixer, knife sharpener, juicer, shredder-slicer, [illegible] grinder, and ice-crusher. The works. Looking into the ell leading to the service door, 5, we see the Kohler sink, beautifully blue, with its two bowls—one shallow, for washing fruits and vegetables, and topped with its own little chopping block; the other deep enough for even the roasting pan. To the right of the faucet is the KitchenAid hot-water dispenser, and across the aisle is a Sub-Zero refrigerator-over-freezer, 30 inches wide, 24 inches deep—ideal for a compact kitchen. In the frost-free freezer, an ice-maker eliminates the tiresome chore of filling ice trays. Next to the sink is the KitchenAid dishwasher, cycled to soak, hold partial loads moist, wash full blast (dinner plates) or gently (glasses), rinse, and sanitize. It even warms plates. Its countertop and backsplash are DuPont Corian, a smooth, stone-like material that is heat, stain, and scratch resistant. On the wall, a Thermador electric can opener, and above it, a Thermador Microwave oven. Then comes the Caloric double-decker gas







range, a wondrous thing with a comfort-level cooking surface (lower than the average countertop) and a "burner with a brain." You set it at the degree of heat you want, and it stays that way. At the end of the ell is a shallow double cabinet—one side for canned food storage (two cans deep), the other a broom and cleaning closet, 6. Opposite the range is a cabinet, 7, with shallow tray drawers for skillets and all equipment needed near the stove. Roaster and trays go in the top section. At kitchen center, the Iron-A-Way ironing board (in the cabinet are a spotlight and a safety timer control switch for the irons) swings down for action, and on the wall opposite the "work" wall are banks of cabinets, 8 and 9, for china and glass—all with shelves adjustable to what they hold. Special racks hold cups. Base cabinets have a Corian backsplash and countertop—a fine buffet, fine for assembling things. Drawers hold flat silver, lower sections store hollow ware, big casseroles, and linen. Double doors, mirrored on both sides, open to the entrance hall. Kitchen fittings shown all with China White steel interiors and wood doors with a Dover White wood grained finish designed by St. Charles of New York City. Clear acrylic knobs are by Paul Associates. Lightolier track lighting. Building facts, page 210.

"When the weather is warm, iced spiced coffee is delicious—coffee simmered with sticks of cinnamon, a dash of clove and anise, and left to ripen overnight"

HOSTESS THOUGHTS *continued from page 46*

[illegible] steamer in a big pot over hot water. Crocks of butter on the table obviate one more last-minute kitchen chore. I also include an assortment of pâtés and marinades.

Part IV: Bar or bake a sweet finale of bite-sized breakfast pastries, an assortment of coffee cakes, date bars, and the like.

In addition to hot coffee, have the makings for iced spiced coffee: coffee simmered with a couple of sticks of cinnamon and a dash of clove and anise, and left to ripen overnight in the refrigerator.

This is the essential scheme. Now for ***the luncheon version,*** still four parts and three buffets, same attack, same planning.

Part I: A punch bowl, cold cups and mugs with lime slices in one and hot black in other. (I still serve Yuletide hot buttered rum on the side. Instead of cruddies, Bovril bread: thin rounds or squares of bread, spread with a mixture of softened butter and Bovril (a stock of beef blended with a tablespoon of the extract) and baked until just crunchy. This delight will keep overnight just fine, ready for reheating.

Part II: The buffet table is now a salad bar offering platters of thick-sliced, peeled tomatoes dressed with oil, vinegar, and basil, pickled beets, chilled beans, and a bowl of finely shredded greens to be eaten just as the brunch fruit before, after, or with the main course. For juice, Bloody Shames are good quenchers—vodkaless Bloody Marys, that is.

Part III: No crêpes this time, tortillas instead, which can be bought canned or frozen. Soften in hot water, dry, and roll around creamed chicken. Heat and, just before serving, pour a thin, piquant guacamole over them. No potatoes but hominy grits into which Cheddar cheese or mozarella bits have been stirred at the last minute. Greek meatballs are fine with this, made of ground lamb, pine nuts, and flavorings, cooked in oil and frozen, if you like, to be reheated for serving. Middle Eastern cookbooks have a variety of keftedes recipes. Chili-flavored deviled eggs suit this menu. The biscuits may be the same as the brunch ones or varied with the addition of a dash of mustard or cumin.

Part IV: Iced tea, hot coffee, small tarts, and petits fours.

On to ***dinner or supper*** if you prefer.

Part I: Have an open bar, but for a crowd stick to the punch bowls. Scotch and soda "punch" is a surprise—just scotch and soda but people always ask what the delicious punch is. Fill bowl with ice cubes and a highball mixture. In other, try martinis on the rocks with lots of rocks. Stick to Bovril bread—a winner anytime.

Part II: The salad bar is now a cold vegetable smorgasbord, platters of lima beans, peas, tiny carrots, and a bowl of artichoke hearts or cold ratatouille. Dress the vegetables discreetly with a mild dressing. Serve a good cold soup instead of juice.

Part III: Consider a rich blanquette de veau, plain rice, and Swedish meatballs. Stuff the eggs with pickle yolk blend. Flavor the biscuits with herbs in the dough before baking and try pickled kumquats as a condiment.

Part IV: Espresso demitasses, a selection of cheeses, crackers and gaufrettes should do nicely. ■

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WINE & FOOD

A NEW SUPPLEMENT TO HOUSE & GARDEN OF QUICK TIPS SUPER RECIPES EXPERT ADVICE

RECIPES FROM HISTORY-MAKING AMERICAN HOSTESSES

Dolley Madison
Jennie Churchill
The Duchess of Windsor

20 FRESH WAYS WITH GREENS AND HERBS

THE FAMOUS
LINZER TORTE
How to make this
delicious raspberry tart
step by step

CHECK YOUR
WINE KNOW-HOW
WITH A QUICK NEW QUIZ
by Sam Aaron
and David Reilly

HOW TO GET A KICK
OUT OF DANDELIONS
Sandra Oddo shares her
adventures
in wine-making

Green garden lettuce—romaine and Boston—sprinkled with snipped chive blossoms. For more ideas with greens and herbs, please turn the page.

Washed by GE's Potscrubber™ Dishwasher. Witnessed by Good Housekeeping.

Good Housekeeping can't afford to take chances with their good reputation.

So when we asked them to witness a demonstration of our Potscrubber Dishwasher on September 18, 1973, we knew they'd be tough.

This was their only requirement:

Show that the Potscrubber cleans dirty pots normally found in the home.

First came the pots and pans. Aluminum, ceramic, porcelain enamel on iron, glass, stainless, even an old pot of questionable origin was used. Non-stick-coated items were rejected. They were too easy.

Then came the messy part. Our home economists outdid themselves with an assortment of tough cleaning problems. We had chicken in gravy, pea soup, sticky beef stew, a thing we called "spinach disaster," angel food cake (a real tough one), and chicken cacciatore. And as if these nightmares weren't hard enough to clean, we let them "age" 3 hours to simulate your "standing time" at home. Then we washed them along with full loads of soiled dishes.

A lot of different kinds of pots and pans.

A lot of different kinds of cooked foods.

And Good Housekeeping watched every move we made for three solid days. These are unretouched "before" and "after" photographs. Proof of what the GE Potscrubber Dishwasher can do under some of the tough conditions you might have at home.

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And we back up our performance with another dependable feature. Customer Care... Service Everywhere.™

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The Potscrubber Dishwasher... another reason why GE is America's #1 major appliance value.

GENERAL ELECTRIC

Recipes from history-making American hostesses

With their skillful entertaining Dolley Madison, Jennie Churchill, and the Duchess of Windsor have helped shape the course of history. Their dinner tables, famous for good food, attracted varied talents. Influential friendships were formed, politicians reconciled, careers made or changed. Here are some of their favorite recipes.

DOLLEY MADISON

Dolley Madison was hostess for two presidents, Thomas Jefferson and her husband, James Madison. Hospitality was the presiding genius of her house, and her table was invariably a harvest festival of all that was bountiful and delicious in American feasting. All five of Dolley Madison's recipes on these pages are taken from *The Presidents' Cookbook*° by Poppy Cannon and Patricia Brooks.

GINGER POUND CAKE

Like most other Americans of her period, Mrs. Madison was a great believer in gingerbread and served it often. Sift 2 pounds flour and add it to 1 pound sugar creamed with 1 pound butter. Beat 10 eggs lightly and add them to the dough, along with 1 pint molasses and ½ pint sour cream. Add 1 large cup chopped preserved ginger and 1 teaspoon soda dissolved in warm water. Mix and beat altogether. Bake in 2 well-greased and floured loaf-pan-by-5-by-3-inch pans in a medium-slow (325°) oven for 1 hour, or until done.

PUFF POPS

This is an old English version of the popover. Beat 1 egg thoroughly, add 1 cup milk, then slowly add 1 cup flour sifted with ½ teaspoon salt. Stir until well blended (2 minutes with a rotary beater or 1 minute with an electric beater). Do not overbeat. The batter should have the consistency of heavy cream. Melt 1 tablespoon butter, use it to grease custard cups or muffin tins. Fill the pans ⅓ full with the batter. Bake in a good hot (450°) oven for about 20 minutes, then reduce heat to moderate (350°) and bake 15 to 20 minutes longer. Remove immediately from the pans and serve fast while hot and puffed. Makes 8 to 12 popovers.

CRANBERRY CHUTNEY

Ingredients: 12 tart apples, 2 cups cranberries, 3 green peppers, 1 cup raisins, 2 cups vinegar, juice of 4 lemons, 2 cups sugar, 1 tablespoon ginger, ½ teaspoon cayenne, ½ teaspoon allspice.

Method: Pare, core, and chop the apples. Chop the cranberries. Mix the two together, adding the chopped green peppers and the raisins. Add sugar, ginger, cayenne, and allspice. Stir in the vinegar and the lemon juice and mix well. Be sure all ingredients are well mixed. Cook them in a saucepan over low heat until mixture is thickened. Stir often to prevent burning. Pour the mixture into clean, hot, sterile jars and seal.

Continued on page 152

JENNIE CHURCHILL

Lady Randolph Churchill, according to Rosa Ovenden, who worked as a party cook for all the great hostesses of her day, "only wanted a few things but those things she wanted most perfect, and perfect things to eat. She always put her money in a few things." These traditional Edwardian recipes were typical of the food that Lady Churchill served: the lobster and lamb patties were favorite foods to pack in hampers for the races or to serve for supper during a ball.

CREAM FILLED BRANDY SNAPS

Using a classic recipe for brandy snaps, stuff them with vanilla whipped cream laced with almond or peach liqueur and dust ends with finely chopped pistachios. If a ginger taste is desired, add ginger wine to flavor whipped cream. A rosette of whipped cream for the ends can be made and trimmed with chopped crystallized or preserved ginger. Three per person if served alone, or with a compote of oranges, serve 1 or 2.

STEAMED HOT CHOCOLATE PUDDING WITH DARK CHOCOLATE SAUCE

Ingredients: 1 cup fresh bread crumbs; 2 ounces granulated sugar; ¼ teaspoon vanilla essence; 2 ounces grated cooking chocolate; ½ pint warm heavy cream; 5 beaten raw eggs; rich dark chocolate sauce; if desired, hot cooked fruit laced with maraschino.

Method: In a bowl mix together bread crumbs, sugar, vanilla essence, and chocolate. Pour cream over mixture and let stand until bread is well soaked. Mix in eggs and cover bowl with foil and steam for ¾ hour over boiling water. Turn out onto a platter and coat completely with a rich dark chocolate sauce. If desired hot fruit can be put in the center of the pudding.

QUAIL PUDDING

Adapted from Rosa Lewis's recipe, a favorite of King Edward VII.

Season the quails with salt and pepper and lay in a deep dish. Sprinkle with finely sliced onions or shallots, coarsely chopped parsley, shreds of thyme and bay leaf and garlic, if desired. Pour oil over this mixture and a squeeze of lemon juice. Leave in this marinade for a few hours. Using the recipe below, make a suet pastry, and line a bowl with it. Wrap slices of paper-thin beef that will dissolve when cooked around each quail (one for each person) and place in the bowl. Add some finely chopped mushrooms, and parsley, and shallots, and some good chicken stock. Put the rest of the pastry on top and steam over boiling water for one hour. Serve with rice or barley.

Continued on page 152

DUCHESS OF WINDSOR

The Duchess of Windsor likes to give small parties. Six persons to a table she finds the perfect number for the kind of verbal Ping-Pong she likes; when the group is larger she sets up a series of round tables. She loves American food and has had great success incorporating such favorites as Virginia ham and corn fritters into her Paris menus.

ASPARAGUS AND PECANS ON TOAST

Ingredients: 1 pound asparagus tips cut to size of toast, ¼ cup butter, 1 tablespoon lemon juice, 2 tablespoons chopped pecans, salt, and pepper.

Method: Boil asparagus and drain well. Melt the butter with the lemon juice and add the chopped pecans and salt and pepper. Arrange the asparagus on slices of toast (cut in rounds) and pour over them the butter-pecan sauce.

AVOCADO TAHITI

Ingredients: 3 avocados, ½ cup brown sugar, and ½ cup rum.

Method: Split avocados in half lengthwise and remove pits. Dissolve brown sugar in the rum and pour into cavities. Serve avocados on bed of chipped ice.

YOUNG CHICKENS, CORN FRITTERS, AND FRIED BANANAS

Split chickens and open up butterfly style. Brush with peanut oil and place in 450° oven breast side up. Baste and turn over. Salt and pepper that side and baste again. Cook for 20 minutes. Sprinkle dried bread crumbs over the breast side and moisten with melted butter, and pass under the grill for two minutes. *(Continued on page 152)*

"We sat down between fifteen and twenty persons to Dolley Madison's most excellent Virginia breakfast: tea, coffee, hot white bread, light cakes, a pone or corn loaf, cold ham, nice hashes, and chicken"

Make the most of Vandermint, the great Dutch after-dinner liqueur.

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...more could you want? Somebody special to give it to.

1. VANDERMINT CHOCOLATE CHEESE PIE: Cream 3/4 cup Vandermint, 8 oz. cream cheese. Add 1/2 cup milk, 1 pkg. (4-1/2 oz.) instant chocolate pudding; beat smooth. Spoon into 8" chocolate crumb crust: 1-1/4 cup chocolate snap crumbs; 1/3 cup soft butter. 2. VANDERMIST: Pour 2 oz. Vandermint over crushed ice in champagne glass. 3. VANDERMINT ALEXANDER: Shake 1 oz. Vandermint, 1 oz. gin and 1 oz. cream with cracked ice. Strain into cocktail glass. 4. VANDERMINT & ICE CREAM: Pile scoop of ice cream into dessert dish. Top with Vandermint. 5. VANDERMINT & VODKA (V&V): Pour 1 part Vandermint and 2 parts vodka over cubes in a "rocks" glass. 6. VANDERMINT PARFAIT: Alternate Vandermint and scoops of pistachio, chocolate, coffee ice cream in parfait glass. Top with whipped cream, splash Vandermint. 7. VANDERMINT MOUSSE: Mix in blender 6 oz. semi-sweet chocolate pieces, 1/2 cup Vandermint. Blend. Add 1/4 lb. soft butter (in pieces), 4 egg yolks. Blend. Beat 4 egg whites, 2 Tbsps. confectioners sugar till stiff. Fold into Vandermint mixture. Pour into dish lined with Vandermint-dipped ladyfingers. Chill. 8. VANDERMINT FONDUE: Melt 6 oz. semi-sweet chocolate pieces. Stir in 1 cup sour cream, 1/2 cup Vandermint. Serve warm. Dip strawberries, cookies. 9. DUTCH COFFEE: Pour jigger of Vandermint into a cup. Add hot coffee and top off with whipped cream. 10. VANDERMINT STRAIGHT.

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How to get a kick out of dandelions

Sandra Oddo shares her adventures in wine-making

Dandelion wine. Grandmothers standing in farmhouse doorways. Creaking porch swings and the intoxicating smell of spring air. Nostalgia incarnate . . .

Actually, dandelion wine is a drink hardly anybody is old enough to remember these days. My own grandmother was a teetotaler who waged fierce war on those dancing yellow weeds that besmirched her lawn in the spring. I never even knew anybody who [illegible] dandelion wine until I ran across a recipe in an old cookbook, that same year I first decided to try making wine.

This is what it is like: dry, sherry-ish with a faint memory of the meanness of March winds. Light yellow in color, the taste of yellow too. Just a little flowery, a delicate pungent aroma. Drunk in December it is a memory and promise of spring; drunk in June, ice cold, it is [illegible] for the heat of summer. It is also a heck of a lot of work to make, but now a demand has been set up by family and friends. The government doesn't object (in a moment of blindness or [illegible] at the end of Prohibition it allowed as how heads of households duly registered with the Internal Revenue's Form 1541 could make up to 200 gallons a year), so every spring now I find myself out there stalking the wild dandelion.

The time for dandelions is May, give or take a month. The season may seem endless to people with green plush lawns but we winemakers have to watch closely: one week dandelions will be just beginning to spot the meadows, the next they'll be ghosts tossing their down to the winds. If it should rain during the week or so they're at their peak, you've had it for that year. Since my house is in the woods, I save the three or four dandelions we have to look at and go scouting on the lawns of neighbors—it's become a community occasion—outfitted thus: one measuring cup, one portable container (our wastebasket, scrubbed and scalded), several pairs of scissors, jeans with a good stout seat.

You need a hot day full of sunshine for picking and—brace yourself—for each gallon of wine you will need *one gallon* of little yellow petals. It takes a truly astonishing number of dandelions to produce a gallon of flowers, so if I can con them into it I bring accomplices. I've found that novelty can be used to enlist neighborhood children temporarily—on an average, one really helpful child is worth about a quart of flowers before he wanders off to catch frogs, but I'll use all the help I can get.

The operation works like this: Grasp the head of the flower in your fingers and gather the petals up into a bunch. With the scissors, snip across the base of the bunch. If some of the green around the blossom comes along it doesn't matter much, but you don't want any of the stem with its bitter white sap. Dump petals into measuring cup; when full, dump contents of measuring cup into wastebasket.

The method of collection doesn't particularly impress lawn-growers, since it leaves the root. If you're really dedicated you can take the root along to make beer out of. I've found it's simpler to tell my neighbors that: 1) I'll be needing the leaves for salad; 2) since I'm taking the flower and potential seeds the dandelions can't

JAMES MATHEWS

Some accouterments for wine: 5-gallon fermenter; bottles; Sanbri corker for popping in corks; decorative lead foil caps; your very own estate label.

The right way to pickle is with fresh-grown ingredients. Including the vinegar.

Heinz White Vinegar is a pure natural food made from sun-ripened corn. As fresh and natural as the ingredients you would use in this recipe for Pickled Mixed Vegetables.

To prepare, break 2 med. cauliflowers into flowerets; cook 5 min.; drain. Cut 2 red, 2 green peppers into strips. Peel; quarter 6 med. onions. Combine 2½ cups Heinz White Vinegar, 1½ cups sugar, 1½ cups water, 3 Tbsp. salt, 1 Tbsp. each mustard and celery seed, ¼ tsp. turmeric; heat to boiling. Add vegetables; boil 2 min. Simmer; pack one hot sterilized jar at a time. Cover vegetables to ⅛" of top. Seal at once. Makes 5-6 pints.

Heinz-The Natural Vinegars

Heinz

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"Dandelion wine drunk in June, ice cold, is fortification for the heat of summer"

There's the seethe of bubbles as they foam to the top. There's the merry little pop-pop of the air lock as carbon dioxide escapes, letting you know that alcohol is being left inside. The wine is obviously *working*, putting itself into the job heart and soul. But then the pop-pop settles down to a barely discernible blup . . . blup. Can it be goofing off? Sure, there's sediment at the bottom, denoting yeast activity, but the darn stuff looks like dirty dishwater. Worse, if you sneak a sip, it tastes like dirty dishwater. Dirty *old* dishwater. At this point, the only alternative to giving up the whole project is to hide the bottle somewhere where you don't have to look at it. (If somewhere is dark and cool, the wine likes that.) Bring it out every three months or so and siphon it off the dregs into a clean bottle, just to remind it that there's a job to be done. While you're siphoning, measure the sugar that's left and—why not?—taste it.

Along about the second or third racking (siphoning), suddenly, you can actually see through the stuff. It's clear! (Or, if it isn't, speak sternly to the wine, get some isinglass or bentonite from the wine supply store and use according to directions.) Now, watch out. This is the winemaker's most dangerous moment. Oh, the temptation to whip the wine into bottles, cork them up with real winecorks, let them sit three days and proceed to drink.

Don't! The wine will have an edge like coarse sandpaper, a bouquet not much different from Limburger, and a lamentable youth. Put that 5 gallon jug back in the closet and lock it up for another three months at least. The wine will age more evenly than it would in bottles and you don't run the distinct risk of explosion from whatever fermentation is still going on. Finally, roughly a year after you picked them, the dandelions are ready to bottle.

The proper thing to put wine in

Continued on page 150

read, and besides; 3) now that e yellow is gone you can't see em anyway. Sometimes it works. The faster you pick, it seems, e less work you have to do. The tals pack down alarmingly if you ok at them very long, making it cessary to pick more. Therefore, cause it increases work to take eaks, I'd suggest planting some- e near the refrigerator who will nerge from the house periodical- with ice cold lemonade or beer. even dandelion wine: it is an spiration. I'd also suggest *never* measuring petals after you dump em out of the measuring cup. hat you don't know can't hurt u.

Now that the flowers are picked, e thing to do is rush home right ay, before they have a chance turn brown. Dump them into e covered container (see reci-), pour on boiling water, cover em up, and forget them for three four days. The cover should be rly airtight because they've got ghastly smell, and the air will rn the top layer brown, which ects the color of the finished ne. If it makes you feel better, u can stir them up once a day.

When the tea is ready, or when u are, pour it off the petals into pot and boil it about ten minutes. This kills wandering bacteria and the stray yeasts that waft invisibly on the summer air but if you let it boil longer than about 15 minutes, you may have trouble getting the wine to clear. Pour the hot juice onto the sugar—more or less depending on whether you like your wine sweet or dry. Fill the fermentation vessel, that thing that looks strangely like a bottle, to its shoulder, *not its neck*. I once filled one to the neck and the first rush of fermenting bubbles to its head surrounded the bottle with a sea of sticky gooey froth that attracted flies and bees who promptly got drunk and lay around the house for days. New wine is young and vigorous. Give it room.

When the mixture has cooled to the temperature that babies like for milk, add a little citric acid in the form of orange or lemon juice to keep the yeast happy. Then add the yeast. It is perfectly possible to use plain old bread yeast (one package for 5 gallons), but I'd advise against it. All that crawling around on the lawn deserves a real wine yeast, preferably one designed for Sauternes or Chablis, available in any wine store.

Now comes the most difficult and most important part of making wine: waiting. At first, it's fun.

Go back to nature for all your marinade ingredients. Including the vinegar.

Heinz Wine Vinegar is made from pure grape wine, and fresh water to control natural acidity. Nothing else. You'll taste its natural flavor in this marinade for Shrimp Kabobs.

MARINADED SHRIMP KABOBS

Combine ¾ cup salad oil, ½ cup Heinz Wine Vinegar, 1 Tbs. basil leaves, 1 tsp. sugar, 1 tsp. salt, 1 clove garlic, split. Chill. Pour over raw shrimp and mushrooms; marinate several hours. Skewer with tomatoes. Broil 4-6" from heat for 5 mins. Turn once.

Heinz. The Natural Vinegars.

Heinz

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20 fresh ways with greens and herbs

The tender fresh greens of summer give constant inspiration for salads and vegetable dishes. Slim-pronged and aromatic with pinches of herbs, they make delicious entrées or accompaniments. Here are quick, fresh ways with all manner of wonderful succulent greens.

by Jane Ell

In addition to **garden lettuce** (which needs little dressing), the tender greens of summer may be planted for the first time in the season. Cress, **garden lettuce**, chicory, endive, and the delicious if unpronounceable mâche have been introduced to our vinegar pot. Wilted lightly in the dressing, the more delicate greens like **arugula and watercress** add a constantly changing flavor. Wine vinegar, lemon juice, pungent oil, and a little sparkle add happiness to the dressing.

Flower-and-petal-tossed salad suggests **chive flowers** add color, the aroma of garlic to your days. **Violets, nasturtiums, day lilies, squash blossoms** can all add a colorful surprise element to a tossed salad.

Chop **garlic chives** and dill flowers and sprinkle over frozen Italian beans.

Another flower, thyme, adds fragrance to Roquefort cheese blended with butter to spread thinly on a pastry bag, said Julie Dannenbaum, author of *Menus for Mealtimes* (Random House, Fresh) with a chilled salad plate to give a surprise dressing for **Bibb lettuce.**

Deep-red **oak leaf lettuce** makes a good salad dressed simply with coarse salt and cracked pepper.

Raw beans or edible pea pods from the garden are delicious dressed with cider vinegar and the merest pinch of sugar.

Snow peas (edible pea pod) are also cut into julienned strips by Emerick Bronson and tossed with a bland oil and rice vinegar. **String beans** can be served the same way.

Tomato juice and paprika make a subtle dressing for **watercress.** Gerrette Klingenstein uses them with juice of a lemon, sugar, water.

Endives are pulled apart leaf by leaf and combined with walnut halves by Art Buchwald. The dressing, a combination of light olive oil, lemon juice, salt, and freshly milled pepper.

Mixture of **chopped parsley** give life to a [illegible] salad claims Lily Auchincloss who also adds lemon juice and lots of sliced Bermuda onions. Mrs. Auchincloss dresses **arugula** with oil and coarse salt only, serves a chilled shrimp salad with **bean sprouts and olives** [illegible] dressing of olive oil, soy sauce.

Celery in a quiet what slighted salad may produce, but a raw bud delicacy cut into thin slices as [illegible] and tossed with 8 tablespoons olive oil, 3 tablespoons vinegar, 1 teaspoon tarragon, 1 teaspoon of salt, freshly ground pepper, 2 tablespoons Dijon mustard, 1 [illegible] dry and allowed to stand for 2 or 4 hours. Summer-sliced **Florida celery** until crisp-tender. Marinate in oil, lemon juice, onion, garlic salt, basil, and black pepper for 2 hours. Drain, reserving marinade and add to lettuce lined salad bowl; toss with some of the marinade.

Dress tender **green lettuce** with cream mixed with lemon juice, salt, pepper, and a generous sprinkling of herbs, chopped parsley, tarragon, and chervil.

Leeks make wonderful salads. Simmer in salted water with lemon juice until tender. Drain, chill, serve with peanut oil dressing.

Watercress is good combined with lightly sautéed bread crumbs. Betty Boote mashes a clove of garlic and an anchovy fillet in the bottom of a glass salad bowl, adds the watercress and bread crumbs, tosses with a plain olive oil and wine vinegar dressing.

Serve crisp **romaine leaves** with cocktails suggests Julie Dannenbaum, who supplies a dip made from 8 tablespoons olive oil, 4 cloves mashed garlic, 8 anchovy fillets, 1 teaspoon fresh basil whisked together.

Serve raw **pea pods** and fresh raw garden peas for nibblers.

Quarter **sweet green peppers,** seed them and stuff with chived cottage cheese.

As a first course serve halved **avocados** stuffed with a puree of avocado blended with sour cream, lemon juice, and sharp seasoning.

Combine **peas** with thyme and marjoram. Cook 2 pounds peas until tender and add cream together with 2 tablespoons chives and parsley, 1 teaspoon each of thyme and marjoram. Serve immediately.

Add **chervil** to ½ cup melted butter and pour over cooked **cauliflower.**

Cut **snap beans** into 1 inch pieces. Cook in 1 inch of boiling water with a little salt 5 minutes, cover and continue cooking until just crisp. Drain and toss with 3 tablespoons butter, ½ teaspoon nutmeg, ¼ teaspoon pepper.

Cook **kale** in a small amount of water until tender and sprinkle with fresh lemon juice, crumbled bacon.

Cut **green peppers** into julienne strips together with onions and turnips and sauté in butter and olive oil until tender. Swirl in a little butter, season with salt, pepper, oregano.

Toss cooked wild fresh **peas** with sour cream and finely chopped shallots. Sprinkle with dill and serve chilled.

Zucchini is great with sesame seeds. Sauté 1½ pounds zucchini or summer squash sliced thinly in 4 tablespoons butter and ¼ cup water until barely tender. "It should still be slightly crisp," says Mrs. Isabel Wilder. Add salt and pepper to taste and sprinkle with 4 tablespoons of sesame seed.

Dredge slices of **green tomato** in egg and cornmeal suggests Sandra Oddo, fry quickly in hot lard until just tender.

String beans with a cream sauce is one of the Duchess of Windsor's favorites. The beans are cooked for about 6 minutes until they are *al dente* and bathed in a béchamel sauce made with half cream and half milk, topped with a slice of grilled bacon.

Julie Dannenbaum buys **sorrel** when it is in season to keep for out-of-season days. She puts it in a large stock pot and cooks with only the water that clings to it after washing. Reduces it to a purée, pack in jars, and freeze. When you remove from freezer, allow to thaw completely and use as sorrel purée to accompany meats or as a base for sorrel soup.

Bake **asparagus or spinach** as Ed Giobbi does. Place 1½ pounds asparagus or wilted spinach in a baking dish cover with 2 tablespoons olive oil, 1 tablespoon butter, 1 clove garlic, chopped, and sprinkle with Italian parsley. Cover and bake for 5 minutes in a 375° oven, uncover, cook 10 minutes more. ■

"A mixture of chopped parsley, chives, and tarragon add a fillip to a tossed salad or briskly cooked fresh vegetables just before serving"

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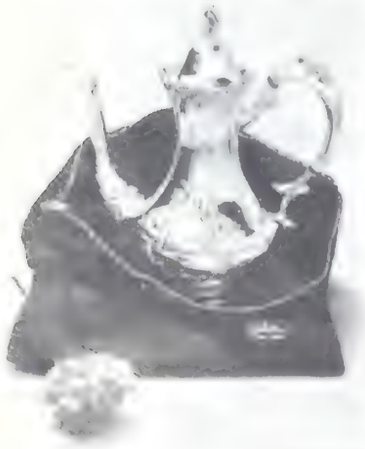

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The famous Linzer torte

How to make this delicious raspberry tart step by step

Made with a rich nutted short pastry, Linzer torte is a lattice covered tart with a raspberry filling. This version of the classic Austrian torte comes from the London Cordon Bleu cooking school and is made with fresh or frozen raspberries.

I secret in it there are almost as many variations of Linzer torte as there are Austrian cooks. It can be made with strawberry or apricot jam or red currant jelly, but this delicious version, a favorite for twenty years at the London Cordon Bleu calls for fresh or frozen raspberries. "Coffee can add another hint of flavor," suggests Muriel Downes, co-principal of the school, and I teaspoon of instant coffee with the cinnamon or to replace it if you wish." Linzer torte should cool to room temperature before being served and should be eaten within two days. It can be frozen successfully after baking and cooling. If you are visiting London it is possible to take a two week course in attending afternoon demonstrations at the Cordon Bleu. For certain information write Cordon Bleu, 114 Marylebone Lane, London W.1. England.

LINZER TORTE

Ingredients: 3/4 cup fresh raspberries or 2 10-ounce packages frozen raspberries; sugar or raspberry jam to taste; 1 cup all-purpose flour; 3 teaspoons salt; 1 teaspoon cinnamon; 1 teaspoon instant coffee; 8 tablespoons butter; ¼ cup sugar; 1 whole egg, 1 egg yolk, grated lemon zest to taste; 2½ ounces almonds, ground without blanching; quick glaze: ½ cup red currant jelly or raspberry preserves; 2 tablespoons sugar.

Method: Bring the raspberries to a boil in a saucepan and cook rapidly for 2-3 minutes. Mix with sugar or raspberry jam to sweeten. Cool.

Sift the flour with salt, cinnamon, and coffee in a large mixing bowl or on a marble surface or pastry board and make a well in the center. Into the well put the butter, sugar, egg, egg yolk, lemon zest and sprinkle on the almonds. Work ingredients together, form into a ball. Refrigerate wrapped in wax paper for at least ½ hour. Preheat oven to 375°.

Roll out half the pastry ¼ inch thick. Keeping the other half refrigerated. Line a 7-8-inch, buttered flan ring or false-bottomed, straight-sided cake pan with the pastry and roll the pin across the top of the ring to cut off excess dough. Fill with the cold raspberry mixture. Roll out remaining pastry, cut into strips, and arrange in a lattice on top. Bake in oven for 20-30 minutes or until pastry is lightly browned. Cool tart. Brush entire surface of tart with warm glaze. Set pan on coffee can and slip down outside rim. Serves 6-8.

QUICK GLAZE

Stir red currant jelly or raspberry preserves, forced through a sieve, with sugar over moderately high heat for 2-3 minutes until thick enough to coat a wooden spoon with a light film. ■

1. Grate lemon zest onto the butter, sugar, and egg mixture in flour well. 2. Using fingers mix flour into other ingredients and form into ball. 3. Roll out half the pastry ¼ to ½ inch thick. 4. Line flan tin with pastry. 5. Roll out remaining pastry and cut into ½-inch-wide strips. Cover top of raspberry filled tart with strips. 6. Cover top of torte with strips and overlap more pastry strips to make a lattice pattern.

Check your **wine know-how** with this quick **new quiz**

by Sam Aaron and David Reilly

am Aaron, lecturer, author, and president of Sherry-Lehmann, New York's wine spirit shop, together with Da-Reilly has compiled a quiz to your wine knowledge and sup- the answers to some often ed questions. Answer the ques- s below and check the answers iscover your score. If you have t of 10 right you're well on the to knowing about wine.

A Beaujolais should be ved:
a) At room temperature
b) At cellar temperature
c) Chilled
d) Slightly heated

The different wines of Al- e obtain their names from:
a) Geographic area
b) Grape variety
c) Specific vineyard
d) Grower

Château Haut-Brion is a eyard in:
a) Loire
b) Médoc
c) Saint-Emilion
d) Graves

Which one of the following pe types is unique to Cali- nia?
a) Pinot Chardonnay
b) Cabernet Sauvignon
c) Zinfandel
d) Gamay

Which of the following ntries produces the great- volume of wine annually?
a) Germany
b) Italy
c) Chile
d) U.S.A.

Wine is best stored at:
a) Room temperature (68°)
b) About 55°
c) About 40°
d) Below 7,000 feet

Kir is:
a) A valley in Burgundy
b) A British automobile
c) An apéritif
d) The residue left after rapes have been crushed

At a dinner party for six, w many bottles of wine uld you plan to serve with main course?
a) 1 bottle
b) 2 bottles
c) 3 bottles
d) 4 bottles

Sam Aaron tasting a white wine

9. Wine is decanted:
(a) Because its quality is damaged if it is served directly from the bottle
(b) To help you to serve it free of sediment
(c) To make it look more attractive
(d) To free guests from the associations of the label

10. A vine is mature enough to produce grapes for wine making of the first quality after:
(a) 1 year's growth
(b) 2 year's growth
(c) 5 year's growth
(d) 7 year's growth

ANSWERS

1. (b) Beaujolais should be served at cellar temperature as it is in France, to bring out the flavor. If you do not have a wine cellar you can refrigerate Beaujolais, but take it out 15 minutes before serving. Its temperature should be between 55 and 60°.

2. (b) The wines of Alsace obtain their names from the grape variety such as Sylvaner, Riesling, and Gewürztraminer.

3. (d) Château Haut-Brion is a vineyard in Graves, one of the most famous wine growing areas of Bordeaux.

4. (c) Zinfandel is a native Californian grape. It is best known for wines not unlike Beaujolais in character, but it has, if properly handled, a remarkable capacity to produce wines with long life and full body.

5. (b) Italy produces the greatest volume of wine annually, although the vast majority of Italian wines are not exported. It is only now that the best Italian wines are receiving the recognition they deserve (such as an excellent old Barolo) and finding their way to the U.S. The lighter wines of Italy, fresh and youthful, present many excellent bargains (such as Dolcetto or a dry white Orvieto).

6. (b) Wine stored at 55° develops at the optimum rate. At a higher temperature, development is speeded, and the balance of the wine endangered; at a lower temperature development is arrested. Storage at 55° is most important for the greater wines, lesser wines kept at a higher temperature for a few months will not be adversely affected.

7. (c) Kir is the name given to the French apéritif, Vin Blanc Cassis, by the French to honor Canon Felix Kir, a French resistance hero, once mayor of Dijon. It is a combination of a simple white Burgundy wine with a black currant liqueur, cassis. The cassis should be used sparingly if you like a dry apéritif. This increasingly popular apéritif is now bottled already blended as Kir Gallique.

8. (c) 3 bottles. For a dinner party when your guests are known to be fond of wine it is reasonable to estimate that a ½ bottle of the major wine should be available to each guest. 2 of the 3 bottles should be opened beforehand with the third held in reserve.

9. (b) Wine is decanted to help you to serve it free from sediment. While the major purpose of decanting is to remove sediment from an older bottle, decanting allows harder wine to breathe, and makes it more palatable.

10. (d) A wine is mature enough to produce wines of great quality after seven year's growth. While it is possible to produce wine from the grapes of younger vines, this wine will not attain the full potential of which the grape variety is capable.

If you correctly score 7 or more out of 10, your wine know-how is well above average. ■

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"You need a hot day full of sunshine for picking.
And—brace yourself—for each gallon of wine you will need
1 gallon of little yellow petals"

HOW TO GET A KICK OUT OF DANDELIONS *continued from page 144*

(we sometimes manage to leave as many as five bottles that long), uncork—decant if there's sediment, pour, sip . . . ahhhh.

RECIPE FOR DRINKABLE DANDELIONS

Ingredients per gallon: 1 gallon dandelion petals, 1 gallon water, 1 sour orange, juice of half a lemon, 2½ to 3½ pounds sugar, wine yeast, preferably in a starter solution.

Method: Pick the dandelions on sunlight; measure; deal with them instantly, thus.

Put the flowers in a closable container big enough to hold as much wine as you want to make. One note: The less wine you make, the more likely it is to turn wrong—and the less return for your work. I find 5 gallons at a time a good workable amount.

Boil the water. This removes any chlorine from it and causes various mineral salts to precipitate more easily. While it's heating, cut the peel (not the white pith) from the orange and dump the peel in with the flowers (it can be added later if you like less tang to your wine). Pour the boiling water over both. Close up the container and let it sit for three days.

Strain the tea off the petals and throw away the petals. The tea will look icky and smell rather awful, but that's all right. Add the orange peel at this point if you left it out before. Bring the tea to a boil; simmer 5-10 minutes. Meantime, put the sugar—2½ pounds for a dry wine, up to 3½ pounds for a sweet one—into the fermentation vessel, which should be something with a small neck to which a fermentation lock can be fitted. A 5-gallon jug from a bottled-water fountain, available with the fermentation lock from wine supply stores, is perfect. A lot of winemakers use big plastic drums or collapsible containers, but I have the irrational idea that I can smell the plastic in the wine. Besides, it's easier to see the pretty bubbles through glass.

Strain the hot tea onto the sugar to dissolve it, stir, let cool to about 80°.

Cool a little liquid to 60° and use a hydrometer or saccharometer, available at wine supply stores, to measure the sugar content. It should be about 21 percent sugar for a dry wine, 23 or 24 percent for a sweet wine. It is possible to skip this step, but if you do it's wine by guess and by golly, out of your knowledge and control.

Add the juice of the orange(s), the lemon juice, and the yeast. The yeast can be started a day or two ahead of time by adding it to a cup of water boiled with two tablespoonfuls of sugar and ¼ cup orange juice, then cooled to luke

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warm. Activated yeast can get to work faster—and the faster and stronger the wine yeast is, the less chance that some stranger yeast will get in there first.

Fit the fermentation lock. This is a device that allows carbon dioxide—given off by yeast as it turns sugar into alcohol—to escape while protecting the wine from air and bacteria. It can be any one of a number of gadgets supplied by winemakers' shops, and it is very, very important. There's a myth that balloons fitted over the top of the fermentation vessel will work. They won't.

Set the wine somewhere where the temperature is a reasonably steady 70° to 80°—exact temperature is less important than steadiness—until the primary fermentation slows down, about three weeks. Then move it, if you can, to a place that hovers between 50° and 60° in temperature. Forget it for three or four months.

yeasts. Leave a film of the solution—three or four drops—in the bottles to discourage unwanted fermentation. Pour boiling water over some new wine corks to soften them (old corks won't do). Now: siphon the wine out of the jug into the bottles (for 5 gallons you'll need 25 or 26), insert the corks with a corker, wipe the bottles and lay them on their sides. That's it.

Most major cities and many towns have wine supply shops. Most of them also supply catalogues and will take mail orders. Write to Wine Hobby U.S.A., 100 N. Ninth St., Allentown, Pa. 18102 for the addresses of its 38 franchised stores; or to Wine-Art, 4324 Geary Blvd., San Francisco, Cal. 94118, for the addresses of its 48 centers. Here's a list of other shops.

ARBOLYN WINEMAKING SUPPLIES, 829 Knox Abbot Drive, Cayce, S.C. 29033

ARBORHOUSE, 8007 Douglas Ave., Racine, Wisc. 53402

BACCHANALIA, 273 Riverside Ave., Westport, Conn. 06880

COMPLEAT WINEMAKER, P.O. Box 2470, Yountville, Cal. 94599

CORNHUSKER WINEMAKING SUPPLIES, P.O. Box 81262, Lincoln, Neb. 68501

DANENBERGER'S, P.O. Box 276, New Berlin, Ill. 62670

DELACOS WINE CELLARS, 2435 University Blvd., Houston, Tex. 77005

M&M WINEMAKER'S SUPPLY, 109 North Chester, Olathe, Kans. 66061

MASTER WINEMAKERS, Monroeville Mall, Monroeville, Pa. 15146

MILAN LABS, 57 Spring St., New York, N.Y. 10002

NEW ENGLAND WINEMAKING SUPPLY, P.O. Box 174, North Abington, Mass. 02351

PRESQUE ISLE WINE CELLARS, 9440 Buffalo Rd., North East, Pa. 16428

PROGRESSIVE WINEMAKER, 17095 S.W. Tualatin-Valley Hwy., Aloha, Oreg. 97005

THE PUPPET POST, 28893 Burnett St., Warren, Mich. 48093

SEMPLEX OF U.S.A., P.O. Box 12276, Camden Sta., Minneapolis, Minn. 55412

UNIQUE, INC., 3716 N. Sherman St., Indianapolis, Ind. 46218

WINECRAFT, 8363 Center Drive, La Mesa, Cal. 92041

THE WINE WORKS, 1196-A Main St., Lombard, Ill. 60148 ■

"One really helpful child is worth about a quart of dandelion flowers before he wanders off to catch frogs"

By this time there is a little sediment in the bottom of the jug and the wine is getting contemplative. Nudge it by racking: get a 6-foot siphon (FDA plastic is better than rubber), set the jug on a chair or something about 3 feet off the floor; set a clean jug on the floor under it. Stick one end of the siphon into the wine and suck on the other end to start the wine flowing. It's a good idea to taste it at this point—and it's fun—but be careful not to drown in the first rush. Once the wine is running, put your end of the siphon in the lower jug and drain the top one. Be careful not to siphon up the dregs: it will cost about an inch of wine, but you'll have a clearer finished product. Because wine is basically sedentary, it shouldn't be racked oftener than every three months. Note: a good wine takes time. Some kits claim they can produce something drinkable in six months or less—don't believe them.

About three months after the wine is clear, when the sacchrometer says nothing has happened for several weeks, it is time to bottle. Wash old wine bottles thoroughly and rinse them fanatically: any trace of detergent will affect the taste. Rinse them out with a solution of sodium or potassium metabisulfite (the wine supply store again), to kill wandering

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[illegible]

DOLLEY MADISON'S LAYER CAKE

[illegible] cup [illegible] cup milk, [illegible] milk slowly, mixing well. Add the [illegible] Mix well and add [illegible] mel.

CARAMEL

[illegible] cup light cream, and 2 tablespoons [illegible] 20 minutes. Just before removing [illegible] nilla, stir constantly. Remove and [illegible] of the cake and put icing on the top as well.

A YARD OF FLANNEL

[illegible] Yard of Flannel, was served during the Madisons' stay in the White [illegible] Flannel is much more delicious than it sounds.

[illegible] ounces moist sugar and 1 teaspoon nutmeg or ginger. Slowly add 1 [illegible] rum, eggs, and sugar mixture into [illegible] ture is as smooth as cream. You [illegible] like flannel. Nevertheless, a Yard of Flannel it is.

JENNIE CHURCHILL RECIPES

continued from page 143

LITTLE LOBSTER PATTIES (COLD)

Ingredients: 1 small cooked lobster cut into tiny bits; ¼ pint stiff cream; ¼ pint stiff mayonnaise; ½ pint liquid aspic; tarragon and chervil (fresh if possible) to taste; 1 teaspoon tarragon vinegar; dash of paprika, cayenne or Tabasco if desired; unsweetened cream puff cases; garnish: aspic or chervil.

Method: In a bowl over ice mix lobster, cream, mayonnaise, aspic, tarragon, and chervil until gelatin nearly sets. Add tarragon vinegar, paprika, cayenne or Tabasco if desired and fill cream puff cases or puff pastry shells. Glaze with aspic or garnish with chervil, aspic.

WINDSOR LAMB PIES

Ingredients: 1 pound cooked loin lamb chopped in small cubes; 2 tablespoons minced parsley; 2 tablespoons minced mushrooms; 1 tablespoon minced shallots; salt and pepper to taste; lamb gravy to moisten; short crust lined tartlet tins 2½ inches across; cold water; beaten egg.

Method: In a large bowl mix together lamb, parsley, mushrooms, shallots, salt and pepper to taste and moisten mixture with lamb gravy.

Fill tins with lamb mixture, brush edges of pastry with cold water and cut out a top for each tartlet and make a hole for steam to come out. Brush with beaten egg and bake in hot oven until risen and set, lower heat and bake until brown.

SUET PASTRY

Ingredients: 1 cup ground or very finely chopped beef suet (kidney suet preferred); 1 teaspoon salt; 2 cups sifted all-purpose flour; ⅓ cup cold water, approximately.

Method: Mix the suet and salt in the flour with your fingertips or a pastry cutter. Add the water a few spoonfuls at a time and toss with a fork to distribute evenly. Add more water if the dough seems dry or crumbly. Chill the dough. Roll out on a lightly floured board to the thickness and shape desired. This amount of dough should be sufficient for a 2-quart casserole about 2½ inches deep with a top crust about ¼ inch thick. If using a 10-by-14-by-2-inch pan, use 1½ to 2 times the recipe.

THE DUCHESS OF WINDSOR RECIPES

continued from page 143

CORN GALETTES

Take two ears of corn that have been cooked in boiling water for 4 minutes and strip off kernels and chop. Mix 1 beaten egg, ¼ cup milk, 2 tablespoons flour, salt and pepper; add to this the chopped corn and form into small flat cakes. Sauté them in hot peanut oil.

FRIED BANANAS

Split bananas in two lengthwise and lightly flour. Sauté for 2 minutes in peanut oil.

ROAST CHICKEN

On top of the stove, in a roasting pan, brown a 3-pound chicken in peanut oil. Remove the chicken and most of the peanut oil. Return the chicken and flame with 3 tablespoons of cognac. Place the chicken on a rack in the pan with 3 or 4 tablespoons of consommé and port wine. Salt and pepper the chicken and baste from time to time. Roast until the juices run clear. Cut into serving pieces.

HOT CHEESE CIGARETTES

Ingredients: ⅓ cup grated Gruyère cheese, 1 teaspoon heavy cream, 1 egg, ¼ cup softened butter, freshly ground black pepper, several slices white bread (remove crusts).

Method: Blend together the cheese, cream, egg, butter, and pepper. Spread each slice of bread with the mixture and roll up securing with a toothpick. Keep the prepared ones covered with a damp towel while you are rolling up the rest. Bake in a medium oven (350°F) for 8 minutes until golden. Remove toothpicks and serve on napkins.

CRÈME BRÛLÉE

Ingredients: 1 quart heavy cream, 10 egg yolks, 1 vanilla bean, ⅓ cup brown sugar.

Method: In a double boiler bring cream just to boiling point, infusing it with the vanilla bean. Beat sugar into the egg yolks. Remove the vanilla bean and add cream slowly to the egg mixture. Return to the double boiler, and stir constantly with a wooden spoon. When spoon is coated, turn mixture into a heatproof serving dish. Chill custard well and just before serving, sprinkle top with a layer of sieved brown sugar. Pass under a hot broiler for a minute or just long enough to glaze the sugar.

APPLESAUCE BRÛLÉE

Cinnamon-flavored applesauce cooked with a few raisins. Chill well. Cover with brown sugar and run under the broiler. (Very popular with the Duke.) ■

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"Lady Randolph Churchill only wanted a few things. but those things she wanted most perfect. and perfect things to eat"

HE POWER OF THE DINNER TABLE *continued from page 101*

er the country. They were such attraction that hostesses would S. their invitations, "Do Come. e PBs will be here." Jennie and intelligent friend—Daisy, untess of Warwick—were the wning PBs. As such, both were orites of that lover of pulchri- le, the Prince of Wales.

Fashionable England of the 70s and 1880s was divided into ee cliques, with little overlap. ere was the rigidly conservative een's set; the horsy, "fast" Marl- ough set around the Prince of les; and The Souls who united intellect of the aristocracy. Jen- –flashing, brainy, social, and a nted pianist—was that rarity, a re who moved in all the groups. 'Whenever I want to think of an standingly brilliant woman, my nd leaps immediately to Lady ndolph Churchill," wrote Lady rwick. "One never thought of ing a party without her. She s as delightful to women as to n . . . Lady Randolph was like narvelous diamond—a host of facets seemed to sparkle at once."

Queen Victoria did not care for the abrasive arrogance of Randolph but felt one day he might be Prime Minister. With that eventuality in mind, she invited the young Churchills to dine with her at Windsor and spend the night. Victoria was pleased with Jennie and remarked in her Journal, "Lady Randolph (an American) is very handsome and very dark."

Jennie wrote her mother on Windsor Castle stationery, "The Queen was most amiable and talked to me for some time. The dinner was a very solemn, ghastly affair . . . I was the only 'strange lady.' You know how I tend to rattle on, and I was terrified of saying a word too much, and arousing that dread 'We are not amused'."

In the tight upper echelons of British society, good relations with the Royal Family meant open doors or bolted ones.

When Randolph had a falling out with the Prince of Wales, the Prince intimated he would not visit any home in which the Churchills were guests. Except for a few exceptions, the couple was boycotted as if they had the plague.

Randolph's popularity in Parliament made a reconciliation seem politic and even the Queen pressured to end the quarrel between her son and Churchill. The healing took place at the dinner table. March 9, 1884 the Prince consented to attend a dinner in the house of the Attorney General. Among the guests were the Churchills, Mr. and Mrs. Gladstone, and Lady Dorothy Nevill, London's most celebrated hostess.

Jennie's grandniece, Anita Leslie, says, "Jennie was anxious to end the social ostracism which prevented her being invited to the best London parties and she played her cards perfectly. With naturalness and humor she set the company at ease. The Prince was charmed, and Randolph gave her full marks." Lady Nevill let the town know that "the conversation proved so animated that there was no possibility for awkward thoughts, or looks, or even silences to occur."

The relationship made another small step forward three months later at a dinner held at the Cafe des Anglais in Paris. Backing up Jennie was her father's old friend millionaire sportsman, James Gordon Bennett.

By May 16, 1886, Jennie—now thirty-two and at the peak of her opulent beauty—was able to give a dinner party in her own home in honor of the Prince and Princess of Wales. Randolph and his brother Blandford, both excellent raconteurs, were at their conversational best. The party might have been a disaster, but Jennie was not the kind of hostess to be thrown by a mishap.

"The light went out in the middle of the feast," wrote Jennie in her Reminiscences, "just as we were expatiating on the beauties of the newly installed electric light. Our guests had to remain in utter

Continued on next page

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Victorian households were massive, solid, cluttered. Jennie set her own style with white paint, simple paneling, delicate pieces of French and Italian furniture, and art from China and Japan. Although she knew how to furnish on the cheap, her great extravagance—silk panels for her drawing room—were named by the Duke of Bedford. Blandford used to refer to her buys from antiques shops as "Jennie's stage props."

Against these props, they played a parlor game called "thought reading." Instructions were simple. A player was blindfolded and told "Don't censor any thought that comes into your head; do exactly as you feel."

Jennie inaugurated the "Dinner of Deadly Enemies." George Smalley, an author who was present at the first one, wrote, "It was thought a hazardous experiment. It proved a complete success. They were all well-bred people. They all recognized their obligations to their hostess as paramount for the time being. They were Lady Randolph's guests. As guests, they were neither friends nor enemies. There were no hostilities. When a man found himself sent in to dinner with a woman he did not speak to, his tongue somehow unloosed; it was a truce. In some cases, animosities were created. In all cases [illegible]. The upshot was that Lady Randolph had attempted the impossible, and had conquered. A social miracle had been performed."

Jennie continued those daring dinners [illegible] political affairs were deadly grave.

Lucile, the heroine of Winston Churchill's novel *Savrola*, based on Jennie

Parents groomed their daughters not only as the loveliest women in Europe but also as a great political asset. She [illegible] with the most famous men from every country. Statesmen to noblemen, poets and men of science [illegible]

The Duke of Marlborough [illegible] husband but for young Winston who was encouraged to ask questions and even politely argue. Afterward, she gave him her own estimates of political leaders and explained the intricacies of their maneuvers.

"In those days, people could not see any definite principle behind Jennie Churchill's upbringing of her sons," wrote Lady Warwick. "They did not realize that she was developing in them qualities, which, in the ordinary course, take years to show themselves."

As she shaped the career of Winston, entertaining every man of importance who could advance his ambitions, so did Jennie assume a pragmatic tutelage for her sixteen-year-old niece, Clare Frewen.

Every morning, Clare came to her aunt's house and read the *Times*'s editorials while she breakfasted.

"After that I had to practice how to do my hair." Jennie instructed her to talk, smile, and not look bored whenever anyone was introduced.

"Remember that you are not invited for your own amusement, but to contribute to the party." Jennie's advice to the growing Clare was not unlike that given to the Princess Marie Louise who recalled coming down to dinner at Balmoral and being seated next to the Lord Chancellor. She felt inarticulate until her grandmother, Queen Victoria, whispered in her ear. "The Queen wishes the young Princesses to remember that their duty is to entertain their neighbors at table."

Jennie's good friend the Prince of Wales became Edward VII on Jan. 22, 1901. Bessie Wallis Warfield, who was to marry Edward's grandson, was then four and a half years old, a little girl in Baltimore [illegible] style.

Bessie Wallis grew up to live [illegible] story that made Cinderella seem [illegible] A king of England gave up the throne to marry a brand new kind of heroine, an American woman of forty. That romantic revolution took place thirty-eight years ago.

Girls in Baltimore society at the turn of the century were brought up according to the same code as that which had developed the great Edwardian hostesses of May Fair. Marriage was the only goal for a young woman, untrained to a career. Potential husbands were invited by the family to supper.

Ambitious mothers strictly imposed the rules. If a daughter was to achieve position, she'd better be lively, lively, and amusing.

"Never show boredom." Aunt Montague Warfield counseled Wallis. "As soon as you are bored you are boring."

The important lesson to be learned was that a guest shared responsibility equal to that of the host. If a dinner partner seemed dull or pompous, the duty of the female guest was to make him talk. Wallis never forgot that precept.

"I keep trying until he talks. It is a challenge," she says. "Maybe I can even intrigue him into saying

"Wallis decided to give the Prince a typical American dinner: black bean soup, grilled lobster, fried chicken Maryland, and for the sweet a cold raspberry soufflé"

nething indiscreet. Men are re conservative than women. t in their behavior but in their versation."

The dinner table probably was Jacob's Ladder that led Wal- so high into the social firma- nt. She was wonderful com- y and she had to be. Her father died when she was five months and had left little money.

From the Baltimore beginning, future Duchess was the flame t ignited the party. Her eyes e as incandescent as her smile. neatly coiffed head snapped n side to side, tossing out ques- s, extracting answers until her rvescence raised the table at- phere like yeast lifting a ghy bread.

Grateful hostesses could count Wallis to make a party go. Lit- wonder that the circle of friends acquaintances widened and invitations increased. Her pres- e was the reliability of rain in- nce. The accomplishment of ng a superlative guest took her he most sought-after tables in imore, Pensacola, Coronado, shington, Peking, London, Par- And for good measure, the nts and country houses.

his quality of cleverly provok- people to talk about themselves inspired the Prince of Wales at the time was a hardworking eling salesman for the Empire, ay, "Wallis, you're the only an who's ever been interested v job."

he claims she's never been ex- ely intelligent. "I don't really w about anything but I do k a bit about Everything. I a lot of newspapers and I can duce a subject."

ow reminiscent of Jennie rchill who described being a er companion of Prime Minis- William Gladstone . . . "having started him on his subject, an lligent 'yes' or 'no' was all that required."

he Duchess of Windsor has own technique of table talk; a er bag full of topics coupled the fast, lightsome wit that a characteristic of her mother her Montague aunts.

t is the hostess's duty to throw few controversial subjects," the Duchess. "That may bring row or you may learn some- g. Either way, it is entertaining full of pep."

er ideal guest list would in- e a politician and an academic. or the women, "they should be with quick repartee. You have e quick, terribly quick. It's a great thing to be quick," she emphasizes.

Six persons to a table, she finds the perfect number for the kind of verbal Ping-Pong she likes. When the group is larger, she sets up a series of round tables. Guests to the house in the Bois de Boulogne pick up their place cards from silver salvers in the reception hall before moving on to the salon or the library for apéritifs.

"The French tend to give big parties," she says. Six or eight small parties are more expensive . . . but that's my extravagance."

While she loves French food, she disagrees with the classicism of the menus of French dinner parties.

"You almost know ahead of time what you are going to get," she says. "You start with sole. Then comes lamb or chicken. I like to mix things up."

The Duchess's chef, Lucien Massey, came to the Windsor household in 1945 as a seventeen-year-old kitchen helper. She taught him a number of American dishes. Virginia ham with sugar and cloves. Corn fritters. Sweet potatoes with brown sugar.

"The French love these things," she says. "Something new for them. Curiously enough, crème brulee ought to be French but they've never heard of it. I learned it from Mrs. Ralph, my cook in London. Best thing I've ever known." [EDITOR'S NOTE: According to several authorities, crème brulee was invented by a chef at Trinity College, Cambridge, England.]

Although the Duchess never drinks coffee—her mother warned her it makes the complexion yellow—she serves what her guests praise as the very best coffee, "very strong, very black, very hot."

She has maintained a lifelong vigilance to keep her figure spare as a line drawing. "How do you look in the long view?" is one of her tests. Nonetheless, she loves American ice cream and American cheesecake and frequently offers them to her international guests.

Whenever she gives a dinner party, she spends the day at home, going over every detail with the meticulous care of a stage manager. There are conferences with the chef, the butler, the maids. The Duchess chooses the menu, the flowers, the napkins, the cloths, the silver, the services. The table décor is coordinated to the colors of the meal.

She has a wealth of porcelain dinner services from which to work out her schemes . . . a Meissen "Flying Tiger" service of the Elector Frederick Augustus II of Saxony, King of Poland; an 18th-century Copenhagen that had belonged to Queen Alexandra; George IV's Lowestoft with Crown and Cipher in *lie-de-vin* red; William IV's Lowestoft with embossed gold oak leaves and the Royal Arms.

Her favorite flower is the orchid. "But not the chorus girl kind." Potted plants of orchids raised in her greenhouse run to brown, yellow, striped green.

The Duchess worked in active conjunction with the Paris firm of Jansen to decorate the house. The dining room is most expressive of her. It is 18th century and deliciously feminine. Faded blue boiseries and panels of chinoiserie wallpaper were originally part of a room in the Château de Chanteloup near Amboise. The château was destroyed during the Revolution and whatever was salvaged of its treasures was scattered. At two ends of the room are miniature musicians' galleries, each with cello and open music stand.

The curtains of coral silk cast a warm glow. Even women with flawless complexions like to be flattered. The gentle light of candles is reinforced by subtle electric lighting from side lamps.

"I adore my house," says the Duchess. "I'm a born housekeeper, always running my fingers around for a bit of dust, pushing things about, checking on new furniture glue, looking for new pieces, mending dog collars. I do it with love. But then, I even adored my first funny little flats."

Her first dinner party took place when she was a twenty-one-year-old navy wife in San Diego. The guests were a young army couple who lived nearby. The hostess decided she now knew Fannie Farmer well enough to get an entire meal ready to come off the stove at the same moment. The menu was typical of a young American bride. Campbell's cream of tomato soup, roast beef and gravy, roast potatoes, ice cream with chocolate sauce. There was one daring addition . . . artichokes with hollandaise sauce.

The hostess calmed her anxieties by drinking her first cocktail while surrounded by the pots. She recalls that the hollandaise sauce had a

Continued on next page

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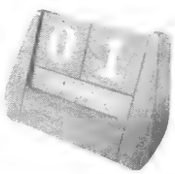

GENERAL ELECTRIC

continued from preceding page

[illegible] her masterful [illegible] to fly [illegible] the walls.

"[illegible]," acknowledged the Duchess. "I followed her to the letter. [illegible] of string I tied it with [illegible]. What[illegible] reputation I may since have acquired as a hostess began with her."

[illegible] Wallis Warfield, then married to Ernest Simpson, gave a dinner for ten at her [illegible] in London. It was the first time she had entertained the Prince of Wales. She had already noted his preference for simple and uncomplicated [illegible]—smoked salmon, game, grilled sole, and [illegible].

The Fourth of July was always the occasion for a celebration among Americans in London. Wallis decided to give the Prince a typical American dinner: black bean soup, grilled lobster, fried chicken Maryland, and for the [illegible]

[illegible] grandfather, Edward VII. [illegible] hostess.

[illegible]

"The Duchess of Windsor summed up the [illegible] the dinner table.

[illegible] ■

"Air conditioning is as good for books as it is for people"

CARE AND REPAIR OF BOOKS *continued from page 39*

[illegible] with a Hunt clip until it is nearly dry. If the covering is intact, think carefully before you cut it open. Unless you are very deft, it may look worse after you fix it.

Loose bindings: If the boards are loose, tie the book up like a package with woven tape. It's a temporary measure before eventual rebinding. But if the book is [illegible] common complaint, you can probably fix it yourself if you are willing to go to some trouble. Besides a [illegible]

Stand the book upright. Move [illegible] glue has oozed (if it has, remove [illegible]). Then lay the book on [illegible] waxed papers in. Check [illegible] sure the spine is not [illegible] the book open to air-dry for awhile, [illegible]

Any book problem more complicated than these should be taken [illegible] professional, who can remove [illegible] the paper, [illegible] torn leaves virtually invisibly—and provide a brand-new binding, or a [illegible]n-fitted box indistinguishable [illegible] a binding along the spine.

A profession that was in the doldrums for awhile, handed on in [illegible] manner from master to apprentice with no school traini[ng] at all available in this count[ry], bookbinding is now on the [illegible] swing, in increasing demand as [illegible] become increasingly aware of [illegible] hardcovered books as things [illegible] beauty in themselves and as i[n]vestments. The Library of Co[ngress] has recently set up its ow[n] training program under Peter W[illegible]ters, a well-known English [con]servator. Book binding is even [illegible] [illegible] popular as a hand[illegible] hobby, a skill to be exercised [for] personal pleasure. "A couple [of] years ago I had to advertise [for] students," says Deborah Eve[illegible] "Now there is a waiting list."

Paradoxically, the 1966 flood [in] Florence, which nearly destroy[ed] the [illegible] Biblioteca Naziona[le] Centrale and twenty[illegible] other[s], helped. Binders and conservato[rs] from all over the world exchange[d] techniques and developed ne[w] ones as they worked together [to] save the flood-damaged books.

The range of bindings no[w] available and the range of pric[es] are enormous. You can get an[y]thing from a sturdy business-li[ke] covering from a firm that speci[al]izes in rebinding library books, f[or] about $10, to a custom-designe[d] entirely handcrafted, authentical[ly] 15th-century binding for, say [a] battered 15th-century illuminate[d] manuscript (painstakingly, unob[trusively] cleaned, mended, d[e]acidified) for upward of $1,00[0]. A fine leather binding for an ol[d] book that needs a fair amount [of] paperwork might commonly ru[n] from $75 to $300 or so. That's e[x]pensive—but the heft of the r[e]bound book in the hand, the sligh[t] resistance as the covers open, th[e] feel of the leather grain, the fai[nt] lingering scent of glue and ol[d] paper, the sheer visual beauty of [it] is very satisfying to those who re[act] sensually to rare, old books.

Sources for supplies

The formulas for treating leathe[r], like all the other preparation[s] mentioned, is available from goo[d] bookbinders' supplies firms like:

Technical Library Service (Talas)
104 Fifth Avenue
New York, N.Y. 10011

Gaylord Bros. Inc.
Library Supplies
155 Gifford St.
Syracuse, N.Y. 13201,
or: 29 Aurora St.
Stockton, Cal. 95201.

"It was a time of great style and great heroes"

[illegible]

Condé Nast Books, Dept. [illegible]
P.O. Box 3308 Grand Central Station, New York, N.Y. 100[illegible]

[illegible]

NAME__________
ADDRESS__________
CITY__________ STATE__________

he good eighbor nd Peter's irthday ake.

ally happened.

g ago, Billy's mother sent him to ery to pick up his brother Peter's y cake.

way home—disaster.

dog managed to get the cake om Billy. End of birthday cake.

ould Billy do?

the sign of the American Red utside the local chapter. So he , because he'd heard Red Cross eople.

they did.

ecame smiles, as he marched ith another birthday cake.

this isn't a typical Red Cross r story. But it proves a point.

oss isn't only involved with nes and blood drives. **Red Cross is town affair. It's what you need it Whoever you are. Wherever you are.**

're always in need of your help.

er it's to help mend a temporarily heart.

blood to a father with leukemia.

the good neighbor.

American Red Cross

advertising contributed for the public good

Shopping information

All prices are approximate. *Consult your interior designer or the decorating department in a store. Postage cost is indicated by ( ).

TABLESETTINGS

Page 99:

"Towne Garden" china: $45 per 5 piece place setting. From The Historic Charleston Collection.

"King Charles" sterling flatware: $92 per 5 piece place setting.

"King Charles" full lead crystal: goblet, $15; champagne/sherbet, $15. China, flatware, and crystal by Gorham.

"Meadow Song" cotton chintz: 50" wide, 30" repeat. By Strohem & Bro-mann.

"Hot Pink" napkins: 6½" Belgian linen, 35% polyester, 16½" sq. $19.75 a dozen. By Peacock. At Lord & Taylor.

Sterling salt and pepper: $125 the pair. At S. Wyler, Inc.

"Springtime" Dacron curtains: 1 panel measures 60" x 81" long. $8 each. By Croscill. Curtains shown on 20 table-setting pieces.

Page 102:

"Blue Canton" china: Imported from Portugal. Dinner plate, $8; bread/butter, $11; 10½" plate, $15; large jug, $60; small jug, $27; soup tureen, $250 with [illegible] platter. By Mottahedeh.

"Sheila" crystal: goblet, $15.50; decanter, $40.00. By Waterford.

"Williamsburg" Shell Pattern sterling flatware: $115.00 per [illegible] place setting. By Stieff.

"Firmen" cotton fabric: 48" wide, 25½" repeat; color shown, $ [illegible] $15 a yd. At Robert Allen Fabrics.

"Yellow" napkins: [illegible] linen, 35% polyester, $14.00. Collins. By Peacock. At Lord & Taylor.

Natural cane chair: 40" wide, 19" wide at the back, 27" wide at the seat. $85. At Altman's.

Page 103:

"Capucines" china: [illegible] pattern, 12 [illegible] $85 per set. From the Contessa Collection. By Gien. At Hammacher Schlemmer.

"William and Mary" sterling flatware: $120 per [illegible] place setting. By Lunt Silversmiths.

"Argus" goblet and wine glasses: $6.50 each. [illegible] By Fostoria.

"Glamour Blue" butter plate: $5.50 each. By Fostoria.

"Tulip Stripe" Belgian linen and cotton fabric: 52" wide, 30" repeat.

"Muscari" cotton and linen fabric: 52" wide, 11½" repeat. Both designed by Mongrdi for Lanvin. [illegible]

Chippendale armchairs: [illegible] x 37" high. $295 each. At Altman's.

Page 104:

"Wild Strawberry" bone china: $40 per 4 piece place setting. By Worcester.

"Cavalier" goblets: [illegible] oz., imported from France by J. G. Durand. $5 per set of 6.

"Calvert" sterling flatware: [illegible] with sterling napkin rings. By Kirk.

"Guernsey" silver-plate jug: [illegible] diam. x 8" high. $38. toast rack, $30; silverplate egg cups, $15 a pair. At S. Wyler, Inc.

"Floral Studies" cotton chintz: 50" wide, 23½" repeat, shown in rose and laurel. $10 to a yd. By Greeff.

"Parrot Green" napkins: 65% Belgian linen, 35% polyester. $1.50 each. By Lallaun & Colon. At Lord & Taylor.

"Shocking Pink" percale sheet: 90" x 118", $23.50; pillowcases, 21" x 30", $13.00. 100% cotton. At Pratesi.

White wicker bed tray: 29" long with removable glass-topped tray. $45 ($48.50). By Scully & Scully.

Crystal salt and pepper shakers: $80 the pair. At Hubert des Forges.

Page 105:

"Marquesa" china: $30 per 5 piece place setting.

"Blue Shadow" crystal wine glass: $2.25. China and glasses by Lenox.

"Tree of Life" sterling flatware: $101 per 5 piece place setting. By Reed & Barton.

"Dutch Java" cotton fabric: 48" wide, 14" repeat. From China Seas.

Napkins: linen and polyester, $1.50 each. Lenox by Vera, Inc. At Lord & Taylor.

Antique teak chairs: 18½" x 15" deep x 36" high. $1200 the pair. At Donal Barrett, Inc.

Delft animals: giraffe, hippo, sheep, camel and dog. $60 each. From Rhein and Hahn.

Stainless salt and pepper: 2" high. Set 2½" high. $3. At Pampered Kitchen.

Sterling hot beverage jug: 4¾" [illegible] x 5½" high. $170. sterling [illegible] and spoon, $110. Shown as part of 5 piece set. At S. Wyler, Inc.

Page 106:

"Bianco" porcelain: $19 per 5 piece place setting. By Richard Ginori. At Gump's, Union Square.

"California" glassware: pitcher, 10" high x 6" diam. $27.50 for pitcher with 6 glasses. Imported from Italy by Casale Stupell.

"Mandarin" sterling flatware: By Towle.

Pastel striped fabric: "Festival Stripe" [illegible] 54" wide, treated with Zepel. Table covering: purple and orange; chair seats, screen, and wall covering: pink and aqua; napkins: green and chartreuse. By Bonnesdown & Fils.

Wicker chairs: [illegible] wide, $120 each; and 41" wide, 16" high, $160. Both [illegible] imported from France. At Lord & Taylor Boutique.

White seam vase: 15" x 10", $75; [illegible] $75. both from Rosenthal Netter.

Page 107:

"Haddon Hall" bone china: $45 per 5 piece place setting. By Minton.

"1810" sterling flatware: $94 per place setting. By International.

(continued on page 240)

Try something nutty after dinner.

Patrician Amaretto is the delightful almond liqueur that brings a unique enchantment to your evening. Enjoy it with espresso, coffee or dessert. Or as your dessert. Patrician Amaretto, brought to you from Italy by Mediterranean Importing Co., Inc., New York, without shells. 48 proof

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N Knit, HG54,
Box 709, Framingham, MA 01701.

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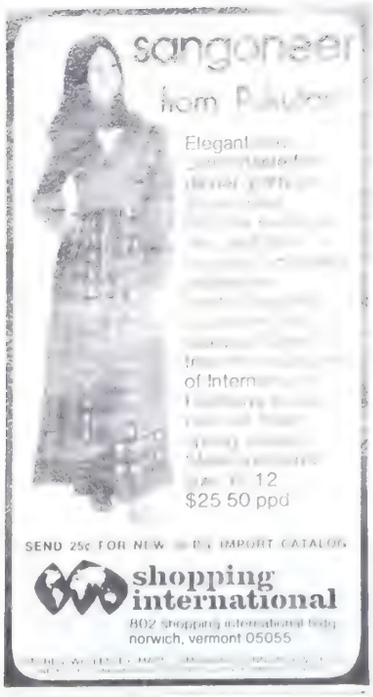

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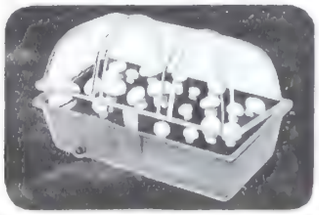

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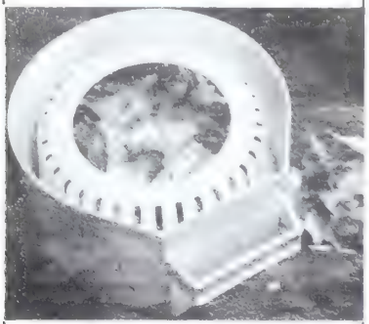

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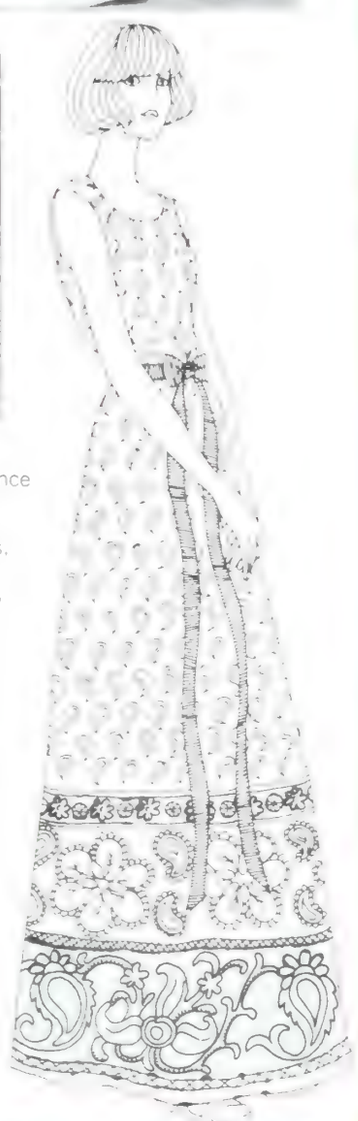

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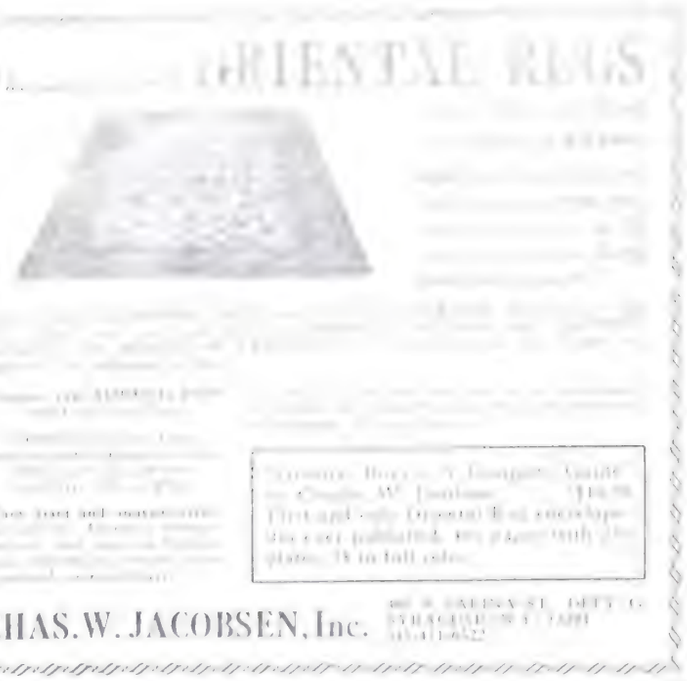
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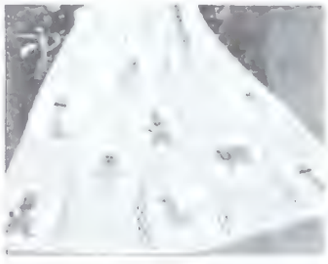

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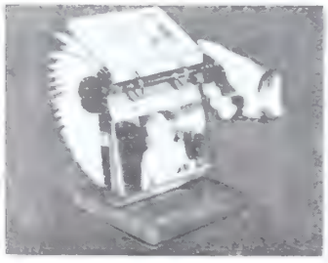

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★ How to get health insurance for the elderly members of your family.

★ What the new Social Security laws just passed mean to you in cash benefits

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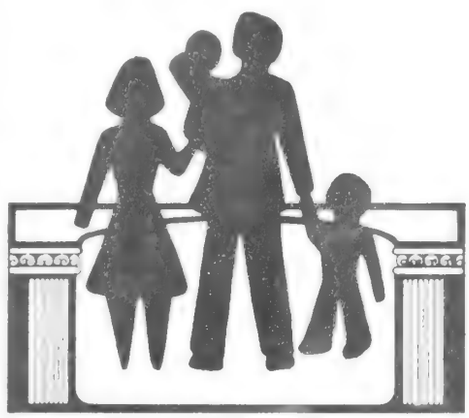

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Sales representatives wanted

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EMBROIDERED BEAUTY

Shirt dress from India, red embroidery on cuffs, collar, yoke and button placket. "Jethro-Mini" blue cotton with draw string waist. Sizes: 3-4; 5-6; 7-8; 9-10; 11-12; 13-14; 15-16. $27.60 ppd. Free catalogue, Tantra Imports, Inc., HG5, 335 Westminster St., Providence, RI 02901.

WILLOW THE WALL

For plant arrangements, hand-woven willow baskets with metal liners. In three sizes: 10" by 7" by 6½"; 9" by 6½" by 6"; 8" by 6" by 5½". Hang on terrace wall, $9.95 for set of three. Add $1 post. Catalogue 25c. Fran's Basket House, HG5, Rte. 10, Succasunna, NJ 07876.

PARQUET PERFECT

Oak parquet top with rolled edges set on a turned wood pedestal. Parquet inlaid by hand. 48" x 30", $235; 48" x 36", $259; 60" x 36", $335; 72" x [illegible] $372. Exp. coll. 52-page catalogue, 50c. J & D Brauner, [illegible] HG5, 1331 So. Michigan Ave., Chicago, IL 60605.

MAGIC TOUCH

One stroke of "Almond Stick" and superficial scratches disappear from pianos, furniture, woodwork. For mahogany, walnut, oak and other finishes. Used by professionals. $1.98 plus 25c post each. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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Hand-painted and lacquered basket holds gourmet assortment including chips for dips; martini mushrooms; tuna in cocktail sauce; three 4-oz. cans of mushrooms; hand-crafted mushroom candle. $8.95 plus $1 post. Mister Magik, HG55, 1 Gregg Ave., Wilmington, DE 19807.

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Have casual comfort all the way in cushion-lined Jean flats. Top elastic binding keeps snug hold. Blue or yellow denim; white plug, white cushioned rubber soles and heel. 5A, 4A 6-12; 3A, 2A, A, B 9½-12. $20 plus $1.25 post. Mooney & Gilbert, HG5, 31 W. 57th St., New York, NY 10019.

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Bavarian China plate personalized with violets, the names of each grandchild, and the word "grandmother" in gold script will be as cherished as the tots are in person. 7½" dia. Plate, $6.98; each name, $1.50. Add $1 post. Holiday Gifts, 305-G, 7905 W. 44 Ave., Wheat Ridge, CO 80033.

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"Lisa" polyester/cotton curtains, no ironing! 100" w. per pair. 54" l., $23; 63", $25; 84", $27. Swags, 68" w., 38" l., $12 pair; tiers, 68" w., 30" or 36" l., $8 pair. Valance, 54" x 10", $5. Add $1.25 post. Free brochure. Old Colony Curtains, G45LE, Box 759, Westfield, NJ 07090.

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Made to order for the grandparents. Belgian linen stamped for cross-stitching, bright colors 8½" x 16" in wood frame. Mahogany or maple finish. Grandfather or Grandmother kit, complete, each, $3.75, 50c post. Order from Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010

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Drip-dry dacron and cotton. White blouse by Tanner has scalloped collar piped in green, navy, bluebell, hot pink or red. 8-18. Sleeveless $11; short-sleeved $12. Monogram (underline last initial) $3. Add $1.25 post. Free catalogue. The Talbots, Dept. ZA, Hingham, MA 02043.

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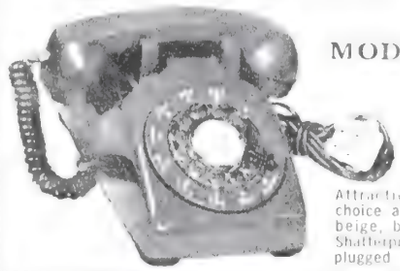

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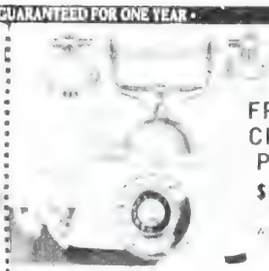

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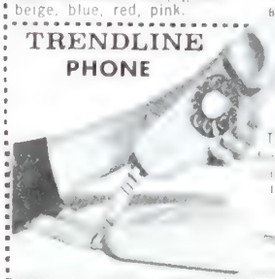

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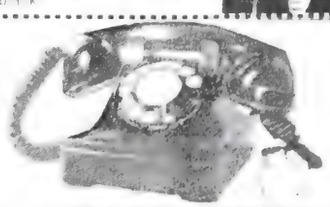

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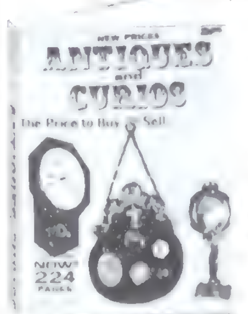

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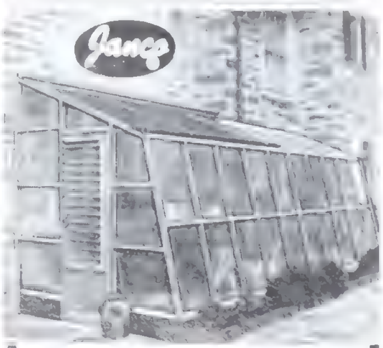

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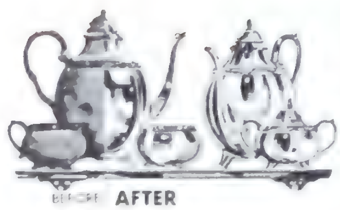

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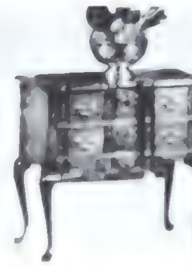
For a limited time only silver plating at sale prices. 100% guaranteed; dents are removed at no extra charge. It is a perfect time to have heirlooms fixed and quadruple silver plated. Free price list. The Senti-Metal Co., Silverplating Div., HG5, 1919 Memory Lane, Columbus, OH 43209.



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Two-drawer, block-front chest for Georgian surroundings. Solid cherry in rich fruitwood finish. Brass pulls and escutcheons; carved scallop shell in unusual shaped apron. 30" by 18" by 30" h. $186 exp. coll. Catalogue, $1. Ephraim Marsh, Dept. 194, Box 266, Concord, NC 28025.

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Homespun, self-fringed, reversible, washable. Gold, red, blue, olive, brown or sand. 52" sq., $8.95; 52" by 72", $11.95; 62" by 90", $14.95; 62" by 108", $16.95; 72" round, $17.95; placemats, $2.95 pr.; napkins, $2.50 pr. Ppd. Jenifer House, HG5, Gt. Barrington, MA 01230.

ITALIAN BEAUTY

Graceful leather open-toed sandal made in Italy by those splendid leather craftsmen has a 2" heel and ¼" platform. Sizes 10 to 13; narrow or medium. Choose white or chestnut brown. $22.25 ppd. Free catalogue. Shoecraft, Inc., HG5, 603 5th Ave., New York, NY 10017.

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Sleep is king night or day that you don the mask: shuts out any flicker or slice of light that could disturb the psyche, the body's rest. Flexible foil and elastic band's so constructed that it fits any cranium. $1.98 plus 20c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

COLORFUL TABLEWARE

The homemaker's delight and the dishwasher's dream is stainless steel flatware. Bone-like handles of cobalt blue, lemon yellow, plastic to set a pretty table. Five-piece place setting, $3.95; four settings, $14.95. Add 75c post. Elizabeth McCaffrey, HG5, Northport, NY 11768.

SHOPPING AROUND

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A perfect present that's certain to please on Mother's Day or any special gift occasion during the year. Lovely plaque of laminated parchment is hand-lacquered, and sealed to give it permanence. 6″ x 8″ size. $2.50 + 50c postage. Novelty Mart, HG5, P.O. Box 233, Bethpage, NY 11714.

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All done by hand, a stunning deeply tooled Moroccan leather handbag with leather fastener in natural beige. Titoine handbag in two sizes: 12½″ x 8″ x 4″, $11.95; 13⅜″ x 8¼″ x 4½″, $14.95. Ppd. Shopping International, Inc., 803 Shopping Int. Bldg., Norwich, VT 05055.

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Charming milk-can design makes a most unusual sugar and creamer. The set has the natural look of crystal and cork, will serve you from breakfast to after-dinner coffee. Creamer, 4¾″ by 4″; sugar, 5″ by 4″. $10 plus $1.45 post. The Dungeon, HG5, Box 4139, Silver Springs, MD 20904.

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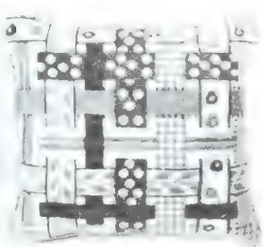

TYROLEAN PAIR

China-like faces, sleeping eyes, jointed, authentic costumes, 8″. By Mme. Alexander, from lovely international collector dolls. Girl #0798 or Boy #0799, each $9.95 ppd. Miniatures catalogue $1; 40 pg. General 50c. The Enchanted Doll House, HG044E., Manchester Center, VT 05255.

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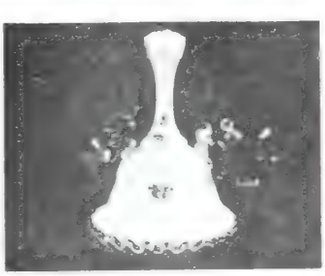
Purple violets, hand painted and signed by the artist, adorn a snow white table bell with an embossed Spanish lace design. Crimped base is clear crystal as the finishing touch of elegance. Lovely engagement or shower present. $10 ppd. Downs & Co., Dept. 1405, Evanston, IL 60204.



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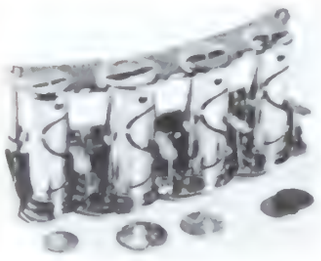

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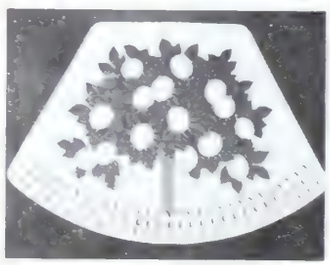

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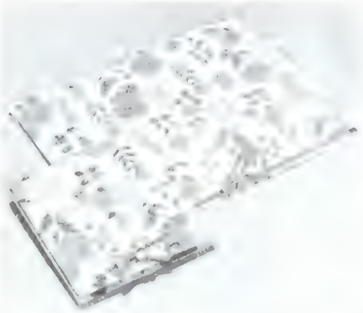

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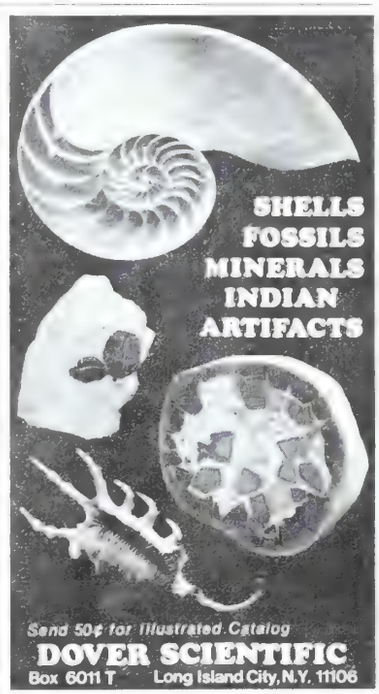
ELIZABETH McCAFFREY

Dept. HG-5PP Northport, New York 11768



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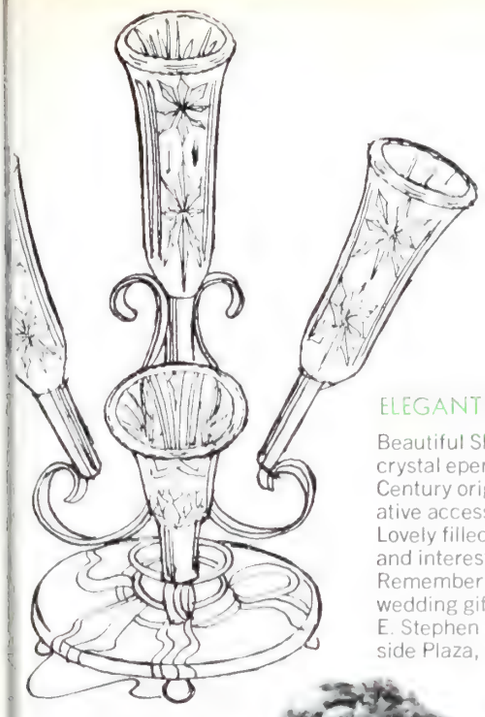

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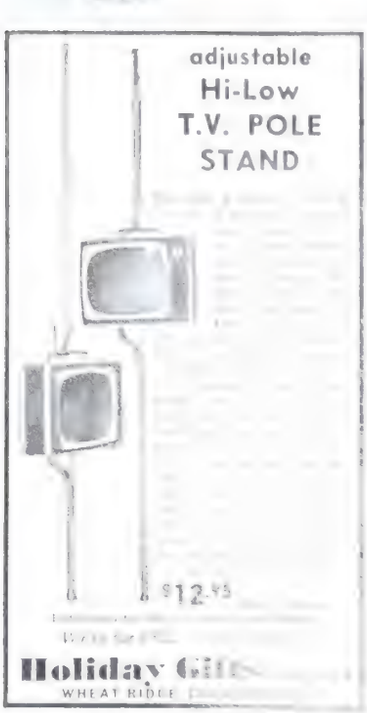

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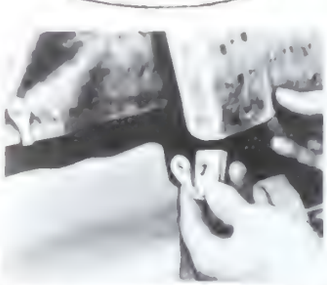

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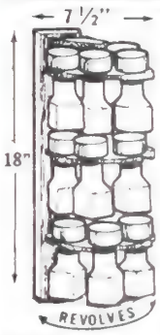

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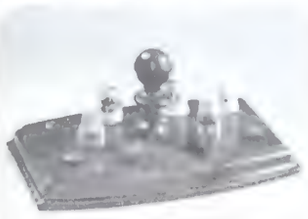

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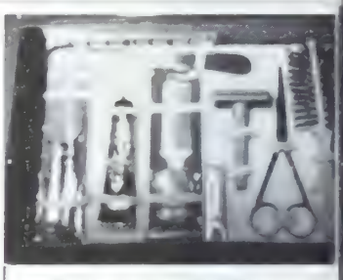

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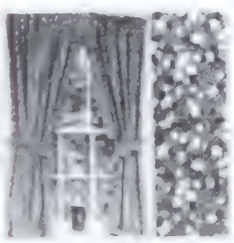

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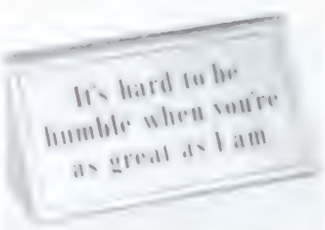

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[illegible]lored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty here, or is it ego-assuaging? 4" by 4" on stained wooden stand. $1.98 plus 25c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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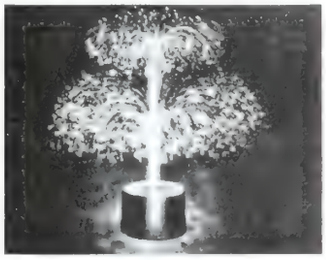
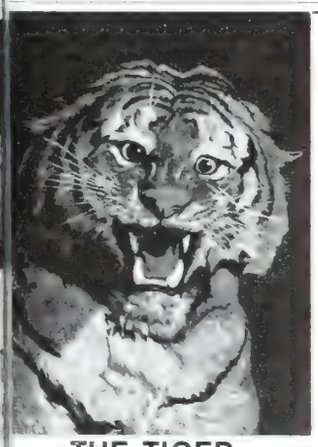
RAINBOW LAMP



Add a romantic mood to your home. Tiers of light-conducting fibers create a stunning effect in red, gold, green; glows when off: Plastic, 14½″ h. x 15″ w. Operates on two "C" batteries (not included). $5.98 + 75c post. Greenland Studios, 5705 Greenland Bldg., Miami, FL 33059.



THE TIGER

…is his year! And you can have this big …ow in your own jungle. If you don't have …ungle, create one with a little greenery, … some wicker.
… him in this setting and let him astound …r friends as his eyes follow each one …ividually, no matter where they view him …n.
…s 18″ x 24″ color print is from an orig…l oil painting, and is only $5.00 ppd.
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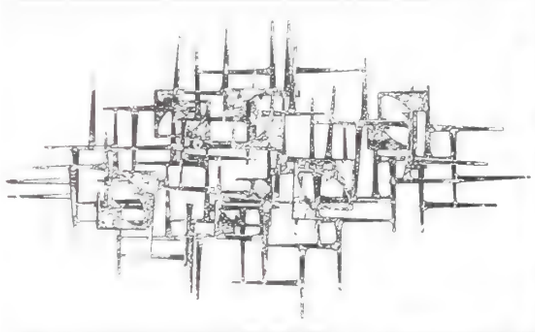

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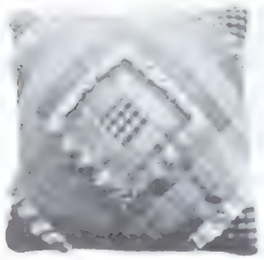
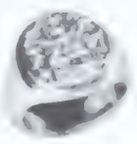


PATCHWORK PLUS

Eyelet and pastel grosgrain ribbon, gingham, add the finishing touches to a 13" by 13" pillow that is sure to brighten a bedroom scene. Blue, pink, yellow, green combine to fashion a rainbow of color. $20 each; $38 a pair, ppd. Patch Matchers, HG5, Box 7040, Lexington, KY 40502.



CREST RING

Handsome ring to be engraved with the family crest is a proud possession to wear and hand down through the family. Send copy of crest if available. Sterling silver, $39; 14K solid gold, $130. ppd. Free catalogue. Heraldica Imports, Inc., G5, 21 W. 46th St., NY 10036.

EYESIGHT SAVER

For sewers who find the eyes of needles growing smaller. Needle threader consists of a plastic funnel into which the needle is [illegible], spindle to transfer thread to needle, blade to cut thread. $1 plus 15c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

[illegible] DOES IT!

Powered recliner with elevating [illegible] operates by push buttons. Adjusts to angle most comfortable for [illegible] sitter; another switch raises sitter to his feet. Padded [illegible] raises automatically as [illegible] recines. Free brochure. [illegible] Enterprises, HG5, Box 1064, Mission, KS 66202.

[illegible] TALGIC ACCENTS

Little stitch samplers are quickly [illegible]. Kit with oyster Belgian linen, 4" by 5", cross-stitch stamping, bright-color floss. Six patterns, $1.50 each. Mahogany, walnut, golden frame, $1.50 [illegible] plus 50c post. Victoria Gifts, HG5, 12H Water St., Bryn Mawr, PA 19010.

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Our monogrammed overnight pocketbook of calf-like vinyl. 13" x 11" with outside pocket and two zippered inside pockets.

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Underline last initial. $27.50 ppd.

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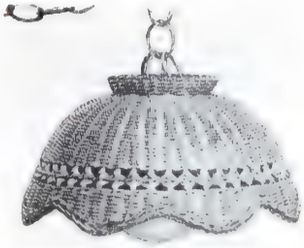

BUCKETS OF CENTS

An Indian head penny or Lincoln's head is molded into the top of what looks like a stack and is a gallon ice bucket. Rigid polyurethane with antique glaze. 15" dia., 15" h. $12 ppd. Design also available in glass-top table and plaques. The Counterfeiters, HG5, 261 E. 161 St., NY 10451.

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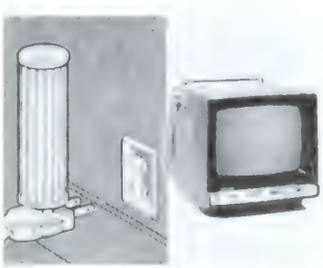

GUIDE TO HAPPINESS

The couple that puts up a parchment plaque of Rules for a Happy Marriage in their home is one step ahead in the game. 6" by 9" and lacquered for permanence. Hang it high and heed its advice. $2.50 plus 50c post. Novelty Mart, HG5, Box 233 G M, Bethpage, NY 11714.

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Recreated in Delightful Miniature

ONLY $3.98

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An exquisite replica of grandma's beloved black cast iron stove . . . a long-forgotten friend. Recreated in perfect 4⅛ x 3¼ x 3½" miniature, and meticulously crafted with loving attention to realistic detail. The oven door swings open . . . the damper lid lifts off . . . and one can almost scent the tantalizing aroma of hot apple pie, or perhaps a Christmas plum pudding. A collector's item extraordinaire! Not a toy, although the little ones would surely love it.

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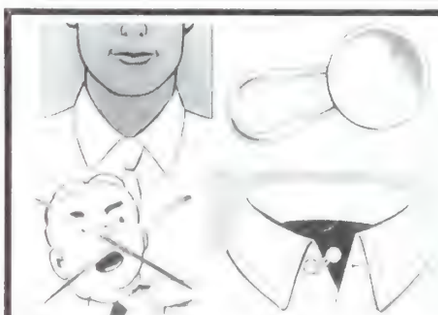

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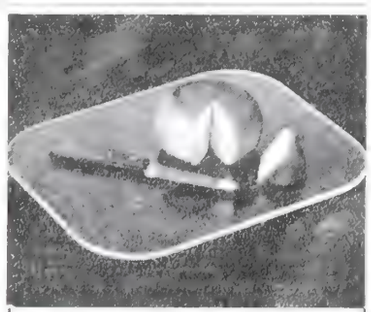

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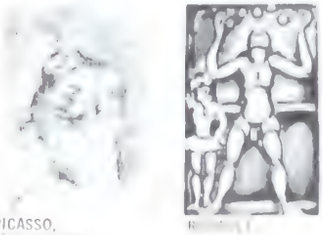

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Trio of playful Siamese cats is fun to needlepoint in natural colors on pale blue background. Made in Denmark, kit includes design on white double mesh canvas, tapestry yarn, needle. 12" by 12". $10.95 plus 75c post. The Stitchery, HG5, Wellesley Hills, MA 02181.

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Breezy, all-purpose thongs for sand or shipside. Nautical rope trim, denim-topped inner soles, strap buckle, non-slip soles. Women's whole sizes 4-10 medium. $9.95 plus 75c post. Catalogue, 25c. Ship's Wheel, Inc., HG55, Nottingham Sq. Rd., Epping, NH 03042.

SPLATTER CATCHER

Cooks love the efficient work of a pure aluminum spatter shield that protects against flying frying spots, mixing bowl batter. Three hinged panels, 9" h., fold flat for storage. $2.98 plus 45c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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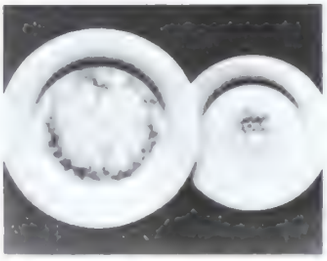
Keys feel better and more important when you handle this monogrammed key ring of sterling silver. It holds keys securely and looks very attractive. Ring is 1½" in diameter, the monogram ¾" by 1". Print initials. $15 ppd. Bruce Bolind, HG5, Boulder, CO 80302.



WEDDING MEMENTOS

Bridal plate by Noritake in ivory china serves the first piece of wedding cake to the couple; plate with "Keep Forever" seal on the back records the day's data. 10" plate, $10; the 8" plate for bridesmaid to keep, $5. plus $1 post. Trein's, HG5, 201 W. First, Dixon, IL 61021.

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Congers Color Labs
Dept. HG-54, Congers, N.Y. 10920

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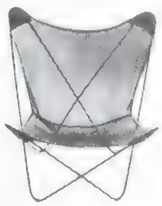
The famous butterfly chair covers in "Tuff Stuff" canvas or nylon. Canvas, 18 oz.: black, white, lemon, tangerine, marigold, royal, olive, blue, green; $14.95. Nylon: yellow, orange, wheat, royal, green; $16.95. Add $1.50 post. Patio, HG5, 550 Powell, San Francisco, CA 94108.



RIGHT AT HOME

For casual entertaining or just relaxing, wear a loose lounger of nubby textured nylon. Widely, a bit wildly, striped in black and white; black trim at cuffs, neck, button-front. S,M,L,XL. $39.95 + 50c post. Catalogue 50c. Ah Men, HG5, 8900 Santa Monica Blvd., Los Angeles, CA 90069.

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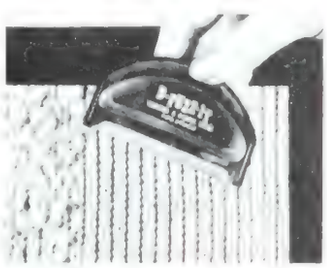

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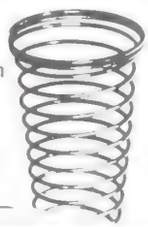

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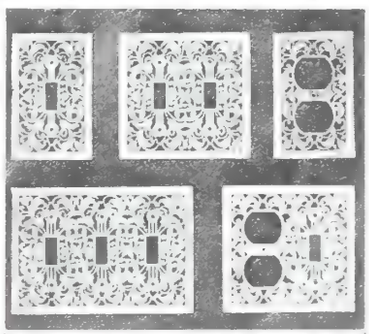

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new @
12 colors

100%

Washable, never iron. **Brown, White, Navy, Beige, Black, Forest Green, Purple, Wine, Grey, Yellow, Pink, Lt. Blue.**

Sizes 6-20 & 36-44

$16
Plus 75¢ postage

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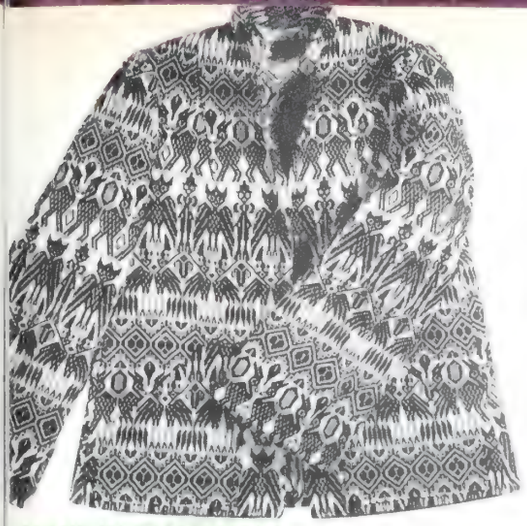
500-H5E, Country Club Rd.
Tucson, Arizona 85716

JADE BEAUTIES

Buddha with happy "good luck" smile set in 14k gold, back has gold Chinese symbols. 1¼" long, with 14K gold filled chain or choker. Lovely worn on charm bracelet. Charming 1½" long oval pendant carved with oriental design, 18" 14k gold filled chain. Both highly polished jade Buddha, $19.95. Pendant, $14.95. Ppd. Catalogue 25c. Country Corner, HG5, Box 824, Mesa, AZ 85201.

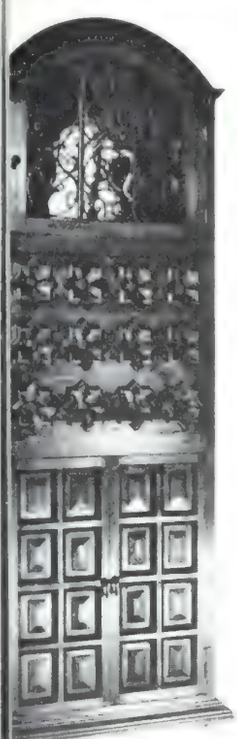


MADE IN GUATEMALA

Heavy textured cotton created on primitive looms, hand-woven with authentic Old Indian designs is used in a stunning, versatile jacket. Perfect to slip over long, short dresses, skirts, pants outfits. Color choice: turquoise, pomegrante or black on white. Sizes: 10 to 20. $19.90 plus 80c post. Old Pueblo Traders, 600-H5J-So. Country Club Rd., Tuscon, AZ 85716.

RANCHEROS

Cool, comfortable in sandals of fine cowhide leather, including soles. ½" heels. Durable Mexican favorites. Beige, brown interwoven strips. Sizes for adults and children. Outline stockinged foot. $9.95, ppd. The Old Mexico Shop, HG5, Patio 2, Santa Fe, NM 87501.



"Sacrofago de Estrellas" is beautifully designed with star-shaped panels. Lends itself as room focal point plus storage. In fine wood with three drawers, doors, or for bar use, hinged center section, wine rack in bottom. 72" high, 24" wide, 15" deep. $325 exp. col. Mexican Furniture catalogue, $1, refundable with purchase. Fiesta de Mexico, HG5, 4248 N. Craftsman Court, Scottsdale, AZ 85251

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ifty blue denim dress, leeveless, doubles as a umper. A-line, seven gore kirt, snap-front, two large ockets. Sizes 10-20. 18 plus 80 post. Dan iver blouse, blue, hite check. Sizes: 6-0. $10 plus 40c ost. Both wash 'n' ear, polyester and otton. Western lassics, 600-H5D, o. Country Club, ucson, AZ 85716.

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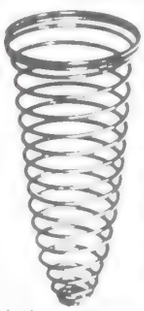

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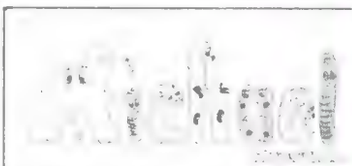

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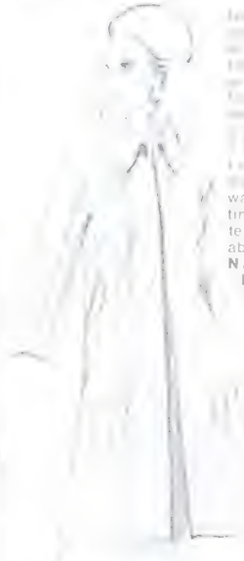

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INDIAN MADE

"Little One" necklace with four blossoms and beads of sterling silver has a turquoise-studded pendant, $90 ppd. Earrings have center turquoise and tiny shell Hesche beads strung on silver loops. Screw or pierced, $18 ppd. Free catalogue, Desert House, HG74, 3514 E. Grant Rd., Tucson, AZ 85716.

CALIFORNIA CAFTAN

...Valley ... Algiers in California ... weight cotton ... and small pleated bib in ... Hand-grown design ... Dry cleaning. $18 ... $1.50 each. Part of ... Dec. 1966 issue. ...

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It's the classic Acapulco wedding blouse with exquisite embroidery featuring fiesta colors. Made in white, easy-care dacron to wear in or out. Sizes 30 to 42. $20 plus 75c post. Western Classics, 600-H5E, So. Country Club Rd., Tucson, AZ 85716.

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SHOPPING AROUND

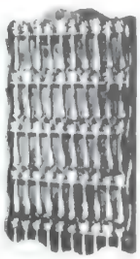
TRIPLE HEART BEAT

A unique 14 kt gold ring sports three plump little hearts for gals who wear their hearts on their fingers rather than their sleeves. A really '74 notion. Order by standard ring size. $25 plus $1 post. Send $1 for catalogue. Fortunoff's, HG5, Box 132 AX, Westbury, NY 11590.

WARMING TREND

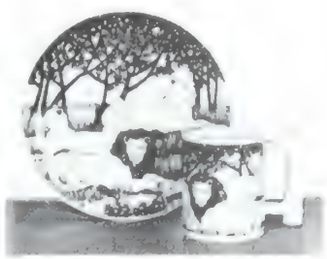
Keep your gourmet casseroles and hors d'oeuvres deliciously hot with an electric tray. Automatic controls avoid any overcooking. Elegantly decorated steel with walnut-finish handles. 25" x 7". $5.95 + 90c post. World Gift Shop, HG5, 606 E. State St., Westport, CT 06880.

COLLECTOR'S RACK



Collectors of coin silver, commemoratives and demitasse spoons find a rack is the way to display them. Pine in honey or antique finish. 30 spoon size, $16.50; kit, unfinished, $12.95; 50 spoon, $21.95; kit, unfinished, $14.95. Ppd. Yield House, G45, No. Conway, NH 03860.

ANIMAL FARE



Giraffe, lion, tiger, zebra—two by two to decorate your buffet as plates and mugs. Deep brown and white ceramic, plates are 8½" dia., mugs with bamboo design handles. Four mugs, $8.95; four plates, $8.95. Add $1.55 post. each set. Elizabeth McCaffrey, HG5, Northport, NY 11768.

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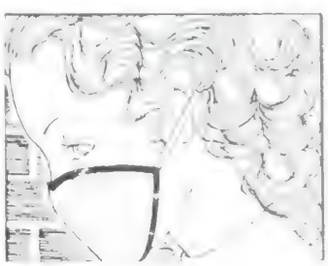
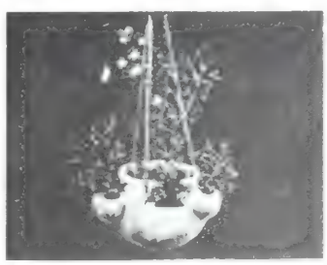


Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all. Washable and reusable. $1.59 each plus 15c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

SWEET 'N SPICY



Unique herb garden comes in a terra cotta strawberry pot whose round "pockets" each hold a different herb: savory, basil, thyme, dill, parsley. Kit includes seeds, soil, pot, chain, instr. 6" across. $4.98 plus 85c post. Greenland Studios, 5707 Greenland Bldg., Miami, FL 33054.

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hite pine, redwood finish. Glass partitions to view feed vel. Eye screw for easy mounting. Pour feed through ft out chimney, and it seeps out automatically on to ay. single-18"L 12"H 9½D-$10.50, double-36"L 12" H ½"D-$ 21.00. Exp. chg. collect. BREGENZER BROS. ndbergh Rd. Ringoes, N.J. 08551

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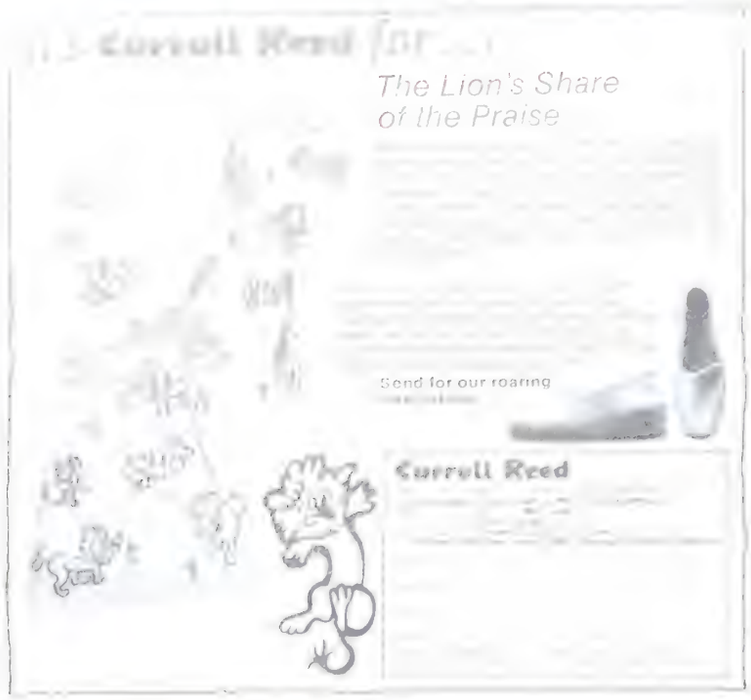

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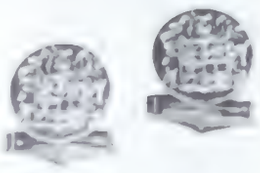

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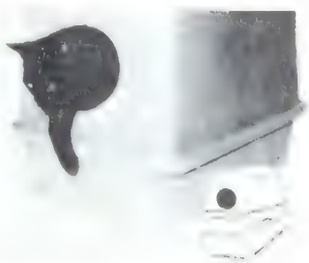
FELINE HYGIENE



Cats are known for their fastidious way. This litter pan confines odors, hides wastes and stops litter spills. Molded plastic, 16″ w., 22″ l., 18″ h. in red, blue, green, yellow or white. Top removes. $14.95 plus $1 post. Haugen Products, HG5, 709 W. Huron, Ann Arbor, MI 48103.

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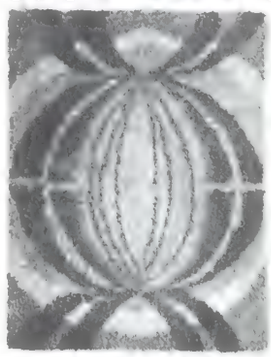

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Slim line TV pole holds any portable up to 17" h., 14" deep and adjusts to 8'6" ceiling height. Easy to adjust high or low for best viewing. On, off switch control. $19.95; two for $37.95 Ppd. Michael Allen Gifts, HG5, 6542 Bradford St., Philadelphia, PA 19149.

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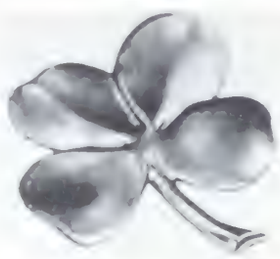
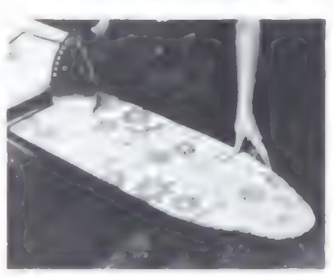
Open toed sling back on crepe soles has 1½" heel great for vacation and travel. Insole is fully cushioned and sling is adjustable. Black, white, red or camel urethane. 4 thru 12; N, M, W. $11.95; add $1 over size 10. Post., 75c. Sofwear Shoes, HG5, 1711 Main, Houston, TX 77002

LEAVES OF LUCK



Four leaf clover with inscription, "One leaf is for hope, one is for faith, and one is for love, you know, and God put another in for luck." 4¾" in 24 K gold plate, a fine paperweight. $6.75 plus 80c post. Sleepy Hollow Gifts, HG5, 6651 Arlington Blvd., Falls Church, VA 22042.

PRESSING MATTER



Portable ironing board with bracket attaches to a drawer, cuts out that old struggle opening an awkward standard ironing board. With fire-retardant cover and no inconvenient legs, it's 11½" x 33". $7.95 plus $1.25 post. Harriet Carter, HG12545, Plymouth Meeting, PA 19462.

BOSOM BUDDY

Stash your cash just like grandma, in this dandy money cache. Snap it to your straps and relax. Plastic lining and fold-over flap keep contents safe and dry. Order # 141 $1.98 plus 20c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

SHOPPING AROUND

NUMBER, PLEASE

Tribute to Ma Bell is a charmer for the lady, young or not-so-young, who enjoys a good chat. A gift for the secretary, social planner, or business woman ⅜" h. by ½" w; 14k gold, $18; sterling silver, $4 Ppd. Catalogue, 25c. Charm & Treasure, HG5, 72 Bowery, NY 10013.

KITTY A-GO-GO

Your kitty goes proper with a washable, waterproof, red and white house of heavy cardboard, which fits over any litter tray. House confines odors, hides litter. 22" by 17" by 14½". $4.50 plus 75c post. House of Minnel, Dept. 554E, Deerpath Rd., Batavia, IL 60510.

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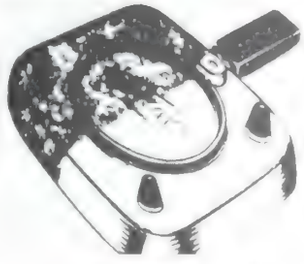
Changeable as the seasons, they show off a cluster of geraniums, a felt parrot, or Christmas greens. Natural wicker: #F4707-6X 19" by 5½", 25" by 7", and 28" by 10". Set of three $19.95 plus $2 post. The Helen Gallagher Collection, Dept. F525, Peoria, IL 61601.

POT PRETTIER

Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotisserie and grills. 7 oz. can with brush. Dissolves carbonized grease, encrusted build-up. Does not darken or pit. $2.29 plus 50c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



OUT OF GAS?

For lawn mowers, camping stoves, lanterns and motorcycles that need fuel, a syphon pump that works with two and five gallon cans or aquarium tanks. Acid-resistant polyethylene. $3.95 plus 50c post. West-Berg Enterprises, HG5, Box 4749, Colorado Springs, CO 80930.

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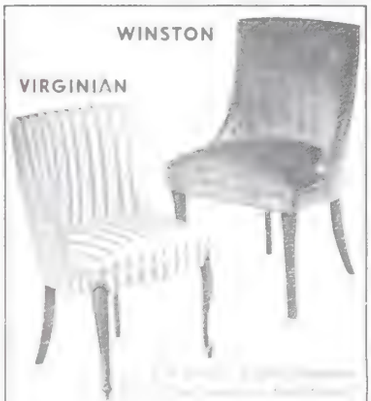

Both chairs are approximately 36" high and 22" wide and made of solid selected hardwood. Upholstered in stripes, solids, prints; cut, antique, crushed and plain velvets; etc. Specify type fabric and colors desired. $63.00 each, as shown. In your fabric, $52.00 ... chair you want. Express charges collect; no C.O.D. Send $1.00 for furniture catalogue and fabric samples. Satisfaction guaranteed.

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$7.95 (65¢ postage/handling each) ... for Chair Frames ... matte black or natural birch, $22. ($2.50 postage.) *Add cover set of your choice (above) and cost for complete chair.*

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...mfortable, you'll forget you're ... you. Made of supple glove leather with heavenly foam-cushioned insoles and ... back straps assure perfect, self-adjusting ... perfect for any casual attire . . . from shorts to ankle-length skirts. In Black, White or Beige. $11.95. Sizes: 4 through ... half sizes over 10. $1.00 extra per pair for sizes over 10. Add 75¢ postage for ... lighted. Free catalog. SOFWEAR SHOES, Dept. H, 1711 Main, Houston, Texas 77002

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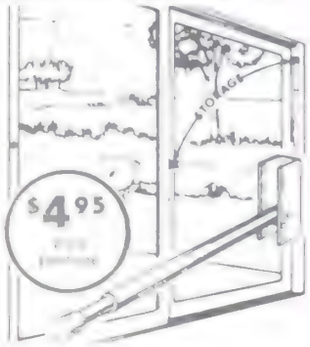

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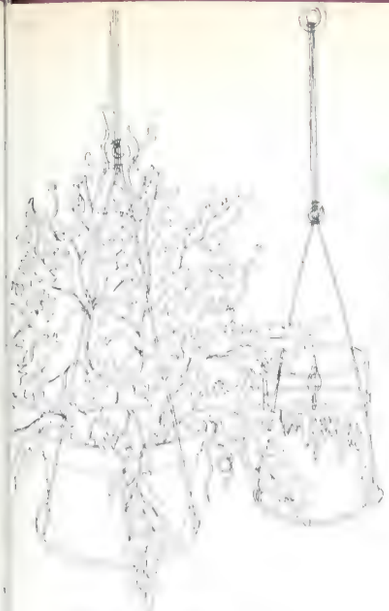
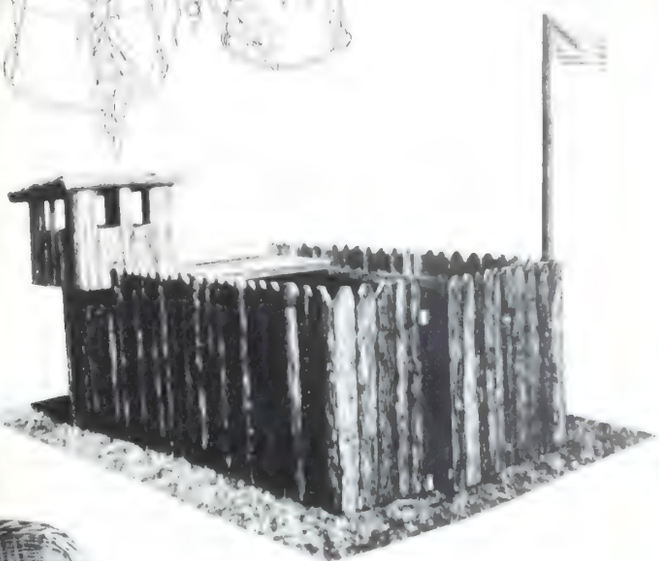
... ADVICE

Lawn chair reminds you to relax. Natural duck canvas, mildew resistant, on oak frame that folds easily. Seat 52" l. by 23½" w., $29.95 ppd. Elizabeth McCaffrey, HG5, Northport, NY 11768.



Plant hangers for outdoors or inside. Sturdy plastic base on almost invisible cord holds up to 25 lbs. 24" $1.25, two $1.98; 36" $1.50, two $2.49; 48" $1.75, two $2.98. Add 35c post. Cadlyn's, HG5, 2077 New York Ave., Huntington Sta., NY 11746.



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Sturdy fort of all-weather cedar has block house, firing platform, ladder, and swinging gate. Assembles in minutes, 5' by 6' by 5', lasts for years. $48.95 exp. coll. Cedar Products, HG5, Box 84, No. Baldwin, NY 11510.

Elegant high-back Martinos chair offers good looks and comfort indoors or out. Sturdy natural willow, hand-woven, 44" h. x 27" w. seat 15" h. $34.95. Durable tufted foam rubber cushion is covered in gold, tangerine, avocado, or black corduroy, $6.95. Exp. coll. Catalogue 25c. Fran's Basket House, HG5, Rte. 10, Succasunna, NJ 07876.

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Relax in blissful comfort. The soft strength of a good rope hammock that's guaranteed to last. Made of polypropylene, it never rots, ravels, or discolors. It's guaranteed to last, large (50" x 84") $41; medium (54" x 82") $37; small (48" x 82") $31. Ppd. Twin Oaks Hammocks, HG-7, Louisa, VA 23093.

PATIO PRETTIES

The Terra Cotta Basket. Imported basket weave terra cotta planter in natural cafe au lait colored clay. Moveable wrought iron handle. Perfect for patio plants or indoor varieties. Glazed inside so it's also great for party snacks and appetizers, or a fresh cut flower centerpiece. Available in two sizes. Small 4" square (as pictured) $6.50. Large 7" square $11.50. Special Price for both $15.

The Classic Cachepot. Stately, simple in line and form makes any plant look important. Chic white exterior with classic fluted separate saucer are sheathed in crystal clear glaze inside and out. Natural for terra. 7" overall height. 7" diameter. $15.00.

The Real Frog. A real conversation piece character toad him up with leafy blooms and he's a real pet indoors or out. Glossy glazed white outside and inside with jet black glazed detailing. Available in two sizes. Small 7" x 5" high (pictured) $16.00. Large 10" x 7" high $20.50.

Please add $.50 postage and handling for each piece. Ca. residents add sales tax.

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The justly famous 2-position barwa chair that has given contoured comfort to millions outdoors, indoors, year 'round. Feet up, head back, ah-h-h-h... barwa cradles your body from head to toe, instantly relaxes tense muscles, is amazingly comfortable and therapeutic!

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THE Patio

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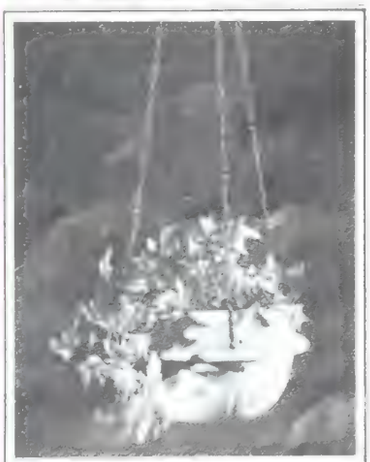

HANGING GARDEN. Plant ivy to show or an herb garden for the kitchen in these colorful hanging ceramic pots with rope hangers. Turn a barren space into a lively spot. Ceramic Pots, 4" diam., 3¼" high (19" overall). Choice of white, yellow or brown glaze. **$3.50** postpaid; **$9.95** for three, postpaid. #3129

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A. SWIRL KAFTAN. Abstract swirl pattern suggests [illegible] 100% cotton voile caftan. Caftan features a frog-neck closure, hood, drop shoulder and a full flowing cut. Black/white combination only. **S/M or L/XL $39.95**

B. ALI BABA KAFTAN. Make out like a thief in [illegible] 100% cotton. Strikingly bold design alternates color panels in a harlequin pattern. Natural/orange combo only. **S/M or L/XL $29.95**

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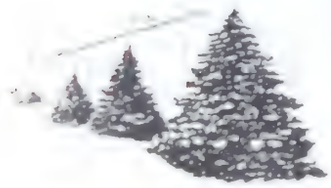
Mahogany finish drop-leaf tabl is perfect coffee table in front c the sofa and sure to be the cync sure of all eyes. Soft brown fir ish. 18" h., 52" l., 15" w. closec 35" open, $131.94. Exp. col Catalogue, 50c. Bryan Robesor HG-96, Rte. 10, Box 793, Hick ory, NC 28601.



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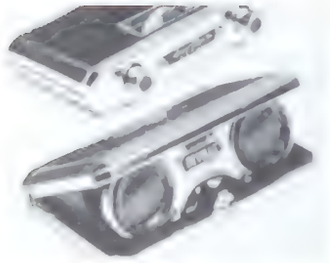
Colorado blue spruce, norther grown, well rooted, branche seedlings. 4 years old. Excellen for corner groups, windbreaks o individual placement. Plantin guide included. Three, $1; 8, $2 20, $4 Ppd. House of Wesley Nursery Div. R. R. 1, Dept. 1177 38, Bloomington, IL 61701.



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Folding opera glasses. Slip int handbag or pocket. Sports fans theater buffs, ballet bugs lov them. Makes balcony seats seen ike first-row center! Chrom plated, 2.5 by 25 m/m. $4.9 plus 45c post. Anthony Enter prises, HG5, 585 Market St., Sa Francisco, CA 94105.

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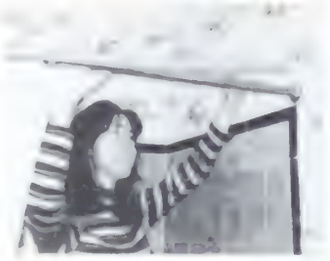
In time for the baseball season i the "All American Lover" plaqu in solid New England pine. Wher worse comes to worst, useful fo bopping him one on the noggin 11", all American colors $3 98 plus 50c post. Lillian Vern on, G51, 510 So. Fulton Ave., Mt Vernon, NY 10550.



SHOWER POWER

New color touch in the bath shower pole covers in garden bright colors! Choose hot pink avocado, light blue, gold, black red, yellow, white. Durable plas tic, 5' l., can be cut for towe bars. $2.99 plus 50c post. Dec O-Rod, HG5, Box 95, Nixa, MC 65714.

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Men love the smooth comfort o satin boxer shorts. In acetate sat in, choose black, blue, bronze gold, avocado, red, silver o white; waist sizes 30-44 (speci fy). Shorts, $5.98; monogram $1.50. Ppd. Scintilla Satin Shop Dept. G, 4802 N. Broadway, Chi cago, IL 60640.

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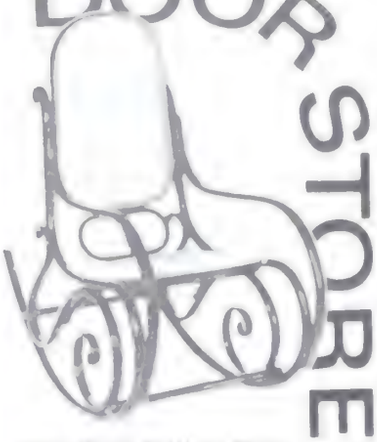

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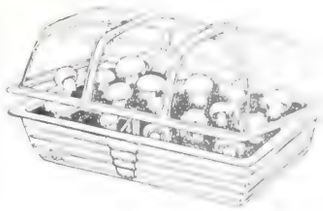
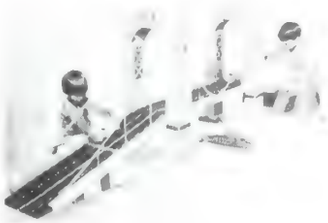
MUSHROOM MÉLANGE



Grow them yourself! Mushrooms sprout within three weeks, and you can pick them for three months from the heavy plastic Magik mushroom house. No special lighting needed. 7½" x 7½" x 14. $12.95 plus $2 post. Magik Mushroom House, G5-4, 1 Gregg Ave., Wilmington, DE 19807.

FOR YOUNG ENGINEERS



Youngsters can direct traffic, collect tools at booth, drive cars over a four-lane highway 6' l., sail boats under 30" high span. Easy instructions: no tools needed. Sturdy plastic with corrugated construction. $10.95 plus $1 post. Giant Bridge, HG5, Box 19, Deer Park, NY 11729.

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Sandal with wafer-thin cushion platform 1¾" heel. Blue to royal ombre, bone to brown, multi-pastels, all black, white, navy or brown kid leather. AAAA to EE, 2½ to 10, $24.95. 10½ to 12, $25.95. Add $1 post. Free catalogue. Solby Bayes, HG5, 45 Winter St., Boston, MA 02108.

CAN DO

Prettied up for striking display, the familiar paint can—miniaturized to 2½" h., 2¼" dia. in gleaming silverplate! For cigarettes, pencils, tiny flowers. Tarnish-resistant; weighted. $10 plus 65c post. Kaleidoscope, Inc., GE 574, 288 The Prado, N.E., Atlanta, GA 30309.

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Hand-cut crystal showered with prisms gives a soft diffused light on dining room buffet or the ends of a mantel. The light bulb is almost concealed by the crystal flower-like drops. 16½" h., 9" dia. pair $34.95. Exp. coll. Luigi Crystal, HG5, 7332 Frankford Ave., Philadelphia, PA 19136.

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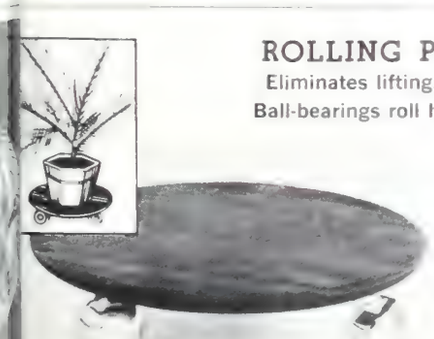
Eliminates lifting, pulling, straining—
Ball-bearings roll heavy plants with ease



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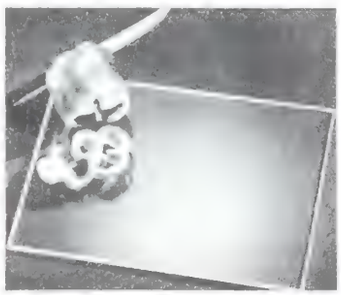

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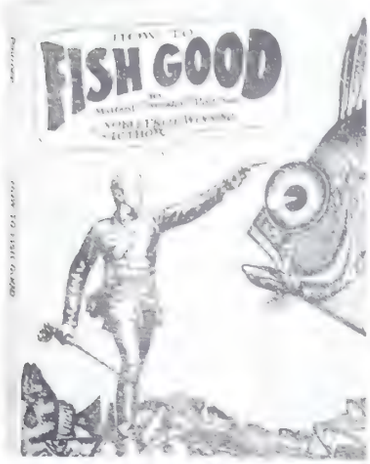
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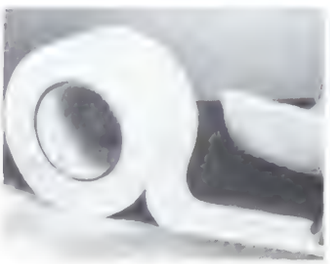

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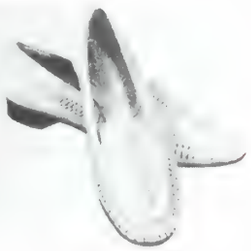

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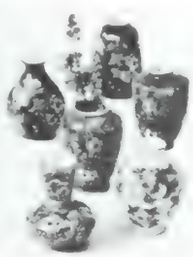

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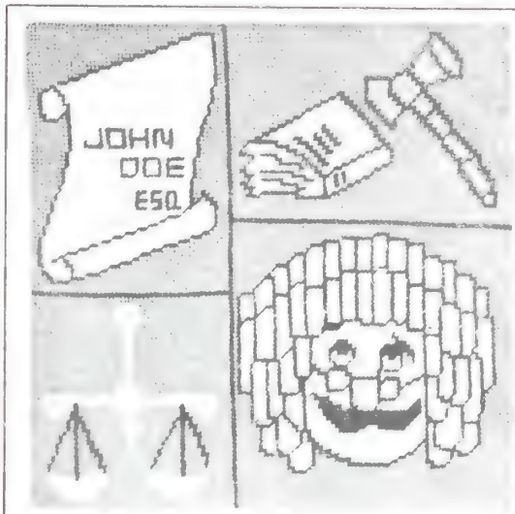

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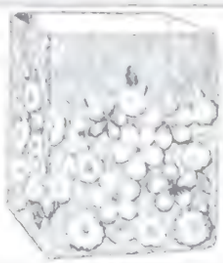

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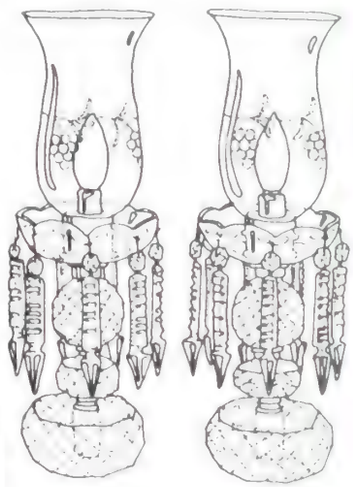

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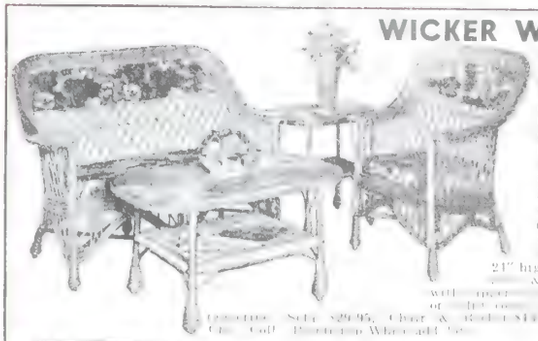

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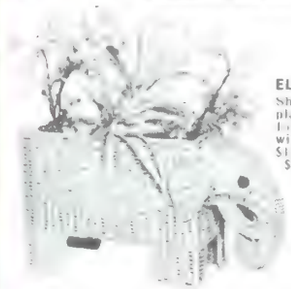

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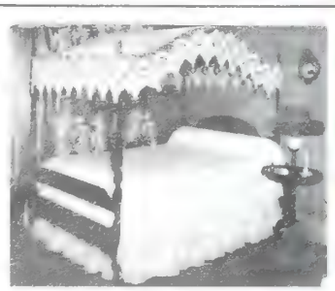

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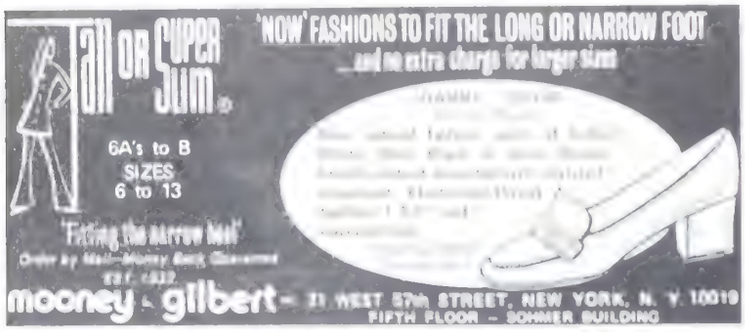

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If you love snipping recipes, coupons, ads and *Shopping Around*, clipit paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20c post. from Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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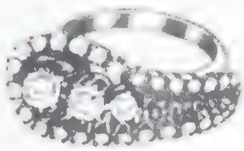
Fine-cut faceted Strongite stones are remarkable synthetics with a diamond-like brilliance at a much lower cost. "Al, Pina" ring of 14k white gold has three stones of ¼k surrounded by 28 smaller stones. $82 plus $1 post. Free brochure. Strongite, HG5, 2 W. 47th St., NY 10036.



GET IT TOGETHER

For the jigsaw puzzle fan! Any photo, color or black and white, can be made into an 8" by 10" die-cut jigsaw photopuzzle; photo is returned unharmed. Black and white, $2.95; hand colored, $3.95. Ppd. Cadlyn's, HG5, 2077 New York Ave., Huntington Sta., NY 11746.

IN THE CARDS

Studio cards with your name printed as part of the message are a delight to receive. For birthdays, anniversaries, get well, congratulations; 18 humorous designs with envelopes, $6 plus 50c post. College Hall Cards, HG5, 199 Hickory Dr., Larchmont, NY 10538.

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Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

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Living garden contains six plants, driftwood, lava rock, ceramic figurine, machine-ground glass top. 10½" x 10½". With all 6 sides glass $26.95; or with 4 glass, 2 mirrored sides $28.95; 12½" h. metal stand $5.98. Ppd. Falkenstein Flowers, Inc., HG5, Box 276, Sturgis, MI 49091.

FOR NAME'S SAKE

Poem features small one's name (up to nine letters) and its true meaning. Ornamented with blue for boys, pink for girls; under glass in 8" by 10" white frame. $5.95; two, $11.50. Add $1 post. Order from Personalized Children's Poems, HG5, Garnet Lake Rd., Johnsburg, NY 12843.

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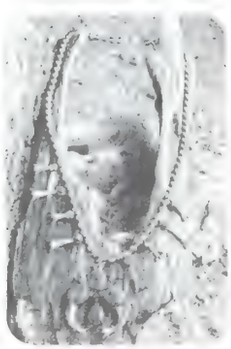

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Fun kitty launches into notepapers, greeting cards, even 2' x 3' black-and-white Hang In There, Baby poster. Notes with envelopes, dz. $1.50; cards 9" h. x 4" w. with envelopes, dz. $3.75; poster $2. Add 25c post. each item. Wretched Mess News, HGE5, W. Yellowstone, MT 59758

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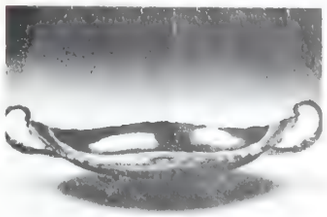

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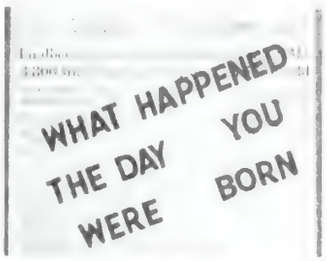

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Adjustable money belt is worn under clothing around waist. Inner pockets hold folded bills or important papers. For men to wear under business suits, ladies might conceal it beneath dark slacks. $3.98 plus 20c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.

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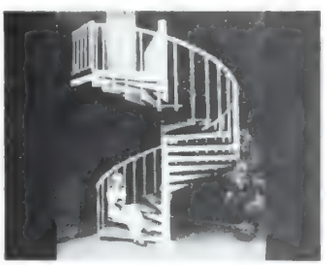

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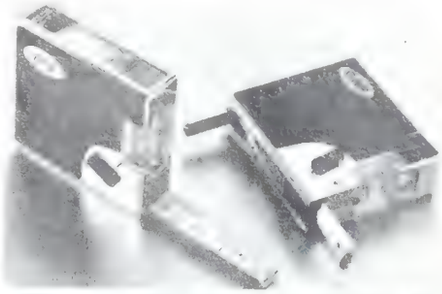

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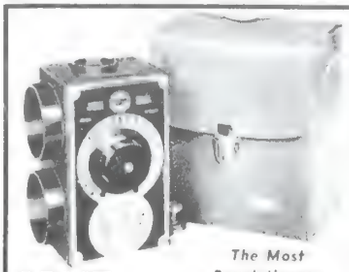

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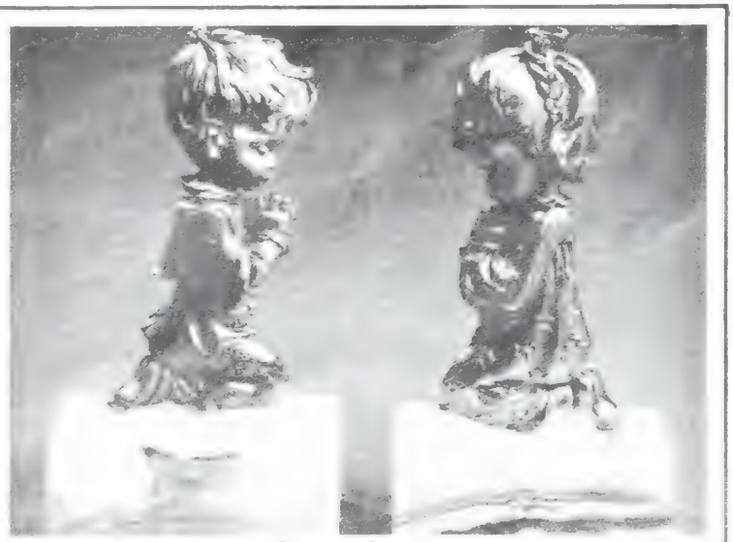

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Handsome chair of top grain glazed leather, brass nail trim, legs finished in fruitwood or mahogany. Black, deep red, brown, olive, tortoise or gold; swatches available. 46″ h., 32″ w., 34″ d. $319.95 exp. charges coll. Catalogue, 50c. Jonas Fields, GE55, Box 52526, Atlanta, GA 30305.

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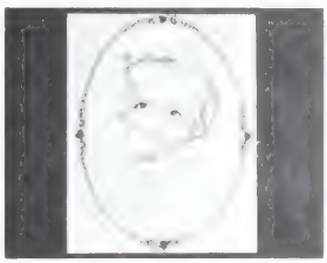

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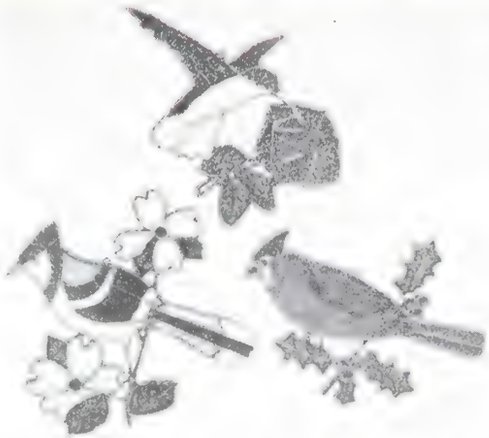

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The perfect pull-up for extra seat... ing in many grades of upholster... fabrics. Hunt calls it *The Tiffany*... 44"l.; 14"w.; seat, 17½"h.; arm... 20"h. Lengths 34", 54", 64... available. $69 exp. chgs. coll... Catalogue and samples, $1. Hun... Galleries, Inc., HG745, 2920 No... Center St., Hickory, NC 28601...

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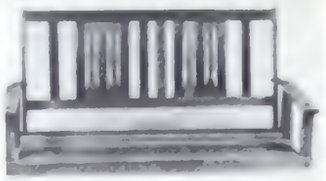
Whether you have a penchant fo... rings, earrings, pins or bracelets... you'll find fresh inspiratio... browsing through this free colo... catalogue. If you find the dia... mond fashion you want, a ten... day inspection period is allowed... Empire Diamond Corp., HG4... 350 Fifth Ave., NY 10001.



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Solid oak swing is just lik... grandmother's on the side porc... in summer. Seat depth 16", 48... wide. Chains are not shown bu... are included. Ready to finish i... paint or stain, $17.95; add $2 fo... natural oak finish. Exp. coll. Mar... ion Travis, HG5, Box 292, States... ville, NC 28677.

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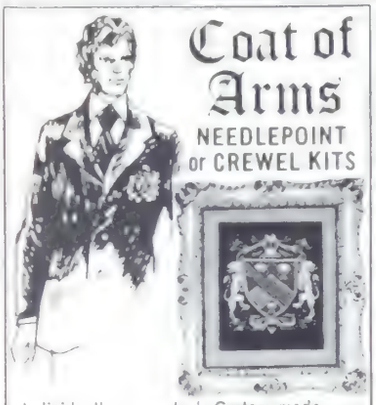
No need to have ugly cracks and... openings around tub, sink or ba... sin. Seal them up with self-stick... ing tape. Merely press tape or... clean, dry surface. 11 foot roll... $2.29 plus 40c postage. Orde... from Anthony Enterprises, HG5... 585 Market St., San Francisco... CA 94105.



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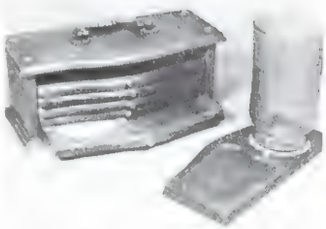

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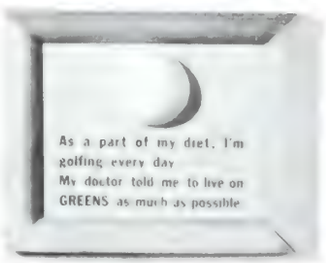
ramed and ready to hang, a asteful joke for the serious golf- r. If he doesn't put it up, his widow" will. 6½" by 5¼" with ettuce green backing, replica olf ball. $2.98 plus 40c post. rder #132. Anthony Enter- rises, HG5, 585 Market St., San rancisco, CA 94105.



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ike pomp and ceremony? Make is home his castle with two sketched scenes by Rick Rice: "Coronation" (shown) and "The Kingly Seal." Each black on white ithograph, 11½" x 16", $8; set of two, $15. Ppd. Catalogue 25c. The Tattered Boot, HG5, Lamont, FL 32336.

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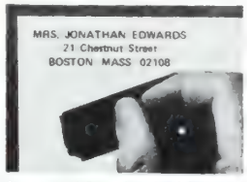

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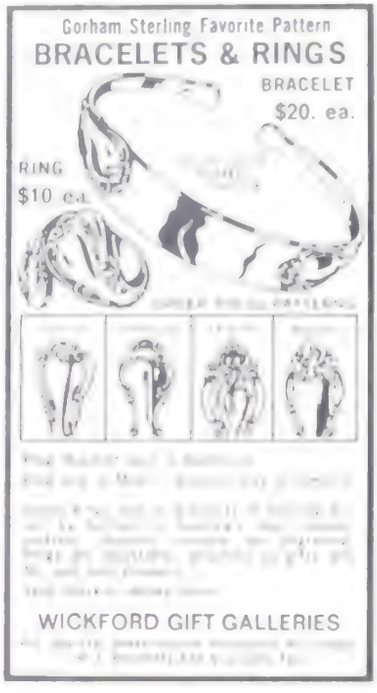
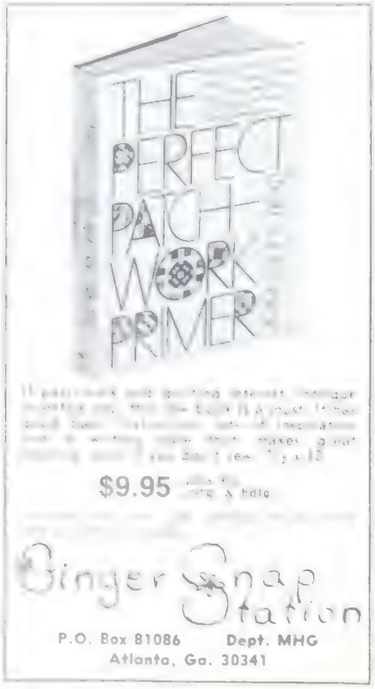
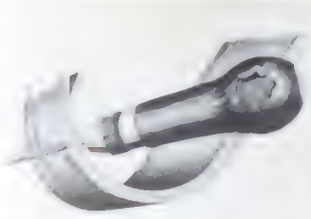




SHOPPING AROUND



SEWS LOCK STITCH

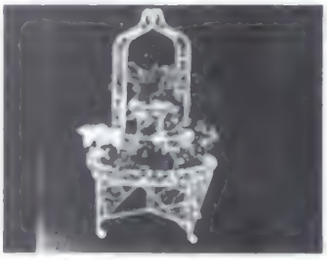
Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, three diamond point needles. $3.98 plus 35c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

FIRM AND TRIM

Wear the waist belt next to your skin and pursue daily activities. Normal body heat, gentle massage action help slim and smooth midriff. Soft composition rubber, adjustable closures. Sizes 24-46. $8.98 + $1.15 post. Greenland Studios, 5708 Greenland Bldg., Miami, FL 33059.

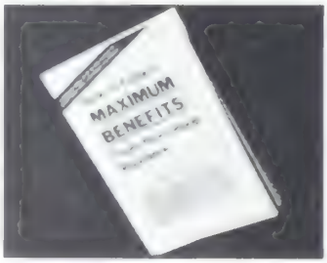
CONVERSATION PIECE

Have playing cards personalized with any ten-word message that you can think up. They're fun to use, make imaginative gifts or original business cards. Plastic-coated. 2 decks boxed in lucite case $4.95 ppd. Card World, HG5, 6 E. Union Ave., Bound Brook, NJ 08805.



INDOOR GAZEBO

Heavy wire decorative half-round plant stand is easily assembled without tools. It holds plants in center and shelves. 74" h., 45" w., 29" d. Finished in white or black. $138 ppd. Dirk DeVries Enterprises, HG5, 10030 Toluca Ave., N. Hollywood, CA 91602.



HELPFUL HOW-TO

If you wonder about ways to get maximum benefits from your group insurance, find answers in a handbook, "How To Collect Maximum Benefits From Your Group Insurance," by Ann Mauldin. $4.95 ppd. L & M International, HG5, Box 88584, Atlanta, GA 30338.

CHINESE TO EMBROIDER

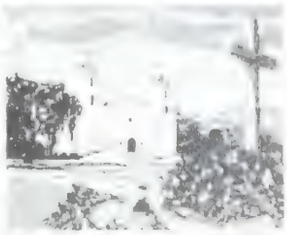
Classic design to do in crewel embroidery for a 14" by 14" box pillow cover. Kit includes design on bittersweet rayon and cotton fabric, crewel yarns in yellow, pristine white, green, piping, zipper, needle, directions. $6.50 plus 50c post. The Stitchery, HG5, Wellesley Hills, MA 02181.

SHOPPING AROUND

TO HAVE AND TO FOLD

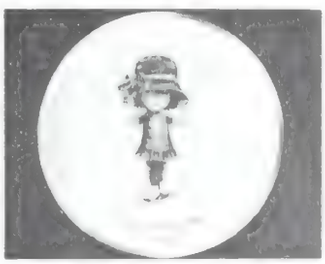
Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9″ by 30″; one side up, 37″ by 30″; fully opened, 65″ by 30″, it seats eight. 30″ h. $49.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG5, Box 204, Teaneck, NJ 07666.

MISSION TO STITCH



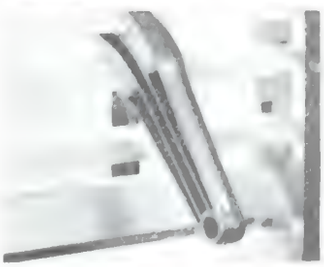
Colorful old California mission comes in a kit with hand-screened design on double thread canvas, 19 shades of Persian yarn, instructions. Finished size, 18″ by 22″. $36.50 plus $1.25 post. Brochure, 25c. Crossroads Creative Stitcheries, HGE5, Box 1372, Burbank, CA 91507.

SWEET GREETINGS



Just in time for Mother's Day, Gorham's second edition plate where a little girl in red and white gingham, oversized hat with red rose, says it all. 8½″ dia. with blue flower background. $10 ppd. Edd, The Florist, Inc., HG5, 823 North Ct., Ottumwa, IA 52501.

KEEP IT CLEAN



Keep your Venetian blinds free of dirt with this efficient little tool. Double-duty design does two slats at a time on both sides. Dip in suds and foam pads do the cleaning with one wipe. $1.98 plus 35c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.

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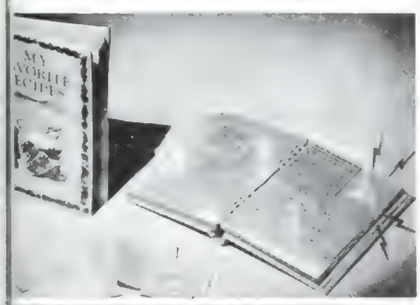

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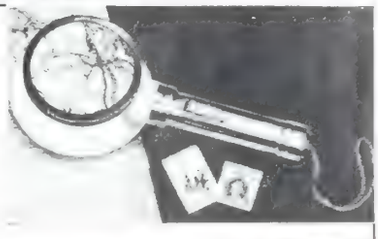

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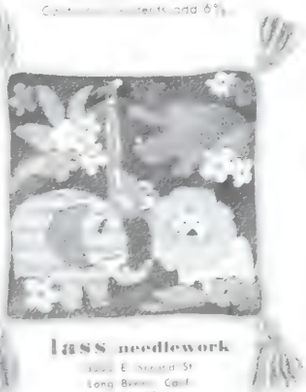

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6. Obvious change in wart or mole.
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If you have any of these signals, see your doctor promptly.

American Cancer Society

Gardener's Notes

by James Fanning

[illegible] long time but few gardeners seem to [illegible] because the name has been changed to of- [illegible] is *Montbretia* and has also been called [illegible] you call it a calidiphithal summer flowering [illegible] corm fought orange flower-vase branching sides that [illegible] high. It resembles gladiolus, which is a close [illegible] but the flowers are smaller and more with none of the stiffness we associate with gladiolus. Combined with the branching habit and excellent keeping qualities, this makes a wonderful cut flower component. Bulbs planted 4 to 6 inches deep in May will produce flowers from late summer until frost, and they should be dug up and stored for winter before the ground freezes. Bulb catalogues sometimes still call them *Montbretia*, so look for them under both names in your favorite one. It's a bit late right now for ordering by mail, but your local garden shop probably has a few corms for sale.

[illegible] used in ground-covering swatches, and also p[illegible] quantities of tiny bright yellow flowers. *Centaur* [illegible] includes one of the smallest silver-leaved plants, [illegible] no more than 6 inches high, as well [illegible] of the tallest, C. *gymnocarpa*, with grayish leav[illegible] plants. *Achillea* is best known for the speci[illegible] d yarrow, which has high-borne flower heads li[illegible] ters of yellow buttons. The silver-leaved *Achill*[illegible] *tomentosum*, though, is low, spreading, and compa[illegible] rly good for covering patches of sandy groun[illegible] All the dusty millers grow best in dry, sandy soil a[illegible] thrive on a starvation diet. Most of them a[illegible] to the effects of salt spray, so are particula[illegible] seaside gardens. Most have aromatic leav[illegible] ome are useful herbs. They are demanding or[illegible] to sunlight, of which they need plenty. Gre[illegible] plants of most kinds of dusty miller are av[illegible] rseries and garden shops during the spring [illegible] ing season. A good selection for growing from seed [illegible] by mail from Burpee. For a free catalogu[illegible] W. Atlee Burpee Co., P.O. Box 5334, Philadelph[illegible] Pa. 19132. And plants of several other silver- and gra[illegible] perennials are offered by White Flower Far[illegible] talogue, $2.50, from White Flower Farm, Litc[illegible] Conn. 06759.

[illegible] nond and [illegible] ugh spread

"The joy of accomplishment is only one of the rewards of growing fruit at home"

The joy of accomplishment is only one of t[illegible] rewards of growing fruit at home. It you[illegible] overestimated, as necessary of us are now[illegible] days, the joy of eating properly ripened fr[illegible] of particularly flavorsome varieties will r[illegible] even higher. Available fruit varieties are [illegible] ed to those that are commercially profitable, regardless of quality. And limited space is [illegible] longer a serious handicap. Trees small enough to thrive in the most restricted dooryard or even in pots a[illegible] produced in quantity and are available practically everywhere. Down-to-earth information about sele[illegible] ing planting, and caring for dwarf fruit trees has been hard to come by, however, but this deficiency is c[illegible] by a new book Grow Your Own Dwarf Fruit Trees *by Ken and Pat Kraft (Walker, $8.95). The Kra[illegible] by telling how dwarf fruit trees are created by growers who have the right materials and expertise (th[illegible] don't waste space trying to tell you how to do it yourself, because you can't), and go on to talk about exposu[illegible] spacing, pruning, etc. for the best results from trees you buy. Their instructions for fruit tree care apply well to full-sized trees as to dwarfs; their descriptions of available varieties of peaches, pears, plums, and appl[illegible] uly mouth-watering, and their list of nurserymen who can supply the trees is as up-to-date as any such li[illegible] possibly be. Oddly enough, the artist who drew illustrations for the book seems never to have seen app[illegible] They are shown with four petals instead of the accustomed five—but never mind, the book is full [illegible] solid, practical information.*

We seem to have an embarrassment of riches when it comes to worthwhile new varieties of lawn grass. The bluegrass variety Fylking probably heads the list, as more disease resistant and finer textured than the familiar Merion. But from a purely practical viewpoint, some of the new perennial rye varieties are attracting more attention from landscape contractors and homeowners. The Manhattan variety is outstanding among these, as it has the easy germination and quick growth characteristic of ryegrass, plus a high degree of the permanence we do not usually expect from this type of grass. Among fescues, which have always been relied upon for toughness and general durability, Jamestown stands out as particularly compact and well-colored. A good lawn seed mixture will contain some of each of the three types, since no grass is really perfect and long experience has shown that a combination is far preferable to any single-strain lawn. In regard to the proper care and upbringing of a newly seeded or sodded lawn, early cutting is a prime necessity. Many people think that "letting the lawn grow a little" before cutting will help it get established, but this is a mistake. Any new lawn should be cut as soon as it is high enough to cut (2 to 2½ inches), and make sure the mower is sharp!

A whole generation of gardeners has grown up to consider The Gardener's Bug Book *by Cynthia Westcott, as the one indispensable, unquestionable authority on plant pests. First published in 1946, revised twice, it has now appeared in its fourth edition (Doubleday, $12.95). Miss Westcott's direct, personal experience as a plant doctor is as strongly evident today as it was in the first edition. She insists that she is not a trained entomologist, but her knowledge of bugs and their habits would put many a professional to shame, particularly when it comes to dealing with the ones we know as pests. Her list of pests has been considerably enlarged from that of earlier editions, although nematodes, which rank technically with diseases rather than insects, have been left out. The publisher has had the good sense to include Miss Westcott's prefaces to all four editions, which constitute a liberal education in changing times and changing approaches. As the population of gardeners keeps growing by leaps and bounds, so does the pest population. Old familiar bugs increase as we grow more of the plants they feed on and, inevitably, a new pest appears once in a while to cause nightmares even for experienced gardeners. With* The Gardener's Bug Book *as a starting point, though, we can figure out what to do for almost any problem that may arise.*

It's time to start moving house plants outdoors for the summer. Best way to do this is to hold the plants for a week or two in a garage, open shed, or porch before taking them all the way into the open. After months of relatively even indoor temperatures, house plants are not prepared for sharp day-to-night fluctuations of the open air. They are even less prepared for blazing hot, day-long sunshine, so be sure they are shaded during the hottest part of the day. Even after they have become accustomed to outdoor conditions, most plants in pots prefer dappled shade to full sun. A bench or rack against the trunk of a high-branched tree, for instance, is an ideal place for summering choice house plants and showing them off to good advantage as well. Be careful, though, to avoid spots where rainwater drips heavily from the branches—cascading water can wash the soil out of pots or crush leaves.

A gnarled and knobby root that looks anything but edible, celeriac is actually a gourmet's delight. Celery root is probably a better name for the plant, since it is nothing more or less than a variety of the same celery we grow for its succulent leaf stalks. The roots take about four months to mature, so this rates as a long-season vegetable. Otherwise it should be grown in the same way as turnip. The roots, in spite of their warped outsides, have a good solid chunk of crisp, white flesh inside. This may be grated raw and marinated in a dressing to make delicious salad. Peeled, boiled, and served as a hot vegetable, celeriac rates as an interesting change from the usual carrots, beets, or turnips. It's really worth a try.

Spraying time has rolled around once more, and one of the best bits of news for 1974 is that this everyday chore may now be done by battery power. Hudson's Cordless Electric Sprayer, *right*, is powered by the same plug-it-in-overnight unit that has become familiar for shears and trimmers. It holds 2 quarts of spray liquid and has a nozzle adjustable from fine mist to a stream that will reach 12 feet. Best of all, it can be used with one hand, leaving the other free to bend branches or turn leaves for thorough coverage. Hudson has also made Duralite tanks a part of its well-known line of spraying and dusting equipment. These plastic tanks are corrosion resistant, considerably lighter and easier to clean than metal containers. Hudson sprayers are at garden supply shops and hardware stores everywhere. ■

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These stores will feature table
[illegible] found on [illegible]
the Table (pages 98-109)

California

North Ridge
Pasadena
Santa Ana

Florida

Orlando ..... Burdine's
[illegible] Burdine's
Maas Brothers
Maas Brothers
Maas Brothers

Georgia

Atlanta ..... Rich's
[illegible] Rich's
Rich's
Decatur ..... Rich's
Greenbriar Rich's
[illegible] Rich's
[illegible] Rich's

Illinois

Carson Pirie Scott
Carson Pirie Scott
Carson Pirie Scott
Carson Pirie Scott
Carson Pirie Scott
Carson Pirie Scott
Carson Pirie Scott

Maryland

Hutzler's
Hutzler's
Hutzler's
Hutzler's

Massachusetts

Jordan Marsh
Jordan Marsh
Jordan Marsh
Jordan Marsh
Jordan Marsh
Jordan Marsh

New Jersey

Pleasantville ..... Steinbach
Ridgewood B. Altman & Co.
Short Hills B. Altman & Co.

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Manhasset B. Altman & Co.
New York B. Altman & Co.
Rochester ..... Sibley
Syracuse Sibley
Victor Sibley
White Plains B. Altman & Co.

Ohio

Centerville ..... Rike
Cleveland ..... Higbee
Great Lakes Mall Higbee
Midway Mall ..... Higbee
Parmatown Higbee
Severance ..... Higbee
Westgate Higbee
Dayton Rike
Fort City Higbee
Kettering Rike
Springfield Rike
Steubenville ..... Kaufmann's

Pennsylvania

Monroeville ..... Kaufmann's
Mount Lebanon ..... Kaufmann's
Philadelphia
Gimbel Brothers
Pittsburgh Kaufmann's
South Hills Kaufmann's
Ross Street Kaufmann's
St. Davids B. Altman & Co.

Utah

Ogden ..... Z.C.M.I.
Provo Z.C.M.I.
Salt Lake City Z.C.M.I.
Cottonwood Z.C.M.I.
Valley Fair Z.C.M.I.

Washington

Seattle Frederick & Nelson

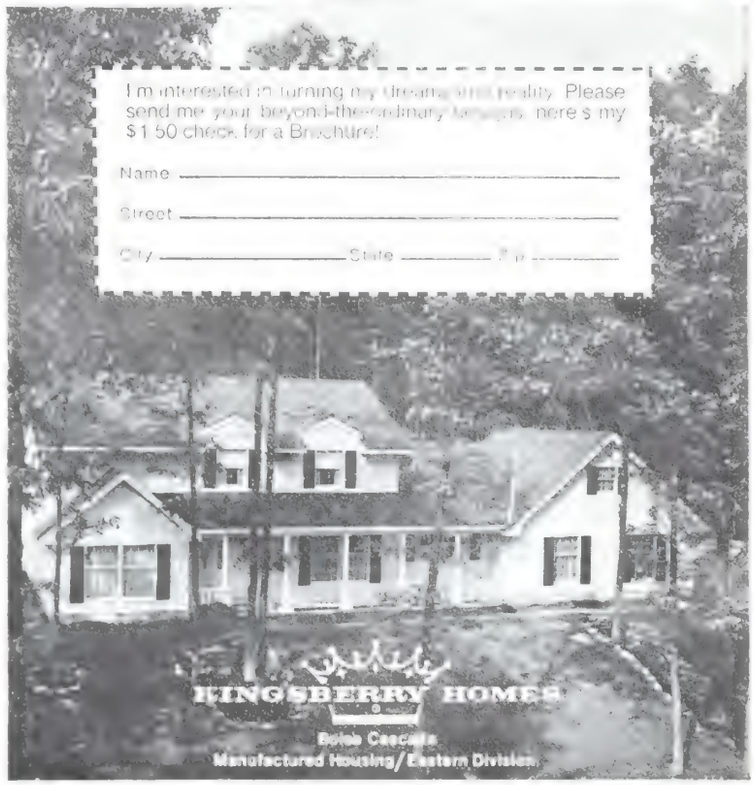
Details of the silver patterns on the tables shown on pages 97-109

"King Charles" by Gorham. Page 99 | "William and Mary" by Lunt. Page 103 | "Calvert" by Kirk. Page 104 | "Tree of Life" by Reed & Barton. Page 105 | "Mandarin" by Towle. Page 106 | "1810" by International. Page 107 | "Mozart" by Oneida. Page 108 | "Grand Colon" by Wallac Page 109

NATURAL ZEST
Pages 122-123:
1. Collapsible lounge chair: 24" x 72" x 23" high, open; 38" x 25" x 35" high, closed. Rattan frame, woven rattan seat and back, natural finish. $150. By Noval.
3. "Buri" lounging chair: 26" x 48" x 37" high, rattan frame and seat. $145. By Noval.
4. Cork-topped table: 24" x 23" x 22" high. From the "Forecast" group by Ficks-Reed.
5. Rattan footlocker: 25" x 19" x 21" high, natural finish. $100. By Noval.
LIVING ROOM
"Bamako" Dacron and cotton chintz: covering screen, 54" wide, 23½" repeat.
"Eyo" Dacron and cotton chintz: covering sofa, 54" wide, 12" repeat.
"Morocco" Dacron and cotton chintz: covering chairs and pillows, 54" wide, 9" repeat.
"Grand Bassam" Dacron and cotton chintz: covering other pillows 54" wide, 24" repeat. All fabrics treated with Zepel. $7 a yd. From the "Native Beat" group by Bloomcraft. At Lord & Taylor, N.Y.; Rich's, Atlanta; and Bullock's, Wilshire.
Carlton sofa: 74" x 31" x 28" high, one loose seat cushion, back and side cushions, natural finish. $395.
Chippendale armchair: 25" sq. x 29" high, loose seat and back cushions. $175.
Peel rattan table: 27" x 22" x 21" high, natural finish. $250.
Peel rattan end table: 24" x 18" x 22" high, natural finish. $100.
Rattan drum table: natural finish, 30" diam. x 16" high. $250. Wicker furniture from Walter's Wicker Wonderland.
Antique porcelains: black antique porcelain bowl; antique porcelain bottle; blue porcelain hexagonal bowl; white porcelain plate, $60. From Nuri Farhadi.
"Contisal" matting: available in 12', 9', 6', and 27" width. $7 a sq. yd. By Continental Importing.
Matchstick Window Shades: 6' x 6'. $9.95. At Azuma.
Drapery hardware: 12' long wood pole, 1⅜" diam., $8; wood pole sockets, 75c a pair. By Kirsch.
Antique basket holding Cinneraria: from Jean Jacques Bloos Ltd.
DINING TABLE
"Hausa" Dacron and cotton chintz: covering table, 54" wide, 27" repeat.
"Kumasi" Dacron and cotton chintz: curtains and chair seats, 54" wide, 44" repeat. Both fabrics treated with Zepel. $7 a yd. By Bloomcraft. At Lord & Taylor; Rich's, Atlanta; and Bullock's, Wilshire.
"Bistro 3" flatware: stainless steel with acrylic handles, shown in brown. $3 per piece.
"Boda Nova" china: luncheon plates, $7.50; mugs, $8.50.
"Boda Baron" glasses: $20 per boxed set of 2. All at Bonniers.
Pages 124-125:
1. "Wickery" self-adhesive covering: 18" wide, 25 yds. a roll. 49c a yd. By Con-Tact.
2. Bench: 54" x 19" x 16½" high, cushions covered with fabric by Bloomcraft. By Ficks-Reed.
3. Pillows: 17" round with embroidered polka dot ruffle, $8; 19" square with eyelet ruffle, $8. By Well Made.
4. Fretwork table: 20" sq. x 17¾" high, glass top. $100. By Carolina Tables.
5. Side-fold chair: 22" x 20" x 34" high, open; 24" x 5" x 34" high, closed. Slip-on canvas seat and back, available in red, yellow, orange, blue, and green. $18. By Telescope Folding Furniture.
6. Antique traveling bird-cage: $300. By appointment only at Frank Milton.
7. Love seat: 53" x 39" x 30" high x 16" seat height, upholstered in "Happy Leaves" fabric by Jack Lenor Larsen. Love seat by Thayer Coggan. At Altman's.
8. Mini Greenhouse: 24" wide x 3'3" long x 5' at the peak, 3'7" at the eaves, preservative stained wood construction, sliding doors for access from either side, sliding storage tray. $149. By Arrow Group Industries. At Abraham & Straus and J. L. Hudson.
9. "Fields of Clover" vinyl wallcovering: 27" wide, 30" repeat. $18 a roll. By Instock Papers.
10. "Chrysanthemum" chair: 28" x 27" x 38" high, bamboo frame with woven seat and back, no nails or screws in construction. By Hurricane International.
11. Folding sun-chaise: 25" x 32" x 31" high, open; 30" x 25" x 8" high, closed; aluminum frame, hardwood arms, canvas seat and back, in solid colors and stripes. $19. By Telescope Folding Furniture.
12. Custom place mats: $17.50 per set of 4. By Matmaker. "Lucy" polka dot vinyl wallcovering, 27" wide, 18" repeat. "Nancy" vinyl wallcovering, 27" wide, 18" repeat. Both $3.75 a roll. By Birge. At Janovic Plaza.
13. Chaise: 26" x 77" x 17" seat height, 1¼" tubular frame. From the "Commandant" group by Brown-Jordan. At Lord & Taylor.
"Archimedes Wheel" rustic terra-cotta tiles: 9" x 4½" x ¾" thick. $6.50 a sq. ft. At Country Floors.
14. "Little Ones" vinyl wallcovering: 27" wide, 18" repeat, pretrimmed. $3.35 a roll. By Birge. Through paint and wallpaper stores.
BEDROOM
"Litchfield" bedspread, valance, and hangings: quilted throw style bedspread, $60 twin size; valance and hangings made to order. "Litchfield" is available by the yard, 45" wide, 18" repeat, $3.60 a yd. By Norman's of Salisbury.
"Jamestown" simulated woodgrain plywood panels: in 4' x 8' panels, $9 per panel. By Evans Products.
Gate-leg pine table: 18th c. English $1200. From Dorothy Schlesinger Antiques.
Windsor chair: imported from England. $250. From The Four Centuries Shop at W & J Sloane, N.Y.
"Pamir" rug: 6' x 9', made in India, all wool. From Rosecore Carpets.
Botanical print: from a collection of prints. $110. At George Cothran.
Afghan: washable wool, color shown is coral. $65 to order through The Elder Craftsmen.
15. Étagère: 34" x 14½" x 75" high, white lacquered wood frame, glass shelves, palm leaf motif carving. By Jeffco Enterprises.
16. "I'll Give You Sunshine" vinyl wallcovering: 27" wide, 18" repeat, fabric backed.

Continued on page 210

Kingsberry Homes speak for themselves, with room to spare. Listen.



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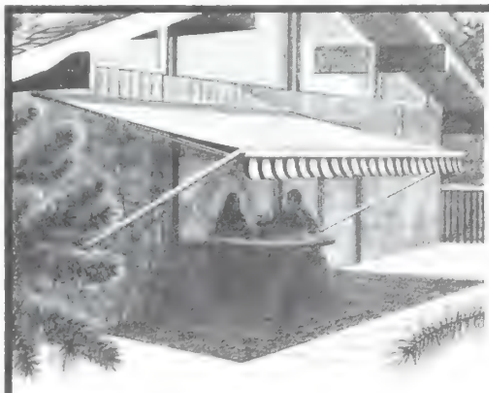

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BUILDING AND REMODELING

1. **"HOW TO INSTALL KITCHEN CABINETS"** [illegible]

2. **THE LINDAL SYSTEM** [illegible]

3. **"THE COMPLETE BATH IN A BOX."** [illegible]

4. **BEAUTIFUL KITCHENS** [illegible] is diagrammed with details on dimensioning and is pictured colorfully [illegible] with accessory items. 50c.

5. **HOW TO PUT MORE LIVING ROOM IN YOUR BATHROOM** is the theme of this booklet. Contains the latest in decorating, color, and accessory ideas and features 10 new, professionally designed, practical bathrooms in conventional sizes. Eljer Plumbingware Div. $1

DECORATING

6. **"THE NAKED HOUSE"** by Anne Caine is a 128-page book written in a light, refreshing style, which gives decorating tips and ideas about color moods and [illegible] your environment with a flair all your own. Offered by PPG Industries, Inc.

7. **DECORATING THE OUTSIDE OF YOUR HOUSE CAN BE FUN** with Santorella, the all-weather, all-purpose outdoor fabric made 100 percent acrylic fiber. "Outdoor Decorating Guide" illustrates variety of ways to re[illegible] your home with awnings.

8. **FRENCH ELEGANCE** [illegible] for country furnishings by Hartmann. 40-page booklet shows beautifully designed pieces whose style is "Four Centuries" old and [illegible]. Photographs of French designs for you to translate into scenes that reflect your individual taste. $1

9. **A GUIDE TO REFINISHING AND DECORATING.** A bit of wallpaper, some paint, a restored or [illegible] and antiquing or refinishing, plus basic decorating rules equal a lovely room. 16-page booklet. Star Bronze Co.

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12. **YOU CAN MAKE AN ORDINARY DAY A SPECIAL DAY** when you make delicious

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13. YOU CAN HAVE YOUR CAKE AND EAT IT TOO, with Wilton's colorful, 208-page book brim full of cake and party ideas for a celebration every day of the year. Complete offering of cake decorating items, like ornaments and sugar molds. $1.50

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14. "MONEY TO BURN" is a timely, colorfully illustrated 15-page guide to the efficient use of natural gas in your house. Helpful hints on how to use energy wisely described in basic terms easily read and applied. Booklet brought to you by the American Gas Association.

15. AN ELEGANT OFFERING. Exclusive San Francisco shop, Fredericks, has compiled its present inventory of limited antiques, English silver, fine china, porcelain, graphics, and other distinctive objects for the house in a price list booklet for your shopping convenience.

16. VIRGINIA . . . it's a beautiful world of history and fun, mountains and beaches, campgrounds and hoedowns . . . and you can take an armchair tour by opening this exciting, fact-filled booklet offered by the Virginia State Travel Service.

17. HISTORICAL BOTTLE COLLECTOR'S GUILD offers faithful recreations of antique bottle treasures in the Owens-Illinois booklet "A Collector's Opportunity in Americana." Order a reproduction of the original Concentric Ring Eagle Flask and other pocket bottles from the Guild's special offering.

18. "THE WAY TO GO"—a 20 page, 4-color booklet describing the various types of recreational vehicles: What they are; how to use them. Where to go and how to go. What they cost to buy and to operate. From Recreational Vehicle Institute. 25c

19. HOW DO YOU KNOW IF YOU'RE WASTING ENERGY? Just read this booklet prepared in the public interest by the General Electric Company. It contains many suggestions for conserving energy in the use of heating and cooling equipment, and home appliances. 25c

20. HOME SWEET MOTOR HOME. The GMC Motor Home catalogue introduces you to a new mode of recreational living. Full color interiors show many possibilities . . . everything you'll need to plan your own motor-home trip.

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The following stores [illegible] mentioned on the pages of this issue [illegible]

[illegible]
New York, N.Y. 10022
[illegible]
New York, N.Y. [illegible]
[illegible]
New York, N.Y. 10022
[illegible]
New York, N.Y. [illegible]
[illegible]
320 E. 59th St.,
New York, N.Y. 10022
[illegible]

Building facts

Materials and equipment used in the house on pages 132-135

INSTALLERS AND SUPPLIERS

[illegible]

square feet.

[illegible]

STRUCTURE OF NEW WING

Foundation: [illegible]

[illegible]

laid horizontal[illegible]

Exterior finish: [illegible]

Roof: [illegible]

Insulation: [illegible] Fiberglas Corp. In sliding and swinging doors insulating glass.

Skylights: Two plastic dome skylights by Wasco Products, Inc. In stair hall, skylight of glass by PPG Industries.

Doors: [illegible] glass doors by Clearview Corp. Cus[illegible]

Garage doors: Overhead Door Corp.

INTERIOR OF NEW WING

Interior walls and ceilings: "Sheetrock" drywall by United States Gypsum Co. In garden room areas, white plaster. In lower level hall, Talavera [illegible] from Spain.

Interior finish: White paint.

Floors: [illegible] Inc.; in lower level [illegible] brick pavers; in upper level entrance hall, oak flooring; in [illegible] room, wall-to-wall carpet; in garage, precast concrete channel plank by Plasticrete Corp.

Lighting fixtures: Dimmer controlled recessed cylindrical ceiling [illegible]

Hardware: [illegible] ware Div., The Stanley Works.

Music system: [illegible] tor by Emerson, tuner and turntable by Pilot. Music piped to garden room, [illegible] room, and kitchen.

Kitchen and bar cabinets and countertops: [illegible] top of white plastic laminate.

Plumbing fixtures: [illegible] isting house, white porcelain two-basin sink by American Standard, Inc.

MECHANICAL EQUIPMENT AND APPLIANCES

Appliances: Bar in new wing: undercounter refrigerator by Amana Refrigeration, Inc.; undercounter ice maker by [illegible] Div., King [illegible] Co. Remodeled kitchen in existing house: 4-burner, 2-oven electric range, refrigerator by General Electric Co.; "KitchenAid" dishwasher by The Hobart Mfg. Co.

Heating system: Radiant hot-water heating from coils in concrete floor slab of new wing. Two-zone heating for existing house and new wing. [illegible]

Materials and equipment used in the remodeled kitchen on pages 136-139

Double-decker gas range: [illegible]

Hood and exhaust system: [illegible]

"Lakefield" 2-bowl kitchen sink: [illegible]

Refrigerator freezer: [illegible]

Food Center: [illegible]

Thermatronic range: [illegible] oven installs under a 12" deep cabinet. [illegible] high, stainless steel interior, black glass door, adjustable shelf, cooking and browning done simultaneously. [illegible]

Built-in Masterpiece Toaster: fits [illegible] deep, one-slot design, automatic shut-off safety switch when in a closed po[illegible]

Electric can opener: [illegible] wall or countertop. Custom white front. By Thermador.

"Contemporary" kitchen cabinets: [illegible]

Acrylic hardware: from Paul Associates.

"Corian" kitchen countertop material: shown in cameo white, nonporous, scratch and stain resistant, surface damages repairable. Available in [illegible] thicknesses. Available in two marble patterns. By Du-Pont.

"Superba" dishwasher: 24" x $34\frac{1}{2}$" x [illegible] deep; 7 push-button cycles, 9-position upper rack, small items basket, [illegible]

Hot Water Dispenser: [illegible]

Built-in ironing board: [illegible]

"Crystalline" ceramic tile flooring: [illegible]

"Riviera" window blinds: [illegible]

"Blue and White Plaid" china: imported from Italy. [illegible] salad plate, \$4.50; cup and saucer, [illegible]

Bamboo armchair: antique parchment finish [illegible] group by Thomasville.

Track lighting: [illegible] by Lightolier.

Installers and Suppliers:

Kitchen plan, cabinets and installation:
[illegible]

Construction work:
Amron Maintenance Corp.
[illegible] Long Island City, N.Y. 11101

Electrical work:
Salzman Electric Co.
[illegible] New York, N.Y. 10022

Painting:
Northern Painting & Decorating Co., Inc.
336 East 56th Street, New York, N.Y. 10022

Mirror:
Seguin Mirror and Brass, Inc.
1046 Third Avenue, New York, N.Y. 10021

Tile installation:
L & M Ceramic Tile Co.
99 Tenth Avenue, West Babylon, N.Y. 11704

Plumbing:
Matisoff Plumbing Co.
1540 University Avenue, Bronx, N.Y. 10452

JUNE

75¢

House & Garden

HOW TO
ADD ON
MAKE OVER and
DECORATE
for that fresh country feeling

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UIDE TO PRUNING

VINE & FOOD
DIET SHERBETS
ou can make
your refrigerator
OUR OWN
REEN NOODLES
ep by step
OOKING OUTDOORS
os, techniques, recipes

SONAL PRESCRIPTIONS
A FULL AND HEALTHY LIFE
FROM TWO GREAT DOCTORS

Boy is [illegible] for Father's Day

Th[illegible] loved Father's Day traditions. It is the chair that does everythin[illegible] you choose—it rocks him, relaxes him, eases him and please[illegible] him wit[illegible] you and make this Father's Day a La-Z-Boy Day at your house.

DU PONT Nylon

Now, at fine stores near you:

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asa Grande ..... Fashion Furn
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handler ..... Gilliam's Furn
lagstaff ..... Babbitt Bros
lendale ..... Browns of Glendale
lobe ..... John's Furn
ake Havasu City ..... House of Furn.
lesa ..... Kerby's Furn.
Paul L. Sale Furn.
ogales ..... Browse Around Furn.
Nubar Hanessian
hoenix ..... Barrows
Country Village
Haaf's Fine Home Furnishings
Laz-E-Rest Shoppe
M. D. Pruitt's Home Furnishings
Maple House
Montgomery Ward
O'Sullivan's Furn.
R A Bennett
RB Furn
Sunny Furn
rescott ..... Barrows
Marler's Furn
afford ..... Lentz's Furn
Warehouse Furn. Sales
cottsdale ..... Hales's Furn
Mayo's Home Furnishings
RB Furn
edona ..... Thomason Furn.
how Low ..... Cash & Carry Furn
ierra Vista ..... Atlas Furn
un City ..... Freed's Fine Furnishings
empe ..... Bob Brickie's Furn.
ucson ..... Barrows
Brownse Around Furn.
Dorsett Furn
Lazy Rest Shop
Mitchell's Furn.
Montgomery Ward
Sterling's House of Ideas
Custom Interiors
David Furn
Yuma Furn.

California

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Daylon Furn
ntioch ..... Giovanni Furn
Green's Furn. & Appl
Green's T V & Furn
twater ..... Fairchild's
uburn ..... Russell Furn.
akerfield ..... Casa Moore Furn.
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McMahan's 1028 Baker St
McMahan's 18th & H St
McMahan's 2626 Ming St
Montgomery Ward
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Thompson Furn
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Ralphs Furn
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San Clemente ..... Harbor Home Furn.
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San Francisco ... Robert's Milwaukee Furn.
San Gabriel ..... Tom Johnson & Son
Ye Olde Maple Manor
San Leandro ..... Fashion Furn.
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Sunnyvale ..... Malcolm Furn
Temple City ..... A. W. Driver Furn
Torrance ..... Look Furn.
Tracy ..... Mathes & Brewer
Turlock ..... Souza's
Wood's Furn
Twenty-Nine Palms ..... Plaza Furn.
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Vacaville ..... Michael's
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Van Cleave Furn.
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Yucca Valley ..... Tri City Furn.

Hawaii

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Waipahu ..... Wigwam Furn. Store

Idaho

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Gem Furn
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The Bon Marche
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Grangeville ..... Lindsleys Furn.
Gooding ..... Greenawalt Furn.
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The Bon Marche
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Lewiston ..... Berger-Mace Co
Lewiston Furn
The Bon Marche
Moscow ..... Moscow Furn.
Mountain Home ..... De Meyer Furn
Nampa ..... Case Furn
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Payette ..... Quality Furn.
Pocatello ..... Chads Furn.
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Montgomery Ward
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Preston ..... Eggett's Home Furnishings
Rigby ..... Marshall Furn.
Rupert ..... Fletcher Furn.
Sandpoint ..... Furn Exchange
Twin Falls ..... Dutch's Furn
The Bon Marche
Wallace ..... Runge Furn

Nevada

Caliente ..... Gottfredsons Dept. Store
Carson City ..... J. M. Furn
Elko ..... Home Furn.
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Las Vegas ..... American Furn.
Garretts Furn
Montgomery Ward
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Reno ..... Bonanza Furn
Humphreys Furn
John Breuner Co.
Montgomery Ward
Sparks ..... Gruner's Fine Furnishings
Virginia City ..... Phipps Furn
Yerington ..... Dayton Furn

New Mexico

Alamogordo ..... Sheffield Furn.
Albuquerque ..... American Furn. Co.
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Jackson Furn.
Artesia ..... Thomsen's Furn
Carlsbad ..... Skeen Furn.
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Valley Furn. & T.V.
Roswell ..... Thomsen's Furn.
Santa Fe ..... T. K. Broome Furn.
Silver City ..... Furniture Gallery
Tucumcari ..... Home Furn.

Oregon

Albany ..... Rubenstein's of Oregon
Ashland ..... Provost Furn.
Beaverton ..... Gates Intrs
Bend ..... Furniture Plaza
Coos Bay ..... Purkey's
Coquille ..... Purkey's
Corvallis ..... Rubenstein's of Oregon
Eugene ..... Johnson Furn
Meier and Frank
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Kuhnhausen's Furn. Showcase
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Progress ..... Meier and Frank
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Springfield ..... Robert Sak's Furn
The Dalles ..... Eastman's

Washington

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Anchorage ..... McMahan's
Auburn ..... Ken Schoenfeld Furn.
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Bellevue ..... Ken Suburban Furn.
Bellingham ..... Levin's
Bremerton ..... Arnold's Home Furnishings
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Centralia ..... Charlet's
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Colville ..... Egger's Furn.
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Goldberg's
Grand Coulee ..... Loepp Furn.
Hoquiam ..... Ken Schoenfeld Furn.
Issaquah ..... Thomas Furn.
Juneau ..... Homer's
Kelso ..... United Furn.
Ketchikan ..... Family Furn.
Lynwood ..... Macleod's
Monroe ..... Dever's
Moses Lake ..... Jensen's Home Furnishings
Olympia ..... Goldberg's
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The Martex Master Plan. It can start

There's probably only one thing standing between the room you're tired of and the room you dream of. Confidence. Or, rather, lack of it. Well, you need more than encouragement.

You need a plan. The Martex Master Plan. It lets you change the look of your room step by cautious step. As you get braver, the steps get bigger.

For example, you might start by transforming a Martex pillowcase into a jaunty throw-pillow; perhaps for a pale, plump chair.

From there, it's only a little step to a table-round that began as a bed sheet. Then, to a pleated lampshade. A flower-strewn screen. An upholstered chaise. Till, before you know it, you've covered all four walls, floor to ceiling, with . . sheets!

"The Unending House," a new step-by-step instruction booklet on how to decorate

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The idea of transforming a room... and not just a bedroom, but any room... with our sheets and towels and pillowcases, wasn't something we stumbled on after the fact.

It's how we planned our sheets and towels and pillow-cases in the first place.

By designing prints that work with other prints. Colors with colors. Patterns with patterns. Not just on your bed, but everywhere.

Now, look slowly around the room you're sitting in, and see where it could use a splashy little throw-pillow.

Remember, the first step is always the hardest.

And with the Martex Master Plan, it couldn't be easier.

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We change more than just your bed.

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Our disposer doesn't scare easily.

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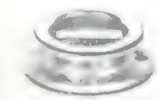

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You'll fall in love with the many faces of Aquarius. With its luxurious fullness — as it drapes your windows with deep, rich folds. With its heavily woven texture. With its subtly blended colors — a mixture of both delicate and brilliant hues. All sun-resistant and colorfast. In many sizes, many colors.

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Sears

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ETHAN ALLEN WILL MAKE SURE IT LOOKS GOOD IN YOUR HOME.

When you walk into most furniture stores to look at a sofa, they usually have one thing in mind.

To sell you a sofa. Any sofa.

Unfortunately, they're not too concerned whether that sofa looks as good in your living room as it does in their store. That's your problem.

At our Ethan Allen Galleries we think your problem is our problem too. Because as far as we're concerned, we're not just in the business of selling furniture. We're in the business of decorating homes.

And you'll sense that dedication to decorating the minute you walk through our doors.

First you'll see that every piece of furniture is expertly incorporated into dozens of beautifully decorated rooms. Not only to make the furniture more attractive. But to give you an honest feel of how each piece works within a different home environment.

The next thing you'll discover is that we don't have any furniture salesmen. Instead we have expert home planners. People who are trained to help you solve your decorating needs.

Of course, if you have swatches or pictures or a room plan in mind, that will help them help you. But even if you don't, they know all the right questions to ask you.

And no matter what you need to go with your new sofa—from draperies to end tables to ash trays—you'll find it under the same roof. With the same expert home planner to help you.

So visit your Ethan Allen Gallery soon and see a wide variety of beautiful sofas. We'll make sure the one you fall in love with at the store, looks just as beautiful when you get it home.

Ethan Allen Galleries.
We can help you have the home you want.

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pages showing the vast Ethan Allen
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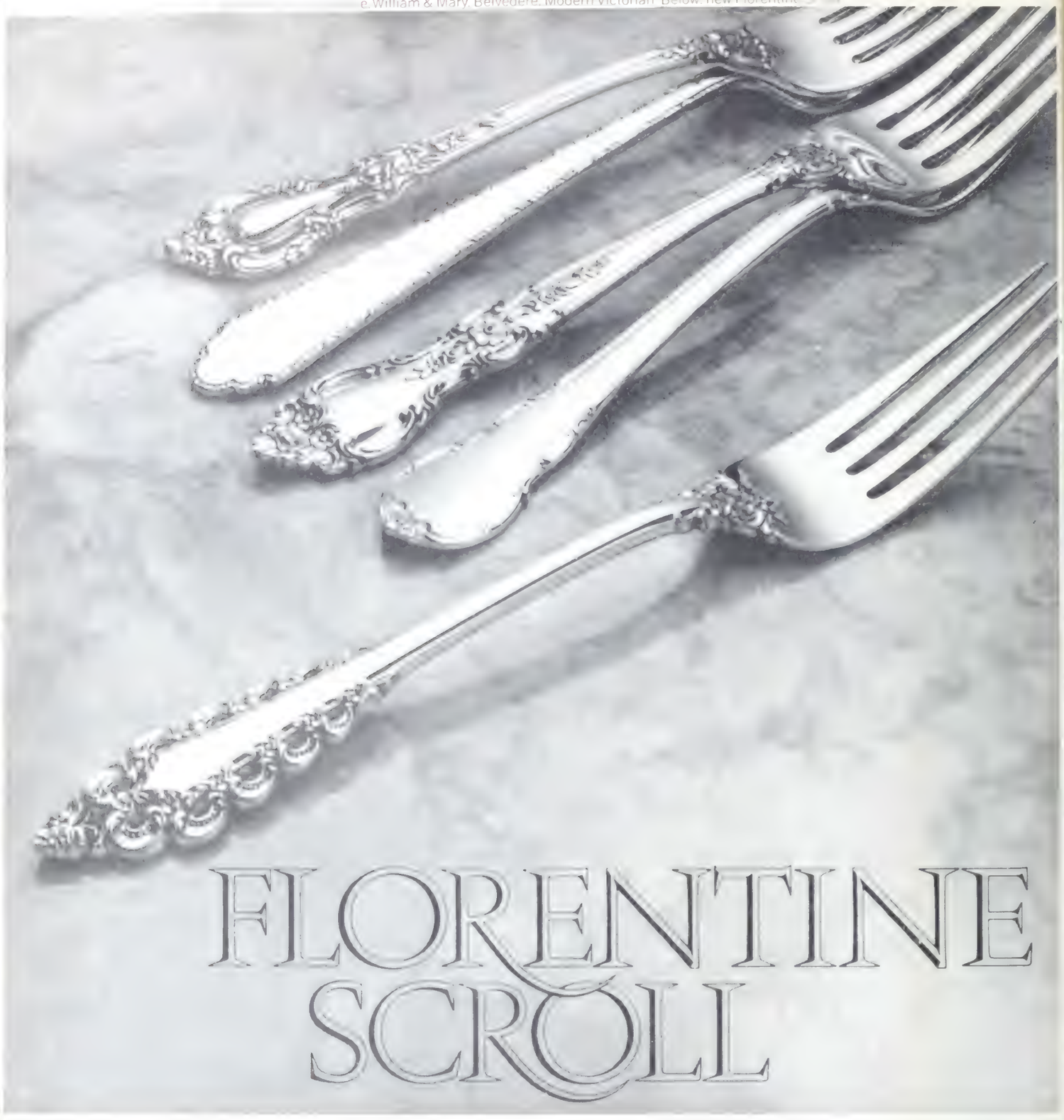

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Here, in pure Sterling, is a gleaming column of silver
embellished with delicate flowers and intricate scroll-work.
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that is remarkably graceful. Appropriate for all your needs.
Distinctive, yet, as all the patterns you see here, enduring.

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The classic Rya

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QUESTIONS & ANSWERS: Antiques

BY LOUISE ADE BOGER

REFORMATION MEDAL

D. C. — Russian Hessian

[illegible] "a political 'cartoon' or satire, [illegible] of an extensive series of Reformation medals believed to have commenced on the Continent [illegible] on the Protestant about 1531. Your medal, dating about the 1560's or 1570's, is one of the Protestant pieces and a compelling if caustic comment on the bitter hatred [illegible] to the Reformation. The double head on one side of the medal shows the Pope and often named spirit dates from the look of the 15th. The double head on the other side represents a Cardinal and [illegible] a Turk with jaw bells on his cap. In a general sense the double head means that one is the other, or that the two are one. These medals were often passed for a [illegible] and were treated the [illegible] by partisans.

TAPESTRY

The [illegible] Chantilly [illegible] Paul and Virginia' has been on our [illegible] wall. Could you say [illegible] the subject? Does it [illegible]?

R. D. — Vineville, Ga.

Your Tapestry is a faithful copy of "Paul and Virginia" painted in 1853 by Pierre Auguste Cot, who also painted "The Storm," which [illegible] Paul and Virginia [illegible] in a more turbulent moment of their romance.

ENGLISH CARD TABLE

I would be grateful for whatever you can tell me about my antique English card table.

S. H. — Spring Lake, N.J.

One of the best known pieces of Queen Anne furniture is the card table having an oblong folding top, outset rounded corners to hold four candlesticks, and four sunken wells for money or counters. The top is covered with the conventional green [illegible] examples was often replaced by velvet or needlework. The interest in card playing and gambling in the 18th century made card tables indispensable. *(Continued on page 12)*

Hummelwerk Pewter Ages Gracefully

There is nothing so pure and genuine as a gracefully conceived piece of pewter.
From conception to acceptance, it lives on and as its patina grows, so does it grow on you.
It ages gracefully with so little care. Only *you* care about it.
Or a bride you know. A Father you love. Or you.

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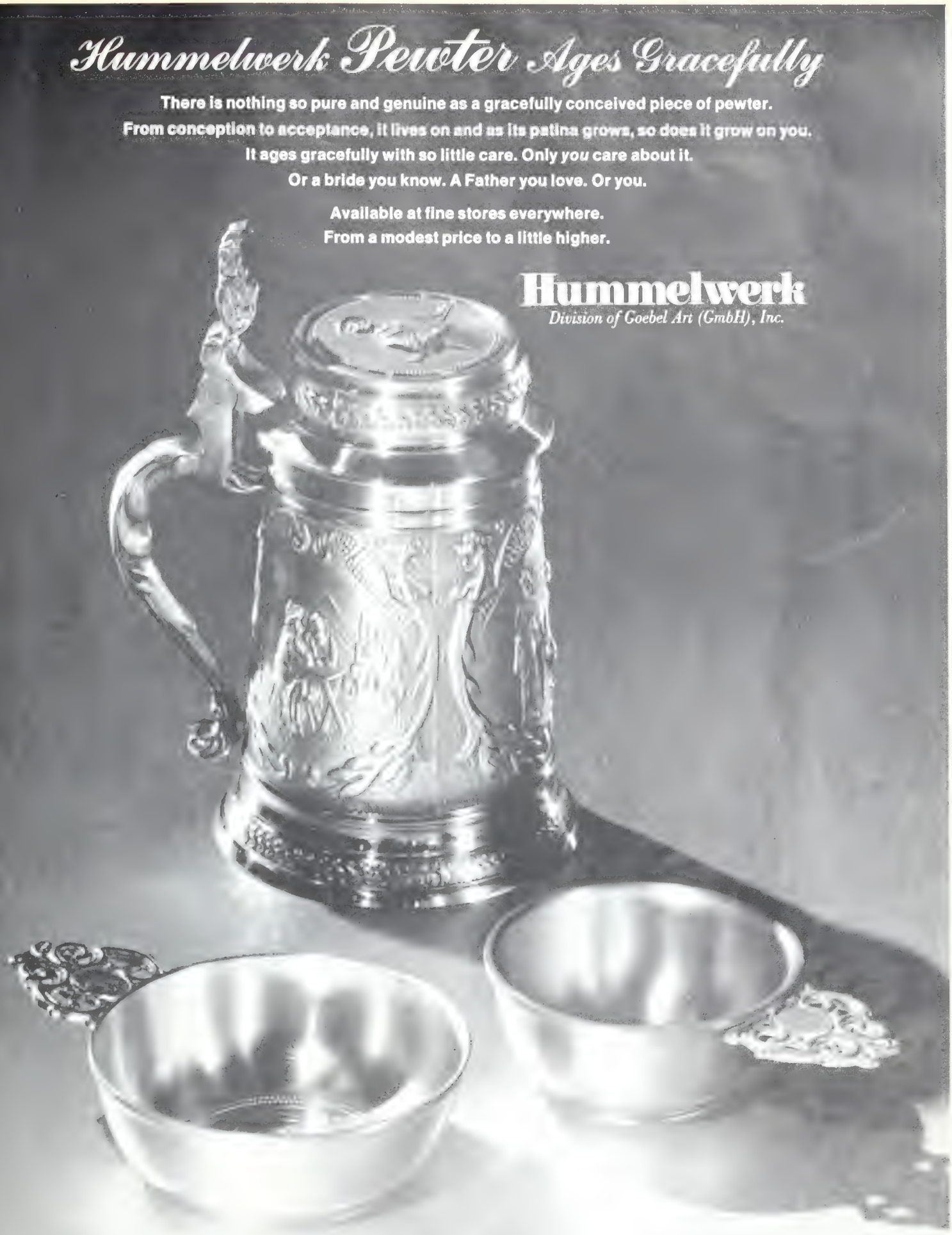

Oriental elegance...
in store for you.

This fine adaptation of a Chinese cabinet is from Henredon's Folio Eleven Collection. Every detail reflects outstanding craftsmanship—even to the solid brass hardware, replicas of Oriental originals. Inside, the ample drawers and movable shelves and partitions make this armoire a useful addition, as well as an elegant embellishment, to any room in your home. Of solid mahogany and glowing walnut veneer. To see the full scope of the Folio Eleven Collection, send $1.00 for illustrated brochure to Henredon, Dept. HG 6-74, Morganton, N.C. 28655

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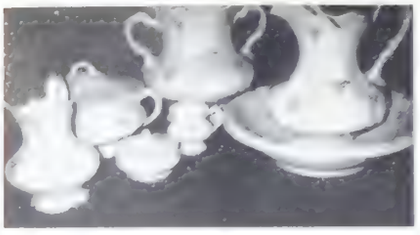
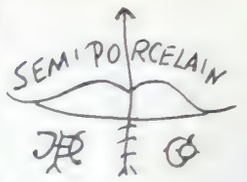


HAND-WASH SET



My washstand set is white with small clusters of flowers in gold. I'm including a drawing of the mark appearing on the set in the hope you can identify it. *L.H.—Brunswick, Ga.*

Your hand-wash set was made by the still existing Harker Pottery Co., which was started at East Liverpool, Ohio in 1840. Your set was made after 1890, perhaps about 1900. The bow and arrow with the initials is a familiar Harker mark.

VICTORIAN TABLE

This antique table has mother-of-pearl inlay around the edges and a painting in the center. Is it possible to tell from the photograph anything of the table's origin? *I.W.—Antrim, N.Y.*

Your [illegible] table [illegible] with [illegible] and [illegible] processes. The circular panel [illegible]

AMERICAN SPOON HOLDER

This small silver bowl-bell belonged to my great-aunt. Can you tell me for what it was meant and about when these bowls were used? *E.B.—LaGrange, Ill.*

Your glass-lined table appointment is an American Victorian spoon holder with a call bell incorporated into its design. Napkin holders, [illegible] and other articles were also made with call bells to satisfy the Victorian fondness for [illegible]

AMERICAN CORNER CHAIR

My friends say my corner chair is English. I think it was made in America. Can you settle the point for me? *M.E.—Palm Springs, Cal.*

Your Queen Anne-style corner chair was made in America around 1740-1750. These chairs were introduced in the early 1700s in England, used in the library for reading or writing, and often called writing chairs.

SILVER HALLMARK

I hope you can identify my old pie server from the mark on it, which I've drawn. *O.M.W.—Bethesda, Md.*

The distinguishing initials T & W may be those of Tifft and Whiting, American silversmiths, active at North Attleboro, Mass., between 1840 and 1866. The device "hammer and arm" included in the mark is the symbol of the Mechanics Society, organized in Colonial times. ■

THE MEDITERRAN

Gorham announces a beautiful revolution! Introducing Gorham Pewter Originals.

Now the warm, mellow patina of Gorham Pewter in flatware that is revolutionary, yet steeped in heritage. Timeless, yet as timely as today. Magnificent, yet downright practical. The first Gorham Pewter Original—Octette, a flowing octagonal design with graceful simplicity and form. Its unique design is casual. It's formal. It's modern. It's period. It blends exquisitely with china of solid color or highly decorative motifs. How much does Octette cost? Only $30 for a four-piece place setting! Isn't that an unexpected surprise? You can see Gorham Pewter Originals at fine jewelry-gift stores and silverware departments. Buy a piece, place setting or complete service. For yourself, or as a gift. Start a beautiful revolution of your own!

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Real vitreous china. Strong. Chip resistant. Burn resistant. Stain resistant. Scratch resistant. Easy to keep clean. And built to sparkle for a lifetime.

Any substitute material is only imitation.

Sleek, twenty-five inch top and bowl combination. Available in all Eljer colors.

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What you ought to know for your hair's sake

Caroline Seebohm interviews two authorities and reports on the First Human Hair Symposium

The First Human Hair Symposium took place a little while ago in Atlanta, Ga. It was sponsored by the Hair Research Task Force, National Program for Dermatology. The symposium was attended by several hundred doctors, and what they talked about would make your hair stand on end. They discussed examples of hair destruction as seen through the electron microscope. They examined how common procedures can damage hair. They discussed hair fracture. They analyzed the role genes play in hair growth.

In short, they talked about hair in the way Solzhenitsyn wrote about Stalin's Russia: without the myths, without the romance, without the rose-tinted spectacles—but matter-of-factly, scientifically, in the cool light of truth.

Isn't it time that those illusions taught us how to do the same—for the sake of our hair?

Dr. James Ronald Lee Rizer went to the symposium. He works with the Orentreich Medical Group in New York City, which specializes in hair disorders. "We are doing major research in the molecular biology of hair growth," Mr. Rizer says. "In our laboratory we do metabolic studies of hair and then we go in our laboratory work with clinical investigations."

Mr. Rizer will tell us the true story about our hair.

"Your hair," he begins, "is dead. Completely dead. But the follicle in the skin that produces that hypothetical hair is very much alive. In fact it is one of the most active tissues in the body. All of the dead material that we call hair is really protein that has been synthesized by the live hair follicle.

"Every hair on the scalp goes through a cycle. There's a growing phase called anagen, and a resting phase called telogen. The growing phase for scalp hairs in humans varies roughly from 2 to 5 years. They grow about 6 inches every year. This phase is followed by the resting phase of some 3 to 6 months when the hair does not increase in length and the attachment of the hair to the base of the follicle becomes progressively weaker. Finally, as a result of ordinary wear and tear, its own weight, and the push from a new hair growing up, the old hair is shed. The average human scalp has approximately 100,000 hairs.

"The human hair cycle is random, rather than seasonal. About 90 percent of the follicles are in the growing phase at one time while the other 10 percent are resting. This produces an average daily replacement of 100 hairs."

Mr. Rizer ended his part of the story with this comment: "There's a vast difference between talking about dead hair and talking about living hair follicles."

Now this may seem an innocuous enough remark. But in fact it is the key to the other part of this true story about your hair.

Dr. Norman Orentreich, director of the Orentreich Medical Group and Associate Clinical Professor of Dermatology, New York

(Continued on page 20)

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Sudden Tan by Coppertone. Tans on touch.
Keeps you tan for days.
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For legs, face and every place.
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YOUR HAIR'S SAKE *continued from page 18*

School of Medicine, treats diseases of the scalp. The skin and very sensitive. "The scalp, for instance," says Dr. Orentreich, "is one of the most prevalent places for psoriasis and dermatitis. Most people are not aware of this: if they had the same amount of dermatitis on their face, they'd run to a doctor. If it's on their scalp, they run to a hair salon. Probably most beauty salons can recognize a medical scalp problem when they see it, which needs medical treatment. But that's not most people's problem: their problem is how to take care of their hair properly."

In other words, treating the scalp is one thing, treating the hair is another. The scalp is live tissue, the hair is dead.

"Once it leaves your scalp it's as inert as a wool sweater," explains Dr. Orentreich. "Now if you wore that wool sweater every day, ate it in the sun, boiled it in hot water for three years, what do you think it would look like by now? It would be pretty bleached, [illegible] like to that sweater, but you cannot recondition it. The same thing with hair. Once you have bleaching and [illegible] the hair shaft, you cannot put it back, to a healthy level, to the natural hair."

Hair is metabolizable protein. Dr. Orentreich points out. Manufacturers have been [illegible] years and they still have found [illegible] to it. We leave it to the sun. We put chemicals on it which break up the protein. We [illegible] straighten, dye, and [illegible] these manipulations across the body of the hair. Think of giving that treatment to your [illegible].

The conclusion of all this pressure on the [illegible] Human Hair Commission that the constitutionally individual trait. The best and happiest hair in the world ought to be left clean and well conditioned, and [illegible] otherwise untouched by human hand or chemical action. Give it [illegible] sun to [illegible] and [illegible] as you [illegible].

But who is going to settle for what she's got? Hardly anyone. It's not [illegible]. Meanwhile, perhaps knowing some of the myths about hair will allow the best possible version of your crowning glory to be shown to the world.

Myth 1: Shampooing is bad for the hair. Wrong.

"Hair was designed to protect mammals from water and exposure," says Dr. Orentreich. It takes cleaning well. One should shampoo regularly. The best shampoos are mild, the ones that lather easily. Unless you need a medicated shampoo for a problem scalp, if you notice dust [illegible] in the role of a natural. Those [illegible] know a dirty glossy-covered tomorrow are [illegible].

Myth 2: Brushing 100 times a day is good. Wrong.

"Leave with the best of brushes, one should not brush it excessively except to groom. 100 strokes a day simply pulls out hair."

Myth 3: A rigorous scalp massage is good. Wrong.

"There is no way of increasing blood supply sufficiently to the scalp by massage. Vigorous massage will rip out more hair than it will grow."

Myth 4: "Feeding" the hair with protein or egg, is good. Wrong.

"The hair is dead. You can't feed it from outside. Such treatments merely wash out with the next shampoo. The best conditioners are the standard ones, which contain PH neutralization (acid), sheen, antistatic action, better slip. You can't restructure your wool sweater or your hair. Simply minimize the damage by standard conditioning and shampooing."

Dr. Orentreich reminds us again of how wonderfully durable the human hair is. "I'm not against the things people do to their hair," he declares. "Naturally you want to look your best and feel your [illegible] change your mind every week. Allow your hair judicious coloring, judicious waving, judicious bleaching, judicious [illegible]—the word *judicious* is everything." ■

BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

CHANEL . . . *Take a great numbe Chanel No. 19, and divide it thr ways for the bath.* Chanel No. 1 Milk Bath, *4½ ounces, $7.50;* O for the Bath, *6 ounces, $10;* an Body Lotion, *6 ounces, $7.50. Saks Fifth Avenue; Marshall Fiel Bullock's Wilshire.*

REVLON . . . *Concerned with goo skin care? Join the "Charlie" team For those who really believe in soap and-water clean, there's* Superio Cleansing Bar for Normal to Oil Skin, *$1.50. If you don't always lik to use soap or know your skin is sensitive to it, there is* Superio Cleansing Lotion for Normal to Dr Skin, *8 ounces, $4.50. Two* Skin Balancing Tonics, *one for skins that have a shade too much surface oil and one for skin that has too little Each 4 ounces for $4.50.* Mois Moisture Moisturizer for All Skin Types *is free of anything that could clog the skin—detergent, perfume, hard oil. 4 ounces, $5. Everything's to keep "Charlie" people looking* [illegible]. *At Bloomingdale's.*

YARDLEY . . . *takes you back to nat ural, romantic, nostalgic feelings with its new* "Old English Herbal Soap." *It's for the bath size, you'll want to stash it in closets and drawers. At supermarkets and drugstores everywhere.*

ERNO LASZLO . . . *has been caring for skin for years and now gives you a chance of fresh cheek colors scientifically textured and colored to enhance your skin type. For dry skin there's* Cream Rouge *and for oily skin,* Powder Rouge, *each in shades of Light, Medium, and Dark, 1½ ounces, $7.50 At Saks Fifth Avenue; Bergdorf Goodman; Neiman-Marcus; I. Magnin.*

ELIZABETH ARDEN . . . *How about fragrance you can see!* Blue Gras Shimmering Solid Perfume *actually leaves a subtle, sheer gleam on your skin. ⅔ ounce, $3.50* . . . Blue Grass Shimmering Body Moisturizer *is a frothy foam that leaves a silvery sheen while it softens your skin. 6 ounces, $5. At Lord & Taylor; I. Magnin; Sanger-Harris.*

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Wife, mother, and Interior Decorator.

A growing number of women re leading successful double lives. Thelma Turkel is one of them.

She spends most of her day ooking, cleaning, chauffeuring, and ooking after her family in a lovely iburban town.

But for two or three precious ours she lives in another world, njoying all the excitement and wards of a career in Interior ecorating.

It's a shame more women don't ike it up, as an enjoyable way to ake money.

As an interior decorator you ver have to punch a time clock or ag yourself through a 9-5 day.

You can set your own schedule. ou can work in your spare time. our office and "showroom" can e your own home furnished your special decorator scounts. And if you do work home, your accountant can ow you how to legitimately educt from your income taxes ll expenses necessary to running business, including your home office."

You can even take your career as interior decorator with you if ou move. There are countless openngs—highly paid jobs (part-time or ll-time) to be found throughout the ountry as the interest in home rnishings continues to boom. *Forbes* magazine calls it, "perhaps he hottest growth field of the 970's.")

Train at home

Perhaps, you have considered his as a field you would like to get nto someday. There's no reason to ait any longer.

If you're serious enough to pend a few hours a week preparing r this exciting career, you can now t a thorough training program—*your own home.*

Today, ICS, America's oldest ome-study school offers a complete, ractical and up-to-date program in nterior Decoration and Design.

The entire program is based on he experience of John Gerald, under of one of America's topight decorating firms.

And you can be sure there's no ull, dry text. Marguerite Rittenouse, Ph.D., a well known educator, orked closely with Mr. Gerald. he also checked out every lesson ith untrained but interested women,

as well as sales people in furniture departments and decorating shops to make sure each idea or way of working is not only interesting but logical and easy to follow.

Right from the start, you work with top-notch professional equipment. Templates, sketching materials, architect's scale, folding rules, T-square, triangle, fabric swatches and color charts are included in the material you get. (The basis for your business workshop later on.)

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You also receive: a three-dimensional viewer and 130 slides that put you "inside" rooms; and a cassette tape player with tapes—modern audio-visual learning aids that bring your lessons dramatically to life.

Each lesson takes you one step closer to your goal—the confidence and knowledge you need to be a well-paid interior decorator. Soon you'll be analyzing a room's architecture, exposure, and traffic patterns like a "pro."

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You'll master all the principles of Interior Design: form, proportion, scale, balance, and unity.

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Your friends will first notice the difference in your own home. You'll know it from their comments. Your advice will be sought. And you'll know you're ready to make a career of your skill in Interior Decorating.

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You'll learn how to get assignments. How to charge. How to set up your own business. Even what to say to clients who want to bring friends on shopping trips (*never*) or to those who want you to talk budgets with their husbands (*always*).

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Interior Decorating is an ideal part-time career that can grow into a full-time job when you're ready. And ICS is the ideal way to study—*at home.*

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To find out whether becoming a well-paid interior decorator could give you a more interesting and rewarding life, simply mail the attached card today. We'll send you by return mail "Should I Become an Interior Decorator?" a helpful booklet containing the questions you probably have on your mind right now and detailed information that will help you answer those questions.

We'll also include a demonstration lesson so that you can see how you can develop your skill in Interior Decorating at home on your own time schedule. There is no obligation whatsoever.

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NOTES OF A Happy Housekeeper

BY MARY ELIZABETH FALTER

[illegible] Jacobs' Tear Set [illegible] Waterford crystal glasses [illegible] Dromore Wine [illegible] the time, I discovered a delightful booklet about ***the care of fine crystal.*** It says that because crystal is heavier than ordinary glass, it must be handled with extra care, to avoid unnecessarily a crop of granule. Wash it carefully, one piece at a time, in warm soapy water, rinse with cool water and dry. The booklet suggests that you fit a rubber nipple to the sink faucet to protect the glasses from accidental knocks, an idea I heartily agree with, as we've had a great deal of breakage this way. After washing, rinse the glasses in clear water, dry with one towel and polish with another lint-free cloth. The rims are the weakest part, so the glasses should never be put upside down while washing or storing. Washing crystal with detergents or putting it in a dishwasher is not recommended.

Every article I've ever read about skin care has usually included the admonition to "blot" and never rub a towel on your face when you dry it. Likewise, I've found that "blotting" with an ordinary hand towel is easy and does the trick. Now I have ***a great way to blot the face dry.*** I've taken [illegible] Handy wipes and find them just right—they are [illegible] soft and absorbent. I have them in green to match the bathroom and keep them in a [illegible]

Last Sunday [illegible] from the grocery [illegible] new treasure I had [illegible] nia on the list and by mistake [illegible] picked up a bottle of Liquid [illegible] The Magic Aluminum All Purpose Cleaner. Sensing that it was "aluminum" meant for pots, I figured it [illegible] ***my favorite cleaner for just about everything.***—It's great [illegible] woodwork and I particularly like it for [illegible] countertops. I discovered it's just the [illegible] with a little Liquid Ajax and [illegible] it's gone. There's practically [illegible] I also like the clean fresh smell of [illegible] Ajax and it doesn't [illegible] to hard on the hands.

Pewter is experiencing a renewed popularity (see page 64) and we have a set of pewter mugs I like to use for hors d'oeuvres or for cakes and cookies. Pewter needs little care. But when it does require brightening, the best I've found is Hagerty's Pewter Wash ***a good product to use for cleaning and polishing pewter.*** It's quick and easy to handle and at last [illegible] will bring up a beautiful soft shine.

We washed our organdy curtains last week and I was ready with ***a solution for the often ticklish problem of slipping curtains back on their brass rods.*** Curtain rods often have rough, sharp edges that catch easily on the fragile organdy casings and tear them. I went to the stationery store and bought a few of the slip-on rubber erasers that are made to fit on the end of a pencil. When one is slipped over the end of the rod, there's nothing to worry about.

(Continued on page 90)

At these fine stores:

ALASKA
ANCHORAGE ..... Nerland's Home Furnishings
FAIRBANKS ..... Nerland's Inc.
JUNEAU ..... Lyle's Hardware & Furn.
KETCHIKAN ..... Tongass Trading Post
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ARIZONA
CASA GRANDE ..... Fashion Furniture
GLENDALE ..... Brown's Furn.
Mayo's Home Furnishings
GLOBE ..... John's Furniture
FLAGSTAFF ..... Babbitt Bros.
MESA ..... Barrows Furniture
Paul L. Sale Co.
PHOENIX ..... Barrows Furniture
PRESCOTT ..... Barrows Furniture
SCOTTSDALE ..... Mayo's Home Furnishings
SUN CITY ..... Mayo's Home Furnishings
TUCSON ..... Barrows Furniture
Dorson Furniture
Johnson Furniture
Sterling Furn.

ARKANSAS
[illegible]
[illegible]
BENTON ..... C. W. White Company, Inc.
BLYTHEVILLE ..... Hubbard Hoke Furn
[illegible]
[illegible]
FORREST CITY ..... Southern Furniture
FORT SMITH ..... Davis Greenwood House
Grand Rapids Furniture
HARRISON ..... Keeter Furniture
[illegible] ..... Mixon Furniture Co., Inc
LITTLE ROCK ..... Arkansas Carpet & Furniture Co
Brandon Furniture Co
[illegible] Incorporated
Pfeifer-Blass Company
[illegible]
[illegible] John A. Pope Furniture Company
[illegible]

CALIFORNIA
[illegible] ..... Baker Bros. Furniture
[illegible] ..... Urner's Furn
[illegible] ..... Paul T. Swedberg Company
BISHOP ..... Fendon's Furniture
DINUBA ..... Mathis & Bolinger
FRESNO ..... [illegible]
Fashion Furn.
Gottschalks
Slater Furn
[illegible] ..... George Seeley Furniture
[illegible] ..... Parry's Furniture
LOS GATOS ..... W & J Sloane Inc
[illegible]
MENLO PARK ..... Flegel's Home Furnishings
MERCED ..... Slater Furn
MILLBRAE ..... Millbrae Furniture
MODESTO ..... Slater Furn
[illegible]
Lighthouse Home Furnishers
MONTROSE ..... Foothill Mattress
[illegible]
[illegible]
PETALUMA ..... Weller-Hopkins Furniture
PLEASANT HILL ..... Homsey Furniture
[illegible]
REDDING ..... Daniels Interiors
Roy F. Brown Interiors
RIDGECREST ..... Baker Bros. Furn
SACRAMENTO ..... Crown Furniture
SACTO ..... Jon's Home Furnishers
SAN FRANCISCO ..... Brown Furniture
Mizuni Mercantile
W & J Sloane Inc
SAN JOSE ..... W & J Sloane Inc.
SAN RAFAEL ..... W & J Sloane Inc.
[illegible]
SANTA BARBARA ..... Paulson Studios
SANTA ROSA ..... Pedersen Furniture
TURLOCK ..... Allen's Home Furn.
WALNUT CREEK ..... W & J Sloane Inc.

IDAHO
BOISE ..... Warehouse Furn.
CALDWELL ..... Blacker's Furn. & Appl.
IDAHO FALLS ..... Ahlstrom Furn.
[illegible]
TWIN FALLS ..... Wilson Bates Furn.

LOUISIANA
BATON ROUGE ..... Concord House
Gerard Furniture
Kornmeyers Furniture
DONALDSONVILLE ..... Home Furnishings
& Appl. Co.
HOUMA ..... Furniture by Mohana
JENNINGS ..... Frank West Furniture
LAFAYETTE ..... Dauterives Furniture
Richard Aillet Furniture
LAKE CHARLES ..... Gulf Coast Furnit
Hemenway's Furnit
La Fitte Furnit
METAIRIE ..... Favaloro's Accent Ho
Taylor Furnit
NEW ORLEANS ..... D. H. Holmes
Hurwitz-Mintz Fu
Maison-Blanc
Nu-Idea Fu
Universal Furnit
OPELOUSAS ..... Walker's Furnit
THIBODAUX ..... Block Furnit

NEVADA
ELKO ..... Bodily Fu
[illegible] ..... Wilson Bates Fu
WINNEMUCCA ..... C. B. Bro

OKLAHOMA
[illegible] ..... Hoffmans Furnit
[illegible] ..... Landsaw of Norm
Mr. Robert Ir
OKLAHOMA CITY ..... Ballenge
Gallery Brown Dun
Evans Home Furnishin
Heenans Home Furnishin
John A. Brov
Knights Furnitu
Wilson's Decorative Cent

OREGON
ALBANY ..... Frager Furnitu
ASTORIA ..... Hildebrand and Compa
[illegible]
Sleep Unlimit
BEND ..... Claypool Furnitu
COTTAGE GROVE ..... Smith Furnitu
DALLAS ..... Cooley Furnitu
EUGENE ..... Lyons Furnitu
Meier & Frank C
FLORENCE ..... Western Lane Fur
GRANTS PASS ..... Gates Furnitu
HILLSBORO ..... Selfridge Furnitu
JUNCTION CITY ..... Carlsons Furnitu
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MEDFORD ..... Weeks &
MILWAUKEE ..... Hamilton Home Furnishing
ONTARIO ..... Blacker's Furn. & App
OSWEGO ..... Andrew's Galle
OREGON CITY ..... Tom Bush Furnitu
PORTLAND ..... Director's Fu
Gordon Brown Fine Furnishing
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RALEIGH HILLS ..... Lampus Compan
ROSEBURG ..... Carstens Furnitu
SALEM ..... Hogg Brother
Meier & Frank Co
TIGARD ..... Meier & Frank Co
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TEXAS
AUSTIN ..... Louis Shanks of Austin
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PORT ANGELES ..... Kaufman Miller Co.
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HOME IMPROVEMENT IDEAS FOR

the House Fixer

by Will Morr

"Ultrafaucet" is a new multidirectional way to turn on hot or cold water and mix it at kitchen sink, bathroom lavatory, tub, or shower. It claims to save 70 gallons of water daily and be less costly to install than customary faucets. For new or existing houses, a single, ¼-inch-diameter flexible tube supplies both hot and cold water and yields adequate water velocity without waste. And because the pushbutton controls can be preset to the temperatures and rate of flow you select, you don't waste water mixing it. At the kitchen sink the control panel has eight pushbuttons. The hot button is red, the warm button produces water blended at the temperature you choose, drinking water flows when the drink button is pressed (hard water changes to soft if connected to a water softener), and disposer button turns on waste disposer and cold water together, t "low flow" button diminishes water flow as wanted, the "high flow" returns it to normal. "Off" stops water flow. In the bathroom you have hot, warm, cold, and off pushbuttons at the lavatory basin or tub. (and two more of these pushbuttons for preselected warm temperatures for a shower or tub-show combination. Ultrafaucet Corp.

To help organize and store household records and papers —the "Simplex Home Record-keeping System." Three file cases include (1) The Records-minder, (2) The Bill-minder, and (3) The Check-minder. The Records-minder, a file case in chrome yellow styrene, is a property data center and will hold all warranties on kitchen and other appliances, hi-fi and TV equipment, power tools, sports equipment, insurance policies. The Bill-minder, in bittersweet orange, stores all household bills, expense records, receipts, and includes a Bill Holder, a cork panel with eight push pins to hold bills. The blue Check-minder file case provides organized storage for canceled checks, bank statements, banking transaction records, check and bank books, deposit slips. Matching in size, varied in color, each case has a lift out tray, twelve pocket folders, twenty-four gummed labels. National Blank Book Co.

A whirlpool bath in your own tub is possible with the "Nirvana," a flexible tube unit. You attach one end of it to a shower head and the other to the inside of the tub. No electrical connection or machinery is required—water power will create whirlpool action in the tub for massage. The "Nirvana" can also be hand held for close-up massage and installed in any tub with a removable shower head. Simply attach the diverter valve between shower head and tube. I won't interfere with customary use of shower or tub. $29.95. Clevepak Corp. Consumer Products Division

Anyone interested in that amazingly effective insulating material, rigid urethane foam, should be aware that it is tricky to handle and can be a fire hazard if not protected against accidental ignition. It should be handled only by professional installers. The Urethane Safety Group of The Society of the Plastics Industry, Inc., emphasizes that urethane foam insulation requires protection from heat and flame sources during application and should be covered with a suitable ignition barrier as soon as possible after installation. The USG recommends as a minimum covering such materials as ½ inch fire-rated gypsum wallboard or ½ to ¾ inch thick gypsum plaster on wire lath for interior applications. Fire Safety Guidelines for installation of rigid urethane foam insulation formulated by the Urethane Safety Group may be obtained from: Department U-100H, Urethane Safety Group, The Society of the Plastics Industry, Inc., 250 Park Avenue, New York, N.Y. 10017. ■

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17 mg. "tar," 1.2 mg. nicotine av. per cigarette, FTC Report Sept. '73

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The MacMurray kitchen is a busy place—cooking up big dinner parties for family and friends. So now June has two 30 inch Roper counter-top gas ranges to cook on. Each has a Tem-trol burner that makes every pot automatic . . . and the precise temperature settings, the instant on-and-off response you get only with gas.

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ian Strass fully cut pol- l lead crystal, all the fire color of glistening s, topped by a lustrous ze crown. Over 400 s crystals. Completely mbled. Shipped ready to . 4 lights. Height—15"; mum width — 17½"; n — 15" (adjustable).

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A stunning creation of bronze and crystal in a do-it-yourself kit. 66 fully polished Diamondlite crystals and a 2" multifaceted ball create a display of unexcelled beauty. Arms pre-wired. Step by step easy assembly instructions. 12 lights. Height—22"; Maximum width—24"; Chain—15" (adjustable).

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Artisan House, Inc., Los Angeles, Calif. 90026.

New kits, new courses, new products, and some new ideas

BY PATRICIA CORBE

A [illegible] the adventure in doing things yourself is keeping up wit new techniques, the latest kits and products, and in the knowin about services that shops offer, special classes that are availabl Here are all sorts of new helps for painting and wallpapering, sew ing and weaving, as well as new lighting that stimulates plant grow ing, new furniture kits, stenciling ideas, and more.

How-to classes can be especially helpful, and there are son excellent courses available this summer. To find out what particula classes will be offered in your area, call your local YMCA. Fo instance, in Chicago the YMCA will have summer classes in terra zo ium building, rug making, as well as workshops in all forms o stitchery. The Houston [illegible] will have [illegible] sessions in seashe art, basic household repairs, and organic gardening. For a compre hensive directory of craft courses, with a listing of museum work shops, art centers, and colleges that offer degrees in crafts all ove the country, send $3 plus your local sales tax to: ACC Publication Department, 44 West Fifty-third Street, New York, N.Y. 10019

In New York City there are some outstanding opportunities fo learning various things: ***To learn how to do painted finishes*** there is an accelerated two-week class from June 17 through 28 given by a nationally known expert, Isabel O'Neil. For information write The Isabel O'Neil Studio Workshop, 151 East Eighty-seventh Street, New York 10028. ***If you have done ceramics and would like to go further,*** there is an advanced ceramics course in June For details, write Greenwich House Pottery, 16 Jones Street, New York 10014. (There are also teen-age workshops going on there al of July.) ***For decoupage,*** a basic course consisting of two-hour sessions for five consecutive weeks begins in June. For the advanced there is also a course in repoussé. At Adventures in Crafts, 218 Eas Eighty-first Street, New York 10028. ***Quilting classes*** can be ar ranged with Beth Gutcheon, Box 461 Canal Street Station, New York 10013; also with Josephine Rogers, 32 West Eighty-second Street, New York 10028; and through Such Outlandish Stitches 222 East Eighty-third Street, New York 10028. ***A stained glass course*** is offered by Durhan Studios, 115 East Eighteenth Street New York 10003. ***Instructions in gold leafing and antique furniture restoration*** are given by European Craftsmen Limited 1456 Second Avenue, New York 10021. ***Basket making, weaving, macramé classes,*** both day and evening, begin in June a the Craft Students League, West Side YMCA, 840 Eighth Avenue New York 10019. Learn ***basic carpentry*** in six workshop session at The Lady Carpenter Institute, 105 West Thirty-seventh Street New York 10018. ***Batik and textile painting*** will be taught in summer sessions at the School of Batik Painting, 64 West Eighty fourth Street, New York 10024. ***Knitting, crocheting, and tapestry weaving*** classes begin in June at The New School, 66 Wes Twelfth Street, New York 10003.

There are ***wonderful needlework courses offered through***

Continued on page 3

OUR TOWEL.

Since we loomed our first Martex® Luxor towel a quarter century ago, there has been none lusher. Denser. Softer. Or, if pure function is what you demand, more absorbent. With a little patience, you can prove this to

[illegible] by packing nearly 700 plush, combed cotton loops into every square inch. No other towel has as many. And when you see here and there a loop missing, it's more than likely a perfect towel it could be.

And more than any other product we make, this simple design of terry expresses our belief that the necessities of life should be as beautiful as the indulgences.

THE LUXOR TOWEL BY MARTEX 100% COTTON | 24 COLORS.

"How-to classes can be especially helpful. To find out what particular ones will be offered in your area, call your local YMCA"

 continued from page 30

and the rooms. A [illegible] will be held on Wednesday [illegible] July 9 through 12 with [illegible] a program including the [illegible] and workshops in [illegible] and [illegible] Embroidery and canvas work-shop will be organized by [illegible] at The Ellen Williams School of Needlework. Write [illegible] Concord, Mass. 01474. To find out if there are classes in country living organized near you, call the Junior Leagues [illegible]. Boy [illegible] Wheat Ridge, Colo. 80033.

In addition to the [illegible] there are also some great [illegible] and kits that you [illegible] on the side. ***Tile Appliqués are wonderful brighteners*** [illegible] and kitchens. They come in [illegible] and all you do is peel the paper [illegible] and stick them on. You can [illegible] and [illegible] and fold the design along [illegible] They are [illegible] washable, and are shipped by [illegible] Tact, Tile Appliqués come in packages of 32 for $1.98 at department, hardware, and paint stores. ***Making your own furniture*** can be easy if you begin with the simplest design and a complete kit. A wood-[illegible] bed is a good first project—[illegible] [illegible] with straight lines and that open-[illegible] ***And with stenciling*** it could be very decorative. The [illegible] kit will [illegible] pre-[illegible] off-[illegible] and symbol, with hardware and easy instructions. When finished, it measures [illegible] inches high by 16 inches deep by [illegible] wide. The [illegible] also double as a window seat or a [illegible] To order, [illegible] number [illegible] KOO Kit, $13.95. UPS [illegible]

press. ***To stencil*** use the Deli[illegible] Home Decorating Kit by Bish[illegible] and Lord. It has 17 die-cut ste[illegible] oils, 6 paints, 2 brushes, and a [illegible] tabled booklet of instructio[illegible] Number 86140300, $22.50. Che[illegible] and stencil kit from Yield H[illegible] Dept. 108, North Conway, N.[illegible] 13860. From ***Shaker furnitu[illegible] kits*** you can make chairs, table[illegible] benches and more. Each kit co[illegible] tains all the materials needed, i[illegible] including hardware, glue, light [illegible] dark stain, sandpaper, and simp[illegible] step-by-step instructions. Only [illegible] screwdriver and hammer are nee[illegible] ed and there is no cutting or sav[illegible] ing involved. Each piece is pr[illegible] ready-[illegible] to assure a perfe[illegible] fit. Write for the catalogue of kit[illegible] Shaker Workshops, Box 71[illegible] Concord, Mass. 01742. ***Six king-sized sheets*** can turn a hide-bed room into a fresh new scene. Y[illegible] can make two pairs of curtains, [illegible] ruffled bedcover, ruffled pillo[illegible] shams, a 72-inch round tablecloth [illegible] and a bed canopy—and the pa[illegible] terns and sewing instructions fo[illegible] all these are together in Butteric[illegible] pattern number 3463, $1.25. ***Fo[illegible] more decorating-with-sheet ideas*** there is a great pamphle[illegible] that tells and shows you how t[illegible] make ten items: how to cover [illegible] wall with both plain and shirred fabrics, how to make a slip cover [illegible] for a different chair, how to make a window seat cushion and more. Called *The Unending House*, the booklet is full of explicit instructions and illustrations in black and white and color. $1 from Martex, P.O. Box 912, Madison Square Station, New York, N.Y. 10010. ***You can mend your own glass and china*** with a fascinating kit that includes all materials needed to restore or mend china, porcelain, pottery, and glass. There is absolutely no firing necessary, and you can remold broken and missing pieces and restore finishes and glazes. The Master Mending Kit is $14.95, plus state sales tax, from Atlas Minerals & Chemicals Division, ESB Incorporated, Dept. G, Mertztown, Pa. 19539. ***To see imaginative displays of wall-coverings, floor coverings, paints, and handy products,*** you can go to one place that is not only set up for self-service but also has a trained staff to give expert advice. There is an eye-boggling array to choose from at Janovic/Plaza West at 159 West Seventy-second Street, New York. ■

Enjoy fresh oranges for breakfast, lunch, dinner, 12 months a year. This juicy color adds a warm, sun-kissed look to any room. And it's always in perfect taste. Enkalure™ staple nylon brings this ripe color to you in carpeting by Gulistan.

Enkalure is the nylon fiber that captures pure, rich color. And the fresh delicious color stays vibrant because of the special construction. A multilobal cross section that reflects color off the fiber in every direction. In addition to being colorful, carpeting of Enkalure is tough. It can take traffic, kids and furniture and still keep up its springy, resilient appearances.

This color-enriched carpet, "Embraceable," comes in 17 vibrant colors. To find the store nearest you, write: Gulistan Carpets, Div. of J. P. Stevens & Co., Inc., 1185 Avenue of the Americas, N.Y.C.10036.

Enkalure nylon captures the color of fresh oranges, so your room can have the look of a sunshine state.

Enkalure by ENKA. The nylon for natural color.

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Charge [illegible]

Signature [illegible]

Gift Card [illegible]

No C.O.D. [illegible]

A great American idea
HOW THE ROBERT KOTURS GOT A POND

BY BEVERLY RUSSELL

[illegible] Lucy would have a pond, it was like [illegible] the first patient at [illegible] Sheila [illegible] the Footlights Drama Club [illegible] Lucy [illegible] Eagle [illegible] ago. It was always a small wood [illegible] Lucy [illegible] it hadn't been occupied [illegible] about 11 acres and [illegible] their loving attention to [illegible] had so far. There [illegible] the Algonquin [illegible] a brick terrace beyond, put in a [illegible] that bathroom, stripped down all the doors, replaced [illegible] the rubber removed [illegible] of peat to extend the [illegible] pond. When the [illegible] summer's [illegible] finishing [illegible] needs to [illegible] a weekend [illegible] kept [illegible] gambling [illegible] pastry [illegible] thought [illegible] attractive to the outdoors. Summer [illegible] Lucy [illegible] Then [illegible] to make the garden [illegible] a number of [illegible] and [illegible] turned out to be [illegible] ideally [illegible] Lucy [illegible] two [illegible] covered 6 inches of topsoil [illegible] there our children played in a plastic pool, filled with water from the garden hose. "We [illegible] we had a pool [illegible] summer, when the temperature lingered [illegible] in the '80s. One Dutch [illegible] the heat and drew up some plans for that [illegible] pool right [illegible] behind the rockery, somewhere it can't be seen [illegible] all a modern pool doesn't quite fit with the house, does it?"

But wait, what about the spring?

"We have a 500-foot hill [illegible] original Indian [illegible] tom. In the old days, the house was exempt from all taxes, because [illegible] across the meadow and down to the old [illegible] for horses."

The water hole at the bottom of the hill looks [illegible] Lapland spring house over it almost hidden with undergrowth when the Koturs bought the property. "I don't think the people who owned the place before even realized there was water on the land," Sheila added. "The spring house was a protection for wild animals, to prevent them falling in, and to keep leaves from clogging up the source." Water that overflowed from the spring house, they noticed, just continued [illegible] over the hill and dispersed into

the ground which is very rocky and coarse in this part of Massachusetts. Would it be possible to tap the supply and make a natural pool? Wouldn't that be less expensive and more enjoyable than an artificial man-made swimming pool?

Finding experts to answer these questions wasn't so difficult. "We got in touch with the area Conservation Department," Robert continued. "And they did a soil test. I gave them a description of the spring and what we wanted to do. An expert came to the house during the week when we weren't even there. They told us the soil was porous down about 24 inches with 3 or 4 layers of sand. They suggested that we put in a bigger pool [illegible]. Cost of this natural pool: *Nothing.*

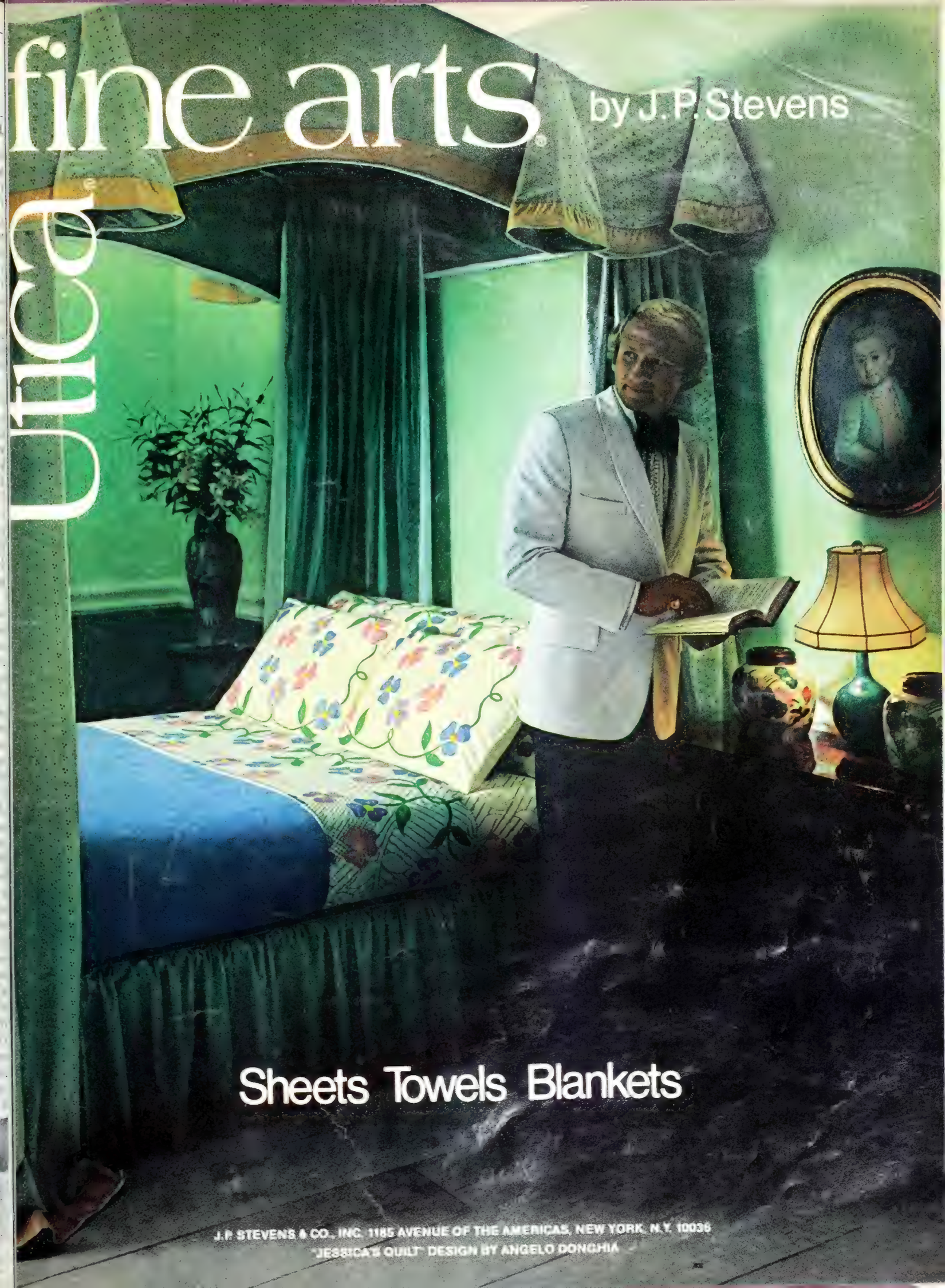
Lots of people don't even know the county conservation offices exist," Sheila went on. "But you just look [illegible] in the telephone book. They are wonderful people. They tell you about federal subsidies for ponds but you have to have a regulation-sized pond to get this sort of grant, rather larger than we wanted, and you have to open the pond to the public. We decided not to apply for that type of funding." To get a test hole made, Robert Kotur made some calls "and a fellow came in with a backhoe with a shovel and dug a small, 12-foot square, 6 feet deep. The idea was to see how the water level maintained during the summer dry season. If the water really went down, then the pond was not terribly feasible, but if it held to within a foot or so the whole time, it was safe to plan something larger." *Cost for the test hole: $35 for an hour with the backhoe and shovel.*

The Koturs' test hole not only held water all through the dry months, but it attracted hundreds of frogs. "They seemed to come from nowhere, we got so excited when we realized the other wildlife that water would attract. . . ." The last time, they were told, to bulldoze the big pond would be in winter; if the ground was partially frozen the heavy machinery needed for the job would not damage the pond.

"I found out through our carpenter the name of a fellow who specialized in ponds. But after attempting to get him to come for 2 or 3 months, without success, he finally admitted he didn't want to do the job." Robert Kotur continued. "We really should have learned by now after two years working on the house, that if you don't work out something with someone in the beginning, you'd better give up and go on to the next person. I'd wasted three months. By now it was December. I had to move fast otherwise the cold weather would be gone and we'd have lost the opportunity of having a pool next year. Just after New Year's I located a quarry worker who had the right equipment, a huge 16-ton $60,000 machine with a smooth edge, that can tilt, pull, or push. Not only was he a machinery expert—he uses the thing like we use a knife and fork—but he was also something of a landscape artist. In five hours one Saturday he dug the pond, putting all the excess soil along the sides,

Continued on page 43

Excavating machine swings into action, TOP, *to dig out the pond,* RIGHT, *which finally measures 60 feet long by 30 feet wide.*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Pruning

AN EASY-DOES-IT GUIDE

BY WILLIAM B. HARRI

1. *[illegible] top and bottom (C), to form ellipse of whole bruise for callous to grow. Paint heartwood until calloused over.* ***2.*** *[illegible] out of trunk's heartwood. (A) and (B) cuts should be used to sever tall, heavy, upright limbs, which can then be cut at desired point.* ***3.*** *Branches that angle acutely (A) produce weak crotches, which will break and ruin [illegible]* ***4.*** *[illegible] (B) too high; (C) too close to bud; (D) correct, there is enough of the live bark remaining to nourish the bud and the callous growth.*

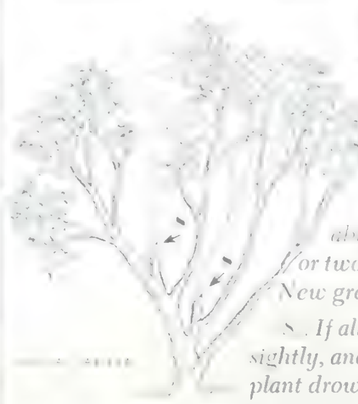
P[illegible] Also, suppliers of fruit trees provide instructions, usually without charge.) Pruning is not generally understood by gardeners and it is a skill [illegible] last. Although I bought pruners [illegible] well as a formidable [illegible] used mostly by my wife, Miss Jane Grant, for cutting flowers. [illegible] first shrub we planted, a forsythia, became overgrown, I retrieved [illegible] some old canes from [illegible]

[illegible] was mutilated a bit, but nature, [illegible] ences (there were none), bought [illegible] forth on what that cheeky little girl [illegible] too long. Almost everyone does. The border looked awful afterward. But it recovered quickly . . . so the books were right. I'd made a few mistakes and nature also corrected those, although less quickly. Subsequently I pruned what

should be pruned every year. Well [illegible] Fortunately, pruning is done in [illegible] in midsummer, and you can still catch those done at other times.

[illegible] are needed. Experi[illegible] stainless steel of the best quality, which is invariably the most expensive. But they last a lifetime, literally, and rarely need sharpening. Needed are a sharp pruning knife (curved like a scimitar and about 5 inches long) for soft twigs ($5-$8), hand pruners for green branches up to an inch in diameter ($15-$18), two-handed loppers of the largest size to lop off branches up to 2 inches (about $30), a curved 18-inch tree saw for large wood ($12), and handpowered hedge shears (up to $20). To economize: skip the loppers, the saw will do most of their work, except to cut large old canes from shrubs growing from a crown. Be careful not to use pruners or loppers on wood beyond their capacity—force applied to the ends of their

Continued on page 38



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Overgrown rhododendron, lilacs, and other tall-growing shrubs can be brought down to reasonable sizes by removing one or two large branches annually. New growth will come from stubs. If all are cut, the bush is unsightly, and there is danger of the plant drowning in its own sap.

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"Pruning is done in cycles throughout the year—miss the one in midsummer, and you can still catch those done at other times"

PRUNING *continued from page 36*

[illegible] some brands have round brushes inserted in [illegible] callouses to prevent spread of rot into heartwood.

Now let's examine how pruning can be made. They used to be dealing [illegible] the ultimate in [illegible] shape is wood-save pruning around the end of the branch or bough. This is the dilemma in which [illegible] And as it grows it will [illegible] grooved. But without callouses a branch or twig cut at right angles to a trunk (in other words, such a cut made to a side shoot) will continue to die back. This is also the reason you don't leave perfectly good but gloomy-looking [illegible] a square house and shape the whole yew into [illegible] the square top and bottom would allow rain to collect, thinning it. A large branch needs a wider cut, slanting out from the crotch [illegible] so that the wound is sustaining [illegible] weight of the branch, maybe 2 or 3 inches of bare wood [illegible] the trunk [illegible] the branch falls. The stub is then easily removed *(drawing 2)*. Branches shooting at a sharp angle [illegible] what is called a weak crotch. It is best to cut them out before storms (wind or ice) break them and destroy symmetry. Elm and poplar tend to develop more of such crotches than maple or oak.

You will obviously prune more twigs and small branches than large ones. At this point maybe you had better go out and cut a branch about 18 inches long off any shrub and look at it carefully. You see the buds and the little branches that are on it? If not a dogwood, those buds and baby branches appear at intervals on the top, bottom, and sides, not really haphazardly—the placement is characteristic of that particular [illegible]. (Most dogwood buds, *C. florida*, show on the sides.) First [illegible] the bud for the direction [illegible] the new growth to take. Now make a slanting cut so that enough bark is left around the bud [illegible] the protective sheath supply [illegible] bud will callous the cut. Otherwise [illegible] will be cut off [illegible] the bud will dry and drop, and the branch itself will continue to die back into good wood. Watching the direction in which a bud will grow will determine how well you shape the plant. When pruning back a twig to its crotch be sure not to leave a nub or make a cut that is too slanting *(drawing 4)*.

When pruning shrubs growing from a crown—forsythia is an example—use a lopper to cut out aged canes from as far down as possible. This is a bit easier if a cut is made 2 feet or so high to remove the weight; then lop off the remainder. Thinning this way induces growth from the crown; when you get [illegible] much new green growth, cut out all of the shoots except two or three of the strongest with the hand pruner. If this pruning of new green wood is done every spring, and old growth cut [illegible] often, it is easy to keep the plant looking sprightly.

Many years ago a friend bought [illegible] of Litchfield's lovely old [illegible] whose grounds had been [illegible] shrubbery close to the [illegible] darkened many windows. She was an accomplished [illegible] from the semitropics of Palm Beach, with no idea how one handled northern deciduous and broadleaf evergreen plants. Some branches were 2 inches thick. Our own shrub border was new-new, so I didn't know any more about this kind of problem than she did. Other friends wanted her to take them out and plant new shrubs. But she said she didn't have enough time to watch them grow. So I went to the nurseryman who had helped me earlier with soil and whom I had come to know and talked him into looking at these giant bushes. He told us that if we cut the big branches to within a foot or so of the trunk that new growth would appear on the stump. But only a few big limbs should be cut each year. He lent us a book, which we both studied.

This is pruning that can try your soul. You can make cuts that will let you break off a large vertical branch without stripping bark *(drawing 2)*, then saw through 2 or 3 inches of wood on a slant at the proper point above the trunk—but which one do you cut *(drawing 5)*? That's the question only answered

Continued on page 40

Leggy shrubs growing from a crown: A can pruned by cutting out branches from the base; B, crew cut (C) is unsightly; to force growth from bottom, prune as in D. Shear or prune yews when growth starts in the spring.

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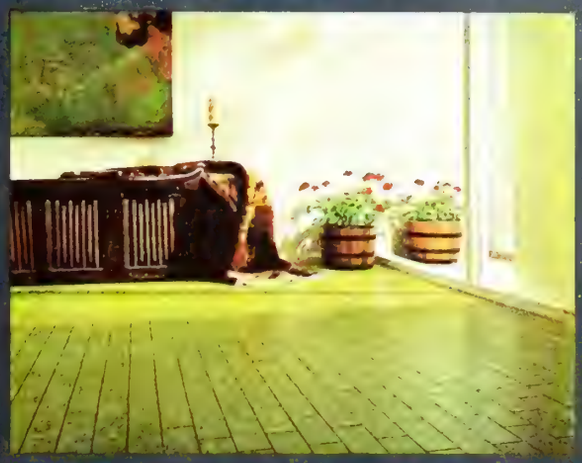

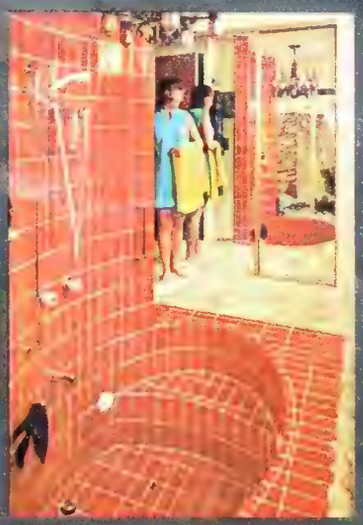

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"Study the plant's structure from every angle . . . if in doubt, don't cut"

PRUNING continued from page 38

But you should have an idea how that shrub shaped itself before it grew rampant, then imagine how shrub from the stump will look in a couple of seasons, and decide which branch you will encourage. All at the same time. This facility is called structural visualization, an aptitude enabling one to place diverse three-dimensional objects in limited three-dimensional [illegible] so [illegible] others like myself, learn to acquire it after committing numerous mutilations, but as noted earlier, nature takes care of your every error. Visualize the owner of the home had a fine stand of [illegible] seem to be never enough with it [illegible] it could accompany a very large branch about 12 feet high and standing at the side of the house. "Well," I said, "you can [illegible] the evergreen." She looked at me as if I were a simpleton, shrugged and left the room. [illegible] I hauled the heavy work animal out of [illegible]

If you need extensive thinning, you find that all pruning cuts should be made [illegible] the plant without the [illegible] you are about to prune [illegible] the plant's structure from every angle . . . if in doubt, don't cut. [illegible] credit . . . learn how various shrubs and trees should grow by observing good specimens, for many kinds grow well without extensive pruning . . . "Although heavily armed," one observer says, "don't attack, the plant is quite tame."

What branches do you prune besides dead or diseased branches, [illegible] points.

If you have bought a bareroot shrub or tree, prune off broken roots and one-third of its top to bring roots and top back into balance.

Shape young trees or shrubs early in their lives (when well established) to keep them from "going wild." Examples: prune back leaders on dwarf conifers or they won't stay dwarf; permit only one straight trunk to grow, and if leaders develop low on them, prune all except one to keep a weak crotch from developing. Prune back hard any suckers growing from the surface around a trunk of a tree or you will grow an unsightly bush. Remove all but a few strong leaders from the crowns of deciduous shrubs (*drawing 6*). Prune out excessive twiggy growth [illegible] after it develops on flowering [illegible] and other [illegible] shrubs. Flowering trees or shrubs to keep them from growing askew, as well as to provide good interior air circulation to help prevent mildew. Prune all growth coming from below the [illegible] of grafts or budded plants or popping through the soil line from the roots of such understocks, for they are a different variety, stronger than the [illegible] and will take over the plant if left. [illegible] For example, [illegible] are usually all grafted on *Rosa multiflora*, a white [illegible] with huge thorns. [illegible] are easily recognized as thickened growth near the [illegible] placed below the surface. dig to find them. And if you [illegible] only the tips of twiggy shrubs, the plants will look [illegible] they have grew [illegible] (*drawing 6*).

When to prune [illegible] a question. It is easily answered with deciduous trees anytime except early summer, for subsequent growth will die if it doesn't mature before winter. Needle evergreens, on the other hand, should be pruned very early in the spring—just before growth starts, but only immature branches, those over a year old seldom have eyes below the cut on which new growth will develop.

Pruning flowering ornamental shrubs for a better quality of bloom and to keep them a reasonable size is based on the time they flower—information easily found in garden books or catalogues. Those that bloom on branches *grown the previous year* should be pruned when they have grown to the desired size immediately after flowering. Forsythia and prunus are examples. These kinds may be pruned back hard, but shrubs like philadelphus, deutzia, woody buddleia, and azalea, which produce new growth as they flower, need only thinning, the spent flowers removed to prevent the formation of seed and hence enhance vital-

Continued on page 43

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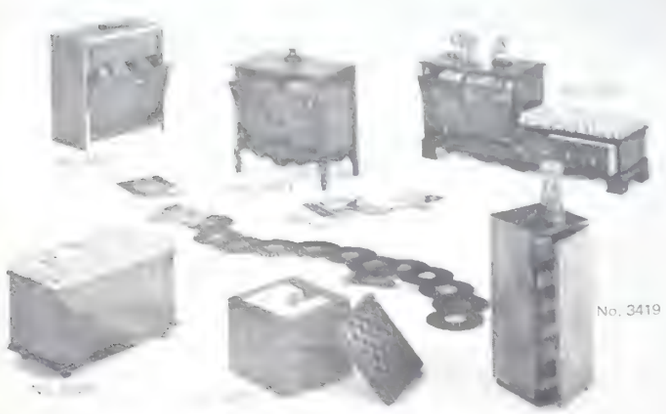

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PRUNING *continued from page 40*

ty. Shrubs that bloom on *new growth in late spring or summer* re pruned in very early spring or winter—gardeners generally choose winter to lighten their spring work. There is a long list of these, too: berberis, caryopteris, hydrangea, nd kerria are the best known. Evergreen shrubs (needle and broadleaf) need pruning only for hape and size. Shade trees are usually pruned in late winter and early spring when their outlines re clear, except the "bleeders"—naples, birches, and yellowwoods, which are pruned after full leaf.

The next time you see a neatly clipped 4- to 5-foot hedge examine he sides. Almost invariably they will toe in. And even if exactly perpendicular to the ground, the bottom of the hedge will be thin—nstead of starting from ground evel, its fine coat of green begins foot or more above its shoes. The eason for the toe-in: No bottom ine was used to guide the primer. noreover, those without considerable proficiency with hedge shears end to cut deeper from a standing position as they move down a side. As hedges are leafless at the ground because of less sunlight, wedge or slope the sides of a hedge n the top to let the sunshine in (the wedge need not be pronounced). If your back isn't supple enough to permit the palm of your hands to touch the ground without bending the knees, sit or kneel when pruning or clipping low branches, don't bend over. That nugget is from personal experience, too.

Next spring thin those perennials that grow from a crown. (Thinning is really pruning, you know.) After new growth appears in early spring, leave only the strongest shoots—perhaps less than half of them. The roots will be appreciative, for they will have less top to support and will feed what is left better—no runts will grow, so to speak, in the litter. And there will be lots of air circulating, which will inhibit molds. Flower heads will be bigger, flowering side shoots stronger. Delphinium, helenium, gypsophila, peonies, garden phlox, *Chrysanthemum maximum,* and fall-blooming asters will be the better for it. And you have no tools to buy. Use your fingernails. ■

This is the fourth installment in a series about practical gardening based on the personal experience of the writer.

THE KOTUR POND *continued from page 34*

smoothing it out and contouring as he went. He picked up great trees that were in the way as if they were matchsticks and replanted them elsewhere on the land and huge boulders that we could never have moved ourselves." The pond developed a natural character as the Koturs stood and watched; it was to be irregular in shape, like a real woodland pool. Finally it was about 60 feet long, 30 feet wide, and 6 feet deep in the middle. The shallow end where the children will bathe is in the sun, the deeper part in the shade. *Cost of the pond bulldozing: 5 hours at $25 an hour.*

The next weekend when the Koturs returned to the house, they were shocked to find that the pond had not filled all the way with water. "The little test hole filled up so quickly, we thought a pond would be there almost immediately. We called up the contractor who said we shouldn't worry because it was cold so water was flowing slowly. And the soil is porous, but once it reaches saturation point, which it does eventually, then water stops seeping out and it begins to fill more rapidly." Gradually over several weeks the water level rose foot by foot and everything went as planned.

"But we've since discovered that ponds are very temperamental; we heard of other people who had two ponds dug next to each other. One filled and the other didn't. It depends on the soil, how the water runs. You just have to wait and see. If a pond doesn't fill there are certain measures to correct the situation. Get it drained, get a special mixture that well-diggers use and rake this into the soil, so that a barrier is formed, and try again." To settle the mud at the bottom, once the pond was filled, the Koturs had some coarse sand hauled over from a nearby sand and gravel company. This was shoveled around the sides and raked across the bottom, "to make swimming more pleasant." *Cost of 2 tons of coarse sand: $60.*

This summer, the Kotur family look forward to the fun of the pool and lots of wildlife watching. Sheila added: "We've already noticed deer tracks up to the edge. "We might buy a couple of swans and see if they'll live with us. I'd like to plant water lilies." They're already planning the second act. "We thought we'd ask the contractor to make a waterfall where the spring flows into the pool." ■

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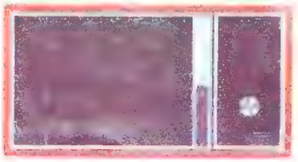

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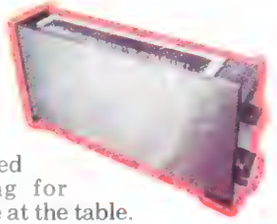

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How to work your way out of a box

f we feel restless at this moment, there is ood reason for it. Leading educationists, sychologists, and sociologists observe hat we are in the midst of cultural change. A transformation of consciousness is go- ng on all over the world," says Dr. William win Thompson, Professor of Humanities, eacher at the new educational center Lind- sfarne, author of a provocative book *At the dge of History* (Harper & Row). And he dds: "The transformation of culture is in- eparable from the transformation of the ndividual. We are not so much concerned ith what to do as how to be."

This question of how to be is prompting ots of exciting personal changes in every- ne's life. Today's concern for healthier ving, better nutrition, emphasis on physi- al well being, the understanding that we an use inner energy to maintain peace of nind, are all part of the new culture mix. breaking out of the box of old habits, a eaching for a new and better way to live. We want to live more sensitively, more ensuously, finding the time to do all the hings we really want to do.

It's not surprising, then, that we should ind ourselves making dramatic changes t home. Remodeling, adding on, making ver our personal surroundings to fit the xpansive, romantic New Age living. We're working our way out of the architectural box, because we're ready to venture into more exciting dimensions.

We start this issue with stunning examples of how some people have already broken through structural barriers. Mr. and Mrs. James Cutts, page 48, asked architect Walter Ramberg to burst their box by adding on a second story and new wings. Result: Inside, almost every right angle disappeared as spaces opened up, heightened and stretched. Architect Warren Cox broke the conventional skin of his Victorian house in Georgetown, page 52, by putting in lots of arches and circles, linking spaces to give the old shape a new dimension. Charles Marks applied his architectural talents to a city apartment, page 56, transforming something very square into something extraordinary, with fabulous curving walls that can be moved out when the family moves out.

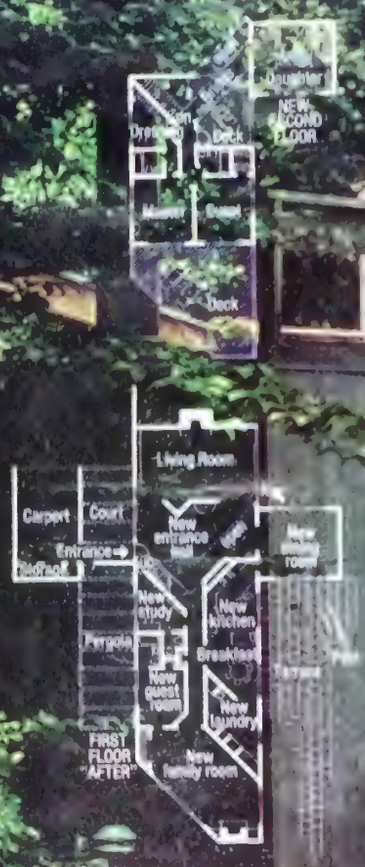
Transformations may go on outside, just as well as within the house. Jack Lenor Larsen added to his country retreat . . . a conservatory plus a man-made pond in a remodeled meadow, which has become an enchanting picnic place and wildlife sanctuary where he can *feel* nature, page 82. On page 80, a city roof has been made-over as play space, giving younger members of the family a chance to feel and really enjoy the outdoors.

These are all dynamic innovations to help you start planning your own environmental changes and get you on your way to living with more sensibility. Of course, your revisioning of living is going hand in hand with the idea of shaping mind and body to meet New Age criteria. We are all aware of how diet can make or break personal performance. How physical exercise can extend the opportunities for living a freer, fuller life. We have two personal prescriptions from two great doctors, Denton Cooley, page 74, and Hans Selye, page 75, which will inspire you to keep up your own good health program. (And should any slimming be necessary, we have ten diet sherbets to see you through summer, starting on page 93.)

Slipping into New Age gear may sometimes call for courage and discipline. Remodeling, changing, making over may be hard to do, even agony to go through, but it's always worthwhile. **The important thing, reminds Dr. Thompson "is to begin to live it rather than talk it, so that you begin to move with life rather than through life. There is more pulse to this new life, a new rhythm. There is sunlight and space in which to breathe."**

AKE OVER YOUR HOUSE
T YOUR DREAMS

Add on a second story and two new wings



New plan

Original house

The point of any remodeling project is to create an environment to match a vision of the way you want to live. The original house, *inset, opposite page,* was a box; a nice box with big windows set four-square on an interesting lot, but for a gregarious family it was very small.

So architect Walter Ramberg started over: a new extension at the back for a family room, *see plan;* a steeproofed second story over the original box for guest and master bedrooms; a two-story addition for dining and daughter's rooms. Inside, almost every right angle disappeared as spaces opened up, heightened, stretched. Now Mr. and Mrs. James Cutts have a house as varied as it is unpredictable. From the outside you can sometimes see completely through it. From the inside you catch tantalizing glimpses of other house angles, or you may see nothing but woods, carefully landscaped by Mr. Cutts to conceal the outside world almost completely.

From the front, *above,* the pitch of the new addition, sided in narrow bleached redwood, gives the original living room wall with its old brick chimney the rustic warmth of a Vermont barn. New dining wing, *top,* helps enclose the paved terrace adjoining pool.

You see newly added second story and two wings above this red line

"It's a contemporary house—but romantic," says Mr. Cutts of [illegible] for a creative family. In the new family room, 1, a thick carpet matches the middle tones of the woods and grass outside. An old family piano and two new Atelier International sofas join a tongue-and-groove oak coffee table, [illegible] by Mr. Cutts. Ann Hartman did a lot of the interior decoration. Ann Cutts, age fifteen, envisioned the stars painted on the bottom of her playloft [illegible] 3.

The loft, 2, floats under the peaked roof, accessible by a little red ladder. In the old house, the front door [illegible] wall; [illegible] may explain why the new entrance [illegible] largest space in the house, perfect for large-scale entertaining. "It was an exercise in judicious extravagance," says the architect. On the floor, the rich colors of an antique Soumak rug warm the bluestone. The painting, like most in the house, is by Mr. Cutts. An old Japanese chest stripped to the wood holds plants. Doorways lead left to the living room, right to the dining room, or far right, down the hall to the rest of the house. The hall is two stories high; above it a bridge, 4, leads to daughter Ann's room, overlooks one of two sun [illegible] old chest, possibly Jacobean.

For building materials and equipment, [illegible]

1 Add on a second story and stretch all the rooms up and out

4

5

6

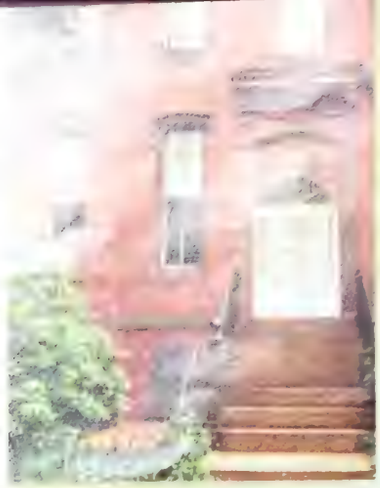
7

8

All the service areas of the house are now together in a kind of spacious trapezoid that saves steps and allows privacy or company as Mrs. Cutts may choose. The angled kitchen, painted a strong, warm House & Garden Parrot Green, 7, has more space than a square room would and leads easily into the dining room. The breakfast area, 8, can be opened to the pool in the summer. Family clutter is dealt with in the laundry room, its entrance unobtrusively in a corner.

HOW TO MAKE OVER YOUR HOUSE
TO FIT YOUR DREAMS

2 Open up a Victorian house with arches and circles



dimension. Old and new: a [illegible] for prints, 5, that encircles the whole living room. Early American weathervanes, the cow beside the sofa, the rooster on its perch share standing space with lamps by Joe Colombo that dip and turn almost as readily as the vanes ever did. Old tools weight new books, 7, and in the library a frieze of old found objects surrounds new banquettes

upholstered in lambskin with storage behind and underneath them. Old pine — the stripped down mantelpiece, 4, and a new coffee table lit from underneath with a deeply boxed light above. Pictures are most important, so the wall circle has another function: it hosts a slide projector in a mirror box, 2, which throws an image onto the wall over the fireplace. Lithographs by Lowell Nesbitt and Robert Rauschenberg have their own lights, on tracks.

3

5

The ceiling of the dining room, seen, 1, from the library fanlight, extends the fanlight curve. It floats free over the room, suspended on threaded rod with lights [illegible] widen here into [illegible] counters for se[illegible] [illegible] candelabra—and an old car [illegible] automobile but a child's toy, now an antique itself. Without much reverence, simply because it was [illegible] what he wanted, Mr. Cox made the dining table himself, from a door. Around it, Thonet chairs with cane seats. In the corner stands an antique brass telescope aimed more or less, at the stars. "It *is* old," says Mr. Cox, "and it's hard to focus, but I can see some things." He shares his house with three champion golden retrievers, two of them sprawled below, 2, on the terrace behind the house, which has yellow canvas director's chairs for people. Their own house is directly above them on a small balcony screened by [illegible] painted wooden trellis, which has, of course, a circle cut in it

Upstairs the master bedroom, 3 and 4, needed no structural work—but now the only traces of the 19th century left are the tall windows that once might have been swathed in elaborate draperies. Mr. Cox gave them white adjustable wooden shutters instead. Strong blue walls, painted to match the Marimekko prints in white and blue (or, for some pillows, red) on bed and benches, make a bold and very modern statement. In the way some children arrange Lego blocks, stacking one end on top of another, Mr. Cox has built in bookcases around the walls. A strong white box runs entirely across the end of the room in front of the windows holding plants up to the light. Balanced on one end of it, bookcases without other visible means of support hold architectural magazines and conceal the lighting for the prints propped on the storage cabinet below: a Chinese painting of Hong Kong harbor; an English painting of a warship; an Audubon lithograph of a lynx; a Wesselmann lithograph; a drawing by Maillol. The bed is built in, the coffee table, while movable, is built to match. Under the windows two wide padded benches, built in, have a table between them with incandescent light underneath its frosted glass top. Even the pretend fireplace is a one-of-a-kind assemblage. The arch, needless to say, was found in the house, but the columns come from another fireplace, and the white marble fountainhead was discovered far away, in Maine.

natural neutral

permanent than it seems. sofas and dining table, 4, -foot ceilings, architect Charles Mark dropped the edges and curved sections to hover over each art work. Concealed

lighting on independent controls assures each its own light effects. Left to right are: a striped canvas sculpture by Richard Kalina, a canvas with chain by Liliana Porter, sculptures in Plexiglas by John Chamberlain and in wood from Oceania. On the back wall, a Claes Oldenburg lithographed self portrait. The black metal sculpture on the table, 1, is by Clement Meadmore.

HOW TO MAKE OVER YOUR APARTMENT TO FIT YOUR DREAMS

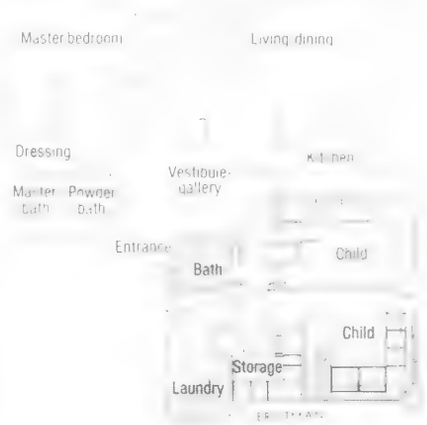
3 Put two apartments together and reshape the rooms with curving walls

4

3

5

The breakthrough involved only a door between the two apartments, *see plan,* but within each, rooms were entirely rearranged. Children at one end and adults at the other both have privacy. The wrap-around line of the dropped ceiling unites the family rooms. First, 1 and 5, as you enter, the vestibule gallery demands attention: Robert Smithson's drawing "Mirror with Broken Shells," John Salt's "Pioneer Pontiac," a wooden ceremonial mask from Oceania. There's a niche for a piano, 2, and a rounded corner for a small bar flanked by a Kenneth Snelson metal sculpture and a Cy Twombly crayon collage. Ron Davis's red "Penny" dominates the living room, 4. Bleached mahogany built-in sofas, Mies van der Rohe chairs, stainless-steel-topped coffee and dining tables —a room for people who like to be comfortable while they look at works of art.



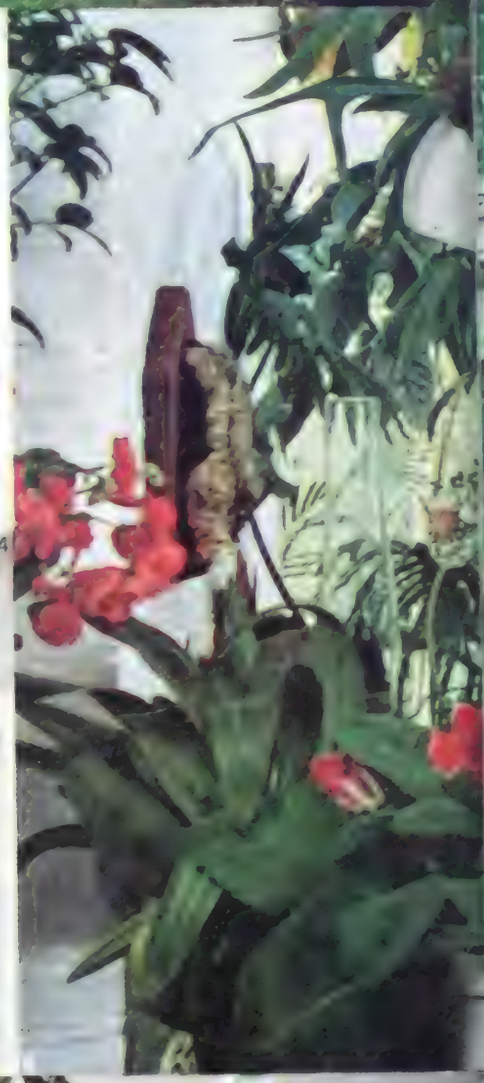
3 [illegible] rooms with movable built-ins

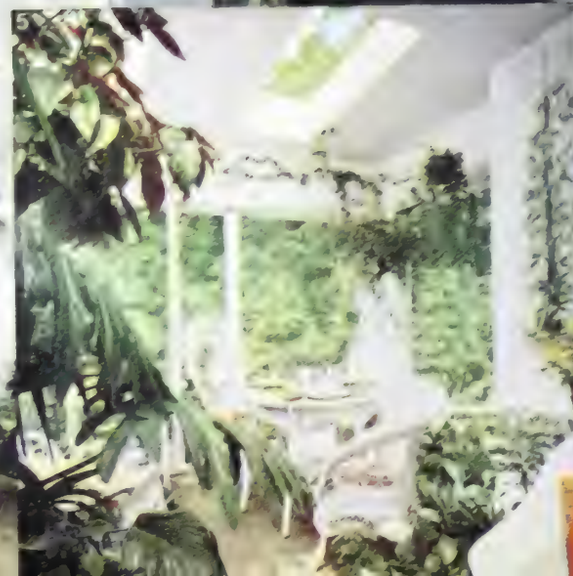
5

Right angles are only incidental throughout the new apartment. Curves and circles lead the eye in long lines and suggest, very delicately, more space than actually exists. Curves [illegible] very practical: tucked into odd spaces that are not quite corners—beside and behind the bed, for example—are useful storage places. The geometry helps to isolate the master bedroom, 5. Only a wall separates it from the living room and the vestibule, but psychologically it has become a private kingdom, full of small rich treasures, a Sol Lewitt drawing on the wall, or Oceanic [illegible] figures around the bed. Underfoot is luxurious honey-blond wool. Vertical white cloth blinds on the windows diffuse natural daylight over the deep antique vibrance of a Soumak rug. Like the rest of the apartment, the bedroom is also planned for ease and comfort. Bright built-in light over the built-in vanity, individual reading lights with switches in the base of the bed, and everything cleanable with the least possible effort. The bedroom is also a home office, in which a compact and practical desk, 2, shares a rounded peninsula, see 1, with the clothes closet. Inside, underneath, everywhere is storage. A large painting by Donald Lewellan looms over a sitting area, 1, with a leather sleep sofa and a chrome-based brown marble coffee table. If the bedroom is warmly introverted, the kitchen, 3 and 4, is pure extrovert. Opening to the dining room, *see plan*, and to the vestibule, it is perfect for hosts who like to cook and talk, too. For family eating, stools face window where, over part of a cactus collection from Goodwin and Busch, the whole city is visible.

Glass in a breezeway to make a garden room

BEFORE





HOW TO MAKE OVER YOUR HOUSE TO FIT YOUR DREAMS

Add on a dining room and strip down the kitchen

5

A small, old house, dating from 1750—and an expert cook who needs space and the most up-to-date equipment in his kitchen. Here is the dilemma that faced Mr. and Mrs. Leo Shaw as years went by. There were only two ways to open this kitchen up—one, by recessing everything possible, such as mixers and blenders, tucked away on a pull-out tray under the sink, *top*, and two, by discarding all cabinets and installing only open shelves, *top and bottom right*, and by hanging as many utensils as possible from walls. Leo Shaw, an expert cook, had to have two ovens, "though even that isn't really enough," and five burners, "not enough either." Enough, however, for his delicious *saucisson en croûte* and crudités with homemade anchovy mayonnaise, *right*. To make light and space, architect James Chase added the dining wing, *far right and below*, with ceiling-to-floor windows and a door into the garden. All materials have a natural look, blending easily with the historic setting. Fluorescent lighting is supported by spots, which create more height and space. "We never thought it could become so big," Leo Shaw says. "We really live in the kitchen all the time now—it's ideal for anyone who enjoys food."

This is the most striking feature of the Shaws' kitchen—the original outside wall of the 1750 house. When the Shaws first came, this wall had been completely covered over to serve as an interior wall, with cabinets all over it and a false ceiling. The Shaws uncovered the original stone, and tore off the ceiling to expose the line of the shed roof, making height and space. (When you move into the old part of the house you must remember to duck your head!) The white still on the wall is cement, which Doris Shaw found she liked and allowed to stay. They removed the cabinets and built a recessed stainless steel refrigerator into the wall. Then, as elsewhere in the kitchen, they hung things for easy access—pots, pans, baskets, utensils—most of which come from their own store, Kitchen Caboodle, a converted carriage factory a few miles away, where Leo Shaw also gives cooking classes. On the floor, slate tiles from a local quarry. Butcher block makes more preparation space. Stainless steel ovens, dishwasher, cooktop by Thermador. Food preparation center by Nutone. Stainless steel sink by Elkay. Custom cabinets and shelving in Formica.

PEWTER— OUT OF THE MUSEUM AND INTO YOUR LIFE

It's a brand-new generation of p
One that combines the traditi
classic Colonial shapes with adv
in modern casting techniques. On
four pages, new pewter to be use
joyed, and collected. It's ready
its place alongside antique pewter
one of America's favorite collec

Traditional pewter, an alloy of tin and other metals, often contained a considerable percentage of lead. Pewter made in America today no longer contains lead. Other minerals, such as antimony, are used to strengthen the metal so that it is as safe as it is practical. Pewter rarely needs polishing if it is kept clean. *Opposite page:* A coffee service of pewter. The handle of the coffeepot is ebony as is the center of the tray. The set by International Pewter. *Below:* Four pieces of "Octette" pewter-handled flatware. The fork tines, spoon bowl, and knife blade are stainless steel finished to resemble and complete the buffed look. It's dishwasher-proof, too. By Gorham. The pewter dinner plate imported from Italy by Bloomingdale's. All the pewter in the hutch, *left,* can be seen on the next two pages with the exception of two "Paul Revere" bowls on the fourth shelf. The larger bowl by Reed & Barton contains the smaller by Kirk. For shopping information turn to page 146

THE NEW GENERATION OF PEWTER

dining table of [illegible] laid with the [illegible] dinner plate, from Bloomingdale's; and pewter wine goblet by Royal Doulton; [illegible] by Royal Worcester. The flowers in the candle of the table are in a bowl [illegible] inches wide that is [illegible] part of the "Octette" group by Gorham. The [illegible] lighted [illegible] candlestick measures [illegible] inches high; the [illegible] candlestick [illegible] inches high. The [illegible] chamberstick, [illegible] inches high, by Royal [illegible] stick with its [illegible] by Reed & Barton; [illegible] stick twin to the one in the [illegible] and a real hurricane lamp 14½ inches [illegible] by International Pewter. [illegible] inches high. [illegible] tions of a 1785 design by [illegible] by Reed & Barton. *Right:* "Octette" [illegible] tray. By Gorham. At Altman's.

Shiny or satiny—fine pewter can be made in a whole range of finishes. A soft, dark, almost matte sheen often characterizes antique pewter. New pewter also can be finished mirror bright as is, for example, the tiny syrup pitcher directly above. It holds 8 ounces and stands 5 inches tall; its accompanying dish is about 4 inches wide. Both by Kirk. Beside it, a cider pitcher in the more traditionally burnished finish. It holds 7 pints and measures 12 inches high. By Reed & Barton. *Left:* Two tankards or "covered jugs" as they were called. In the foreground by Royal Worcester one with a flat lid and incised groove. Behind it, a tankard by Reed & Barton with a lid that is slightly domed. Though some pewter is designed to withstand a dishwasher, soap and water is the safest way to care for it. For advice on care of pewter, see Louise Ade Boger's article, House & Garden, September, 1973. Shopping information, turn to page 140.

DECORATING WITH A FRESH COUNTRY FEELING gives an old house new life

There is no doubt about the date of this house—1738 is proudly built into the brick along the outside wall. Every part of this building tells a story. The original 15-inch floorboards in the living room, *below*, for instance: How did they get there, when at that time all boards over 14 inches wide were by law held to be the property of the King? Every beam is a supporting beam, and original, like upstairs, *opposite page, right*. (Moldings on ceilings and doors are later by about 100 years.) But inside is another story—how to breathe new life into an old building by inspired use of color and patterns—creating fresh country charm in rooms that are reminders of history.

Nestling in the Hudson River Valley, the typical old Dutch farmhouse [illegible]. The walls are made of brick and stone

Who would have thought there could be so many variations on a blue and white theme? Gary Crain, associate designer with Burge Donghia, painted the walls of the living room blue, the moldings white, and filled the room with countless different patterns. Upstairs, *right*, a bright change of color. The whole house was decorated—furniture, paint, fabrics—from Sears, both the Sears catalogue and Sears stores. Curtains, slipcovers, bedspreads were made to order by Sears. Painting by Ray Ciarrochi, *top*, from Tibor de Nagy Gallery. Painting by Julius Goldstein, *above*, from Babcock Galleries. Quilts from America Hurrah Antiques. Shopping information, page 146.

FRESH COUNTRY DASH of clear color, crisp prints, cool white trim

Y lining
e of sun-
picking up the color in
the handsome floor
and light
original beams. Curtains make decorati
panels (and more light
curtain poles—foam-wrapped
then co
decorating idea. Glowing red is the library
theme, *above*, with dazzling Indian-influenced
designs for rug and cushions. Open shelving is
useful a
inches—the
unpainted corner cupboard, *opposite page, bot-*
tablecloth
baskets everywhere. Baskets on library
shelves from Parrish-Woodworth. Graphic
by Secunda, from Arras Gallery. Watercolor by Ray
Ciarrochi from Tibor de N
Yellow antique bowl and white platter in dining
room from John Rosselli. All furniture, fabrics,
paint, window blinds, table settings, rug, and
lamps from Sears. Shopping information, page 146

FRESH COUNTRY CHARM
of wicker and flowers and color underfoot

There is something irresistible about a slanting beamed roof—the esse of country charm. Here, the main bedroom shares its luck by being a sitting room as well. Decorating with summer in mind—cool blue wall and yellow floral chintz for sofa and chairs, *left*, a bright place to take tea in the morning or rest while changing. The floor is carpeted in a soft blue; clean white for cushions, the six-cube coffee table, and the storage hamper. All as fresh as a new pin—yet in a room over 200 years old. Fascinating revival. Three lithogra above the sofa, *left* by Robert Goodnough; painting by the bed by Stanley Boxer, *above* all from the Tibor de Nagy Gallery. Handcrocheted afghans from The Elder Craftsmen.

The country-fresh feeling is everywhere, even in the bathroom, *top,* with its walls gaily upholstered with flowered sheets, yes, sheets and matching curtains. The garden/hallway, *left,* has green painted pine floorboards. The children's room, *above,* shows the original brick wall. Fourposters in waxed unfinished wood, with ready-made pillows and dust-ruffles and quilted sheet coverlets. All furniture, fabrics, lamps, paint from Sears. Plants from Greenery in Poughkeepsie.
For shopping information, please see page 146.

Affairs of the heart

What does a famous heart specialist do to keep a healthy heart? Dr. Denton Cooley outlines his personal formula in a special interview.

By Beverly Russell

Author's note: Denton Cooley, MD, is also president and chief of the Texas Heart Institute, surgical consultant to St. Luke's Episcopal and Texas Children's Hospitals, Houston. His numerous awards include distinguished decorations from Ecuador, Spain, Italy, Panama and Peru; a Grand Medal from Belgium, the International Variety Clubs Humanitarian Award 1963, the Coronat Medal from St. Edwards University 1963, the Kappa Sigma Man of the Year Award 1964, the René Leriche Award of the International Society of Surgery 1967 for the most outstanding contribution to heart surgery during the previous two years. Born in Houston, he began his career at Johns Hopkins in 1944 and as a fresh graduate assisted Dr. Alfred Blalock, who did the first blue baby operation (blue refers to marked the beginning of a new specialty—one leading up to the type of surgery that is common practice today and that Dr. Cooley has made his specialty—experiment surgery that is, correcting problems within the heart while its function is controlled outside it—the heart-lung machine. In 1949, he married one of the Johns Hopkins nurses, Louise Thomas. They have five children. In New York recently, while attending the meeting of the American College of Cardiology and presenting a paper describing a new heart valve, which he designed and has used successfully in almost 500 patients, he met House & Garden a special insight into his own formula for cardiovascular health. It's of vital interest to us all, since cardiovascular disease is the major cause of death in our country today.

"I'm fifty-three right now and I fully expect to live to be ninety. I think that all of my ancestors would have lived that long had they taken better care of themselves." Five years ago, Denton Cooley who has done over 10,000 open heart operations, had the courage to undertake surgery implanting the first artificial heart into a dying patient. He strives to prolong life. His own, his family's, his friends', his patients' who come to him from all parts of the world, whom he treats as friends. Dr. Cooley looks at the most forty-three—suntanned, tall, slim and incredibly handsome—if you didn't know who he was you might think he was a professional athlete. In fact, he plays tennis, golf, basketball, is a horseback rider and a double bass player in the Heartbeats, an orchestra made up mostly of physicians at the Texas Heart Institute, of which he was a founder. "I just sort of picked it up, I've not been playing long. It's fun but I'm not sure it's good for my hands, these old double basses are brutal on your fingers and give you blisters." Recreation is essential to his live-longer philosophy. "I'm blessed with a good ancestry and a good track record of health in both my mother's parents and my father's parents and that, to me, is a very good insurance policy. But I've always believed in a balanced life. Work, rest, and recreation. Work is vital to a long and healthy life and in adding meaning to your life. Rest, [illegible] your sleep time, that's up to the individual. You don't need to sleep eight hours consecutively but you must have adequate rest. Recreation is just as necessary. You've got to [illegible] rest and recreation programs to keep yourself in good shape. I believe one must think about all three and allot time for each." No day for Dr. Cooley passes without some exercise, in addition to the walking marathons through hospital corridors seeing patients. He's often at the Heart Institute eighteen hours a day on [illegible] operations, checking on postoperative cases, seeing future ones, talking to relatives. And always outpacing junior colleagues with his energy. "The question of exercise isn't just to keep the weight down. It keeps all the muscles [illegible] heart tone and this is a very important safeguard. By exercising, stressing the heart to the proper degree, we develop collateral coronary circulation, so that [illegible] does get in trouble, the collateral vessels will take over the support of that injured part. But a lot of things are derived from exercise that helps to keep the legs and hips in good tone. Low back problems are the bane of middle-aged people, particularly. They usually come from relaxation of the abdominal and pelvis muscles, often through sedentary occupation. So if you keep the major muscle mass from the waist down in shape, you've gone a long way toward cardiovascular health and to keeping general health as well. You don't have to go into a vigorous time-consuming program like some men have of jogging thirty minutes a day. Frankly, I just can't spare the time for that so I run in place in the bedroom or dressing room, or hop on one foot fifty times and then do the same on the other. If you do that twice a day in the space of less than five minutes each session then you've got as good exercise almost as playing an hour of singles tennis."

Curiously, however hard we try, sometimes extra pounds appear and Dr. Cooley says he's no exception. This is where diet comes in. "I'm one of those people who really take an assessment of their physique before the mirror while shaving in the morning and if it looks like there's getting to be a little middle-aged spread, then I'll skip a meal or two, or just not eat so much. And I keep a bathroom scales and keep my weight where I want it, 185, and I'm 6 feet 4, which seems okay for my physique."

Being the proper weight for your size is intimately connected with a healthy heart. If you are heavy, that doesn't necessarily mean you're unhealthy or going to die prematurely, but the more weight you carry around, the more the demand on the circulation. "The same heart size, the same blood vessel set up," explains Dr. Cooley "may have to supply twice as much tissue. Of course the heart will adjust to this and it will enlarge, but it's clear that overweight people come to suffer from complications of all sorts from circulation and cardiac disease. I'm not a

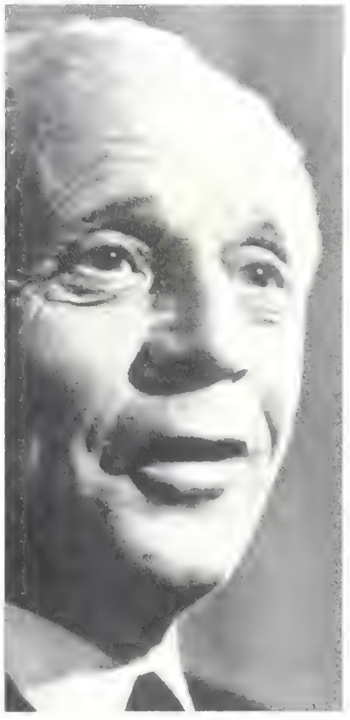
(Continued on page 145)

Prescription for a full life

BY HANS SELYE, MD

A famous authority on stress shares the personal philosophy that has enabled him to see stress as the spice of life.

EDITOR'S NOTE: *Professor and Director of the Institute of Experimental Medicine and Surgery in the University of Montreal, Hans Selye, MD, is best known for his work on the body's physiological response to stress, the major subject of his almost forty years of laboratory research. In addition to his doctorate in medicine, Dr. Selye holds two earned doctorates in science plus sixteen honorary degrees from universities in Europe, South America, Japan, Canada, and the United States. He has contributed over 1400 articles to technical journals and written 28 books. He has received numerous medals, awards, and Honorary Fellowships from scientific societies throughout the world. Dr. Selye's most recent book,* Stress Without Distress *(Lippincott)*, is the result of his conviction "that the basic principles of defense on the cellular level are largely applicable also to people and even to entire societies of men." Physiological stress, as he defines it, is the nonspecific response to any type of demand, pleasant or unpleasant, made on the body. Since we cannot avoid stress, according to Dr. Selye, "we can meet it efficiently and enjoy it by learning more about its mechanism and adjusting our philosophy of life accordingly." In* Stress Without Distress *he tells how he has developed his personal code of conduct, explains the biological research upon which his ideas are based, and, in the following excerpts, summarizes his philosophy.*



"Thou shalt love thy neighbor as thyself." Thus it is written in the Old Testament and re-emphasized by St. Matthew (Ch. 19, v. 19) and St. Mark (Ch. 12, v. 31); indeed, with certain variations, the same command can be found in the most diverse religions and philosophies.

It is the earliest historic guideline designed to maintain equanimity and peace among men. If everyone loved his neighbor as himself, how could there be any war, crime, aggression, or even tension among people? The effort to "love thy neighbor as thyself" probably has done more good, and more to make life pleasant, than any other guideline.

The only trouble is that strict adherence to such behavior is incompatible with the laws of biology. Whether we like it or not, egotism is an essential feature of all living beings, and, if we are honest with ourselves, we must admit that none of us actually loves all our fellow men as much as ourselves. When interests clash, I cannot expect others to take my interests as much to heart as their own.

I am convinced that without rejecting the principle "Love thy neighbor" we can adapt it to conform with biological laws discovered in our time and still be compatible with, yet independent of, any particular religion or political creed. All that is needed is a simple rewording of the dictum—"Earn thy neighbor's love."

Thus expressed, we need not offer love on command to people who are truly unlovable; we need not love others as much as ourselves, which would be contrary to the laws of biology. Now success is up to us! Not all of us will be equally good at it, but, even so, the effort to follow the principle will give us a purpose for work; the human body is so constructed that, to maintain its physical and mental health, it must work for a purpose which can be accepted as worth the effort.

Our code offers a worthwhile aim whose utility to ourselves and to others is evident. To earn goodwill helps all and hurts nobody. It provides great security; having shown our usefulness and gained the goodwill, gratitude, and confidence of our potential enemies, why would they want to attack us?

We need guidelines of behavior which are compatible with the ruthless laws of biology and yet remain morally acceptable to ourselves and to other humane human beings. Only the nobility of our final aim, to gain personal satisfaction by helping others, can justify such unsavory but inescapable biological drives as egotism and the urge to greedily hoard possessions. Last but not least, the impossibility of achieving absolute perfection through this code—the acquisition of everybody's undivided love—provides unlimited scope for constant improvement, the only permanent guideline for conduct.

My work on stress clearly indicates the need to distinguish between *(Continued on page 145)*

Man, with his highly developed central nervous system, is especially vulnerable to psychic insults, and there are various little tricks to minimize these. Here are a few that I have found useful:

Even if you systematically want to hoard love, don't waste your time trying to befriend a mad dog.

Admit that there is no perfection, but in each category of achievement something is tops; be satisfied to strive for that.

Whatever situation you meet in life, consider first whether it is really worth fighting for.

Try to keep your mind constantly on the pleasant aspects of life and on actions which can improve your situation. Try to forget everything that is irrevocably ugly or painful. This is perhaps the most efficient way of minimizing stress by what I have called voluntary mental diversion.

Nothing paralyzes your efficiency more than frustration; nothing helps it more than success. Even after the greatest defeats the depressing thought of being a failure is best combated by taking stock of all your past achievements, which no one can deny you. Such conscious stock-taking is most effective in reestablishing the self-confidence necessary for future success. There is something even in the most modest career that we are proud to recall—you would be surprised to see how much this can help when everything seems hopeless.

When faced with a task which is very painful yet indispensable to achieve your aim, don't procrastinate; cut right into an abscess to eliminate the pain, instead of prolonging it by gently rubbing the surface.

Realize that men are not created equal, though they should, of course, have a birthright to equal opportunities. After birth, in a free society, their performance should determine their progress. There will always be leaders and followers, but the leaders are worth keeping only as long as they can serve the followers by acquiring their love, respect, and gratitude.

Finally, do not forget that there is no ready-made success formula which would suit everybody. We are all different and so are our problems. The only thing we have in common is our subordination to those fundamental biological laws which govern all living beings, including man.

BEFORE

Cows and sheep and donke
once walked in and out throu
the graceful arched windows
the ground floor of this Italian villa.
was built in the 18th century as a far
house with living quarters for farm a
mals downstairs and room for membe
of the family in the two stories u

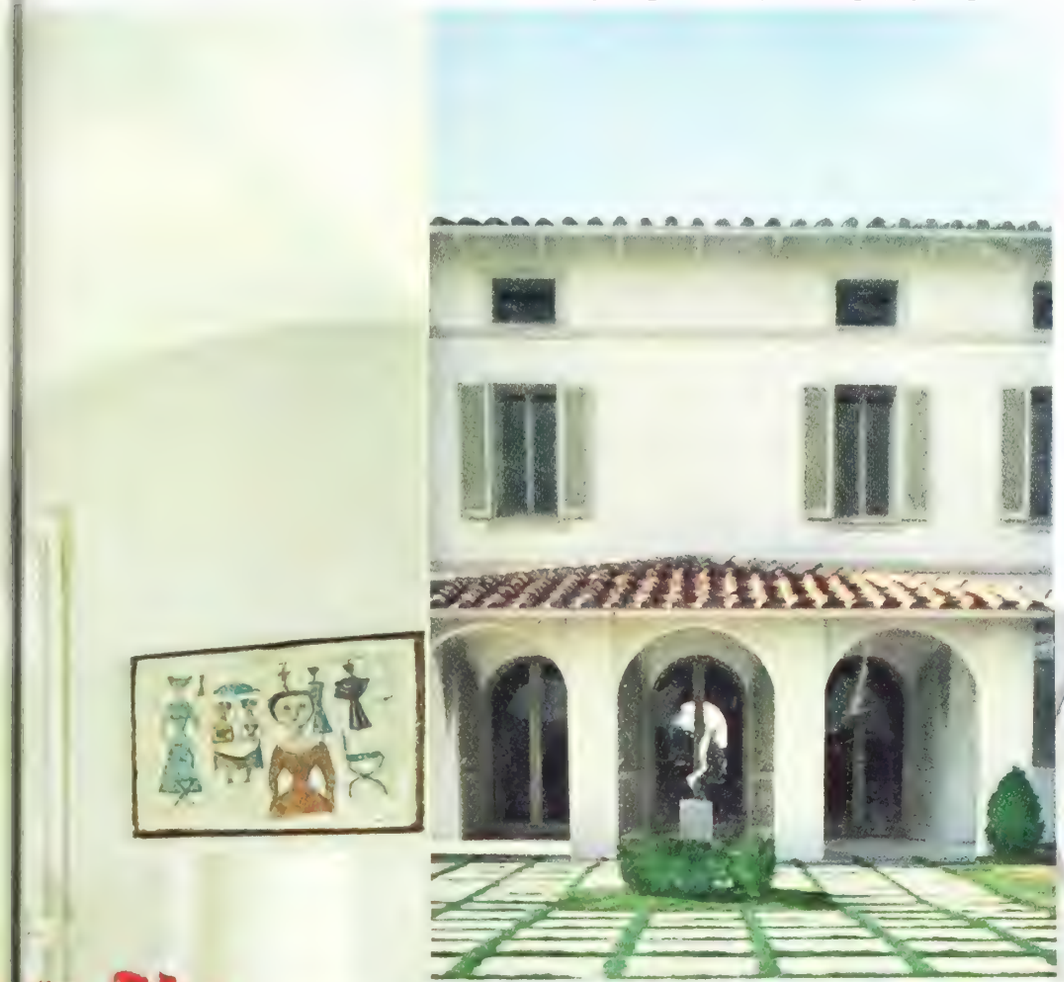
A MODERN COUNTRY FEELING IN A RESTORED FARMHOUSE

when two Americans who work in Italy, Joe Leombruno and Jack Bodi, first saw it, as abandoned, its only inhabitants sheep, *opposite page, far left*. "The roof was only thing about it that was in good shape," Jack Bodi recalls. "The owner knew he to keep that in order, otherwise the whole building would have slowly collapsed." n architectural advice from Giulano Pratelli and a team of local workmen, they ked nine months "to make it more or less what it looked like originally" adding a covered loggia to one side, *opposite page, left*. Today the stucco walls gleam creamy paint. All the floors are pristine mosaic tiling, and the arches have been glassed in. The downstairs hay bin is the kitchen; where there were rows of stalls, there is now a great dining-living room, *below*, cool and airy with an oval travertine table on a tiled base and lots of baskets of *ginestra*—yellow blossoms—from the meadows where they often picnic, *opposite page*. The villa is now a permanent house for Mr. Leombruno and Mr. Bodi plus their family of eight dogs and three cats.

MODERN COUNTRY FEELING

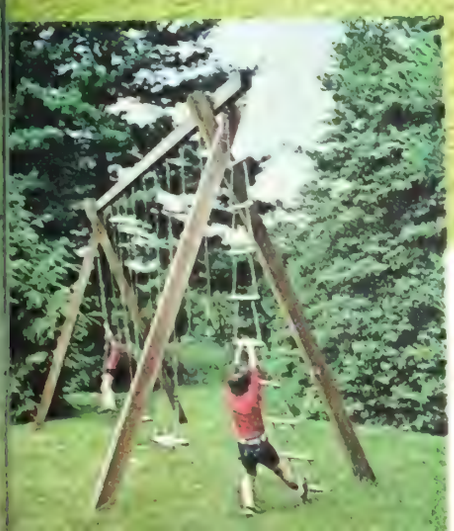
VAULTED CEILINGS, ARCHED WINDOWS, AND SHINING WHITE MOSAIC TILES

The three-story villa was sensibly reorganized for two very creative people. At the very top, the space is divided into two studios—Mr. Leombruno is a photographer, Mr. Bodi a designer, painter, and needlepoint expert. Below this, there are three bedrooms and on the same floor, a balconied sitting room, *opposite page,* all beige and brown and white with Leombruno's photograph of Anna Magnani over the fireplace. "We decided to have an upstairs sitting room because of the marvelous views in all directions." White "for serenity" is repeated everywhere. In the master bedroom, *opposite page, bottom left,* color is added with a bank of needlepoint pillows. In the adjoining bathroom, *below right,* hydrangea blue towels bloom with garden greenery. On the ground floor there is the dining-living room, along with two guest rooms, plus the kitchen, *bottom right.* "The kitchen was the most difficult room to plan, it was long and narrow. We wanted butcher-block counter, but they went wrong and had to be taken out. In the end we settled for dark beige Formica." Joe Leombruno, who cooks delicious Italian food (see his recipes page 98) put a charcoal grill on the wall facing the sink. The vaulted brick ceiling banded with metal, which meets the walls in a scalloped design, is typical of ceilings all through the house. "They're quite remarkable. We left the brick exposed here and in one guest room. Everywhere else we painted it white—for lightness. Too much of it brings a heaviness down on your head." Rather than do this makeover in stages, they went right ahead and finished everything at one time, putting in a spring water swimming pool and landscaping the garden. "We did a lot of instant gardening, planted eighty-four fruit trees—apple, peach, apricot, cherry, almonds—and a kitchen garden of lettuce, tomatoes, squash, cabbages. Last summer we had baskets of fresh figs that we didn't know what to do with. It's a whole new life of creativity and activity." They found restoration easy and free of frustrations. "In Italy there are plenty of craftsmen who care enough about architecture and objects to make them as beautiful as they were in their original state. So there's always a little bit more and a little bit more you want to do."



BRIGHT ZEST FOR CHILDREN INDOORS AND OUT

doors of the shelf space below. The floor is super-sized hexagons made from tiles by Flintkote. Formica-topped desk, designed—as is by Edmund Motyka. *Top and above:* A shipshape room for two young boys—clean, bright, blue and white. Roman shades accent the angled windows and sloping ceiling. Big fat pillows make the sleek platform beds banquettes by day. More round, happy shapes: the wall lamp like a cluster of balloons, half-circle shag rugs, curved-back chairs. A counter runs the width of the windows, with drawers and open shelves beneath. More open storage—tubular étagères. Interior design by Michael Taylor. *Left:* Discover the roof—it's the sunniest and most private city space outdoors. Give your wild Indians a "stockade" fence, roll down a carpet of green "grass" by Monsanto, add play equipment, a picnic table, a fiberboard panel for art shows.

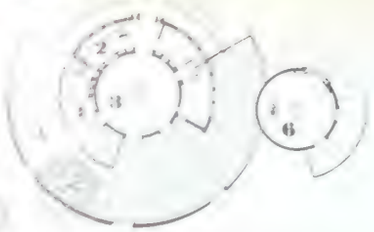


An airy green summerhouse room, *above*. "Wicker and Lace" Dacron and cotton sheets by Martex pattern the walls, furniture, curtains, dust ruffle, and quilted comforter. Cane and "bamboo" fourposter bed from the "Officer's Chest" collection, chair, and ottoman all by Henredon. "Maxipedic" mattress and box springs with a built-in bedboard by Simmons. Double easel—chalkboard on other side—by Creative Playthings. The stenciled floor echoing "Wicker and Lace" designed and painted by Ronald C. Reitz. Interior design by Mac II. *Left:* A handsome swing set built from redwood two-by-fours and gym equipment from a sporting goods store. (If the ropes are not long enough, have length spliced on at a yacht yard.) A handyman can bolt the frame together, hang the equipment, and set the frame securely in the ground. Designed by Gun Agell. For plans, write Gun Agell Interiors. For shopping information, see page 146.

HOW TO MAKE OVER LAND AND ADD ON A GARDEN ROOM

Home improvements are the presents you give a house you love—a small luxury or postponed essential or daring afterthought. Whether indoors or out, the gift decays in pleasure. A conservatory, *right*, that fabric designer Jack Lenor Larsen added to the house he bu (House & [illegible]) yields flowers all year. A man-made pond in a remodeled meadow, *above*, is a picnic place and wildlife sanctuary [illegible] deep, 6 feet at one end where goldfish can winter. A Monet of waterlilies, it is also a waterhole fo deer, foxes, and a stra[illegible]. A fountain jet on a recirculating pump keeps the pond fresh, and rainfall keeps it full. In winter i a skater's carrousel. "A Cat[illegible] scooped the pond roughly 100-by-60 feet, leaving a 30-foot island. A gang of us raked the botton smooth, and it was lined with [illegible] sheeting, covered with 9 inches of earth, and filled with a hose from the well. All in one weeken

The pond and island, *left*, have natural forms. The size and shape of the conservatory were set by the circular form of the house and terrace, *above*. "I added the room for dining and to grow things in winter, but as it worked out it's in use all year. It is natural in that it has no heater, fan, or humidifier. Sunshine heats it. A shade tree, breezes, and wisteria vines supported on pipes and wires keep it comfortable in summer."

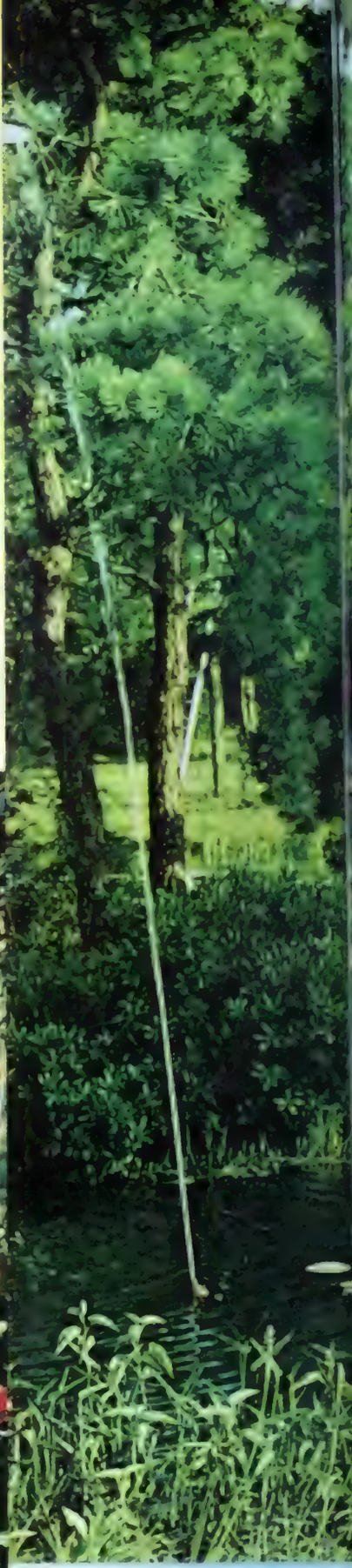


New conservatory, 1, opens to kitchen, 2, living room, 3, terrace, 4. It is near walled garden, 5, and studio, 6. More on pond, 7, stepping stones, 8, island, 9, in Gardener's Notes, page 144. Shopping information page 146.

easily than glass. The curved, faceted wall is double thickness window glass. In spring

for summer. Ge

Montclair, N.J. The stepping stones, *right*, were cast by pouring cement into holes dug in the ground



MAKE OVER LAND, ADD ON GARDEN ROOM

GLASS AND PLASTIC TO CATCH THE SUN, VINYL TO LINE A POND, EASY-TO-MAKE STEPPING STONES

IDEAS FROM ROBERT CARRIER'S NEW COUNTRY RESTAURANT

Parties with that fresh country feeling

"Entertaining is handing out love and friendship," says American-born Robert Carrier, famous for his cookbooks, kitchen shops, and restaurants. "When I see a lovely setting, I can picture a meal happening." Mr. Carrier now has in his restored Queen Anne house in Suffolk, England, constant inspiration for a party scene. The surrounding fields, sweeping lawns, the allée of laurel, and his own apartment wing at Hintlesham Hall also a restaurant and dining club all provide settings for his very personal parties. *Opposite page:* The façade makes a spectacular backdrop for a summer lunch of ham, green herb and salmon pâtes. *Below:* A Moroccan picnic of Couscous Royale, "one of the great one-dish meals" is set on a kilim rug. *Opposite page, bottom:* Orange champagne to start brunch. Menus and recipes, page 94.

DAVID MASSEY

Special unusual flowers every where: Top, for breakfast in the garden, Carol Cruthirds of sunflowers and Sue Nel kee's arrangement of sunflowers and zinnias in a cobalt-blue pottery bowl. Mustard-yellow porcelain, *above*, is paired with autumn fruit; flowers and fruit, Smithers-Oasis, at Foley's, Houston, and pedestal by Charles Cohn. Linen napkins

Robert Feuer at Sens

Lemonade. Tall

Liquid pitcher

for beach bases. At

baskets" with rattan handles for

Houston. Melamine tableware

from Patricia Moore Rieder

tops into a shaded tabletop

HORST

The zest of eating outdoors or bringing the outdoors in

The picnic hamper-and-table is plywood covered in lacquered Brunschwig fabric. Tie down provisions with the cords, slip one rope handle through the other, and away you go. With matching napkins. You supply the contents. Designed by Hans Mayr. At Cache Cache. *Far left:* New shapes in new colors in classic porcelain-enameled, cast-iron cookware by Le Creuset. Oval or round. Also in yellow, brown, or blue. "Les Mama" designed by Enzo Mari. *Left:* Literate relish. Or salad dressing, oil, vinegar, sauce, or jam. Bottles and jars by Wheaton. *Below:* Breakfast for two peacefully patterned in "Blanche's Branches" cotton by Schumacher and "Blue Flowers" porcelain by Royal Copenhagen. "Amalie" sterling and enameled steel flatware at Royal Copenhagen. "Tulip Latham" goblets from Italy at Carole Stupell. Tablesetting designed by Horst. For shopping information, turn to page 146.

"Leaving the faucets open in your washing machine may cause low water pressure in your shower"

HAPPY HOUSEKEEPER *continued from page 24*

We've just signed up with what I think is a unique, important organization—The Credit Card Service Bureau. It's ***a service that keeps all your credit card numbers on file*** so that if you lose only or if they are stolen, the issuers will be promptly notified and you'll get a new card. A single, toll-free telephone call is all that's required to protect the carrier in the case of a missing credit card. The Bureau will also have errors on credit cards and charge plates corrected and notify the issuers of change of address. Each subscriber is provided with little bright yellow stickers to put on each of his credit cards stating that it is registered. And if you forget the telephone number you may get it from Washington, D.C., information. Membership costs $7 a year. In addition to these services, for an additional fee the Bureau will wire you $100 cash if you lose your purse or wallet while traveling and will also arrange to have air tickets replaced. The whole thing seems too good to be true since I've been through the mess of losing my cards and having to notify all my accounts as quickly as possible. For details write: Credit Card Service Bureau, Operations Center, Seminary Plaza Building, 4660 Kenmore Avenue, Alexandria, Va. 22304.

Since we have no water pressure problems in our house, I've never been able to understand ***why the shower water suddenly changes from hot to cool*** while I'm under it. Ours has been acting very badly lately and I finally called the plumber. I explained to him that the abrupt and baffling temperature change often occurred when no one else in the house was using water, and at a time of day when the pressure should be good. After a preliminary check of the pipes, the plumber asked me if we turned off the faucets that carry the hot and cold water to the washing machine when we finish the laundry. I had to admit that as far as I knew we didn't, and he said that leaving the faucets open could make a vacuum that might draw hot water away from any other open faucet. We followed his advice and turned off the washer faucets and I find that the water supply is much steadier. I don't quite understand it, but it works.

I just love my ***new white Teflon pans***. Now that white has become so popular, some cookware manufacturers have taken to lining their products with DuPont Teflon II in white and it looks very light and bright and particularly lovely with a nut-meg-colored exterior. We bought a 12-inch Mirro skillet and some saucepans all in this color combination and I am really enthused about them. The Teflon is still the heavy, smooth, no-stick surface, just as efficient as ever, but the food seems to look nicer in a white pan. As always the pans are easy to wash, and they look absolutely smashing hanging on the pot rack.

I like to send ***wedding presents that are closer to the realities of daily life***—time-proven kitchen equipment, for instance, or good basic accessories for informal entertaining. We like to add a personal note with these presents—a set of fine knives may be accompanied by instructions for proper chopping and mincing. And three black iron skillets, ranging in size from small to large, will bring with them the directions for curing and caring for them. One of my favorite wedding presents is a handsome, roomy enameled iron casserole with several of our favorite recipes tucked inside. ■

WINE & FOOD

NEW SUPPLEMENT FOR THE HOUSE & GARDEN OF QUICK TIPS · SUPER RECIPES · EXPERT ADVICE

10 DIET SHERBETS YOU CAN MAKE IN YOUR REFRIGERATOR

COOKING OUTDOORS
tips, techniques, recipes

YOUR OWN GREEN NOODLES
step by step

REFRESHING FRUIT DRINKS FOR SUMMER

MENUS AND RECIPES FROM ROBERT CARRIER'S NEW DINING CLUB

EATING OUR WAY THROUGH THE SERENGETI
William P. Rayner goes on safari and finds some unexpected food in the bush

General Electric Ranges with P-7® self-cleaning ovens are made for people who love to cook, but hate to clean.

If you hate getting food cooked on your range top and in your oven, here's your opportunity to get rid of it. Set the controls to "Clean" and the ovens automatically clean themselves completely. Top, bottom, sides, racks. Even nooks and crannies you couldn't get to if you had to do it yourself. All that's left is maybe a little ash.

Sparkling P-7 Ovens. You'll like the way they make your kitchen look—and feel. Because they're so well insulated, more heat stays in the oven when you're cooking, helping your kitchen stay cooler.

Oven. There are lots more P-7 Oven Ranges to choose from. And they're filled with Calrod® Surface Units to cook your food as well as your pans. Now all you do when you decide to replace your range is choose the kind you like best.

The eye-level oven

Why bend over to get what's cooking? Model [illegible] has an eye-level oven with a shiny picture window. When it's time to clean it, just put the removable panels in the P-7 oven down below.

The wall oven

If you're looking for a new oven only, how about [illegible] to help you cook good things, it has a rotisserie and automatic meat thermometer, and, of course the oven is self-cleaning.

The Microwave Cooking Center

It's a [illegible] made only by the General Electric Company. A complete cooking center all in one range. The self cleaning P-7 Oven does both microwave and conventional cooking. So you can have your choice. Or even use both at once. You can cook [illegible] the microwave energy and brown with conventional heat at the same time.

Customer Care... Service Everywhere.™ This is our pledge that wherever you are, or go, in the continental U.S.A., you'll find a qualified GE serviceman nearby. Should you ever need him.

P-7 self-cleaning ovens. Another reason why General Electric is America's #1 Major Appliance Value.

GENERAL ELECTRIC

10 diet sherbets you can make in your refrigerator

These delicious healthy sherbets are low in fat or low in sugar. sometimes low in both, and very often low in calories as well. Quick to make, they are all natural flavors that are refreshing after any meal.

All these sherbets can be made in the freezer compartment of a refrigerator using one of the new compact ice cream machines. The machine has an electric cord designed to reach outside the refrigerator to a nearby outlet and it does not have to be packed with ice and salt. You can also freeze some of these sherbets in ice cube trays, if you remove from the tray and beat mixture once or twice during freezing process to ensure a smooth texture.

RUM-GRAPEFRUIT SHERBET

Ingredients: 1 6-ounce can frozen unsweetened grapefruit juice, undiluted; 2 cups liquid skim milk; 1 cup Carnation nonfat instant dry milk crystals; 1 ounce dark rum (Julius Wile's Lemon Hart).

Method: Combine all ingredients in blender at medium speed for several minutes until consistency of thick cream. Transfer mixture to Salton ice cream freezer container and freeze until motor stops (about 1-1½ hours). Makes about 1 quart (about 57 calories per ½ cup).

VANILLA SHERBET

Ingredients: 1½ cups Carnation nonfat instant dry milk crystals; 1½ cups liquid skim milk; 2 teaspoons vanilla and scraped vanilla bean; 1 teaspoon liquid Sucaryl; variation: add 2 ounces sherry for sherry-vanilla flavor.

Method: Combine all ingredients in blender at medium speed for several minutes until consistency of thick cream. Transfer mixture to Salton ice cream freezer container and freeze until motor stops (about 1-1½ hours). Makes about 1 quart (about 55 calories per ½ cup).

1

ORANGE SHERBET

Ingredients: 1 6-ounce can frozen unsweetened orange juice, undiluted; 1½ cups liquid skim milk; ⅔ cup Carnation nonfat instant dry milk crystals; 1 teaspoon vanilla; 4 drops each yellow and red food coloring.

Method: Follow procedure for rum-grapefruit sherbet. Makes about 1 quart (about 50 calories per ½ cup).

STRAWBERRY SHERBET

Ingredients: 3 cups fresh strawberries, washed and hulled; juice of 1 orange; ½ cup Carnation nonfat instant milk crystals; 1½ teaspoons vanilla; 1 teaspoon liquid Sucaryl or more, depending on sweetness of strawberries.

Method: Blend strawberries at high speed in electric blender to pulverize seeds. Add orange juice, milk crystals, vanilla, and Sucaryl and blend at medium speed to consistency of thick cream. Transfer mixture to Salton ice cream freezer container and freeze until motor stops (about 1-1½ hours). Makes approximately 1 quart (about 47 calories per ½ cup).

APPLE GRANITE *(from Ernst Beadle)*

Ingredients: 3 cups apple juice; 3 tablespoons honey or artificial sweetener equivalent; 3 tablespoons Cointreau, rum, or Calvados, optional.

Method: Mix together apple juice, honey or artificial sweetener, and Cointreau, rum, Calvados, if desired and follow directions for Salton ice cream freezer maker. Makes about 1 quart (about 135 calories per ½ cup serving using alcohol with sugar substitute 101 calories using the alcohol, without alcohol but using honey 94 calories per serving; without alcohol and using sugar substitute 63 calories per serving).

The above can be made with other juice and alcohol choices: grape juice with Dubonnet or wine; pineapple juice with rum; canned grapefruit juice with Grand Marnier (all about 95 calories per ½ cup serving using honey, about 65 with sugar substitute).

FROZEN YOGHURT

For a delightful sherbet-like texture, make plain yoghurt according to yoghurt-maker directions, using whatever starter is called for, add vanilla or fruit for flavor and freeze. If you don't have an electric ice cream maker, you can freeze it in ice trays, but in that case to ensure smoothness, beat mixture once or twice during freezing process.

PLAIN YOGHURT

Follow yoghurt-maker directions using 2 cups Carnation instant nonfat dry milk crystals, 3¾ cups water, and whatever starter is called for.

2

VANILLA YOGHURT: Add 1 tablespoon each vanilla and liquid sweetener to plain yoghurt ingredients. (About 58 calories per ½ cup.)

LIME YOGHURT: Add 3 tablespoons Rose's lime juice and 1 tablespoon liquid sweetener to plain yoghurt ingredients. (About 60 calories per ½ cup serving.)

PEACH YOGHURT: To ¾ cup plain yoghurt gently stir in ½ teaspoon vanilla, ½ teaspoon liquid sweetener, 2 teaspoons honey, and ⅓ cup drained Elberta peach slices, chopped. (About 84 calories per ½ cup.)

3

BLUEBERRY YOGHURT: To ¾ cup plain yoghurt gently stir in ½ teaspoon vanilla, ½ teaspoon liquid sweetener, ½ cup thawed frozen unsweetened blueberries, chopped. (About 60 calories per ½ cup serving.)

APRICOT YOGHURT SHERBET

Ingredients: 1 pound can unsweetened apricots (2 cups); 1½ packages gelatin; 1 tablespoon honey; 1 cup plain yoghurt; 4 teaspoons sugar or sugar substitute; 1 teaspoon almond extract.

Method: Drain the can of apricots into a bowl and pour liquid into a saucepan. In a separate bowl, dissolve gelatin in 3 tablespoons apricot juice. Bring the remaining juice to a boil and pour it into the gelatin mixture and stir until dissolved. Set aside to cool.

In a blender add apricots, honey, yoghurt, sugar, and almond extract and purée mixture. In a large bowl mix gelatin and purée together. Follow the ice cream freezer directions. Makes 1 quart and serves 8 (about 100 calories per ½ cup serving, or 92 calories with the sugar substitute.)

LEMON YOGHURT SHERBET

Ingredients: 3 cups plain yoghurt; grated peel of 1 lemon; juice of 2 lemons; 5 tablespoons sugar or sugar substitute.

Method: In a large bowl mix yoghurt, lemon peel, lemon juice, and sugar or sugar substitute together and follow ice cream freezer directions. Serves 6 (about 106 calories per ½ cup with sugar, 65 with sugar substitute). ■

1. Electric ice cream maker by SEB of France. The paddles lift up automatically when the mixture reaches the proper consistency. $22 at Bloomingdale's. 2. Electric ice cream mixer with an automatic shutoff feature. By Invento, $25.95 at Hammacher Schlemmer. 3. "Ice Cream Machine" by Salton. Makes 1 quart in 1 hour. $19.95 at Jordan Marsh and branches.

Menus and recipes from Robert Carrier's new country restaurant

taster

SUMMER LUNCH ON LAWN

Pissaladière
Salad of Mussels
Vegetable Platter
Pâté de Saumon Fumé
Cayenne Dressing
Cold Baked Ham with Mustard and Rosemary Sauce
Green Peas and Watercress Purée à l'Orange
Coleslaw
Cherry Tart with Cream

FRESH SALMON PÂTÉ

stonally

GREEN PEA AND WATERCRESS PURÉE À L'ORANGE

pour boiling water over and boil

Clean watercress, removing stems and any yellow leaves. Com-

blend until smooth, adding a little

put peas and

dressing, other vegetables are

it will be

salt and pepper to taste. Fill or-

and sprinkle with a

BRUNCH FOR 4

Fish Soufflé
Scrambled Eggs with Caviar
Baked Ham with Grapefruit
Tomato and Cucumber Salad

SEAFOOD KEDGEREE

put hot quick

shrimp and toss over very gentle

cooked eggs; separate yolks from whites, chop whites and set aside.

golden. Add chopped egg whites and toss lightly until well mixed, Season to taste with salt and pepper, remove from heat and keep hot. Combine hot béchamel sauce with cream and sharpen flavor

together with the parsley. When well mixed, make a loose ring in a heated serving dish. Fill with seafood mixture. Sieve egg yolks over the egg, mix very lightly. Serves 4.

BAKED SPICED HAM WITH GRAPEFRUIT

Ingredients: 1 large slice cooked lean gammon 1 inch thick; 3 tablespoons brown sugar; 2 tablespoons tomato catsup; 1 teaspoon powdered mustard; ¼ teaspoon paprika; ½ teaspoon ginger; 2 fresh grapefruit; melted butter.

Method: Preheat oven to 350°. Place ham in a well-buttered shallow oval baking dish. In a bowl combine sugar, catsup, mustard, paprika, and ginger and spread over ham. Peel grapefruit and cut into sections. Arrange segments on top of ham, brush with butter and bake 45-50 minutes. Serves 4.

MOROCCAN LUNCH FOR 6-8

Moroccan Appetizer Salad
*Moroccan Carrots**
*Green Peppers**
Tomato and Cucumber Salad
*Couscous Royale**
Moroccan Orange Salad

MOROCCAN PEPPER SALAD

Ingredients: 6 sweet peppers; 3 anchovy fillets, finely chopped; 3 tablespoons parsley, finely chopped; 3 tablespoons onions, finely chopped; 6 tablespoons olive oil; 2 tablespoons lemon juice; salt and freshly ground black pepper; cayenne pepper.

Method: Wash peppers and slice all tops. Remove core and seeds. Slice thinly and arrange pepper rings in serving dish. Sprinkle with anchovies, parsley, and onion. In bowl, combine olive oil and lemon juice; season generously with salt, pepper, cayenne. Pour over pepper rings. Serves 6-8.

MOROCCAN CARROT APPETIZER

Ingredients: 2 pounds carrots, peeled and sliced; 8 tablespoons water; 8 tablespoons olive oil; 2 large cloves garlic; 2-3 tablespoons vinegar; salt and freshly ground black pepper to taste; cayenne pepper; paprika; cumin powder; 4 tablespoons parsley, chopped.

Method: In a saucepan, blanch

"There's always a sense of excitement eating out-of-doors"

arrots in just enough water to over until water comes to the boil. emove from heat and drain. Add ater, olive oil, and garlic and mmer until carrots are tender. rain. Add vinegar, salt, pepper, ayenne, paprika, and cumin pow- er. Garnish with parsley. Serve old. Serves 6-8.

COUSCOUS ROYALE

One of the good one-dish meals." he famous dish, couscous, is com- osed of two distinct parts: the ouscous or grain itself and the ew of fish, meat, or poultry over hich it steams, and whose flavors is intended to absorb.

A special pot, known in French- peaking North Africa as a *cous- ousiere*, is used to make it, but ou can substitute a saucepan with steamer and a bowl, both of hich fit snugly over the saucepan.

Until the last few years, cous ous would have been quite im ractical for the American kitchen s the grain demands a great deal tedious and highly expert reparation before it will sepa ate to light fluffiness when ooked. Nowadays the grain is ex- orted ready for its final steaming, hich is child's play. Here is a ver ion with chicken and lamb.

ngredients: 1 stalk celery, cut into -inch lengths; 6 black pepper- orns; 3 cloves; 1 bay leaf; 1 clove arlic, peeled; ½ to 1 level tea oon cumin seed; 1 3-3½-pound asting chicken; salt and freshly round black pepper; 1½ pounds oulder of lamb; 6 tablespoons live oil; 3 Spanish onions, quar- ered; 6-8 zucchini; 6-8 small tur- ips; 12 small carrots; 3 small reen peppers, seeded, cored, and uartered; 2 teaspoons paprika; ¼ teaspoons ground ginger; ½ tea- oon ground cinnamon; ¼ tea- oon saffron strands; 2 pints boil g water; 2 chicken bouillon ubes; 1 ounces chick peas, soaked vernight; 7 teaspoons tomato aste; 1 pound packaged prepared uscous; 8-ounce package froz- n broad beans; 4 tablespoons arsley chopped; 2 tablespoons utter, cayenne.

Method: Make a bouquet garni: ie up in a square of muslin the elery, peppercorns, cloves, bay af, garlic, and cumin and set side. Cut chicken into serving ortions and season with salt and epper. Cut lamb into large cubes nd season with salt and pepper. elect a large saucepan with teamer that fits tightly over it. Heat 4 tablespoons olive oil in aucepan and sauté chicken and amb pieces steadily until golden rown all over, 10 to 15 minutes. ransfer chicken and lamb to a plate. In the same oil, sauté onions, zucchini, turnips, carrots, and green peppers 15 minutes, or until golden. Sprinkle with paprika, 1 teaspoon ginger, cinnamon, and saffron, and mix well.

Return chicken and lamb pieces to saucepan. Pour in boiling water, add bouillon cubes, chick peas, 6 teaspoons tomato paste, and bouquet garni. Bring to boil; reduce heat to a gentle simmer; cover and cook gently 10 minutes. Place the couscous in a bowl and moisten with 6 tablespoons cold water, one at a time, working it in evenly with your fingertips, rather as though you were creaming fat and flour. The grain will absorb this water without any trouble, and look and feel almost as it did when it came out of the package.

Line steamer with a clean cloth, rinsed and wrung out with boiling water in case any trace of detergent remains. Place couscous in this. Remove lid from pan in which chicken, lamb, and vegetables are simmering. Fit steamer over the top and continue to simmer gently, uncovered. Steam couscous for 30 minutes, occasionally drawing a fork through the grains to aerate them and ensure that they do not stick together. Remove couscous from steamer. Spoon grain into a heatproof bowl that fits snugly over pan. Sprinkle with 2 tablespoons olive oil and gradually add 6 tablespoons cold water, working it in evenly as before. Season to taste with salt.

Add frozen beans to stew. Stir in parsley. Fit bowl over pan and continue to simmer 30 minutes. Add butter to couscous and leave to melt while you finish sauce.

Strain off 2 pint liquid from stew. Pour into a small pan. Flavor with ¼ teaspoon ginger, cayenne, and 1 teaspoon tomato paste. Taste and adjust seasonings—sauce should be quite strong. Reheat to boiling point.

With a fork toss couscous to mix in butter. Heap it around sides of oval, heated serving platter.

Place chicken and lamb pieces in center. Garnish dish with vegetables and spoon over as much of the juices as your dish will take. Serve immediately, handing sauce around separately. Any remaining vegetables and juices can be kept hot in reserve to reinforce the dish if necessary. Serves 6-8. ■

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Cooking outdoors
tips techniques, recipes

by Sandra Oddo

For steak. A [illegible] steak with the [illegible] hand before you grill it and season with salt and pepper.

Or sauté whole peppercorns [illegible] Spread on the steak and let stand half an hour before cooking.

Or hamburger. Chop a small green pepper and a small onion [illegible] spoonfuls of bourbon [illegible] Spread on the meat and let stand half an hour before cooking.

Finish chops [illegible]

Poultry. [illegible] small [illegible] Dry the cavity [illegible]

Work [illegible] spoons dried tarragon. Brush the [illegible] and grill [illegible]

Butter the inside of a small whole fish, wrap a strip of bacon around it. Broil about 10 minutes on each side. Or stuff a lean fish [illegible] Dot with butter and olive oil. Bake with [illegible]

For a superior roast, [illegible] 170° about 3 hours, basting with ¼ cup cider vinegar, ¼ cup salad oil, ¼ cup honey, 1 teaspoon dry mustard, [illegible] as necessary.

Serve a whole beef tenderloin, crisp outside, rare within, with a Béarnaise sauce.

Have the butcher bone and flatten a leg of lamb. Two hours before cooking, cover it with fresh mint and rub with dry mustard, pepper, onion juice. Grill 20 minutes on each side (25 minutes for well-done lamb), basting with ½ cup butter, melted and cooked gently with ¼ clove garlic, 1 tablespoon grated onion, and ¼ cup chopped mint leaves.

Marinades. Almost any inexpensive meat can be improved by a long thoughtful session with a judiciously prepared marinade. Here are a few:

For lamb: Chop a small onion finely, mix into 1 cup plain yoghurt with 2 teaspoons curry powder. Marinate lamb cubes 24 hours in the refrigerator or 12 hours at room temperature. Lamb can be broiled in the marinade.

For beef: Brush a chuck steak or cube steak beef in 1 cup red wine seasoned with ½ cup soy sauce, 2 minced shallots, 1 minced clove of garlic, a little pepper.

Or use a mixture of ½ cup olive oil, the juice of 1 lemon, and ½ cup whiskey, a crushed clove of garlic, salt and pepper. The longer you marinate, the better—but even an hour will help a tough steak.

For chicken: Mix olive oil, vermouth or sherry, and lemon juice.

Continued on page 103

Accouterments for outdoor cooking come in all shapes and sizes capable of doing anything you could do indoors. LEFT TO RIGHT: *Porta-Grill from Roper,* TOP, *has stainless steel grills, all-weather cast aluminum shell, 20 inches square, uses LP gas, in Mustard and Ketchup. $60. Charcoal grill by Char-Broil,* ABOVE, *14-by-23-inch cooking area, pull-out ash pan, lift-out cutting board. $96.48. Electro-Grill by Beatrice has cooking and roasting areas, warming shelf, automatic control. The cooking bed is self-cleaning; extra outlet lets you plug in optional accessories. $150. Charmglow Charm Host gas grill,* TOP, *stainless steel grids, self-cleaning "charm-rocks," 363 square-inch cooking area. $134.90. Table charcoal hibachi by Structo,* ABOVE, *has 12½-by-19½-inch grid, four cooking levels, in Bittersweet or Black.*

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Step by step to making your own delicious green noodles

Tender homemade noodles need very little cooking: just about 3 minutes in lots of fast boiling salted water until *al dente* (with a bite, not mushy). Drain carefully and serve with a sauce as merely melted butter and freshly grated Parmesan cheese. To accompany them: a fresh salad, a crusty loaf, a simple wine.

Homemade spinach noodles make a delicious lu for Jack Bob and Joseph Leonbruno [See th Italian Kitchen, *left*, and story, page 76]. Th cook Teresa arrives by bicycle picking up eggs le and those green tomatoes. Then she has hot English t sun, then makes lunch. She shows the way to homem noodles, *below*. This sauce is a favorite accompanime

WALNUT CREAM SAUCE

Ingredients: ¼ cup butter, 1 pint heavy cream, milk needed, salt to taste, 1½ cups coarsely chopp grated Parmesan cheese, to taste, black pepper to ta *Method:* In a small saucepan heat butter until bubb Add heavy cream to saucepan and mix well. Cook sauc over low flame about 10 minutes or until it comes to boil. If mixture needs to be thinned, add a little milk. A a pinch of salt and 1 cup walnuts to sauce.

Place cooked pasta in a large bowl and sprinkle w remaining nuts, add sauce and mix well. Add Parme cheese and black pepper to taste.

SPINACH NOODLES: *1, 2. Assemble the ingredients on a marble countertop or wooden board; pour 5 cups flour in a mound and make well in the center; place 3 eggs in the well and add ½ cup cooked chopped spinach. 3. All ingredients are kneaded together until the mixture turns green and you have a fairly solid consistency. Sprinkle the pasta with flour as you knead your dough from time to time. When the dough becomes smooth, shape into a ball, cover with a pot bowl and let rest for 30 minutes. 4. Sprinkle the marble top with flour and, with a long, heavy rolling pin roll out portion of dough at a time, wrapping it around pin and stretching each time a little more. Repeat process until the dough is paper thin and greatly enlarged. 5, 6. Pick up dough in middle with rolling pin and fold inward from both sides. 7, 8. Cut dough with a sharp knife into strips about ¾ inches wide and separate. 9. Sprinkle a little flour on top of strips to prevent sticking. Repeat.*

Refreshing **fruit drinks** for summer

Summer fruit drinks can be as fanciful as you wish but the simpler combinations of one spirit or wine with fruit and a sparkling mixer make perfect quenchers on a hot day.

A super eye opener for a morning brunch from Robert Carrier is the ***Champagne Orange.*** Cut one orange peel into a thin spiral strip; place in a large balloon glass (a French wine glass). Fill glass with ice cubes. Add one shot gin, fill up with champagne, and top with a tablespoon or two of brandy. Serves 1.

Negroni Pitcher. Robert Carrier's good refreshing morning drink for a crowd. You need a pint each of red vermouth, Campari, and gin. Combine in a tall pitcher with ice. Add soda water to taste and garnish with a few thin slices of lemon and orange. Makes approximately 1 pint.

Pernod Daiquiri. In a cocktail shaker combine and shake well the juice of ½ lemon and 1 lime, 1 ounces white rum, sugar to taste, a dash of Pernod, and cracked ice. Pour into a cocktail glass. Serves 1.

Sherry Mary. A new slant on the Bloody Mary. Pour into a blender 1 pint tomato juice, 6 ounces vodka, juice of 2 lemons, celery salt, salt, and freshly ground black pepper to taste, 4-6 dashes Worcestershire sauce, 2 ounces dry sherry, and cracked ice. Blend ingredients for about 1 minute until well chilled. Strain into glasses or serve over ice. Serves 10-12.

Anise Campari. For summer Johnny Nicholson who runs the Cafe Nicholson in Manhattan makes himself a Campari on the rocks; tops it up with water and a drop of Pernod. Drink it from a tall glass. "I prefer water to soda with this and one drop of Pernod is enough to give a good flavor." Garnish the drink with a slice of lemon. Serves 1.

Orange and Pernod Cocktail. In a tall glass combine ¾ cup fresh orange juice, 2 tablespoons each vodka and Pernod; stir mixture and add ice cubes. Garnish with a slice of orange. Serves 1.

Raspberry Cooler. In a blender combine a dozen ice cubes with 1 package frozen raspberries, juice of 2 lemons and ¾ cup light rum. Blend until mixture is thick and foamy. Serves 3.

Frosted Pink Lemonade. A frosted pink lemonade is made by Richard Le Mantia by combining 1 cup pink lemonade tinted with a few drops grenadine, ⅓ cup vodka. Rub rim of two large wine glasses with a cut orange and dip into confectioners sugar. Fill glasses with crushed ice, add mixture, and garnish with a slice of orange. Serves 2.

Peach Fuzz. Blend together 1½ ounces Amaretto, 1 peach, 2 ounces heavy cream, ½ ounce grenadine, and pour over ice. Serves 1.

Cranberry Cooler. Gently blend together 1 6-ounce can concentrated cranberry juice, 1½ cups water, ¾ cup Myers's rum and pour over ice. Serves 5.

Ice Tea Cooler. For each cup of tea add the juice of ½ a lemon or lime, sugar to taste, 1 ounce of Myers's rum, and plenty of ice. Stir well and serve.

Byrrh Cassis. Pour 2 jiggers of Byrrh and 1 teaspoon crème de cassis over ice cubes in a tall glass. Top up with soda water and stir. Serves 1.

Apple Brandy Cooler. Place in the blender cracked ice cubes, 2 ounces grenadine, 4 ounces fresh lime juice, 1 cup apple brandy, and blend a few seconds. Serve in chilled wine glasses. Serves 2.

Champagne and Stout. Half fill a chilled Pilsner glass with stout and top up very slowly with champagne. Serves 1. ■

All your instant soups, frozen juices and reconstituted foods could be picking up dirt, rust, sand, or algae, as well as chlorine and other harsh tastes right from your water faucet.

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PATRICIAN AMARETTO

Eating our way through the Serengeti

William P. Rayner goes on safari and finds some delicious food in the bush and brings back the recipes

current story, William P. Rayner and his wife, Charmaine, have written three recipe books: Gourmet Cooking for the Chafe, French Cooking for the Chafe, and, most recently, The Gourmet's Guide to Meat and Poultry (Next: Vanished Culinary Arts). Lately, while the Rayners were in the pastry mood (see page 69), they went on a photographic safari through the great wildlife preserves of East Africa.

How well we were going to dine on safari did not present one thought or concern. We were not excited by the thought of visiting Bird Man Simon Combo-Wibbleton's well-appointed wildlife and cereal estate, where fresh-ground flours still arrive from Yuba and Vanilla-Bean cliffs spices and herbs.

Customarily, June and [illegible] are spring in East Africa, but [illegible] thought by our white hunter and his wife, Michael and Jill Tippett. They were responsible for mounting a host of rather delicate [illegible] we had breakfast, lunch, tea, and dinner for the ensuing twenty days in the bush. I might add that meals were not the hash and baked bean affairs that my previous camping experiences had led me to expect but rather marvelous breakfasts, lunches with curries and salads, and dinners of five courses, complete with two [illegible]. Weight watchers shouldn't even watch. To organize this struggle [illegible] in the wilderness of the Rift Valley, the Serengeti, Lake Rudolph, and the Ngorongora Crater demands the cool efficiency of an air controller on Sunday night at Kennedy Airport, together with that of an unflappable Brillat-Savarin.

Our introduction to the [illegible] hour hours after arriving when we drove to Land Rover to the Tipp[illegible] camp. "Safari Wagons" [illegible] is the Shakespeare of Mount Kenya. Their [illegible] accommodate 7 Plains game. Twenty [illegible] zebra, giraffe, and impala, spaced [illegible] minutes, and a camp [illegible] thanks, game laws and anti-[illegible]. Once in Safari Wagons, the routine of camp life begins the next morning at 5:30, when the quiet Moslem night is shattered by the sound of a tipped can [illegible] being flailed by Shaka and Lenga, who [illegible] to wish good morning, English breakfast tea. This is supposed to fortify one for the dawn [illegible]. But then after two hours inspecting animals [illegible] and knees [illegible] hungry but ready for a proper breakfast of kippered herring, cereal, eggs, ham, toast, muffins, fruit, and sometimes hot cakes. The way bread is baked in camp is particularly ingenious. Ovens are improvised from cast-off metal ammunition cases covered over with earth, upon which dry wood is heaped, fired, and banked to embers. One day a most marvelous cheese soufflé, crisp on top, firm in the center, and creamy

on the bottom, appeared from [illegible] contraption. I asked the M[illegible] had it he preferred to time [illegible] soufflé at 425 degrees for 40 m[illegible]utes or at 475 degrees for 20 m[illegible]utes. He said, "I do not know. [illegible] can tell time." His soufflé could, though.

Leaving the lunch, we dr[illegible] northward to the Samburu Ga[illegible] Preserve. One passes through [illegible] most beautiful rolling country [illegible] of the Kikuyu tribe, rich [illegible] coffee and sisal plantations. Th[illegible] the rolling hills give way to [illegible] desert as one approaches [illegible] southern border of the north [illegible] frontier district. There the S[illegible]buru Lodge, surrounded by h[illegible] askaris, valiantly keep the anim[illegible] out and the guests in, sits go[illegible]lush Ewaso Ngiro River. We din[illegible] under a great open rotunda sho[illegible] veranda that overhangs this ri[illegible]ed river where leopards come [illegible] the evening to drink, and up fr[illegible] where bright-colored starli[illegible] swoop and alight on our table. T[illegible] river edge is overrun with sm[illegible] baboons known as vervets, wh[illegible] main enjoyment is pestering [illegible] tourist and stealing poppadu[illegible] (Indian bread). During my f[illegible] shower in a week, I heard some[illegible] noisy in the bedroom of [illegible] thatched banda and thought it w[illegible] my wife unpacking. I conducted [illegible] long one-way conversation w[illegible] what turned out to be a family [illegible] vervet who had taken advanta[illegible] of the open door and were n[illegible] proceeding to have a pillow fig[illegible] The food in the lodges, wh[illegible] varied, is no match for that of t[illegible] camp. We did have one marvelo[illegible] deep dish guava pie.

I hated to leave Samburu, b[illegible]

LEFT: *Head cook in front of kit[illegible]en tent, with freshly baked bre[illegible]*

RAYNER

"One day a most marvelous cheese soufflé appeared. I asked the Masai chef how he preferred to time his soufflé. He said, 'I do not know—I can not tell time.' His soufflés could, though"

e were off to other spots, which ould be equally loathsome to ave. One of these was Lake Ru lph, a remote crocodile-infested land sea surrounded by tens of housands of miles of moonscape asteland, which Kenya shares ith Ethiopia and the Sudan. The traction of the "Jade Sea" is either the crocodiles, the weather mean temperature about 95 degrees), nor the accommodations is the fish. There are more fish er cubic unit of water than any lace else in the world. The stars e the Nile perch (who have been cked in this body of water since rehistoric times and remained the 00-pound forebears of our 8-unce variety), together with the ger fish, which is full of fight ones, teeth, and impossible to at. Between the crocodiles and e tiger fish, swimming was an ther reason we didn't have for isiting this remote spot. It is so emote that the only practical way o get there is by plane. As our pache touched down I could see om the copilot's seat the wee Gia ometti-like figure of a Turkana ribesman, his upright spear plant d firmly in the sand, directing our pproach, his arms outstretched, ands twirling at wrist then the nife like gesture of drawing the and swiftly across the throat to irect our pilot to cut engines, hich brought the craft to rest ext to his hut. Rather like any nternational airport, except that ur Turkana was stark naked. When we opened the cabin door nd that hot, dead desert wind en ered, it became clear why neither Seventh Avenue nor Savile Row has missionaries here. Neverthe ess, of all the places I have visited n Africa, the gut impressions aken away from Lake Rudolph re the most potent. The Turkanas, with their lean 6-foot frames, mid night skin, aquiline features, and ballet movements are to beauty what the Greeks were to intellect. When in repose they capture the meaning of Isak Dinesen's phrase they sit down to experience life." When dancing, their movements would captivate a Jerome Robbins or the Harlem Globetrotters. This s the place where Dr. Leakey and others are beginning to re-evalu ate how long it took man to evolve his brain from 1 to 3 pints (6 cups). This is also the place where some Italians left with our hosts he true way to make espresso when an espresso machine is not handy, and around Lake Rudolph espresso machines are not handy. The secret is to use coffee in place of water for the liquid filtered through espresso grounds.

Some 400 miles south of the Jade Sea lies the great Masai Mara game preserve where our next camp had been set under massive Mvule shade trees, next to a small stream to which all manner of wildlife came for refreshment. We, too, were ready for refreshment after the blistering Rudolph and for the first time began uncorking those carefully selected wines that can not only travel, but travel hard, know how to "camp," can be dragged over rough terrain and subjected to extreme heat and cold, while still remaining good-natured. For the whites, we selected a Macon Blanc, a Muscadet and a Petit Chablis. The reds were a Pomerol, Beaujolais Superior, and a Cote de Beaune Village. Varieties of these are all readily available in the States, if wine is a friend you do not want to leave at home when heading for the woods.

The Masai who live in the Mara have their beverage too. It is composed of goat's milk, their own urine, and cow's blood but it does not "travel well." They carry it in bottles hung by straps, canteen like, to the side. Some think it accounts for the wondrous smoothness and silkiness of their skin. The women of this tall slender race wear long magenta robes, strands of beaded jewelry, and long-hoop earrings of red, white, and blue beads, all tightly stitched together and supported on earlobes with holes big enough to pass a baseball through. Their skulls are shaved clean. Their men wear reddish brown togas over one shoulder, leaving the other bare; a sword to the side; their hair long, braided into thick pigtails with a leather strap around the brow. Perhaps all this finery bolsters the Masai's innate sense of superiority, for they believe themselves to be "God's chosen people." Or it may be the knowledge of having descended from the ancient Egyptians that allows them to assume an attitude of nobility and feel above the law, both man and nature's, for they have no more hesitation in breaking man's law and stealing other tribes' cattle than they do tempting nature's laws by hunting lions with a spear to prove their manhood. But all this is changing, for the Masai "conditioned social unit" is in flux. On an evening, the district commissioner took us to one of their bomas, which consists of a series of dwellings (in which the families lie down with their cattle and ignore the swarming flies), surrounded by a wall all fashioned from dung and thorny branches. One young Masai was sitting cross-legged, with those dim unseeing eyes, a mind out of gear, "experiencing life." The man turned out to be the top jet pilot of the Kenya Air Force who, on leave, returns to his tribe and dons the habit and habits of his forebears. A 20th-century man who spends leave with his stone age family in the Mara.

The Mara stretches across the Tanzanian border into the Serengeti, among the largest of all African parks, whose large animal population is estimated at 366,980. Here the elephant wanders in great herds eating their 300 pounds of vegetation each day, while the sweetest of all animals, the tiny 14-inch dik-dik (a kind of antelope) who pairs off only with one other dik-dik, never leaves her mate's side, and dies of loneliness when she is killed or captured, has trouble forcing down a thimbleful. There must be a lot of broken-hearted dik-diks in the Serengeti, for later in Mombasa we would visit shops filled with their tiny horns made into bracelets for tourists to buy and lose.

It was a tiring drive to our new camp in the Serengeti, and we arrived well after sundown. There was a huge bonfire to welcome us for here it is cool at night; a bar was set up and off to the right our mess tent at ready to celebrate a birthday. Tonight we were to have the very special kipper pâté, avocado soup, poussins viroflax with forcemeat, braised celery, tomatoes en casserole, hash brown potatoes, passion fruit sherbet, and devil's food cake. A selection of wines accompanied this simple meal, after which we returned to the fire for brandy, cigars, and the

Continued on next page

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...UGH THE SWEDISH ... page

TYPICAL SAFARI DINNER

KIPPER PATE

ICED AVOCADO SOUP

POUSSINS VIROFLAX

FORCEMEAT

BRAISED CELERY

HASH BROWN POTATOES

PASSION FRUIT SHERBET

DEEP DISH GUAVA PIE

Because fresh guavas are very difficult to come by in most of North America, we use canned guavas and I defy anyone to tell the difference when using them in this recipe.

Ingredients: 2 cans (1 pound 2 ounces) guava shells in heavy syrup, 1 package (10 ounces) pie-crust mix.

Method: In a deep 1-quart baking dish place contents of both cans of guava shells and syrup from only 1 can. Cover with pie pastry. Prick with fork and trim edges with scissors. Bake about 35 minutes at 350°. ■

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"Wrap thinly sliced, seasoned zucchini in foil and lay it on the coals to cook along with the meat"

COOKING OUTDOORS continued from page 96

...c thyme, rosemary, salt, pepper. ...r mix olive oil, pineapple juice, ...ge juice, and soy sauce, and ...son with ginger and garlic.

...or pork: Sprinkle cubes with ...reira and a little ginger. Or ...inate in olive oil, orange juice, ...hopped onion, salt, pepper.

...bobs. Instead of the usual ...t/onion/tomato/pepper on a ...ver, try new combinations:

...lternate marinated beef cubes ...h mushrooms marinated in oil ...lemon juice or madeira.

...oop long strips of marinated ... around oysters on the skewer; ...n with toothpicks.

...oll scallops or firm-fleshed fish, ...ed and marinated in oil and ...n juice, in grated onion and ...ger and broil on a skewer.

...eason oysters, dip in melted ...er, then roll in grated Parme...

Or wrap a strip of bacon ...und them on the skewer.

...Marinate large raw peeled ...mp in barbecue sauce, alter... with lemon slices on skewer.

...Quick-fry about a pound of ...'s liver, cut into cubes. Meh... square, thread on skewers and dust with salt, cumin, red pepper. Wrap in strips of bacon; broil.

Alternate marinated lamb with eggplant cubes. Or pickled white onions, wedges of zucchini.

Barbecues. All you need for any barbecue is one good sauce. Try this unusual Deep-South one with any meat.

Put 1 cup wine vinegar, 2 cups water, 8 bay leaves, 2 large finely chopped green peppers, and 3 finely chopped stalks of celery in the top of a 2-quart double boiler. Cover and cook over boiling water until very tender, at least 1 hour. Remove bay leaves; mash vegetables through a sieve. Return to pot.

Add 5 tablespoons chili powder, 2½ tablespoons garlic powder, 2 tablespoons Worcestershire sauce, 2 tablespoons dry mustard mixed with a little water to a cup. Heat about 15 minutes, then add 3 cups thick tomato paste, 1 cup sugar cane molasses, 2 heaping cups brown sugar tightly packed. Heat until hot, then add 4 squares (4 ounces) grated bitter chocolate and stir until chocolate melts. Makes 7 cups.

This, by Emile C. Freeland from *The Explorer's Cookbook* (Caxton), keeps indefinitely in the refrigerator—or at room temperature: Sterilize empty catsup bottles with whole undented lid 15 minutes in boiling water. Lift out and empty with tongs; while still hot pour boiling sauce in through a funnel; cap tightly, immediately.

Vegetables and fruit. Here are some ideas for simple side dishes to cook outside with the meat. Thinly slice a vegetable like zucchini, summer squash, tomatoes, onions, or potatoes. Place it on a square of buttered heavy-duty aluminum foil with salt, pepper, and more butter. Zipper-wrap the foil, like a drugstore package with each edge folded two or three times. Lay on the coals as you cook the meat, turning once. Zucchini will cook in about 20 minutes, potatoes in about 40.

Dip fairly thick eggplant slices in flour, then dip in oil. Broil as you would a hamburger, turning once.

If your barbecue has a griddle, fry slices of green tomato or tart apple in butter on it. Before serving, sprinkle with sugar, let it melt.

Cut sweet red or green peppers in thirds, remove seeds and membranes, and lay on the grill to broil with fish or hamburgers.

To roast corn, peel husk carefully just enough to remove the silk. Drop into cold water for about an hour. Remove, replace husk carefully and lay ear on grill or directly on coals. Turn often until hot through, about 10 minutes.

Lay unpeeled slightly underripe bananas on their flattest sides. Carefully slit the top skin the length of the banana and loosen it. Spoon in honey mixed with ginger and brandy, or orange marmalade, or brown sugar and a little curry powder. Lay them on the grill for about 15 minutes or on the coals for about 5 minutes.

Wash and core 4 medium-sized baking apples. Fill the holes with cranberry sauce, wrap in buttered heavy-duty foil, bake with hood closed for about 25 minutes. ■

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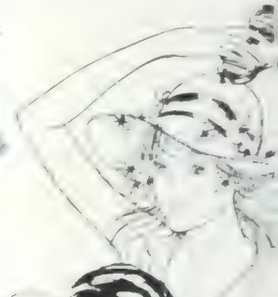
HERBS

Stitch your favorite seasonings. Select from thyme, rosemary, chives, mint, oregano or dill. Design stamped on oyster Belgian linen, 8" by 8". Kit includes wool in true-to-nature colors, needle, instructions. $1.75 each. Wood frame, maple, red, green. $1.2 plus 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



Completely compatible to the outdoor scene. A planter that looks and feels like a brick is actually a durable, lightweight, reinforced cement called Durastone. May serve as desk caddy, as well. Triple brick shown, $13.50; single brick, $6. Both for $17 Ppd. House of Hints, Dept. PHGE, 106 Montague St., Brooklyn, NY 11201.

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Smashing new "Tri-Kini" bikini to make the most of sun and surf. Contoured cups fit snugly, no bones, no wires. Double knit polyester in four exciting prints. Pink, red, blue or rainbow pastels. Specify bra, pant sizes. Suit, $22; matching halter, $10 extra, plus 50c post. Bleuette, Inc., HG6, 509 Fifth Ave., New York, NY 10017.

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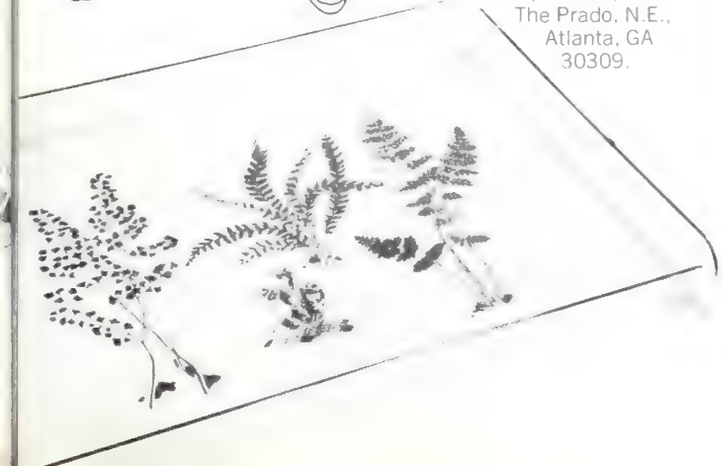
merica simplicity in a rocking air that invites relaxing afternoons porch, deck or indoors. Constructed sturdy oak with hand woven cane ck and seat. Sanded ready to finish. " h., seat 21" by 19". $24. Exp. Coll. Minimum 2 pcs.) Marion Travis, HG6, ox 292, Statesville, NC 28677.

Clever strategy for after-dinner conversation. Chess motif makes handsome and distinctive decoration on a demitasse cup and saucer. In bone china, ebony on white, $25 plus $1 post. Fredericks, HG6, 540 Sutter St., San Francisco, CA 94102.

The "air-conditioned" comfort of pure cotton. "Leah" sleeveless maxi imported from India features empire waistband. Blue, purple, pink or yellow. Sizes XXP(3-4), XP(5-6), P(7-8), XS(9-10), S(11-12), M(13-14), L(15-16). $17.60. Mini style, $14.60. Ppd. Free catalogue. Tantra Imports, Inc., Box 489, 335 Westminster St., Providence, RI 02901.

Acrylic tray with lush green ferns silk-screened on the surface. Generous dimension, 13" by 17" x 1½" deep. Rounded feet protect tray from scratching. $19.50 plus $1 post. Kaleidoscope, Inc., BE 574, 288 The Prado, N.E., Atlanta, GA 30309.



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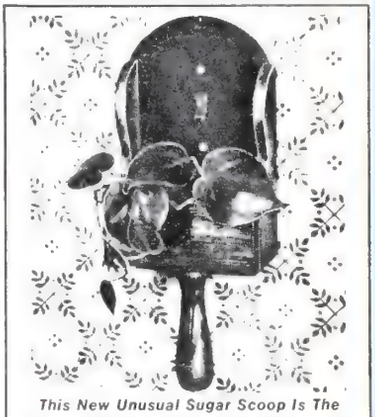

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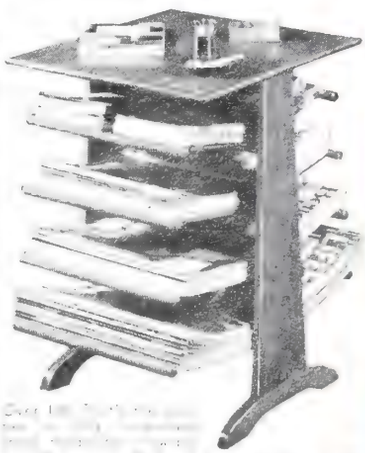

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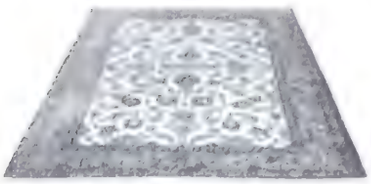

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Attractive heavy stoneware mugs are decorative for collections, practical for your table. All are fired standing to give them a smoother drinking edge. 10-oz. average size, 32 patterns. Six $8.97 plus $1 post. Sportsman's 700-page catalogue $1. Herter's, Inc., HG6, Waseca, MN 56093.

LOVE IN BLOOM

Terrific for today's smaller rooms is the loose-cushioned loveseat 52" w., 36" d., 31" h. Quality materials used. With your fabric, $280; with choice of Robeson's fabrics, $338. Exp. coll. Catalogue, 50c. Bryan Robeson, HG98, Rte. 10, Box 793, Hickory, NC 28601.

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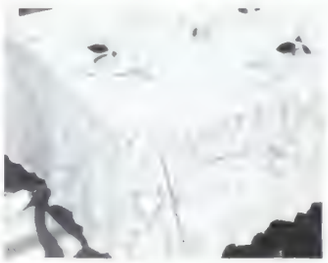
Adorable, hugable old fashioned doll 17" tall is completely handmade from calico bonnet to high button shoes. Her curly hair is yellow yarn, her calico dress and bonnet come in red or blue (specify). $24.95 ppd. Creative Made, HG6, 102 Kuethe Drive, Annapolis, MD 21403.



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Your picture blown up in color. Color print, slide or negative. 1′ by 1½′ poster, $4.95, 1½′ by 2′, $7.95, 2′ by 3′, $14.95. Also black and white posters. 1½′ by 2′, $2.95, 2′ by 3′, $3.95, 3′ by 4′, $7.95. Add $1 for negative or slide. Photo Poster, Dept. X598, 210 E. 23 St., NY 10010.

SOFT PERSPECTIVE

Sheer loveliness in long-wearing polyester, with 4½" hemstitched ruffles. Machine wash and dry on short permanent-press cycle. 96" wide per pair. White. Tiebacks 45", 54", 63" l. pr. $16.50; 72", 81", 90" l. pr. $18.50. Add $1.75 post. Country Curtains, HG6, Stockbridge, MA 01262.

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Professional-style, it's end-grain maple, laminated and dovetailed. 34" h. 18" x 18" x 12", $124; 18" x 24" x 12", $150; 24" sq. x 12", $175; 24" sq. x 16", $205; 30" sq. x 16", $285. Exp. coll. Catalogue $1. J & D Brauner, Inc., HG6, 1331 So. Michigan Ave., Chicago, IL 60605.

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From Italy, a stunning example of Murano jewelrycraft skills. Vetro purple-hued crystalline beads are laced together in a choker certain of compliments. 16" length is adjustable. 1¾" deep. $8.95 ppd. Shopping International, Inc., 809 Shopping Intl. Bldg., Norwich, VT 05055.

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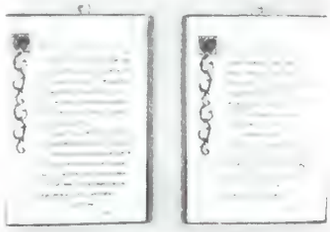

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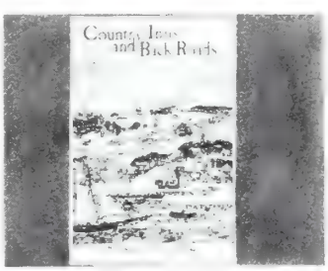
GOOD PLANNING

"Country Inns and Back Roads" is now in its 8th edition with 140 inns from Nova Scotia to California. Includes suggested itineraries, historic and recreational features, months open, meal data. $3.50 plus 35c post. The Berkshire Traveller Press, HG6, Stockbridge, MA 01262.



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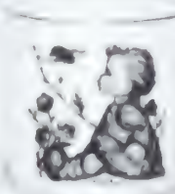

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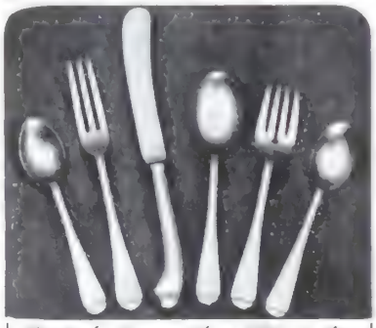

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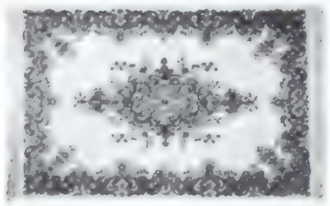
For a limited time only silver plating at sale prices. 100% guaranteed; dents are removed at no extra charge. It is a perfect time to have heirlooms fixed and quadruple silver plated. Free price list. The Senti-Metal Co., Silverplating Div., HG6, 1919 Memory Lane, Columbus, OH 43209.



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No need to have ugly cracks and openings around tub, sink or basin. Seal them up with self-sticking tape. Merely press tape on clean, dry surface. 11 foot roll, $2.49 plus 40c postage. Order from Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

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Timmy tree bear with his long 14 inch tail is truly a bean bag to delight kids of all ages. His eyes are big and shiny. Timmy is brown and 5½" tall. Your little boy or girl will fall in love with him. $4.95 plus 50c postage. Theophilus Thistle, HG6, 2806 W. Touhy, Chicago, IL 60645.

FINE ITALIAN FOOT

Leather thong sandals made in Italy are so marvelous for hot weather days at beach, lake or pool. White or dark brown in 9 to 13; narrow and medium. Crepe rubber soles. $21.25 ppd. Free 64-page catalogue. Shoecraft, Inc., HG6, 603 Fifth Ave., New York, NY 10017.

NEEDLEPOINT ORNAMENTS

Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½" to 5". $2 each. Any six, $10.95. Add 50c post. Victoria Gifts, 12H, Water St., Bryn Mawr, PA 19010.

WIZARDLY WICKER

Holds books, beauty aids on two wood shelves. Natural, $11.95. Painted white or black, H&G parrot green, pineapple yellow, bittersweet, space blue, azalea, add $2. 18″ by 15″ by 6½″. Add $2 post. Catalogue 25c. Fran's Basket House, HG6, 295 Route 10, Succasunna, NJ 07876.

LOST AND FOUND

Identification tags for pets can help him get back home. Stainless steel tag is engraved with pet's and family's name, address, phone number; attaches to collar by steel hook. Specify dog or cat. $1.25 ppd. W. Yarbrough Co., Dept. T6, 5768 Venice Blvd., Los Angeles, CA 90919.

NEEDLEPOINT NICETY

Limoges porcelain needlepoint egg is delicately hand painted in the French tradition. Tucked in a red velvet cushion are two needlepoint needles, shears, and thimble—all gold-plated; 4″ h. $13.50 ppd. Creative Enterprises, HG6, 1732 Butler Ave., Los Angeles, CA 90025.

EUROPEAN CATALOGUE

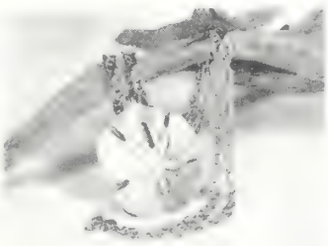
Handsome catalogue from Shannon Airport in Ireland is filled with exciting items at big savings. Waterford crystal, bone china, French perfume, Scottish cashmere, Irish linen and much more. $1, air-mailed. Shannon Mail Order PRI, HG6, Shannon International Airport, Ireland.

DOMINICAN HOLDERS

Hand patched and quilted calico potholders are made by villagers on the island of Dominica. One side of holder is flowered and the other combines gingham and calico on natural muslin; polyester batting. 9″ x 9″. Two, $4.25 ppd. J. Jill Ltd., HG64, Great Barrington, MA 01230.

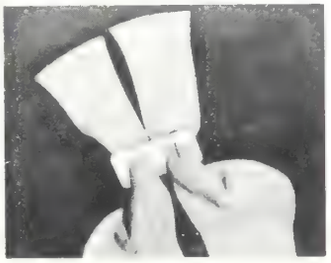
LEGENDARY DOLLAR

Antiqued pewter sand dollar pendant on a matching chain is an unusual gift from the sea and a compliment for summer costumes; will intrigue all who see it. $4.95; matching pin, $2.95 ppd. Catalogue, 25c. Pat Baird Ship's Wheel, Inc., HG6, Nottingham Sq. Rd., Epping, NH 03042.

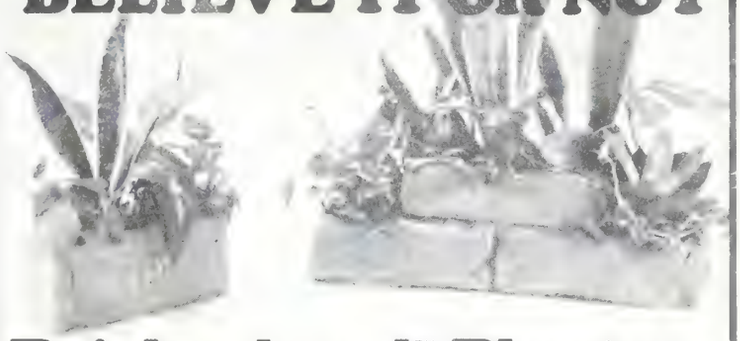


SOCK SORTING BEGONE!

Now we just slip socks into this firm holder, then into washer *and* dryer and back in drawer. Red, green, blue and yellow—a different color for each member of the family. 32 (eight of each color), $4.95 ppd. C. A. Gordon, HG12, 17 Church St., Paterson, NJ 07505.



BELIEVE IT OR NOT



Brick-a-brack™ Planters

When we saw them, we fell for them like a **TON OF BRICKS!** Our wives said, **"THEY LOOK LIKE BRICKS, EVEN FEEL LIKE BRICKS . . ."** After a careful examination, our vice president, Mrs. Walton, exclaimed, "Believe It Or Not . . . they're really **WATERPROOF PLANTERS** for Ivy, Philodendron, Daisies or whatever your favorite plant may be . . . or use them as a Desk-Caddy for letters, bills, pencils or memos, as well as, Bric-a-Brac!"

No matter how you use them, they make great conversation pieces for any room of the house. Beautiful on your WINDOW SILLS!! Use them Outdoors in the BACKYARD or on the PATIO and TERRACE.

Single Brick **ONLY $5.00**—Triple Brick **ONLY $12.00** — You just can't go wrong!! Brick-a-brack Planters come in natural—brick color, and are made of an amazing new product called DURA-STONE, a tough, durable, lightweight, reinforced cement.

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MONEY BACK GUARANTEE

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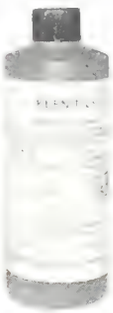

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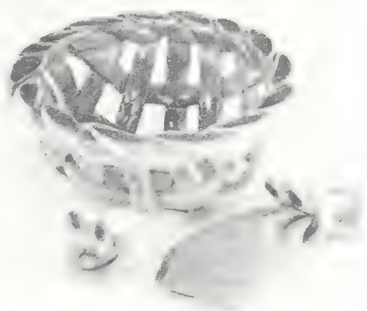

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This basket's made of real bread dough no foolin'. Braided and woven by hand, baked to a golden brown, then sealed with a secret formula finish, brushed on carefully, coat after coat. A stunning table accessory—equally useful for bread, fruit, chips, or even a unique container for a floral centerpiece. Thoroughly practical and durable; just wipe with a damp cloth to clean. 11″ diameter; 5″ deep. $15. Bread twist napkin rings; Four for $5. Please add $1.00 postage and handling. Satisfaction guaranteed, of course.

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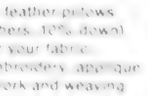

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Knife-edge Size	Each	2 For
12" x 12" Sq.	$4.25	$ 8.00
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18" x 18" "	8.50	16.50
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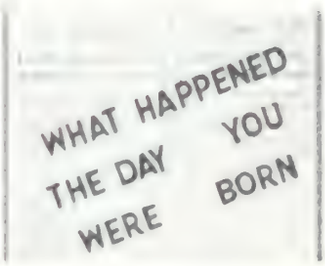
A magnetized clip on a s[illegible] vinyl leather-like case ke[illegible] spectacles concealed but at [illegible] ready in the breast pocket. Bla[illegible] or brown with suede cloth lin[illegible] and 3 letter gold monogr[illegible] (specify). $4.95 ppd. Prest[illegible] Gifts, HG6, Box 23801, Ft. La[illegible] derdale, FL 33307.



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Your taste is sure to be delighte[illegible] with this selection of pipe toba[illegible] co samplers, natural or aromat[illegible] (specify). Include four blends, 2 oz. ea., $5.95; 8 blends, $11.9[illegible] Ppd. Catalogue 50c, free wit[illegible] order. Georgetown Tobacco an[illegible] Pipe Stores, HG6, 3144 M St[illegible] N.W., Washington, D.C. 2000[illegible]

BRIGHT DECEIVERS

Ply grilles are decorative sub[illegible] stitutes for curtains, draperies o[illegible] blinds. Use as room divider[illegible] folding doors or to hide radiator[illegible] or air conditioners. Open or Sho[illegible] fashions in a variety of pattern[illegible] and color, any size. Brochure, $[illegible] Grillion Corp., HG-6, 189 Firs[illegible] St., Brooklyn, NY 11215.

IN THE SWING

It's everyone for tennis thes[illegible] days and Santa's in there to pla[illegible] a winning game. He's a tree orna[illegible] ment, 4" h., made of shape[illegible] pieces of colorful hand-painte[illegible] wood. A fun decoration. $7.7[illegible] ppd. Catalogue of ornaments, $[illegible] Emgee, HG6, 3210 Koapaka St[illegible] Honolulu, HI 96819.

FLOWER PRESS PLUS

Press with natural wood fram[illegible] is 7¼" sq. interleaved with blo[illegible] ting paper and corrugated; win[illegible] nuts adjust pressure. Press[illegible] $5.98; book $2.50 "Language o[illegible] Flowers"; press plus book, $7.98[illegible] Add 45c post. Lilly's Garden[illegible] Dept. G 64, 510 So. Fulton Ave[illegible] Mt. Vernon, NY 10550.

SHOPPING AROUND

MEDIEVAL CLASSICS

The "Unicorn in Captivity" is one of eight reproductions of tapestries in the New York Metropolitan to embroider. Different sizes from 6" x 7" to 12" x 16". Parchment linen, yarns in medieval colors. Set of 8, $9.95 plus $1 post. Holmes-Corey Ltd., HG-6E, Marco Island, FL 33937.

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Add distinction with a hand-hammered copper Weather vane from a century-old design. Send 50c for catalogue featuring Fiske eagles, roosters, running horse weather vanes, handsome cupolas. J. W. Fiske Architectural Metals, Inc., HG6, 111 Pennsylvania Ave., Paterson, NJ 07503.

MAGIC MUSHROOM

Hand-painted and lacquered basket holds gourmet assortment including chips for dips; martini mushrooms; tuna in cocktail sauce; three 4-oz. cans of mushrooms; hand-crafted mushroom candle. $8.95 plus $1 post. Mister Magik, HG66, 1 Gregg Ave., Wilmington, DE 19807.

EASY HOUSE-BREAKING

Specially scented training mat attracts pet and makes housebreaking easy. Mat eliminates need for newspapers. 18" plastic holder plus two months mat supply. $4.98; six months, $6.98; pole, 50c plus 75c post. G&G Research, HG6, Box 12274, Dallas, TX 75225.

FLOWER COMPLEMENT

Natural charm of a planter cast in a hand-carved mold enhances the natural beauty it holds. Of high glazed ceramic in gleaming white with holes for optional hanging, indoors or out. $3.95 ppd. International Merchandising Corp., HG6, 1341 Heights Blvd., Houston, TX 77008.

YOU'RE ON

A picture cube with portable AM radio swings along from finger ring, has two round frames for favorite photos. Easy-to-tune "Sky-Scope" dial, battery, earphone, pedestal for table use. $9.95 plus $1.50 post. Egawa International, Ltd., HG6, 441 Lexington Ave., NY 10017.

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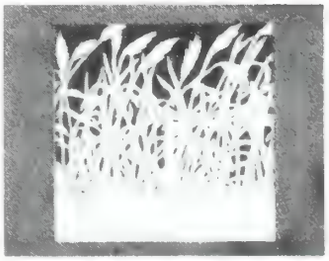
Spread a wheatfield pattern (as shown) across your wall or select from a wide assortment of subjects. Graphics packaged in a tube, instructions for hanging. You can do a whole wall for as little as $40. Catalogue $1. Morton's Wallpaper, GE-66, 7511 Milwaukee Ave., Niles, IL 60648.



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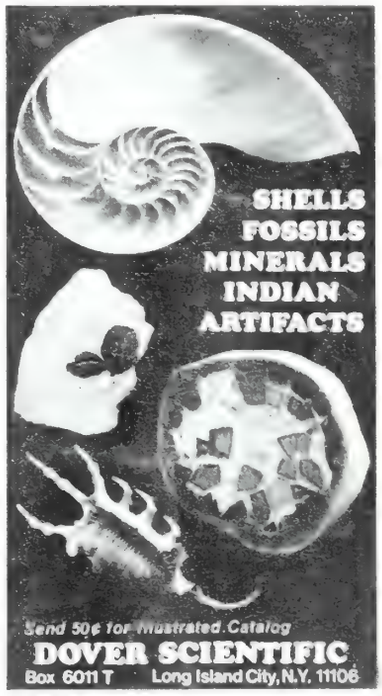

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House of Hints, HG64, 106 Montague St., Brooklyn, N.Y. 11201. ©HOUSE OF HINTS [illegible]

smock dress

from Pakistan

Classic smock design comes in vari-colored cheery sunflowers on natural cotton. Bright embroidery on bodice accents the jewelry neckline of this sunny sleeveless fashion. State size, 6-16. $10.50 ppd.

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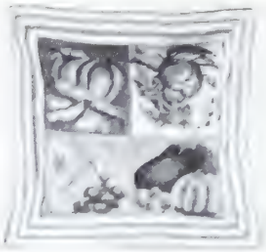

VEGETABLE PATCH

Needlepoint 6" squares for pillow. Clockwise, tomato, eggplant, celery, pepper. Also watermelon, cucumber, mushroom. Pillow material not included. #14 canvas, yarns, needles. $16 per sq. ppd. Catalogue, $2. Papillon, HG6, 375 Pharr Rd., N.E. Atlanta, GA 30305.

FLAWLESS BEAUTY

Full carat Strongite stone is centered on an elegant ring with two baguettes and 16 small Strongites set in 14k white gold. An exquisite selection for ladies of discrimination. $60 ppd. Free catalogue. The Strongite Co., HG6, 2 West 47th St., New York, NY 10036.

ENGLISH LIBRARY CHAIR

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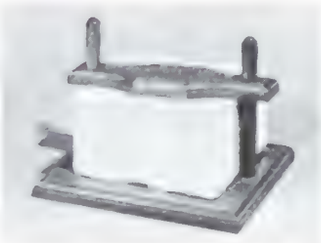

NAPKIN SAFE

Great for alfresco meals, handmade wood holder for napkins. 8" x 9½". Fine for family dining or buffet. Decorative bar keeps napkins from blowing. Oak or cherry, $6.95; antique pine, $5.95 plus 75c post each. Kitchen Village, Inc., HG66, Box 222, Elmwood Park, NJ 07407.

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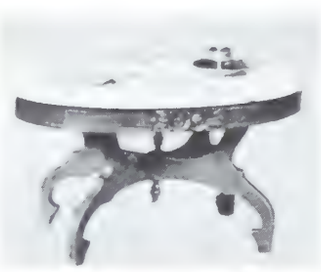
Mite-sized pewter animals will be a pleasure for generations to come. Hand finished by New England craftsmen, a 1¾" h. pig, $10; 1½" h. textured owl, (both shown), $5; 3½" l. turtle, $7.50; 1½" sand crab, $3.50. Add 75c post. The Ferry House, Inc., HGP, Briarcliff Manor, NY 10510.



VICTORIAN CHARM

Mahogany coffee table adapted from 1850 library table. Repeats hand-carved rose and leaf design, bracket feet and drop pendant of original. Carrara marble top, 22" by 33½". Stands 17" h. $149.95 exp. coll. Catalogue and samples, $1. Magnolia Hall, HG6, 726 Andover, Atlanta, GA 30327.

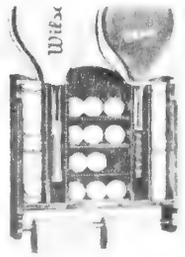
COOK UP A STORM

Rattan basket shaped like a coffee pot holds six wooden utensils at the ready for cookery. Meat tenderizer, spatula, two pasta spoons, mixing spoon and each about 12" long; the basket is 7½" h., 6" dia. $5.95 plus $1.05 post. Elizabeth McCaffrey, HG6, Northport, NY 11768.

SHOPPING AROUND

TENNIS ANYONE?

A tennis center that organizes rackets, balls, towels and clothes. The wall rack holds rackets, balls, has rod for clothes, towels. 23" h., 22" w., 4½" d. of Northern pine in antique finish. $32.50; unfinished kit, $22.50. Ppd. Yield House, G46, No. Conway, NH 03860.



PRECIOUS PEACE

Last of the pure silver coins to be minted, the only American one with the word Peace. The dollar is a fine collector's piece, framed in rhodium-finished metal designed in sunburst circle, on 24" chain. $25 ppd. H. N. Drew, Ltd., HG-64, 49 Mamaroneck Ave., White Plains, NY 10601.

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Polished leather huaraches are open toed to let cool air in. Genuine leather sole and heel. Natural brown color. Ladies sizes 5 through 10. Perfect for beach or grassy terrace. $8.90 plus 90c post. Old Pueblo Traders, 600-H60-So. Country Club, Tucson, AZ 85716.

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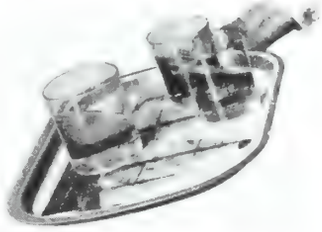

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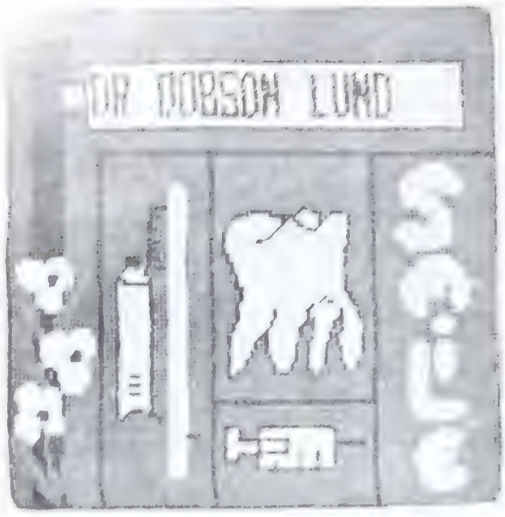

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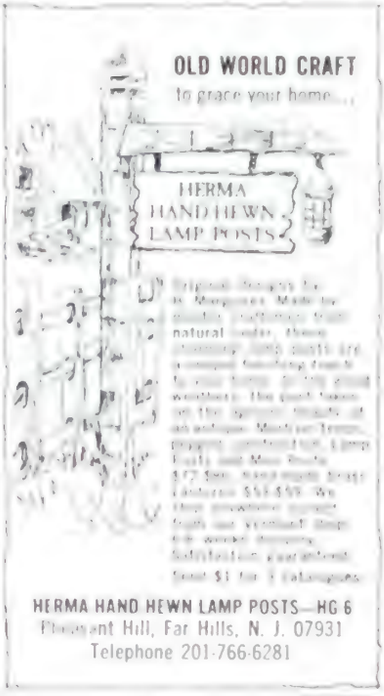

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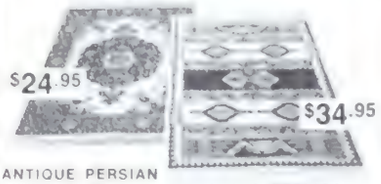

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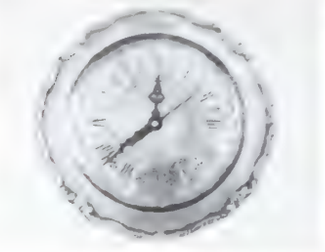

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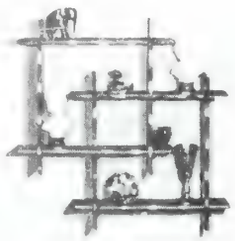

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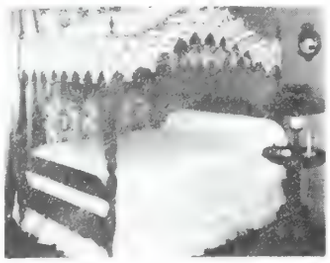

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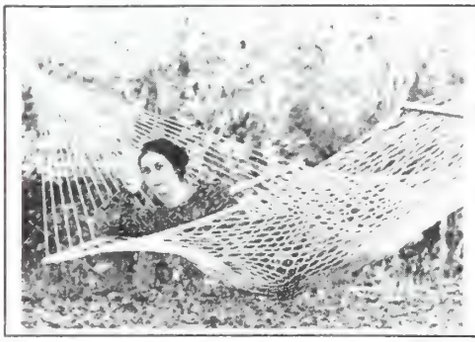

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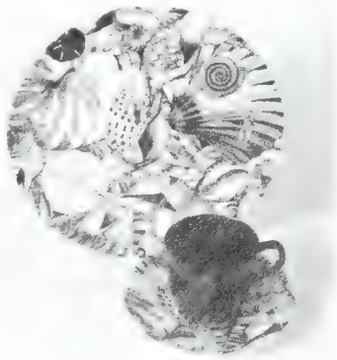

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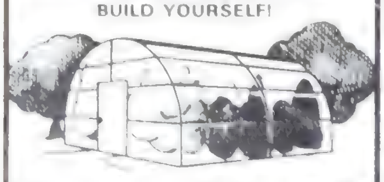

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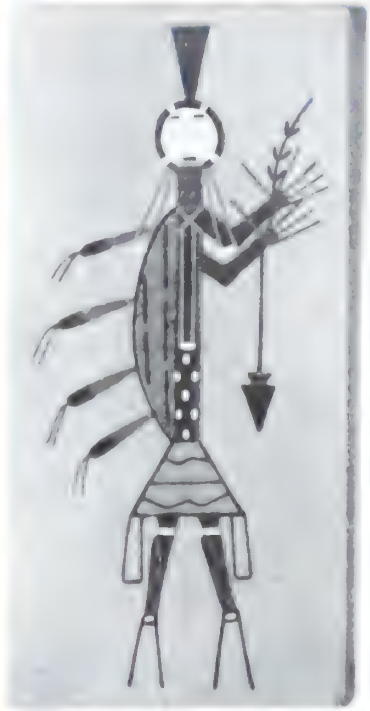

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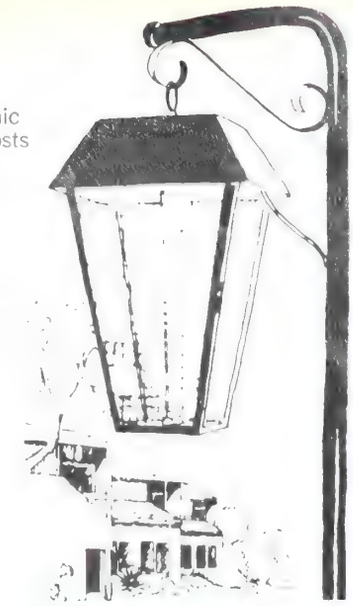

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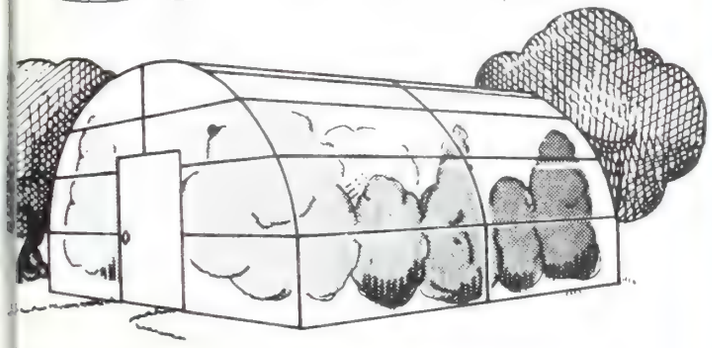

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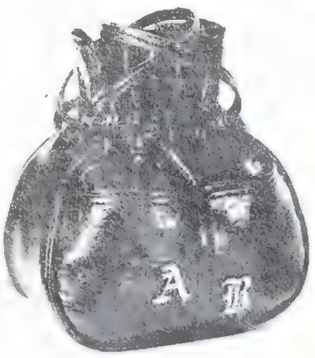

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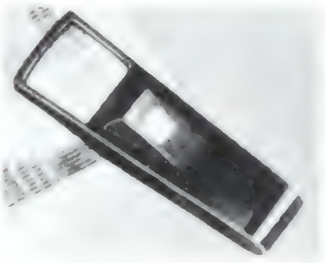
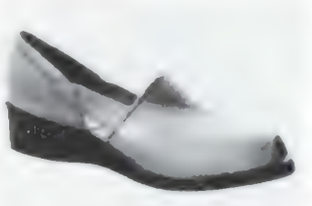


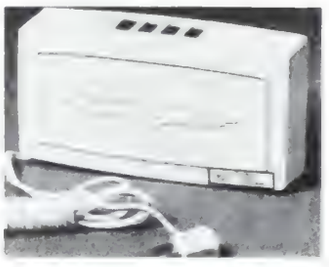
LIGHTEN YOUR WORK

Pocket flashlight with magnifier, is ideal for fine print, maps, coin, stamps, many hobbies, repairs. Lightweight (1½ oz.) plastic; compact (4¾" x 1½"). Two batteries, magnifying lens, lifetime bulb, $3.95 ea., two, $7.50. J.W. Holst, Inc., HG-6, 1005 E. Bay St., East Tawas, MI 48730.



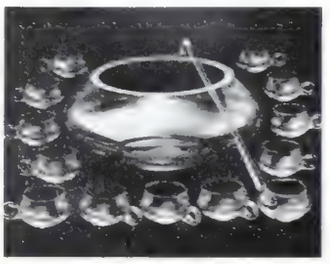
SUNSHINE SHOES

Linen-like wedgies take the heat off via cushioned insoles, mocha platform, elastic side gores. Black, white, navy, mocha, beige; mocha platform. AA-A 6-10; B-C 4-12; D, E, 2E, 3E 5-12 (no 10½ or 11½). $5.95 plus 75c post. Blum's, Dept. E., 1 Milton St., Dansville, NY 14437.



THE LIFE YOU SAVE

May indeed be your own. Lifesaving detector in a neat plastic box detects smoke, gas, invisible fumes in the house and sounds an alarm. Complete, ready to install. Solid state, plug into AC outlet. $34.95 ppd. Electronic Supply Co., HG6, 23 N. Crater Rd., Box 848, Petersburg, VA 23803.



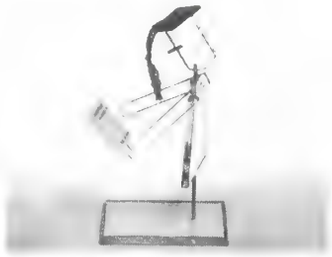
PLENTY OF PUNCH

Big 15-qt. hand-blown glass bowl from Mexico. All polished rims. Set includes 16" bowl, twelve 4" by 2½" cups, 14" ladle. $35 plus $3.70 post. #F 1252-6X. Set of 12 extra cups $19.95 plus $1.95 post. #F 1242-7. The Helen Gallagher Collection, Dept. #F532, Peoria, IL 61601.

FRENCH COACH LANTERN

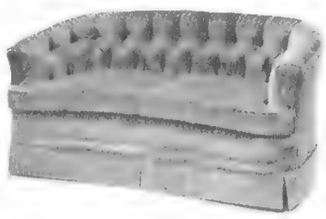
Handsome handcrafted replica with a scallop brass reflector. 5½" w. x 22" h. 6½" extension. Fully wired; long-life bulb. Satin black. $39.95. Antique copper or brass finish, add $4. Ppd. Catalogue 50c, Newstamp Lantern Co., HG-64, 227 Bay Rd., No. Easton, MA 02356.

AMUSING ABSTRACT



Great personalized gift for the graduate. Clear acrylic figure with movable arms holds diploma. Sample wording reads: Yale University, B.A., John H. Doe, 1974. 2½" by 4" by 8" h. $22 ppd. Send 25c for catalogue. Eccentricities, HG6, 111 Lakeview Ave., W. Palm Beach, FL 33401.

IN-BETWEEN DELIGHT



Loveseat perfect for apartments —59" l., 28" h. Hardwood frame; rubberized Dacron cushions. Choice of many fabrics (specify color, type). $228; In your 9½ yards., $169. Exp. coll. Catalogue, samples, $1. Hunt Galleries, Inc., HG746, 2920 N. Center St., Hickory, NC 28601.

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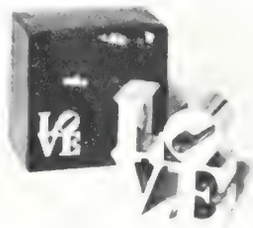
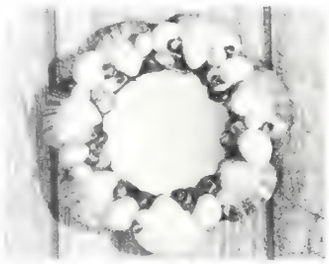


Heavy polished metal reproduction of Robert Indiana's LOVE sculpture is a thought for gift giving. 3½" by 3" by 1½", it is a natural for his bureau or her dressing table. $11.95 plus 95c post. Sleepy Hollow Gifts, HG6, 6651 Arlington Blvd., Falls Church, VA 22042.

SEA SHELL SCENE



Shell-strewn frame with mirror has wood back with hanging ring for a beautiful look anywhere. Back also has hinges so you can remove the 6½" dia. mirror and insert a photograph. $12.98 plus 50c post. Lillian Vernon, Dept. G61, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

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A candlestick lamp 21" h., fully wired with 3-way switch, 8' cord. Ready to finish. Shade in white or beige shantung, oyster or natural burlap. $13.75 plus $1.50 post. (West of Rockies, $2.) Free brochure. Baxwood Crafters, PHG 46, 1141 Commercial Dr., Lexington, KY 40505.

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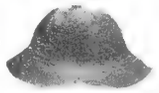

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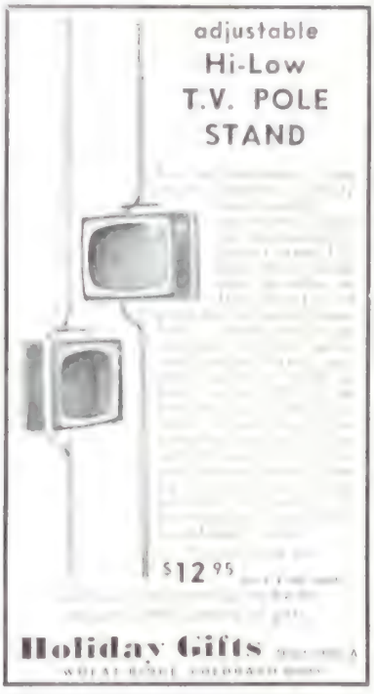

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VERY UNUSUAL

Whether you're looking for a hand-made collector's buckle, a custom-made poncho, a burglar alarm, a phonelock or any number of out-of-the ordinary items, you'll be fascinated with this illustrated catalogue, 25c. No Nonsense Shop, BE-562, 333 E. Main St., Roselle, IL 60172.

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Stay cucumber cool anywhere, anytime. Just flick on portable minifan for the freshest breeze this side of the shore. One "C" battery. Keeps you refreshed. Lightweight plastic, wire stand, $1.98 plus 25c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

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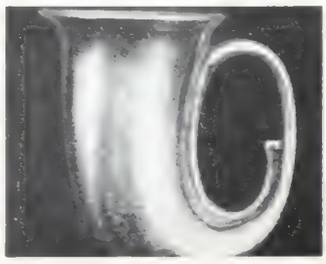
The tiniest mermaids enjoy this unsinkable seat. Built-in cloth bucket seat takes tots from toddlers to first graders. 20" x 26" with 11" deep seat. Foam plastic guarantees flotation. $6.95 plus $1 post. each. House of Minnel, Dept. 564E, Deerpath Rd., Batavia, IL 60510.

POKER GAMES

Poker-playing dogs in 4 full-color lithographs: "Pinched With Four Aces," "Poker Sympathy," "A Waterloo," "His Station and Four Aces." Free print (shown). 12" x 16". Set $3; two $5. Post. 25c. American Consumer, Inc., Dept. PO-169, Caroline & Charter Rds., Philadelphia, PA 19176.



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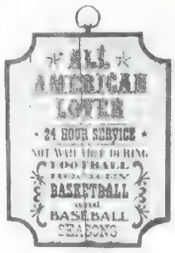
Armetale horn mugs hand cast with sand molds, no two exactly alike. A fusion of ten metals in precise proportion, forms a pewter-like creation, hand polished. 5" h., holds 9 oz. For indoors or out, $9 each; four, $35. Ppd. Postamatic Co. Inc., HG674, Lafayette Hill, PA 19444.

FUN PLAQUE

Message in red, white, and blue gives time off for other sports. Hang it up when he watches ball game. Laminated to 1" pine, hand crafted, distressed to resemble old signs. 8¾" by 11". Brass hanger. $3.98, post. 95c. Harriet Carter, Dept. HG-12546, Plymouth Meeting, PA 19462.



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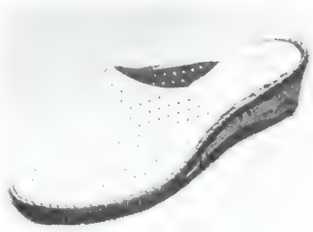
That's Scandinavian for "place in the sun." Perforated leather and buoyant cork wedge laminated to bouncy rubber-like sole give sure light-footed comfort. White, red, or camel. 6½-10N, 5-10M, 5½-9W. $12 plus 90c post. Vicki Wayne, 610-H6C So. Country Club Rd., Tucson, AZ 85716.



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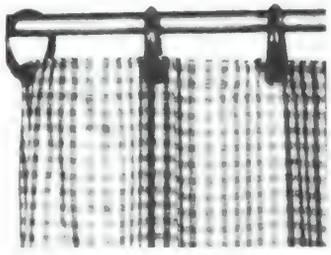
Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing designs on 2" by 3½" key tags. Stitch initials on the back. Includes canvas, Paterna Persian wool, design chart, needle, chain, instructions. $2 each, six, $10.95. Add 50c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

GINGHAM CHECKS

Vinyl shower curtain in red, gold, blue, green, pink, orchid, black. 6' by 6'; tieback window curtains, 54" l. by 68" w; or cafe curtains with valance. $8.50 a set plus $1 post. Curtain alone $4.50 plus 85c post. Brochure, swatches, 50c. Mather's HG6, 31 E. Main St., Westminster, MD 21157.



GLEAMING CRYSTAL

Crystal lamp sets with imported hand-cut crystal prisms combined with intricate Rogers gold-plated castings. Cast radiant rays for special lighting effect. 17½" h., 9" w. Pair, $34.95. Exp. coll. Catalogue, 10c. Luigi Crystal, HG6, 7332 Frankford Ave., Philadelphia, PA 19136.

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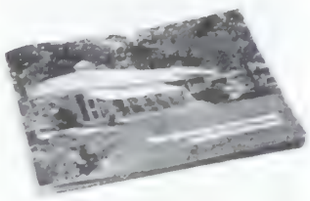


GARDENERS' DELIGHT

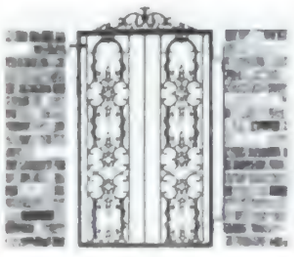
Love exotic plants, but lack the proper climate for them? All-aluminum full size prefab greenhouses assemble in four hours with a screwdriver; catalogue shows styles starting at $500; gives planting pointers. *Free* from Lord & Burnham, HG6, 2 Main St., Irvington, NJ 10533.

WALKABOUT STROLLER

"Debra," has 1¼" wedge heel, zigzag rubber sole. Widths AAAA-EE, 2½ to 12. Smooth trim grain calf. Beige with otter, bone with malt; navy with light blue; white; black. 2½-10, $24.95; 10½-12, $25.95. Add $1 post. Free catalogue. Solby Bayes, HG6, 45 Winter St., Boston, MA 02108.

COLLAR OPEN SESAME

It's almost magical what the collar-extender can do to ease any tight collars on his good shirts. Tiny hook-on gadget gives extra half-size comfort for a just right feeling! $1 for set of two, add 15c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

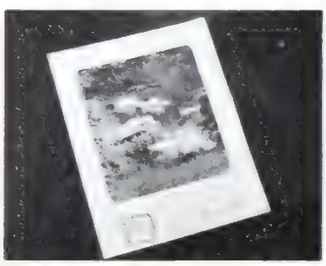


GREAT GATE

Black cast iron gate gives guests a lavish welcome. 56" h., adjusts 35" to 43" w. Complete with fittings, instructions to attach to brick, stone, wood. $79.95 exp. charges coll. Free catalogue. Collins-Hanna Iron Co., Dept. G, 450 No. Decatur, Memphis, TN 38105.

"IN" IN ACAPULCO

The flour sack shirt hailing brands like El Lion, El Supreme and El Angel is the "now" cover-up at Mexican beach resorts and is due for northern exposure. American sizes S, M, L. $7.95 ppd. The Vagabonds, G6, 2343 Bronson Hill Dr., Hollywood, CA 90068.



NAUTICAL NICETIES

Scrimshaw, boating togs, figurehead reproductions, nautical home accessories—all these and more are shown in catalogue that's a treasure trove of seeworthy gifts. 8½" x 11" in full color; 25c ppd. Ship's Wheel, Inc., HG6, Nottingham Sq. Rd., Epping, NH 03042.

ENGRAVED STERLING

Hand polished sterling silver thimble from West Germany is topped with translucent stone and engraved with three initials (print). A treasure to hand down in the family. $6.98 plus 35c post. Lillian Vernon, Dept. G61, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

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Take a few minutes at any hour to watch the sun setting beyond tranquil trees. A contemporary picture to embroider: kit includes design on 28″ by 34″ natural burlap; wool and acrylic yarns; needle; instructions. $11.95 plus 50c post. The Stitchery, HG6B, Wellesley Hills, MA 02181

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Carved genuine mother of pearl bolo ties come in designs for every sport. Ties in assorted colors; designs incl. golf ball, deer, pheasant, quail, goose, mallard, fresh and salt water fish, arrowhead. $3.98 plus 75c post. Herter's, Inc., HG6, Mitchell, SD 57301.

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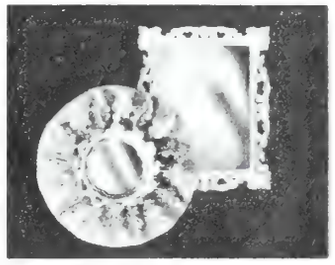
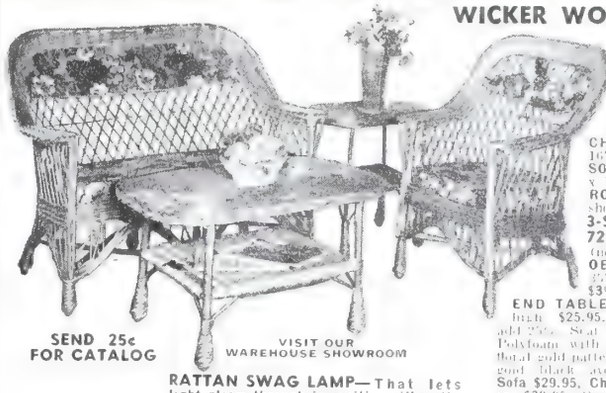
Hand-carved frames for pictures or mirrors. Spanish woods, traditionally crafted, gold gilding. 5″ x 7″ $8; 7″ x 9″ $10; 9″ x 12″ $13; 12″ x 16″ $20; 26″ (center) round $30. Add $1.50 air post. Brochure $1. Spanish House, HG6, Apartado 13, Nueva Andalucia, Malaga, Spain.



COCKADOODLE-DO

Meals are bound to taste special on white Melamine with black and white rooster and hen, yellow chicks and blue chicken wire; sunny yellow cups. Four 10″ plates, four 7½″ salad plates, four cups, saucers. $24.95 plus $1.50 post. Elizabeth McCaffrey, HG6, Northport, NY 11768.

WICKER WONDERLAND



Handwoven of natural willow with old fashioned chairs for indoor or out. Imported from Europe.

CHAIR — 25″ x 25″ x 16″ high $39.95.
SOFA — 75″ wide, 25″ x 16″ high $72.95.
ROCKER — (not shown) $49.95.
3-SEATER SOFA—72″ wide, $124.95. (not shown)
OBLONG TABLE — 25″ x 25″ x 21″ high, $39.95.
END TABLE — 21″ x 17″ x 21″ high $25.95. Painted in white add 25%. Seat & Back Cushion — Polyfoam with zippered cover in floral gold pattern or other color in good fabric avocado or tangerine. Sofa $29.95, Chair $14.95, 3-Seater, $39.95. Exp. Chgs. Coll.

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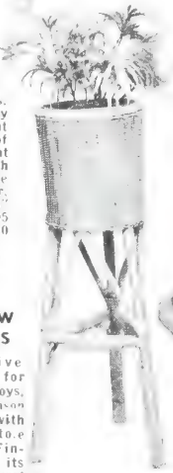
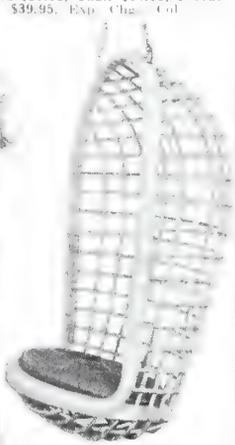
RATTAN SWAG LAMP—That lets light gleam through in exciting silhouette patterns. Fully electrified with dimmer switch, adjustable height from ceiling. 15″ spread 13″ high, with 18 ft. chain and hooks for hanging. Painted in white, black, green, pink, orange, blue or yellow add $4.00.

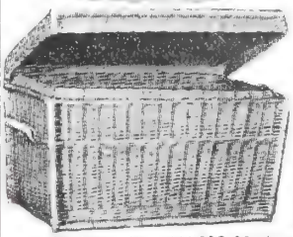
$18.95 plus $2.00 postage

TALL FERNERY Display your flowers, plants, and greenery in this stunning plant stand. Handwoven of natural light rattan with removable metal liner. 10″ dia. x 33″ high. $24.95 plus $3.00 postage. Painted in white add 25%.





RATTAN SWING—A perfect seat to cradle and float in relaxing comfort. Hangs anywhere — near patio, porch or from a tree. 41″ high, 28″ wide, by 23″ deep. Corduroy puff cushion included in the price. $59.95. Exp. Chgs. Coll.



WILLOW CHESTS Decorative storage for clothes, toys, etc. Samson strong with easy-to-use handles. Finished in its own natural rich golden color.

20″ long x 14″ x 14″ **$18.00** plus $2.00 postage.
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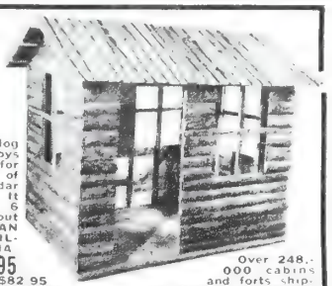

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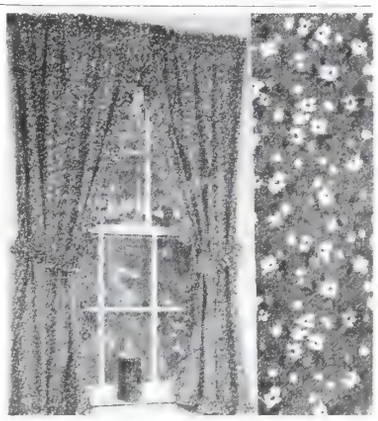

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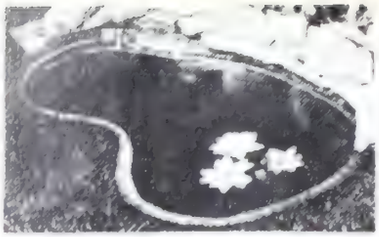

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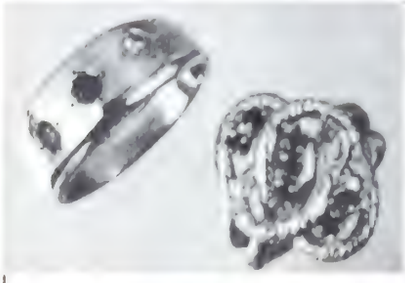
Beautify your garden with this inexpensive lotus garden pool for the goldfish and exotic water lilies. One water tight piece of aqua colored Polypropolen. Easily installed. Overall dimensions are 31½ x 23" x 8" deep at ground level. Recessed water lily pot holds 1 to 3 bulbs. $4.98 complete or 2 for $8.95. Water lily bulbs 3 for $1.00 each pool. Add 50c for shipping.

Michigan Bulb Co.
Dept. OS-1478
Grand Rapids, MI 49550



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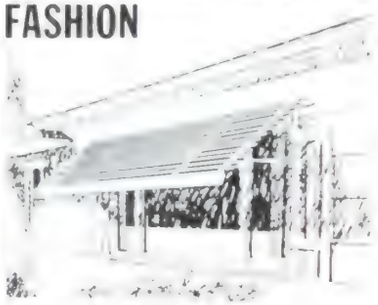

See through horizontal aluminum window awnings. Keeps damaging sun rays out, lets light in, with this unique louver design. Each awning will cover windows up to 42" wide. All panels measure 48" in width with a 24" projection when mounted. Two or more awnings can be fastened together to fit any window. Easy five step instruction included.

Price—$11.95 ppd. White only.

PACIFIC DISTRIBUTORS
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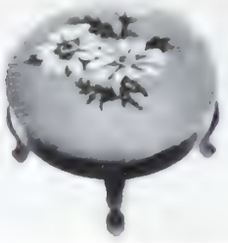
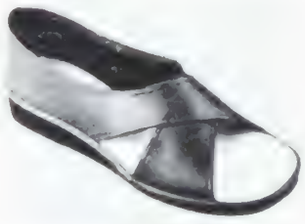


HANDPICKED DAISIES

You needlepoint background for pillow or footstool; flowers in white, gold, green. 14" by 14", $6.95 plus 50c post. Add $3.50 for antique gold background yarn. Stool, 8" h., 11" dia. in muslin, fruitwood finish $17.95 plus $1.25 post. The Stitchery, HG6C, Wellesley Hills, MA 02181.



SUPER SANDAL

Genuine kid leather wedge sandal with cushioned rubber sole. In red, bone, black, white. Full, half sizes 4-10 M, W; 5-10 N, M, W. $13. Gold or silver genuine kid leather, $14. Add 90c post. Old Pueblo Traders, H6W, So. Country Club Rd., Tucson, AZ 85716.

CAT AND MOUSE

Now he sees it, now he doesn't—that intelligent cat you know will love playing "mouse in the hole." The mouse is an elusive ball that will entertain him for hours. Blue plastic; 6" dia., 3" h. $3.45 ppd. Catalogue, 25c. Suburbia, Inc., Dept. 349, 366 Wacouta, St. Paul, MN 55101.

INTERIOR ART

You don't have to be an artist to paint murals. Paint by the number, easy as 1, 2, 3. Choose from 74 basic scenes. Up to 12' w. in 3 color schemes. Kits include pattern, brushes, paints. From $2.95. Catalogue, 25c. Muralmasters, Inc., HG6, Box 8500, Fountain Valley, CA 92708.

COOK'S THIRD HAND

A sturdy cookbook stand of clear lucite has large 12" x 10" front shield for splatter-protection, keeps pages flat at easy-reading angle. Holds anything from small index cards to big books. $8.25 ppd. Enterprise Products, Item 106E, P.O. Box 36232, Los Angeles, CA 90036.

COMMUNICATIVE ART

What appears to be shell-like sculpture, springs open to an all-in-one phone that fits in the palm of the hand. Jet dial; cushioned base. Bisque white. 6¾" long by 2¾" high. $59.95 plus $1.50 post. Add $2 west of Miss. Metropolitan Teletronics, HG6, 35 W. 35th St., NY 10001.

TRAVEL BREAK

Commuters and sales people on the road welcome the plastic commuting mug with spillproof cover that has an opening for sipping. Mug fits into an outer cup that adheres to dashboard. Off you go! 3¾" h. $3; two, $5.50 ppd. Bruce Bolind, HG6, Boulder, CO 80302.

SHOPPING AROUND

FROM THE EARTH

Bring the outdoors in: sculpted screech owl and ruffed grouse are, naturally, in earthenware for basic good looks. Each ceramic piece 8" h.; owl available in left or right pose. Each $9.37 plus $1 post. Big 700-page catalogue, $1. Herters, Inc., HG6, Waseca, MN 56093.

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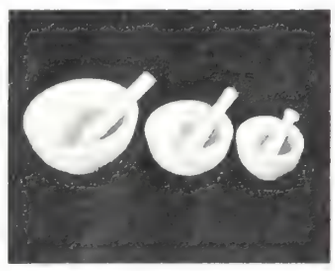
BELTED BY DAISIES

Needlepoint daisies ready to stitch make a belt to flatter your costumes. Kit contains 100% wool yarns, canvas, cotton suede backing, buckle, instruction chart. Fits up to 33" waist. $5.25 plus 60c post. Catalogue, 25c. Stitch 'n Knit, HG-664, Box 709, Framingham, MA 01701.

COOKING TRIO

White ceramic mortars and pestles to please everyone who uses herbs and likes to blend ingredients in cooking. Mortars, 1¾", 3⅝" and 4¾" diameter each with its own pestle. $3.98 plus 45c post. The Country Gourmet, G6, 512 So. Fulton Ave., Mt. Vernon, NY 10550.



VACATION HOMES

223 designs by Richard Pollman. A-frames, chalets, hexagons, one-story, two-story and hillside designs, plus lodges, cluster units and low cost second homes. Blueprints available at cost. 176 pages, $2.25 ppd. Home Planners, Inc., HGE66, 16310 Grand River, Detroit, MI 48227.

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A beautiful ornament for curio shelf or coffee table, a perfect and distinctive gift for any dog lover you know who's partial to poodles. White alabaster poodle with appealing look is 6" x 6¾". $10.50 ppd. Benda International Enterprises, HG6, P.O. Box 1811, Orlando, FL 32802.

Point de Filet

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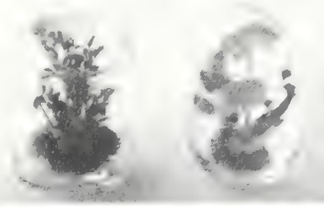

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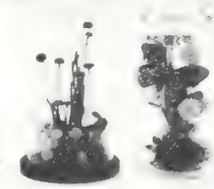

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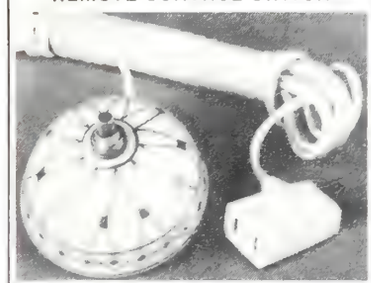

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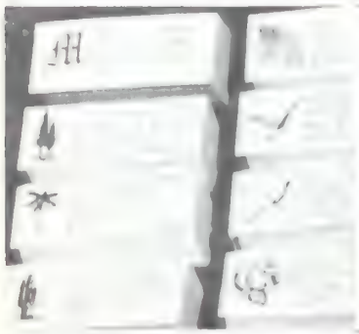

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Bryan Robeson

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Old favorites return in time for spring decorating! Raggedy Ann & Andy adorn metal basket—off white, blue, and green burlap background is perfect for any room. Ann's dress is available in red, blue, green, or yellow calico. Andy's outfit compliments Ann's! Fringe trim completes the scene. Price: Wastebasket/or 9 x 11 picture $12.95 ppd.; also available: Shoe bag, $14.95 ppd.; Pajama bag, $10.95 ppd.

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The Dandy Jr. table clamp has a positive grip that is adjustable to almost every edge. Ideal size to carry in handbag to dress braiding. Also a wonderful gift. $3.00

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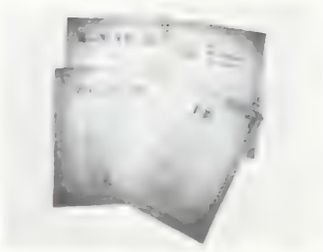

FOUR TO REMEMBER

Timeless verse poetry in gold and sepia on white ready to frame. 8" x 10". "If" by Kipling; "Different Drummer" by Thoreau; "How Do I Love Thee" by Elizabeth Browning; Hamlet's Soliloquy by Shakespeare, $1 plus 35c post. Cadlyn's. HG6, 2077 N.Y. Ave., Huntington Sta., NY 11746.

GRAND EXIT FOR PETS

Two-way door automatically closes by patented magnetic device, reversible nylon locks. Kit furnished for Magnador I, 11" x 13" opening, $20.95, dogs under 50 lbs.; Magnador II, 13" x 20", $38.95 for dogs over 50 lbs. Ppd. Plaza Enterprises, HG6, P.O. Box 403, Nicholasville, KY 40356.

GOLD SUNBURST

Centered sun of gold amid eight little satellites makes a stunning wall hanging. Design is on acetate satin for a rich shimmer. A charming way to give your rooms the outdoor look. 42" by 31", $21.95; 45" by 72", $37.95 Ppd. Scintilla, Inc., HG6, 4802 No. Broadway, Chicago, IL 60640.

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You can learn to swim quickly with the new hidden aid "swim-mate." It hugs your waist, gives sure confidence. Invisible out of water, worn under one or two piece suits. Made to last for years. State waist size. $5.95 ppd. World Gift Shop, HG6, 606 E. State St., Westport, CT 06880.

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Contoured clear crystal dishes cradle corn on the cob for easy buttering and keep mats or damask spotless. Set of eight, $6.98 plus $1 post. Wonderful for eating on the patio, porch or terrace as well as for indoor dining. Harriet Carter, HG12146, Plymouth Meeting, PA 19462.

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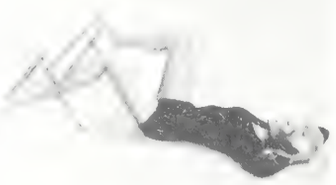
LAZY EXERCISER

Hip cycle permits comfortable relaxation on cloth-backed vinyl mat while inches are pedalled off waist, hips, legs. Folds to 28" by 20" by 1¼". Pedalling strengthens muscles, too. $10.98 plus $2 post. Romar Sales, Dept. RS-3, 227 E. 45th St., New York, NY 10017.



RAIN READY

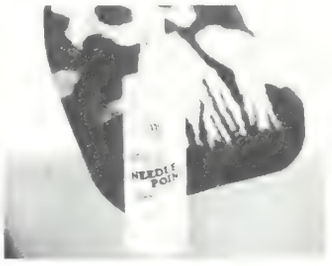
Bubble bonnet of clear plastic protects hair-do and face on showery days. New see-through bonnet is 10" long—grand for upswept coiffures and keeps neck drop free, too. $1.50, two for $2.85. Ppd. Holly House, HG6, 417 Lake Ridge, Dallas, TX 75238.

BRASS SUPER PIN

Solid brass pin 4" long holds keys at the ready and won't pop open. Hook it on handbag, briefcase or luggage handle; it stays in place until it is removed. It is virtually indestructible. $4 ppd. Super Key Ring, Dept. 202G, 292 So. La Cienega Blvd., Beverly Hills, CA 90211.

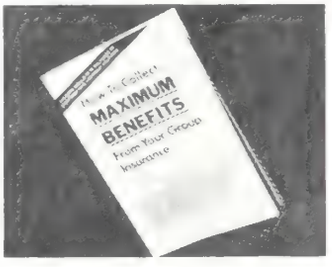
STITCHERY CLEANER

Water base spray cleaner is designed for needlepoint. Spray on, wait 3 minutes, wipe off. Safe for all color-fast yarns. Use on furniture without damage to wood or metal. 12 ozs. $2.98 plus 50c post. Lillian Vernon, Dept. G61, 510 So. Fulton Ave., Mount Vernon, NY 10550.



THE INSIDE FACTS

Here is a valuable new reference book every family needs! "How to Collect Maximum Benefits from Your Group Insurance" reveals "behind-the-scene" facts on how to collect all the benefits you are entitled to. 64-page fully indexed handbook, $3.50 ppd., L&M International, HG6, Box 88584, Atlanta, GA 30338.



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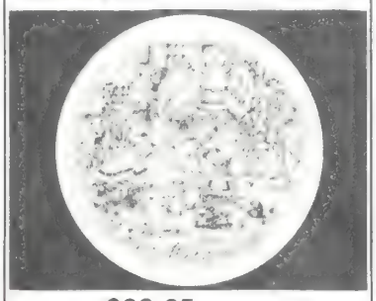
MOTHER'S DAY 1974



$29.95 postpaid.

Second edition of a seven plate series depicting a "Day in a Mother's Life" Designed by the famous artist, Remy Hetreau. Made of fine china, numbered, boxed, 8½" diameter, 10,000 edition.

1973 Mother, "Breakfast"—$29.95
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TWO LITTLE KITTENS and four little birds and two little butterflies and flowers and leaves. In red, purple, blue, orange and green on a 15 x 18 inch beige linen ground. Bring all the living creatures to life with the simplest embroidery stitches. Kit #2127 only $29.95. Send $2 for new 36 page color embroidery catalog. (Refundable on order of $25.)

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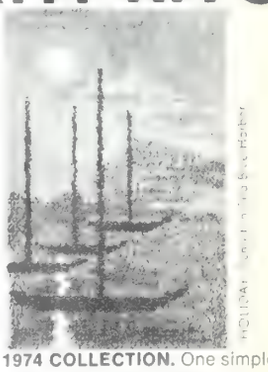

NEW 1974 COLLECTION. One simple stitch makes these pre-started wool rya wallhanging, rugs or cushions. Kits imported from Sweden feature lustrous rug wools, easy to follow color charts and English instructions. Send $1 for new color catalog of award winning designs.

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The LAZY DAZE invites you to relax in luxurious comfort

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Satisfaction guaranteed. Express charges collect. No C.O.D. Send $1.00 for Furniture Catalogue and Fabric Samples.

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The *PEPPER-UPPER* Last minute. 5 most needed spices in 4-oz. glass flasks. Wood caps match teakwood finished revolving rack. Includes jar of new PEPPER-UPPER seasoning. Fits anywhere for easy reach (7" x 8"). Order NOW! A must for your cooking.

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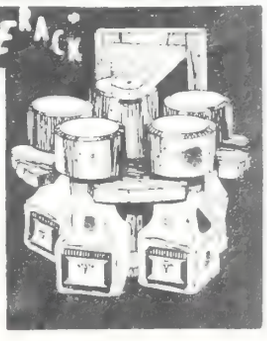

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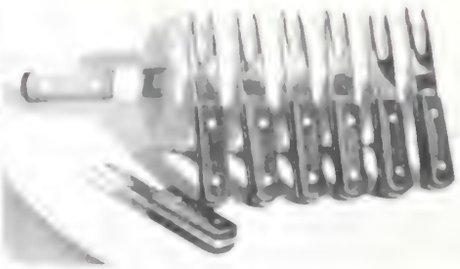

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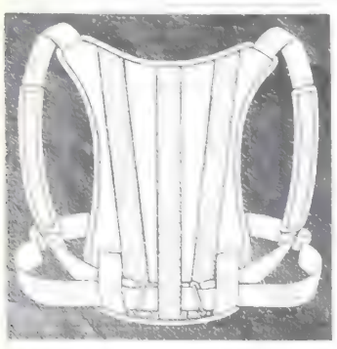
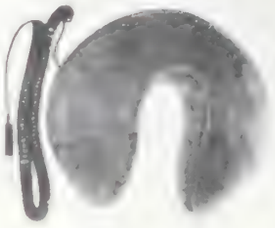


STOP STOOPING—Amazing, new Pi Peer® Shoulder Brace (patented) corrects posture instantly, comfortably. Provides even, distributed support by sat-ing shoulders. No fittings. Made of ven-tilated-for-comfort 3-ply material. Arm bands softly padded. Lightweight, cool. Can't be detected under light clothing. Give measurement around chest. For men, women. $6.95 + 45c postage. Piper Brace, Dept. HG-64SH, 811 Wyandotte, Kansas [illegible] Mo. 64105.

SHOPPING AROUND

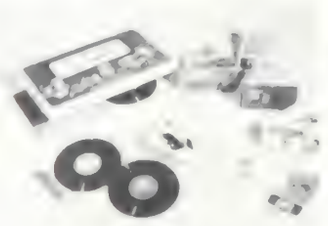
PACHYDERM PLANTER

Exotic handwoven elephant in natural rattan's appealing as is or in his assigned function as house planter. 7″ h., 15″ l., 4½″ d. with metal liner. Sized right for all-season plant service. $13.95 plus $2 post. Catalogue 25c. Fran's Basket House, HG6, Rte. 10, Succasunna, NJ 07876.



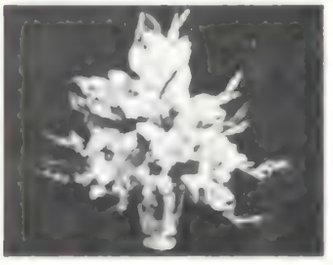
COZY LISTENING

Cold, lumpy headphones are cradled in super-soft molded foam and slip covered in wash-[illegible] sten to stereo sound relaxing in bed, on sofa or [illegible] o chaise. Stereo only. $29.95 plus $1 post. No Nonsense Shop, BE-576, 808 White Bridge, La., Hanover Park, IL 60103.



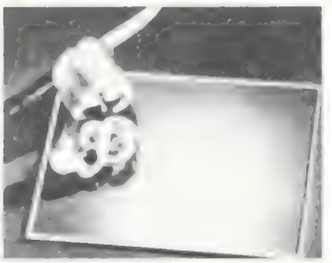
READING HEAD START

[illegible] method of teaching pre schoolers to read is described [illegible] rcular with 30 day free offer. Self-teaching course of [illegible] word books, guide for [illegible] nts plus games. Send for [illegible] ular to Career Institute, HG6, 555 E. Lange St., Mundelein, IL [illegible]



FLOWER SAVER

[illegible] r floral arrangements a long life. Flower Dri crystals re-[illegible] sture, leave blooms and foliage intact and colorful with no [illegible] ficial look. Use on any spe-cies, doesn't wear out. Arranger's kit $6.95; hobby size (4 lbs.) $9.95. Ppd. Flower Dri, Dept. 563, Timonium, MD 21093.



CLEAR AS A WHISTLE

Clear Lucite cutting board that saves surfaces from scratches while you slice, chop or carve. Dishwasher-safe, heat-resistant, 8″ by 11″ $1.98; 12″ by 16″ $3.95; 14″ round $5.98. Ppd. From Colonial Garden Kitchens, Dept. HGE6, 270 W. Merrick Rd., Valley Stream, NY 11582.

PORCELAIN PRIZE

Any collection will be enhanced by this touchingly lovely piece. "Mother and Child" is a Kaiser porcelain bisque figurine, made by highly skilled artisans in West Germany. 8½″ h. by 8″ w. $75 plus $1.50 post. Hildegarde's, HG6, 597 Farmington Ave., Hartford, CT 06105.

DOGGIE VEST LETS FAMILY PET GET IN TO THE SWING OF THINGS

While many small dogs may jump into the water with the rest of the family, they frequently tire quickly and paddle with difficulty. The Doggie Vest can give them extra flotation that will make swimming easier, and that flotation may be essential if the family pet falls overboard on a boating outing.

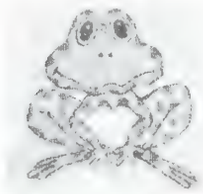
White Only: Chest sizes—Small 10″ to 14″—Med. 14″ to 18″—Large 18″ to 22″—XLarge 22″ to 26″—XXLarge 26″ to 30″. Small, Medium, Large **$7.95**; XLarge and XXLarge **$9.95.** Plus 50¢ for packing and postage. Enclose check or money order for prepaid shipments, no C.O.D.

TEXAS WATER CRAFTERS,
P.O. Box 539, Wichita Falls, Texas 76307

SHOPPING AROUND

PENSIVE FROG

Needlepoint design to do in froggy green on 12" sq. cotton canvas with Paterna Persian. $6.95 with design, wools, needle and instructions. Add 50c post. Wood frame: oak or white finish, $2.25. Purple hippo, pink elephant, others. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



SECRET SPREAD REST

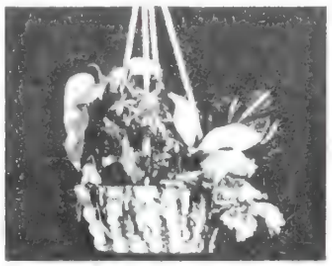
What a great idea! A caddy that hides beneath mattress of beds with low (or no) footboards. Slip it out at bedtime for a bedspread rack to simplify morning makeup. King, queen, double beds need two. $6.98 ea.; two, $12.98. Add 90c post. Garrett's, HG6, Box 12274, Dallas, TX 75225.

REFRESHING GINGHAM

¼" checks in permanent-press polyester/cotton. Red, blue, yellow with white. 2" w. ruffles. All pairs 74" w. Tiers 25", 30", 36" l. Pr. $7.50; two $15. Tiebacks 45", 54", 63", 72" l. Pr. $10. Valance $3. Add $1.75 post. per order. Country Curtains. HG6, Stockbridge, MA 01262.

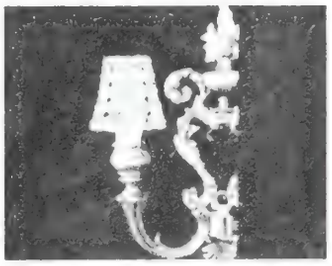
NATURE FOOLERS

Bark-like planters in five sizes are sturdily designed to display your growing plants or fresh blossoms. 7" hanging pot, $6; 12" hanging pot, $13.50; 4" planter, $3.25; 12" planter, rect., $5.75; 7" round planter, $5.15. Ppd. Valkay, HG6, 27467 Bassett Rd., Westlake, OH 44145.



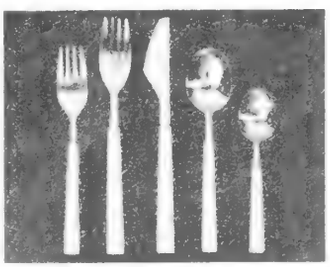
PRISMATIC SPARKLER

Sconce Trimlite shade is a curtain of precision-cut octagon crystals that produce a myriad of jewel colors in the room. 3" h., 2" at top; 3" at bottom. Gold plated metal parts. $11.95 each; two, $22; four, $40 Ppd. Jewel Co. of America, Inc. HG6, 25 Holden St., Providence, RI 02908.



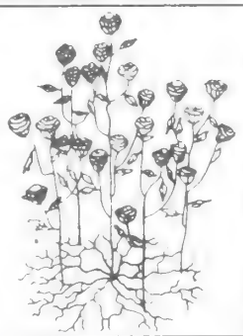
COLORFUL TABLEWARE

The homemaker's delight and the dishwasher's dream is stainless steel flatware. Bone-like handles of cobalt blue, lemon yellow, plastic to set a pretty table. Five-piece place setting, $3.95; four settings, $14.95. Add 75c post. Elizabeth McCaffrey, HG6, Northport, NY 11768.



Flower sculpture in brass, so delicate that it quivers with a touch, is sculptured by Deanna Mayer. The rose sculpture comes in antique gold or green finish 8" x 8", **$35.00.**

Design Matrix,
2424 Esplanade, Bronx, New York 10469



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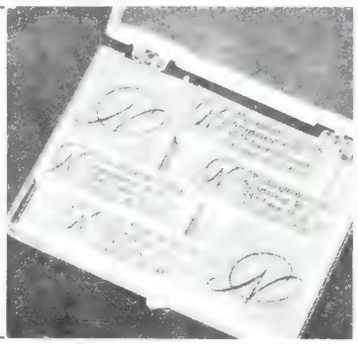

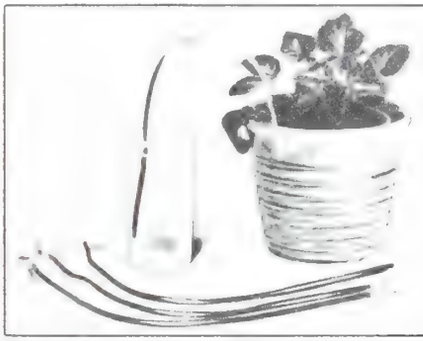

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Water plants while you're away. Amazing wicks feed moisture to plants for up to 8 weeks. Insert one end of the wick in soil, the other end in water. Will not rot or mildew. Set of 4.

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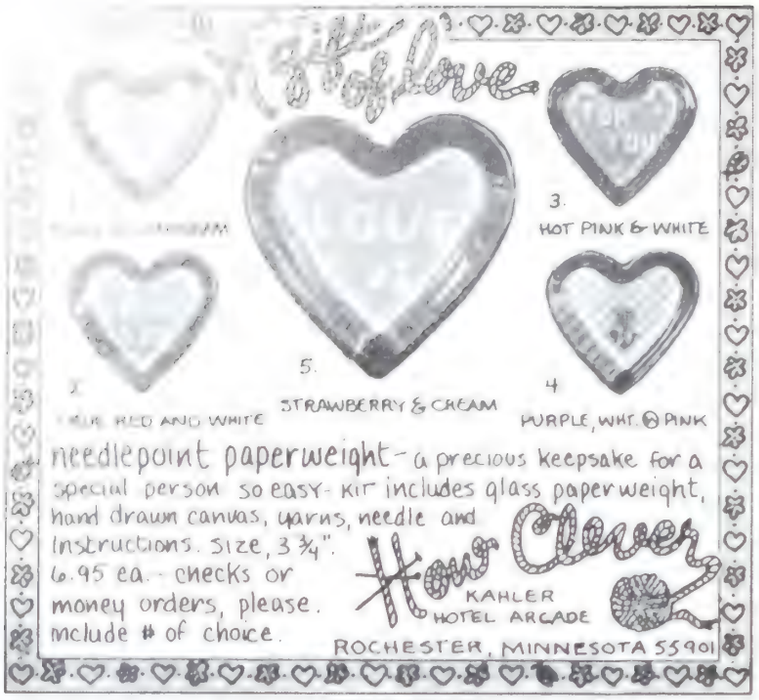
Dept. J6, P.O. Box 204, Teaneck, N.J. 07666



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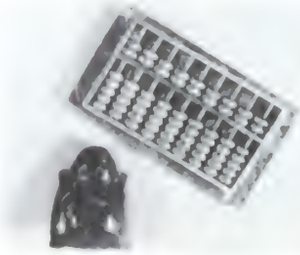
Rattan ceiling lamp with swag chain; dimmer switch, adjustable ht., 18' chain. 14" spread, $19.95; 17" spread, $24.95 plus $1.50 post. Painted white, yellow, green, pink, orange, blue or black, add $3. Catalogue, 25c. Fran's Basket House, HG6, Rte. 10, Succasunna, NJ 07876.

STITCHING STOREHOUSE

A complete catalogue of wall hangings, pillows, pictures and other Swedish embroidery kits —all of winsome, original designs in the brightest colors. 36-page catalogue, $2 refundable with $25 order. Skön, Dept. GE6, 55 Lambert Lane, New Rochelle, NY 10804.

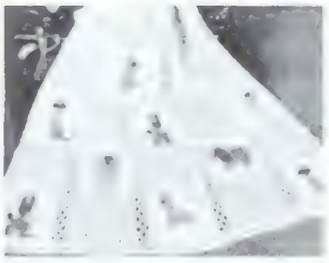
GAS TANK GUARD

A new device locks out thieves, requires no key. Allows filling easily but restricts entry of a siphoning hose. Rustproof steel coil installs into tank's filler neck in seconds. Will fit cars, trucks, campers, boats. $2; two $3.50. Ppd. ICP Alarm, HG6, Box 5128, Winston-Salem, NC 27103.



FAR EAST BEAUTY

The perfect "something" for today's executive to display and use on his desk as a paperweight or conversation piece. Solid Jade Buddha 2" tall or a 2" x 3" jade-like marble abbacus with solid brass beads and frame. $19.95 ppd. Country Corner, HG6, Box 824, Dept. B-A, Mesa, AZ 85201.



ANIMAL FAIR

Whimsical ducks, rabbits, cats, elephants (worked in cross-stitch later) on easy-to-crochet afghan. "Toyfair's" background is yellow or white. Kit 36" x 44" afghan includes acrylic yarns, directions. Washable! $7.95, plus 75c post. The Stitchery, HG6, Wellesley Hills, MA 02181.

EYE CATCHERS

Solid brass case for contact lenses is big on looks, tiny in size. Engraved on outside with your initials (specify). Inside, mirror, two plastic pockets which hold your lens safely, and also bottle for lens liquid. 2" x 2" x ½". $5.95 ppd. Bruce Bolind, HG6, Boulder CO 80302.

"HOBIE CAT" KIT

Make a scaled sailing model of the sporty catamaran to enjoy at home or office. Mahogany hulls, nylon sails, masting and rigging materials, plans, instructions included. 23" h. x 14" l. $6.95 + 85c post. 144-page catalogue 25c. Preston's, 101-T Main St. Wharf, Greenport, NY 11944.

SHOPPING AROUND

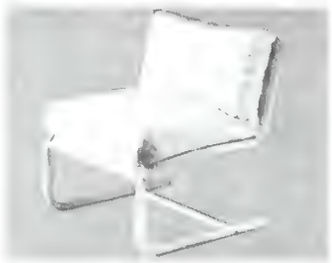
STEAMING GOODNESS

A multiple aluminum cooking aid. The 2 qt. insert steams rice to perfection, preserves flavor of vegetables; the 6 qt. base pan is ideal for roasts, soups, stews, foods that require long cooking. Recipes included. $11.50 ppd. Kitchen Gadgets, HG6, 209 Burr St., Houston, TX 77011.

FAMILY JEWELS

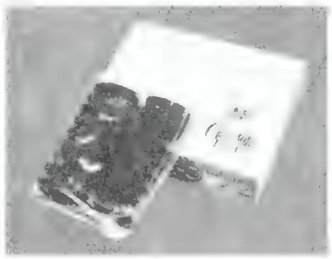
Initial of rhinestones hand set in terry. Sable, camel, gold, canary, cognac, cardinal, pink, blue, green, spearmint, white, ebony. Fingertip, $4.95; hand, $7.95. Add 50c post under $10; $1 post. over $10. Countess Gwen, Ltd., HGE, 509 Fifth Ave., NY 10017.

"STUNS" STAR



Smashing new low-back chair for casual living. Yellow or orange canvas with matching lacquered frame; natural canvas with brown frame. $54.50. High-back, $59.50. Exp. coll. Catalogue $1. Storehouse, Inc., HG34E, 2737 Apple Valley Rd., N.E., Atlanta, GA 30319

CHOCOLATE CRUNCHER

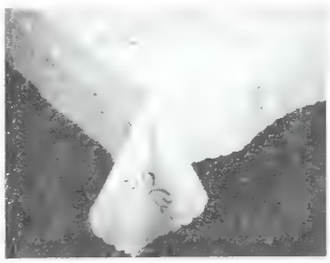


For sundaes, pies, cakes, other confectionery goodies, a walnut finished chocolate mill that shaves chocolate with stainless steel blades. 5½" h.; with 12 oz. special chocolate. $7.95 plus 75c post. Catalogue, 25c. Ship's Wheel, Inc., HG6, Nottingham Sq. Rd., Epping, NH 03042.

CLEARLY PRACTICAL

Lucite stackers cradle silverware or stainless in drawer or on a buffet table. Each holds a dozen spoons, forks or knives; 2½" by 3" by 3½" to save space. Set of 2, $2.98; 2 sets, $5.75; add 40c post. Exclusive. The Country Gourmet, G6, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

SWISS SPRING



Golden tulips blossom on a white cloth embroidered in Switzerland. Sheer polyester. 67" by 86", $49.50; 106", $59.50; 123", $79.50; 140", $89.50; 67" round, $42.50; 17" napkin, $2.50 each. Add $1.50 post. Hildegarde's, HG6, 597 Farmington Ave., Hartford, CT 06105.

APRIL BLOOM BOOM

Hand-painted watering can abloom with violets brings house plants into full spring beauty. White matte finish metal inside and out. 5" dia., 8½" h. Keep it handy near indoor garden, pretty decoration for window sill. $6.98; two, $13.75 Ppd. Downs, 1406, Evanston, IL 60204.

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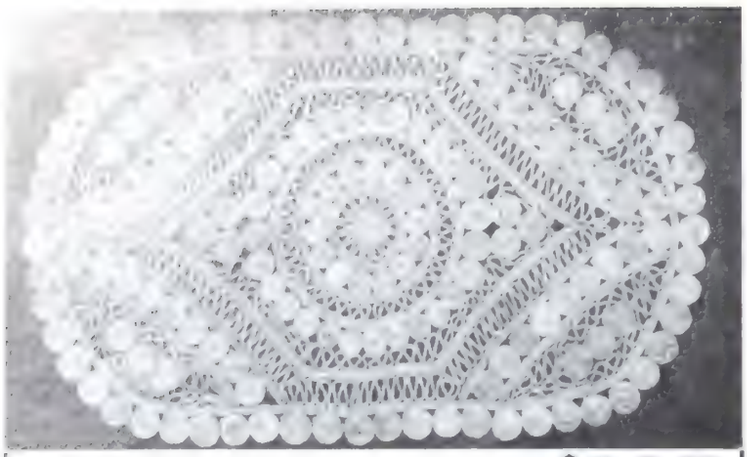

Decorator Area Rug $14.95

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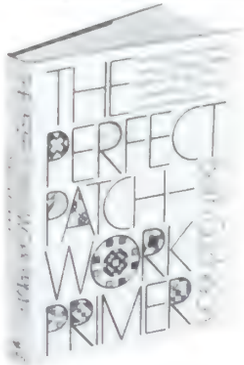

If patchwork and quilting interest, intrigue ... this new book's a must. It has good basic instruction, lots of inspiration ... that makes great ... even if you don't sew. 7½ x 10.

$9.95 Plus 75¢ hdlg. & hdlg.

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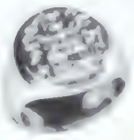
Create a wallhanging that's sure to be a conversation piece. Design to work in embroidery stitch with rust and black fine cotton yarns on beige linen. 15" by 33". Complete kit #6211, $20.95 plus $1.25 post. Color catalogue $2 Skon, GE6, 55 Lambert La., New Rochelle, NY 10804.

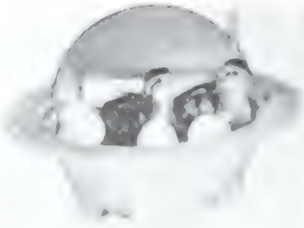
POSH POSTALS

Soft gray postal cards (6" by 4") are bordered with light tone, imprinted with two lines in red, black or green ink. Pad of 100. Specify ink color; print name and address clearly. $4.95 ppd. West-Berg Enterprises, HG6, Box 4749, Colorado Springs, CO 80930.



CREST RING

Handsome ring to be engraved with the family crest is a proud possession to wear and hand down through the family. Send copy of crest if available. Sterling silver, $39; 14K solid gold, $150 ppd. Free catalogue. Heraldica Imports, Inc., HG6A, 21 W. 46th St., NY 10036.



FARM'S FORUM

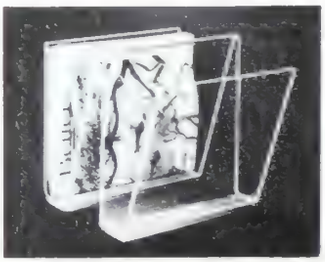
Clear plastic dome lets you see nature's way of opening bobwhite quail eggs to produce babies. Incubator operates on 110 volt electricity, is 6" h., 7" dia. $5.98 with six eggs; without eggs, $4.25. Ppd. Catalogue, 25c. G. Q. F. Mfg. Co., HG6, Box 8152, Savannah, GA 31402.

WEAVE IN WILLOW

Mediterranean chair, handwoven of natural willow. 28" h., 24" w., seat 14" from floor. Foam rubber seat, corduroy covered in gold, black, avocado, tangerine. Chair, $49.95; seat cushion, $6.95. Exp. chgs. coll. Catalogue, 25c. Fran's Basket House, HG6, Rte. 10, Succasunna, NJ 07876.

CLOAKED SPOKES

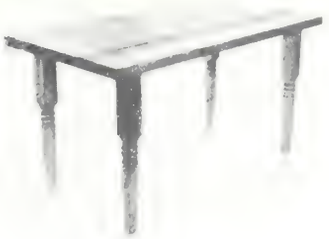
Day-glo finished wheel covers make a bicycle visible from a distance by using refracted light. The psychedelic whirls give youngsters a charge. The combination of safety and excitement are unbeatable. $3.25 plus 50c post. Fairfield House, HG6, Box 816, Westfield, NJ 07091.



AT ATTENTION

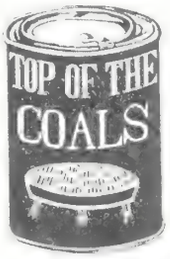
Magazines stand ready for inspection in a plexiglas rack shaped like the letter "W". Clear or smoky plexiglas, 10½" h., 11" w., 12" l. to brighten any corner, chairside. Clear, $14.95; smoky, $17.95. Add $1.50 post. Dilworth Mfg., HG6, Box 158, Honey Brook, PA 19344.

COUNTRY STYLE



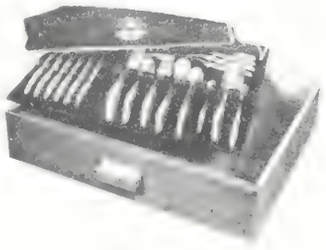
Butcher-block tables for small families or lots of company. 48″ by 30″ $154.50; 60″ by 30″ $169.15; 60″ by 36″ $185.25; 72″ by 36″ $203.10. Exp. coll. Also available in custom sizes. Catalogue, 50c. Butcher Block & More, HG6, 1600 So. Clinton, Chicago, IL 60616.

HEADY HERBS



A blend of rosemary, bay leaves, fennel seed, peppermint leaves, thyme, allspice, garlic flakes, sage, and cloves. Sprinkle on hot coals just before broiling and and when turning meats. 5-oz. tight-lid can. $3.50, post. 65c Kaleidoscope, Inc., G64, 288 The Prado N.E., Atlanta, GA 30309.

SILVER PROTECTION

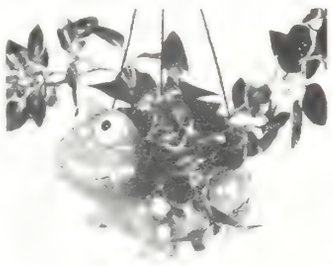


Tarnish-proof Pacific Cloth drawer pads made by Gorham. Prevent tarnish and scratching! 11¾″ by 15″ by 2½″ holds 100 pieces, $5.95; 17½″ by 13⅞″ by 2½″ holds 125 pieces, $6.95. Add 95c post. Barrington Specialties, HG6, Box 154-G, Barrington, RI 02806.

E-X-T-E-N-S-I-O N

Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

CERAMIC CHARMER



Let a friendly green frog hold your ferns or potted plants to add a distinctive touch to any area. 6″ x 4″. Comes complete with its own cord hanger (ferns are not included). $4.95 plus 50c post. Michael-Allen Gifts, Dept. #5, 6542 Bradford St., Philadelphia, PA 19149.

KASHMIR CREWEL

Heavenly spreads and tablecloth are hand-worked in crewel embroidery on natural hand loomed cotton. Imported from Kashmir. Twin, $60; full, $70; queen, $80; king, $90. 70″ dia. cloth, $40; 90″, $50. Ppd. Catalogue, swatch 50c. Gurian's, HG6, 276 5th Ave., NY 10001.

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Yes, color negative, slide or print of a pet subject can be made into design in color on monocanvas ready to needlepoint. Send subject (returned). Kit includes design on 10½″ by 13″ canvas, yarns. $21.95 plus 75c post. Sew-There, HG6, Box 58, Kingsbridge Sta., Bronx, NY 10463.

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The professional way to pamper prized house plants and cut flowers—shower them in the gentlest film of water. They'll look better, grow better, last longer. Great also for touch-up pressing and ironing—dampens evenly without too wet or too-dry areas. We've priced them at special savings so you can buy two and keep one always handy at the ironing board. Handsome in solid brass—lacquered, 6″ high.

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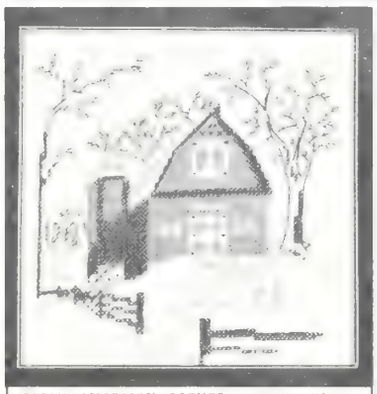

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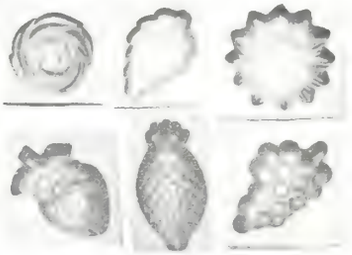

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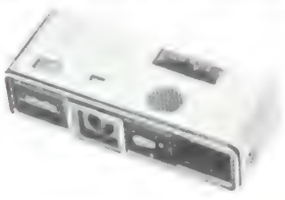

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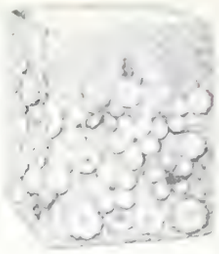
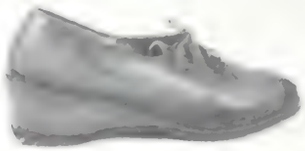


FLOWERS ON GRASS

Decorative wastebasket is woven of natural grass, with colorful floral embroidery on all sides. Blue, pink, or yellow. Plastic liner. Ideal for bath, bedroom. 13" h. x 9" w. $8.95; 11" x 8½" $7.95; 11" x 7" $6.95; all three $19.95. Ppd. Bambou, Inc., HG674, Box 2331, Rockville, MD 20852.

YOURS ALONE

Attractive cover protects your racquet from weather and dirt, monogram protects from mix-ups. Blue, green, or brown on white suede-finished vinyl. Will fit wood or metal types. State second color choice. $6.95 ppd. Pourquet Ideas Co., HG6, 253 W. 35th St., New York, NY 10001.



FLYTES FORECAST

Zigzag rubber soled Flytes. Grain calf with smooth calf: black; cognac/navy/light blue; teak/brown; black/otter; beige/otter. Sizes 4 to 12, widths AAAA to EE. 2½ to 10, $23.95; 10½ to 12, $24.95. Add $1 post. Free catalogue. Solby Bayes, HG6, 45 Winchester, Boston, MA 02108.

TO HAVE AND TO FOLD

Drop-leaf dining table made in Europe of solid beechwood with oiled walnut finish. Closed, 9" by 30" by 30" wide up, 37" by 30"; fully opened, 65" by 30", it seats eight. Approx. $49.95 Exp. coll. Available in Danish catalogue, $2. Granada Imports, HG6, Box 204, Teaneck, NJ 07666.

READY, SET GO

Any-hat cap protects hairdos in wind and weather and looks smart whatever the outdoor activity. Choose white, blue, red, black or yellow. One size fits all heads and coiffure styles. $3.99 plus 50c post. Holly House, HG6, 417 Lake Ridge, Dallas, TX 75238

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Exquisitely painted marble eggs with six different designs. On stand 3¼" high. One Chinese character and one landscape, $3.98 plus 90c post; two each, $7.50 plus $1.15 post and three each, $10.50 plus $1.40 post. House of Paradise, Inc., HG6, Box 368, Suffern, NY 10901.

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A bathroom luxury, "Throne" extension phone! L-o-n-g cord stretches; install easily—ready-to-use. Red, gray, black, green, white, beige and ivory. $19.95 plus $1.50 post., $2 post. w. of Miss. Metropolitan Teletronics Corp., HG6, 35 W. 35th St., NY 10001.

SHOPPING AROUND

RINGS IN 6 PATTERNS

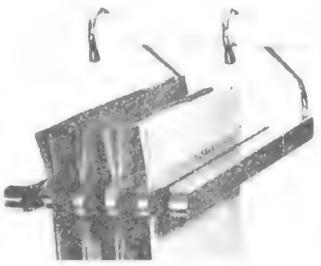
Sterling silver rings in six of Gorham's popular patterns are fashioned from spoon handles (five are shown). Chantilly, Strasbourg, LaScala, Medici, Melrose and Buttercup. Adjustable for finger size $10 ea. ppd. Wickford Gift Galleries, HG6, Box 516, Annex Sta., Providence, RI 02901.

NEW TWIST

A flexible lamp that stays in any position. Alsy snake lamp has 50" torso of polished brass or chrome; or painted in black or white. Complete with a 60-watt bulb, wraparound plastic ties for nailing on wall. $22 ppd. Free catalogue. FBS, HG6, 659 Main St., New Rochelle, NY 10801.

CLOSET TREASURE

Now hers and his *file* neatly in the sliding [illegible] It eliminates [illegible] Trousers and slacks insert or remove without taking rack out. Cherry, chrome-plated hanger. $5.98; two for $10.98. Add 85c post. Ferry House, Inc., G6, Briarcliff Manor, NY 10510.



ANTIQUE COPY

Charming stand to compliment any favored plant. Base [illegible] tique green or Victorian white scratchproof wrought iron. Top is decorated with tin leaf design. Holds plant container with 9" dia. base. 26¾" h. $15 plus $1 post. Walter-Delipsey Antiques, 2615 Routh, Dallas, TX 75201.

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A variety of poster sizes, from any color or black and white photo. 18" by 12", $2; 18" by 24", $2.50; 2' by 3', $3.50; 3' by 4', $7.50. For lamination, add $2; frames for sizes up to 2' by 3'; $3. Add 50c post. ea. Blow Yourself Up Co., HG6, 663 Fifth Ave., NY 10022.

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Glass in liquid form creates an iron-hard adhesive to piece together the broken fragments of porcelain, china, jewelry, etc. Permanent, washable bond that scoffs at heat or cold. $1.98 plus 25c postage. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

PRIVATE LESSONS

Teach yourself to play the piano a new way, without any written music. By following the unique principle, based on three factors, even beginners can learn to play. It's fun to try with the piano book. $3.98 plus 65c post. Greenland Studios, 5793 Greenland Bldg., Miami, FL 33054.

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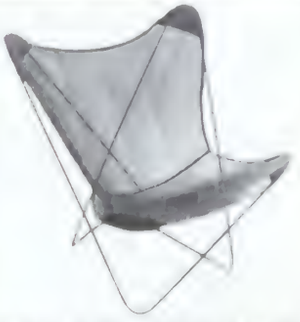

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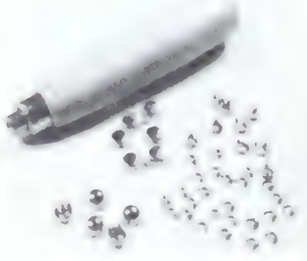

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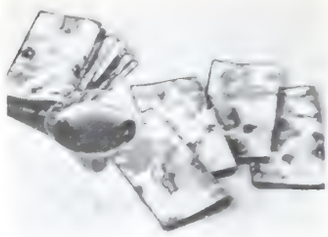

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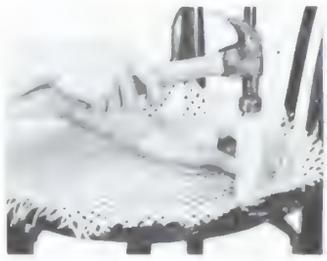
Selected cotton floral prints, calicos and ginghams make delightful 6" by 9" napkins for informal summer entertaining. And they're machine washable. Ideal hostess gift. An even dozen assorted, $2.98 plus 40c post. The Country Gourmet, Dept. G6, 512 So. Fulton Ave., Mt. Vernon, NY 10550.



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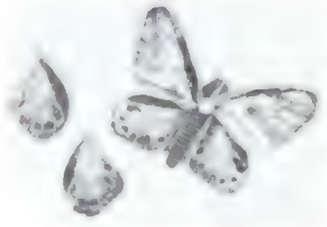
A cane kit that includes sheets of cane and complete instructions for repairing grooved chair seats, room dividers, what have you. Square cane sheets in three sizes: 14", $6.45; 18", $8.45; 24", $12.45. Ppd. Catalogue, 25c. T.I.E., HG6, Box 1121, San Mateo, CA 94403.

ELEPHANT AT WORK

Drop a coin in his trunk and watch as it is deposited in golden rajah's seat on his back! Cast iron mechanical bank, 7" long, is a reproduction from an antique American mold. $12.98 plus $1.25 post. Greenland Studios, 5791 Greenland Bldg., Miami, FL 33054.



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Butterflies in multicolor filigree are handcrafted in the Bavarian Alps as a brooch and earrings of exquisite delicacy. Open-wing pin 2" by 2"; earrings have closed wings to dance on ear lobes. Set, $12.95 ppd. Butterfly Set, HG6, 950 Stuart St., Harrisonburg, VA 22801.

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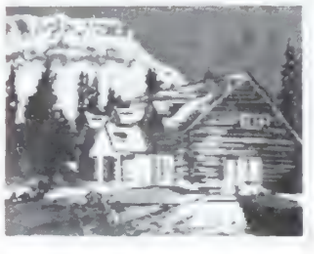

MOUNTAIN TOP SCENE

Ready to needlepoint, a ski lodge against a snowy background. Sixteen colors on #10 canvas 15" by 19", Persian yarns, needle, instructions, $30.50 plus $1.50 post. Color brochure, 25c; free with order. Allow three weeks for delivery. Crossroads, GGE-3, Box 1372, Burbank, CA 91507.

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Save time and money by using an 8½" x 11", 56 page shopping guide, indexed to show you types of merchandise, brands, discounts, and locations. Books for New York City, New Jersey, New England, E. Pennsylvania. $1.75 each; three $4. Ppd. Guides, HG6; Box 183, Oradell, NJ 07649.

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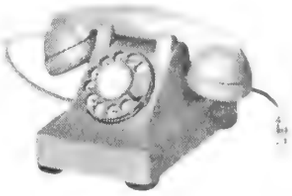

Order an extra phone to match the décor. Color phone is fitted with cord and plug; it dials and receives and rings. Colors; red, blue, green, ivory, beige, pink, yellow, gold, white or black. $17.95 plus $1.50 post. Free catalogue. Grand Com Inc., HG6, 324 Fifth Ave., NY 10001.

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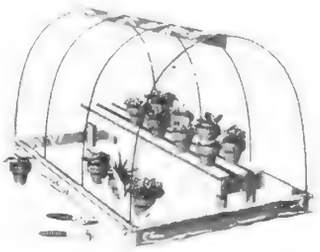

Crystal clear vinyl covers redwood base of miniature greenhouse. Easy to assemble, 4′ by 1½′, it comes with seed packets, and growing manual. Perfect seed starter/cold frame combination. $24.95 ppd. Greenhouseman ™, KP6, Box 2757 Santa Cruz, CA 95063.

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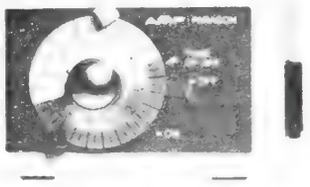

Keep your home at the coolness you want. Heavy-duty timer for window air-conditioner turns the unit off at any preset time and turns it on before your return. $18.95; two $36. Add 50c post. Michael-Allen Gifts, Dept. #5, 6542 Bradford St., Philadelphia, PA 19149.

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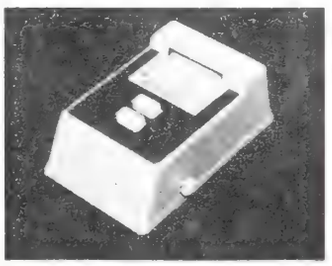

Push button selection of 300 telephone numbers is easy and quick with battery operated index 8¼" by 5½" in beige plastic case that fits desk or bedside table. $8.95 (batteries included) ppd. West-Berg Enterprises, HG6, Box 4749, Colorado Springs, CO 80930.

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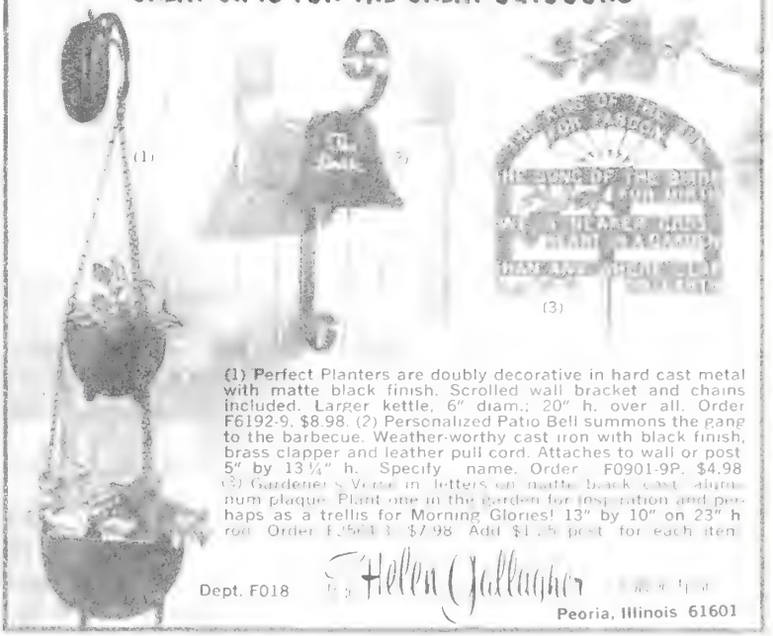

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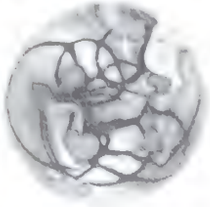

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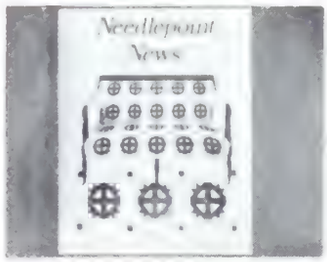

JUST OUT!

Welcome news for everybody who likes needlepoint. Bi-monthly magazine devoted exclusively to the subject, showing how to be more creative. New ideas, techniques, fun projects in each issue. One year $6. Canada, $7. Needlepoint News, Dept. MK, Box 668, Evanston, IL 60204.

TOP BRASS

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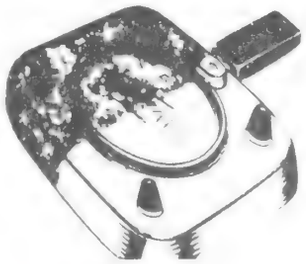

Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotisserie and grills. 7 oz. can with brush. Dissolves carbonized grease, encrusted buildup. Does not darken or pit. $2.49 plus 50c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105

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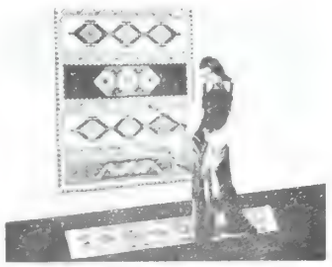

American Indian design reproductions in cotton rugs. Ivory with earth tones or brick reds-golds, colorful accents. 3′ x 5′ $34.95; 4′ x 6′ $49.95; 6′ x 9′ $89.95; 9′ x 12′ $159.95. Ppd. Catalogue $1. Peerless Imported Rugs, GE-6, 3028 No. Lincoln Ave., Chicago, IL 60657.

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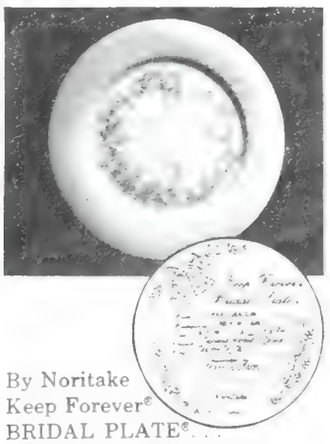

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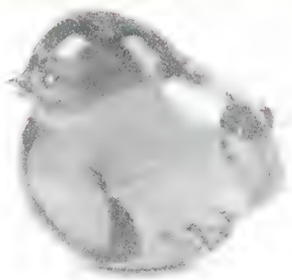

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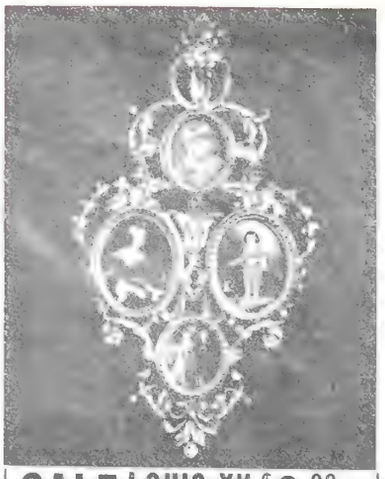

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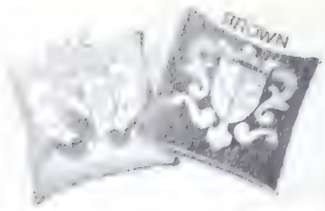

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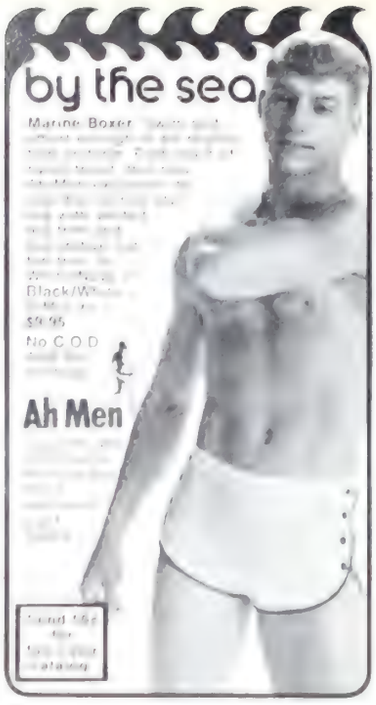

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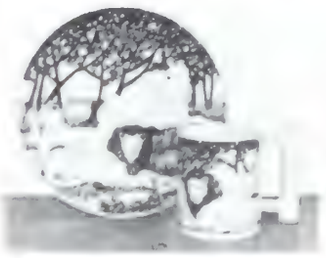

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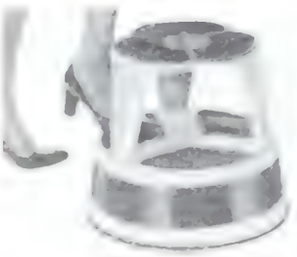

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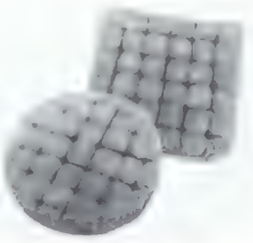

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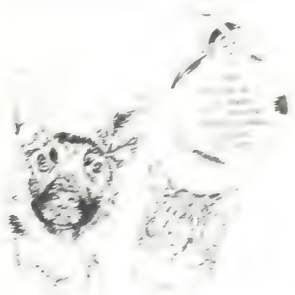

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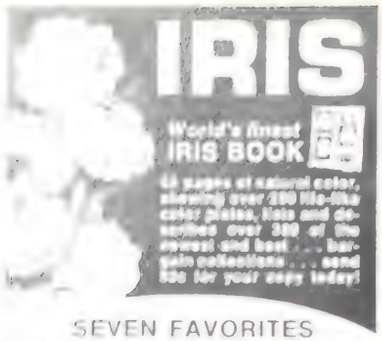

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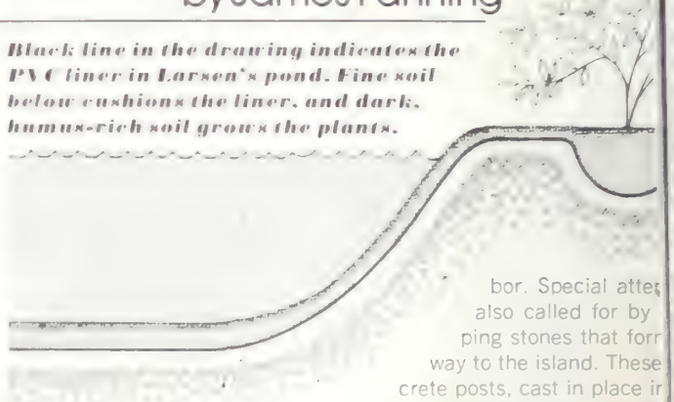
Gardener's Notes

by James Fanning



Black line in the drawing indicates the PVC liner in Larsen's pond. Fine soil below cushions the liner, and dark, humus-rich soil grows the plants.

Sandy soil is about the most difficult for gardening, because water quickly percolates through it; however, this type of soil can be counted on to drain adequately, making the best water- or swimming. Sheila and Robert Kotur (page 34) found imper- But ge 82) built a pool for their garden. Little Rock, Ark., has been having a very good year, and in a backyard pool, with water-lilies and other plants, they have created a cool, restful spot. But to bulldoze a hole in the ground and line it with a waterproof material is a job that demands professional skill, so Mr. Larsen called on Staff Industries, Inc., 78 Dryden Rd., Upper Montclair, N.J. 07043, for the help he needed. Staff prefabricates liners in sizes up to 85 feet wide. Special sizes and shapes must be joined on the job (the Larsen pond took four sections because of the island); Staff will supply skilled labor. Special attention is also called for by the stepping stones that form a way to the island. These are concrete posts, cast in place in cylindrical cardboard Sonotube forms. The PVC liner was carefully sealed around each post, then bonded to the cement, again with a special bonding solution. The stepping stones, also of cast cement, were made on the site by pouring the mix into forms hollowed out of sand. Cemented to the tops of the concrete posts, these artificial stones look completely natural, and the only tricky part of the operation is getting the posts exactly the right height so that under-water the stepping stones are barely covered by water. Of course the posts —pilings, actually—must be carefully based to start with: Mr. Larsen sank the lower ends of his a good 6 inches below the pond bottom. For pond building operations in general, the Soil Service of the U.S. Department of Agriculture offers help in the form of two bulletins—*Building a Pond* (25 cents, postpaid) and *Sealing Leaking Ponds and Reservoirs* (free). Both from the U.S. Government Printing Office, Washington, D.C. 20402. And for hints on lilies, Mr. Larsen sends to William Tricker. For catalogue send 25 cents to William Tricker, 174 Allen Ave., Saddle River, N.J. 07458.

"Overwatering does more harm to houseplants than any other known cause"

In regard to houseplants, when in doubt about watering, don't! This sage advice comes from Honey Milligan Strait, who started growing plants in her own home just a few years ago, now teaches indoor gardening courses at the Brooklyn Botanic Garden and other educational institutions. Mrs. Strait's breezeway garden room (page 60) gets light only from the east and west sides, plus skylights, disproving the idea that you need a south exposure to succeed with indoor plants. Her plant list includes ordinary things like begonias, bougainvillea, grape ivy, and tradescantia. It also glories in such unusual plants as passion vine, clerodendron, jasmine, and several kinds of bromeliads, palms, and orchids. Ferns are especially prominent in the Strait garden room. Amenable kinds like Boston fern, bird's-nest, and Japanese holly ferns flourish, and so do the more finicky maidenhair and staghorns. A humidifier to moisten dried-out winter air gets a lot of credit for the flourishing greenery, and so do two books that Mrs. Strait and a number of many other indoor gardeners find indispensable: *Exotica*, by Alfred B. Graf (several formats available—write for information to the publisher, Julius Roehrs Co., RFD 2, Box 144, Farmingdale, N. J. 07727); and *The Complete Book of Houseplants*, by Charles Marden Fitch (Hawthorn, $). Both authorities agree with Mrs. Strait that overwatering does more harm to houseplants than any other known cause. ■

PRESCRIPTION FOR A FULL LIFE *continued from page 75*

nonspecific and specific features, since objective experiments have shown that every stimulus or event (drugs, traumatic injury, social problems) produces nonspecific stress, in addition to the specific effects characteristic of each one of them. Therefore, we must get used to regarding all problems we face as combinations of several factors. Among these, it is often difficult without conscious search, to identify the determining one that should be selected or avoided.

Whether an athletic effort merely strengthens our muscles or produces a heart attack depends upon a host of factors, some inherited, some environmental. Our experimental studies on "pluricausal diseases" have taught us that many maladies have no specific single cause but are the result of a constellation of factors, among which mere nonspecific stress often plays a decisive role. Similarly, many common diseases—peptic ulcers, high blood pressure, nervous breakdowns may not be primarily due to such apparent causes as diet, genetics, or occupational hazards. They may merely be the nonspecific stress effects of attempting to endure more than we can. Here, instead of complicated drug therapies or surgical operations, we can often help ourselves better by identifying the decisive cause, which may be a member of our family, our boss, or merely our own overemphasis on the importance of being right every time.

We have shown that animals exposed to continuous stress for long periods necessarily go through the three phases of the General Adaptation Syndrome: the initial alarm reaction, followed by resistance and, eventually exhaustion. Evidently adaptability, or adaptation energy, is a finite amount of vitality given to us at birth. It is comparable to inherited capital from which we can withdraw throughout life, but to which we cannot add. In terms of the adaptation energy consumed by the stress of life, the secret of success is not to avoid stress and thereby endure an uneventful, boring life, for then our wealth would do us no good, but to learn to use our capital wisely, to get maximal satisfaction at the lowest price. Often, the satisfaction of any experience must be bought at the price of sacrificing another. It pays to learn how not to squander this valuable asset on futilities.

We have seen that unused muscles, brains, and other organs lose efficiency. To keep fit, we must exercise both our bodies and our minds. Besides, inactivity deprives us of every outlet for our innate urge to create, to build, this causes tensions and the insecurity that stems from aimlessness. Whether we call our activity exhausting work or relaxing play depends largely upon our own attitude toward it. We should at least get on friendly terms with our job; ideally, we should try to find "play professions" that are as pleasant, useful, and constructive as possible. These should give us the best outlets—safety valves—for self-realization, and for preventing irrational, violent outbreaks or flight into the dream life of drugs such as occur in people whose high motivation is frustrated by the lack of an acceptable aim. In seeking a worthwhile goal, remember my little jingle, "*Fight for your highest attainable aim but never put up resistance in vain.*" In other words, it won't hurt you to work hard for something you want, but make sure you really want it and can be a winner.

Remember also that, in most instances, diversion from one activity to another is more relaxing than complete rest. Few things are as frustrating as complete inactivity, the absence of any stimulus, any challenge, to which you could react.

The most impressive biochemical observations in experiments on hormones revealed the importance of the choice between submission and attack; in chemical language, these hormones carry the message to put up with the aggressor or to fight it. This choice is of vital importance on all levels of biological organization, from single cells all the way to man, families of men, and even nations. You cannot trust emotion always to choose correctly. It helps a great deal to understand the fundamental advantages and disadvantages of both attitudes by studying the biological basis of self-preservation. When applied to everyday problems, this understanding should lead to choices most likely to provide us with the pleasant stress of fulfillment and victory, thereby avoiding the self-destructive distress of failure, frustration, hatred, and the passion for revenge.

I have tried to support my guidelines mainly by modern biological experiments, but they are also in harmony with time-honored principles of various religions and philosophies. With very few exceptions, only those teachings that are deeply rooted in human nature survive indefinitely. The trust in the all-powerful, eternal creative force of some divinity goes back to the beginnings of recorded history, but its many forms are all alike in one respect: they try to provide us with guidelines for conduct that lead to an ultimate goal.

This is perhaps why our updated guideline, "Earn thy neighbor's love," cannot conflict with any religion or philosophy. In fact, ardent believers in one of these can use our code to complement their own. In it they will find scientific support not only for one of the most deep-rooted and generally accepted religious precepts of the brotherhood of man, but also for that of atheistic communism, with its avowed goal: "From each according to his capacities, to each according to his needs." The laws of Nature, which we used to construct our doctrine, apply to everybody, irrespective of his formalized and labeled creed.

Viewed from the pinnacle of the eternal general laws governing Nature, we are all surprisingly alike. Nature is the fountainhead of all our problems and solutions; the closer we keep to her the better we realize that, despite the apparently enormous divergencies in interpretation and explanation, her laws have always prevailed and can never become obsolete. The realization of this truth is most likely to convince us that, in a sense, not only all men but all living beings are brothers. To avoid the stress of conflict, frustration, and hate, to achieve peace and happiness, we should devote more attention to a better understanding of the natural basis of motivation and behavior. No one will be disappointed if, in daily life, he learns to follow the guiding light of "Earn thy neighbor's love."

I myself have tried to follow the philosophy of earning my neighbor's love as best I could, and it has made my life a happy one. Let me frankly admit that, in looking back, I realize that I have not always succeeded to perfection, but my failures were due to my own shortcomings, not to those of the philosophy itself. The inventor of the best racing car is not necessarily its best driver. ■

AFFAIRS OF THE HEART *continued from page 74*

stickler for a strict diet and I think there are too many faddists in medicine who put patients on strict low cholesterol programs. I'm more inclined to recommend appropriate caloric intake depending on weight and size. But some rather extensive studies show that high levels of saturated fats—those that are solid at room temperature and usually come from animal sources—contribute to high levels of cholesterol in the blood stream and this is inclined to produce changes in blood vessels, which lead to coronary disease. We can't eliminate fats entirely from the diet, they're our principal source of energy, providing more than twice as much caloric value gram per gram as carbohydrates and proteins, but the types of fats are very important. We should go for fish and fowl and vegetable oils—the polyunsaturated fats that are liquid at room temperature—rather than animal fats. Of course milk is good nourishment for children but many individuals persist in a high milk intake throughout adulthood particularly whole milk with cream and high butter fat content. I drink skim milk, though I get most of the milk intake I need with my standard lunch of soup and ice cream. Eggs? Well, we found a substitute for butter in margarine and it's possible that we'll find a substitute for eggs if we need to break the habit, but I'm not sure that they're so harmful. There's cholesterol in them of course, but they're low calorie and if one takes exercise and restricts intake of starches and carbohydrates, the amount of cholesterol in an egg is not going to affect the serum cholesterol. I eat, I guess, a dozen eggs a week myself, at breakfast and other meals and I've had no real serious concern about that." What about heart checkups? "I think they are extremely important. One new useful test is the exercise of stress electrocardiogram using the mechanical treadmill device. You or I could go and have a cardiogram made while lying on a couch and it would probably be pretty normal. But if you walked at a fast rate, ten miles an hour on a slight incline, then changes in the electrocardiogram may appear, reflecting the fact that there is a cardiac problem in the heart under stressful conditions."

If you can work out ways to beat daily strains from building up, so much the better. Dr. Cooley has stereo music playing during surgery. Often he'll take a pineapple yoghurt break between compli-

Continued on page 150

Shopping information

All prices are approximate. Consult your interior designer or the decorating department in a store. Postage cost is indicated by ( ).

KITCHEN EQUIPMENT
Pages 62-63:
Two built-in ovens
Built-in dishwasher
4-burner electric cooktop
Food Preparation Center
2-bowl stainless kitchen sink
Butcher block countertops

NEW PEWTER
Pages 64-65:
"Lighthouse" coffee set
Pewter dinner plate
"Octette" pewter flatware

Pewter bowls on 4th shelf of hutch:
"Paul Revere" bowl
"Paul Revere"
Pages 66-67:
Dining table setting:
Pewter dinner plate
"Octette" pewter flatware
Pewter water goblet
Pewter wine goblet
Pewter porringer
Pewter candlesticks
"Octette" pewter bowl
Candlesticks:
Lighted center candle
Pewter chamberstick
Pewter chamberstick:
"Chamber Candlestick":
with snuffer. $30. By Reed & Barton.
"Eastern Shore" hurricane lamp: 14½" high. $27.50. By International Pewter. At Altman's.
Pewter mugs:
pewter, reproductions of 1785 design
"Octette" coffee and tea service:
Syrup pitcher and dish:
oz., 4⅝" high dish, 4" diameter.
Cider pitcher:
Tankard
"Covered Jug":

FRESH COUNTRY FEELING
Page 68-69
Living room
"Lancelot" sofa
"Rapport Mrs. Chair"
"Champagne" ottoman: 25" x 35"
Wheat" nylon
"Art Fair" white molded plast
cube:
"Deerpath" secretary:
"Deerpath" Queen Anne chair:
"Ready to finish" hardwood pe
estal table:
Lamp with Phoenix bird:
White porcelain lamp:
"Alpine" "Ready to finish" chest
"Deerpath" Hitchcock chairs
"Harvest" "Ready to finish" drop
leaf table:
"Heritage Muncy" blue and whit
cotton fabric
"Heritage/Bethany" blue
white diagonal cotton fabric:
"Heritage Haverford" blue
white cotton fabric:
"Muraina" white vinyl roll-up
shades:
Accessories on cube table:
sories on quilt covered table:

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white antique bowl, and blue and white antique bowl containing lemons. All from John Rosselli.

Baskets: except those containing trees from Parrish-Woodworth.

Garden hallway:

Antique bird cage: from John Rosselli.

Plants: except for flowering plants from Greenery, Poughkeepsie.

Pages 70-71:

Library

"Greenwich" demi-sofa: 65" x 36" x 27" high, upholstered in "Autumn Wheat" nylon, $230. (S)

Finalist" swivel chair: 30" x 33" x 29" high, upholstered in "Autumn Wheat" nylon, $230. (S)

Handwoven willow table: 27" diam., 22" high, $34. (C)

Glass and "chrome" stacking table: 15½" cube, set of three, $40. (C)

Collection 85" 3-arm floor lamp: 67" high, steel mount, chrome finish, smoked acrylic dome with 8" opal glass ball, $40. (S)

Patches" cotton fabric: used for custom throw and floor pillows, 36" wide, Everglaze finish, $5.25 a yd.

Heritage/Muncy" cotton fabric: upholstery for ottoman, floor and throw pillows, $5 a yd. Fabrics available at Sears Stores.

Coronet" aluminum window blinds: 35½" x 72" long, color shown red patent, available in many colors and sizes, may be cut to size as well, 29.50. (S)

South American" rug: 102" x 138", 100% nylon, $285. (S)

Accessories: yellow and brown antique bowl with tulips, tortoise-shell box shown on coffee table; porcelain plates shown both on coffee table and glass table; dark antique measuring basket shown 3rd shelf bookcase; all from John Rosselli. Antique painted boxes from a large collection of folk art at America Hurrah Antiques. Small oval basket on glass table, basket with handle, small basket middle shelf bookcase from a large selection of baskets at Parrish-Woodworth.

Dining room:

Deerpath" Queen Anne chairs: 27" x 16½" x 40" high, $89 each. (S)

Deerpath" drop-leaf table: 41" x 71½" x 29½" high, includes 2 leaves which extend table to 95" wide, $239. (S)

Deerpath" china cabinet: 42" x 71½" x 72" high, $329. (S)

Ready to finish" corner cabinet: 22" x 20" x 85" high, painted yellow and white finish, $115. (C)

Ready to finish" ladderback side chairs: 16" x 14" x 38" high, painted blue finish, $18 each. (C)

Handwoven willow storage stool: used as a plant basket, 18" diam. x 19" high, $17. (C)

Blue Carnation" ironstone dinnerware: $55 per 45 piece set; $20 per 5 piece completer set. (S)

Vienna Woods" ceramic accessories: blue and white china other than dinnerware. (S)

Wine glasses: 12 per set, $10. (S)

Silver-plate salt and pepper shakers: $9. (S)

Homespun-Look" napkins: 17" sq., perma-press, color shown colonial blue, $4.20 set of 4. (C)

Scandia" "Ready to finish" curtain rods: 6' long, $7.90; 8' long, $9.30. (C)

Flirtation" cotton chintz: fabric used for curtains, curtan rod coverings, 44" wide, 24" repeat, Scotchgard finish, color shown is mango, $6 a yd. (S)

"Heritage/Bethany" cotton fabric: used for undercloth and chair seats, $5 a yd. (S)

"Country Check" perma-press sheet: used for dining tablecloth, color shown is royal blue light, $3.80. (C)

"Miramar" window blinds: 45" x 96", $13.70. (C)

Accessories: antique blue and white crocks shown on drop-leaf table from America Hurrah Antiques. Centerpiece yellow antique bowl, white circular platter shown top of china cabinet from John Rosselli. Basket containing fern from Parrish-Woodworth.

Pages 72-73:

Master bedroom and Cover:

Sectional "Champagne" sofa: color shown is lemon, $696 for (3) sections; **ottomans,** color shown is lemon, $108. Sofa and ottoman covered in cutline quilted upholstery. (S)

"Finalists" chairs: $230 each. (S)

"Sleep Set" box spring and mattress: $65.

Custom bed and headboard: "Ready to finish," 54" wide, $70. (C)

"Eclipse" quilted bedspread: color is winter white, $5.75 a yd. (S)

"Medley" sheets and pillow cases: color is strawberry pink light, $5.50 a yd. (C)

"Art Fair" white molded plastic cubes: 11" sq. x 15" high, 6 cubes make a coffee table, $1 each. (C)

Willow storage hamper: 26" x 17" x 16", shown in white, $30. (C)

Handwoven willow table: 27" diam. x 22" high, $34. (C)

"Match Mate" wall-to-wall carpeting: 12' x 16' unbound, $13 a sq. yd., color is delft blue. (S)

"Lemon Federalist" china: shown on breakfast tray, $50 per 45 piece dinner set. (S)

Chrome standing lamp: adjusts from 20" x 57" high, $15. (S)

Multicolored handcrocheted afghan: made to order at The Elder Craftsmen.

Basket with potpourri: available in several blends at Robert Wood.

Napkins: made from processed antique homespun from a large collection at American Hurrah Antiques.

Bath:

White willow chests: 26" x 12¾" x 28½" high, $55 each. (C)

White willow vanity chair: no longer available through Sears.

White willow chest hampers: 26½" x 17" x 16½" high, $60 each. (C)

White willow stool: 14" diam. x 18" high, $12. (C)

"Art Fair" molded plastic cube: $15. (C)

"Fancy Pansy" sheets: king flat shown, $11 each. (S)

"Colorburst" red and yellow towels: $5.10 each. (C)

"Fancy Pansy" towels: $2 each. (S)

"Cloud Supreme" bath carpet: 3' x 10', $61. (C)

Red and chrome standing lamp: adjusts from 27" to 57" high, $13. (S)

"Miramar" white vinyl roll-up blinds: available in many sizes and colors, $16.50. (C)

White painted mirror: shown on dressing table from John Rosselli.

Hall/Garden room:

Willow settee: 51" x 29" x 31" high, $70. (C)

Willow chair: 27" x 29" x 29" high, $35. (C)

Handwoven willow table: 27" diam. x 22" high, $34. (C)

Handwoven willow storage stool: 18" diam. x 18" high, $17. (C)

"Ready to finish" Chinese Chippendale side chairs: 18" x 16" x 36½" high, painted yellow finish, $97 each. (C)

"Tea House" green and white fabric: $7 a yd. Used for tablecovering. (S)

"Ready to finish" gateleg table: 32" x 11" x 29" high, $59. (C)

Black and chrome [illegible] **standing lamp:** adjusts from 27" [illegible] $15. (S)

White and gold hanging lamp: 17½" diam. shade, 15' cord, 17" overall height, 12' chain, $30. (C)

Second bedroom:

"Ready to finish" fourposter bed: headboard measures 57" high, posts 73" high, $63 each. (C)

"Sleep Set" mattress and foundation: twin size, $95. (S)

Willow storage chest: 26" x 16" x 19" high, $27. (S)

"Wagon Seat Chest" "Ready to finish": 39½" x 13" x 12" high, painted blue finish, $43. (C)

"Ready to finish" rocker: 18" x 16½" x 42" high, $32. (C)

"Ready to finish" night stand: 14½" x 14½" x 25" high, 1 drawer, painted blue finish, $14. (C)

White accent lamp: 22" overall height $13. (S)

"Country Check" sheets: used for quilted coverlets, pillow shams, rocker seat cushion. Color shown is royal blue light, $3.90 each. (C)

"Louisa Mae" pillow shams: blue and white gingham with white ric-rac, $5 each. (C)

White dust ruffle: twin size, $7. (C)

Gingham toys: frog, $1; pig, $1; turtle, $3. (S) Quilted pillows and antique basket pattern quilt from America Hurrah Antiques.

CHILDREN'S ZEST

Pages 80-81:

Children's bedroom designed by Edward [illegible] Interior Designer, 200 Central [illegible] Scarsdale, New York N.Y. 10583.

Shelf surfaces and faces of [illegible] **of sleeping/storage unit of** [illegible]

Flooring of [illegible] **is Hi-Kote.**

"Around the Home" floor surface **indoor/outdoor carpeting,** 6' widths [illegible] 12' widths [illegible] Between [illegible] and Mineola.

Plans for swing set: Send 50¢ and a [illegible] and address envelope to: Gus Vogt Interiors, Cedar Swamp Road, Old Brookville, Glen Head, N.Y. 11545.

Bedroom:

Fourposter bed: 39" x 36½" high headboard x 80" posts, bamboo turning on posts and headboard, turning on foot and headboards. "Galaxy Lane" painted finish, twin size shown, $278. From the "Officer's Chest" collection by Henredon.

Chair: 27" x 30" x 29½" high, button tufted back, loose seat cushion. Upholstered in "Wicker and Lace" sheeting by Martex, $343 COM. From the upholstery collection by Henredon.

Ottoman: 16" high, welt base, kick pleat, available in any size, $157 COM. From the upholstery collection by Henredon. Henredon furniture available at Huffman-Koos and branches.

"Wicker and Lace" percale sheets: 50% Dacron, 50% combed cotton, used for wallcovering, upholstery, curtains, quilted bed covering, dust ruffle, and pillows. Twin size flat, $8.50; pillow-

Continued on page 150

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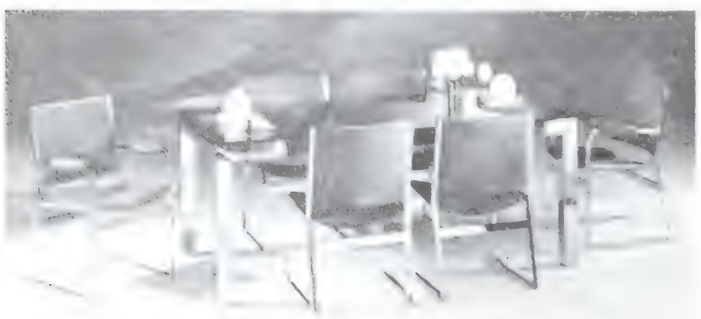

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SHOPPING INFORMATION *continued from page 147*

Double easel

Rocking chair, teddy bear and doll

MAKE OVER LAND AND ADD GARDEN ROOM
Pages 82-85:
Cushion fabrics:
"Wee Leaves" cotton

"Lola" cotton

"Happy Leaves" cotton

"Tulips" cotton

"Lupin" cotton

"Shoo" silk

ZEST OF OUTDOOR EATING
Page 88:
"Moon Garden" fine china

"Chino" plain flatware

"Sun Yellow" Belgian linen tablecloth

"Sun Yellow" Italian linen napkins

Handmade pottery

"Eklipse" vacuum pitchers and bottles

Stoneware "peach baskets": natu-

Corkscrew,

Polka dot background

Picnic tray,

Page 89:
"Les Manna" cookware

Glass condiment jars,

Table setting:
"Blue Flowers" porcelain,

"Amalie" sterling flatware,

"Tulip Lutheran" goblet

"Blanches Branches" cotton fabric,

WINE & FOOD
Page 91
Crystal stemmed glasses ■

Building facts

Materials and equipment used in the house on pages 48

STRUCTURE OF NEW ADDITIONS
Foundations:

Framing:

EXTERIOR OF NEW ADDITIONS
Exterior walls:

Exterior finish:

Roof:

Insulations:

Windows and exterior doors:

INTERIOR OF NEW ADDITIONS
Interior doors:

Interior walls and ceilings:

Interior finishes:

Floors:

Lighting fixtures:

Hardware: Brushed aluminum

Fireplace:

Music system:

Cabinets and countertops:

Plumbing fixtures:

MECHANICAL EQUIPMENT AND APPLIANCES
Appliances:

Heating and cooling system:

■

AFFAIRS OF THE HEART *continued from page 145*

this. Meditation might be worthwhile and helpful, but it's not my cup of tea. I believe more in playing

a day and going to my ranch. I get

thirteen and twenty-four, and their friends."

raised 10 million dollars privately through patients and

impossible dream but we'll learn something from all the experiments. We're doing things that were undreamed of in surgery ten years ago. Patients who were completely incapacitated or at death's door are now completely rehabilitated. It's an entirely new world."

What we learned from the heart transplant "era?" One of the interesting by-products was the changing attitude toward the heart and life in general. "From the beginning of human knowledge too much has been ascribed to the

organ in our body and should be

of the body is that it resembles a

of the house. If there is an anatomical seat for the soul it must be

spirit, and personality must reside.

anyway? It's a very simple thing, it just pumps blood, therefore its function is simple compared to the liver or the kidney. The heart being the center of all activity is a mistaken idea. If people knew more about their bodies and their body functions they'd be better equipped to cope with the situations that arise every day. The ex-

five years after having had a heart transplant."

Dr. Cooley has talked intensely for an hour. He is serene, quiet, precise, and definite. Back in his comfortable office in the Texas Heart Institute he has this quote

color portrait of his heart trans-

age to lose sight of the shore." Dr. Cooley plunged all the way into uncharted depths of surgery. He has emerged as a heroic lifesaver. He repeats: "We've got to strive to prolong life. No one is immortal. You know you're going to die but you just don't want to do it today, tomorrow, or even next month." ■